Molecular Analysis of the Kidney From a Patient With COVID-19–Associated Collapsing Glomerulopathy

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Recent case reports suggest that coronavirus disease 2019 (COVID-19) is associated with collapsing glomerulopathy in African Americans with apolipoprotein L1 gene (APOL1) risk alleles; however, it is unclear whether disease pathogenesis is similar to HIV-associated nephropathy. RNA sequencing analysis of a kidney biopsy specimen from a patient with COVID-19-associated collapsing glomerulopathy and APOL1 risk alleles (G1/G1) revealed similar levels of APOL1 and angiotensin-converting enzyme 2 (ACE2) messenger RNA transcripts as compared with 12 control kidney samples downloaded from the GTEx (Genotype-Tissue Expression) Portal. Whole-genome sequencing of the COVID-19-associated collapsing glomerulopathy kidney sample identified 4 indel gene variants, 3 of which are of unknown significance with respect to chronic kidney disease and/or focal segmental glomerulosclerosis. Molecular profiling of the kidney demonstrated activation of COVID-19-associated cell injury pathways such as inflammation and coagulation. Evidence for direct severe acute respiratory syndrome coronavirus 2 infection of kidney cells was lacking, which is consistent with the findings of several recent studies. Interestingly, immunostaining of kidney biopsy sections revealed increased expression of phospho-STAT3 (signal transducer and activator of transcription 3) in both COVID-19-associated collapsing glomerulopathy and HIV-associated nephropathy as compared with control kidney tissue. Importantly, interleukin 6-induced activation of STAT3 may be a targetable mechanism driving COVID-19-associated acute kidney injury.

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INTRODUCTION

Acute kidney injury is a common occurrence in the setting of coronavirus disease 2019 (COVID-19) infection among hospitalized patients and is associated with poor overall prognosis.¹ The exact mechanism of kidney injury is unknown. Earlier autopsy and biopsy series suggested the possibility of direct invasion of podocytes and renal tubular epithelial cells by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2),²⁻⁴ though more recently published data refute this hypothesis.⁵⁻⁹ Though renal tubular injury has been a nearly universal finding on autopsies and kidney biopsies, a range of glomerular pathologic states have also been described.^{5,6,10} Notably, collapsing glomerulopathy has been reported in several patients of African ancestry with COVID-19 infection.^{7,11-13}

Collapsing glomerulopathy is associated with several viral infections, including HIV-1, parvovirus B19, cytomegalovirus, and Epstein-Barr virus.¹⁴ There is evidence for direct infection of podocytes by HIV-1 and possibly parvovirus B19,^{15,16} but collapsing glomerulopathy is also associated with elevated levels of circulating interferons.¹⁷ It is also well established that individuals with high-risk variants of the apolipoprotein L1 gene (*APOL1*), known as G1 and G2, have significantly increased risk for the development of HIV-associated nephropathy (HIVAN) and possibly parvovirus-associated collapsing glomerulop-athy.^{16,18} In vitro and in vivo studies suggest a complex interplay between interferon and inflammatory mediators with APOL1 protein that may incite podocyte injury through defects in autophagy, mitochondrial dysfunction, and ion channel efflux, with enhancement in inflammatory cell death (pyroptosis).¹⁹⁻²² However, little is known about APOL1 expression in the setting of human collapsing glomerulopathy.

We present a case of COVID-19-associated collapsing glomerulopathy in a patient homozygous for the G1 APOL1 allele. We used whole-genome sequencing and RNA sequencing technology in conjunction with standard microscopy and immunostaining to identify gene variants associated with focal segmental glomerulosclerosis and chronic kidney disease, examine gene transcript expression levels of APOL1 and ACE2 (angiotensin-converting enzyme 2), investigate the molecular pathways altered in COVID-19 infection, and test for direct invasion of kidney cells by SARS-CoV-2. Additionally, we evaluated protein expression levels of phosphorylated STAT3 (signal transducer and activator of transcription 3), a downstream target of interleukin 6 (IL-6) signaling that has been demonstrated to be important to the pathogenesis of HIVAN. Detailed methods are provided in Item S1.

CASE REPORT

An African American woman in her early 50s with a medical history of hypertension, hypothyroidism, depression, obstructive sleep apnea, and obesity (body mass index,



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Table 1. Laboratory Results on Admission

Laboratory Test	Reference Range	Admission Result
Sodium, mEq/L	135-145	140
Potassium, mEq/L	3.5-5.2	4.9
Chloride, mEq/L	96-108	101
Bicarbonate, mEq/L	22-30	28.3
Serum urea nitrogen, mg/dL	6-23	71
Creatinine, mg/dL	0.50-1.10	6.08
Glucose, mg/dL	60-100	88
Calcium, mg/dL	8.5-10.5	8.2
Albumin, mg/dL	3.5-4.9	2.2
Hemoglobin A _{1c} , %	4.0-6.0%	6.1
White blood cell count, ×10 ³ /µL	4.5-11	5.6
Hemoglobin, g/dL	11.7-15	13.6
Platelets, ×10 ³ /µL	150-450	356
Urinary protein-creatinine ratio, g/g	0.10-0.15	21.71
Urinary RBCs, per high-power field	0.0-3.0	4-10
Sars-CoV-2 RT-PCR	Not detected	Detected
Lactate dehydrogenase, U/L	100-220	591
Creatine kinase, U/L	25-175	71
C-Reactive protein, mg/L	0.0-5.0	19.5
Ferritin, ng/mL	15-150	221
Interleukin 6, pg/mL	0.0-5.0	23.2
Interleukin 8, pg/mL	0.0-5.0	111.0
Tumor necrosis factor α, pg/mL	0.0-22.0	83.3
HIV-1/HIV-2 antigen/antibody	Nonreactive	Nonreactive
Hepatitis C virus antibody	Nonreactive	Nonreactive
Hepatitis B surface antigen	Nonreactive	Nonreactive
Hepatitis B surface antibody	Nonreactive	Nonreactive
Hepatitis B core antibody total	Nonreactive	Nonreactive
Phospholipase A ₂ receptor antibody, RU/mL	0.0-19.9	<1.8
Anti-DNA (DS) antibody, IU/mL	0-9	<1.0
Complement C3, mg/dL	90-180	118
Complement C4, mg/dL	10-40	71

Note: Conversion factors for units: serum urea nitrogen in mg/dL to mmol/L, ×0.357; creatinine in mg/dL to µmol/L, ×88.4; glucose in mg/dL to mmol/L, x0.5551; calcium in mg/dL to mmol/L, ×0.2495.

Abbreviations: DS, double strand; RBC, red blood cell; RT-PCR, reverse transcriptase polymerase chain reaction; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2.

31 kg/m²) was hospitalized with nonoliguric acute kidney injury and nephrotic-range proteinuria in the setting of confirmed COVID-19 infection. Admission laboratory tests revealed elevated levels of inflammatory markers, including IL-6, IL-8, tumor necrosis factor α , C-reactive protein, and ferritin. Serologic workup for alternate causes of glomerulonephritis was negative (Table 1).

The patient was treated with a 5-day course of hydroxychloroquine without steroids, and treatment with renally dosed apixaban was initiated for anticoagulation. Her kidney function continued to worsen and she was initiated on acute peritoneal dialysis but then transitioned to hemodialysis due to a nonfunctional peritoneal catheter. Hemodialysis treatments were complicated by intradialytic hypotension and a malfunctioning dialysis catheter, necessitating catheter exchange and prolonging hospitalization. On hospital day 31, repeat urinary proteincreatinine ratio remained elevated at 12.5 g/g, while 2 repeat screening tests for SARS-CoV-2 were negative. The

patient underwent kidney biopsy on hospital day 35. There were no complications following biopsy, and the patient was discharged the following day. She remains on outpatient hemodialysis treatments at the time of this report.

On light microscopy, 2 of 18 total glomeruli demonstrated collapse of capillary loops with proliferation of overlying visceral epithelial cells, consistent with collapsing glomerulopathy (Fig 1A and B). In addition, 3 glomeruli showed prominence of visceral epithelial cells. Some glomeruli showed mild ischemic changes, and moderate to severe patchy interstitial fibrosis and tubular atrophy were seen throughout. There was diffuse acute tubular necrosis, characterized by attenuation of epithelial cells, loss of brush border, and sloughing of epithelial cells in the luminal tubules (Fig 1C). No intranuclear viral inclusions were seen. Immunofluorescence revealed no immune deposits. Electron microscopy showed diffuse effacement of podocyte foot processes associated with enlarged podocytes and



Figure 1. Kidney biopsy of coronavirus disease 2019 (COVID-19)–associated collapsing glomerulopathy case. (A) Representative light microscopy shows collapse of glomerular tufts with hyperplasia of epithelial cells (hematoxylin-eosin; original magnification, ×400). (B) Another glomerulus shows collapse of capillary loops with proliferation of overlying epithelial cells (Jones methenamine silver stain; original magnification, ×200). (C) Tubules show widespread attenuation of epithelial cells with drop-out nuclei and sloughing of epithelial cells inside the lumen of tubules (arrows) (hematoxylin-eosin; original magnification, ×100). (D) Electron microscopy reveals diffuse effacement of foot processes (arrow) and hypertrophy of podocytes with tubulovillous transformation (Transmission electron microscopy [TEM]; original magnification, ×2,000). (E) In situ hybridization for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) RNA is negative in COVID-19–associated collapsing glomerulopathy (original magnification, ×200). (F) In contrast, in situ hybridization is positive for SARS-CoV2 RNA in lung epithelia of another patient with COVID-19 infection (original magnification, ×200).

tubulovillous transformation (Fig 1D). No immune-type electron-dense deposits, tubuloreticular inclusions, or viral particles were identified. In situ hybridization was negative for SARS-CoV-2 RNA using RNAscope (ACD Bio) in the biopsy specimen (Fig 1E and F).

APOL1 genotyping revealed the patient to be homozygous for the G1 allele (G1/G1). We then performed whole-genome sequencing on genomic DNA from wholeblood samples. Whole-genome sequencing yielded 123,266.00 Mb raw bases. After removing low-quality reads, we obtained an average of 820,304,512 clean reads (123,045.68 Mb). The clean reads of each sample had high base calling rates (Q20 and Q30), indicating high sequencing quality. The average guanine-cytosine content was 41.05%. We then used a curated gene/variant list²³ and scanned all variants. We detected 4 indel variants (Table S1), of which 3 (FOXC1, LFNG, and RTTN) were annotated as of uncertain significance and 1 (SALL1) was annotated as benign in ClinVar.

Using data from 12 normal kidney samples extracted from GTEx (Genotype-Tissue Expression) to serve as controls, RNA sequencing data revealed that in COVID-19-associated collapsing glomerulopathy, biological processes from upregulated genes were enriched for cell cycle, chromosome segregation, response to wounding, humoral immune response, and blood coagulation, suggesting that cell injury/ regeneration, inflammatory response, and endothelial injury were the major disease processes involved (Fig 2). The biological processes from downregulated genes were enriched for ion transport, metabolic processes, and oxidation, likely secondary to severe tubular cell injury. Pathway analysis from both up- and downregulated genes showed enrichment of transmembrane transport, oxidation, and blood coagulation consistent with the Gene Ontology term enrichment. Upregulated genes (Fig 2; pink) were enriched only for the FOXM1 pathway, which was recently reported to promote tubular cell proliferation during injury repair.²⁴ Additionally, genes related to the renin-angiotensin system

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Figure 2. RNA sequencing analysis of the kidney cortex in coronavirus disease 2019 (COVID-19)–associated collapsing glomerulopathy. Differentially expressed genes with 1.5-fold–magnitude changes between expression profiles of 1 patient with COVID-19–associated collapsing glomerulopathy and data from 12 control healthy individuals downloaded from GTEx (Genotype-Tissue Expression) database were used for Gene Ontology (GO) term enrichment (GO) terms and pathway analysis by Fisher exact test with *P* <0.05. Upregulated genes were enriched for cell cycle, chromosome segregation, response to wounding, blood coagulation, and humoral immune response, whereas downregulated genes were enriched for ion transport, metabolic processes, and oxidation. Pathway analysis from both up- and downregulated genes showed enrichment of transmembrane transport, oxidation, and blood coagulation consistent with the GO terms analysis. Upregulated genes were enriched only for FOXM1 pathway, while genes related to renin-angiotensin system were downregulated.

were downregulated, but *A*CE2 expression did not differ from normal controls. Though COVID-19–infected patients display elevated levels of circulating cytokines and interferon can stimulate APOL1 expression, ^{19,25} there were no differences in *A*POL1 messenger RNA levels between this patient and normal controls. Raw RNA sequencing reads were aligned to SARS-CoV-2 but no mapped reads were found, indicating the absence of SARS-CoV-2 in this biopsy sample.

Immunostaining revealed that expression of phosphorylated STAT3, a downstream target of IL-6 signaling, was found to be significantly increased in glomeruli of COVID-19–associated collapsing glomerulopathy and HIVAN as compared with normal kidney tissue (Fig 3).

DISCUSSION

We present a case of collapsing glomerulopathy in a patient of African ancestry with acute COVID-19 infection who was subsequently identified as homozygous for the high-risk APOL1 G1 allele.¹¹⁻¹³ These findings support a growing body of evidence for a strong association of APOL1 risk alleles with COVID-19–associated collapsing glomerulopathy. Though in vitro studies have demonstrated that interferon and other virally mediated inflammatory factors induce APOL1 expression in podocytes,^{19,20} we demonstrate

comparable levels of APOL1 gene transcript between COVID-19–associated collapsing glomerulopathy and controls.

There is conflicting evidence as to whether SARS-CoV-2 can directly infect podocytes and renal tubular epithelial cells, as HIV-1 can.^{15,26,27} Two published autopsy series both demonstrated positive immunostaining for SARS-CoV-2 in podocytes and 1 of these additionally reported the isolation of SARS-CoV-2 RNA from kidney glomeruli.^{2,4} However, published in situ hybridization studies, including ours, have failed to detect SARS-CoV-2 RNA in glomeruli.^{5-7,9,12} In addition, we confirmed that viral RNA was absent from our patient's biopsy specimen by RNA sequencing. Autopsy and biopsy series have also reported coronavirus-like particles with characteristic spikes in podocytes and tubular epithelial cells using electron microscopy, though concern has been raised that these particles may actually be small cellular vesicles instead of viral particles.^{2,3,11,28}

Our study also demonstrated increased phosphorylation of STAT3 in COVID-19–associated collapsing glomerulopathy. We have previously shown that STAT3 activation is important in the pathogenesis of HIVAN and diabetic kidney disease.^{29,30} It is well-known that plasma IL-6 level elevations play a key role in the pathogenesis of COVID-19–induced organ damage²⁵ and also that IL-6–induced



Figure 3. Phospho-STAT3 (signal transducer and activator of transcription 3) expression in coronavirus disease 2019 (COVID-19)– associated collapsing glomerulopathy (CG) and HIV-associated nephropathy (HIVAN). Immunohistochemistry staining of kidney biopsy specimen reveals phospho-STAT3 expression is significantly increased in podocytes and proximal tubular cells in COVID-19–associated CG and HIVAN as compared with normal kidney tissue (scale bars, 50 µm).

activation of STAT3 upregulates inflammatory pathways. Our data suggest that STAT3 phosphorylation could be a major mechanism involved in COVID-19–associated kidney injury, and thus targeting STAT3 with available drug inhibitors³¹ could be a potential therapeutic strategy for patients with this disease.

To our knowledge, this is the first report of wholegenome sequencing and RNA sequencing data from a patient with COVID-19–associated kidney disease. Although the clinical significance and potential interaction with APOL1 of the gene variants identified by wholegenome sequencing remain unclear, Foxc1 and Sall1 are known to regulate the integrity of the glomerular filtration barrier in experimental models.^{32,33} Our RNA sequencing results also reveal several interesting findings: (1) we confirmed that SARS-CoV-2 RNA was absent in the kidney, (2) we found that ACE2 and APOL1 gene expression did not differ between COVID-19–infected and normal kidneys, and (3) we identified several injury

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pathways in the COVID-19–infected kidney that have been associated with SARS-CoV-2–induced cell injury. Our findings in addition to a recent NanoString analysis of 6 COVID-19–associated collapsing glomerulopathy biopsy cases showing upregulation of chemokine gene expression and altered expression of genes related to tubular injury add to the growing body of literature that seeks to elucidate the pathogenic mechanisms of COVID-19–associated kidney injury.

Our study and associated analysis have limitations. First, we have reported just 1 case of COVID-19-associated collapsing glomerulopathy and are only able to describe fold changes without formal statistical analysis. Second, the kidney biopsy for our patient was delayed until 35 days after her initial presentation of acute COVID-19 infection and thus the gene expression profile captured may not accurately represent acute COVID-19-induced kidney injury pathways. Additionally, it is possible that APOL1 gene transcript expression was modulated by the anti-inflammatory effects of the hydroxychloroquine administered. Furthermore, we were not able to separate glomeruli from tubulointerstitial compartments before RNA sequencing. Still, these findings offer important additional insight into the complex interplay between genetic susceptibility, viral infection, and glomerular disease progression associated with COVID-19 infection. Further studies involving additional patients with COVID-19-associated collapsing glomerulopathy who undergo biopsy earlier in the course of their disease will need to be conducted.

SUPPLEMENTARY MATERIAL

Supplementary File (PDF) Item S1: Detailed Methods

Table S1: Indel variants detected with whole genome sequencing

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