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RESEARCH ARTICLE

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DNA methylation signatures in Blood DNA of Hutchinson–Gilford Progeria syndrome

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Abstract

Hutchinson–Gilford Progeria Syndrome (HGPS) is an extremely rare genetic disorder caused by mutations in the *LMNA* gene and characterized by premature and accelerated aging beginning in childhood. In this study, we performed the first genome-wide methylation analysis on blood DNA of 15 patients with progeroid laminopathies using Infinium Methylation EPIC arrays including 8 patients with classical HGPS. We could observe DNA methylation alterations at 61 CpG sites as well as 32 significant regions following a 5 Kb tiling analysis. Differentially methylated probes were enriched for phosphatidylinositol biosynthetic process, phospholipid biosynthetic process, sarco-plasm, sarcoplasmic reticulum, phosphatase regulator activity, glycerolipid biosynthetic process. Differential methylation analysis at the level of promoters and CpG islands revealed no significant methylation changes in blood DNA of progeroid laminopathy patients. Nevertheless, we could observe significant methylation differences in classic HGPS when specifically looking at probes overlapping solo-WCGW partially methylated domains. Comparing aberrantly methylated sites in progeroid laminopathies,

[Correction added on 21 January 2022, after first online publication: The surname of the author Ramya Potabattula was misspelled and has been corrected in this version.]

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classic Werner syndrome, and Down syndrome revealed a common significantly hypermethylated region in close vicinity to the transcription start site of a long non-coding RNA located anti-sense to the Catenin Beta Interacting Protein 1 gene (*CTNNBIP1*). By characterizing epigenetically altered sites, we identify possible pathways/mechanisms that might have a role in the accelerated aging of progeroid laminopathies.

KEYWORDS

accelerated aging, DNA methylation, epigenetic clock, Hutchinson-Gilford Progeria syndrome, progeroid laminopathies

1 | INTRODUCTION

The nuclear envelope is composed of a double lipid bilayer and an underlying network of intermediate filament proteins that make up the nuclear lamina. Principal components of the mammalian nuclear lamina are lamins A, B1, B2, and C (Recently reviewed in (Wong & Stewart, 2020)). Lamins A and C are splice isoforms from the same gene (LMNA), while lamins B1 and B2 are each coded for by separate genes. A number of diseases associated with mutations in nuclear lamins and lamin-associated proteins have been collectively termed laminopathies(Burke & Stewart, 2006; Worman, 2012). The majority of laminopathies are due to variants found in the LMNA gene, which to date has over 600 variants reported (de Leeuw et al., 2018). Laminopathies are classified into some 30 diseases and conditions, which fall into three larger categories: lipodystrophies, muscular dystrophies, and premature aging (Wong & Stewart, 2020). Hutchinson-Gilford Progeria Syndrome (HGPS) is the most severe form of premature aging associated with variations in lamin A (De Sandre-Giovannoli et al., 2003; Eriksson et al., 2003).

Lamin A protein undergoes a series of posttranslational processing steps that are important for its normal function. Briefly, prelamin A contains a C-terminal CaaX motif, the cysteine of which is farnesylated by a farnesyl transferase. The three C-terminal amino acids are then removed by either RAS-converting enzyme 1 (RCE1) or ZMPSTE24 (FACE1) and the farnesylated cysteine is methylated. The final cleavage by ZMPSTE24 results in removal of 15 C-terminal amino acids resulting in a mature lamin A (Davies et al., 2011; Sinensky et al., 1994). In HGPS, a C>T substitution at position 1824 creates a cryptic splice site in the lamin A mRNA. This results in the removal of 50 amino acids, which contain the second ZMPSTE24 cleavage site (De Sandre-Giovannoli et al., 2003; Eriksson et al., 2003). This shorter form of lamin A, also known as progerin, is constitutively tagged at the C-terminus by a farnesyl cysteine methyl ester. Individuals affected by HGPS experience short stature, bone loss, lipodystrophy, and alopecia, with most patients suffering from fatal heart failure in their early teens (Hennekam, 2006; Vidak & Foisner, 2016). The molecular disease progression is thought to involve at least two cellular aspects, the organization and maintenance of DNA, and the mechanical resilience of the nucleus.

Chromatin is organized into topological associated domains (TADs) (Dixon et al., 2012; Lieberman-Aiden et al., 2009). Some

TADs have been shown to interact with the nuclear envelope through Lamin-Associated Domains (LADs), which are transcriptionally repressed regions (Lochs et al., 2019). As such, the nuclear lamina can regulate chromatin by promoting interaction with LADs, though the mechanisms by which the interaction of chromatin and the nuclear lamina is regulated remains an area of active research (Wong & Stewart, 2020). Even though the genetic mutations causing HGPS have been known for years, the molecular processes underlying the phenotype remain to be clarified. One mechanism for translating the effects of specific gene mutations into the associated comorbidities of premature aging is through epigenetic dysregulation of relevant genes/pathways. Several epigenetic alterations were reported to occur in HGPS cells including downregulation of H3K27me3 and H3K9me3 as well as upregulation of H4K20me3 (McCord et al., 2013: Shumaker et al., 2006). Moreover, HGPS cells were shown to display DNA methylation aberrations across several regions. A study by Liu et al. measured DNA methylation of 95.932 CpG sites in HGPS fibroblasts using targeted bisulfite padlock probes followed by sequencing (Liu et al., 2011). This revealed 586 genes containing HGPS differentially methylated regions that play a role in development and transcriptional regulation. On the contrary, induced-pluripotent stem cells (iPSCs) from HGPS patients only showed DNA methylation abnormalities in 33 autosomal genes. A novel DNA methylation age clock based on 391 CpG sites also displayed epigenetic age acceleration in HGPS fibroblasts (Horvath et al., 2018). More recently, a comprehensive study by Köhler et al. analyzed chromatin accessibility via transposase-accessible chromatin with -visualization/-sequencing (ATAC-see/-seq) and measured DNA methylation using Illumina EPIC Methylation arrays in 9 primary fibroblasts of HGPS patients vs 6 control samples. This revealed the enrichment for chromatin accessibility changes and DNA methylation aberrations in LADs of HGPS patients (Kohler et al., 2020). A study by Heyn et al. has looked at differential DNA methylation of EBV-transformed B cells in patients with Werner syndrome (WS) and in a family with progeroid features presenting a HGP-like phenotype(Heyn et al., 2013). EBV immortalization is known to cause large-scale hypomethylated blocks across the genome, and this is why the authors could only study DNA methylation in a subset of the measured CpG sites (272,290 out of 485,577), as several sites were filtered out because of inconsistent DNA methylation between naive and immortalized samples (Hansen et al., 2014). Until now, no

study has investigated DNA methylation alterations in blood DNA of HGPS patients, which is inherently related to the very limited number of HGPS patients. To fill this gap, we have performed the first comprehensive genome-wide DNA methylation analysis in peripheral blood DNA of 8 classic HGPS patients and 7 patients with nonclassical progeroid laminopathy including matched healthy controls.

2 | RESULTS

2.1 | DNA methylation alterations in progeroid laminopathies

We used the Infinium MethylationEPIC BeadChip to compare genome-wide DNA methylation signatures in whole blood DNA of progeroid laminopathy patients with LMNA mutations versus ageand gender-matched controls. Differentially methylated sites and regions (genes, promoters, CpG islands, and tiling regions) between samples were analyzed following adjustment for age and gender and cell type composition via the RefFreeEWAS package(Houseman et al., 2014). An initial differential methylation analysis comparing 8 classical HGPS vs age- and gender-matched controls and 7 progeroid laminopathy patients (non-classical mutation) vs matched controls revealed no differentially methylated sites/regions with a false discovery rate (FDR)-adjusted p value < 0.05 in both comparisons. In order to increase sample number to detect small effect size, we performed an aggregate analysis combining all progeroid laminopathies (N = 15) versus matched controls (N = 12). At the site level, this analysis revealed 61 differentially methylated sites with a FDRadjusted p value < 0.05 and a β methylation difference of >0.02 or <-0.02 (2% methylation difference) (Table S1). At the region level analysis, we observed no significant gene, promoter, or CpG island, whereas the 5 Kb tiling analysis revealed 32 significant regions when comparing progeroid laminopathies vs controls (Table S2). Next, we tested Gene Ontology (GO) enrichment for the 61 significant CpGs using the methylgIm function implemented in the methylGSA package that performs gene set analysis following adjustment for the number of CpG sites per gene(Ren & Kuan, 2019). This revealed

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significant enrichment for 8 GO terms including phosphatidylinositol biosynthetic process, phospholipid biosynthetic process, sarcoplasm, sarcoplasmic reticulum, phosphatase regulator activity, glycerolipid biosynthetic process, glycerophospholipid biosynthetic process, and phosphatidylinositol metabolic process (Table 1). We additionally used eFORGE to perform functional overlap analysis for chromatin-signal enrichment across specific cells or tissues(Breeze et al., 2019). However, we did not observe differentially methylated probes (DMPs) to be enriched at DNase I hypersensitive sites (DHSs) (Figure S1), 15 chromatin states, and 5 histone marks from the consolidated Roadmap Epigenomics Consortium. To test for the effect of methylation alterations on the expression of nearby genes, we performed an expression quantitative trait methylation (eQTM) analysis for the 61 DMPs via the Biobank-based Integrative Omics Study (BIOS)-QTL browser. This analysis showed no association between methylation at these sites and expression of nearby genes (Table S1).

2.2 | Differentially methylated sites in progeroid laminopathies

HGPS fibroblasts have been shown to have a loss of peripheral heterochromatin and associated H3K27me3 histone marks at the nuclear periphery(McCord et al., 2013). Therefore, we investigated whether CpG sites associated with genomic regions in contact with nuclear lamina are differentially methylated in blood DNA of HGPS patients. Here, we used a Welch two-sample t test to compare methylation levels between classic HGPS and controls at probes located at lamin A LADs across several cells/tissues (Guelen et al., 2008: Lund et al., 2014; Lund et al., 2015; Meuleman et al., 2013). We observed no differences in DNA methylation across CpG sites residing in lamin A LADs identified in HELA cells (p value = 0.40) (Figure 1a), fibroblasts (p = 0.50), and the HT1080 cell line (p = 0.59). We additionally looked at redistributed LAD genomic regions in dilated cardiomyopathy (DCM) hearts with pathogenic variants in LMNA (Cheedipudi et al., 2019). Similarly, we did not observe difference in average methylation of CpG sites in those regions (p value = 0.17) when

ID	Description	Size	p Value	p-adj
GO:0006661	Phosphatidylinositol biosynthetic process	172	5.33E-05	0.00319049
GO:0008654	Phospholipid biosynthetic process	386	5.33E-05	0.00319049
GO:0016528	Sarcoplasm	124	5.33E-05	0.00319049
GO:0016529	Sarcoplasmic reticulum	110	5.33E-05	0.00319049
GO:0019208	Phosphatase regulator activity	121	5.33E-05	0.00319049
GO:0045017	Glycerolipid biosynthetic process	372	5.33E-05	0.00319049
GO:0046474	Glycerophospholipid biosynthetic process	319	5.33E-05	0.00319049
GO:0046488	Phosphatidylinositol metabolic process	285	5.33E-05	0.00319049
GO:0005085	Guanyl-nucleotide exchange factor activity	308	0.00881494	0.30159679

TABLE 1 Gene ontology enrichment for the 61 significant CpGs in blood DNA of patients with progeroid laminopathies following adjustment for number of CpG sites per gene on the Infinium Epic arrays



FIGURE 1 DNA methylation differences in (a) classical HGPS (red) (b) non-classical progeroid laminopathies (green) vs controls (gray) for β values at probes located in Lamin A LADS and Lamin B LADs identified in HeLa cells. The Welch two-sample t test was used to perform the statistical comparison between cases and controls. The median of β values is displayed as a solid black line **c**. DNA methylation levels of solo-WCGW sites located in partially methylated (PMD) and highly methylated domains (HMD) in classical HGPS (red), non-classical progeroid laminopathies (green), and the matched controls for each group (gray). Median is indicated by solid line

comparing classic HGPS patients vs controls. Next, we performed a similar analysis for patients with non-classic progeroid laminopathies, which revealed no difference for CpG sites located in lamin A LADs of HeLa cells (p = 0.93) (Figure 1b), fibroblasts (p = 0.99), and the HT1080 cell line (p = 0.93) as well as regions exhibiting gains and losses of LADs in DCM patients (p = 0.81). Furthermore, we looked at methylation levels of solo-WCGW sites located in partially methylated domains (PMD) and highly methylated domains (HMD) (Zhou et al., 2018). We observed significant methylation differences in solo-WCGW PMDs (p value = 4.349e-07) and HMDs (p = 0.04) when comparing classic HGPS patients vs controls, whereas in nonclassic progeroid laminopathies, probes overlapping solo-WCGW PMDs and HMDs revealed no differences, p = 0.39 and p = 0.38, respectively (Figure 1c).

2.3 | Epigenetic aging in Progeroid Laminopathies

Epigenetic clocks were reported to show accelerated aging in progeroid syndromes including fibroblasts from HGPS syndrome. For this reason, we looked at epigenetic age in blood DNA of our samples. Most of the studied patients were <20 years old; therefore, we used the pan-tissue Horvath clock and the skin and blood clock since these two clocks can be applied to blood samples from children. This analysis revealed that classic HGPS and non-classic progeroid laminopathy patients are not associated with epigenetic age acceleration in blood (Figure 2). We also compared measured epigenetic age acceleration (EEAA) and intrinsic epigenetic age acceleration (IEAA). We could observe significant difference when comparing non-classic progeroid laminopathies vs controls (p = 0.035), whereas classic HGPS showed no differences (p = 0.88) (Figure S2). We additionally performed an analysis focused on samples <10 years old across all groups, which similarly revealed no age acceleration, IEAA, or EEAA differences in patients vs controls (Figure S3).

We further investigated overlap between the 61 significant CpGs in progeroid laminopathies and differentially methylated CpG sites in the adult progeroid syndrome, Werner syndrome, in the GSE131752 dataset(Maierhofer et al., 2019). This analysis revealed a single common CpG site (cg06216080) with significantly altered DNA methylation in blood DNA of typical WS (Figure 3a). This CpG site is in close vicinity to the transcription start site of the *ENSG0000223989* gene encoding a long non-coding RNA located on the complementary strand of the 3' untranslated region of the Catenin Beta Interacting Protein 1 gene (*CTNNBIP1*). We further checked whether cg06216080 is epigenetically altered in patients with Down syndrome (DS) (Haertle et al., 2019), which is considered



FIGURE 2 (a) Chronological age (x-axis) vs DNA methylation age (y-axis) and (b) age acceleration measured using the Horvath clock as well as (c-d) DNAmAgeSkinBloodClock



a segmental progeroid syndrome since DS individuals age prematurely. Similarly, we observed significant hypermethylation at cg06216080 in DS patients when compared to controls (Figure 3a,b). We additionally investigated nearby CpG sites that showed no significant methylation difference following FDR adjustment. Here,

we could observe a similar pattern of DNA methylation changes when comparing progeroid laminopathies vs controls across several nearby CpG sites (Figure S4). Therefore, we performed a tiling analysis using a 1 Kb sliding window approach instead of the default 5Kb window in RnBeads. This revealed a 1000 bp region (chr1:

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9,908,001–9,909,000) encompassing cg06216080 as well as 3 additional probes with nominal significance following FDR adjustment (*comb.p.adj.fdr* = 0.115, control β values mean of means = 0.3713, patient β values mean of means = 0.3917). Next, we investigated whether cg06216080 is epigenetically altered during biological aging in an unpublished dataset of 601 healthy controls and 425 individuals with Type 2 diabetes (T2D). Here, cg06216080 methylation displayed no significant correlation with age in healthy controls (*p* value = 0.716) as well as patients with T2D (*p* value = 0.937).

2.4 | Differential expression analysis of epigenetically altered and interacting genes

Further leveraging publicly available RNA sequencing (RNA-seq) and expression array datasets, we examined the expression profile of the ENSG00000223989 long non-coding RNA (IncRNA) gene in iPSC-derived smooth muscle cells and primary skin fibroblasts of the HGPS patients as well as patients suffering from LMNA-related dilated cardiomyopathy (DCM) (Table S3). In addition, we measured the expression of CTNNBIP1 since antisense IncRNAs are known to control the sense gene expression of neighboring proteincoding genes(Villegas & Zaphiropoulos, 2015). In these cell lines, ENSG00000223989 IncRNA levels were below the detection limit of our RNA-seg analysis. Using expression array, we observed a trend of differential CTNNBIP1 expression between the HGPS SMCs and control SMCs under static conditions (adj. p value = 0.06), they did not rise to the statistical significance. Difference of CTNNBIP1 expression under flow conditions was not significant (adj. p value = 0.19). Using RNA-seq, there was no significant difference of CTNNBIP1 expressions between HGPS and controls, either in iPSC-derived smooth muscle cells or in primary fibroblasts (Table S3). These findings suggest that involvement of ENSG00000223989 IncRNA and CTNNBIP1 might depend not only on tissue and cell types but also on the conditions (i.e., static).

3 | DISCUSSION

In this study, we performed the first genome-wide DNA methylation analysis in blood DNA of classic HGPS patients and progeroid laminopathy patients harboring the non-classic *LMNA* mutation. Our analysis revealed DNA methylation aberrations at 61 CpG sites as well as 32 regions after an aggregate analysis on all progeroid laminopathies. These sites were mainly enriched for phosphatidylinositol biosynthetic process, phospholipid biosynthetic process, sarcoplasm, sarcoplasmic reticulum, phosphatase regulator activity, glycerolipid biosynthetic process, glycerophospholipid biosynthetic process, and phosphatidylinositol metabolic process. Interestingly, several of these processes have been associated with normal aging processes previously. Phosphatidylinositol 3-kinase (PI3K) is part of the PI3K/AKT/ mTOR pathway, which has important biological roles in cells (Keppler-Noreuil et al., 2016; Xie et al., 2019). The PI3K/AKT/mTOR intracellular

signaling pathway is involved in cell cycle regulation, thus having key roles in cell proliferation, survival, and metabolism. Furthermore, PI3K as well as its downstream kinases mTOR and S6K has an essential role in aging and longevity in multiple organisms (Bjedov et al., 2010; Harrison et al., 2009; Kenyon, 2005; Morris et al., 1996; Piper et al., 2008; Selman et al., 2009). Phospholipids are the main lipid components of most cellular membranes and are associated with several agerelated diseases (He et al., 2010; Johnson & Stolzing, 2019; Kosicek & Hecimovic, 2013; Liu et al., 2021). Phospholipid metabolism can also potentially regulate age and lifespan. For example, naked mole rats which are known for their long lifespans have a unique membrane phospholipid composition that is hypothesized to be essential to their longevity (Mitchell et al., 2007). Similarly, several of the other enriched pathways have been shown to be associated with aging and age-related diseases (Jimenez-Moreno et al., 2008; Liu & Ikegami, 2020; Veeranna et al., 2011), which might indicate a function for those pathways in the observed phenotypes of progeroid laminopathies.

We could not observe DNA methylation differences when comparing probes located in lamin A LADs as well as redistributed lamin A LAD genomic regions. This is in contrast to a recent study by Köhler et al. where DNA methylation alterations were reported in lamin A LADs of primary fibroblasts obtained from classic HGPS patients (Kohler et al., 2020). Köhler et al. mainly focused on LADs specific to the cell type in which they performed differential methylation analysis (fibroblasts). Unfortunately, this was not possible in our analysis due to lack of published lamin A LAD datasets for blood cells. There are variations in LAD organization across various cell types since >70% of LADs are constitutively organized, whereas facultative LADs exhibit cell type-specific genomic localization (Meuleman et al., 2013; Peric-Hupkes et al., 2010), Nevertheless, we could observe strong methylation differences in probes located in solo-WCGW PMDs, which have a high overlap with LADs (Berman et al., 2011). Interestingly, hypomethylation of solo-WCGW CpG sites in PMDs is associated with chronological age and mitotic cell division (Zhou et al., 2018). Zhou et al. have previously reported (AT) CG(AT) sites, that is., "solo-WCGW" motifs, in PMDs as a universal indicator of methylation loss due to aging and mitotic cell division in mammalian cells. Therefore, we believe that this difference could be likely due to premature aging or the increased proliferation rate observed in HGPS cells (Bridger & Kill, 2004). This difference was specific to the classic HGPS patients and was not observed in the non-classic progeroid laminopathy group. CpG sites associated with PMDs were previously reported to be significantly hypermethylated in HGPS fibroblast cells (Kohler et al., 2020), whereas we detected a significant hypomethylation in blood DNA. Therefore, it is important to analyze multiple tissues/cells from patients to better understand disease-associated epigenetic dysregulation.

One of the highly debated topics is whether aging in HGPS reflects an accelerated form of human aging. Epigenetic clocks are well-known biomarkers for measuring biological and chronological age in a variety of cells/tissues(Horvath, 2013; Levine et al., 2018; Lu et al., 2019; Salameh et al., 2020). DNA methylation has been also reported to be strongly correlated with aging and mortality across several tissues(Atsem et al., 2016; Fraga et al., 2005; Marioni et al., 2015; Potabattula et al., 2018, 2020; Salameh et al., 2020). Previously, several reports have shown epigenetic age acceleration and DNA methylation alterations to occur in patients with progeroid features including Werner syndrome and Down syndrome (Almenar-Queralt et al., 2019; El Hajj et al., 2016, 2017; Haertle et al., 2019; Maierhofer et al., 2017). In addition, a recently developed epigenetic clock could observe epigenetic age acceleration in primary fibroblasts of HGPS, whereas the original pan-tissue epigenetic clock did not identify age acceleration (Horvath et al., 2018). Here, we did not observe epigenetic age acceleration, which might indicate aging processes different to the one measured by the epigenetic clocks. Nevertheless, we could observe a common epigenetically dysregulated region in progeroid laminopathies as well as the segmental progeroid syndromes, Werner syndrome (also known as adult progeria), and Down syndrome. This region is in near vicinity to a transcription start site of a IncRNA positioned anti-sense to the Catenin Beta Interacting Protein 1 gene (CTNNBIP1), an antagonist of Wnt signaling. Antisense IncRNA is transcribed from the opposite DNA strand to that of the sense transcript of genes and can function in cis or in trans (Pelechano & Steinmetz, 2013). In addition, anti-sense transcripts can regulate the transcription of sense transcripts via transcriptional interference (Faghihi & Wahlestedt, 2009). CTNNBIP1 encodes beta-catenin interacting protein 1 (ICAT), which prevents the interaction between TCF4 and β -catenin (Tago et al., 2000). Interestingly, Wnt signaling is reported by Hernandez et al. to be decreased in both progeric mouse and human cells (Hernandez et al., 2010). Similar observations of reduced Wnt signaling were also observed in Down syndrome patients(Granno et al., 2019). Expression analysis revealed no significant CTNNBIP1 transcriptional changes in several of the analyzed HGPS tissues. This may be in part explained by the finding that expression of the IncRNA ENSG00000223989 was below the threshold in those tissues including smooth muscle cells, cardiac myocytes, and fibroblast. Our observation that methylation levels at cg06216080 are not associated with chronological age in healthy controls and diabetic individuals indicates that differential methylation at this CpG site is not related to normal aging processes. However, additional experiments are needed to determine the function of this IncRNA and in which stage of development or tissue it is transcribed.

4 | CONCLUSION

To date, most studies on epigenetic alterations in HGPS have focused on primary fibroblast cells. This is the first study to measure DNA methylation alterations in blood DNA of classic HGPS patients and non-classical progeroid laminopathies. Interestingly, we observed significant hypomethylation at solo-WCGW CpG sites in PMDs for HGPS patients; however, we detected no epigenetic age acceleration. Collectively, our results indicate minor methylation differences in progeroid laminopathy patients when compared with

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controls as well as accelerated aging independent of the biological aging processes measured by epigenetic clocks.

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5 | MATERIALS AND METHODS

5.1 | Study samples

Whole blood DNA samples of 15 patients with progeroid laminopathies were obtained from the Progeria Research foundation (PRF) blood and tissue bank (Table S4). In total, DNA methylation was measured in eight classical HGPS (HGABLDNA146, HGABLDNA306, HGABLDNA331, HGABLDNA352, HGABLDNA378, UHGABLDNA172, UHGABLDNA351, UHGABLDNA480) and seven progeroid laminopathy patients with the non-classical *LMNA* mutation (PSABLDNA199, PSABLDNA295, PSABLDNA316, PSABLDNA379, PSABLDNA406, PSABLDNA501, PSABLDNA531) as well as 12 control samples. The study was approved by the Institutional Review Board (IRB) of Qatar Biomedical Research Institute (2019-029) as well as the Progeria research foundation the Rhode Island Hospital Committee on the Protection of Human Subjects, Federal Wide Assurance FWA00001230, study CMTT#0146-09 and the University of Michigan FWA00004969, IRB00001996.

5.2 | DNA methylation quantification

Genomic DNA was bisulfite converted via the EZ DNA Methylation™ Kit (Zymo Research, Irvine, CA, USA). Following whole-genome amplification and enzymatic fragmentation, DNA methylation levels were quantified using the Infinium MethylationEPIC BeadChips kit (Illumina) according to the manufacturer's instructions. All samples were processed simultaneously to avoid batch effects. Furthermore, cases and controls were randomly hybridized on the array to reduce positional effect bias. BeadChips were scanned using an Illumina iScan, and raw intensity data files (IDAT) were exported to R software package. Analysis of the IDAT files was performed in R using the RnBeads package (Muller et al., 2019). Quality control and preprocessing steps involved the following: (i) Filtering out probes overlapping SNPs (n = 17,371), (ii) Filtering out probes and/or samples with the highest fraction of unreliable measurements using greedycut (n = 2379); in total, 19750 probes were removed and all samples were retained, and (iii) Subsequently, data normalization was performed using Dasen, followed by an additional filtering step to remove probes located on sex chromosomes (n = 18,986). Overall, 825,177 probes were retained for further differential DNA methylation analysis. The relative proportion of white blood counts was estimated using the Houseman et al. method (2014). This method is based on bloodderived DNA methylation signatures measured using the Illumina HumanMethylationEPIC array, which can be used to estimate the proportions of neutrophil, monocyte, B-lymphocyte, natural killer, and CD4+ and CD8+ T-cell fractions.

Differential methylation analysis was conducted at the CpG site and region level. Cellular heterogeneity was accounted for in the profiled samples using the RefFreeEWAS method⁵ followed by limma-based analysis to adjust for covariates. At the region level, differential methylation was quantified using several metrics including analyzing the following quantities for each region: the mean difference in means across all sites in a region of the two groups being compared and the mean of quotients in mean methylation as well as a combined p value was calculated from all site p values in the region. The p values were corrected for multiple testing via the false discovery rate (FDR) method. Genomic regions were defined as follows: tiling (5 kb), genes, promoters, and CpG islands. Previously reported coordinates of "solo-WCGWs" CpGs (Zhou et al., 2018) and lamin A and B LADs (Guelen et al., 2008; Lund et al., 2015) were used to test for methylation level differences across those regions between HGPS and control samples and significance of methylation differences calculated using Welch's two-sample t test. To check possible regulatory mechanisms underlying the significant associated CpG sites, a quantitative trait methylation test was conducted using the BIOS QTL browser.

5.4 | Differential DNA methylation analysis of cg06216080

A total of 1026 blood DNA samples, out of which 425 are T2D patients, were collected from Qatar BioBank (QBB) and profiled for DNA methylation using Illumina EPIC arrays in 3 batches. A linear regression model was used to compute the association between cg06216080 and age in each of controls and T2D cases, separately. Controls and cases were divided each into 3 groups based on BMI (lean/normal, overweight, and obese) that were tested separately for association with cg06216080. Controls and cases were also tested for association with cg06216080 above specific age ranges (50, 55, 60, and 65). Covariates that were added to the model are BMI, gender, batch effect, well position, plate number, measured cell counts (neutrophils, basophils, eosinophils, lymphocytes, monocytes), smoking surrogate (AHRR), and four principal components from genomic data to correct for population stratification.

5.5 | Expression analysis of publicly available datasets

For expression analysis, several publicly available array and RNAseq datasets were used to investigate the association of DNA methylation alterations with gene expression changes. Table S5 shows the dataset and samples analyzed. GEO2R was used to analyze array profiled data using GEOquery and limmaR packages from the Bioconductor project. Results generated by GEO2R are presented as a table of genes ordered by significance, and as a collection of graphic plots to help visualize differentially expressed genes and assess data set quality. CLC Genomics Workbench was used to analyze RNA-seq and to detect the IncRNA gene expression. Fastq file quality was checked using FastQC and afterward aligned to the hg19 human reference genome in CLC Genomics Workbench (Qiagen) using default settings. The abundance of transcripts was measured as the score

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ferential gene expression.

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of TPM (transcripts per million) and subsequently subjected to dif-

CONFLICT OF INTEREST

None declared.

AUTHOR CONTRIBUTIONS

Y.B., A.R., R.P., and A.Q. performed experiments. Y.B., A.R., T.A., and S.H. performed bioinformatic analyses. N.A.Y performed the Qatar BioBank data analysis. J.O., G.M., and T.H. collected study samples. Y.B., A.M., H.F.H., S.H., and N.E.H wrote the manuscript. A.M., H.F.H., S.H., and N.E.H. critically reviewed and edited the manuscript. N.E.H designed the study.

DATA AVAILABILITY STATEMENT

The IDAT files generated during this study are deposited in the Gene Expression Omnibus (GEO accession: GSE182991).

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