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Importance of ¹²³I-ioflupane SPECT and Myocardial MIBG Scintigraphy to Determine the Candidate of Deep Brain Stimulation for Parkinson's Disease

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Abstract

¹²³I-ioflupane SPECT (DaTscan) is an examination that detects presynaptic dopamine neuronal dysfunction, and has been used as a diagnostic tool to identify degenerative parkinsonism. Additionally, myocardial ¹²³I-metaiodobenzyl guanidine (MIBG) scintigraphy measures the concentration of cardiac sympathetic nerve fibers and is used to diagnose Parkinson's disease (PD). These exams are used as adjuncts in the diagnosis of parkinsonism, however, the relationship of these two examinations are not well-known. We investigated the relationship of these two scanning results specifically for determining the use of deep brain stimulation therapy (DBS). Subjects were Japanese patients with suspected striatonigral degeneration, including PD; DaTscans and myocardial MIBG scintigraphy were performed. The mean values of the left-right specific binding ratios (SBRs) from the DaTscan, and the early/delayed heart-to-mediastinum ratios (HMRs) from the MIBG scintigraphy were calculated. Using simple linear regression analysis, we compared the SBR and early/delayed HMR values. Twenty-four patients were enrolled in this study. Twenty-one patients were positive via the DaTscan, and the MIBG scintigraphy results showed 14 patients were positive. SBR and both early and delayed HMR were positively correlated in cases of PD, but negative in non-PD cases. A mean SBR value less than 3.0 and a delayed HMR value less than 1.7 indicated a Hoehn-Yahr stage 3 or 4 for PD, which is commonly regarded as a level appropriate for initiating DBS therapy. Our results indicate that performing both DaTscan and MIBG scintigraphy is useful for the evaluation of surgical intervention in PD.

Key words: DaTscan, ¹²³I-metaiodobenzyl guanidine scintigraphy, Parkinson's disease, deep brain stimulation

Introduction

¹²³I-ioflupane SPECT (DaTscan) is an radionuclide scanning that detects presynaptic dopamine neuronal dysfunction, and has been used as a diagnostic tool for degenerative parkinsonism.¹⁻³⁾ Similarly, myocardial ¹²³I-metaiodobenzyl guanidine (MIBG) scintigraphy, which reflects the concentration of cardiac sympathetic nerve fibers, is also used for diagnosing Parkinson's disease (PD).^{4,5)} Both examinations are utilized during the differential diagnosis of parkinsonism. However, the differences and relationship between the conclusion or results of the two examinations are controversial.⁶⁻⁸⁾ Deep brain stimulation (DBS) is a well-known and established treatment for advanced PD.^{9,10)} A precise diagnosis is important for successful treatment with DBS, however, it is not uncommon that the final diagnosis will often change

to something other than PD, even in cases referred by neurology specialists.¹¹⁾ We examined patients with parkinsonism and analyzed the relationship between the results of these two scanning methods, and evaluated the importance of both examinations in determining the need for treatment with DBS.

Materials and Methods

Subjects: Patients suspected of striatonigral degeneration, including PD, were referred to our department, and were diagnosed by neurology specialists.

Imaging: All subjects received DaTscan and MIBG scintigraphy within 6 months, for diagnostic purposes.

DaTscan: The images were taken 3 h after injection of ¹²³I-ioflupane (167 MBq). The images were taken with a GCA-9300A SPECT system (TOSHIBA, Tokyo). Specific binding ratios (SBRs) from the DaTscan were calculated using specialized software (DaTView,

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Aze Ltd., Tokyo). The SBR was estimated using a volume of interest technique that accounts for the partial volume effect by deriving the "specific" count concentration in the striatum from a measure of the total counts. The whole brain accumulation concentration was used as a reference.¹²⁾ The mean values of the left-right SBRs were calculated. Radiology specialists diagnosed the results.

Myocardial MIBG scintigraphy: After injection of MIBG (111 MBq), early phase images were taken after 15 min, and then delayed phase images were taken after 3 h and 15 min. The images were taken with an e.cam Signature 180 (Siemens AG, Munich, Germany). Early and delayed heart-to-mediastinum ratios (HMRs) were calculated using specialized software (smart MIBG, FUJIFILM RI Pharma, Tokyo).

The results were adjusted to standard values by using a phantom, in order to standardize the data to even out inter-institutional differences.¹³⁾

Statistical analyses: Using simple linear regression analysis, SBRs were compared with both early and delayed HMRs in patients with and without PD.

This study was reviewed and then approved by our institutional ethics committee.

Results

Participants

This prospective study included 24 patients (14 men and 10 women; mean age, 67.4 years; age range, 27–78 years). Table 1 lists characteristics of the patients, and Table 2 shows the distribution

	Age	Gender	Diagnosis	H-Y stage	DAT scan	Mean SBR	MIBG	Early HMR	Delayed HMR
1	74	F	PD tremor dominant	Ι	+	4.5	_	3.1	2.8
2	73	М	PD tremor dominant	Ι	+	2.5	+	2.1	1.8
3	73	М	PD tremor dominant	II	+	3.2	-	2.5	2.3
4	71	М	PD	III	+	2.8	+	1.4	1.3
5	73	М	PD	III	+	2.5	+	1.5	1.4
6	56	F	PD	III	+	2.5	+	1.8	1.3
7	67	F	PD	III	+	2.5	+	2.1	1.5
8	74	F	PD	III	+	1.8	+	1.5	1.2
9	72	М	PD	III	+	1.5	+	1.6	1.4
10	55	М	PD	III	+	1.4	+	1.3	1.1
11	71	F	PD	III	+	0.7	+	1.7	1.2
12	70	F	PD	III	+	0.5	+	1.4	1.2
13	72	F	PD	IV	+	2.8	+	1.5	1.2
14	70	F	PD	IV	+	1.3	+	1.6	1.2
15	69	М	PD	IV	+	1.0	+	1.8	1.4
16	71	М	iNPH		+	3.0	+	1.2	1.0
17	72	F	PSP-P		+	2.0	_	2.7	4.1
18	78	М	CBD		+	2.7	-	2.2	1.9
19	47	F	Hemi-moyamoya disease		+	4.2	-	2.1	2.3
20	77	М	Post-stroke tremor		+	5.0	-	2.2	2.0
21	68	М	iNPH		+	5.6	-	2.7	3.0
22	63	М	Vascular parkinsonism		_	4.1	-	3.1	3.7
23	75	М	iNPH		_	5.6	-	2.7	2.7
24	27	М	Cervical dystonia		_	7.6	_	2.6	3.0

 Table 1
 Patient's characteristics of 24 cases performed DaTscan and myocardial MIBG scintigraphy

CBD: corticobasal degeneration, F: female, HMR: heart-to-mediastinum ratio, iNPH: idiopathic normal pressure hydrocephalus, M: male, MIBG: ¹²³I-metaiodobenzyl guanidine, PD: Parkinson's disease, PSP-P: progressive supranuclear palsy-parkinsonism, SBR: specific binding ratio.

		Myocardial MIBG scintigraphy				
		Positive	Negative	Total		
		14	7			
		PD 12 PD tremor dominant phe				
		PD tremor dominant phenotype 1	PSP-P 1			
	Positive	iNPH 1	CBD 1	21		
			Hemi-moyamoya disease 1			
DaTscan			Post-stroke tremor 1			
			iNPH 1			
			3			
	NT		Cervical dystonia 1	3		
	Negative	0	iNPH 1			
			Vascular parkinsonism 1			
	Total	14	10	24		

Table 2 Distribution and diagnoses of the cases divided by the results of DaTscan and MIBG scintigraphy

iNPH: idiopathic normal pressure hydrocephalus, MIBG: ¹²³I-metaiodobenzyl guanidine, PD: Parkinson's disease, PSP-P: progressive supranuclear palsy-parkinsonism.

of the patients and their diagnoses as divided by the results of the examinations. Fourteen patients were positive for PD in both examinations, and 13 were diagnosed with PD. One patient out of 13 was diagnosed with a tremor dominant phenotype of PD with Hoehn-Yahr (H-Y) stage 1. Seven out of 21 patients who were diagnosed positive for PD with the DaTscan were diagnosed negative with the MIBG scintigraphy. Two of them were tremor dominant



phenotypes of PD. There were no PD patients with genetic abnormalities. No patients were diagnosed with cardiac failure or myocardial infarction.

Figs. 1 and 2 show the relationship between mean values of the left-right SBR and HMR for each patient. In the PD cases, there was a significant relationship between the mean SBRs and HMRs (early: P = 0.015, delayed: P < 0.001), however, there was no significant relationship between the SBR and HMR values



Fig. 1 Relationship between mean SBR and early HMR. There was a significant relationship between SBR and early HMR in PD cases (P = 0.015); however there was no significance in non-PD cases (P = 1.99). *Circles*: PD cases, *filled rectangles*: non-PD cases. HMR: heart-to-mediastinum ratio, PD: Parkinson's disease, SBR: specific binding ratio.

Fig. 2 Relationship between mean SBR and delayed HMR. There was a significant relationship between SBR and delayed HMR in PD cases (P < 0.001); however there was no significant difference in the non-PD cases (P = 0.412). *Circles*: PD cases, *filled rectangles*: non-PD cases. HMR: heart-to-mediastinum ratio, PD: Parkinson's disease, SBR: specific binding ratio.

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in the non-PD cases (early; P = 1.99, delayed; P = 0.412) (Figs. 1, 2). The cases of H-Y stage 3 or 4 were distributed across mean SBR values less than 3.0 and mean delayed HMR values less than 1.7 (Fig. 3).

Figs. 4 and 5 show illustrative cases of the examinations. Fig. 4 shows a typical case of PD. Both examinations were positive, with a mean SBR value of 0.72, an early HMR of 1.40, and a delayed HMR value of 1.12. Fig. 5 indicates a variation of a case of progressive supranuclear palsy—parkinsonism (PSP-P). Luck of accumulation of ¹²³I-ioflupane in the striatum in DaTscan was observed, and the mean SBR was 1.99. However, the accumulation of heart was normal in MIBG scintigraphy, and



Fig. 3 Relationship between mean SBR and delayed HMR. The cutoff level for PD with 3 or 4 in the H-Y stage was 3.0 in the mean SBR, and 1.7 in the delayed HMR. *Circles*: PD cases, *triangle*: tremor dominant subtype of PD with stage 1 and 2 in H-Y scale, *filled rectangles*: non-PD cases. HMR: heart-to-mediastinum ratio, PD: Parkinson's disease, SBR: specific binding ratio.

the early and delayed HMRs were 2.21 and 2.74, respectively. There was a discrepancy between the two method results. Typical MRI findings of PSP (humming bird appearance and atrophy of midbrain tegmentum lesions) were observed.

Discussion

The DaTscan method reflects the number of dopaminergic neurons and reveals dopaminergic function. The examination is important for differentiating non-PD cases, referred to as SWEDDs (scans without evidence of dopaminergic deficit), from PD cases.^{14,15)} The diagnosis was performed visually after identifying a laterality, or partial lack, of accumulation of ¹²³I-ioflupane. The criteria for positive diagnoses from DaTscans may be different depending on the implementation. SBR is one of the tools to digitalize the decrease of accumulation of ¹²³I-ioflupane within dopaminergic neurons. However, the measuring algorithm of SBR is not unified, and the manual detection of the range of interest (ROI) results in low reproducibility across different facilities. Some choose to set the ROI around part of the striatum.^{16,17)} Similarly, the occipital lobe is often adopted as a reference ROI, however, the location and shape of the ROI varies.^{6,17)} It is, therefore, difficult to set an exact universal cutoff value for PD. In this study, SBR was standardized with an algorism using wholebrain uptake as a reference, which is commonly utilized in Japan, because it generates a simple ROI and stable data may be automatically obtained using specific software.^{12,13)}

Myocardial MIBG scintigraphy reveals autonomic function, and was originally designed to evaluate cardiac function.¹⁸⁾ Reduced accumulation of the



Fig. 4 Radiological illustrative case of PD. The patient is a 71-year-old woman with typical findings of PD. A: DaTscan; the striatal accumulation of the isotope decreased in both sides (SBR; right = 1.02, left = 0.43, average = 0.72). B, C: MIBG scintigraphy; the HMR decreased in both the early (B) and delayed (C) phase (HMR; early 1.40, delayed 1.12). Circle: ROI (region of interest) of the heart, HMR: heart-to-mediastinum ratio, PD: Parkinson's disease, rectangle 2, 5: ROI of the mediastinum, SBR: specific binding ratio.



Fig. 5 Radiological illustrative case of non-PD. The patient is a 72-year-old woman with progressive supranuclear palsy-parkinsonism (PSP-P). A: DaTscan; the striatal accumulation of the isotope decreased in both sides (SBR; right = 1.68, left = 2.29, average = 1.99). B, C: MIBG scintigraphy; the HMR did not decrease in the early (B) or delayed (C) phase (HMR; early 2.21, delayed 2.74). Circle: ROI (region of interest) of the heart, HMR: heart-to-mediastinum ratio, PD: Parkinson's disease, rectangle: ROI of the mediastinum, SBR: specific binding ratio.

Table	3	Typical	findings	of	DaTscan	and	MIBG
scintig	grap	ohy in ma	jor degene	erati	ve disease	s	

	DaTscan	MIBG scintigraphy
Parkinson's disease	+	+*
Dementia with Lewy bodies	+	+
Multiple sclerosis	+	-
Progressive supranuclear palsy	+	-
Corticobasal degeneration	+	-
Essential tremor	-	-
Alzheimer's dementia	-	_

*Early stage disease, tremor dominant phenotype, and certain abnormal Parkinson's disease genotypes may show negative results. MIBG: ¹²³I-metaiodobenzyl guanidine.

isotope in the heart was found in patients with PD and subsequently applied as a differential diagnostic tool for parkinsonism.⁵⁾ The accumulation is reduced in most PD cases; however, it should be noted that some PD cases show general normal patterns, e.g., during the early stage of PD (particularly within the first year of the disease), and for tremor dominant phenotypes, along with some abnormal PD genotypes, such as PARK2 or PARK8.¹⁹⁻²¹⁾ The standardization of HMR is proceeding. Nakajima et al. developed a standardization method for HMR calibration to minimize institutional differences, and the present data were standardized using this method.¹³⁾ Generally, the diagnostic value of delayed HMRs is higher than that of early HMRs. The cutoff value for detecting PD in MIBG scintigraphy is determined by a meta-analysis, with a value of 1.77 in delayed HMRs.⁸⁾

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The present data show that the cutoff value for the DaTscan SBR data from patients with H-Y stage 3 or 4 was 1.7, and 3.0 for the MIBG scintigraphy delayed HMR values. Consequently, if patients are not of the tremor dominant type, or in an early stage of PD, or have specific gene abnormalities, and their values are not within the cutoff levels, their diagnoses should be reconfirmed before surgical treatment. Both dopaminergic and autonomic functions are impaired in patients with PD. The typical results of DaTscan and MIBG scintigraphy in major degenerative diseases are summarized in Table 3. The sensitivity of DaTscan and MIBG scintigraphy is 95% and 80%, respectively, and the specificities are 21% and 75%, respectively.²²⁾ DaTscan has more false positives than the MIBG scintigraphy method, and the MIBG scintigraphy has more false negatives than the DaTscan method. The results of our study indicated that the final diagnosis might not be PD if the DaTscan is positive and the MIBG scintigraphy is negative. Some studies have compared the relationship between DaTscan and myocardial MIBG scintigraphy results. Specifically, Chiaravalloti et al. showed no statistical relationships between the striatal uptake found with the DaTscan and the early or delayed HMRs in myocardial MIBG in patients with PD.⁶⁾ Additionally, Spiegel et al. examined putamen uptake in DaTscan and myocardial MIBG uptake in patients with PD, and found that the myocardial MIBG uptake values correlated significantly with putamen uptake values from the DaTscan at each H-Y stage.¹⁶⁾ Cases of dementia with Lewy bodies, which show similar radiological characteristics as PD, show a positive correlation between SBR and HMR values after the evaluations.⁷⁾ Each study used occipital uptake as a reference, however the evaluation methods were different. Thus, whether the dopaminergic and

autonomic functions in PD are correlated remains controversial. We found correlations between the SBRs and HMRs as measured by reliable methods. The positive correlation means that both SBR and HMR are getting decrease as the disease progresses. If only one value decreases in patients considering DBS in the case without gene abnormality, the diagnosis should be re-considered. For these reasons, this study is significant from the perspective of decision of DBS indication for PD.

Indication of DBS therapy should be decided considering the neurological symptoms and past history. However, clinical overdiagnosis of PD is not rare.^{14,15} Nowadays, two radionuclide scanning methods are available. The combination of these radiological scanning methods is useful for evaluating the need for DBS treatment. To our knowledge, our study is the first showing the relationship between SBR and HMR results for the purpose of surgical intervention.

Conclusion

There were significant correlations between the mean SBRs from the DaTscan and the early/delayed HMRs from the MIBG scintigraphy. Cases with SBR values less than 3.0 and delayed HMR values less than 1.7 indicated PD with H-Y stages 3 or 4, which is the common indication of DBS. Although, the number of patients in this study is small, we believe that the combination of DaTscan and MIBG scintigraphy methods is necessary to evaluate the need for DBS treatment before invasive surgery, and may affect the detection of non-PD cases, including SWEDDs. Further research with a greater number of participants will be necessary to validate our results.

Conflicts of Interest Disclosure

There are no potential conflicts of interest, or direct financial and funding sources associated with this research.

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