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## Case report

# Neuralgic amyotrophy and COVID-19 infection: 2 cases of spinal accessory nerve palsy



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#### ABSTRACT

*Objective:* Neuralgic amyotrophy (NA), also known as Parsonage–Turner syndrome is often triggered by mechanical stress or viral infections. We reported 2 cases of shoulder weakness and amyotrophy related to spinal accessory nerve (SAN) palsy due to neuralgic amyotrophy occurring after COVID-19 infection. *Methods:* For both patients, clinical history, clinical examination, electrodiagnostic (EDX), and imaging examinations invalidated other diagnoses but confirmed NA diagnosis.

*Results:* The NA involved only the SAN in both cases. EDX revealed a characteristic axonal lesion found in NA. SAN conduction study revealed normal latencies and low compound motor action potential amplitude for trapezius muscle when needle examination demonstrated a neurogenic pattern and denervation signs in the trapezius muscle. Both patient's MRI revealed denervation T2 hyper signal in impaired muscles, without any mass, cyst, injury, fibrous band, or tearing signs along SAN course.

*Conclusions:* The COVID-19 infection could be the trigger for NA as many other viruses, and as it is a possible trigger for Guillain–Barré syndrome.

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#### 1. Introduction

The most frequent and serious symptoms due to COVID-19 infection are related to severe acute respiratory syndrome (SARS) [1]. Neurological disorders have also been described, which may involve the central and the peripheral nervous systems, from the most frequent and benign such as anosmia to the rare and severe Guillain–Barré syndrome (GBS) [1,2]. Neuralgic amyotrophy (NA) is defined as an acute and painful monophasic peripheral axonal neuropathy, with single or multiple nerve lesions that cause weakness, amyotrophy, and sensory loss in an asymmetric and patchy distribution, involving especially the upper limbs [3]. As GBS, it is presumed to have autoimmune and inflammatory pathophysiology. It is usually triggered by mechanical stress or viral infections [3,4]. Three cases of neuralgic amyotrophy (NA) related to COVID-19 respiratory infections have been reported [5–7]. One was purely

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*E-mail addresses*: clemence.coll@ght-gpne.fr (C. Coll), muriel.tessier@ght-gpne.fr (M. Tessier). sensitive [5], the second one involved supraspinatus, infraspinatus, teres minor, teres major, and trapezius muscles [6]; and the third one involved the median nerve [7]. Hereafter, we have reported two cases of NA involving spinal accessory nerve (SAN) following documented SARS related to COVID-19 infection.

### 2. Case reports

#### 2.1. Case 1

A 63-year-old man presented with a SARS related to COVID-19 infection, documented by positive nasopharyngeal swab PCR and suggestive chest CT-scan. Coronavirus infection was treated with hydroxychloroquine, azithromycin, baracitinib, ceftriaxone, and dexamethasone. Due to worsening of respiratory distress, he required mechanical ventilation resuscitation for 6 weeks; first by orotracheal intubation, then by percutaneous tracheotomy. When discharged from the intensive care unit (ICU), the patient experienced a period of mental confusion and agitation [8,9]. Lumbar punction, electroencephalogram, and neuro-imagings were normal. So, it is only one month after ICU discharge that the patient

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