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De-escalation plan for COVID-19–positive hemodialysis patients (outpatients)

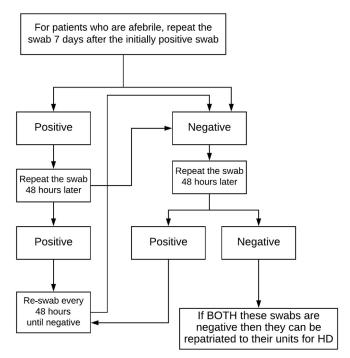


Figure 1 | De-escalation plan for coronavirus disease 2019 (COVID-19)-positive dialysis patients. HD, hemodialysis.

14 days for the household. Dialysis patients can be considered as immunocompromised and display a decreased ability to develop seroconversion to infectious diseases.² Therefore, 7 to 14 days may not be an appropriate threshold in a dialysis population. In our center, we provide dialysis in 2 hospital-based and 6 satellite units, for a total of 664 patients (see Supplementary Methods). We isolated our COVID-19-positive dialysis outpatients in a dedicated unit and followed a pathway for de-escalation of stable patients with serial COVID-19 swabs, starting 7 days after confirmed diagnosis (Figure 1, Supplementary Table S1). Thirtyfour COVID-19-positive patients who had at least 3 swabs were included: 20 patients were de-isolated in less than 14 days (59%) with 9% on day 9. By day 12, 35% of patients could be dialyzed in their base unit (which is crucial for capacity). However, by day 15, 14 patients (41%) had not cleared the virus and could not be repatriated: 5 patients cleared the virus later (median of 18 days [range, 16–21]) and 9 patients were still positive or had only one negative swab at the end of follow-up. It is unclear whether detection of viral RNA represents the ability to transmit the virus, 3,4 but until more evidence is available, it would be prudent to isolate patients as discussed to prevent cross-contamination in this high-risk population.

DISCLOSURE

SG reports personal fees from Astellas, Enterobiotix, Menarini, MSD, Pfizer, and Shionogi, outside of the submitted work. All the other authors declared no competing interests.

SUPPLEMENTARY MATERIAL

Supplementary File (PDF)

Supplementary Methods.

Table S1. Demographics of the patients followed-up in a COVID-19–dedicated dialysis unit.

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SARS-CoV-2 in the peritoneal waste in a patient treated with peritoneal dialysis



To the editor: We describe for the first time the detection of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in the peritoneal waste of a patient with coronavirus disease 2019 and end-stage kidney disease on peritoneal dialysis. A 53-year-old Caucasian female affected by fibrillary glomerulonephritis and on peritoneal dialysis since November 2019 was admitted to our hospital on March 9 with fever, cough, headache, myalgia, and mild hypoxemia. Chest computed tomography showed bilateral multiple ground-glass opacities but the initial nasopharyngeal swab for SARS-CoV-2 was negative. Her laboratory tests showed mild lymphopenia (0.87 × 10⁹) and increased C-reactive protein (128 mg/l) and D-dimer (2213 ng/ml) levels. Because her computed tomography, clinical, and laboratory findings were highly suspicious for coronavirus disease 2019, the patient was isolated and treated with lopinavir and (with) ritonavir, hydroxychloroquine, low-molecular weight heparin, and tocilizumab. One month after admission, a second nasopharyngeal swab was positive. During this period, she became anuric. Despite increasing the osmolarity of peritoneal dialysis solutions, she developed pulmonary edema. At that time, we

Editor's Note

We hope this interesting case will motivate the nephrology community to look at our patients on peritoneal dialysis and consider testing their dialysate. We suggest that it will be of critical importance to go beyond polymerase chain reaction testing and actually attempt to culture the virus from the fluid. At this time it is not clear whether a positive polymerase chain reaction for SARS-CoV-2 means contagious virus is present.

tested her peritoneal dialysate for SARS-CoV-2 by polymerase chain reaction, and this was positive. She received 8 hemodialysis treatments and following 40 days of hospitalization, the patient was discharged and peritoneal dialysis was gradually resumed although her nasopharyngeal swab and peritoneal dialysate remained positive on discharge. Seven days after discharge, SARS-CoV-2 testing was negative in the peritoneal dialysate and nasopharyngeal swab. To our knowledge, this is the first case in the literature demonstrating SARS-CoV-2 positivity in peritoneal dialysate. Notably, SARS-CoV-2 positivity corresponded with peritoneal dialysis failure, suggesting a potential effect of the virus on the peritoneal membrane.

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Adding insult to injury: kidney replacement therapy during COVID-19 in India



To the editor The coronavirus disease 2019 (COVID-19) pandemic has challenged the resilience of health care systems worldwide. Governments have ordered nationwide lockdowns (often suddenly) in an attempt to contain the spread of infection. Such measures have posed unexpected challenges to patients with pre-existing diseases, especially in limited-

resource settings. In the current report, we describe the unique hardships confronted by treatment of in-center hemodialysis patients and kidney transplant recipients in India during the current lockdown period.

With public transport shut down and movement of private vehicles severely restricted, patients were unable to reach the dialysis facilities, often located at considerable distances. 1-3 Nongovernment organizations and self-help groups have stepped in to help these patients, but sometimes are stopped by the police enforcing the lockdown. The majority of dialysis units are located in private hospitals. As part of the COVID-19 response, governments have taken over management of a number of private hospitals⁴ and ordered the closure of dialysis units. In some instances, units were closed down and staff were placed in quarantine after a patient or health care worker was found to be COVID-19 positive.⁵ In all such instances, patients are asked to go to other dialysis facilities, which in many instances already are working to capacity. Moreover, dialysis centers are not willing to accept newly diagnosed end-stage renal disease patients or patients shifted from closed units as a result of panic and misinformation and insist that they produce a COVID-19 test result.⁶ These problems are getting compounded by the lack of a clear and rational guidance that balances the need to contain spread while maintaining essential lifesaving treatments like dialysis. Deaths have been reported as a result of such delays.

A lack of appropriate education of the dialysis workforce, combined with stigma and misinformation on social media, has created apprehension among dialysis staff. Despite the general recommendation that any quarantine should not result in loss of pay, this remains a real risk to staff in private settings.

Operations have been impacted by interruptions in medication and dialysis disposable supply chains (dialysis tubings, catheters, fluids, and drugs and/or expendables). The sudden demand for personal protective equipment led to a surge in pricing of items such as surgical masks. Some private dialysis units ask patients to pay for personal protective equipment. All elective surgical procedures have been cancelled at most centers, leading to cessation or severe curtailment of arteriovenous fistula surgery, tunneled catheter insertion, or peritoneal dialysis catheter insertion.

Kidney transplant surgeries, including those involving living donors, have been stopped in most centers. In a country where high-quality dialysis is not universally available, delaying transplant increases the risk of adverse outcomes for those who are forced to wait, especially when access to dialysis also is uncertain. Kidney transplant recipients living in remote areas are unable to obtain life-saving immunosuppressive drugs, available only in specialized pharmacies, or undergo mandatory investigations such as monitoring of graft function or therapeutic drug levels.

COVID-19 is exposing the deficiencies in care delivery in countries with weak health systems. Although patients with all chronic conditions are disadvantaged, patients on dialysis and kidney transplant recipients need special attention. We