¹**Title**: AMPK agonism optimizes the *in vivo* persistence and anti-leukemia efficacy of chimeric antigen 2 receptor T cells

- ³**Running Title**: AMPK agonism improves CART function
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²⁸**ABSTRACT**

29 BACKGROUND: Chimeric antigen receptor T cell (CART) therapy has seen great clinical success. ³⁰However, up to 50% of leukemia patients relapse and long-term survivor data indicate that CART cell 31 persistence is key to enforcing relapse-free survival. Unfortunately, ex vivo expansion protocols often 32 drive metabolic and functional exhaustion, reducing in vivo efficacy. Preclinical models have 33 demonstrated that redirecting metabolism ex vivo can improve in vivo T cell function and we ³⁴hypothesized that exposure to an agonist targeting the metabolic regulator AMP-activated protein 35 kinase (AMPK), would create CARTs capable of both efficient leukemia clearance and increased in vivo 36 persistence. ³⁷METHODS: CART cells were generated from healthy human via lentiviral transduction. Following 38 activation, cells were exposed to either Compound 991 or DMSO for 96 hours, followed by a 48-hour ³⁹washout. During and after agonist treatment, T cells were harvested for metabolic and functional ⁴⁰assessments. To test in vivo efficacy, immunodeficient mice were injected with luciferase+ NALM6 ⁴¹leukemia cells, followed one week later by either 991- or DMSO-expanded CARTs. Leukemia burden 42 and anti-leukemia efficacy was assessed via radiance imaging and overall survival. ⁴³RESULTS: Human T cells expanded in Compound 991 activated AMPK without limiting cellular ⁴⁴expansion and gained both mitochondrial density and improved handling of reactive oxygen species ⁴⁵(ROS). Importantly, receipt of 991-exposed CARTs significantly improved in vivo leukemia clearance, ⁴⁶prolonged recipient survival, and increased CD4+ T cell yields at early times post-injection. Ex vivo, 991 47 agonist treatment mimicked nutrient starvation, increased autophagic flux, and promoted generation of 48 mitochondrially-protective metabolites. ⁴⁹DISCUSSION: Ex vivo expansion processes are necessary to generate sufficient cell numbers, but 50 often promote sustained activation and differentiation, negatively impacting in vivo persistence and 51 function. Here, we demonstrate that promoting AMPK activity during CART expansion metabolically 52 reprograms cells without limiting T cell yield, enhances in vivo anti-leukemia efficacy, and improves ⁵³CD4+ in vivo persistence. Importantly, AMPK agonism achieves these results without further modifying 54 the expansion media, changing the CART construct, or genetically altering the cells. Altogether, these

- 55 data highlight AMPK agonism as a potent and readily translatable approach to improve the metabolic
- 56 profile and overall efficacy of cancer-targeting T cells.

⁵⁷**Keywords**

- 58 Immunometabolism
- 59 Adoptive Cellular Therapies
- ⁶⁰AMP-activated protein kinase (AMPK)
- 61 In vivo persistence
- 62 Fatty Acid Oxidation
- ⁶³Autophagy

⁶⁴**INTRODUCTION**

⁶⁵Chimeric Antigen Receptor T cell (CART) therapy has had a significant impact on the treatment of ⁶⁶relapsed/refractory acute B-cell lymphoblastic leukemia, with more than 90% of treated pediatric 67 patients initially achieving remission [1]. However, despite the success of this adoptive cellular therapy, 68 up to 50% of patients relapse after CART treatment, limiting its utility as a long-term cure [2, 3]. Further, ⁶⁹CARTs have seen limited success in other cancers, particularly solid tumors. While the reasons for this 70 limited efficacy are many, one of the most prominent concerns relates to the functional status of the 71 injected CART cells. The ex vivo expansion process drives significant activation and differentiation of ⁷²CARTs, limiting their ability to form memory populations and negatively impacts their in vivo persistence ⁷³[4]. This combination results in leukemia relapse and restricted tumor clearance in other cancers [5]. As 74 such, identifying methods to augment the in vivo function and persistence of CARTs has become 75 critical to improving their therapeutic efficacy.

⁷⁶Many interventions have shown promise towards improving CART persistence. On the one hand, 77 generating less differentiated, more memory-like CARTs has seen great effect, achieved by driving 78 expression of memory transcription factors, blocking differentiation pathways, and changing the 79 cytokine milieu of the growth media [6–11]. It has also become clear that targeting CART cell ⁸⁰metabolism, for example by specifically augmenting their respiratory capacity, is another method to 81 improve their long-term survival. This reprogramming has been achieved by restricting access to 82 certain nutrients during expansion (essentially enforcing a "starvation" program), blocking specific 83 metabolic pathways, or driving expression of mitochondrially-focused genes to augment mitochondrial 84 health and capacity [4, 12–19]. However, many of these approaches, while necessary to increase 85 functionality, have limited translatability to the clinic. For example, nutrient restriction (i.e., by blocking 86 glycolysis), slows CART proliferation and results in fewer CART cells for in vivo transfer. Further, the 87 need to re-engineer expansion media, by removing or adding specific nutrients, poses its own cost and 88 logistical barriers. Finally, while over- or under-expressing certain metabolic genes in CARTs has been 89 effective in mouse models, this added genetic manipulation raises concerns about the oncologic

90 potential of modified CARTs, slowing their path to translation. Even without these barriers, the 91 existence of such a wide array of modifiable pathways raises the question as to which options will 92 create the optimal CART cell product – and how best to achieve many of those goals simultaneously. 93 Put simply, identifying an optimized strategy that does not require extensive manufacturing changes ⁹⁴while simultaneously promoting multiple advantageous pathways, will be paramount to achieving more 95 effective CART therapies.

⁹⁶AMP-activated protein kinase (AMPK) is a heterotrimeric cellular energy sensor upstream of a web of

97 metabolic outputs [20] and is best known for recognizing nutrient restriction and reprogramming cellular

98 metabolism towards catabolic energy generation while reducing anabolic growth. We have previously

99 demonstrated that driving AMPK activity in human T cells augments mitochondrial capacity, memory

100 formation, and inflammatory function [21]. In addition, many targets of AMPK's metabolic

101 reprogramming have been highlighted as being advantageous during ex vivo CART cell expansion,

102 including nutrient restriction, blockade of the mammalian target of rapamycin (mTOR), counteracting

103 reactive oxygen species (ROS), promotion of mitochondrial biogenesis, and enhancement of autophagy

¹⁰⁴[6, 8, 9, 11, 12, 15–19, 22]. With AMPK upstream of so many beneficial metabolic programs, we

105 hypothesized that facilitating AMPK signaling during ex vivo expansion would create a metabolically

106 optimal CART product.

107 Detailed below, we highlight the novel use of a direct AMPK agonist, Compound 991, to metabolically 108 re-program human T cells. Exposing T cells to an AMPK agonist which binds directly to the AMPK 109 heterotrimer [23] created metabolically augmented cells with significantly improved in vivo anti-leukemia 110 activity. Interestingly, 991 exposure did not drive memory reprogramming but instead orchestrated a 111 network of metabolic changes including increased autophagic flux, enhanced fatty acid oxidation, and 112 generation of mitochondrially-protective metabolites. Together, these changes created CARTs with 113 improved in vivo persistence, particularly within the CD4+ compartment. In total, these studies highlight 114 the potential for short-term, direct AMPK agonist treatment to rewire the metabolic capacity of CARTs,

- 115 providing an easily translatable method that simultaneously modifies multiple beneficial pathways to
- 116 improve CART therapy.

¹¹⁷**RESULTS**

¹¹⁸**991 treatment facilitates AMPK activity without restricting expansion**

¹¹⁹We hypothesized that expanding CART cells in the presence of a direct AMPK agonist would 120 metabolically optimize them for in vivo function. To test this hypothesis, we first interrogated whether 121 Compound 991 treatment activated AMPK without restricting growth or viability. Human T cells were 122 isolated and stimulated with anti-CD3/CD8 Dynabeads for 5 days, removed from the beads, and split 123 into control (DMSO) and 991 treated groups. The AMPK heterotrimer is active when the alpha subunit, 124 containing the kinase domain, is phosphorylated on Thr172 [24]. Dosing experiments indicated stable 125 phosphorylation of AMPKα Thr172 for 48 hours following 991 exposure, leading to a final treatment 126 schedule where 991 was added to T cell cultures for two 48 hours cycles (96 hours of total exposure), 127 followed by a 48-hour washout period (Fig1A). Measurement of AMPKα phosphorylation confirmed 128 increased activation of AMPK following 991 treatment (Fig1B), with no significant impact on cell growth 129 or expansion through day 11 (Fig1C). To assess whether equivalent cell numbers indicated similar 130 proliferation or a combination of proliferative differences and a change in cell survival, we assessed T 131 cell proliferation by measuring incorporation of the thymidine analogue Bromodeoxyuridine (BrdU). In 132 line with our expansion data, there was no difference in BrdU uptake on day 9, following 96 hours of 133 agonist treatment on Day 9 (Fig1D). Interestingly, when BrdU incorporation was measured at the end of 134 the culture period on Day 11, there was now a significant increase in the proliferation of 991-treated 135 cells (Fig1E). Given AMPK's well-documented roles in optimizing metabolic fitness, we hypothesized 136 this ongoing cell turnover was due to enhanced metabolic capacity, which then allowed for a sustained 137 proliferative effort despite the increasing distance from their original stimulation. We therefore sought to 138 measure the impact of 991 exposure on subsequent metabolic reprogramming.

139

¹⁴⁰**991-treated human T cells gain mitochondrial capacity and efficiency**

141 To gauge the impact of 991 treatment on T cell metabolism, we utilized the Seahorse Metabolic

142 Analyzer Mitostress test to measure mitochondrial capacity. On Day 11 (48 hours post 991 removal),

143 991-treated cells increased their oxygen consumption rates (OCR) and spare respiratory capacity

144 (SRC) (Fig2A). We hypothesized these increases might be secondary to an increase in total 145 mitochondria, particularly as AMPK is known to activate (PGC1 α), a transcription factor responsible for 146 promoting mitochondrial biogenesis. Staining with MitoTracker revealed increased mitochondrial 147 density in 991-treated cells (Fig2B), which correlated with elevated PGC1α expression during 991-148 treatment (Fig2C). To better understand if these metabolic changes would persist following subsequent 149 stimulation, we restimulated cells on Day 11 and repeated our metabolic assessments (Fig2D). As 150 shown in Fig2E, augmented mitochondrial activity continued following activation, with increases in both 151 OCR and SRC. Of note, driving mitochondrial metabolism can also generate increased levels of 152 reactive oxygen species (ROS), which can be damaging to cells at high levels. Reassuringly, enhanced 153 AMPK signaling improved ROS handling, which we hypothesized was likely contributing to the ability of ¹⁵⁴991-treated cells to tolerate increased mitochondrial respiration. Consistent with this interpretation, 991- 155 pretreated cells had lower ROS burden following 24 hours of stimulation (Fig2F). We also regularly 156 recovered greater numbers of 991-treated cells following 72 hours of restimulation (Fig2G), consistent 157 with improved ROS handling supporting an increase in cellular proliferation. Altogether, these data 158 demonstrate that 991-treatment facilitates mitochondrial biogenesis and enhances mitochondrial 159 function, allowing for increased metabolic capacity and improved cellular expansion upon *in vitro* re-160 stimulation.

¹⁶²**AMPK agonist treatment improves CART anti-leukemia activity and prolongs survival in a** ¹⁶³**xenograft model**

164 With data supporting improved metabolic fitness in agonist-treated T cells, we next tested whether 991 165 pre-treatment improved the function of CART cells targeting leukemia. Human CART cells were 166 generated via lentiviral transduction utilizing a CD19-targeting CAR (Fig3A) and expanded in the 167 presence of the 991 agonist on the same schedule as the polyclonal human T cells in Figures 1 and 2 ¹⁶⁸(Fig3B). We first confirmed that 991-treatment similarly enhanced the metabolic capacity of CART 169 using the Seahorse metabolic analyzer. 991-treated CARTs at rest (Fig3C), as well as those following 170 overnight activation with CD19+ NALM6 leukemia cells (Fig3D), enhanced their mitochondrial capacity.

171 To measure in vivo CAR T cell efficacy, we transferred luciferase expressing NALM6 cells into 172 immunodeficient NSG mice followed one week later by 3e6 CART cells (Fig3E). Standard CART cells 173 transferred into NALM6-bearing NSG mice delayed leukemia growth compared to the leukemia-only 174 control. However, all DMSO-treated CART cell recipients eventually succumbed to lethal leukemia. In 175 sharp contrast, 991-treated CARTs dramatically improved leukemia control, with 54% of 991-treated 176 CART recipients (6/11) remaining leukemia-free through the end of the experiment (Fig3F). This 177 improved leukemia clearance led to a significant and reproducible improvement in recipient survival, 178 with 73% of mice receiving 991-treated CART cells surviving until day 70 (Fig3G). Together, these data 179 highlight that expanding human CARTs in the presence of the AMPK agonist, Compound 991, creates 180 a superior CART cell product, with a striking improvement in overall leukemia clearance and 181 subsequent recipient survival in our preclinical model. 182 ¹⁸³**991 treatment upregulates cell cycle and metabolic gene sets without inducing changes in** ¹⁸⁴**memory or activation markers** 185 Multiple groups have demonstrated that CARTs with memory-like phenotypes demonstrate improved

186 anti-leukemia activity in vivo [11, 15]. However, we found no differences in memory phenotype or 187 activation status in our 991-treated cells (SuppFig1A-D). Since AMPK signaling can also impact cellular 188 transcriptomics, including through direct activation of transcription factors as well as downstream 189 influence on histone deacetylases, we pursued bulk RNA sequencing of Day 11 DMSO- versus 991-190 treated human T cells. Only a handful of transcripts were significantly altered in either CD4+ and CD8+ ¹⁹¹T cells, using a p value of <0.05 and log2-fold change of 0.6 (Fig4A-B). However, gene set enrichment 192 analysis (GSEA) uncovered multiple upregulated pathways, with the highest enrichment scores in both ¹⁹³CD4 and CD8 T cells clustering within cell proliferation and cell cycle pathways (Fig4C-D), consistent 194 with the higher proliferative rates observed at the end of in vitro culture (Fig1E). The second most 195 enriched gene sets highlighted metabolic pathways (Fig4E-F), with pathways directly related to 196 supporting increased proliferation, including pyrimidine and folate metabolism, as well as a notable 197 enrichment of oxidative phosphorylation and fatty acid oxidation. These latter data are again consistent

198 with the increased oxidative capacity of 991-treated cells (Fig2A-C) and suggest as we hypothesized

199 that increases in cell cycle may result from the enhanced metabolic capacity of 991-treated cells. We

200 also hypothesized that metabolic rewiring downstream of AMPK was likely responsible for the

201 functional advantage of 991-treated CARTs in vivo and therefore sought to understand mechanistically

- 202 how AMPK was directing metabolism to achieve such impressive results.
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²⁰⁴**AMPK agonism simultaneously drives fatty acid oxidation while promoting generation of**

²⁰⁵**mitochondrially-protective metabolites**

206 AMPK is well-known for its role in supporting fatty acid oxidation (FAO) and long-chain fatty acids (LC-207 FAs) can bind directly to AMPK to facilitate its activity. Notably, these LC-FAs use the same binding site 208 as Compound 991 [25]. We therefore hypothesized that T cells treated with 991 would increase their 209 utilization of FAO. Using the oxidation-sensitive dye FAO-blue, we observed increased FAO activity in 210 agonist-treated T cells (Fig5A). This upregulation correlated with a higher sensitivity to etomoxir, the

211 carnitine palmitoyltransferase 1A (CPT1A) and FAO inhibitor, which was read out by a greater

212 reduction in protein translation following etomoxir treatment of agonist-treated cells (Fig5B). We next

213 stained cells for lipid droplets, which serve as storage depots for FA intermediates like triacyl

²¹⁴glycerides, before being broken down into single-chain FAs for FAO. In line with an increase in FAO,

215 agonist-treated cells also demonstrated reduced staining with the lipid sensitive dye Nile Red, indicating

216 decreased lipid reserves in agonist-treated cells (Fig5C). Agonist-treated cells also increased

217 expression of CPT1A (Fig5D), the enzyme which facilitates transport of LC-FAs into the mitochondria

218 for subsequent beta oxidation. And despite such significantly upregulated FAO, there was no difference

219 in ROS generation during agonist treatment as measured by CellROX staining (SuppFig2A).

220

221 Mass spectrometry analysis of intracellular metabolites in 991-treated day 9 cells further identified 222 increased abundance of Vitamin B5 (Fig5E) and carnitine (Fig5F), two additional intermediates 223 necessary for generating fatty-acyl-coA moieties and transporting them across the mitochondrial ²²⁴membrane, respectively. Further inspection of the metabolite data also noted upregulation of multiple

252 F). Pathways involving nucleotide metabolism and mitochondrial performance were also highlighted, 253 again supporting our GSEA results and the observed metabolic activity of agonist-treated cells. Further, 254 an increased reliance on intracellular sugar breakdown, alongside lactate retention, are both in line with 255 cells exhibiting a nutrient starvation response. If enhanced AMPK signaling were indeed promoting a 256 starvation response, we would expect to find an increase in autophagic flux, as cells looked for a way to 257 break down additional energy sources. Such a finding would be of particular interest since increased 258 autophagy, in the setting of nutrient restriction, enforces metabolic efficiency in T cells during in vitro 259 expansion [32].

260

261 Although retention of lactate itself promotes cellular autophagy [33], AMPK is also a well-known driver 262 of autophagy, both by activating Unc-51 like kinase 1 (ULK1) and by restricting mTOR-mediated ULK 263 inhibition through phosphorylation of the mTORc1 complex protein, Raptor (Fig6G). We first tested for ²⁶⁴mTOR inhibition by measuring total and phosphorylated Raptor levels, noting that a large role for 265 AMPK is to target Raptor for phosphorylation-dependent degradation [34]. In 991-treated cells, 266 phosphorylation of Raptor was significantly increased while total Raptor protein levels were significantly 267 decreased (Fig6H). Without a fully functional mTORc1 complex to signal the availability of amino acids, ²⁶⁸991-treated cells regularly reduced their translational activity in line with their sense of lower amino acid 269 levels (Fig6I) [35]. Such a reduction in protein translation has independently been highlighted as a 270 further mechanism to improve in vivo T cell function [36]. Meanwhile, 991-treatment increased 271 phosphorylation of ULK1 (Fig6J), concomitant with an increase in cellular autophagy (Fig6K). Together, 272 these data suggest that AMPK agonist treatment drives cellular programming reminiscent of the 273 response to nutrient starvation, increasing availability of intracellular energy sources through autophagy 274 while reducing high energy expenditure by decreasing protein translation.

275

²⁷⁶**Improved leukemia control correlates with increased survival of 991-treated CD4+ CART cells** 277 Our data suggest that AMPK agonism metabolically reprograms cells towards pathways which facilitate 278 cellular fitness. We therefore hypothesized that the mechanism of improved leukemia clearance and

279 subsequent improved survival in our pre-clinical model could be either enhanced initial CART 280 expansion and/or prolonged in vivo persistence of the CARTs over time. Importantly, recent CART 281 clinical data has highlighted the importance of CART cell persistence, particularly within the CD4+ 282 compartment, to mediate effective long-term, leukemia-free survival [3]. To investigate the etiology of 283 improved leukemia clearance, we repeated our leukemia dosing but sacrificed a cohort of mice at either 284 Day 3 or Day 5-7 (one week) post-CART injection (Fig7A). Recipients were injected with BrdU just prior 285 to harvest to measure the active proliferation of previously transferred CART cells. We also enumerated 286 T cells from the bone marrow, where NALM6 leukemia cells first expand, as well as the spleen. There 287 were no differences in proliferation of 991-treated CART cells from the bone marrow at either timepoint ²⁸⁸(Fig7B), but we did note a transient proliferative increase in DMSO CART cells in recipient spleens on 289 Day 3 that was gone by one week (Fig7C). Importantly, recipients of either DMSO- or 991-treated 290 CART cells demonstrated no evidence of active leukemia in the bone marrow at either day 3 or one 291 week (SuppFig3A). Despite increased BrdU positivity in splenic DMSO CARTs on Day 3, there was no 292 difference in total DMSO-treated T cell numbers in the spleen or bone marrow at this time or at one 293 week (Fig7D). In contrast, there was a significant increase in CD4+ 991-treated CART cells in both the 294 bone marrow and spleen by one week (Fig7E) and this CD4+ T cell advantage drove a notable 295 elevation in the CD4/CD8 ratio, which increased further at the two-week time point (Fig7F). Importantly, 296 there were no pre-injection differences in the CD4/CD8 ratios of DMSO- versus 991-treated CART 297 products (SuppFig4A). Together, these data suggest that the increased leukemia control and 298 subsequent effective survival in mice receiving 991 CART cells correlates with improved persistence of 299 CART cells within the CD4+ compartment.

³⁰⁰**DISCUSSION**

301 A lack of CART cell persistence limits their ability to function as an effective curative therapy [37]. It is 302 also well documented that driving ex vivo CART expansion in the presence of abundant nutrients 303 reduces their functional ability upon in vivo transfer [38]. While numerous studies have demonstrated 304 that limiting nutrients to enforce starvation pathways creates metabolically optimal CARTs [4, 15, 17], 305 multiple pathways have been highlighted, making it difficult to define the most effective intervention. 306 Further, engineering nutrient deficient media can be costly, limiting clinical translation. Meanwhile, 307 metabolic rewiring via promotion of mitochondrial biogenesis and FAO, while reducing ROS production, 308 are promising interventions to improve CART function, adding yet another layer of complexity to CART ³⁰⁹manufacturing [13, 14, 19, 39]. Ultimately, the ability to generate multiple metabolic changes with one 310 treatment could create both a greater in vivo advantage and simultaneously reduce disruptions to 311 current CART protocols. Our data suggest that reinforcing AMPK signaling, via treatment with the direct 312 agonist Compound 991, can achieve these goals.

313

³¹⁴Compound 991 is a commercially available agonist which binds directly to the AMPK heterotrimer [23]. ³¹⁵We have optimized a treatment protocol which allows for maximal metabolic benefit without restricting T 316 cell expansion, a notable limitation of other methods. T cells expanded in 991 gain mitochondrial 317 capacity, a trait which continues upon re-stimulation and without additional agonist treatment. This gain 318 in mitochondrial capacity correlates with increased mitochondrial density, likely occurring through ³¹⁹mechanisms downstream of the transcription factor PGC1α [40, 41]. Indeed, overexpression of PGC1^α 320 alone has been demonstrated to improve CART therapy via its impact on mitochondrial biogenesis [12]. 321 Impressively, despite increased mitochondrial activity in 991-treated T cells, ROS abundance was 322 regularly reduced following restimulation, suggesting these cells also have heightened redox capacity. 323 Indeed, AMPK is known to augment activity of the transcription factor NRF2, which drives 324 transcriptional programs to increase redox proteins [42, 43]. Further, increased NRF2 activity alone can 325 improve T cell metabolic function [16]. Importantly, and consistent with the greater number of 991-326 treated T cells recovered upon restimulation, AMPK-mediated redox buffering has been identified as a

327 positive factor facilitating increased cellular proliferation [44]. Together, these metabolic advantages led 328 us to hypothesize that 991 exposure during T cell expansion could improve subsequent in vivo CART 329 cell function.

330

331 Interestingly, despite the dramatic functional improvement, we found no consistent changes in the 332 differentiation status of 991-treated T cells, including just prior to injection. This was surprising, in part ³³³because a different model of AMPK activation promoted formation of T cell central memory populations ³³⁴[21]. These current studies, however, did uncover upregulation of both metabolic and cell cycle gene 335 sets through GSEA. Coupled with the in vivo data that 991-pretreatment improves CART persistence, 336 particularly of CD4+ cells, our results together suggest that the underlying metabolic phenotype and 337 capacity, rather than T cell differentiation status, is the major determinant of long-term survival in our 338 model. And while much debate has surrounded the role of memory T cells to prevent metabolic and 339 functional exhaustion, our data support a model where metabolic and functional optimization occurs 340 independently from changes in memory phenotype.

341

³⁴²Even given the variability of using T cells from random human donors, the metabolic changes occurring 343 following 991 treatment were dramatic. AMPK normally signals in the setting of nutrient starvation [20] 344 and 991 treatment activated a metabolic program consistent with nutrient starvation despite adequate 345 levels of nutrients in the media. This surprisingly led to reduced glucose uptake but intracellular lactate 346 retention, with cells relying on intracellular sources of sugar carbons for the glycolysis they were 347 pursuing. In line with intracellular nutrient utilization, agonist treatment encouraged autophagy while 348 reducing energy expended through protein translation, adaptations implicated as beneficial for long-349 term cellular fitness [32]. 991-treated cells also upregulated FAO, consistent with the binding pocket for 350 Compound 991 on AMPK being the docking site for LC-FAs to increase AMPK-driven activity [25]. 351 Importantly, alongside increases in FAO, mitochondrial biogenesis, and autophagy, agonist treatment 352 also simultaneously generated metabolites important for mitochondrial health and redox buffering. 353 Indeed, glutamate, aspartate, and threonine all contribute to the generation of proline and glycine [45],

354 the latter being products which have been highlighted in multiple models as supporting mitochondrial 355 function and longevity [26–30]. Many of these metabolites are also critical for other metabolic pathways, 356 including the tricarboxylic acid cycle and nucleotide synthesis [46, 47]. In fact, redirecting energy 357 expenditure towards nucleotide synthesis during amino acid restriction has been implicated in fueling 358 the subsequent increase in proliferative burst observed following restoration of nutrient levels [16]. 359 Future studies to delineate AMPK's role in directing the production of different metabolites will be 360 important to further our specific mechanistic understanding of how the observed metabolic optimization 361 is occurring.

362

³⁶³With an optimized metabolic profile, we hypothesized that 991-treated CARTs would demonstrate both 364 increased proliferative capacity and enhanced in vivo persistence. We attempted to quantify 365 proliferation at two early times post-injection, but identified no proliferative advantage to 991-treated ³⁶⁶CARTs in either the BM or spleen. There was a trend towards increased 991-treated CART cell 367 numbers in the bone marrow on Day 3, but this difference did not reach statistical significance. ³⁶⁸Meanwhile, we found a surprising but transient increase in DMSO-treated CART proliferation 72 hours 369 post-injection, which was gone by one week. It is possible that leukemia clearance was slower in mice 370 receiving DMSO-treated CART cells, allowing us to capture the final proliferative expansion of a small 371 population of short-lived effectors cells in the spleens of these animals. In support of this interpretation, 372 the increased proliferation at 72 hours did not translate to numerically more DMSO-treated CART cells 373 at one week, suggesting that any actively proliferating cells at 72 hours were short-lived. The far more 374 interesting finding became evident between days 5 and 7, where significantly more 991-treated CD4+ 375 CART cells were recovered from both the bone marrow and spleen. These increased numbers, in the 376 absence of proliferative advantages, strongly suggest that 991 in vitro treatment increases the 377 resiliency of T cells at early times post-transfer, allowing them to persist longer in vivo. Further, the 378 widening CD4/CD8 ratio, which became more dramatic over time, further implies that human CD4 T 379 cells were the subtype most positively impacted by agonist pretreatment. Recent clinical data from

- ³⁸⁰long-term survivors, highlighting persistence of the CD4+ compartment as a critical factor for effective
- 381 cure [48], underscores the importance of these exciting results.
-
- 383 Altogether, we demonstrate that expanding CARTs in the presence of the direct AMPK agonist
- ³⁸⁴Compound 991 metabolically reprograms them, by encouraging cellular starvation pathways without
- 385 actually starving the cells and promoting FAO alongside augmentations in mitochondrial health and
- 386 capacity. CARTs resulting from this process demonstrate an impressive increase in their metabolic
- 387 capabilities, translating to improved in vivo persistence, particularly of donor CD4+ cells. Thus, we
- 388 conclude that addition of Compound 991 to currently utilized culture methods represents an easily
- 389 translatable intervention to metabolically optimize human T cells, creating products with the improved
- 390 capacity to serve as an effective curative therapy.

³⁹¹**METHODS**

³⁹²**Virus Production**

393 A CD19-targeting CAR, based on the YESCARTA protein sequence, was cloned into a pHR backbone ³⁹⁴(similar to Addgene #14858, kind gift from Jason Lohmueller, UPMC Hillman Cancer Center), followed 395 by addition of a T2A linker and a truncated EGFR tag. Transformed bacterial cultures were grown 396 overnight in Terrific Broth (Sigma Aldrich) and plasmids isolated using QIAGEN QIAmp Miniprep 397 Plasmid Isolation Kit 250. HEK293Ts (ATCC) were cultured in DMEM media (Gibco #11966-025) 398 containing 10% fetal bovine serum (FBS), Pen Strep, 2mM L-Glutamine, and MEM Non-Essential 399 Amino Acids. Early passage cells were transfected using the Lipofectamine 3000 Transfection kit ⁴⁰⁰(Invitrogen) with 2500ng of RSV-REV, PMD-2G, and PRRE and 10,000ng of CAR-tEGFR plasmids. 401 After 24 hours, supernatant was replaced with IMDM media (Gibco #12440-053) containing 10% FBS. 402 Supernatant containing viral particles was harvested at 48 and 72 hours, combined with Lenti-Pac ⁴⁰³(GeneCopoeia), and incubated at 4 degrees C overnight. Viral supernatants were then centrifuged at ⁴⁰⁴3500x (g) for 25 minutes at 4 degrees, resuspended in DMEM, and either frozen at –80C or used 405 immediately.

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407

⁴⁰⁷**T cell isolation, transduction, and culture**

408 De-identified buffy coats were obtained from healthy human donors (Vitalant), diluted with PBS, layered 409 over lymphocyte separation medium (MPbio), and centrifuged at 400 xg and 25 degrees for 20 minutes 410 with no brake. The PBMC layer was removed and T cells isolated using the Miltenyi Biotec Human Pan 411 T cell isolation kit. Purified T cells were resuspended in AIM-V +5% SR (Gibco #A25961-01) and plated 412 with Human T-Activator CD3/CD28 Dynabeads™ (Fisher Scientific (Thermo) 11132D) at a 2:1 ratio. 413 For standard human T cells, cells were split on Day 3 with fresh media. For CART cell production,

414 transduction was performed per manufacturer's instructions utilizing retronectin coated plates (Takara)

415 on Days 2 and 3. In both cases, cells were removed from Dynabeads by magnetic separation on Day 5

416 post-stimulation and expanded in AIM-V media containing 5% SR and IL-2 at 100IU/ml. Cells were re-

417 plated with fresh media every 48 hours thereafter. Compound 991 (SelleckChem S8654, Table S1) was

418 reconstituted in DMSO and added to cultures at a final concentration of either 10 or 25µM on Days 5 419 and 7. Control cultures received an equal volume of DMSO. For the survival curve and radiance 420 analysis in Figure 3, 10uM and 25uM-treated samples were combined into one 991-treated supergroup 421 to improve statistical power. For re-stimulation experiments, primary human T cells were re-plated with ⁴²²Dynabeads at a 1:1 ratio for up to 72 hours; CART cells were re-stimulated with NALM6 targets at a 3:1 423 ratio.

⁴²⁴**Mice, cell lines, and xenograft leukemia model**

425 NSG (NOD.*Cg-Prkdc^{scid}II2rgt^{m1Wjl}/SzJ*) mice were purchased from Jackson Laboratories. Male and 426 female mice were used interchangeably and housed in a specific pathogen-free facility. Recipient 427 animals were 8-12 weeks old at the time of injection. The human NALM6 B-cell leukemia cell line was 428 purchased from ATCC and transduced with a retroviral vector expressing Zs-Green and Luciferase, the 129 latter a kind gift from Jason Lohmueller. NSG mice were injected with 1e6 NALM6 cells and seven days 430 later received 3e6 total CARTs, either pre-treated with DMSO or 991. The 'leukemia only' control group 431 received no CARTs. The experimental unit was a single animal. Leukemia burden was followed weekly 432 by IVIS imaging, following intraperitoneal injection of 3 mg luciferin and imaging after 10 minutes. Any 433 animals with a baseline radiance below 1e8 were considered leukemia-free, a metric assigned prior to 434 the start of the experiment. One animal from the 991-treated group in Figure 3 died on day 63 while still 435 being leukemia-free by IVIS imaging. Two bone marrow samples were lost to processing from the day 3 436 samples in Fig7B-D. Twenty-five NSG mice were utilized for the survival curve and radiance data 437 presented in Fig3F-G and 43 NSG mice were used for the in vivo experiments in Figure 7. Sample size 438 was determined based on our previous experience using these models and the number of CART cells 439 available at the time of injection. Mice were randomly assigned to treatment groups based on the order 440 in which they were ear-punched (also randomly assigned) and wherever possible, recipients of all three 441 treatment groups (leukemia-only, DMSO, and 991) were co-housed prior to and following Nalm6 and 442 CART cell injection. Cells were administered in numeric order within the cage, assuring equivalent ⁴⁴³timing between all dosing groups. Technicians performing the IVIS imaging were not aware of the

444 treatment allocation. Survival, as the primary outcome measure, was assessed out to day 70, as

445 determined prior to the start of the experiment.

⁴⁴⁶**Protein Isolation and Immunoblot**

447 T cells were counted, washed with PBS, and lysed with 10% trichloroacetic acid. Lysates were

448 centrifuged at 16,000 $x(g)$ at 4^{*}C for ten minutes, washed twice in ice cold acetone, resuspended in

449 solubilization buffer (9M Urea containing 1% DTT and 2% Triton X and NuPAGE lithium dodecyl sulfate

450 sample buffer 4X (Invitrogen) at a 3:1 ratio), and heated at 70^{*}C for 10 minutes. Protein gel

451 electrophoresis was performed on ice using NuPAGE 4-12% Bis-Tris Protein Gels (Invitrogen) at 135V.

452 In some cases, protein samples were heated to 95C for 5 minutes prior to gel loading. Protein was

 153 transferred to InvitrolonTM 0.45µm PVDF membranes (Invitrogen) at 30V on ice for one hour.

454 Membranes were blocked in Tris Buffered Saline-Triton containing 5% nonfat milk and immunoblotting

455 performed according to the Cell Signaling Technologies Western Blot Protocol. Blots were stripped for

⁴⁵⁶10 minutes (Restore PLUS Western Blot Stripping Buffer, Thermo) prior to re-probing. Antibodies used

457 for immunoblotting are listed in Table S2. Blots were developed with Super Signal West Femto

458 chemiluminescence reagents (Thermo, 34096), detected by CL-X Posure Film (Thermo), and scanned

459 in grayscale with an Epson V600 scanner. Images were cropped using ImageJ Software (version

460 1.47T), inverted, and densitometry quantitated in an area encompassing the largest band, followed by

461 quantitation of subsequent bands using the same 2-dimensional area.

462

⁴⁶³**Flow Cytometry**

464 Cells were washed with PBS + 2% FBS before staining with antibodies at 1:100 dilution for 30 minutes.

⁴⁶⁵For intracellular stains, cells were fixed per manufacturer's instructions using Fix/Perm kit (Invitrogen,

⁴⁶⁶Cat #:88-8824-00) and then stained with antibodies at 1:100 dilution. Antibodies and other flow

467 cytometry reagents are listed in Table S3/S4. MitoTracker Green (Invitrogen) staining was performed at

⁴⁶⁸50 nM in room temperature PBS for 15 minutes. CellROX (Invitrogen) staining (500 nM) was performed

469 in culture medium for 30 minutes at 37 degrees. FAO blue (DiagnoCine Precision) staining was

470 performed in serum-free AIMV at 15µM at 37deg for 2 hours. Nile red (Thermo) staining was performed 471 in serum free AIMV at 0.5µg/ml at 37deg for 15 minutes. Cyto-ID (Enzo) staining was performed per 472 manufacturer's instructions (37 C x 30 minutes), with 500nM rapamycin added to control cultures at the 473 time of staining. Puromycin (MedChemExpress) uptake was performed in AIMV +5%SR at 10µg/ml at ⁴⁷⁴37deg for 30 minutes. In some cases, cells were pre-treated with 8µM etomoxir (Cayman Chemical 475 Company) in AIMV + 5%SR for 15 minutes at 37deg before puromycin addition. BrdU analysis was 476 performed utilizing the Phase-Flow kit per manufacturer's instructions (BioLegend). *In vitro* cells were 477 cultured in BrdU at 0.5µl per ml of cell solution per manufacturer's instructions for 2 hours at 37deg 478 prior to staining. Flow data was captured on a BD Fortessa analyzer (BD Biosciences) and evaluated 479 using FlowJo software (version 10.1, Tree Star). Cells were gated by forward and side scatter to 480 identify the lymphocyte population followed by downstream analysis.

481

⁴⁸²**Seahorse Mito Stress Assay**

483 The Seahorse XF Cell Mito Stress Test (Agilent, Santa Clara, CA; Catalog #103015-100) was run on a 484 Seahorse XFe96 Bioanalyzer (Agilent) to determine basal and maximal oxygen consumption (OCR), 485 spare respiratory capacity (SRC), and extracellular acidification rates (ECAR). T cells were plated in 486 $\;$ assay media (XF Base media (Agilent) with glucose (25mM), sodium pyruvate (2 \sqcup mM) and L-487 glutamine (4⊡mM) (Gibco), pH 7.4 at 37⊡°C) on a Seahorse cell culture plate coated with Cell-Tak
' 488 (Corning) at 1e5 (restim) or 1.5e5 (resting) cells/well. After adherence and equilibration, basal ECAR ⁴⁸⁹and OCR readings were taken for 30 min. Cells were then stimulated with oligomycin (2 µM), carbonyl 490 cyanide 4-(trifluoromethoxy) phenylhydrazone (FCCP, 1 µM), and rotenone/antimycin A (0.5 µM) to 491 obtain maximal respiratory and control values. Assay parameters were: 3⊡min mix, no wait, 3⊡min ⁴⁹²measurement, performed at baseline and repeated after each injection (3 cycles total). SRC was 493 calculated as the difference between basal and the maximal OCR value obtained after FCCP ⁴⁹⁴uncoupling. The XF Mito Stress Test report generator and Agilent Seahorse analytics were used to 495 calculate parameters using Wave software (Agilent, Version 2.6.1.53).

496

⁴⁹⁷**RNA sequencing**

⁴⁹⁸Total RNA, isolated using the RNeasy Plus Mini Kit (Qiagen) in technical triplicates, was used to ⁴⁹⁹generate libraries using Illumina Stranded Total RNA Prep and sequenced on an Illumina Nextseq2000 500 at the Health Sciences Sequencing Core at the UPMC Children's Hospital of Pittsburgh. Differentially 501 expressed genes were generated using DEseq2, identifying genes >2-fold change in expression level 502 and p value of 0.05 as determined by two-way ANOVA. Enrichment analysis was accomplished using 503 GSEA software, a joint project of UC San Diego and Broad Institute [49], followed by comparison to 504 datasets from publicly available databases.

505
506 ⁵⁰⁶**Metabolomics**

507 For metabolite analysis, cells were washed and flash frozen in liquid nitrogen in technical replicates of

508 five. Through collaboration with the University of Pittsburgh Health Sciences Mass Spectrometry Core,

509 cells underwent metabolite extraction via resuspension in ice-cold 80% methanol, followed by addition

510 of standards and subsequent liquid chromatography-high resolution mass spectrometry analysis.

511 Following untargeted metabolomic analysis, putative metabolite identifications with a p value <0.05 and

512 fold-change >2, were validated with commercial standards based on retention time, accurate mass, and

513 MS2 fragmentation. Pathway analysis was performed on the untargeted dataset using Metaboanalyst:

514 https://www.metaboanalyst.ca/, with comparison to the Biocyc database (Biocyc.org).

⁵¹⁵**Statistics**

516 Graphing and statistical analysis was performed using GraphPad Prism for Windows (version 9.3.0,

517 San Diego, CA; www.graphpad.com). Unpaired two-tailed Student t test and two-way ANOVA analysis

518 were used to determine statistical significance. Log-rank (Mantel-Cox) analysis defined survival curve

519 differences. Unless noted otherwise, data are displayed as mean \pm standard deviation.

520

⁵²¹**Declarations**

- ⁵²²**Ethics approval and consent to participate**
- 523 All animal studies were approved and carried out according to Institutional Animal Care and Use
- 524 Committee guidelines from the University of Pittsburgh. All studies on human cells were given an
- 525 exempt status by the University of Pittsburgh Institutional Review Board.
-

⁵²⁷**Consent for publication**

- 528 All authors were given a chance to review the contents of this article and have consented to its
- 529 publication.
- 530

⁵³¹**Availability of data and material**

⁵³²RNA Sequencing data will be made available through a publicly accessible, online database upon

533 publication of the manuscript. All remaining data are contained within the submitted documents.

534 Methods and materials will be shared in accordance with standard National Institutes of Health policy

- 535 by contacting the corresponding author.
- 536

⁵³⁷**Competing interests**

538 Drs. Byersdorfer and Braverman are co-inventors on a patent application covering the use of

539 compound 991 to increase AMPK signaling in human T cells. There are otherwise no competing

540 financial or personal interests related to the work presented.

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564 contribution to the final manuscript including overall intellectual involvement.

565

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⁵⁶⁹**References**

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⁶⁹⁵**Figure Legends**

⁶⁹⁶**Figure 1. 991 treatment drives AMPK activity in Human T cells without restricting expansion.** *A,* 697 Schematic of Compound 991 treatment protocol. *B*, Proteins from human T cells treated with 991 or 698 DMSO control were precipitated on Days 7-9 and phosphorylation of $AMPK\alpha$ on Thr172 (to detect 699 AMPK activation) was measured by immunoblot. Accompanying densitometry was quantitated on cells 700 obtained from multiple donors using ImageJ software, followed by normalization of 991-treated levels 701 within each sample to DMSO controls. *C*, Human T cells were manually counted on Days 5, 7, 9, and ⁷⁰²11 and counts plotted to demonstrate expansion over time. *D-E*, DMSO and 991-treated cells were 703 incubated with BrdU for 2 hours on Day 9 **(D)** or 11 **(E)** of culture, followed by staining for BrdU 704 incorporation. All data were obtained on 3 or more independent human donor samples. Numbers above 705 the graphs represent statistical significance as determined by paired Student T test. ⁷⁰⁶**Figure 2. 991-treated human T cells gain mitochondrial capacity.** *A*, Resting Day 11 DMSO- and 707 991-treated T cells were assessed for oxidative capacity utilizing the Seahorse Metabolic Analyzer. Bar 708 graphs represent data from 2 individual human donors. *B*, DMSO- and 991-treated T cells were 709 incubated with MitoTracker Green to measure mitochondrial density. Bar graphs represent median 710 fluorescence intensity (MFI) data for 4 human donors. *C*, DMSO- and 991-treated cells were lysed as in 711 Figure 1B and total PGC1a protein measured via immunoblot. Densitometry is shown for 4 human 712 donors. *D*, Re-stimulation schematic. *E*, Human T cells were assessed for oxidative capacity following 713 re-activation with Dynabeads for 24 hours utilizing the Seahorse Metabolic Analyzer. *F*, Re-activated 714 human T cells were incubated with CellROX dye to measure reactive oxygen species. G, Cells were 715 counted at the time of re-stimulation, and again 72 hours later, to determine percentage cell yield. 716 Unless otherwise stated, bar graphs represent composite data from three or more independent human ⁷¹⁷donors. In panels B-G, bar graph data from 991-treated cells was normalized back to DMSO-treated 718 controls.

⁷¹⁹**Figure 3. AMPK agonist pre-treatment improves CART anti-leukemic activity and recipient**

⁷²⁰**survival.** *A-B*, Schematic of CAR plasmid (**A**) and CART transduction and agonist treatment protocol

 ⁷²¹(**B**). *C*, Resting Day 11 DMSO- and 991-treated CART cells were assessed for oxidative capacity 722 utilizing the Seahorse Metabolic Analyzer. Bar graphs represent data from 3 individual human donors. ⁷²³*D*, Human CART cells were re-activated with NALM6 leukemia targets for 24 hours, followed by further 724 assessment of oxidative capacity. Bar graphs represent data from 4 individual human donors and in (**C-**⁷²⁵**D**) are normalized back to DMSO-treated controls. *E*, Schematic of Nalm6 xenograft leukemia model. ⁷²⁶*F-G*, Radiance measurements (**F**) and survival (**G**) in recipient of Leukemia only (green), DMSO-CART 727 cells (blue), and 991-CART cells (red). n = 8 Leukemia only recipients, 6 DMSO CART recipients, and 728 11 991-treated CART recipients. Numbers in parentheses (6/11) denote the number of mice remaining 729 leukemia-free over total mice injected. Data are representative of two separate experiments. 730 ***p<0.001, with survival differences between recipients of Leukemia only and 991-treated CART cells 731 being p<0.0001 (not shown). ⁷³²**Figure 4. 991-treated T cell transcripts are enriched for cell cycle and metabolic gene sets.** RNA 733 was harvested from Day 11 T cells from three individual human donors and analyzed for gene 734 expression differences by RNA sequencing. *A-B*, Transcript differences were plotted via log fold-735 change versus negative log P value, with data points meeting statistical significance highlighted in blue 736 for CD4s (A) and CD8s (B). *C-F*, Gene sets were then ranked and GSEA performed using comparison 737 to Hallmark, KEGG, and transcription factor databases through the GSEA software (see methods for

738 further details). The highest ranked gene sets were in cell cycling (**C, D**) and metabolism (**E, F**), shown

739 for CD4s and CD8s, respectively. Accompanying tables list additionally enriched cell cycle and

740 metabolic gene sets.

⁷⁴¹**Figure 5. AMPK agonism drives fatty acid oxidation and promotes generation of**

⁷⁴²**mitochondrially-protective metabolites.** *A*, Cells were incubated with FAOBlue dye for 2 hours, 743 followed by flow cytometry analysis. *B*, Cells were pre-incubated +/- etomoxir, then incubated with 744 puromycin for 30 minutes, followed by staining for puromycin incorporation. Bar graphs represent the 745 MFI of etomoxir-treated group divided by the MFI of the control group for both DMSO and 991-treated 746 cultures. C, Cells were incubated with Nile Red dye for 10 minutes followed by flow cytometry analysis.

⁷⁴⁷*D*, Total CPT1A protein was measured by immunoblot and densitometry normalized in each sample to

748 DMSO controls. *E-F*, Vitamin B5 (**E**) and free carnitine (**F**) levels were measured by mass

749 spectrometry. *G-L*, Mass spectrometry measured levels of intracellular proline (**G**), glycine (**H**), leucine ⁷⁵⁰(**I**), glutamate (**J**), aspartate (**K**), and threonine (**L**). All bar graphs represent data from 3 or more human 751 donors.

⁷⁵²**Figure 6. AMPK agonism mimics cellular starvation.** *A-B***,** Media recovered from 48-hour cultures ⁷⁵³(+/- 991) was assessed for total glucose (**A**) and lactate (**B**) levels. *C-D*, Intracellular hexose (**C**) and ⁷⁵⁴lactate (**D**) content was measured by mass spectrometry in T cells on day 9 of culture. *E*-*F*, Untargeted 755 metabolite data analyzed using Metaboanalyst software. Pathways with an enrichment factor >1.5 are 756 highlighted. G, Proposed interactions between AMPK, mTOR, and ULK1. *H*, Immunoblot for 757 phosphorylated and total Raptor levels on Days 7-9 of treatment. Bar graphs represent data from ⁷⁵⁸multiple donors, with 991-treated results normalized to DMSO controls. *I*, Cells were incubated with 759 puromycin for 2 hours, followed by intracellular staining for puromycin incorporation. *J*, Immunoblot for 760 phosphorylated ULK1 protein in day 9 cells, with values from multiple donors normalized to DMSO 761 controls. *K*, Day 7 cells +/- 991 were incubated with CYTO-ID dye for 30 minutes and incorporation 762 assessed by flow cytometry. Incubation with rapamycin served as a positive control. Bar graphs 763 represent values from three human donors, except for the CYTO-ID data shown in K, which was two 764 donors.

⁷⁶⁵**Figure 7. Improved leukemia control correlates with increased numbers of 991-treated CD4+**

⁷⁶⁶**CART cells.** *A*, Timeline of evaluations in our xenograft leukemia model. *B-C*, Mice were injected 767 intraperitoneally with BrdU, followed by spleen and bone marrow harvest 30-60 minutes later. BrdU 768 incorporation was compared between DMSO- and 991-treated CAR T cells in the bone marrow (**B**) and 769 the spleen (C), both on Day 3 and up to one-week post-transfer. *D-E*, Total human CD4+ and CD8+ T 770 cell counts were obtained from the spleen and bone marrow on Day 3 (D) and after one week (E). F , 771 CD4/CD8 ratios were calculated in the spleen at one- and two-weeks post-injection. n=7 for both 772 groups in the day 3 bone marrow samples (panels B and D), and n=8 for both day 3 spleen samples (C

- 773 and D). n=10 mice in both groups at one-week post-injection (C, E, and F) and n=6 and 11 for the week
- 774 2 DMSO and 991-treated samples in Fig7F, respectively.

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⁷⁷⁶**Abbreviations**

777

B

D

