## Low-Energy Shockwave Treatment Promotes Endothelial Progenitor Cell Homing to the Stenotic Pig Kidney

Cell Transplantation Volume 29: 1–10 © The Author(s) 2020 Article reuse guidelines: sagepub.com/journals-permissions DOI: 10.1177/0963689720917342 journals.sagepub.com/home/cll SAGE

Yu Zhao<sup>1,2,\*</sup>, Adrian Santelli<sup>1,\*</sup>, Xiang-Yang Zhu<sup>1</sup>, Xin Zhang<sup>1</sup>, John R. Woollard<sup>1</sup>, Xiao-Jun Chen<sup>1</sup>, Kyra L. Jordan<sup>1</sup>, James Krier<sup>1</sup>, Hui Tang<sup>1</sup>, Ishran Saadiq<sup>1</sup>, Amir Lerman<sup>3</sup>, and Lilach O. Lerman<sup>1</sup>

## Abstract

Endothelial progenitor cells (EPCs) patrols the circulation and contributes to endothelial cell regeneration. Atherosclerotic renal artery stenosis (ARAS) induces microvascular loss in the stenotic kidney (STK). Low-energy shockwave therapy (SW) can induce angiogenesis and restore the STK microcirculation, but the underlying mechanism remains unclear. We tested the hypothesis that SW increases EPC homing to the swine STK, associated with capillary regeneration. Normal pigs and pigs after 3 wk of renal artery stenosis were treated with six sessions of low-energy SW (biweekly for three consecutive weeks) or left untreated. Four weeks after completion of treatment, we assessed EPC (CD34+/KDR+) numbers and levels of the homing-factor stromal cell-derived factor (SDF)-1 in the inferior vena cava and the STK vein and artery, as well as urinary levels of vascular endothelial growth factor (VEGF) and integrin-1 $\beta$ . Subsequently, we assessed STK morphology, capillary count, and expression of the proangiogenic growth factors angiopoietin-1, VEGF, and endothelial nitric oxide synthase *ex vivo*. A 3-wk low-energy SW regimen improved STK structure, capillary count, and function in ARAS+SW, and EPC numbers and gradients across the STK decreased. Plasma SDF-1 and renal expression of angiogenic factors were increased in ARAS+SW, and urinary levels of VEGF and integrin-1 $\beta$  tended to rise during the SW regimen. In conclusion, SW improves ischemic kidney capillary density, which is associated with, and may be at least in part mediated by, promoting EPCs mobilization and homing to the stenotic kidney.

## **Keywords**

low-energy shockwave, endothelial progenitor cells, capillary, renal artery stenosis

## Introduction

Renal artery stenosis (RAS) is characterized by a heterogeneous group of pathophysiologic entities and decreased kidney function, of which atherosclerotic RAS (ARAS) is becoming increasingly common<sup>1</sup>. Recent advances in understanding the pathological features of ARAS implicated in the mechanisms underlying renal damage endothelial cell injury and loss, which result in a fall in renal blood flow (RBF) and development of tissue hypoxia<sup>2</sup>. Therefore, promoting angiogenesis and restoring capillary density have emerged as important therapeutic targets in ARAS. Microvascular endothelial cells, with complex functions of synthesis, secretion, metabolism, and immunity, are particularly central components of angiogenesis.

Endothelial progenitor cells (EPCs) are circulating, bone marrow-derived cells that are functionally and phenotypically distinct from mature endothelial cells. EPCs can differentiate into vascular endothelial cells to restore dysfunctional endothelium and protect against vascular disease<sup>3</sup>. Increasing evidence demonstrates that endogenous

- <sup>3</sup> Department of Cardiovascular Diseases, Mayo Clinic, Rochester, MN, USA
- \* Both the authors contributed equally to this article

Submitted: December 18, 2019. Revised: February 26, 2020. Accepted: March 13, 2020.

#### **Corresponding Author:**

Lilach O. Lerman, Division of Nephrology and Hypertension, Mayo Clinic, 200 First Street SW, Rochester, MN 55905, USA. Email: lerman.lilach@ mayo.edu

CC O S

Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (https://creativecommons.org/licenses/by-nc/4.0/) which permits non-commercial use, reproduction and distribution of the work without further permission provided the original work is attributed as specified on the SAGE and Open Access pages (https://us.sagepub.com/en-us/nam/open-access-at-sage).

<sup>&</sup>lt;sup>1</sup> Division of Nephrology and Hypertension, Mayo Clinic, Rochester, MN, USA

<sup>&</sup>lt;sup>2</sup> Institute of Nephrology, Zhong Da Hospital, Southeast University, School of Medicine, Nanjing, Jiangsu, China

circulating EPCs home to sites of neovascularization and differentiate into endothelial cells *in situ*, or secrete soluble mediators that promote vasculogenesis. Indeed, recent studies have identified protective properties involving transdifferentiation and paracrine effects of EPCs, and demonstrated that exogenously delivered EPCs can participate in restoring the stenotic kidney (STK) microvasculature and stabilize renal function, although it may not be fully normalized<sup>4,5</sup>. The mobilization from bone marrow and subsequent homing of EPCs are regulated by a variety of mediators, such as stromal cell-derived factor (SDF)-1, stem cell factor (SCF), and matrix metalloproteinase (MMP)-1, which are released by injured tissues to attract the cells and ensure their retention.

Low-energy shockwave therapy (SW) is a noninvasive intervention that has been shown to promote cellular proliferation and metabolism and restore tissue perfusion<sup>6</sup>. It involves delivery of focused low-energy acoustic waves, generating mechanical forces that affect cellular membranes'. SW power is translated into biological signals via mechanotransduction and activation of angiogenesis, which improves blood flow and blunts inflammation and oxidative stress. Low-energy SW has been shown to be beneficial in several clinical conditions, including bone fracture and tendinopathy<sup>8</sup>, skin ischemia and skin grafts<sup>9</sup>, and chronic soft tissue wounds<sup>10</sup>. We have also shown that cardiac SW reverses cardiac dysfunction and remodeling elicited by ischemia, and ameliorates angina pectoris<sup>11–13</sup>. Furthermore, in a previous study we found that SW therapy improved the microcirculation and function of the pig STK<sup>14</sup>. In a mouse model, SW elicits EPC homing to the ischemic hindlimb<sup>15</sup>. However, whether SW recruits EPCs to the kidney in a large preclinical animal model remains unknown. Therefore, we tested the hypothesis that SW-induced preservation of the STK peritubular capillaries in a unilateral ARAS swine model would be associated with augmented EPC homing.

## **Materials and Methods**

## Animals Experiment and SW Treatments

All procedures were approved by the Mayo Clinic Institutional Animal Care and Use Committee. Twenty-four domestic female pigs (50 to 60 kg) were observed for 16 wk. Pigs were randomly divided into four groups that were treated or untreated by SW: NC (normal control), NC+SW, ARAS, and ARAS+SW (n = 6 each).

RAS was induced under fluoroscopic guidance by placing a local irritant coil in the right main renal artery after a 6-wk high-fat diet containing 2% cholesterol (Harlan Teklad, Madison, WI, USA). Normal pigs were fed with standard chow (Purina Animal Nutrition, Shoreview, MN, USA). All animals continued their assigned diets and had free access to water for the remaining observation period.

Three weeks after induction of ARAS or sham, a SW regimen was initiated (Omnispec Vetspec Model,

Medispec<sup>®</sup> LTD, Germantown, MD, USA; spark voltage 10 to 24 kV; energy density 0.09 mJ/mm<sup>2</sup>; frequency 120 pulse/min). As we previous described<sup>14</sup>, anesthetized pigs were laid prone, the skin of the back shaved, and ultrasound gel applied to their right flank. An ultrasound probe was placed at the lateral aspect of the STK along its long axis, and the SW applicator positioned perpendicularly above the kidney to distribute energy through the kidney along its short axis. Evenly distributed 1-cm zones across the entire kidney were treated with 200 rapid shots each. Treatments were applied twice a week for three consecutive weeks (a total of six sessions). In a subset of ARAS pigs undergoing SW, urine samples were collected at the first and last weeks of the 3-wk SW regimen to assess urinary levels of the proangiogenic factors vascular endothelial growth factor (VEGF) and integrin-1β.

The pigs were then anesthetized again with Telazol (Zoetis, Inc, Kalamazoo, MI, USA) and Xylazine (Xylamed, VetOne, Bimeda, MTC Animal Health, Cambridge, ON Canada), intubated, and cannulated 4 wk after SW treatment. Blood samples were collected from the inferior vena cava (IVC) and the STK vein and artery through a catheter placed under fluoroscopic guidance, and mean arterial pressure (MAP) measured using an arterial catheter. Glomerular filtration rate (GFR), RBF, and renal regional perfusion (ml/ min/g tissue) were measured using Multidetector CT (Somatom Sensation-128, Siemens Medical Solution, Forchheim, Germany). RBF was quantified before and after systemic infusion of acetylcholine (5 µg/kg/min, Sigma), an endothelium-dependent vasodilator that dilates primarily renal microvessels<sup>16,17</sup>. Images were acquired following a central venous injection of Omnipaque (iohexol, 350 mgI/ ml, distributed by GE Healthcare, Marlborough, MA, USA), and renal functional parameters calculated from time-density curves, as previously described<sup>18</sup>. Urine and blood samples were collected for measurement of biochemical parameters. The pigs were euthanized (Fatal-Plus, Vortech Pharmaceuticals, Dearborn, MI, USA) 3 d after in vivo studies, and kidneys collected for histological and molecular assays.

## **EPC** Quantification

Mononuclear cells were isolated from fresh IVC and renal vein and artery blood (10 ml) by the density-gradient method. EPCs were obtained from mononuclear cells and quantified using FlowSight<sup>TM</sup> (Amnis, Seattle, WA, USA) imaging flow cytometry by acquiring at least 10,000 positive events, and expressed as percentage. EPCs were characterized using Amnis<sup>®</sup> Image Data Exploration and Analysis Software (IDEAS) after immunostaining with monoclonal antibodies against the common EPCs markers CD34 (ab81289, Abcam, Cambridge, UK) and kinase-insert domain receptor (KDR, sc-504, Santa-Cruz Biotechnology, Dallas, TX, USA) (Fig. 1A). The flow-gating strategy included a first positive gate for single cells, followed by positive gate for CD34 and KDR (Fig. 1). Thresholds for



**Fig. 1.** Low-energy SW promotes EPC recruitment. (A) Image of a KDR+ (yellow) and CD34+ (red) cell (brightfield in bottom left) passing through the imaging flow cytometer, and flow-cytometric plots of gating strategy. (B) Representative flow-cytometry scatter plots of IVC cells positive for EPC staining (within red squares) in the experimental groups. (C) EPCs marked by CD34 and KDR were counted using flow cytometry in the IVC and the STK vein and artery 4 wk after completion of an SW regimen. (D) SW led to a negative gradient of EPC across the STK, suggesting EPC retention. Data are mean  $\pm$  SD (n = 6/group). \*P < 0.05 vs. NC; #P < 0.05 vs. ARAS. ARAS: atherosclerotic renal artery stenosis; CHO: channel; EPC: endothelial progenitor cell; IVC: inferior vena cava; NC: normal control; STK: stenotic kidney; SW: shockwave.

positivity were determined from histograms generated by single-color-stained positive and negative control beads.

EPCs were then counted in blood samples obtained from the renal artery, renal vein, and IVC, and gradients across the kidneys determined by subtracting the numbers of renal arterial from venous EPC counts.

## Renal Histology

Kidney sections were stained with periodic acid-Schiff (PAS) and Masson's trichrome, and then examined by light microscopy (Zeiss, Jena, Germany) in a blinded manner. Twenty randomly selected nonoverlapping regions from each kidney were analyzed. The PAS-stained paraffin sections were analyzed using a blinded scoring method using a grid. For each square, the presence of tubule injury, including intratubular proteinaceous casts or tubular atrophy, was documented. The final score is presented as the percentage of positive squares. Interstitial fibrosis was quantified in Masson's trichromestained paraffin sections; images were captured in 10 random fields per kidney, and the mean area of positive staining quantified using Image-J software (NIH, Bethesda, MA, USA). For capillary count, tissues were fixed and stained for the endothelial cell marker CD31 (MCA1747, AbD Serotec, Kidlington, UK) and the nuclear stain DAPI. Images were taken by microscopy (Zeiss). Peritubular capillaries identified as CD31positive cells showing one nucleus were counted in each field using Image-J software (NIH).

## Angiogenic and Homing Factors

Renal angiogenic activity was assessed by the expression of VEGF, its downstream effector endothelial nitric oxide synthase (eNOS), as well as angiopoietin-1<sup>14</sup> (Ang-1) that acts in concert with VEGF for microvascular stabilization. EPC homing factors were assessed by renal tissue expression

		NC		ADAS	
Table 1. Systemic	Characteristics and CT-D	erived single-Kidney i	Function in the study	Groups 4 www.aiter 3ww	Delivery or Sham.

	NC	NC+SW	ARAS	<b>ARAS</b> +SW
Body weight (kg)	48 ± 2	50 ± 3	47 ± 1	52 ± 8
Serum creatinine (µmol/l)	1.29 ± 0.03	1.35 ± 0.23	1.91 ± 0.05*	1.39 ± 0.07 <sup>#</sup>
Urinary protein (mg/dl)	18.6 ± 2.4	21.6 ± 4.3	34.6 ± 6.4*	24.5 $\pm$ 4.7* <sup>#</sup>
MAP (mmHg)	95.9 <u>+</u> 5.4	94.1 <u>+</u> 7.9	142.2 ± 16.5*	119.0 ± 12.8* <sup>#</sup>
PRA (ng/ml/h)	0.08 ± 0.03	0.09 ± 0.05	0.28 ± 0.07*	0.22 ± 0.09*
Degree of stenosis (%)	0	0	85 ± 5	78 <u>+</u> 18
Renal perfusion (ml/min/cc)	6.9 ± 1.5	7.5 ± 2.1	4.9 ± 1.83*	7.8 ± 1.39 <sup>#</sup>
GFR (ml/min)	70.7 $\pm$ 6.1	73.2 ± 7.0	51.2 ± 3.9*	71.5 ± 10.1#
RBF (ml/min)	494.3 <u>+</u> 53.2	545.8 <u>+</u> 79.0	335.0 <u>+</u> 49.9*	426.8 ± 74.9 <sup>#</sup>
Response to Ach ( $\Delta$ , ml/min)	347.8 <u>+</u> 108.5	256.1 <u>+</u> 62.3	92.1 ± 90.42*	263.6 $\pm$ 63.7 <sup>#</sup>

Ach: acetylcholine; ARAS: atherosclerotic renal artery stenosis; GFR: glomerular rate filtration; MAP: mean arterial pressure; NC: normal control group; PRA: plasma renin activity; RBF: renal blood flow; SW: shockwave.

\*P < 0.05 vs. NC; <sup>#</sup>P < 0.05 vs. ARAS.

of the EPC homing mediator MMP-1<sup>19</sup>, as well as blood levels of SDF-1 and SCF.

MMP-1 and Ang-1 expression was detected using western blotting. Proteins were separated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis and transferred to a nitrocellulose membrane. After blocking, the membranes were incubated at 4°C overnight with primary antibodies against MMP-1 (ab137332, Abcam), Ang-1 (sc-8357, Santa-Cruz), and  $\beta$ -actin. After three washes with PBST/5 min, the nitrocellulose membranes were incubated with horseradish peroxidase-conjugated secondary antibody for 1 to 2 h. Finally, the membranes were visualized with an enhanced chemiluminescence advanced system and captured on a digital imaging system ImageQuant LAS 4010 (GE Healthcare Lifesciences). Blots were quantified with densitometry using Image-J software (NIH).

Blood levels of SDF-1 (MBS735811, MyBiosource, San Diego, CA, USA), SCF (MBS2020518, MyBiosource), plasma renin activity (72-REN\_CT2, ALPCO Diagnostics, Salem, NH, USA), serum creatinine (KBO2-H1, Arbor Assays, Ann Arbor, MI, USA), and urinary proteins (K024-H1, Arbor Assays) were measured using kits according to the manufacturers' instructions.

For immunofluorescence, kidneys were fixed and stained for immunoreactivity of VEGF (ab53465, Abcam) and eNOS (ab5589, Abcam). Images were taken by microscopy (Zeiss) and analyzed by Image-J software (NIH).

#### Statistical Analysis

Data were analyzed using GraphPad Prism 5 (GraphPad Software, San Diego, CA, USA), and results are expressed as mean  $\pm$  standard deviation for normally distributed variables, and median (range) for non-Gaussian distributed data. Comparisons within groups were performed using the paired Student's *t*-test and among groups using analysis of variance and unpaired *t*-test with Bonferroni

correction. A statistical difference was considered significant for  $P \leq 0.05$ .

## Results

## Systemic Characteristics

As shown in Table 1, body weight showed no significant difference among the four groups. Plasma renin activity and the angiographic degree of stenosis were similarly greater in ARAS and ARAS+SW animals compared to NC (P = 0.043). ARAS pigs also showed a significant increase in urinary protein, serum creatinine, and MAP compared to NC, which were all improved after SW treatment (P = 0.037 vs. untreated ARAS).

## Low-Energy SW Promotes EPC Homing

CD34+/KDR+ circulating EPCs were identified by imaging flow cytometry (Fig. 1A, B) and counted (Fig. 1C) in blood samples. Four weeks after protocol completion, circulating EPC numbers were decreased in the IVC of the untreated ARAS group (Fig. 1B, C, P = 0.048 vs. NC), but significantly improved in ARAS+SW (P = 0.039 vs. ARAS). Similarly, EPC numbers were decreased (P = 0.01 vs. NC) in the renal artery of ARAS, but not in ARAS+SW. There was no change in EPC numbers in the STK renal vein. The EPCs gradient across the kidney (STK vein–artery) was unchanged in ARAS (Fig. 1C, P = 0.43 vs. NC), but reduced in ARAS+SW (P = 0.047 compared to ARAS), suggesting increased retention of EPCs in the STK.

## Low-Energy SW Increases Expression of Homing and Angiogenesis Factors

SDF-1 levels were lower in the renal artery, renal vein, and IVC of the ARAS group, but were significantly increased and normalized in ARAS pigs treated with SW therapy (Fig. 2). There was no change in the levels of SCF. Renal expression of the angiogenic factor Ang-1 was downregulated in ARAS



**Fig. 2.** Low-energy SW therapy upregulated homing factors and angiogenic factor expressions in the STK of ARAS pigs. Levels of the homing factor SDF-1 (A), but not SCF (B) were elevated in the IVC and the STK vein and artery. Expression of the retention factor Ang-1, but not MMP-1, was upregulated in the STK (C). GAPDH was used as an internal control. Data are mean  $\pm$  SD (n = 6/group). Urinary levels of VEGF and integrin-1 $\beta$  tended to increase after SW treatment (D). \*P < 0.05 vs NC and SW; #P < 0.05 vs ARAS. Ang-1: angiopoietin-1; ARAS: atherosclerotic renal artery stenosis; GAPDH: glyceraldehyde 3-phosphate dehydrogenase; IVC: inferior vena cava; MMP-1: matrix metalloproteinase 1; NC: normal control; SCF: stem-cell factor; SD: standard deviation; SDF-1: stromal cell-derived factor-1; STK: stenotic kidney; SW: shockwave.

(P = 0.037 vs. NC), and significantly increased after SW treatment to the kidney (P = 0.041 vs. ARAS). The expression of the EPCs homing factor MMP-1 did not differ among the groups, although it tended to rise (P = 0.07 vs. NC) in the ARAS kidney. Furthermore, urinary levels of VEGF (P = 0.058) and integrin-1 $\beta$  (P = 0.09) tended to increase in ARAS+SW pigs over the course of the SW regimen (Fig. 2D).

# Low-Energy SW Restores Renal Morphology and Capillary Density

Determine whether SW regulates STK capillary density, we counted CD31+ peritubular capillaries in the renal tubulo-interstitium. ARAS markedly reduced the number of capillaries (P = 0.012 compared with NC), which



**Fig. 3.** Low-energy SW therapy improves renal morphology, capillary density, and angiogenic factor expression (VEGF and eNOS) in pigs with ARAS. (A–C) CD31 (white arrows), an index of capillary number, was detected by immunolabeling and microscopy in the pig kidney (×40). Quantitative analysis (F–H) showed a decrease in the numbers of CD31<sup>+</sup> cells in ARAS and downregulation of VEGF and eNOS, which was restored by SW. PAS stains (×40) showed increased renal tubular injury score (D and I), and Masson' Trichrome stain (×20) demonstrated renal fibrosis (E and J), which were both improved in ARAS+SW. Data are mean  $\pm$  SD (n = 6/group). \*P < 0.05 vs NC and SW; #P < 0.05 vs ARAS.

Ang-1: angiopoietin-1; ARAS: atherosclerotic renal artery stenosis; eNOS: endothelial nitric oxide synthase; IVC: inferior vena cava; MMP-1: matrix metalloproteinase 1; NC: normal control; SCF: stem-cell factor; SD: standard deviation; SDF-1: stromal cell-derived factor-1; STK: stenotic kidney; SW: shockwave; PAS: periodic acid-Schiff; VEGF: vascular endothelial growth factor.

significantly improved after SW treatment (P = 0.027 vs. ARAS) (Fig. 3A, F), indicating that SW enhanced capillary density. Similarly, immunoreactivity of the

proangiogenic factors VEGF and eNOS was downregulated in ARAS, but SW restored their expression (Fig. 3B, C and G, H), although neither was fully normalized. Tubulointerstitial fibrosis increased in ARAS compared with NC and NC+SW, and significantly decreased in ARAS+SW, as did renal tubular score (Fig. 3D, E and I, J).

## Low-Energy SW Preserves Renal Function in ARAS

Renal perfusion, RBF, and GFR were unchanged in NC+SW, but were decreased in the ARAS STK (P = 0.027 vs. NC). However, these were all restored in ARAS+SW. Renal perfusion response to acetylcholine was attenuated in ARAS (P = 0.047 vs. NC), but restored to normal levels in ARAS+SW (P = 0.027 vs. ARAS), suggesting that SW improved microvascular endothelial function in the ARAS STK.

## Discussion

This study demonstrates that increased number of peritubular capillaries in the stenotic ARAS kidney after SW therapy was associated with increased release of homing factors for EPCs, as well as elevated levels of EPCs in the stenotic renal artery and in the systemic circulation. Furthermore, SW therapy significantly improved RBF, microvascular endothelial function, and renal function. These observations suggest that SW improves ischemic kidney capillary density and microvascular function, which is associated with, and may be at least in part mediated by, promoting EPCs mobilization and homing to the STK.

ARAS represents a chronic ischemic renal disease, which is often accompanied by comorbidities like dyslipidemia, coronary artery disease, and peripheral arterial disease<sup>20</sup>, and results in renovascular hypertension and ischemic nephropathy. The pathogenic mechanisms leading to ischemic kidney damage involve vascular endothelial cell injury and loss, renal tubular atrophy, interstitial fibrosis, and reninangiotensin system activation<sup>21</sup>.

Currently, there are no accepted noninvasive treatments to alleviate tissue damage in ARAS, and even invasive renal artery stenting does not bestow major benefits beyond optimal medical therapy<sup>22</sup>. Therefore, identifying new therapeutic modalities in ARAS is of utmost importance. Low-energy SW is an effective, safe, and noninvasive intervention to ameliorate tissue ischemia. SW involves delivery of sound waves that induce physical cell cavitation and activation of angiogenic signaling to promote cell proliferation, metabolism, and repair<sup>23</sup>. Hayashi and colleagues<sup>24</sup> found an increase in capillary number using SW to induce wound healing. In the ischemic heart, SW upregulated mRNA expression of VEGF and its receptor<sup>25</sup> and decreased tissue damage, and both experimental and clinical studies have shown improvement in myocardial blood flow and cardiac function after SW therapy $^{26,27}$ .

In the kidney, peritubular capillaries transport oxygen and nutrients to renal tubular and interstitial cells, serving a pivotal role in sustaining normal kidney hemodynamics and function. Increasing evidence has demonstrated that renal injury progression is associated with peritubular capillary loss in both experimental animals and patients<sup>28</sup>. Renal ischemia may cause endothelial cell dysfunction, swelling, and obstruction of peritubular capillaries and microvessels, leading to hypoxic injury, which stimulates interstitial fibrosis. Thus, increasing capillary vessels density is a fundamental approach to mitigating renal interstitial fibrosis in ARAS, and angiogenesis serves a crucial role in this process. Microvascular and capillary endothelial cells are the main effectors of angiogenesis.

We have previously shown that SW restored the number of large renal vessels (up to 500 µm in size) in ARAS, improved STK function, and blunted fibrosis. The current study extends our previous studies, and focused on peritubular capillaries, central determinants of renal function and predictors of renal disease progression. We found that their density was reduced in ARAS, but increased in ARAS treated with SW, and that this was linked to recruitment of EPCs. Furthermore, this study shows that SW also improves also function of STK microvessels (RBF response to acetylcholine) in ARAS pigs. Endothelial dysfunction has been implicated in the pathomechanism of chronic kidney disease progression, as well as in development of its cardiovascular ramification<sup>29</sup>. Therefore, improvement of the renal microcirculation likely contributed to decreasing development of renal injury distal to the stenosis.

EPCs are circulating bone marrow–derived progenitor cells that contribute to capillary formation and angiogenesis via migration, adhesion, and replacement of damaged endothelial cells. As a result, EPCs can assist in capillary formation, restore blood supply in ischemic tissues, and alleviate endothelial dysfunction<sup>30,31</sup>. When circulating EPCs home to sites of vascular injury, they can differentiate into mature endothelial cells to participate in repair, or release proangiogenic mediators.

Pertinently, we observed in the ARAS STK downregulation of Ang-1, VEGF, and eNOS, which are essential for endothelial cell survival, vascular branching, and pericyte recruitment. This was associated with a fall in RBF and GFR, and development of renal interstitial fibrosis. Importantly, these were all improved in ARAS pigs treated with SW, in association with increased levels of EPCs in the systemic and renal circulation, as well as a fall in their cross-kidney gradient, suggesting an increase in both homing and retention of EPCs in the STK. Previous studies had shown that SW mobilized and increased EPCs homing into the ischemic murine hindlimb, and improved its functional recovery<sup>32</sup>. Furthermore, in patients with post-infarction heart failure, pretreatment with SW improved leftventricular ejection fraction 4 mo after intracoronary administration of bone marrow-derived mononuclear cells<sup>33</sup>. Importantly, our study shows that SW therapy induces recruitment of endogenous EPCs to the STK of a large preclinical animal model, and thereby boosts self-repair.

The link between SW delivery and kidney improvement is strengthened by the increase in urinary levels of VEGF and integrin-1 $\beta$  over the course of the SW regimen. Integrin-1 $\beta$  is involved in mobilization, migration, and survival of endothelial and progenitor cells<sup>34,35</sup>, and might have thus contributed to EPC recruitment. The mechanisms by which SW favored mobilization of EPC from the bone marrow might have also included release of SDF-1, an inducible chemokine that regulates multiple physiological processes and plays a major role in reendothelialization of injured vessels and revascularization of ischemic tissues. In particular, SDF-1 exerts a crucial role in mobilization of proangiogenic hematopoietic cells from the bone marrow<sup>36,37</sup>. We observed a fall in SDF-1 levels in ARAS, and an increase in its IVC, STK vein, and STK artery levels after SW treatment, which might have contributed to EPCs mobilization from the bone marrow into the peripheral circulation. EPCs from the circulation are then directed to the kidney, possibly by adhesion molecules and integrins, to participate in renal repair of damaged endothelial cells and promote regeneration of capillaries. Upregulated expression of Ang-1 in EPCs from ARAS<sup>4</sup> also supports their potential for cell homing and vascular proliferation. Contrarily, SCF levels remained unchanged after SW treatment, arguing against its role in EPCs recruitment in our model. In addition, MMP-1 expression tended to rise in the untreated STK, and might contribute to compensatory but unsuccessful renal homing and retention of EPCs in our ARAS model. MMP-1 can not only promote EPCs recruitment, but also induce the growth of endothelial cells and subsequent sprouting angiogenesis.

## Limitations

Our studies are limited by using relatively young animals and relatively short period of observation. Tracking the fate of endogenous EPCs in the SW-treated kidney is difficult, because several types of renal parenchymal cells might coexpress CD34 and KDR without necessarily being EPCs. We focused on mature, CD34+/KDR+ EPCs, but did not monitor alternative EPCs populations, such as less mature CD133+. Urinary levels of VEGF and integrin-1 $\beta$  tended to rise during the SW regimen, but this increase has not reached statistical significance due to the small sample size and variability of available urine samples. The SW regimen and machine settings that can best achieve EPCs recruitment also need to be optimized in future studies.

## Conclusion

The present study demonstrates that a proangiogenic effect of SW on renal capillaries in chronic experimental renovascular disease is accompanied by mobilization and recruitment of endogenous EPCs to the kidney. This in turn leads to improved microvascular function, capillary density, and renal function and structure. These studies highlight SW

#### Ethical Approval

This study was approved by our Institutional Animal Care and Use Committee.

#### Statement of Human and Animal Rights

This article does not contain any studies with human subjects. All procedures with animal subjects in this study were approved by Mayo Clinic Institutional Animal Care and Use Committee.

#### Statement of Informed Consent

There are no human subjects in this article and informed consent is not applicable.

#### **Declaration of Conflicting Interests**

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

#### Funding

The author(s) disclosed receipt of the following financial support for the research, authorship, and/or publication of this article: The author(s) disclosed receipt of the following financial support for the research and/or authorship of this article: This work was partly supported by National Institutes of Health grants HL123160, DK104273, DK102325, and DK120292, DK122734, and American Heart Association. We thank Medispec LTD for generously allowing the use of the shockwave machine. The vendor was not involved in data collection or analysis. We are also grateful for China Scholarship Council support.

## ORCID iD

Lilach O. Lerman D https://orcid.org/0000-0002-3271-3887

## References

- Zhang X, Lerman LO. Obesity and renovascular disease. Am J Physiol Renal Physiol. 2015;309(4):F273–279.
- Puranik AS, Leaf IA, Jensen MA, Hedayat AF, Saad A, Kim KW, Saadalla AM, Woollard JR, Kashyap S, Textor SC, Grande JP, et al. Kidney-resident macrophages promote a proangiogenic environment in the normal and chronically ischemic mouse kidney. Sci Rep. 2018;8(1):13948.
- Wang S, Miao J, Qu M, Yang GY, Shen L. Adiponectin modulates the function of endothelial progenitor cells via AMPK/ eNOS signaling pathway. Biochem Biophys Res Commun. 2017;493(1):64–70.
- Chade AR, Zhu XY, Krier JD, Jordan KL, Textor SC, Grande JP, Lerman A, Lerman LO. Endothelial progenitor cells homing and renal repair in experimental renovascular disease. Stem Cells. 2010;28(6):1039–1047.
- Lerman LO, Chade AR. Angiogenesis in the kidney: a new therapeutic target? Curr Opin Nephrol Hypertens. 2009; 18(2):160–165.

- Korakakis V, Whiteley R, Tzavara A, Malliaropoulos N. The Effectiveness of extracorporeal shockwave therapy in common lower limb conditions: a systematic review including quantification of patient-rated pain reduction. Br J Sports Med. 2018; 52(6):387–407.
- Sun CK, Shao PL, Wang CJ, Yip HK. Study of vascular injuries using endothelial denudation model and the therapeutic application of shock wave: a review. Am J Transl Res. 2011; 3(3):259–268.
- Furia JP, Rompe JD, Maffulli N, Cacchio A, Schmitz C. Radial extracorporeal shock wave therapy is effective and safe in chronic distal biceps tendinopathy. Clin J Sport Med. 2017; 27(5):430–437.
- Mittermayr R, Hartinger J, Antonic V, Meinl A, Pfeifer S, Stojadinovic A, Schaden W, Redl H. Extracorporeal shock wave therapy (ESWT) minimizes ischemic tissue necrosis irrespective of application time and promotes tissue revascularization by stimulating angiogenesis. Ann Surg. 2011;253(5): 1024–1032.
- Porso M, Loreti S, Nusca SM, Luziatelli S, Caccia D, Taborri G, Trischitta D, Taurino M, Padua L, Saraceni VM, Vulpiani MC, et al. Defocused shock wave therapy for chronic soft tissue wounds in the lower limbs: a pilot study. Ultrasound Med Biol. 2017;43(1):362–369.
- 11. Prasad M, Wan Ahmad WA, Sukmawan R, Magsombol EB, Cassar A, Vinshtok Y, Ismail MD, Mahmood Zuhdi AS, Locnen SA, Jimenez R, Callleja H, et al. Extracorporeal shockwave myocardial therapy is efficacious in improving symptoms in patients with refractory angina pectoris–a multicenter study. Coron Artery Dis. 2015;26(3):194–200.
- Cassar A, Prasad M, Rodriguez-Porcel M, Reeder GS, Karia D, DeMaria AN, Lerman A. Safety and efficacy of extracorporeal shock wave myocardial revascularization therapy for refractory angina pectoris. Mayo Clin Proc. 2014;89(3):346–354.
- Alunni G, Marra S, Meynet I, D'Amico M, Elisa P, Fanelli A, Molinaro S, Garrone P, Deberardinis A, Campana M, Lerman A. The beneficial effect of extracorporeal shockwave myocardial revascularization in patients with refractory angina. Cardiovasc Revasc Med. 2015;16(1):6–11.
- Zhang X, Krier JD, Amador Carrascal C, Greenleaf JF, Ebrahimi B, Hedayat AF, Textor SC, Lerman A, Lerman LO. Low-energy shockwave therapy improves ischemic kidney microcirculation. J Am Soc Nephrol. 2016;27(12):3715–3724.
- 15. Tepekoylu C, Wang FS, Kozaryn R, Albrecht-Schgoer K, Theurl M, Schaden W, Ke HJ, Yang Y, Kirchmair R, Grimm M, Wang CJ, et al. Shock wave treatment induces angiogenesis and mobilizes endogenous CD31/CD34-positive endothelial cells in a hindlimb ischemia model: implications for angiogenesis and vasculogenesis. J Thorac Cardiovasc Surg. 2013; 146(4):971–978.
- Chade AR, Krier JD, Galili O, Lerman A, Lerman LO. Role of renal cortical neovascularization in experimental hypercholesterolemia. Hypertension. 2007;50(4):729–736.
- Eirin A, Ebrahimi B, Zhang X, Zhu XY, Tang H, Crane JA, Lerman A, Textor SC, Lerman LO. Changes in glomerular filtration rate after renal revascularization correlate with

microvascular hemodynamics and inflammation in Swine renal artery stenosis. Circ Cardiovasc Interv. 2012;5(5):720–728.

- Lerman LO, Schwartz RS, Grande JP, Sheedy PF, Romero JC. Noninvasive evaluation of a novel swine model of renal artery stenosis. J Am Soc Nephrol. 1999;10(7):1455–1465.
- Li WD, Zhou DM, Sun LL, Xiao L, Liu Z, Zhou M, Wang WB, Li XQ. LncRNA WTAPP1 promotes migration and angiogenesis of endothelial progenitor cells via MMP1 Through Micro-RNA 3120 and Akt/PI3K/autophagy pathways. Stem Cells. 2018;36(12):1863–1874.
- Green D, Ritchie JP, Chrysochou C, Kalra PA. Revascularization of atherosclerotic renal artery stenosis for chronic heart failure versus acute pulmonary oedema. Nephrology (Carlton). 2018;23(5):411–417.
- de Leeuw PW, Postma CT, Spiering W, Kroon AA. Atherosclerotic renal artery stenosis: Should we intervene earlier? Curr Hypertens Rep. 2018;20(4):35.
- 22. Cooper CJ, Murphy TP, Cutlip DE, Jamerson K, Henrich W, Reid DM, Cohen DJ, Matsumoto AH, Steffes M, Jaff MR, Prince MR, et al. Stenting and medical therapy for atherosclerotic renal-artery stenosis. N Engl J Med. 2014;370(1): 13–22.
- Dolibog P, Franek A, Brzezinska-Wcislo L, Dolibog P, Wrobel B, Arasiewicz H, Chmielewska D. Shockwave therapy in selected soft tissue diseases: A literature review. J Wound Care. 2018;27(9):573–583.
- 24. Hayashi D, Kawakami K, Ito K, Ishii K, Tanno H, Imai Y, Kanno E, Maruyama R, Shimokawa H, Tachi M. Low-energy extracorporeal shock wave therapy enhances skin wound healing in diabetic mice: A critical role of endothelial nitric oxide synthase. Wound Repair Regen. 2012;20(6):887–895.
- 25. Gollmann-Tepekoylu C, Lobenwein D, Theurl M, Primessnig U, Lener D, Kirchmair E, Mathes W, Graber M, Polzl L, An A, Koziel K, et al. Shock wave therapy improves cardiac function in a model of chronic ischemic heart failure: evidence for a mechanism involving VEGF signaling and the extracellular matrix. J Am Heart Assoc. 2018;7(20): e010025.
- Fode M, Albersen M, Ostergren PB. Is low-intensity shockwave therapy for erectile dysfunction ready for clinical practice? Int J Impot Res. 2019;31(3):204–205.
- Hitchman LH, Totty JP, Raza A, Cai P, Smith GE, Carradice D, Wallace T, Harwood AE, Chetter IC. Extracorporeal shockwave therapy for diabetic foot ulcers: A systematic review and meta-analysis. Ann Vasc Surg. 2019;56:330–339.
- Kida Y, Tchao BN, Yamaguchi I. Peritubular capillary rarefaction: a new therapeutic target in chronic kidney disease. Pediatr Nephrol. 2014;29(3):333–342.
- Shang F, Wang SC, Hsu CY, Miao Y, Martin M, Yin Y, Wu CC, Wang YT, Wu G, Chien S, Huang HD, et al. MicroRNA-92a Mediates Endothelial Dysfunction in CKD. J Am Soc Nephrol. 2017;28(11):3251–3261.
- Jabarpour M, Siavashi V, Asadian S, Babaei H, Jafari SM, Nassiri SM. Hyperbilirubinemia-induced pro-angiogenic activity of infantile endothelial progenitor cells. Microvasc Res. 2018;118:49–56.

- Karampinis I, Joas E, Dreyer A, Ronellenfitsch U, Jakob J, Hohenberger P, Nowak K. The evaluation of circulating endothelial progenitor cells and related angiogenic markers as prognostic factors in soft-tissue tumors. Eur J Surg Oncol. 2018;44(4):496–501.
- Aicher A, Heeschen C, Sasaki K, Urbich C, Zeiher AM, Dimmeler S. Low-energy shock wave for enhancing recruitment of endothelial progenitor cells: a new modality to increase efficacy of cell therapy in chronic hind limb ischemia. Circulation. 2006;114(25):2823–2830.
- 33. Assmus B, Walter DH, Seeger FH, Leistner DM, Steiner J, Ziegler I, Lutz A, Khaled W, Klotsche J, Tonn T, Dimmeler S, et al. Effect of shock wave-facilitated intracoronary cell therapy on LVEF in patients with chronic heart failure: the CELLWAVE randomized clinical trial. JAMA. 2013; 309(15):1622–1631.
- Boudria A, Abou Faycal C, Jia T, Gout S, Keramidas M, Didier C, Lemaitre N, Manet S, Coll JL, Toffart AC, Moro-Sibilot D, et al. VEGF165b, a splice variant of VEGF-A, promotes lung

tumor progression and escape from anti-angiogenic therapies through a beta1 integrin/VEGFR autocrine loop. Oncogene. 2019;38(7):1050–1066.

- 35. Nelson J, Wu Y, Jiang X, Berretta R, Houser S, Choi E, Wang J, Huang J, Yang X, Wang H. Hyperhomocysteinemia suppresses bone marrow CD34+/VEGF receptor 2+ cells and inhibits progenitor cell mobilization and homing to injured vasculature-a role of beta1-integrin in progenitor cell migration and adhesion. FASEB J. 2015;29(7): 3085–3099.
- 36. Odent Grigorescu G, Rosca AM, Preda MB, Tutuianu R, Simionescu M, Burlacu A. Synergic effects of VEGF-A and SDF-1 on the angiogenic properties of endothelial progenitor cells. J Tissue Eng Regen Med. 2017;11(11): 3241–3252.
- Patry C, Stamm D, Betzen C, Tonshoff B, Yard BA, Beck GC, Rafat N. CXCR-4 expression by circulating endothelial progenitor cells and SDF-1 serum levels are elevated in septic patients. J Inflamm (Lond).2018;15:10.