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#### **ORIGINAL ARTICLE**

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# Analysis of mitochondrial enzymatic activity in blood lymphomonocyte fractions during infection with different *Trypanosoma cruzi* strains

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#### **ABSTRACT**

Proinflammatory and inflammatory mediators induced by *Trypanosoma cruzi* infection increase the oxidative stress, generating toxicity for cells targeting mitochondria of different tissues. We studied the activity of citrate synthase and complexes I-IV of respiratory chain in mitochondria of blood lymphomonocyte fraction, from albino Swiss mice infected with different isolates of *T. cruzi*, during Chagas disease evolution. Complexes I-IV were modified in infected groups (p<0.05) in all the stages, and an inflammatory process of different magnitudes was detected in the heart and skeletal muscle according to the isolate. The citrate synthase activity presented modifications in the SGO Z12 and the Tulahuen group (p<0.05). Hearts showed fiber fragmentation and fibrosis; skeletal muscle presented inflammatory infiltrates and in the Tulahuen infected group, there were also amastigote nests. The inflammatory processes produced an oxidative stress that induced different alterations of mitochondrial enzymes activities in the lymphomonocyte fraction that can be detected by a simple blood extraction, suggesting that they could be used as disease markers, especially in the indeterminate phase of Chagas disease.

**KEYWORDS:** Chagas disease. Krebs cycle. Lymphomonocyte fraction. Mitochondria. Respiratory chain.

#### INTRODUCTION

Chagas disease is a common cause of cardiomyopathy resulting in premature or sudden death. It is caused by the protozoan *Trypanosoma cruzi (T. cruzi)*, and affects between 10 and 18 million people in the Americas and is becoming a health problem in non-endemic countries due to migratory movements<sup>1-3</sup>

When *T. cruzi* enters cells, it produces inflammatory reactions that stimulate the production of cytokines and free radicals that, through their products (nitric oxide, reactive oxygen species, etc.) try to control parasite reproduction, but are ultimately responsible for tissue damage. Cardiomyocytes response to the oxidative stress lead to important cellular changes, fundamentally targeting mitochondria<sup>4,5</sup>. All the cells, including cardiomyocytes, are capable of generating reactive oxygen species (ROS). The mitochondrial enzymes xanthinoxidase and NADPH oxidase and the respiratory chain in which oxygen can activate superoxide radicals by a non-enzymatic process, are the main source of ROS when physiological functions are normal. ROS basal level is produced and maintained by normal cells and ROS production increases when the functioning of the respiratory chain is changed<sup>6-8</sup>.

We have previously demonstrated that patients with heart failure have high ROS levels and respiratory chain as well as mitochondrial structure changes, not only in cardiac cells but also in skeletal muscle<sup>9</sup>. We have also found changes in cardiac and skeletal muscle mitochondria regarding their function and structure<sup>10</sup> in experimental models during the acute stage of *T. cruzi* infection<sup>11</sup>, chronic stage<sup>12</sup> and indeterminate phase<sup>13</sup> with important variations depending on the strain of *T. cruzi* used to infect the host. Increased oxidative stress and mitochondrial damage have also been demonstrated in blood samples of patients with advanced Chagas' heart disease<sup>14</sup>.

*T. cruzi* invasion produces a generalized inflammatory process as the parasite can be found in many different tissues<sup>15</sup>. In the present research, we studied the enzymatic activity of the respiratory chain (CI-CIV) and the citrate synthase of mitochondria from the lymphomonocyte fraction obtained from experimental models infected with different *T. cruzi* strains. We believed that mitochondrial changes detected by a simple blood extraction, could act as an early marker of disease, especially in the indeterminate phase of Chagas disease.

#### MATERIALS AND METHODS

#### Infection

Female and male three month old albino Swiss mice weighting  $30\pm1$  g (n=120) were used, as follows: Thirty non-infected mice were used as the control group, 30 mice were inoculated intraperitoneally with 50 trypomastigote forms of *T. cruzi* Tulahuen strain (lineage II e); 29 mice were infected with 50 trypomastigote forms of the Lucky isolate, a mixture of lineages II and IV<sup>15</sup>; 31 mice were inoculated with 50 trypomastigote forms of the SGO Z12 isolate.

Blood samples collected from the tail of the animals were evaluated by a Neubauer hemocytometer to determine parasitemia twice a week in all the groups. This process began seven days after the infection. Our experiments respected the Guide for the Care and Use of Laboratory Animals<sup>16,17</sup>.

Sample collection and procedure for isolation of lymphocytes and mitochondria

Blood samples were collected in K<sub>3</sub>EDTA (1.5 mg/mL blood) tubes for the isolation of lymphocytes by the Isopaque-Ficoll technique<sup>18</sup> on days 35, 75 and 365 post-infection (p.i.), corresponding to the acute, indeterminate and chronic stages of the experimental infection.

The procedure of lymphocytes washing to remove

platelets was performed using a Pasteur pipette and transferring the lymphocyte layer to a centrifuge tube, adding at least 3 volumes (6 mL) of balanced salt solution. Cells were suspended by gentle aspirations performed with the Pasteur pipette and then solutions were centrifuged twice at 60-100 x g for 10 min at 18-20 °C for later supernatant removal. Lymphocytes were then suspended in Hank medium (pH 7.4) and mitochondria were isolated as previously described<sup>10-13</sup> on days 35, 75 and 365 postinfection. Briefly, blood aliquots were homogenized in equal volumes of ice-cold 10 mM Hepes buffer, pH 7.2, containing 420 mM mannitol, 140 mM sucrose, 2 mM EGTA, and 2 mg/mL BSA (fatty acid free). Thereafter, they were subjected to sequential centrifugation at 800 and 8100 x g, each for 15 min at 4 °C. The pellet containing mitochondria was washed, resuspended in the isolation buffer and then stored at -80 °C. The protein concentration was determined by the Bradford method<sup>19</sup>.

## Determination of the enzymatic activity of the respiratory complex and citrate synthase

The enzymatic activity of the respiratory complexes I to IV (CI–CIV) and the citrate synthase was determined by spectrophotometric analysis 10-13,20-22. The protein concentrations were determined by the Bradford method 19. Each of the experiments was carried out in 1 mL final volume with 30–40 mg of mitochondrial protein/per pellet, for complexes I and II; 20–30 mg of mitochondrial protein/per pellet, for complex III and 15 mg of mitochondrial protein/ per pellet for complex IV. Linear absorbance changes were measured for 3 min.

#### Histopathological studies

The heart and sections of hind legs skeletal muscles (rectus femoris, sartorius, vastus medialis and lateralis muscles) were removed from infected mice on days 35, 75 and 365 p.i., fixed in buffered (pH 7.0) 10 % formaldehyde, and embedded in paraffin. Each heart was cut horizontally from the apex to the auricles into 5  $\mu m$  sections and skeletal muscles were also cut horizontally into 5  $\mu m$  sections. All the sections were stained with hematoxylin–eosin. A total of 50 slices from each group was studied with a 40 X objective.

#### Statistical analysis

The results are shown as mean  $\pm$  standard error. Data were analyzed by ANOVA and multiple comparisons by the Fisher exact test. The level of the significance was set at p<0.05 for all the experiments.

#### **RESULTS**

#### Detection of parasites in blood samples

The detection of parasites in blood samples was carried out to assess the infection rate. Tulahuen and SGO Z12 infected groups presented the highest parasite concentrations by day 14 p.i. and the Lucky isolate infected group by day 28 p.i. Tulahuen-infected mice presented parasitemia clearance by day 42 and the SGO Z12 and the Lucky infected groups by day 49.

## Enzymatic activity of citrate synthase and CI-CIV complexes

The enzymes activities of citrate synthase and CI-CIV complexes of mitochondria obtained from the lymphomonocyte fraction of blood samples were determined 35 days post infection (acute phase), 75 (indeterminate phase), and 365 days post infection (chronic phase), as previously described<sup>11-13</sup>.

During the acute phase of the infection, the citrate synthase enzymatic activity remained similar to the control group for Tulahuen- and SGO Z12-infected groups, and was significantly reduced in the Lucky group (p<0.05); during the indeterminate phase, the enzymatic activity increased in the SGO-infected group (p<0.05) and in the chronic phase, its activity was higher in the Tulahuen-infected mice and reduced in the SGO-infected ones (p<0.05) (Table 1).

CI-CIV changed their enzymatic activities in different manners according to the stage of the infection and to the parasite strain used in the infection (Table 1).

In the indeterminate phase without disease, CI enzymatic activity was changed in all the infected groups; CII was different with respect to the control group in the Tulahuen and SGO Z12 groups; CIII was different in the Tulahuen group and Complex IV was the one with the highest stability when compared to the controls, in the three studied groups.

#### Histopathological studies

Figure 1 show hearts from the Tulahuen, SGO Z12 and Lucky isolate-infected group extracted on days 35, 75 and 365 d.p.i. It is noteworthy that during the acute phase of the infection and depending of the strain or isolate, hearts presented inflammatory infiltrates (Tulahuen), while SGO Z12 and Lucky isolate hearts presented only mononuclear infiltrates. During the indeterminate phase (75 d.p.i.), mild inflammatory infiltrates were detected in the three groups.

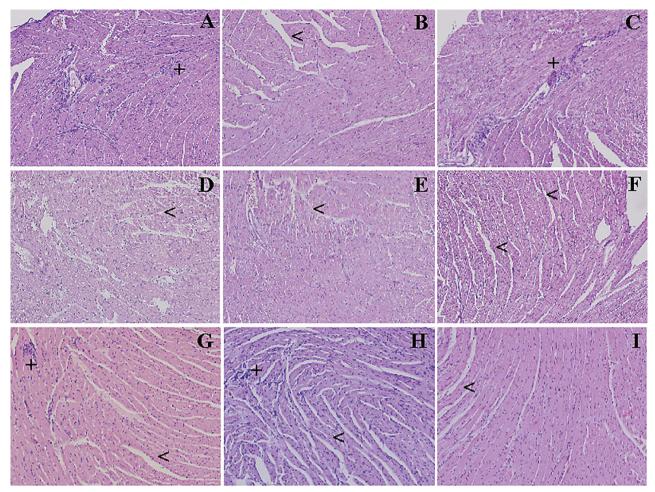
Hearts from the Tulahuen-infected group studied on 365 d.p.i. presented fiber fragmentation, hearts from the SGO Z12-infected group showed fiber fragmentation and mononuclear inflammatory infiltrates, while the Lucky group presented only mononuclear inflammatory infiltrates.

Figure 2 shows skeletal muscles from Tulahuen infected mice presenting inflammatory infiltrates and amastigotes nests by day 35 d.p.i; SGO Z12 and the Lucky isolate-infected

**Table 1 -** Mitochondrial enzymatic activity ( $\mu$ /fmoles min<sup>-1</sup> mg<sup>-1</sup> protein) of lymphomonocyte fractions obtained from non-infected (n = 30), Tulahuen-infected (n = 30), Lucky-infected (n = 29) and SGO Z12- infected (n = 31) mice on 35, 75 and 365 days post-infection.

Enzymatic activity (μ/fmoles min <sup>-1</sup> mg <sup>-1</sup> protein)	Non-Infected (Control) (*) 35 d.p.i., (·) 75 d.p.i., (+) 365 d.p.i.	Tulahuen 35 d.p.i.	Tulahuen 75 d.p.i.	Tulahuen 365 d.p.i.	Lucky 35 d.p.i.	Lucky 75 d.p.i.	Lucky 365 d.p.i.	Z12 35 d.p.i.	Z12 75 d.p.i.	Z12 365 d.p.i.
Citrate synthase	$0.25 \pm 0.05^{a,b}$ (°) $0.14 \pm 0.01^{a}$ (·) $0.29 \pm 0.03^{b}$ (+)	0.69 ± 0.44 <sup>b</sup>	0.16 ± 0.01ª	0.68 ± 0.04°	0.03 ± 0.003°	0.10 ± 0.01ª	0.25 ± 0.02 <sup>b</sup>	0.30 ± 0.01 <sup>a,b</sup>	0.76 ± 0.19 <sup>b</sup>	0.12 ± 0.004ª
Complex I	0.0017 ± 0.007a (*) 0.04 ± 0.003c (·) 0.08 ± 0.01b (+)	0.15 ± 0.03°	0.001 ± 0.0005 <sup>a</sup>	0.15 ± 0.02°	0.01 ± 0.0015ª	0.01 ± 0.003 <sup>b</sup>	0.10 ± 0.03 <sup>b</sup>	0.09 ± 0.01 <sup>b</sup>	0.0006 ± 0.0002 <sup>a</sup>	0.01 ± 0.003ª
Complex II (fmoles)	19.64 ± 4.85 <sup>a</sup> (*) 49.61 ± 28.99 <sup>b</sup> (·) 1372.57 ± 630.52 <sup>a,b</sup> (+)	135.78 ± 59.31 <sup>b</sup>	2.25 ± 0.98ª	1609.03 ± 856.89 <sup>b</sup>	10.03 ± 1.82ª	22.62 ± 7.63 <sup>a,b</sup>	59.49 ± 22.15ª	92.41 ± 30.85 <sup>a,b</sup>	4.64 ± 2.44 <sup>a</sup>	151.41 ± 84.69 <sup>a,b</sup>
Complex III	0.36 ± 0.04 <sup>b (*)</sup> 0.16 ± 0.06 <sup>b (·)</sup> 0.22 ± 0.10 <sup>a (+)</sup>	0.06 ± 0.01ª	0.01 ± 0.0004 <sup>a</sup>	0.28 ± 0.14ª	0.31 ± 0.03 <sup>b</sup>	0.07 ± 0.03 <sup>a,b</sup>	0.05 ± 0.01ª	0.06 ± 0.01ª	0.09 ± 0.01 <sup>a,b</sup>	0.71 ± 0.17 <sup>b</sup>
Complex IV	0.41 ± 0.06 <sup>a</sup> (*) 0.16 ± 0.06 <sup>b</sup> (·) 0.02 ± 0.004 <sup>a</sup> (+)	0.53 ± 0.33ª	0.11 ± 0.06 <sup>a,b</sup>	0.37 ± 0.18 <sup>a,b</sup>	0.02 ± 0.01ª	0.08 ± 0.04 <sup>a,b</sup>	0.37 ± 0.27 <sup>a,b</sup>	1.61 ± 0.37 <sup>b</sup>	0.03 ± 0.01ª	0.78 ± 0.14 <sup>b</sup>

The results are expressed as mean ± standard error. The significance level was set at p<0.05 for all cases, different letters (a, b, c) indicate significant differences.



**Figure 1** - Cardiac histological sections from the different groups: (A: 35 days p.i., B: 75 days p.i., C: 365 days p.i.) x 200, Tulahuen-infected mice. (D: 35 days p.i., E: 75 days p.i., F: 365 days p.i.) SGO Z12-infected group, x 200. (G: 35 days p.i., H: 75 days p.i., I: 365 days p.i.) Lucky-infected group, x 200. +: presence of inflammatory infiltrates; <: presence of fiber fragmentation.

mice have also shown inflammatory infiltrates. During the indeterminate phase (75 d.p.i.), the inflammatory infiltrates persisted in the three groups. In the chronic stage (365 d.p.i.) the Lucky and SGO Z12 groups presented inflammatory infiltrates, while the Tulahuen-infected group presented not only inflammatory infiltrates but also amastigotes nests.

#### DISCUSSION

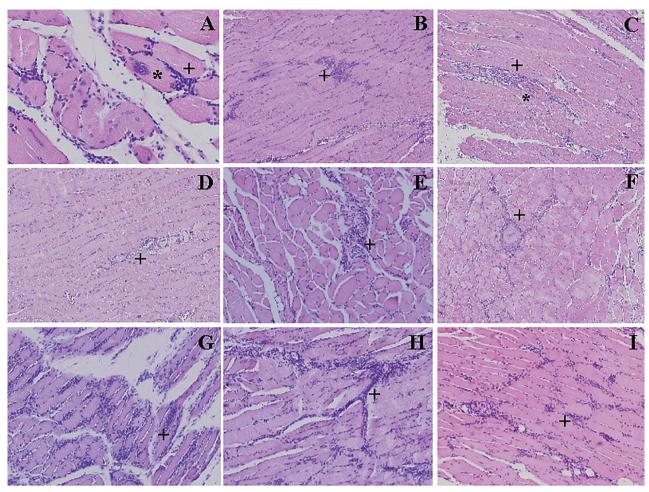
Reactive oxygen species (ROS) have a direct effect on chronic inflammatory processes and have been associated to the genesis of cardiac insufficiency and remodeling<sup>6,7</sup>. It has been proposed that the response of cardiac cells to oxidative stress produces progressive cellular changes targeting mitochondria<sup>8,23,25</sup>, demonstrating that the oxidative stress triggers mitochondrial mechanisms towards apoptosis that would be involved in the pathophysiology of ischemia and heart failure<sup>25</sup>.

However, it should be noted that *T. cruzi* entry does not only involve myocardial cells; it has been demonstrated that

the parasites use skeletal muscles as reservoirs throughout the course of infection, leading to functional and structural mitochondrial changes, and permanent skeletal muscle alterations<sup>12</sup> so that *T. cruzi* invasion produces a generalized inflammatory process as the parasite can be found in many different tissues<sup>15</sup>.

In the present study, we evaluated changes in the activity of one enzyme from the Krebs cycle as well as changes in complex I-IV of the mitochondrial respiratory chain in blood lymphomonocyte fractions triggered by infection with one *T. cruzi* strain and two *T. cruzi* isolates during the acute, indeterminate and chronic phases, to demonstrate that this infection involves changes in many structures of cellular energy metabolism that remain throughout the different phases. These changes may be important because they probably appear before clinical manifestations and could be used to prevent the progression of chagasic disease.

During the acute phase of the infection, the citrate synthase enzymatic activity remained similar to the control group in the Tulahuen and SGO Z12-infected groups, and



**Figure 2** - Skeletal muscle histological sections from the different groups: (A: 35 days p.i.) 400x (B: 75 days p.i., C: 365 days p.i.) x 200, Tulahuen-infected mice. (D: 35 days p.i., E: 75 days p.i., F: 365 days p.i.) SGO Z12-infected group, x 200. (G: 35 days p.i., H: 75 days p.i., I: 365 days p.i.) Lucky-infected group, x 200. +: presence of inflammatory infiltrates; \*: presence of amastigotes nests.

was significantly reduced in the Lucky group (p<0.05); during the indeterminate phase, the citrate synthase enzymatic activity increased in the SGO Z12-infected group (p<0.05) and in the chronic phase, its activity was changed in the Tulahuen and SGO Z12-infected mice (p<0.05).

CI-CIV complexes modified their enzymatic activities in different manners according to the stage of the infection and to the parasite strain used in the experimental infection. It is interesting that in the indeterminate phase without disease, the CI enzymatic activity was changed in all infected groups; CII was different to the control group in the Tulahuen and SGO Z12 groups; CIII was different in the Tulahuen group and Complex IV was the complex with the highest stability when compared to the controls, in the three studied groups.

The histopathological studies of heart and skeletal muscles found inflammatory infiltrates of different magnitudes according to the isolate used to infect mice and the stage of the infection that was certainly involved in the triggering of the increased oxidative stress, leading to effects upon the mitochondrial enzymatic activity.

The results of the present study show that *T. cruzi* infection in all phases damages mitochondrial enzymes activities in blood lymphomonocyte fractions, and that during the indeterminate stage CI, CII and CIII complex activities were modified in different manners and magnitudes depending on the *T. cruzi* strain or isolate involved in the infection, making them interesting tools to determine Chagas disease progression before the onset of clinical signs and symptoms. These mitochondrial enzymes alterations can be detected by a simple blood extraction, suggesting that they can act as disease markers, especially in the indeterminate phase.

#### **AUTHORS' CONTRIBUTIONS**

All the authors were involved in the conception and design of the study, the analysis and interpretation of data, drafting the article and revising it critically regarding the scientific content and the all approved the version to be published. ALB, DAVL and MSLP carried

out the experiments; MS and PCB were responsible for the statistical analysis; NM and HWR contributed with the writing and revision of the manuscript; PPO was responsible for the protocol design and is the research senior investigator.

#### **ETHICAL APPROVAL**

All applicable international, national, and/or institutional guidelines for the care and use of animals were followed (NIH, 1996).

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