ELSEVIER

Contents lists available at ScienceDirect

### Preventive Medicine Reports

journal homepage: www.elsevier.com/locate/pmedr



## Neighborhood-level characteristics as effect modifiers on the efficacy of the MyPEEPS mobile intervention in same-sex attracted adolescent men

Evette Cordoba <sup>a</sup>, Robert Garofalo <sup>b,c</sup>, Lisa M. Kuhns <sup>b,c</sup>, Cynthia Pearson <sup>d</sup>, D. Scott Batey <sup>e</sup>, Patrick Janulis <sup>f</sup>, Haomiao Jia <sup>a</sup>, Josh Bruce <sup>g</sup>, Marco A. Hidalgo <sup>h</sup>, Sabina Hirshfield <sup>i</sup>, Asa Radix <sup>j,k</sup>, Uri Belkind <sup>j</sup>, Dustin T. Duncan <sup>k</sup>, Byoungjun Kim <sup>1</sup>, Rebecca Schnall <sup>a,m,\*</sup>

- <sup>a</sup> School of Nursing, Columbia University, New York, NY 10032, USA
- b Division of Adolescent & Young Adult Medicine, Ann & Robert H. Lurie Children's Hospital of Chicago, 225 East Chicago Avenue, Chicago, IL 60611, USA
- <sup>c</sup> Department of Pediatrics, Northwestern University, Feinberg School of Medicine, Chicago, IL 60611, USA
- d Indigenous Wellness Research Institute, School of Social Work, University of Washington, 4101 15th Avenue Northeast, Seattle, WA, 98105, USA
- <sup>e</sup> School of Social Work, Tulane University, 127 Elk Place, New Orleans, LA 70112, USA
- f Department of Sociomedical Sciences, Northwestern University, Chicago, IL 60611, USA
- g Birmingham AIDS Outreach, 205 32<sup>nd</sup> Street, Birmingham, AL 35233, USA
- h Division of Internal Medicine-Pediatrics and Preventive Medicine, Department of Medicine, David Geffen School of Medicine at UCLA, 911 Broxton Avenue, Los Angeles. CA 90024. USA
- STAR Program, Department of Medicine, SUNY Downstate Health Sciences University, 450 Clarkson Avenue, MSC 1240, Brooklyn, NY 11203, USA
- <sup>j</sup> Callen-Lorde Community Health Center, 356 West 18<sup>th</sup> Street, New York, NY, 10011, USA
- <sup>k</sup> Columbia University, Mailman School of Public Health, Department of Epidemiology, New York, NY 10032, USA
- Department of Surgery, New York University, New York, NY, 10016, USA & Department of Population Health, New York University, New York, NY 10016, USA
- m Columbia University, Mailman School of Public Health, Department of Population and Family Health, New York, NY, 10032, USA

#### ARTICLE INFO

# Keywords: Geospatial epidemiology HIV prevention Young sexual minority men Community health Men's health Adolescent health Gay/bisexual/transgender persons HIV/AIDS

#### ABSTRACT

To estimate the effect of neighborhood-level modification on the efficacy of the MyPEEPS Mobile intervention on the reduction of condomless anal sex acts among same-sex attracted adolescent men.

A series of generalized linear mixed model was used to examine if the effect of the MyPEEPS Mobile intervention on condomless anal sex acts was moderated by neighborhood-level factors using data from the 2019 American Community Survey US Census Bureau. "The magnitudes of intervention were significantly smaller at both 6- and 9-month follow-up among adolescents living in neighborhood with high proportions of Hispanic or Latino residents (IRR6M = 1.02, 95 % CI: 1.01, 1.02; IRR9M = 1.03, 95 % CI: 1.01, 1.05) and high proportions of families with income below the poverty level (IRR6M = 1.07, 95 % CI: 1.01, 1.12; IRR9M = 1.05, 95 % CI: 1.01, 1.10), which indicated that living in communities with a higher concentration of residents living under poverty or of Hispanic/and Latino ethnicity significantly modified the effective of program intervention on condomless sex among adolescent MSM. Understanding how neighborhood characteristics modify the effect of HIV prevention interventions may be useful in better targeting delivery and tailoring content of interventions based on neighborhood level characteristics such as the ones identified in this study.

#### 1. Introduction

In the United States (US), HIV transmission rates disproportionally affect racial and ethnic minority gay, bisexual and other sexual minority men accounting for almost 70 % of new HIV infections each year (Giroir, 2020; Center for Disease Control and Prevention). Moreover, young men who have sex with men (MSM) are particularly vulnerable to HIV

infection, with 27 % and 22 % of new HIV cases identified as Black and Hispanic/Latino men who have sex with men (MSM) 13–24 years old, respectively (Prevention CfDCa, 2018). To curb the current HIV epidemic it is critical to consider psychosocial (e.g., bullying, victimization, isolation), behavioral (e.g., number of sexual partners, condom use and testing for HIV and sexually transmitted infections) and contextual (e.g., family, peer and partner relationships) risk factors of

<sup>\*</sup> Corresponding author at: School of Nursing, Columbia University, 560 W. 168<sup>th</sup> street, New York, NY 10032, USA. *E-mail address:* rb897@cumc.columbia.edu (R. Schnall).

HIV have been identified (Stephenson, 2006). Additionally, recent identification of social-structural factors influencing HIV susceptibility, such as neighborhood-level characteristics (alcohol outlets, neighborhood disadvantage, poverty and limited health resources) (Brawner et al., 2022; Duncan et al., 2021; Scribner et al., 2010), are of growing interest for the development of more comprehensive understanding of the risk profiles associated with HIV acquisition in young MSM (Duncan et al., 2018).

The socioecological framework posits that multilevel structures exist in which individual, interpersonal, neighborhood and social factors interact to influence health outcomes, such as HIV (Baral et al., 2013; Duncan et al., 2020; Frye et al., 2017; Halkitis et al., 2015; Obidoa et al., 2023). For this reason, understanding the complex and cross-level interaction of the multiple structures where individuals operate may be essential for the development of effective preventive strategies. For example, evidence suggests that alcohol outlets (neighborhood-level factor) and geographical clusters of sexual network members (interpersonal factor) contributors to the risk of HIV among MSM, such that higher densities of alcohol outlets are associated with alcohol consumption and are associated with high-risk sexual behavior within sexual networks (Scribner et al., 2010; Rosenberg et al., 2015). Efforts in identifying modifiable factors using a multilevel approach within the socioecological framework may help improve HIV prevention intervention by simultaneously addressing multiple causative factors. Given the increasing incidence of HIV among young MSM (Perez et al., 2022), research is needed to identify multilevel risk factors to develop effective HIV prevention invention in this population. There has been limited research on the effects of the contextual level factors of HIV with some studies examining structural factors and Past studies have examined some of the structural and others considering contextual factors, such as resilience and stigma (Banks et al., 2020; Li et al., 2022; Mehrotra et al., 2019).

By operationalizing the socioecological framework to better understand the findings from the MYPEEPS Mobile Trial, we can examine whether the efficacy of the HIV prevention intervention may be modified by upstream factors in which individuals operate, such as neighborhood factors. Therefore, the objective of our current study is to evaluate neighborhood-level modification and estimate its effect of the MyPEEPS Mobile intervention on the reduction of condomless anal sex acts among same-sex attracted adolescent men. Results of this study can be used to improve our understanding for whom the intervention did and did not demonstrate effects to achieve population level impact through the reduction of high-risk sexual behavior and inform future prevention efforts. Further, integration of American Community Survey US Census Bureau aggregate data with the individual-level data from RCT participants based on the geographical coordinates to create multilevel data, is an innovative approach for improving program evaluation with the potential for policy shift.

#### 2. Methods

#### 2.1. Study design and participants

This study is a secondary analysis of data collected as part of the MyPEEPS Mobile randomized controlled trial (RCT) conducted from June 2018–April 2020. The study was conducted to test the efficacy of the MyPEEPS Mobile intervention on HIV risk behaviors, specifically condomless anal sex acts, among same-sex attracted *cis*-gender adolescent men (aged 13–18 years). Randomization occurred at baseline on a 1:1 ratio (MyPEEPS Mobile (n = 382) versus a delayed intervention (n = 381)); the intervention group received access to the MyPEEPS Mobile app at the baseline visit. The primary analysis was on intervention effects at 3-, 6-, and 9-months post-baseline) The waitlist control arm crossed over to intervention at 9 months. Written or electronic informed assent (under 18 years of age) and consent (18 years of age) was obtained for participants with parental consent waived for minors.

Columbia University served as the single institutional review board for all study activities (Kuhns et al., 2020), and the RCT was registered in ClinicalTrials.gov as NCT03167606.More details on the RCT are published elsewhere (Schnall et al., 2022). Study participants were recruited from the US States and its territories. Ultimately participants were enrolled from 49 States in the US and Puerto Rico.

#### 2.2. Outcome

The primary outcome of interest was change in the number of recent condomless anal sex acts (within the past 3 months) between intervention and delayed intervention groups at baseline versus 3-, 6- and 9-month post-baseline. The number of condomless anal sex act, as either the receptive and/or insertive partner, was self-reported by the study participant during each study visit using a modified version of the AIDS Risk Behavior Assessment (Donenberg et al., 2001) through Qualtrics online survey software. Participants were asked to estimate the number of recent anal sex partners (i.e., receptive and insertive) and the number of condomless sex acts with partners, which provided the basis for the primary outcome (a count variable).

#### 2.3. Neighborhood-level characteristics

Neighborhood-level characteristics were obtained using data from the 2019 American Community Survey US Census Bureau. Using geographical coordinates (latitude and longitude) of the participants' residence obtained at their baseline study visits, neighborhood-level characteristics were matched with geographic identifiers (GEOIDs) provided by the ACS. The geographical coordinates (latitude and longitude) were automatically collected through Qualtrics survey software. GEOIDs are numeric codes used to uniquely identify all administrative/legal and statistical geographic area tabulated by the US Census Bureau (Income, 2008). The unit of analysis for the geographical variables was census tract. The following neighborhood-level characteristics were included as potential effect modifiers: Total Population, Percent Population Non-Hispanic, Percent Population White, Percent Population Black, Percent Population Asian, Percent Population Hispanic, Percent Population with less than High School Education, Percent Population with High School Education, Percent Population with College Education, Percent Population Unemployed, Percent Population with Median Household Income, Gini Index (measure of income inequality), Percent Families with Income Below Poverty, Percent Population with No Health Insurance Coverage, Percent Population with Female Household, and Percent Population with Foreign Born (Brawner et al., 2022). All variables were included as percentage \* 100, except Median Household Income, Total Population, and Gini coefficient. Median Household Income used the raw value, Total population was converted to thousands (i.e., divided by 1000), and the Gini coefficient, which was the value multiplied by 100 to be on a similar scale to the most other variables.

#### 2.4. Individual-level characteristics

Participants completed standardized quantitative assessments of demographics (age, race/ethnicity) and outcome data at baseline, 3-, 6- and 9-month follow up visits using Qualtrics online survey software. The following covariates were assessed: Age, race, ethnicity and enrollment type (i.e., in-person or online). Participant's age was coded as (<16 and  $\geq 16$  years). The remaining variables were coded as the following: Race (American Indian/Alaskan Native, Asian American, Black/African American, Native Hawaiian/Asian Pacific Islander, White/Caucasian, Multiracial, or unknown/not reported), ethnicity (Hispanic/Latino/Latinx or not Hispanic/Latino/Latinx) and enrollment type (online/in person enrollment). These covariates were included in analysis of the MyPEEPs trial analysis (Schnall et al., 2022).

#### 2.5. Statistical analysis

We used a series of generalized linear mixed model (GLMMs) with a negative binomial distribution for count variables (i.e., condomless anal sex acts) to examine if the impact of the intervention was moderated by neighborhood factors (N = 687). To examine the difference in the rate of change for the outcome variables (McCulloch and Searle, 2004), we used mixed-effects models with a participant-level random intercept to allow the baseline outcome measure (e.g., condomless sex acts) to vary across participants and account for within-participant correlation. The primary intervention efficacy of MyPEEPS Mobile in reducing condomless anal sex acts was estimated using the interaction of arm (i.e., Control vs. Intervention) and time (i.e., Baseline, 3-months, 6-months, or 9months). Therefore, the interaction term between arm and each time point indicates a significantly different change in the experiment arm between baseline and the time point. The current analysis extends this analysis by adding in a 3-way interaction with each neighborhood-level characteristic (i.e., Arm \* Time \* Neighborhood Characteristic). Therefore, these models estimated if the difference in rate of change from baseline to each timepoint across arms differed by neighborhood-level characteristics, while controlling for age, race, ethnicity, study site and enrollment type. For a subset of neighborhood characteristics that showed consistent moderation of the intervention effect, we also estimated the simple slopes (i.e., marginal means of linear trends) for the interaction of Arm \* Time at varying levels of the neighborhood characteristic. This estimate provides greater insight into how the difference in change across arms varies across levels of the neighborhood characteristics. In addition, we estimated the simple slope for change from baseline to 6 and 9 months for the control and intervention group at varying levels of the neighborhood characteristic (i.e., the simple slope for Time once specifying both arm and the designated level of the neighborhood characteristic). For all simple slopes, we selected values of the moderator using the mean, 1 Standard Deviation (SD) above, and 1 SD below the of the neighborhood characteristic to estimate these effects and help illustrate how the nature of the underlying continuous moderator impacts the difference between control/intervention arms and corresponding estimated change for each arm. Missing data for the primary outcome at each time point ranged from 16.7 % (3-months) to 19.2 % (9-months). Data analysis used an intention-to-treat approach, and all analyses were conducted in R.

#### 3. Results

Table 1 provides the descriptive statistics for participants and neighborhood characteristics. In the analytic sample of 687 study participants, over 70 % were 16 years of age or older; 90 % had some high school education; 251 (37 %) were White, 136 (20 %) were Black, 38 (6 %) were American Indian/Alaskan Native, 67 (10 %) were Asian; and 288 (42 %) participants identified their ethnicity as Latino (any race). For neighborhood characteristics, the mean population size was 5840.6 (SD = 4067.76) with a mean percent of White population of 48.8 (SD = 29.9) and Non-Hispanic population of 76.1 (SD = 25.7).

At 3-month follow-up, we did not find any neighborhood-level characteristics that significantly moderated the effects of the MyPEEPS intervention on condomless anal sex acts among same-sex attracted adolescent MSM. However, the effect of the intervention was significantly moderated at both 6- and 9-month follow-up by *percent Hispanic or Latino residents* (Incidence Rate Ratio (IRR) $_{6M}=1.02$ , 95 % CI: 1.01, 1.02; IRR $_{9M}=1.03$ , 95 % CI: 1.01, 1.05) and *percent of families with income below the poverty level* (IRR $_{6M}=1.07$ , 95 % CI: 1.01, 1.12; IRR $_{9M}=1.05$ , 95 % CI: 1.01, 1.10), which indicated a smaller intervention effect in regions of higher poverty and higher percentage of Hispanic and Latino residents (Table 2). At 9-month follow-up, two additional neighborhood-level characteristics were found to significantly moderate the effects of the Intervention on condomless anal sex, *percent of residents with a High School education or less* (IRR $_{9M}=1.06$ , 95 % CI: 1.01, 1.07)

**Table 1**MyPEEPS individual-level and neighborhood characteristics at baseline.

| Individual-level Characteristics                              | N (%)             |
|---|-------------------|
| Total   | 687 (100)         |
| Arm   |                   |
| Intervention  | 340 (49.5)        |
| Control   | 347 (50.5)        |
| Missing   | 0                 |
| Age   |                   |
| Less than 16 years old  | 198 (28.8)        |
| 16 years or older   | 489 (71.2)        |
| Missing   | 0                 |
| Race  |                   |
| American Indian or Alaskan Native                             | 38 (5.5)          |
| Asian or Asian American                                       | 67 (9.8)          |
| Black or African American                                     | 136 (19.8)        |
| Native Hawaiian or Pacific Islander                           | 10 (1.5)          |
| White or Caucasian  | 251 (36.5)        |
| Multiracial   | 91 (13.3)         |
| Unknown   | 94 (13.7)         |
| Missing   | 0                 |
| Hispanic ethnicity  |                   |
| No  | 399 (58.1)        |
| Yes   | 288 (41.9)        |
| Missing   | 0                 |
| Condomless Anal Sex Acts*                                     | 1.5 (5.5)         |
|   | M (SD)            |
| Neighborhood Characteristics                                  |                   |
| Total Population**  | 5840.6 (4067.76)  |
| Percentage of population Non-Hispanic                         | 76.1 (25.7)       |
| Percentage of population White                                | 48.8 (29.9)       |
| Percentage of population Black                                | 16.0 (21.4)       |
| Percentage of population Asian                                | 7.4 (11.7)        |
| Percentage of population Hispanic                             | 23.9 (25.7)       |
| Percentage of population with less than High School education | 14.7 (12.1)       |
| Percentage of population with High School                     | 25.3 (10.5)       |
| Percentage of population with College education               | 60.0 (19.0)       |
| Percentage of population unemployed                           | 6.1 (4.2)         |
| Median Household Income**                                     | 69194.4 (35043.3) |
| GINI**  | 42.7 (6.5)        |
| Percentage of population with Income Below Poverty            | 11.8 (10.9)       |
| Percentage of population with No Health Insurance Coverage    | 9.4 (7.0)         |
| Percentage of population with Female Household                | 14.6 (8.6)        |
| Percentage of population with Foreign Born                    | 18.5 (14.6)       |

Note. \*Condomless anal sex acts are mean and standard deviation. \*\*All neighborhood characteristics are percent of the population except total population, median household income, and GINI.

and percent foreign born residents (IRR<sub>9M</sub> = 1.04, 95 % CI: 1.01, 1.07) (Table 2)

Looking at simple slopes for two of the neighborhood characteristics with the most consistent moderation effect (i.e., Poverty and Hispanic Population), the intervention group decreased greater than the control group at six months for neighborhoods 1 SD below the mean for Poverty (IRR = 0.29, 95 % CI: 0.12, 0.67) at 6 months, but not when poverty was mean or 1 SD above the mean (Table 3). This moderation leads to a significant decline in number of condomless sex acts at 6 months both 1 SD below the mean (IRR = 0.42, 95 % CI: 0.23, 0.77) and mean levels (IRR = 0.60, 95 % CI: 0.39, 0.91) of poverty but no significant decrease (IRR = 0.85, 95 % CI: 0.52, 1.39) in areas with 1 SD above the mean of poverty. In contrast, the control group saw no significant declines in condomless anal sex acts at any level of poverty. For percent Hispanic or Latino residents, the intervention decreased greater than the control group at 6 months for 1 SD below the mean (IRR = 0.35, 95 % CI: 0.16, 0.81), but not at mean or 1 SD above the mean for Hispanic or Latino residents (Table 4). This moderation leads to a significant decline in the number of condomless anal sex acts from baseline to 6 months among the intervention group at the mean level of Hispanic population (IRR = 0.64, 95 % CI: 0.42, 0.98) but no significant effect of the intervention at 1 SD above or below the mean levels of Hispanic population. In addition, despite the significant interaction term, there is no significant decline in condomless anal sex acts at nine months for the control or intervention

**Table 2**Moderation analysis results of generalized linear mixed models of visit by study arm by designated neighborhood factor.

|   | Condomless Anal Sex Act |           |
|---|-------------------------|-----------|
|   | IRR                     | p-value   |
| 3 Month Follow-up Visit * Study Arm * Designate | d Charac                | teristics |
| Total Population                                | 0.94                    | 0.4668    |
| Population Non-Hispanic                         | 0.99                    | 0.4561    |
| Population White                                | 0.99                    | 0.8933    |
| Population Black                                | 0.99                    | 0.8354    |
| Population Asian                                | 0.98                    | 0.4551    |
| Population Hispanic                             | 1.01                    | 0.4561    |
| Population with less than High School education | 1.01                    | 0.6737    |
| Population with High School                     | 1.05                    | 0.1109    |
| Population with College education               | 0.98                    | 0.2306    |
| Population unemployed                           | 1.01                    | 0.8720    |
| Population with Median Household Income         | 1.00                    | 0.9294    |
| GINI  | 1.02                    | 0.5844    |
| Families with Income Below Poverty              | 1.02                    | 0.4439    |
| Population with No Health Insurance Coverage    | 1.02                    | 0.6810    |
| Population with Female Household                | 1.01                    | 0.8354    |
| Population with Foreign Born                    | 1.01                    | 0.5220    |

| 6 Month Follow-up Visit * Study Arm Study Arm   | * Designa | ted Characteris | ti |
|---|-----------|-----------------|----|
| Total Population                                | 0.83      | 0.0572          |    |
| Population Non-Hispanic                         | 0.98      | 0.0474*         |    |
| Population White                                | 0.98      | 0.1247          |    |
| Population Black                                | 1.01      | 0.4064          |    |
| Population Asian                                | 0.96      | 0.1649          |    |
| Population Hispanic                             | 1.02      | 0.0474*         |    |
| Population with less than High School education | 1.04      | 0.1169          |    |
| Population with High School                     | 1.05      | 0.0950          |    |
| Population with College education               | 0.97      | 0.0504          |    |
| Population unemployed                           | 1.08      | 0.2559          |    |
| Population with Median Household Income         | 1.00      | 0.1977          |    |
| GINI  | 1.00      | 0.9629          |    |
| Families with Income Below Poverty              | 1.07      | 0.0147*         |    |
| Population with No Health Insurance Coverage    | 1.06      | 0.1728          |    |
| Population with Female Household                | 1.07      | 0.4019          |    |

1.03

0.1367

| 9 Month Follow-up Visit * Study Arm Study Arm   | * Designa | ted Characteristics |
|---|-----------|---------------------|
| Total Population                                | 0.97      | 0.7430              |
| Population Non-Hispanic                         | 0.97      | 0.0085*             |
| Population White                                | 0.99      | 0.2269              |
| Population Black                                | 0.98      | 0.1534              |
| Population Asian                                | 0.99      | 0.8526              |
| Population Hispanic                             | 1.03      | 0.0085*             |
| Population with less than High School education | 1.06      | 0.0185*             |
| Population with High School                     | 1.06      | 0.0392*             |
| Population with College education               | 0.96      | 0.0053*             |
| Population unemployed                           | 1.08      | 0.1652              |
| Population with Median Household Income         | 0.99      | 0.0621              |
| GINI  | 1.06      | 0.1732              |
| Families with Income Below Poverty              | 1.05      | 0.0317*             |
| Population with No Health Insurance Coverage    | 1.05      | 0.2032              |
| Population with Female Household                | 1.03      | 0.3487              |
| Population with Foreign Born                    | 1.04      | 0.0226*             |

Note. Each incidence rate ratio (IRR) coefficient represents the three-way interaction between intervention arm, timepoint, and the designated contextual variable. All models are also adjusted age, race, ethnicity, and enrollment type (i.e., online or in-person).

arms at any level of the moderator.

Population with Foreign Born

#### 4. Discussion

Few behavioral interventions have considered potential effect modification by neighborhood-level characteristics. Our innovative study identified two neighborhood-level characteristics, percent Hispanic or Latino residents and families with income below poverty level, which

**Table 3**Simple slopes analysis by intervention arm across levels of poverty.

| Level of moderator         | Study Arm  | <b>Condomless Anal Sex Acts</b>                                    |  |
|----------------------------|--|--|--|
|                            |  | 6 Months<br>IRR (95 % CI)  | 9 Months<br>IRR (95 % CI)  |
| 1 SD below mean<br>poverty | Intervention v. Control<br>difference<br>Intervention — change<br>Control — change | 0.29 (0.12,<br>0.67)*<br>0.42 (0.23,<br>0.77)*1.46<br>(0.80, 2.65) | 0.48 (0.20,<br>1.08)<br>0.64 (0.35,<br>1.15)1.33<br>(0.76, 2.34) |
| Mean poverty               | Intervention v. Control<br>difference<br>Intervention — change<br>Control — change | 0.57 (0.31,<br>3.19)<br>0.60 (0.39,<br>0.91)*1.04<br>(0.68, 1.59)  | 0.83 (0.46,<br>1.50)<br>0.94 (0.62,<br>1.42)1.12<br>(0.74, 1.70) |
| 1 SD above mean poverty    | Intervention v. Control<br>difference<br>Intervention – change<br>Control – change | 1.14 (0.52,<br>2.54)<br>0.85 (0.52,<br>1.39)0.74<br>(0.40, 1.37)   | 1.46 (0.70,<br>3.04)<br>1.38 (0.84,<br>2.27)0.95<br>(0.55, 1.63) |

Note. Control v. intervention represents the difference in change (from baseline) between the control and intervention conditions (i.e., interaction between Intervention and Time) at the given level of the moderator. Intervention and control "change" provide the estimated change (form baseline) in each arm at each time based on the value of the moderating variable. Mean poverty indicates the average percentage of population across all time points (i.e., 11.8 %) while 1 SD below (1.0 %) and above (22.6 %) the mean represents their respective variation from that mean. All models are also adjusted age, race, ethnicity, and enrollment type (i.e., online or in-person). \*Statistically significant at p-value < 0.05.

 Table 4

 Simple slopes analysis by intervention arm across levels of Hispanic population.

| Level of moderator  | Study Arm          | <b>Condomless Anal Sex Acts</b> |                              |
|---------------------|--------------------|---------------------------------|------------------------------|
|                     |                    | 6 Months<br>IRR (95 % CI)       | 9 Months<br>IRR (95 %<br>CI) |
| 1 SD below mean     | Intervention v.    | 0.35 (0.16,                     | 0.41 (0.18,                  |
| Hispanic population | Control difference | 0.81)*                          | 0.94)*                       |
|                     | Intervention -     | 0.56 (0.31,                     | 0.62 (0.34,                  |
|                     | change             | 1.01)1.58                       | 1.11)1.49                    |
|                     | Control – change   | (0.89, 2.82)                    | (0.84, 2.63)                 |
| Mean Hispanic       | Intervention v.    | 0.59 (0.32,                     | 0.80 (0.45,                  |
| Population          | Control difference | 1.08)                           | 1.45)                        |
|                     | Intervention -     | 0.64 (0.42,                     | 0.93 (0.61,                  |
|                     | change             | 0.98)*1.08                      | 1.41)1.15                    |
|                     | Control – change   | (0.71, 1.66)                    | (0.76, 1.75)                 |
| 1 SD above mean     | Intervention v.    | 1.02 (0.47,                     | 1.64 (0.78,                  |
| Hispanic population | Control difference | 2.20)                           | 3.45)                        |
|                     | Intervention -     | 0.74 (0.44,                     | 1.44 (0.86,                  |
|                     | change             | 1.24)0.72                       | 2.41)0.88                    |
|                     | Control - change   | (0.41, 1.27)                    | (0.51, 1.50)                 |

Note. Control v. intervention represents the intervention and given time interaction at the given level of the moderating variable. Intervention and control change provide the estimated change (form baseline) in each arm at each time based on the value of the moderating variable. Mean poverty indicates the average percentage of population across all time points (i.e., 24.1 %) while 1 SD below (0.0 %) and above (50.0 %) the mean represents their respective variation from that mean. All models are also adjusted age, race, ethnicity, and enrollment type (i.e., online or in-person). \*Statistically significant at p-value <0.05.

moderated the effects of the MyPEEPS Mobile intervention on condomless anal sex among same-sex attracted adolescent MSM at both 6-and 9-month follow-up visit. These findings show the potential for this intervention to be efficacious given certain neighborhood characteristics which were not evident in the findings of our RCT.

In this study we enrolled a large and diverse national sample of adolescents with ZIP Code level data/ census tract/ to examine neighborhood-level characteristics i.e., age, race, ethnicity, and income). Similar to the literature we found that addressing ethnicity and

<sup>\*</sup>Statistically significant at p-value < 0.05.

income can play a significant role in improving the efficacy of interventions in RCTs (Johnson Lyons et al., 2022; Kraemer et al., 2008; Sims et al., 2020). Importantly, neighborhoods may operate in ways that enable the behaviors of individuals or restrict access to preventive care or health resources (Diez Roux and Mair, 2010; Akinyemiju et al., 2013), further exacerbating adverse health outcomes. For this reason, the socioecological framework - which posits that individuals operate within multiple domains of social influence and prevention strategies can be used to consider the continuum of these influences (Schölmerich and Kawachi, 2016), which can moderate the efficacy of behavioral interventions. By establishing significant neighborhood-level moderators, findings from this analysis can be used to better understand why the intervention may not have worked well for these groups. This can allow us to optimize the efficacy of the MyPEEPS Mobile intervention by targeting participants living in areas with specific neighborhood characteristics or can be tailored to the needs of participants with the discrete neighborhood characteristics found in our analysis (Collins et al., 2007). For instance, the MyPEEPS Mobile App is not currently available in Spanish, but, given lower efficacy of this intervention in neighborhoods with a high percentage of Latino families, this is likely a worthwhile investment to further increase the impact of MyPEEPS Mobile in Latino youth. Notably, language is a known structural barrier to accessing healthcare services (Kalich et al., 2016). On the other hand, the MyPEEPS Mobile users were English speaking and so it could be that the intervention content didn't meet their needs or that they were unable to operationalize behavioral changes based on their specific barriers. These findings are an invitation to investigate further.

Use of mHealth-based interventions is a promising and innovative way to increase reach in targeted populations at the individual level, but understanding the multi-level associations between individual- and neighborhood-level prevention strategies may also be important to understand the pathways in which social ecological context influences health outcomes (Baral et al., 2013; Barrenger and Draine, 2013). For instance, macrosocial factors such as neighborhood characteristics may constrain or promote the occurrence of individual-level behaviors associated with health risk (Minh et al., 2017). In other words, neighborhood characteristics may interact with individual-level factors, influencing risk of outcome among exposed individuals embedded in specific neighborhood contexts (Mair et al., 2008; Stockdale et al., 2007).

There are several limitations of this analysis. The geographical coordinates (latitude and longitude) were automatically collected through Qualtrics survey software, which may not have correctly identified each participant's location. In addition, we used census tract data which has the potential for spatial misclassification (Duncan et al., 2018). Further there is the potential for residual confounding which has been observed in past studies of socioeconomic background and health outcomes (Sorjonen et al., 2021). Finally the generalizability of our findings are limited given the relatively small sample size for a national-level study.

#### 5. Conclusions

Our study examined the interaction between multiple neighborhood-level characteristics and the MyPEEPS Mobile interventions through statistical modelling of cross-level interaction in the multilevel model, revealing significant interactions between MyPEEPS Mobile interventions and the percent Hispanic or Latino residents and families with income below poverty level at 6- and 9-months. Further understanding how these neighborhood characteristics modify the effect of HIV prevention interventions may be useful in better targeting delivery of interventions and tailoring content of interventions based on neighborhood level characteristics such as the ones identified in this study. Finally, convergence of research methods and theory in future studies is needed to advance efforts in HIV prevention by addressing modifiable factors at both the individual and neighborhood level.

#### 6. Disclosure of funding and conflicts of interest

The authors report no real or perceived conflict of interest. Research reported in this publication was supported by National Institute of Allergy and Infectious Diseases of the National Institutes of Health under award number UG3AI169658 and the National Institute of Minority and Health Disparities under award number U01MD011279. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

#### CRediT authorship contribution statement

Evette Cordoba: Writing – original draft, Formal analysis, Conceptualization. Robert Garofalo: Writing – review & editing, Investigation, Funding acquisition, Conceptualization. Lisa M. Kuhns: Supervision, Project administration, Funding acquisition, Writing – review & editing. Cynthia Pearson: Writing - review & editing, Supervision, Investigation, Funding acquisition, Conceptualization, Writing - review & editing. D. Scott Batey: Writing - review & editing, Supervision, Project administration, Investigation. Patrick Janulis: Writing - review & editing, Validation, Supervision, Formal analysis. Haomiao Jia: Writing - review & editing, Formal analysis. Josh Bruce: Writing - review & editing, Supervision, Project administration, Funding acquisition, Writing – review & editing. Marco A. Hidalgo: Writing – review & editing, Investigation, Funding acquisition, Conceptualization. Sabina Hirshfield: Writing - review & editing, Validation, Supervision, Funding acquisition, Conceptualization. Asa Radix: Writing - review & editing, Supervision, Investigation. Uri Belkind: Writing - review & editing, Supervision, Project administration. Dustin T. Duncan: Writing - review & editing, Supervision, Investigation, Data curation, Conceptualization. Byoungjun Kim: Writing - review & editing, Formal analysis, Data curation, Conceptualization. Rebecca Schnall: Writing review & editing, Supervision, Funding acquisition, Conceptualization.

#### **Declaration of competing interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

#### Data availability

Data will be made available on request.

#### References

Akinyemiju, T.F., Soliman, A.S., Johnson, N.J., et al., 2013. Individual and neighborhood socioeconomic status and healthcare resources in relation to black-white breast cancer survival disparities. Journal of Cancer Epidemiology. 2013.

Banks, D.E., Hensel, D.J., Zapolski, T.C.B., 2020. Integrating individual and contextual factors to explain disparities in HIV/STI among heterosexual african american youth: a contemporary literature review and social ecological model. Arch. Sex. Behav. 49 (6), 1939–1964. https://doi.org/10.1007/s10508-019-01609-6.

Baral, S., Logie, C.H., Grosso, A., Wirtz, A.L., Beyrer, C., 2013. Modified social ecological model: a tool to guide the assessment of the risks and risk contexts of HIV epidemics. BMC Public Health 13 (1), 1–8.

Baral, S., Logie, C.H., Grosso, A., Wirtz, A.L., Beyrer, C., 2013. Modified social ecological model: a tool to guide the assessment of the risks and risk contexts of HIV epidemics. BMC Public Health 13 (1), 482. https://doi.org/10.1186/1471-2458-13-482.

Barrenger, S.L., Draine, J., 2013. "You don't get no help": the role of community context in effectiveness of evidence-based treatments for people with mental illness leaving prison for high risk environments. Am. J. Psychiatr. Rehabil. 16 (2), 154–178.

Brawner, B.M., Kerr, J., Castle, B.F., et al., 2022. A systematic review of neighborhood-level influences on HIV vulnerability. AIDS Behav. 26 (3), 874–934. https://doi.org/10.1007/s10461-021-03448-w.

Center for Disease Control and Prevention. HIV among Gay and Bisexual Men https://www.cdc.gov/hiv/group/msm/index.html.

Collins, L.M., Murphy, S.A., Strecher, V., 2007. The multiphase optimization strategy (MOST) and the sequential multiple assignment randomized trial (SMART): new methods for more potent eHealth interventions. Am. J. Prev. Med. 32 (5 Suppl), S112–S118. https://doi.org/10.1016/j.amepre.2007.01.022.

- Diez Roux, A.V., Mair, C., 2010. Neighborhoods and health. Ann. NY. Acad. Sci. 1186 (1), 125–145.
- Donenberg, G.R., Emerson, E., Bryant, F.B., Wilson, H., Weber-Shifrin, E., 2001. Understanding AIDS-risk behavior among adolescents in psychiatric care: links to psychopathology and peer relationships. J. Am. Acad. Child Adolesc. Psychiatry 40 (6), 642–653. https://doi.org/10.1097/00004583-200106000-00008.
- Duncan, D.T., Chaix, B., Regan, S.D., et al., 2018. Collecting mobility data with GPS methods to understand the HIV environmental riskscape among young black men who have sex with men: a multi-city feasibility study in the deep south. AIDS Behav. 22, 3057–3070.
- Duncan, D.T., Sutton, M.Y., Park, S.H., et al., 2020. Associations between neighborhood problems and sexual behaviors among black men who have sex with men in the deep south: the MARI study. Arch. Sex. Behav. 49 (1), 185–193. https://doi.org/10.1007/ s10508-019-01619-4.
- Duncan, D.T., Kim, B., Al-Ajlouni, Y.A., Callander, D., 2021. Neighborhood-level structural factors, HIV, and communities of color. HIV in US Communities of Color. 147–168
- Frye, V., Nandi, V., Egan, J.E., et al., 2017. Associations among neighborhood characteristics and sexual risk behavior among black and white MSM living in a major urban area. AIDS Behav. 21 (3), 870–890. https://doi.org/10.1007/s10461-016-15-6-6.
- Giroir, B.P., 2020. The time is now to end the HIV epidemic. Am. J. Public Health 110 (1), 22–24. https://doi.org/10.2105/AJPH.2019.305380.
- Halkitis, P., Kapadia, F., Ompad, D., 2015. Incidence of HIV infection in young gay, bisexual, and other YMSM: the P18 cohort study. J. Acquir. Immune Defic. Syndr. 69 (4), 466–473. https://doi.org/10.1097/qai.00000000000000616.
- Income, B.UC., 2008. Earnings, and poverty data from the American Community Survey. US Census Bureau.
- Johnson Lyons, S., Gant, Z., Jin, C., Dailey, A., Nwangwu-Ike, N., Satcher, J.A., 2022. A census tract-level examination of differences in social determinants of health among people with HIV, by race/ethnicity and geography, United States and Puerto Rico, 2017. Public Health Rep. 137 (2), 278–290. https://doi.org/10.1177/ 0033354921990373.
- Kalich, A., Heinemann, L., Ghahari, S., 2016. A scoping review of immigrant experience of health care access barriers in Canada. J. Immigr. Minor. Health 18, 697–709.
- Kraemer, H.C., Kiernan, M., Essex, M., Kupfer, D.J., 2008. How and why criteria defining moderators and mediators differ between the Baron & Kenny and MacArthur approaches. Health Psychol. 27 (2s), S101–S108. https://doi.org/10.1037/0278-6133.27.2(Suppl.).S101.
- Kuhns, L.M., Garofalo, R., Hidalgo, M., et al., 2020. A randomized controlled efficacy trial of an mHealth HIV prevention intervention for sexual minority young men: MyPEEPS mobile study protocol. BMC Public Health 20 (1), 65. https://doi.org/ 10.1186/s12889-020-8180-4.
- Li, X., Qiao, S., Yang, X., et al., 2022. A resilience-based intervention to mitigate the effect of HIV-related stigma: protocol for a stepped wedge cluster randomized trial. Front. Public Health 10, 857635.

- Mair, C., Roux, A.D., Galea, S., 2008. Are neighbourhood characteristics associated with depressive symptoms? a review of evidence. J. Epidemiol. Community Health 62 (11), 940–946.
- McCulloch, C.E., Searle, S.R., 2004. Generalized, linear, and mixed models. John Wiley & Sons
- Mehrotra, M.L., Petersen, M.L., Geng, E.H. Understanding HIV program effects: a structural approach to context using the transportability framework. J Acquir Immune Defic Syndr. Dec 2019;82 Suppl 3(Suppl 3):S199-s205. doi:10.1097/ aai.000000000002022.
- Minh, A., Muhajarine, N., Janus, M., Brownell, M., Guhn, M., 2017. A review of neighborhood effects and early child development: how, where, and for whom, do neighborhoods matter? Health Place 46, 155–174.
- Obidoa, C., Thompson, P.O., Thitsa, M., Martin, C.F., Katner, H., 2023. Socio-ecologic correlates of HIV/AIDS-related sexual risk behavior of african american emerging adults. AIDS Behav. 7 https://doi.org/10.1007/s10461-023-04055-7.
- Perez, S.M., Panneer, N., France, A.M., et al., 2022. Clusters of rapid HIV transmission among gay, bisexual, and other men who have sex with men - United States, 2018–2021. MMWR Morb. Mortal. Wkly Rep. 71 (38), 1201–1206. https://doi.org/ 10.15585/mmwr.mm7138a1.
- Prevention CfDCa. HIV Surveillance Report, 2018 (Updated). http://www.cdc.gov/hiv/library/reports/hiv-surveillance.html.
- Rosenberg, M., Pettifor, A., Van Rie, A., et al., 2015. The relationship between alcohol outlets, HIV risk behavior, and HSV-2 infection among south african young women: a cross-sectional study. PLoS One 10 (5), e0125510.
- Schnall, R., Kuhns, L.M., Pearson, C, et al. Efficacy of MyPEEPS mobile, an HIV prevention intervention using mobile technology, on reducing sexual risk among same-sex attracted adolescent males: a randomized clinical trial. JAMA Netw Open. Sep 1 2022;5(9):e2231853. doi:10.1001/jamanetworkopen.2022.31853.
- Schölmerich, V.L., Kawachi, I., 2016. Translating the socio-ecological perspective into multilevel interventions: gaps between theory and practice. Health Educ. Behav. 43 (1), 17–20. https://doi.org/10.1177/1090198115605309.
- Scribner, R., Theall, K.P., Simonsen, N., Robinson, W., 2010. HIV risk and the alcohol environment: advancing an ecological epidemiology for HIV/AIDS. Alcohol Res. Health 33 (3), 179–183.
- Sims, O.T., Chiu, C.Y., Chandler, R., et al., 2020. Alcohol use and ethnicity independently predict antiretroviral therapy nonadherence among patients living with HIV/HCV coinfection. J. Racial Ethn. Health Disparities 7 (1), 28–35. https://doi.org/ 10.1007/s40615-019-00630-8.
- Sorjonen, K., Falkstedt, D., Wallin, A.S., Melin, B., Nilsonne, G., 2021. Dangers of residual confounding: a cautionary tale featuring cognitive ability, socioeconomic background, and education. BMC Psychology 9 (1), 145. https://doi.org/10.1186/ s40359-021-00653-z.
- Stephenson, J., 2006. HIV and youth. Jama-J Am Med Assoc. 296 (7), 759.
- Stockdale, S.E., Wells, K.B., Tang, L., Belin, T.R., Zhang, L., Sherbourne, C.D., 2007. The importance of social context: neighborhood stressors, stress-buffering mechanisms, and alcohol, drug, and mental health disorders. Soc. Sci. Med. 65 (9), 1867–1881. https://doi.org/10.1016/j.socscimed.2007.05.045.