

# The clinical effectiveness of the streamlined liner of pharyngeal airway (SLIPA™) compared with the laryngeal mask airway ProSeal™ during general anesthesia

Yun Mi Choi, Su Man Cha, Hyun Kang, Chong Wha Baek, Yong Hun Jung, Young Cheol Woo, Jin Yun Kim, Gill Hoi Koo, and Sun Gyoo Park

Department of Anesthesiology and Pain Medicine, College of Medicine, Chung-Ang University, Seoul, Korea

**Background:** The aim of this study was to compare the streamlined liner of the pharynx airway (SLIPA), a new supraglottic airway device (SGA), with the laryngeal mask airway ProSeal™ (PLMA) during general anesthesia.

**Methods:** Sixty patients were randomly allocated to two groups; a PLMA group (n = 30) or a SLIPA group (n = 30). Ease of use, first insertion success rate, hemodynamic responses to insertion, ventilatory efficiency and positioning confirmed by fiberoptic bronchoscopy were assessed. Lung mechanics data were collected with side stream spirometry at 10 minutes after insertion. We also compared the incidence of blood stain, incidence and severity of postoperative sore throat and other complications.

**Results:** First attempt success rates were 93.3% and 73.3%, and mean insertion time was 7.3 sec and 10.5 sec in PLMA and SLIPA. There was a significant rise in all of hemodynamic response from the pre-insertion value at one minute following insertion of SLIPA. But, insertion of PLMA was no significant rise in hemodynamic response. There was no statistically significant difference in the mean maximum sealing pressure, gas leakage, lung mechanics data, gastric distension, postoperative sore throat and other complication between the two groups. Blood stain were noted on the surface of the device in 40% (n = 12) in the SLIPA vs. 6.7% (n = 2) in the PLMA.

**Conclusions:** The SLIPA is a useful alternative to the PLMA and have comparable efficacy and complication rates. If we acquire the skill to use, SLIPA may be considered as primary SGA devices during surgery under general anesthesia. (Korean J Anesthesiol 2010; 58: 450-457)

**Key Words:** Airway, Anesthesia, PLMA, SLIPA, Supraglottic airway.

---

Received: January 29, 2010. Revised: 1st, February 12, 2010; 2nd, March 3, 2010. Accepted: March 12, 2010.

Corresponding author: Hyun Kang, M.D., Department of Anesthesiology and Pain Medicine, College of Medicine, Chung-Ang University, 224-1, Heukseok-1dong, Dongjak-gu, Seoul 156-756, Korea. Tel: 82-2-6299-2571, Fax: 82-2-6299-2585, E-mail: roman00@naver.com

This Research was supported by the Chung-Ang University Research Grants in 2010.

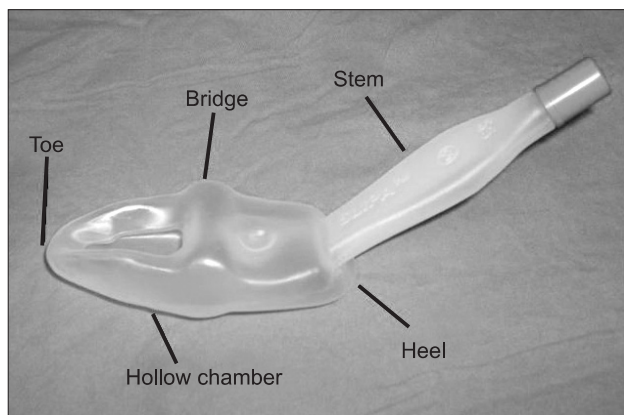
© This is an open-access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (<http://creativecommons.org/licenses/by-nc/3.0/>), which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

## Introduction

In general anesthesia, endotracheal intubation is used to secure the airway passage. When intubation using laryngoscopy is difficult or when one wants to reduce hemodynamic changes caused by it, a supraglottic airway device (SGA) may be used instead. The best known SGA is the laryngeal mask airway (LMA). Unfortunately it has a low sealing pressure. It can therefore cause inadequate ventilation and gastric distension during positive ventilation, and carries a risk of pulmonary aspiration in the event of regurgitation [1]. Many devices have been developed to minimize these drawbacks. One of the most commonly used SGAs is the laryngeal mask airway ProSeal™ (PLMA, Laryngeal Mask Company, UK), a modified version of the classic LMA with an additional channel for gastric tube placement to prevent pulmonary aspiration and a superior cuff that can provide airway sealing pressures higher than those of the classic LMA [1].

The newly developed SLIPA™ (stream lined liner of pharyngeal airway™, SLIPA Medical Ltd., UK) is replacing the LMA in general anesthesia. It is made of soft plastic in an anatomical shape which sticks to the pharynx and palate. It therefore does not require cuff inflation and extra straps to maintain a secure airway during positive pressure ventilation. Furthermore, a 50 ml empty internal space allows the removal of pharyngeal secretions, thus reducing the risk of pulmonary aspiration [2] (Fig. 1). Also, it can be inserted without the need for other devices, and as it is designed for single-use at a relatively cheaper price than the LMA, it has a lower risk of infection [3].

While there has been much clinical research (in Korea and elsewhere) on other SGAs, there has, especially in Korea, been little study on the SLIPA. Also, there is as of yet no comparative



**Fig. 1.** The SLIPA in detail. The SLIPA is made of soft hollow plastic. Because the SLIPA resembles the anatomy of the pharynx, an inflatable cuff is unnecessary. Instead, the body serves as a reservoir for regurgitated liquids.

research on SLIPA and PLMA.

In the present study, we compared the use of the PLMA and SLIPA during general anesthesia in regard to their first insertion success rate, ease of use, hemodynamic responses to insertion, ventilatory efficiency and postoperative complications. We also evaluated the clinical effectiveness of each method.

## Materials and Methods

The 60 patients chosen for the study were ASA class I–III, were between the ages 12–75 years, and were undergoing elective surgery under general anesthesia. Excluded from the study were: patients with a history of diabetes mellitus, morbid obesity, gastroesophageal reflux, and pregnancy, patients at risk of pulmonary aspiration, and patients electing for surgery in the non-supine position. After receiving the approval of the hospital’s ethics committee, all patients gave written informed consent. The patients were randomly divided into the SLIPA and PLMA groups with 30 patients in each. Randomization was based on Microsoft Excel random number generation. Patient group allocation was not revealed to investigator until immediately prior to induction of anesthesia by means of numbered, sealed envelopes. The two groups were comparable with respect to gender, age, height, weight, ASA classification, modified Mallampati classification, and the duration of anesthesia (Table 1). To evaluate the airway, the modified Mallampati classification was recorded at preanesthetic evaluation.

In the PLMA group, size 3 was used for patients weighing below 50 kg, size 4 for those weighing 50–70 kg, and size 5 for those over 70 kg. After insertion, the cuff pressure was maintained at 60 cmH<sub>2</sub>O with a hand pressure gauge (VBM, Germany). In the female SLIPA group, size 47 was used for patients under 155 cm in height, size 49 for those between 155–165 cm, and size 51 for those over 165 cm. In the male SLIPA

**Table 1.** Demographics Data and Duration of Anesthesia

	PLMA group (n = 30)	SLIPA group (n = 29)
Age (yr)	46.3 ± 17.8	42.0 ± 19.3
Gender (M/F)	22/8	24/5
Height (cm)	163.2 ± 15.0	168.8 ± 8.3
Weight (kg)	66.5 ± 15.1	64.7 ± 11.2
ASA (I/II/III)	14/13/3	16/10/3
Mallampati score (1/2/3/4)	5/20/5/0	8/14/7/0
Airway device size		
LMA (3/4/5)	7/20/3	
SLIPA (47/49/51/53/55)		1/2/11/13/2
Duration of anesthesia (min)	131.7 ± 76.8	131.3 ± 71.9

Values are mean ± SD or number. PLMA: laryngeal mask airway ProSeal™, SLIPA: streamlined liner of the pharynx airway.

group, size 51 was used for patients less than 165 cm in height, size 53 for those between 165–175 cm, and size 55 for those over 175 cm.

Thirty minutes before being taken to the operating room, the patients were given muscular injections of glycopyrolate 0.2 mg as a preanesthetic medication. In the operating room, an electrocardiogram, a noninvasive arterial blood pressure cuff, and a pulse oximeter were attached for monitoring. Anesthetic induction was achieved by fentanyl 2 µg/kg, thiopental sodium 5 mg/kg and rocuronium 0.6 mg/kg. After 2 minutes of controlled positive pressure, ventilation by N<sub>2</sub>O/O<sub>2</sub> each 1.5 L/min and sevoflurane 2.0 vol%, the same anesthesiologist placed the PLMA or SLIPA for all the patients. The anesthesiologist had 2 years experience with using the PLMA and had used the SLIPA 20 times before the present study. Normal saline was used for lubrication. When the first attempt failed, mask ventilation was performed for 1 minute and a second attempt was made with a different size. If that also failed, then the patient was excluded from the study, and the surgery was performed by endotracheal intubation. In the process of insertion, the insertion duration (from the point of starting placement to the point of successful mechanical ventilation), and the number of insertion attempts were measured. The level of difficulty of insertion (easy, moderate, difficult) was noted subjectively by the anesthesiologist who inserted the device.

The same anesthetic machines (Astiva/5, Datex-Ohmeda Inc., USA) were used throughout the study. Ventilation during the anesthesia was performed with a tidal volume of 10 ml/kg, respiratory rate of 12/min and the inspiratory: expiratory ratio was 1 : 2.

To assess the hemodynamic response to insertion of the device, systolic blood pressure (SBP), diastolic blood pressure (DBP), mean blood pressure (MBP), and heart rate (HR) were recorded 5 minutes before and after the insertion at 1 minute intervals. The maximal change in mean value (%) was calculated by the ratio of the mean value immediately before insertion to the highest mean value immediately after insertion. During insertion, if the blood pressure decreased by more than 20% of the blood pressure measured in the ward, ephedrine 5 mg was administered.

To evaluate if the airway was appropriately secured, the head was rotated 60 degrees to the right and left to see if there was any leakage. Also, oral leak pressure (OLP) was measured as the highest peak reached when the airway pressure measured in the anesthetic circuit by a pressure gauge did not rise anymore when the mechanical ventilation was stopped, the pop-off valve locked, and fresh gas flow 3 L/min supplied [4]. Using a fiberoptic bronchoscope (Olympus BF-3C40, Olympus optical co., Japan), hypopharynx placement was scored as follows: only vocal cords seen, 4 points; vocal cords and back of the

epiglottis seen, 3 points; vocal cords and front of epiglottis seen, 2 points; vocal cords not seen, 1 point [5]. At the beginning and end of ventilation, gastric distension was checked for with a stethoscope and the naked eye. 10 minutes after the insertion, a spirometer module (S/5 Compact anesthesia monitor™, Datex-Ohmeda, USA) was used to measure the maximum inspiratory pressure, plateau airway pressure (Pplat), mean airway pressure (MAP), peak end expiratory pressure (PEEP), airway resistance (Raw), and compliance (Cdyn). The spirometer module was attached to the patient's airway device as a side stream which allowed for extraction of respiratory gas. After the initial evaluation, the mid-surgery tidal volume and respiratory rate were controlled to achieve an end tidal carbon dioxide value of 35–40 mmHg.

After the surgery, the airway device was removed and evidence of blood stains or regurgitation checked for. In the recovery room, one anesthesiologist, who did not know which group the patient belonged to, evaluated the postoperative sore throat pain on the visual analogue scale (VAS score, 0–10) and checked for other complications.

To calculate the sample size required for this study, time taken for intubation in a similar clinical setting was taken account [3]. A two-tailed  $\alpha$  error of 5% and a  $\beta$  error of 20% was accepted in the detection of differences of 4 second in the time taken for intubation between the two groups. Based on this calculation, the required size per group was 30.

Normally distributed data were compared between groups by unpaired t-testing, and presented as mean value  $\pm$  standard deviation and presents mean value  $\pm$  standard error in the figure. Descriptive variables were analyzed, as appropriate, by Chi-square test or Fischer's exact test. The blood pressures and heart rates between groups were compared using two way repeated measures ANOVA. Within a group, comparison with the base data was performed by one way repeated measures ANOVA. P values less than 0.05 were considered statistically significant, and statistical analysis was performed with Sigmastat (version 2.03, SPSS Ins., USA).

## Results

The success rate on the first attempt for the 2 groups is shown in Table 2. When failed on the first attempt, all second attempts were successful in the PLMA group. Both attempts failed in one patient in the SLIPA group; this patient was thus excluded from the study and endotracheal intubation performed. In the SLIPA group, insertion time was significantly longer ( $P < 0.05$ ) and more difficult ( $P < 0.05$ , Table 2).

The hemodynamic response to insertion is shown in Fig. 2. The maximal change of mean value (%) for the PLMA group and the SLIPA group were, respectively: 5.4% and 7.6% for HR, 1.4%

and 12.8% for SBP, 1.0% and 16.4% for DBP, and 0.9% and 13.4% for MBP. Ephedrine was administered during the first 5 minutes after insertion if blood pressure fell by more than 20% of the

**Table 2.** Airway Observations

	PLMA group (n = 30)	SLIPA group (n = 29)
First insertion success rate (%)*	93.3 (n = 28)	73.3 (n = 22)
Insertion time (sec)*,†	7.3 ± 3.2	10.5 ± 3.6
Easy of insertion (easy, normal, difficult)*	13/16/1	9/9/11
Oropharyngeal leak pressure (mmHg)	26.1 ± 8.8	24.5 ± 6.7
Leakage (Rt/Lt)	7/7	9/7
Fiberoptic bronchoscopic view (1/2/3/4)	2/8/15/4	4/14/10/2
Gastric distension (pre/post)	0/0	0/0

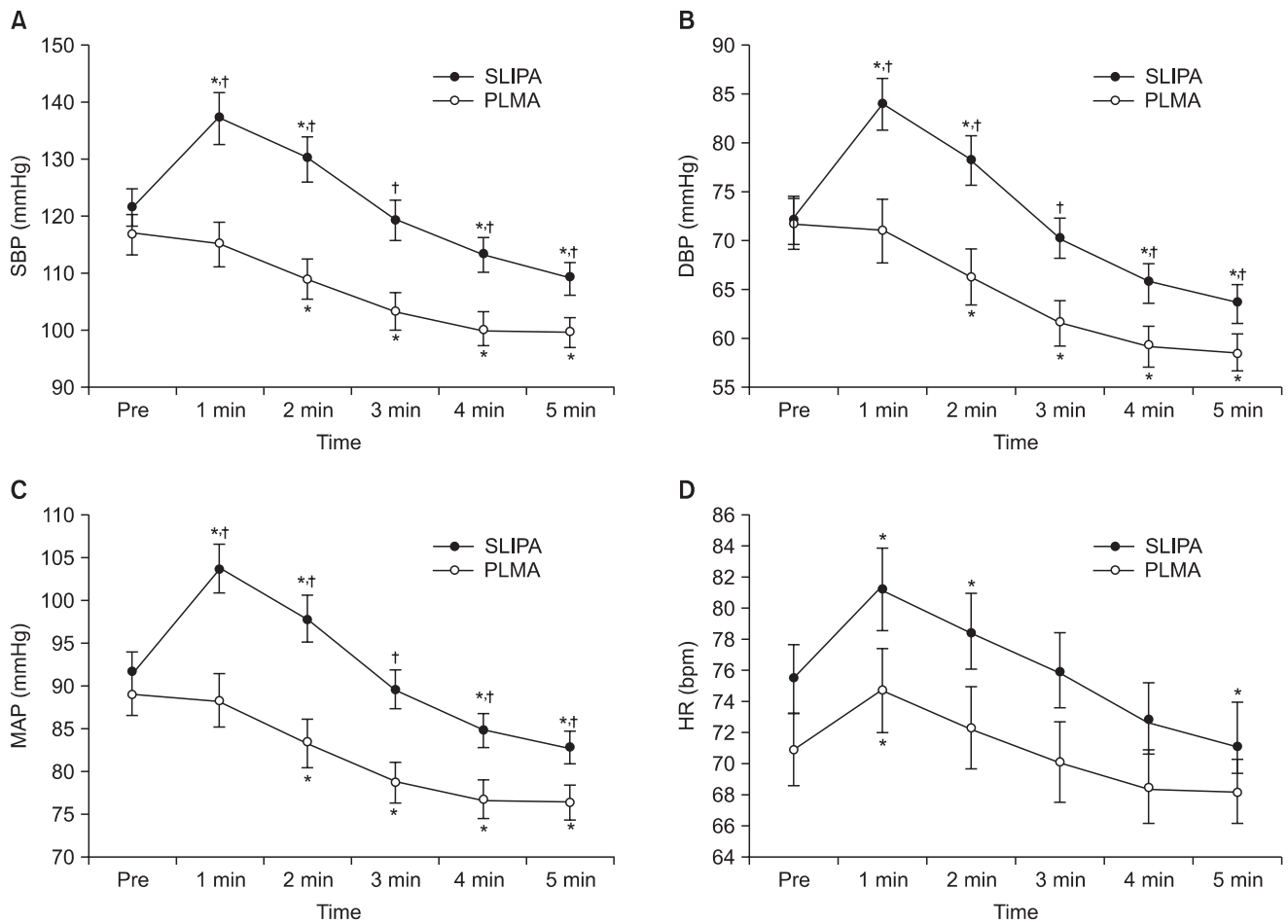
Values are mean ± SD or number. PLMA: laryngeal mask airway ProSeal™, SLIPA: streamlined liner of the pharynx airway, pre: pre-operation, post: post-operation. \*Significantly (P < 0.05) different between groups. †Mann-Whitney U test because of abnormal distribution.

preoperative ward blood pressure. This occurred in 3 PLMA cases and 1 SLIPA case.

The mean value of OLP in the PLMA group was 26.1 cmH<sub>2</sub>O. In the SLIPA group, it was 24.5 cmH<sub>2</sub>O. This difference was not significant. There was also no significant difference in gas leakage depending on the head position. After insertion, fiberoptic bronchoscopy findings of the hypopharynx positions of the two groups were not different. Gastric distension was not observed in either group before or after surgery (Table 2).

Lung mechanics data were similar in the two groups. Both devices supplied adequate ventilation (Table 3).

After the end of the surgery, blood stains were found on the airway device in 12 patients in the SLIPA group (40%), and in 2 people in the PLMA group (6.7%). This difference was statistically significant (P < 0.05). Complications observed in the recovery room included sore throat, which was seen in 46.7% (n = 14) in the SLIPA group and 26.7% (n = 8) in the PLMA group. However, this difference was not significant. The VAS scores of



**Fig. 2.** Hemodynamic responses to device insertion in the two groups. (A) Systolic blood pressure (SBP), (B) Diastolic blood pressure (DBP), (C) Mean arterial pressure (MAP), (D) Heart rate (HR). SLIPA: streamlined liner of the pharynx airway, PLMA: laryngeal mask airway ProSeal™, pre: just before insertion. Data are expressed as mean ± SEM, \*P < 0.05 compared with baseline value, †P < 0.05 compared with PLMA.

**Table 3.** Lung Mechanics Data

	PLMA group (n = 30)	SLIPA group (n = 29)
PIP (cmH <sub>2</sub> O)	14.7 ± 4.6	13.7 ± 3.1
Pplat (cmH <sub>2</sub> O)	12.4 ± 2.3	12.4 ± 1.8
MAP (cmH <sub>2</sub> O)	6.3 ± 1.6	6.3 ± 0.9
PEEP (cmH <sub>2</sub> O)	2.9 ± 0.7	3.1 ± 0.4
Cdyn (ml/cmH <sub>2</sub> O)	61.8 ± 17.6	63.9 ± 10.6
Raw (cmH <sub>2</sub> O/l/s)	9.0 ± 5.9	7.2 ± 4.8

Mean ± SD. PLMA: laryngeal mask airway ProSeal™, SLIPA: streamlined liner of the pharynx airway, PIP: peak inspiratory pressure, Pplat: plateau airway pressure, MAP: mean airway pressure, PEEP: peak end expiratory pressure, Cdyn: compliance, Raw: airway resistance.

sore throat and the incidence of other complications were not significantly different (Table 4).

## Discussion

An SGA is relatively easier to insert than an endotracheal tube and they are considered for patients in whom intubation is difficult, or for patients in emergency situations [6]. Markus et al. [7] compared classic LMA and SLIPA and had first insertion success rates of 100% and 98% respectively. Similarly, Miller et al. [8] reported first insertion success rates for PLMA and SLIPA of 96% and 98% respectively. In the present study, the first insertion success rates for PLMA and SLIPA were 93.3% and 73.3% respectively. When the first attempt failed, all second attempts were successful in the PLMA group. Both attempts were unsuccessful in one patient in the SLIPA group. Unlike the PLMA, which achieves a pharyngeal seal through post-insertion cuff inflation, the SLIPA comes in a fixed preformed shape. Correct size selection is therefore important for successful SLIPA insertion. In the present study, most first attempt failures were due to inappropriate size selection. When chosen correctly, the second attempt was successful. Previous studies outside of Korea [2,3,7,8] selected SLIPA size by matching the transverse diameter with the patient's thyroid cartilage. However, in our pilot tests, the SLIPA size chosen by this method was too large and insertion failed in many cases. We therefore tried the size-rule provided by the SLIPA manufacturer, which involved gender and height. However, this rule was too wide range and selection areas often overlapping. It was thus difficult to select the right size on the first attempt. To improve the first attempt success rate, development of SLIPA selection guidelines for Asians is clearly needed. We plan to develop such guidelines in the future.

In the present study, compared to PLMA insertion, SLIPA insertion took longer and was more difficult. We assume this is due to both our relative lack of experience with SLIPA and the difficulty of selecting an appropriate size. Malik et al. [9] found

**Table 4.** Complication

	PLMA group (n = 30)	SLIPA group (n = 29)
Blood stain*	2	12
Regurgitation	0	0
Sore throat	8	14
VAS (sore throat)	1.0 ± 2.2	1.9 ± 2.7
Nausea/Vomiting	2/1	3/1

Values are mean ± SD or number. PLMA: laryngeal mask airway ProSeal™, SLIPA: streamlined liner of the pharynx airway. \*Significantly (P < 0.05) different between groups.

that inexperienced medical students who used Macintosh laryngoscopes for endotracheal intubation had a slow learning curve. It took them a long time to reach a competent level of maneuvering and this signifies that in times of emergency, endotracheal intubation can fail or can cause complications. In contrast, according to the research of Reinhart et al. [10], the LMA (the most common SGA) has a shorter insertion time, higher success rate on the first attempt, and greater ease of use than endotracheal intubation. In a study on medical students with no experience of the SLIPA, SLIPA success rates and preference rates were higher than those of SS-LMs (soft seal laryngeal masks) and the SLIPA had a shorter insertion time [11]. In addition, because it did not require extra handling like filling the cuff or using the strap, it was more convenient to use. It therefore seems likely that, as with the LMA, the SLIPA can take the place of endotracheal intubation for inexperienced users or in times of an emergency.

An advantage of SGA is that it removes the need for a laryngoscope during insertion, thus avoiding direct irritation of the trachea. During endotracheal intubation, a temporary elevation of blood pressure, tachycardia and arrhythmia may occur. Such cardiovascular changes are caused by irritation to the upper airway by the laryngoscope blade, and to the trachea by the intubation of the endotracheal tube and the expansion of the endotracheal tube cuff [12]. Airway management by PLMA is reported to decrease hemodynamic responses compared with endotracheal intubation [13]. Puri et al. [3] reported that in SLIPA use, blood pressure and heart rate increase more than in PLMA uses, but this difference was not as significant as the difference in the use of endotracheal intubation. In this study, the PLMA group showed steady hemodynamic responses before and after insertion, whereas in the SLIPA group, 1 minute after insertion, the blood pressure and heart rate significantly increased to the maximum value. The longer the insertion time, the greater the risk of tachycardia and hypertension [14]. Good SLIPA insertion technique and correct size selection can thus reduce insertion time and produce a more stable hemodynamic response. The maximal change of mean value (%) in blood pressure and heart rate during endotracheal intubation in

the report by Kim et al. [13] was 55.7% for SBP, 47.5% for DBP, and 48.2% for HR. According to Lee et al. [15], these values were 51%, 58%, and 48% respectively. In the present study the respective values for the SLIPA group were 12.8%, 16.4%, and 7.6%. Although not directly measured in this study, SLIPA insertion in comparison to endotracheal intubation is assumed to bring fewer hemodynamic changes.

When positive pressure ventilation using LMA, gas leakage and gastric distension are caused by high airway pressure or the inappropriate location of the laryngeal mask. The LMA maintains the airway though a firm seal between its cuff and the structures surrounding the glottis. In contrast to endotracheal intubation, a PIP higher than the OLP can thus result in gas leakage around the cuff. This can trigger inadequate ventilation or gastric distension, heightening the risk of regurgitation and pulmonary aspiration and increasing the incidence of postoperative nausea [16]. During LMA use, gas leakage and gastric distension have been reported when positive pressure ventilation was used with inspiratory gas pressures of over 20 cm H<sub>2</sub>O [16]. Devitt et al. [17] reported gastric distension in 35% of patients at 30 cmH<sub>2</sub>O airway pressure. The PLMA was designed so that the larger, wedge-shaped cuff would plug gaps in the proximal pharynx, and it forms a more effective seal with the upper airway than the conventional LMA [18]. In a comparative study of OLP in PLMA and LMA usage [19], the PLMA had a 10 cmH<sub>2</sub>O higher OLP than the LMA. In the present study there was no significant difference in OLP between the PLMA and the SLIPA, and both groups had a higher OLP than the mean value of PIP during surgery. Furthermore, gas leakage and gastric distension were not observed during surgery, so in our judgment the risk of pulmonary aspiration caused by both devices was not high. Also, there was no significant difference in gas leakage associated with head position in the two groups. Both groups had relatively safe airway maintenance.

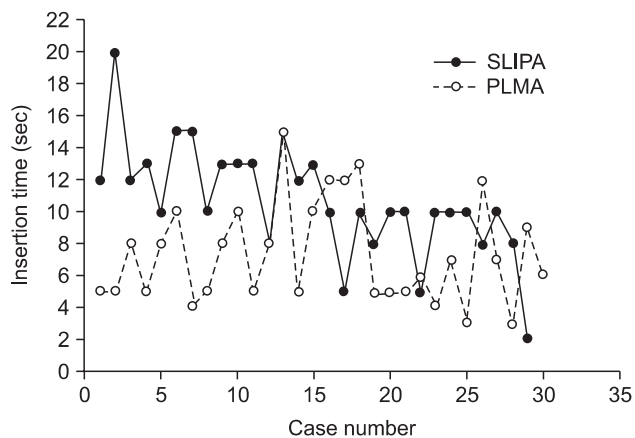
In addition, if the SGA is placed incorrectly it cannot seal effectively with the periglottic tissue and gas leakage may result. The leaked gas will then flow into the esophagus and cause gastric distension and pulmonary aspiration. As assessed by fiberoptic bronchoscope, a hypopharynx placement score of 3 or 4 points is considered to indicate appropriate insertion location. Gaitini et al. [20] reported 60% of the LMAs as being in the appropriate location. When PLMAs and LMAs were compared, 48% of PLMAs and 74% of LMAs were reportedly successful. This means LMAs were easier to insert [21]. In the present study, 60% of PLMAs and 40% of SLIPAs were deemed to be appropriately inserted at fiberoptic assessment. However, there are reported cases that the fiberoptic position was thought to be accurate and effective ventilation was assumed to be achieved, but the actual location was improper [22]. Therefore, fiberoptic findings cannot completely exclude the possibility

of gastric distension. However, in the present study gastric distension was not observed before or after surgery. Lung mechanics data were the same for both SLIPA and PLMA, and they both gave adequate ventilation.

After removal of the airway devices, SLIPAs had significantly higher incidence of blood stains than PLMAs. The PLMA is made of a soft material with its position secured by insertion of air into the cuff, whereas the SLIPA is made of stiffer plastic material than the PLMA and is of a fixed shape. The SLIPA thus causes more direct trauma to the oral mucosa. In a comparison of postoperative complications in the recovery room, PLMAs have been reported to have fewer cases of sore throat compared to endotracheal tubes and a lower severity of pain [23]. The incidences of sore throat according to Miller et al. [8] were 57%, 49%, and 30% respectively for endotracheal tubes, SLIPA, and PLMA. The present study yielded similar results, with the SLIPA group having a relatively high incidence of sore throat (though without statistical significance), the VAS scores in more than half of the cases being below 3, and the severity of sore throat being mild. Compared to PLMAs, SLIPAs had more cases of sore throat, attributable to the stiff material the SLIPA is made of. The material can irritate and damage the pharyngeal mucosa, and it also causes a higher number of insertion attempts. Nausea, vomiting, and the other complications were uncommon in both groups.

When a cuff is used to seal the pharynx, as is the case with PLMAs, the initial cuff pressure of 60 cm H<sub>2</sub>O gradually increases because of N<sub>2</sub>O diffusion across the cuff wall. The intra cuff pressure significantly increases over 30 minutes [24], increasing the risk of ischemic damage of the laryngopharyngeal mucosa. It is thus important to constantly monitor the intracuff pressure [25]. Additionally, the LMA cuff can also cause pressure neuropraxia of the lingual nerve, hypoglossal nerve, and recurrent laryngeal nerve, while N<sub>2</sub>O use can cause an increase in compressive and/or stretching forces on the oralopharynx [26]. In the present study, usage of the PLMA was also associated with elevation of cuff pressure during surgery, with adjustment of the cuff pressure to 60 cmH<sub>2</sub>O with a hand pressure gauge necessary on several occasions. Furthermore, in 2 cases the change in cuff pressure caused PLMA slippage and hence gas leakage, with the PLMA thus requiring repositioning. The advantage of SLIPAs is that they do not have cuffs, and thus are unaffected by the use of N<sub>2</sub>O.

The PLMA is designed for multiple sterilizations and reuse. The manufacturer explains that autoclaving can be performed up to 40 times. However, washing and autoclaving cannot completely remove protein deposits. Many different methods for cleaning and sterilizing have thus been discussed, but complete removal of protein is known to be impossible [27]. Protein contamination of reused medical devices can cause



**Fig. 3.** Time taken for insertion (seconds) according to case numbers. SLIPA: streamlined liner of the pharynx airway, PLMA: laryngeal mask airway ProSeal™.

the transmission of prion proteins, with PLMA reuse running the risk of aiding in the transmission of variant Creutzfeldt-Jacob disease. Also, when many PLMAs are washed together, protein cross-contamination can occur [28]. For such reasons, using disposable devices which have no difference in effectiveness lowers the risk of contamination and is more hygienic. As SLIPA is cheaper than PLMA, disposal after single use is advised. A further economical advantage is the lower cost of cleaning and sterilization.

As a limitation of the present study, while we have much experience and skill at PLMA insertion, we have comparatively little experience with using SLIPA. Puri et al. [3] stated that SLIPA had a short learning curve, with a plateau at 13 cases. In the present study, all the SLIPA insertions were performed by one anesthesiologist who had experience of more than 20 SLIPA insertions before this study. The time taken for SLIPA insertion and the number of attempts required both decreased as the study progressed (Fig. 3). In contrast, the PLMA insertion time and required attempts did not change (Fig. 3). We assume this difference to be due to accumulated experience and accept that it may have affected the results of the study. Another limitation was that evaluation in the recovery room was performed by a blinded anesthesiologist while all other evaluations were performed by the anesthesiologist who performed the insertions. This may have affected the results.

In conclusion, as a newly developed SGA, SLIPA, compared to PLMA, showed statistically significant differences in ease of insertion and low hemodynamic response to insertion. However, the differences are of an acceptable level and there were no differences in airway maintenance and ventilatory efficiency. SLIPA usage was unaffected by N<sub>2</sub>O the lower cost of the SLIPA means it is suitable for single-use. We expect SLIPA usage to replace PLMA usage and the SLIPA will be used widely.

## References

- Brain AI, Verghese C, Strube PJ. The LMA 'ProSeal' - a laryngeal mask with an oesophageal vent. *Br J Anaesth* 2000; 84: 650-4.
- Miller DM, Light D. Laboratory and clinical comparisons of the Streamlined Liner of the Pharynx Airway (SLIPA™) with the laryngeal mask airway. *Anaesthesia* 2003; 58: 136-42.
- Puri GD, Hegde HV, Jayant A, Bhukal I. Haemodynamic and Bispectral index response to insertion of the Streamlined Liner of the Pharynx Airway (SLIPA): comparison with the laryngeal mask airway. *Anaesth Intensive Care* 2008; 36: 404-10.
- Keller C, Brimacombe JR, Keller K, Morris R. Comparison of four methods for assessing airway sealing pressure with the laryngeal mask airway in adult patients. *Br J Anaesth* 1999; 82: 286-7.
- Joshi S, Sciacca RR, Solanki DR, Young WL, Mathru MM. A prospective evaluation of clinical tests for placement of laryngeal mask airways. *Anesthesiology* 1998; 89: 1141-6.
- Wilkins CJ, Cramp PG, Staples J, Stevens WC. Comparison of the anesthetic requirement for tolerance of laryngeal mask airway and endotracheal tube. *Anesth Analg* 1992; 75: 794-7.
- Markus L, Franz K. The effectiveness and patient comfort of the novel streamlined pharynx airway liner (SLIPA®) compared with the conventional laryngeal mask airway in ophthalmic surgery. *Anesth Analg* 2007; 104: 431-4.
- Miller DM, Camporota L. Advantages of ProSeal and SLIPA airways over tracheal tubes for gynecological laparoscopies. *Can J Anaesth* 2006; 53: 188-93.
- Malik MA, Hassett P, Carney J, Higgins BD, Harte BH, Laffey JG. A comparison of the Glidescope, Pentax AWS, and Macintosh laryngoscopes when used by novice personnel: a manikin study. *Can J Anaesth* 2009; 56: 802-11.
- Reinhart DJ, Simmons G. Comparison of placement of the laryngeal mask airway with endotracheal tube by paramedics and respiratory therapists. *Ann Emerg Med* 1994; 24: 260-3.
- Hein C, Owen H, Plummer J. Randomized comparison of the SLIPA (Streamlined Liner of the Pharynx Airway) and the SS-LM (Soft Seal Laryngeal Mask) by medical students. *Emerg Med Australas* 2006; 18: 478-83.
- Fujii Y, Tanaka H, Toyooka H. Circulatory responses to laryngeal mask airway insertion or tracheal intubation in normotensive and hypertensive patients. *Can J Anaesth* 1995; 42: 32-6.
- Kim HS, Nam HW, Kim YH. The maximal changes of signs to laryngeal mask airway proSeal™ Insertion or tracheal intubation after anesthetic induction in hypertensive patients. *Korean J Anesthesiol* 2002; 43: 145-9.
- Stoelting RK. Circulatory changes during direct laryngoscopy and tracheal intubation: influence of duration of laryngoscopy with or without prior lidocaine. *Anesthesiology* 1977; 47: 381-4.
- Lee JH, Kim SI, Ok SY, Kim SC. Evaluation of effect-site concentration of remifentanyl for blunting hemodynamic responses to endotracheal intubation during total intravenous anesthesia using propofol. *Korean J Anesthesiol* 2007; 52: 269-74.
- Weiler N, Latorre F, Eberle B, Goedecke R, Heinrichs W. Respiratory mechanics, gastric insufflation pressure and air leakage of the laryngeal mask airway. *Anesth Analg* 1997; 84: 1025-8.
- Devitt JH, Wenstone R, Noel AG, O'Donnell MP. The laryngeal mask

- airway and positive-pressure ventilation. *Anesthesiology* 1994; 80: 550-5.
18. Keller C, Brimacombe J. Mucosal pressure and oropharyngeal leak pressure with the Proseal laryngeal mask airway in anaesthetized paralysed patients. *Br J Anaesth* 2000; 85: 262-6.
  19. Brimacombe J, Keller C. The Proseal laryngeal mask airway: a randomized, crossover study with the standard laryngeal mask airway in paralyzed, anesthetized patients. *Anesthesiology* 2000; 93: 104-9.
  20. Gaitini L, Yanovski B, Somri M, Vaida S, Riad T, Alfery D. A comparison between the PLA Cobra and the Laryngeal Mask Airway Unique during spontaneous ventilation: a randomized prospective study. *Anesth Analg* 2006; 102: 631-6.
  21. Brimacombe J, Keller C, Fullekrug B, Agrò F, Rosenblatt W, Dierdorf SF, et al. A multicenter study comparing the ProSeal and Classic laryngeal mask airway in anesthetized, nonparalyzed patients. *Anesthesiology* 2002; 96: 289-95.
  22. Asai T, Morris S. The laryngeal mask airway: its features, effects and role. *Can J Anaesth* 1994; 41: 930-60.
  23. Jeong JH, Song SO, Kim HD. Effects of proseal laryngeal mask airway on intraoperative ventilation and blood pressure, and postoperative sore throat in laparoscopic cholecystectomy. *Korean J Anesthesiol* 2004; 46: 10-6.
  24. Lmb AB, Wrigley MW. The effect of nitrous oxide on laryngeal mask cuff pressure in vitro and in vivo studies. *Anaesthesia* 1992; 47: 320-3.
  25. Lim HK, Lee CS, Song JH. The comparison of laryngeal mask airway and laryngeal tube in spontaneous breathing anesthetized pediatric patients. *Korean J Anesthesiol* 2005; 49: 67-71.
  26. Brimacombe J, Clarke G, Keller C. Lingual nerve injury associated with the Proseal laryngeal mask airway: a case report and review of the literature. *Br J Anaesth* 2005; 95: 420-3.
  27. Greenwood J, Green N, Power G. Protein contamination of the Laryngeal Mask Airway and its relationship to re-use. *Anaesth Intensive Care* 2006; 34: 343-6.
  28. Richards E, Brimacombe J, Laupau W, Keller C. Protein cross-contamination during batch cleaning and autoclaving of the Proseal laryngeal mask airway. *Anaesthesia* 2006; 61: 431-3.