BMJ Open Using electronic health record data to establish a chronic kidney disease surveillance system in China: protocol for the China Kidney Disease Network (CK-NET)-Yinzhou Study

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ABSTRACT

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Correspondence to Dr Luxia Zhang; zhanglx@bjmu.edu.cn Introduction Chronic kidney disease (CKD) is an important public health problem worldwide. However, there are few active disease surveillance systems for it. The China Kidney Disease Network (CK-NET) was established as a comprehensive surveillance system for CKD using various data sources. As part of this, the proposed CK-NET-Yinzhou study aims to build a regional surveillance system in a developed coastal area in China to obtain detailed dynamic information about kidney disease and to improve the ability to manage the disease effectively.

Methods and analysis Yinzhou is a district of Ningbo city, Zhejiang province. The district has a population of more than 1 million. By 2016, 98% were registered in a regional health information system that started in 2009. This system includes administrative databases containing general demographic characteristics, health check information, inpatient and outpatient electronic medical records, health insurance information, disease surveillance and management information, and death certificates. We will use longitudinal individual electronic health record data to identify people with CKD by repeated laboratory measurements and diagnostic codes. We will also evaluate the associated risk factors, prognosis and disease management. An intelligent clinical decision support system (CDSS) will be developed based on clinical guidelines, domain expert knowledge and real-world data, and will be integrated into the hospital information system. Ethics and dissemination The CK-NET-Yinzhou study has been reviewed and approved by the Peking University First Hospital Ethics Committee. Privacy of local residents registered with the health information system will be tightly protected through the study process. The findings of the study will be disseminated through peer-reviewed journal articles, posters and presentations in national and international scientific conferences, as well as among local practitioners through the CDSS.

INTRODUCTION

Chronic kidney disease (CKD) is a global public health problem, with an estimated

Strengths and limitations of this study

- The study is among the first to establish a chronic kidney disease (CKD) surveillance system in China based on data from linked individual-level electronic health records covering more than one million people in the population.
- It will identify CKD using both diagnostic codes and abnormalities in laboratory tests. The prognosis and complications associated with CKD will be traced and monitored using information about repeated health checks, primary care visits, hospitalisation, disease surveillance and death certificates.
- A clinical decision support system will be developed and integrated into the healthcare system to improve the quality of care for CKD.
- There are likely to be inconsistencies in diagnosis from different data sources, inaccuracy in some data domains and missing data, and data quality will have to be managed carefully.
- The study will cover a large population but will be limited to a developed coastal area of China, and the population there may not be representative of the whole country.

prevalence of 10%–16% across major developed and developing countries.^{1 2} However, awareness of CKD is extremely low (less than 20% among the general population in most countries).^{3 4} CKD can lead to increased morbidity and mortality. The 2010 Global Burden of Disease study found that the proportion of deaths linked to CKD has risen by 82.3% in the last two decades, just behind HIV/AIDS and diabetes mellitus.⁵ The 2016 Global Burden of Disease study showed that the burden of CKD kept increasing from 2002 to 2016 and outpaced other non-communicable diseases in the USA.⁶ In China, an analysis using a nationwide hospitalisation registry showed that the proportion of CKD related to diabetes has been greater than the proportion related to glomerulonephritis since 2010, and that metabolic diseases now play a more important role in driving the CKD epidemic.⁷

Disease surveillance systems have been defined as 'ongoing, systematic, collection, analysis and interpretation of health data essential to the planning, implementation and evaluation of public health practice, closely integrated with the timely dissemination of these data to those who need to know'.⁸ Establishing such a system is an essential step in making effective public policy and allocating resources for controlling diseases. Considerable work has gone into creating registries for patients with end-stage kidney disease (ESKD), especially those under renal replacement therapy, but there are only limited examples for predialysis CKD.⁹ In 2014, the China Kidney Disease Network (CK-NET), which was originally proposed by the late Hai-Yan Wang, tried to establish a robust CKD surveillance system by leveraging data from the national Hospital Quality Monitoring System.¹⁰ However, this system only covers inpatient records, not laboratory test results or outpatient clinic records. This limited its ability to capture patients with CKD, as well as provide data for risk factor analysis.¹¹

In Yinzhou district, in the city of Ningbo, Zhejiang province, electronic health record data are distinguished by linking almost all aspects of healthcare, including public health, health insurance, disease registries and clinical practice. The data are updated on a daily basis.¹² Using this platform and an efficient primary healthcare network, it was considered possible to expand on the CK-NET work to design a new study, CK-NET-Yinzhou, with the aims:

- 1. To monitor incidence and prevalence of CKD using data from electronic health records on repeatedly measured laboratory indicators of CKD and diagnostic International Classification of Diseases (ICD) codes.
- 2. To monitor prognosis and complications of CKD, evaluate the management of the disease and related conditions (mainly hypertension and diabetes), and assess referrals to nephrologists in secondary and tertiary hospitals.
- 3. To develop a clinical decision support system (CDSS) for CKD management, and to improve the efficiency and quality of healthcare by incorporating this into the local healthcare system.

METHODS AND ANALYSIS Setting and data sources

We aimed to establish a CKD surveillance and management system in Yinzhou, a district of Ningbo in Zhejiang province in China, which has a population of 1.24 million (figure 1). Yinzhou is noted for its excellent primary healthcare system and a comprehensive health information system, which has linked all public health and clinical databases in the region since 2009. A detailed

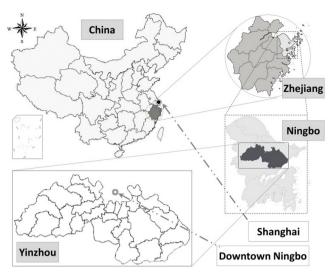


Figure 1 Study location for the CK-NET-Yinzhou study. Reproduced from Lin *et al*, 2018,¹² with permission from BMJ Publishing Group Ltd. CK-NET, China Kidney Disease Network.

description of the health information system in Yinzhou has been published elsewhere.¹² This system integrates administrative databases on general demographic characteristics, health checks information, inpatient and outpatient electronic medical records, health insurance, disease management, death certificates and environmental monitoring data, and is updated in real time. In total, 98% of the population in Yinzhou had registered in the system by 2016. The data sources are linked by unique and encoded identifiers. The data sources, topics covered in this study and potential limitations are listed in table 1 and online supplementary figure S1). A thirdparty company, Wonder Information Corporation, is in charge of maintaining the system, linking the databases and keeping personal information stored securely.

Identification of those with CKD and at risk of CKD

The definition of CKD used in this study will be from the Kidney Disease Improving Global Outcomes guideline,¹³ and the CKD-specific diagnosis in International Classification of Diseases, 10th Revision (ICD-10) codes (both cause-specific and in CKD stages, table 2). The estimated glomerular filtration rate (eGFR) will be calculated using the Chronic Kidney Disease Epidemiology Consortium creatinine equation.¹⁴ Two eGFR measurements <60 mL/ $min/1.73 m^2$ at least 3 months apart, two urine albumin to creatinine ratio of at least 30 mg/g (or equivalent urine protein to creatinine ratio, 24 hours' urine protein and dipstick proteinuria) at least 3 months apart or diagnosis of CKD by ICD-10 codes from electronic medical record data will be used to define CKD (figure 2). In 2017 and 2018, 30.5% (195562/640393) of the adult permanent residents had at least two records of serum creatinine separated by more than 3 months. The corresponding proportion is 39.1% (250415/640393) for urine protein (dipstick or quantitative proteinuria/albuminuria measurement). Risk factors used to define those at risk

Table 1 Data sources and topics in establishing a CKD surveillance system in China							
Data source	Indications of CKD	Risk factors for CKD	Progression of CKD and outcomes	Medical interventions	Limitations		
Population census and registered health insurance database	NA	Demographics, lifestyle risk factors	NA	NA	Only one record of measurement for each person.		
Health checks database	Serum creatinine, dipstick test of proteinuria	Physical examinations, laboratory tests, disease history	Serum creatinine, dipstick test of proteinuria	Types, doses and frequency of prescription	1–2 years' lag, no information on medications.		
Disease surveillance and management database	NA	NA	Diagnosis of CVD, Death certificates	Types, doses and frequency of prescription	No information on laboratory tests.		
Outpatient/inpatient EMR database	Serum creatinine, urine albumin to creatinine ratio, ICD-10 codes for CKD	examinations, laboratory tests,	Diagnosis of comorbidities, CVD, ESKD and death certificates	Types, doses and frequency of prescription	Coverage limited to patients with outpatient/ inpatient visits.		
Charge and claims database	NA	NA	NA	Types, doses and frequency of prescription	Prescription information may not be accurate.		

*Health checks database refers to health checks for new rural cooperative medical scheme, health checks for elderly people and health checks for adults with hypertension and diabetes.

CKD, chronic kidney disaese; CVD, cardiovascular disease; EMR, electronic medical record; ESKD, end-stage kidney disease; ICD-10, International Classification of Diseases, 10th Revision; NA, not available.

of CKD were smoking, family history of CKD, hypertension, diabetes, long-term exposure to nephrotoxic drugs and previous hospitalisation for acute kidney injury. We will focus in particular on the population identified as having hypertension and/or diabetes. The definition of hypertension and diabetes will be based on levels of measurements (systolic blood pressure $\geq 140 \text{ mm Hg}$ and/or diastolic blood pressure $\geq 90 \text{ mm Hg}$ for hypertension, fasting blood glucose $\geq 7.0 \text{ mmol/L}$ and/or haemoglobin A1c $\geq 6.5\%$ for diabetes), diagnosis by physicians or use of particular medications. To clarify the natural course of CKD, especially with autoimmune diseases or hereditary kidney disease, a general population-based control group will be selected.

Monitoring the diagnosis and management of those with CKD and at risk of CKD

The diagnosis of individuals meeting our criteria for CKD identified by laboratory tests will be monitored in both primary healthcare units and higher level hospitals (identified through codes). This is meant to reflect the ability to identify patients with CKD in the healthcare system. We will also evaluate the achievement of goals consistent with clinical guidelines for intervention for hypertension, diabetes and lipid profiles, among patients with CKD or at risk of CKD. We will especially focus on the use of renin–angiotensin system inhibitor for diabetics with proteinuria and hypertension and evaluate their effects on control of hypertension and albuminuria. We will also monitor the identification and referral of patients in CKD stages G4–G5 (eGFR < 30 mL/min/1.73 m²) or with severe comorbidities to specialists in nephrology in secondary or tertiary hospitals (figure 3).

Creating a CDSS to be integrated into the process of diagnosis and management of CKD

A CDSS will be developed and integrated into the hospital information system in Yinzhou to facilitate diagnosis and management of CKD by general practitioners and specialists in nephrology. In line with the appropriate guidelines,¹³ diagnosis and staging information about CKD will be provided in the system if certain criteria are met and will appear in appropriate interfaces embedded in the web-based working station for general practitioners. Suggestions for additional examinations and follow-up frequencies will be provided if necessary. A risk stratification tool for categorising CKD patients based on the probability for prognosis of CKD and occurrence of complications will also be developed. The established prediction model for adverse outcomes developed in Western countries will be validated using real-world data from Yinzhou before being incorporated into the decision support system (figure 4).^{15 16}

Outcomes

The CKD surveillance system will monitor kidney function progression and occurrence of ESKD, cardiovascular disease and death as outcomes. Both events and their date of occurrence will be recorded. Kidney function progression will be monitored using the longitudinal serum

Table 2 The ICD-10 codes for CKD					
Aetiology or stage of CKD	ICD coding				
Diabetes mellitus					
Type 1 diabetes mellitus with renal complications	E10.2				
Type 2 diabetes mellitus with renal complications	E11.2				
Other specified diabetes mellitus with renal complications	E13.2				
Unspecified diabetes mellitus with renal complications	E14.2				
Hypertensive diseases					
Hypertensive renal disease with renal failure	112.0				
Hypertensive renal disease without renal failure	112.9				
Hypertensive heart and renal disease with (congestive) heart failure	113.0				
Hypertensive heart and renal disease with renal failure	113.1				
Hypertensive heart and renal disease with both (congestive) heart failure and renal failure	113.2				
Hypertensive heart and renal disease, unspecified	113.9				
Glomerular diseases					
Acute nephritic syndrome, other	N00.8				
Recurrent and persistent haematuria	N02				
Chronic nephritic syndrome	N03				
Nephrotic syndrome	N04				
Unspecified nephritic syndrome	N05				
Isolated proteinuria with specified morphological lesion	N06				
Persistent proteinuria, unspecified	N39.1				
Renal tubulointerstitial diseases					
Chronic tubulointerstitial nephritis	N11				
Tubulointerstitial nephritis, not specified as acute or chronic	N12				
Drug-induced and heavy metal- induced tubulointerstitial and tubular conditions	N14				
Other renal tubulointerstitial diseases	N15				
Renal tubulointerstitial disorders in diseases classified elsewhere	N16 (exclude N16.4)				
Other specified disorders of carbohydrate metabolism	E74.8				
Disorders of amino acid transport	E72.0				
Nephrogenic diabetes insipidus	N25.1				
Obstructive nephropathy					
	Continued				

Continued

Table 2 Continued					
Aetiology or stage of CKD	ICD coding				
Hydronephrosis with ureteropelvic junction obstruction	N13.0				
Hydronephrosis with ureteral stricture, not elsewhere classified	N13.1				
Hydronephrosis with renal and ureteral calculous obstruction	N13.2				
Other chronic kidney failure, unknown cause					
CKD	N18 not combined with I10				
Unspecified kidney failure	N19 not combined with I10				
Stage of CKD					
CKD stage 1	N18.801				
CKD stage 2	N18.802				
CKD stage 3	N18.803				
CKD stage 4	N18.804				
CKD stage 5	N18.001				
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CKD, chronic kidney disease; ICD-10, International Classification of Diseases, 10th Revision; ICD, International Classification of Diseases.

creatinine measurements (or other alternative markers for kidney function), and the slope, trajectory and magnitude of decline (50% or 30% decline) in kidney function will be calculated. The slope of kidney function change can be used as a surrogate outcome for prognosis for CKD. To monitor occurrence of ESKD, we will focus on renal replacement therapy, which includes haemodialysis, peritoneal dialysis and kidney transplantation. Proposed cardiovascular disease events include non-fatal

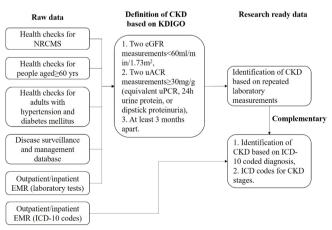


Figure 2 Data sources and criteria to define CKD. CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate; EMR, electronic medical record; ICD-10, International Classification of Diseases, 10th Revision; KDIGO, Kidney Disease Improving Global Outcomes; NRCMS, New Rural Cooperative Medical Scheme; uACR, urinary albumin to creatinine ratio.

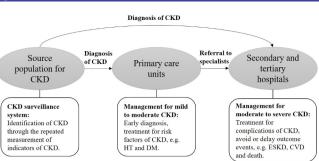


Figure 3 Process for management of patients with CKD. CKD, chronic kidney disease; CVD, cardiovascular disease; DM, diabetes mellitus; ESKD, end-stage kidney disease; HT, hypertension.

heart failure, non-fatal coronary heart disease, non-fatal ischaemic or haemorrhagic stroke, heart arrhythmia and peripheral artery disease. The detailed ICD-10 codes for cardiovascular events are shown in table 3. The records will be obtained from both the electronic medical records database and the cardiovascular disease registry. Information about the primary cause of death will be extracted from death certificates. The database of health insurance claims will also provide outcome information.

Data analysis

Prevalence of CKD will be calculated using the number of cases as numerator and the total population covered by the surveillance system as denominator. The cumulative incidence of CKD per year will be calculated by counting new diagnoses. The Cox proportional hazards regression model will be used to estimate the association between the proposed risk factors and medical interventions and time to outcomes. We will use longitudinal data for the measurement of risk factors so that time-dependent variables can be used in the model, and interactions with time and between covariates will be carefully checked to avoid bias. Linear mixed-effect modelling will be used to estimate the slope of change in kidney function and to evaluate the effect of risk factors and medical interventions. We will identify patterns in the trajectory of change in kidney function using the latent growth model.

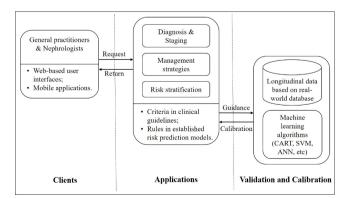


Figure 4 Development of clinical decision support system for diagnosis and risk stratification of CKD. ANN, artificial neural network; CART, classification and regression tree; SVM, supportive vector machine.

Table 3 The ICD-10 codes for cardiovascular disease					
Types of CVD	ICD coding				
Acute coronary syndrome					
STEMI	21.0, 21.1, 21.2, 21.3, 21.9				
NSTEMI	l21.4, l20.0, l20.1, l20.9				
Others	122, 124				
Other coronary heart diseases					
Chronic ischaemic heart disease	125				
Exertional angina pectoris	120.803				
Postinfarction angina pectoris	120.005				
Syndrome X	120.802				
Stable angina pectoris	120.801				
Mixed angina pectoris	120.804				
Heart failure	150				
Other heart diseases					
Dilated cardiomyopathy	142.0				
Other hypertrophic cardiomyopathy	142.2				
Other restrictive cardiomyopathy	142.5				
Cardiomyopathy, unspecified	142.9				
Cardiovascular disease, unspecified	151.6				
Heart disease, unspecified	151.9				
Pulmonary oedema	J81				
Cerebral stroke					
Subarachnoid haemorrhage	160				
Intracerebral haemorrhage	161				
Acute ischaemic cerebral stroke	163, 164, H34.1				
Peripheral artery disease	170.2, 173.9, 174.3, 174.4				

CVD, cardiovascular disease; ICD-10, International Classification of Diseases, 10th Revision; ICD, International Classification of Diseases; NSTEMI, non-ST segment elevation myocardial infarction; STEMI, ST segment elevation myocardial infarction.

Traditional and new machine learning and deep learning algorithms, for example, the classification and regression tree model, support vector machine and artificial neural networks, will be used to develop risk prediction models where appropriate. These algorithms are particularly useful for dealing with a large number of candidate risk factors.¹⁸ The random survival forest model will be used to rank the comparative importance of the risk factors, and the classification and regression tree model will be used to find appropriate cutoffs for indicators and risk factors for CKD.

Patient and public involvement

The research questions and outcome measures for this study are based on recognised and agreed clinical guidelines, and the majority of work on data linkage and analysis is technical. We have, therefore, not involved patients and the public in the design of the study. However, we hope that the study findings will raise awareness of CKD among the general population, and improve treatment adherence among patients with CKD, hypertension and diabetes. We will therefore invite residents and patients in Yinzhou to participate in developing a community-based healthcare plan for CKD and involve them in the dissemination of the study outcomes.

DISCUSSION

This protocol describes how we plan to establish a CKD surveillance system based on a regional health information system in Yinzhou, Ningbo, Zhejiang, China. We aim to establish the disease burden of CKD and evaluate the risk factors, medical interventions and prognosis of the disease. We also hope to develop a CDSS to facilitate management of CKD in both primary healthcare and nephrology settings. The ultimate goal of this surveillance system was to lower disease burden of CKD and to improve the care provided for this disease.

A number of countries have established surveillance systems for ESKD, but few assess predialysis CKD.⁹ In the USA, the national CKD surveillance system uses a number of data sources, including administrative databases, national surveys and ongoing prospective cohort studies.¹⁹ The topics addressed in the system and the corresponding measures and indicators were agreed by expertise in nephrology, epidemiology and other disciplines. Each topic will be addressed by selecting appropriate data sources from the system. Besides leveraging comprehensive data sources, the common practices in establishing a chronic disease surveillance system include linking data covering different aspects of the healthcare system and making secondary use of them. Typically, the system might bring together laboratory results, diagnostic codes and/or prescription information for individuals. For example, one CKD registry in the USA is based on the Cleveland Clinic Healthcare Network.²⁰ A nationwide CKD surveillance system in Canada is based on the Canadian Primary Care Sentinel Surveillance Network,²¹ and a CKD screening programme in Singapore uses the national primary care system.²² In our project, the linked data sources in the health information system in Yinzhou include electronic health records from different levels of hospitals, the public health information system and the health insurance system.¹² The primary healthcare network in Yinzhou has sufficient facilities and workforce to reach every area, and can provide basic diagnosis and treatment for hypertension and diabetes. Local tertiary hospitals provide advanced management for CKD, including haemodialysis, peritoneal dialysis and kidney transplantation. Information about environmental exposures, including meteorological elements, urban sewage and air pollutants, which may have an adverse influence on health, are available through links with routinely

monitoring activity. Yinzhou, therefore, is an ideal place to establish such a monitoring system for CKD.

The majority of CKD detected in the general population in China is in the early stages, characterised by the presence of albuminuria and normal or mildly reduced kidney function.² With the increasing prevalence of metabolic diseases over the past decades, data from the registry for renal replacement therapy in Beijing and Shanghai of China show that ESKD requiring renal replacement therapy has increased.^{23 24} However, much is still unknown about the current burden of CKD and ESKD in China, as well as the healthcare practice required to manage the challenges of the disease. To fill this gap, we initiated the CK-NET study to establish a CKD surveillance system in China. In the first annual data report of CK-NET, we used hospitalisation records from tertiary hospitals around the country to show the burden, causes, interventions and costs of CKD.¹⁰ In the recent second annual data report of CK-NET, we focused on the disease burden of ESKD, using more data sources, including commercial health insurance and health insurance for permanent residents.²⁵ However, these administrative data sources lack laboratory measurements and may lead to considerable underdetection of CKD. The source population and the prognosis for the patients are also typically unclear. Therefore, this limits the ability to use these data to evaluate risk factors, medical interventions and associated outcomes. However, this information can be obtained from more comprehensive data within the integrated health information system.

The Global Kidney Health Atlas, initiated by the International Society of Nephrology, reported that there is a shortage of trained staff and insufficient capacity in nephrology in middle-income countries, including China.²⁶ Besides monitoring the ongoing disease burden, risk factors and prognosis for CKD, another aim of this project was to promote guideline-based practices for the management of those with or at risk of CKD. The effectiveness of this will be evaluated in the health system in Yinzhou, and new knowledge will be generated and circulated to general practitioners, nephrologists and other health professionals during the process of routine healthcare practice. This is essential to create a learning health system where healthcare providers can access and apply evidence in real time and rigorous scientific research can be conducted using the advanced health information technology and infrastructure.²⁷ We hope that a learning health system can be built in Yinzhou to improve the quality of care. It is possible that increased awareness of CKD may result in unnecessary investigation and even overdiagnosis, but we believe that better management of those with and at risk of CKD, especially through improved primary healthcare service, will reduce the burden of CKD and increase the efficiency of the whole healthcare system. Additionally, many healthcare services can be examined and promoted by conducting pragmatic clinical trials. Randomised clinical trials with strict inclusion and exclusion criteria can be much more easily conducted by accessing various longitudinal information of patients.²⁸

Despite the above-mentioned advantages, our study has some limitations, which may also be issues in other electronic health record-based studies. First, there may be inconsistencies in the identification of disease status. Both diagnosis and date of onset of a specific disease could vary between data sources. It will therefore be necessary to decide on priorities for data sources and protocols to combine information. We tend to first rely on information from disease registries and then on the diagnosis in the discharge form provided by secondary/tertiary hospitals. We will also include a category for uncertain cases where information is insufficient for diagnosis. Second, there are likely to be missing data, which may be a more significant issue with some data sources. To manage this, we will use several imputation methods or delete cases with missing values in key variables before data analysis. We will also evaluate the potential for selective bias as a result. Third, information about frequency and doses in prescription may not be accurate. Fourth, Yinzhou is a developed area in the southeast of China. Compared with a representative sample of the general adult population of China recruited for the China Health and Nutrition Survey examined in 2009, the population in Yinzhou is younger (mean age: 39.7±15.4 years vs 44.5±16.9 years), with a higher proportion of men (48.6% vs 46.7%), fewer current smokers (19.6% vs 28.0%) and similar body mass index $(22.5\pm2.5 \text{ kg/m}^2 \text{ vs } 23.3\pm3.5 \text{ kg/m}^2)$, and systolic (127.1±14.9mmHg vs 124.6±18.8mmHg) and diastolic (79.0±9.9 mm Hg vs 80.5±11.3 mm Hg) blood pressure levels.¹²²⁹ The population of Yinzhou is therefore not representative of the whole country, and the strategies and procedures for CKD management developed in this study will need to be assessed further before they are applied elsewhere.

Ethics and dissemination

In developing this study protocol, we have carefully considered security, privacy and confidentiality issues related to storage and handling of individual electronic health record data. The database is stored in the central repository operated by the local telecom administrative bureau and supervised by the local public security organisation. The establishment of the CKD surveillance system using electronic health record-based health information system has been approved by the local health authority (Health and Family Planning Bureau of Yinzhou District). A third-party company (Wonders Information Corporation) was responsible for linking different data sources and used encrypted identifiers. To protect the confidentiality of participants, all personal identifiers will be removed before data use by the researchers. Electronic health record data are collected in routine practice, so the participants do not provide informed consents. The study has been approved by the ethics committee of Peking University First Hospital. The study results will be disseminated in published journal articles and at conferences,

through seminar posters and presentations. They will also be included in the Annual Data Report of CK-NET. The CDSS will facilitate access to clinical evidence among healthcare providers in the region.

In conclusion, this protocol describes work to establish a CKD surveillance system in Yinzhou, Ningbo, to monitor the ongoing disease burden of CKD in the area. The work will help to improve the competency of local general practitioners and specialists through the use of a CDSS. We hope it will optimise the management of CKD and improve the outcome for patients.

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Contributors JW, BB, PS and LZ drafted the manuscript. JW, BB, PS, MZ, HL and LZ conceived and designed the study. HL, BB and PS are responsible for study coordination; JW, PS, XS, GK, and YY are responsible for data quality control; PS, XS and GD are responsible for data wrangling; and JW, BG, CY and LZ are responsible for data analysis. All authors contributed to the writing of the study protocol in an iterative manner, and have read and approved the final manuscript.

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