

***Campylobacter jejuni* increases the paracellular permeability of broiler chickens in a dose-dependent manner**

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ABSTRACT In recent years, several studies emphasize the deleterious effects of *Campylobacter jejuni* on the chicken intestine. In this context, it was shown that *C. jejuni*, contrary to the general belief, has a negative influence on the gut barrier in chickens. More precisely, we demonstrated that *C. jejuni* affects gut physiology characterized by changes in ion transport and trans-epithelial ion conductance, but the underlying mechanism is yet to be investigated. In the actual study, to determine epithelial paracellular permeability, the mucosal to serosal flux of ¹⁴C-mannitol in the small and large intestine was measured applying Ussing chamber. A total of seventy-five 1-day-old Ross 308 broiler chickens were housed in floor pens on wood shavings with feed and water provided *ad libitum*. Birds were randomly allocated to 3 different groups (n = 25 with 5 replicates/group) and infected at 14 d of age with a high (10⁸ colony forming units [CFU]) or a low (10⁴ CFU) dose of *C. jejuni* and a third group kept as noninfected

control. Infection with the low dose of *C. jejuni* resulted in delayed cecal colonization but equalized at 21 d postinfection, independent of the dose. Invasions of liver and spleen with *C. jejuni* were only noticed in birds infected with 10⁸ (CFU). Body weight (BW) and body weight gain of all birds infected with *C. jejuni* were lower than in the control group and varied with the dose of infection, confirming a negative correlation between the infection dose and birds BW. Mannitol flux in jejunum and cecum was significantly ($P < 0.05$) higher in all *C. jejuni* infected birds compared with control birds. Likewise, significant differences in mannitol flux of both jejunum and cecum were detected depending on the infection dose of *C. jejuni*. The correlation analyses revealed a positive relationship between *Campylobacter* dose and mannitol flux of both jejunum and cecum. Altogether, the actual results emphasize that the adverse effect of *C. jejuni* on gut permeability arises in a dose-dependent manner.

Key words: *Campylobacter jejuni*, bacterial dose, colonization, permeability, broiler chickens

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INTRODUCTION

Producing safe and high-quality poultry products and decreasing the incidence of zoonotic diseases are common goals of animal production worldwide (EFSA, 2011). To achieve these goals, poultry health and nutritional aspects are of outstanding importance. A high number of broiler chickens are colonized with *Campylobacter*, and poultry products represent the main source of *Campylobacter jejuni* infections in humans (EFSA, 2011; Wassenaar, 2011; Skarp et al., 2016). Infections of humans with *Campylobacter* are continuously rising, with severe consequences on human health and the

economy. Despite the global health impact and economic burden of *C. jejuni*, data on the interaction with the chicken host are very limited, and it is a general opinion that these bacteria are rather commensals in chickens than pathogens, neglecting most recent findings (Awad et al. 2018). In some of those studies, it was reported that *Campylobacter* is able to invade the chicken's intestinal mucosa and spread to internal organs (Lamb-Rosteski et al., 2008; Van Deun et al., 2008; Awad et al., 2015a). This might contribute to the translocation of bacteria which seems more widespread than believed, based on a recently published comprehensive epidemiological study in which 12.6% of *Campylobacter*-positive broilers harbored the bacteria at extraintestinal sites (Weber et al., 2014).

Experimentally, an increased intestinal permeability or “leaky gut” following *Campylobacter* infection has been demonstrated in different studies with consequences on the translocation of luminal bacteria to the underlying tissues (Lamb-Rosteski et al., 2008;

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Kalischuk et al., 2009, 2010, Awad et al., 2015a, b, 2017). In this context, studies in mammals and chickens showed that *C. jejuni* promotes not only the translocation of *C. jejuni* itself but also the spread of *Escherichia coli* to internal organs (Kalischuk et al., 2009, 2010; Awad et al., 2016a, b).

Ussing chamber technique allows the quantitative analyses of flux rates or the uptake of defined molecules (e.g., electrolytes or sugars) across the intestinal epithelium, as indicators for intestinal permeability at given sites. In such studies, we previously found that *C. jejuni* induced an increased intestinal permeability in chickens which might have contributed to the translocation of the bacteria itself, either paracellular or transcellular (Awad et al., 2015a). In humans, it was reported that *C. jejuni* can cross the epithelial barrier by the paracellular and/or transcellular route (Konkel et al., 1992; Van Deun et al., 2008). However, Boehm et al. (2012) demonstrated that the paracellular route is mainly used to reach basolateral surfaces, exemplarily demonstrated for *C. jejuni* strains 81–176 and NCTC 11168. Although both pathways can be involved in bacteria translocation, the paracellular pathway appears to be of particular importance for bacteria to disseminate toward inner organs as this way of transfer is unmediated (no transporters) and passive (no energy expenditure) (Schwartz et al., 1995).

To date, nothing is known about the mechanisms *C. jejuni* applies to breach the gut epithelial barrier and transmigrate across epithelial cells of chickens. The aim of the actual study was to determine whether (i) *C. jejuni* uses the paracellular route to cross the gut barrier, (ii) this phenomenon is linked with the translocation of *C. jejuni* to inner organs (liver and spleen), and (iii) a dose-dependence of this effect is existing. For this, birds were experimentally infected with *C. jejuni*, and the flux of ^{14}C mannitol as an indicator for paracellular permeability was determined by Ussing chamber technique.

MATERIALS AND METHODS

Ethics Statement

The animal trial was approved by the institutional ethics committee of the University of Veterinary Medicine and the Ministry of Research and Science under the license number GZ 68.205/0159-WF/V/3b/2017.

Bacterial Strains, Media, and Growth Conditions

C. jejuni reference strain NCTC 12744 was cultivated at 41.5°C for 48 h under microaerophilic conditions (Genbox microaer, BioMerieux, Vienna, Austria) on *Campylobacter* Selective Agar (CASA, BioMerieux), which was also used to determine bacterial load in different organs. Modified charcoal–cefaprazone–deoxycholate agar (CM0739, OXOID, Hampshire, UK)

was used to determine fecal shedding based on cloacal swabs.

Experimental Design

A total of seventy-five 1-day-old broiler chickens (Ross-308 males and females) were obtained from a commercial hatchery (Geflügelhof Schulz, Graz, Austria). The birds were housed on wood shavings and were given *ad libitum* access to water and diet. The diet was based on corn, soybean meal, soybean oil, sunflower oil, and a premix with vitamins, minerals, amino acids, salt, and monocalcium phosphate. At 1 and 14 d of age, cloacal swabs were taken and investigated to confirm the *Campylobacter*-free status. For this, swabs were streaked onto modified charcoal–cefaprazone–deoxycholate agar (CM0739, OXOID) and incubated for 48 h under microaerophilic condition at 41.5°C.

Infection of Birds

The birds were randomly divided into 3 groups (25 birds/5 replicates/group): 1 control group without infection (inoculated with phosphate-buffered saline, PBS) and 2 groups in which birds were orally inoculated via feeding tube (gavage) at 14 d of age with 1-mL of a PBS suspension containing different doses of *Campylobacter* reference strain NCTC 12744, either 1×10^4 or 1×10^8 CFU/bird. At least twice per day, all animals were controlled for adverse clinical signs to ensure their health and welfare. At 7, 14, and 21 d post-infection (dpi), cloacal swabs were taken to monitor *C. jejuni* excretion and shedding, and 5 birds from each group were euthanized by injection of thiopental (20 mg/kg) into the wing vein and by bleeding of the jugular vein. During postmortem examination, samples from liver, spleen, jejunum, and ceca were taken aseptically and processed for *Campylobacter* enumeration. The trial was terminated at 21 dpi when birds were 35 d of age.

Assessment of Birds' Performance

Body weight (BW) was determined as an individual measurement at weekly intervals, on days 1, 7, 14, 21, 28, and 35 and the body weight gain (BWG) was calculated as the difference between the final and initial bird weight during each of the intervals. Furthermore, feed intake over the course of the experiment was measured for control and infected birds and consequently feed conversion ratio (FCR) was calculated.

Intestinal Load and Extraintestinal Spread of *C. jejuni*

To determine the level of gut colonization, tissue from jejunum and cecum including content (1 g) were collected from each individual bird necropsied at 7, 14 and 21 dpi. Similarly, liver and spleen tissues (1 g) were collected aseptically from individual birds to

determine the presence of *C. jejuni* in these tissues. Samples were diluted 1:10 (wt:vol) in PBS (BR0014G, OXOID), and the mixture was homogenized using an Ultra-Turrax (IKA, Staufen, Germany). Afterwards, 1:10 serial dilutions (up to 10^{10}) were made from the stock suspension, and each dilution was direct-plated in duplicate on CASA Agar. The plates were incubated microaerobically at 41.5°C for 48 h. After incubation, typical *Campylobacter* spp. colonies were counted as colony-forming units per gram, and final bacterial counts were expressed as the average from both plates.

Jejunal and Cecal Barrier Function

Following the end of sequential killing at 21 dpi, 10 birds per treatment were kept for up to 5 d at the same housing and feeding conditions for the Ussing chamber *in vitro* experiments. Following such experiments, the whole trial was terminated. Immediately after exsanguination, segments of jejunum and cecum (4 samples/bird) were harvested and prepared for Ussing chamber studies to measure the paracellular mannitol fluxes. Manipulation and experimental procedures were performed in accordance with Awad et al. (2019). Briefly, the intestinal segments were placed into ice-cooled buffer solution (contained in mmol/L): NaCl, 115; KCl, 5; CaCl₂, 1.5; MgCl₂, 1.2; NaH₂PO₄, 0.6; Na₂HPO₄, 2.4; L-glutamine, 1; Na-D/L-lactate, 5; HEPES-free acid, 10; NaHCO₃, 25; and mannitol, 10; pH 7.4 oxygenated with carbogen (95% O₂/5% CO₂). The intestinal segments were opened along the mesenteric border, and the intestinal content was flushed out with buffer solution at 4°C. The underlying serosal layer was stripped off, and the epithelial sheets were mounted in Ussing chambers. Epithelial sheets had an exposed serosal area of 1.1 cm² and were incubated with 12 mL of buffer solution on their mucosal and serosal sides under short-circuit conditions. Bathing solutions were oxygenated (95% O₂/5% CO₂) and circulated in water-jacketed reservoirs maintained at 38°C. Flux rates of mannitol (J_{man}) were measured at a bilateral concentration of 10 mmol/L. The radioactive tracer, ¹⁴C-mannitol (0.1 mCi/mL; Hartmann Analytic), was added to the mucosal solution. After a 30-min equilibration period, standards were taken from the mucosal side of each chamber, and a 30 min flux period was established by taking 0.6-mL from the serosal compartment. Hot samples (100 µL) were collected at the beginning and end of the entire sampling period, whereas cold samples (600 µL) were collected at the start of each flux period. Epithelia were incubated for 3 h divided into 3 flux periods (baseline measurement period) and subsequent exposure to mucosal hyperosmolarity (challenge period, increasing the luminal ¹⁴C mannitol concentration from 10 mmol/L to 20 mmol/L) and persistent effects of the hyperosmolarity challenge (persistent period). The presence of ¹⁴C mannitol was established by measuring β emission in a liquid scintillation counter after addition of a liquid scintillation fluid (Aquasafe 300 Plus, Zinsser Analytic, Maidenhead, UK). Unidirectional ¹⁴C

mannitol fluxes from mucosa to serosa (J_{ms}) were evaluated by calculating the net appearance of ¹⁴C overtime in the serosal bathing solution as a ratio of flux/concentration as described previously.

Statistical Analysis

Data are presented as means with SEM. Following tests for normality (Kolmogorov-Smirnov test), statistical analysis of performance and mannitol fluxes data were evaluated for significant differences between the 3 groups using one-way ANOVA and Duncan's multiple range test. Differences were considered significant at a level of $P \leq 0.05$. The Pearson's correlation was performed to measure the strength of association between the dose of infection and performance data as well as to the mannitol fluxes in jejunum and cecum. Statistical analyses were performed using IBM SPSS (version 24, SPSS Inc., Chicago, IL).

RESULTS

C. jejuni-Associated Changes in Birds' Performance

No adverse clinical signs were observed in any of the groups independent whether birds were infected or not with *Campylobacter*. Data for BW and BWG of the broilers from 1 to 35 d of age are shown in Figure 1. Growth performance of infected birds (either 10^4 or 10^8 CFU), in terms of the average BW, started to decrease numerically at 7 dpi (709 ± 16 , 710 ± 22 g) compared with the controls (747 ± 15). Later on, at 14 and 21 dpi, the BW of birds infected with a higher dose of *C. jejuni* ($1,028 \pm 32$ and $1,563 \pm 63$ g) was significantly ($P < 0.001$) reduced compared with birds infected with the lower dose ($1,160 \pm 22$, $1,706 \pm 39$) and the noninfected controls ($1,212 \pm 14$, $1,763 \pm 109$ g). Furthermore, there was a reduction in the overall BWG by 11% in the group of birds infected with the higher dose of *Campylobacter* compared with the control birds. A negative Pearson's rank correlation coefficient was found between the dose of *Campylobacter* and both BW and overall BWG (Pearson's rank correlation coefficient: -0.398 and -0.385 , respectively) at a significance level of $P < 0.05$.

Moreover, at 14 and 21 dpi, the average feed intake was significantly ($P < 0.01$) increased in *C. jejuni* infected birds compared with the controls (Figure 2). This effect was most pronounced and significant in birds infected with the higher dose compared with the other groups. In this context, the FCR of infected birds with the higher dose was significantly higher (2.04 ± 0.06) compared with control birds (1.36 ± 0.04). Additionally, a positive correlation between *Campylobacter* dose and both feed intake and FCR was found (Pearson's rank correlation coefficient: 0.705) at a significance level of $P < 0.01$.

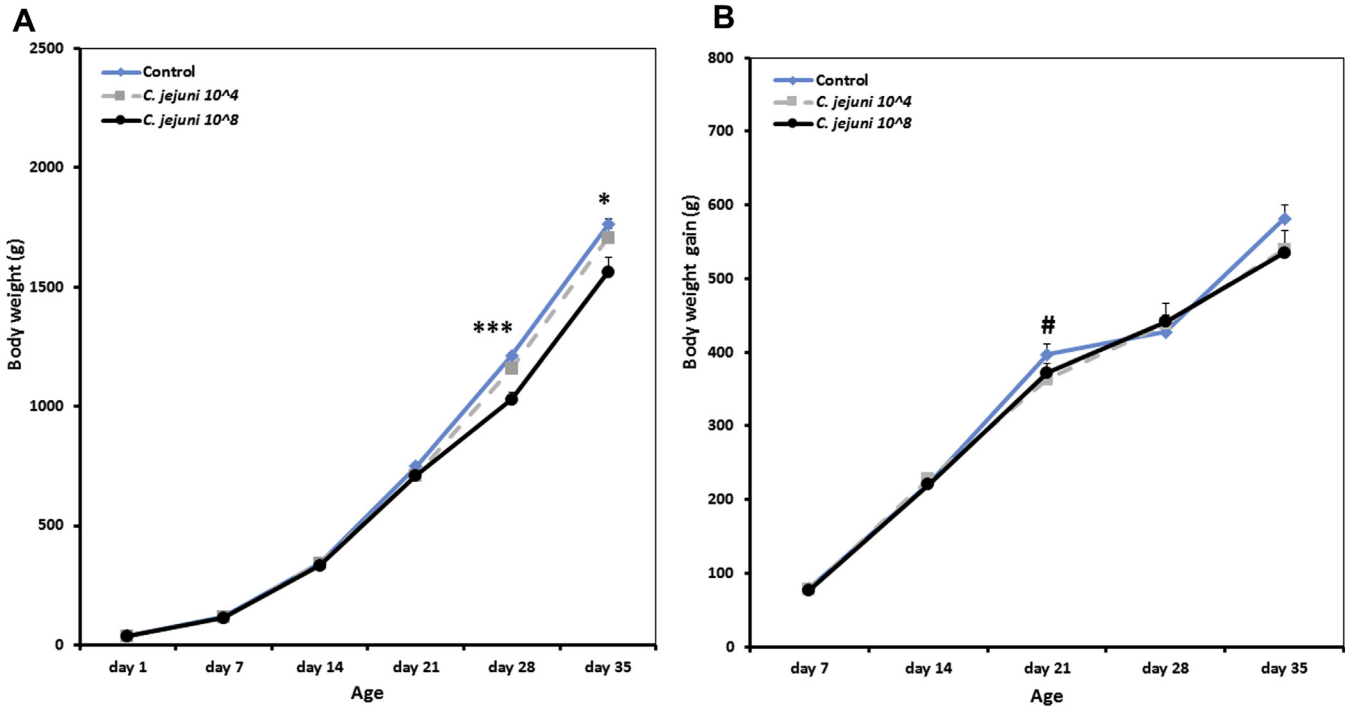


Figure 1. Effect of different doses of *C. jejuni* on body weight (A) and body weight gain (B) of broiler chickens. Results are presented as mean values and SEM. Asterisks mark differences with $P \leq 0.1$ (#), $P \leq 0.05$ (*), or $P \leq 0.001$ (***)

***C. jejuni* Colonization of the Gut and Extraintestinal Spread**

No *Campylobacter* were detected in swab samples taken from day-old birds and before infection at 14 d of age. Noninfected birds stayed *Campylobacter*-

negative throughout the experiment. Fecal droppings remained normal in both control and infected birds, with no signs of diarrhea over the course of the animal trial.

Following oral inoculation of birds with a dose of 10⁸ CFU of *C. jejuni*, *Campylobacter* could be reisolated

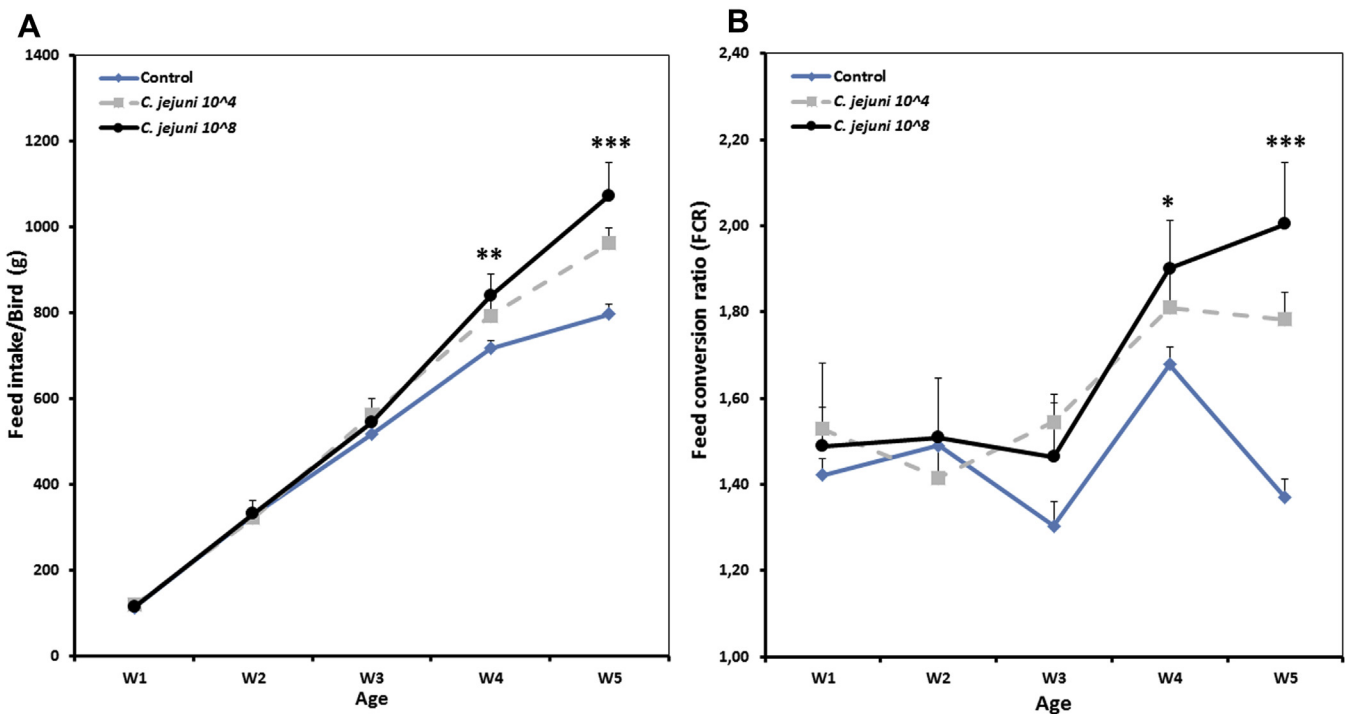


Figure 2. Effect of different doses of *C. jejuni* on feed intake (A) and feed conversion ratio (B) of broiler chickens. Results are presented as mean values and SEM. Asterisks mark differences with $P \leq 0.05$ (*), $P \leq 0.01$ (**), or $P \leq 0.001$ (***)

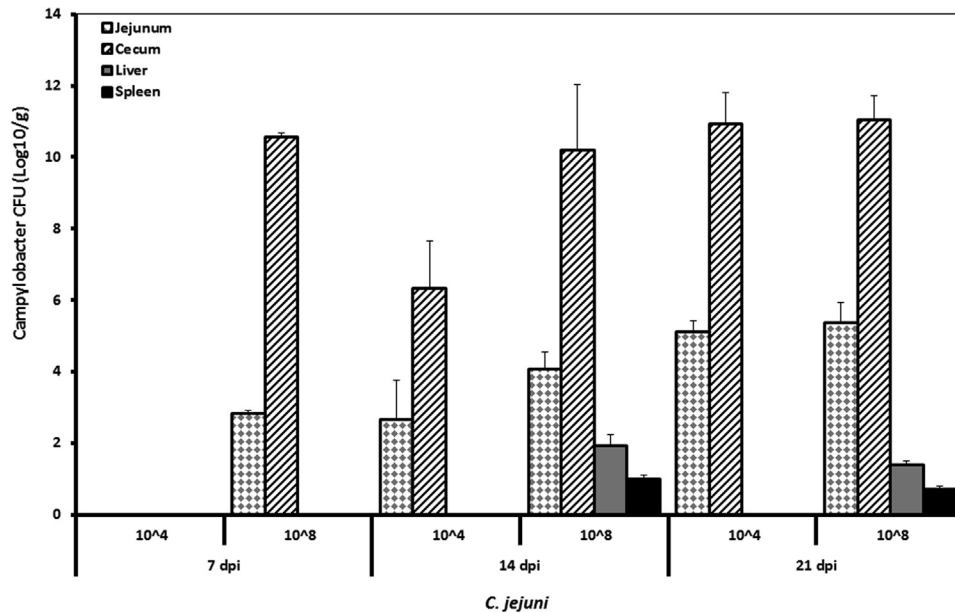


Figure 3. *C. jejuni* counts in the jejunum, cecum, liver, and spleen of infected birds at different times post infection. Results are presented as mean values and SEM (n = 5). Numbers of bacteria are expressed in logarithmic form of colony forming units (log CFU/g).

from jejunum and cecum of chickens at 7 dpi. However, no colonization of the gut by *C. jejuni* was found at 7 dpi of chickens infected with 10^4 which changed at 14 dpi (Figure 3). Both doses were similarly ($P > 0.05$) able to colonize the ceca of broilers to a high level at 21 dpi, with up to 0.9×10^{11} (low dose) and 1.16×10^{11} (high dose) CFU per gram, respectively. Furthermore, the bacterial load was higher in the jejunum (2.91×10^5 CFU/g) and cecum (1.16×10^{11} CFU/g) at 21 dpi compared with levels reached at 14 dpi in the jejunum (1.50×10^4 CFU/g) and cecum (1.97×10^{10} CFU/g) of chickens infected with 10^8 , respectively. Organ invasion of birds infected with a high dose of *C. jejuni* showed a marked difference compared with those birds receiving the low dose as liver and spleen invasion was only found in birds infected with the dose of 10^8 CFU, with values ranging from 0.5×10^1 to 0.85×10^2 .

***C. jejuni*-Associated Changes in Paracellular Permeability**

To elucidate whether permeation via the paracellular epithelial pathway is altered by *C. jejuni*, the fluxes of a known paracellular marker molecule, ^{14}C mannitol, was used. The unidirectional mucosa-to-serosa permeability of ^{14}C mannitol in jejunum and cecum is shown in Figure 4. The results revealed that *C. jejuni* exposure induces a significant increase in the flux of ^{14}C mannitol in the jejunum in a dose-dependent manner in all flux periods, indicating an increased paracellular leakage. There was a positive Pearson's rank correlation between *Campylobacter* dose and mannitol flux in the jejunum (Pearson's rank correlation coefficient: 0.407; $P < 0.01$). During the baseline period, there were significant differences in the flux of the marker molecule in the

cecum among the different groups. Furthermore, during the second flux period (from 60 to 90 min), a continuous increase in ^{14}C mannitol flux was found, most probably because of passive diffusion, confirming that the paracellular pathway is much more conductive than the transcellular route. Nevertheless, the impact of the high dose of *C. jejuni* was much more persistent, either in jejunum or cecum, compared with the lower dose, as there were significant differences throughout the experiment at all flux periods. A positive relationship between *Campylobacter* dose and mannitol flux could also be observed in the cecum (Pearson's rank correlation coefficient: 0.488; $P < 0.01$). Moreover, higher ($P < 0.001$) mannitol fluxes in the cecum in comparison to the jejunum were noticed, independent of the infection status.

DISCUSSION

C. jejuni is the most common reason of bacterial-mediated diarrheal disease in humans worldwide (EFSA, 2014; WHO, 2018). Chickens serve as a major source of human infections, and therefore, infected birds remain a major problem for the poultry industry (Wassenaar, 2011). Meunier et al. (2016) suggested that for reducing the incidence of campylobacteriosis in humans, avian colonization must be combatted, because it has been predicted that decreasing *Campylobacter* colonization of poultry by 2 to 3 log₁₀ could lead to a substantial decrease in human disease (Romero-Barrios et al., 2013).

Furthermore, despite increased efforts in recent years, there are significant gaps in our knowledge concerning the colonization strategies *Campylobacter* applies in chickens (Humphrey et al., 2014; Awad et al., 2014, 2018). Although such studies demonstrated a deleterious

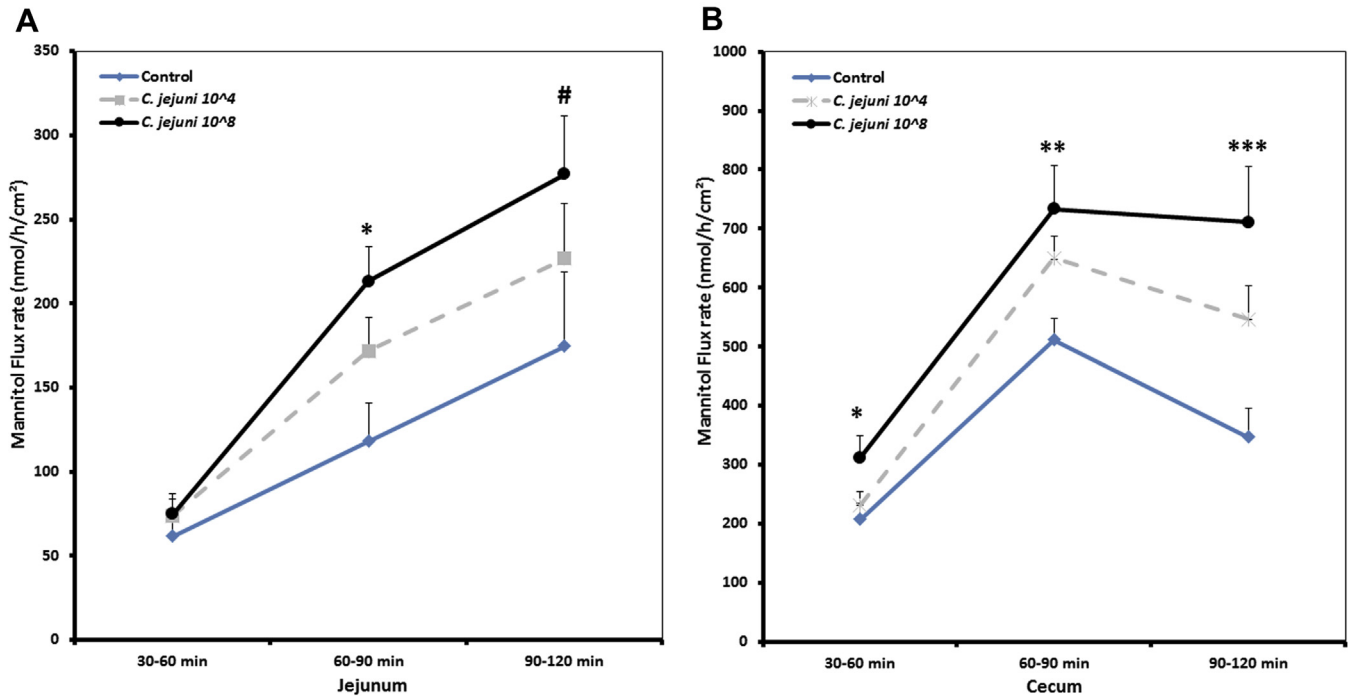


Figure 4. Effect of different doses of *C. jejuni* on paracellular permeability in jejunum (A) and cecum (B). Mucosal to serosal flux (J_{ms}) of the permeability marker ^{14}C -mannitol were performed in Ussing chambers. Data are presented as the mean values and SEM ($n = 10$). Asterisks mark differences with $P \leq 0.1$ (#), $P \leq 0.05$ (*), $P \leq 0.01$ (**), or $P \leq 0.001$ (***)

effect of *Campylobacter* on the gut barrier. The mechanisms behind are poorly understood especially considering different doses of *Campylobacter*. The infection doses used in the present study were intended to mimic the greatly varying levels of environmental contamination likely to occur under natural conditions (Kazwala, 1988). The findings revealed that the infective dose had an influence on the colonization of *C. jejuni* within the gut as the low dose resulted in delayed colonization, although both infected groups reached nearly the same level at 21 dpi. Likewise, Young et al. (1999) determined the dose–response curves for cecal colonization of chicks for 3 different isolates of *C. jejuni*, and they found that cecal colonization occurs when as little as 10^2 CFU of *Campylobacter* is orally inoculated into chicks.

Commonly, *C. jejuni* infection does not cause clinical symptoms in poultry, although behavioral changes were noticed in infected vs. noninfected flocks (Colles et al., 2016). Different studies also report a negative influence on BW following experimental infections, altogether reviewed by Awad et al. (2018). Again, an influence of *C. jejuni* on the BWG of chickens could be demonstrated in the actual study confirming results of earlier experiments. Nonetheless, the effect was dose-dependent and only noticed in chickens inoculated with a dose of 10^8 CFU/mL, whereas no significant effect during the 3-wk postinfection period was recorded in birds infected with the lower dose. Pearson's rank correlation analysis between the dose of *Campylobacter* and BW demonstrated an overall negative relationship.

The negative impact on BW might be directly correlated with a damage of epithelial cells or the induction

of an inflammatory response, altogether disturbing the absorptive capacity of chicken's intestine (Awad et al., 2018). In agreement with this, Young et al. (2007) suggested that transmigration across and invasion into intestinal epithelial cells during infection is a major reason of *C. jejuni*-triggered tissue damage.

In addition to absorbance, translocation of bacteria might also be influenced by disturbance of the gut barrier. Intestinal bacteria can gain access to the lamina propria via the paracellular route, in which bacteria translocate between disrupted epithelial tight junctions ("leaky gut") (Clayburgh et al., 2004). Organ invasion study with high dose of *C. jejuni* inocula showed a marked difference between *Campylobacter* isolates, indicating that different *C. jejuni* isolates do not only vary with regard to the colonization pattern of the gastrointestinal tract but also in the ability of extraintestinal spread (Young et al., 1999). A correlation between increased intestinal paracellular permeability and bacterial translocation was demonstrated in mice (Ferrier et al., 2003). Furthermore, bacteria have been observed within the paracellular space of polarized enterocyte monolayers (Nazli et al., 2004). Bacteria may also translocate transcellular across the intestinal epithelium, involving endocytic uptake followed by intracellular trafficking. Similarly, Swidsinski et al. (2002) observed the presence of commensal intestinal bacteria within the cytoplasm of enterocytes in human patients with inflammatory bowel disease, although the mechanism remains to be elucidated.

In agreement with a previous study (Awad et al., 2016b), translocation of *Campylobacter* could again be

demonstrated, and the present results indicate that *C. jejuni* could transmigrate across epithelial cells via the paracellular pathway, as evidenced by increasing fluxes of mannitol in the jejunum and cecum. Furthermore, this effect became more prominent in the cecum, as the cecum is the intestinal segment in which the paracellular permeability in general is quite high which was also confirmed in study. Additionally, in the present study, a positive association was found between *Campylobacter* dose and mannitol flux in both jejunum and cecum.

In conclusion, the results of the current study support the hypothesis that *C. jejuni* exacerbates the intestinal paracellular permeability with consequences on the translocation of bacteria across the mucosa and towards internal organs. Furthermore, all parameters investigated in the actual study indicated that the negative effect of *C. jejuni* on gut permeability is dose-dependent which is of importance for future studies.

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