

#### ORIGINAL RESEARCH

# Construction of a nomogram predicting the overall survival of patients with distantly metastatic non-small-cell lung cancer

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Department of Thoracic Surgery, Chinese PLA General Hospital, Beijing, People's Republic of China **Purpose:** This study aimed to establish a nomogram to predict the overall survival (OS) of the general non-small-cell lung cancer (NSCLC) patients with distant metastasis.

Patients and methods: We investigated Surveillance, Epidemiology, and End Results database for NSCLC patients with distant metastasis diagnosed between 2010 and 2014. Statistically significant prognostic factors were identified using uni- and multivariable Cox regression analyses. A nomogram incorporating these prognostic factors was developed and evaluated by the Harrell's concordance index (C-index), calibration plots, and risk group stratifications. **Results:** We finally included 18,209 patients for analysis. These patients were divided into two groups, 14,567 cases for the training cohort and 3,642 for the validation cohort. Marital status, sex, race, age, histology, T stage, N stage, histological differentiation, bone metastasis, brain metastasis, liver metastasis, with M1a disease, surgery of primary cancer, and chemotherapy were identified as the prognostic factors of the OS and integrated to construct the nomogram. The nomogram had a C-index of 0.704 (95% CI: 0.699-0.709) in the training set and 0.699 (95% CI: 0.689–0.709) in the validation set. The calibration curves for 1- and 2-year OS in the training and validation sets showed acceptable agreement between the predicted and observed survival. Also, the nomogram was capable of stratifying patients into different risk groups within the patients who presented with bone, liver, or brain metastasis, as well as in each T, N stage, respectively.

**Conclusion:** A nomogram was established and validated to predict individual prognosis for the general patients with distantly metastatic NSCLC. Global prospective data with the latest TNM classification and more comprehensive prognostic factors are needed to improve this model.

Keywords: nomogram, metastatic lung cancer, SEER, prognosis, overall survival, prediction

#### Introduction

Lung cancer is one of the most common malignancies as well as the leading cause of cancer-related death both in males and females worldwide. Non-small-cell lung cancer (NSCLC) constitutes for about 80% of all lung cancer cases. About 55% of NSCLC patients present with distant metastasis at diagnosis and have a poor prognosis with a median survival time of 8–9 months, despite medical progresses that have been made. In reality, metastatic lung cancer is a heterogeneous disease with various prognoses, which are affected by physical conditions of patients, such as age, sex, marital status, performance status as well as the TN stage, pathological or genotype characteristics, type of metastatic organ, number of metastatic sites, and medical treatments. Estimating prognosis of every patient accurately may benefit patients and doctors alike in all aspects of decision-making. The TNM stage released

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by International Association for the Study of Lung Cancer International Staging Project is widely accepted as a tool to predict the prognosis of patients and had been updated to the eighth edition. The eighth TNM stage took the number of metastatic sites into consideration and divided the cases with distant metastasis into M1b (single metastatic site) and M1c (multiple metastatic sites) subgroups. However, different metastatic organs are associated with different prognosis, and it ignores patients' physical condition, <sup>7,9</sup> pathological or genotype characteristics, and treatments. Therefore, it is still difficult to predict individual prognosis of metastatic lung cancer precisely and accurately by this tool.

Nomogram is a commonly feasible tool to predict disease prognostication of patients. In recent decades, several nomograms have been developed for metastatic NSCLC patients with brain metastasis, or treated with chemotherapy, shout no nomogram is constructed for the general distantly metastatic NSCLC cohort. In addition, EGFR-tyrosine kinase inhibitors (EGFR-TKIs) have been widely used since 2010, which would change the prognosis of distantly metastatic NSCLC. Therefore, the present study aimed to develop and validate a novel nomogram for this cohort by examining the cases diagnosed between 2010 and 2014 from the Surveillance, Epidemiology, and End Results (SEER) database, which covers 34.6% of the US population.

# Patients and methods

# Study population and data processing

In this study, data were extracted from the SEER program (www.seer.cancer.gov) SEER\*Stat Database: Incidence-SEER 18 Regs Custom Data (with additional treatment fields), Nov 2017 Sub (1973–2015 varying)-Linked to County Attributes-Total US, 1969–2016 Counties, National Cancer Institute, DCCPS, Surveillance Research Program, released in April 2018, based on the November 2017 submission using the SEER\*Stat software (version 8.3.5). SEER research data are publicly available, and we obtained the permission from the SEER program to access the research data (username: dengji). Informed consent was not required for this study. The inclusion and exclusion criteria are listed as follows:

#### Inclusion criteria

Lung cancer patients were pathologically confirmed (Site codes: C34.0, C34.1, C34.2, C34.3, C34.8, and C34.9) to have pathological types of NSCLC (histologic codes: 8010, 8012, 8013, 8020, 8046, 8050, 8052, 8070–8078, 8140, 8141, 8143, 8147, 8250–8255, 8260, 8310, 8430,

- 8480, 8481, 8490, 8560, and 8570–8575) diagnosed from 2010 to 2014.
- Patients had at least one distant organ metastasis (SEER code: at least one of CS Mets at dx-bone, brain, or liver code was "Yes", there was no information about adrenal or renal metastasis)
- Lung cancer was the first and only primary cancer diagnosis.

#### Exclusion criteria

- Diagnosis was obtained through death certificate or autopsy.
- Patients had missing or incomplete information about marital status, race, bone, brain, liver metastasis, surgery of primary cancer, or radiation.
- 3. Survival time was 0 month.
- 4. There existed unknown detailed information on accompanied metastasis information (CS Mets at dx code was 26, 70, and 75).

The following demographic, clinicopathological, and follow-up variables, including marital status, race, age, histology, tumor grade, American Joint Committee on Cancer (AJCC) T and N stage, primary site, laterality, bone metastasis, brain metastasis, liver metastasis, CS Mets at dx code, surgery of primary cancer, radiation, chemotherapy, vital status recode, and survival time were collected from the SEER program. According to the Collaborative Stage Data Collection System Coding Instructions, Version 02.05, the CS Mets at dx code: 15–25, 32, 33, 36, 38, 41–43, 52, 53 indicate the presence of separate tumor nodule(s) in a contralateral lobe, malignant pleural or pericardial effusion, or tumor involved with pleural or pericardial nodule(s). 13 We defined a new item "With M1a". If the CS Mets at dx code of a patient was coded as one of them, his/her "With M1a" item would be coded as "Yes". Age is a continuous variable and was transformed into categorical variables according to the cutoff values determined by the X-tile software (https://medicine.yale.edu/lab/rimm/ research/software.aspx). The software can divide continuous variable into several subgroups with the largest chi-squared log-rank value and the minimum P-value rationally. 14 Surgery of primary cancer and radiation therapy was divided into two categories ("yes" or "no"). Overall survival (OS) was defined as the time from diagnosis to death despite the causes.

# Statistical analysis

The cases that we finally included were assigned randomly into the training and validation sets in a 4:1 ratio by the digital method. We performed a descriptive analysis of

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the demographic and clinicopathological features of the included patients in training and validation sets. At the same time, we calculated the median survival time (95% CI) for each subgroup using the Kaplan-Meier analysis. In the training cohort, prognostic risks of the OS were identified using the unadjusted univariable Cox regression analysis. Variables that reached statistical significance (P<0.05) were involved into multivariable analyses. According to the results of the Cox proportional hazards model, variables that remained statistically significance (P<0.05) were incorporated to construct the nomogram by R software version 3.3.3 (Institute for Statistics and Mathematics, Vienna, Austria; www.r-project.org) with the "rms" and "survival" package. The nomogram adopted the 1- and 2-year OS as the endpoints. We used the Harrell's concordance index (C-index) with a 95% CI to evaluate the discriminative ability of the nomogram by 1,000 bootstraps resamples for internal validation in the training cohort and external validation in the validation set, respectively. We developed calibration blots in the two sets to visualize the agreement between the predicted and observed 1- and 2-year OS to assess the predicted accuracy of the nomogram. In addition, patients in the validation set were assigned into different risk groups according to quartile of prognostic scores in training cohort. Survival curves for different risk groups in the validation set were generated by the Kaplan–Meier analysis and compared using the log-rank test in order to investigate the discriminate ability of the nomogram. Two-sided *P*-values <0.05 were considered as statistically significance. All statistical analysis procedures were performed using SPSS 23.0 (SPSS Inc., Chicago, IL, USA).

#### Results

# Baseline clinicopathological features

Finally, a total of 18,209 cases that met our criteria were extracted from the SEER database. The details of caseselection procedures are demonstrated in Figure 1. The entire cohort was randomly allocated into two groups, 14,567 cases in the training cohort and 3,642 cases in the validation cohort, respectively. The demographic and clinicopathological features of the patients in the two cohorts are shown in Table 1, as well as the OS (95% CI) of each subgroup. The median age (25th-75th percentile) of the training set at diagnosis was 64 (57–72) years. Age is a continuous variable and was transformed into three categories according to the cutoff value: Min-61, 62-73, and 74-Max, which were determined by x-tiles with the maximum Chi-squared log-rank value. There were 58.84%, 58.04%, 19.79%, and 25.04% of the patients who presented with bone, brain, liver metastasis, and M1a diseases at diagnosis, respectively. The median OS (25-75

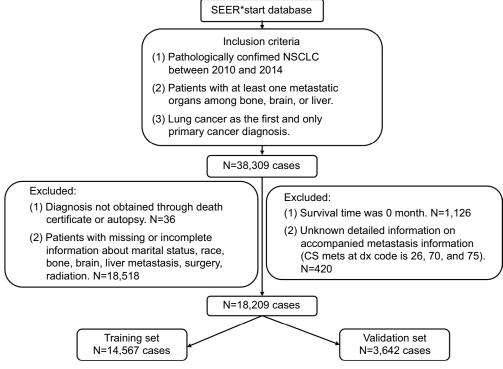


Figure 1 The flowchart of cases selection.

Abbreviations: NSCLC, non-small-cell lung cancer; SEER, Surveillance, Epidemiology, and End Results

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Table I Demographic and clinicopathological characteristics of the training cohort and validation cohort

Demographic or	Training set (N=14,567)			Validation set (N=3,642)		
clinicopathological characteristics	No. of OS (mont		 hs)	No. of	OS (montl	ns)
	patients (%)	Median	95% CI	patients (%)	Median	95% CI
Sex		I				
Male	8,126 (55.78)	5	4.84–5.16	1,960 (53.82)	5	4.66–5.34
Female	6,441 (44.22)	6	5.75–6.26	1,682 (46.18)	6	5.52-6.48
Marital status at diagnosis	1,, (=)		10000000	1,002 (10110)		10.00
Married	8,162 (56.03)	6	5.79–6.20	1,995 (54.78)	6	5.56-6.45
Unmarried	6,405 (43.97)	5	4.82–5.18	1,647 (45.22)	5	4.67–5.33
Race	12, 22 ( 22.2.)			7 ( )	1 -	
White	11,405 (78.29)	5	4.86–5.14	2,815 (81.31)	5	4.72-5.28
Black	1,893 (13.00)	5	4.66–5.34	486 (13.34)	5	4.40-5.61
Others	1,269 (8.71)	9	8.14–9.86	341 (9.36)	11	8.63-13.37
Age at diagnosis, years			Į.	, ,	,	
<u>≤</u> 61	5,873 (40.32)	7	6.74–7.26	1,466 (40.25)	7	6.39–7.61
62–73	5,614 (38.54)	5	4.80–5.20	1,405 (38.58)	5	4.60–5.40
≥74	3,080 (21.14)	4	3.83-4.17	711 (19.52)	4	3.66-4.34
Histology	1 -, ()	I.	1	1 (/	J	1
Adenocarcinoma	9,420 (64.67)	6	5.80-6.20	2,389 (65.60)	6	5.58-6.42
Squamous cell carcinoma	2,369 (16.26)	4	3.75–4.26	565 (15.51)	4	3.44–4.56
Large cell carcinoma	381 (2.62)	4	3.29–4.71	93 (2.55)	4	3.06–4.94
Others	2,397 (16.46)	4	3.71–4.29	595 (16.34)	4	3.43–4.57
Grade	=,= ()		1 211 2 212	(**************************************		10710 1101
I	236 (1.62)	9	7.00-11.00	60 (1.65)	8	4.20-11.80
II	1,538 (10.56)	7	6.47–7.53	359 (9.86)	6	4.58–7.42
III	3,865 (26.53)	5	4.77–5.23	1,016 (27.90)	5	4.55–5.45
IV	176 (1.2)	4	3.38–4.62	31 (0.85)	7	3.77–10.23
Unknown	8,752 (60.08)	5	4.84–5.17	2,176 (59.75)	5	4.67–5.33
T stage	1,: 12 (11:11)		1101 0111	1 =, ( )	1 -	1
T0, T1	1,864 (12.80)	8	7.44–8.56	487 (13.37)	8	7.15–8.85
T2	3,748 (25.73)	6	5.70–6.30	909 (24.96)	6	5.33-6.67
Т3	3,319 (22.78)	5	4.74–5.26	813 (22.32)	5	4.58–5.42
T4	4,188 (28.75)	5	4.76–5.24	1,080 (29.65)	4	3.59-4.41
Tx	1,448 (9.94)	5	4.62–5.38	353 (9.69)	4	3.38-4.62
N stage	, - ()			( )		
N0	3,246 (22.28)	7	6.61-7.39	784 (21.53)	7	6.20-7.80
NI	1,229 (8.44)	6	5.39–6.61	293 (8.05)	5	4.05–5.95
N2	6,675 (45.82)	5	4.82–5.18	1,656 (45.47)	5	4.63–5.37
N3	2,837 (19.48)	5	4.71-5.29	741 (20.35)	5	4.50–5.50
Nx	580 (3.98)	4	3.33–4.67	168 (4.61)	4	3.30-4.69
Primary site	()			1 2 ( 12 )	<u> </u>	
Main bronchus	671 (4.60)	4	3.47–4.53	152 (4.17)	5	3.43-6.58
Lobe	11,883 (81.57)	6	5.84–6.16	3,005 (82.51)	5	4.72–5.28
Overlapping lesion of lung	136 (0.93)	5	3.70-6.31	27 (0.74)	6	3.46-8.54
Lung, not otherwise	1,877 (12.89)	5	4.64–5.36	458 (12.58)	5	4.35–5.65
specified				` '		
Laterality			ı	1		
Left	5,732 (39.35)	5	4.77–5.23	1,436 (39.43)	6	5.54-6.46
Right	8,028 (55.11)	5	4.81–5.19	2,019 (55.44)	5	4.65–5.35
Others	807 (5.54)	5	4.38–5.62	187 (5.13)	5	3.97-6.03
With MIa	. , ,	1	ı	/	1	
Yes	3,648 (25.04)	4	3.76-4.24	950 (26.08)	4	3.52-4.48
No	10,919 (74.96)	6	5.82–6.18	2,692 (73.92)	6	5.63-6.37

(Continued)

Table I (Continued)

Demographic or	Training set (N=	Training set (N=14,567)			Validation set (N=3,642)		
clinicopathological characteristics	No. of	OS (months)		No. of	OS (months)		
	patients (%)	Median	95% CI	patients (%)	Median	95% CI	
Brain metastasis	·	•	'	'	'	<u>'</u>	
Yes	8,460 (58.08)	6	5.80-6.20	2,143 (58.84)	5	4.59–5.41	
No	6,107 (41.92)	5	4.82–5.18	1,499 (41.16)	5	4.62-5.38	
Liver metastasis			•				
Yes	2,883 (19.79)	4	3.81-4.19	680 (18.67)	3	2.68-3.32	
No	11,684 (80.21)	6	5.83-6.17	2,962 (81.33)	6	5.64-6.36	
Radiation			•		•		
Yes	14,304 (98.19)	5	4.86–5.14	3,582 (98.35)	5	4.74–5.26	
No	263 (1.80)	2	1.66-2.35	60 (1.65)	2	1.37-2.63	
Chemotherapy			•		•		
Yes	9,186 (63.06)	8	7.79–8.21	2,330 (63.98)	8	7.56–8.44	
No/Unknown	5,381 (36.94)	2	1.92-2.08	1,312 (36.02)	2	1.84-2.16	
Surgery	·			·			
Yes	359 (2.46)	13	11.10–14.90	95 (2.61)	13	9.95-16.05	
No	14,208 (97.54)	5	4.87–5.13	3,547 (97.39)	5	4.75–5.25	

percentile) was only 5 (2–12) months. The 1- and 2-year OS survival rate was only 23.8% and 8.0%, respectively.

# Independent prognostic factors in the training set

We performed univariable unadjusted Cox analysis to the following variables: marital status (married vs unmarried), race (White vs Black vs others), sex (male vs female), age (≤61 vs 62–73 vs ≥74 years), histology type (adenocarcinoma [ADC] vs squamous cell carcinoma vs large cell carcinoma vs others), tumor sites (main bronchus vs lobe vs overlapping lesion of lung vs lung, not otherwise specified), laterality (left vs right vs others), T stage (T0, T1 vs T2 vs T3 vs T4 vs Tx), N stage (N0 vs N1 vs N2 vs N3 vs Nx), histological differentiation (grade I vs grade II vs grade III vs grade IV vs grade X), bone metastasis (yes vs no), brain metastasis (yes vs no), liver metastasis (yes vs no), with M1a (yes vs no), surgery of primary cancer (yes vs no), radiation (yes vs no), and chemotherapy (yes vs no/unknown) using the training cohort. All aforementioned variables except laterality (P=0.821) were identified as statistically significant prognostic factors (all P<0.001) (Table S1). These prognostic factors were then included in the multivariable analysis, and we observed that radiation therapy was not significantly associated with the OS (P=0.143) (Table S1). During the analysis process, we found that some subgroups of patients had similar OS, we thereby combined these subgroups as one category in the multivariable analysis, including White and Black populations, T2, T3, T4, and Tx, grade I and grade II, as well as grade III and grade X, N1, N2, N3, and Nx. After combining these subgroups, we conducted the multivariable analysis again. The results showed that all of these factors were still significantly associated with OS. All factors were then incorporated to develop the nomogram. However, we found that four subgroups of tumor sites scored 0, therefore, these variables were removed from the following analysis. After that, we performed the multivariable analysis again, and the remaining 14 variables remained the prognostic factors of OS (Table 2).

# Nomogram development and validation

We then constructed a nomogram integrating these prognostic factors using the training cohort (Figure 2). As is shown in the nomogram, chemotherapy made the largest contribution to the prognosis, followed by surgery of primary cancer, interestingly. Race, tumor grade, presence of liver, bone metastasis, age, T stage, N stage, and histology, which showed moderate impacts on the OS, while the presence of M1a disease, brain metastasis, sex, and marital status made the modest difference to the prognosis. Each negative subtype within these variables was assigned a score (Table 3). By adding up these scores according to a patient's condition, the total score was obtained. Then, the total score was located on the total point line, and a straight line could be drawn to estimate the patient's probability of 1- and 2-year OS. The nomogram had a C-index of 0.704 (95% CI: 0.699-0.709) in the training set and 0.699 (95% CI: 0.689-0.709) in the validation set. The calibration curves for 1- and 2-year OS Deng et al Dovepress

Table 2 Results of the multivariable Cox regression analysis after combining the subgroups with similar OS

Subgroup	No. of patients			HR (95% CI)	P
Marital status	•		i		<0.001
Married	8,162			Reference	10.001
Unmarried	6,405		HIIH	1.089 (1.051–1.128)	
Race	1,100			(11001 (11101)	<0.001
White or Black	13,298			Reference	
Others	1,269	HEH		0.692 (0.649–0.737)	
Sex	1,200			(313.11)	<0.001
Female	6,441			Reference	10.00
Male	8,126		HEH	1.170 (1.130–1.212)	
Age				(11100 11212)	<0.001
<u>≤</u> 61	5,873			Reference	10.001
62–73	5,614		HEH	1.151 (1.107–1.196)	
≥74	3,080		H <b>=</b> H	1.284 (1.224–1.346)	
Histology	3,000			1.201 (1.221 1.310)	<0.001
ADC	9,420			Reference	<0.001
Others	5,147		H≣H	1.218 (1.175–1.264)	
T stage	3,147			1.218 (1.173–1.264)	-0.001
	1,864			D-f	<0.001
T0, T1			⊢■→	Reference	
T2-4/Tx	12,703			1.295 (1.229–1.366)	0.001
Grade	1.774			2 (	<0.001
1, 11	1,774		<b>⊢≣</b> I	Reference	
III, X	12,617		<b> </b>	1.160 (1.100–1.223)	
IV	176			1.410 (1.200–1.657)	
N stage	2244				<0.001
N0	3,246		⊢■⊣	Reference	
NI-3/Nx	11,321			1.306 (1.252–1.363)	
Bone metastasis					<0.001
No	5,996		H∎H	Reference	
Yes	8,571			1.276 (1.222–1.332)	
Brain metastasis					<0.001
No	6,107		<b>⊢</b> ■-1	Reference	
Yes	8,460			1.182 (1.132–1.234)	
Liver metastasis					<0.001
No	11,684		⊢ <del>≣</del> ⊣	Reference	
Yes	2,883			1.348 (1.291–1.407)	
With MIa					<0.001
No	10,919			Reference	
Yes	3,468		H≣H	1.168 (1.122–1.215)	
Surgery					<0.001
No	359			Reference	
Yes	1,420	<b>⊢</b>		0.572 (0.505–0.646)	
Chemotherapy					<0.001
No/unknown	5,381			Reference	
Yes	9,186	•		0.423 (0.408-0.440)	
	0	0.5	I 1.5		

Abbreviations: OS, overall survival; ADC, adenocarcinoma.

showed acceptable agreement between the predicted and actual survival in both cohorts (Figures 3 and 4).

#### Risk stratifications

We added the total score for every patient in the training set, and then sorted the patients according to the scores to get the quartile of prognosis scores: Min–224, 225–259, 260–311, and 312–Max. Each risk group represented a distinct prognosis. We observed significant distinctions between the Kaplan–Meier curves (P=0.00) within overall patients or patients with brain, liver, bone metastasis, as well as T0, T1 stage, T2–4, Tx stage, N0 stage, and N1–3, Nx stage,

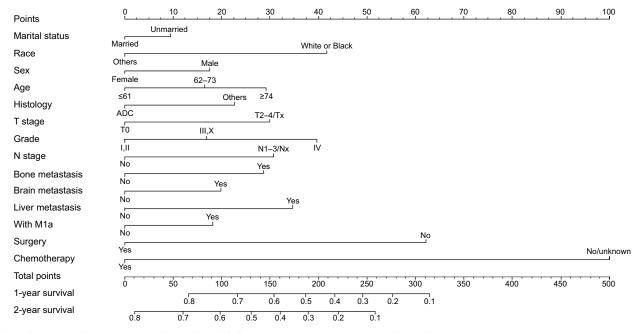


Figure 2 Nomogram for predicting I- and 2-year OS of NSCLC patients with distant organ metastasis ("Surgery" refers to surgery to the primary cancer site). Abbreviations: ADC, adenocarcinoma; NSCLC, non-small-cell lung cancer; OS, overall survival.

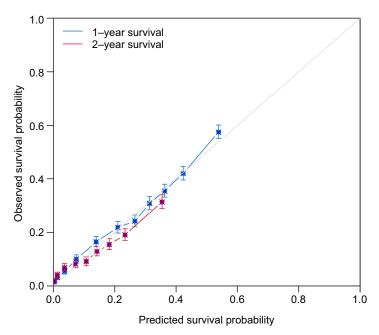


Figure 3 Calibration plots of the internal training cohort.

respectively, after applying the cutoff values to divide the patients in the validation cohort, as shown in Figures 5 and 6.

#### **Discussion**

In the current study, we established a nomogram to predict the prognosis of general distantly metastatic NSCLC patients using the data retrieved from the SEER database. A total of 18,209 cases were included, and 14 significant prognosis factors that represent demographic, pathological, and treatment data were identified by conducting uni- and subsequent multivariable analysis in the training set and then integrated to construct the nomogram. The validation showed that the nomogram is of acceptable discrimination ability with a C-index of 0.704 (95% CI: 0.699–0.709) in the training set and 0.699 (95% CI: 0.689–0.709) in the validation set. As is shown in the calibration blots, the nomogram can predict

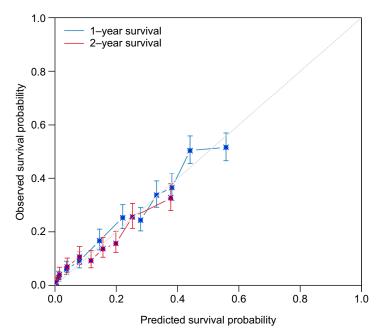


Figure 4 Calibration plots of the external validation cohort.

Table 3 Scores of every subgroup within each variable

Variables	Points	Variables	Points	
Marital status		Grade		
Married	0	l, II	0	
Unmarried	9	III, X	17	
Race		IV	40	
White or Black	42	Bone metastasis		
Others	0	No	0	
Sex		Yes	29	
Female	0	Brain metastasis		
Male	17	No	0	
Age		Yes	20	
≤61	0	Liver metastasis		
62–73	17	No	0	
≥74	29	Yes	35	
Histology		With MIa		
ADC	0	No	0	
Others	23	Yes	18	
T stage		Surgery		
T0, T1	0	No	62	
T2-4/Tx	30	Yes	0	
N stage		Chemotherapy		
N0	0	No/unknown	100	
NI-3/Nx	31	Yes	0	

Abbreviation: ADC, adenocarcinoma.

1- and 2-year OS accurately. The nomogram was also capable of stratifying patients into different risk groups within the patients presented with bone, liver, or brain metastasis, as well as T, N stages.

To the best of our knowledge, this is the first prognosis nomogram developed for general NSCLC patients with distant organ metastasis based on a large, diverse, population-based cohort that was collected from the SEER program. This nomogram can easily predict the prognosis of a patient and inform individual benefits of certain medical treatments as well as stratify the patient into different risk subgroups, which might be meaningful and informatory for clinical decision-making. For example, for the metastatic EGFR-mutated NSCLC, the National Comprehensive Cancer Network guideline recommended the EGFR-TKIs as their first-line therapy, 15 among them, this nomogram can help to recognize the high-risk subgroups that may need more intensive treatments like chemotherapy at the same time. In addition, for the high-risk subgroup among the whole population determined by our nomogram, we should pay closer attention and shorten the follow-up period in order to adjust treatment methods in a timely manner according to the changes of their tumor condition. We can also give them more palliative care like psychological or sentimental support and encourage them to participate in clinical trials of anticancer drugs. Furthermore, these tools may help the designers of clinical trials to get more equivalent baselines between different study groups. It is also worth noting that the SEER database covers 34.6% of the US population, <sup>12</sup> which, therefore, guarantees the representativeness of our nomogram and implies the potential universal application of our nomogram, which has an acceptable discrimination ability and excellent prediction accuracy.

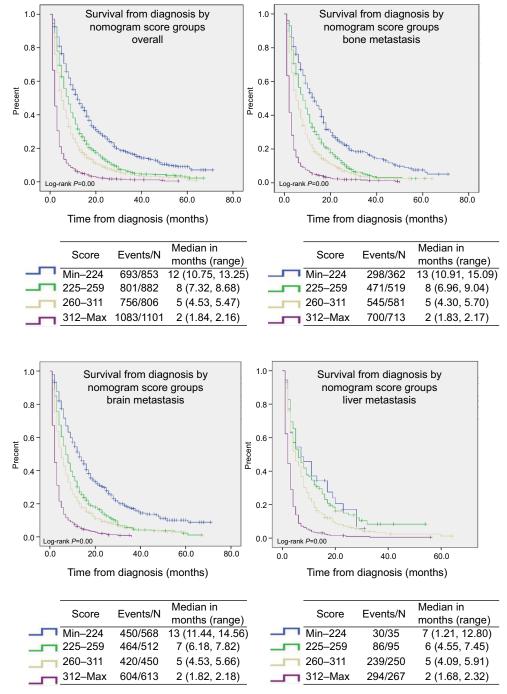


Figure 5 Risk group stratification within overall patients and each metastatic site.

Notably, we did not include the NSCLC patients with stage M1a. It is because the prognosis of M1a patients is significantly better than M1b patients, and the presence with M1a disease would have a contradictory impact on M1a and M1b patients, which would result in wrong scores in M1a item of the nomogram.

Marital status, sex, race, age, histology, T stage, N stage, histological differentiation, the presence of bone metastasis,

brain metastasis, liver metastasis, M1a disease, surgery of primary cancer, and chemotherapy were identified as the prognostic factors of the OS, which was in line with the previous studies. <sup>5,7,8,11,16–18</sup> Among them, surgery of primary cancer could notably improve the prognosis. Thus, we analyzed the characteristics of these patients who underwent surgery and found that all of them received radiation therapy, and most of them received chemotherapy. Surgery to the

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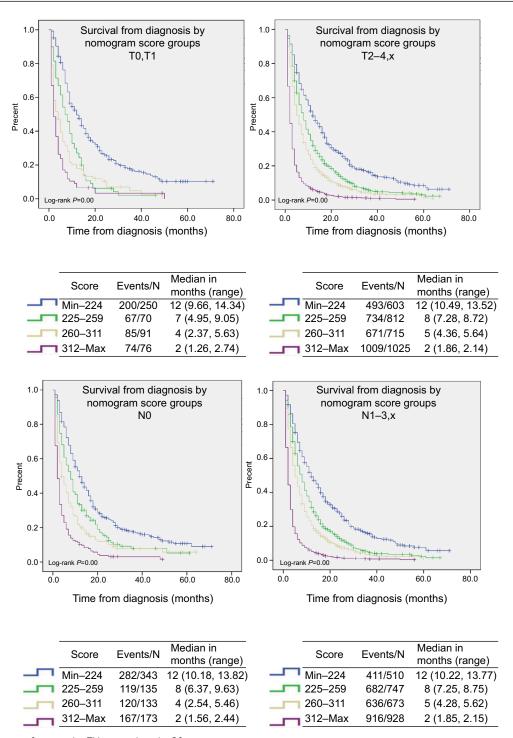


Figure 6 Risk group stratification within TN stage with similar OS. Abbreviations: TN, tumor node; OS, overall survival.

primary cancer site was treated as a part of the multimodality regimens. David et al queried the California Cancer Registry and identified 34,016 patients to make an unmatched survival analysis; they also found that the stage IV NSCLC patients who underwent surgical procedures as a part of their multimodality therapy had significantly longer median OS than these receiving non-surgical treatments (9.4–28 vs 2–10 months). 19 Given the patients' favorable responses to systemic therapies like targeted therapy and immunotherapy, surgery to the primary cancer might be reconsidered as a part of multimodality therapy. Surgery can provide enough tissue to enable detailed molecular and genetic subtyping of NSCLC.<sup>20</sup> It can also decrease patients' tumor burden and alleviate or eliminate the complications caused by tumors to

improve patients' life quality. However, it should be noted that not all patients can benefit from surgery; whether surgical treatment should be performed on metastatic NSCLC patients should take various individual, treatment-related and disease-related factors into consideration and carefully discussed in a multidisciplinary setting.<sup>21</sup> Moreover, surprisingly, radiation therapy did not remain significant statistically in the multivariable analysis (P=0.143), which indicates that radiotherapy has a modest impact on OS, just as a previous study reported.<sup>22</sup> But radiation therapy is still an option of palliative care to relieve pain or complications of patients and may have potential to prolong patients' OS. AD was associated with the best prognosis, which might be partly interpreted by the fact that AD presents with much more EGFR gene mutations, making AD more sensitive to EGFR-TKIs. Among distant metastatic sites, liver metastasis was associated with the poorest prognosis, followed by bone metastasis, that was in high concordance with a previous research, which analyzed 17,431 lung cancer patients in Sweden.7 In a word, our nomogram included rational prognostic factors of distantly metastatic NSCLC patients.

Limitations: 1) The important prognostic factors of advanced lung cancer that were identified in previous studies, such as performance status score, body mass index, smoking status, appetite condition, genotype characteristics, serum markers, skin/adrenal metastasis, the usage of EGFR-TKIs or vascular endothelial growth factor-targeted drugs, and the detailed information of chemotherapy were not taken into consideration in this study because there were no such information provided by the SEER database.<sup>2,3,6,23</sup> 2) All patients were staged according to the seventh edition of the TNM classification for lung cancer; however, the coding rules on tumor extension made us difficult to restage the patients according to the latest eighth edition of the TNM classification. For example, CS extension code 600 included lung cancers extended to diaphragm, chest wall, or Pancoast cancer. Lung cancers extended to chest wall, Pancoast cancer, which are at stage T3 according to the seventh and eighth edition of the TNM classification while lung cancers extended to diaphragm is already changed to stage T4 according to the latest eighth edition of the TNM classification. 13,24 As a result, we cannot determine the T stage of a patient with this code in the latest eighth edition of the TNM classification, which may result in inconvenience in the use of the nomogram. 3) The third limitation is the retrospective nature of the data collection from the SEER database. Moreover, overall sensitivity was 68% and 80% for chemotherapy and radiotherapy, respectively, despite a high specificity of these data.<sup>25</sup> 4) The nomogram is only generalized based on the data

of the patients in the USA and thus, might not be representative of the patients worldwide. 5) The SEER database only provided information on metastasis to bone, brain, and liver at diagnosis, without taking the metastasis during follow-up periods into consideration. Therefore, global prospective data with the latest TNM classification and more comprehensive prognostic factors are needed to improve this model.

#### Conclusion

A nomogram was established and validated to predict individual prognosis for the general distantly metastatic NSCLC patients. Global prospective data with the latest TNM classification and more comprehensive prognostic factors are needed to improve this nomogram.

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#### **Author contributions**

Conception and design: Jianqing Deng, Xiangyang Chu. Collection and assembly of data: Jianqing Deng, Zhipeng Ren, Jiaxin Wen. Data analysis and interpretation: all authors. Manuscript writing: all authors. All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

#### Disclosure

The authors report no conflicts of interest in this work.

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# Supplementary material

Table SI Results of the univariable and multivariable Cox regression analysis before combining the subgroups with similar OS

Demographic or clinicopathologic	Univariable analysis P	Multivariable analysis		
characteristic		Hazard ratio (95% CI)	P	
Sex	<0.001		<0.001	
Female		Reference		
Male		1.168 (1.128–1.210)	<0.001	
Marital status	<0.001		<0.001	
Married		Reference		
Unmarried		1.093 (1.055–1.132)	<0.001	
Race	<0.001		<0.001	
White		Reference		
Black		0.949 (0.901–0.999)	0.047	
Others		0.682 (0.639–0.727)	<0.001	
Age at diagnosis, years	<0.001		<0.001	
≤61		Reference		
62–73		1.152 (1.108–1.198)	<0.001	
≥74		1.288(1.228–1.352)	<0.001	
Histology	<0.001	, ,	<0.001	
Adenocarcinoma		Reference		
Squamous cell cancer		1.260 (1.200–1.312)	<0.001	
Large cell cancer		1.157 (1.037–1.290)	0.009	
Others		1.172 (1.118,1.229)	<0.001	
Grade	<0.001		<0.001	
1		Reference		
II		1.027 (0.888–1.188)	0.719	
III		1.248 (1.085–1.436)	0.002	
IV		1.486 (1.206–1.829)	<0.001	
Unknown		1.167 (1.017–1.339)	0.028	
T stage	<0.001		<0.001	
TO, TI		Reference		
T2		1.237 (1.165–1.313)	<0.001	
T3		1.318 (1.239–1.402)	<0.001	
T4		1.293 (1.218–1.374)	<0.001	
Tx		1.296 (1.202–1.397)	<0.001	
N stage	<0.001		<0.001	
N0		Reference		
NI		1.196 (1.115–1.282)	<0.001	
N2		1.289 (1.232–1.349)	<0.001	
N3		1.405 (1.330–1.485)	<0.001	
Nx		1.284 (1.168–1.411)	<0.001	
Primary Site	<0.001	,	0.005	
Main bronchus	X0.001	Reference	0.000	
Lobe		0.882 (0.814–0.956)	0.002	
Overlapping lesion		1.040 (0.860–1.259)	0.683	
Lung, NOS		0.902 (0.822–0.989)	0.029	
Laterality	0.821	, , , , , , , , , , , , , , , , , , , ,		
Left				
Right				
Others				
With MIa	<0.001		<0.001	
No		Reference		
Yes		1.146 (1.100–1.194)	<0.001	
Bone metastasis	<0.001	,	<0.001	
No		Reference		
Yes		1.275 (1.221–1.331)	<0.001	

(Continued)

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#### Table SI (Continued)

Demographic or clinicopathologic	Univariable analysis P	Multivariable analysis		
characteristic		Hazard ratio (95% CI)	P	
Brain metastasis	<0.001		<0.001	
No		Reference		
Yes		1.185 (1.134–1.238)	<0.001	
Liver metastasis	<0.001		<0.001	
No		Reference		
Yes		1.339 (1.283–1.397)	<0.001	
Radiation	<0.001		0.143	
No				
Yes				
Chemotherapy	<0.001		<0.001	
No/Unknown		Reference		
Yes		0.421 (0.405–0.437)	<0.001	
Surgery	<0.001		<0.001	
No		Reference		
Yes		0.568 (0.501–0.642)	<0.001	

Abbreviation: OS, overall survival.

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