

# Epidemiology, Clinical Manifestations, and Outcome of Mucormycosis in Solid Organ Transplant Recipients: A Systematic Review of Reported Cases

Emanuele Palomba,<sup>1,2,✉</sup> Marta Colaneri,<sup>1,2,✉</sup> Cecilia Azzarà,<sup>3</sup> Marco Fava,<sup>3</sup> Angelo Maccaro,<sup>3</sup> Giulia Renisi,<sup>3</sup> Giulia Viero,<sup>3</sup> Harsimran Kaur,<sup>4,✉</sup> Arunaloake Chakrabarti,<sup>5,✉</sup> Andrea Gori,<sup>1,2</sup> Andrea Lombardi,<sup>3,6,a,✉</sup> and Alessandra Bandera<sup>3,6,a</sup>

<sup>1</sup>Department of Infectious Diseases, Luigi Sacco Hospital, Milan, Italy, <sup>2</sup>Centre for Multidisciplinary Research in Health Science, University of Milan, Milan, Italy, <sup>3</sup>Infectious Diseases Unit, Foundation IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy, <sup>4</sup>Department of Medical Microbiology, Postgraduate Institute of Medical Institution and Research, Chandigarh, India, <sup>5</sup>Department of Infectious Disease and Microbiology, Doodhadhari Burfani Hospital and Research Institute, Haridwar, India, and <sup>6</sup>Department of Physiopathology and Transplantation, University of Milan, Milan, Italy

Mucormycosis is an emerging disease primarily affecting the immunocompromised host, but scarce evidence is available for solid organ transplant recipients (SOTRs). We systematically reviewed 183 cases occurring in SOTRs, exploring epidemiology, clinical characteristics, causative pathogens, therapeutic approaches, and outcomes. Kidney transplants accounted for half of the cases, followed by heart (18.6%), liver (16.9%), and lung (10.4%). Diagnosis showed a dichotomous distribution, with 63.7% of cases reported within 100 days of transplantation and 20.6% occurring at least 1 year after transplant. The 90-day and 1-year mortality rates were 36.3% and 63.4%, respectively. Disseminated disease had the highest mortality at both time points (75% and 93%). Treatment with >3 immunosuppressive drugs showed a significant impact on 90-day mortality (odds ratio [OR], 2.33; 95% CI, 1.02–5.66;  $P = .0493$ ), as did a disseminated disease manifestation (OR, 8.23; 95% CI, 2.20–36.71;  $P = .0027$ ) and the presence of diabetes (OR, 2.35; 95% CI, 1.01–5.65;  $P = .0497$ ). Notably, prophylaxis was administered to 12 cases with amphotericin B. Further investigations are needed to validate these findings and to evaluate the potential implementation of prophylactic regimens in SOTRs at high risk.

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<sup>a</sup>A. L. and A. B. share last authorship.

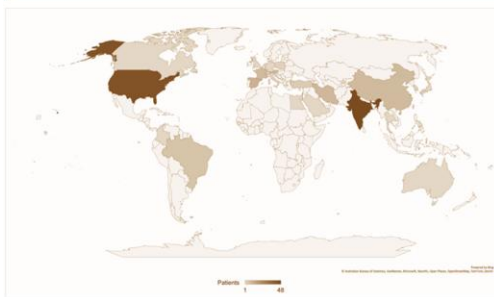
Correspondence: Andrea Lombardi, MD, Department of Pathophysiology and Transplantation, University of Milan, via Francesco Sforza 35, 20135 Milan, Italy ([andrea.lombardi@unimi.it](mailto:andrea.lombardi@unimi.it)); Emanuele Palomba, MD, Department of Infectious Diseases, Luigi Sacco Hospital, via Giovan Battista Grassi 74, 20157 Milan, Italy ([palomba.emanuele@asst-fbf-sacco.it](mailto:palomba.emanuele@asst-fbf-sacco.it)).

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## Epidemiology, clinical manifestations, and outcome of mucormycosis in solid organ transplant recipients: a systematic review of reported cases



183 cases of mucormycosis in SOTR

- 51.7% from Asia
- 21.5% from Europe
- 20.3% from North America



SOT

- 50.8% kidney transplants
- 18.6% heart transplants
- 16.9% liver transplants
- 10.4% lung transplants



Diagnosis showed a dichotomous distribution, with 63.7% of cases reported within 100 days of transplantation and 20.6% occurring at least one year after transplant



The 90-day and 1-year mortality rates were 36.3% and 63.4%, respectively. Disseminated disease had the highest mortality at both time points (75% and 93%)



Treatment with more than three immunosuppressive drugs showed a significant impact on 90-day mortality (OR 2.33, 95%CI 1.02-5.66; p=0.0493).

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**Keywords.** epidemiology; mortality; mucormycosis; organ transplant; systematic review.

### INTRODUCTION

In recent years, the global burden of invasive fungal disease caused by pathogens from the order Mucorales—including *Rhizopus*, *Rhizomucor*, *Mucor*, *Lichtheimia*, *Apophysomyces*, *Cunninghamella*, *Saksenaea*, and other rarer species [1]—has grown to become the second-most common pathogens after *Aspergillus* in patients with hematologic malignancies, hematopoietic stem cell transplantation, and solid organ transplantation (SOT) [2, 3]. Mucorales primarily infects humans when spores are inhaled, with the lungs and sinuses being common sites of initial infection. Additionally, infections can occur through skin breaks, burns, or traumatic injuries involving soft tissues.

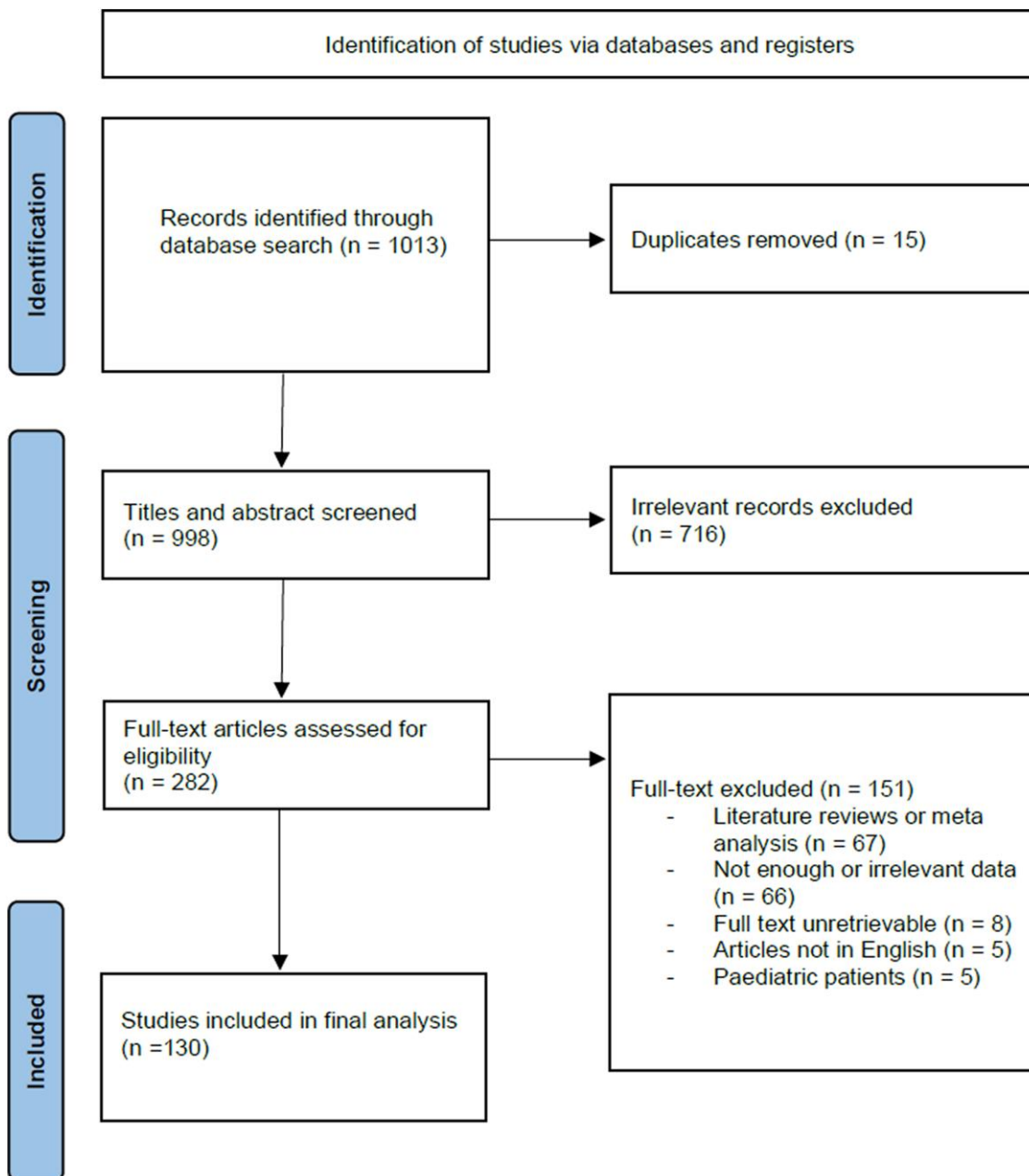
Invasive mucormycosis predominantly affects individuals with compromised immune systems (eg, uncontrolled diabetes mellitus) and significant comorbidities, especially when risk factors are present, such as trauma or indwelling of medical devices. In immunocompromised hosts, the initial colonization can lead to severe conditions, spreading to the eyes, central nervous system, and gastrointestinal tract. Mucormycosis is a severe condition, with mortality rates ranging from 46% to >90%, depending on disease localization, patients' immune status, and species identified [1, 4]. The main therapeutic option is surgical debridement, supported by antifungal treatment. Antimicrobial resistance is difficult to define, as clinical breakpoints have not

been established [5]. The diagnosis of mucormycosis is often complicated, and recent advances in mycology have shown that the burden of the disease is more significant than expected a few decades ago [6]. In addition, progress in transplantation medicine and oncohematology, along with the diffusion of immunomodulating therapy for patients with other diseases (eg, autoimmune conditions), has undoubtedly widened the population at risk of invasive fungal disease.

The limited evidence on mucormycosis is currently derived from clinical studies, predominantly case reports and case series. This is especially evident for individuals who have undergone SOT. Therefore, we performed a systematic review of cases of mucormycosis in SOT recipients (SOTRs) published between January 2002 and December 2022. We aimed to explore the epidemiology, clinical and radiologic characteristics, causative pathogens, therapeutic approaches, and outcomes within this specific population.

### METHODS

The study protocol of this systematic review was registered on PROSPERO (CRD42023387356) and reported following the PRISMA guidelines (Preferred Reporting Items for Systematic Reviews and Meta-analyses) [7]. The electronic search was performed on the PubMed, Scopus, and Embase databases with



**Figure 1.** PRISMA diagram depicting the case selection process. PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-analyses.

keywords referring to mucormycosis and SOT. Searches were limited to studies involving humans and those published in English from January 2002 to December 2022. A manual search of publications that the electronic search might have missed was subsequently performed. The details of this search are presented in the [Supplementary Table 1](#).

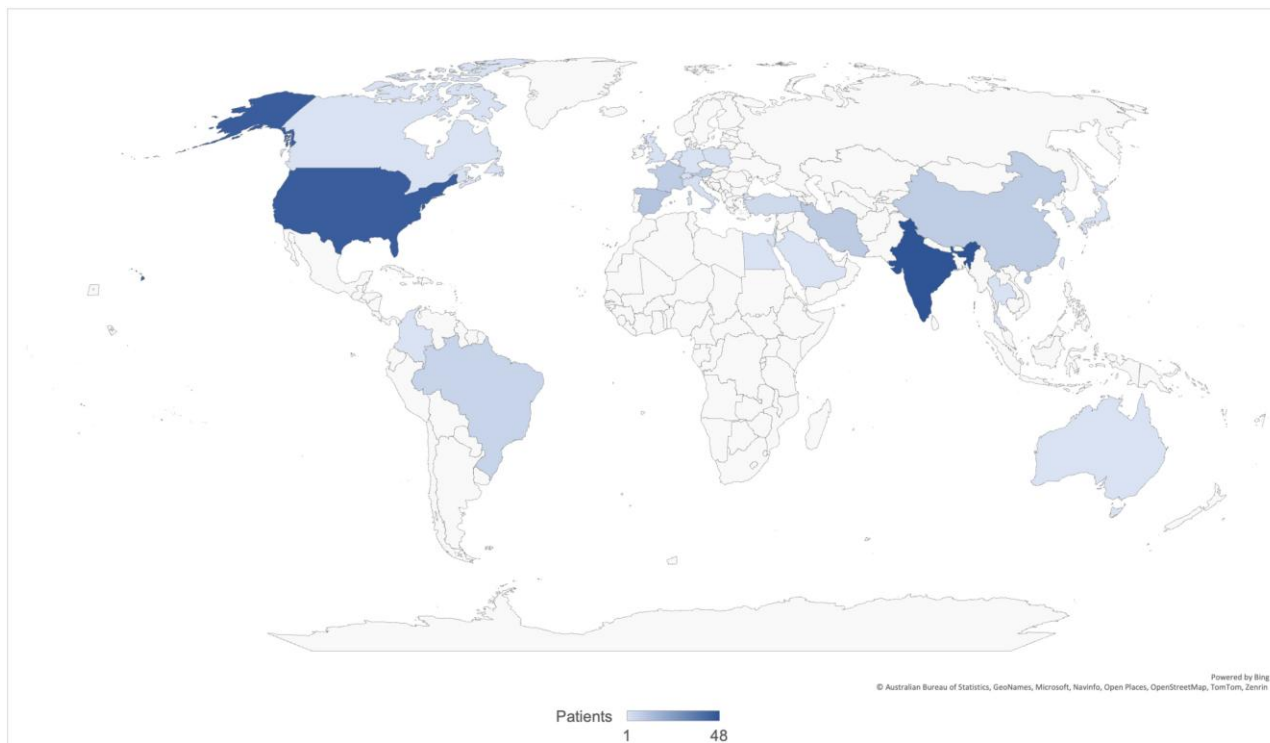
#### Eligibility Criteria

We reviewed the published case reports and case series of proven/probable mucormycosis [8, 9] occurring in adult patients who have undergone SOT. Studies had to describe a case of

mucormycosis occurring in adult SOTRs; we did not apply exclusion criteria regarding the availability of all the selected study variables. Studies were excluded if (1) they were congress abstracts, letters, or commentaries; (2) they included only patients aged <18 years; and (3) they computed mortality excluding early deaths. Mortality was considered at 2 time points: 90 days and 1 year after mucormycosis diagnosis.

#### Screening of the Articles and Data Extraction

The records identified through the electronic search were exported to a specifically developed electronic spreadsheet. Four



**Figure 2.** Geographic distributions of mucormycosis cases in solid organ transplant recipients in our review. The higher the color intensity, the higher the number of patients from the country.

authors independently screened the titles and abstracts of the records, assessing them against predefined criteria for inclusion and exclusion. Following this initial screening, the full texts of the selected documents were obtained and scrutinized against the same criteria. Consensus discussions involving a fifth reviewer resolved any discrepancies during these 2 phases.

Four independent reviewers performed the data extraction, and disagreements regarding the inclusion of studies were resolved through consensus. In cases where we encountered missing data within a considered article, we reached out to the authors to request undisclosed information or additional details. Extracted variables were as follows:

- Characteristics of the studies: author and title, country, publication year, study design, and number of patients
- Sociodemographic characteristics of the patients in the studies: age, sex, and ethnicity
- Clinical characteristics of the patients in the studies, including underlying conditions at the time of infection: diabetes mellitus, renal replacement therapy, major trauma, cytomegalovirus disease, liver disease or malignancies after SOT, neutropenia, and iron overload
- SOT characteristics of the patients in the studies: SOT type (kidney, heart, liver, lung, or other solid organs), time since SOT, SOT-related complications, and SOT-related

treatments—namely, number and type of administered immunosuppressant drugs and prophylactic antifungal therapies

- Characteristics of the mucormycosis infection affecting the patients in the study: the identified microorganism, the disease’s manifestations, the chest image results, and the type of administered therapeutic antifungal agents. Specifically, we categorized the clinical manifestations of mucormycosis, which can involve rhino-orbital cerebral, pulmonary, cutaneous, or disseminated forms, according to the primarily affected body sites and the extent of infection at the point of diagnosis. We applied criteria adapted from previous definitions for this categorization [1].
- Data about the need for surgery, retransplantation, 90-day and 1-year mortality, and surgical sequelae

#### Study Outcomes

The study’s primary outcome was to describe clinical and microbiologic characteristics of SOTRs who developed mucormycosis. The secondary aim was to assess those demographic and clinical characteristics associated with 90-day mortality of SOTRs who developed mucormycosis.

#### Statistical Analysis

Study characteristics were described by count and percentage or median and IQR, as appropriate. A descriptive summary

**Table 1. Epidemiologic and Clinical Characteristics of SOT Recipients With Mucormycosis**

Variable	No. (%) <sup>a</sup>
Sex	183
Male	136 (74.3)
Female	47 (25.7)
Age, y, median (IQR)	40.0 (40–56.5)
Underlying condition at time of infection	
Diabetes mellitus	73/173 (42.2)
Renal replacement therapy	30/137 (21.9)
Major trauma <sup>b</sup>	18/183 (9.8)
Cytomegalovirus disease	10/183 (6.0)
Liver disease after SOT	10/137 (7.3)
White blood cell count, <500/mm <sup>3</sup>	3/183 (1.6)
Iron overload	2/165 (1.2)
Malignancies after SOT	2/137 (1.5)
SOT type	183
Kidney	93 (50.8)
Heart	34 (18.6)
Liver	31 (16.9)
Lung	19 (10.4)
Other <sup>c</sup>	6 (3.3)
Time since SOT	165
<30 d	58 (35.2)
30–100 d	47 (28.5)
101–180 d	11 (6.7)
181–365 d	15 (9.1)
>1 y	34 (20.6)
SOT complications	
Rejection	46/149 (30.9)
Reoperation	27/178 (15.2)
Re-transplantation	18/178 (10.1)
No. of immunosuppressants	183
≤3	52 (28.4)
>3	131 (71.6)
Antifungal prophylaxis	164
No	108 (65.9)
Yes	56 (34.1)
Antifungal agent used for prophylaxis <sup>d</sup>	53
Fluconazole	20 (37.8)
Amphotericin B	12 (22.6)
Terbinafine	6 (11.3)
Voriconazole	4 (7.5)
Anidulafungin	3 (5.7)
Flucytosine	3 (5.7)
Nystatin	3 (5.7)
Miconazole	2 (3.8)

Abbreviation: SOT, solid organ transplantation.

<sup>a</sup>Percentage of the available records.

<sup>b</sup>Motor vehicle accident, surgery, natural disaster, open wound.

<sup>c</sup>Other: 2 multivisceral transplantations (stomach, liver, duodenum-pancreas, small bowel, colon), 1 liver-pancreas, 1 liver-kidney, 1 kidney-heart, 1 kidney-pancreas.

<sup>d</sup>53 cases where antifungal agent used for prophylaxis was available.

was performed for patient characteristics, disease symptoms, and the pathogens causing the disease. Categorical variables were evaluated by chi-square or Fisher exact test. A multivariate logistic regression to assess the risk factors associated with 90-day mortality of mucormycosis was then performed,

**Table 2. Microbiological, Clinical, and Therapeutic Characteristics of Mucormycosis Solid Organ Transplant Recipients**

Variable	No. (%) <sup>a</sup>
Organism identified	124
<i>Rhizopus</i> spp	52 (41.9)
<i>Mucor</i> spp	35 (28.2)
<i>Lichtheimia</i> spp <sup>b</sup>	20 (16.1)
<i>Cunninghamella</i> spp	6 (4.8)
<i>Rhizomucor</i> spp	5 (4.0)
<i>Apophysomyces</i> spp	4 (3.2)
<i>Saksenaea</i> complex	1 (0.8)
Other, unspecified	1 (0.8)
Disease manifestation	171
Pulmonary	42 (24.6)
Rhino-orbital cerebral	42 (24.6)
Gastrointestinal	29 (17.0)
Cutaneous	27 (15.8)
Disseminated	17 (10.0)
Other <sup>c</sup>	14 (8.2)
Chest imaging	80
Lobular consolidation	28 (35.0)
Cavitary lesion	23 (28.8)
Disseminated	3 (3.8)
Solitary nodule	3 (3.8)
No lesion	2 (2.5)
Other	21 (26.2)
Antifungal agents administered	183
Amphotericin B	163 (89.1)
Posaconazole	49 (26.8)
Anidulafungin	4 (3.0)
Fluconazole	3 (1.6)
Isavuconazole	5 (2.7)
Ketoconazole	3 (1.6)
Miconazole	5 (2.7)
Nystatin	5 (2.7)
Voriconazole	9 (5.0)
Caspofungin	5 (2.7)
Itraconazole	2 (1.1)
Terbinafine	1 (0.5)

<sup>a</sup>Percentage of the available records.

<sup>b</sup>*Lichtheimia* spp, formerly *Absidia* spp.

<sup>c</sup>Other disease localizations: 5 renal infections, 3 hepatic infections, 1 oral infection, 1 endovascular device infection, 1 mediastinitis, 3 unspecified.

adjusting for demographic and clinical features (age, sex, type of SOT, rejection, diabetes mellitus, disseminated disease, presence of surgical treatment and therapy with >3 immunosuppressive drugs).  $P \leq .05$  indicated statistical significance. Analyses were performed with R version 4.2.1.

## RESULTS

A total of 1013 articles were identified through the database search. After removal of duplicates and screening of titles and abstracts, 282 full-text articles were assessed for eligibility, with 130 studies in the final analysis: 117 case reports of single patients [10–125], 8 case reports of 2 patients [126–133], 4 case series describing  $\geq 3$  patients [134–137], and a multicenter



**Table 3. Outcomes of 183 Solid Organ Transplant Recipients With Mucormycosis**

Variable	Rhino-orbital Cerebral (n = 42)	Pulmonary (n = 42)	Cutaneous (n = 27)	Disseminated (n = 17)	Gastrointestinal (n = 29)	Other <sup>a</sup> (n = 14)	Total (N = 183)
Surgical intervention	25/42 (59.5)	16/39 (41.0)	14/27 (51.9)	3/17 (17.6)	18/29 (62.1)	11/14 (78.6)	88/179 (49.2)
90-d mortality	12/41 (29.3)	16/37 (43.2)	6/26 (23.1)	12/16 (75.0)	11/29 (37.9)	4/12 (33.3)	62/171 (36.3)
1-y mortality	12/20 (60.0)	18/26 (69.2)	10/15 (66.7)	14/15 (93.3)	12/22 (54.5)	4/12 (33.3)	71/112 (63.4)
Need for retransplant	0/18 (0.0)	2/23 (8.7)	0/14 (0.0)	1/14 (7.1)	2/20 (10.0)	1/12 (8.3)	6/102 (5.9)
Surgical sequelae	2/18 (11.1)	0/22 (0.0)	2/13 (15.4)	1/12 (8.3)	3/20 (15.0)	1/12 (8.3)	9/98 (9.2)

<sup>a</sup>Other disease localizations: 5 renal infections, 3 hepatic infections, 1 oral infection, 1 endovascular device infection, 1 mediastinitis, 3 unspecified.

observational study of 30 patients [138], accounting for a total of 183 cases of mucormycosis in SOTRs (Figure 1).

### Demographic Characteristics and Underlying Conditions

The 183 patients with mucormycosis analyzed in our study were predominantly male (n = 136, 74.3%), and their median age was 40 years (IQR, 40–56.5). Half of cases (51.7%) were from Asia, while Europe and North America accounted for 21.5% and 20.3% of reports, respectively. The geographic distribution of cases is depicted in Figure 2. Diabetes mellitus was the most common underlying condition (73/173, 42.2%), followed by renal replacement therapy (30/137, 21.9%) and major trauma (18/183, 9.8%), while other conditions were infrequent, such as severe neutropenia (white blood cell count <500 cells/mm<sup>3</sup>; 7.3%) and iron overload (6%). Patients' demographics and underlying conditions are described in Table 1.

### SOT Characteristics

Half of the cases were represented by kidney transplant (KT) recipients (93/183, 50.8%), followed by heart (34/183, 18.6%), liver (31/183, 16.9%), and lung (19/183, 10.4%). Mucormycosis was diagnosed more frequently within the first 30 days post-SOT (58/165, 35%), and 63.7% of cases were reported within 100 days from transplantation. One-fifth of infections (34/165, 20.6%) were diagnosed after at least 1 year from transplant. The most frequent SOT complication described preceding mucormycosis was rejection (46/149, 30.9%), while one-fourth of patients underwent reoperation or retransplantation (45/178, 25.2%). Regarding the immunosuppressive drugs used, 71.6% (131/183) of patients received >3 drugs, with corticosteroids, tacrolimus, and mycophenolic acid being the most common. One-third of SOTRs (56/164, 34%) received antifungal prophylaxis, which was potentially effective against Mucorales (amphotericin B [AmB]) in 22.6% of cases (12/53; Table 1 and Supplementary Table 2).

### Microbiological, Clinical, and Therapeutic Characteristics

*Rhizopus* was the most common species isolated from clinical specimens (52/124, 41.9%) and, with *Mucor* and *Lichtheimia*, accounted for 86.2% (107/124) of cases. The 2 most common

disease manifestations were pulmonary and rhino-orbital cerebral, each with 24.6% of reports, while 10% of cases (17/171) were from disseminated disease. AmB was the most used antifungal agent (163/183, 89.1%) and was mainly administered as first-line intravenous therapy for a median 40 days. Posaconazole was given in a quarter of all cases (49/183, 26.8%) and was mainly used as oral step-down therapy for an average of 93 days after intravenous AmB. When antifungal susceptibility essays were available, AmB and posaconazole were active in less than a third of cases, at 31% (9/29) and 30% (9/30), respectively (Table 2, Supplementary Tables 3 and 4).

### Outcomes by Disease Manifestation

Surgical debridement was performed in half of the cases (88/179, 49.2%), more frequently in gastrointestinal (18/29, 62.1%), rhino-orbital cerebral (25/42, 59.5%), and cutaneous (14/27, 51.9%) forms and less frequently in disseminated disease, which accounted for 17.6% (3/17) of cases. The overall 90-day and 1-year mortality rates were 36.3% (62/171) and 63.4% (71/112), respectively. Disseminated disease had the highest mortality at both time points, with 75% (12/16) of patients dying at 90 days and 93% (14/15) of patients not surviving at 1 year. When localized disease was analyzed, pulmonary (16/37, 43.2%) and gastrointestinal (11/29, 37.9%) involvement had the lowest survival rate at 3 months after disease onset, while cutaneous forms had the lowest mortality (6/26, 23%). Two-thirds of patients affected by any form had died in 1 year (Table 3).

### Variables Associated With 90-Day Mortality

Regarding the secondary outcome, after accounting for potential confounders (age, sex, SOT type, rejection, diabetes mellitus, disseminated disease, presence of surgical treatment, and administration of >3 immunosuppressant drugs after SOT), the multivariate logistic regression model showed that the following had a significant impact on 90-day mortality: disseminated form (odds ratio [OR], 8.23; 95% CI, 2.20–36.71; *P* = .0027), diabetes mellitus (OR, 2.35; 95% CI, 1.01–5.65; *P* = .0497), and being treated with >3 immunosuppressant drugs (OR, 2.33; 95% CI, 1.02–5.66; *P* = .0493; Supplementary Table 5).

## DISCUSSION

In this systematic review, we provided new insights into epidemiology, clinical and microbiological characteristics, management approaches, and outcomes of SOTRs affected by mucormycosis. Furthermore, our investigation confirmed the critical role of immunosuppression in supporting disease development and influencing mortality rates within this vulnerable cohort.

Half of the cases originated from Asian countries, while North America and Europe each contributed a fifth. This geographic distribution may be partly explained by the high prevalence of type 2 diabetes in Asia, a well-known risk factor for mucormycosis, particularly given that >60% of the world's patients with diabetes reside in this continent [139]. This factor likely compounds with other risk factors among SOTRs, emphasizing the highlighted geographic pattern. Moreover, countries undergoing rapid industrial and economic growth, such as China and India, face social and environmental issues that significantly contribute to fungal diseases. These issues, including air pollution, reduced biodiversity, and meteorological conditions, may elevate host exposure to pathogens [140]. Finally, it should be noted that a substantial portion (16%) of analyzed cases came from a large multicenter study in India [138], which undeniably influenced the overall geographic distribution of cases.

In line with previous studies [4], mucormycosis was reported more frequently in KT recipients, accounting for 51.8% of cases. This finding may be mainly attributed to the higher global prevalence of KT, which accounts for 64% of SOTs worldwide [141]. However, other factors may be at play. First, diabetic nephropathy, accounting for >40% of KT [142], persists as a significant risk factor posttransplant due to ongoing impaired glucose metabolism and showed a significant impact on 90-day mortality in our multivariate analysis. Second, KT candidates are frequently hyperimmunized due to previous exposure to foreign antigens, particularly human leukocyte antigens [143]. This poses a challenge because it increases the risk of hyperacute or acute antibody-mediated posttransplant rejection, requiring specific immunosuppressive regimens or strategies (eg, plasmapheresis) that may increase the global "net state of immunosuppression," resulting in an enhanced infectious risk [144]. Finally, up to 30% of people who receive a KT will experience some degree of rejection [145], which exposes the patient to higher levels of immunosuppression and increases the risk of graft loss and the need for retransplantation or additional surgical procedures. Overall, it appears that immunosuppression, both iatrogenic and related to the patient's underlying conditions, plays a pivotal role in driving the occurrence of mucormycosis.

Concerning the transplant procedure, the onset of mucormycosis exhibited a dichotomous distribution, with 63.7% of

cases reported within 100 days of transplantation and 20.6% diagnosed at least 1 year after SOT. These findings differ from the paradigmatic infection timeline after SOT, which places the onset of invasive fungal disease at 6 to 12 months posttransplant [146]. The prolonged state of immunosuppression undoubtedly contributes to developing mucormycosis following SOT. Still, its onset appears to be influenced by the intensity rather than the duration of the impairment of the immune system. Indeed, the cases were characterized by a high prevalence of rejection (30%) and by the use of >3 immunosuppressive drugs (71.6%). The latter significantly affected 90-day mortality in the multivariate logistic regression model (OR, 2.33; 95% CI, 1.02–5.66;  $P = .0493$ ).

Interestingly, we observed cases of infection in SOTRs even when antifungal prophylaxis was administered. While this observation is less relevant in instances where fluconazole or voriconazole was used, since these agents are usually ineffective against Mucorales, it is concerning to highlight that 12 cases were reported in patients receiving AmB, the first-line agent for mucormycosis in those without preexisting renal disease [147]. Unfortunately, it was impossible to verify the administration schedule or the dosage employed to understand the role of subtherapeutic drug concentration. Still, these data stress the concept of possible breakthrough mucormycosis despite ongoing prophylaxis with AmB, as reported for other invasive fungal infections, such as aspergillosis [148, 149]. Where noted, antimicrobial susceptibility testing (AST) showed a lack of activity for agents considered among the main treatment options for mucormycosis. Particularly, AmB was inactive against the isolate in 30 cases, while posaconazole, the first-line agent (with isavuconazole) for patients with renal impairment, was inactive in 21 cases. These results highlight the importance of obtaining the AST for the clinical management of patients with mucormycosis. They also support the use of combination therapy as a first-line approach in cases where AST is unavailable despite scarce evidence from available studies [150].

Consistently with previous reviews of cases [1, 4], *Rhizopus* and *Mucor* were the most prevalent species. The landscape of mucormycosis etiology will be shaped in the following decades by climate change and mycology advances. The latter will allow the detection of cases that would have been previously misdiagnosed or not identified. A recent study [6] identified a novel *Apophysomyces* species, highlighting the importance of collaboration among clinicians, pathologists, and microbiologists to achieve timely diagnosis using a combination of conventional culture, phenotypic, and morphologic analysis with molecular testing based on real-time polymerase chain reaction.

The spectrum of manifestations in SOTRs closely mirrors that in a recent systematic review involving 851 patients, irrespective of underlying conditions. Pulmonary and rhino-orbital cerebral manifestations accounted for half of the cases (49.2%), whereas disseminated disease was diagnosed in 10% of patients, as

compared with 54% and 13%, respectively, reported by Jeong et al. Interestingly, we found a higher incidence of gastrointestinal manifestations (17% vs 8%) [4]; this may be partially explained by the fact that abdominal surgery was performed in most cases. Notably, the disseminated form showed a significant association with 90-day mortality.

The predominant treatment approach involved combination therapy, with AmB as the backbone, followed by or with an azole (most commonly posaconazole). The duration of treatment exhibited heterogeneity, with initial intravenous therapy lasting a median 40 days, followed by oral step-down treatment for a median 3 months. The optimal duration for treating mucormycosis remains undefined and is often intricately linked with immunosuppression management. Recent literature suggests a mean duration of approximately 6 months [147], which is consistent with our findings. Shorter regimens in SOTRs are typically reserved for patients with relatively mild disease and those whose surgical debridement has successfully achieved source control.

Surgery was indeed performed in half of the patients (49.2%). Analysis of the different manifestations revealed that patients with gastrointestinal, rhino-orbital cerebral, and cutaneous forms underwent surgery more frequently (62.1, 59.5%, and 51.9%, respectively), while only 17.6% of those with disseminated disease were treated surgically. As stated by recent international guidelines, surgical treatment is the mainstay of mucormycosis management whenever viable, leading to higher cure and survival rates [147]. Surgery can be separated into major groups: debridement of the skin and soft tissue, debridement of rhino-orbital cerebral mucormycosis, orbital exenteration, lung resection, and debridement of bone, as well as visceral resections in, for example, liver, spleen, peritoneal structures, or transplanted organs. The surgical approach should be timely and complete, requiring repeated resection or debridement.

In our analysis of cases, mucormycosis mortality rates at 3 and 12 months were significant, as expected, particularly for pulmonary (43.2% and 69.2%) and disseminated (75% and 93.3%) forms. However, with 63.4% of patients dying in 1 year, the overall mortality rate for any manifestation of the disease was notable and higher than the 48% reported by Roden et al in the only available analysis that included details on SOTRs [1]. These findings may be partly explained by the predominance of cases from Asia, where the prognosis is worse, and by changes in the characteristics of patients undergoing transplantation over the last 2 decades.

### Limitations

Our study has some inherent limitations related to its design. Information was extrapolated from reports available in the literature, and missing data were common, although attempts were made to obtain them by contacting the authors. In addition, our study collected cases from all over the world and

therefore presents a heterogeneity in terms of epidemiology, risk factors, and resources available for diagnosis and treatment. Notably, up to 51.7% of cases came from Asia, predominantly India, where previous studies on mucormycosis have shown a higher risk of infection with a worse prognosis, introducing a potential bias.

Publication bias is also a limiting factor, as reports tend to describe rare or atypical disease manifestations, potentially excluding more common findings. However, this issue may be partially mitigated because we focused on SOTRs, a specific population in which cases are more likely to be reported, even if they have typical presentations.

Finally, despite the systematic search strategy, we likely still missed cases aggregated in more extensive series, including 35 SOT cases with COVID-19-associated mucormycosis published as part of a larger meta-analysis, for which only a published preprint was available at the time of the literature search, which was missed by our manual search [151].

## CONCLUSIONS

Our study represents the largest description of mucormycosis among SOTRs available in current literature. We have confirmed the severity of this condition and found a significant association between its related mortality and the degree of immunosuppression experienced by the recipient, along with better-known risk factors such as diabetes and disseminated disease. Notably, we have brought attention to a previously overlooked peak in occurrences during the early posttransplant period. It is incumbent on the scientific community to embark on further investigations to validate the robustness of these findings. Specifically, there is an urgent call for comprehensive investigations, with mindful consideration for potential antifungal prophylactic regimens tailored to combat agents responsible for mucormycosis in carefully selected high-risk cases. This pursuit of additional empirical evidence will strengthen our understanding of the ailment and contribute to refining preventive measures, thereby advancing the overall care paradigm for SOTRs.

### Supplementary Data

[Supplementary materials](#) are available at *Open Forum Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

### Notes

**Author contributions.** A. L. and E. P. conceived the research question and study design; A. L., E. P., C. A., M. F., A. M., G. R., and G. V. reviewed the articles and extracted the data; H. K. and A. C. provided supplementary data on their cohort; M. C. performed the analysis; A. L., E. P., and M. C. wrote the first draft; A. G. and A. B. supervised the study; all authors contributed to and revised the submitted version of the manuscript.



**Data availability.** Data are available on reasonable request.

**Patient consent.** This study did not include factors requiring patient consent.

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