-Original Article-

Distribution of the sex chromosome during mouse spermatogenesis in testis tissue sections

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Abstract. During mammalian spermatogenesis, spermatogenic cells undergo mitotic division and are subsequently divided into haploid spermatids by meiotic division, but the dynamics of sex chromosomes during spermatogenesis are unclear *in vivo*. To gain insight into the distribution of sex chromosomes in the testis, we examined the localization of sex chromosomes before and after meiosis in mouse testis sections. Here, we developed a method of fluorescence *in situ* hybridization (FISH) using specific probes for the X and Y chromosomes to obtain their positional information in histological testis sections. FISH analysis revealed the sex chromosomal position during spermatogenesis in each stage of seminiferous epithelia and in each spermatogenic cell. In the spermatogonia and leptotene spermatocytes, sex chromosomes were distantly positioned in the cell. In the zygotene and pachytene spermatocytes at prophase I, X and Y chromosomes had a random distribution. After meiosis, the X and Y spermatids were random in every seminiferous epithelium. We also detected aneuploidy of sex chromosomes in spermatogenesic cells using our developed FISH analysis. Our results provide further insight into the distribution of sex chromosomes during spermatogenesis, which could help to elucidate a specific difference between X and Y spermatids and sex chromosome-specific behavior.

Key words: Fluorescence in situ hybridization, Sex chromosome, Spermatogenesis

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n the process of mammalian spermatogenesis, diploid spermatogonia finally divide into haploid spermatids that bear either the X or Y chromosome through mitotic and meiotic divisions. A previous study focusing on the behavior of sex chromosomes in cells undergoing spermatogenesis indicated that the pairing patterns of autosomes and sex chromosomes are different [1]. Autosomes undergo pairing over the entire length of the homologs in both meiosis and mitosis, whereas sex chromosomes form a synapsis at the pseudoautosomal region in the first meiotic division [2–4]. In early pachytene spermatocytes, sex chromosomes form a condensed chromatin domain termed the sex body or XY body [1, 2, 5, 6]. Furthermore, the sex chromosome is transcriptionally silenced in late pachytene spermatocytes; this phenomenon is known as meiotic sex chromosome inactivation (MSCI) [7-11]. Failure of the pairing synapsis or MSCI causes apoptosis at pachytene of the seminiferous epithelium at pachytene stage IV [12-14].

Whereas these studies focused on the sex chromosome-specific behavior in spermatocytes up to the pachytene stage, recent studies have revealed the distribution of sex chromosomes in meiotic prophase [6], before and after meiotic division [15] and in spermatozoa and

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embryos [16] by fluorescence *in situ* hybridization (FISH). In addition, FISH analysis to detect sex chromosomes for sexing and detecting aneuploidy in spermatozoa has been used in several mammalian species such as the mouse [16, 17], human [18–20], canine [21, 22], swine [23], bovine [24–27], and stallion [28]. However, previous studies used isolated spermatogenic cells or focused on spermatozoa; the distribution and aneuploidy of sex chromosomes have not been investigated during spermatogenesis *in vivo*. FISH using tissue sections can indicate the localization of the sex chromosome at each differentiation stage of spermatogenic cells. Therefore, we developed a FISH method using mouse testis tissue sections to determine the localization of the sex chromosome.

In the mouse testis, spermatogenesis occurs within seminiferous tubules, where spermatogenic cells differentiate successively. The differentiation stages of spermatogenesis can be divided mainly into three cell types according to cell maturation: spermatogonia, spermatocytes and spermatids [29]. Spermatogonia undergo mitotic division and subsequently become immature primary spermatocytes termed preleptotene spermatocytes. Spermatocyte development comprises the preleptotene, leptotene, zygotene, pachytene and diplotene stages. One spermatocyte finally differentiates into four spermatids that bear either an X or a Y chromosome through meiotic division. Differentiation stages of spermatids are categorized into steps 1-16. The spermatids of steps 1-8 are circular and are termed round spermatids. Spermatids after step 8 are termed elongated spermatids, and they mature into sperm after spermiogenesis [30]. A cross section of the seminiferous epithelium shows a specific constitution of spermatogenic cells [30]. In mice, spermatogenesis

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occurs within seminiferous tubules and can be classified into 12 different stages according to the composition of maturing spermatogenic cells [30, 31]. A section of seminiferous epithelium contains cells in three to four different maturation steps; for example, the stage VIII seminiferous epithelium contains preleptotene spermatocytes, pachytene spermatocytes, step 8 round spermatids and step 16 elongated spermatids [30, 31]. Thus, it is possible to simultaneously obtain the positional information of sex chromosomes and cell type in each stage of spermatogenesis.

However, it is difficult to detect FISH signals in tissue sections. In elongated spermatids in particular, most histone proteins are substituted with protamines and the chromatin is tightly packed. As such, compaction probably prevents the hybridization of probes. As a result, a decondensation treatment step, such as incubation with proteinase K, is required to detect the sex chromosome signals in elongated spermatids. In this study, we successfully detected the sex chromosome signals in paraffin-embedded methacarn-fixed testicular tissue sections using antigen retrieval solution and could obtain positional information on the sex chromosomes.

Material and Methods

Animals

We purchased 8-week-old male C57/BL6 mice from Japan SLC (Shizuoka, Japan). The mice were anesthetized with 2,2,2-tribromoethanol. Their testes were surgically removed, fixed with methacarn fixative (methanol:chloroform:acetic acid = 6:3:1), treated with 100% ethanol and xylene and embedded in paraffin. The care and use of all the mice conformed to the Regulations for Animal Experiments and Related Activities at Tohoku University.

Slide preparation, fixation of mouse testis and FISH

Mouse testes were surgically removed, fixed with methacarn fixative, and embedded in paraffin. Cross sections (10 µm) were deparaffinized with xylene and incubated at 98 C for 50 min with Histo VT One (Nacalai Tesque; Japan, Kyoto). To observe the signals of the elongated spermatids, we incubated the sample in 0.001% proteinase K/phosphate-buffered saline solution at 37 C for 5 min. After washing, sections were dehydrated in 70% and 100% ethanol for 5 min each and air dried. Then, samples were incubated with 10 µl mouse XY chromosome FISH probe (Y: fluorescein isothiocyanate [FITC]; X, biotin; MXY-10, Chromosome Science Labo, Sapporo, Japan). Slides were covered with parafilm and incubated at 90 C for 10 min on a heat plate. After hybridization for 24 h at 37 C in a humid chamber, slides were incubated in 2 \times standard saline citrate (SSC, Nacalai Tesque, Kyoto), and then the parafilm was gently removed. Slides were rinsed in $1 \times SSC$ at 37 C for 20 min. Some sections were incubated with Blocking One (Nacalai Tesque) at 4 C for 1 h and then sequentially reacted with Alexa Fluor 555 streptavidin (diluted 1:1,000, S32355, Invitrogen, Waltham, MA, USA), Hoechst 33342 (diluted 1:5,000, Molecular Probes, Eugene, OR, USA), rabbit polyclonal anti-fluorescein/Oregon Green antibody (diluted 1:2,000, A889; Molecular Probes), and Alexa Fluor 488-labeled anti-rabbit (diluted 1:2,000, A11034; Molecular Probes) as a secondary antibody for anti-fluorescein. FISH images were obtained by sequential scanning using an LSM-710 confocal

laser microscope (Carl Zeiss, Jena, Germany) and analyzed with the ZEN-2010 software in conjunction with an LSM-700 microscope. The stage of each seminiferous tubule was judged according to the criteria described previously [30].

Signal count and statistical analysis of FISH slides to detect sex chromosome aneuploidy and determine deviation from expected sex ratios

The mean fluorescence intensity of spermatogenic cells was measured with the ZEN-2010 software in conjunction with an LSM-700 microscope. Fluorescence brightness was classified into 255 levels.

To separate the sex chromosome signal from noise, we defined the signal as a fluorescence intensity that was greater than 50 at one or more point-like signals in the nucleus; a fluorescence intensity below 50 was characterized as "without signal". In preleptotene and pachytene spermatocytes in stage VIII seminiferous tubules, if only X or Y was not detected, the spermatocytes were classified as "without signal." to accurately calculate the hybridization efficiency. If step 8 spermatids had two or more signals, the cells were considered to be aneuploid. It was difficult to count the signals of elongated spermatids because many of them overlapped. In this study, therefore, we counted the signals of preleptotene spermatocytes, pachytene spermatocytes, and step 8 spermatids using the FISH method without proteinase K. We chose 12 stage VIII seminiferous tubules in one cross section for analysis. We evaluated aneuploidy as described by Komaki et al. [22]. A chi-squared test was used to investigate the deviation from the expected ratio of 50:50 (X:Y). Differences were considered significant at a level of P < 0.05.

Results

FISH analysis of sex chromosome distribution during spermatogenesis

We showed the distribution of sex chromosomes in stages I, V, VIII, X and XII seminiferous epithelia (Fig. 1A–X and Fig. 2A–E) and that of step 16 spermatids (Fig. 1a–d and Fig. 2F). The stage of each seminiferous epithelium was classified according to the criteria described previously [30]. At the phase of elongated spermatids, the chromosomes became tightly packed with protamine, a histone-like protein. This condensation of chromatin probably makes it difficult for the probes to hybridize. In the step 13, 15 and 16 spermatids, we were only able to detect the signal of the X chromosome (arrow in Fig. 1D, H, L and P). Therefore, we treated the section with proteinase K to degrade the protamine to detect sex chromosome signals in step 16 spermatids (Fig. 1a–d and Fig. 2F).

During spermatogenesis, the localization of sex chromosomes varied dynamically. In the preleptotene and leptotene stages, sex chromosomes were distantly positioned (star in Fig. 1P and T). However, during the zygotene stage, the signals were closely positioned (asterisk in Fig. 1X). In the pachytene stage, the signals remained close together (asterisk in Fig. 1H, L, P and T). The round spermatids in the seminiferous epithelium of each stage had a random distribution of X- and Y-bearing spermatids (Fig. 1D, H, L, P, T and X and Fig. 2A–D).



Fig. 1. Fluorescence *in situ* hybridization (FISH) analysis of sex chromosome distribution during spermatogenesis. The signals represent the nucleus (A, E, I, M, Q, U and a), X chromosome (B, F, J, N, R, V and b), and Y chromosome (C, G, K, O, S, W and c). A stage VIII seminiferous tubule is shown (A, B, C, D, a, b, c and d). Stage I (E, F, G and H), stage V (I, J, K and L), stage VIII (M, N, O and P), stage X (Q, R, S and T) and stage XII (U, V, W and X) seminiferous tubules are shown. Cells without proteinase K treatment are shown (A–X). Cells with proteinase K treatment are shown (a–d). Arrowheads, elongated spermatid without signal; long arrows, elongated spermatid with signal. The scale bar represents 50 µm (A, B, C, D) and 10 µm (E–X). P-SPC, pachytene spermatocyte; PL-SPC, preleptotene spermatocyte; L-SPC, leptotene spermatocyte; Z-SPC, zygotene spermatocyte; R-SPD, round spermatid; and E-SPD, elongated.

FISH analysis of sex chromosome localization in each stage of differentiation

FISH revealed the localization of the sex chromosome in each spermatogenic cell differentiation stage (Fig. 3A–M). We determined the sex chromosome localization in spermatogonia, preleptotene spermatocytes, leptotene spermatocytes, zygotene spermatocytes, pachytene spermatocytes, diplotene spermatocytes, during meiosis, round spermatids and elongated spermatids by FISH of mouse testis sections (Fig. 3A–M). The differentiation stages of spermatogenic cells were classified according to the criteria described previously [30]. In spermatogonia, X and Y chromosome signals were distantly positioned (Fig. 3A). Preleptotene spermatocytes and leptotene spermatocytes also had separated X and Y chromosome signals (Fig. 3B and C). In zygotene spermatocytes, the signals were close together (Fig. 3D). In pachytene spermatocytes, these signals were localized along the outer edge of the nucleus and formed a condensed chromatin domain termed the XY body (Fig. 3E) [1, 2, 5, 6]. In diplotene spermatocytes, the signals were similar to those of pachytene spermatocytes, but the signals in diplotene spermatocytes are known to move toward the center of the nucleus (Fig. 3F) [6, 15]. In round spermatids, X and Y chromosomes were individually positioned at the edge of the nucleus (Fig. 3I-a and I-b), and the position did not appear to be different for the X chromosome and Y chromosomes in round spermatids (Fig. 3K, L, and M). In elongated spermatids, the X and Y chromosomes were located in different positions in each cell (Fig. 1d, Fig. 2F and Fig. 3J). These localization patterns are consistent with those of previous studies *in vitro* [6, 8, 15]. We examined the



Fig. 2. FISH analysis of sex chromosome distribution in the stage I, V, VIII, X and XII seminiferous epithelium. The signals represent the nucleus (blue), X chromosome (red) and Y chromosome (green). Stage I (A), stage V (B), stage VIII (C, F), stage X (D) and stage XII (E) seminiferous tubules are shown. Cells with proteinase K treatment are surrounded by a frame and shown (F). The scale bar represents 10 μm.

sex chromosome-specific localization before and after meiosis (Fig. 3G-a, G-b, H-a and H-b) in stage XII seminiferous epithelia. At metaphase of the first meiotic division, sex chromosomes overlapped on the metaphase plate (asterisk in Fig. 3G-a). At anaphase of the first meiotic division, sex chromosomes were positioned distantly (Fig. 3G-b). After the second meiotic division, sex chromosomes were individually located in X- or Y-bearing spermatids (Fig. 3H-a and H-b).

Signal counting of the sex chromosomes in stage VIII seminiferous tubules

We counted the X and Y chromosome signals in spermatogenic cells and disomic spermatids in stage VIII seminiferous tubules (Table 1). We observed 12 seminiferous tubules and detected 2,884 specific signals in 3,181 spermatogenic cells. The hybridization efficiency was $91.35 \pm 2.42\%$ (Table 1). There was no significant difference between the theoretical ratio (50:50) and the observed ratio of X and Y chromosomes in step 8 spermatids of each stage VIII seminiferous tubule (Table 2). Of the examined spermatids, $45.975 \pm 3.570\%$ had an X chromosome signal, whereas $46.742 \pm 3.701\%$ had a Y chromosome signal (Table 2). The percentages

of XX-, YY- and XY-bearing spermatids were $0.086 \pm 0.203\%$, 0.157 ± 0.285 and 0.403 ± 0.337 , respectively. The percentage of spermatids without a sex chromosome signal was $7.195 \pm 3.205\%$. The mean frequency and standard deviation of the percentage of sex chromosome aneuploidy was $0.215 \pm 0.068\%$.

Discussion

In this study, we examined the distribution of sex chromosomes during spermatogenesis and determined their localization in each spermatogenic cell. Previous studies have shown the localization of sex chromosomes in each spermatogenic cell by FISH *in vitro* [6, 15, 16]. However, these studies used isolated cells from the mouse testis, and observation of a series of sex chromosome distributions during spermatogenesis has not been demonstrated. Therefore, we reasoned that use of histological tissue would be a useful approach to obtaining comprehensive information. During spermatogenesis, the position of sex chromosomes changes dynamically [2, 6]. Sex chromosomes become distantly positioned or co-localized during spermatogenesis (Fig. 3A–J). These findings are consistent with those of prior studies *in vitro* [6, 15]. We observed sex chromosome



Fig. 3. FISH analysis of sex chromosome localization in each stage of spermatogenic cells. The signals represent the nucleus (blue), X chromosome (red) and Y chromosome (green) (A–O). (A) Spermatognium, (B) preleptotene spermatocyte, (C) leptotene spermatocyte, (D) zygotene spermatocyte, (E) pachytene spermatocyte, (F) diplotene spermatocyte, (G-a, G-b) spermatogenic cells during first meiosis, (H-a, H-b) spermatids after meiosis, (I-a) X spermatid, (I-b) Y spermatid and (J) elongated spermatid. Disomic spermatids are shown (K, L and M): (K) XX spermatid, (L) YY spermatid and (M) XY spermatid. All disomic spermatids were identified in stage VIII seminiferous tubules. Arrowheads show spermatids without a signal. The scale bar represents 5 µm. (N) Schematic of spermatogenesis. Long arrows, direction of meiosis. (O) Scheme of dynamics in meiosis. An arrow with a solid line shows the axis of coordinates, and an arrow with a dotted line shows the direction of meiosis.

position dynamics during meiosis (Fig. 3G-a, G-b, H-a and H-b). Sex chromosome dynamics are less well understood in spermatogenic cells during meiotic division. Figure 3N shows the distribution of sex chromosomes during spermatogenesis according to our results. Our results will facilitate the study of sex chromosome-specific dynamics. Additionally, FISH revealed the distribution of X- or Y-bearing spermatids after meiotic division in seminiferous epithelium of each stage. They were located at random in the seminiferous epithelium (Fig. 1D, H, L, P and T and Fig. 2A–E), and we did not observe deviation to one side or the other. These findings suggest that every spermatogenic cell after meiotic division may be divided multidirectionally and may not always be pushed out toward the

Stage VIII seminiferous tubule	PL	Р	X spermatid	Y spermatid	XX spermatid	YY spermatid	XY spermatid	Total signals	Total without signal	Hybridization efficiency (%)
No. 1	38	56	90	106	0	0	1	291	14	95.41
No. 2	35	30	95	76	0	0	0	236	20	92.19
No. 3	49	62	95	111	0	0	1	318	29	91.64
No. 4	38	74	96	110	1	0	1	320	18	94.67
No. 5	48	54	89	94	0	0	1	286	32	89.94
No. 6	43	53	83	67	0	0	1	247	24	91.14
No. 7	34	65	74	80	0	1	0	254	29	89.75
No. 8	37	60	91	88	0	0	2	278	26	91.45
No. 9	42	70	76	79	1	1	1	270	18	93.75
No. 10	37	47	66	64	0	1	1	216	24	90.00
No. 11	44	22	87	77	0	0	0	230	32	87.79
No. 12	42	58	61	74	0	0	0	235	31	88.35
$Mean \pm SD$										91.34 ± 2.38

Table 1. Signal count in stage VIII seminiferous tubules

PL, preleptotene spermatocyte; P, pachytene spermatocyte.

Table 2. Percentages (%) of X and Y spermatid and sex chromosome aneuploidy in step 8 spermatids

Stage VIII seminiferous tubule	Х	Y	XX	YY	XY	Without signal	Total spermatids (N)
No. 1	45.23	53.27	0	0	0.50	1.02	197
No. 2	53.37	42.70	0	0	0	4.09	171
No. 3	41.30	48.26	0	0	0.43	11.11	207
No. 4	43.44	49.77	0.43	0	0.45	6.25	208
No. 5	43.84	46.31	0	0	0.49	10.33	184
No. 6	50.92	41.10	0	0	0.61	7.95	151
No. 7	44.31	47.90	0	0.60	0	7.74	155
No. 8	47.64	46.07	0	0	1.05	5.52	181
No. 9	46.34	48.17	0.60	0.61	0.61	3.80	158
No. 10	44.90	43.54	0	0.68	0.68	11.36	132
No. 11	48.33	42.78	0	0	0	9.76	164
No. 12	42.07	51.03	0	0	0	7.41	135
Mean ± SD	45.97 ± 3.570	46.74 ± 3.701	0.086 ± 0.203	0.157 ± 0.285	0.403 ± 0.337	7.195 ± 3.205	

X, X-bearing spermatid; Y, Y-bearing spermatid; XX, X disomic spermatid; YY, Y disomic spermatid; XY, XY disomic spermatid.

lumen. We speculated that spermatogenic cells divide in multiple directions in seminiferous tubules during meiosis in spermatogenesis. Therefore, we created a model of the multidirectional division (Fig. 3O). There are no reports focusing on the difference in sex chromosome dynamics during cell division between somatic and germ cells. The differences between cells such as somatic cells and oocytes having two X chromosomes and between somatic cells and spermatogenic cells having X and Y chromosomes are interesting. In a recent study, the dynamics of oocytes during meiosis were examined by live-cell imaging [32]. In addition, a protein that controls the first meiotic division pattern was identified in the mouse [33]. However, in spermatogenic cells, the *in vivo* cell division pattern is unclear. Further analysis is needed to understand the division pattern of meiosis of spermatogenic cells *in vivo*.

In this study, we demonstrated a method of detecting sex chromosome signals not only during the round spermatid stage, but also in step 16 elongated spermatids. Our FISH method using tissue sections allowed us to investigate the sex chromosome state corresponding to the cell developmental stage during spermatogenesis. Without proteinase K, X chromosome signals could be detected in step 13, 15 and 16 elongated spermatids (Fig. 1D, H, L and P and Fig. 2C). This was attributed to the different designs of the X and Y probes. The X probe was designed from an approximately 0.5-Mb array near the telomere, whereas the Y probe used a painting probe to detect the signal easily. During spermatogenesis, most histone proteins are exchanged for protamine in elongating spermatids [34]. Therefore, a decondensation process is needed to detect the Y chromosome signals within the nucleus of elongated spermatids [18, 20]. We observed Y chromosome signals in step 16 spermatids after treatment with proteinase K (Fig. 1a–d and Fig. 2F).

FISH revealed sex chromosome an euploidy in mouse testis sections (Fig. 3K, L and M). The percentages of disomic spermatids were $0.086 \pm 0.203\%$ (XX), $0.157 \pm 0.285\%$ (YY) and $0.403 \pm 0.337\%$ (XY) in step 8 spermatids (Table 2). Although failures of MSCI and chromosome synapsis cause cell death in pachytene spermatocytes [12–14, 35], disomic sex chromosome spermatids might remain in spermatogenesis. In previous studies, Baumgartner et al. showed that the rates of murine disomic spermatozoa were 0.016% (XX), 0.004% (YY), and 0.007% (XY) [36]; Attia et al. showed that the values were 0.022% (XX), 0.012% (YY), and 0.002% (XY) [37]; and Attia showed that the values were 0.013% (XX), 0.011% (YY), and 0.004% (XY) [38]. In our study, the rate of murine disomic spermatozoa was relatively high, with values of $0.086 \pm 0.203\%$ (XX), 0.157 ± 0.285 (YY) and 0.403 ± 0.337 (XY) in round spermatids. These differences may be because we evaluated round spermatids and disomic sex chromosome spermatids might appear more frequently than disomic spermatozoa. In fact, a recent study demonstrated that the number of aneuploid spermatids was greater than that of spermatozoa in humans [39]. Our method of determining sex chromosomal localization using FISH of testis tissue sections can be applied to further investigations of aneuploidy in each spermatogenic cell in mouse testis sections.

In this study, we developed a FISH method to examine the sex chromosome distribution during murine spermatogenesis using testis tissue sections. Our method enables the detection of X and Y chromosome signals in each spermatogenic cell. These results can provide further insight into the dynamics of sex chromosome localization during spermatogenesis and facilitate the study of specific differences between X and Y spermatids.

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