

# Dynamic regulation of oxytocin neuronal circuits in the sequential processes of prosocial behavior in rodent models



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## ABSTRACT

The expression of positive social (i.e., prosocial) behavior is governed by a multitude of sensory and cognitive abilities to identify and recognize key features of potential social partners, elucidate social and individual status, and maintain appropriate behaviors. Oxytocin (OT) is a neuropeptide that has been implicated as a major player in regulating prosocial behavior, and much of its role in social situations has been uncovered. As social behavior inherently comprises sequential processes related to multimodal assessments of interactive features, a comprehensive approach to understanding the functions of OT in these prosocial behavior sequences is required. Here, the author discusses recent evidence illustrating the functioning of OT neural circuits in the processing of multimodal components of social behavior, including the detection/recognition of social cues via the olfactory bulb through olfactory cortices, evaluation of social features via the circuits of the paraventricular nucleus of the hypothalamus to the medial amygdala, and maintenance of prosocial behaviors via the circuits of the ventral tegmental area to the nucleus accumbens. A review of rodent studies with an emphasis on mice and rats is also provided to investigate the effects of OT in interaction with other neurotransmitters, such as serotonin and dopamine, to characterize the neuromodulatory mechanisms that mediate the sequences of prosocial engagements. The review further highlights OT function as a temporal dynamic of specific neural circuits.

## 1. Introduction

The peptide hormone oxytocin (OT) is a neuromodulator involved in regulating the adaptive social behaviors of all vertebrates (Nishimori et al., 1996). OT consists of nine amino acids (Cys-Tyr-Ile-Gln-Asn-Cys-Pro-Leu-Gly); the first six amino acids form a ring, while the remaining three form a short tail (Kimura and Tanizawa, 1992; Inoue et al., 1994). Central release of OT governs several significant biological functions, including reproduction-related processes, such as mating and nursing, as well as social processes (Landgraf, 1995; Gimpl and Fahrenholz, 2001). Over the last three decades, focused efforts have also led to considerable advances in understanding the functional role of OT in social and physiological conditions and related disorders, and much of its role in social regulation has been uncovered, including the cellular and molecular mechanisms involved in the role of OT and its target receptor (OTR) in neuronal cells. Nevertheless, a key issue that still needs more attention is their multifunctional roles in the sequential processes of interactive social behavior, which in turn involve multiple levels of coordination with other neurotransmitters and neural circuits. This review addresses the

complexity of OT and OTR neuronal circuitry regulation underlying the multimodal sequential processing of prosocial communicative behavior in rodent models.

## 2. Neural mechanisms of OT function

In the mammalian central nervous system, OT is synthesized mainly in the supraoptic nucleus (SON) and paraventricular nucleus (PVN), as well as in the accessory magnocellular nuclei of the hypothalamus (Sofniew, 1983; Swanson and Sawchenko, 1983; Landgraf and Neumann, 2004). The OT peptide is released into peripheral circulation via the posterior pituitary and plays a fundamental role in reproduction-related processes such as uterine contractions, delivery, and lactation (Gimpl and Fahrenholz, 2001). Central release of OT is mainly mediated by the PVN which contains parvocellular and magnocellular neurons (Swanson and Sawchenko, 1983). The magnocellular neurons of the PVN are primarily responsible for the innervation of forebrain regions (Dölen et al., 2013; Ross et al., 2009), while the parvocellular neurons likely project to distinct regions of the spinal cord and

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brainstem (Sawchenko and Swanson, 1982). Recently, Eliava et al. (2016) discovered a subset of hypothalamic parvocellular neurons that project onto magnocellular neurons to modulate both immediate and long-term OT release. Thus, central OT is likely transported via axonal projections of both magnocellular and parvocellular neurons in the PVN, which are distributed to various sites in the brain.

### 3. OTR and its distribution

The OTR is encoded by a single gene and belongs to the G protein-coupled receptor (GPCR) superfamily, in which the ligand binding structure is highly conserved across species (Gimpl and Fahrenholz, 2001; Busnelli et al., 2013). The OTR forms a small receptor sub-family with the three structurally related arginine-vasopressin (AVP) receptors (V1aR, V1bR, and V2R) (Grinevich et al., 2016). As the ligand-binding pockets in the OTR and AVP receptor subfamily are extremely conserved, they appear to have a high binding affinity for endogenous OT and AVP in mice (e.g., OT to OTR affinity value: 0.83 nM, AVP to OTR affinity value: 0.87 nM) (Busnelli et al., 2013). Therefore, it has proven problematic to develop highly selective ligands that bind only to either receptor and to detect OTR-specific immunoreactivity using anti-OTR antibodies (Yoshida et al., 2009; Manning et al., 2012).

OTRs form heterodimers with other GPCRs, and these interactions enormously expand their signal transduction repertoire. There are three biased analogues that are capable of inducing only a specific subset of OTR/G protein couplings: carbetocin, atosiban, and D-Nal-OVT (Busnelli et al., 2012; Passoni et al., 2016; Busnelli and Chini, 2018). The OT agonist carbetocin is a selective OTR/G<sub>q</sub> analogue that is able to induce OTR/G<sub>q</sub> coupling in the absence of OTR/G<sub>i</sub> or OTR/G<sub>o</sub> stimulation (Passoni et al., 2016). Atosiban is an agonist that selectively activates OTR/G<sub>i3</sub> coupling and inhibits cell proliferation and neuronal firing (Busnelli et al., 2012; Busnelli and Chini, 2018), as does D-Nal-OVT via promoting only OTR/G<sub>i1</sub> coupling (Eliava et al., 2016).

As most commercially available anti-OTR antibodies are unreliable and stain both OT-positive and -negative tissues in mice (Yoshida et al., 2009), in-situ hybridization to OTR mRNA and autoradiography for detecting specific OTR ligands have been utilized to elucidate the distribution of OTRs in several species (Gimpl and Fahrenholz, 2001; Jurek and Neumann, 2018). Several brain regions with moderate to high OTR density have been identified using the OTR gene promoter, including the accessory olfactory bulb, medial septal nucleus, posterior region of the complex amygdala nucleus, ventral hypothalamic areas (medial supra-mammillary nucleus and dorsomedial and ventromedial nuclei), subiculum area of the hippocampus, anterolateral cortical areas (entorhinal and piriform cortices), and basal forebrain areas (dorsal tegmental, vestibular, raphe, spinal trigeminal, and solitary tract subnuclei) (Gould and Zingg, 2003; Jurek and Neumann, 2018).

As OTRs are expressed throughout the brain, OT has to reach them efficiently and in sufficient amounts to activate them at various distances from the hypothalamus (e.g., the PVN), by means of long-range axonal projections. A large number of OT fibers are innervated in regions that express OTR at sufficiently high levels (Knobloch et al., 2012; Tang et al., 2020). High-density axonal projections are present in the basal ganglia area, nucleus accumbens (NAc), lateral septal nucleus, bed nucleus of the stria terminalis (BNST), medial amygdala (MeA), paraventricular thalamic nucleus, and mid hind-brain areas including the raphe nucleus and periaqueductal gray (Mitre et al., 2016; Jurek and Neumann, 2018). A few regions of the rat forebrain, including the ventral pallidum, medial preoptic area, and ventromedial hypothalamic nucleus, express moderate to high OTR levels but are unlikely to receive direct OT projections (Grinevich et al., 2016). This localization mismatch between OT axonal terminals and OTR binding sites can partially be ascribed to technical difficulties in the detection of these OT projection fibers and OTR expression.

Recently, a viral tracing method with a fluorescent marker protein under an OT gene promoter was used to visualize OT fibers projecting

from hypothalamic neurons to different regions of the brain (Grinevich et al., 2016). The distribution patterns of the OTR differ between species (Campbell et al., 2009), in males and females (Dumais and Veenema, 2016), and across different developmental stages (Grinevich et al., 2015; Tabbaa and Hammock, 2020). OT secretion from the axonal terminals also varies depending on functional status in the context of socio-environmental factors and developmental stages (Grinevich et al., 2016; Grinevich and Stoop, 2018); thus, OTR expression is largely variable. This is apparent from the fact that reported OT neuronal projection and OTR localization and density vary widely across studies investigating their distribution (Jurek and Neumann, 2018). For example, the lateral septum receives dense OT fibers from the SON and PVN (Russell et al., 1992; Neumann et al., 1991; Knobloch et al., 2012), and can increase OTR expression by as much as four times in response to social stimuli or pharmacological treatment (Zoicas et al., 2014; Neumann et al., 1991). In other brain regions such as the NAc, basal fiber density and OT levels are considered undetectable (Knobloch et al., 2012; Ross et al., 2009), but increase substantially after social interactions to concentrations comparable to those after OTR activation (Ross et al., 2009). Selective viral tracing has confirmed that OT neuron axons project into the NAc, although the signal is relatively weak (Tang et al., 2020).

Recently developed genetic procedures using highly selective viral tracing have enabled the discrete identification of OT neuron axonal projections in the PVN (Tang et al., 2020). The majority of OT neurons in the PVN are magnocellular neurons (97%), while the rest are parvocellular neurons (3%) (Althammer and Grinevich, 2018). Retrograde viral tracing into the PVN illustrated that most afferent inputs between the parvocellular and magnocellular neurons are common, but the number of axonal projections varies (Tang et al., 2020). A few exceptions to these axonal afferent inputs to the PVN include the paraventricular nucleus of the thalamus, insular cortex, and habenular nucleus projecting to only parvocellular neurons, and the substantia nigra to only magnocellular neurons (Tang et al., 2020). Although parvocellular neurons can activate the magnocellular neurons within the PVN (Eliava et al., 2016), the functions of parvocellular neurons during social interaction between female rats likely differs from those of magnocellular neurons.

### 4. Circulatory delivery of OT and behavioral functions

Several studies have indicated that circulating OT can cross the blood-brain barrier (BBB) to a certain extent (Lim et al., 2005). Intravenous injection of OT has been shown to raise its plasma levels, but an increase in levels in the cerebrospinal fluid (CSF) is evident only when a relatively supraphysiological dose of OT (e.g., 100 ng/kg) is injected subcutaneously (Jin et al., 2007). However, the functions of the BBB differ with age, and peripheral injection of OT into neonatal mice induces significant alterations in central OT-OTR signaling and metabolism (Carter et al., 2008; Tabbaa and Hammock, 2020). It is possible that exogenous OT can induce the release of endogenous OT via binding to OTRergic neurons (Lambert et al., 1994), creating a peptide feedback loop that leads to central release due to a small amount of OT crossing the BBB (Moos et al., 1989).

Central release of OT has been linked to changes in cognitive and social status-related processes, including the regulation of social behavior systems and the salience of socially relevant stimuli based on olfactory and auditory cues (Richard et al., 1991; Insel and Young, 2001; Young, 2001; Insel, 2010; Churchland and Winkielman, 2012; Choe et al., 2015; Marlin et al., 2015; Oettl et al., 2016). OT has been identified as a modulator of emotional and defensive reactions, such as anxiety, depression, and escape behavior (Neumann and Landgraf, 2012; Neumann and Slattery, 2016; Olivera-Pasilio & Dabrowska, 2020), all of which are factors influencing the segmentalized processing of social behavior (Knobloch et al., 2012; Arakawa, 2020b). It is hypothesized that OT circuits play discrete roles in different sequential processes in social behavior in a context-dependent manner; therefore, we will review these neural circuits by focusing on the processing related to prosocial

behavior, including olfactory detection/discrimination via the olfactory bulb to the olfactory cortex, social approach/investigation via the PVN-amygdala-raphé circuits, and maintenance of social interaction/contact via the NAc and the ventral tegmental area (VTA) circuits.

## 5. OT function in social behavior

Although central OT is known to be involved in several physiological functions, including those related to reproduction, the circadian rhythm, and stress regulation, it is mainly known as a modulator of social behavior (Jurek and Neumann, 2018). An increasing number of studies in humans using intranasal administration of OT have indicated a critical role for it in enhancing positive social behaviors such as trust, affiliation, and empathy (Kosfeld et al., 2005; Keech et al., 2018). Subsequent studies have also implicated the effectiveness of using intranasal OT administration to ameliorate symptoms of social dysfunction in various psychiatric conditions, including schizophrenia, autism, psychopathy, and social anxiety (Ma et al., 2016). Autism is a neurodevelopmental disorder affecting two major core behavioral symptoms, namely impaired social interactions and communication and restricted/repetitive behaviors (Baronio et al., 2015; Arakawa, 2020), and OT has garnered significant interest in the scientific community as an investigational treatment for autism.

Conversely, accumulating evidence has demonstrated that OT can also induce anti-social (negative social) effects, including increased feelings of mistrust or envy towards unknown individuals in humans (Shamay-Tsoory et al., 2009; Bartz et al., 2011; Grillon et al., 2013) and enhanced maternal aggression towards unfamiliar conspecifics or intruders in rodent models (Ferris et al., 1992; de Jong et al., 2014). Therefore, it may be argued that OT enhances attention oriented to associated social stimuli (the social salience hypothesis; Shamay-Tsoory and Abu-Akel, 2016); thus, the responses of animals would depend on the social characteristics (e.g., cooperative or threatening) they encounter (Declerck et al., 2010). Furthermore, the exact functional contribution of central OT is still unclear because of the complexities of the social processes involved in compositive human behaviors. The effect of OT is also expected to be derived from the output of complex neural processing involving interactions with other neurotransmitters, such as dopamine (DA) and serotonin (5-HT), and AVP, to orchestrate the regulation of multiple aspects of behavioral processes.

The use of rodent models based on OT mutations and OT micro-infusion has provided a solid foundation for experimental research on the importance of OT function in social behavior-related processes, including those related to cue detection and discrimination, memory, social preference, and other pro- or anti-social interactions (Carter et al., 2008; Lim et al., 2005). Across many studies, central administration of OT agonists has been shown to enhance recognition and memory for peers and partners as exhibited by altered social investigation (Ferguson et al., 2001; Young et al., 2002; Arakawa et al., 2010). Studies on transgenic mice have also shown that the loss of the capacity to respond to social cues in OT synthesis knockout mice is fully restored by micro-infusion of OT into the MeA before social encounters (Ferguson et al., 2001). Since prosocial behavior is a sequential process

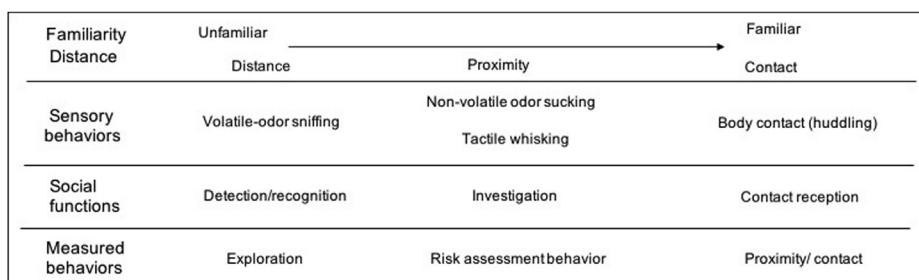
accompanied by multiple modulations of the cognitive subsystems involved in detection, recognition, memory, behavioral strategies, and motives, it is difficult to clarify the specific functions of OT in each sequential social process. Furthermore, several studies have provided evidence that OT functions are a consequence of interactions with other neurotransmitters (Jurek and Neumann, 2018). In the following chapters, we will address the factors, such as prosocial processing with other neuromodulators, that confound our understanding of the effects of OT. We will also illustrate a putative OT/OTR neural circuit for the sequential regulation of prosocial behavior in rodent models.

## 6. Sequential processing of prosocial behavior

Social interaction is well known to be a multifactorial process (Arakawa et al., 2011) (Fig. 1). The complex neural organization underlying social behavior has been extensively investigated using rodent models, allowing us to exhaustively elucidate the related neuronal mechanisms in highly social species. Working successfully with rodent models necessitates accounting for characteristic as well as species-specific differences between the constructs of interest. The most common laboratory rodents (i.e., mice and rats) are nocturnal, and thus use olfactory and tactile senses as the primary tools in adaptive behaviors and survival strategies (Arakawa and Iguchi, 2018).

Olfaction is the major modality through which rodents detect and identify potential social partners based on volatile signals, particularly in the initial phase of encountering unfamiliar social cues (Brennan and Kendrick, 2006; Arakawa et al., 2011). Volatile odor cues, along with vocalization, facilitate the determination of whether individual signal recipients display approach or avoidance behavior to social stimuli for further investigation. Following approach to a range in which they can engage in physical contact with the source of the social stimuli, rodents exchange nonvolatile compounds as olfactory signals in conjunction with tactile-whisking palpation for gathering social information and achieving body contact with each other (Arakawa and Iguchi, 2018). During these assessment processes, rodents exhibit typical behaviors and postures involving back-and-forth movements and stretching of the body towards the social stimuli as a mode of risk assessment (Blanchard et al., 2011), which is a major component of novelty assessment. Moreover, when becoming familiar with social stimuli, rodents typically engage in physical contacts with each other in the form of huddling. Huddling with familiar conspecifics is common among most mammals to maintain prosocial relationships (Alberts, 2007; Arakawa et al., 2007). As with cuddle contacts in humans, empirical evidence from rodent models illustrates that this innate preference for huddling is indicative of the motivation for bodily contact with familiar conspecifics (IJzerman et al., 2015; Morrison et al., 2016).

Although humans are not highly dependent on odorant cues or the tactile sense to make decisions regarding social interactions, these multisensory modalities are essential for rodents in all aspects of social interaction, including the recognition and assessment of a would-be social partner. The multiple sensory inputs discretely activate neural pathways coupled to the expression of social behavior (Zarate, 2014; Arakawa and Iguchi, 2018). Thus, preclinical rodent models of social



**Fig. 1.** A diagram of the relationships between familiarity and behavioral strategies towards social encounters. At a distance, volatile olfactory signals are detected, which activates exploratory behavior. In a proximity, risk assessment behavior is performed to gather more information regarding social features of social stimuli via non-volatile and tactile signals. When getting familiar with the social stimulus, staying in the proximity and body contact are permitted each other, and thus, time spent in proximity/contact is increased.

behavior need to involve a comprehensive analysis of variables involved in initial olfactory detection and recognition of social partners and subsequent investigatory assessment and contact reception behaviors during olfactory and tactile social engagement. Moreover, the neural mechanisms of OT circuitry are hypothesized to be involved in all aspects of the prosocial engagement.

## 7. Social olfactory detection regulated by the OT system

Social interactions between rodents, particularly during the initial phase of detection, rely heavily on olfactory cues (Keverne and Brennan, 1996; Arakawa et al., 2011), with the corresponding assessment of social stimuli involving two discrete olfactory processes (Brennan and Kendrick, 2006; Linster and Fontanini, 2014) (Fig. 2). Airborne volatile cues trigger the detection and discrimination of potential social stimuli and facilitate the determination of subsequent strategies for social interactions, for example, approach-withdrawal behavior for risk assessment (Blanchard et al., 2011). Approach behavior towards social stimuli leads to individuals subsequently being in range of physical contact with each other and activates sniffing and uptake of nonvolatile odorants from bodily, facial, and anogenital areas of the opponents to gather more information regarding social features (Arakawa et al., 2011).

Volatile molecules are mainly processed via the main olfactory epithelium, which projects to the main olfactory bulb (MOB) (De Castro, 2009; Courtiol and Wilson, 2015). Axons from the MOB project through the olfactory cortices, including the piriform cortex, and reach the olfactory thalamus and/or the amygdala directly (De Castro, 2009). On the other hand, nonvolatile molecules are taken up to reach the circuits projecting from the vomeronasal organ to the accessory olfactory bulb (AOB) (Mucignat-Caretta, 2010). Projection neurons from the AOB directly send their axons to the amygdala (Mucignat-Caretta, 2010).

Both the MOB and AOB (more densely projected to AOB) contain OT terminals originating from OT neurons of the PVN (Vaccari et al., 1998; Knobloch et al., 2012). The MOB contains inter-neuronal networks mediated by mitral and tufted cells connected to granule cells (Brunjes et al., 2005; Balu et al., 2007). OTRs are expressed in the granule cell-containing region of the MOB and may play a role in local computations in coordination with olfactory cortical circuits (Numan, 2006; Mitre et al., 2016). AVP receptors are involved, perhaps more intensely, in the processing of social odor discrimination processed via the MOB to the anterior olfactory nucleus pathway (Wacker et al., 2011). OT also induces long-term potentiation of excitatory input from mitral to granule

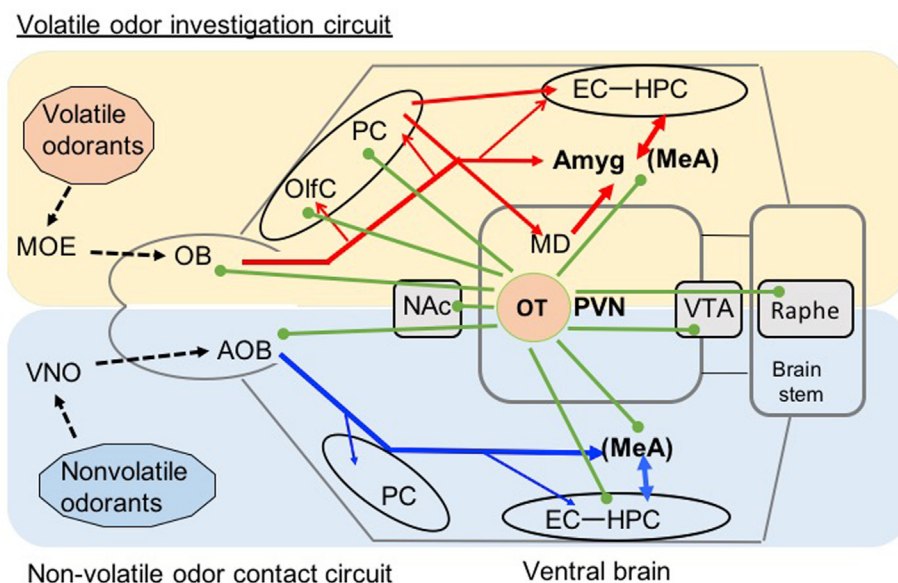
cells in the AOB (Fang et al., 2008).

Essential olfactory processing does not require the OT system, as mice with genetic OT deletion can detect and recognize non-social or predatory odors normally (Kavaliers et al., 2003; Oettl et al., 2016). Social odors require specific processing of conspecific components, and OT plays a critical role in learning that is associated with the ability to detect and recognize social odors (Oettl et al., 2016). Exogenous OT enhances olfactory exploration towards social cues in rats, which is associated with increased firing rates of neurons in the anterior olfactory nucleus (Knobloch et al., 2012; Oettl et al., 2016). The anterior olfactory nucleus contains a high level of OTRs and receives innervation from OT neurons of the hypothalamic PVN (Freund-Mercier et al., 1987; Vaccari et al., 1998). Furthermore, the OT-OTR system in the olfactory bulb enhances odor coding by increasing the inhibitory tone innervated to the granule cells of the MOB, improving the signal-to-noise ratios of social odor responses (Markopoulos et al., 2012; Knobloch et al., 2012; Oettl et al., 2016). Therefore, OT also plays a regulatory role in coding social olfactory information.

OT signaling in the piriform cortex is required for acquiring social odor learning (Choe et al., 2015). Dense labeling of the OTR and OTRergic terminals in the piriform cortex and other olfactory cortices has been documented (Illig and Haberly, 2003; Sosulski et al., 2011). OTR signaling in the piriform cortex also seems to be essential for entraining initial sensory representation of social olfactory cues (Choe et al., 2015). Selective blocking of OTR signaling in the piriform cortex disrupts the detection of neutral, non-social odors formerly paired with female mice, suggesting that OTR signaling in the piriform cortex appears to mediate social salience to an initially neutral odor (Choe et al., 2015).

Moreover, OT administration rapidly reduces GABAergic inhibition in several brain regions, including the hippocampus (Owen et al., 2013), auditory cortex, piriform cortex, and hypothalamic PVN (Marlin et al., 2015; Mitre et al., 2016). This transient disinhibition is effective in modulating and re-activating the neural mechanism underlying long-term changes in synaptic and spiking responses to social stimuli and ontogenetic social events. For example, maternal behaviors, such as a particular response to a pup's distress call, are observed only for experienced mothers, and virgin females respond poorly to pup calls (Marlin et al., 2015). OT modulation of synaptic and spiking responses to pup distress calls can trigger both rapid modulation of synaptic transmission and long-term plasticity by disinhibition of GABAergic signals (Mitre et al., 2016).

A form of OT-mediated plasticity through sensory experiences of



**Fig. 2.** Olfactory circuitry coordinated with OT neurons in mouse ventral brain. Volatile odorants as a social signal are processed via the main olfactory epithelium (MOE), olfactory bulb (OB), olfactory and piriform cortex (PC) mediodorsal thalamus (MD), amygdala (Amyg), and Entorhinal cortex (EC) and hippocampus (HPC). Nonvolatile odorants as a contact social signal are processed through the vomeronasal organ (VNO), accessory olfactory bulb (AOB), and medial amygdala (MeA). OT neurons innervate from the paraventricular nucleus of hypothalamus (PVN) to several brain sites associated with these olfactory processes.

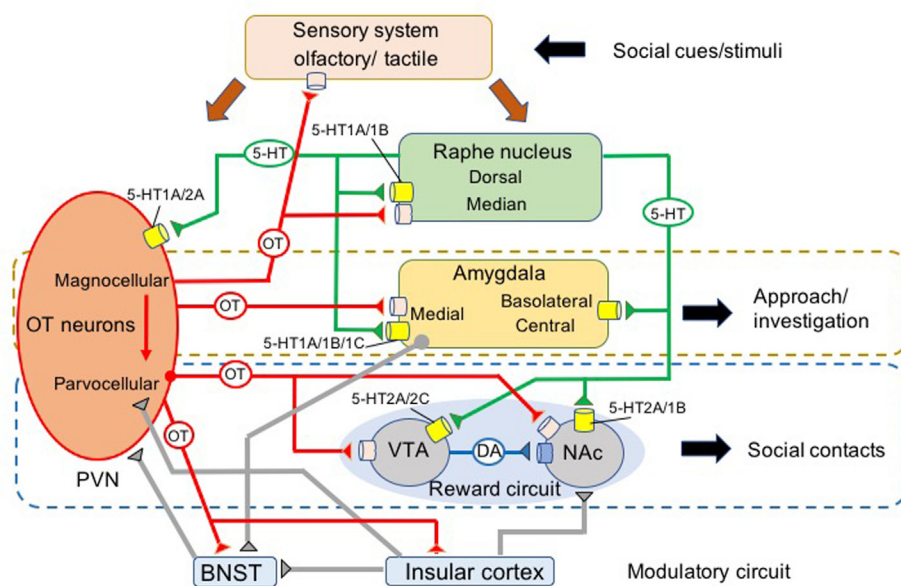
different modalities has been identified in early development (Zheng et al., 2014). Mice were subjected to sensory deprivation by either whisker trimming at birth (i.e., tactile deprivation) or rearing in total darkness (i.e., visual deprivation). In vitro recordings in layer II/III of auditory, somatosensory, and visual pyramidal cells showed a reduction in spontaneous firing rates, as expected. Microarray screens to search for changes in gene expression showed that OT mRNA was consistently downregulated after sensory deprivation. The reduction in OT mRNA levels which would account for the reduced excitatory synaptic transmission, could be reversed by postnatal environmental enrichment (Zheng et al., 2014). These data suggest that sensory experiences can mediate OTergic gene expression in the PVN and lead to a reduction in OT activities required for synaptic transmission related to sensory processes in multiple cortical areas during early development (Grinevich and Stoop, 2018).

OT may not be involved in interactive neural processing with other neurotransmitters in the olfactory system. Along with GABAergic neurons, dopaminergic neurons and their axonal terminals richly innervate the glomerular layers in the olfactory bulb (Pignatelli and Belluzzi, 2017), but dopaminergic regulation is unlikely to be required for essential olfactory processing (O'Dell et al., 2011). For example, the administration of methamphetamine, which acts as an indirect DA agonist, does not have a significant impact on olfactory habituation to social odors as tested using the habituation/dishabituation test, although a slight impairment in olfactory discrimination is observed (O'Dell et al., 2011). Similarly, mice with genetic dilution of DA type 2 receptors exhibit normal odor discrimination (Kruzich et al., 2004). There are serotonergic projections to both the MOB and AOB, largely excitatory in the MOB and predominately inhibitory in the AOB (Huang et al., 2017), indicating the olfactory-MOB processing dominance of 5-HT. Serotonergic signals are required neither for normal olfactory processing nor social odor discrimination, since neuronal 5-HT synthesis knockout mice (Tph2<sup>-/-</sup>) demonstrated normal olfactory discrimination for social cues, but impaired social approach/contact (Mosienko et al., 2012; Huo et al., 2018), which is regulated by other brain regions as discussed below.

## 8. Social investigation regulated by OTergic projection from the PVN

In rodents, OT neurons in the PVN are directly projected to the MeA (Keshavarzi et al., 2014; Cadiz-Moretti et al., 2016; Cservenák et al., 2017), where the OTR mediates the effects on social signals to result in the expression of approach behavior, such as in the social recognition test (Ferguson et al., 2001; Arakawa et al., 2010) (Fig. 3). This test is used to assess the ability of animals to discriminate between social stimuli based on social memory (Engelmann et al., 1995; Arakawa and Iguchi, 2018). The test relies on the exposure of subject mice to conspecifics as stimulus animals and on monitoring the duration that subject mice spend investigating those conspecifics. It is hypothesized that mice have a motive to investigate/sniff 'unfamiliar' social cues, such as odors; thus, subject mice would spend more time investigating social cues if they are unfamiliar, and less if they are familiar. Subject mice are exposed over several trials to a social stimulus that is initially unfamiliar; repeated exposures to the same social stimulus induce habituation, and the investigation time in subsequent trials declines. Following habituation, a change to a novel, unfamiliar stimulus restores the investigatory reaction to initial levels if subject mice are able to detect a difference between the previous and current social stimuli, known as dishabituation.

OT null mice did not induce the expression of c-fos, a neuronal activity marker, in the MeA when they encountered a social stimulus, and maintained a moderate level of investigation toward the same social stimulus over repeated trials in the habituation/dishabituation task; however, micro-infusion of OT into the MeA before the test restored impaired habituation to the social stimulus (Ferguson et al., 2001). A similar phenotype has been confirmed in mice with genetic OTR dilution—OTR knockout mice do not reduce investigation time when exposed to the familiar stimulus mouse in a similar habituation paradigm (Choleris et al., 2006; Lee et al., 2008). Since these mice with OT deletion exhibited normal performance in non-social or predatory odor discrimination (Kavaliers et al., 2004), the function of OT can be ascribed to the expression/regulation of approach behavior in response to social cues rather than to memory-related odor discrimination. Accordingly, OT knockout mice spent less time in social interactions with conspecifics



**Fig. 3.** OT neural circuits regulating multiple processes of prosocial behaviors. When sensory inputs associated with social stimuli are delivered via the sensory systems, including olfactory and tactile senses, the OT neurons in the paraventricular nucleus of the hypothalamus (PVN) consist of two discrete cell types (e.g., magnocellular and parvocellular neurons) and the serotonergic neurons in the raphe nucleus are stimulated. OT neurons innervate with several brain sites, including the olfactory bulb-cortices, raphe nucleus, amygdala complex, and ventral tegmental area (VTA) and nucleus accumbens (NAc). 5-HT neurons are also projected to several brain sites associated with OT neurons, including the raphe nucleus, amygdala, and reward circuit (VTA and NAc). The 5-HT and OT in the PVN can activate the release of OT. The OT neurons from the PVN to medial amygdala play a significant role in approach and investigatory behaviors to social stimuli. OT neurons also stimulate the reward circuits of VTA-NAc via dopamine neurons to maintain contact-based social behavior such as huddling. A modulatory circuit including the insular cortex to the bed nucleus of the stria terminalis (BNST) receives OT input integrates sensory social information and sends back modulatory signals to the PVN and reward circuit, providing adaptable behavioral responses in a social situation (evaluation) dependent manner.

when they could directly contact each other (Pobbe et al., 2012). However, these OTR null mice spent less time investigating a 'non-social' object as well (Leonzino et al., 2019), which indicates a particular behavioral role of OT in the regulation of approach behavior to both social and non-social novel stimuli.

Several lines of evidence suggest that 5-HT-related mechanisms are involved in the regulation of OT release from the PVN. Firstly, 5-HT<sub>1A</sub> receptors are distributed widely throughout the brain (Riad et al., 2000; Matias et al., 2017), and OT neurons in the PVN have been shown to be immunopositive for 5-HT<sub>1A</sub> receptors (Zhang et al., 2004). Stimulation of postsynaptic 5-HT<sub>1A/2A</sub> receptors on OT neurons in the PVN leads to downstream release of endogenous OT (Badgy & Kalogeras, 1993; Jørgensen et al., 2003; Osel-Owusu et al., 2005; Petrunich-Rutherford et al., 2018), while OT response after systemic administration of the 5-HT<sub>1A</sub> partial agonist ipsapirone was significantly reduced following lesions to the PVN (Bagdy, 1996). Secondly, two 5-HT<sub>2</sub> receptor agonists, DOI (5-HT<sub>2A</sub>) and MK212 (5-HT<sub>2C</sub>), also stimulated OT mRNA expression in the PVN (Jørgensen et al., 2003). The amphetamine derivative 3,4-methylenedioxymethamphetamine (MDMA) is an agonist of multiple 5-HT receptors, including the 1A, 1B, 1D, 2A, and 2C receptors (Fletcher et al., 2002), and stimulates OT neurons in the PVN; moreover, this stimulation is blocked by co-administration of the 5-HT<sub>1A</sub> antagonist WAY-100635 (Hunt et al., 2011). Finally, restraint stress-induced OT release in the PVN is blocked by intracerebroventricular administration of either of the 5-HT antagonists WAY-106635 (5-HT<sub>1A</sub>) or ketanserin (5-HT<sub>2A/2C</sub>) (Jørgensen et al., 2002). Therefore, one of the serotonergic receptors, most likely the 5-HT<sub>1A</sub> or 5-HT<sub>2A</sub> receptor, both of which colocalize in the same cells as OT (Ho et al., 2007; Osei-Owusu et al., 2005), stimulates OT synthesis in the PVN (Chiodera et al., 1996), which in turn activates social approach behavior (Arakawa, 2017). Accordingly, central OT infusion as well as systemic injection of the 5-HT<sub>1A</sub> agonists 8-OH-DPAT (Tang et al., 2020) or buspirone (Arakawa, 2017) produce increased sniffing and approach to unfamiliar conspecifics in response to volatile social odors, which are blocked by central injection of a specific OTR antagonist (Arakawa et al., 2015; Arakawa, 2017).

The neural circuitry of 5-HT and OT in the PVN is likely formed during postnatal development. Perinatal administration of the 5-HT agonist 5-methoxytryptamine, upregulates plasma 5-HT levels and morphological reconstruction in OT neurons in the PVN, including decreased co-localization of OT with 5-HT<sub>2A</sub> but not 5-HT<sub>1A</sub> receptors (Edwards et al., 2018). This mutual regulation between 5-HT and OT suggests discrete mechanisms underlying OT-regulation by 5-HT neurons existing with the 5-HT<sub>1A/2A</sub> receptor balance in the PVN (Lefevre et al., 2017).

Following approach to conspecifics, mice display typical response patterns based on familiarity, such as facial investigation of the opponents by whisker palpation along with muzzle sniffing, which usually induces little avoidance (flight response) in approached mice. Anogenital investigation of unfamiliar opponents typically leads to a flight response (~40%) (Arakawa et al., 2007, 2015). Injection of either OT or buspirone, a 5-HT<sub>1A</sub> agonist, robustly decreased the flight response in the approached animals and contributed to the maintenance of approach/contact behavior (Arakawa et al., 2015, 2017). Tph2 knockout mice exhibit a higher frequency of the flight response (~80%) on being approached (Mosienko et al., 2012), which indicates that their extreme aggressiveness (i.e., rejection of social contact) is due to diminished sensitivity of 5-HT<sub>1A</sub> receptors (Peeters et al., 2019). OT infusion in the MeA restores approach behavior in female Tph2 knockout mice (Huo et al., 2018), suggesting that the 5-HT-OT signal in the PVN-MeA circuitry plays a key role in expressing approach behavior in response to social cues and maintaining social contact acceptance.

These behavioral patterns related to approach and withdrawal to physical contact are frequently reciprocated during a social interaction. Such approach-withdrawal behaviors represent typical risk assessment behavior (Blanchard et al., 2011), which involve searching and assessing

the environment by stretching the body back and forth. Such risk assessment behaviors of male mice in response to a predatory odor are disrupted by an intracerebroventricular injection of a specific OTR antagonist (Samuelsen and Meredith, 2011). A recent study demonstrated that the types of OT neurons in the PVN could be the key to mediating approach-contact patterns. Magnocellular OT neurons in the PVN modulate social investigation/approach without physical contact (novelty investigation), which likely switches to control by parvocellular OT neurons when rats can physically encounter peer social stimuli (Tang et al., 2020). Signals from parvocellular OT neurons associated with physical contact with peers would be sent to the NAc, which is linked to the reward circuit (Dölen and Malenka, 2014). Accordingly, one of the social deficit models of autism, Fmr1 knockout mice, is diluted a set of target genes for fragile X syndrome (Mineur et al., 2006), which require activation of parvocellular OT neurons to appropriately express prosocial reward learning (Lewis et al., 2020).

The sense of touch is a highly social component in both animals and humans (Glone et al., 2014). Whisker sensations represent the rodent tactile sense, while the bodily touch sense also plays a major role in peer social interaction (Lenschow and Brechit, 2015), as mice frequently engage in huddling with familiar conspecifics (side-by-side physical contact) (Alberts, 2007). Central infusion of OT facilitates huddling and anogenital contact behavior among unfamiliar mice (Arakawa et al., 2015) and mouse pups (Harshaw et al., 2018). Moreover, 5-HT regulates rhythmic whisking (Hattox et al., 2003) and the whisker touch sense (Arakawa et al., 2014; Gaspar and Lillesaar, 2012). Injection of the partial 5-HT<sub>1A</sub>-agonist buspirone also increased physical body contact with unfamiliar mice during social encounters (Arakawa, 2017). Taken together, these behavioral data support the idea that 5-HT and OT in the PVN play a mediatory role in the approach-withdrawal tactile contact process during social engagements.

## 9. Social approach modulated by OT in the amygdala

The amygdala consists of three discrete subdivisions—the basolateral portion, composed of the lateral, basolateral and basomedial nuclei; the centro-medial portion, composed of the medial and central nuclei; and the cortical portion, composed of the anterior and posterior cortical nuclei (Sah et al., 2003; McDonald, 1998). These subregions are collectively involved in the regulation of several fundamental behavioral processes, such as the determination of the emotional significance of sensory stimuli, the modulation of fear-related defensive responses (LeDoux, 2000), and the regulation of social behavior (Gothard, 2020). The OT-OTR system in the MeA plays a key role in the expression of approach behavior in response to social cues and in the maintenance of social contact with familiar partners (Arakawa et al., 2010, 2015; Arakawa, 2017). Although systemic OTR blockage does not influence social approach in male mice (Haskal de la Zerda et al., 2020), micro-infusion of an OTR antagonist into the MeA blocks the activation of social approach and contact behaviors in response to social stimuli (Arakawa et al., 2010; Samuelsen and Meredith, 2011).

Sex-specific activities of OT have been reported in response to social stimuli in the subregions of the amygdala based on human fMRI studies (Domes et al., 2007, 2010; Rilling et al., 2012, 2014). Rodent studies have also illustrated sex-specific differences in OT function in mediating male versus female social interest depending on the subregions of the amygdala. Male mice showed higher social investigation accompanied by higher OTR mRNA expression in the MeA (Arakawa et al., 2010; Murakami et al., 2011), while female mice displayed enhanced OTR mRNA expression in the central amygdala particularly in response to juvenile male approach (Dumais et al., 2016). However, the sex-specificity of OT function is not always consistent, since the MeA in female mice has also been identified as a target of OT to promote social approach, as shown by a local infusion of antisense oligonucleotides targeting OTR expression in the MeA of female mice (Choleris et al., 2007).

In addition to OT synthesis, 5-HT may be involved in the amygdalar

regulation of social investigation/approach in rodents. There are two distinct ascending serotonergic systems: serotonergic fibers from the dorsal raphe nucleus extend anchored innervations to the striatum, amygdala, and ventral hippocampus, while those from the median raphe nucleus show large, round, sparse innervations to a wide range of regions including the sensory cortices, hippocampus, and hypothalamus (Hensler, 2006; Gaspar and Lillesaar, 2012). Although the MeA receives 5-HT innervation from the dorsal raphe nucleus (Azmitia and Whitaker-Azmitia, 1991), it is unclear whether 5-HT is directly involved in the regulation of social approach in the MeA. The MeA expresses several types of 5-HT receptors, in particular the 5-HT<sub>1A</sub> (Kia et al., 1996), 5-HT<sub>1B</sub> (Sari et al., 1999), and 5-HT<sub>2C</sub> receptors (Abramowski et al., 1995). The 5-HT<sub>2C</sub> receptor in the MeA may be involved in the regulation of aggressive behavior via inhibitory GABAergic interneurons (Asan et al., 2013). The activation of 5-HT<sub>1A</sub> receptors or blocking of 5-HT<sub>2</sub> receptors in the MeA by microinjection induces anxiolytic effects (de Paula et al., 2016). While it is still unknown whether the OTR system in the MeA is coordinated with serotonergic innervation to 5-HT receptors, most serotonergic regulation appears to be via mediation by basolateral amygdala projecting neurons (Bocchio et al., 2016) or the central amygdala (Ferretti et al., 2019). It is likely that the 5-HT in the amygdala plays a regulatory role in the emotional state, rather than in social behavior directly (Ferretti et al., 2019; Bubak et al., 2020).

The emergence of approach behavior in response to peer social stimuli is also coordinatively controlled by other behavioral processes. When exposed to unfamiliar social or potentially threatening stimuli, animals display more investigatory behavioral components in order to assess the risk posed by the confronted stimuli (Blanchard and Blanchard, 1989; Blanchard et al., 2011). If the confronted stimulus is evaluated as a threat or danger, the risk assessment behavior is linked to subsequent avoidance responses (Blanchard et al., 2011), in which OT neurons innervated to the anterior BNST are involved (Steinman et al., 2019). The anteromedial portions of the BNST receive inputs from the PVN and MeA, and send back direct projections to the PVN and central amygdala (Dong and Swanson, 2006). The BNST circuits are likely a key center for stress-related avoidance responses (Lebow and Chen, 2016), as exposure to social defeat stress increases OT expression in the anterior BNST (Nasanbuyan et al., 2018). OTR activation in the anteromedial BNST induces avoidance of unfamiliar social stimuli in female California mice, whereas administration of OTR antagonist into the anterior BNST reduces the acquisition of fear-associated learning in rats (Moaddab and Dabrowska, 2017) and suppresses social avoidance following stress exposure in female California mice (Duque-Wilckens et al., 2018). Therefore, the BNST-amygdala circuits coordinate with the PVN-MeA circuits, in which OT acts to regulate investigatory behaviors toward social stimuli in a familiarity- and threat-dependent manner (Steinman et al., 2019). In addition, sex-dimorphic hormonal regulation in the BNST is clearly documented—female mice predominantly exhibit OT-dependent behavioral effects, while male mice show AVP-dependent BNST effects on behavior (Rigney et al., 2019).

## 10. OTRergic mediation of the 5-HT system

Several lines of evidence have illustrated that OT conversely regulates the release/effects of 5-HT (Lefevre et al., 2017). For instance, an intracerebroventricular injection of OT reduced anxiety-related behavior in the open field test, which was fully blocked by systemic injection of ritanserin, an antagonist of 5-HT<sub>2A/2C</sub> receptors (Yoshida et al., 2009). The existence of mutual interactions between OT and 5-HT is endorsed by several observations of neuromodulatory effects in the NAc. OTRs are found in the presynaptic terminals of serotonergic inputs from the dorsal raphe into the NAc (Dö;len et al., 2013). OT-mediated activation in the NAc requires activation of 5HT<sub>1B</sub> receptors, which is associated with synaptic plasticity in the NAc neurons sustaining social approach behavior (Dö;len et al., 2013). In addition, recent findings have demonstrated that OTRs are co-localized with 5-HT<sub>2A</sub> receptors in

several brain regions, including the hippocampus, cingulate cortex, and NAc (Chruscicka et al., 2019). Activation of the 5-HT<sub>2A</sub> signal attenuates the OTR-mediated Gα<sub>q</sub> signal in the NAc (Chruscicka et al., 2019), suggesting serotonergic mediation of neural OT activity via 5-HT<sub>1B/2A</sub> receptors in the NAc. It is conceivable that a similar regulatory mechanism also exists in the dorsal periaqueductal gray (dPAG).

OT administration in the dPAG facilitated 5-HT neurotransmission, which regulates anti-escape behaviors in social or predatory situations (Vilela-Costa et al., 2019). The 5-HT effect in the dPAG is mediated via activation of 5-HT<sub>1A</sub> or 2A receptors (De Oliveira Sergio et al., 2020; De Paula Soares and Zangrossi, 2004; Mongeau and Marsden, 1997; Nogueira and Graeff, 1995; Spiacci et al., 2016). The majority (>90%) of 5-HT<sub>2A</sub> receptor-labelled cells are colocalized with GABAergic interneurons in the PAG (Griffiths and Lovick, 2002). It is indicated that activation of 5-HT<sub>1A</sub> receptors hyperpolarizes cells and leads to inhibition of dPAG neuronal activities, while the activation of 5-HT<sub>2A</sub> receptors via OT stimulation induces depolarization of the dPAG cells through an inhibition of GABAergic interneurons (Brandão et al., 1991; Griffiths and Lovick, 2002). Moreover, micro-infusion of a GABA<sub>A</sub> receptor antagonist into the dPAG blocked OT/5-HT<sub>2A</sub>-induced behavioral effects (De Oliveira Sergio et al., 2020; Vilela-Costa et al., 2019).

The raphe nuclei have a high density of OTRs that are involved in the regulation of 5-HT release by OT (Pagani et al., 2015). 5-HT<sub>1A</sub> receptors are presynaptic in the raphe nucleus and postsynaptic in other brain regions (Albert et al., 2014). Presynaptic 5-HT<sub>1A</sub> receptors in the dorsal and median raphe nuclei act as autoreceptors, forming a micro-feedback loop to tightly regulate 5-HT neuronal activity within the raphe nucleus (Toth, 2003; Stiedl et al., 2015) and through interaction with OT (Stiedl et al., 2015). OT may modulate 5-HT neurotransmission by upregulating 5-HT<sub>1A</sub> receptors in the dorsal raphe nucleus in humans (Mottolese et al., 2014) and the median raphe nucleus in mice (Yoshida et al., 2009; Pagani et al., 2015). The release of 5-HT from the raphe nucleus stimulates OT neurons in the PVN, where feedback OT projections from the PVN activate 5-HT<sub>1A</sub> autoreceptors in the raphe nucleus, leading to a reduction/termination of 5-HT release from it, thus creating a long-range indirect feedback loop. Systemic injection of the 5-HT agonist 5-methoxytryptamine causes massive increase in extracellular 5-HT levels, leading to a reduction of OT release in the PVN (Kostoglou-Athanassiou and Forsling, 1998), which can be explained by an upregulation of 5-HT<sub>1A</sub> autoreceptors in the raphe nucleus, resulting in a reduction of 5-HT stimulation in OT neurons in the PVN. Accordingly, site-specific conditional knockout of the OTR on serotonergic neurons of the raphe nucleus, leading to a loss of negative feedback of 5-HT, did not increase anxiety-like behavior, but reduced intruder-aggression in male resident mice (Pagani et al., 2015). Activation of postsynaptic 5-HT<sub>1A</sub> and 1B receptors in the raphe nucleus also leads to anti-aggressive effects in rodents (de Boer and Koolhaas, 2005), while a deficit of 5-HT signals in the brain results in extreme hyper aggression in mice (Mosienko et al., 2012). Therefore, OT signals delivered in the raphe nucleus play a role in fine-tuning 5-HT signals in the nucleus via the mediation of presynaptic 5-HT<sub>1A</sub> autoreceptors and postsynaptic 5-HT<sub>1A</sub> and 1B receptors.

## 11. Reward systems sustaining social contact behavior

Social interaction with familiar conspecifics has reward properties which motivate animals to engage in physical contact involving familiar social stimuli, such as huddling, and maintain certain relationships with partners (Young and Barrett, 2015). There is a direct relationship between the reward value of social interactions and the frequency of seeking those interactions (Borland et al., 2018; Netser et al., 2020), similar to the reward value of drugs and their seeking (Veeneman et al., 2012; Doherty et al., 2013). OT acts on the DA circuit in the NAc, which receives projections from the VTA (Buffington et al., 2016; Song et al., 2016) and is a key node of the reward circuit in mice (Dö;len et al., 2013). OTR-expressing VTA neurons also project to the NAc and other forebrain regions containing several different types of neurons, including DA

neurons (less than 10%), glutamate neurons (almost 50%), and GABA neurons (Dobi et al., 2010; Peris et al., 2017). Glutamate and GABA neurons expressing OTR in the VTA may play a modulatory role in the DA-reward circuit (Xiao et al., 2018). OT fibers from mainly the parvocellular neurons in the PVN projecting to the VTA (Hung et al., 2017; Xiao et al., 2017) are in close apposition to DA neurons in the VTA that project to the NAc (Melis et al., 2007). OTR is expressed in DA-containing neurons in the VTA (Hung et al., 2017; Peris et al., 2017) and activation of OTRs in the caudal VTA leads to DA efflux in the NAc (Melis et al., 2007; Shahrokh et al., 2010).

Maintaining social interactions in mice is associated with the activation of NAc-projecting VTA DA neurons (Gunaydin et al., 2014). Moreover, the OT neurons in the PVN that project to the VTA tightly mediate the extent of social interaction between mice (Hung et al., 2017; Borland et al., 2018). Selective inhibition of OTRs in the NAc (Dolen et al., 2013) or the OT neurons projecting into the VTA (Hung et al., 2017) induces a deficit in social contact/preference in the conditioned social place preference test and the social interaction test in male mice. It has been hypothesized that OT facilitates social contact and attachment by stimulating the transition from novelty investigation to contact preference with increasing familiarity (Tops et al., 2013; Beier et al., 2015). Accordingly, it has been indicated (Xiao et al., 2017; Charlet and Grinevich, 2017) that parvocellular OT neurons in the PVN projecting to the VTA facilitate the behavioral transition from investigatory behavior to partner-directed (contact) behavior by inhibiting the parvocellular OT-projecting DA circuits in the substantia nigra. The DA circuits of the VTA-NAc are stimulated by OT input, mediating the balance of excitation and inhibition in the neurons (Hung et al., 2017) via presynaptic endocannabinoid-dependent mechanisms (Xiao et al., 2018).

NAc neurons are also mediated by axonal projection from the insular cortex (Wright and Groenewegen, 1996), by which sensory and social information is integrated and reaches the reward system to regulate social approach behavior. The insular cortex receives inputs from almost all brain regions, including the sensory cortices, thalamus, and amygdala, and sends back projections to a wide range of brain sites, such as the amygdala, PAG, BNST, and NAc (Gehrlach et al., 2020). The insular cortex contains dense OTR binding (Dumais et al., 2013) that receives OT inputs from the parvocellular neurons of the PVN (Knobloch et al., 2012; Tang et al., 2020). Thus, a blockage of OTR in the insular cortex disrupts approach behavior to stress-related social stimuli depending on the age of the opponents (Rogers-Carter et al., 2018). Chemogenetic inhibition of NAc-projecting neurons in the posterior insular cortex blocks social approach behavior towards stressed juvenile conspecifics in rats. Furthermore, inactivation of the posterior insular cortex reduces the freezing response of rats to predatory odor (Rodriguez et al., 2020), while inactivation of the anterior insular cortex attenuates the acquisition of the contextual fear response in rats (Alves et al., 2013). The insular cortex may act via OTR neurons projecting to the NAc as a mediator of stress-related defense behavior in a context-dependent manner. Sensory signal integration generated in the insular cortex interconnected with stress-related neural circuits, including those in the BNST and amygdala, may induce a modification of reward-relevant prosocial behaviors via the insular cortex-NAc pathway. These circuits would allow animals to regulate flexible approach-contact responses depending on the social reward characteristics of the opponents (Steinman et al., 2019).

There are some sex-specific differences in the effects of the interaction between OT and DA on the expression of social behaviors (Gillies et al., 2014). Studies in both male and female rodents have established a critical role associated with social reward effects for OTRs in the VTA in activating DA-containing neurons (Xiao et al., 2017; Hung et al., 2017). However, same-sex social interactions are more rewarding in females than in males in mouse models. For example, basal extracellular levels of DA in the NAc are higher in female rats than in males (Virdee et al., 2014), and females display a higher rate of DA uptake and release than males (Walker et al., 2000). The effect of exogenous OT on the amount of social interaction is also sex-specific—the effect of OT infusion in the VTA

is induced by smaller amounts in females than in males (Borland, 2019). Despite these sex-specific differences in the response to OT in the VTA, no such differences in terms of the number of OT-containing neurons activated by same-sex social interactions were observed in either the PVN or SON (Borland, 2019).

5-HT neurons projecting to the VTA might play a role in sustaining social contact behavior. Serotonergic neurons, including those in the dorsal and median raphe nuclei, project to the mesolimbic structures of the NAc and VTA (Mylecharane, 1996). Serotonergic input from the dorsal raphe to the VTA is involved in vulnerability to social stress (Zou et al., 2020). Selective inhibition of serotonergic neurons from the dorsal raphe into the VTA enhanced social avoidance to social aversive (defeated) stimuli (Zou et al., 2020). GABAergic signals in the VTA mediate social avoidance behavior, which can be ameliorated by 5-HT<sub>2A</sub> receptor agonists (Kimmey et al., 2019). 5-HT<sub>2C</sub> receptors are also involved in DA firing activities in the VTA (Bubar et al., 2007). The stimulation of 5-HT<sub>2C</sub> receptors induced inhibition of DA firing in the VTA and release of DA in the NAc (Di Giovanni et al., 2001; Theile et al., 2009), which is mediated by GABAergic neurons in the VTA (Bubar et al., 2011). 5-HT<sub>2A</sub> suppresses but 5-HT<sub>2C</sub> upregulates GABA neurons in the VTA, which underlies neural plasticity in behavioral responses. These 5-HT microcircuits in the VTA indirectly sustain social approach/contact by inhibiting withdrawal/avoidance responses. Thus, 5-HT is a major player interacting with OT in terms of functional links between the raphe nucleus and the PVN-amygdala-VTA in the sequential processes of behavioral regulation.

## 12. Conclusion

In this review, we propose a model for a better understanding of the multifactorial processing of OT underlying prosocial communicative behavior in rodent models. Social interaction between conspecifics is a dynamic sequence of behavioral patterns associated with multimodal regulation, and the role and effect of OT in this process changes from moment to moment to accommodate temporal behavioral expressions. Moreover, OT also functionally cooperates with other neuromodulators such as 5-HT and DA. Significant efforts need to be undertaken to elucidate the temporal dynamics of OT function in the regulation of prosocial processing. Prosocial behaviors in rodents are multi-modal (e.g., olfactory and tactile), distance-based processes characterized by the detection and discrimination of social cues, followed by approach/evaluation of familiarity, and ultimately leading to contact/huddling with each other as a form of prosocial behavior. Central OT action plays a fundamental role in these sequential processes. It facilitates the fine-tuning of social olfactory signals from a potential social partner via various processes through the olfactory bulb to the olfactory cortices. OT also coordinates with 5-HT to stimulate approach/investigatory behaviors in response to the social stimuli via the hypothalamic PVN to MeA circuits. Finally, OT-DA processes in the VTA to NAc circuits maintain social contact-based prosocial relationships with social partners, with modifications by insular cortex-BNST circuits. Recent technical advances, such as viral-targeted manipulation of specific neuronal circuits and real-time in vivo monitoring of targeted neuronal activities, allow researchers to illustrate the temporal sequential maps of neural processes during complex prosocial interactions. Incorporating behavioral analysis of the sequential processing of prosocial interactions promises a more precise understanding of the temporal neuroregulatory mechanisms involving OT and other related factors. The strategy delineates the circuit dynamics in the sequence of behaviors by adding a new motif to the complex picture of OT circuit interactions that critically regulate prosocial behaviors.

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## Credit Author Statement

Hiroyuki Arakawa is fully responsible for the content of the article and contributed to the submitted version of the manuscript, entitled “Dynamic regulation of oxytocin neuronal circuits in the sequential processes of prosocial behavior in rodent models”.

## Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## Appendix A. Peer Review Overview and Supplementary data

A Peer Review Overview and (sometimes) Supplementary data associated with this article: <https://doi.org/10.1016/j.crneur.2021.100011>.

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