**META-ANALYSIS** 

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Common Polymorphisms in IL-27 Genes May Contribute to Risk of Various Human Diseases in **Asian Populations: A Meta-Analysis** 

Study Design A Data Collection B Statistical Analysis C Data Interpretation D Manuscript Preparation E Literature Search F Funds Collection G	BCDG 2	An-Di Zhao	Jiaotong University, XI'an, Shaanxi, P.R. China 2 Department of Oncology, Nanchang University, Jiangxi Medical College, Nanchang, Jiangxi, P.R. China
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Backg Material/Me	ground: ethods:	Genetic variations in the <i>IL-27</i> gene have been prov and diseases. The purpose of the current study was rs181206 T>C variants with human diseases using a A comprehensive electronic and manual search was of was represented by the unadjusted odds ratios (OR pooled OR using the <i>Z</i> test	en to be associated with various types of human cancers to clarify the associations of the <i>IL-27</i> rs153109 A>G and meta-analysis study. carried out to find potential eligible studies. The effect size s). A 95% confidence interval (95%CI) was tested for the
F	Results:	A total of 17 case-control studies (cases=4185, heal showed that the carriers of the rs181206 T>C and rs ed risks of diseases in the allele model (rs181206 T OR=0.85, 95%Cl=0.76~0.94, $P$ =0.002) and dominant r rs153109 A>G: OR=0.84, 95%Cl=0.71~0.99, $P$ =0.03 creased risk of related diseases in <i>IL-27</i> rs181206 T2 nia (ITP), asthma, and esophageal cancer (EC) subgr OR=0.60, 95%Cl=0.41~0.89, $P$ =0.010; EC: OR=0.79, 9 morphism was remarkably associated with the incre an cancer (OC), systemic lupus erythematosus (SLE) structive pulmonary disease (COPD) subgroups (all <i>F</i>	thy controls=4077) were included in our study. Our study 153109 A>G polymorphism in the <i>IL-27</i> gene have elevat- F>C: OR=0.76, 95%CI=0.69~0.84, $P$ <0.001; rs153109 A>G nodel (rs181206 T>C: OR=0.77, 95%CI=0.69~0.87, $P$ <0.001; 3). Disease type-stratified subgroup analysis yielded in- F>C carriers in the allele model in immune thrombocytope- roups (ITP: OR=0.69, 95%CI=0.53~0.88, $P$ =0.004; asthma: P5%CI=0.64~0.97, $P$ =0.026); and <i>IL-27</i> rs153109 A>G poly- eased risk of related diseases in the allele model in ovari- , tuberculosis (TB), ulcerative colitis (UC), and chronic ob- P<0.05).
Concl	usions:	Our results indicate that the genetic polymorphisms progression of human cancers and diseases, especia	s of <i>IL-27</i> rs153109 and rs181206 may be involved in the ally of TB, UC, COPD, OC, and ITP.
MeSH Key	words:	Interleukin-27 • Meta-Analysis • Polymorphism,	Genetic
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# Background

Interleukin-27 (IL-27), which belongs to the IL-12 family, is a newly-discovered protein consisting of 2 subunits, p28 and the Epstein-Barr virus-induced gene 3 protein, and is mainly secreted by activated antigen-presenting cells [1,2]. Human IL-27 gene, located on chromosome 16p11, consists of 5 exons and 4 introns, acting as a mediator between the adaptive and innate immune systems [3]. As a multifunctional gene, IL-27 can regulate the proliferation of naive T-cell and plays an effective role in inducing the production of interferon-gamma [4,5]. In addition, IL-27 is also involved in the up-regulation of Th1 initiation and the down-regulation of Th2 factor GATA binding protein 3, and it is linked to inducing tumor-specific antitumor activity, mediated by CD8+ T cells [1,5]. Mutations of IL-27 were recently reported to be susceptible to a variety of diseases, such as colorectal cancer, asthma, rheumatoid arthritis, ovarian cancer, Crohn's disease, nasopharyngeal carcinoma, and esophageal cancer [1,6,7]. Specifically, according to previous studies, 2 single-nucleotide polymorphisms (SNPs) of IL-27, 964A/G (rs153109) and 4730 T/C (rs181206), are commonly found to be associated with various diseases [6,8]. For instance, a previous study investigated the association of IL-27 gene polymorphism with Crohn's disease (CD) risk in a Chinese Han population found remarkable association between IL-27 rs153109 and rs181206 polymorphisms and CD risks [8]. Moreover, previous studies also found that rs153109 polymorphism may be a protective factor for breast cancer in premenopausal women and is associated with decreased risk of lymph node metastasis in papillary thyroid cancer [9,10]. Through the promotion of proinflammatory immune response, polymorphisms rs153109 and rs181206 of IL-27 reduce or delay common antitumor activities responded to by Th1 cytotoxic, increasing the susceptibility to diseases [7,11,12]. Therefore, *IL-27* could be regarded as a candidate gene related to diverse diseases. Previous studies have also shown that variants of IL-27 are closely correlated with diseases, including numerous common cancers, such as colorectal cancer, nasopharyngeal carcinoma, and ovarian cancer [6,13], while some other studies have presented different results [14,15]. Therefore, the current study was performed to investigate the potential relationships between the polymorphisms of IL-27, rs153109, and rs181206, and their susceptibility to diseases, and to evaluate the role of IL-27 as a biomarker for the diagnosis and prognosis of diseases.

# **Material and Methods**

# Search strategy

Potential studies were retrieved by a thorough literature search, with language restricted to English or Chinese, in the computerized bibliographic databases MEDLINE, Science Citation Index, PubMed, Embase, Current Contents Index, Chinese Biomedical, Chinese Journal Full-Text, and the Weipu Journal (last updated search was October 2014). We used the following highly sensitive search strategy: ("Interleukin-27" or "Interleukin 27" or "IL 27" or "IL-27" or "IL27") and ("Polymorphism, Genetic" or "polymorphism" or "polymorphisms" or "variants" or "SNP" or "mutation" or "genetic variants"). A manual search was also conducted to find other studies.

### Inclusion and exclusion criteria

Retrieved studies were assessed based on the following criteria: (1) studies published in peer-reviewed journal and conducted in human populations; (2) case-control studies investigating the association between SNPs in *IL-27* (rs153109 A>G or rs181206 T>C) and susceptibility and human diseases; (3) patients were confirmed by the diagnostic criteria for each disease type; (4) provided sufficient original data on the genotype frequencies of polymorphisms within the *IL-27* genes; (5) genotype frequencies of *IL-27* met Hardy-Weinberg equilibrium (HWE); (6) studies with overlapping data were only enrolled once. The exclusion criteria were: (1) failed to meet the criteria for study inclusion; (2) letters, abstracts, meta-analysis, reviews, or proceedings; (3) unpublished data; (4) studies without extractable and numerical data; (5) Caucasian population.

### Study quality and data extraction

Newcastle-Ottawa Scale (NOS) criteria were applied to assess the methodological quality of all eligible trials [16]. These 3 perspectives were independently scored by 2 reviewers: (1) subject selection: 0-4; (2) subject comparability: 0-2; (3) clinical outcome: 0-3. Study with NOS scores  $\geq$ 7 were considered as good quality (range, 0-9). Following descriptive information were collected including author name, publication year, journal name, country, detection method, population, language, diseases types, SNP, genotype frequencies, allele frequencies, HWE test, and confirmation of diagnosis. Disagreements during the study inclusion process were settled through consultation with another reviewer.

### Statistical analysis

The effect size, as represented by the unadjusted odds ratios (ORs) for the presence of the SNP in *IL-27* in patients and controls, was calculated. A 95% confidence interval (95%CI) was tested for the pooled OR using *Z* test. The summarized ORs were performed for the comparisons in allele model (W allele *vs.* M allele), dominant model (WW + WM *vs.* MM), recessive model (WW *vs.* WM + MM), homozygous model (WW *vs.* MM), and heterozygous model (WW *vs.* WM). Cochran's *Q*-statistic and  $l^2$  tests were carried out to identify the heterogeneity among included trials [17]. Subgroup analyses were also conducted



Figure 1. Flow chart shows study selection procedure. Seventeen case-control studies were included in this meta-analysis.

to clarify the substantial heterogeneity. Additionally, the effect of each single study on the overall estimate was determined by application of one-way sensitivity analysis. Further, Egger's linear regression test and funnel plot were employed to inspect the presence of publication bias [18,19]. Data analyses were performed utilizing STATA software (Version 12.0, Stata Corp., College Station, TX, USA).

# Results

### **Description of included studies**

The initial search resulted in a total of 46 potentially eligible articles. After the removal of 1 duplicated study and 16 irrelevant articles, 29 articles remained for further review. Subsequently, 11 articles were regarded as unsuitable and were removed, and 18 articles included qualitative analysis were left. In addition, another study was removed due to absence of data integrity. Finally, 17 case-control studies including 4185 patients and 4077 controls were incorporated into the current analysis [1,4–7,11–15,20–26]. A flow diagram of study selection progress is displayed in Figure 1. As for the diseases involved in the included studies, there were 16 diseases, including rheumatoid arthritis (RA) (Chen S, 2014), ovarian cancer (OC) (Zhang Z), CD (Lin XY), immune thrombocytopenia (ITP) (Zhao HF), chronic hepatitis B (CHB) (Peng QL-a), hepatitis B virus (HBV)-related liver cirrhosis (LC) (Peng QL-b), Hepatocellular carcinoma (HCC) (Peng QL-c), nasopharyngeal carcinoma (NPC) (Pan GG), colorectal cancer (CRC) (Guo JY and Huang ZQ), Asthma (Qiu RF and Chen S, 2012), esophageal cancer (EC) (Tao YP), systemic lupus erythematosus (SLE) (Lan Y), HBV (Zhu CL), Tuberculosis (TB) (Zhan YZ), Glioma (Zhao B), and chronic obstructive pulmonary disease (COPD) (Huang N).

When focused on the SNPs information, 9 studies analyzed rs153109 A>G and rs181206 T>C SNPs, (Lin XY, Chen S, 2014, Chen S, 2012, Tao YP, Huang ZQ, Zhao B, Li CS, Pan GG and Huang N) and 8 studies only investigated rs153109 A>G SNPs (Zhang Z, Zhao HF, Peng QL, Guo JY, Lan Y, Zhu CL, Zhan YZ and Qiu RF). All 17 studies were performed in Asians. Regarding the detection methods, direct sequencing was used in 2 studies [Chen S (2012) and Chen S (2014)]; PCR-RFLP was used in 14 studies [Zhang Z, Zhao HF, Peng QL (rs153109 A>G), Pan GG, Guo JY, Tao YP, Huang ZQ, Lan Y, Zhun CL, Zhan YZ-a, Zhao B, Qiu RF and Huang N]; PCR-SSP was used in 2 studies [Peng QL and Zhan YZ-b]; PCR-LDR was used in 1 study (Lin XY); and SBE was used in 1 study (Li CS). The basic information for 17 eligible studies is presented in Table 1.

### Quantitative data synthesis

In the current study, 2 SNPs (rs153109 A>G, and rs181206 T>C) within the *IL-27* gene were identified. Additionally, since significant heterogeneity existed, studies were stratified by disease type. Our results suggested that the carriers of the rs181206

First	Voar	Country	Disease	Number		Gende	Gender (M/F)		years)	Genotyping	SND	NOS
author	Tear	Country	type	Case	Control	Case	Control	Case Control		method	JNF	score
Chen S [14]	2014	China	RA	103	104	28/75	43/61	40 (40~76)	57 (35~71)	Direct sequencing	rs153109 A>G, rs181206 T>C	7
Zhang Z [7]	2014	China	OC	229	320	0/229	0/320	48.9 ±10.8	48.3 ±10.1	PCR-RFLP	rs153109 A>G	8
Lin XY [15]	2013	China	CD	145	238	94/51	155/83	34.3 ±12.9	36.4 ±11.8	PCR-LDR	rs153109 A>G, rs181206 T>C	7
Zhao HF	2013	China	ITP	120	280	50/70	101/179	11 (0.8~44)	36 (28~72)	PCR-RFLP	rs153109 A>G	7
[12]	2015	Cinina	ITP	210 280 88/122 1		101/179	36 (17~78)	36 (28~72)	PCR-RFLP	rs153109 A>G	8	
5			СНВ	112	105	85/27	83/22	41.3 ±11.3	43.2 ±11.1	PCR-RFLP	rs153109 A>G	8
Peng QL-a [11]	2013	China	LC	65	105	65/51	83/22	45.6 ±11.9	43.2 ±11.1	PCR-RFLP	rs153109 A>G	7
[]			HCC	107	105	107/85	83/22	45.4 ±12.4	43.2 ±11.1	PCR-RFLP	rs153109 A>G	7
Pan GG [23]	2012	China	NPC	190	200	135/55	140/60	48.3 ±8.1	46.5 ±7.6	PCR-RFLP	rs153109 A>G, rs181206 T>C	7
Guo JY [20]	2012	China	CRC	170	160	107/63	105/55	52.7 ±10.3	48.2 ±9.4	PCR-RFLP	rs153109 A>G	7
Chen S [13]	2012	China	Asthma	200	111	82/118	69/42	-	-	Direct sequencing	rs153109 A>G, rs181206 T>C	7
Tao YP [6]	2012	China	EC	426	432	312/114	325/107	-	-	PCR-RFLP	rs153109 A>G, rs181206 T>C	7
Huang ZQ [1]	2012	China	CRC	410	450	315/95	324/126	57.7 ±8.3	55.2 ±7.5	PCR-RFLP	rs153109 A>G, rs181206 T>C	8
Lan Y [22]	2011	China	SLE	135	150	-	-	-	-	PCR-RFLP	rs153109 A>G	6
Zhu CL [32]	2010	China	HBV	168	152	110/58	95/57	56.3 ±10.4	48.6 ±18.5	PCR-RFLP	rs153109 A>G	7
Zhan YZ [25]	2009	China	TB	385	391	243/142	266/125	30.0 ±15.0	24.0 ±15.0	PCR-RFLP	rs153109 A>G	8
Zhao B [4]	2009	China	Glioma	210	220	127/83	125/95	42.3 ±8.2	40.9 ±7.1	PCR-RFLP	rs153109 A>G, rs181206 T>C	8
Li CS			UC	249	444	170/1/1		-	-	CDE	rs153109 A>G,	7
[5]	2009	Kurea	CD	71 444		270/100	-	-	SDE	rs181206 T>C	/	
Qiu RF [24]	2008	China	Asthma	360	220	165/195	160/60	-	-	PCR-RFLP	rs153109 A>G	7
Huang N [21]	2008	China	COPD	120	100	73/47	64/36	59.1 ±11.0	57.7 ±10.8	PCR-RFLP	rs153109 A>G, rs181206 T>C	6

#### Table 1. Characteristics of included studies in this meta-analysis.

RA – rheumatoid arthritis; OC – ovarian cancer; CD – Crohn's disease; ITP – immune thrombocytopenia; T1D – type 1 diabetes mellitus; CHB – chronic hepatitis B; LC – hepatitis B virus (HBV)-related liver cirrhosis; HCC – hepatocellular carcinoma; NPC – nasopharyngeal carcinoma; CRC – colorectal cancer; EC – esophageal cancer; SLE – systemic lupus erythematosus; HBV – hepatitis B virus; TB – tuberculosis; COPD – chronic obstructive pulmonary disease; M – male; F – female; NOS – Newcastle-Ottawa Scale; SNP – single-nucleotide polymorphism; PCR-RFLP – polymerase chain reaction-restriction fragment length polymorphism; SBE – single-base extension; PCR-LDR – polymerase chain reaction-ligase detection reaction; UC – ulcerative colitis.



Figure 2. Forest plots for the influences of *IL-27* genetic polymorphism and various human diseases under the allele and dominant models ((A) Allele model of rs1181206 T>C; (B) Dominant model of rs1181206 T>C; (C) Allele model of rs153109 A>G;
 (D) Dominant model of rs 153109 A>G).

T>C polymorphism in the *IL-27* gene have an elevated risk of diseases in the allele model (OR=0.76, 95%Cl=0.69~0.84, *P*<0.001) and dominant model (OR=0.77, 95%Cl=0.69~0.87, *P*<0.001). With respect to the rs153109 A>G polymorphism, findings in the present study suggested that the population containing rs153109 A>G polymorphism was more likely to develop related diseases in comparison to the control group in both the allele model (OR=0.85, 95%Cl=0.76~0.94, *P*=0.002) and the dominant model (OR=0.84, 95%Cl=0.71~0.99, *P*=0.033) (Figure 2A–2D).

In the disease type-stratified subgroup analysis, our results yielded elevated risk of related diseases in *IL-27* rs181206 T>C carriers in allele model in the ITP, Asthma, and EC subgroup (ITP: OR=0.69, 95%CI=0.53~0.88, *P*=0.004; Asthma: OR=0.60, 95%CI=0.41~0.89, *P*=0.010; EC: OR=0.79, 95%CI=0.64~0.97, *P*=0.026), but not in RA, CD, NPC, CRC, Glioma, UC, and COPD (all *P* > 0.05). It has been suggested that subjects with the

*IL-27* rs153109 A>G polymorphism had elevated risk of related diseases in the allele model in the OC, SLE, TB, UC and the COPD subgroups (all *P*<0.05); but not in the CD, CHB, LC, HCC, NPC, CRC, Asthma, EC, or Glioma subgroups (all *P*>0.05) (Figure 3A, 3B and Table 2).

We further conducted sensitivity analyses to determine whether review conclusions were affected by any single study. We found that no single study affected the pooled ORs in the current meta-analysis (Figure 4A–4D). Finally, Egger's regression test implied no asymmetrical distribution in the funnel plot in the rs181206 T>C (allele model: t=0.08, *P*=0.934; dominant model: t=0.15, *P*=0.883, respectively), and the rs153109 A>G (allele model: t=0.05, *P*=0.961; dominant model: t=-0.44, *P*=0.667, respectively) (Figure 5A–5D).

Figure 3. Subgroup analyses for the influences
of IL-27 genetic polymorphism and
various human diseases under the
allele and dominant models ((A) Allele
model of rs1181206 T>C; ( <b>B</b> ) Allele
model of rs153109 A>G).

A		rs181206 T>C (disease: allele model)	
	Included study RA	OR (95% CI) Weights %	
	Chen S-a (2014) Chen S-b (2014) Z test (Z=1.39, P=0.163)	0.73 (0.42, 1.28) 5.38% 0.82 (0.53, 1.26) 5.42% 0.78 (0.56, 1.10) 8.81%	
	CD Lin XY (2013) Li CS-b (2009) Z test (Z=1.03, <i>P</i> =0.302)	0.87 (0.56, 1.37) 4.80% 0.75 (0.41, 1.38) 3.07% 0.83 (0.58, 1.19) 7.86%	
	ITP Zhao HF (2013) Z test (Z=2.91, P=0.004)	0.69 (0.53, 0.88) 16.97% 0.69 (0.53, 0.88) 16.97%	
	NPC Pan GG (2012) Z test (Z=0.86, P=0.391)	0.81 (0.50, 1.31) 4.38% 0.81 (0.50, 1.31) 4.38%	
	CRC Guo JY (2012) Huang ZQ (2012) Z test (Z=1.90, <i>P</i> =0.058)	0.88 (0.56, 1.40) 4.57% 0.74 (0.55, 1.01) 11.42% 0.78 (0.61, 1.01) 15.98%	
	Asthma Chen S-a (2012) Chen S-b (2012) Z test (Z=2.57, P=0.010)	0.39 (0.21, 0.72) 3.88% 0.82 (0.49, 1.36) 3.82% 0.60 (0.41, 0.89) 7.70%	
	EC Tao YP-a (2012) Tao YP-b (2012) Z test (Z=2.22, P=0.026)	0.64 (0.47, 0.86) 12.85% 0.98 (0.72, 1.33) 9.78% 0.79 (0.64, 0.97) 22.63%	
	Glioma Zhao B (2009) Z test (Z=0.83, <i>P</i> =0.408)	0.84 (0.55, 1.28) 5.54% 0.84 (0.55, 1.28) 5.54%	
	UC Li CS-a (2009) Z test (Z=1.51, P=0.132)	0.75 (0.52, 1.09) 7.87% 0.75 (0.52, 1.09) 7.87%	
	COPD Huang N (2008) Z test (Z=0.92, P=0.359) Z test (Z=5.32, P<0.001)	0.73 (0.37, 1.44) 2.26% 0.73 (0.37, 1.44) 2.26% 0.76 (0.68, 0.84) 100.00%	
D	0.21	1 4.77	
D	Included develo	rs153109 A>G (disease: allele model)	Wainhts 0/
	OC Zhang Z (2014)	0.74 (0.57, 0.94)	6.64%
	CD Lin XY (2013)	0.93 (0.69, 1.25)	5.80%
	Z test (Z=1.15, P=0.249)	0.50 (0.52, 0.79) 0.70 (0.38, 1.29)	9.42%
	Peng QL-a (2013) Zhu CL (2010) Z test (Z=1.76, P=0.078)	0.88 (0.60, 1.30) 0.61 (0.44, 0.85) 0.72 (0.51, 1.04)	4.42% 5.22% 9.64%
	LC Peng QL-b (2013) Z test ( <i>Z</i> =0.99, <i>P</i> =0.320)	0.79 (0.50, 1.25) 0.79 (0.50, 1.25)	3.62% 3.62%
	HCC Peng QL-c (2013) Z test (Z=0.16, P=0.875)	0.97 (0.66, 1.43)	4.39% 4.39%
	NPC Pan GG (2012) Z test (Z=1.07. <i>P</i> =0.283)	0.85 (0.63, 1.14)	5.79% 5.79%
	CRC	1	
	Guo JY (2012) Huang ZO (2012)	1.00 (0.72, 1.38)	5.36% 7.74%
	Guo JY (2012) Huang ZQ (2012) Z test (Z=0.34, P=0.736) Asthma Chen S (2012)	1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38)	5.36% 7.74% 13.09%
	Guo Y (2012) Huang 2Q (2012) Z test (Z=0.34, P=0.736) Asthma Chen S (2012) Qiu RF (2008) Z test (Z=0.53, P=0.599) Cr	1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38) 0.96 (0.75, 1.22) 0.95 (0.77, 1.17)	5.36% 7.74% 13.09% 4.14% 6.78% 10.92%
	Guo JY (2012) Huang 20 (2012) Z test ( $Z=0.34$ , $P=0.736$ ) Asthma Ghen S (2012) Giu RF (2008) Z test ( $Z=0.33$ , $P=0.599$ ) EC Tao YP (2012) Z test ( $Z=0.42$ , $P=0.676$ )	1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38) 0.96 (0.77, 1.27) 0.96 (0.77, 1.17) 0.96 (0.79, 1.17)	5.36% 7.74% 13.09% 4.14% 6.78% 10.92% 7.75% 7.75%
	Guo JY (2012) Huang 20 (2012) Z test (Z=0.34, P=0.736) Asthma Chen S (2012) Giu RF (2008) Z test (Z=0.53, P=0.599) EC Tao YP (2012) Z test (Z=0.42, P=0.676) SLE Lan Y (2013) Z test (Z=2.93, P=0.003)	1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38) 0.96 (0.75, 1.22) 0.95 (0.77, 1.17) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87)	5.36% 7.74% 13.09% 4.14% 6.78% 10.92% 7.75% 7.75% 3.97% 3.97%
	Guo JY (2012) Huang 20 (2012) Z test ( $Z=0.34$ , $P=0.736$ ) Asthma Chen 5 (2012) Qiu RF (2008) Z test ( $Z=0.53$ , $P=0.599$ ) EC Tao YP (2012) Z test ( $Z=0.42$ , $P=0.676$ ) SLE Lan Y (2013) Z test ( $Z=2.93$ , $P=0.003$ ) TB Zhan YZ (2009) Z test ( $Z=2.45$ , $P=0.014$ )	1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38) 0.96 (0.79, 1.27) 0.95 (0.77, 1.17) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95)	5.36% 7.74% 13.09% 4.14% 6.78% 10.92% 7.75% 7.75% 3.97% 3.97% 7.50% 7.50%
		1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38) 0.96 (0.77, 1.27) 0.95 (0.77, 1.27) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 1.88 (1.23, 2.87) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.71 (0.69, 1.19)	5.36% 7.74% 13.09% 4.14% 6.78% 10.92% 7.75% 7.75% 3.97% 3.97% 3.97% 6.20% 6.20%
		1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.91 (0.69, 1.19) 0.91 (0.69, 1.19) 0.91 (0.69, 0.92) 0.72 (0.56, 0.92)	5.36% 7.74% 13.09% 4.14% 6.78% 10.92% 7.75% 3.97% 3.97% 3.97% 7.50% 7.50% 6.20% 6.20% 6.1% 6.61%
	Guo Jr (2012) Huang 20 (2012) Z test (Z=0.34, P=0.736) Asthma Chen S (2012) Qiu RF (2008) Z test (Z=0.33, P=0.599) EC Tao YP (2012) Z test (Z=0.42, P=0.676) SLE Lan Y (2013) Z test (Z=2.45, P=0.003) TB Zhan YZ (2009) Z test (Z=2.45, P=0.014) Giloma Z test (Z=2.45, P=0.014) Giloma Z test (Z=2.45, P=0.010) COPD Z test (Z=2.45, P=0.010) COPD Z test (Z=3.5, P=0.001) Z test (Z=3.49, P<0.001)	1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38) 0.96 (0.77, 1.22) 0.95 (0.77, 1.27) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 0.97 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.63, 0.95) 0.77 (0.65, 0.92) 0.91 (0.69, 1.19) 0.91 (0.69, 1.19) 0.91 (0.69, 0.19) 0.91 (0.69, 0.74) 0.91 (0.69, 0.74)	5.36% 7.74% 13.09% 4.14% 6.78% 10.92% 7.75% 3.97% 3.97% 3.97% 7.50% 6.20% 6.61% 6.61% 6.61% 4.47% 4.47%
	Guo JY (2012) Luang 20 (2012) Z test (Z=0.34, P=0.736) Asthma Chen S (2012) Qiu RF (2008) Z test (Z=0.33, P=0.599) EC Tao YP (2012) Z test (Z=0.42, P=0.676) SLE Lan Y (2013) Z test (Z=2.33, P=0.003) TB Zhan YZ (2009) Z test (Z=2.45, P=0.014) Giloma Zhao B (2009) Z test (Z=2.45, P=0.010) (COP) Huang N (2008) Z test (Z=3.49, P<0.001) Z test (Z=3.49, P=0.002)	1.00 (0.72, 1.38) 0.96 (0.79, 1.17) 0.97 (0.82, 1.15) 0.92 (0.61, 1.38) 0.96 (0.77, 1.22) 0.95 (0.77, 1.17) 0.96 (0.79, 1.17) 0.96 (0.79, 1.17) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 1.88 (1.23, 2.87) 0.97 (0.63, 0.95) 0.77 (0.63,	5.36% 7.74% 13.09% 4.14% 6.78% 10.92% 7.75% 7.75% 3.97% 3.97% 7.50% 6.20% 6.61% 6.61% 4.47% 4.47% 100.00%

Subgroup	W allele <i>vs</i> . M (allele model)			WW + WM <i>vs</i> . MM (dominant model)			WW <i>vs</i> . WM (homozygous model)			WW <i>vs</i> . MM (heterozygous model)			WW <i>vs.</i> WM + MM (recessive model)		
analysis	OR	95%CI	P	OR	95%CI	Р	OR	95%CI	P	OR	95%CI	P	OR	95%CI	P
rs181206 T>C	0.76	0.69~0.84	< 0.001	0.78	0.69~0.87	<0.001	0.38	0.26~0.56	< 0.001	2.16	1.46~3.21	<0.001	0.29	0.20~0.43	< 0.001
RA	0.78	0.56~1.10	0.163	0.89	0.59~1.34	0.583	0.23	0.07~0.77	0.017	4.44	1.32~14.96	0.016	0.15	0.05~0.51	0.002
CD	0.83	0.58~1.19	0.302	0.83	0.56~1.23	0.348	0.69	0.16~3.00	0.625	1.22	0.28~5.43	0.790	0.56	0.13~2.44	0.442
ITP	0.69	0.53~0.88	0.004	0.69	0.50~0.94	0.020	0.34	0.17~0.70	0.003	2.24	1.08~4.63	0.030	0.24	0.12~0.49	< 0.001
NPC	0.81	0.50~1.31	0.391	0.79	0.48~1.31	0.364	-	-	-	-	-	_	-	-	-
CRC	0.78	0.61~1.01	0.058	0.78	0.59~1.03	0.081	0.60	0.26~1.40	0.237	1.27	0.53~3.07	0.592	0.52	0.23~1.21	0.130
Asthma	0.60	0.41~0.89	0.010	0.68	0.44~1.05	0.082	0.10	0.02~0.58	0.010	7.86	1.32~46.63	0.023	0.09	0.02~0.50	0.006
EC	0.79	0.64~0.97	0.026	0.79	0.63~0.99	0.041	0.14	0.02~1.11	0.062	5.78	0.70~48.01	0.104	0.11	0.01~0.90	0.039
Glioma	0.84	0.55~1.28	0.408	0.90	0.57~1.42	0.656	0.11	0.01~2.13	0.146	8.61	0.45~164.64	0.153	0.09	0.00~1.72	0.110
UC	0.75	0.52~1.09	0.132	0.70	0.47~1.05	0.085	1.22	0.27~5.49	0.798	0.56	0.12~2.62	0.460	1.04	0.23~4.67	0.963
COPD	0.73	0.37~1.44	0.359	0.70	0.34~1.44	0.336	-	-	-	-	-	-	-	-	_
rs153109 A>G	0.85	0.76~0.94	0.002	0.84	0.71~0.99	0.033	0.73	0.60~0.89	0.002	1.21	0.98~1.48	0.074	0.78	0.65~0.93	0.007
OC	0.74	0.57~0.94	0.016	1.04	0.74~1.48	0.810	0.19	0.09~0.42	< 0.001	7.39	3.41~16.04	<0.001	0.16	0.07~0.34	< 0.001
CD	0.70	0.38~1.29	0.249	0.73	0.30~1.80	0.495	0.51	0.17~1.52	0.227	1.81	1.05~3.14	0.033	0.58	0.34~0.98	0.040
СНВ	0.72	0.51~1.04	0.078	0.62	0.38~1.01	0.056	0.63	0.38~1.04	0.069	0.99	0.59~1.64	0.957	0.79	0.49~1.26	0.313
LC	0.79	0.50~1.25	0.320	0.72	0.38~1.34	0.300	0.70	0.29~1.73	0.441	1.03	0.42~2.56	0.945	0.82	0.36~1.90	0.648
HCC	0.97	0.66~1.43	0.875	0.99	0.57~1.72	0.973	0.92	0.42~2.01	0.843	1.10	0.51~2.36	0.803	0.92	0.45~1.86	0.807
NPC	0.85	0.63~1.14	0.283	0.82	0.55~1.22	0.334	0.74	0.39~1.40	0.355	1.14	0.60~2.16	0.685	0.80	0.44~1.46	0.475
CRC	0.97	0.82~1.15	0.736	1.09	0.87~1.38	0.457	0.83	0.58~1.19	0.304	1.26	0.58~2.77	0.559	0.81	0.45~1.46	0.487
Asthma	0.95	0.77~1.17	0.599	0.92	0.69~1.22	0.558	0.94	0.62~1.44	0.780	1.00	0.66~1.53	0.993	0.96	0.65~1.42	0.850
EC	0.96	0.79~1.17	0.676	0.97	0.73~1.28	0.818	0.90	0.59~1.37	0.623	1.10	0.73~1.65	0.650	0.91	0.62~1.33	0.615
SLE	1.88	1.23~2.87	0.003	2.00	1.22~3.29	0.006	3.77	0.97~14.69	0.055	0.49	0.12~1.99	0.320	3.09	0.80~11.88	0.101
ТВ	0.77	0.63~0.95	0.014	0.67	0.50~0.89	0.005	0.70	0.46~1.05	0.087	0.93	0.62~1.41	0.746	0.86	0.59~1.26	0.439
Glioma	0.91	0.69~1.19	0.481	0.97	0.65~1.43	0.864	0.77	0.44~1.35	0.363	1.36	0.79~2.35	0.272	0.75	0.45~1.26	0.275
UC	0.72	0.56~0.92	0.010	0.61	0.45~0.84	0.002	0.72	0.40~1.29	0.264	0.83	0.45~1.53	0.553	0.88	0.50~1.57	0.670
COPD	0.51	0.34~0.74	< 0.001	0.32	0.17~0.60	<0.001	0.24	0.10~0.56	0.001	1.46	0.69~3.07	0.324	0.48	0.23~0.98	0.043

Table 2. Meta-analysis of the association between *IL-27* polymorphisms and various human diseases.

W – wild allele; M – mutant allele; WW – wild homozygote; WM – heterozygote; MM – mutant homozygote; RA – rheumatoid arthritis; OC – ovarian cancer; CD – Crohn's disease; ITP – immune thrombocytopenia; T1D – type 1 diabetes mellitus; CHB – chronic hepatitis B; LC – hepatitis B virus (HBV)-related liver cirrhosis; HCC – hepatocellular carcinoma; NPC – nasopharyngeal carcinoma; CRC – colorectal cancer; EC – esophageal cancer; SLE – systemic lupus erythematosus; HBV – hepatitis B virus; TB – tuberculosis; IBD – inflammatory bowel disease; UC – ulcerative colitis; COPD – chronic obstructive pulmonary disease; PCR-RFLP – polymerase chain reaction-restriction fragment length polymorphism.

# Discussion

A meta-analysis was performed to explore the relationship between polymorphisms of rs153109 (–964 A/G), rs181206 (4730 T/C) in the *IL-27* gene and the development of some inflammatory, autoimmune diseases and cancer. The results of our metaanalysis demonstrated the relationship of the polymorphisms of rs153109 with the pathogenesis of TB, SLE, UC, COPD, and OC and the connection between polymorphisms of rs181206 with the development of ITP, asthma, and EC. Interleukins promote the development and differentiation of T and B lymphocytes, and hematopoietic cells and are involved in immune system function. Increasing data demonstrate that many human diseases may be associated with the gene polymorphisms of *IL-8, IL-6, IL-1* $\beta$ , and *IL-10* [27–30]. IL-27, a heterodimeric cytokine, consists of the Epstein Barr-virus-induced gene 3, which contains 2 cytokine-binding domains without membrane anchoring motifs and a cytoplasmic tail, having no its own activity



Figure 4. Sensitivity analysis for the influences of *IL-27* genetic polymorphism and various human diseases under the allele and dominant models ((A) Allele model of rs1181206 T>C; (B) Dominant model of rs1181206 T>C; (C) Allele model of rs153109 A>G; (D) Dominant model of rs53109 A>G).

and IL-27p28, a predicted cytokine-like protein with 4-alpha helix bundle, forming functional IL-27 [31]. IL-27, structurally linked with IL-12 and IL-23, engages a receptor of gp130 and the IL-27Rα, which could activate JAK-signal transducer, an activator of transcription and signaling of mitogen-activated protein kinase [32]. Through promoting the proliferation of T cell and inducing the production of IFN-y, IL-27 could act as a TH1 type immune response initiator to take part in host defense against pathogen infections and by suppressing effector and memory T cells expansion and inhibiting cytokine secretion, such as TH1, TH2, and TH17, IL-27, which could also act as an immune inflammatory response attenuator to participate in autoimmunity and infection [33]. IL-27 also induces tumor-specific antitumor activity, mainly by mediating CD8<sup>+</sup> T cells with enhancement of CTL activity [11]. It has been reported that IL-27 is connected with inflammatory and autoimmunity diseases and cancer by modulating Tr-1 cells, Tfh, Treg, and other linked immune cells [34]. Human IL-27 gene consists of 5 exons, with rs153109 (-964 A/G), rs181206 (4730 T/C) in the promoter of the IL-27 gene, which could modulate the expression of IL-27 [6]. Recently, increasing data found that the rs153109 and rs181206 in IL-27 gene was associated with risk of asthma [35]. One mechanism could be the polymorphism of rs153109 of the IL-27 gene just located in the disease-related locus such as UC and CD, suggesting the association with susceptibility to UC and CD [5]. Another possible mechanism is that different haplotypes and genotypes of the IL-27 gene may vary in the expression of IL-27, thus playing various roles in the progression of diseases. It was reported that the IL-27 964A/G AG genotype and IL-27 gene TGG haplotype could protect the progression of COPD, while the G allele in IL-27 964A/G might also be related to the susceptibility to SLE [21]. rs153109 is located in the promoter of IL-27, which could play a crucial role in initiating the transcription and protein expression regulation, which was associated with epithelial ovarian cancer [7]. In addition, IL-27 could trigger the proliferation of naive T-cells and implicated in the development of EC by inhibiting Th1 cytotoxic response to the delayed acquisition of



Figure 5. Funnel plot of publication biases on the relationships between *IL-27* genetic polymorphism and various human diseases under the allele and dominant models ((A) Allele model of rs1181206 T>C; (B) Dominant model of rs1181206 T>C; (C) Allele model of rs153109 A>G; (D) Dominant model of rs 153109 A>G).

common antitumor activities [6]. We conclude from the above analysis that the polymorphisms of *IL-27* participate in many diseases because of the location in the disease-related area and the promoter, and different genotypes and haplotypes of *IL-27*. Zhan et al. found that rs153109 variant was susceptible with tuberculosis due to the decreased IFN- $\gamma$  and IL-12 secretion to improve the survival of tubercle bacilli in the macrophages to abate the immune reaction to tubercle bacilli (*http:* //www.cabdirect.org/abstracts/20103084194.html;jsessionid= 43F95B13D04B3CF47861675891E2BCC6).

Considering that possible related influential factors may influence the link of rs153109 and rs181206 in *IL-27* gene polymorphisms and the development of diseases, we conducted a stratified analysis based on different diseases and detection methods. Subgroup analysis of different diseases show that the *IL-27* gene polymorphisms are related with specific diseases, such as ITP, OC, TB, CD, UC, asthma, EC, and COPD, which may due to different pathogenesis of different diseases. In conclusion, our results are consistent with other studies reporting that the polymorphisms of rs153109 and rs181206 in the *IL-27* gene have a close relationship with many diseases, suggesting the *IL-27* gene polymorphisms may be important in disease diagnosis and prognosis.

Some limitations of our study need to be noted. Firstly, only 2 SNPs (rs153109 and rs181206), widely discussed in various research, were investigated in our study. Additional genomic *loci* (such as rs17855750) should be covered in larger samples and with a broader coverage of genetic variation across the human genome [33]. Moreover, although the current study covers a great range of human diseases in Asian populations, the sample size for each disease was rather limited. Finally, further investigations to identify *IL-27* rs153109 and rs181206 polymorphisms with human diseases are needed to validate and confirm our results.

### Conclusions

Taken together, our findings suggest that the genetic polymorphism of *IL-27* rs153109 and rs181206 may be involved in the progression of human cancers and diseases, especially of TB, UC, COPD, OC, and ITP. Clinical studies and functional analyses are required to investigate the mechanisms underlying the association of other genomic *loci* in the *IL-27* gene or the role of the IL-12 cytokine family with the risk of human cancers and diseases.

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#### **Competing interests**

We declare that we have no conflicts of interest.

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