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## OPEN Cytotoxicity and antibacterial activity of polyhedral oligomeric silsesquioxane modified Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub> **MXene films**

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Bioactive antimicrobial films play important roles in various fields, such as biodegradable interfaces, tissue regeneration, and biomedical applications where preventing infection, biocompatibility, and immune rejection are important. In the present study, bioactive POSS-doped Ti<sub>3</sub>C<sub>3</sub>T<sub>2</sub> MXene filled PLA composite film was prepared using the solution casting method for biomedical applications. The contact angle tests were investigated to reveal the usability of the thin films in biomedical applications. The angle decreased from 85.92° degrees in pure PLA thin films to 72.23° on POSS-doped Ti<sub>3</sub>C<sub>3</sub>T<sub>2</sub> MXene films. The antibacterial performance, cytotoxicity and cell viability assessments of the prepared films have also been thoroughly investigated. Antibacterial tests revealed that the POSSdoped Ti<sub>3</sub>C<sub>2</sub>T<sub>v</sub> MXene films effectively inhibited the growth of E. coli and S. aureus by 65.93% and 80.63%, respectively, within 4 h. These inhibition rates were observed as 58.32% and 54.97% for E. coli and S. aureus, respectively, after 24 h. Cytotoxicity assessments demonstrated that PMPs consistently showed higher cell viability due to the combination of POSS and Ti<sub>3</sub>C<sub>2</sub>T<sub>2</sub> MXene. The obtained results suggest that the POSS-doped Ti<sub>2</sub>C<sub>2</sub>T<sub>2</sub> MXene film is a promising candidate in cases where bacterial inhibition and high biocompatibility are of critical importance.

**Keywords** Ti<sub>2</sub>C<sub>2</sub>T<sub>2</sub> MXene, Polyhedral oligomeric silsesquioxane, Antibacterial, Cytotoxicity

Recently, various types of antimicrobial hybrid materials have been developed as antibiotic-independent antibacterial agents to overcome the drug resistance issue. In this regard, nanomaterials-filled bioactive antimicrobial films have received intense interest in biomedical applications where infection prevention and antibacterial properties are essential. In biomedical research, it is necessary to balance fighting antibioticresistant bacteria and ensuring that the materials used in medical treatments are safe for the body. Materials possessing antibacterial properties are pivotal in preventing infections across various domains, including tissue engineering, wound healing, antimicrobial applications, and implantable medical devices. It is crucial to perform thorough evaluations of the harmful effects of these substances, as some solid antibacterial substances could also have damaging effects on human cells<sup>1,2</sup>. It is essential for the successful application of engineered biomaterials in clinical settings that they do not cause undesirable side effects.

Viability is the first test that should be performed when evaluating new materials for biomedical applications, as it is an indicator that the tissue response to the material is reliable<sup>3,4</sup>. For example, silver nanoparticles have been reported in some studies to be effective against various pathogens but can show any adverse effects on human cells. There is still a need to search for materials with low toxicity and high antibacterial properties<sup>5,6</sup>. For these reasons, researchers are conducting further research by creating hybrid structures with different materials or developing surface modifications of nanoparticles<sup>7,8</sup>.

The investigation of 2D MXene (Ti, C, T, in particular) based materials, which provide unique advantages, especially in antibacterial and biocompatibility, has attracted a growing interest in the literature. The 2D lamella

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structural MXene materials, having a general formula of  $M_{n+1}X_nT_x$  are derived from MAX  $(M_{n+1}AX_n)$  phases by selectively acidic removal of A elements (3A and 4A group elements). Herein, the M represent the transition metals, X refer to the either carbide and/or nitride elements, and T<sub>v</sub> is the functional groups of -OH, -O, -F/Cl/S. MXenes are two-dimensional (2D) transition metal carbides and nitrides that exhibit excellent conductivity, hydrophilicity, and large surface area. Recent studies have identified MXenes as highly effective structures that can be used as antibacterial and biomaterials<sup>9-11</sup>. The antibacterial properties of MXenes are attributed to their sharp edges, which damage the cell membrane. This damage results in cytoplasmic contents' leakage and eventual cell collapse<sup>12-14</sup>. MXene-based composites have been reported in some studies to exhibit high antibacterial activity against Gram-positive and Gram-negative bacteria, with antibacterial activity exceeding 80% in specific formulations <sup>12,15</sup>. Antibacterial activity can be improved by modification of the lateral dimension of MXene nanosheets, especially surface functional groups and number of layers 16,17. There are studies on the incorporation of MXene into polymer matrices such as polycaprolactone (PCL) and polylactic acid (PLA), where they show enhanced antibacterial activity, and these composites can be used for wound healing applications<sup>18,19</sup>. Even studies show that MXenes can exhibit selective toxicity against cancer cells while being non-toxic to normal cells at specific concentrations<sup>20–22</sup>. The mechanism of cytotoxicity starts with oxidative stress, resulting in the formation of reactive oxygen species (ROS) and cell death 23,24.

MXene hybrid materials modified with polyhedral oligomeric silsesquioxane (POSS) can benefit from the properties of both components. POSS, which belongs to the class of organic–inorganic hybrid compounds, is known for its distinct silicon-oxygen cage-like structure, ensuring biocompatibility and low cytotoxicity. Research has revealed that POSS-modified materials generally exhibit less cytotoxicity than unmodified ones. For instance, hydrogels containing POSS have been reported to show good biocompatibility and low cytotoxicity, making them suitable for drug delivery, gene therapy, and tissue engineering applications<sup>25,26</sup>. POSS filling into various materials can improve the overall mechanical properties and stability of the materials and also alter their cytotoxicity properties<sup>27,28</sup>. With the protective effect of hydrophilic components, POSS could be incorporated into the structures of polymers, reducing the toxic effects of cationic chains<sup>17</sup>. Moreover, researchers have found that adding POSS to polyurethanes enhances biocompatibility without negatively impacting cell viability<sup>29</sup>. Additionally, there have been reports of thermoplastic starch composites modified with POSS demonstrating notable antibacterial effects against Staphylococcus aureus<sup>30</sup>.

There are many mechanisms underlying the antibacterial properties of POSS. The interaction of functional groups of POSS with bacterial membranes leads to disruption and subsequent cell death. The antibacterial effects of POSS may be further potentiated by microbial cell interaction provided by various functional groups. However, further research is needed to fully elucidate these mechanisms and utilize POSS in areas such as drug delivery systems or antimicrobial coatings in medical devices<sup>25</sup>.

By incorporating POSS, which exhibits a biocompatible and low-toxicity structure, the antibacterial activity of MXenes can be increased<sup>31,32</sup>. POSS structures enabling MXenes to be modified with different functional groups and increase their antibacterial properties will allow development in this field since they will not increase toxicity<sup>33</sup>. The production of hybrid materials such as POSS and MXenes can combine the properties of both materials and show a higher synergistic effect.

As summarized above, antibacterial properties of MXene and POSS-based materials have been reported. However, combinations of these two unique materials have not yet been investigated for antibacterial and other applications. In this study, bioactive POSS-doped  ${\rm Ti}_3{\rm C}_2{\rm T}_{\rm x}$  MXene-filled PLA hybrid film was prepared and its antibacterial activity against *E. coli* and *S. aureus* and cytotoxic effects on L929 cell line were investigated, highlighting its application potential such as infected wound treatment and antibacterial applications. Schematic representation of the fabrication process and antibacterial activity mechanism of the POSS-doped  ${\rm Ti}_3{\rm C}_2{\rm T}_{\rm x}$  MXene-filled PLA film is shown in Fig. 1.

### Results and discussion Characterization

The morphological, structural and crystal structures of POSS nanoparticles doped  $Ti_3C_2T_x$  MXene sheets were observed in SEM and HRTEM images. In top-down intercalation and delamination methods, the MXene phases can be obtained by chemical or electrochemical etching of MAX phases. Considering MAX phases as starting material, the acidic exfoliation reactions for selective removal of group A element and formation of functional groups ( $T_x = -F$ , =O or -OH) can be described by the following equations (Eqs. 1–3)<sup>34,35</sup>:

$$M_2AX + 3HF = AF_3 + \frac{3}{2}H_2 + M_3X_2$$
 (1)

$$M_2X_2 + 2H_2O = M_2X(OH)_2 + H_2$$
 (2)

$$M_2X + 2HF = M_2XF_2 + H_2$$
 (3)

The above consecutive acidic reactions represent the formation of 2D  ${\rm Ti}_3{\rm C}_2$  with the surface termination group  ${\rm Tx}$  (-F,=O or -OH). The laterally oriented accordion-like 2D  ${\rm Ti}_3{\rm C}_2{\rm T}_x$  layers were obtained after selective etching of Al (A group) element from the  ${\rm Ti}_3{\rm C}_2{\rm T}_x$  MAX phase. The lamellar structural characteristic of the  ${\rm Ti}_3{\rm C}_2{\rm T}_x$  MXene phase is observed in Fig. 2a, b. The presence of nano-sized POSS particles is seen as white dots in the 2D  ${\rm Ti}_3{\rm C}_2{\rm T}_x$  layers (Fig. 2c, d). The cross-section SEM images of P film were also taken to observe the dispersion of POSS-doped  ${\rm Ti}_3{\rm C}_2{\rm T}_x$  MXene into the PLA matrix (Fig. 2e, f). Coarse  ${\rm Ti}_3{\rm C}_2{\rm T}_x$  MXene particles were successfully embedded in PLA and distributed uniformly.

The  $^1$ H-NMR peaks matched well with the reactive groups of POSS nanoparticles, confirming their successful preparation (Fig. 3a). The elemental EDX mapping images of POSS-doped  ${\rm Ti_3C_2T_x}$  MXene nanoparticles were

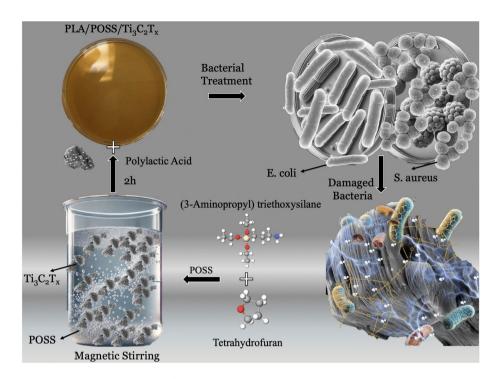
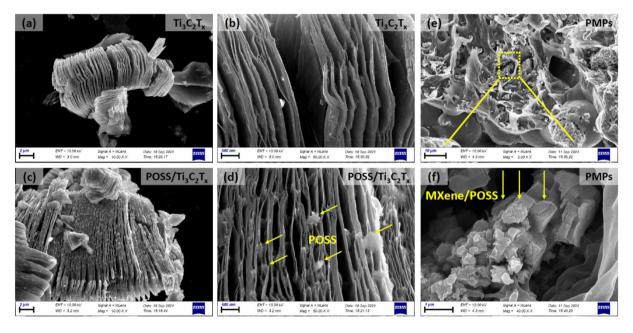


Fig. 1. Schematic illustration of the synthesis process and antibacterial activity of the POSS-doped  ${\rm Ti_3C_2Tx}$  MXene-filled PLA film.



**Fig. 2.** FESEM images of  $(\mathbf{a}, \mathbf{b})$  Ti $_3C_2T_x$  MXene,  $(\mathbf{c}, \mathbf{d})$  POSS-doped Ti $_3C_2T_x$  MXene,  $(\mathbf{e}, \mathbf{f})$  cross-section images of POSS-doped Ti $_3C_2T_x$  MXene filled PLA film.

evaluated for the Ti, O, C, and Si elements (Fig. 3b–f). The presence of Ti, O, and C is associated with  ${\rm Ti_3C_2T_x}$  MXene, while the homogeneous distribution of Si confirms the presence of POSS nanoparticles on the MXene surface.

The crystal and morphological structure of PMPs thin films were further analyzed by high-resolution transmission electron microscope images (HRTEM) and selected area (electron) diffraction (SAED) patterns  $^{36,37}$ . The corresponding SAED patterns of  $\mathrm{Ti}_3\mathrm{C}_2\mathrm{T}_x$  layers displays hexagonal diffraction rings, which are indexed to the [1012], [2110], [2022], [20210], and [3127] planes (Fig. 4a). The interplanar atomic d-spacing of 0.320 nm is assigned to the [0001] crystal plane of the  $\mathrm{Ti}_3\mathrm{C}_2\mathrm{T}_x$  layer (Fig. 4d), while 0.212 nm and 0.349 nm correspond

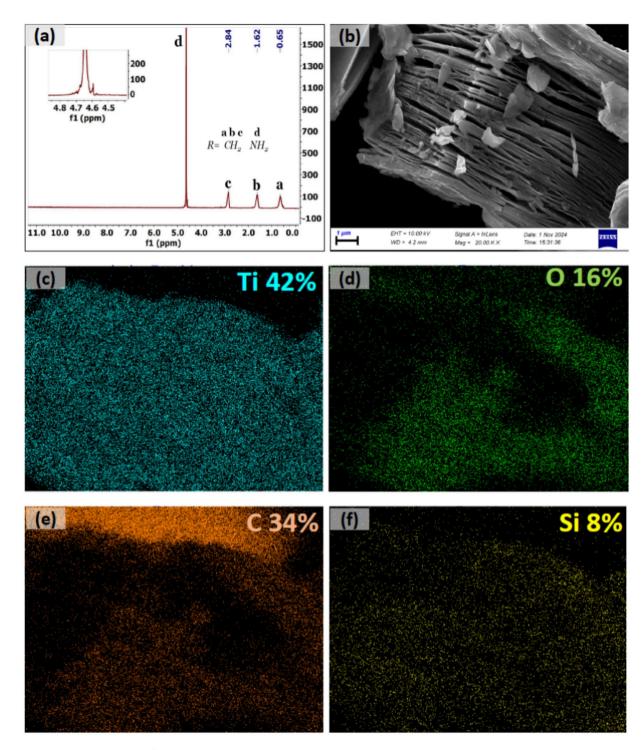
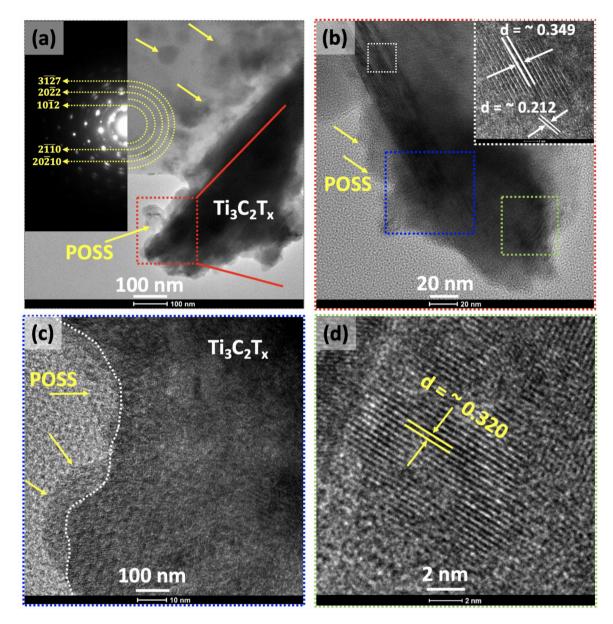


Fig. 3. (a)  $^1\text{H-NMR}$  spectrum of POSS, (b-f) elemental EDX mapping images of POSS-doped  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene nanoparticles.

to the [10–14] and [0004] crystal planes of the  $\text{Ti}_3\text{C}_2\text{T}_x$ , respectively (Fig. 4b). POSS nanoparticles covered the surface of  $\text{Ti}_3\text{C}_2\text{T}_x$  layers as an amorphous film with an average thickness of 20 nm (Fig. 4c).

XRD analysis results confirmed that the structures contributed as fillers within PLA corresponded related peaks (Fig. 5a). Characteristic sharp PLA peaks were detected at 16.21, 19.83, and 22.51  $2\theta$  degrees<sup>38</sup>. Normally, the XRD peaks of PLA thin films are detected in the broad spectrum range of 10-20  $2\theta$  degrees<sup>39</sup>, while the sharp peaks observed in the synthesized films are thought to be a result of the increased thickness of the film. Major  $Ti_3C_2T_x$  MXene peaks was detected in PM films at 35.67, 41.56, and 61.32  $2\theta$  degrees with (001), (015), and (110) planes, respectively<sup>40,41</sup>. Due to the significantly high amount of PLA used compared to POSS, the characteristic

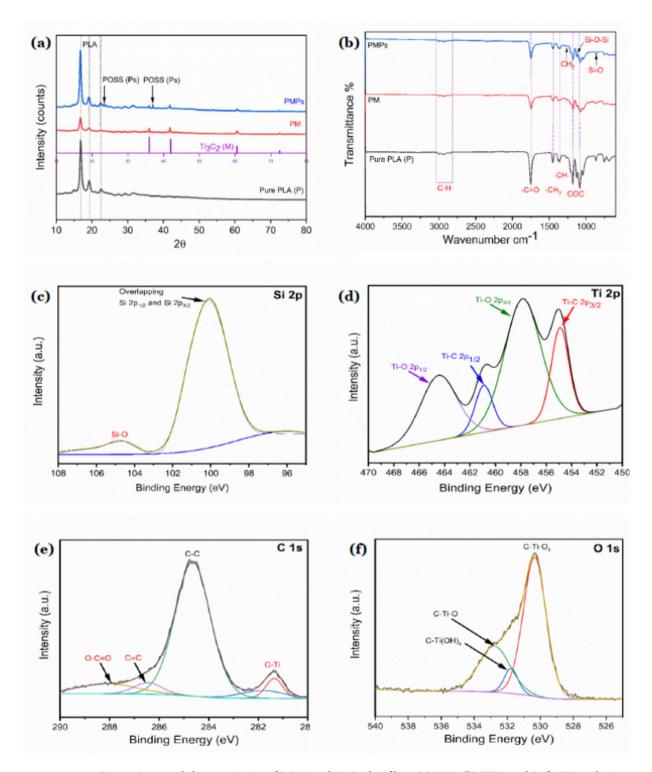


**Fig. 4.** (a) Bright field TEM image with SAED patterns and  $(\mathbf{b}-\mathbf{d})$  HRTEM images of POSS-doped  $\mathrm{Ti}_3\mathrm{C}_2\mathrm{T}_x$  MXene.

peaks of POSS, which does not have a highly crystalline structure, were suppressed but could still be detected at 23.24 and 36.41  $2\theta$  degrees  $^{42,43}$ .

The bond types of PLA and the incorporation of POSS nanoparticles into PLA and MXene structures were confirmed by FTIR analysis (Fig. 5b). In the pure PLA film, the peaks appeared at the 3000–2750 cm<sup>-1</sup>, 1752 cm<sup>-1</sup>, 1420 cm<sup>-1</sup>, 1210 cm<sup>-1</sup>, and 1085 cm<sup>-1</sup> corresponds to the weak stretching vibration of -C-H, the strong stretching vibration of -C=O, the medium stretching and bending vibration of -CH<sub>3</sub>, the strong bending vibration of -CH, and the strong stretching vibration of COC, respectively<sup>44</sup>. On the other hand, no different band structure is observed in the PM film, which is due to the nonpolymeric structure of  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene. Furthermore, with the presence of POSS nanoparticles in the PMPs, weak C-H, Si-O-Si, and Si-O stretching bonds were observed at 1232 cm<sup>-1</sup>, 118 cm<sup>-1</sup>, and 842 cm<sup>-1</sup> wavenumbers, respectively<sup>45</sup>.

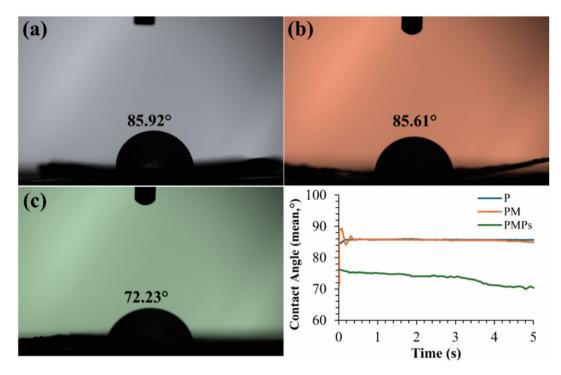
The termination group of MXene surfaces  $(T_x)$  varies according to the etching types (HCL, HCL-LiF, HF). XPS analysis was performed to further investigate the electronic structure, termination groups and elemental composition of PMPs thin films and the results are given in Fig. 5c–f. The high-resolution XPS spectra of Ti 2p in Fig. 5c displayed two major peaks at 459.28 eV and 465.08 eV belonging to Ti  $2p_{3/2}$  and Ti  $2p_{1/2}$  (TiC $_x$ O $_y$ ), respectively (Fig. 5c). After deconvolution of Ti 2p main peaks, three sub-peaks appeared at 454.58 eV, 455.98 eV, and 461.88 eV are assigned to Ti-C-T $_x$ , Ti-O  $2p_{3/2}$  and Ti-C-T $_x$  peaks, respectively. The peaks assigned to Ti-C-T $_x$  are related to the surface termination groups of -OH and -F<sup>46</sup>. The presence of POSS on the Ti $_3$ C $_2$ T $_x$  layers were also investigated by XPS analysis (Fig. 5d). The Si 2p peaks at 100.1 eV and 104.7 eV correspond to the siloxane (SiO $_x$ ) and silica (Si-O) components of POSS, respectively<sup>47</sup>. The C1s XPS spectra displayed a major



**Fig. 5.** Structural characterization of P, PM, and PMPs thin films; (a) XRD, (b) FTIR, and (c-f) XPS analysis results.

peak and three deconvoluted peaks at 281.38 eV, 284.68 eV, 286.48 eV, and 287.98 eV, which are assigned to C-Ti, C-C, C=C, and O-C=O bonds, respectively (Fig. 5e). The O 1s XPS spectra peaks are located at 530.28 eV, 531.78 eV, and 532.88 eV, belonging to C-Ti-Ox, C-Ti(OH)<sub>x</sub>, and C-Ti-O bonds, respectively. The C-Ti-O<sub>x</sub> and C-Ti(OH)<sub>x</sub> compounds proves the formation of  $\text{Ti}_{3}\text{C}_{2}\text{T}_{x}$  terminal groups (Fig. 5f).

Contact angle measurement results of thin films were given in Fig. 6. The contact angles obtained for the films P, PM, and PMPs were 85.92°, 85.61°, and 72.23°, respectively. (Fig. 6a–c). As is known, the behavior of a material considered for use as a biomaterial in contact with surrounding tissues within the body is of great importance. The behavior of the biomaterial within the body can be bioactive or bioinert. After conducting



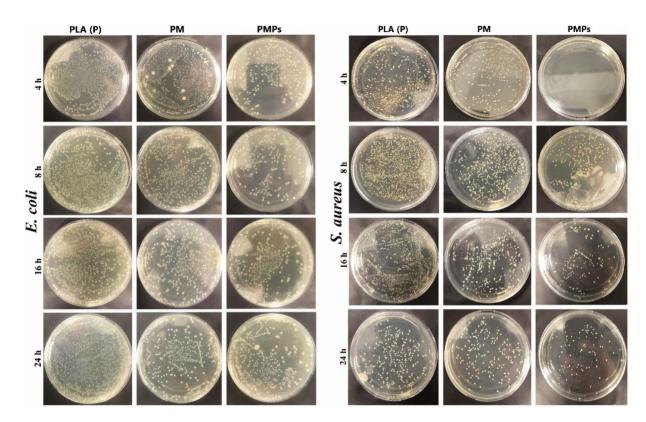
**Fig. 6.** Contact angle measurement results of **(a)** P, **(b)** PM, and **(c)** PMPs thin films within change over 5 s wetting period.

a contact angle test to reveal these two behaviors, when Ti<sub>2</sub>C<sub>2</sub>T<sub>2</sub> MXene was filled into the PLA-based thin film, the contact angle decreased from 85.92° to 85.61° (Fig. 6b). The reason for these decreases being minimal compared to the pure PLA thin film is thought to be due to the carbide-based lubricating effect of the  $Ti_3C_2T_4$ MXene structures<sup>48</sup>. Moreover, the fact that thin films were not applied as a coating on any metal surface is also thought to be a reason why the contact angle values were not affected after the Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub> MXene structures were covered by PLA, preventing contact with the liquid. On the other hand, contact angles of PLA-based hybrid thin films decreased to 72.23° with the addition of PMPs thin films (Fig. 6c). It is thought that this decrease is due to the POSS doped between the accordion-like  ${\rm Ti_3C_2T_x}$  MXene. Indeed, it is anticipated that the presence of C-H, Si-O-Si, and Si-O stretching bands in the PMPs may cause POSS to separate from the Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub> MXene (during the magnetic stirring phase) and bond with PLA, thereby affecting the structure of PLA<sup>49</sup>. On the other hand, it is thought that the POSS particles separating from the accordion-shaped  ${\rm Ti_3C_2T_x}$  MXene may have caused micron-sized protrusions on the PLA thin films, resulting in a decrease in the contact angle<sup>50</sup>. Surface wettability is one of the expected key properties for a biomaterial candidate to exhibit the desired biological response. It's known that the surfaces exhibiting hydrophilic properties are crucial in enhancing their biocompatibility. Therefore, it has been determined that the decreasing of the contact angle (72.23°) in particular with the PMP film is effective in directly influencing the film's biological and antibacterial properties. Moreover, researchers have stated that polymers exhibiting hydrophilic character improve cell adhesion by reducing protein adsorption on surfaces and create favourable conditions for cells<sup>51</sup>.

#### Viability and antibacterial responses

The antibacterial activities of prepared films (P, PM, and PMPs) against Gram-negative bacterium *E. coli* and Gram-positive bacterium *S. aureus* were determined by two methods including the bacteria colony counting technique and measuring optical density of the bacterial suspensions with P, PM and PMPs films at 600 nm wavelength using Thermo Scientific SPECTRONIC 200 UV–Vis spectrometer<sup>52</sup>. The pure PLA films displayed negligible inhibition effect against *S. aureus* and *E. coli*, while PM and PMP films contained less bacteria compared to pure PLA (P) due to the physical damage of MXene and POSS on the bacterial cell membranes (Fig. 7). The 2D sharp edge of Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub> and the hybrid networks of POSS can be considered as the most important reasons for the increase in antibacterial activities<sup>53,54</sup>.

The surface SEM images of P, PM, and PMPs kept for 24 h in the bacterial suspensions were also evaluated for further investigation of physical damage and cell integrity (Fig. 8). The results revealed that *E. coli* and *S. aureus* maintained their characteristic undamaged, smooth, rod-like and spherical morphologies with intact cell walls following exposure to pure PLA (P) films. In contrast, significant structural changes were observed in bacterial cells exposed to PM and PMPs films. The structure of cell walls of both *E. coli* and *S. aureus* appeared wrinkled and visibly damaged, indicating a disruption of cell integrity. These morphological alterations strongly correlated with the observed reduction in bacterial colony counts, highlighting the antimicrobial efficacy of the PM and PMPs films.



**Fig.** 7. Images of bacterial colonies taken 24 h after plating *E. coli* and *S. aureus* bacterial suspensions onto agar, following their interaction with P, PM, and PMPs thin film surfaces at different time intervals.

The bacterial viability of Gram-negative (-) bacterium  $E.\ coli$  and Gram-positive (+) bacterium  $S.\ aureus$  exposed P, PM, PMPs films is given in Fig. 9a, b. It is remarkable that PM (PLA/Ti $_3$ C $_2$ T $_x$ ) and PMPs (PLA/Ti $_3$ C $_2$ T $_x$ /POSS) groups caused a significant decreases in cell viability for the 4 h. The bacterial viability results of PM and PMPs show that the prepared Ti $_3$ C $_2$ T $_x$ /POSS particles are more dominant and destructive against Gram-positive (+) bacteria  $S.\ aureus$  compared to Gram-negative (-) bacteria  $E.\ coli$ , which is due to the higher negatively charged surface of Gram-positive (+) bacteria  $S.\ aureus^{15}$ .

The colony forming units (CFU) curves of P, PM, and PMPs against the  $E.\ coli$  (gram-negative) and  $S.\ aureus$  (gram-positive) for 24 h contact times are given in Fig. 9c, d. Overall, the CFU counts against  $S.\ aureus$  have increased with increasing contact times for control P group, while it showed a fluctuating trend without a static increase with time against  $E.\ coli$  (gram-negative). Combining POSS and  $Ti_3C_2T_x$  resulted in a significant decrease in the CFU counts compared with the P and PM groups against both  $S.\ aureus$  (gram-positive) and  $E.\ coli$  (gram-negative). Significant reductions in CFU count against  $S.\ aureus$  were achieved in the PM and PMPs groups within 4–16 h compared to P group. However, the CFU counts have increased obviously at 24 h for all test groups.

The percentage viability and CFU values exhibit a strong correlation, highlighting the antibacterial effects of the PM and PMPs films compared to the control PLA surface. In the case of *E. coli* cells, the viability was reduced to 51.75% in the PM group compared to the control PLA film surface within the first 4 h, while in the PMPs group, a more pronounced reduction of 65.93% was observed. By the 8 h mark, cell viability in the PM group showed a reduction of 39.1%, whereas in the PMPs group, viability decreased by 68.22% compared to the P. At 16 h, the PM group exhibited a 35% reduction in viability relative to the control, while the PMPs group demonstrated a more substantial decrease of 61%. By the end of the 24 h period, the viability reduction in the PM group was recorded at 32.23%, whereas the PMPs group showed a significant reduction of 58.32%.

For *S. aureus* cells, the viability decreased by 63.33% in the PM group and 80.63% in the PMPs group compared to the control within the first 4 h. Over the 8 h timeframe, cell viability decreased by 46.74% in the PM group and 83.18% in the PMPs group compared to the control. By the 16 h mark, the PM group showed a 53.33% reduction in viability, while the PMPs group demonstrated a dramatic decrease of 91.84%. At the end of the 24 h period, cell viability decreased by 20.61% in the PM group and 54.97% in the PMPs group relative to the control.

The optical density  $(OD_{600})$  curves of *E. coli* and *S. aureus* in the range of 4 h to 24 h show the bacterial growth kinetics variations (Fig. 9e, f). Pure PLA (P) film showed higher bacterial densities for *E. coli* between 4 to 24 h and reached the highest absorbance intensity at 24 h, while PM and PMPs fluctuated at low absorbance intensities between 4 to 16 h and tended to increase between 16 and 24 h. Based on time period the optical density can be evaluated at three stages of the early growth phase (0-4 h), logarithmic growth phase (4-8 h), and stationary phase (8-24 h).

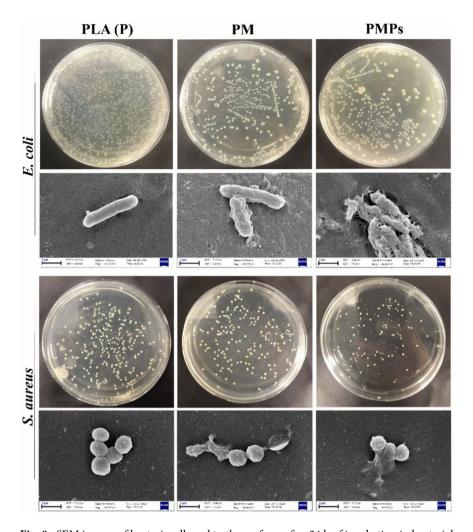
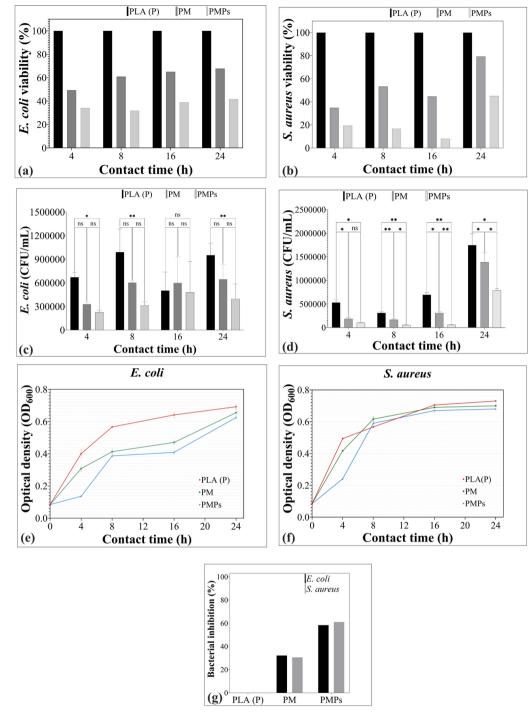


Fig. 8. SEM images of bacteria adhered to the surfaces after 24 h of incubation in bacterial suspensions.

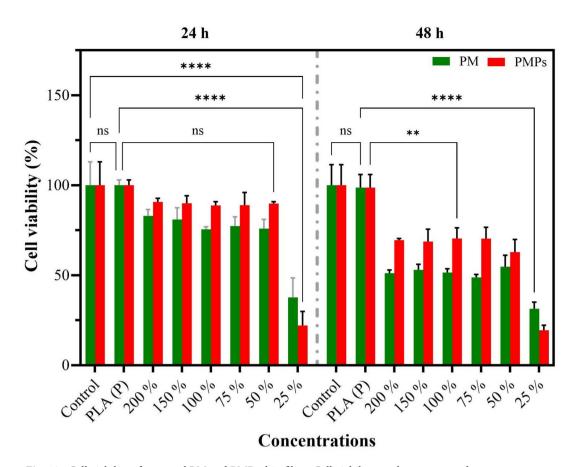
At the initial time point (0 h), all films exhibited the same  ${\rm OD}_{600}$  value (0.0850), confirming equivalent bacterial inoculum across all samples. However, the growth inhibition effects varied significantly over time. The PM and PMPs films exhibited substantially lower  ${\rm OD}_{600}$  values (0.2959 and 0.1320, respectively) compared to the pure PLA film (0.3813) at the 4th hour. This early-stage inhibition suggests that both  ${\rm Ti}_3{\rm C}_2{\rm T}_{\rm x}$  MXene and POSS contribute to the suppression of bacterial proliferation, with POSS enhancing this effect more prominently. The  ${\rm OD}_{600}$  values of P, PM, and PMPs were recorded as 0.5630, 0.4257, and 0.3939, respectively at the 8th hour. While all films allowed bacterial growth, the PMPs group maintained the lowest  ${\rm OD}_{600}$  value. The PM group also displayed intermediate activity, confirming the partial contribution of  ${\rm Ti}_3{\rm C}_2{\rm T}_{\rm x}$  to antibacterial effects, likely due to its unique two-dimensional structure, surface chemistry, and interaction with bacterial membranes. The differences between the films became more pronounced at the 16th and 24th hours. The PMPs group consistently showed the lowest bacterial density ( ${\rm OD}_{600}$  = 0.4177 at the 16th hour and 0.6300 at the 24th hour), outperforming both P and PM groups. The PM film demonstrated moderate inhibition ( ${\rm OD}_{600}$  = 0.4807 at the 16th hour and 0.6356 at the 24th hour), while the PLA film exhibited the highest bacterial growth ( ${\rm OD}_{600}$  = 0.6523 at the 16th hour and 0.7034 at the 24th hour).

The differences in antibacterial effects between *E. coli* and *S. aureus* are evident from the percentage inhibition and CFU data are given in Fig. 9g. In the PM group, *E. coli* viability decreased by 32.18%, while *S. aureus* showed a similar reduction of 30.6% compared to the control. For the PMPs group, *E. coli* viability was reduced by 58.36%, while *S. aureus* demonstrated a slightly higher reduction of 61.06%, consistent with CFU trends. This difference can be attributed to the thicker peptidoglycan layer of *S. aureus*, which enhances its interaction with POSS's functional groups, resulting in greater susceptibility.

The model Gram-negative bacterium  $E.\ coli$  and the model Gram-positive bacterium  $S.\ aureus$  exhibit markedly distinct growth and resistance behaviors due to structural differences in their peptidoglycan layers  $^{15}$ . The thicker peptidoglycan layer of  $S.\ aureus$  enables it to proliferate more rapidly than  $E.\ coli$  during the initial hours following exposure to the tested surfaces, which suggests a greater potential for resistance against these materials. However, at the 4 h observation point, surfaces modified with POSS exhibited significantly enhanced antimicrobial efficacy against  $S.\ aureus$  compared to those incorporating  $Ti_3C_2T_x$  MXene. These findings



**Fig. 9.** Antibacterial performance and bacterial inhibition rates of PLA (P), PM, and PMPs thin films against *E. coli* and *S. aureus*. (**a, b**) Bacterial viability (%) of *E. coli* and *S. aureus* over different contact times. (**c, d**) Colony-forming units (CFU/mL) of *E. coli* and *S. aureus* at various contact times, demonstrating the antibacterial efficacy of PMPs compared to PLA (P) and PM. Statistical significance: p < 0.05 (\*), p < 0.01 (\*\*), and not significant (ns). (**e, f**) Optical density (OD<sub>600</sub>) measurements for the growth kinetics of *E. coli* and *S. aureus*, showing inhibited growth in the presence of PMPs. (**g**) Bacterial inhibition (%) of *E. coli* and *S. aureus* in contact with PLA (P), PM, and PMPs surfaces after 24 h.



**Fig. 10.** Cell viability of prepared PM and PMPs thin films. Cell viability results are reported as percentages relative to the untreated control group. The error bars represent the standard error of the mean (SEM) calculated from three independent experiments. Statistical comparisons were conducted using Tukey's multiple range tests, where ns: not statistically significant, \*\*p<0.01, and \*\*\*\*p<0.0001 indicate significant differences between the control and other groups.

emphasize the pivotal role of material composition and surface chemistry in regulating bacterial resistance mechanisms, thereby underscoring the beneficial impact of POSS in the design of antimicrobial surfaces.

#### MTT assav and biocompatibility

The prepared PLA (P), PM, and PMPs thin films were diluted in the range of 200% to 25% with a fresh medium for 24 h and 48 h, and the viability of mouse fibroblast cells (L929) was measured at these concentrations (Fig. 10). L929 cells treated with prepared films at concentrations between 200 and 50% dilution rates for 24 h exhibited no significant cytotoxic effects compared to the control group. For PM, cell viability at 200% diluted concentration was 83.00%, gradually decreasing to 37.70% at 25% diluted concentration. For PMPs, cell viability remained relatively high, ranging from 90.70% at 200% diluted concentration to 22.10% at 25% diluted concentration. Notably, the cell viability was considerably higher in the PMPs group, particularly at lower concentrations, indicating a potential enhancement in biocompatibility due to the inclusion of POSS nanoparticles. However, at 25% diluted concentration, both groups exhibited a substantial reduction in cell viability, suggesting that higher concentrations of the materials led to cytotoxicity.

Concentration-dependent cytotoxic effects were more pronounced at the 48-h time point. The cell viability of PM ranged from 51.10% at 200% diluted concentration to 31.40% at 25% diluted concentration, while for PMPs this rate varied from 69.50% at 200% diluted concentration to 19.50% at 25% diluted concentration. The increased cell viability observed in the PMPs group at the lower concentrations of 200–50% diluted concentration rates further supports the idea that POSS nanoparticles play a crucial role in enhancing material biocompatibility. This suggests that the incorporation of POSS nanoparticles with  ${\rm Ti}_3{\rm C}_2{\rm T}_{\rm x}$  MXene promotes more favourable cell-material interactions and may contribute to improving the overall biological performance of the material, especially in biomedical applications. In conclusion, the findings indicate that while both PM and PMPs groups exhibit acceptable biocompatibility at lower concentrations, the addition of POSS nanoparticles in the PMPs group significantly improves cell viability, suggesting a beneficial effect on biocompatibility.

The above data and results proved the effective antimicrobial activity of POSS-doped  ${\rm Ti}_3{\rm C}_2{\rm T}_{\rm x}$  MXene film (PMPs). The multi sharp layers of MXene were found to act as multi "nano-knife" that lead to physical stresses and disruption of bacterial cells. Moreover, the better antimicrobial activities of PMs and PMPs can be attributed to the functional groups ( ${\rm Tx} = -{\rm F}$ , =O or -OH) of  ${\rm Ti}_3{\rm C}_2{\rm T}_{\rm x}$  and the hybrid networks of POSS destroying bacterial

cell walls. However, the increase in absorbance intensity can be explained by the thickening of the bacterial cell wall, making E. coli difficult to be punctured by the sharp edge of  $\mathrm{Ti}_3\mathrm{C}_2\mathrm{T}_x^{55,55}$ . The combination of  $\mathrm{Ti}_3\mathrm{C}_2\mathrm{T}_x$  MXene and POSS in the PMPs film demonstrates a synergistic effect, resulting in superior antibacterial activity. Overall, the PMPs film exhibits the highest antibacterial efficacy and improves cell viability, suggesting its potential for applications where bacterial inhibition and high biocompatibility are critical, such as biomedical implants, tissue engineering, regenerative medicine, and antimicrobial coatings.

#### Conclusions

In this study, POSS-doped  $Ti_3C_2T_x$  MXene thin films were successfully prepared using the solution casting method, and their biomedical applications, such as cell viability and antibacterial activities, were investigated. The presence of the POSS and  $Ti_3C_2T_x$  MXene in the prepared films was confirmed by the advanced characterizations methods. The contact angle tests revealed that the surface wettability properties increased with the filler materials. The good antibacterial properties were obtained by the incorporation of POSS nanoparticles and  $Ti_3C_2T_x$  MXene. The cell viability of *E. coli* (Gram-negative) and *S. aureus* (Gram-positive) bacteria significantly decreased, and their morphologies were found to be severely damaged in the PM and PMPs films due to sharp edges of  $Ti_3C_2T_x$  MXene and hybrid networks groups of POSS. The results proved that POSS-doped  $Ti_3C_2T_x$  MXene thin films can be safely used in various fields such as wound dressings, antimicrobial coatings, and implantable medical devices, thus positioning them as a promising new type of candidate for advanced biomedical applications.

### Materials and methods Synthesize of Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub> MXene and POSS

Zirconia balls and stainless-steel jars were used in a high-energy MITR ball milling machine (Model YXQM-4L) to prepare Ti<sub>3</sub>AlC<sub>2</sub> MAX powders. Initially, 325-mesh titanium (Ti, 99.9% pure, Nanografi) and 325-mesh titanium carbide (TiC, 99.9% pure, Nanografi) and 200-mesh aluminum powder (Al, 99.9% pure, Nanografi) powders were ball-milled using zirconia balls at 350 rpm for 16 h in a molar ratio of 1:2:1, respectively. To improve the interaction between the particles, the ball-milled powders were then cold-pressed at 23 GPa. The cold-pressed powders were calcined for 4 h at 1400 °C in an atmosphere-controlled tube furnace under argon (Ar) gas protection to prevent any oxidation of raw powders and then cooled to room temperature at a ramp temperature of 1 °C s<sup>-1</sup>. To create consistent, tiny particles, the resulting powders were ball milled for 3 h at 450 rpm. The preparation of MXene derived from MAX phases have been reported in previous studies<sup>41,48,56</sup>. First, the prepared Ti<sub>3</sub>AlC<sub>2</sub> MAX phases (3 g) were slowly added to the 50 mL of a 1:2 deionized water (DI) and hydrofluoric acid (HF, 49%) solutions under magnetic stirrer at 65 °C for 15 h. Then, the solution was washed and centrifuged several times at 12,000 rpm to eliminate any dissolved fluorides. The Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub> MXene precipitates were then placed in a vacuum oven set at 70 °C for 12 h.

For the synthesis of Polyhedral Oligomeric Silsesquioxane (POSS) nanoparticles, 100 mL methanol (99.9%, HPLC grade), 3.75 mL (3-Aminopropyl) triethoxysilane (APTES, 99%, Liquid), and 7.50 mL hydrochloric acid (37%, solution) were mixed under magnetic stirrer for 18 h at a constant temperature of 90 °C. And then, the solution was cooled down to room temperature, and 100 mL of Tetrahydrofuran (THF,≥99.9%, anhydrous) was poured into the solution to obtain white precipitates. Finally, the white precipitates were washed several times with THF, and the obtained POSS were dried in an oven at 30 °C.

#### POSS-doped Ti<sub>2</sub>C<sub>2</sub>T<sub>2</sub> MXene-filled PLA film

In the production of PLA-based thin films, a similar approach to previous PLA-based coating studies has been followed  $^{39,57,58}$ . Accordingly, a PLA/chloroform solution in a 1/10 (wt%/vol) ratio was prepared to achieve the optimum viscosity. PLA was dissolved in chloroform with a magnetic stirrer (HS1-A, LABTron) for 45 min for the production of PLA (abbreviated as P) thin films. For the preparation of PLA-Ti $_3$ C $_2$ T $_x$  MXene thin films (abbreviated as PM), 1 g of Ti $_3$ C $_2$ T $_x$  MXene was added to dissolved 40 mL of PLA and mixed using a magnetic stirrer for 30 min and then homogenized for 5 min using an ultrasonic homogenizer (MSK-USP-3N, MTI) at 60% power duty, ensuring the dispersion of Ti $_3$ C $_2$ T $_x$  MXene particles. For the preparation of POSS-doped Ti $_3$ C $_2$ T $_x$  MXene-filled PLA (PMPs) thin films, the initially prepared Ti $_3$ C $_2$ T $_x$  MXene and POSS particles were combined with a ratio of 10/1 (wt%) under a magnetic stirrer for 5 h in a 10 mL ethanol solution. POSS-doped Ti $_3$ C $_2$ T $_x$  MXene solution was then centrifuged and dried at 40 °C. Finally, the same steps above were followed by adding 1 g of POSS-doped Ti $_3$ C $_2$ T $_x$  MXene filled PLA (PMPs) thin films was achieved.

#### Characterization

The structural, crystallographic, and morphological characterizations of the prepared particles and thin films were identified using the X-ray diffractometer, XRD (Ultima-IV model of Rigaku brand) with Cu-Kα at 20 mA and 30 kV, Field Emission Scanning Electron, FESEM (Sigma 300 model of Zeiss brand) and high-resolution transmission electron, HRTEM HRTEM (2100 model of JEOL). The energy dispersive X-ray (EDX) detector (Ametek, EDAX) was used to gather X-ray scatterings for elemental analysis. The functional surface groups and area of prepared particles were determined using the X-ray photoelectron spectroscopy, XPS (K Alpha model of Thermo Scientific brand), and Brunauer–Emmett–Teller, BET (Tristar II model of Micromeritics brand) instruments. C-, H-, and O- bonds in the composite/hybrid films were identified using Fourier transform infrared spectroscopy (FTIR, Nicolet 6700). The nuclear magnetic resonance peaks of prepared POSS were obtained using Agilent 400 NMR experiments <sup>1</sup>H carrier frequency of 400.13 MHz.

Contact angle measurements were performed to evaluate the bioactive and bioinert behavior of the prepared film under possible physiological conditions with using the sessile drop technique (Theta Flex, Biolin Scientific). The simulated body fluid (SBF) was prepared using 8 g of NaCl, 400 mg of KCl, 140 mg of CaCl $_2$ , 100 mg of MgSO $_4$ ·7H $_2$ O, 100 mg of MgCl $_2$ ·6H $_2$ O, 60 mg of Na $_2$ HPO $_4$ ·2H $_2$ O, 60 mg of KH $_2$ PO $_4$ , 1 g of D-glucose, and 350 mg of NaHCO $_3$ . A 5  $\mu$ L droplet of SBF was placed at a distance of 10 mm from the thin film surfaces and left at room temperature for 5 s. The resulting contact angle measurements were used to assess the surface wettability characteristics of the thin films.

#### Cell viability and antibacterial responses

The antibacterial activity of PLA (P), PM, and PMPs films was tested using *E. coli* and *S. aureus* as representative Gram-negative and Gram-positive bacterial models, respectively. Cryopreserved bacterial stocks were employed to initiate overnight cultures in Luria–Bertani (LB) broth, maintained at 37 °C under shaking conditions. Subsequently, 1 mL aliquots of these cultures were sub-cultured and harvested during the logarithmic growth phase to ensure maximum cellular activity. The bacterial suspensions were centrifuged at 5000 rpm for 5 min, and the resulting pellets were meticulously washed three times with phosphate-buffered saline (PBS, pH 7.4) to eliminate residual metabolites and medium components. The washed bacterial cells were re-suspended in sterile PBS and adjusted to a standardized density of approximately  $10^7$  CFU/mL, ensuring uniformity for subsequent antimicrobial assays.

To investigate the antibacterial activity of the membranes (1 cm²), PLA and the modified thin films (PM and PMPs) with dimensions of 1.5 cm in length, 0.66 cm in width, and a surface area of 1 cm² were used. Each surface was exposed to UV sterilization at a wavelength of 254 nm for 15 min before the films were immersed in the bacterial suspension. A negative control with bacteria without any membrane and a positive control with bacteria and unmodified PLA membrane in PBS were included in the assays. To evaluate the effect of contact time on bactericidal activity, membranes were removed at intervals of 4, 8, 16 and 24 h, gently rinsed with saline to remove loosely adherent bacteria, and transferred to 2 mL of PBS. The membranes were then sonicated for 3 min to dislodge bacteria from the surfaces.

Bacterial viability was determined by plating 100  $\mu$ L of the resulting suspension onto nutrient agar plates and counting the colony-forming units (CFU) after incubating overnight at 37 °C. All experiments were performed in triplicate and the values were reported as mean  $\pm$  standard deviation (SD). Cell viability was quantified using the following equation (Eq. 4).

Viability (%) = 
$$\frac{N_{\rm m}}{N_{\rm c}} \times 100$$
 (4)

Herein,  $N_c$  and  $N_m$  represent the number of bacterial colonies exposed to the control surface (PLA) and the modified surfaces (PM and PMPs), respectively, for a specified treatment duration.

#### Cytotoxicity analysis

The biocompatibility of the developed PM and PMPs thin films was evaluated using the MTT assay to determine their effects on the viability of L929 fibroblast cells (Cat. No. M2267, Cell Biologics)<sup>59</sup>. L929 cells were cultured in high-glucose DMEM and DMEM/F12 medium supplemented with 10% fetal bovine serum (FBS), 100 IU/mL penicillin, and 100  $\mu$ g/mL streptomycin. The cells were maintained under standard conditions of 37 °C in a humidified incubator with 5% CO<sub>2</sub>.

For the assay, L929 cells were seeded in 96-well plates at a density of  $5\times10^3$  cells/well in 150  $\mu L$  of growth medium and allowed to adhere for 24 h. The prepared thin films were dissolved in chloroform at different concentrations and diluted in culture medium (from 200 to 25%). Then, the cells were treated with the film solutions at these different concentrations for 5 min. After 24 and 48 h of incubation, 20  $\mu L$  of 5 mg/mL MTT solution in PBS was added to each well, and the plates were incubated for an additional 4 h at 37 °C.

The medium and MTT solution were removed, and 150 µL of dimethyl sulfoxide (DMSO) was added to each well to solubilize the formazan crystals. The absorbance of the resulting purple solution was measured at 560 nm using an ELISA microplate reader (Epoch, Biotech), with blank corrections subtracted. Cell viability was calculated using the following formula (Eq. 4), with untreated cells as the control.

Cell viability (%) = 
$$\frac{\text{mean OD}_{\text{treated cells}} - \text{mean OD}_{\text{blank}}}{\text{mean OD}_{\text{untreated cells (control)}} - \text{mean OD}_{\text{blank}}} \times 100$$
 (5)

Statistical analysis was performed using GraphPad Prism 10.4.1 (GraphPad, La Jolla, CA). Results were expressed as the mean ± standard deviation (SD), and experiments were conducted in triplicate.

#### Observation of bacterial cells with SEM

SEM analysis was conducted to examine the impact of  ${\rm Ti_3C_2T_x}$  MXene and POSS on the morphology of bacterial cells using FESEM (Zeiss Sigma 300). SEM imaging performed as follows: after the antibacterial experiments, bacterial cells attached to the surfaces of P thin films, as well as PM and PMPs thin films, were fixed with 2.5% glutaraldehyde for 4 h at 4 °C. The samples were subsequently rinsed with 0.1 M PBS (pH 7.4) and subjected to a dehydrated through an ethanol gradient (30, 50, 70, 90, and 100%). Once fully dried at room temperature, the samples were coated with a 5 nm gold layer using a sputter coater before SEM imaging.

#### Statistical analysis

Statistical analyses of bacterial viability tests were performed using GraphPad Prism 10.4.0 (GraphPad, La Jolla, CA). Data normality was determined by descriptive statistics based on mean ± standard deviation using the Kolmogorov-Smirnov test. Inter-group comparisons were performed using two-way analysis of variance (ANOVA) and Tukey's post-hoc test. The results were deemed statistically significant when the p-values were less than 0.05, with a confidence interval of 95%, (n = 3).

#### Data availability

The datasets used and/or analysed during the current study available from the corresponding author on reasonable request.

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#### Competing interests

The authors declare no competing interests.

#### Additional information

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