

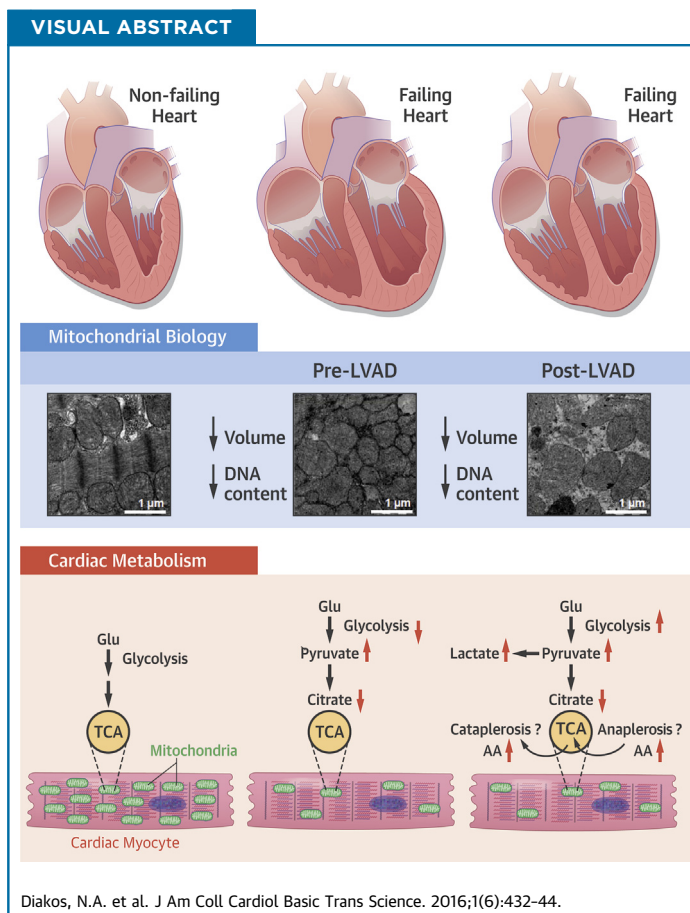
CLINICAL RESEARCH



Evidence of Glycolysis Up-Regulation and Pyruvate Mitochondrial Oxidation Mismatch During Mechanical Unloading of the Failing Human Heart

Implications for Cardiac Reloading and Conditioning

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HIGHLIGHTS

- LVAD unloading reverses several but not all aspects of myocardial remodeling and usually leads to incomplete cardiac recovery in a subset of patients with advanced HF.
- We performed metabolomic analysis and mitochondrial structural and functional characterization in paired human myocardial tissue procured from 31 patients with advanced HF at LVAD implant and at heart transplant plus tissue from 11 normal donors.
- LVAD unloading induces glycolysis up-regulation without a corresponding increase in glucose oxidation.
- Lack of post-LVAD improvement in mitochondrial function and volume density could explain the glycolysis-glucose oxidation mismatch.
- Therapeutic interventions, such as myocardial conditioning, that are known to improve mitochondrial biogenesis, structure, and function might further improve cardiac metabolism and energy production and thereby enhance cardiac recovery with LVAD-induced unloading.

SUMMARY

This study sought to investigate the effects of mechanical unloading on myocardial energetics and the metabolic perturbation of heart failure (HF) in an effort to identify potential new therapeutic targets that could enhance the unloading-induced cardiac recovery. The authors prospectively examined paired human myocardial tissue procured from 31 advanced HF patients at left ventricular assist device (LVAD) implant and at heart transplant plus tissue from 11 normal donors. They identified increased post-LVAD glycolytic metabolites without a coordinate increase in early, tricarboxylic acid (TCA) cycle intermediates. The increased pyruvate was not directed toward the mitochondria and the TCA cycle for complete oxidation, but instead, was mainly converted to cytosolic lactate. Increased nucleotide concentrations were present, potentially indicating increased flux through the pentose phosphate pathway. Evaluation of mitochondrial function and structure revealed a lack of post-LVAD improvement in mitochondrial oxidative functional capacity, mitochondrial volume density, and deoxyribonucleic acid content. Finally, post-LVAD unloading, amino acid levels were found to be increased and could represent a compensatory mechanism and an alternative energy source that could fuel the TCA cycle by anaplerosis. In summary, the authors report evidence that LVAD unloading induces glycolysis in concert with pyruvate mitochondrial oxidation mismatch, most likely as a result of persistent mitochondrial dysfunction. These findings suggest that interventions known to improve mitochondrial biogenesis, structure, and function, such as controlled cardiac reloading and conditioning, warrant further investigation to enhance unloading-induced reverse remodeling and cardiac recovery. (*J Am Coll Cardiol Basic Trans Science* 2016;1:432-44)

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ABBREVIATIONS AND ACRONYMS

GC-MS = gas chromatography-mass spectroscopy

HF = heart failure

LV = left ventricular

LVAD = left ventricular assist device

TCA = tricarboxylic acid

Hear failure (HF) is a global epidemic with a prevalence of 2% to 3% in the United States and Europe, and it is a huge cost to the health care systems (1). Despite advances in pharmacological therapies, implantable defibrillators, cardiac resynchronization, and stem cell/regenerative therapies, patients with advanced HF experience mortality rates in excess of 50% per year (1).

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Mechanical unloading through a left ventricular assist device (LVAD) is a therapeutic intervention that leads to substantial improvement in cardiac function in a subgroup of patients with end-stage HF (2,3).

The functional response of the failing human heart to mechanical unloading is not an “all or none” phenomenon, and the mechanisms guiding this response are the subject of investigation (4). On the basis of previous human and animal studies, left ventricular (LV) pressure and volume overload alters metabolic substrate utilization, decreases mitochondrial function, and reduces energy production in the failing heart (5). Mechanical unloading has the potential to reverse these deleterious metabolic adaptations of the failing heart and even activate cellular pathways of cardioprotection and cardiac repair (6,7). On the other hand, excessive or prolonged unloading could decrease myocardial energy demand, leading to myocardial hibernation and suppression of cellular repair.

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We have previously shown that LVAD unloading may lead to hypertrophy regression through disruption of the equilibrium between protein synthesis and degradation (8). This altered equilibrium could also affect the intracellular pool of amino acids. An elevation in amino acid levels could provide alternative building blocks for protein synthesis and could supplement the Krebs tricarboxylic acid (TCA) cycle with intermediates through anaplerosis. Up-regulation of anaplerosis has previously been shown to play a cardioprotective role in the failing heart (9).

In this study we investigate how the mechanical unloading induced by LVAD affects the bioenergetic adaptation and metabolic perturbation in the chronically failing human heart.

METHODS

STUDY POPULATION. We prospectively enrolled 31 consecutive patients with clinical characteristics consistent with dilated cardiomyopathy and chronic advanced HF who required circulatory support with continuous flow LVAD as bridge to transplantation. Patients who required LVAD support due to acute HF (acute myocardial infarction, acute myocarditis, post-cardiotomy cardiogenic shock, and so on) were prospectively excluded. Eleven normal donor hearts, not allocated for heart transplantation due to noncardiac reasons (size, infection, and so on) were used as normal controls. The study was approved by the institutional review board of the participating institutions, and informed consent was provided by all patients (see the [Supplemental Appendix](#) for details).

MYOCARDIAL TISSUE ACQUISITION. Myocardial tissue was prospectively collected from the LV apical core at LVAD implantation. At the time of cardiac transplantation, the tissue was obtained from the apex at least 1.5 to 2 cm distant from the LVAD inflow cannula site to avoid any reactive foreign body inflammatory changes. Control samples were acquired from hearts that were not transplanted due to noncardiac reasons. Normal donor LV apical tissue was harvested and processed the same way as the failing hearts.

METABOLOMIC ANALYSIS. The levels of metabolites in the cardiac tissue were measured by gas chromatography-mass spectroscopy (GC-MS) analysis. For details about tissue extraction and GC-MS analysis, please see the [Supplemental Appendix](#).

ELECTRON MICROSCOPY. Epon-embedded tissue blocks were subject to ultramicrotomy and osmium/uranyl acetate-based staining for electron microscopy. Imaging was performed on a JEM 1010 electron microscope (Jeol, Peabody, Massachusetts). A total of

5 optical fields/heart were examined at 11,000 \times magnification. The number of mitochondria in each size range was calculated as the percentage of the total mitochondria count on the same amount of area in each representative sampling. Mitochondria volume density was estimated as previously described (10).

RELATIVE MITOCHONDRIAL DEOXYRIBONUCLEIC ACID LEVELS. The mitochondrial deoxyribonucleic acid (DNA) content was quantified with real-time polymerase chain reaction using SYBR Green PCR master mix (Thermo Fisher Scientific, Waltham, Massachusetts) and the primers that targeted a stable site in mitochondrial DNA minimal arc and single-copy nuclear DNA within the β 2M gene (11). The relative mitochondrial DNA content was calculated from the ratio of mitochondrial DNA copy number to nuclear DNA copy number, and the relative fold change was normalized to normal donors (nonfailing heart) using the $\Delta\Delta C_T$ method (see the [Supplemental Appendix](#) for details).

MITOCHONDRIAL RESPIRATORY FLUX. Mitochondrial respiration was assessed as previously described (12). For details, please see the [Supplemental Appendix](#).

STATISTICAL ANALYSIS. Statistical analysis was performed as previously described (8,13). Values are expressed as mean \pm SEM. The paired samples Student *t* test was used for comparisons between pre- and post-LVAD unloading. The independent samples *t* test was used for comparisons between the failing and the normal hearts. Prism 6 (GraphPad, San Diego, California) was used for statistical analysis. Significance was determined as $p < 0.05$.

RESULTS

STUDY POPULATION AND HEMODYNAMIC DATA. The clinical characteristics of the study population are presented in [Table 1](#). Hemodynamic data before and 2 months after LVAD implantation are shown in [Table 2](#). Left- and right-sided filling pressures were decreased after LVAD implantation, indicating that LVAD effectively induces left and right ventricular unloading. The duration of LVAD support was 243 ± 29.8 days.

METABOLOMIC DATA. A total of 30 paired myocardial tissue samples obtained at the time of LVAD implantation and again at the time of heart transplantation together with 11 nonfailing heart samples were examined with GC-MS. [Figure 1](#) depicts the GC-MS findings of a representative myocardial sample before and after LVAD unloading.

GLYCOLYSIS, KREBS (TCA) CYCLE INTERMEDIATES, AND ANAPLEROSIS. Glucose-1-phosphate, which is a

TABLE 1 Baseline Clinical Characteristics of the Study Population Before LVAD Implantation (N = 31)

Men	30 (97)
Age, yrs	48 ± 2
Etiology	
Ischemic cardiomyopathy	11 (35)
Nonischemic cardiomyopathy	20 (65)
New York Heart Association functional class	
III	10 (32)
IV	21 (68)
Duration of heart failure history, yrs	5.2 ± 0.6
Systolic arterial pressure, mm Hg	97.0 ± 1.5
Diastolic arterial pressure, mm Hg	66.0 ± 1.4
Serum concentrations	
Brain natriuretic peptide, pg/ml	1,568 ± 157
Creatinine, mg/dl	1.40 ± 0.05
Sodium, mmol/l	133.0 ± 0.7
Hemoglobin, g/dl	12.1 ± 0.3

Values are n (percentile of the total population) or mean ± SEM.
 LVAD = left ventricular assist device.

product of glycogenolysis, increased after LVAD unloading (9.12 ± 2.60 vs. 2.47 ± 0.56 ; $p = 0.02$), suggesting increased utilization of glycogen during mechanical unloading (Figure 2). Glucose-6 phosphate, which is the product of the first reaction of glycolysis, increased after LVAD unloading (29.68 ± 11.00 vs. 5.55 ± 0.87 ; $p = 0.04$) (Figure 2). Along the same pathway, pyruvate (the final product of glycolysis before mitochondrial oxidation) was also increased post-LVAD (39.4 ± 4.0 vs. 20.1 ± 2.0 ; $p < 0.0001$), suggesting a glycolytic shift during LVAD-induced mechanical unloading. Post-LVAD pyruvate levels were also significantly higher relative to the normal donor heart (39.4 ± 4.0 vs. 21.6 ± 4.0 ; $p = 0.013$) (Figure 2). Interestingly, we observed increased post-LVAD levels of lactate relative to both the pre-LVAD myocardial tissue sample ($1,509 \pm 112$ vs. 665 ± 52 ; $p < 0.0001$) and the normal donor heart ($1,509 \pm 112$ vs. $1,010 \pm 269$; $p = 0.049$) (Figure 2).

The early Krebs (TCA) cycle intermediates, that is, citrate and α -ketoglutarate, were decreased in failing hearts compared with normal donor hearts ($2,804 \pm 361$ vs. $5,989 \pm 2,355$; $p = 0.04$; and 0.40 ± 0.06 vs. 0.70 ± 0.14 ; $p = 0.008$) (Figure 3). Interestingly, despite increased pyruvate post-LVAD, these TCA cycle intermediates remained at low levels after LVAD unloading. Taken together, these findings suggest increased glycolysis and a defect in mitochondrial oxidation leading to increased cytosolic lactate rather than the increased pyruvate entering the TCA cycle in the mitochondria.

By contrast, the subsequent TCA cycle intermediates after the succinyl CoA anaplerotic access

TABLE 2 Hemodynamic Measurements Before and 2 Months After LVAD Implantation (N = 16)*

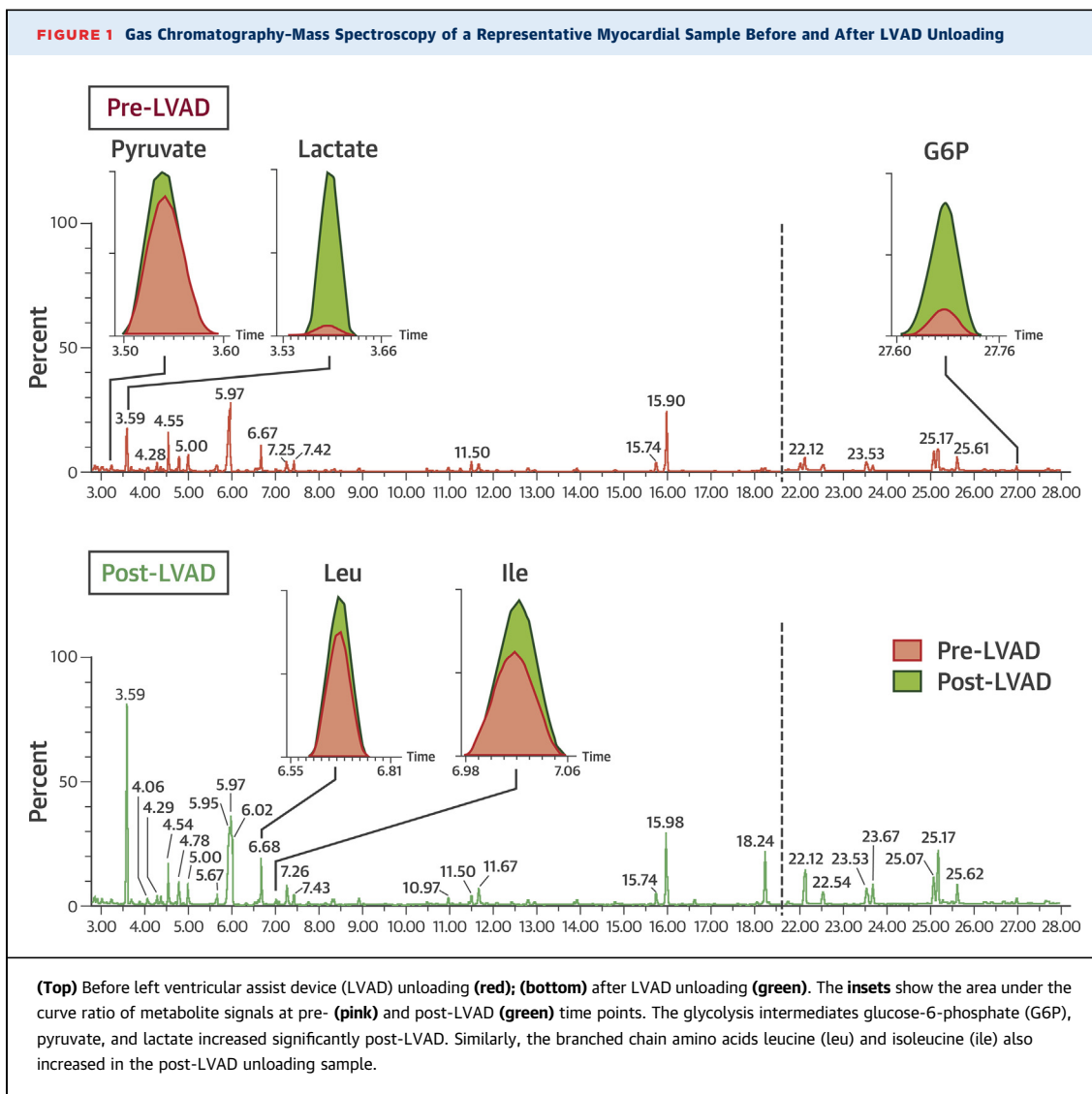
	Before LVAD Implantation	2 Months After LVAD Implantation	p Value
Mean right atrial, mm Hg	12.5 ± 1.4	8.6 ± 1.1	0.007
Pulmonary capillary wedge, mm Hg	25.0 ± 2.4	12.0 ± 1.6	0.0002
Systolic pulmonary arterial, mm Hg	53.6 ± 3.8	37.5 ± 3.1	0.001
Diastolic pulmonary arterial, mm Hg	28.3 ± 2.3	14.7 ± 1.1	<0.0001
Pulmonary vascular resistance, Woods Units	4.1 ± 0.6	2.8 ± 0.4	0.03
Cardiac index, L·m ⁻² ·min ⁻¹	1.9 ± 0.2	2.4 ± 0.2	0.046

Values are mean ± SEM. *Right heart catheterization at 2 months post-implant was not performed in patients that had thrombotic or bleeding complications or difficulties with their anticoagulation management.
 LVAD = left ventricular assist device.

point increased significantly after LVAD unloading (succinate: 941 ± 84 vs. 225 ± 25 ; $p < 0.0001$; fumarate: 75.0 ± 7.6 vs. 50.0 ± 9.7 ; $p = 0.032$; and malate: 225 ± 25 vs. 101 ± 12 ; $p = 0.0002$) (Figure 3). These findings suggest altered anaplerosis and cataplerosis during LVAD mechanical unloading of the failing human heart (Figure 3). Along the same lines, Figure 4 shows that most amino acids were decreased in the failing human hearts compared with the normal donor hearts, and after LVAD unloading, their levels were restored or even further increased. Of note, the amino acids isoleucine, methionine, and leucine that are precursors for the TCA cycle anaplerotic entry point at the level of succinyl CoA were markedly elevated, even higher than the levels of the normal donor hearts (Figure 4). In addition, phenylalanine and tyrosine, which are precursors for the TCA cycle anaplerotic entry point at the level of fumarate, were also significantly elevated during LVAD mechanical unloading (Figure 4).

MITOCHONDRIA OXIDATIVE PHOSPHORYLATION CAPACITY.

To investigate the alterations of mitochondrial function between nonfailing donor hearts and advanced failing hearts before and after LVAD unloading, we assessed mitochondrial respiratory flux of the collected myocardial tissue. State 3 complex I and state 3 complex I + II respiration demonstrated a significant reduction in the failing human heart before LVAD implantation relative to normal donor hearts; however, the state 2 showed no significant difference among all the groups (Figure 5). State 3 complex I and state 3 complex I + II respiration were unchanged after LVAD unloading (Figure 5). The respiratory control ratio and maximum respiration induced by TMPD and ascorbate (complex IV) were also significantly higher in normal donor hearts than in the failing human hearts before and after LVAD unloading (Figure 5). The respiratory control ratio was 4.7 ± 0.5 for normal donor hearts, and 3.4 ± 0.8 and



2.8 ± 0.3 for failing hearts at pre- and post-LVAD, respectively. Thus LVAD-induced mechanical unloading did not reverse the impaired oxidative capacity of the mitochondria of the failing human heart.

MITOCHONDRIA DENSITY AND STRUCTURE. Mitochondrial volume density in failing hearts, assessed by electron microscopy, was reduced compared with the normal heart (Figures 6A to 6C). Consistent with this observation, mitochondrial DNA content was also found to be decreased in the failing heart compared with the normal donor hearts (Figure 6D). The mitochondria volume density and mitochondrial DNA levels were not significantly altered during LVAD unloading (Figures 6A to 6D). Moreover, the ultrastructural morphology (as assessed by electron microscopy) revealed that cardiac mitochondria at

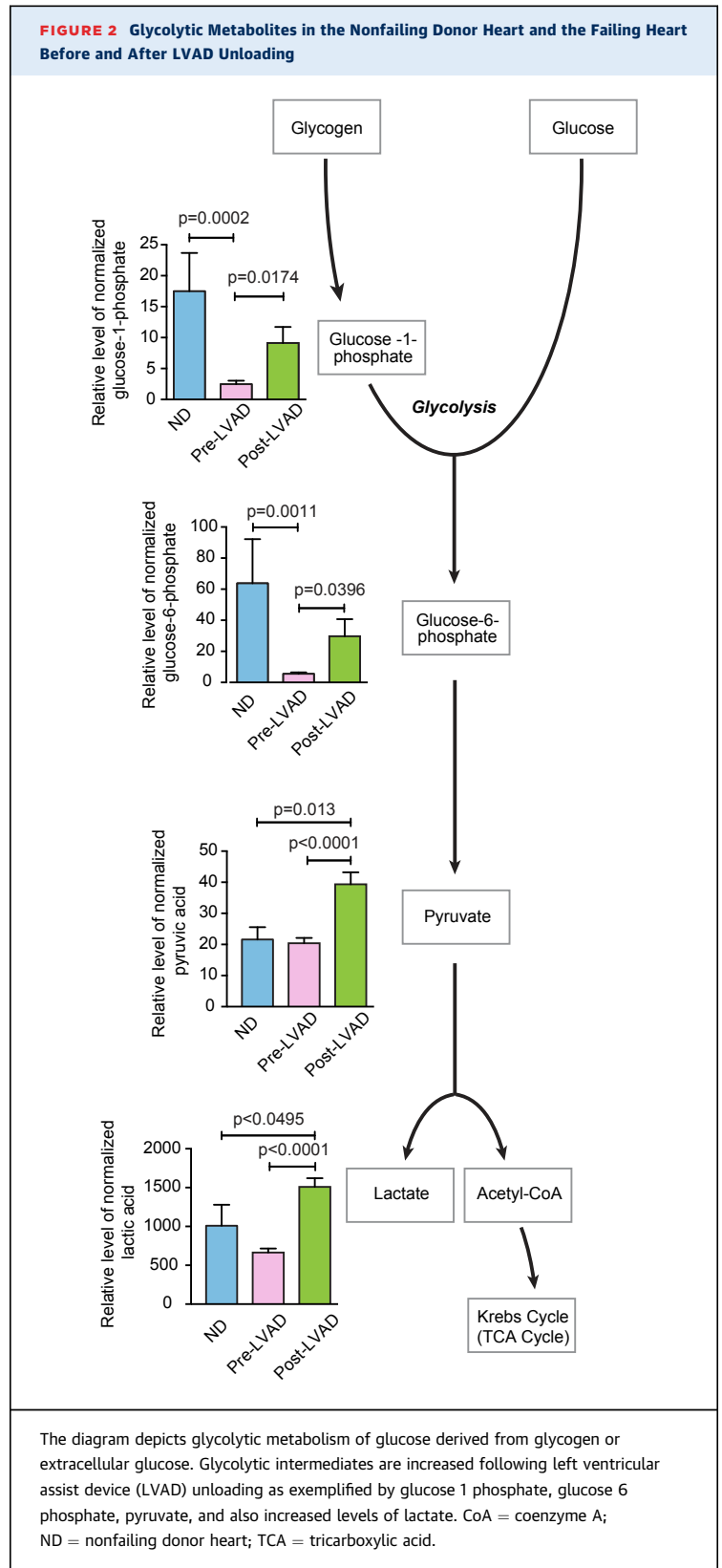
the time of LVAD implant were smaller (Figure 6E) and characterized by disorganized cristae and decreased matrix density versus those of normal donor hearts. However, mitochondria after LVAD unloading consistently revealed significant but variable improvements in some of these specific morphological characteristics (Figures 6A, 6B, and 6E). We did not have enough subjects to adequately explore whether the subgroup of patients with significant myocardial functional improvement after LVAD unloading (i.e., cardiac recovery “responders”) exhibited improved mitochondrial oxidative capacity and increased mitochondrial density and DNA content to a greater extent than the cardiac recovery “nonresponders.” However, our limited data did show a trend toward greater mitochondrial improvement in the patients with the greatest favorable

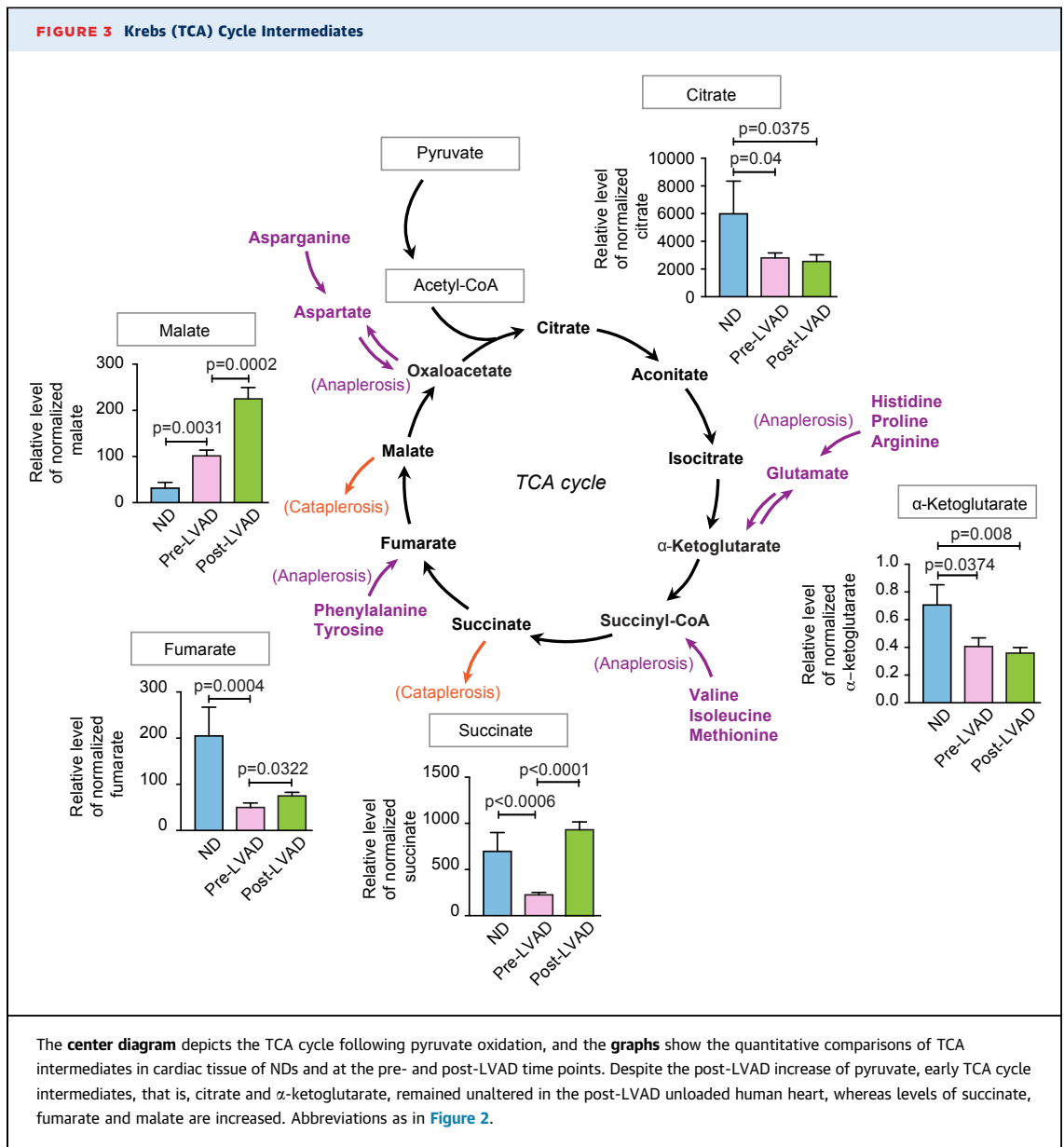
cardiac functional and structural response after LVAD mechanical unloading (data not shown).

NUCLEIC ACIDS. To assess changes in DNA synthesis with LVAD therapy, purines and pyrimidines were measured in the myocardial samples. Cardiac levels of the purine intermediates, xanthine and hypoxanthine, were increased after LVAD unloading (2.8 ± 0.5 vs. 0.8 ± 0.2 ; $p < 0.0001$; and 128 ± 17 vs. 31 ± 4 ; $p < 0.0001$, respectively) (Figure 7). Similarly, uracil, a pyrimidine product, was also elevated after LVAD unloading (2.5 ± 0.2 vs. 1.3 ± 0.2 ; $p < 0.0001$). Finally, adenosine levels increased post-LVAD unloading and reached the levels of the normal heart (561 ± 77 vs. 116 ± 21 ; $p < 0.0001$).

DISCUSSION

Our report integrates static and dynamic/functional cardiac metabolism studies performed in a large number of paired human myocardial tissue samples. Our findings indicate a post-LVAD induction of all measured glycolytic metabolites, including pyruvate, but without a corresponding increase in the initial intermediates in the Krebs cycle. This finding, in combination with the post-LVAD increased lactate levels, is consistent with decreased mitochondrial utilization of pyruvate generated from enhanced glycolysis leading to increased cytosolic lactate. Thus the post-LVAD heart is associated with a glycolysis-pyruvate mitochondrial oxidation “mismatch.” This conclusion is supported by our evaluation of mitochondrial function and structure: 1) the lack of post-LVAD improvement in mitochondrial oxidative capacity of the failing human heart; and 2) the persistent reduction in mitochondrial volume density and DNA content. We did not have an adequate number of subjects to perform a robust subgroup analysis to convincingly address whether the smaller subgroup of patients with HF who had improved cardiac function and structure after LVAD unloading (i.e., cardiac recovery responders) might exhibit improved mitochondrial function and structure. However, our preliminary data did show a trend toward such mitochondrial improvement in the patients with the greater cardiac functional and structural response after LVAD mechanical unloading. Furthermore, the ultrastructural morphology as assessed with electron microscopy revealed that compared with the normal donor heart, cardiac mitochondria at the pre-LVAD time point had smaller size, disorganized cristae, and decreased matrix density, whereas the mitochondria after LVAD unloading consistently showed significant improvement in these specific morphological characteristics. Together, these findings suggest that LVAD

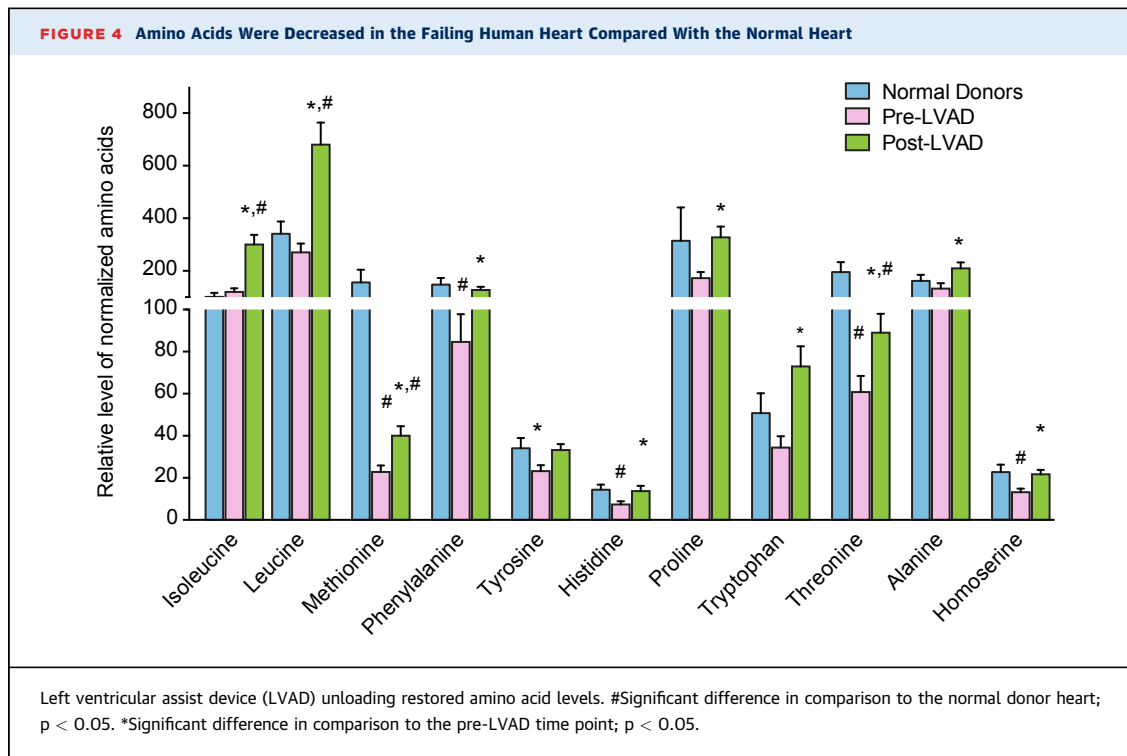




support induces myocardial “remission” rather than complete myocardial recovery. Importantly, demonstration of mitochondrial “health” could be used as a “signature” of true recovery. Furthermore, therapeutic interventions, such as myocardial conditioning, that are known to improve mitochondrial biogenesis, structure, and function might be useful to further improve cardiac metabolism and energy production and thereby enhance myocardial reverse remodeling and cardiac recovery with LVAD-facilitated mechanical unloading.

We also found increased levels of amino acids following LVAD implantation. Amino acids can serve

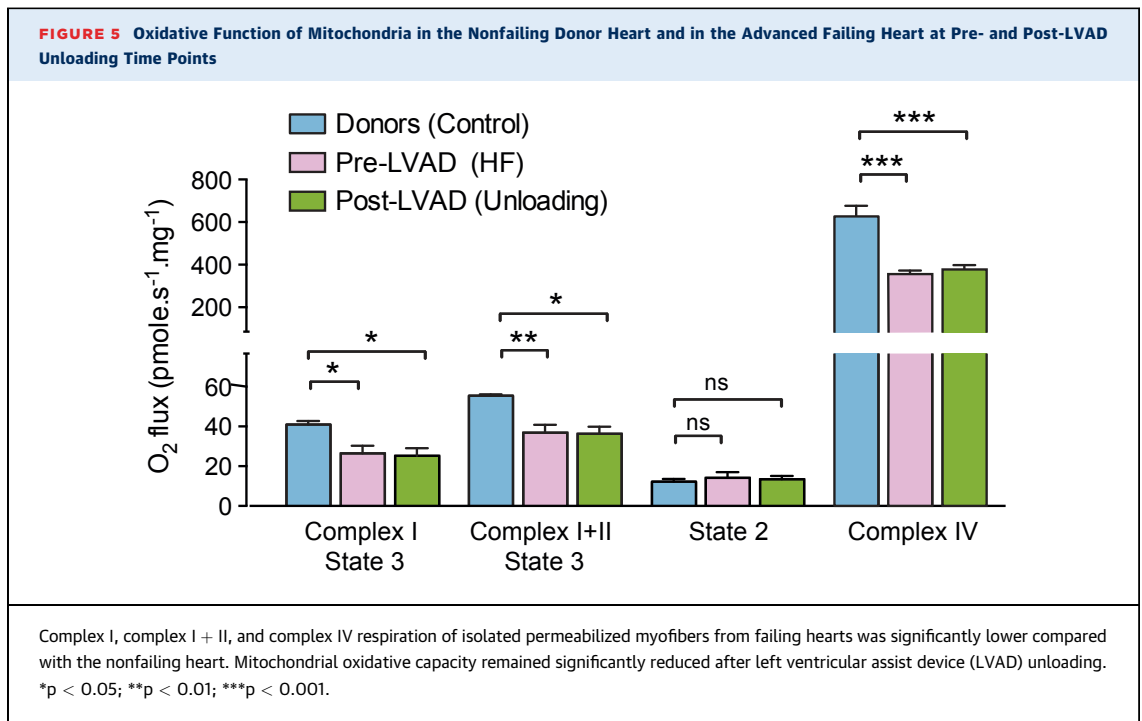
as an alternative energy source by supplying the Krebs cycle with intermediate metabolites through the anaplerosis cycle. Indeed, we found specific intermediate metabolites at the Krebs cycle anaplerosis entry points to be significantly increased post-LVAD unloading. These post-LVAD increased nucleic amino acids could play an important role as alternative building blocks for protein synthesis and cellular biogenesis to facilitate LVAD-induced reverse remodeling of the failing human heart. Also, these increased nucleotide concentrations could potentially indicate increased flux through the pentose phosphate pathway.



GLYCOLYSIS-PYRUVATE MITOCHONDRIAL OXIDATION MISMATCH. Glucose represents a more efficient energy source requiring less oxygen consumption per unit of adenosine triphosphate (ATP) generated relative to fatty acids (14,15). Positron emission tomography studies have shown increased glucose and decreased fatty acid uptake from the failing heart, suggesting that glucose is the main metabolic substrate of the failing heart, whereas the normal heart relies more on fatty acids (16). Whether this “metabolic switch” from fatty acids to glucose plays a beneficial or detrimental role in the progression of the disease and whether LVAD unloading could favorably affect the metabolic phenotype of the failing heart is a matter of investigation (17). Weitzel et al. (18) investigated 8 patients with LVADs and showed that both glucose and lactate are reduced in the failing compared with the normal heart and that LVAD unloading restored their levels. Of note, that study did not investigate the response of glucose oxidation after mechanical unloading. Animal and human data from 2 recently published studies from Aubert et al. (19) and Bedi Jr. et al. (20) showed decreased levels of TCA cycle intermediates with parallel up-regulation of ketone oxidation in the failing heart. In agreement with the aforementioned studies, we observed a significant reduction of metabolites involved in glycolysis and glucose oxidation in the failing heart at the pre-LVAD implantation time point.

This metabolic pattern combined with the reduced levels of other metabolic substrates (i.e., fatty acid and amino acids) and the decreased oxidative phosphorylation capacity represent a decreased metabolic state consistent with severe energetic impairment of the failing heart (5).

The failing heart is characterized by impaired mitochondrial biogenesis, as well as structural and functional mitochondrial defects (21,22). A recent study from Cordero-Reyes et al. (23) surprisingly showed that isolated mitochondria from failing human hearts demonstrate preserved respiration; the authors concluded that impaired energy metabolism of the failing heart might be due to decreased mitochondria number or defects in substrate delivery. In another study by Scheubel et al. (24), decreased complex I activity of the failing human heart was not associated with mitochondrial DNA damage or suppressed mitochondrial gene expression. The absence of mitochondrial DNA defects could serve as a good prognostic factor, providing the mitochondria of the failing human heart with the potential of recovery under appropriate therapeutic interventions (24). Whether LVAD unloading could lead to improvement of mitochondrial function is a matter of controversy. Lee et al. (25) have shown improved state 2 and 4 mitochondrial respiration of the unloaded compared with the nonunloaded failing heart. By contrast, Mital



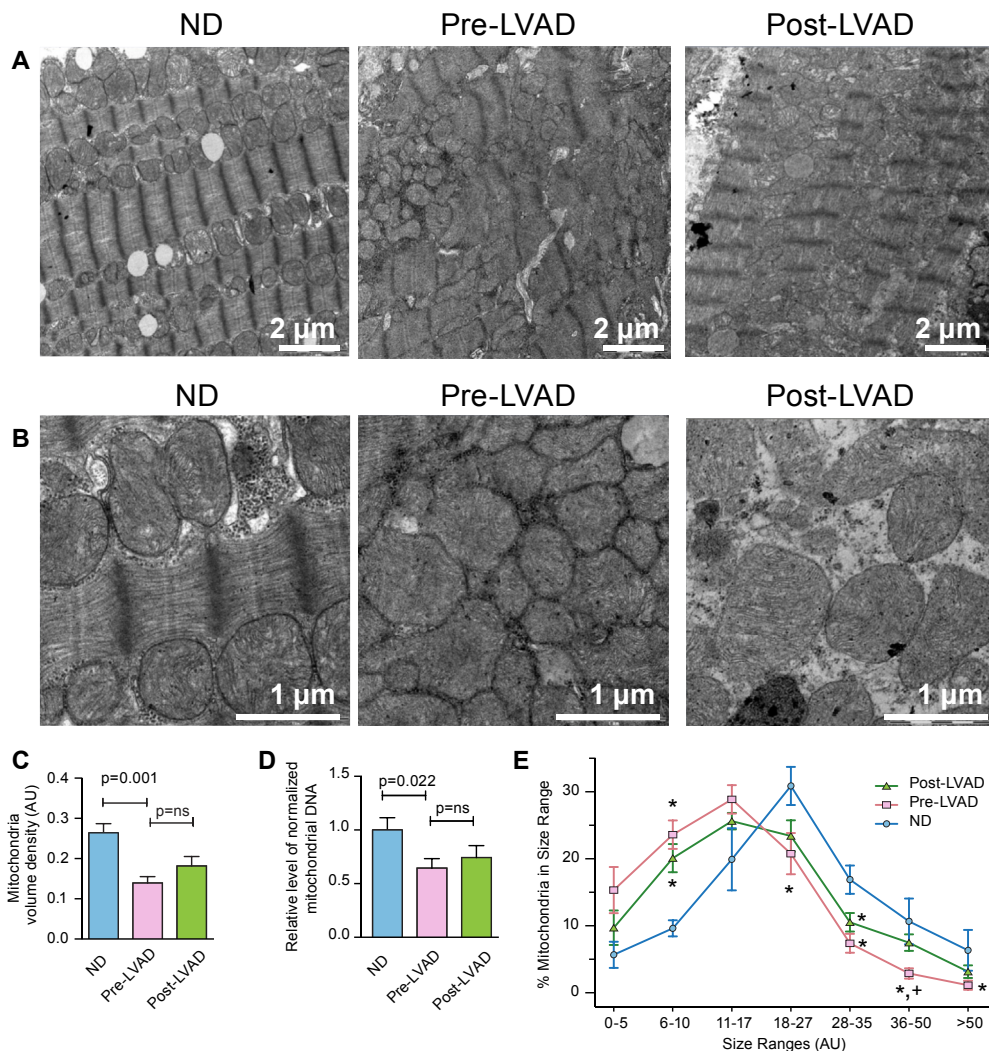
et al. (26) did not observe differences in the baseline mitochondrial respiration, but the mitochondria of the unloaded heart had a favorable response to NO. These studies are limited by the absence of control normal hearts and by the fact that the comparisons of mitochondrial function were not made with paired pre- and post-LVAD myocardial tissue samples but were instead between unloaded and nonunloaded hearts from different patients.

In our study, we also found evidence indicating a post-LVAD glycolysis-pyruvate oxidation mismatch. Although glycolysis was induced after LVAD unloading leading to increased pyruvate production, the latter was not directed into the TCA cycle and the mitochondria for complete oxidation. Instead, we provided evidence that the pyruvate was converted into lactic acid in the cytoplasm. This phenomenon might be explained by the decreased energy demands of the unloaded heart that makes glycolysis a sufficient energy source to cover ATP requirements. Also, because intramitochondrial glucose oxidation is the major source for reactive oxygen species production in the respiratory chain, the observed glycolysis-pyruvate oxidation mismatch could represent a protective mechanism leading to oxidative stress reduction.

AMINO ACIDS, ANAPLEROSIS, AND INTERACTIONS WITH THE TCA CYCLE AND MYOCARDIAL REPAIR MECHANISMS. A transcriptomic analysis by Lai et al.

(27) showed a reduction in the expression of a subset of genes involved in amino acid degradation in the failing heart. We did not observe elevated levels of amino acids in the failing human heart before LVAD unloading compared with the normal heart. However, we identified increased levels of amino acids after LVAD unloading. We hypothesize that amino acids may serve as an alternative energy source by supplying the TCA cycle with metabolic intermediates through anaplerosis. The balance of anaplerosis and cataplerosis is essential for the function of the TCA cycle, but the effect of changes in the anaplerosis/cataplerosis flux in the energetic and metabolic adaptations of chronic HF and during mechanical unloading is not well understood. The prevailing view in cardiovascular disease is that increased anaplerotic flux might be beneficial and may play an important role in regulating bioenergetic adaptations to ATP demand (28). Another collateral metabolic pathway involving anaplerosis/catabolism is the biosynthesis of building blocks (nonessential amino acids, fatty acid, and nucleotides) necessary for repair mechanisms of the failing heart. In support of this hypothesis, we found increased nucleic acid levels, which could be consistent with induction of nucleotide synthesis or salvage pathways in the unloaded heart (Figure 7). In addition to their putative role in protein synthesis, we believe that amino acids are also used as metabolic substrates in TCA cycle

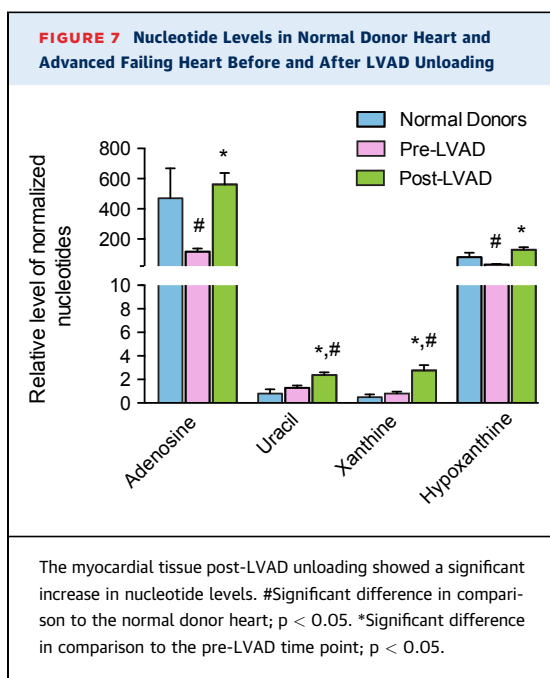
FIGURE 6 Ultrastructural Morphology, Mitochondrial Volume Density, and Mitochondrial DNA Content in the Normal Donor Heart and in the Failing Human Heart Before and After LVAD Unloading



(A) Transmission electron microscopy photomicrographs depicting longitudinal rows of mitochondria located in parallel with the sarcomeres/contractile apparatus. The magnification is 15,000 \times , and the scale bar indicates the length of 2 μ m. **(B)** Higher magnification of mitochondrial ultrastructure at 50,000 \times . Compared with the normal donor heart, the mitochondria at the pre-LVAD time point were smaller, had disorganized cristae, and had decreased matrix density, whereas the mitochondria after LVAD unloading consistently showed improvement in these specific morphological characteristics. The scale bar indicates the length of 1 μ m. Mitochondrial volume density **(C)** and mitochondrial DNA (mtDNA) content **(D)** were lower in the failing human heart compared with the nonfailing donor heart. mtDNA levels and volume density remained unchanged after LVAD unloading. The number of large mitochondria in the normal control group were higher than the failing human heart **(E)**. The average size of mitochondria improved slightly after LVAD unloading. *Significant difference in comparison to the normal donor heart; $p < 0.05$. +Significant difference in comparison to the pre-LVAD time point. Abbreviations as in [Figure 2](#).

anaplerosis or by being transformed to fatty acids through removal (cataplerosis) of TCA cycle intermediates (29). In our study, we found increased levels post-LVAD of succinate and of subsequent TCA cycle intermediates such as fumarate and malate, whereas preceding intermediates such as ketoglutarate remained unaltered. These findings, in

conjunction with the increased isoleucine and methionine post-LVAD, suggest that succinate could serve as the entry point of the increased amino acids into the TCA cycle of the LVAD unloaded heart. Also, elevated levels of fumarate, phenylalanine, and tyrosine suggest that the deamination of phenylalanine and tyrosine to fumarate could be another entry



point to the TCA cycle. Finally, elevated levels of malate could be explained by either the conversion of fumarate to malate through the TCA cycle or by the up-regulation of the pyruvate-malate shuttle and the subsequent conversion of pyruvate to malate (30). The supplementation of the TCA cycle with intermediates ensures continued function of the cycle and continued production of nicotinamide adenine dinucleotide (NADH) that is directed to the respiratory chain for ATP production. Interestingly, we observed a significant increase of malate after LVAD unloading. Malate plays an important role in cardiac metabolism because it can be transformed to pyruvate and glucose, thereby augmenting glycolytic metabolism via the malate/aspartate shuttle (31). Increased activity of the shuttle leads to oxidation of NADH to NAD^+ in the cytosol and transportation of NADH in the mitochondria (32). Cytosolic NAD^+ is important because it is used to promote glycolysis by the transformation of glyceraldehyde-3-phosphate to 1,3-bisphosphoglycerate. Mitochondrial NADH is led to the electron transport chain (ETC) for ATP production. Thus, up-regulation of the malate/aspartate shuttle ensures continued glycolysis and NADH flux to the electron transport chain for ATP production.

MITOCHONDRIAL DENSITY AND FUNCTION, CARDIAC RELOADING/CONDITIONING, AND CLINICAL RESEARCH IMPLICATIONS. Our data indicate that the impairment in mitochondrial density and function post-LVAD

could represent an underlying mechanism for the glycolysis-pyruvate oxidation mismatch by limiting subsequent pyruvate oxidation. Furthermore, our preliminary data also revealed that the subset of patients with the greater myocardial functional response after LVAD mechanical unloading also showed improved post-LVAD mitochondrial function and structure. On the basis of our observations, interventions that are known to further enhance mitochondria number, function, and structure could promote the favorable cardiac functional and structural response indicative of myocardial recovery in LVAD patients (4,33). Prior studies have shown that exercise and conditioning promotes mitochondria biogenesis and improves glucose metabolism (34,35). Importantly, Kajimoto et al. (36) showed that myocardial *reloading* after a period of unloading increases TCA intermediates, suggesting increased anaplerosis and mitochondrial oxidative capacity. On the basis of these results, exercise and controlled cardiac reloading could be additional therapeutic interventions that could enhance LVAD-induced reverse remodeling and myocardial recovery and warrant further investigation. A controlled cardiac reloading and myocardial conditioning strategy has been recently attempted in LVAD patients by our group and others with promising results (37,38).

STUDY LIMITATIONS. Our study design does not allow multiple serial tissue evaluations. This could have provided useful information about dynamic changes of substrate utilization by the failing heart during chronic mechanical unloading. Also, our experimental setup did not allow us to measure insulin resistance and myocardial glucose uptake. These measurements might have provided useful information as to whether the induction of glycolysis is secondary to increased glucose uptake or to increased activity of glycolytic enzymes. Finally, our data represent static metabolic measurements at the pre- and post-LVAD unloading time points. Thus, conclusions regarding dynamic metabolic changes should be made cautiously. Future pulse chase studies with stable isotope-labeled metabolites are warranted to confirm the metabolic intracellular flux.

CONCLUSIONS

LVAD-induced mechanical unloading of the failing human heart induces up-regulation of the glycolysis without a parallel increase in pyruvate utilization for mitochondrial oxidation. Amino acid levels increased significantly during LVAD unloading, potentially acting as a compensatory mechanism and

an alternative energy source through the TCA cycle anaplerosis entry points while also serving as potential building blocks for cardiac repair. The reduced mitochondrial density, structure, and function after LVAD unloading could represent a potential mechanism for the glycolysis-pyruvate oxidation mismatch and could provide a signature for myocardial recovery. Therefore, interventions that enhance mitochondrial biogenesis, function, and structure, such as exercise and controlled cardiac reloading and conditioning, should be further investigated as a strategy that may enhance LVAD-induced myocardial reverse remodeling and cardiac recovery.

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PERSPECTIVES

COMPETENCY IN MEDICAL KNOWLEDGE: Mechanical unloading reverses several, but not all, aspects of myocardial remodeling. Our study describes increased post-LVAD glycolysis, but reduced mitochondrial density and suppressed mitochondrial function, in the failing human heart that is not corrected by LVAD unloading. The identification of nonreversible features of cardiac remodeling could guide the application of adjunct pharmacological or other physiological interventions in an effort to enhance unloading induced cardiac recovery. Furthermore, demonstration of mitochondrial "health" could be used a "signature" of true recovery.

TRANSLATIONAL OUTLOOK: The described persistent mitochondrial defect might be the underlying cause of the limitations observed with LVAD-induced myocardial recovery. The next important step will be to determine whether therapeutic interventions, such as myocardial conditioning and controlled cardiac reloading, that are known to improve mitochondrial biogenesis, structure, and function will enhance the favorable cardiac functional response in the patient with an LVAD.

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APPENDIX For an expanded Methods section, please see the online version of this article.