

RESEARCH ARTICLE

Neutrophil to Lymphocyte Ratio (NLR) in captive chimpanzees (*Pan troglodytes*): The effects of sex, age, and rearingSarah J. Neal Webb^{1*}, Steven J. Schapiro^{1,2}, Chet C. Sherwood³, Mary Ann Raghanti⁴, William D. Hopkins¹

1 Michale E. Keeling Center for Comparative Medicine and Research, National Center for Chimpanzee Care, The University of Texas MD Anderson Cancer Center, Bastrop, Texas, United States of America, **2** Department of Experimental Medicine, The University of Copenhagen, Copenhagen, Denmark, **3** Department of Anthropology and Center for the Advanced Study of Human Paleobiology, The George Washington University, Washington, D. C., United States of America, **4** Department of Anthropology, School of Biomedical Sciences, and Brain Health Research Institute, Kent State University, Kent, Ohio, United States of America

* sjneal@mdanderson.org

OPEN ACCESS

Citation: Neal Webb SJ, Schapiro SJ, Sherwood CC, Raghanti MA, Hopkins WD (2020) Neutrophil to Lymphocyte Ratio (NLR) in captive chimpanzees (*Pan troglodytes*): The effects of sex, age, and rearing. PLoS ONE 15(12): e0244092. <https://doi.org/10.1371/journal.pone.0244092>

Editor: Santiago Partida-Sanchez, The Research Institute at Nationwide Children's Hospital, UNITED STATES

Received: April 30, 2020

Accepted: December 2, 2020

Published: December 16, 2020

Copyright: © 2020 Neal Webb et al. This is an open access article distributed under the terms of the [Creative Commons Attribution License](https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Data Availability Statement: All relevant data are within the paper and its [Supporting information files](#).

Funding: The National Center for Chimpanzee Care chimpanzees are supported by Cooperative Agreement U42-OD011197. The Yerkes chimpanzees are supported by the Office of Research Infrastructure Programs (ORIP) and Office of the Director (OD) ORIP/OD P510D011132.

Abstract

In humans, neutrophil to lymphocyte ratio (NLR) has been used as a clinical tool in diagnosis and/or prognosis of a variety of cancers and medical conditions, as well as in measuring physiological stress over time. Given the close phylogenetic relationship and physical similarities between humans and apes, NLR may similarly be a useful diagnostic tool in assessing chimpanzee health. Only one study has examined NLR in apes, reporting that NLR increased with age and was affected by body-mass index and sex. In the current study, we examined changes in NLR data from longitudinal health records for 443 chimpanzees in two captive chimpanzee populations. Using these data, we analyzed intra-individual changes and inter-individual differences in NLR as a function of age, rearing history, and sex. Contrary to previous studies in humans and the one previous study in chimpanzees, NLR values did not change over a 10-year timespan within individual chimpanzees. However, cross-sectional comparisons revealed a significant quadratic relationship between age and NLR, with the highest values during mid-life (20–30 years of age) and the lowest values in younger and older individuals. Additionally, males and mother-reared individuals had higher NLR than females and nursery-reared chimpanzees, respectively. Lastly, males and those with higher NLR values died at younger ages. These findings suggest that NLR may be useful as a predictor of longevity in chimpanzees. However, given the complexities of these relationships, more research is needed to determine the utility of NLR as a diagnostic health tool for chimpanzees.

Introduction

Neutrophil to lymphocyte ratio (NLR) is often used as a biomarker of inflammation. The measurement of NLR is obtained through differential cell counts assayed from blood by dividing the number of neutrophils by the number of lymphocytes. Typically, neutrophil counts increase and lymphocyte counts decrease as a function of physiological

Competing interests: The authors have declared that no competing interests exist.

inflammation, making this ratio a sensitive indicator of inflammation progress [1]. In healthy populations of humans, older individuals have higher NLR, suggesting a possible greater predisposition to inflammation and disease with increasing age [2, 3]. Other studies in healthy humans have found that NLR is moderately heritable (36%) [4], differs as a function of racial disparities in the United States population [2], and males have higher NLR than females [4]. Average NLR ranges from 1.5 to 2.8 in humans, with reference ranges between 1.1 and 4.5 [1–6].

NLR is often used as a diagnostic and prognostic indicator of a variety of diseases and conditions. NLR can be used to accurately diagnose bacterial sepsis, bacteremia, pancreatitis, and acute appendicitis [7–9]. Higher NLRs are typically associated with poorer outcomes in non-small cell lung disease, acute pancreatitis, pulmonary embolism, cardiac disease, and a variety of cancers, including colorectal, breast, pancreatic, lung, and esophageal, to name a few [10–18]. NLR has also been used to predict all-cause mortality [19, 20], and mortality in patients with specific diseases, including pulmonary embolism [21] and cardiac disease [10]. Elevated NLR may even be connected to Alzheimer's disease in elderly patients [22, 23].

Apes are physiologically similar to humans, and certain clinical diagnostic and prognostic tools used for humans are also used for chimpanzees [24–26]. Due to recent advances in medical care and captive management, chimpanzee life span has been extended, thereby increasing the number of geriatric chimpanzees in captive settings [25, 27]. Like humans, older chimpanzees encounter health conditions and diseases associated with aging, including hypertension, multiple types of cancer, heart disease, mobility impairments, arthritis, Alzheimer's-like pathology, and diabetes [25, 28–31]. Given its utility in humans, NLR may be a valuable measure of health and disease for captive chimpanzees. To date, one study has examined NLR in chimpanzees, finding that NLR was best predicted by age, body mass index (BMI), and an interaction between age, BMI, and sex [32]. Specifically, males had higher NLR than females, but NLR increased more strongly with age and BMI in females than in males. These results are generally consistent with the human literature showing a positive relationship between age and NLR in healthy subjects. However, the sample size in that study was limited to 19 males and 20 females, NLR was sampled at just one point in time for each subject, and the oldest chimpanzee was 31 years old [32]. Since chimpanzees can potentially live up to 60 years in captivity, the relationship of NLR to aging through later stages of the lifespan is unknown.

In addition, captive nonhuman primate health is greatly affected by rearing history. Specifically, nursery rearing is an early-life stressor that disrupts the development of the immune system, multiple systems in the brain, biobehavioral organization, and HPA axis functioning, among other effects [33–37]. For example, nursery rearing affects lymphocyte proliferation responses in 2-year-old monkeys, which alters immune function and increases susceptibility to infectious diseases later in life [35]. In chimpanzees, the effects of rearing on behavior have been studied extensively, but examinations of the health consequences are sparse. To our knowledge, just one study has examined the relationship between rearing and blood biomarkers of health in chimpanzees [38], finding no differences between mother- and nursery-reared chimpanzees (aged 6 months–10 years, $N = 46$) in hematology or serum chemistry values.

Here, we examined relationships between NLR, age, sex, and rearing history in a large, age-diverse sample of captive chimpanzees from two different primate colonies. We calculated NLR at 10 time points (taken once per year during annual physical exams) to examine longitudinal changes in NLR and relationships between NLR, sex, rearing, and age at death. Consistent with previous research in humans and chimpanzees, we predicted that elevated NLR would be exhibited by older individuals, males, and nursery-reared chimpanzees, and that higher NLR values would be associated with younger ages at death.

Materials and methods

Subjects

We collected neutrophil and lymphocyte data from hematology reports for a total of 440 captive chimpanzees (255 females, 185 males) that lived between 1982 and 2019. The NLR data were derived from chimpanzees housed at the National Center for Chimpanzee Care (NCCC, $n = 204$) of the Michale E. Keeling Center for Comparative Medicine and Research at The University of Texas MD Anderson Cancer Center in Bastrop, Texas, and the Yerkes National Primate Research Center (YNPRC, $n = 236$) in Atlanta, Georgia. Chimpanzees ranged in age from 2 to 58 years old (*Mean Age* = 29, *SD* = 12) at the time of their last available data point.

All chimpanzees were housed in Primadomes™, corrals, or indoor-outdoor runs in social groups of two to 20 individuals. The enclosures adhere to each facility's environmental enhancement plan, with each enclosure containing various structural enrichment, including, but not limited to, telephone poles, wooden platforms, culvert sections, tractor tires, large and small plastic balls, 55-gallon barrels, and fire hose/rope swings and nets. Additionally, foraging enrichment strategies, provision of bedding materials, and Positive Reinforcement Training programs were employed at both facilities. Care staff fed the chimpanzees a diet of commercially produced primate chow, and fresh fruits and vegetables twice per day. The chimpanzees also had multiple foraging opportunities every day, and ad libitum access to water. Care staff and colony managers monitored the health and well-being of each chimpanzee at least twice per day (at morning and afternoon health checks). Criteria for health checks included assessment of overall body condition, potential wounding, behavior (interactions with group members and with care staff), and mobility. Chimpanzees were not euthanized for the purposes of this study. Given that this dataset spanned 37 years (see below), humane euthanasia had to be performed under specific circumstances, per American Veterinary Medical Association definitions and guidelines, and with specific consideration to quality of life [39]. Euthanasia was performed for humane reasons, including severe illness or trauma, conditions of chronic wasting, severe cachexia, immobility, organ failure, or moribund state, and upon veterinarian determination that the euthanasia was necessary to alleviate pain and/or distress. Humane euthanasia followed standard operating procedures at both facilities.

Of the 440 chimpanzees, 182 were mother-reared, 148 were nursery-reared, 102 were wild-born or had an unknown captive rearing history, and 8 had missing data for this variable. For classification purposes, mother-reared individuals were defined as those chimpanzees that were not separated from their mother for at least the first 2.5 years of life and were raised in family social groups of 4–20 individuals. Nursery-reared chimpanzees were individuals that were separated from the mother within the first month of life due to maternal rejection, illness, or injury. These individuals were cared for by humans, and were raised in an incubator with access to human infant formula until they were able to be independent. They were then placed in same-age peer groups until three years of age, at which point they were introduced into larger adult and sub-adult social groups [36, 40]. Those with an unknown rearing history were likely wild-caught, and rearing may have included pet ownership, other methods of human hand-rearing, and/or inclusion in the entertainment industry.

Neutrophil to lymphocyte ratio (NLR)

We used hematology records from annual physical exams (between 1982 and 2019) to obtain values for neutrophils and lymphocytes. Only data from annual physical exams were used for analyses; therefore, any values derived from sedations due to an injury or health issue were not included. However, a small proportion of annual physical exams (approximately 7%) revealed

a WBC higher than reported reference ranges for chimpanzees [38], likely indicating a health issue. These WBC counts were not correlated with corresponding NLR values ($p > 0.10$).

Due to missing data for absolute values of neutrophils and lymphocytes, we used percent values to calculate neutrophil to lymphocyte ratios. We used a correlation to examine whether the use of percent values yielded different ratios than absolute values, and found that the two methods were positively correlated when using all data points ($r = .998, p < 0.0001, N = 4606$), when using a random selection of 20% of the data points ($r = .995, p < 0.0001, N = 925$), and when using a random selection of just 5% of the data points ($r = .999, p < 0.0001, N = 232$), indicating strong agreement between the two measurements. Therefore, the percent value of neutrophils was divided by the percent value of lymphocytes to obtain the NLR for each chimpanzee at each time point.

Generally, each chimpanzee had one NLR data point per year (corresponding to one annual physical exam per year) across a 10-year period. The 10-year period corresponded to the 10 years prior to the year of the last annual physical exam that preceded either (i) death from natural causes or humane euthanasia, (ii) transfer to another facility, or (iii) the year of 2019. Where available, we also included NLRs taken at humane euthanasia. We then created 5-year (the **last** five years of NLR data) and 10-year NLR averages for subsequent analyses. These averages did not include any NLR values taken at the point of euthanasia (see below). The age variable used in analyses and shown in figures is the age at each chimpanzee's last data point (i.e., as stated above, age at the last physical exam, at transfer, or in 2019). Not all 440 chimpanzees had all 5 or 10 years of data. Therefore, the total sample size for 5- and 10-year NLR analyses was 425 and 391 individuals, respectively.

All research and protocol for the current study was approved by The University of Texas MD Anderson Cancer Center's and Yerkes National Primate Research Center's Institutional Animal Care and Use Committees, and complied with the legal requirements of the United States and the ethical guidelines put forth by AALAS, the Animal Welfare Act, and The Guide for the Care and Use of Laboratory Animals.

Data analysis

Histograms and Q-Q plots showed that the data were positively skewed. Exploration of the data revealed five problematic outliers, which were removed from further analyses. We first wanted to examine the effects of age on NLR across the entire sample. Therefore, to examine cross-sectional differences in NLR as a function of age, we used curve estimation to examine both linear and quadratic models for average 5-year and average 10-year NLR. We then used a stepwise regression to determine whether the quadratic function of age (hereafter referred to as quadratic age) explained variance above and beyond the predictors of sex, colony (YNPRC / NCCC), and rearing. To create a dichotomous variable appropriate for a linear regression, and because we were primarily interested in the difference between mother- and nursery-reared individuals, rearing was dummy-coded to compare mother-reared (0) with nursery-reared / wild-caught (1); and nursery-reared (0) with mother-reared / wild-caught (1). To examine longitudinal changes in NLR, we used a within-subjects MANCOVA with NLR values from years 1–10 as the repeated measure, age (at last physical exam) as the covariate, and sex, colony, and rearing as the between-subjects factors ($N = 362$).

Using a subset of the sample for which we had data regarding age at death and NLR values taken at the time of humane euthanasia, we used a linear regression to predict age at death using rearing, sex, and average 5-year NLR ($N = 180$). Lastly, we used paired-samples *t*-tests to examine differences between humane euthanasia NLR values and (i) average 5-year NLR ($N = 54$), and (ii) NLR taken from the last physical exam ($N = 59$). Alpha levels were set at

$p < 0.05$ and all analyses were performed using SPSS 26 (IBM Corporation, Chicago, IL, USA). All relevant data are within the manuscript and its [S1 Data](#).

Results

Cross-sectional analyses

Curve estimation showed significant linear and quadratic relationships between age and average 10-year NLR (linear: $F[1,389] = 35.43$, $p = 0.0001$, $R^2 = 0.083$; quadratic: $F[2,388] = 26.971$, $p = 0.0001$, $R^2 = 0.122$; [Fig 1a](#)) and last 5-year average NLR (linear: $F[1,420] = 28.11$, $p = 0.001$, $R^2 = 0.063$; quadratic: $F[2,419] = 28.82$, $p = 0.0001$, $R^2 = 0.12$; [Figs 1b and 2](#)). The final model predicting average 10-year NLR with quadratic age, sex, rearing, and colony was significant: $F(5,387) = 18.14$, $p = 0.0001$, $R^2_{adj} = 0.18$. The quadratic function of age added uniquely to the model above and beyond other predictors ($R^2_{change} = 0.017$, $F_{change}[1,382] = 8.15$, $p = 0.005$). All predictors were significant ([Table 1](#)): (i) Males (mean [SE] = 3.06 [0.15]) had higher NLR

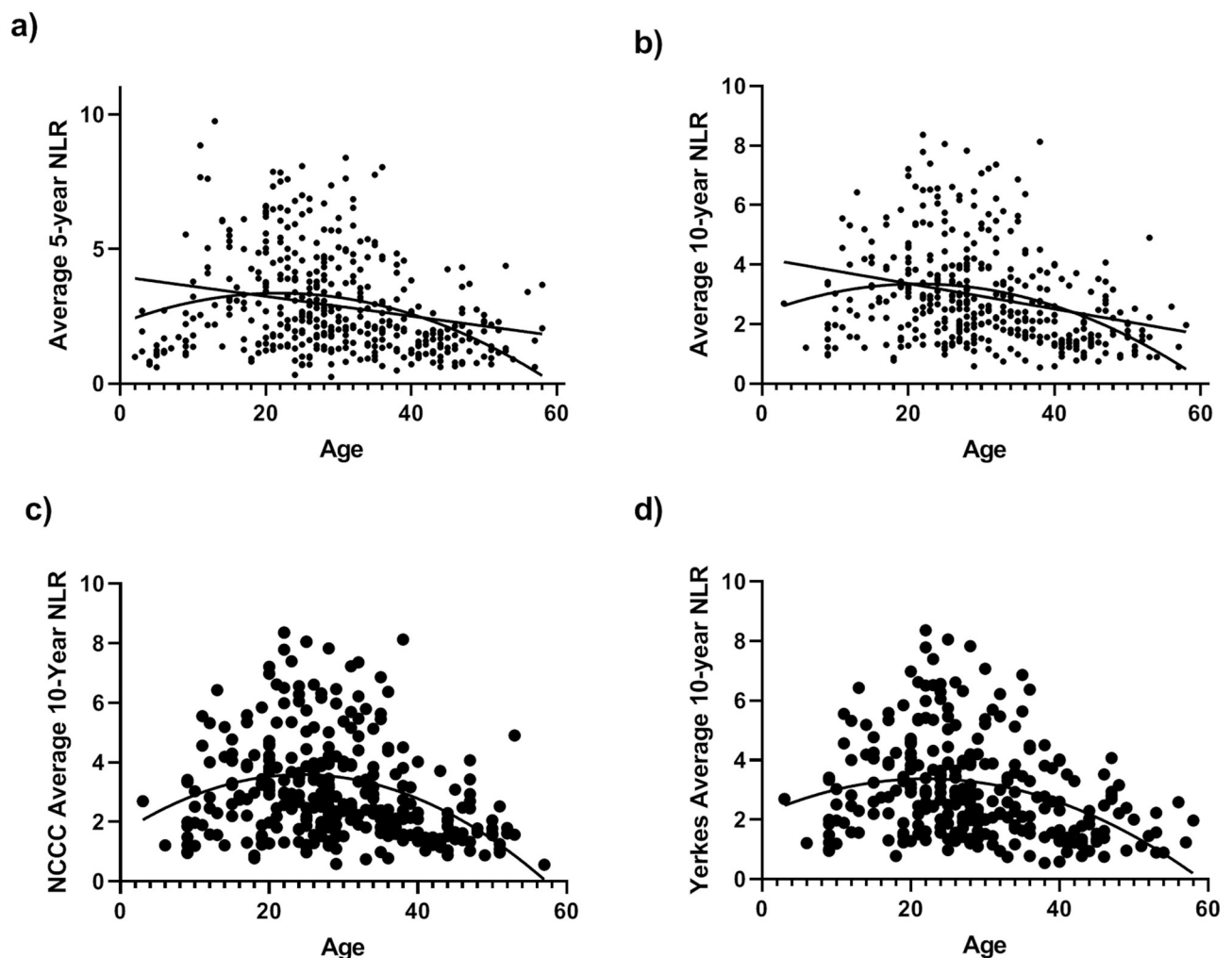


Fig 1. The relationship between chimpanzee age and NLR. Significant linear ($p = 0.001$) and quadratic ($p = 0.001$) relationship between chimpanzee age and average NLR across 10 (a) and 5 (b) years. Quadratic association between age and average 10-year NLR is replicated between NCCC (c) and Yerkes (d) colonies.

<https://doi.org/10.1371/journal.pone.0244092.g001>

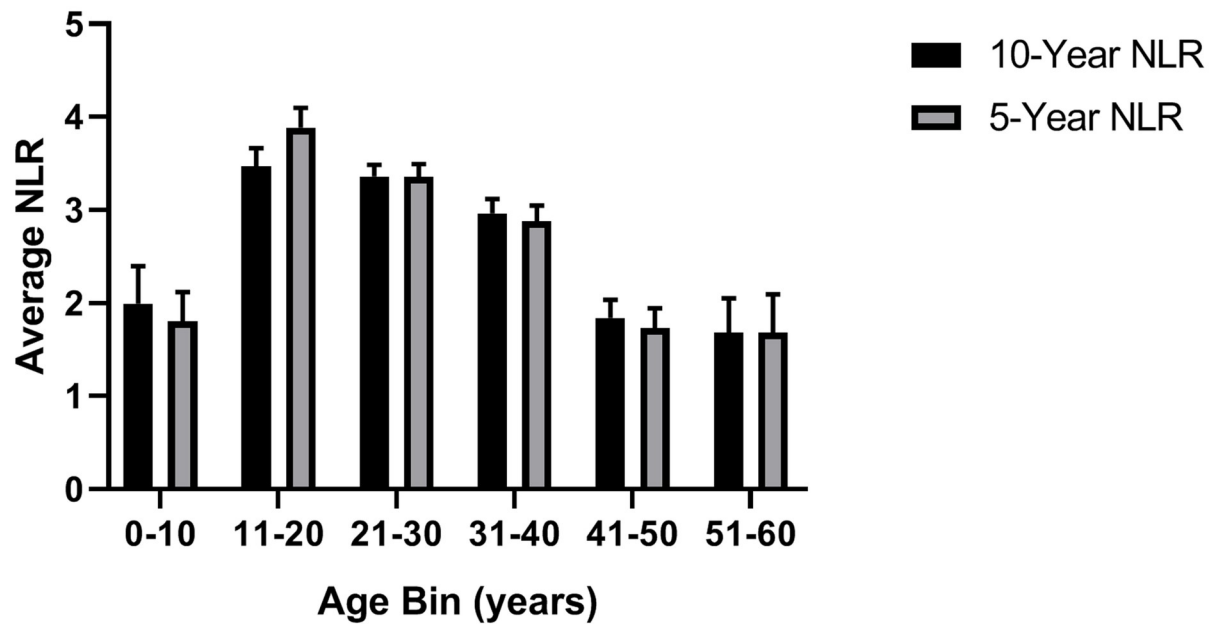


Fig 2. Chimpanzee NLR across age bins. Average 10- and 5-year NLR (+/- SE) according to 10-year interval age bins.

<https://doi.org/10.1371/journal.pone.0244092.g002>

than females (mean [SE] = 2.66 [0.12]); (ii) chimpanzees at the NCCC (mean [SE] = 3.04 [0.15]) had higher NLR than those at Yerkes (mean [SE] = 2.68 [0.13]); and (iii) mother-reared chimpanzees (mean [SE] = 3.34 [0.13]) had higher NLR than nursery-reared chimpanzees (mean [SE] = 2.84 [0.13]) and those with an unknown rearing history (mean [SE] = 2.40 [0.21]). As shown in Fig 3, mother-reared males had the highest average 10-year NLR values.

Longitudinal analyses

The repeated-measures ANCOVA examining changes in NLR over the course of 10 years, while controlling for age, showed no significant change within individuals ($p = 0.09$; Fig 4a and 4b). Consistent with the regression analysis described above, there was a significant effect

Table 1. Coefficients in the final models predicting average 10-year NLR and age at death.

		<i>b</i>	<i>Beta</i>	<i>T</i>	<i>p</i>
Average 10-year NLR	Intercept	4.578		10.952	0.000
	Sex	0.489	0.150	3.125	0.002
	MR vs. NR&WC	-1.038	0.320	-4.299	0.000
	NR vs. MR&WC	-0.490	0.142	-1.977	0.049
	Colony	-0.361	-0.112	-2.272	0.024
	Quadratic Age	0.000	-0.176	-2.854	0.005
Age at Death	Intercept	22.070		8.952	0.000
	MR vs. NR&WC	13.592	0.557	8.463	0.000
	NR vs. MR&WC	10.241	0.403	6.416	0.000
	Sex	-5.567	-0.242	-4.202	0.000
	5-year NLR	-0.998	-0.0151	-2.517	0.013

Note. MR: Mother-reared; NR: Nursery-reared; WC: Wild-caught.

<https://doi.org/10.1371/journal.pone.0244092.t001>

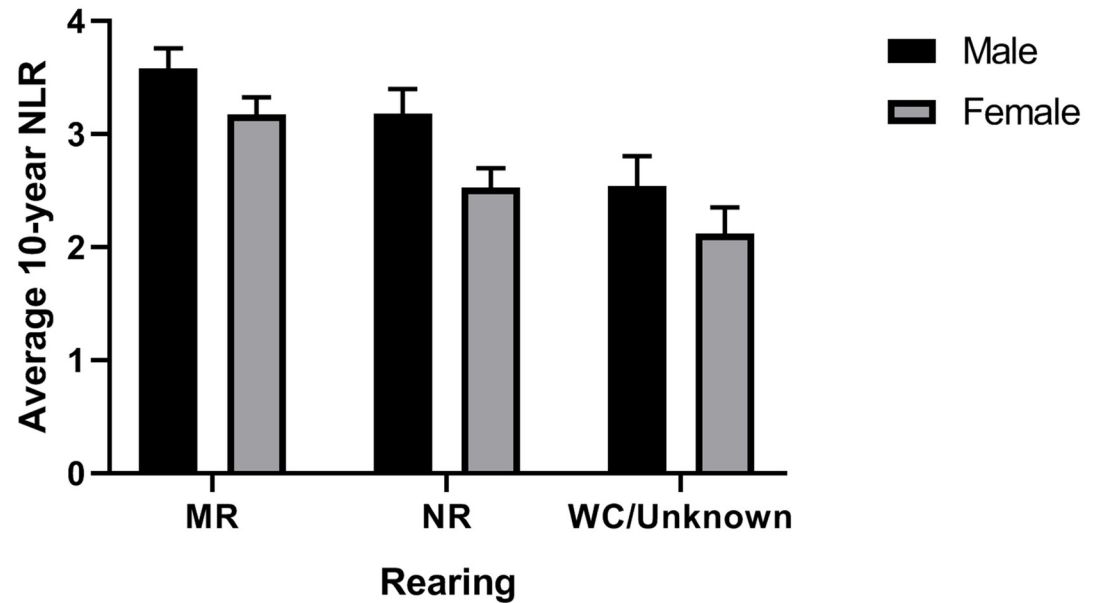


Fig 3. Chimpanzee NLR across rearing types. Average 10-year NLR (+/- SE) as a function of rearing (NR: Nursery-reared; MR: Mother-reared; WC/Unknown: Wild-caught or unknown rearing history) and sex after adjusting for colony and quadratic age.

<https://doi.org/10.1371/journal.pone.0244092.g003>

of sex, such that males had higher average 10-year NLR values than females ($F[1,349] = 4.89$, $p = 0.028$, Fig 4a). There was also a significant effect of rearing, such that mother-reared chimpanzees had the highest NLR values, followed by nursery-reared, and wild-born chimpanzees ($F[2,349] = 9.78$, $p = 0.0001$, Fig 4b). There were no other significant main or interaction effects.

NLR and mortality

Within chimpanzees for which we had measurements of NLR at the end of their lives, average NLR in the preceding 5-year period and sex were significant predictors of age at death, $F(4,176) = 35.21$, $p = 0.0001$, $R^2_{Adj} = 0.43$ (Table 1). As shown in Fig 5a, male chimpanzees and those with higher average NLR values died at younger ages. Additionally, mother-reared individuals (who had the highest NLR values) died at younger ages than nursery-reared individuals, whereas NLR was not related to age at death in wild-caught individuals. Lastly, NLR at euthanasia was significantly higher (mean [SE] = 6.88 [1.23]) than NLR values taken during the last physical exam (mean [SE] = 2.28 [0.26]; $t[58] = 3.61$, $p = 0.001$). NLR at euthanasia was also significantly higher than the average NLR for the preceding 5-year period (mean [SE] = 2.42 [0.24]; $t[53] = 3.49$, $p = 0.001$; Fig 5b).

Discussion

Across a large sample of chimpanzees from two separate colonies, longitudinal analyses showed that, within individuals, NLR did not change significantly over a 10-year period. However, cross-sectional analyses showed that NLR was influenced by sex, rearing, and age. The one study that previously examined NLR in chimpanzees found higher NLR in older individuals (up to 31 years of age) and in chimpanzees with a higher BMI (although older male chimpanzees with a high BMI had lower NLR) [32]. Additionally, males had higher NLR values

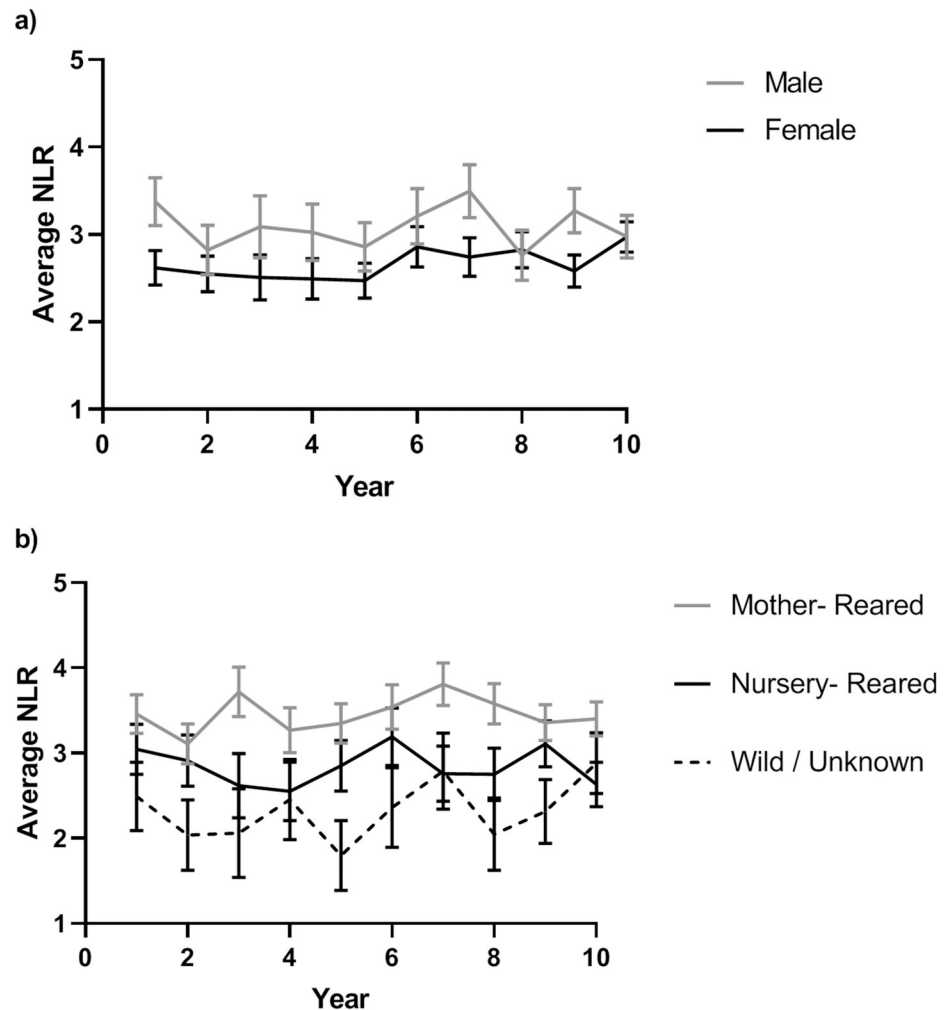


Fig 4. Chimpanzee NLR across sex and rearing. Individual chimpanzee NLR over 10 years as a function of sex (a) and rearing (b). Error bars represent standard error of the mean.

<https://doi.org/10.1371/journal.pone.0244092.g004>

than females. Results from the current study partly support these results: male chimpanzees also showed higher NLR than females, and NLR was highest in chimpanzees between 25 and 30 years of age. We were able to expand upon these previous findings by using a larger sample size ($N = 425$ vs. 39), including chimpanzees spanning a larger age range (2–58 years old vs. 3–31 years), with different rearing histories, and using average NLR over several years, rather than an NLR value taken at one point in time. In doing so, we found that mother-reared chimpanzees had higher NLR than nursery-reared and wild caught individuals, and there was a significant quadratic relationship between age and average 5- and 10-year NLR in a cross-sectional analysis. We also found that higher average 5-year NLR values predicted death at a younger age, and that NLR values at euthanasia were significantly higher than both average 5-year NLR and NLR values at the last physical exam prior to humane euthanasia.

NLR showed a quadratic relationship with age, such that NLR was highest in chimpanzees between 25 and 35 years old, and was lower in both younger and older individuals. This is in contrast with some findings in humans, which show that NLR increases linearly with old age in healthy populations, suggesting increased risk for inflammation [1, 3, 6]. The most

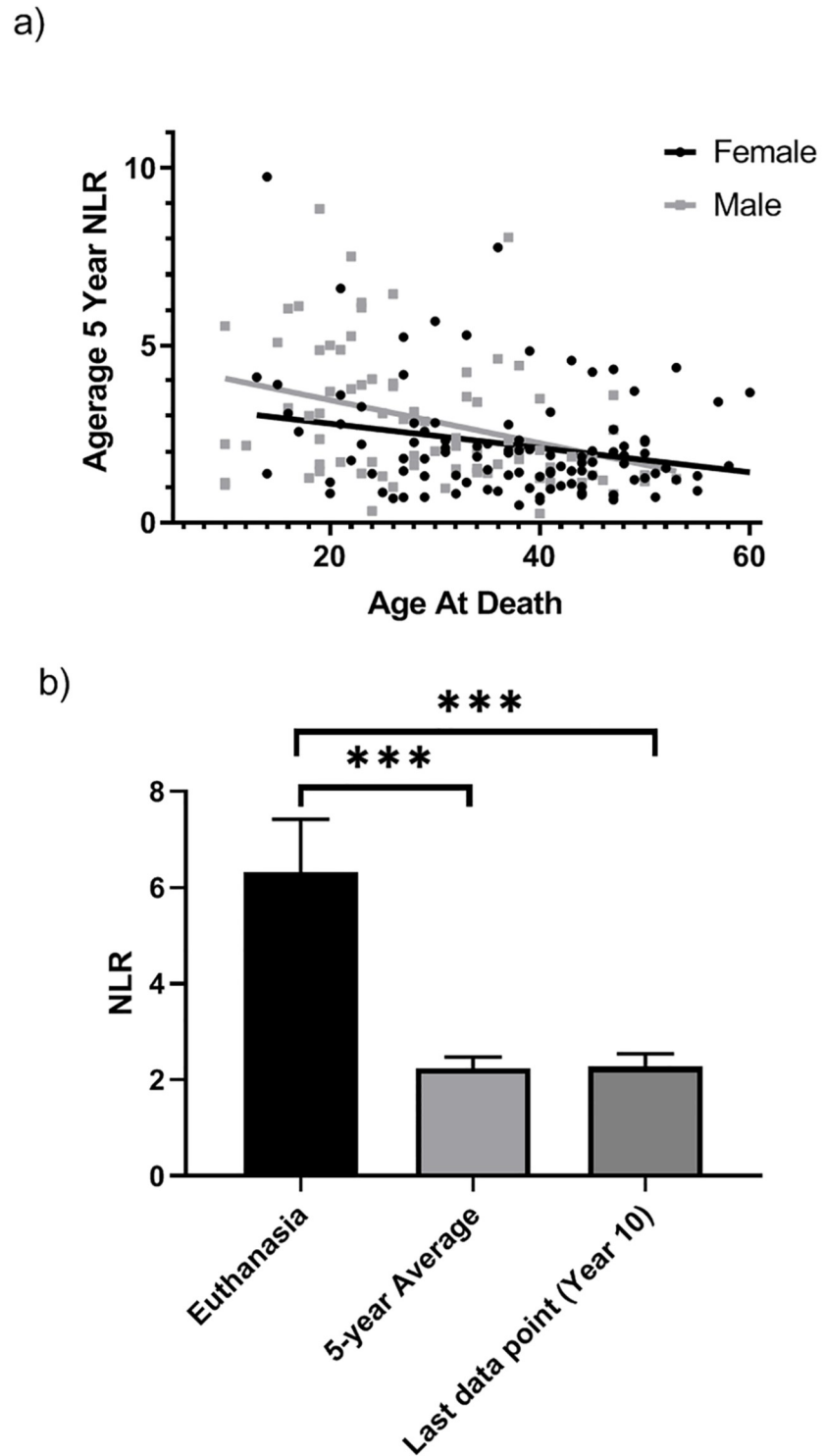


Fig 5. Chimpanzee NLR and mortality. a) Scatterplot showing the negative association between average 5-year NLR and age at death for males and females. b) Mean NLR at euthanasia differs from average 5-year NLR and 10-year NLR (the last point available from a physical exam prior to euthanasia). Error bars represent standard error of the mean. *** $p = 0.001$.

<https://doi.org/10.1371/journal.pone.0244092.g005>

parsimonious explanation for these data may be that chimpanzees with lower NLRs reach older ages precisely because they maintain better health, and thus, have lower NLR values. Indeed, we found that those with higher NLR values died at a younger age. Perhaps those that have higher average NLRs throughout life [likely indicative of higher levels of inflammation and physiologic stress [41]] die at a younger age, whereas those with lower NLR values live into old age. In this sense, the lower NLR values in elderly individuals may reflect a phenotype associated with “healthy” aging. Indeed, consistent with this explanation and the cross sectional and longitudinal NLR data in the current study, human longitudinal data show that lymphocyte counts decrease with age (which would contribute to higher NLRs), whereas cross-sectional data show that lymphocyte counts are highest in the oldest age groups (contributing to lower NLRs) [42]. Given that the field of aging and aging theory lack reliable physiological measures of what constitutes good health and what predicts longevity [43], these data may point to the use of NLR as one possible indicator of health and longevity.

Interestingly, within individuals, NLR did not increase over a 10-year period, further suggesting that age-associated effects in the cross-sectional sample might be due to subject-specific differences rather than physiological aging. Overall, these results suggest that lower NLR values, which seem to be relatively stable over a 10-year period, may be indicative of longer life-spans in chimpanzees. As such, average 5- and 10-year NLR may serve as a tool aiding in identification of individuals that are at risk for early mortality. Although the NCCC colony had higher average NLRs than the Yerkes colony, the quadratic association between age and NLR was consistent between the two chimpanzee populations (see Fig 1c and 1d) suggesting that this is a consistent and repeatable finding.

Our data showed that NLR at euthanasia was significantly higher than the NLR data point taken during the preceding physical exam, as well as the average 5-year NLR. These results provide some support for the use of humane euthanasia in captive settings. Specifically, euthanasia is performed for specific, humane reasons, including severe illness or trauma, conditions of chronic wasting, severe cachexia, immobility, organ failure, or moribund state, and upon veterinarian determination that the euthanasia is necessary to alleviate pain and/or distress [44, 45]. This is particularly true for chimpanzees: because of their psychological complexity and phylogenetic proximity to humans, a higher level of ethical and moral justification is required for end-of-life decisions, including assessments of quality of life [44, 45]. The fact that NLR was significantly elevated at the time of euthanasia indicates compromised and/or failing health systems, and thus lends credence to the decision to euthanize under conditions in which quality of life is low. Indeed, elevated NLR may be used in quality of life programs (similar to the one implemented at the NCCC) to help identify which animals may be closer to their endpoints, prior to the need for euthanasia.

Consistent with previous research showing the utility of NLR as a diagnostic tool in humans, NLR can be used as a tool to aid in diagnosing severe illness and trauma. In combination with a multitude of diagnostic criteria used to identify clinical illnesses, the utility of NLR may be in its use as a prognostic indicator of shorter lifespan and in identifying at-risk individuals. For example, the leading cause of death in chimpanzees is cardiac disease, and research has shown that males are more likely to suffer from myocardial fibrosis and related sudden death [24, 46–50]. Furthermore, many of these sudden deaths occur mid-life, between 25–30 years of age [47, 48, 50]. The finding that NLR was higher in males, and was highest in individuals between 25 and 35 years of age seems consistent with this cardiac death, sex, and age pattern. Interestingly, we also found that mother-reared chimpanzees had higher NLR values and died at younger ages than nursery-reared chimpanzees (as well as wild-caught chimpanzees, but that effect is likely due to the confounding factor that wild-caught chimpanzees are significantly older than chimpanzees of other rearing types). This finding is surprising: given the

multitude of health consequences associated with nursery-rearing, we expected to find that nursery-reared individuals would have the highest NLR. Overall, if NLR indeed indicates increased inflammation and disease risk, this would suggest that mother-reared individuals, particularly mother-reared males between 25 and 35 years of age, have the highest risk for negative outcomes. Unfortunately, we are currently unable to speculate about the mechanisms underlying this increased risk. Furthermore, caution should be exercised when interpreting these results, given that they are based on the use of a single immune parameter. Regardless, given the similarity between the patterns described above, NLR may prove a useful biomarker in identifying individuals at risk for sudden cardiac death.

Though NLR values differed as a function of age, sex, rearing, and colony, collectively these factors explained only 18% of the variation in NLR. As such, there are likely a multitude of other factors, both genetic and environmental, affecting NLR. Because previous studies have found that NLR in humans is moderately heritable [4], we are currently examining the heritability of NLR in chimpanzees. Additionally, it is possible that individual differences in genetic or biological aging mechanisms may help to explain individual differences in NLR. For example, there is significant variation between the biological (as measured through changes in epigenetic methylation) and chronological age of chimpanzees [51]. Animals that show a faster rate of biological aging may have shorter lifespans. Additionally, other measures or indicators of chronic physiological stress are likely correlated with NLR. For example, allostatic load, a measure of stress-induced physiological damage over the lifetime, is higher in wild-caught gorillas compared to their mother- and nursery-reared counterparts [52, 53]. Given the lower NLR values of wild-caught chimpanzees in the current study (although, again, this may be confounded with age), it is possible that chimpanzees with lower allostatic load also have lower NLR. Additional research examining these variables would shed light on healthy aging in chimpanzees, a topic that is of increasing importance given the longer lifespans and aging populations of captive chimpanzees [25, 30]. Regarding environmental factors, additional studies are currently underway that aim to examine the effects of chronic conditions, past experimental history, and body condition scores (a proxy measure of BMI) on NLR values.

In summary, although these findings reveal a complex relationship between NLR and individual chimpanzee characteristics, age, rearing, and sex explain only a modest amount of the total variance in average 10-year NLR values. The current study builds on previous findings in chimpanzees by showing that (i) the oldest chimpanzees (up to 58 years of age) had lower NLR values, (ii) mother-reared males had the highest NLR values, and (iii) individuals with higher NLR values had shorter lifespans. We believe that these older chimpanzees have longer lifespans precisely because of their lower NLR values; however, why some individuals have lower NLR values than others is a research question that we hope to continue exploring. Much more research is needed to understand the genetic and environmental factors that affect NLR, the relationships between NLR, lifespan, and clinical illness, as well as the use of NLR as a diagnostic and prognostic tool. Additionally, although the current study provides a preliminary reference for normal male and female NLR values [3.10 and 2.58, respectively, consistent with previous research: mean NLR values of 2.66 and 2.54 [32], respectively], more research is needed to confirm the range of normal NLRs in chimpanzees. This will allow identification of atypical and/or clinically abnormal values that may signify problems and/or warrant intervention.

Supporting information

S1 Data. NLR, age, sex, rearing chimpanzee. Dataset used in the current study. (CSV)

Acknowledgments

The authors would like to thank Mary Ann Cree for assistance in obtaining archival Yerkes data, as well as Dr. Michele Mulholland and Mary Catherine Marenco for helpful comments during preparation of this paper. We would also like to thank the care staff at the National Center for Chimpanzee Care and the Yerkes National Primate Research Center for their unwavering care of the chimpanzees.

Author Contributions

Conceptualization: Chet C. Sherwood, Mary Ann Raghanti, William D. Hopkins.

Data curation: Sarah J. Neal Webb, William D. Hopkins.

Formal analysis: Sarah J. Neal Webb.

Funding acquisition: Steven J. Schapiro, William D. Hopkins.

Investigation: Chet C. Sherwood, Mary Ann Raghanti, William D. Hopkins.

Methodology: Sarah J. Neal Webb, Chet C. Sherwood, William D. Hopkins.

Project administration: William D. Hopkins.

Resources: Steven J. Schapiro, William D. Hopkins.

Supervision: William D. Hopkins.

Visualization: Sarah J. Neal Webb, William D. Hopkins.

Writing – original draft: Sarah J. Neal Webb.

Writing – review & editing: Sarah J. Neal Webb, Steven J. Schapiro, Chet C. Sherwood, Mary Ann Raghanti, William D. Hopkins.

References

1. Lee JS, Kim NY, Na SH, Youn YH, Shin CS. Reference values of neutrophil-lymphocyte ratio, lymphocyte-monocyte ratio, platelet-lymphocyte ratio, and mean platelet volume in healthy adults in South Korea. *Medicine (Baltimore)*. 2018; 97(26):e11138.
2. Azab B, Camacho-Rivera M, Taioli E. Average values and racial differences of neutrophil lymphocyte ratio among a nationally representative sample of United States subjects. *PLoS one*. 2014; 9(11): e112361. <https://doi.org/10.1371/journal.pone.0112361> PMID: 25375150
3. Li J, Chen Q, Luo X, Hong J, Pan K, Lin X, et al. Neutrophil-to-lymphocyte ratio positively correlates to age in healthy population. *Journal of clinical laboratory analysis*. 2015; 29(6):437–43. <https://doi.org/10.1002/jcla.21791> PMID: 25277347
4. Lin BD, Hottenga J-J, Abdellaoui A, Dolan CV, de Geus EJ, Klufft C, et al. Causes of variation in the neutrophil-lymphocyte and platelet-lymphocyte ratios: a twin-family study. *Biomarkers in medicine*. 2016; 10(10):1061–72. <https://doi.org/10.2217/bmm-2016-0147> PMID: 27690543
5. Forget P, Khalifa C, Defour JP, Latinne D, Van Pel MC, De Kock M. What is the normal value of the neutrophil-to-lymphocyte ratio? *BMC Res Notes*. 2017; 10(1):12. <https://doi.org/10.1186/s13104-016-2335-5> PMID: 28057051
6. Ni A. Reference Values of Neutrophil-Lymphocyte Ratio, Platelet-Lymphocyte Ratio and Mean Platelet Volume in Healthy Adults in North Central Nigeria. *Journal of Blood & Lymph*. 2016; 6(1).
7. Hajibandeh S, Hajibandeh S, Hobbs N, Mansour M. Neutrophil-to-lymphocyte ratio predicts acute appendicitis and distinguishes between complicated and uncomplicated appendicitis: A systematic review and meta-analysis. *The American Journal of Surgery*. 2019. <https://doi.org/10.1016/j.amjsurg.2019.04.018> PMID: 31056211
8. Han C, Zeng J, Lin R, Liu J, Qian W, Ding Z, et al. The utility of neutrophil to lymphocyte ratio and fluid sequestration as an early predictor of severe acute pancreatitis. *Scientific reports*. 2017; 7(1):10704. <https://doi.org/10.1038/s41598-017-10516-6> PMID: 28878366

9. Jiang J, Liu R, Yu X, Yang R, Xu H, Mao Z, et al. The neutrophil-lymphocyte count ratio as a diagnostic marker for bacteraemia: A systematic review and meta-analysis. *The American journal of emergency medicine*. 2019; 37(8):1482–9. <https://doi.org/10.1016/j.ajem.2018.10.057> PMID: 30413366
10. Bhat T, Teli S, Rijal J, Bhat H, Raza M, Khoueiry G, et al. Neutrophil to lymphocyte ratio and cardiovascular diseases: a review. *Expert review of cardiovascular therapy*. 2013; 11(1):55–9. <https://doi.org/10.1586/erc.12.159> PMID: 23259445
11. Ethier J-L, Desautels D, Templeton A, Shah PS, Amir E. Prognostic role of neutrophil-to-lymphocyte ratio in breast cancer: a systematic review and meta-analysis. *Breast Cancer Research*. 2017; 19(1):2. <https://doi.org/10.1186/s13058-016-0794-1> PMID: 28057046
12. Jeon TJ, Park JY. Clinical significance of the neutrophil-lymphocyte ratio as an early predictive marker for adverse outcomes in patients with acute pancreatitis. *World journal of gastroenterology*. 2017; 23(21):3883. <https://doi.org/10.3748/wjg.v23.i21.3883> PMID: 28638228
13. Hwang SY, Shin TG, Jo IJ, Jeon K, Suh GY, Lee TR, et al. Neutrophil-to-lymphocyte ratio as a prognostic marker in critically-ill septic patients. *The American journal of emergency medicine*. 2017; 35(2):234–9. <https://doi.org/10.1016/j.ajem.2016.10.055> PMID: 27806894
14. Karataş MB, İpek G, Onuk T, Güngör B, Durmuş G, Çanga Y, et al. Assessment of prognostic value of neutrophil to lymphocyte ratio and platelet to lymphocyte ratio in patients with pulmonary embolism. *Acta Cardiologica Sinica*. 2016; 32(3):313. <https://doi.org/10.6515/acs20151013a> PMID: 27274172
15. Kos FT, Hocasade C, Kos M, Uncu D, Karakas E, Dogan M, et al. Assessment of prognostic value of “neutrophil to lymphocyte ratio” and “prognostic nutritional index” as a systemic inflammatory marker in non-small cell lung cancer. *Asian Pac J Cancer Prev*. 2015; 16(9):3997–4002. <https://doi.org/10.7314/apjcp.2015.16.9.3997> PMID: 25987075
16. Malietzis G, Giacometti M, Kennedy RH, Athanasiou T, Aziz O, Jenkins JT. The emerging role of neutrophil to lymphocyte ratio in determining colorectal cancer treatment outcomes: a systematic review and meta-analysis. *Annals of surgical oncology*. 2014; 21(12):3938–46. <https://doi.org/10.1245/s10434-014-3815-2> PMID: 24866438
17. Mei Z, Shi L, Wang B, Yang J, Xiao Z, Du P, et al. Prognostic role of pretreatment blood neutrophil-to-lymphocyte ratio in advanced cancer survivors: a systematic review and meta-analysis of 66 cohort studies. *Cancer treatment reviews*. 2017; 58:1–13. <https://doi.org/10.1016/j.ctrv.2017.05.005> PMID: 28602879
18. Peng B, Wang Y-H, Liu Y-M, Ma L-X. Prognostic significance of the neutrophil to lymphocyte ratio in patients with non-small cell lung cancer: a systemic review and meta-analysis. *International journal of clinical and experimental medicine*. 2015; 8(3):3098. PMID: 26064198
19. Davis JL, Moutinho V Jr, Panageas KS, Coit DG. A peripheral blood biomarker estimates probability of survival: the neutrophil–lymphocyte ratio in noncancer patients. *Biomarkers in medicine*. 2016; 10(9):953–7. <https://doi.org/10.2217/bmm-2016-0103> PMID: 27537355
20. Proctor MJ, McMillan DC, Horgan PG, Fletcher CD, Talwar D, Morrison DS. Systemic inflammation predicts all-cause mortality: a glasgow inflammation outcome study. *PloS one*. 2015; 10(3):e0116206. <https://doi.org/10.1371/journal.pone.0116206> PMID: 25730322
21. Wang F, Xu F, Quan Y, Wang L, Xia JJ, Jiang TT, et al. Early increase of neutrophil-to-lymphocyte ratio predicts 30-day mortality in patients with spontaneous intracerebral hemorrhage. *CNS Neuroscience & Therapeutics*. 2019; 25(1):30–5. <https://doi.org/10.1111/cns.12977> PMID: 29767470
22. Kuyumcu ME, Yesil Y, Ozturk ZA, Kizilarlanoglu C, Etgul S, Halil M, et al. The evaluation of neutrophil-lymphocyte ratio in Alzheimer’s disease. *Dement Geriatr Cogn Disord*. 2012; 34(2):69–74. <https://doi.org/10.1159/000341583> PMID: 22922667
23. Rembach A, Watt AD, Wilson WJ, Rainey-Smith S, Ellis KA, Rowe CC, et al. An increased neutrophil-lymphocyte ratio in Alzheimer’s disease is a function of age and is weakly correlated with neocortical amyloid accumulation. *J Neuroimmunol*. 2014; 273(1–2):65–71. <https://doi.org/10.1016/j.jneuroim.2014.05.005> PMID: 24907904
24. Doane CJ, Lee RD, Sleeper MM. Electrocardiogram abnormalities in captive chimpanzees (*Pan troglodytes*). *Comparative medicine*. 2006; 56(6):512–8. PMID: 17219782
25. Nunamaker EA, Lee DR, Lammey ML. Chronic diseases in captive geriatric female chimpanzees (*Pan troglodytes*). *Comparative medicine*. 2012; 62(2):131–6. PMID: 22546920
26. Videan EN, Heward CB, Chowdhury K, Plummer J, Su Y, Cutler RG. Comparison of biomarkers of oxidative stress and cardiovascular disease in humans and chimpanzees (*Pan troglodytes*). *Comparative medicine*. 2009; 59(3):287–96. PMID: 19619420
27. Dyke B, Gage TB, Alford PL, Swenson B, Williams-Blangero S. Model life table for captive chimpanzees. *American Journal of Primatology*. 1995; 37(1):25–37. <https://doi.org/10.1002/ajp.1350370104> PMID: 32005046

28. Edler MK, Sherwood CC, Meindl RS, Hopkins WD, Ely JJ, Erwin JM, et al. Aged chimpanzees exhibit pathologic hallmarks of Alzheimer's disease. *Neurobiology of Aging*. 2017; 59:107–20. <https://doi.org/10.1016/j.neurobiolaging.2017.07.006> PMID: 28888720
29. Ely JJ, Zavaskis T, Lammey ML. Hypertension Increases With Aging and Obesity in Chimpanzees (Pan troglodytes): Hypertension in Chimpanzees. *Zoo Biology*. 2013; 32(1):79–87.
30. Lowenstine LJ, McManamon R, Terio KA. Comparative Pathology of Aging Great Apes: Bonobos, Chimpanzees, Gorillas, and Orangutans. *Veterinary Pathology*. 2016; 53(2):250–76. <https://doi.org/10.1177/0300985815612154> PMID: 26721908
31. Madgen E. Positive reinforcement training and health care. In: Schapiro SJ, editor. *Handbook of Primate Behavioral Management* Boca Raton, FL: CRC Press, Taylor & Francis Group; 2017. p. 201–15.
32. Obanda V, Omondi GP, Chiyo PI. The influence of body mass index, age and sex on inflammatory disease risk in semi-captive Chimpanzees. *PLoS One*. 2014; 9(8):e104602. <https://doi.org/10.1371/journal.pone.0104602> PMID: 25121995
33. Capitanio J, Mason WA, Mendoza SP, DelRosso L, Roberts JA. Nursery Rearing and Biobehavioral Organization. In: Sackett GP, Ruppenthal GC, Elias K, editors. *Nursery Rearing of Nonhuman Primates in the 21st Century*. New York, New York: Springer; 2006. p. 191–214.
34. Conti G, Hansman C, Heckman JJ, Novak MF, Ruggiero A, Suomi SJ. Primate evidence on the late health effects of early-life adversity. *Proceedings of the National Academy of Sciences*. 2012; 109(23):8866–71. <https://doi.org/10.1073/pnas.1205340109> PMID: 22615410
35. Lubach GR, Coe CL. Immunological consequences of nursery rearing. In: Sackett GP, Ruppenthal GC, Elias K, editors. *Nursery Rearing of Nonhuman Primates in the 21st Century*. New York, New York: Springer; 2006. p. 135–60.
36. Sackett GP, Ruppenthal GC, Elias K. Nursery rearing of nonhuman primates in the 21st century. Tuttle R, H, editor. New York, NY: Springer Science+Business Media; 2006.
37. Spinelli S, Chefer S, Suomi SJ, Higley JD, Barr CS, Stein E. Early-life stress induces long-term morphologic changes in primate brain. *Archives of general psychiatry*. 2009; 66(6):658–65. <https://doi.org/10.1001/archgenpsychiatry.2009.52> PMID: 19487631
38. Howell S, Hoffman K, Bartel L, Schwandt M, Morris J, Fritz J. Normal hematologic and serum clinical chemistry values for captive chimpanzees (Pan troglodytes). *Comparative Medicine*. 2003; 53(4):413–23. PMID: 14524418
39. Association AVM. AVMA Guidelines for the Euthanasia of Animals: 2020 Edition. Schaumburg, IL:2020.
40. Bard KA, Platzman KA, Lester BM, Suomi SJ. Orientation to social and nonsocial stimuli in neonatal chimpanzees and humans. *Infant Behavior and Development*. 1992; 15:43–56.
41. Zahorec R. Ratio of neutrophil to lymphocyte counts-rapid and simple parameter of systemic inflammation and stress in critically ill. *PONTE International Scientific Researchs Journal*. 2001; 102(1):5–14.
42. Chmielewski PP, Borysławski K, Chmielowiec K, Chmielowiec J, Strzelec B. The association between total leukocyte count and longevity: Evidence from longitudinal and cross-sectional data. *Annals of Anatomy-Anatomischer Anzeiger*. 2016; 204:1–10. <https://doi.org/10.1016/j.aanat.2015.09.002> PMID: 26434754
43. Sholl J. The sciences of healthy aging await a theory of health. *Biogerontology*. 2020:1–11.
44. Lambeth S, Schapiro S, Bernacky B, Wilkerson G. Establishing 'quality of life' parameters using behavioural guidelines for humane euthanasia of captive non-human primates. *Animal Welfare*. 2013; 22(4):429–35. <https://doi.org/10.7120/09627286.22.4.429> PMID: 25505822
45. National Research Council CoL-TCoC. Long-term care: Euthanasia. In: Council NR, editor. *Chimpanzees in Research: Strategies for Their Ethical Care, Management, and Use*. Washington, D.C.: National Academies Press; 1997. p. 38–40.
46. Baldessari A, Snyder J, Ahrens J, Murnane R. Fatal myocardial fibrosis in an aged chimpanzee (Pan troglodytes). *Pathobiology of Aging & Age-related Diseases*. 2013; 3(1):21073.
47. Lammey ML, Baskin GB, Gigliotti AP, Lee DR, Ely JJ, Sleeper MM. Interstitial myocardial fibrosis in a captive chimpanzee (Pan troglodytes) population. *Comparative medicine*. 2008; 58(4):389–94. PMID: 18724782
48. Lammey ML, Lee DR, Ely JJ, Sleeper MM. Sudden cardiac death in 13 captive chimpanzees (Pan troglodytes). *Journal of medical primatology*. 2008; 37:39–43. <https://doi.org/10.1111/j.1600-0684.2007.00260.x> PMID: 18269527
49. Strong VJ, Grindlay D, Redrobe S, Cobb M, White K. A systematic review of the literature relating to captive great ape morbidity and mortality. *Journal of Zoo and Wildlife Medicine*. 2016; 47(3):697–710. <https://doi.org/10.1638/2015-0240.1> PMID: 27691977

50. Varki N, Anderson D, Herndon JG, Pham T, Gregg CJ, Cheriyan M, et al. Heart disease is common in humans and chimpanzees, but is caused by different pathological processes. *Evolutionary Applications*. 2009; 2(1):101–12. <https://doi.org/10.1111/j.1752-4571.2008.00064.x> PMID: 25567850
51. Guevara EE, Lawler RR, Staes N, White C, Sherwood CC, Ely J, et al. Age-associated epigenetic changes in chimpanzees and humans. *Philosophical Transactions of the Royal Society B: Biological Sciences*. Under Review.
52. Edes AN, Crews DE. Allostatic load and biological anthropology: EDES and CREWS. *American Journal of Physical Anthropology*. 2017; 162:e23146.
53. Maestriperi D, Hoffman CL. Chronic stress, allostatic load, and aging in nonhuman primates. *Development and Psychopathology*. 2011; 23(04):1187–95.