

Functions and mechanisms of cytosolic phospholipase A₂ in central nervous system trauma

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Abstract

Central nervous system (CNS) trauma, including traumatic brain injury and spinal cord injury, has a high rate of disability and mortality, and effective treatment is currently lacking. Previous studies have revealed that neural inflammation plays a vital role in CNS trauma. As the initial enzyme in neuroinflammation, cytosolic phospholipase A2 (cPLA2) can hydrolyze membranous phosphatides at the sn-2 position in a preferential way to release lysophospholipids and ω 3-polyunsaturated fatty acid dominated by arachidonic acid, thereby inducing secondary injuries. Although there is substantial fresh knowledge pertaining to cPLA2, in-depth comprehension of how cPLA2 participates in CNS trauma and the potential methods to ameliorate the clinical results after CNS trauma are still insufficient. The present review summarizes the latest understanding of how cPLA2 participates in CNS trauma, highlighting novel findings pertaining to how cPLA2 activation initiates the potential mechanisms specifically, neuroinflammation, lysosome membrane functions, and autophagy activity, that damage the CNS after trauma. Moreover, we focused on testing a variety of drugs capable of inhibiting cPLA2 or the upstream pathway, and we explored how those agents might be utilized as treatments to improve the results following CNS trauma. This review aimed to effectively understand the mechanism of cPLA2 activation and its role in the pathophysiological processes of CNS trauma and provide clarification and a new referential framework for future research.

Key Words: autophagy; cytosolic phospholipase A₂; drugs; lysosome membrane permeability; mitogen-activated protein kinase; neuroinflammation; spinal cord injury; traumatic brain injury

Introduction

Central nervous system (CNS) trauma, including traumatic brain injury (TBI) and spinal cord injury (SCI), is a leading cause of long-term disability and death worldwide (No authors listed, 2019a). The global burden of disease collaborator group study reported 0.93 million SCI cases and 27.08 million new TBI cases worldwide, while their global prevalence reached 27.04 million and 55.50 million, respectively (No authors listed, 2019b). To date, despite obvious clinical needs, no therapy has significantly improved the long term rehabilitation outcomes after CNS injury. This may partially reflect an incomplete understanding of the complicated pathobiological mechanisms.

At present, we have knowledge of two events that occur during damage from CNS trauma: the primary mechanical injury involving direct mechanical tissue damage and secondary damage mediated by diverse pathogenic processes such as neuroinflammation, free radicals, calcium overload, and glutamate excitotoxicity (Hall, 1989; Saghazadeh and Rezaei, 2017; Gong et al., 2020). Overlapping boundaries exist between the effects mediated by these factors and other causal links driving the secondary injury (David and López-Vales, 2021). Among these, neural inflammation is an obvious characteristic of the reaction to central nervous system trauma (López-Vales and David, 2019). In addition, it is a vital marker of a variety of neurodegeneration illnesses where inflammatory events facilitate pathological development (Stephenson et al., 2018). CNS trauma-induced neuroinflammatory reactions are intricate and revealing the causal links regulating such inflammatory events is pivotal for the purpose of developing valid therapies (David and López-Vales, 2021).

Cytosolic phospholipase A_2 (cPLA2), a key target of inflammatory response, is involved in neuroinflammation in SCI and TBI. Early studies have proven that it exists in both spinal cord and brain neurons (Bonventre, 1996; Ong et al., 1999a). Besides, collective evidence from many recent studies suggests that not only increased cPLA2 activity but also cPLA2-generated mediators play an important role in acute inflammatory responses in the CNS (Farooqui et al., 2006). Biologically active lipids are a large family of multifunctional mediating factors for inflammatory events deserving extreme attention, and they involve prostaglandins and associated eicosanoids known to be predominant inflammatory modulators. Certain enzymes are required to transform aliphatic acids related to the cellular membrane into eicosanoids and the rest of the biologically active lipidic mediating factors (David and López-Vales, 2021). As the first enzyme in such processes, cPLA2 can, in a preferential way, hydrolyze membranous phosphatides at the sn-2 position to produce lysophospholipids and arachidonic acid (AA) that contribute to various aspects of neuroinflammation through cyclooxygenase-2 (COX-2) and lipoxygenase (LOX) pathways after CNS trauma (Li et al., 2019; Sarkar et al., 2020). Under physiological conditions, cPLA2 participates in a variety of significant cellular responses, including phospholipid metabolism, signal transduction, and membrane remodeling (Kita et al., 2019; Wang et al., 2021; Hayashi et al., 2022). Nevertheless, under pathological conditions, elevated cPLA2 activity and excessive free aliphatic acids including AA, proinflammatory mediators, and platelet-activating factor (PAF) might damage lysosome membranes and cause neuroinflammation and oxidative stress (Chuang et al., 2015).

In general, as a rate-limiting step of the inflammatory response, activated cPLA2 will induce the production of more inflammatory factors, creating a cascade effect that promotes the progression of inflammation. Thus, as the critical component of signal transduction in the inflammatory response, cPLA2 vitally influences TBI and SCI pathogenesis (Chao et al., 2018; Stewart et al., 2021). Although an increasing number of studies have confirmed the involvement of cPLA2 in TBI and SCI pathogenesis, few have summarized the association between CNS trauma and cPLA2. In this paper, we have specifically highlighted the effects of cPLA2 and its downstream products on inducing inflammatory events after SCI and TBI. We have also summarized the latest understanding of cPLA2 in CNS trauma, with special focus on the potential therapeutic prospects of cPLA2-related inhibitors.

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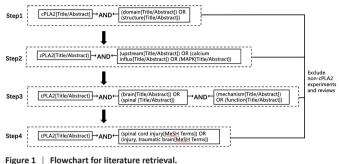
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Retrieval Strategy

Literature review was electronically performed using PubMed database. The following combinations of keywords were used to initially select the articles to be evaluated: cPLA2; domain or structure; traumatic brain injury; spinal cord injury; mechanism or function; MAPK or calcium influx or upstream; brain or spinal. More than half of the selected studies were published from 2017 to 2022. We screened the results of each step by abstract and full title and excluded studies that reported non-cPLA2-related experiments and reviews (**Figure 1**).



cPLA2: Cytosolic phospholipase A₂.

Overview of Cytosolic Phospholipase A₂

Phospholipase A₂ (PLA2) is a family of enzymes with glycerophospholipid decomposition activity. By catalyzing the hydrolysis of phosphatidylcholine, phosphatidylethanolamine, and phosphatidylserine in the sn-2 position of the cell membrane, PLA2 can produce free aliphatic acids and lysophospholipids, which act as lipidic secondary messengers (Peng et al., 2021). The physiological functions of PLA2 include the transformation of the phospholipid structure, promotion of the autologous disappearance of necrotic tissues, and participation in the metabolism of alveolar surfactants (Kita et al., 2019). According to the classification of their biological activity, the FLA2 family is subdivided into approximately four groups (Ong et al., 2010);
(i) Secreted phospholipase A2 (sPLA2): sPLA2 is a low molecular mass (14) kDa) enzyme with a rigid tertiary structure configured by disulfide bridges. It needs a millimolar concentration of calcium to exert its enzymatic action and has poor fatty acid selectivity when tested in vitro (Sun et al., 2021). Several studies have suggested that functionally active cPLA2 is a prerequisite for sPLA2-mediated AA release and prostaglandin biosynthesis (Balsinde et al., 1998; Murakami et al., 1998; Shinohara et al., 1999) and that cPLA2 regulates gene expression of sPLA2 (Kuwata et al., 2000). (ii) cPLA2: mainly including cPLA2 α , cPLA2 β , and cPLA2 γ . cPLA2 α has a molecular weight of 85 kDa and is widely present in various bodily tissues. It normally requires the participation of a submicromolar Ca2+ concentration and the phosphorylation of upstream kinases during activation to selectively hydrolyze the phospholipid AA sn-2 position. Later, other downstream enzymes, including COX and leukotrienes are responsible for the metabolism of AA to eicosanoids and are located at the sn-2 position too (Farooqui et al., 2006). This gives cPLA2 access to its membrane-associated phospholipid substrate. Since cPLA2a was discovered earlier, the current understanding of cPLA2 mainly comes from cPLA2α. Many studies have found group cPLA2a as the main PLA2 involved in the production of AA and vital for inflammatory events (Sun et al., 2021). Transgenic mice that lack cPLA2α exhibit remarkably harmful phenotypes in inflammatory illnesses such as ischemic cerebral damage, anaphylactic reactions, arthritis, alcohol abuse, and acute lung injury (ALI) (Bonventre et al., 1997; Nagase et al., 2000a, 2002; Kishimoto et al., 2010; Tai et al., 2010; Chuang et al., 2015). (iii) Ca^{2^*} -independent phospholipase A_2 (iPLA2) exists in various tissues and cells, and its activation does not require the participation of Ca^{2^*} (Sun et al., 2021). It is generally believed that iPLA2 does not directly participate in the release of AA induced by activators (Farooqui et al., 2006). (iv) Plasmalogen-selective PLA2: it has an apparent molecular mass of 39 kDa and mainly exists in the plasma and endarterium (Ong et al., 2010).

A recently published study has shown that iPLA2, cPLA2, and sPLA2 have a unique preference among the specific omega-3 fatty acids-eicosapentaenoic acid and docosahexaenoic acid-or the omega-6 AA, which are the precursors of most pro- and anti-inflammatory factors (Hayashi et al., 2021). Meanwhile, the study discovered that cPLA2 selectively preferred AA, whereas iPLA2 preferred eicosapentaenoic acid, and sPLA2 preferred docosahexaenoic acid as the substrate. Compared to the other three forms, cPLA2 is the best characterized in terms of its enzyme properties and protein structure, while iPLA2, sPLA2, and plasmalogen-selective PLA2 need to be further clarified (Kita et al., 2019). cPLA2 has two independent units that include an N-terminal C2 domain and a catalytic domain, and it is translocated to phosphatide membranes through the C2 domain at the nanomolar level of Ca²⁺, where it acts on arachidonate-containing phospholipids (Sun et al., 2021). Additionally, increasing evidence has shown that cPLA2 is crucial for the release of AA and lysophospholipids induced by agonists such as cytokines and endotoxins and a series of downstream inflammatory mediators (Sun et al., 2021). Experiments performed using mice with cPLA2 knockout (KO) have shown that cPLA2 is the indispensable PLA2 enzyme required for eicosanoid production in different inflammation illness models (Nagase et al., 2000b). Thus, most researchers now believe that cPLA2 is the "valve" that regulates the inflammatory process (Chatterjee et al., 2021; Duro et al., 2022).

Upstream of Cytosolic Phospholipase A₂ Activation

It is generally accepted that the activation of cPLA2 occurs only through the mechanism of postreceptor signal transduction and it depends on the comodulation of many factors (Isenović et al., 2009). The fact that there are many phosphorylation sites on cPLA2 (S431, S454, S505, and S727) showed that cPLA2 was a matrix for the rest of the kinases (de Carvalho et al., 1996). Thus, as a molecule in the complex intracellular regulating network, cPLA2 can give "instructions" by sensing external signals, triggering a series of downstream effects, and playing an important role in connecting these signals with responses (**Figure 2**).

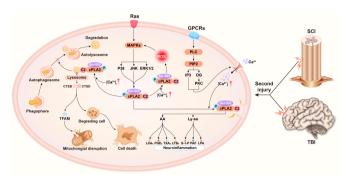


Figure 2 | Graphical presentation of the mechanism of cPLA2 in traumatic brain and spinal cord injuries.

The extracellular signal molecule binds to its corresponding G-protein-coupled receptor to activate PLC. PLC cleaves the PIP2 in the cell membrane into DAG and IP3 and then activates PKC to cause a cascade reaction, which opens the calcium channel of the cell membrane and increases the intracellular calcium ion concentration. In addition, a second injury promotes cPLA2 phosphorylation through the ras-MAPK signaling pathway. The increased intracellular calcium promotes the binding of the C2 domain of cPLA2 to membrane phospholipids. Phosphorylated cPLA2 hydrolyses membrane phospholipids, producing downstream products (AA, Ly-so, and their subsequent metabolites) that trigger neuroinflammation. Phosphorylated cPLA2 simultaneously binds to the lysosomal membrane, resulting in increased permeability of the lysosomal membrane. Lysosomal enzymes (CTSB, CTSD) exosmose to degrade TFAM and impair mitochondrial function. Exosmotic lysosomal enzymes break down digestive cells and cause neuronal cell death. Damaged lysosomal enzymes prevent the binding of lysosomal enzymes to autophagosomes and thus hinder the progress of autophagy. [Ca2+]: Intracellular calcium concentration; AA: arachidonic acid; CTSB: cathepsin B; CTSD: cathepsin D; DAG: diacylglycerol; IP3: inositol triphosphate; LPA: lysophosphatidic acid; LTB4: leukotriene B4; LXA4: lipoxin A4; Ly-so: lysophospholipids; MAPK: mitogen-activated protein kinase; PAF: platelet-activating factor; PGE2: prostaglandin E2; PIP2: phosphati-dylinositol-4,5-bisphosphate; PKC: protein kinase C; PLC: phospholipase C; S-1-P: sphingosine 1 phosphate; TFAM: transcription factor A; TXA2: thromboxane 2.

A previous study showed that there are two classical pathways that can activate cPLA2 (Mouchlis and Dennis, 2019). First, an increase in cytosolic calcium can activate cPLA2 (Sun et al., 2021). In Lin's research, cPLA2 was stimulated by elevated endocellular Ca^{2+} levels (Lin et al., 1993). When cells are activated by an acceptor ligand such as platelet-derived growth factor or adenosine triphosphate (ATP), phospholipase C is induced by a G protein-independent/dependent process, resulting in the generation of diacylglycerol and inositol triphosphate. Then, an increase of those intracellular messengers leads to the stimulation of protein kinase C and the mobilization of ca²⁺ influx (Lin et al., 1993). Finally, elevated Ca^{2+} leads to the movement of cPLA2 from the cytosol to the membranes in which the matrix phosphatide is localized, which is pivotal for cPLA2 stimulation and might explain the partial stimulation of cPLA2 without phosphorylation (Lin et al., 1993).

Extracellular Ca²⁺ influx has been shown to be dispensable for the activation of cPLA2 (Rzigalinski et al., 1996). The mobilization of low-level AA was realized and followed by the release of Ca²⁺ stored in endocellular compartments, before extracellular Ca²⁺ influx. A later AA release was coupled with the extracellular Ca²⁺ influx and it lasted until maximum [Ca²⁺], concentration was reached, suggesting cPLA2-mediated AA release might take part in the modulation of intracellular free Ca²⁺ content. Therefore, further investigation of the mechanisms of cPLA2 activation by the Ca²⁺-dependent pathway is necessary.

Another pathway for CPLA2 stimulation is phosphorylation. With the available full sequence of cPLA2, it seems obvious that this enzyme has a consensus phosphorylation motif (involving Ser-505) that is a target of the components of the mitogen-activated protein kinase (MAPK) family (Santerre-Anderson and Werner, 2020). The MAPK family is involved in regulating various neurotransmitters, hormones, growth factors, and cytokines and responding to stress stimulation of the physiological activities of diverse cells (Yuan et al.,



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2020). It involves three primary components: extracellular signal regulated kinase (ERK), p38, and c-Jun N-terminal kinase (JNK), reflecting three diverse signal transmission cascades (Xue et al., 2020). These three signaling pathways are not completely independent, and they interact with each other to affect the phosphorylation of cPLA2 (Naik et al., 2017). P38 MAPK is considered a stress-triggered kinase and is vital for inflammatory reactions (Kim et al., 2021). It has been established that the phosphorylation of cPLA2 by P38 MAPK on serine-505 increases its catalytic activity (Santerre-Anderson and Werner, 2020). Importantly, ABT-737-induced activation of p38 triggered cPLA2 phosphorylation, and this affected platelet apoptosis (Rukoyatkina et al., 2013). In addition, leptin attenuated lipopolysaccharide-triggered apoptosis drage in murine thymic cells, primarily by decreasing cPLA2 and realizing the cleavage of caspase-3 through the p38-MAPK signaling pathway (Liang et al., 2013).

ERK1/2 is one of the pathways involved in the cellular reaction and sensitivity to stimulus via ultimate control of cellular metabolic and proliferative abilities as well as cellular death (Santerre-Anderson and Werner, 2020). Activation of cPLA2 and generation of the lipidic secondary messenger lysolecithin are considered initiating events (in 2 min) needed for radiation-triggered stimulation of ERK1/2 in vascular endothelial cells (Yazlovitskaya et al., 2008). In a study by Shelat et al. (2008) with primary neurons in cultivation, activation with the ionotropy glutamate receptor agonist caused reactive oxygen species (ROS) generation via the nicotinamide adenine dinucleotide phosphate (NADPH) oxidative enzyme and fast stimulation of ERK1/2 and cPLA2. Further research by Chuang et al. (2015) showed that in both primary and BV-2 microglia stimulated by lipopolysaccharide, the timepoint of increasing p-ERK1/2 was prior to that of p-cPLA2. The associations between p-ERK1/2 and cPLA2 were further verified by U0126, the MEK1/2-ERK1/2 suppressor, which completely blocked cPLA2 phosphorylation. JNK also serves as a component of the MAPK family and mediates various types of cellular signaling processes such as cell proliferation, migration, and apoptosis (Li et al., 2021). Increasing evidence has confirmed that JNK signaling is involved in inflammation and the nervous system (Yang et al., 2009; Nasrazadani and Van Den Berg, 2011). Hernández et al. (1999) found that TNF-α causes early stimulation of p38-MAP kinase and JNK in astrocytic glioma cells, which is before cPLA2 phosphorylation and the release of AA, suggesting that P38 and JNK are both upstream signaling pathways of cPLA2. In addition, an experiment in a liver injury model proved that gigantol ameliorated CCl4 triggered hepatic damage by avoiding stimulation of the JNK/cPLA2/12 LOX inflammation pathway (Xue et al., 2020)

A surprising event that occurred in Kishimoto et al's research was that the phosphorylation of MAPKs-p38, ERK 1/2, and JNK 1/2 was more remarkable in the cPLA2^{-/+} ischemia cortex than in the cPLA2^{-/-} ischemia cortex, 6 hours after reinfusion (Kishimoto et al., 2010). The authors believe that the mutual effects may create a positive feedback loop, where cPLA2-reliant ROS elevates kinase stimulation and induces more cPLA2 stimulation. In addition, phosphatidylinositol-4,5-bisphosphate (PIP2), which exists in the plasma membrane, can bind to cPLA2 and activate it. PIP2 promotes the binding of the active parts of the enzyme to the membranous phospholipid matrix by inducing alterations of the cPLA2 conformation (Stahelin et al., 2007). Overall, specific crossover and integration between MAPK pathways and other intracellular pathways constitutes a complex signal network, which indicates that cPLA2 is an active substrate downstream of this vast regulatory network. However, the extent to which they independently affect the phosphorylation of cPLA2 and how they interact with each other still needs further research. Through the coaction of the above pathways, cPLA2 can be activated for a long time and play a "pivotal" role in the various downstream inflammatory factors.

Involvement of Cytosolic Phospholipase A₂ in Traumatic Brain Injury and Spinal Cord Injury Functions of cPLA2 in TBI

More than two decades ago, it was reported that cPLA2 activity was a vital contributing factor to deleterious cellular processes in the CNS (Mori et al., 1996). Later, cPLA2 was found in the gerbil cerebrum and the neuron cultivation of rat cerebrum (Bonventre, 1996). A head trauma model induced in rats by weight drop equipment showed that 15 minutes and 24 hours post trauma, cPLA2 activity increased by 75% and 245% relative to sham, respectively, while there were no significant changes of cPLA2 activity in the uninjured brain parts. It needs to be further investigated whether ischemia gradually develops because of increased production of the AA metabolites produced by cPLA2 (Shohami et al., 1989). [Ca²⁺], is reportedly pivotal for the regulation of neuron membrane excitability (Martiszus et al., 2021), and it is vital for maintaining cytoskeleton completeness (Lu et al., 2021). In an *in vitro* traumatic injury model (stretch-injured neurons), activation of cPLA2 was confirmed to participate in the postponed reinforcement of capacitive (Rzigalinski et al., 1996).

Accumulating evidence has proven that ischemia is an important pathophysiological mechanism after TBI, and changes in cerebrovascular physiology further lead to ischemia damage (Veenith et al., 2016; Dobrzeniecki et al., 2021; Weil et al., 2021). A study showed that mice that had encountered TBI in the past had an approximately 4-fold elevation in lesion volume, more edema in the ischemic hemisphere, and functional damage after middle cerebral artery occlusion (MCAO) (Weil et al., 2021). Therefore, improving the symptoms of cerebral ischemia in TBI may also improve the prognosis of TBI.

cPLA2 knockout (KO) mice are protected against postischemic cerebrum damage triggered by MCAO (Bonventre et al., 1997). The sizes of infarctions are decreased in cPLA2 KO mice after reinfusion, which is especially obvious in posterior cerebrum sections. In addition, this work discovered that cPLA2 facilitated early events resulting in damage during the process of cerebral infarction (Kishimoto et al., 2010). These events might magnify the inflammatory cascades and cellular deaths, which define the processes of stroke development. Compared with cPLA2 KO mice, cPLA2 WT mice exhibited more COX-2 expression, prostaglandin E2 (PGE2) generation, and ROS after ischemic events, together with damage to the neuronal morphology, suggesting that cPLA2 is a vital regulator of molecular events that occurred quickly after cerebral ischemia reperfusion.

Zhang et al. (2012) found that cPLA2 inhibitors used in the early stages of stroke can effectively reduce the area and severity of infarcts. AKT (a cPLA2 inhibitor) injections 1 hour prior to and at 1 and 6 hours after the initiation of reinfusion remarkably decreased the infarction sizes in the hemisphere and striatum after 24 hours of reinfusion. However, if ATK was not administered within 6 hours of reperfusion, the injury would not decrease, which means that cPLA2 may take part in the early stage of brain injury.

In another study, Wu et al. (2018) used an effective cPLA2 inhibitor and adenovirus-mediated RNA interference for the treatment of MCAO/R mice. The data indicated that pAd-siRNA-CPLA2 treatment reduced the levels of inflammatory factors, neurological deficits, and tissue damage. Bradykinins (BKs) are reported to be important for the regulation of vasopermeability and inflammation processes after brain damage. In a previous study, controlled cortical impact (CCI) assays were conducted to explore the association between cPLA2 and the BK acceptor pathway in rats (Chao et al., 2018). The data showed cPLA2 upregulation and stimulation after cerebrum damage within the initial 24 hours, particularly for the B2 receptor in the early stage after TBI, which suggested that BK system stimulation was an initial event inducing the stimulation of cPLA2 in the TBI model.

In recent years, additional pathogenetic and molecular mechanisms of cPLA2 in brain injury have been further explored. A recent study demonstrated that lysosome membrane permeability (LMP) increases in neurons following CCIinduced TBI in mice, causing damaged macroautophagy and neuronal deaths (Sarkar et al., 2020). This was the first study to suggest that cPLA2-mediated LMP could facilitate autophagy-lysosome flaws in TBI. However, the specific and systematic mechanisms of cPLA2 in TBI need further research.

Functions of cPLA2 in SCI

In 1999, high levels of cPLA2 activity were noted to exist in the rat spinal cord (Ong et al., 1999b). Later, in an *in vitro* experiment, cPLA2 immune reactivity was found to be remarkably upregulated in nerve cells undergoing apoptosis (Hornfelt et al., 1999). This finding suggested that cPLA2 was pivotal for certain causal links participating in or tightly associated with neuron death. Later, Liu et al. (2007) found that the usage of annexin A1 (a nonselective PLA2 suppressor) can inhibit SCI-triggered inflammatory events and decrease tissue damage. Another study showed that both cPLA2 and mellitin (an activation agent of endogenetic cPLA2) caused spinal neuron death *in vitro*, which was remarkably attenuated by mepacrine, a cPLA2 suppressor (Liu et al., 2006). When cPLA2 or mellitin was delivered into the healthy spinal cord via microinjection, the former triggered confined myelinoclasis and the latter caused diffuse tissue necrosis. Both these microinjections caused oxidization, inflammatory events, and tissue damage, leading to relevant electrophysiology and behavioral changes.

It was then revealed that suppressing cPLA2 (AACOCF3) or gene knockout (cPLA2 KO C57Bl/6 mice) can improve motor deficiency and cause less tissue injury after SCI (Liu et al., 2014). In Malada's study, an *in vitro* experiment in microglia showed that cPLA2 can upregulate CD40 protein expression by activating the NOX2-NADPH oxidative enzyme and NF-kB. The outcomes indicated that cPLA2 might be an essential magnifier of the inflammatory reaction after CNS trauma (Malada-Edelstein et al., 2017). Recently, a study confirmed that upregulation of cPLA2 can also damage the lysosomal membrane and thus impair autophagic flux (Li et al., 2019), suggesting that activation of cPLA2 by SCI can destabilize the lysosomal membrane. Overall, these data reveal a crucial effect of cPLA2 on regulating oxidation, inflammation, membrane integrity, apoptosis, autophagy, and functional outcomes following SCI.

However, an interesting study discovered there were complicated effects of diverse PLA2 enzymes (cPLA2, sPLA2, and iPLA2) for alleviating or worsening SCI (López-Vales et al., 2011). Although all PLA2s were upregulated after SCI, contray to Liu et al. (2006), cPLA2 was found to benefit SCI, which was identified via special suppressors and cPLA2 KO mice, whereas sPLA2 GIIA and iPLA2 GVIA were deleterious for SCI. López-Vales et al. (2011) speculated that the strain of mice and the genetic background of different strains of mice were the main reasons for the discrepancy. A study focused on lumbar spinal stenosis showed that inhibition of cPLA2 can reduce proinflammatory lipid mediators originating from cauda equina compression-induced injury (Khan et al., 2015). This suggests that cPLA2 is adequately expressed in cells in a wide range of nervous systems, such as the CNS and peripheral nervous system, and it is regulated by cPLA2-related inhibitors.

Specific effects of cPLA2 in cell types after CNS trauma

Once CNS trauma occurs, a variety of numerous cells such as neurons, astrocytes, and microglia will participate in the inflammatory response (Lukacova et al., 2021). The BK receptor is a significant factor within secondary injuries in TBI. A previous study showed that reactive astrocytes (the major component of the glial scar) played a more important role than neurons in BK-cPLA2-AA inflammation (Chao et al., 2018). These authors thought that BK-induced inflammation after TBI primarily occurred with the glia cells, and the glia cells affected the neuron status. In cultured astrocytes and microglia, TNF- α and IL-1 β can induce the activation of cPLA2, leading to PGE2 production and AA release (Hernández et al., 1999). AA triggers Ca dependent cell death through mitochondrial permeability transition in both cells (Penzo et al., 2004). PGE2 exerts neurotoxicity via astrocyte glutamate release (Stachowicz, 2021) and microglia cytokine release (Bhatia et al., 2017). Those showed that cPLA2 and its metabolites played different toxicological roles in specific neural cells. In addition, the way to activate cPLA2 may be different in various cells after CNS trauma. In astrocytes, cPLA2 interacts with mitochondrial antiviral-signaling protein to boost nuclear factor kappa B (NFκB)-driven inflammatory responses (Chao et al., 2019). In microglia, cPLA2 and AA metabolites contribute to ROS and nitric-oxide production during cell activation mainly through the MAPK pathway (Chuang et al., 2015). As mentioned above, although cPLA2 is widely expressed after CNS trauma, studies on the specific role of cPLA2 on different cell types in CNS trauma are limited because of the complex cellular composition of the nervous tissue. However, with recent advances in techniques for separation and isolation of specific cell types in the brain and spinal cord tissue, understanding of the molecular actions of cPLA2 has greatly improved, but the specific underlying mechanism requires further investigations (Sun et al., 2021).

Potential Mechanisms of Cytosolic Phospholipase A₂ in Traumatic Brain Injury and Spinal Cord Injury

To date, sufficient evidence has proven that cPLA2 plays a significant role in CNS trauma. However, the mechanism by which activation of cPLA2 affects CNS trauma remains elusive. Some mechanisms have been proposed to explain the cPLA2-mediated damage. These causal links might not exclude each other, and it is possible that every pathway might interact in an independent manner after activation of cPLA2 to cause neuroinflammation and harm the organelles during the inflammatory reactions involved in CNS trauma. Here, we mainly discuss the details of the effect of cPLA2 on the production of metabolites, membrane damage, impaired autophagy flux (Siegrist et al., 2019; Sarkar et al., 2020), and subsequently, impaired SCI and TBI (**Figure 2**).

Effect of cPLA2 on neuroinflammation in CNS trauma

cPLA2 is vital for the production of diverse inflammatory mediators: a variety of inflammatory mediators are directly or indirectly involved in the pathogenesis of CNS trauma, some of which induce each other and some are antagonistic to each other, thereby jointly building a complex network. A previous study showed that CNS trauma increased cPLA2 metabolites such as free aliphatic acids, eicosanoids, and lipidic peroxides (Abu Hamdeh et al., 2018). First, oxidized free aliphatic acids are a primary product of lipid peroxidation after CNS trauma. In a CCI model, oxidation peaked at 60 minutes after CCI and gradually weakened at the 4- and 24-hour time points (Anthonymuthu et al., 2017). Sixty minutes after TBI, enzyme lipid peroxidation was the primary causal link with 15-LOX, leading to almost complete total oxidation of aliphatic acids. Proinflammatory lipidic mediating factors were elevated at 1 and 4 hours after TBI and were then restored to basic levels after 24 hours, which coincides with the time of early cPLA2mediated damage (Li et al., 2019; Sarkar et al., 2020). In addition, the metabolism of free aliphatic acids and lysophosphatides leads to the loss of essential phospholipids. Thus, it may also function with a detergent-like effect on the membranes of the neurons and influence nerve conduction (Faure et al., 2014). Moreover, free aliphatic acids could deactivate oxidative phosphorylation (OXPHOS), leading to mitochondrial function disorder (Papa et al., 2012). Arachidonic acid is the predominant product of phospholipids degraded by cPLA2, and subsequently bio-transforms through different pathways into several mediators that are endowed with pivotal roles in the regulation of inflammatory processes (Gorica and Calderone, 2021). For instance, PGE2, as a metabolite of AA, can induce the inflammatory reaction of astrocytes (Song et al., 2021). A closed head injury model showed significant correlation between increased cPLA2 activity and PGE2 at 4 and 24 hours post trauma (Shohami et al., 1989). The elevation of PGE2 production was eliminated when pretreated with 70,000 dextrans, which has been previously shown (Shohami et al., 1989) to inhibit cPLA2 activity. Besides AA can induce mitochondrial swelling in glial cells and damage membrane permeability via channel regulation in brain tissue (Farooqui et al., 1997). Other products induced by AA including TXA2 can facilitate the synthesis of TNF- α and IL-10 (Mitsuhashi et al., 1994), together with LTB4 that promote the ability of mononuclear cells and macrophages to release IL-1, IL-2, and IFN-γ (Filgueiras et al., 2015). The results of a recent study interestingly found that different from other metabolites of AA, lipoxin A4 (LXA4) works as an anti-inflammatory and catabolic lipid mediator that contributes to the resolution of inflammation (Dennis and Norris, 2015). It promotes macrophage recruitment to clear cell debris (Mei et al., 2021) and inhibits macrophage/microglia activation, thus reducing neuropathic pain (Martini et al., 2016). In a TBI model, LXA4 inhibiteds elevation of mRNA



and protein levels of TNF- α , IL-1 β , and IL-6 and attenuated brain edema and reduced lesion volume (Luo et al., 2013). Besides in a SCI model, Wei et al. (2021) showed that LXA4 exerted a neuroprotective effect through Akt/Nrf2/HO-1 signaling pathway in Erastin-induced ferroptosis of primary spinal cord neurons. According to studies of these researchers, we hypothesized that LXA4, as an anti-inflammatory element in inflammatory response, might be involved in the inhibition of cPLA2 targets based on a negative feedback mechanism.

Apart from AA, another major product mediated by cPLA2 at sn-2 of glycerophospholipids is lysophospholipids, the downstream metabolites of which can also lead to a pro-inflammatory effect. Under physiological conditions, PAF, the product from lysophospholipid acetylation can modulate the function of lipid messenger through the balance between synthesis (via phospholipases) and degradation (via acetylhydrolases) of itself (Piwowarek et al., 2021). However, once this balance is broken under pathological conditions of SCI and TBI (Wang et al., 2016; Yin et al., 2017), PAF will become a proinflammatory mediator and neurotoxic agent. Recently, the downstream product of lysophospholipids, including S-1-P and lysophosphatidic acid (LPA), were found to function as receptor-mediated signaling molecules; this has especially drawn acute scientific interest because of its critical roles in the CNS system (Gaire and Choi, 2021). In cultured microglia, S-1-P can influence ATP release through volume-regulated anionic channel, which is associated with the motion of microglia (Zahiri et al., 2021), suggesting that S-1-P can promote microglial activation and subsequently initiate neuroinflammatory responses. Additionally, López found that LPA was constitutively expressed in the spinal cord parenchyma, and its transcripts were upregulated after contusion injury by microglial cells. LPA-deficient mice showed enhanced motor skills and myelin sparing after SCI, suggesting LPA activation contributes to secondary CNS damage (López-Serrano et al., 2019). Additionally, abundant evidence has shown that LPC can contribute to demyelination (Hamidabadi et al., 2021; Yamazaki et al., 2021), and animal models of LPC-induced focal demyelination have been widely used in experimental research (Kataria et al., 2018).

Regardless of the specific metabolic pathways undertaken by AA and other metabolites, cPLA2 is vital in the first step of the synthesis of these eicosanoids (Wang et al., 2021). cPLA2 can be stimulated by some pivotal damage mediating factors, such as inflammatory cell factors, free radicals, and excitatory amino acids, which are increased after CNS trauma (Vichai et al., 2005; Lin et al., 2015; Wang et al., 2021). Increased cPLA2 activity in turn hydrolyses the neuronal membrane, further increasing the release of inflammatory, oxidative, and excitatory amino acids. This suggests that metabolites of cPLA2 might be pivotal in creating the positive feedback loop induced by trauma injury. The effector system that controls cPLA2 and subsequent mobilization of AA ensures complete regulation of the pathological conditions closely related to arachidonic acid cascade activation.

Effect of cPLA2 on the lysosome membrane function in CNS trauma

Phosphatides serve as the key constituents of neurocyte bilayer membranes (Alashmali et al., 2021). They not only form the backbone of neuronal membranes but also offer membranes the appropriate milieu, fluidity, and ion permeation required for the normal functions of intact membranous proteins, receptors, and ionic channels (Yu et al., 2021). The barrier capability of lysosomal membranes is damaged under multiple pathological conditions including SCI and TBI (Wu and Lipinski, 2019; Ibata and Yuzaki, 2021), resulting in the release of lysosome contents into the cytosol, which, in return, enables the lysosomal lumen to absorb neutral cytosolic solution (Alashmali et al., 2021). The activation of cPLA2 triggers phosphatide decomposition and membranous breakdown via the hydrolytic action of nerve membrane phosphatides, leading to variations in membranous functions such as permeability and fluidity, activities of acceptors and transporters, and ionic homeostasis, and finally contributing to the dysfunction of the membrane (Li et al., 2019; Sun et al., 2021). Once the neural membranes are irreversibly impaired, their function may become completely destroyed. Then, LMP increases, and thus, lysosome proteases such as cathepsin D (CTSD) and cathepsin B (CTSB), which normally exist only in lysosomes, can enter the cytoplasm (Liu et al., 2018).

Mitochondrial transcription factor A (TFAM) was recently reported to be a substrate of CTSB that leaked into the cytosol of microglia (Ni et al., 2019). Under a neutral pH, human recombinant TFAM can be degraded by CTSB, suggesting that CTSB leakage into the cytosol of microglia may result in mitochondrial disruption via a TFAM-dependent degradation pathway (Ni et al., 2019). Previous studies have found that SCI and TBI can alter the subcellular localization of CTSD—diffusive instead of discrete punctate—revealing that LMP enables the leakage of CTSD into the cytosol, inducing reduced lysosome activities after CNS injury (Sarkar et al., 2020). In conclusion, preserving the integrity of the lysosomal membranes is essential not only for maintaining lysosome functions but also for defending cell constituents from exposure to lysosome luminal enzymes (Li et al., 2019). Thus, reducing the activity of cPLA2 after CNS injury by targeting cPLA2 to protect the stability of the lysosome membrane needs further research.

Effect of cPLA2 on autophagy activity in CNS trauma

Autophagy is a lysosome-reliant endocellular process that is involved in the decomposition of cellular proteins and organelles (Klein et al., 2021). Basal levels of autophagy play a significant role in the maintenance of cell homeostasis and seem to be indispensable for normal cell functions and the



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survival of terminal differentiation cells such as nerve cells. Mice with nerve tissue-specific KO of the vital autophagic genes *Atg5* (autophagy-associated 5) or *Atg7* (autophagy-associated 7) exhibit serious neural degeneration, with aberrant motor functions and reflexes (Hara et al., 2006; Komatsu et al., 2006). Autophagic damage is associated with neurodegenerative diseases such as Parkinson's, Alzheimer's, and Huntington's and related to lysosomal storage diseases (LSDs) (Shintani and Klionsky, 2004; Klionsky, 2006). Previous studies confirmed that autophagy is inhibited after SCI or TBI, thereby contributing to secondary neuronal cell death (Klionsky, and Emr, 2000; Shintani and Klionsky, 2011; Li et al., 2019).

Autophagy consists of several steps such as the formation of the phagophore, formation of autophagosomes, and fusion of autophagosomes with lysosomes to produce autophagic lysosomes followed by decomposition of the autolysosome (Zhang et al., 2021; Rickman et al., 2022). Autophagy flow is a kinetic process in which these steps occur persistently in cells (Kim et al., 2020). If any obstacle occurs during autophagic flux, the autophagic process cannot be completed. As cPLA2 can exert its lysosomal formation as discussed above, cPLA2-induced lysosomal dysfunction can also impair the autophagy process, thus contributing to cell death. Several recent studies have proven that elevated cPLA2 activities and its transfer to the lysosomal fraction are essential factors during lysosome impairment and the subsequent damage to autophagic flow after CNS trauma (Li et al., 2019; Sarkar et al., 2020). LC3 serves as an autophagic biomarker. In the course of autophagy, cytoplasmic LC3 (LC3-I) enzymatically hydrolyses a small portion of polypeptides and then transforms into the autophagosome membrane type (LC3-II) (Kocak et al., 2021). The LC3-II/I ratio could be utilized to predict autophagy levels. Meanwhile, P62 is a selective autophagy receptor, forming a bridge connecting LC3 with ubiquitinated substrates to be degraded (Liu et al., 2021). P62 binds to ubiquitinated proteins and enters the autophagosome, where it eventually fuses with lysosomes to form autolysosomes and is then cleared. The P62 content increases when autophagic flux is inhibited but it decreases when autophagic flux is activated. After treatment with C-1-p (a cpla2-specific activator), neuroglioma cells exhibited higher LC3II/LC3I and p62 levels. Additionally, upstream autophagy regulators remain unaltered (Sarkar et al., 2020). These results show that cPLA2-induced impairment of autophagy acts mainly by blocking autophagosome lysosome fusion. However, another study showed that cPLA2-activated lipid mediator pathways are involved in autophagy induction (Qi et al., 2011) and confirmed that cPLA2 appears to be able to trigger or amplify autophagy responses. The authors hypothesized that the initiation of cPLA2-induced autophagy may be ATG5-dependent and independent of autophagy flow suppression. It should be noted that this research only detected the autophagy marker LC3 but did not detect p62. LC3II/LC3I levels alone cannot fully reflect changes in autophagic flux. In addition, the differences between these two conclusions may be caused by the different types of cells (one was investigated in neural cells and the other in macrophages). Based on the aforementioned research, the role of cPLA2 in autophagy needs to be explored further. As in the CNS, microglia are the resident immune cells of the brain, which function as macrophages and primarily take part in surveillance and phagocytosis (Stewart et al., 2021). Therefore, more research is required to investigate the effect of cPLA2 on the levels of autophagic flux in microglia after CNS trauma.

Anti-Cytosolic Phospholipase A₂ Therapies in Central Nervous System Trauma

Generally, cPLA2 has a great impact on the meditation of inflammation after CNS secondary injury, as discussed above. Therefore, researchers have developed many inhibitors targeting cPLA2. Meanwhile, suppression of the upstream activators and downstream target of cPLA2 has also been explored as a therapeutic possibility. Although there are currently no clinically approved cPLA2 and related inhibitors for the treatment of CNS trauma, many therapies are under development and have shown great promise (**Table 1**).

cPLA2-targeted inhibitors

Arachidonyl trifluoromethyl ketone

The carbochain of arachidonyl trifluoromethyl ketone (AACOCF3) binds in a hydrophobic pocket, and the carbonylic group of AACOCF3 creates a covalent linkage with Ser in the active parts of cPLA2 (Street et al., 1993). AACOCF3 is a 500-fold stronger suppressor of cPLA2 than sPLA2; it inhibits cPLA2 and iPLA2 with IC50 values of 1.5 and 6.0 µM, respectively (Farooqui et al., 2006). Accumulating evidence has shown that after the administration of AACOCF3, lysosomal injury, autophagic suppression, and neuronal death can be alleviated after SCI and TBI (Li et al., 2019; Sarkar et al., 2020). In addition, a study revealed a long-term favorable role of targeting cPLA2 in the anatomical and functional recovery in an SCI model, suggesting that longterm inhibition of cPLA2 sites contributes to recovery from neurological injury (Liu et al., 2014). However, some studies have shown that the concentrations of AACOCF3 used in these experiments may also have a membranotropic effect and suppress the activity of cPLA2 (Dubinin et al., 2016). This should be taken into account when selecting AACOCF3 dosages for research purposes.

Palmityl trifluoromethyl ketone

Palmityl trifluoromethyl ketone (PACOCF3) is synthesized in the same manner as the arachidonoyl analogue (Ackermann et al., 1995), but the COOH group is substituted by trifluoromethyl ketone. A study showed that PACOCF3 blocked myelin's proinflammatory enhancement of M1 macrophages, suggesting that it may improve inflammation after CNS trauma (Kopper et al., 2021). Although PACOCF3 is a high-selective cPLA2 inhibitor, it has off-target effects, as it can Table 1 | Potential drugs target to cPLA2 in central nervous system trauma

Drug	Target	Disease	Therapeutic effects	References
AACOCF3	cPLA2	Spinal cord injury	Reducing membrane injury and inflammation, decreasing tissue damage, and improving behavioral recovery	Liu et al., 2014
	cPLA2	CCI induced TBI	Restoring autophagic flow, weakening cortical cellular deaths, and ameliorating movement and cognition functions	Chinmoy et al., 2019
PACOCF3	cPLA2 and Ca ²⁺	Spinal cord injury	Blocking myelin's detrimental effects of increasing proinflammatory cell factors, reactive oxygen species, and nitric oxide generation in M1 macrophages	Kopper et al., 2021
ANXA1	Membrane phospholipids	Spinal cord injury	Improving tissue repair, reconstruction, regeneration, increasing white matter sparing, and protecting axons of long descending pathways	Liu et al., 2007
U0126	ERK1/2	DCS spinal injury	Attenuating oxidative stress and inflammatory response, and improving motor function by upregulating heat shock protein 32	
SB203580	MAPK AP kinase-2&3	Spinal cord injury	Preventing the delayed progressive degeneration of oligodendrocytes and promoting recovery of motor function	Hideki et al., 2003
Celecoxib	LOX/COX-2	Spinal cord injury	Attenuating oxidative stress, apoptosis, and inflammation	
Salsalate	LOX/COX-2	CCI induced TBI	Blocking pro-inflammatory gene expression and nitrite secretion by microglia	Lagraoui et al., 2017

CCI: Controlled cortical impact; COX-2: cyclooxygenase-2; cPLA2: cytosolic phospholipase A₂; DCS: decompression sickness; ERK: extracellular signal regulated kinase; LOX: lipoxygenase; TBI: traumatic brain injury.

bond with iPLA2 and sPLA2 (Kopper et al., 2021). Besides, Jan et al. (2000) raised an important issue: PACOCF3 may alter cellular functions by affecting Ca²⁺ signaling in a manner independent of cPLA2 inhibition. Thus, more potential mechanisms of PACOCF3 therapy need to be studied.

Pyrrophenone

Pyrrophenone is an inhibitor of cPLA2 derived from pyrrolidine. A previous study showed that pyrrophenone suppressed sera-activated cPLA2 C2 domain-to-Golgi transfer by blocking calcium mobilization (Yun et al., 2016). It binds to the protein via a variety of hydrophobic pyrrophenone residues located distally from the active parts (Burke et al., 2009). Treatment with pyrrophenone can reduce cPLA2 expression levels and thus suppress lipopolysaccharide- and IFNy-triggered NO generation within BV-2 cells (Chuang et al., 2015). However, due to its chemical properties (McKew et al., 2008) and the lack of validation in animal models, pyrrophenone needs extensive additional research before its clinical application.

ANXA1

ANXA1 (annexin-A1), a component of the annexin family of Ca²⁺ and phospholipid-binding proteins, is found in the CNS (Bolton et al., 1990). Recently, in Zachary's study, the Anxa1 gene was found to participate in tissue repair, re-establishment, and regenerative processes and was strongly associated with repair and regenerative processes after SCI (Fang et al., 2021). The application of ANXA1 remarkably reversed cPLA2-triggered spinal cord neuron death *in vitro*, decreased tissue injury, and increased white matter sparing *in vivo* (Liu et al., 2007). Fluorogold retrograde tracing revealed that the application of ANXA1 safeguarded axons of long descending pathways at 42 days after SCI and increased the number of animals responding to tcMMEP. Nevertheless, no detectable behavioral changes were identified in response to ANXA1 reatment.

AX059

AX059 is a highly selective inhibitor of cPLA2, which exhibits > 95% inhibition of cPLA2 at 0.091 mole fraction, while showing 0% inhibition of iPLA2 and sPLA2 (Kalyvas et al., 2009). In Yang's study, AX059 reduced the onset and progression of experimental autoimmune encephalomyelitis (EAE) in Lewis rats (Yang et al., 2014). In addition, this effect was accompanied by the activation of regulatory T-cell and alterations in the expression of their various cytokines. Based on its strong specificity of inhibiting cPLA2 target and its successful validation in EAE models, we can suppose it is a promising drug that can be administrated in CNS trauma.

Review

AVX001

AVX001, a derivative of PUFA can downregulate cytokine-stimulated PGE2 formation through a mechanism that involves blocking cPLA2-dependent NFkB activation. Recent studies showed that AVX001 can ameliorate collageninduced arthritis (Feuerherm et al., 2019) and attenuate inflammation in keratinocytes (Ashcroft et al., 2020) and renal mesangial cells (Huwiler et al., 2012). These data suggest that AVX001 may serve as a novel antiinflammatory drug in CNS trauma.

cPLA2 upstreaming signal pathway inhibitors ERK1/2 signal pathway inhibitors

A previous study showed that the ERK1/2 suppressor U0126 decreased the phosphorylation of ERK1/2 and cPLA2 at S505 in rabbit vascular smooth muscle cells, inhibiting AA release (Pavicevic et al., 2008). Later, Xu et al. (2016) found that the use of U0126 can restore spinal cord-damaged neural migratory and adhesive abilities as well as the development of dendritic spines, suggesting that upregulation of the ERK1/2 pathway aggravated SCI. Recently, a study on decompression sickness spinal injury in rats proved that pretreatment with normobaric oxygen and the U0126 combination could effectively attenuate oxidative stress and the inflammatory response and improve motor function (Zhou et al., 2021). All of these data showed effective therapy with U0126. However, the ERK1/2 signaling pathway is responsible for the mediation of a diversity of cellular reactions, such as cellular proliferative, migratory, and differentiation events. Given that it mediates physiological functions in normal cells, additional research is necessary.

P38 signaling pathway inhibitors

SB203580, a suppressor of p38 MAPK, has no reported selectivity for other MAPK signaling pathways and it only blocks MAPK AP kinase-2 and kinase-3 (Braem et al., 2012). In both in vivo and in vitro studies, accumulating evidence has confirmed that the SB203580 inhibitor prevented increased expression of p-cPLA2 and p-p38 (Shibata et al., 2011; Liang et al., 2013). In addition, the p38 MAPK suppressor SB203580 has been applied to CNS trauma models. Intrathecal SB203580 administration into the cerebral ventricle had a neuroprotective effect after tFCI and was correlated with a decrease in iNOS, TNF- α , IL-1 β , and COX-2 expression (Piao et al., 2003). In addition, treatment with SB203580 ameliorated hindlimb functions in a slight compression SCI model (Horiuchi et al., 2003) and attenuated BBB extravasation and subsequent edema in a tFCI model in rats (Nito et al., 2008). In contrast to the above consequences, a different study showed that intrathecal SB203580 administration did not ameliorate functional results after a medium contusive SCI (Stirling et al., 2008). The discrepancy between the outcomes may be related to the different degrees of damage used in the different studies

cPLA2 downstreaming signal pathway inhibitors Lipoxygenase/COX-2 pathways inhibitors

Experimental evidence has shown that the level of COX-2 was found to be overexpressed primarily in brain and activated macrophages after CNS trauma (Resnick et al., 1998). Celecoxib, a well-known pyrazole-based NSAID and selective COX-2 inhibitor exhibited protective action against SCI via attenuation of COX-2, oxidative stress, apoptosis, and inflammation in male Sprague-Dawley rats (An et al., 2020). The third generation COX2 enzyme inhibitor 5,5-dimethyl-3(3-fluorophenyl)-4(4-methylsulfonyl) phenyl2(5H)-furanone (DFU) altered eicosanoid profiles in the traumatic brain and improved neurological reflexes and memory (Gopez et al., 2005). Furthermore, another study using a CCI mouse model showed that salsalate has a broad anti-inflammatory effect mainly through blocking proinflammatory gene expression and nitrite secretion by microglia (Lagraoui et al., 2017). In addition, NSAIDs have been shown to increase myelination of axons and promote axonal elongation and sprouting in SCI (Lambrechts and Cook, 2021). However, owing to the potential complications including gastric ulceration (Kareva, 2020), poor penetrance across the blood-brain barrier into the cerebrospinal fluid (Stasiłowicz et al., 2021), and increased bleeding risk (Murphy et al., 2021), further research is needed to evaluate whether the benefits outweigh the risks of administration of NSAIDs after CNS trauma.

Limitations

This review has several limitations. First, the current review mainly focused on cPLA2 α in CNS trauma, and further understanding of other cPLA2 subtypes such as cPLA2 β and cPLA2 γ are also essential. Second, we discussed the effect of cPLA2 on lysosome membrane in nerve cells following TBI and SCI, but its potential roles on other membranous organelles such as the mitochondria and endoplasmic reticulum, should also be elaborated in further studies. Third, based on the limited literature, the mechanism of cPLA2 on autophagy in CNS trauma was discussed in this review. Many other types of programmed cell death such as ferroptosis, necroptosis, or pyroptosis may be also related to cPLA2, which need extensive investigation. Finally, to determine the effect of cPLA2 in CNS trauma, pharmacological inhibitors are not specific. Therefore, using cPLA2-KO mice is a better choice in future research studies.

Conclusion and Perspectives

Accumulating evidence has proven that acute SCI and TBI can cause a secondary injury by several bioprocesses. cPLA2, the heavyweight component of cellular signal transduction in inflammatory responses, acts as a "trigger" in regulating the production of several major inflammatory mediators. In

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this review, we provide an overview of the cPLA2 family, together with its upstream signaling pathways. We discussed a series of current studies on cPLA2 in SCI and TBI and analyzed the potential pathogenesis of cPLA2. Among them, we focused on exploring the mechanism of cPLA2 and its metabolites that participate in neuroinflammation, causing an increase in lysosomal membrane permeability and inducing damage to neuronal autophagic flux. Next, we listed cPLA2-related inhibitors and their therapeutic effects, but most of these drugs are still in the experimental stage, and very few are currently being used in the clinic.

In addition, several unanswered questions and key questions remain that are likely to guide subsequent studies. Although previous studies have explored the role of CPLA2 and its metabolic products in neuroinflammation in CNS trauma, the specific mechanism of its positive feedback cascade amplification and whether it also depends on upstream MAPK pathways remains unclear. cPLA2 was proven to damage the lysosomal membrane and cause lysosomal enzyme (CTSB and CTSD) extravasation, but whether other contents of the lysosome are released and how they aggravate the damage of neuroinflammation are unknown. Moreover, it is worth noting that the leakage of CTSB caused by lysosomal membrane rupture is one of the mechanisms inducing pyroptosis, and pyroptosis is involved in cell death after CNS trauma (Hu et al., 2020). Moreover, given the heterogeneity of the cerebrum and spinal cord and their different cell populations, the roles of cPLA2 in the brain and spinal cord should be investigated in more detail in a cell type-specific manner. As discussed above, many cPLA2-related drugs are emerging and produce different therapeutic effects through the different targets. Because cPLA2 exerts its effects through phosphorylation and binding with intracellular calcium ion, we hypothesize that the combination of using MAPK inhibitors and calcium ion antagonist (such as pyrrophenone) may be an effective method to thoroughly block cPLA2 activation and produce good curative effect. Early cPLA2-target inhibitors such as AACOCF3 and PACOCF3 for the treatment of SCI and TBI have shown a few adverse reactions due to their off-target effect. Thus, we expect more novel, potent, and highly specific inhibitors of cPLA2 (including AX059 and AVX001) to emerge and be tested in models of CNS trauma. Therefore, more research is required to shed light on these processes. We believe that research regarding the targets of cPLA2 will contribute to the treatment of TBI and SCI, which continue to be serious clinical challenges.

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Conflicts of interest: The authors declare that there are no conflicts of interest associated with this manuscript.

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