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# Treatment of peritoneal carcinomatosis with Pressurized IntraPeritoneal Aerosol Chemotherapy – PIPAC-OPC2

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### Abstract

**Background:** Peritoneal carcinomatosis (PC) is a common endpoint in both gastrointestinal and non-gastrointestinal cancers, and PC is treated as other systemic metastases – unfortunately with disappointing results and considerable side-effects. Pressurized IntraPeritoneal Aerosol Chemotherapy (PIPAC) is a new method of applying traditional chemotherapy, and preliminary data indicate that PIPAC is safe, able to stabilize or improve quality of life, and can induce an objectively measurable reduction in disease burden in PC.

**Methods:** PIPAC-OPC2 is a prospectively controlled Phase II, single center, one-arm, open-label clinical trial investigating the treatment effect of PIPAC in patients with histological or cytological proven PC from gastrointestinal, ovarian or primary peritoneal cancer. Eligible patients will receive PIPAC in series of three using a combination of doxorubicin (1.5 mg/m<sup>2</sup>) and cisplatin

(7.5 mg/m<sup>2</sup>) for non-colorectal cancer patients (PIPAC C/D), and oxaliplatin (92 mg/m<sup>2</sup>) in patients with PC of colorectal origin (PIPAC OX). Patients are monitored by: (1) repeated measurements of the Peritoneal Regression Grading Score (PRGS) in biopsies obtained from metal clips marked areas, (2) Quality-of-Life (QoL) questionnaires, (3) Magnetic Resonance Imaging (MRI) and (4) Prognostic Nutritional Index (PNI). Adverse events and surgical complications will be recorded according to the 30 days definition.

**Results:** The primary outcome of PIPAC-OPC2 is to evaluate if PIPAC can induce major or complete response (PRGS 1 or 2) within a series of three PIPAC procedures. Secondarily this study investigates changes in QoL and MRI as a staging and response evaluation tool. The secondary outcomes will be used to create a model that may predict which of the patients will benefit from PIPAC treatment.

**Conclusions:** It is expected that PIPAC directed therapy can induce major or complete response in 50% of patients with PC of colorectal origin and in 30% of patients with PC of non-colorectal origin – and at the same time stabilize or even improve quality of life. This trial may provide data regarding the utility of MRI as a staging and response evaluation tool in patients with PC. **Trial registration:** The study is registered with ClinicalTrials.gov Identifier NCT03287375 and the European Clinical Trials Database (EudraCT) number 2016-003394-18.

**Keywords:** MRI, peritoneal carcinomatosis, peritoneal regression grading score (PRGS), PIPAC, quality of life, response evaluation.

# Introduction

Peritoneal carcinomatosis (PC) represents end stage disease in many types of cancer (e.g. gastric, pancreatic, liver, colo-rectal, ovarian) and, if left untreated, the majority of patients with PC will die from their disease

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within 6 months [1]. Platinum-based systemic chemotherapy (SC) may prolong survival in selected patients, but poor performance status and low response rates have led to nihilistic treatment strategies in these patients. However, patients with PC who are in good condition and with a remaining life expectancy of more than a few months, may still have an unmet need for additional treatment in order to be able to perform with a high quality of life for as long as possible. These patients have often tried several lines of SC with disappointing results, and alternative and more effective treatment strategies are needed.

The installation of chemotherapeutic agents within the peritoneal cavity would seem a simple and effective treatment of PC – at least from a theoretical point of view. Unfortunately, the effect of intraperitoneal chemotherapy on PC is disappointing. Like with SC, the poor response rates may be explained by the poor penetration of the active chemical substances into the PC plaques [2]. Combining cytoreductive surgery (CRS) with hyperthermic intraperitoneal chemotherapy (HIPEC) has gained interest in recent years, but this approach can only be used in highly selected patients and carries a significant risk of complications and side effects [1]. Thus, a minimally invasive and safe delivery of relevant chemotherapeutics in concentrations that allow it to work efficiently on the PC plaques would be an ideal tool for a new treatment strategy in these patients.

## Pressurized IntraPeritoneal Aerosol Chemotherapy (PIPAC)

PIPAC has been established as a new drug delivery system that may be used in patients with PC. PIPAC is a safe procedure [3, 4] with a very low adverse events profile [5–7], and although no Phase III studies have been published so far, the preliminary clinical experience seems promising in patients with PC from several different types of primary cancers [8]. A recent international survey study showed that the PIPAC procedure, the time between procedures and the chemotherapy protocols were similar in most centers [9]. However, the methods used to evaluate disease burden before, during and after PIPAC-directed treatment (i.e. treatment response) were more inhomogeneous. Traditional staging tools (e.g. CT and PET-CT) have been validated for status at the time of surgery, not for the progression/regression of PC at repeated laparoscopic procedures. With these limitations in mind, Sugarbaker's Peritoneal Cancer Index (PCI) is

used as a surrogate marker for treatment response, whereas repeated biopsies for histologic analysis are more seldom used [9].

## Peritoneal Regression Grading Score (PRGS) and peritoneal lavage fluid examination

In 2016 an international expert pathology group suggested the use of a Peritoneal Regression Grading Score (PRGS) to evaluate biopsies during PIPAC-directed treatment [10], but data comparing baseline PRGS with PRGS in biopsies retrieved at the third PIPAC procedure are still lacking. When looking at the peritoneal fluid, free intraperitoneal tumor cells (FITC) detected during peritoneal lavage seem associated with a poor prognosis in various cancer types (e.g. gastric cancer) [11]. By combining conventional cytology (with immunocytochemistry, if needed), protein analysis and reverse transcriptase polymerase chain reaction (RT-PCR) for carcinoembryonic antigen (CEA) mRNA, the conversion rate from FITC positive to FITC negative patients may be assessed, and thus provide an additional marker for the effect of PIPAC directed therapy.

## MRI

In a recent study of patients with ovarian cancer, diffusion-weighted MRI, PET-CT and CT were compared with perioperative findings at diagnostic laparoscopy. When comparing the size and location of PC, MRI had an accuracy of 0.94, compared to 0.75 and 0.71 for CT and PET-CT [12]. When comparing PCI scores between preoperative combined diffusion-weighted and gadolinium-enhanced MRI and PCI scores obtained during laparotomy the sensitivity of MRI was 0.88 and the specificity 0.74 [13]. In a recent, relatively small retrospective study, the same group presented a sensitivity of 0.95 and a specificity of 0.70 when comparing PCI scores from combined diffusion weighted and gadolinium enhanced MRI with PCI scores during laparotomy [14]. Based on these results, diffusionweighted and gadolinium enhanced MRI seems to be able to predict the PCI score, but it is unknown if it can be used as a tool in the response evaluation.

### **Prognostic Nutritional Index**

PC is perceived as end-stage disease and some of the referred patients are beyond therapeutic reach. To

ensure optimal patient selection, the need for an initial low-cost analysis without side effects seems obvious. Based on the total lymphocyte count and serum albumin level, the Prognostic Nutritional Index (PNI) is correlated to postoperative complications and long term prognosis in patients with gastric cancer  $(10 \times \text{serum albumin value } (g/dl) + 0.005 \times \text{lymphocyte})$ count in peripheral blood) [15, 16]. In a study of 248 gastric cancer patients, a low PNI correlated with more advanced tumor size, nodal involvement and venous and lymphatic invasion. By dividing the patients into two groups according to the mean PNI (49.7), the 1, 3 and 5 year survival was significantly lower in the group with a low PNI (87.4%, 72.9% and 67.7% compared to 98.3%, 93.3% and 86.5%, respectively) [17]. When using a cut-off point of 46 in a population of gastric cancer patients, the PNI-low group had more advanced tumors according to TNM, and the PNI-low group had more often postoperative complications [16]. Based on these data, PNI could be a potential prognostic factor in gastrointestinal cancer patients, but it is unknown whether it is useful in the palliative setting of patients with PC.

## Quality of Life (QoL)

Health-related QoL has become an increasingly accepted and necessary endpoint in clinical cancer trials [18]. A recent review suggested that QoL could be maintained during PIPAC-directed therapy and also improved in specific symptoms or functions scores [8]. However, more prospective data are needed to pinpoint the potential impact of PIPAC in specific symptoms or functions scores.

# Materials and methods

The primary aim of this trial is to evaluate if PIPAC can induce major or complete response (PRGS 1 or 2) within a series of three PIPAC procedures in patients with PC from gastrointestinal, ovarian or primary peritoneal cancer. Secondary aims include monitoring of potential changes in QoL during the course of PIPAC treatment and assessment of the utility of MRI for the pre- and post-PIPAC evaluation of treatment response. A series of demographical data and additional variables (e.g. Prognostic Nutritional Index, PNI) obtained during the study will subsequently be used to create a model that predicts who may benefit from PIPAC treatment.

### **Recruitment process**

Patients with PC from gastrointestinal, ovarian or primary peritoneal cancer are eligible for inclusion (Table 1). Prior to inclusion, the patients will be discussed at a dedicated multi-disciplinary tumor conference (MDT) in order to plan the best treatment strategy (e.g. PIPAC monotherapy or bidirectional therapy) and to rule out other standard treatment alternatives (Figure 1).

### Study intervention

Included patients will be scheduled for three PIPAC procedures (PIPAC C/D or PIPAC OX) with intervals of 4–6 weeks or 6–7 weeks if bidirectional treatment is provided.

Table 1: Inclusion and exclusion criteria.

Inclucion critoria	Exclusion critoria
<ul> <li>Histologically or cytologically verified gastrointestinal or ovarian cancer or primary peritoneal malignancy (based on tissue from the primary tumor and/or its metastases)</li> <li>Ovarian cancer patients must be platinum resistant and have completed at least one line of chemotherapy for platinum-resistant disease</li> <li>Radiological, histological or cytological evidence of PC</li> <li>No indication for CRS and HIPEC (according to National Guidelines).</li> <li>Performance status 0–1</li> <li>No more than one extraperitoneal metastasis</li> <li>Age &gt; 18 years</li> <li>Females must be post-menopausal</li> <li>Written informed consent</li> </ul>	<ul> <li>Symptomatic small bowel obstruction (i.e. total parenteral nutrition, nasogastric tube)</li> <li>Previous treatment with maximum cumulative doses of doxorubicin, daunorubicin, epirubicin, idarubicin, and/or other anthracyclines and anthracenediones</li> <li>A history of allergic reaction to platinum containing compounds or doxorubicin</li> <li>Renal impairment, defined as glomerular filtration rate (GFR) &lt; 40 mL/min, (Cockcroft-Gault Equation)</li> <li>Myocardial insufficiency, defined as NYHA class &gt; 2</li> <li>Impaired liver function defined as bilirubin ≥ 1.5 × UNL (upper normal limit)</li> <li>Inadequate hematological function defined as ANC ≤ 1.5 × 10<sup>9</sup>/L and platelets ≤ 100 × 10<sup>9</sup>/L</li> </ul>



Figure 1: Patient flow chart.

MDT, multi-disciplinary tumor conference; PC, peritoneal carcinomatosis; PI, principal investigator; PIPAC, Pressurized IntraPeritoneal Aerosol Chemotherapy.

#### MRI

An MRI is performed at the Odense PIPAC Center (OPC) prior to the first and after three PIPAC procedures. All MRIs are performed according to a specific protocol: During the last 90–120 min before MRI exam, the patient drinks 700–1000 mL of pineapple juice, and just prior to the examination, 1 mg glucagon (GlucaGen<sup>®</sup>) is administered subcutaneously to reduce small bowel motion. Using digital phased-array coils on an Achieva dStream 1.5T MRI system (Philips, the Netherlands), patients are examined as follows:

- 1. Free breathing diffusion weighted sequences with STIR Fat Sat, b-values 0, 400, 800, 1500.
- Respiratory triggered TSE T2 sequences in two planes of upper and lower abdomen.
- Breath hold, 3D mDixon FFE in two planes following injection of intravenous contrast (Gadovist<sup>®</sup>).

The MRI scans will be interpreted and PCI scored by two independent experienced MR radiologists – both blinded to the laparoscopic PCI scorings.

# Laparoscopy, peritoneal biopsies and assessment of PRGS

During each laparoscopy and prior to the PIPAC procedure, PCI scoring is documented and the parietal peritoneum biopsied in all four quadrants (if possible). To minimize the risk of sampling error during repeated biopsies, small metal clips are used to mark the site of biopsy. The surgeons are blinded to the results of the MRI scans. The biopsies will be fixed in formalin and embedded in paraffin, followed by step-section at three levels, which will be stained with H&E. Microscopically, they are evaluated according to the PRGS [10]. In short, PRGS1 equals complete histological response and is defined

as the absence of residual cancer and large amount of regressive fibrosis (and/or acellular mucin pools and/or infarct-like necrosis), PRGS2 is defined as a specimen where regressive changes are predominant over cancer cells, PRGS3 as a specimen where regressive changes are present but where cancer cells are predominant over fibrosis, and PRGS4 as a specimen without histological features of regression. In addition to the recommendation just mentioned, one section will be stained immunohistochemically for the tumor cell marker EP4, followed by another three step sections stained with H&E, as described previously (Prospective, single-center implementation and response evaluation of Pressurized Intraperitoneal Aerosol Chemotherapy (PIPAC) for peritoneal metastasis, Ther Adv Med Onc, accepted March 2018). If present, the type of necrosis will also be recorded. Infarct- or mucin-like necrosis will be regarded as indicative of regression, whereas usual necrosis will be regarded as indicative of a lack of response in the respective area, as described for colorectal liver metastases [19]. In the pathology report, a PRGS for each quadrant biopsy will be given, as well as a mean PRGS.

#### Peritoneal lavage and cytologic analysis

Peritoneal cytology will be assessed by analysis of evacuated ascites or fluid obtained by peritoneal lavage prior to the PIPAC procedure. At least 100 mL peritoneal lavage fluid will be sent to the Department of Pathology, along with the biopsies, and processed as described previously (Prospective, single-center implementation and response evaluation of PIPAC for peritoneal metastasis, Ther Adv Med Onc, accepted March 2018). In short, the fluid will be centrifuged, and smears of the sediment will be analyzed by conventional cytology (Papanicolaou and May-Giemsa Grünwald staining). Leftovers of the sediment are embedded in paraffin wax and one section will be stained with H&E. If necessary, further sections will be cut for immunocytochemical analyses for markers such as calretinin, CDX2, carcinoembryonic antigen (CEA), cytokeratin (CK) 7, CK20, Ep-CAM, Pax8 or maspin. In the pathology report, a five-tiered score will be used: malignant cells, suspicious cells, atypical cells, no malignant cells, other.

### PIPAC

All PIPAC procedures will be performed laparoscopically using two standard trocars where the insufflation of normothermic  $CO_2$  maintains an intraabdominal pressure of 12 mmHg. To reduce the risk of access lesions, a transabdominal ultrasound will be performed at the start of each procedure. Following standard prophylactic antibiotics, PIPAC is performed using doxorubicin  $1.5 \text{ mg/m}^2$  body surface in 50 mL NaCl 0.9% (1/10 of systemic dose). In patients with PC of colorectal origin, PIPAC is performed with oxaliplatin 92 mg/m<sup>2</sup> in 150 mL dextrose. Chemotherapy is installed at a rate of 30 mL/min with a maximum pressure of 200 PSI and after five minutes, the chemotherapy has been delivered, and the injector is turned off. After an additional 25 min of simple diffusion, the intraabdominal air saturated with chemotherapy is evacuated in a closed system through a standard trocar.

Chemotherapy used in this study is standard, commercially available antineoplastic drugs, and they are part of the general assortment of the hospital pharmacy. The used drugs are traceable through the hospital pharmacy's unique batch number and through a patient specific chemotherapy prescription. Dose modification is not relevant in the cisplatin plus doxorubicin group. Dose modification in the oxaliplatin group will be done according to Table 2.

Table 2: Oxaliplatin dose modification.

Adverse reaction	Action
Grade 1	No modification
Grade 2	If the toxicity is tolerable for the patient, the planned treatment will continue. If the toxicity is poorly tolerated, the dose of oxaliplatin will be reduced to 75 %
Grade 3	The treatment will be postponed until the toxicity is below grade 2. After this, oxaliplatin can be given in a dose of 75 %
Grade 4	Stop treatment. Treatment can be reinstituted at the discretion of the responsible physician, if the adverse reaction falls below Grade 2

### Post procedure monitoring

Postoperative monitoring and treatment of nausea, vomiting and pain will be according to departmental guidelines. The patient will be discharged the same day or the first day after the PIPAC procedure, but hospitalization up to three days is considered acceptable.

Adverse medical events will be graded according to Common Terminology Criteria for Adverse Events (CTCAE, version 4.0), and surgical related complications according to the Dindo-Clavien classification. The active reporting period begins, when the patient is admitted for the first PIPAC procedure and stops 30 calendar days after the last PIPAC procedure.

Quality of life questionnaires will be collected at baseline and after 4 months using the EORTC QLQ-C30 questionnaire.

### Study design

This study is a prospectively controlled Phase II, single center, onearm, open-label clinical trial for patients with histological or cytological proven PC from gastrointestinal or ovarian cancer or patients with primary peritoneal cancer.

### **Ethical declarations**

This study is GCP monitored and has been approved by the Regional Scientific Ethical Committees for Southern Denmark (IRB S-20160100) and the Danish Medicines Agency (code no 2016083464, EudraCT number 2016-003394-18). Oral and written consent from participants are mandatory.

### Statistics

Values are given as means or medians where appropriate. Categorical data will be specified with 95% confidence intervals, comparisons

will be performed using non-parametric tests, all p-values are twotailed and a p-value of 0.05 will be considered statistically significant. Prognostic factors indicating survival will be analyzed in a multivariable logistic regression model. Survival will be modelled in Kaplan-Meier survival curves. Baseline MRI interrater reliability will be analyzed using Cohen's kappa statistics.

An interim analysis will be performed every 6 months. Complications leading to treatment under general anesthesia (Dindo-Clavien  $\ge$  3b), serious adverse events in more than 10% of the included patients or a 30 days' mortality > 15% terminates the study. Median overall survival will be calculated annually, and if it is < 6 months, the study will be stopped.

# **Results and discussion**

### Hypothesis and power calculation

The hypothesis is that PIPAC will induce a response in PC patients, and that this may be monitored by a change in the histological response evaluation. Based on the relatively few available data on PIPAC it seems relevant to divide the PC patients into two groups according to their primary cancer disease ("Colo-rectal" and "Other"), and to use this approach for the calculation of the number of patients needed.

1. Colorectal cancer patients with PC: We expect major or complete histologic response (mean PRGS 1 or 2) in 30% after SC. After a maximum of three PIPAC series, we expect major or complete response in 50%. With an estimated 10% dropout, we will include 55 patients ( $\alpha$ : 0.05, Power: 0.8).

2. Other cancer patients with PC: We expect major or complete histologic response (mean PRGS 1 or 2) in 15% after SC. After a maximum of three PIPAC series, we expect major or complete response in 30%. With an estimated 10% dropout, we will include 82 patients ( $\alpha$ : 0.05, Power: 0.8).

**Author contributions:** All the authors have accepted responsibility for the entire content of this submitted manuscript and approved submission.

**Study schedule:** The trial started inclusion of patients in December 2016. The last patient is estimated to be included and treated by the end of May 2021. All data generated or analyzed during this study will be included in the published article(s).

**Trial organization:** The trial is organized by Odense PIPAC Center (OPC) which is a multi-disciplinary cancer group based at Odense University Hospital.

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**Employment or leadership:** None declared. **Honorarium:** None declared.

**Competing interests:** The funding organization(s) played no role in the study design; in the collection, analysis and interpretation of data; in the writing of the report; or in the decision to submit the report for publication.

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