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Neurological Manifestations in Parry–Romberg Syndrome: 2 Case Reports

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Abstract: Parry–Romberg syndrome (PRS) is a variant of morphea usually characterized by a slowly progressive course. Clinical and radiological involvement of the central nervous system may be observed in PRS.

We describe 2 patients with PRS and neurological symptoms (one with trigeminal neuralgia associated with deafness, and the second with hemifacial pain associated with migraine without aura) in conjunction with abnormal cerebral MRI including white matter T2 hyperintensities and enhancement with gadolinium. Despite the absence of specific immunosuppressive treatments, both patients have presented stable imaging during follow-up without any clinical neurologic progression. We have performed a large review of the medical literature on patients with PRS and neurological involvement (total of 129 patients)

Central nervous system involvement is frequent among PRS patients and is inconsistently associated with clinical abnormalities. These various neurological manifestations include seizures, headaches, movement disorders, neuropsychological symptoms, and focal symptoms. Cerebral MRI may reveal frequent abnormalities, which can be bilateral or more often homolateral to the skin lesions, localized or so widespread so as to involve the whole hemisphere: T2 hyperintensities, mostly in the subcortical white matter, gadolinium enhancement, brain atrophy, and calcifications. These radiological lesions do not usually progress over time. Steroids or immunosuppressive treatments are controversial since it remains unclear to what extent they are beneficial and there is often no neurological progression.

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Abbreviations: CNS = central nervous system, CSF = cerebrospinal fluid, CT = computerized tomography, EEG = electroencephalography, FLAIR = fluid-attenuated inversion recovery, IgG = immunoglobulin G, MRI = magnetic resonance imaging, magnetic resonance angiography, NAA = N-acetyl-aspartate, PRS = Parry–Romberg syndrome, SPECT = single-photon emission computed tomography.

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INTRODUCTION

P arry–Romberg syndrome (PRS), which is also known as "progressive facial hemiatrophy," was first described by Caleb Parry in 1825 and by Moritz Romberg in 1846.¹ As a localized scleroderma, it is usually characterized by a benign prognosis and the absence of significant internal organ lesions. However, evidence of clinical and radiological involvement of the central nervous system (CNS) has increased over the years.^{1,2} Herein, we have described 2 cases of PRS in which neurological involvement is demonstrated, with a large-scale review of the medical literature.

METHODS

We have observed 2 patients with neurological symptoms and PRS. A review of the literature of neurological complications of PRS has also been performed by searching in *Pubmed, Google Scholar*, and *Sciencedirect* (from 1995 to 2015) with the terms: [neurological complications AND Parry–Romberg syndrome] OR [neurology AND Parry–Romberg syndrome] OR [pain AND Parry–Romberg syndrome] OR [MRI AND Parry–Romberg syndrome] OR [brain AND Parry– Romberg syndrome] OR [neurological complications AND en coup de sabre] OR [neurology AND en coup de sabre] OR [pain AND en coup de sabre] OR [MRI AND en coup de sabre] OR [brain AND en coup de sabre].

Among all the case reports and series of cases found, we have selected only those with enough clinical (sex of the patient, age at onset of disease, age at onset of neurological symptoms, and description of neurological symptoms), radiological (brain CT scan description and/or brain MRI description), and if possible biological (cerebrospinal fluid: cells count, protein level and oligoclonal bands) data.

CASE REPORTS

Patient 1

A 55-year-old man had come to our outpatient clinic for 10 years as he was suffering from right trigeminal neuropathic pain with facial hypoesthesia and paresthesia, associated with right deafness. The pain was located in the right V2 distribution (lower part of the right nostril, cheekbone, cheek, and superior hemilip). He most often compared his pain to an electrical discharge that lasted from a few seconds to several minutes and more rarely described it as a continuous dull and achy, or latent pain. He rated its intensity between 2 and 7 on a 10-point verbal rating scale. The pain was triggered by chewing, tooth brushing of the right upper gum, shaving of the right upper hemilip, and more rarely by shampooing of the hair. He experienced several shooting pains every day during a few days to 2 weeks several times a year. There was no nausea, photophobia, phonophobia, or osmophobia associated with the pain, nor was it exacerbated by movement. On clinical examination, he also presented with slightly decreased pupillary reactivity in the right eye

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(ophthalmological examination was normal), as well as right hypoacousia and a trigeminal loss of sensation to light touch on the right part of the upper lip.

He had no specific medical past except when he was 10, a right hemifacial atrophy that started out with a typical lipoatrophic lesion on the forehead and, after a delay of several years, progressed to overt progressive hemifacial atrophy (for which he twice underwent surgery). No further progression of his hemifacial atrophy was noted after the age of 20. At the time of our examination, there was an atrophy of the soft tissue affecting the entire right part of his face including the chin, upper and lower lips, tongue, cheek, zygomatic area, and forehead associated with a frontal linear scleroderma "en coup de sabre" and an area of alopecia (Figure 1A and B).

Initial magnetic resonance imaging (June 2011) showed an extended area of T2-FLAIR hyperintensities of the right hemisphere located mostly amid the posterior occipital white matter, but also in the posterior part of the corpus callosum, the caudate nucleus and the anterior limb of the internal capsule (Figure 2A). Gradient echo-images and susceptibility weighted imaging sequences showed numerous microbleeds disseminated throughout the deep part of the right hemisphere (caudate nucleus, pallidum) and the occipital white matter (Figure 2B). There was also a slight patchy enhancement following



FIGURE 1. Case 1 (A and B): right facial atrophy with frontal linear scleroderma *en coup de sabre* (A) and an area of alopecia (B). Case 2 (C and D): left facial atrophy with ptosis (C) and *en coup de sabre* forehead (D).



FIGURE 2. Case 1 (A–D): MRI axial T2-FLAIR (A): hyperintensities of the right hemisphere affecting posterior part of the corpus callosum, occipital white matter, anterior limb of the internal capsule, and caudate nucleus. MRI axial susceptibility weighted imaging (B): numerous right microhemorrhages of the caudate nucleus and occipital area. MRI with coronal T1 postcontrast image shows a small gadolinium enhancement of the right several caudate nucleus (C). MR proton spectroscopy: markedly decreased NAA resonance associated with a slightly increased choline resonance without free lipids or lactate resonance (D). Case 2 (E and F): MRI axial T2-FLAIR (E): large hyperintensity of the right hemisphere affecting frontal white matter and multiple bilateral small lesions of the white matter. MRI with axial T1 postcontrast image with heterogeneous gadolinium enhancement of the right frontal white matter (F).

gadolinium injection of the caudate nucleus (Figure 2C). Notwithstanding a right cerebellar atrophy, there was no abnormality of the left hemisphere or left posterior fossa. There was no abnormality of retro-orbital fat, and angio-MRI was normal. A second MRI performed 3 years later (November 2014) disclosed no modification. On the other hand, MR proton spectroscopy demonstrated markedly decreased NAA resonance and slightly increased choline resonance without free lipids or lactate resonance (Figure 2D). The different metabolic abnormalities were consistent with sequelar lesions.

He was successfully treated for his trigeminal pain with carbamazepine and aspirin.

Patient 2

This 44-year-old woman suffered for several years from left facial tension-type pain with acute exacerbations located on her cheek and radiating toward her left upper lip and gum. She also occasionally suffered from acute migraine attacks without aura, lasting several hours, essentially located on her left side. Nonsteroidal anti-inflammatory drugs were effective. Neurological and ophthalmological examinations were normal.

In her past medical history, she had been diagnosed 10 years earlier with progressive left hemifacial atrophy (Figure 1C) without any pain but presenting an "en coup de sabre" lesion on her forehead (Figure 1D).

Because of her left hemifacial pain and atrophy, a cerebral MRI was performed and disclosed mostly contralateral abnormalities with right multiple and diffused T2-FLAIR hyperintensity lesions, primarily located in the frontal lobe (Figure 2E). Some of these lesions presented gadolinium enhancement (Figure 2F). Left small hyperintensities of the left white matter were likewise discovered. There was no abnormality of retro-orbital fat. No infratentorial lesion, microhemorrhages on gradient echo-images, cerebral atrophy or, vascular malformation on angio-MRI was found.

While lumbar puncture was normal (white cell count and protein level), oligoclonal bands were present.

During follow-up, cerebral MRI performed at 6 and 12 months showed no progression of the cerebral lesions.

DISCUSSION

Parry-Romberg syndrome (PRS) is a rare acquired neurocutaneous disorder characterized by progressive hemifacial atrophy. It commonly affects the dermatomes of 1 or multiple branches of the trigeminal nerve with atrophy of the skin and underlying structures (soft tissues, muscles, and bones), and can also touch the eye (enophthalmos, uveitis, retinal vasculitis, glaucoma, central retinal artery occlusion, heterochromic iridocyclitis, restrictive strabismus, Coats disease, papillitis, optic atrophy, and neuroretinitis), the pupil (Horner syndrome, pupillary abnormalities), and hair (band-like alopecia).³ It is typically restricted to one half of the face, but occasionally involves the arm, trunk, and leg,³ and is sometimes bilateral.⁴ Its incidence ranges from 0.3 to 2.5 cases per 100,000 population per year,⁵ most likely less than 3/100,000,⁶ and is pronouncedly more common in women, who represent more than 3 of 4 of the patients.^{2,4} PRS usually begins in the first decade of life,² although late-onset cases have also been described,4,7 and slowly progresses over 2 to 20 years before stabilizing. The final degree of deformity may depend on the duration of the disease. Finally, PRS is sporadic, although some rare familial cases have been reported."

We have analyzed a total of 129 patients (in 82 medical articles) with PRS and neurological involvement: our 2 patients, 69 single case reports, $^{1,9-75}$ 7 reports of 2 cases, $^{76-82}$ 2 reports of 3 cases, 83,84 2 reports of 4 cases, 85,86 1 report of 7 cases, 87 and 1 report of 23 cases.² There were 81 women (62.8%) and 48 men (37.2%). The average age at onset of PRS was 13.2 (1–69) years in the whole population, 10.2 (1–39) years in male, and 15.5 (1–69) years in female. The mean age at onset of the neurological symptoms was 20.9 (1.5–73) years in the whole population, 15.2 (2–45) years in male, and 24.5 (1.5–73) years in female. The neurological symptoms appeared after the onset of PRS in most of cases (69.7%), with an average delay of 11.6 (0.5–44) years. Rarely, neurological symptoms and PRS was the same (delay <6 months between the 2 occurrences) in 13.9% of the patients.

The main neurological signs and symptoms of Parry-Romberg syndrome are reported in (Table 1) [and the main radiological abnormalities in (Table 2)], indicating that CNS involvement represents the most frequent systemic manifestation, thereby justifying its classification as a neurocutaneous syndrome.¹²

In our review of the literature, epilepsy is the most common cerebral manifestation (60.5%), and was known to be present at onset of CNS involvement in 58% of the cases and in 73% over the course of PRS neurological manifestations.¹ Epilepsy consists of focal seizures in 50% of the patients and generalized seizures in 43.6% of the patients. In 33% of patients, these seizures are refractory to medication.^{1,79,87} Some patients have presented a clinical picture of cerebral hemisphere atrophy, intractable focal seizures, with brain biopsy findings of perivascular inflammation⁴⁵ and microglial nodules indistin-guishable from Rasmussen encephalitis.^{61,88} In focal seizures, the side of brain involvement and the side of the cutaneous lesion are usually the same, but cases with discordance on the side of involvement have also been reported, albeit more rarely.^{31,45} In most cases, electroencephalogram is abnormal (48% of the patients), with frontal and temporal discharges or slowing and generalized abnormalities, with or without cerebral lesions on neuroradiological examinations. An electroencephalogram study (EEG) has been performed in only 75 patients: 36 patients (48%) have an abnormal EEG, mostly linked to seizures (89.3%); 10.1% of the patients have abnormal EEG (slow wave activity) without acute seizure or medical past history of seizure.

Headaches are also frequent (pain and headache represent, respectively, 44.2% and 35.6% of the neurological symptoms), but any relationship between migraine among young patients (primarily women) and PRS is rather questionable, although it seems more frequent in PRS than in the general population (affecting 52% of 205 patients with PRS surveyed using the Internet).⁴ In addition, migraine⁵⁰ can lead to hemiplegia,^{89,90} at times associated with reversible angiographic changes.⁷³ Severe migrainosus state, with frontoparietal white matter lesions on MRI, has likewise been described.⁴¹ In addition, facial pain^{4,91} and trigeminal neuralgia^{23,77,88,91} have been commonly reported: we have found facial pain in 11 patients (8.5% of the patients).

Cerebral vascular malformations have also been mentioned as occurring in PRS (11.5%). Cerebral aneurysms remain rare,^{2,11,14,35} however, their actual incidence remains unknown, since not all of the patients examined have undergone head CT scan, brain MRI, or cerebral angiogram. Their location is variable, as they may affect the internal carotid artery¹¹ or the intracranial vessels,^{35,50,60,92} and they are exceptionally revealed by a subarachnoid hemorrhage.35 Nevertheless, since no pathological studies have been carried out, the pathogenesis of these aneurysms has yet to be fully understood.¹¹ Two different hypotheses have nonetheless been postulated; one involves a failure of neural crest migration that may explain vascular abnormalities and aneurysm formation;50,60,92 the other posits localized vasculitis leading to fragility of the arterial wall,³⁵ and is apparently supported by proliferative interstitial neurovasculitis on histological examinations of facial specimens from patients with PRS.³⁵ Spontaneous car-otid-jugular fistula and carotid dissection,^{35,93} hypoplastic arteries associated with homolateral phthisis bulbi,⁵¹ and brain cavernomas⁸⁰ complete the wide-ranging gamut of these cerebrovascular malformations. Since all of them are located in the affected side, their coincidence seems highly unlikely. Even though PRS may involve the cerebral or cervical vessels, symptomatic ischemic strokes are rare, only found in 7 of patients (5.7%).^{20,32,65} Motor deficit may be sudden or insidiously progressive due to focal stenosis in the M2 portion of the middle cerebral artery, leading to cerebral infarct in the watershed region with secondary extension to deep white matter accompanied by scattered hemorrhages.32

Other neurological CNS manifestations have been more episodically described: limb (contralateral, ipsilateral) and trunk atrophy,⁴ cerebral microhemorrhages,⁹⁴ cerebellar hemorrhage,² movement disorders (including paroxysmal kinesigenic dyskinesia,⁴⁶ torticollis,⁹⁵ mandibular cramps,⁷⁷ dystonia,⁷¹ and facial² or masticatory⁶⁶ spasms), facial nerve palsy²⁶ (that could also be due to local atrophy),¹ dysphonia (vocal cord palsy),⁵² sympathetic hyperactivity,²³ bilateral pyramidal tract involvement,⁹⁶ mirror movements,⁶⁹ brain tumor,¹³ alien limb,¹⁸ cognitive disturbances, and progressive mental retardation due to cerebral atrophy (with or without focal seizures).^{1,28,79} Ocular motility disturbances may also be observed, due to restrictive myopathy (in part inflammatory)⁹⁷ and oculomotor palsies.⁹⁸ Occasionally, intraorbital fat atrophy has been reported by local imaging (echography or MRI), or histological analysis (when strabismus surgery).^{75,99}

A lumbar puncture has been performed in 20 patients, and the CSF analysis was normal in all of them with a normal protein level, and an average cells count equal to 2.1 cells/mm³; however, a slight pleiocytosis (<11/mm³) may be observed.⁴⁸

Neurological Symptoms	Patients (%)		Patients (%)
Seizures	78/129 (60.5%)	Focal seizures	39/78 (50%)
	. ,	Generalized seizures	34/78 (43.6%)
		Status epilepticus	5/78 (6.4%)
Pain	57/129 (44.2%)	Headaches	46/57 (80.7%)
		Facial pain	11/57 (19.3%)
Limb abnormalities	23/129 (17.2%)	Limb weakness	20/23 (87%)
		Limb atrophy	3/23 (13%)
Oculomotor dysfunctions	14/129 (10.8%)	Pseudoptosis (isolated ptosis)	5/14 (35.7%)
		Oculomotor nerve palsy	4/14 (28.6%)
		Orbital muscle palsy	4/14 (28.6%)
		Nystagmus	1/14 (7.1%)
Isolated sensory troubles	14/129 (10.8%)		
Neuropsychiatric disorders	14/129 (10.8%)	Cognitive disturbance	5/14 (37.5%)
		Mental retardation	4/14 (28.6%)
		Psychiatric disorders	2/14 (14.2%)
		Hallucinations	1/14 (7.1%)
		Aphasia	1/14 (7.1%)
		Homonymous hemianopsia	1/14 (7.1%)
PNS disorders	11/129 (8.5%)	Cranial nerve palsy (except oculomotor nerves)*	9/11 (82%)
		Polyneuropathy	1/11 (9%)
		Decreased deep tendon reflexes	1/11 (9%)
Spasms	8/129 (6.2%)	Masticatory spasms	4/8 (50%)
		Facial spasms	3/8 (37.5%)
		Limb spasms	1/8 (12.5%)
Isolated pyramidal tract involvement	7/129 (5.4%)	Pyramidal signs	5/7 (71.4%)
		Mirror movements/synkinesia	2/7 (28.6%)
Digestive troubles	5/129 (3.9%)	Dysphagia	4/5 (80%)
		Gastroparesis	1/5 (20%)
Miscellaneous	9/129 (7.0%)	Dizziness	2/11 (18.1%)
		Loss of vision	1/11 (9%)
		Dyskinesia	1/11 (9%)
		Dystonia	1/11 (9%)
		Alien limb	1/11 (9%)
		Gait disturbance	1/11 (9%)
		Homonymous hemianopsia	1/11 (9%)
		Deafness	1/11 (9%)

TABLE 1. Main	Neurological	Symptoms	in Parry	y-Romberg	Syndrome
		2 1			

PNS = peripheral nervous system.

* Including facial nerve palsy in 7 patients (77.8%), vocal cord palsy in 1 patient (11.1%), and hypoglossal nerve palsy in 1 patient (11.1%).

As in our second patient, oligoclonal bands and an elevated IgG index (often associated with enhancing brain lesions on MRI)¹ may be found in 50% of the patients (without other biological abnormality).

Finally, a brain imaging has been performed in 122 patients (CT scan and/or MRI), and a MRI in 118 patients (Table 2). Among these 118 patients with neurological manifestations, brain MRI was normal in 30 patients (25.4%). In 75% of the patients with PRS and neurological manifestations, CT and most brain MRI revealed several abnormalities, the cerebral lesions at times being subtle or extended; they are bilateral in nearly two-thirds of the patients, strictly ipsilateral to the cutaneous involvement in one third, and more rarely contralateral to cutaneous findings.² Bone deformity and outer diploe thinning in the frontoparietal region underlying the area of more severe skin lesion are usually observed on CT scan.⁸⁵ On MRI T1 sequence (or CT scanner), cerebral atrophy may be observed (20.5% of the patients), paralleling that of the skin. Focal cortical atrophy, asymmetry of the lateral ventricle,²

blurring of the gray-white matter interface, and cortical thickening are common and predominate in the anterior region.⁸ Porencephalic cyst and encephalomalacia has likewise been described.² Atrophy may possibly be more diffuse and widespread, involving the entire cerebral hemisphere^{1,28} or the cerebellum.⁸⁵ T2 hyperintensities essentially affect frontal and subcortical white matter, and more rarely the corpus callosum, deep gray nuclei, brainstem, and optic nerves.¹ As in our patients, enhancement on CT or MRI has been reported in some patients (in 17.4% of patients with brain hyperintensity) and is mostly associated with intrathecal antibody production in CSF. It can persist and even increase over a number of years despite immunosuppressive treatments.^{1,4,20} Finally, brain calcifications are also observed (12.3%) and may involve the basal ganglia, thalami, and dentate nuclei.85 While they are characteristically ipsilateral to the skin lesions, they may also be contralateral.^{4,53,100} The above-mentioned abnormalities can be present among asymptomatic patients and new lesions may be found on follow-up brain MRI demonstrating

Radiological Signs	Patients (%)		Patients (%)
Normal MRI	30/118 (25.4%)		
Brain T2 hyperintensity (MRI)	63/118 (53.4%)	Frontal lobe	42/63 (66.7%)
		Parietal lobe	27/63 (42.8%)
		Subcortical areas	26/63 (41.3%)
		Temporal lobe	13/63 (20.6%)
		Occipital lobe	8/63 (12.7%)
		Brainstem	1/63 (1.6%)
		Optic nerve	1/63 (1.6%)
		Gadolinium enhancement	11/63 (17.4%)
Brain atrophy	25/122 (20.5%)	Cerebral hemisphere atrophy	24/25 (96%)
		Cerebellar hemisphere atrophy	1/25 (4%)
Brain calcifications	15/122 (12.3%)		
Vascular brain lesions	14/122 (11.5%)	Acute ischemic stroke	7/14 (50%)
		Cerebral hemorrhage	4/14 (28.6%)
		Encephalomalacia	3/14 (21.4%)
Vascular malformations	14/122 (11.5%)	Aneurysm of the SAA	6/14 (42.8%)
		Hypoplasic SAA	3/14 (21.4%)
		Cavernoma	2/14 (14.3%)
		Focal SAA stenosis	2/14 (14.3%)
		Focal SAA occlusion	1/14 (7.1%)
Miscellaneous	9/122 (7.4%)	Isolated asymetrical ventricles	6/9 (66.7%)
		Subdural hygroma	1/9 (11.1%)
		Orbital muscle thickening	1/9 (11.1%)
		Non vascular brain tumor	1/9 (11.1%)

TABLE 2. Main Radiological Findings in Parry-Romberg Syndrome

subclinical progression in some cases.¹ MRA or cerebral angiograms may demonstrate vascular changes suggestive of vasculitis in some patients (11.5%),^{1,28,73} hypoplastic arteries,^{28,42} cerebral aneurysms,² and other vascular malformations, which could constitute the late sequelae of a vasculitic process.

Other neurological explorations such as brain SPECT may be likely to detect abnormalities in PRS patients²⁸ who have had normal brain MRI¹⁰¹ and show no clinical manifestations, thereby demonstrating that subclinical CNS involvement is present in most, and perhaps even all patients with craniofacial scleroderma.¹

Skin and brain biopsy have disclosed a similar inflammatory process. Brain biopsy, which is rarely performed, has shown these inflammatory changes to exist in vessel walls and/or parenchyma; on the basis of clinical presentation and biopsy findings, it is sometimes diagnosed as Rasmussen encephalitis.^{4,45,61,78,83}

Given the rarity of localized scleroderma, there are currently no standardized treatments for PRS and its underlying inflammatory lesions. In cases of localized scleroderma, methotrexate and corticosteroids are the treatment of choice, while other immunosuppressant agents such as cyclophosphamide, cyclosporine, D-penicillamine, rituximab,⁴⁵ and hydroxychloroquine are used when more aggressive therapy is required.^{3,4,40} The extent to which these treatments are beneficial⁴ nevertheless remains unclear, as the majority of patients having undergone serial imaging have presented stable if occasionally controversial¹ imaging findings.^{2,102}

Although the exact pathophysiological mechanism of localized scleroderma and PRS is still unknown, an immune mediated process has been postulated, supported by inflammatory changes in the parenchyma and vessel walls in brain biopsies, a frequent oligoclonal response in the CSF, occasional coexistence with autoimmune disorders (vitiligo, thyroid problems, systemic sclerosis, inflammatory bowel disease, rheumatoid arthritis, ankylosing spondylitis, and lupus),⁴ and improvement or resolution of lesions following immunosuppression.

In conclusion, overt neurologic involvement appears to be not nearly as infrequent as previously believed since clinical symptoms have been reported by as many as half of the patients with craniofacial scleroderma. However, this percentage certainly represents an underestimation, and we deem it advisable to undertake a complete clinical neurological examination, EEG and MRI of all patients exhibiting hemifacial atrophy, even when there are no neurological signs. Long-term follow-up of PRS patients is required, given the evidence that neurologic abnormalities may occasionally develop at any time over the course of the disease. Further research into the efficacy of immunosuppressants would be strongly recommended.

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