REVIEW



Amyloid- β PET in Alzheimer's disease: A systematic review and **Bayesian meta-analysis**

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Abstract

Background: In recent years, longitudinal studies of Alzheimer's disease (AD) have been successively concluded. Our aim is to determine the efficacy of amyloid- β (A β) PET in diagnosing AD and early prediction of mild cognitive impairment (MCI) converting to AD. By pooling studies from different centers to explore in-depth whether diagnostic performance varies by population type, radiotracer type, and diagnostic approach, thus providing a more comprehensive theoretical basis for the subsequent widespread application of A β PET in the clinical setting.

Methods: Relevant studies were searched through PubMed. The pooled sensitivities, specificities, DOR, and the summary ROC curve were obtained based on a Bayesian random-effects model.

Results: Forty-eight studies, including 5967 patients, were included. Overall, the pooled sensitivity, specificity, DOR, and AUC of A β PET for diagnosing AD were 0.90, 0.80, 35.68, and 0.91, respectively. Subgroup analysis showed that A β PET had high sensitivity (0.91) and specificity (0.81) for differentiating AD from normal controls but very poor specificity (0.49) for determining AD from MCI. The pooled sensitivity and specificity were 0.84 and 0.62, respectively, for predicting the conversion of MCI to AD. The differences in diagnostic efficacy between visual assessment and quantitative analysis and between ¹¹C-PIB PET and ¹⁸F-florbetapir PET were insignificant.

Conclusions: The overall performance of A β PET in diagnosing AD is favorable, but the differentiation between MCI and AD patients should consider that some MCI may be at risk of conversion to AD and may be misdiagnosed. A multimodal diagnostic approach and machine learning analysis may be effective in improving diagnostic accuracy.

KEYWORDS

 11 C-PIB, 18 F-florbetapir, Alzheimer's disease, amyloid- β PET, MCI converting to AD

1 | INTRODUCTION

Alzheimer's disease (AD) is the most common type of dementia. The prevailing AD pathogenesis hypothesis suggests that AD is mainly due to the accumulation of insoluble amyloid- β (A β) deposits and neurofibrillary tangles induced by highly phosphorylated tau (p-τ) proteins in the neocortex, hippocampus, and amygdala, accompanied by massive loss of neurons and synapses leading to brain atrophy

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(Duyckaerts et al., 2009; Markesbery, 1997; Mirra et al., 1991). Recent epidemiological surveys of AD patients in the United States show that about 6.2 million people over the age of 65 will suffer from AD in 2021. Frighteningly, the number of people with AD is expected to increase significantly to 13.8 million by 2060 as the population ages and if there are no effective prevention and treatment methods (Alzheimer's Association, 2021). AD is now regarded as a chronic disease, which brings great emotional and economic burdens to individuals, families, and society, and is receiving increasing attention from the medical community. Early and accurate diagnosis, effective prevention, and treatment of AD are the most sought-after challenges to overcome.

Cognitive decline and the deposition of $A\beta$ plaques in AD are progressive and evolving, whereas $A\beta$ deposition mostly occurs before symptoms; therefore, early AD may present as a preclinical stage of normal cognition or mild cognitive impairment (MCI). MCI is a state between normal cognition and dementia. Not all MCI progresses to AD or dementia, and even after 10 years, a significant proportion of these patients remain stable or even return to normal cognition during follow-up. It has been shown that approximately 6%–16.5% of MCI patients convert to AD each year (Bruscoli & Lovestone, 2004; Ward et al., 2013). Identifying patients with MCI who will develop AD is key to preventing its onset and progression and treating it early.

The gold standard for diagnosing AD is brain tissue pathology, usually an autopsy of the brain performed after the patient's death. However, performing brain biopsies on living patients to determine if they have AD is not ethically supported and can lead to brain tissue damage and more severe cognitive impairment. Brain biopsy is often replaced by mental status examinations and neuropsychological testing batteries in clinical practice. NINCDS-ADRDA and DSM-IV are commonly used clinical diagnostic criteria, with an approximate accuracy range of 65%-96% (Dubois et al., 2007; Mckhann et al., 1984; Alzheimer's Association, 2021). Results from some AD autopsies have shown that the clinical diagnosis of AD has a positive predictive value of 0.91 for eventual pathologically definitive AD (Chui & Lee, 2003). More than 30 years ago, it was proposed that cognitive decline in AD is associated with histopathological changes in the hippocampus, of which hippocampal atrophy is often considered an early feature of the degeneration of consciousness in AD patients (Ball et al., 1985). Visual assessment of hippocampal atrophy has approximately 80%-85% sensitivity and specificity for AD diagnosis. In addition, several studies have predicted the progression of MCI to AD by measuring hippocampal volume on MRI images or by assessing the degree of brain atrophy, but all have shown poor results (Frisoni et al., 2010; Yuan et al., 2009). ¹⁸F-FDG PET has been used for more than two decades as an aid in diagnosing AD, characterized by hypo-glucose metabolism in the temporoparietal and posterior cingulate regions (Herholz et al., 2002). Decreased glucose metabolism in the brain occurs before macroscopic brain atrophy is observed; thus, ¹⁸F-FDG PET is thought to have the potential to detect early neurodegenerative changes earlier and more sensitively than MRI (Kljajevic et al., 2014). Multicenter studies have shown that ¹⁸F-FDG PET can correctly classify 95% of AD patients but has average efficacy in predicting the conversion of

MCI to AD (Shaffer et al., 2013). Regardless, the brain metabolic rate revealed by ¹⁸F-FDG PET emphasizes the degree of neuronal activity and does not elucidate the underlying pathogenic neuropathological changes.

In contrast, the radiotracers indicating A β loading, p- τ protein aggregation, and neuroinflammation are more likely to directly respond to the pathological status of patients with AD and MCI converting to AD (cMCI) (Chandra et al., 2019). Aβ-specific PET has been used clinically, whereas radionuclides specific to p- τ protein and neuroinflammation have not been recommended for clinical application. A strong correlation between ¹¹C-PIB retention in the brain and pathology (neuroinflammatory plaques and vascular amyloid) at autopsy has been reported early on (Ikonomovic et al., 2008). In recent years, the most commonly used A β tracer is ¹¹C-PIB, which can differentiate between mild AD and healthy controls (Chandra et al., 2019). By determining the retention of ¹¹C-PIB in the frontal, temporal, and cingulate cortices, predicting the conversion of MCI to AD can also be easily done (Brück et al., 2013). On the other hand, the degree of gray matter atrophy, regional brain glucose metabolic rate, and A β deposition differed between MCI converting to AD (cMCI) and stable MCI (sMCI). During the gradual progression of MCI to AD, $A\beta$ deposition precedes gray matter atrophy and decreased brain glucose metabolism (Jack et al., 2013; Ly et al., 2010). The utilization of ¹¹C-PIB in cyclotron-free clinical centers is limited by its short half-life, including the difficulty of transport, storage, and substantial waste of resources. Therefore, novel ¹⁸F-labeled amyloid tracers ¹⁸F-florbetapir, ¹⁸F-florbetaben, and ¹⁸F-flutemetamol (¹⁸F-FMM) could overcome the abovementioned nontechnical limitations. ¹⁸F-FMM is a derivative of ¹¹C-PIB, which has similar biological properties to ¹¹C-PIB and has essentially the same uptake in the cerebral cortex (Nelissen et al., 2009: Vandenberghe et al., 2010). ¹⁸F-florbetapir (¹⁸F-AV45) was approved by the FDA in 2011 as a radiotracer to aid in diagnosing AD (Yang et al., 2012). Based on a preliminary literature search, most research on brain $A\beta$ PET is concentrated in developed countries, whereas clinical centers in developing countries have applied A β PET less frequently or are still in experimental research phase. Our study comprehensively assesses the diagnostic performance of A\beta PET by pooling a considerable number of reliable studies and explores the overall trends in the performance of $A\beta$ PET in AD over the past decade.

2 | MATERIALS AND METHODS

We conducted this systematic review and meta-analysis in strict compliance with the Preferred Reporting Items for Systematic Reviews and Meta-analysis (PRISMA) 2020 statement (Page et al., 2021). The steps for an inclusion of the literature were performed according to the 2020 PRISMA flow diagram. The methodological quality evaluation of our included literature was performed by referring to the Cochrane Handbook for Systematic Reviews of Diagnostic Test Accuracy and the entries of Quality Assessment of Diagnostic Accuracy Studies-2 (QUADAS-2) (Deeks et al., 2021; Whiting, 2011).

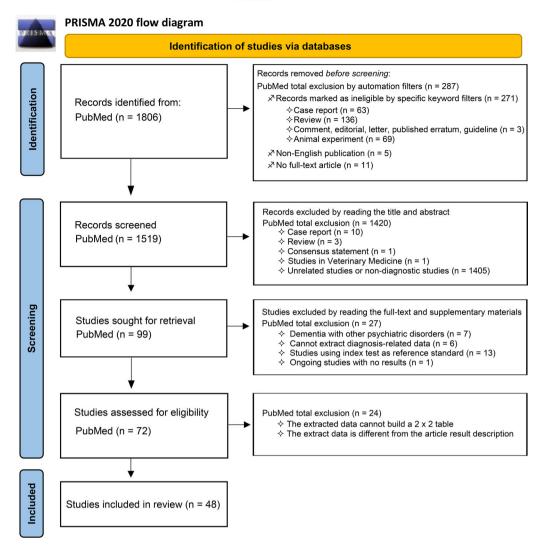


FIGURE 1 Flowchart of the study screening process following the Preferred Reporting Items for Systematic Reviews and Meta-analysis (PRISMA) 2020 statement

2.1 | Search strategy and study selection

We searched all the literature on $A\beta$ PET for AD diagnosis in the PubMed database with a deadline of January 1, 2022. The main terms we used for the search were as follows: Amyloid PET or 11 C-PIB or 18 F-AV45 PET and AD. Our inclusion criteria for the study were as follows: $A\beta$ PET for diagnosing AD or MCI progression to AD, PET as a tool for diagnosis. Exclusion criteria were as follows: reviews, case reports, commentaries, and editorials; the number of cases less than 5; inability to extract diagnostic data; inaccurate diagnostic data extracted from the study; and presence of other systemic or brain diseases. We excluded a portion of the literature by gradually adding conditional filters based on the exclusion criteria. Then, we further excluded a portion of the literature by reading the title, abstract, and full text.

2.2 Data selection and quality assessment

The information we extracted for the literature was finally included in our meta-analysis, including general information about the studies, patient characteristics, main study objectives, type of radiotracer, diagnostic approach, and reference standard. In addition, we extracted information about patient selection, diagnostic approach, and reference standard in each study according to the evaluation entries of QUADAS-2. For the assessment of patient selection, if case control, we considered that these studies introduced a high risk of bias. For unblinded studies or studies that did not mention whether they were blinded to clinical information, we combined the diagnostic approach and the way the threshold was set to determine whether there was a risk of bias in the index test. In assessing the reference standard, we classified all unblinded studies as unclear risks. For some articles, the

primary study objective of which was not to diagnose AD with PET, we evaluated them as unclear risk in the patient selection and study flow

The two authors worked together to extract diagnostic data and study-related characteristic information and independently assess the methodological quality of the studies, and any disagreements were resolved through discussion.

2.3 | Statistical analysis

There may be substantial heterogeneity between studies as we included studies with different diagnostic methods and diagnostic thresholds. We performed a meta-analysis using the Bayesian bivariate analysis based on the integrated nested Laplace approximation method, which fully considered the heterogeneity among studies and the interrelatedness and interplay of sensitivity and specificity. The analysis software we used was R (R for Windows, version 4.1.0). We calculated the pooled sensitivity, specificity, DOR, and 95% confidence interval, respectively, and fitted the summary ROC curve based on the binomial-normal model. Finally, a funnel plot was plotted to assess publication bias and heterogeneity.

3 | RESULTS

3.1 Literature search and study characteristics

First, 1806 publications were retrieved without adding any conditional filters. Two hundred eighty-seven articles were excluded through the filter at the official PubMed website, and 1420 articles were further excluded by reading the titles and abstracts. After carefully reading the

full text and supplementary materials and judging the accuracy and reliability of the extracted data, the final number of articles included in our study was 48 (Beach et al., 2014; Brück et al., 2013; Camus et al., 2012; Clark et al., 2012; Fleisher, 2011; Hatashita & Yamasaki, 2013; Hatashita et al., 2014; Hosokawa et al., 2015; Jack et al., 2012; Kaneko et al., 2014; Kerbage et al., 2015; Li et al., 2015; Mattsson et al., 2014; Mikhno et al., 2012; Newberg et al., 2012; Ng et al., 2007; Rabinovici et al., 2011; Saint-Aubert et al., 2014; Tolboom et al., 2010; Trzepacz et al., 2014; Tzen et al., 2014; Vandenberghe et al., 2010; Villemagne et al., 2011, 2019; Alvarez et al., 2018; Ben Bouallegue et al., 2017; Chen et al., 2016; Dukart et al., 2016; Jaccarino et al., 2017; La Joie et al., 2019; Mielke et al., 2018; Oliveira et al., 2018; Ottoy et al., 2019; Park et al., 2019; Schreiber et al., 2015; Seo et al., 2017; Takahashi et al., 2017; Villeneuve et al., 2015; Wang, Chen, et al., 2016; Wang, Yi, et al., 2016; Xu et al., 2016; Zhang et al., 2017; Zwan et al., 2016, 2021; Chanisa et al., 2021; Kitajima et al., 2021; Lesman-Segev et al., 2021; Peretti et al., 2019). The specific process of literature screening is detailed in Figure 1.

A total of 8285 patients were included in the 48 studies; the number of patients included in the analysis in our meta-analysis was 5967. The types of populations included in the studies had AD, MCI, non-AD dementia (non-ADD), and normal controls (NC), and their median age range was 60.1–79.4 years. The radiotracers were ¹¹C-PIB or ¹⁸F-AV45, except for one study that used ¹⁸F-florbetaben and three studies that used ¹⁸F-FMM. The typical comparison of the uptake of ¹⁸F-FMM, ¹¹C-PIB, ¹⁸F-AV45, and ¹⁸F-florbetaben in AD patients and NC is shown in Figure 2. Six studies had a reference standard of brain autopsy or brain tissue biopsy, and the remaining 42 studies had a reference standard of comprehensive clinical diagnostic criteria. One study included only patients with AD; the remaining studies compared different population groups, including AD versus NC, AD versus MCI, cMCI (MCI converting to AD) versus sMCI (stable MCI), AD versus

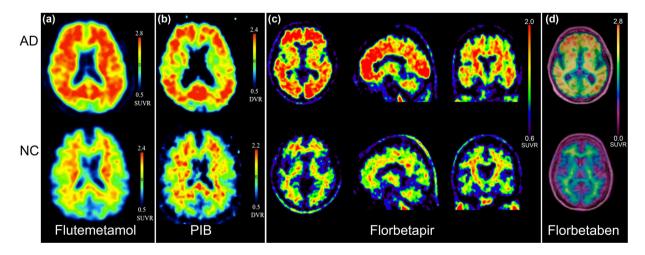


FIGURE 2 The typical brain images of Alzheimer's disease (AD) and normal controls are shown by amyloid- β (A β) PET imaging. Part (a) shows axial 18 F-flutemetamol (18 F-FMM) PET images (upper row for AD patients, lower row for normal controls). Part (b) shows axial 11 C-PIB PET images (upper row for AD patients, lower row for normal controls). Part (c) shows 18 F-AV45 PET images in transaxial, sagittal, and coronal positions (upper row for AD patients, lower row for normal controls). Part (d) shows axial 18 F-florbetaben PET images with aligned fused MRI images (upper row for AD patients, lower row for normal controls). *Source*: From Camus et al. (2012, Hatashita et al. (2014)), and Villemagne et al. (2011) with modifications

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FLTD, and AD versus non-ADD. Detailed information on these included studies is shown in Table 1.

than those of quantitative analysis (Figure S7). The pooled estimates of these detailed comparisons are shown in Table 3.

3.2 Methodological qualitative analysis

The risk bias and clinical applicability assessment results for each study are shown in Table 2. Thirty-four studies in patient selection were assessed as high risk because they were case-control studies. Ten studies were assessed as high risk for the index test because they were unblinded, and the threshold was set after the examination. Overall, studies with high-risk bias in patient selection were upward of 50%; studies with high-risk bias in index tests were approximately 20%, and uncertain risk bias was approximately 10%; studies with uncertain risk bias in reference standards were approximately 40%, and studies with uncertain risk bias in flow and timing were approximately 20%. For clinical applicability concerns, no study was evaluated as highly inapplicable, but more than 20% of the studies were evaluated as having uncertain concerns (Figure 3).

3.3 | Pooled diagnostic performance of $A\beta$ PET

The results of our meta-analysis of 48 studies are shown in Figure 4. The studies that performed the overall pooled assessment included 29 AD versus NC, 2 AD versus MCI, 2 AD versus FTLD, 6 AD versus non-ADD, 8 cMCI versus sMCI, and 1 AD only. The pooled sensitivity, specificity, DOR, and AUC of A β PET for AD diagnosis were 0.90 (95% CI 0.87–0.92), 0.80 (95% CI 0.76–0.84), 35.68 (95% CI 24.36–51.78), and 0.91 (95% CI 0.86–0.94), respectively. The trend of the SROC curve was close to the upper left corner, and the distribution of individual studies was primarily concentrated in the upper left corner, all of which suggested that the overall diagnostic performance of A β PET was favorable. The dispersion of individual studies shown in the SROC curve was not significant and was mostly concentrated within the confidence interval, thus potentially suggesting that the heterogeneity between studies was within an acceptable range (Figure 5).

We compared the pooled diagnostic performance of the AD versus NC (Figure S1), AD versus MCI (Figure S2), and cMCI versus sMCI (Figure S3) groups, respectively. The pooled sensitivity of Aβ PET for diagnosing AD (sensitivity: 0.91, 95% CI 0.88-0.93) was higher than that of cMCI (sensitivity: 0.84, 95% CI 0.74-0.92). Aß PET had the highest pooled specificity for differentiating NC (specificity: 0.81, 95% CI 0.77-0.86) and performed poorly in differentiating MCI (specificity: 0.49, 95% CI 0.41-0.58). The area under the diagnostic SROC curve for the three population groups of AD versus NC, AD versus MCI, and cMCI versus sMCI was 0.93 (95% CI 0.89-0.95), 0.83 (95% CI 0.80-0.95), and 0.78 (95% CI 0.73-0.92), respectively. The diagnostic pooled sensitivity (0.91 vs. 0.86), specificity (0.80 vs. 0.78), DOR (45.66 vs. 22.12), and AUC (0.93 vs. 0.86) of ¹¹C-PIB PET (Figure \$4) were higher than ¹⁸F-AV45 PET (Figure S5). In addition, the pooled sensitivity (0.92 vs. 0.90), specificity (0.85 vs. 0.83), DOR (78.74 vs. 49.56), and AUC (0.94 vs. 0.92) of visual assessment (Figure S6) were higher

3.4 | Publication bias

We made an overall assessment of publication bias and heterogeneity of the studies after visual analysis of the funnel plot (Figure 6). Overall, the studies were roughly evenly distributed on both sides of the log diagnostic OR estimates, indicating no significant publication bias. In addition, a large proportion of studies were clustered at the bottom of the funnel plot, reflecting that we included many small samples of studies, which may have led to less stability in the pooled estimates. A small portion of studies at the top and upper middle of the funnel plot is scattered outside the 95% confidence interval, whereas the majority of studies are within the 95% confidence interval; therefore, the heterogeneity among studies is moderate and within an acceptable range.

4 | DISCUSSIONS

Over the past 30 years, the most widely used diagnostic guideline for AD is the NINCDS-ADRDA diagnostic criteria, the main diagnostic criteria of which are (1) dementia identified by clinical examination and cognitive scales, (2) two or more cognitive deficits with progressive deterioration, (3) no impairment of consciousness, (4) onset at age 40-90 years, and (5) exclusion of other systemic and brain diseases that cause progressive memory and cognitive impairment (Mckhann et al., 1984). As research on AD has become more advanced. new insights into the sequence of onset and progression of AD have emerged. The guidelines for the management of AD published in 2011 (NIA-AA criteria) focus on illustrating AD as a continuum involving pathophysiological changes to the progressive appearance of clinical symptoms (Albert et al., 2011; Jack et al., 2011; Sperling et al., 2011). The NIA-AA guidelines consider $A\beta$ deposition as the first step in the progression of AD, followed by downstream changes in a range of indicators of neurodegeneration and then by a slight decline in cognitive function. The biomarkers used to diagnose AD are therefore divided into two categories: (1) reflecting $A\beta$ deposition, such as Aß42 in cerebrospinal fluid (CSF) or Aß PET; and (2) reflecting neuronal damage, such as CSF tau/p-Tau, hippocampal or medial temporal lobe atrophy on MRI, and glucose hypometabolism on PET or SPECT. We pooled studies from 2007 to 2021 on A β PET for AD diagnosis and prediction of MCI conversion to AD. Based on the results of our meta-analysis, we evaluate the diagnostic and predictive performance of $A\beta$ PET and comprehensively discuss how to correctly and effectively maximize the diagnostic accuracy in clinical applications and the problems and challenges currently faced in clinical work. Our pooled estimates suggest that $A\beta$ PET is highly sensitive in determining AD and possesses favorable diagnostic efficacy overall but performs with average specificity, which is similar to the meta-analysis by Morris et al. (2016).

Extracted AD vs. FTLD objects nostic AD vs. NC; AD vs. AD vs. AD vs. AD vs. NC; AD vs. diagtime (PET to mean/range 1 month to follow-up) 6 years autopsy/ Ϋ́ ΑN ΑN Ϋ́ Reference ADRDA, DSM-IV, ADRDA, ADRDA, MMSE, MMSE, FCSRT, RAVLT NINCDS-ADAS-MMSE, standard NINCDS-ADAS-WMS-CDR, CDR MMSE, CDR imd N. Threshold ^oBPnd = 0.54 SUVR = SUVR = SUVR = 1.56 SUVR = 1.54 1.17 Qualitative/ analysis visual V&Q V&Q V&Q V&Q O AV45 index FMM Test PIB PIB PIB 99/111 female 21/19 36/36 59/48 Male/ N. Age (median/ range) in years 71.6 62.9 64.9 72.7 9 27 AD, 20 MCI, 25 NC patients 21 AD, 20 NC 60 MC, 82 NC FTLD Types of 15 AD, 68 AD, 62 AD, 45 Nof 210 107 pts 9 72 41 diagnostic efficacy of Diagnostic value of FMM for AD AV45 for AD Comparing Diagnostic objectives Diagnostic value of PIB and FDG for value of value of PIB and FDG for AD and FTLD PIB for AD research AD design Prosp Study Prosp Prosp Prosp Prosp Australia Netherla Patients' Belgium USA NSA Rabinovici Tolboom et al. (2010) berghe Fleisher (2011) et al. (2011) (2007)et al. (2010) Ng et al. Vanden-Ref Rabinovici berghe Tolboom Fleisher Vanden-Author AS GD Ng S Z 2011 2010 2010 2011 Year 2007

TABLE 1 Basic characteristic information for the included studies

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Extracted diag- nostic objects	AD vs. NC; AD vs. MCI	AD vs.	AD vs. non- ADD	AD vs.	(Continues)
Interval time (PET to autopsy/ follow-up) mean/range	₹	₹Z	6.6 months	₹	
Reference standard	NINCDS- ADRDA, NINDS- AIREN, MMSE, CDR, NBT	NINCDS- ADRDA, MMSE, DSM-IV, FCSRT, NBT	Brain autopsy	NIA-AA, MMSE, NBT, WAIS-R, WMS-R, AVLT, TMT, CFT, BNT	
Threshold	SUVR =	SUVR = 1.122	1.10	SUVR =	
Qualitative/ visual analysis	V&Q :aben	V&Q	V&Q	σ	
Test	V& Florbetaben	AV45	AV45	BB BB	
Male/ female	64/45	20/26	30/29	271/221	
Age (median/ range) in years	71.1	69	79.4	78.2	
Types of patients	30 A D, 20 20 MCI, 32 N C, 11 FTLD, 7 D L B, 5 P D, 4 V D	13 A D, 12 MCI, 21 N C	29 AD, 5 MCI, 12 NC, 13 non- ADD	42 A D, 450 N C	
Nof pts	109	94	59	492	
Major research objectives	Diagnostic value of flor-betaben for AD, MCI, and OD	Diagnostic value of AV45 for AD and MCI	Diagnostic value of AV45 for AD	Diagnostic value of MRI, FDG PET, and PIB PET for AD	
Study design	Prosp	Prosp	Prosp	Retro	
Patients' origin	ne Australië	France	USA	NSA	
Ref	Villemagne Villemagne Australia VL et al. (2011)	Camus et al. (2012)	Clark et al. (2012)	Jack et al. (2012)	
Author	Villemagn: VL	Camus V	Clark CM	Jack CR Jr	
Year	2011	2012	2012	2012	

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	Extracted diag-nostic objects	AD vs. NC; AD vs.	AD vs.	cMCI vs. sMCI	cMCI vs. sMCI	(Continues)
	Interval time (PET to autopsy/ follow-up) mean/range	₹Z	₹ Z	2 years	19.2 ± 7.1 years	
	Reference	NINCDS- ADRDA, MMSE	NINCDS- ADRDA, MMSE	MMSE, WLLT, WLRT	NINCDS- ADRDA, NIA-AA, MMSE, CDR, WMS-R, LM2	
	Threshold	bSVM classifier	_	1.57 1.57		
	Qualitative/ visual analysis	σ	>	ø	>	
	Test index	PIB	AV45	PB	PB	
	Male/ female	Υ Z	21/19	18/11	Z	
	Age (median/ range) in years	Z Z	6.69	71.7	20-90	
	Types of patients	17 AD, 22 MCI, 17 NC	19 AD, 21 NC	17 cMCl, 12 sMCl	30 cMCI, 38 sMCI	
	Nof pts	56	04	59	89	
	Major research objectives	Diagnostic value of MRI, FDG PET, and AV45 PET for AD and MCI	Comparing the diagnostic efficacy of AV45 and FGD for AD	Comparing the predictive efficacy of MRI, FDG PET, and PIB PET for MCI-to-AD conversion	Comparing the predictive efficacy of FDG and PIB for MCI-to- AD conver- sion	
	Study design	Retro	Retro	Prosp	Prosp	
	Patients' origin	USA	USA	Finland	Japan	
	Ref	Mikhno et al. (2012)	Newberg et al. (2012)	Brück et al. (2013)	Hatashita and Yamasaki (2013)	
	Author	Mikhno A	Newberg AB	Brück A	Hatashita S and Yamasaki H	
	Year	2012	2012	2013	2013	

TABLE 1 (Continued)

Extracted diag-nostic objects	AD vs. non- ADD	AD vs.	AD vs.	AD vs. NC; cMCI vs. sMCI	AD vs.	cMCI vs. sMCI	(Continue)
Interval time (PET to autopsy/ follow-up) mean/range	10.8 months	₹	₹ 2	2 years	Y Z	2 years	
Reference	Brain autopsy	MIMSE, CDR, WMS-R, LM2	NIA-AA, ADAS- Jcog, MMSE, LM2, GDS	NINCDS- ADRDA, MMSE, CDR	MMSE, CDR, FCSRT	NINCDS- ADRDA, ADAS- cog, MMSE, CDR, LM2	
Threshold	,	~	_	SUVR =	SUVR = 1.28	~	
Qualitative/ visual analysis	>	>	>	ø	V&Q	>	
Test index	AV45	PB; FMM	PIB	AV45	AV45	B B	
Male/ female	551/368	71/95	27/35	278/233	19/20	33/17	
Age (median/ range) in years	79	88.3	74.1	73.6	71.3	7.4.7	
Types of patients	618 AD, 301 non- ADD	36 AD, 68 MCI, 62 NC	17 AD, 12 MCI, 33 NC	118 AD, 59 cMCI, 165 sMCI, 169 NC	22 AD, 17 NC	20 cMCI, 30 sMCI	
Nof pts	919	166	62	511	39	20	
Major research objectives	Diagnostic value of AV45 for AD	Comparing the diagnostic efficacy of FMM and PIB for AD	Diagnostic value of plasma amyloid-related markers for AD	Diagnostic value of CSF markers and AV45 PET for AD	Diagnostic value of AV45 for AD	Comparing the predictive efficacy of MRI, FDG PET, and PIB PET for MCI-to-AD conversion	
Study design	Prosp	Prosp	Retro	Prosp	Prosp	Prosp	
Patients' origin	USA	Japan	Japan	ªUSA, Canada	France	° Canada	
Ref	Beach et al. (2014)	Hatashita et al. (2014)	Kaneko et al. (2014)	Mattsson et al. (2014)	Saint- Aubert et al. (2014)	Trzepacz et al. (2014)	
Author	Beach TG	Hatashita S	Kaneko N	Mattsson N	Saint- Aubert L	Trzepacz	
Year	2014	2014	2014	2014	2014	2014	

TABLE 1 (Continued)

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Extracted diag-nostic	abjects AD vs. NC	AD vs.	AD vs.	AD vs. A D C; A C C
Interval time (PET to autopsy/ follow-up)	Mean/range NA	∀ Z	₹ Z	
Reference	standard NIA-AA, MMSE, CDR, NBT	NINCDS- ADRDA, MMSE	NINCDS- ADRDA, DSM-1V, LM2	MMSE, CDR
	SUVR = 1.5	_	_	1.50 1.50
Qualitative/ visual	analysis Q	>	>	ø
Test	PIB	B B	AV45	PIB; AV45; FMIM
Male/	female 20/25	44/57	22/18	72/85
Age (median/ range) in	years 65.4	69.5	47	72.5
Types of	patients 25 AD, 20 NC	30 AD, 25 25 MCI, 19 NC, 8 LBD, 7 FTLD, 12 OD	20 A D, 20 N C	16 A D, 21 21 MCI, 120 NC
Nof	9ts 45	101	04	157
Major research	objectives Diagnostic value of plasma Aβ and tau proteins for AD and its correla- tion with PIB PET	Analyzing PIB's equivocal diagnostic findings for brain amyloid deposition	Correlation of Ag deposition in the ocular lens with brain Ag deposition revealed by AV45 PET	Diagnostic value of A β PET for AD and correlation between CSF and SUVR
Study	Retro	Retro	Retro	Retro
Patients'	origin Taiwan	Japan	USA	Australi
	Ref Tzen et al. (2014)	Hosokaw; et al. (2015)	Kerbage et al. (2015)	Li et al. (2015)
	Author Tzen KY	Hosokawa C	Kerbage C	×
	2014	2015	2015	2015

TABLE 1 (Continued)

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	Extracted diag-nostic objects	cMCI vs. sMCI	AD	cMCI vs. sMCI	(Continues)
	Interval time (PET to autopsy/ follow-up) mean/range	1.6 years	3.1 years	96 months	
	Reference standard	NINCDS- ADRDA, MMSE, LM2	Brain 2 autopsy	NINCDS- ADRDA, ADAS- cog, MMSE, CDR; follow- up	
	Threshold	1.1	SUVR = 1.2	1.362	
	Qualitative/ visual analysis	Q8/	σ	σ	
	Test index	AV45	88	PIB; AV45	
	Male/ female	219/182	33/17	60/22	
	Age (median/ range) in years	71.6	8.	74.4	
	Types of patients	61cMCI, 240 sMCI	50 AD	34 AD, 48 MCI	
	N of pts	401	20	83	
	Major research objectives	Comparison of the diagnostic efficacy of AV45 with visual analysis and quantitative analysis for MCI-to-AD conversion	Comparison of the diagnostic efficacy of quantitative analysis of different thresholds of PIB for AD	Predictive value of FDG, PIB PET, and CSF biomarkers for MCI-to-AD conversion	
	Study design	Prosp	Prosp	Prosp	
	Patients' origin	USA, Canada	ASU	^a USA, Canada	
nen)	Ref	Schreiber et al. (2015)	Villeneuw et al. (2015)	Chen et al. (2016)	
r (Collellided)	Author	S S	S S	Chen X	
ABLE	Year	2015	2015	2016	

TABLE 1 (Continued)

Extracted diag-nostic objects	AD vs. NC; cMCI vs. sMCI	AD vs.	AD vs.	(Continues)
Interval time (PET to autopsy/ follow-up) mean/range	2 years	3.1±1.9 years	₹	
Reference standard	NINCDS- ADRDA, ADAS, MMSE, RAVLT, GDS, FAQ	Brain SUVRgloba autopsy	NIA-AA, SUVR = 1.259 MMSE, CDR, NPI, GDS	
Threshold	SUVR = 1.1	SUVRglob:	SUVR = 1.2	
Qualitative/ visual analysis	σ	σ	σ	
Test	AV45	8	BIG .	
Male/ female	416/282	33/21	30/27	
Age (median/ range) in years	74.8	68.1	65.3	
Types of patients	144 AD, cMCI, 265 sMCI, 112 NC	12 A D, 6 MCI, 2 NC, 33 FTL D, 1 V D	27 AD, 30 NC	
N of pts	869	45	22	
Major research objectives	Diagnostic value of MRI, FDG PET, AV45 PET for AD and predictive value for MCI-to-AD conversion	Diagnostic value of regional or global SUVR of PIB for AD	Diagnostic value of PIB PET combined with CSF for AD and the correlation between CSF and PIB PET	
Study design	Prosp	Prosp	Retro	
Patients' origin	°USA, Canada	USA	Korea	
Ref	Dukart et al. (2016)	Seo et al. (2017)	Wang, Yi et al. (2016)	
Author	Dukart J	Seo SW	Wang MJ	
Year	2016	2016	2016	

TABLE 1 (Continued)

TABLE 1 (Continued)

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Extracted diag-nostic objects	cMCI vs. sMCI	cMCI vs. sMCI	AD vs. non- ADD	AD vs.	(Continues)
Interval time (PET to autopsy/ follow-up) mean/range	3 years	3 years	₹ Z	22±13 months	
Reference	ADAS-cog, MMSE, CDR; Follow- up	MMSE, CDR	MMSE, NPI	NINCDS- ADRDA, ADAS- COG, MMSE, CDR	
Threshold	^b Voxels- analysis	$^{\mathrm{b}}\alpha$ in wmSRC = 0.6	~	SUVRcomp	
Qualitative/ visual analysis	σ	σ	>	σ	
Test index	AV45	AV45	PB B	AV45	
Male/ female	74/55	141/86	256/177	83/104	
Age (median/ range) in years	72.3	75.3	64.6	71.9	
Types of patients	64 cMCI, 65 sMCI	27 cMCl, 83 sMCl, 117 NC	195 AD, 98 MCI, 57 NC, 83 non- ADD	124 AD, 301 MCI, 157 NC, 95 SMC	
N of pts	129	227	433	779	
Major research objectives	Predictive value of MRI, FDG PET, and AV45 PET for MCI-to-AD conversion	Predictive value of MRI, FDG PET, and AV45 PET for MCI-to-AD conversion	Diagnostic threshold for CSF based on brain A\$ deposits shown by PIB PET	Efficacy of Aβ PET and CSF in diagnos-ing AD and predicting MCI-to-AD conversion	
Study design	Prosp	Prosp	Retro	Prosp	
Patients' origin	^a USA, Canada	^a USA, Canada	Several Countries	Oanada Canada	
Ref	Wang, Chen et al. (2016)	Xu et al. (2016)	Zwan et al. (2016)	Ben Boual- legue et al. (2017)	
Author	Wang P	ΧuL	Zwan MD	Boual- legue F	
Year	2016	2016	2016	2017	

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Extracted diag- nostic objects	cMCI vs. sMCI	AD vs.	AD vs.	AD vs.	(Continues)
Interval time (PET to autopsy/ follow-up) mean/range	26.5 months		∢ Z	₹	
Reference standard	MMSE, SWAIS, NBT	NINCDS- ADRDA	NINCDS- ADRDA, MMSE, CDR, Petersen criteria, NPI	IWG-2 criteria, MMSE, Petersen criteria	
Threshold	MMSE, SUVR=1.41 SWAIS, NBT	^b Voxels- analysis	SUVR = 1.5		
Qualitative/ visual analysis	σ	σ	σ	>	
Test index	8	AV45	<u>B</u>	AV45	
Male/ female	10/20	171/153	9/21	27/41	
Age (median/ range) in years	63.6	73.4	866.3	62.9	
Types of patients	14 cMCl, 16 sMCl	143 A D, 181 N C	20 A D, 10 M CI	46 A D, 6 FTLD, 2 non- ADD, 1 V D, 13 U D	
Nof pts	30	324	30	89	
Major research objectives	Efficacy of FDG and PIB in predicting MCI-to- AD conver- sion	Diagnostic value of FDG combined with AV45 for AD	Correlation between relevant indicators in urine and brain $A\beta$ deposition	Correlation of CSF biomark- ers with A β PET	
Study design	Retro	Retro	Retro	Retro	
Patients' origin	Sweden	aUSA, Canada	China	Spain	
Ref	laccarino et al. (2017)	Takahashi et al. (2017)	Zhang et al. (2017)	Alvarez et al. (2018)	
Author	laccarino L	Takahashi R	Zhang N	Alvarez I	
Year	2017	2017	2017	2018	

TABLE 1 (Continued)

(Continues)

TABLE 1 (Continued)

Extracted diag-nostic objects	AD vs. NG; AD C	AD vs. NC; AD C	AD vs.
Interval time (PET to autopsy/ follow-up) mean/range	₹	∢ Z	3.3 years
Reference standard	NIA-AA, SUVR = 1.42 MMSE, CDR, DSM-IV	NINCDS- ADRDA, NINDS- AIREN, Petersen criteria, Neary criteria	Brain autopsy
Threshold	SUVR = 1.4	_	^b CL = 24.4
Qualitative/ visual analysis	σ	>	σ
Test	88	BB BB	BB BB
Male/ female	187/82	105/138	116/63
Age (median/ range) in years	71.2	9.49	73
Types of patients	40 A D, 57 MCI, 172 NC	122 AD, 81 MCI, 13 NC, 20 FTLD, 7 VD	63AD, 27 MCI, 22 NC, 67 non- ADD
Nof pts	269	243	179
Major research objectives	Diagnostic value of plasma phosphotau181 in AD and correlation of plasma phosphotau181 with tauand Aß PET	Diagnostic value of PIB PET combined with CSF for AD and the relationship between CSF and PIB retention	Diagnosis of AD by PIB PET and using the ^b Centiloid method
Study design	Prosp	Retro	Retro
Patients' origin	USA	Several Countries	USA
Ref	Mielke et al. (2018)	Oliveira et al. (2018)	La Joie et al. (2019)
Author	Mielke	Oliveira F	La Joie R
Year	2018	2018	2019

AD vs. NC; AD vs.

Ϋ́

MMSE, CDR

SUVR = 1.4

O

ЫB

89/165

71.5

254

Prosp

Korea

Park et al. (2019)

Park JC

2019

value of

poold

40 AD, 107 MCI, 107 NC

biomark-

ers for

Extracted

time (PET to

diag-

objects nostic

mean/range follow-up) autopsy/

standard

Threshold

Qualitative/ visual analysis

Test index

female Male/

patients

Types of

Nof pts

research

Patients'

Age (median/ range) in years

PIB

41/43

66.7

53 AD,

84

Correlation

Retro

China

Hajiramezanali

(2019)

et al.

objectives

design Study

origin

Ref

Author Li WW

Year

2019

22 MCI, 9 NC

 $A\beta$ deposition in

AD with

blood A β levels as

shownby

PIB PET

AD vs.

Ϋ́

NINCDS-ADRDA,

MMSE,

NC; AD vs.

Petersen

CDR,

DSM-IV, criteria,

MoCA

AD vs. NC; AD vs.

 415 ± 18

NIA-AA, MMSE,

SUVR = 1.2

V&Q

AV45

41/37

72

16 AD, 49

78

Correlation

Retro

Belgium

Ottoy et al.

2019 Ottoy J

(2019)

between CSF, MRI,

MCI, 13 NC

and MCI-

to-AD

conver-

sion at

baseline Predictive

Aβ PET

RBANS

avior	Open Access WIL	.EY ¹	6 of
	AD vs. NC; AD vs.	AD vs.	(Continues)
	₹ 2	۷ ۷	
	NIA-AA, MMSE	NIA-AA, MMSE, CDR, MoCA	
	b PET- score = 2.08	SUVR = 1.5	
	σ	Q	
	B B	PIB	
	35/17	18/22	
	9.99	60.1	
	15 AD, 21 MCI, 16 NC	16 AD, 24 NC	
	52	9	
brain A eta deposition	Diagnostic value of dynamic PIB of rCBF images for AD	Diagnostic value of PIB for AD	
	Prosp	Prosp	
	Belgium	Thailand	
	Peretti et al. (2019)	Chanisa et al. (2021)	
	Peretti DE	Chanisa C	

2020

TABLE 1 (Continued)

(Continued) **TABLE 1**

Extracted diag-nostic objects	AD vs. MCI; AD vs. non-	AD vs. FTLD	AD vs. NC; AD vs. MCI
Interval time (PET to autopsy/ follow-up) mean/range	∀ Z	4.4 years	∢ Z
Reference standard	NINCDS- ADRDA, MMSE, MoCA, FAB	Brain autopsy	NIA-AA, MMSE, CDR, DSM-IV
Threshold	SUVR = 1.5	_	30VR = 1.4
Qualitative/ visual analysis	Q8>	>	σ
Test index	PIB	PIB	PIB
Male/ female	5/21	60/41	113/187
Age (median/ range) in years	78.5	67.2	71.1
Types of patients	7 AD, 15 MCI, 1 NC, 1 VD, 2 FTLD	32 AD, 56 FTLD, 13 mixed AD/FTLI	64 AD, 87 MCI, 149 NC
Nof pts	56	101	300
Major research objectives	Diagnostic value of PIB for AD and MCI	Comparing the diagnostic efficacy of PIB and FDG for AD	Predictive value of plasma samples for brain $A\beta$ deposition
Study design	Retro	Prosp	Prosp
Patients' origin	Japan	USA	Korea
Ref	Kitajima et al. (2021)	Segev et al. (2021)	Park et al. (2021)
Author	Kitajima K	Lesman- Segev OH	Park JC
Year	2021	2021	2021

Abbreviations: AD, Alzheimer's disease; ADAS-cog, AD assessment scale-cognitive subscale; ADAS-Jcog, ADAS-Jcog (Japanese version); AVLT, auditory verbal learning test; AB, amyloid-ß; BNT, Boston Naming Test; CDR, clinical dementia rating scale; CFT, category fluency test; cMCI, MCI converting to AD; DLB, dementia with Lewy bodies; DSM-IV, Diagnostic and Statistical Manual of Mental Disorders (fourth edition); FAB, Frontal Assessment Battery; FAQ, Functional Activities Questionnaire; FCSRT, Free and Cued Selective Reminding Test; FTLD, frontotemporal dementia; GDS, Geriatric Depression Scale; IWG-2, criteria the International Working Group for new research criteria for the diagnosis of Alzheimer's disease; LM2, logical memory II from the WMS-R; MCI, mild cognitive impairment; MMSE, mini-mental state examination; Montreal Cognitive Assessment; NBT, neuropsychological battery test; NC, normal controls; Non-ADD, other non-AD dementia; NPI, neuropsychiatric inventory; OD, other mental disorders; PD, Parkinson disease; RAVLT, Rey Auditory Verbal Learning Test; RBANS, the Repeatable Battery for the Assessment of Neuropsychological Status; SMC, significant memory complaint; sMCI, stable MCI; SUVR, standardized uptake value ratio; SWAIS, Swedish versions of the Wechsler Adult Intelligence Scale; TMT, Trail Making Test; UD, uncertain diagnosis; VD, vascular dementia; WAIS-R, Wechsler Adult Intelligence Scale-Revised; MLT, word list learning test score; WLRT, word list recall test score; WMS-imd, Wechsler Logical Memory Scale immediate recall test; WMS-R, Wechsler Memory Scale-Revised. Note: NINCDS-ADRDA/NINDS-AIREN the criteria for probable AD. NIA-AA the criteria for diagnosing AD. Neary criteria for FLTD. Petersen criteria for ELTD. Using the ADNI database.

Using specific quantitative analysis methods; Ref reference; N of pts number of patients; NR not report; NA not available; Retro retrospective; Posp prospective; CSF cerebrospinal fluid; rCBF regional cerebral olood flow; V visual analysis; Q qualitative analysis; PIB ¹¹C-PIB; AV45 ¹⁸F-AV45; FMM ¹⁹F-FMM; Florbetaben ¹⁸F-florbetaben.

 TABLE 2
 Quality assessment of the included studies based on Quality Assessment of Diagnostic Accuracy Studies-2 (QUADAS-2)

	Risk of bias				Applicability concerns		
Study	Patient selection	Index test	Reference standard	Flow and timing	Patient selection	Index test	Reference standard
2007 Ng S	High	Low	Low	Low	Low	Low	Low
2010 Tolboom N	High	Low	Low	Low	Low	Low	Low
2010 Vandenberghe R	High	Low	Low	Low	Low	Low	Low
2011 Fleisher AS	High	Low	Low	Low	Low	Low	Low
2011 Rabinovici GD	Low	Low	Low	Low	Low	Low	Low
2011 Villemagne VL	High	Low	Low	Low	Low	Low	Low
2012 Camus V	High	Low	Low	Low	Low	Low	Low
2012 Clark CM	Low	Low	Low	Low	Low	Low	Low
2012 Jack CR Jr	High	High	Unclear	Low	Low	Low	Low
2012 Mikhno A	High	High	Unclear	Low	Low	Low	Low
2012 Newberg AB	High	Low	Low	Low	Low	Low	Low
2013 Brück A	Low	High	Unclear	Low	Low	Low	Low
2013 Hatashita S	Low	Unclear	Unclear	Low	Low	Low	Low
2014 Beach TG	Low	Low	Low	Low	Low	Low	Low
2014 Hatashita S	Unclear	Unclear	Unclear	Low	Low	Low	Low
2014 Kaneko N	High	Low	Low	Unclear	Unclear	Unclear	Unclear
2014 Mattsson N	High	Low	Unclear	Low	Low	Low	Low
2014 Saint-Aubert L	High	Low	Low	Low	Low	Low	Low
2014 Trzepacz PT	Low	Unclear	Unclear	Low	Low	Low	Low
2014 Tzen KY	High	Low	Low	Unclear	Unclear	Unclear	Unclear
2015 Hosokawa C	Low	Low	Low	Unclear	Unclear	Unclear	Unclear
2015 Kerbage C	High	Low	Low	Unclear	Unclear	Unclear	Unclear
2015 Li QX	High	Low	Low	Low	Low	Low	Low
2015 Schreiber S	Low	Low	Low	Low	Low	Low	Low
2015 Villeneuve S	Low	Low	Low	Low	Low	Low	Low
							:

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Reference standard Unclear Unclear Unclear Unclear Unclear Unclear Unclear Low Index test Unclear Unclear Unclear Unclear Unclear Unclear Unclear Low Applicability concerns Patient selection Unclear Unclear Unclear Unclear Unclear Unclear Unclear Low Flow and Unclear Unclear Unclear Unclear Unclear Unclear Low Reference Unclear Low Low Low Low Low Low Low Low Low Index test Unclear Unclear Low High High High High Low Patient selection Risk of bias High Low Low Low Low 2017 Ben Bouallegue F 2021 Lesman-Segev 2017 Takahashi R 2017 laccarino L 2018 Mielke MM 2021 Kitajima K 2019 Peretti DE 2020 Chanisa C 2018 Oliveira F 2016 Zwan MD 2017 Zhang N 2018 Alvarez I 2019 La Joie R 2016 Wang MJ 2016 Wang P 2016 Dukart J 2016 Seo SW 2019 Ottoy J 2019 Park JC 2021 Park JC 2016 Chen X 2019 Li WW 2016 Xu L

TABLE 2 (Continued)

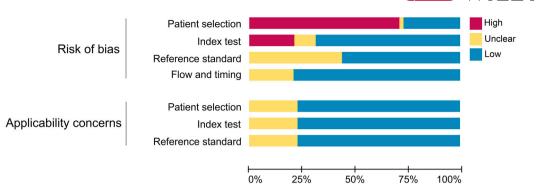


FIGURE 3 Overall assessment of the methodological quality of the 48 studies, including evaluation of risk bias and evaluation of applicability concerns

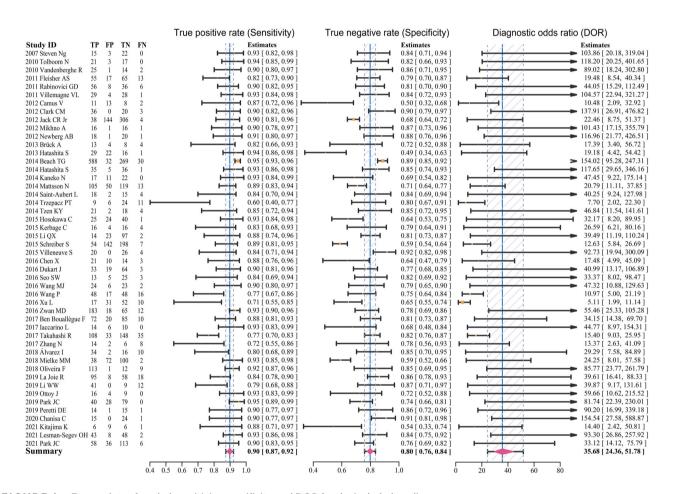


FIGURE 4 Forest plots of pooled sensitivity, specificity, and DOR for the included studies

First, the slightly lower specificity in distinguishing AD from NC is due to the false positives in cognitively NC. A β deposition was present in 20%–30% of cognitively normal elderly subjects (Dahmer et al., 1991). As mentioned above, pathological A β deposition occurs prior to cognitive impairment, and it remains to be confirmed in longitudinal studies whether healthy controls with 11 C-PIB retention are false positives or preclinical stages of AD. The accuracy of 11 C-PIB in diagnosing AD is generally less affected by age, but the older the population, the more likely it is to have false positives. The most likely reason is that non-demented older adults over 75-year-old have multiple diffuse A β

plaques in the neocortical areas, making the 11 C-PIB PET less specific (Ng et al., 2007; Price & Morris, 1999). In Steven's study, the diagnostic accuracy of either 18 F-FDG or 11 C-PIB significantly decreased with age in differentiating between AD and healthy controls (Ng et al., 2007). Similarly, the results of the 18 F-AV45 PET study showed that the retention of tracers in healthy controls increased with age (Fleisher, 2011).

 $A\beta$ PET had the lowest specificity (below 60%) when comparing AD and MCI. It is similar to the pooled results of Morris et al. (2016), who concluded that the specificity was significantly lower when MCI

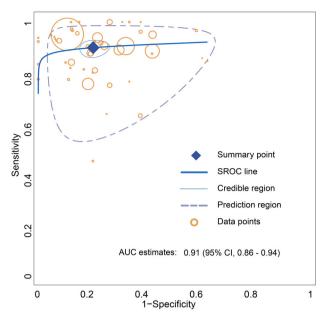


FIGURE 5 Summary ROC curve for the overall performance assessment of amyloid- β (A β) PET for the diagnosis of Alzheimer's disease (AD)

patients were included in the healthy control group. MCI is generally divided into two categories, amnestic MCI, which is dominated by memory decline, and non-amnestic MCI, which is dominated by the decline in attention, executive ability, visual discrimination, and language skills. Amnestic MCI has been reported to have a higher probability of conversion to dementia, especially AD dementia, than non-amnestic MCI (Busse et al., 2006). Kitajima's study showed that 60% of MCI patients were positive for 11 C-PIB. Seventy-five percent of 11 C-PIB-positive MCI were amnestic MCI, whereas none of the non-amnestic MCI patients had 11 C-PIB uptake, that is, no evidence of $A\beta$ deposition (Kitajima et al., 2021). Eighty-two percent of MCI patients with $A\beta$ deposits were diagnosed with AD at the 3-year follow-up period, whereas 7% of MCI patients without $A\beta$ deposits converted to AD (Okello et al., 2009). Therefore, when AD and MCI are mixed

for differential diagnosis, the high uptake of $A\beta$ tracer in patients with potentially progressive MCI could explain the high false positive and the low specificity.

On the other hand, $A\beta$ PET was slightly more sensitive and less specific in predicting the conversion of MCI to AD. The predictive performance of Aß PET in the study by Zhang et al. (2012) was essentially similar to ours, with their sensitivity (93.5%) slightly higher and specificity (56.2%) slightly lower than our results. His study addressed the hypothesis that neurofibrillary tangles may occur prior to $A\beta$ plaques during the period of MCI converting to AD, whereas A β plagues are relatively rare in the early stages, which may explain ¹¹C-PIB's low specificity and sensitivity for predicting cMCI. The study comparing ¹⁸F-FDG and ¹¹C-PIB found that the conversion rate of MCI was 100% in ¹⁸F-FDG-positive (characteristically hypo-metabolic) subjects compared to 70% in 11 C-PIB-positive subjects. However, an additional 3/14 cMCI patients showed positive ¹¹C-PIB and negative ¹⁸F-FDG, suggesting that patients with MCI progressing to AD may be detected earlier with ¹¹C-PIB PET than with ¹⁸F-FDG PET (laccarino et al., 2017). As mentioned above, $A\beta$ deposition in the brain is progressive with age, but such A β positivity does not progress to dementia or cognitive decline. Therefore, the increased A β load in MCI patients does not provide sufficient confidence to diagnose MCI progression to AD. Several studies combining three imaging data modalities, that is, morphology, glucose metabolism, and $A\beta$ load, on predicting whether patients with MCI will progress to AD have shown that most MCI can be accurately classified (Chen et al., 2016; Wang, Chen et al., 2016; Xu et al., 2016). It suggests that the diagnostic information provided by multimodal imaging of A β PET combined with ¹⁸F-FDG PET or MRI may maximize diagnostic accuracy, especially in patients with an equivocal diagnosis of MCI.

Regarding comparing the radiotracer of ¹¹C-PIB and ¹⁸F-AV45, our results suggest that ¹¹C-PIB has better sensitivity and specificity than ¹⁸F-AV45. Previous meta-analysis results showed no difference in diagnostic sensitivity and specificity between the different radiotracers. However, the authors considered the possibility of including too few studies to show a difference (Morris et al., 2016). ¹¹C-PIB has a

TABLE 3 Comparison of diagnostic performance between subgroups

Data-type	Pooled sensitivity (95% CI)	Pooled specificity (95% CI)	Pooled diagnostic OR (95% CI)	Pooled AUC estimates (95% CI)
Population groups				
AD vs. NC	0.91 (0.88-0.93)	0.81 (0.77-0.86)	45.32 (29.12-71.29)	0.93 (0.89-0.95)
AD vs. MCI	0.90 (0.85-0.95)	0.49 (0.41-0.58)	9.88 (5.30-18.42)	0.83 (0.80-0.95)
cMCI vs. sMCI	0.84 (0.74-0.92)	0.62 (0.56-0.68)	9.26 (4.44–17.66)	0.78 (0.73-0.92)
Different radiotracers				
¹¹ C-PIB	0.91 (0.88-0.94)	0.80 (0.75-0.85)	45.66 (25.98-74.25)	0.93 (0.90-0.96)
¹⁸ F-AV45	0.86 (0.81-0.90)	0.78 (0.70-0.84)	22.12 (12.34-39.26)	0.86 (0.64-0.92)
Diagnostic methods				
Visual analysis	0.92 (0.88-0.96)	0.85 (0.77-0.91)	78.74 (31.97-176.49)	0.94 (0.89-0.97)
Quantitative analysis	0.90 (0.87-0.93)	0.83 (0.79-0.88)	49.56 (30.35-80.68)	0.92 (0.89-0.95)

Abbreviations: AD, Alzheimer's disease; MCI, mild cognitive impairment; NC, normal controls.

higher rate of cortical retention than ¹⁸F-AV45, suggesting that ¹¹C-PIB PET imaging may be more sensitive in showing lesions (Landau et al., 2014). There is a low rate of clinical use of ¹⁸F-florbetaben and even fewer studies comparing it with other radiotracers. Although the cortical distribution of ¹⁸F-florbetaben is almost identical to that of ¹¹C-PIB, the degree of binding to A β is lower. Compared to the controls, patients in the AD group utilizing ¹⁸F-florbetaben PET imaging had a 53% higher standardized uptake value ratio (SUVR) in the neocortical area. However, when ¹¹C-PIB was utilized, patients in the AD group had 60%–70% higher SUVR in the neocortical area than controls (Villemagne et al., 2011). There are also studies comparing the retention of different radiotracers in the white matter area. It was shown that ¹⁸F-FMM had the highest white matter retention. However, the rate of ¹⁸F-FMM and ¹¹C-PIB uptake was similar in all neocortical areas, rendering ¹⁸F-FMM comparable to ¹¹C-PIB for diagnosing AD (Vandenberghe et al., 2010). A slightly higher degree of white matter retention was observed with ¹¹C-PIB than with ¹⁸F-AV45, whereas the difference was practically negligible (Landau et al., 2014). Only when using white matter as the reference area, can the presence of higher retention of radiotracers in white matter areas affect visual judgments and quantitative measures of cortical retention. Notably, the newly emerged radiotracer ¹⁸F-NAV4694 has a high affinity for brain Aβ plagues. In vitro experiments revealed that ¹⁸F-NAV4694 has the same high affinity for $A\beta$ deposits and showed selective labeling of $A\beta$ in the cortex of the postmortem human brain (Jureus et al., 2010). Moreover, in a comparative study between ¹⁸F-NAV4694 and ¹¹C-PiB. 18 F-NAV4694 binds A β with slightly higher affinity than 11 C-PIB. Meanwhile, ¹⁸F-NAV4694 was found to have better stability and less variability in A β binding in young controls. The researchers speculate that this may be because ¹⁸F (109 min) has a longer half-life than ¹¹C (20 min) resulting in ¹⁸F-NAV4694 producing a higher counts rate and better images during scanning (Rowe et al., 2016). In conclusion, ¹⁸F-NAV4694 is probably the most accurate and convenient radiotracer available for assessing $A\beta$ deposition in the brain.

Furthermore, we found that visual analysis could yield better diagnostic outcomes than quantitative analysis, although the difference was very small. The meta-analysis by Elizabeth Morris suggests no difference between visual and quantitative assessment (Morris et al., 2016). Because of the low levels of cerebellar A β plaques found in autopsy pathology in AD patients, most studies use cerebellar cortical areas as a reference to determine the retention of ¹¹C-PIB in the region of interest, both in visual and quantitative assessments (Svedberg et al., 2009). The results of visual interpretation often depend on the clinical experience of the observer. In contrast, the diagnostic accuracy of quantitative analysis often depends on the appropriate threshold or the diagnostic model formula. Our pooled results do not reflect the true picture. Nine studies simultaneously made direct comparisons between quantitative and visual analyses (Camus et al., 2012; Clark et al., 2012; Ng et al., 2007; Rabinovici et al., 2011; Saint-Aubert et al., 2014; Schreiber et al., 2015; Tolboom et al., 2010; Vandenberghe et al., 2010; Villemagne et al., 2011). Five studies showed that quantitative assessment was superior to visual assessment, three showed that visual assessment was superior to quantitative assessment, and

one showed that both assessments were equally effective. Of particular interest is the study by Camus V, which showed a low specificity of 38.1% for the visual assessment and high specificity of 90.5% for the quantitative assessment. He attributed the possible reasons for this to the low spatial resolution of the reconstructed images and the presence of A β deposits in the group of NC (Camus et al., 2012). Early on, researchers referred to visual assessment as a diagnostic approach that does not require extensive training to make accurate diagnoses and has a very high consistency of results between interpreters (Ng et al., 2007). However, the truth is that visual assessment is subject to more influences, and the reliability of judgments between interpreters may require a great deal of learning and experience. First, focal and asymmetric ¹⁸F-AV45 or ¹¹C-PIB retention may produce a positive visual assessment and a negative quantitative analysis of Aß deposition. Further, when increased white matter retention is present, it is more likely to affect the results of visual analysis. In quantitative analysis, the average global cortical SUVR threshold ranged from 1.2 to 1.5, but setting the global SUVR threshold higher than 1.4 was thought to miss many AD patients (Villeneuve et al., 2015). Chanisa et al. (2021) mentioned that $A\beta$ plaques tend to spread from the cerebral cortex to the cingulate and precuneus regions, whereas they also found the highest ¹¹C-PIB deposition in the anterior and posterior cingulate gyri. His study showed that making a diagnosis based on local SUVR achieved higher sensitivity and specificity than global SUVR, and that the cutoff values of regional SUVR (1.46-1.81) were higher than global. Previously, Seo et al. (2017) demonstrated by autopsy that there was no difference in the accuracy of peak regional and global SUVR of ¹¹C-PIB in predicting pathological $A\beta$ load. Anyway, more studies are needed to reveal the answer to the question of whether global or regional SUVR measurements are suitable as diagnostic criteria. Moreover, by utilizing more advanced analysis methods, including voxel analysis, Gaussian mixture models, and cluster analysis, some studies obtained lower optimal SUVR thresholds. The researchers extracted considerable PET image features (90-1000 features) or combined them with clinical features for analysis, all of which resulted in accurate classification results (Oliveira et al., 2018; Xu et al., 2016). As nice as machine learning is, the number of redundant features tends to cause overfitting; therefore, proper dimensionality reduction to extract more sensitive features is the key to building a more stable and effective prediction model. The most important point that should not be overlooked is the variation in the results provided by each research center due to the unique affinity and kinetic properties of each tracer, the inconsistency of the interpreters' approach to image analysis (different cortical regions of interest, different reference areas, different cutoff values, etc.), and the different technical factors of image acquisition (duration after tracer injection, acquisition duration, image reconstruction algorithms, etc.). The lack of standardized quantitative results, resulting in multiple cutoff values for diagnostic and prognostic determinations per study center, may hinder comparisons of studies across centers and limit comparisons of the relative effectiveness of current therapies directed at reducing A β burden. The Centiloid method standardizes A β PET imaging measurements by scaling the ¹¹C-PIB PET imaging measurements (SUVR) of NC and AD patients into Centiloid (CL) units by ratio (Klunk et al., 2015). Further, numerous studies provide new conversion equations for converting SUVR values for various ¹⁸F-amylose tracers to CL units (Bourgeat et al., 2018; Rowe et al., 2016). The Centiloid method provides cutoff values for all Aß PET and provides clinicians with valuable diagnostic and prognostic data.

Brain and Behavior

According to our analysis, A\beta PET can accurately diagnose normal and AD patients but cannot distinguish well between AD and MCI patients. The overall performance of AB PET in determining the conversion of MCI to AD was very average. In addition to the analysis of the diagnostic results we pooled, several other findings help us understand the significance of these differences. ApoE $\varepsilon 4$ is one of the most prominent genotypes in AD development and impacts the levels of other biomarkers, such as A β 42 in CSF. The probability of carrying the gene of ApoE ε4 is significantly higher in MCI and AD patients than in normal subjects (Lautner et al., 2014). The average cortical SUVR was higher in normal subjects who were ApoE ε4 gene carriers than in noncarriers; similarly, the SUVR was higher in APOE ε4-carrying AD patients than in noncarriers (Fleisher, 2011). Therefore, it is highly likely that $A\beta$ PET is more sensitive in diagnosing AD patients carrying the ApoE ε 4 allele. In our clinical work, we should pay more attention to those APOE ε 4 carriers who present with positive A β PET images but have atypical clinical manifestations and be cautious in making the diagnosis of exclusion of AD. Several distinctive findings may also offer the potential to improve diagnostic efficacy. Kerbage et al. (2015) found a significant correlation between the concentration of $A\beta$ in the lens of the eye and SUVR values of A β PET images in the brain, suggesting the possibility of evaluating brain $A\beta$ load or even diagnosing AD by eye $A\beta$ content. Zhang et al. (2017) mentioned a high correlation between AD7c-NTP levels in urine and Aβ load in the brain on ¹¹C-PIB PET imaging. The positive predictive value of AD7c-NTP in urine for predicting Aß deposition in AD and MCI was 91.7%, and the negative predictive value was 72.2%. In addition, we paid slight attention to the time parameters of PET image acquisition. Duration after ¹¹C-PIB injection to PET image acquisition may vary, but most studies range from 40 to 90 min. Ng et al. (2007) demonstrated by dynamic scanning that the result of the visual analysis of PET images acquired at 30 min postinjection of ¹¹C-PIB was practically the same as the quantitative analysis of PET images acquired at 90 min postinjection of ¹¹C-PIB. It may be suggested that brain PET images acquired after 30 min postinjection of ¹¹C-PIB meet the demands of visual diagnosis.

In recent years, several completely different mechanisms of AD pathogenesis have been proposed from the mainstream $A\beta$ cascade theory. Lee et al. (2022) proposed that neuronal cell death occurs first, followed by extracellular A β plaque formation. A β plaques are the remains of dead neuronal cells mixed with β amyloid. In addition, by using SUVR values of A β PET to reflect the load of insoluble β amyloid in the brain compared to the content of soluble A β 42 in CSF, researchers found that higher levels of soluble A β 42 were associated with better neuropsychological function and larger hippocampal volumes (Sturchio et al., 2021). Therefore, soluble A β 42 levels may be a more effective response to cognitive impairment than $A\beta$ deposition. To date, many anti-A β drugs have been developed that effectively reduce A β deposits but most have failed to stop cognitive degeneration or slow the progression (Avgerinos et al., 2021). These aforementioned findings may

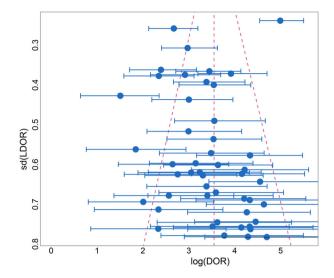


FIGURE 6 Funnel plot for assessing publication bias and heterogeneity

be evidence that does not support the mainstream hypothesis of $A\beta$ toxicity. It is worth highlighting that aducanumab, which targets anti- $A\beta$, has been approved by the FDA for marketing as a drug for treating AD. Some studies have shown that aducanumab benefits patients with AD, but its efficacy and safety still need further validation (Alexander et al., 2021; Tolar et al., 2020). The significant role of A β PET is to monitor the dynamics of $A\beta$ load in the brain continuously and to establish a correlation with the patient's condition, thus providing a comprehensive assessment of drug efficacy.

Finally, the limitations of our study need to be mentioned. First, there is no doubt that the AD diagnosis by brain autopsy or brain biopsy is more reliable than any mental status examination and neuropsychological testing battery. Nevertheless, the reference standard for most of our included studies was the clinical diagnosis of mental status examinations. The clinical diagnosis of AD may be influenced to some extent by the subjectivity of the patient or physician and may have a certain probability of deviation from the true picture. More than 10% of clinically diagnosed AD lack pathological features; overall, 19.1% of clinically diagnosed AD have lower levels of ¹⁸F-AV45 uptake than pathologically diagnosed AD, and 14.7% of clinically diagnosed AD patients do not have a retention of ¹⁸F-AV45 (Fleisher, 2011; Ranginwala et al., 2008). As a result, those studies that used the clinical mental status examination as a reference standard had a significant impact on the assessment of the diagnostic efficacy of A β PET, greatly likely increasing the false positive and false negative rates. An additional pitfall is that, as shown in Figure 6, we included many studies with small samples, which may portend low stability of our results.

CONCLUSIONS

Overall, ¹¹C-PIB and ¹⁸F-AV45 PET have high sensitivity and specificity for diagnosing AD, especially in distinguishing AD from healthy individuals. Aβ PET has slightly lower diagnostic efficacy in predicting

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the progression of MCI to AD but can provide highly valuable prognostic information for clinical purposes. The specificity of A β PET to distinguish AD from MCI is low, and the impact of progressive MCI should be considered in clinical applications. The diagnostic specificity of A β PET will be effectively improved when combined with the glucose metabolic features of brain 18 F-FDG PET images or the morphological manifestations of MRI.

AUTHOR CONTRIBUTIONS

Long Sun provided the ideas for this review, and Dan Ruan completed the analysis of the data and the writing of the manuscript. The search and inclusion of the literature were done by both authors.

CONFLICTS OF INTEREST

The authors have no conflicts of interest to declare relevant to this article's content.

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DATA AVAILABILITY STATEMENT

All data are presented in this article. All data analysis and figures plotting were performed using R language, and the detailed code and data for analysis can be provided by contacting the corresponding author.

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