Learning Theories Reveal Loss of Pancreatic Electrical Connectivity in Diabetes as an Adaptive Response

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Abstract

Cells of almost all solid tissues are connected with gap junctions which permit the direct transfer of ions and small molecules, integral to regulating coordinated function in the tissue. The pancreatic islets of Langerhans are responsible for secreting the hormone insulin in response to glucose stimulation. Gap junctions are the only electrical contacts between the beta-cells in the tissue of these excitable islets. It is generally believed that they are responsible for synchrony of the membrane voltage oscillations among beta-cells, and thereby pulsatility of insulin secretion. Most attempts to understand connectivity in islets are often interpreted, bottom-up, in terms of measurements of gap junctional conductance. This does not, however, explain systematic changes, such as a diminished junctional conductance in type 2 diabetes. We attempt to address this deficit via the model presented here, which is a learning theory of gap junctional adaptation derived with analogy to neural systems. Here, gap junctions are modelled as bonds in a beta-cell network, that are altered according to homeostatic rules of plasticity. Our analysis reveals that it is nearly impossible to view gap junctions as homogeneous across a tissue. A modified view that accommodates heterogeneity of junction strengths in the islet can explain why, for example, a loss of gap junction conductance in diabetes is necessary for an increase in plasma insulin levels following hyperglycemia.

Citation: Goel P, Mehta A (2013) Learning Theories Reveal Loss of Pancreatic Electrical Connectivity in Diabetes as an Adaptive Response. PLoS ONE 8(8): e70366. doi:10.1371/journal.pone.0070366

Editor: Massimo Pietropaolo, University of Michigan Medical School, United States of America

Received April 3, 2013; Accepted June 17, 2013; Published August 1, 2013

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Funding: No current external funding sources for this study.

Competing Interests: The authors have declared that no competing interests exist.

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Introduction

Gap junctions are clusters of intercellular channels between cells formed by the membrane proteins connexins (Cx), that mediate rapid intercellular communication via direct electric contact and diffusion of metabolites [1]. In excitable cells such as neurons, cardiac myocytes and smooth muscles, gap junctions provide efficient low-resistance pathways through which membrane voltage changes can be shared across the tissue. Besides excitable cells, gap junctions are found between cells in almost every solid tissue [1]. Gap junctions are thus central to multicellular life [2], with numerous diseases linked to connexin disorders [3], including type 2 diabetes mellitus [4-6]. The islets of Langerhans in the pancreas are clusters of largely alpha-, beta- and delta-cells that respectively control secretion of the hormones glucagon, insulin and somatostatin central to energy regulation. Gap junctions form direct connections between beta-cells [6,10,11] in islets, and are important for normal glucose-stimulated insulin secretion (GSIS) [7-9]. Gap junctions are generally believed to be important for coordinating the beta-cell electrical oscillations known as bursting, which in turn, can then support pulsatile insulin secretion [6,10,12]; this view is supported by theoretical studies [13-15] as well. The conductance strength of gap junctions evolves by the insertion or deletion of connexin proteins (Fig. 1) into junctional plaques, and by altering the single-channel conductance and probability of channel opening [1]. Whether these molecular changes constitute a systematic adaptive response of the endocrine tissue to its metabolic environment remains to be investigated, in particular from a theoretical point of view.

As with many other excitable cells, the information content of bioelectric signals [16] in islets is yet unclear. The mechanisms underlying bursting are well understood [17,18]; however, how those temporal properties regulate energy homeostasis is not. While slow (5–15 minute period) bursts are generally thought to drive secretion at stimulatory concentrations of glucose, faster (periods less than 5 minutes) oscillations are also found, typically at sub-stimulatory (basal) glucose levels; the average calcium signal, however, is comparable in either case (such as in simulations from [17], not shown). The hypothesis that a synchronous bursting of beta-cells [10,12,19] is essential to GSIS is guided by the observation of pulsatile insulin secretion from islets [20] and in vivo [21]. Gap junctions can certainly mediate synchrony in principle, as shown in both simulations [12,13] and experiments [5,22]. Whether this is their role in vivo is debatable. In general, in vitro studies do not address this question completely, because they are typically carried out with glucose perifusion. Since glucose is microscopically delivered to beta-cells via a rich blood vessel supply in the islet in vivo, oscillator entrainment by junction coupling may be far less important than expected from experiments on isolated islets, especially if the beta-cells are not too heterogeneous in frequency [23]. In fact, Rocheleau et al. [24] have performed experiments using a microfluidic chip taking care to see that glucose stimulates an islet only partially; they find partially propagated waves but not synchrony. Their result shows that gap junctions are limited in their ability to support uniform



Figure 1. Gap junctions between cells permit intercellular communication. Figure credit: Mariana Ruiz LadyofHats, http://en.wikipedia.org/ wiki/File:Gap_cell_junction_en.svg. doi:10.1371/journal.pone.0070366.g001

synchronization across the entire islet in the presence of a glucose gradient in the islet. It is possible that even with glucose microdelivery as in vivo, synchronization may be a more local phenomenon than has been previously appreciated. Stozer et al. [25] have recently demonstrated that in islet slices only local synchronization is seen across groups of beta-cells. Another theory, different from one that anticipates gap junctions serve to synchronize an islet uniformly, thus appears to be necessary to explain some of the phenomena associated with insulin secretion, and it is this that we attempt in the rest of this paper.

A paradigm that is gaining increasing recognition is that bioelectric and (epi-)genetic signaling are related as a cyclical dynamical system [16]: membrane voltage activity induces changes in mRNA expression and transcriptional regulation, which in turn leads to altered membrane channel proteins. Here we develop a theory to study an adaptive response of gap junctions to islet firing activity. Bioelectric cues are encoded as bursting, these determine junctional conductance states, and junctions respond in turn by translation modifications that alter firing rates. In this way, electric and genetic components "learn" from each other, iteratively. While learning is integral to neural systems and functionally beneficial at the level of a single individual, many studies have focused on the collective effects of [simple forms of] individual learning and decision-making, e.g. in populations of interacting individuals, or agents. Such distributed systems, exemplifying social or ecological group behavior, also share similarities with interacting systems of statistical physics, in the nature of the local "rules" followed by the individual units as well

as in the emergent behavior at the macro level. Game-theoretic approaches [26–28] are sometimes brought to bear on such issues, their underlying idea being that the behavior of an individual (its "strategy") is to a large extent determined by what the other individuals are doing. The strategic choices of an individual are thus guided by those of the others, through considerations of the relative "payoffs" (returns) obtainable in interactive games. In this context, a stochastic model of strategic decision-making was introduced in [29], which captures the essence of the above-stated notion, i.e. selection from among a set of *competing* strategies based on a comparison of the *expected* payoffs from them. Depending upon which of the available strategic alternatives (that are being wielded by the other agents) is found to have the most favorable "outcome" in the local vicinity, every individual appropriately revises its strategic choice.

Competition between prevalent strategies and adaptive changes at the individual level characterize the sociologically motivated model of [29]. Given that these two features of competition and adaptation also generally occur across the framework of activityinduced synaptic plasticity, a translation of the notions in [29] to the latter context was attempted in [30] and [31]. A model was delineated in ref. [30] along these lines, with the types or weights of a plastic synapse taking the place of strategies. In the next subsections, we will extend these concepts to formulate a theory of 'competing' gap junctions in a network.

Voltage Gating of Junctional Conductance and Homeostatic Adaptation

Gap junctions are known to adapt on at least two timescales: trans-junctional currents are gated on a fast timescale of the order of a few milliseconds to seconds in response to a trans-junctional voltage difference (ΔV) [1]. Voltage gated currents of Cx36 channels (the connexin isoform relevant to islets [5]), expressed in Xenopus oocytes and transfected human HeLa cells, were recorded in [32] (Fig. 2). Haefliger et al. [33] have shown hyperglycemia decreases Cx expression in adult rats. Paulauskas et al. [34] have recently described a 16-state stochastic model of gap junctional currents that are voltage gated by altering, amongst other things, unitary single channel conductance and the probability of opening [1,35]. On much slower timescales of hours to days, gap junctions are regulated by the events that alter the insertion and deletion of channels in the junctional plaque, connexin proteins synthesis, trafficking to the membrane and degradation. We propose to study adaptation in gap junction strength on slow timescales; this is the natural setting for a mean field theory of gap junction modification, that is, over suitably long periods that averages over cellular firing rates can be treated as adiabatic.

Interestingly, the voltage-gated gap junction appears to conform to a homeostatic principle with respect to transjunctional current, $I_{gap} = g_{gap} \Delta V$: when ΔV is small, such as during synchronous bursting for example, gap junctional conductance is large, while a large ΔV , as in anti-synchrony, is compensated with a small g_{gap} . That is, firing patterns ΔV result in changes in g_{gap} that stabilize I_{gap} . We extrapolate from this argument to construct a homeostatic learning rule for (slow) modification of gap junctions, as described below.



Figure 2. Voltage gating of Cx36 gap junctions, adapted from [32]. Steady-state junctional currents from HeLa-Cx36 cell pairs indicate conductance, G_j , varies with transjunctional potential difference, ΔV_j . If two neighboring coupled cells fire nearly together, or do not simultaneously fire, trans-junctional conductance is high, but when one fires and the other does not conductance is low. This compensatory behavior inspires our *homeostatic* learning rule, see text. doi:10.1371/journal.pone.0070366.g002

Model and Results

Model – A Learning Theory of Gap Junctional Adaptation

Our starting point is a model of competitive learning introduced in [29] and applied, in [30] and [31] to look at the optimisation of learning via a model of competing synapses. Proceeding by analogy, we consider a network consisting of β -cells connected by gap junctions, where the latter are treated as mutual neighbors if they are connected by a β -cell. In a one-dimensional formulation, each gap junction will thus be associated with two gap junctional neighbors. For simplicity the β -cells can be represented by binary threshold units, and the two states of the binary gap junction, which are inter-convertible by definition, are assumed to have different weights, which we label as 'strong' and 'weak' types. A weak gap junction is characterized, for example, by fewer connexin proteins in the junctional plaque. When the middle gap junction is under consideration for a state update, the β -cells A and B (Fig. 3) share this middle gap junction in common; thus, in comparing how often the two β -cells are found activated, one can factor out the influence of the common gap junction, when considering averages, and effectively treat the time-averaged activation frequency of either β -cell as being determined only by the single, *other* gap junction that the β -cell is connected to. This essentially implies that the state of β -cell A, say, can be considered quite reasonably as an "outcome" to be associated with gap junction n-1, and similarly with β -cell B and gap junction n+1; thus, β -cells can be thought of as taking on the identities of the respective gap junctions.

There are few general principles that can organize an argument to discuss plastic behavior in excitable cells; Hebb's postulate is one such. In common colloquialism this learning rule is stated as "cells that fire together, wire together"; in other words, temporal association between pairs of firing neurons is successively encoded in synaptic coupling between those neurons. A Hebbian philosophy asserts that the direction of adaptation is such as to reinforce coordinated activity between cells. One can now set forth some rules governing the above weight changes, which may have a Hebbian or anti-Hebbian flavor as the situation demands, and depend on the outcomes of the surrounding β -cells. Hebbian rules in the case of synaptic plasticity favour synchrony, so that e.g. a synapse is strengthened if its surrounding neurons fire or do not fire together; the opposite is the case with anti-Hebbian rules. In the present context, we use this concept analogously: for Hebbian rules, synchronous activity causes a strengthening of conductance while anti-synchronous activity causes a weakening of conductance. Thus, loosely speaking, two gap junctions adjacent to any given gap junction "compete" to decide its type, and this continues to happen repeatedly across the entire network. Let us now consider the update dynamics of a single *effective* gap junction, that in some sense represents the average state of the whole network. To begin with, in such a picture, the outcomes are assumed to be uncorrelated at different locations, and treated as independent random variables, with the probability for activation being obtainable from the time-averaged activation frequency of the β cell. Consistent with the situation described in the previous paragraph, that the effect of the common gap junction can be left out on average in comparing the outcomes of its connected β -cells, we associate, with each β -cell, a probability for activation at any instant that is only a function of the other neighboring gap junction, being equal to p_+ (p_-) for a strong (weak) type gap junction.

We now consider a mean-field version of the model. The idea behind the mean-field approximation is that we look at the average behavior in an infinite system. This, at one stroke, deals with two problems: first, there are no fluctuations associated with



Figure 3. The bonds formalism of an islet. β -cells, A and B, are dominated by gap junctions g_L and g_R respectively. Each junction (g_L and g_R) can be in either strong (with probability f_+) or weak state (with probability f_-). A weak (strong) junction is likely to fire with a probability p_- (p_+). The central gap junction g is altered in response to the average potential difference of cells A and B, ΔV_{AB} , across it, according to a specified learning rule, such as the homeostatic rule of Fig. 2 that is considered here. For example, if cell A (red) here is assumed to fire in response to a strong g_L (this occurs with probability p_+) while cell B is silent (the probability with which it could have been active is p_-) in response to a weak g_R , then the bond, g, will be weakened since $\Delta V_{AB} = 1$.

system size, and second, the approximation that we have made in ignoring the "self-coupling" of the gap junction is better realized. In the mean-field representation, every gap junction is assigned a probability (uniform over the lattice) to be either strong (f_+) or weak (f_-) , so that spatial variation is ignored, as are fluctuations and correlations. This single effective degree of freedom allows for a description of the system in terms of its fixed point dynamics. The rate of change of the probability f_+ , say, (which in the limit of large system size is equivalent to the fraction of strong units) with time, is computed by taking into account only the nearestneighbor gap junctional interactions, via specific rules.

To design a transition rule for gap junctions that is consistent with a Hebbian theory, and at the same time tunes gap junctional plasticity to voltage activity in the network, we mimic the homeostatic adaptation implicit in (fast) voltage-gating of conductance (Fig. 2): to reinforce synchronous activity conductance, changes must be directed towards a maximal state of conductance, while anti-synchronous activity is best served by a weakening of conductance. The *homeostatic learning rule* is summarised as follows: if β -cells (Fig. 3) fire simultaneously ΔV_{AB} is zero and gap junction, g, strengthens to one, while if one β -cell fires but not the other, ΔV_{AB} is one and junction strength weakens to zero.

We write equations for the probability $f_+(t+1)$ that the intermediate gap junction (Figure 3) is in the strong state, say, at time t+1 in terms of the same probability at time $t, f_+(t)$, the (complementary) probability that it was in the weak state at time $t, f_-(t)$ and Prob(ΔF), the probability of a change in strength of a given magnitude:

$$f_{+}(t+1) = f_{+}(t) \times \operatorname{Prob}(\varDelta F = 1) + f_{-}(t) \times \operatorname{Prob}(\varDelta F = 1) \quad (1)$$

The first term on the right hand side represents the probability that the strong state at time t stays strong at time t+1; since the gap junctions are binary, a strong junction cannot get any stronger. Since $f_+(t)+f_-(t)=1$, this reduces to the equation $f_S(t+1)=\operatorname{Prob}(\Delta F=1)$, independent of the initial state of the gap junction.

We now write down all possible scenarios for $\operatorname{Prob}(\Delta F = 1)$: in words, these correspond to the sum of the following probabilities: (Prob that both g_L and g_R are in the strong state)×(Prob that A and B both fire, AND both don't fire)+(Prob that both g_L and g_R are in the weak state)×(Prob that A and B both fire, AND both

don't fire)+(Prob that g_L and g_R are in disparate states)×(Prob. that A and B both fire, AND both don't fire).

For example: if g_L and g_R (see Fig. 3) are both strong – with probability f_+^2 – the firing pattern that leads to a strong middle junction, g, according to the homeostatic learning rule is when $\Delta V_{AB} = 0$, i.e. either when both A and B fire simultaneously (probability, p_+^2), or both do not fire (probability, $(1-p_+)^2$). All such combinations are enumerated in Table 1, this leads to an equation for the evolution of g:

$$f_{+}(t+1) = f_{+}^{2}(t) (p_{+}^{2} + (1-p_{+})^{2}) + f_{-}^{2}(t) (p_{-}^{2} + (1-p_{-})^{2}) + 2f_{+}(t)f_{-}(t) (p_{+}p_{-} + (1-p_{+})(1-p_{-}))$$
(2)

This evolution equation thus embodies that if β -cells (Fig. 3) fire simultaneously, ΔV_{AB} is zero and gap junctions strengthen, while if ΔV_{AB} is one, junction strength weakens.

Results - the Steady State Distribution of Gap Junctions

The steady-state distribution of weak and strong junctions is obtained as the fixed point solution of Eq. (2):

$$\frac{f_{+}^{*}}{4(p_{+}-p_{-})^{2}+4(p_{+}-p_{-})+1-\sqrt{-4(p_{+}^{2}-p_{-}^{2})+4(p_{+}-p_{-})+1}}{4(p_{+}-p_{-})^{2}}.$$

Table 1. The probability of a gap junction adapting to a strong, high conductance state is determined by the current state of the bonds g_L and g_R (Fig. 3).

g L	<i>g</i> _R	Ρ
Strong	Strong	$f_+^2 \{p_+^2 + (1 - p_+)^2\}$
Strong (Weak)	Weak (Strong)	$2f_+f\{p_+p+(1-p_+)(1-p)\}$
Weak	Weak	$f_{-}^{2} \{ p_{-}^{2} + (1 - p_{-})^{2} \}$

doi:10.1371/journal.pone.0070366.t001

 f_+^* is stable in the entire $0 < (p_-, p_+) < 1$ domain. Perturbations from f_{+}^{*} relax at a rate $\lambda = 1 - \sqrt{1 - 4p_{+}^{2} + 4p_{+} - 4p_{-} + 4p_{-}^{2}}$.

The physically reasonable condition on the firing probabilities is $p_{-} < p_{+}$. The minimum f_{+}^{*} is 0.5 which occurs for $p_{-} + p_{+} = 1$ (Fig. 4). That is, the theory predicts that in vivo at least half of the gap junctions in an islet will be of the strong type. It is possible for strong junctions to dominate the islet completely, $f_{+}^{*} \approx 1$, but this is seen to be an extreme scenario and requires either: p_+ is very low and p_{-} as well, or p_{+} is very high and p_{-} is greater than about half. For the large part of the (p_-, p_+) parameter space f_+^* is predominantly between 0.5 and 0.7.

For low firing probabilities, such as for example $(p_-, p_+) = (0.1, 0.15)$ the beta-cells A and B (Fig. 3) seldom fire and ΔV_{AB} is invariably close to zero; g therefore adapts towards the strong state. Likewise, when p_{-} and p_{+} are both high, such as for example at (0.85, 0.9) beta-cells A and B fire with a high rate and ΔV_{AB} is again close to zero and g adapts towards the strong state. When the probabilities p_{-} and p_{+} are considerably different, however, for example when $(p_-, p_+) = (0.1, 0.9)$ four possibilities arise: either A and B are both associated with weak (strong) junctions and g adapts towards 1; or one of A or B is associated with a weak (strong) junction, but since one beta-cell then fires with a probability much larger than the other, g adapts towards 0. Thus f_{+}^{*} is close to half in this case (g equally likely to be 0 or 1), as is the firing rate (Fig. 5).

We see thus that similar behaviour for the two gap junctions induces strengthening, while dissimilar behaviour induces weakening, in line with the Hebbian viewpoint adopted above.

Discussion

One major interest in developing a theory of gap junction adaption is to understand the changes in junctional conductance that take place in type 2 diabetes. It has been suspected from animal studies that loss of Cx36 is phenotypically similar to a prediabetic condition characterized by glucose intolerance, diminished insulin oscillations and first and second phases of insulin secretion, and a loss of beta-cell mass [6,36-38]. Head et al. [11] have recently confirmed this in vivo via the observation that Cx36 conductance loss induces postprandial glucose intolerance in mice. These observations suggest that a loss of electrical connectivity in islets may underlie type 2 diabetes by disrupting insulin oscillations and reducing first-phase insulin secretion [6,11]. Benninger et al. [39] have found vet another effect that could be relevant to diabetes, that a loss of gap junctions in islets leads to increased basal (i.e. when minimally stimulated by glucose) insulin release. If this were to hold in vivo it could explain hyperinsulinaemia as a result of gap junction loss as well, when steady state levels of circulating plasma insulin in diabetics continue to be high even in fasting conditions.

A word about dimensionalities - while we recognise that the geometries of real synaptic networks are complex and that they are



Figure 4. The f_+^* contour plot in the $p_- - p_+$ plane. The physically relevant ($p_- < p_+$) region is the triangle ABC above the line $p_+ = p_-$. $f_+^* = 0$ along BD, $p_+ + p_- = 1$. The region near A where f_+^* is close to 1 represents healthy individuals while diabetics are assumed to lie along BD where $f_{\perp}^{*} = 0.5$ doi:10.1371/journal.pone.0070366.g004



Figure 5. Evolution of gap junctions with network activity. Beta-cells were initialized as firing (1) or not (0), and gap junctions as weak (0) or strong (1) with equal probability. 5000 beta-cell–gap junction pairs (Fig. 3) were iterated according to the learning rules described in the text. The legend indicates the (p_-, p_+) values for a computation. The top panel shows the evolution of the fraction of strong gap junctions, f_+^* , in the network. The bottom panel shows the corresponding fraction of beta-cells that are active. Note that f_+^* as well as firing rate in the simulation are both 0.5 along $p_- + p_+ = 1$ as expected from the theory, Fig. 4. A transition from health with low firing and high proportion of strong gap junctions (black curves) to diabetes takes place with degrading the gap junctions to increase firing rates (red curves).

embedded in three dimensions, our choice of working in one dimension is based as much on simplicity as on the absence of a reason to choose a more complex geometry. Working on a threedimensional lattice would only increase the complexity of our algebra, while not really getting closer to the real geometry of synaptic networks, which are, as the name suggests, probably embedded on abstract graphs. However, the fact that we have worked in mean field (ignoring correlations and going to the limit of infinite systems) in a one-dimensional embedding makes our results less reliant on the embedding geometry than they otherwise might have been. We mean by this that while specific quantitative estimates might well be affected by the inclusion of more neighbours in higher dimensionalities, the qualitative outlines of our calculations will remain very similar. Our choice of mean field dynamics both in this case (as well as in the original learning model of [30])was very purposeful: in both cases, the exact geometries/ connectivities of islets/synapses are imprecisely known, and infinitely variable. Under these conditions mean field theory is the tool most widely resorted to by modellers, since it is able to predict general features based on minimalistic assumptions.

The game-theoretic formalism presented here provides a highlevel explanation why a loss of junctional conductance would be necessary in diabetes. In the healthy individual insulin secretion occurs relatively sparingly, for a few hours at regularly spaced intervals following glucose ingestion (breakfast, lunch and dinner). The low firing rates in a healthy individual are accompanied by a high proportion of strong gap junctions (that is, near the region marked by A, Fig. 4, where f_{+}^{*} is close to 1). Diabetes is associated with overnutrition among various other factors [40], and invariably involves combating an increased glucose load [41,42]. Several authors that proposed that a substantial loss of Cx36 could ocur in type 2 diabetes (reviewed for example in [37]). Much of the evidence that connexins expression or signaling are altered in models of type 2 diabetes comes from rodents; however, because Cx36 is present in human islets, this gives rise to the speculation (see e.g. [11]) that a loss of Cx36 gap junction conductance may occur in type 2 diabetes. Thus, based on glucose intolerance measured in the conscious mouse Head et al. [11], as well as others [5,6,43,44], have estimated that a loss of nearly 50% in junctional conductance could occur in diabetes. In Fig. 4 the locus of a 50% connectivity loss is the line $p_+ + p_- = 1$, where the fraction of strong gap junctions is halved $(f_+^* = 0.5)$ but the firing rates are higher (Fig. 5). That is, the islet stressed by an increase glycemic stimulation is forced to respond with an increase in its firing and insulin secretion rate, which it does by degrading strong gap junctions to weaker ones.

In this way, the islet is able to accommodate a stimulus stronger than that for which its physiology had evolved. A change in f_{+}^{*} is accomplished largely through altering the probabilities of junction-induced firing, p_{+} and p_{-} . As mentioned in the introduction, the classical view of diabetes is that it results from gap junction dysfunction. Instead, the game-theoretic theory we have presented relates a conductance decrease to an *adaptive response of an islet that sacrifices strong gap junctions in order to maintain insulin control over hyperglycemia.*

At the heart of our game-theoretic theory is its use of stochasticity in gap junction synchronisation. Classically, strong gap junctions entrain beta-cells to fire, the entire assembly is assumed to be fairly homogeneous in gap junction strength, and the resultant synchronous bursting is seen to be essential to GSIS. Our theory on the other hand, introduces the possibility that betacells coupled even to strong gap junctions may not fire, and likewise, weak gap junctions may induce simultaneous *absence* of bursting, induces stronger junctions, while antisynchrony weakens them. The result is that gap junctional strengths are constantly updated as a result of the synchronous or asynchronous bursting of beta-cells. In other words, the core idea of our paper is that disparate firing patterns lead to changes in gap junctional strength – which provides a hitherto unexplored scenario for synchrony. This then naturally leads to a situation where heterogeneity prevails in the distribution of gap junctional strengths in the islet. The heterogeneity of gap junctions in turn determines more complex patterns of activity in the network, beyond the simple categories of (anti-)synchronous bursting.

In principle it is possible to explain observations of junctional strengths such as in [39] individually, without recourse to a general theory of gap junction function. Typically, a lot of the focus is on studying the heterogeneity of beta-cells in an islet. Indeed, Benninger et al. verify that different thresholds exist for calcium excitations among the beta-cells of a (Cx36 null) islet, and conclude therefore that beta-cells with high thresholds create oscillator death [45] through gap junctions to decrease basal secretion. The other question to ask, however, is: can heterogeneous gap junctions within an islet shape the emergent properties of bursting? Once the heterogeneity of the gap junctions themselves is recognized as crucial, that leads, ipso facto, to an alternate view, one in which changes in junctional conductance are seen as solutions to an optimization problem. The essential ingredients of a theory of gap junction adaptation include keeping track of the propensities with which strong and weak junctions influence firing rates in beta-cells, and transition rules that determine how gap junctions will respond to local firing patterns. We have concentrated on learning rules that embody homeostatic principles, which are a central feature of the energy maintenance pathways of the body. However our general formalism is certainly applicable to other forms of adaptation rules that may be uncovered in future experiments.

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We have constructed a theory that offers an alternative explanation to the classical view that gap junctions primarily function to synchronize beta-cells in an islet so the entire islet behaves like a syncytium and a uniform period emerges. When gap junction adaptation is considered, partial synchronization can occur even in networks fully coupled with (strong) gap junctions. This learning framework predicts in a natural fashion that a full synchrony across the islet is very unlikely, that synchronization is a local phenomenon and happens across a few groups of cells. Thus the view that emerges instead is that the islet is sensitive to a glucose demand in secreting insulin and uses gap junctions as a tuning parameter in this adaptation. Paradoxically, an increase in secretion efficiency can come not by strengthening junctions, but down-regulating them instead. Thus, a lowered conductance need not necessarily be interpreted as "failing" gap junctions. On the contrary, they are judiciously adapting to the increased glucose load to cope with an increased demand for insulin secretion.

At the moment there does not seem to be direct experimental evidence that a reduction of gap junctions occurs in human type 2 diabetes. Additionally, although it is very attractive from a theoretical viewpoint, it is not proven that gap junctions are altered in response to altered islet firing activity in diabetes. Our model is a complementary line of evidence, albeit theoretical, in these directions. Further, the model makes another related prediction, that gap junction expression and coupling strength are very likely to occur as heterogeneous across the islet, in both health as well as diabetes. If the naturally heterogeneous nature of gap junctions is acknowledged, this could be critical in designing appropriate clinical interventions, since connexins are potential targets for diabetes therapy. Indeed, we hope that our work will be helpful to researchers seeking to clarify the adaptive dynamics of gap junctions in diabetes.

Author Contributions

Conceived and designed the experiments: PG AM. Performed the experiments: PG AM. Analyzed the data: PG AM. Contributed reagents/materials/analysis tools: PG AM. Wrote the paper: PG AM.

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