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REVIEW

The Evolving Role of Brentuximab Vedotin in Classical Hodgkin Lymphoma

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¹Lombardi Comprehensive Cancer Center, Medstar Georgetown University Hospital, Washington, DC, USA; ²Seattle Cancer Care Alliance, Fred Hutchinson CRC, University of Washington, Seattle, WA, USA **Abstract:** The arrival of the CD30 directed antibody-drug conjugate, brentuximab vedotin (BV), has altered the approach to patients with classical Hodgkin lymphoma. Since initial approval in 2011, BV has been extensively studied in previously untreated and relapsed/refractory patients. Treatment indications for the antibody-drug conjugate have been expanded from the previously treated population to include maintenance therapy after autologous stem cell transplantation and recently, combination with chemotherapy in newly diagnosed advanced stage patients. This article will review the evolution of BV in classical Hodgkin lymphoma, detailing the studies that led to the approved indications and discussion of recent trials in combination with chemotherapy and immunotherapy.

Keywords: antibody-drug conjugate, brentuximab vedotin, CD30, immunotherapy, classical Hodgkin lymphoma, novel therapies

Introduction

Standard front-line regimens for classical Hodgkin lymphoma (cHL) have enabled durable remissions in 90% of early stage¹ and 75% of advanced stage patients.² Unfortunately, 10–30% will experience refractory or relapsed disease and only half of these patients are expected to achieve a long-term cure with high-dose chemotherapy followed by autologous stem cell transplantation (ASCT).³ As over 8000 new patients are diagnosed with cHL each year in the United States alone,⁴ there is a substantial need for more effective, novel therapies, particularly in the advanced stage and previously treated population.

The hallmark feature of cHL is the Reed-Sternberg (RS) cell, originated from B-cell lineage and characterized by high levels of CD30 expression. CD30 is a transmembrane glycoprotein of the TNF receptor superfamily that affects cell survival, proliferation, and apoptosis, and therefore is an ideal target for therapy in cHL.⁵ The antibody-drug conjugate brentuximab vedotin is comprised of a chimeric anti-CD30 IgG1 antibody linked to monomethyl auristatin E (MMAE), a microtubule-disrupting agent. Once bound to CD30, this complex is internalized, and lysosomal enzymes cleave the linker, releasing MMAE within the target cell and resulting in mitotic arrest and induction of apoptosis.⁶

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Brentuximab Vedotin Monotherapy

Initial efforts with CD30 directed monoclonal antibodies (mAb) were clinically unsuccessful. One early preclinical study indicated robust in vivo binding of CD30 expressing RS cells with the murine Ber-H2 mAb in 6 patients, but unfortunately

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Initial phase I trials investigating BV in relapsed/ refractory cHL demonstrated overall response rates (ORR) of 36-54% with CR of 21-29% in heavily pretreated patients.^{12,13} The relative durability of response allowed for bridging to more definitive therapies including stem cell transplantation. These data led to the hallmark phase II trial evaluating the clinical efficacy of BV in 102 cHL patients with relapsed/refractory disease after autologous stem cell transplantation (ASCT).¹⁴ Patients were administered 1.8 mg/kg of BV every three weeks for up to 16 doses. Patients received a median of nine doses, achieving an overall response rate (ORR) of 75% and CR of 34%. The median time to objective response and CR was 5.7 weeks and 12 weeks, respectively. The median progression-free survival (PFS) was 9.3 months, and patients who achieved CR experienced a median duration of remission (DOR) of 20.5 months. With longer follow-up, the estimated 5-year PFS and overall survival (OS) was 22% and 41%, respectively, with 13 patients remaining in CR at five years.¹⁵ Peripheral neuropathy (PN) was the most common adverse event (55%), which improved or resolved in 80% of those affected after dose modification or discontinuation. Given these remarkable data, BV was approved by the FDA for patients with cHL who had progressive disease after ASCT or who had received at least two prior lines of therapy and were deemed inappropriate for ASCT (Table 1).

Subsequent studies have been conducted evaluating BV monotherapy in the post-transplant setting. The AETHERA trial compared BV to placebo for high-risk patients after ASCT.¹⁶ In this phase III study, patients were considered at an increased risk for relapse if any of the following were present: primary refractory disease, relapse within 12 months of treatment, or extranodal involvement. Patients were randomized to receive BV (1.8 mg/ kg) or placebo within 30-45 days of ASCT every three weeks for up to 16 cycles (n=329), although only half of the cohort was able to receive the full course of therapy. The BV arm was associated with a clinically significant improvement in PFS vs placebo (median PFS 42.9 months vs 24.1 months, p = 0.0013). These data led to the approval of BV as a maintenance regimen for high-risk patients in the post-transplant setting (Table 1). Long-term follow-up data indicated that BV provided a five-year PFS of 59% compared to 41% with placebo (HR 0.52; 95% CI, 0.379–0.717).¹⁷

Brentuximab in Combination with Chemotherapy

In hopes of recreating the success of rituximab in B-cell malignancies expressing CD20, BV has been extensively studied in combination with chemotherapy. The first explorations were in the relapsed setting. The current approach for patients in first relapse is a platinum-based salvage regimen, such as ICE (ifosfamide, carboplatin, etoposide), in preparation for ASCT. BV in combination with standard cytotoxic salvage regimens, including ICE,^{18,19} ESHAP (etoposide, methylprednisolone, highdose cytarabine, cisplatin),²⁰ and DHAP (dexamethasone, high-dose cytarabine, cisplatin)²¹ have been evaluated in small early phase studies. BV with concurrent ICE produced a CR of 70% amongst 24 patients, with 86% proceeding to ASCT.¹⁹ The CR rates were modestly higher than previous reports with ICE alone (~60%).^{22,23} Likewise, BV in combination with ESHAP and DHAP produced CR rates of 75% and 80% respectively.^{20,21} These are promising interim analyses and longer follow data after final accrual are pending.

Bendamustine, a hybrid alkylating agent currently approved in NHL and CLL, has demonstrated activity in relapsed/refractory cHL patients (ORR 53%, CR 33%).²⁴ As this drug has been administered successfully and safely

Study	Regimen	Patient Type (N)	F/U	ORR	CR	PFS	os
Younes, ¹⁴ Chen ¹⁵ (5 year update)	BV	Relapsed/Refractory after ASCT (102)	5 years	75%	CR = 34% OS*= 64% PFS* = 52%, medians not reached	22%,* median 9.3 months	41%* median 40.5 months
Moskowitz ¹⁶ (AETHERA), Moskowitz ¹⁷ (5 year update)	BV Placebo	Consolidation s/p ASCT in high risk pts (329)	5 years	-	-	59% 41%	-
Connors ³² (ECHELON-I)	BV + AVD (AAVD)	Treatment naïve Stage III-IV disease (1334)	2 years	86%	73%	82.1% (Median)	96.6%
	ABVD			83%	70%	77.2% (Median)	94.2%

Table I Studies That Led to FDA Approval of Brentuximab Vedotin

Notes: *estimated, ⁺modified.

Abbreviations: N, number of cHL patients on agent of interest; F/u, follow-up time; ORR, overall response rate; OS, overall survival; PFS, progression-free survival; CR, complete response rate; BV, brentuximab vedotin; AVD, doxorubicin+vinblastine+dacarbazine; AAVD, BV+doxorubicin+vincristine+dacarbazine; ASCT autologous stem cell transplant, pts patients.

with monoclonal antibodies and immunotherapy in NHL,^{25–27} combination with BV was felt to be a reasonable consideration in cHL. LaCasce and colleagues first studied the combination of bendamustine (90 mg/kg) and BV (1.8 mg/kg) in a phase I/II study of 53 patients with previously treated disease.²⁸ Patients achieved an ORR of 93% after a median of two cycles with 74% achieving a CR. Forty patients were able to proceed ASCT, 30 patients after just two cycles. Four of six patients who underwent ASCT in partial remission attained a CR. Estimated twoyear PFS and Kaplan-Meier estimated OS were 63% and 95%, respectively; the PFS for those who underwent ASCT was 70%. Notably, there was no significant difference in OS between the group that underwent ASCT and the group that did not. A comparable response rate of 78% was reported amongst 37 patients in the phase II portion of a similar study.²⁹ The combination of BV and bendamustine has become a popular outpatient option, providing a bridge to ASCT as well as a durable option for those not thought to be a candidate for ASCT.

Given the notable improvements in response in the relapsed setting, BV has also been investigated with front-line regimens. The addition of BV to the well-established standard ABVD (doxorubicin, bleomycin, vinblastine, dacarbazine) regimen was explored in a front-line phase I study of 25 patients with advanced stage cHL, producing a CR rate of 95%.³⁰ Due to considerable grade 3+ pulmonary toxicity, however, the protocol was amended to omit bleomycin (AAVD). The utility of bleomycin has been questioned in previously untreated patients, and it was felt that BV potentiated its pulmonary effects. In 26 patients, the AAVD regimen was well-toler-ated and induced CR of 96% with a 5-year PFS of 92%.³¹

The phase III ECHELON-1 trial enrolled 1334 advanced stage patients to receive AAVD vs ABVD.32 The primary endpoint was two-year modified PFS, which used the standard criteria of disease progression and death, but also included patients who achieved a Deauville score of 3-5 after cycle 6 and received subsequent anticancer therapy. The 2-year modified PFS favored AAVD at 82.1% vs 77.2% (p=0.04), with a risk reduction of 23%. With a statistically significant, albeit small clinical benefit of approximately 5%, BV gained FDA approval in combination with AVD for previously untreated advanced stage cHL. Of note, increased adverse events occurred in the AAVD arm with two-thirds of patients developing grade 3-4 peripheral neuropathy. In addition, granulocyte colony-stimulating factor (G-CSF) prophylaxis was mandated due to unacceptable complications from neutropenia. With further analysis, it appears that this regimen would most benefit patients with stage IV disease, IPS of 4-7, young age, or more than one extra-nodal site.

Other studies have evaluated different schedules of BV when administered with chemotherapy (Table 2). Kumar et al reported a CR rate of 93% amongst 30 patients with unfavorable early stage disease who received four cycles of AAVD.³³ Of note, 23 patients had bulky disease, including 14 with masses greater than 10 cm. Twenty-five

Study	Regimen	Disease Setting (N)	F/U	CR	ORR	PFS	os
Kumar ³³	BV + AVD ± RT	High risk stage II disease (30)	Median 18.8 months	90% after 2 cycles, 93% after 4 cycles, 100% of those who received RT	-	93.3% at I year	_
Eichenauer ³⁶	BrECADD	Advanced stage,	17 mos.	88%	_	89%	_
	BrECAPP	treatment naïve (104)		94%		95%	
Evens ³⁴	BV + AVD	Treatment naïve (> 60 years) (48)	2 years	36% after BV only, 90% after AVD	82% after BV only, 95% after AVD	84%	93%
Herrera ⁴⁸	BV + nivolumab (BN)	Relapsed/Refractory (61)	Median 7.8 mos.	61%	82%	89%*, median not reached at 6 months	_
Harker- Murray ⁵²	BN, BV + bendaumustine intensification if suboptimal response	Relapsed/Refractory (< 30 years) prior to ASCT (32)	_	64% after BN, 100% after intensification	80% after BN	-	100%
Diefenbach ⁴⁹	BN	Relapsed/Refractory (30)	2 years	61%	88%	68% (I-yr), median not reached	median not reached
	BV + nivolumab + ipilimumab (BNI)			73%	82%	72% (I-yr), median not reached	median not reached

Table 2 Recent Clinical Trials with Brentuximab Vedotin Therapy

Note: *estimated.

Abbreviations: N, number of cHL patients on agent of interest; F/u, follow-up; ORR, overall response rate; OS, overall survival; PFS, progression free survival; CR, complete response; SSE, significant side effects; m, modified; BV, brentuximab vedotin; AVD, doxorubicin+vinblastine+dacarbazine; BN, BV+nivolumab; BrECADD, BV +etoposide+cyclophosphamide+doxorubicin+procarbazine+prednisone; RT, radiation therapy; pts, patients.

patients in the study subsequently received consolidative involved site radiation therapy (ISRT), all of whom had a CR. At a median follow up of 18 months, the 1-year PFS was 93%.

Evens et al explored a sequential approach to an elderly population with primary advanced stage disease, in which 48 patients received 2 doses of BV followed by 6 cycles of AVD followed by another 4 doses of BV.³⁴ The response rates after the two lead-in doses of BV were comparable to the relapsed setting (ORR 82%, CR 36%), and improved considerably after patients completed the AVD portion (ORR 95%, CR 90%). The 2-year PFS was 84% but favored patients with a lower cumulative index score. This sequential approach allowed for a more tolerable degree of peripheral neuropathy: 4% grade 3 events and 33% grade 2 events. These adverse events were mostly reversible, preserving efficacy. Abramson and colleagues explored the concept of two lead-in doses of BV

monotherapy followed by BV with AVD (AAVD) in nonbulky limited stage patients.³⁵ Patients received 4–6 cycles of AAVD based on their interim PET scan results. All 34 patients achieved a CR and the 3-year PFS was 94%. Despite the impressive activity, 62% of patients developed severe neutropenia, including an elderly patient who died of complications of sepsis during the first cycle of AAVD. Like ECHELON-1, the protocol was amended to include G-CSF prophylaxis. This group of investigators is also exploring the omission of vinblastine to minimize toxicity [NCT02505269].

Although ABVD is generally accepted as the front-line standard in cHL, the German Hodgkin Study Group HD21 trial evaluated BV with modified versions of the more intensive eBEACOPP (escalated bleomycin, etoposide, doxorubicin, cyclophosphamide, vincristine, procarbazine, prednisone) regimen in a randomized phase II study in advanced stage patients.³⁶ By omitting the vincristine,

the investigators were able to maintain efficacy (CR 88%) without significant peripheral neuropathy. The current BRAPP2 trial is investigating the role for BV consolidation after two cycles of eBEACOPP and ISRT in patients with interim PET-2 positivity after two lead-in cycles of ABVD in early stage disease [NCT02298283] (Table 3). Additionally, studies are underway evaluating efficacy of combination BV in pediatric populations, including BV + AVD [NCT02979522] and BV + AV (adriamycin, vinblastine) [NCT02398240].

It is important to recognize that elderly patients may be unable to tolerate standard front-line regimens due to underlying comorbidities such as cardiomyopathy. Based on the encouraging relapsed/refractory data, the bendamustine-BV regimen was evaluated as a front-line regimen in a 20-patient study for those over the age of 60 years and considered ineligible for anthracycline-based chemotherapy.³⁷ This doublet combination yielded a remarkable ORR of 100% with 88% CR; however, 65% of patients experienced serious side effects, including two deaths within the first 30 days of treatment, leading to discontinuation of bendamustine and study closure. The HALO trial evaluated the same combination in 22 advanced stage patients aged 60–80 at a lower dose (BV 1.2 mg/kg every three weeks for six cycles).³⁸ A lower CR rate of 59% was seen; however, 13 of these 15 patients completed the full 6 cycles of therapy and 10 maintained a CR at 9 month follow-up. The attenuated dose of BV appears to be more manageable for older patients when combined with bendamustine, but more long-term data are necessary to understand whether this is a feasible front-line regimen.

Brentuximab and Checkpoint Inhibition

Unique to cHL, malignant RS cells make up only a small fraction of tumor bulk (\sim 1%), and are surrounded by a

NCT # Regimen		Phase	Disease Setting	Estimated Enrollment	Primary Endpoint	
NCT02298283 (BRAPP2)	BV consolidation after eBEACOPP and ISRT escalation	11	- supradiaphragmatic stage I-II with Deauville score >3 after 2 cycles of ABVD	40 (actual)	Two-year PFS	
NCT03138499 (CheckMate 812)	BV vs BN III		- R/R patients after ASCT or ineligible for ASCT	340	PFS up to four years	
NCT03057795	BN consolidation post-ASCT	II	 high risk relapsed or refractory patients BV naive or no progression with prior BV therapy 	65	18-month PFS	
NCT02758717	BN in those unsuitable for standard therapy	Ш	- treatment naive - age ≥ 60 or EF < 50% or DLCO < 80%, or CrCl 30–60 mL/min	75	ORR	
NCT01716806	BV monotherapy vs BV + dacarbazine vs BV +bendamustine vs BV + nivolumab	Ш	- treatment naive - > 75 YO or > 60 YO with reduced EF or CrCl	160	ORR up to 16 months	
NCT03712202	PET/CT-2 negative: BN vs ABVD +nivolumab PET/CT-2 positive: AAVD±nivolumab	Ш	- Treatment naïve early stage patients having received 2 lead-in cycles of ABVD followed by interval PET/CT-2	264	18-month PFS	
NCT03233347	$\begin{array}{l} AAVD \times 3 \text{ cycles} \rightarrow \\ Interim \ PET \ + \rightarrow BN \\ Interim \ PET \ - \rightarrow nivolumab \ only \end{array}$	11	- treatment naive non-bulky early stage patients	82	3-year PFS	
NCT01703949	BV vs BN	Ш	- R/R patients after at least 2 cycles of BV	40	ORR	
NCT03013933	BV, cyclosporine, and verapamil	I	- R/R after at least one line of therapy	39	MTD	

Table 3 Current Clinical Trials with Brentuximab Vedotin Therapy

Abbreviations: PFS, progression free survival; MTD, max tolerated dose; AE, adverse event; ORR, objective response rate; CR, complete response rate; pts, patients; r/r, relapsed/refractory; ASCT, autologous stem cell transplant; BV, brentuximab vedotin; eBEACOPP, escalated bleomycin+etoposide+ doxorubicin+cyclophosphamide +vincristine+procarbazine+prednisone; ISRT, involved site radiation therapy; ABVD, doxorubicin+bleomycin+ vincristine+dacarbazine; AAVD, BV+doxorubicin+vincristine+dacarbazine; AAV, BV+doxorubicin+vincristine; BN, brentuximab+nivolumab; PML, progressive multifocal leukoencephalopathy; PD-(L) I, programmed cell death protein I or programmed death-ligand I; EF, ejection fraction; DLCO, diffusing capacity of the lung for carbon monoxide; CrCl, creatinine clearance.

dense inflammatory infiltrate of T- and B- lymphocytes, histiocytes, neutrophils, eosinophils, and stromal cells.^{39,40} Domination of the tumor microenvironment by suppressive CD4+ T-lymphocytes⁴¹ secondary to RS cell chemokine and cvtokine secretion^{42,43} as well as T-lymphocyte exhaustion by programmed cell death protein 1 (PD-1) activation creates a unique opportunity for intervention with immune checkpoint inhibitors (CPI). CPI, namely PD-1 inhibitors, have demonstrated impressive ORRs of 66-69%^{44,45} in relapsed/refractory cHL, leading to accelerated FDA approval of anti-PD-1 IgG4 mAbs, nivolumab and pembrolizumab, in relapsed/refractory cHL (after failed ASCT in the case of nivolumab). PD-1 inhibition is effective due to the significant overexpression of programmed death-ligand 1 (PD-L1) by RS cells in cHL, which is secondary to chromosome 9p24.1 amplification.⁴⁶ PD-1 activation on T-lymphocytes leads to decreased antigen recognition and effector function, thereby promoting cancer cell survival.⁴⁷ Inhibiting this signal by binding either PD-1 or PD-L1 allows the immune system to execute previously blocked immune surveillance and allow for cancer cell death.

Despite their impressive ORRs, the CR rates with CPI are lower,^{44,45} thus leaving room for their investigation in combination with other therapies. CPIs are capable of achieving more robust responses when administered with novel agents, even in the post-ASCT salvage setting. The combination of BV 1.8 mg/kg and nivolumab 3 mg/kg for four cycles in 61 cHL patients at first relapse produced an ORR of 82% and CR of 61%,⁴⁸ with 54 patients successfully proceeding to ASCT. Of note, immune-related reactions (IRR) occurred in 44% of patients, though most were mild, necessitating only 8% of patients to undergo systemic corticosteroid therapy. There was no significant correlation between IRR and ASCT outcomes noted in the study, although follow-up was relatively short.

BV has been studied with dual immunotherapy agents in a multi-arm phase I study with nivolumab and ipilimumab, an anti-CTLA-4 (cytotoxic T-lymphocyte-associated protein 4) inhibitor.⁴⁹ As part of this study, 18 patients (7 s/p ASCT) received BV + nivolumab and attained an ORR of 88% and CR of 61%, comparable to prior reports with this doublet. The 1-year PFS was 68% and median OS was not reached after a median follow-up of two years. Twenty-one patients (9 s/p ASCT) were treated with BV + ipilimumab and achieved ORR of 76% and CR of 57%; 1-year PFS was 60% and median OS not reached after a median follow-up of three years. In the triplet arm of BV with nivolumab and ipilimumab, the ORR was 82% among 22 patients (9 s/p ASCT). The CR rate and 1-year PFS was modestly higher at 73% and 72%. Toxicities were mostly of grades I-II severity, although there were two deaths related to pneumonitis in the cohorts treated with nivolumab. This study has been expanded and is currently enrolling patients randomized to BV + nivolumab vs BV + nivolumab + ipilimumab in relapsed and refractory patients [NCT01896999]. While the initial responses have been encouraging, longer follow up is necessary to understand the durability of this approach. Additionally, a randomized design is necessary to better understand the benefit of dual immunotherapy over a single immunotherapeutic when administered with BV.

Retreatment with Brentuximab Vedotin

As indications for BV expand, an area of clinical concern is efficacy with retreatment and the development of resistance. In vitro and in vivo cHL models demonstrate that BV resistance may be linked to intrinsic MMAE resistance as well as MMAE transport (namely by MDR1) to the extracellular space.⁵⁰ Retreatment with BV has been explored in a small study of 21 patients who developed progressive disease after previously achieving a response with a brentuximab containing regimen. Retreatment with BV produced an ORR of up to 60% and CR of 30%.⁵¹ The estimated median duration of response was 9.2 months, ranging from 0-19.5+ months. As expected, there was an increased incidence of peripheral motor neuropathy that was primarily low grade. Based on preclinical data indicating that BV can initiate a localized antitumor response and the hypothesis that BV may have synergy with nivolumab, the addition of nivolumab to BV is being explored in patients who have had an initial inadequate response to BV [NCT01703949].

Toxicities with Brentuximab Vedotin

Toxicities from BV differ from other antibody therapy given the drug conjugation with a cytotoxic agent MMAE. Some of the more common toxicities include neuropathy and neutropenia. Over 50% of patients experience peripheral neuropathy when given as monotherapy and 25% with combination treatment, with most cases being grade one and two.^{14,52} Most commonly, the median time to onset is around 12 weeks or after four cycles of treatment. The majority of patients improve after dose

holding or dose reduction with resolution typically occurring within 12 weeks. Neutropenia occurs in approximately 20% of patients, typically at grade 3 or higher but is often transient.^{14,52} Dose delays occurred in 15% of patients but no increase in febrile neutropenia was seen. IRRs are seen within the first 1-2 cycles and typically occur in over 50% of patients but are only considered serious in 15% of patients. Rash can be seen in about 10-30% of patients and more serious events such as Stevens-Johnson syndrome (SJS) and toxic epidermal necrolysis (TEN) are very rare occurring at a rate less than 0.1%.⁵³ Besides SJS and TEN, other rare but serious adverse events include: progressive multifocal leukoencephalopathy, pancreatitis, pulmonary toxicity, and hepatoxicity. The pulmonary toxicity is significantly more common when used in combination with ABVD and for this reason the use of BV with bleomycin is contraindicated.⁵³

Conclusion

A greater understanding of the pathophysiology of classical Hodgkin lymphoma has enabled researchers to identify and develop effective targeted therapies that have improved outcomes for patients. These novel agents have addressed an unmet need, particularly in the relapsed setting after ASCT. The CD30-directed antibody-drug conjugate, BV, was the first to be approved for these patients with an otherwise dismal prognosis. The addition of BV to established chemotherapy regimens for cHL has shown great promise as a bridge to ASCT and eventually led to its current front-line approval with AVD. Unfortunately, the clinical benefit of AAVD is relatively modest over ABVD, restricted to a select sub-population, and associated with significantly increased toxicity. BV may benefit a broader population by allowing for reduced cycles or even omission of other cytotoxic chemotherapeutics, however, longer follow up of the previously mentioned and ongoing studies is necessary to answer these questions. Additionally, the incorporation of immune checkpoint inhibition provides an opportunity to offer a more targeted approach and potentially eliminate conventional chemotherapy. Next steps in clinical investigation need to more clearly define where BV belongs within the treatment algorithm, recognizing this ought to be tailored to patient-specific features such as age, stage, and prognostic features. Although cHL has traditionally been considered a favorable malignancy, it is imperative to continue research efforts into unique trial designs and strategies to further the field and benefit future patients.

Disclosure

The authors report no conflicts of interest in this work.

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