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REVIEW

## Epidermal Growth Factor Receptor and Its Role in Pancreatic Cancer Treatment Mediated by Nanoparticles

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**Abstract:** Pancreatic adenocarcinoma (PDAC) is a disease with a high incidence and a dreary prognosis. Its lack of symptomatology and late diagnosis contribute to the dearth and inefficiency of therapeutic schemes. Studies show that overexpressed epidermal growth factor receptor (EGFR) is a common occurrence, linking this to the progression of pancreatic cancer, although the association between its expression and the survival rate is rather controversial. EGFR-targeted therapy has not shown the results expected, leaving at hand more questions than answers; clearly, there is a need for a better understanding of the molecular pathways involved. Nanoparticles have been used in trying to improve the efficacy of antitumor treatment; thus, using EGFR's ligand, EGF, for nanoconjugation, showed promising results in increasing the cellular uptake mechanisms and apoptosis of the targeted cells.

Keywords: pancreatic adenocarcinoma, EGFR, nanoparticles, targeted therapy

#### Introduction

Pancreatic cancer is the seventh most frequent cancer in Europe<sup>1</sup> and the fourth core motive of cancer-associated deaths worldwide.<sup>2</sup> Despite numerous studies regarding its treatment, it remains a disease with high mortality and morbidity. The standard prognosis for patients diagnosed with pancreatic cancer is very poor, with a median survival of 5–8 months, following the diagnosis. This can be related to the dynamic nature, the prompt appearance of metastasis and the constrained effectiveness of the available treatments.<sup>3</sup> Only 15–20% of the patients undergo surgical treatment (pancreatoduodenectomy or Whipple procedure), and merely one in five have long-term survival.<sup>4</sup>

Pancreatic cancer generally affects elderly people, its maximal occurrence being between the ages of 60–80 years. Most of the pancreatic cancers are ductal adenocarcinomas and display a high degree of invasiveness and lack of symptomatology in the initial stages. Regarding the systemic treatment, its efficacy is generally low. The standard treatment in advanced pancreatic cancer is gemcitabine.<sup>5</sup> A study showed that patients treated with FOLFIRINOX (5-fluor-ouracil, folinic acid, irinotecan and oxaliplatin) have a higher survival ratio, but it also comes with higher toxicity.<sup>6</sup>

Important pathways related to pancreatic carcinogenesis have been targeted, including the EGFR, amongst others (Ras, VEGF and gastrin). So far, in a Phase

© 2019 Grapa et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms. work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, please see paragraphs 42 and 5 d our Terms (https://www.dovepress.com/terms.php). III trial, erlotinib, an EGFR tyrosine kinase inhibitor, has been proven effective in modestly increasing overall survival, in association with gemcitabine.<sup>7</sup> Erlotinib was the first targeted therapy approved for pancreatic cancer, although now, its cost-effectiveness is being questioned.<sup>8</sup>

Another recent possibility for first-line treatment in metastatic pancreatic cancer has been approved in 2013: gemcitabine plus albumin-bound nanoparticles – paclitaxel, showing an increase in a survival rate of 1.8 months, its important but treatable side effects including myelo-suppression and neuropathy. Three major trials comparing the survival and toxicity of standard treatments in pancreatic cancer (see Table 1) have shown the superiority of FOLFIRINOX in the survival rate. However, as stated before, a higher rate of adverse effects was also reported. Albumin-bound nanoparticles with paclitaxel can be a choice of treatment in patients that cannot endure a more aggressive treatment.<sup>9</sup>

Several studies have demonstrated the implication of EGFR in pancreatic cancer. Its enforced expression is linked to a higher rate of mortality, extensive tumor growth and the appearance of metastasis.<sup>12</sup> As a result, the EGFR-targeted therapy can be a significant therapeutic strategy in patients with pancreatic adenocarcinoma.

However, most of the EGFR-targeted therapies did not have the expected results, thus, necessitating a better identification of patients eligible for anti-EGFR therapy.<sup>13</sup> Nanoparticles have proven to be very effective in detection, imaging, targeted therapy and even cancer prevention. Their functionalization with EGF has been shown to be beneficial in augmenting their accumulation in cancer cells, unlike non-functionalized nanoparticles.<sup>14</sup> Recent research regarding not only the cancer cells, but the tumor microenvironment has pointed out the significant role of pancreatic stellate cells (PaSC) which are found in the tumor stroma (the stroma can represent up to 90% of the tumor mass). There is strong evidence that the abundance of this type of cells is correlated to the resistance to chemotherapy.<sup>15</sup> PaSC are known for generating fibrosis in chronic pancreatitis, and more recently, their role in the production of the extracellular matrix proteins of the tumor stroma was discovered. Therapeutic strategies for targeting the vast stroma are emerging,<sup>16</sup> thus holding the potential for higher specificity and lower systemic toxicity treatment.

### EGFR and Its Role in PDAC

The epidermal growth factor receptor is a transmembrane glycoprotein belonging to the tyrosine kinase family. In an

	Trial I Accord <sup>10</sup>		Trial 2 Impact <sup>11</sup>		Trial 3 Erlotinib Phase III Trial <sup>32</sup>	
	Gemcitabine	FOLFIRNOX	Gemcitabine	Gemcitabine/ Nab-Paclitaxel	Gemcitabine	Gemcitabine/ Erlotinib
Median overall survival (months)	6.8	11.1	6.7	8.5	5.91	6.24
Median progression-free survival (months)	3.3	6.4	3.7	55	3.55	3.75
General response rate	9.4%	31.6%	7%	23%	8%	8.6%
I-year survival	20.6%	48.4%	22%	35%	17%	23%
Adverse effects						
Neutropenia	21%	45.7%	27%	38%	-	-
Fatigue	17.8%	23.6%	7%	17%	15%	15%
Thrombocytopenia	3.6%	9.1%	9%	13%	-	-
Diarrhea	1.8%	12.7%	1%	6%	2%	6%
Infections	-	-	-	-	17%	16%
Other (febrile neutropenia, rush, stomatitis)			<24%	17%		

ordinary cell, EGFR plays an important role in triggering two main signaling pathways. EGFR is also correlated to multiple cancer-related signaling pathways, playing a part in chemotherapy/radiotherapy resistance, angiogenesis and apoptosis.<sup>14</sup> In pancreatic ductal carcinoma, EGFR is over-expressed in 30–89% of the cases.<sup>17</sup>

#### **EGFR Structure**

The glycoprotein EGFR comprises of an extracellular ligand-binding domain, a hydrophobic transmembrane region and a tyrosine kinase cytoplasmic region (Figure 1). The extracellular domain offers a binding point for EGFR's most important ligands – EGF and

TGF- $\alpha$  (transforming growth factor alpha). Their interaction will lead to dimerization and phosphorylation of the cytoplasmic domain, leading to a cascade of subsequent recruitment of signaling molecules.<sup>3,18</sup> The extracellular domain is itself fractioned into four segments: the first and the third are rich in leucine and play a role in ligand binding, whereas the second and fourth domains are rich in cysteine and take place in the constitution of the disulfide bond. The intracellular domain consists of a juxtamembrane region, a protein kinase domain and a carboxyterminal tail.

The human epidermal growth factor receptor family consists of four types of receptors (HER 1-4); these



Figure 1 Structure of EGFR.

Notes: Reproduced with permission from Martin-Fernandez ML, Clarke DT, Roberts SK, Zanetti-Domingues LC, Gervasio FL. Structure and dynamics of the EGF receptor as revealed by experiments and simulations and its relevance to non-small cell lung cancer. *Cells*. 2019;8(4):316.<sup>19</sup>

being included in the ErbB strain of proteins (ErbB 1–4). These receptors are EGFR/ERBB1/HER1, ERBB2/HER2/ NEU (neuregulin), ERBB3/HER3, ERBB4/HER4. The ErbB symbol is derivative from the name of the erythroblastic leukemia viral oncogene, the receptors being homologous to it.

There are seven different types of ligands (growth factors) which bind to EGFR/HER1, none that binds to HER2, two of them that bind to HER3 and seven that bind to HER4.<sup>12</sup> The receptor ErbB2/HER 2 has no binding domain and ErbB3/HER 3 has no protein kinase domain, and so, they become nonfunctional;<sup>7</sup> however, there are some studies that indicate a MUC4 mucin that has the ability to regulate and stabilize HER2, therefore maximizing its downstream signaling in pancreatic cancer and ovarian cancer. Given its inability for ligand binding, it is obligatory for HER2 to form a heterodimer with EGFR, HER3 or HER4 to generate high-affinity complexes with different ligands.<sup>20,21</sup>

There are also two different types of juxtamembrane segments (JMa, JMb) and two different types of C-terminal tail (CTa and CTb). Given the different types of ligands that can bind to each of the receptors that can lead to the creation of 28 different combinations of receptor dimers, but, given the fact that ErbB2 and ErbB3 are inefficient, there will be only 26 active dimers. In total, there are 614 combinations of receptors, or 611 active ones, not counting the nonfunctional ErbB2 and ErbB3.

#### Pancreatic Oncogenesis and EGFR

In the neoplastic cells, EGFR can be incorrectly activated through numerous mechanisms: ligand-dependent

dimerization, point mutations, partial deletions or overexpression. The cascade of pro-oncogenic signaling pathways activated by EGFR begins from the cell membrane and ends in the nucleus. It also plays a part in the induction of cancer-promoting genes, such as cyclin D1 or COX-2;<sup>22,23</sup> furthermore, it appears that the EGFR can be expressed in non-neoplastic cells belonging to the tumor microenvironment (TME); here, it plays a part in the stimulation of VEGF, the fibroblast growth factor and interleukin-8, which demonstrate its supportive role in tumor cell proliferation, angiogenesis and metastasis.<sup>24</sup>

Pancreatic ductal adenocarcinoma is a result of several mutations, as seen in Figure 2. The first and most frequent precursor lesion in PDA is the intraepithelial pancreatic neoplasia (PanIN). The progression from PanIN to invasive cancer takes several steps, from PanIN-1 (the events that lead to this stage are most often Kras mutation and shortening of telomers) to PanIN-2 (p16 inactivation is connected with this stage) to PanIN-3 (p53 and SMAD4 inactivation) and finally to invasive carcinoma.<sup>25</sup> In the progression of PanIN, it is strongly believed that acinar to ductal metaplasia (ADM) is an important precursor.<sup>26</sup> There are also two other types of non-invasive pancreatic neoplasia: mucinous cystic neoplasm and intraductal mucinous neoplasm.

Genome sequencing has revealed four genes that are most frequently involved in PDAC: Kras, CDKNA2A/p16, SMAD4 and TP53. By far, the Kras oncogene mutations are found in most PDA. Punctiform mutations lead to PanIn formation and then to PDA; however, it seems that Kras is in connection to EGFR activation; without it, the events leading



#### Figure 2 Pancreatic progression from PanIN-1 to PanIn-3.

Notes: Reproduced with permission from Hackeng WM, Hruban RH, Offerhaus GJA, Brosens LA. Surgical and molecular pathology of pancreatic neoplasms. *Diagn Pathol.* 2016;11(1):47.<sup>27</sup>

to epithelial transformation are reduced or absent. The mechanism by which EGFR contributes to Ras mutated PDA is thought to be through the stimulation of complementary oncogenic conduits.<sup>25</sup> Kras mutations then blocks the capacity of Kras protein to hydrolize guanosine tryphosphate to guanosine dyphosphate, therefore keeping the protein in its active signaling state, to which point it activates other signaling pathways, such as Raf, PI3, with the lack of exogenous growth factors.<sup>26</sup>

#### **EGFR Mutations**

It has been proven that increased expression of EGFR is linked to structural or numerical alterations of chromosome 7, as the EGFR gene has been mapped to its short arm (7p). The c-ERBB-1 proto-oncogene is the one that encodes EGFR. In a normal pancreas, c-ERBB-1 is expressed only in the islets of Langerhans, but in human pancreatic cancer cell lines, it is overexpressed in up to 85% of ductal adenocarcinomas.<sup>28</sup> Tzeng et al analyzed EGFR mutation in pancreatic cancer cell lines and found that 81% were silent mutations, concluding that it is unhelpful to be used as a predictor for the response to anti-EGFR therapy as it is in NSCLC.<sup>29</sup>

### Involvement of EGFR in the Progression and Prognosis of PDAC

There are many studies that relate to the presence of overexpressed EGF receptors and poor prognosis in patients diagnosed with pancreatic cancer. Valsecchi et al tested 105 patients diagnosed with PDA and found that EGFR was overexpressed in 30.4% of cases, and these patients were are found to also have lymph node metastasis (P=0.038) and generally shorter survival rates. They concluded that EGFR is an important predictive factor.<sup>30</sup> Another study that analyzed 76 tissue samples from patients with PDA, comparing the invasive and intraductal components, demonstrated a cytoplasmic overexpression of EGFR, being more recurrent in invasive components (62%), compared with the intraductal ones. These findings implied a correlation between the overexpression of EGF and the higher rate of evolution for pancreatic cancer but found no evidence of this phenomenon being related to a lower survival rate.

There are some immunohistochemical studies that proved the implication of EGFR in the progression of pancreatic cancer. It was found that EGFR was overexpressed in over 80% of PanIN1a lesions and frequently overexpressed in ADM, leading to the conclusion that the activation of EGFR signaling pathway is an early event. Two other studies performed on genetically engineered mouse models of pancreatic cancer showed that EGFR was required in ADM formation.<sup>26</sup>

#### **EGFR-Targeted Therapy**

Inhibition strategies for blocking the signaling pathways activated during EGFR expression include using monoclonal antibodies - these have the potential to bind to the extracellular binding site of EGFR and, therefore, specifically inhibit ligand binding, preventing further receptor dimerization and downstream signaling. The advantages of using monoclonal antibodies include their specificity, their predictability in pharmacokinetics, the fact that their serum half-lives are quite long, all resulting in the possibility of fewer doses needed by the patient. Cetuximab as a monoclonal antibody appeared to be well tolerated, both alone and in combination with radiotherapy. Its adverse effects include nausea, weight loss, rash, asthenia and abdominal pain. But Phase III studies did not confirm the advantages found in preclinical studies, and they concluded that treatment with cetuximab does not improve patient outcomes.31

Another strategy for targeting EGFR is using tyrosine kinase inhibitors (TKIs). They represent a class of low-weight molecules that compete with the adenosine triphosphate (ATP) for binding to the kinase domain of EGFR, subsequently, stopping the downstream signaling process. Erlotinib as a TKI is one of the main drugs in this class, together with gefitinib. A Phase III study for erlotinib and gemcitabine was the first FDA-approved combination therapy in the treatment of unresectable pancreatic cancer – it showed improved although modest overall survival – 6.4 months for combination therapy compared to 5.9 months for the control group. Important adverse effects include rash, diarrhea, infection and stomatitis. Erlotinib is also currently evaluated in combination with capecitabine, for patients who do not respond to first-line combined treatment.<sup>32</sup>

EGFR targeted agents in combination with radiotherapy – there are several studies that implicate that there is a connection between the EGFR expression and cellular resistance to radiation: the higher the overexpression, the bigger the degree of radioresistance; as a result, the necessity to associate an EGFR targeting molecule to radiotherapy has emerged. Cetuximab, for example, in combination with radiotherapy, showed promising results with little to no additional toxicity, but this study has not yet progressed to Phase III trials.<sup>33</sup>

Nanoparticles targeting EGFR can be conjugated directly with antibodies (such as gemcitabine, paclitaxel, doxorubicin);

such nanoparticles include liposomes, polymeric nanoparticles, carbon nano-diamonds, gold nanoparticles and others. They can also be conjugated with antibody fragments; it is known that antibodies consist of distinct regions, but some fragments are of higher importance than others for receptor binding. Manot et al delivered modified cetuximab fragments conjugated to liposomes to glioma and epidermoid carcinoma cells and achieved 80% cell death in vitro.<sup>34</sup>

# EGF Binding to EGFR and the Pathways Involved in PDAC

Stanley Cohen, the author of Nobel prize-winning studies, was the one who delivered groundbreaking work for the EGFR field in 1959. He reached the conclusion that murine EGF was responsible for augmenting DNA synthesis in human cultured fibroblasts. He proceeded to demonstrate that EGF could bind the EGFR protein, resulting in its phosphorylation. EGFR was also the first demarcated tyrosine kinase receptor.<sup>35</sup> Human EGF is a 6-kDa protein composed of 53 amino acids. It is mainly concentrated in bile, prostate fluid, urine and milk.<sup>36</sup> The EGF is associated with the morphogenesis of the reproductive tracts, the teeth, the brain and with epithelial regeneration.<sup>37</sup> EGF is considered to be one of the most significant ligands out of all the ligands that have the ability to bind to EGFR. Each of them, however, appears to activate EGFR in the same manner.<sup>38</sup>

Activation of EGFR signaling can be triggered by ligandinduced receptor dimerization, when the tyrosine residues found in the intrinsic domain of one of the receptors cross phosphorylate specific residues in the C-terminal tail of the partnering receptor, all this leading to the recruitment of effector proteins. This will eventually activate the signaling cascades.<sup>39,40</sup> The two signaling pathways activated by EGFR are (1) the rat sarcoma/recombinant activated factor/ mitogen-activated protein kinase (MAPK) extracellular signalregulated kinase/MAPKs (RAS/RAF/MEK/MAPK) pathway, which is involved in cell proliferation, gene transcription and the cell cycle progression. The second pathway is the phosphatidylinositol-3 kinase (PI3K)/Akt which plays a role in activating a cascade of anti-apoptotic and pro-survival signals. All these signaling processes are often deregulated in malignant cells because of several mutations of various genes involved in the pathways.<sup>22</sup>

Two EGF ligands bind to the extracellular domain of two EGFR monomers, this process then conducting to the development of a dimer. When this conformational change occurs, the carboxyl terminal end of one tyrosine kinase domain moves

into the active site of the opposing tyrosine kinase domain; this process allows the phosphorylation of various tyrosine residues on the C-terminal tail. Some of these residues bind to GRB2 (growth factor receptor-binding protein 2), which links the activated EGFR to intricate biochemical interactions. GRB2 acts like an adaptor protein, it does not activate any processes, but is an anchor for the SOS protein. SOS contains an active site that binds Ras protein.<sup>41</sup> The ras protein can be found in an active and inactive state; in its active state it allows the binding of GTP molecules and while inactive GDP molecules. K-ras mutations, which are found in almost 90% of pancreatic cancers, lead to ras being permanently active, hence, being able to activate intracellular signaling even with the lack of outside stimulus. Ras will expel a GDP protein and bind a GTP, the activated protein then moving to activate a protein kinase called Raf. Ras itself does not actually activate Raf, but it inducts Raf activation by moving it to the plasma membrane, where supplementary processes take place.42,43 Raf will eventually lead to activation of protein kinases called MEKs-MEK1 and MEK2, the only known substrates, which have the ability to move into the nucleus and stimulate transcription factors to increase gene expression.<sup>44</sup>

The second and equally important signaling pathway activated by EGF binding to EGFR is the PI3K-AKT-mTOR (mammalian target of rapamycin). It plays an important role in proliferation, endurance and motility, cell dimensions and metabolism.<sup>45</sup> PI3K is activated by EGF stimulation.<sup>46</sup> After activation, it converts PIP2 (phosphatidylinositol-4,5-bisphosphate) into PIP3 (phosphatidylinositol-3,4,5-triphosphate). PIP3 then recruits AKT, or protein kinase B, which is a kinase that includes three family members – AKT 1, AKT 2 and AKT 3. AKT 2 appears to be overexpressed in pancreatic cancer.<sup>47</sup> Once activated, it leads to a series of other processes, one of the most important role in cell evolution and autophagy.<sup>48</sup> This pathway seems to also be involved in the control of cell metabolism and glycolysis in cancer.

#### Nanoparticles in Cancer

Nanotechnology compiles the studying of matter that involves dimensions of 1 to 100 nm. A nanoparticle being quantified on a nanoscale represents the billionth part of a meter.<sup>13,49</sup> Nanomaterials are largely studied for their numerous advantages: their structure can be modified to target a specific tissue, to be gradually and controllably released, and given the fact that they are smaller than human cells, they can easily interact with DNA (2 nm diameter), viruses (20 nm diameter), cell surface receptors (10 nm diameter).<sup>49</sup>

Neoplastic tissues are compartmentalized into three distinct divisions: the cellular, the interstitial and the vascular one. Regarding tumor blood vessels, their unique proprieties, such as a high concentration of endothelial cells, a low concentration of pericytes and an abnormal formation of the basement membrane, contribute to the supply of nutrients and oxygenation much needed by the cancer cells for survival. Their distribution is heterogeneous, and some regions of the tumor can be very well vascularized, while other regions can lack blood vessels. The pre cutoff size is between 380 and 780 nm.<sup>50</sup>

The interstitial compartment is basically composed of collagen and elastic fibers. Unlike normal tissues, its high interstitial pressure leads to outward interstitial fluid flow; it also lacks the anatomically and correct functioning lymphatic network.<sup>51</sup>

Given all this, the delivery of anticancer drugs to neoplastic tissue must defeat several barriers, such as a) drug resistance at tumor level caused by physiological barriers – this could be caused by the lack of vascularization, leading to reduced drug access; also, the high interstitial pressure or low microvascular pressure may interfere with the delivery of the drug; b) drug resistance at a cellular level – such as defect apoptosis regulation, multidrug resistance (MDR) caused by the P-glycoprotein efflux system or MRP – multidrug resistance-associated

protein; c) distribution and elimination of therapeutic agents in the body – because of their large volume of distribution, anticancer drugs are often toxic to both tumor and normal cells, limiting the efficacy of the treatment. In the light of these discoveries, the need for something else has emerged.<sup>49</sup>

Nanoparticles have shown great value in early detection, imaging, targeted therapy and even prevention of cancer.<sup>13,49</sup> In comparison to conventional chemotherapy agents, nanocarriers can be actively and passively aimed at particular cells and circumvent from being toxic to normal cells.<sup>49</sup> But, despite their distinctive proprieties which allow them to be used in targeted therapy, their capability to release their load into the selected cells and the cell intake mechanism has been questioned; therefore, the need to attach the nanoparticles to ligands, to elevate their cell absorption, has appeared. These ligands increase the nanoparticles' chances to be recognized by cell receptors.<sup>14</sup> Also, to maximize their efficacy, they can be functionalized with polyethyleneglycol (PEG), which has proven potent in avoiding the destruction of nanoparticles by the reticuloendothelial system.<sup>52</sup> Some types of nanoparticles have even proven to be able to avoid MDR resistance.

There are many types of nanoparticles (Figure 3) used for specific drug delivery, such as polymeric nanoparticles,



Figure 3 Classes of inorganic and organic nanoparticles used in diagnosis and treatment of cancer (teranostics).

Notes: Reproduced with permission from Martinelli C, Pucci C, Ciofani G. Nanostructured carriers as innovative tools for cancer diagnosis and therapy. APL Bioeng. 2019;3(1):011502.54

polymeric micelles, dendrimers, liposomes, viral nanoparticles and carbon nanotubes.  $^{53}\,$ 

# Surface Nanofunctionalization of Nanoparticles

Using an array of methods, nanoparticles have been functionalized with different ligands, such as polymers, biomolecules, surfactants or dendrimers (see Table 2). And, although this process holds promise for a better drug delivery system, certain aspects are very important for the process to be successful, the cellular uptake mechanism of a functionalized nanoparticle being the most important one. Also, functionalized nanoparticles should be non-cytotoxic, stable, and have specificity for the targeted tissue or cell.<sup>55</sup> The first step of the interaction of the functionalized nanoparticle with the cell is the adsorption on the cellular surface, followed by the uptake. There are different cellular uptake pathways, the most common one being endocytosis. It is important to know that the process of uptake is influenced by both external factors (temperature, pH, concentration) and the nanoparticle's surface proprieties (size, shape, surface modifications). The cellular uptake of nanoparticles with specific binding ligands is generally better.<sup>56</sup>

Table 2 Up-to-Date Models for Nanostructures Designed and Tested for Efficient PC Therapy

Type of Nano- System	Name of Nano-System	Drug Formulated	Testing Phase
Polymer-drug	Poly(ethylene glycol)-P(HEMASN38)	SN3S	Preclinical: in vivo
	Poly (TPGS)-PEG-GEM	Gemcitabine	Preclinical: in vitro
	Methacrylate-based GEM-monomer conjugate 3	Gemcitabine	Preclinical: in vitro
	Poly (ethylene glycol)-block-poly (2 methyl-2- carboxyl- propylene carbonate)-graft-dodecanol-graft-cationic ligand	Gemcitabine	Preclinical: in vivo
Block copolymer	Styrene-maleic acid	CDF	Preclinical: in vivo
	Poly(ethylene glycol)-b-poly(glutamic acid)	Oxaliplatin	Preclinical: in vivo
Mixed micelles	Poly(vinyl pyrrolidone- <i>b</i> -polycaprolactone) (PVP- <i>b</i> -PCL) and poly(vinyl pyrrolidone- <i>b</i> - poly(dioxanone-co-methyl dioxanone)) (PVP- <i>b</i> - P(DX-co-MeDX)	Gemcitabine, doxorubicin. Doxorubicin hydrochloride. 5- fluorouracil paclitaxel	Preclinical: in vitro
Graft polymer	Poly(allylamine)-g-cholesterol	BNIPDAoct	Preclinical: in vivo
Dendrimer	PAMAM-hyaluronic acid	CDF	Preclinical: in vitro
	Poly(ethylene glycol)-PMAM-poly(ethylene glycol)-Flt-2	Gemcitabine Hydrochloride	Preclinical: in vitro
Thermo-responsive polymer	Poly(diEGMAco-OEGMA300)- <i>b</i> -PEHMA	Squalenoyl-gemcitabine	Preclinical: in vitro
pH-responsive polymer	Poly(styrene-alt-maleic anhydride)	Curcumin	Preclinical: in vitro
Ultrasound-responsive nano-emulsion	PEG-PLLA	Paclitaxel	Preclinical: In vivo
Albumin	Abraxane®	Paclitaxel	FDA approved 2013
	Abraxane <sup>®</sup> /Gemcitabine	Paclitaxel & gemcitabine	Phase III
Inorganic nanoparticle	Iron oxide-dextran-DOX	Doxorubicin	Preclinical: in vitro
	Iron oxide-antiCD47-GEM	Gemcitabine	Preclinical: in vitro
	Iron oxide-gold	BNIPDSpm	Preclinical: in vivo
	Iron oxide-gold-GEM	Gemcitabine	Preclinical: in vivo

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### EGF Functionalized Nanoparticles – Results So Far

Nanoparticles can also be conjugated using EGFR's own ligand, EGF. EGF is a protein composed of 53 amino acids, and it has three SS bonds and numerous hydrophobic residues, all suitable for interactions with nanoparticles.<sup>57</sup> Its advantages include its small size compared to antibodies or even antibodies fragments, its specificity being the native ligand and the fact that antibodies are more prone to triggering severe immune responses, therefore causing higher cytotoxicity. Unfortunately, its use has also disadvantages, such as EGF is less available from human resources, it is expensive, difficult

to obtain, and the one from murine sources causes antigenicity issues.<sup>58</sup> Studies so far show promising results.

The first in vivo targeted killing of squamous carcinoma cells that overexpressed EGF receptors was done by Bhirde et al, when they functionalized a single-wall carbon nanotube with EGF and cisplatin (See Figure 4). The results of the functionalized carbon nanotubes were superior compared to the non-targeted bioconjugates.<sup>59</sup> Tseng et al used gelatin nanoparticles functionalized with biotinylated EGF for evaluation of the distribution and aiming ability via aerosol distribution in lung cancer cells in mice. The study concluded that there was a significant



Figure 4 In vitro experiment demonstrating antitumor targeted effects of carbon nanotubes functionalized with EGF and cisplatin. (A–C) Confocal microscopy showing the cellular internalization of SWNT-Qdot525-EGF (SQE) nanoconjugates; the green fluorescence of Qdot525 indicates the intracellular localization of the bioconjugate (the nuclei are red). (D–F) 3D reconstructions that confirm the localization of quantum dots that are green. (G) Shows how higher levels of EGFR expression determine a higher cellular uptake of the bioconjugate. Treatment with siRNA was used for blocking EGFR. Differences between control/SQE and the other samples were significant, p<0.05. (\*\*\*\*). (H) and (I) Transmission electron microscopy images that show cells exposed only to SWNT-Qdot without EGF; (H) – there is no trace of nanoparticles being internalized and cells exposed to SQE (I) – the arrows indicate the presence of nanoparticles in the perinuclear region. Reprinted with permission from Bhirde AA, Patel V, Gavard J, et al Targeted killing of cancer cells in vivo and in vitro with EGF-directed carbon nanotube-based drug delivery. ACS nano. 2009;3(2):307–316. Copyright (2009) American Chemical Society.<sup>63</sup>

accumulation of EGF functionalized nanoparticles in tumor-bearing mice, compared to normal mice. The inflammatory response in the lungs was also taken into consideration, and it appears that not only the level of myeloperoxidase did not rise, but its activity was actually diminished in mice treated with EGF gelatin nanoparticles. The internalization of EGF was also faster than other anti-EGFR antibodies in EGFR overexpressing cells.<sup>60</sup> Shimada et al evaluated the cytotoxicity and tumor inhibition of paclitaxel integrated into EGF-conjugated polymeric lipid-based nanoparticles in mice overexpressing EGFR. He concluded that even though there is a significant decrease in tumor growth and greater toxicity in vivo and in vitro, in time, tumor size still increased compared to control groups.<sup>61</sup> Sandoval et al demonstrated that murine EGF-conjugated lipid nanoparticles led to an indicative decrease in tumor volume in vivo.<sup>62</sup> In one study, Sang et al radiolabeled EGF gold nanoparticles with indium to target EGFR expressing breast cancer cells. The study showed that functionalization with EGF of gold nanoparticles and radiolabelling did not interfere with an affinity for EGFR and also showed greater radiotoxicity, which can be beneficial for targeted radiotherapy.<sup>63</sup> In another study, superparamagnetic iron oxide nanoparticles were conjugated with EGF (SPION-EGF) for the specific targeting of glioma cells. They were used as a potential agent for contrast augmentation in magnetic resonance imaging on a glioma cell culture. The study concluded that SPION-EGF could heighten the contrast for imaging in gliomas that overexpressed EGFR and could also be used for targeted delivery.<sup>64</sup>

Creixell et al used EGF-conjugated iron oxide magnetic nanoparticles to demonstrate their increased accumulation into colon cancer cells that overexpressed EGFR compared to unfunctionalized nanoparticles after 1 hr of incubation. The internalization of nanoparticles was visualized using confocal microscopy, proving that the functionalized nanoparticles can be taken up by both receptor-mediated endocytosis mechanism and also receptor-independent mechanism.<sup>65</sup> A study of 3 pancreatic cancer cell lines overexpressing EGFR in different proportions demonstrated that after the administration of EGFconjugated liposomes containing curcumin, the antitumor activity of curcumin was amplified. The explanation lies in the fact that the cells that overexpressed the largest amount of EGFR were those that accumulated most of the functionalized nanoparticles, and, as a consequence, facilitating curcumin cancer cells, and achieving transfer into greater cytotoxicity.<sup>66</sup> EGF-functionalized gold nanoparticles have been used in a study on multiple cell lines – breast, colon, lung, prostate and cervical cancer, and then subjected to nonthermal atmospheric pressure plasma (NTP) therapy. It was concluded that pre-administration of the conjugated nanoparticles resulted in substantial improvement in NTP treatment, the nanoparticles being internalized by receptor-mediated endocytosis, and subsequently leading to a selective increase in cellular apoptosis.<sup>67</sup> Relying on the benefits of using the EGF molecule (small size, stability under physiological conditions, high-temperature denaturation, over 76 °C), it was also concluded that EGF-functionalized gold nanoparticles may yield promising results in photothermal therapy of cancer.<sup>68</sup>

A 2011 study has tested the cytotoxicity of single-wall carbon nanotubes (SWCNT) functionalized with EGF in a pancreatic adenocarcinoma cell line (Panc-1). This was assessed by measuring the LDH level and the metabolic function of the treated cancer cells, and the results showed that SWCNT-EGF was less toxic at higher doses, concluding that EGF improves biocompatibility. Also, through Raman spectroscopy, intense accumulation of SWCNT-EGF was seen around the cell membrane and within cells, proportional to the incubation time. The ELISA technique was used to analyze the process of association/dissociation of the EGF molecule from the cell, demonstrating that the presence of EGF is essential for cellular SWCNT delivery, and that the process of association/dissociation, being balanced, allows accumulation of a substantial amount of nanotubes in the vicinity of the cell membrane. These findings are conducive for achieving the ultimate goal of these types of studies, namely, to deliver a sufficient amount of nanomaterial in order to produce the complete thermal ablation of cancer cells.<sup>69</sup>

Despite extensive research on ligand nanoconjugation, the impact of this process on cellular uptake, intracellular transport, and the way these changes have repercussions on intracellular signaling pathways and the therapeutic effect are not yet fully elucidated. Nanoconjugation with EGF can induce apoptosis,<sup>69,70</sup> but the mechanisms behind this process are still unclear. For gold nanoparticles, free oxygen radicals (ROS) are generated due to mitochondrial damage that will lead to apoptosis.<sup>71</sup> The induction of this process is essential in the treatment of cancer, as tumor cells have effective mechanisms to bypass it. In a recent study, both the cytoplasmic ROS level and the mitochondrial superoxide level after the addition of EGF-conjugated gold nanoparticles were measured. It was found that the level of cytoplasmic ROS increased after the administration of conjugated nanoparticles, but the level of mitochondrial superoxide remained unchanged; there was also no decrease in the mitochondrial membrane potential. In addition, it has been demonstrated that EGF density, nanoparticle shape and size contribute to influencing the effectiveness of apoptosis: an increased density of EGF, spherical shape and size over 80 nm favor apoptosis.<sup>72</sup> Given all this, the importance to characterize the response to the conjugated nanoparticles in order to determine the doses needed to amplify the antineoplastic potential is highlighted.

In addition to activating cell signaling pathways, EGF-EGFR coupling will also lead to the internalization of the ligand-receptor complex by endocytosis. In cells that physiologically express EGFR, claritin-dependent endocytosis is activated, whereas in cells overexpressing EGFR, endocytosis is produced by claritin-independent mechanism. The complex migrates from the early endosomes to the late ones, then to the lysosomes and finally, they are degraded.<sup>73</sup> It is important to note that even after internalization in endosomes, the phosphorylated tyrosine kinase domain remains exposed in the cytoplasm, continuing the cell signaling process until the time of dephosphorylation. It is also established that in some cell lines that overexpress EGFR, EGF has the ability to induce cellular apoptosis. It has been observed that apoptosis can be induced by exposing epidermoid carcinoma cell lines (A431) or breast cancer (MDA-MB-468) cell lines to free EGF, the EGF-EGFR complex being retained for a long time in the early endosomes. Inhibition of endocytosis will also reduce the efficiency of signaling by MAPK and PI3K.<sup>74</sup> Based on this premise, the administration of EGF-functionalized gold nanoparticles on MDA-MB-468 cultures was attempted; the conjugated nanoparticles were retained in early endosomes for a longer time at much lower EGF concentrations compared to free EGF needed to induce apoptosis.<sup>75</sup>

## Nanotechnology in Pancreatic Cancer

Besides conjugation with EGF, other types of ligands with different types of nanoparticles were used so far including dendrimers, polymers, albumin and inorganic particles, which have been bound to different chemotherapeutics, with promising results.<sup>76</sup> Their final aim is to develop a combination that can surpass the dense stroma in pancreatic cancer, with a good uptake and specificity for this type of cancer. Poly (ethylene glycol)-P(HEMASN38) and SN38

(the active metabolite of irinotecan) showed an increase in the level of apoptosis, a reduction in the level of collagen and overall favorable efficacy in the treatment of pancreatic cancer cells.<sup>77</sup> SPION and doxorubicin directed to pancreatic cancer cells have successfully demonstrated an increase in drug internalization - despite not using a ligand, doxorubicin accumulated in the cell nucleus at a higher level compared to using the chemotherapeutic alone, and this result proves that it may be possible to administer even basic drugs with the help of nanotechnology.<sup>78</sup> A thermo-triggered polymer and Squalenoyl-Gemcitabine - Paclitaxel were effectively used in trying to improve drug uptake and promoting cellular destruction.<sup>79</sup> A recent in vivo study of hybrid iron oxidegold nanoparticles (HNPs) and bisnaphthalimide drug equivalents delivered good results: they tested reversible binding of the compound, showing that the drugs could be released at degrees of over 44 °C offering an alternative thermal treatment in this type of cancer.<sup>80</sup> Gemcitabine was also used in combination with HNPs in the hope of improving gemcitabine uptake in vivo. Gemcitabine was successfully released, the process being heat triggered, and the cell viability decreased by 26%.81 Liposomal irinotecan was approved in 2016 for treatment in patients with advanced pancreatic cancer; however this treatment also came with dangerous toxicity, and its use is now being questioned. In the hope of reducing toxicity and because the liposomal carrier used for delivery of irinotecan has not shown the results expected, a study used silica nanoparticles and irinotecan and proved better accumulation of the compound, a superior therapeutic effectiveness and a reduced amount of systemic outflow compared to the liposomal transporter.82

Other studies involving nanocarriers used for treatment in pancreatic cell lines have shown encouraging results. Each study comes with its own set of improvements and setbacks, and there are clearly a variety of modulatory factors for treatment efficiency.

#### Conclusions

It is becoming more and more clear that the complexity of EGFR signaling and expression in pancreatic cancer is a promising field of study for developing new and improved strategies of treatment. It is also important to find ways of identifying those patients who would benefit the most from EGFR-targeted therapy.

Even though nanoconjugation has been proven effective in drug delivery to various types of cancer, pancreatic adenocarcinoma is a particularly dense tumor, making the quest for finding the best way to deliver treatment challenging. Following studies on EGF-conjugated nanoparticles, it can be deduced that, in general, bioconjugation amplifies the apoptotic effect and the already existing nanoparticle toxicity due to their structure. Also, EGF-conjugated nanoparticles may be beneficial not only in the treatment of overexpressing EGFR cancers but also in their imaging. However, it is imperative to characterize the mechanisms underlying these processes, their understanding being an essential factor in determining the doses needed to amplify the antineoplastic potential.

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#### Disclosure

The authors report no conflicts of interest in this work.

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