

Dysplastic Nevus with Eruptive Melanocytic Lesions That Developed during Nilotinib Therapy for Chronic Myeloid Leukemia

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Dear Editor:

Eruptive melanocytic lesions (EMLs) have been associated with immunosuppressive conditions, immunodeficiency, and blistering diseases. Melanocytic lesions that suddenly develop after the administration of immunosuppressants indicate that the immune system may play an important role in limiting normal melanocyte proliferation¹. The development of EML is probably mediated by the immunosuppressive action of drugs².

Biological drugs such as infliximab, alefacept, etanercept, and sorafenib have also been reported to be associated with EML^{1,3,4}. We report a case of EML and a dysplastic nevus that developed in a patient with chronic myeloid leukemia (CML) after using nilotinib.

A 39-year-old female patient was found to have CML after

a routine health evaluation and began to take 400 mg nilotinib twice a day from 2008; she was still taking the medication at the time of the study. After several months, she gradually developed pigmented lesions on her face and trunk. During the next 4 years, the number of pigmented lesions increased, appearing throughout the whole body, including areas that are not exposed to sunlight. On examination, we found ≥ 100 pigmented lesions with diameters of 2~3 mm. In addition, 4 years after the initiation of therapy, she noticed a 4-mm dark papule on her right thigh, with itching. Dermoscopic examination of the papule on the thigh showed structureless pigmentation with asymmetric and irregular and fuzzy borders, and several blackish globules were found on one side of the periphery (Fig. 1A, B). Histopathological examination of the

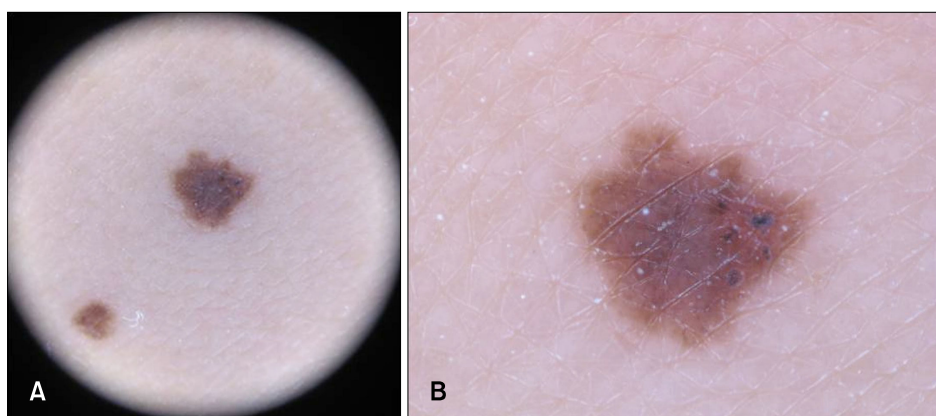


Fig. 1. Dermoscopic picture showing structureless pigmentation with asymmetric and irregular and fuzzy borders, and several blackish globules.

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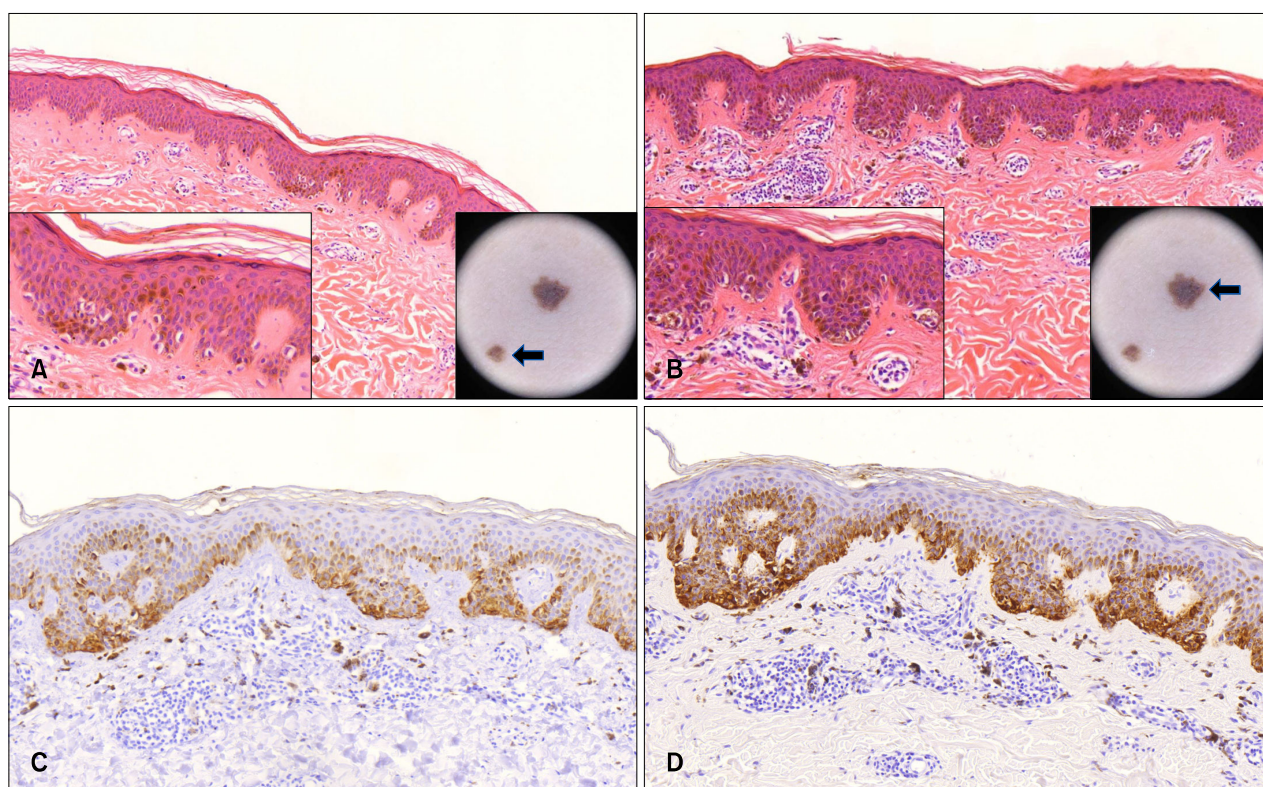


Fig. 2. (A) Histopathological picture of the benign melanocytic lesion showing slightly elongated, clubbed rete ridges and intermittently distributed single melanocytes at the tip and side of the rete ridges. Lesional melanocytes did not show dysplasia (H&E, $\times 100$; left inset: $\times 400$; right inset: clinical picture). (B) Histopathological picture of the atypical pigmented lesion showing elongated, fused rete ridges and contiguously distributed single melanocytes and a few small nests at the dermal-epidermal junction. In addition, eosinophilic fibroplasias and mild perivascular infiltrate were observed. Lesional melanocytes were observed to have moderately enlarged nuclei compared with most normal melanocytes and slightly irregular, hyperchromatic nuclei on the high-power field ($\times 100$; left inset: $\times 400$; right inset: clinical picture). (C) Melan-A immunoreactivity of contiguously distributed melanocytes ($\times 100$). (D) HMB45 immunoreactivity of contiguously distributed melanocytes ($\times 100$).

3-mm, benign melanocytic lesion showed slightly elongated, clubbed rete ridges and intermittently distributed single melanocytes at the tip and side of the rete ridges without signs of dysplasia (Fig. 2A). In contrast, the atypical pigmented lesion showed elongated, fused rete ridges and contiguously distributed single melanocytes and a few small nests at the dermal-epidermal junction. In addition, eosinophilic fibroplasias and mild perivascular infiltrate were observed. The lesional melanocytes were observed to have moderately enlarged nuclei and slightly hyperchromatic nucleoli (Fig. 2B~D). Therefore, we established a diagnosis of dysplastic nevus with EML that developed during nilotinib therapy. We removed the dysplastic nevus through punch biopsy and the multiple melanocytic lesions with a 755-nm alexandrite laser.

Nilotinib is a second-generation tyrosine kinase inhibitor with excellent efficacy for CML⁵. The effects of nilotinib as a KIT inhibitor were also reported to show a durable response in patients with metastatic melanoma harboring

the KIT mutation⁵. However, there have been no clinical or laboratory reports of nilotinib affecting the proliferation of melanocytes or tumor development from a melanocyte origin. Nevertheless, the development of EML after nilotinib use may possibly be caused by interference with the functions that control the proliferation of melanocytes through similar mechanisms as those of sorafenib³ or tumor necrosis factor- α inhibitor-induced EML^{1,4}. Because the development of eruptive pigmented lesions has been related to immunosuppression, potentially diminished immune surveillance may allow melanocyte growth factors to promote development of pigmented lesions³.

To our knowledge, this is the first reported case of a dysplastic nevus with EML that developed during nilotinib therapy in a middle-aged woman with CML.

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Autologous Whole Blood Injection for the Treatment of Antihistamine-Resistant Chronic Spontaneous Urticaria

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Dear Editor:

Recently, the term chronic spontaneous urticaria (CSU) is used to indicate spontaneous and persistent wheals, independent of external physical stimuli¹. CSU is classified into two groups according to the presence of autoantibodies: chronic autoimmune urticaria (CAU) and chronic idiopathic urticaria (CIU)². Several treatment methods are available for patients with CSU. However, CSU can be resistant to conventional treatment, including high-dose antihistamines (up to 4-fold dose of H1 antihistamines). Autologous whole blood (AWB) injection, a prevalent method to treat allergic rhinitis, atopic dermatitis, and viral disease, is scientifically unproven^{3,4}. Few reports have documented the clinical improvement of CSU after injection of

AWB^{5,6}. Although its mechanism of action remains widely unknown, we believe that AWP injection may desensitize the patient against triggering factors including autoantibodies.

The aim of this study was to evaluate the efficacy of AWP injection in treating CSU, and to compare its efficacy on CAU and CIU. The study was approved by the hospital ethics committee (E-2013096), and all patients gave their informed consent. We treated 22 patients with CSU, who had uncontrolled urticaria most days of the week despite antihistamine therapy for >6 weeks, by administering AWP injections for 8 consecutive weeks. Patients who had developed urticarial due to foods, drugs, or physical and environmental factors, female patients who were

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