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The best course of action for GPEI is to work with the Expanded Programme on Immunisation (EPI) to promote IPV (three doses per child), and to withdraw OPV from countries that reach 85% coverage in children younger than 5 years. Providing IPV through the EPI in Afghanistan and Pakistan will prevent WPV type 1 and cVDPV type 2 polio. The same tactic will prevent polio anywhere, caused by cVDPV types 1, 2, or 3.

We declare no competing interests.

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## COVID-19 and microbiome diversity in sub-Saharan Africa

We read with interest the COVID-19 Forecasting Team's description of the variation in COVID-19

infection–fatality ratio,<sup>1</sup> confirming that differences in COVID-19 mortality between geographies are largely explained by the age structures of their populations. However, we fear that the lower than anticipated burden of severe COVID-19 in most of sub-Saharan Africa gets lost in estimations from models based on data from the few African countries that have reliable excess mortality data but are not representative of sub-Saharan Africa. Moreover, country-level estimates of COVID-19 infection–fatality ratio hide the observation that COVID-19 mortality in sub-Saharan Africa is highly concentrated in sections of the population with a more western lifestyle—usually wealthier individuals in urban centres.<sup>2</sup> Such disparity is obvious for most people living in sub-Saharan Africa, where COVID-19 is sometimes popularly called “VIP disease” or “rich person disease”.

We suspect that, besides a higher prevalence of obesity, hypertension, and diabetes among wealthier people, immunological factors are at play. Several studies associate chronic parasitic infection (more prevalent among people living in poverty with a less westernised lifestyle) with less severe clinical presentation of COVID-19.<sup>3,4</sup> Such findings are consistent with the importance of a diverse microbiome and chronic immune stimulation in maintaining a well trained immune system that is less likely to cause hyperinflammation, which is critical in severe COVID-19.

Although unexplored, the notion that the better-off might fare worse is not unique to COVID-19 in sub-Saharan Africa. It is also consistently documented that auto-immune diseases, more prevalent in high-income countries, share a common pathway with severe COVID-19, linking reduced microbiome diversity to hyperinflammation, popularised as the hygiene hypothesis.<sup>5</sup> Similar links have been

documented in HIV serosurveys in the 2000s in sub-Saharan Africa, in which the better-off had higher risk of HIV infection.<sup>6</sup>

It is vital to deepen our understanding of microbiome diversity and linked immunological factors in the severity of COVID-19, and account for this when modelling COVID-19 infection–fatality ratios.

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### Author's reply

We thank Wim Van Damme and colleagues for their interest in our work and their Correspondence. Their comments highlight unique aspects of how the COVID-19 pandemic has unfolded in sub-Saharan Africa. These include the difficulty of estimating