

# Drug-coated balloon angioplasty versus balloon angioplasty for treating patients with in-stent restenosis in the femoropopliteal artery

## A meta-analysis

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### Abstract

**Background:** The introduction of endovascular surgery has led to frequent stent use, although in-stent restenosis (ISR) remains a challenging issue. Drug-coated balloon (DCB) and conventional balloon angioplasty (BA) are common endovascular procedures for addressing ISR in the femoropopliteal artery. However, there is controversy regarding which procedure provides the greatest benefit to patients.

**Methods:** The PubMed, EMBASE, and Cochrane Central Register of Controlled Trials databases were searched for prospective controlled trials that compared DCB and BA for patients with ISR in the femoropopliteal artery. The study has been approved by Ethics Committee of Wuhan Central Hospital.

**Results:** The meta-analysis included 6 prospective trials with 541 patients. We found that DCB use was associated with significant reductions in binary restenosis at 6 months (relative risk [RR]: 0.45, 95% confidence interval [CI]: 0.33–0.63; P < .00001), binary restenosis at 1 year (RR: 0.44, 95% CI: 0.34–0.57; P < .00001), target lesion revascularization (TLR) at 6 months (RR: 0.36, 95% CI: 0.20–0.65; P = .0006), and TLR at 1 year (RR: 0.38, 95% CI: 0.27–0.54; P < .00001). The DCB group also had significantly better clinical improvement (RR: 1.39, 95% CI: 1.13–1.71; P = .002), although we did not detect inter-group differences in terms of death, target vessel thrombosis, or ipsilateral amputation. The brand of DCB may a cause of heterogeneity.

**Conclusion:** Relative to BA, DCB use increases the durability of treatment for ISR in the femoropopliteal artery, based on significant reductions in binary restenosis and TLR at 6–12 months after the procedure. Furthermore, DCB use was associated with better clinical improvement. However, additional randomized controlled trials are needed to validate these findings.

**Abbreviations:** BA = balloon angioplasty, CI = confidence interval, DCB = Drug-coated balloon, ISR = in-stent restenosis, MD = mean differences, PAD = peripheral artery disease, PTA = percutaneous transluminal angioplasty, RR = Pooled risk ratios, SFA = superficial femoral artery, SMC = smooth muscle cells, TLR = target lesion revascularization.

Keywords: balloon angioplasty, drug coated balloon, femoropopliteal artery, in-stent restenosis, peripheral artery disease

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### 1. Introduction

The prevalence of peripheral artery disease (PAD) increases with age, and this disease affects an estimated 20% of people who are >70 years old.<sup>[1]</sup> Rapid improvements in endovascular instruments and physician experience have led to endovascular therapy being recommended as a first-line option for femoropopliteal artery disease.<sup>[2]</sup> However, percutaneous intervention still has a limited success rate, especially in patients with stenosis or occlusion of the femoropopliteal arteries, as percutaneous transluminal angioplasty (PTA) is associated with restenosis rates of up to 58% during the first 6 to 12 months.<sup>[3]</sup> Thus, instent restenosis (ISR) has become a challenging issue.<sup>[4]</sup>

Drug-coated balloon (DCB) use has shown promising results in reducing restenosis of coronary stents,<sup>[5,6]</sup> although there is no standard treatment for ISR in the femoropopliteal artery.<sup>[7]</sup> Several recent randomized studies have evaluated the safety and efficacy of DCBs among patients with ISR in the femoropopliteal artery,<sup>[8–10]</sup> although the findings have been inconsistent. Thus, there is no consensus regarding the ideal strategy for treating ISR in the femoropopliteal artery, and we performed a meta-analysis

The datasets generated during and/or analyzed during the current study are publicly available.

to compare the outcomes of DCB use and balloon angioplasty (BA) in this setting.

#### 2. Methods

#### 2.1. Search strategy

The PubMed, EMBASE, and the Cochrane Central Register of Controlled Trials databases were searched for English reports of studies that were published before October 2020. The searches were independently performed by two reviewers using the keywords "in-stent restenosis," "drug coated balloon," "drugeluting balloon," "paclitaxel-eluting balloon," and "femoralpopliteal arteries." The reference lists of identified reports and review articles were also examined to identify potentially relevant studies. This study was performed in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analysis guidelines.

#### 2.2. Study selection

Titles and abstracts were independently screened by two investigators to identify prospective controlled trials that evaluated the outcomes of DCB and BA treatment for patients with ISR in the femoropopliteal artery. Any disagreements regarding a study's eligibility were resolved via re-reading and discussion. The inclusion criteria were:

- 1. patients with documented ISR in the femoral and/or popliteal arteries and
- 2. follow-up of  $\geq 6$  months.

Studies were not restricted based on the use of any specific type or brand of DCB. The exclusion criteria were:

- 1. target vessels that were not the femoropopliteal arteries,
- 2. non-BA and non-DCB treatment, and
- 3. review articles or duplicate studies.

#### 2.3. Data collection and quality assessment

Two reviewers independently extracted and tabulated data from each article regarding baseline demographic characteristics, procedural variables, follow-up time, and primary and secondary endpoints. Data were extracted from the main text and tables of the published reports, as well as from online materials if available. The same authors also evaluated the quality of the included studies using the Cochrane Collaboration's tool for assessing the risk of bias.<sup>[11]</sup> Any disagreements between the reviewers were resolved via discussion.

#### 2.4. Outcome variables

The outcome measures were defined according to previously published reporting standards and were analyzed on an intention-to-treat basis.<sup>[12]</sup> The primary outcome was defined as the likelihood of target lesion revascularization (TLR). TLR was performed if clinically indicated, and when a target lesion diameter stenosis of 50% was present. Secondary outcomes were defined as binary restenosis, clinical improvement, death, target vessel thrombosis, and ipsilateral amputation. Binary restenosis was defined as a >50% diameter stenosis (by angiography) or a peak systolic velocity ratio 2.5 (by duplex ultrasound). Clinical improvement was defined as at least 1

Rutherford-Becker category observed. Ipsilateral amputation defined as unplanned amputation of the target limb. Death defined as all-cause death.

#### 2.5. Statistical analysis

Data were managed and analyzed using Review Manager software (version 5.2; the Cochrane Collaboration) and STATA software (version 12.0; STATA Corporation, College Station). Pooled risk ratios (RR) were calculated for dichotomous variables using the Mantel-Haenszel method and pooled mean differences were calculated for continuous variables. Outcomes were reported with the 95% confidence intervals (CIs) and results were considered statistically significant at P-values of <.05.

Heterogeneity was evaluated using the Cochrane Q test.<sup>[13]</sup> A fixed effects model was used if there was no significant heterogeneity (P > .1 and  $I^2 < 50\%$ ), while a random effects model was used if there was significant heterogeneity (P < .1 or  $I^2 > 50\%$ ). Sensitivity analyses were performed by excluding each study and re-analyzing the data. Various subgroup analysis was also been carried to address the heterogeneity. Publication bias was evaluated using funnel plots, Begg rank correlation, and the Egger linear regression test,<sup>[14]</sup> with significant publication bias considered present at P-values of <.05.

#### 3. Results

#### 3.1. Eligible studies

The study selection flowchart is shown in Figure 1. The search identified 968 articles, although 825 articles were excluded after a review of the titles and abstracts. Full-text reviews were performed for the remaining 143 articles, and 6 studies with 541 patients ultimately fulfilled the inclusion criteria. Three different brands (Medtronic, FREEWAY, Medrad) of DCBs and 2 different paclitaxel doses (3 and 3.5 ug/mm<sup>2</sup>) were used in the included studies. The main characteristics of the included studies are reported in Table 1. The patients' demographic characteristics and risk factors are shown in Table 2.

#### 3.2. Risk of bias

The findings regarding risk of bias are summarized in Figure 2. There were low risks of selection bias and reporting bias for all trials, although 4 trials had high risks of performance bias, which was the most prominent quality issue. Two studies with >2 risk factors for bias were considered low-quality, although the other studies were considered high-quality and the results were considered applicable.

3.3. Clinical outcomes 3.3.1. TLR. Six trials<sup>[15-20]</sup> with 541 patients provided data regarding TLR at 6 months. A fixed effects model was used based on the absence of significant heterogeneity (P=.5,  $I^2=0\%$ ). The use of DCBs was associated with a significantly reduced risk of TLR at 6 months (RR: 0.36, 95% CI: 0.20–0.65; P=.0006) (Fig. 3A).

Six trials<sup>[15–20]</sup> also provided data regarding TLR at 12 months. A fixed effects model was used based on the absence of significant heterogeneity (P=0.59,  $I^2=0\%$ ). The use of DCBs was associated with a significantly reduced risk of TLR at 12 months (RR: 0.38, 95% CI: 0.27–0.54; P < .00001) (Fig. 3B).



Figure 1. The flow chart of systematic studies search and selection procedure.

3.3.1.1. Binary restenosis. Four trials<sup>[15-17,20]</sup> evaluated the risk of binary restenosis at 6 months. A fixed effects model was used based on the absence of significant heterogeneity  $(P=.36, I^2=$ 7%). The use of DCBs was associated with a significantly reduced risk of binary restenosis at 6 months (RR: 0.36, 95% CI: 0.33-0.63; *P* < .00001) (Fig. 4A).

Four trials<sup>[16-19]</sup> evaluated the risk of binary restenosis at 12 months. A moderate heterogeneity was found in random effects forest plots (P = .04,  $I^2 = 65\%$ ). Sensitivity analyses found that the PACUBA research<sup>[17]</sup> which using the DCB of FREEWAY was the cause of heterogeneity. Subgroup analysis of different brand (Medtronic, FREEWAY) was showed in Figure 4B. There was zero statistical heterogeneity within the brand subgroups (P = .39,  $I^2 =$ 0). The use of Medtronic DCBs subgroup was associated with a significantly reduced risk of binary restenosis at 12 months (RR: 0.36, 95% CI: 0.25–0.50; P < .00001). The use of FREEWAY DCB subgroup reduce the risk of binary restenosis at 12 months, but no statistically significance found (RR: 0.69, 95% CI: 0.48-1.01; P = .06) (Fig. 4B). There was high-quality evidence that DCBs significantly reduce risk of binary restenosis at 12 months in the overall pool of trials (RR: 0.44, 95% CI: 0.34-0.57; P < .00001). 3.3.1.2. Clinical improvement. Four trials<sup>[16,17,19,20]</sup> evaluated clinical improvement at 12 months. A fixed effects model was used based on the absence of significant heterogeneity  $(P=.91, I^2=0\%)$ . The DCB group had significantly better clinical improvement (RR: 1.39, 95% CI: 1.13–1.71; P=.002) (Fig. 4C).

*3.4. Major adverse events 3.4.1. Death.* Five trials<sup>[15,16,18–20]</sup> evaluated the mortality rate at 12 months. A fixed effects model was used based on the absence of significant heterogeneity (P = .8,  $I^2 = 0\%$ ). There was no significant difference in mortality rate between the DCB and BA treatment groups (RR: 1.12, 95% CI: 0.51-2.48; P=.78) (Fig. 5A).

3.4.2. Target vessel thrombosis. Three trials<sup>[15–17]</sup> evaluated target vessel thrombosis at 12 months. A fixed effects model was used based on the absence of significant heterogeneity (P = .67,  $I^2 = 0\%$ ). There was no significant difference in target vessel thrombosis between the DCB and BA treatment groups (RR: 0.96, 95% CI: 0.22–4.12; P=.95) (Fig. 5B).

Characteri	stics of the	included	studies.									
Trial	Time period	Publication year	Registration no.	Study design	Blind	Inter- ventions	Paclitaxel dose, ug/mm²	Primary end point	Second end point	Criteria	Exclusion	Anticoagulation/ antiplatelets
ISAR-PEBIS	2010-2013	2017	NCT 01083394	Multicenter RCT	N	DOB/BA	3.5	The percentage diameter stenosis at 6–8 months	The rate of binary restencesis, the incidence of TLR, major adverse vascular events	Symptomatic ISR > 70% or occlusion of SFA	Acute ischemia, thrombosis, untreated ipsilateral iliac artery stenosis >70%, severe expectancy <1 year, contraindication to study medications	Aspirin 100 mg/day indefinitely and clopidogrel 75 mg/ day for at least 6 months
FAIR	2010-2012	2015	NCT 01305070	Multicenter RCT	Non-blinded	DCB/BA	3.5 .5	Recurrent binary recurrent restenosis at 6 months	Binary recurrent restenosis at 12 months, freedom from TLR, ABI, clinical improvement, major adverse vascular	A SFA ISR up to 20 cm, stenosis >70%; one infrapopliteal for distal runoff; Rutherford category 2-4.	An untreated ipsilateral illac artery stenosis, ongoing dialysis treatment; treatment with oral anticoagulants	Aspirin 100 mg/d indefinitely plus clopidogrel 75 mg/d for at least 6 months
PACUBA	2010-2012	2016	NCT 01247402	Multicenter RCT	Single blind	DCB/BA	ო	Recurrent binary recurrent restenosis	Technical success, complication rate, clinical success, change in ABI, freedom from TLR at 6 and 12 months	Age >50 years, symptomatic PAD, ISR > 50% in the SFA and P1 segment of the popliteal artery, at least 1 patent tibial vessel with distal runoff Authenford crahenorv 2-3	Inability to write informed consent; contraindication to study medications; and creatinine >2.5 mg/dL	Aspirin 100 mg/day indefinitely and clopidogrel 75 mg/ day for 3 months
DEBATE-SFA	2010-2011	2013	NCT 01556542	Single center RCT	Non-blinded	DCB + BMS/BA + BMS	m	Recurrent binary restenosis at 12 months	The incidence of TLR, major amputation at 12 months	de novo stenosis 50%, occlusion of at least 40 mm in the SFA; a clear segment between the leaion in the SFA and common femoral arrery and between the popliteal and tibioperoneal trunk; at least 1 patent distal nunoff	Life expectancy <1 year; any contraindication to study medications; need for major amputation at the time of enrollment. Failure to recanalize intended below-the-knee arteries at risk of major amputation	Aspirin 100 mg/day plus clopidogrel 75 mg/day 1 month and 3 months
DEBATE-ISR	2010-2011	2014	NCT 01558531	Prospective	N	DCB/BA	m	Recurrent binary restenosis at 12 months	Freedom from TLR. clinical improvement, major adverse events	Diabetic patients with femoropopilteal ISR	Paclitaxel allergy; contraindication to combined antiplatelet treatment; life	Aspirin 100 mg/d plus clopidogrel 75 mg/d 6 months
COPA CABANA	2011-2013	2020	NCT 01594684	Multicenter RCT	Non-blinded	DCB/BA	ი	LLL at 6 months	The incidence of TLR	ISR >70% or in-stent occlusion 3–27 cm long in the SFA and/or popliteal artery occurring >3 months after stent implantation; Rutherford category 2–5; at least 1 patent runoff vesel	Subinitinal ango - 1 your Subinitinal ango - 1 your ISR lesion, presence of stent fracture; planned major amputation; aneuysm in the target vessel; Severe abnormalities in platelet and leukocyte counts contraindication to study medications	Clopidogrel 75 mg/d continued for 4 weeks with lifelong aspirin 100 mg/d
ABI = ankle-brac	hial index, BA=	balloon angiopl	lasty, BMS=bare me	stal stenting, DCB = dr	ug coated ballc	ion, ISR=in-stent re	estenosis, PAD	=peripheral artery dis	ease, RCT=randomized co	ntrolled trial, SFA=superfic	ial femoral artery, TLR=target	lesion, revascularization.

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**Table 1** 

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### Table 2

### Demographics and risk factors of patients.

		Brand of				Diabetes	Hypertension	Smoking	CAD	Renal failure			Rutherford	Follow up
Trial	Interventions	device	Patients	Age	Male	(n)	(n)	(n)	(n)	(n)	ABI	RVD	class $>\!4$ (n)	(month)
ISAR-PEBIS	DCB	In.Pact Admiral (Medtronic)	36	70±10	24/36	12	33	21	17	UN	$0.6 \pm 0.3$	$4.8 \pm 1.3$	1	24
	BA	Pacific Xtreme (Medtronic)	34	$68 \pm 10$	24/34	12	30	24	16	UN	$0.7 \pm 0.2$	$4.8 \pm 1.2$	1	24
FAIR	DCB	In.Pact <sup>™</sup> Admiral (Medtronic)	62	69±8	33	28	52	18	26	8	$0.63 \pm 0.27$	$5.1 \pm 0.9$	3	12
	BA	Admiral Xtreme (Medtronic)	57	67±9	49	17	53	20	22	10	$0.64 \pm 0.25$	$5.4 \pm 0.5$	6	12
PACUBA	DCB	FREEWAY 0.035 DCB (Eurocor)	35	$68.1 \pm 9.2$	20	17	26	17	12	6	$0.65 \pm 0.16$	$5.7 \pm 0.1$	0	12
	BA	unspecified	39	$68.3 \pm 0.4$	23	13	27	18	14	6	$0.65 \pm 0.116$	$5.4 \pm 0.9$	0	12
DEBATE-SFA	DCB + BMS	In.Pact Admiral Invatec (Medtronic)	53	74±9	40	41	47	25	21	5	$0.33 \pm 0.22$	$5.01 \pm 0.5$	42	12
	BA + BMS	unspecified	51	76±8	32	36	45	28	18	3	$0.31 \pm 0.18$	$5.12 \pm 0.5$	35	12
DEBATE-ISR	DCB	In.Pact Admiral (Medtronic)	44	32	32	44	39	14	9	UN	$0.32 \pm 0.11$	$4.9 \pm 0.4$	33	36
	BA	unspecified	42	23	23	42	38	11	12	UN	$0.36 \pm 0.9$	$5.0 \pm 0.5$	28	36
COPA CABANA	DCB	Cotavance DCB (Medrad)	47	$68.3 \pm 9.6$	26	20	38	14	10	UN	$0.72 \pm 0.23$	$5.2 \pm 0.6$	3	22
	BA	unspecified	41	$67.6 \pm 10.2$	26	19	30	15	10	UN	$0.65 \pm 0.25$	$5.1 \pm 0.8$	5	21.9

ABI=ankle-brachial index, BA=balloon angioplasty, BMS=bare metal stenting, CAD=coronary artery disease, DCB=drug coated balloon, RVD=reference vessel diameter, UN=unknown.





	DCE	3	BA			<b>Risk Ratio</b>	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	M-H, Fixed, 95% CI
COPA CABANA	1	45	4	38	11.2%	0.21 [0.02, 1.81]	
DEBATE-ISR	3	44	8	42	21.1%	0.36 [0.10, 1.26]	
DEBATE-SFA	4	53	4	51	10.5%	0.96 [0.25, 3.64]	
FAIR	3	53	9	45	25.1%	0.28 [0.08, 0.98]	
ISAR-PEBIS	0	32	7	33	19.1%	0.07 [0.00, 1.16]	
PACUBA	3	35	5	35	12.9%	0.60 [0.16, 2.32]	
Total (95% CI)		262		244	100.0%	0.36 [0.20, 0.65]	•
Total events	14		37				
Heterogeneity: Chi <sup>2</sup> =	4.33, df=	5 (P=	0.50); 17:	= 0%			1 001 01 1 10 100
Test for overall effect	Z= 3.42	P = 0.0	(006)			5	
A							Favours experimental Favours control
	DCE	3	BA			<b>Risk Ratio</b>	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% C	M-H, Fixed, 95% CI
FAIR	4	41	12	25	16.1%	0.20 (0.07, 0.56)	
COPA CABANA	6	43	18	37	20.9%	0.29 [0.13, 0.65]	
ISAR-PEBIS	4	31	13	33	13.6%	0.33 [0.12, 0.90]	
DEBATE-ISR	6	44	13	42	14.4%	0.44 [0.18, 1.05]	
DEBATE-SFA	9	53	18	51	19.8%	0.48 [0.24, 0.97]	
PACUBA	8	35	14	35	15.1%	0.57 [0.27, 1.19]	
Total (95% CI)		247		223	100.0%	0.38 [0.27, 0.54]	•
Total events	37		88				NO 20 101 100 100
Heterogeneity: Chi2=	3.73, df=	5 (P =	0.59); I <sup>2</sup> :	= 0%			
Test for overall effect	Z= 5.61	(P < 0.0	00001)			8	0.005 0.1 1 10 200
В							Favours experimental Favours control



Figure 4. Forest plots of risk ratio of binary restenosis at 6 months (A). Forest plots of pooled estimates of binary restenosis including Medtronic and FREEWAY subgroup analysis at 12 months (B). Forest plots of risk ratio of clinical improvement at 12 months (C).



Figure 5. Forest plots of risk ratio of mortality at 12 months (A). Forest plots of risk ratio of target vessel thrombosis at 12 months (B). Forest plots of risk ratio of ipsilateral amputation rate at 12 months (C).

**3.4.3.** Amputation rate. Five trials<sup>[15,16,18–20]</sup> evaluated the ipsilateral amputation rate at 12 months, which revealed ipsilateral amputation for 4 patients within 12 months (2 patients in the BA group and 2 patients in the DCB group). There was no significant difference in the ipsilateral amputation rate (RR: 0.90, 95% CI: 0.16–5.18; P=.91) (Fig. 5C).

#### 3.5. Publications bias and heterogeneity analysis

A visual inspection of the funnel plot did not reveal any clear asymmetry. Similarly, no significant publication bias was detected using the Egger and Begg tests (P=.22) (Fig. 6). Sensitivity analyses, which involved omitting one study at a time from the meta-analysis, failed to indicate that the results were influenced by a particular study. Subgroup analysis showed that study designs (RCT, and prospective study) and paclitaxel dose (3 and 3.5 ug/mm<sup>2</sup>) were not the cause of heterogeneity. Brand (Medtronic, FREEWAY) of the DCB may be a heterogeneity cause in the binary restenosis result.

#### 4. Discussion

The main disadvantage of PTA and stenting is that high rates of ISR can significantly affect the clinical outcomes of femoropopliteal artery stenting.<sup>[21–23]</sup> Furthermore, the 1-year rates of ISR range from 18% to 37%.<sup>[24]</sup> Thus, the increased use of endovascular therapy makes ISR and its treatment a challenging issue.<sup>[23]</sup>

The most recent meta-analysis included 3 trials with 263 patients, and revealed that DCB use provided advantages (vs uncoated BA) for treating ISR in the superficial femoral artery based on rates of TLR, binary restenosis, and clinical improvement within 2 years after the procedure. However, the level of evidence was considered low, based on the small number of studies and potential risks of bias.<sup>[25]</sup> In addition, the evidence was considered insufficient in practice to confirm the superiority of DCB over BA for treating ISR, given the high cost of DCBs.<sup>[25]</sup> Our review included larger numbers of trials and patients, and the results revealed that the DCB treatment group had significantly better outcomes in terms of the 6- to 12-month rates of TLR, binary restenosis, and clinical improvement. We also evaluated the adverse events for each treatment, which revealed similar amputation and mortality rates in the DCB and BA groups. Unfortunately, few studies have provided data regarding the costs during the follow-up period, although previous meta-analyses also support our conclusion to some extent.<sup>[26-28]</sup> Katsanos et al<sup>[26]</sup> reported that DCBs provided a >50% reduction in the rates of restenosis (including ISR) and TLR in the femoropopliteal artery, and suggested that standard paclitaxel dose (3.0 and 3.5 ug/mm<sup>2</sup>) DCBs were more effective compared with low paclitaxel dose (2.0 ug/mm<sup>2</sup>) in reduce both restenosis and TLR. In our meta-analysis, low paclitaxel dose subgroup (3.0 ug/mm<sup>2</sup>) and high paclitaxel dose subgroup (3.5 ug/mm<sup>2</sup>) were both superior to BA in restenosis and TLR. The differences between the two subgroups were hard to analysis, because of the small number of the included studies. Anantha-Narayanan et al also reported that



the TLR rates (including for ISR) in the femoropopliteal artery were 45% lower in the DCB group than in the BA group. Tepe et al<sup>[20]</sup> reported a recent randomized controlled trial, which has not been included in previous meta-analyses, which revealed that DCB use was associated with significantly less late lumen loss and fewer TLR procedures up to 24 months after treatment. To the best of our knowledge, ours is the most comprehensive meta-analysis to compare the outcomes of DCB and BA treatment for ISR in the femoropopliteal artery.

There are limited data regarding DCB use for PAD, although the existing evidence seems to indicate that DCB use is associated with a significant benefit.<sup>[4,29,30]</sup> The first cohort study revealed a 92.1% primary patency rate at 12 months after treatment using DCBs,<sup>[9]</sup> while a more recent study of 53 patients with ISR in the femoropopliteal artery revealed a primary patency rate of 83.7%  $\pm$  5.0% and ~90% freedom from TLR after 1 year.<sup>[31]</sup> The results of these 2 trials suggest that DCBs are a promising treatment option for patients with ISR in the femoropopliteal artery, which agrees with our findings, although it is important to note that both studies did not have a control group.

Various strategies have been used to treat ISR in the femoropopliteal artery. One randomized study revealed that, relative to DCB alone, a combination of laser debulking and DCB provided significantly better patency rates at 6 months (91.7% vs 58.3%; P=.01) and at 12 months (66.7% vs 37.5%; P=.01).<sup>[32]</sup> Bosiers et al compared the ISR rates after treatment using PTA and Viabahn ePTFE-covered stents, which revealed that the Viabahn stents provided better 1-year rates of primary patency (74.8% vs 28%; P < .001) and freedom from TLR (80% vs 42%; P < .001).<sup>[33]</sup> Silverhawk atherectomy is not superior to PTA, as it

was associated with increased reoccurrence of intimal media hyperplasia.<sup>[34]</sup> Drug-eluting stents are a questionable treatment for ISR, as the scaffolding is not needed to manage the migration, proliferation, and collagen synthesis of smooth muscle cells.<sup>[31]</sup> Cutting balloons are also not superior to conventional PTA.<sup>[35]</sup>

Our meta-analysis has some important limitations. First, the pooled analysis was based on study-level data, which could be confounded by inaccurate or incomplete data reporting. Second, the analysis only included a small number of studies with relatively short follow-up periods, which might be inadequate for detecting late adverse events, such as amputation, death, and very late thrombosis. Third, we only considered reports that were published in English, which is a potential source of bias.

#### 5. Conclusion

In conclusion, our results indicate that DCB use was superior to BA for treating patients with ISR in the femoropopliteal artery, based on significantly better 6- to 12-month rates of binary restenosis, TLR, and clinical improvement. Furthermore, the rates of amputation and mortality were similar between the DCB and BA treatment groups. However, additional randomized controlled trials are needed to validate these findings.

#### **Author Contributions**

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