

# Is peroxisome proliferator-activated receptor gamma (PPAR $\gamma$ ) a therapeutic target for the treatment of pulmonary hypertension?

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## ABSTRACT

Pulmonary hypertension (PH), a progressive disorder associated with significant morbidity and mortality, is caused by complex pathways that culminate in structural and functional alterations of the pulmonary circulation and increases in pulmonary vascular resistance and pressure. Diverse genetic, pathological, or environmental triggers stimulate PH pathogenesis culminating in vasoconstriction, cell proliferation, vascular remodeling, and thrombosis. We conducted a thorough literature review by performing MEDLINE searches via PubMed to identify articles pertaining to PPAR $\gamma$  as a therapeutic target for the treatment of PH. This review examines basic and preclinical studies that explore PPAR $\gamma$  and its ability to regulate PH pathogenesis. Despite the current therapies that target specific pathways in PH pathogenesis, including prostacyclin derivatives, endothelin-receptor antagonists, and phosphodiesterase type 5 inhibitors, morbidity and mortality related to PH remain unacceptably high, indicating the need for novel therapeutic approaches. Consequently, therapeutic targets that simultaneously regulate multiple pathways involved in PH pathogenesis have gained attention. This review focuses on peroxisome proliferator-activated receptor gamma (PPAR $\gamma$ ), a member of the nuclear hormone receptor superfamily of ligand-activated transcription factors. While the PPAR $\gamma$  receptor is best known as a master regulator of lipid and glucose metabolism, a growing body of literature demonstrates that activation of PPAR $\gamma$  exerts antiproliferative, antithrombotic, and vasodilatory effects on the vasculature, suggesting its potential efficacy as a PH therapeutic target.

**Key Words:** Peroxisome proliferator-activated receptor gamma, pulmonary hypertension, therapy

## INTRODUCTION

Pulmonary hypertension (PH) is a rare and progressive disorder with a prevalence of 15 cases per million.<sup>[1]</sup> The hemodynamic definition of PH requires elevation of the mean pulmonary artery pressure >25 mm Hg at rest or 30 mm Hg with exercise and a mean pulmonary-capillary wedge pressure or left ventricular end-diastolic pressure  $\leq$ 15 mm Hg. The World Health Organization (WHO) now classifies PH into five groups with similar disease mechanisms, histopathologic features and responses to treatment.<sup>[2]</sup> Current concepts suggest that PH pathogenesis involves three primary processes: vasoconstriction, cellular proliferation/vascular remodeling, and thrombosis.<sup>[3]</sup> Evolving evidence


suggests that peroxisome proliferator-activated receptor gamma (PPAR $\gamma$ ), a member of the nuclear hormone receptor superfamily of ligand-activated transcription factors, can favorably modulate cellular proliferation, vascular tone and coagulation. This review provides an overview of PPAR $\gamma$  and considers how PPAR $\gamma$  impacts these primary processes involved in PH pathogenesis.

A thorough literature review was conducted to identify articles pertaining to PPAR as a therapeutic target for the treatment of PH. We performed MEDLINE searches through PubMed in the National Library of Medicine to identify relevant articles. Articles accepted for review

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included full text journal articles, clinical trials, reviews, guidelines, and randomized controlled trials. Articles not accepted for review included letters, editorials and correspondence, and manuscripts published before 1985.

## PPAR $\gamma$ AND PH

### Overview of PPAR $\gamma$ biology

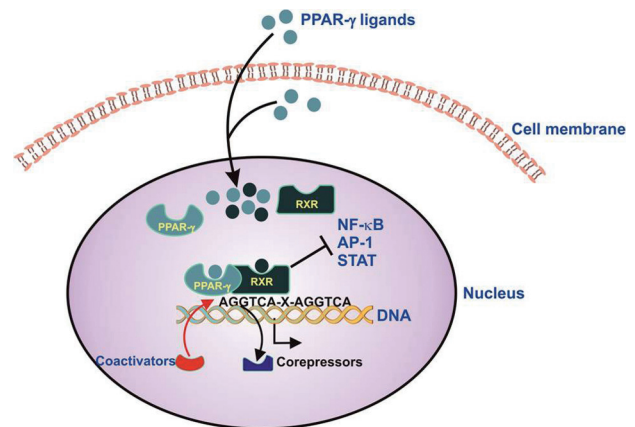
Peroxisome proliferator-activated receptors (PPARs) belong to subfamily 1 of the nuclear hormone receptor superfamily (Nuclear Receptors Nomenclature Committee, 1999). There are three distinct isoforms of PPARs ( $\alpha$ ,  $\beta/\delta$ , and  $\gamma$ ) that are expressed throughout the body and possess similar structural and functional features. PPARs are responsive to the lipid status of the cell and act as ligand-activated transcription factors. PPAR isoforms are distinguished by their tissue distribution, ligand specificity and target genes. PPAR $\alpha$  is most highly expressed in tissues with high catabolic rates such as the liver, kidney, heart, brown adipose tissue, and the intestine.<sup>[4,5]</sup> PPAR $\beta/\delta$  has the broadest expression pattern with the expression in many cases dependent on the degree of cell proliferation and differentiation.<sup>[4,6,7]</sup> PPAR $\gamma$  exists as two isoforms that differ in their N terminus. PPAR $\gamma$ 2 is found in adipose and PPAR $\gamma$ 1 is more widely expressed in tissues such as the brain, vascular tissues, small intestine, and lymphatic tissues.<sup>[4,8]</sup> Each PPAR isoform is preferentially activated by a wide range of naturally occurring or metabolized lipids derived from the diet or from intracellular signaling pathways, which include n-3 and n-6 family polyunsaturated fatty acids (PUFAs) and eicosanoid products of cyclooxygenase and lipoxygenase.

As illustrated in Figure 1, transcriptional regulation by PPARs requires the formation of heterodimers with retinoid X receptor (RXR) isoforms. PPARs typically form heterodimers with RXR $\alpha$  (RXR $\alpha$ ). PPAR:RXR heterodimers bind to DNA at sites composed of the hexameric direct repeat sequence, AGGTCA, separated by a single nucleotide. Gene regulation involves ligand-induced conformational changes in the PPAR receptor which mediate interaction with specific coactivator (e.g. steroid receptor coactivator-1 and p300) and corepressor molecules. Coactivator proteins possess either histone acetyltransferase activity or recruit other proteins with this activity to the transcription start site. Acetylation of histone proteins alters chromatin structure, facilitating the binding of RNA polymerase and the initiation of transcription.<sup>[9]</sup> PPAR $\gamma$  can also repress gene expression by interfering with the clearance of corepressors from selected promoters.<sup>[10]</sup> Due to their numerous metabolic and therapeutic actions, PPARs have become pharmacological targets. For example, PPAR $\alpha$  agonists

such as fibrate medications are used in the treatment of dyslipidemia and may have anti-inflammatory effects. PPAR $\beta/\delta$  selective agonists such as GW0742 augment high density lipoprotein (HDL) cholesterol and have been implicated in promoting tissue repair.<sup>[9-12]</sup> On the other hand, PPAR $\gamma$  agonists such as rosiglitazone and pioglitazone, used to treat type 2 diabetes, have beneficial effects in vascular disease in animal models.<sup>[11,12]</sup> These reports emphasize that ligands for PPAR receptors can exert diverse biological effects in numerous organs and tissues. Among these PPAR receptors, PPAR $\gamma$  is of particular interest in the pulmonary circulation.

### The role of altered PPAR $\gamma$ expression in PH

PPAR $\gamma$  is abundantly expressed in many cell types in the lung, including those of the pulmonary vascular wall such as endothelial and smooth muscle cells. Several studies indicate that expression of PPAR $\gamma$  is reduced by conditions associated with PH. Ameshima and colleagues were the first to demonstrate that compared to normal or chronic obstructive pulmonary disease (COPD) patients, patients with PH had significantly reduced or absent expression of PPAR $\gamma$  in precapillary arteriolar plexiform lesions.<sup>[13]</sup> PPAR $\gamma$  expression was markedly reduced in endothelial cells isolated from PH patients when compared to normal patients (unpublished observation). These clinical findings have also been corroborated using *in vivo* experimental models of PH. For example, PPAR $\gamma$  expression was reduced in pulmonary vascular lesions in the rat model of hypoxia-induced PH.<sup>[13,14]</sup> Similarly, using *in vitro* cell culture models, increased shear



**Figure 1:** Schematic illustration of PPAR $\gamma$ -mediated gene regulation. PPAR $\gamma$  ligands originating from outside or inside the cell bind to the PPAR $\gamma$  receptor, stimulating formation of a heterodimer with the retinoid X receptor (RXR). The PPAR $\gamma$ -RXR heterodimer binds to PPAR response elements (PPRE) comprising hexameric repeats of the sequence, AGGTCA-X-AGGTCA. This active heterodimer recruits coactivators to and/or derecruits corepressor molecules from the transcriptional start site, leading to increased transcription of selected genes. Activation of PPAR $\gamma$  can also inhibit the expression of genes regulated by specific proinflammatory transcription factors such as NF- $\kappa$ B, AP-1, and STAT

stress or hypoxia was demonstrated to directly alter PPAR $\gamma$  expression. Exposure of ECV304 endothelial cells to increased fluid shear stress decreased PPAR $\gamma$  expression.<sup>[13]</sup> Similarly, exposure of endothelial cells to 1% hypoxia decreased expression of PPAR $\gamma$ .<sup>[15]</sup> Collectively, these findings suggest that PPAR $\gamma$  expression is reduced in PH and that cells exposed to conditions that promote PH have decreased PPAR $\gamma$  expression. These reductions in PPAR $\gamma$  could contribute to an abnormal, proliferative, and apoptosis-resistant endothelial cell phenotype.

To further examine the role of PPAR $\gamma$  in pulmonary vascular biology, more recent studies have employed PPAR $\gamma$  knockout mice. Because global deletion of PPAR $\gamma$  results in embryonic lethality,<sup>[16]</sup> investigators have examined experimental animals with tissue-targeted deletion of PPAR $\gamma$ . For example, Guignabert and co-workers reported that targeted deletion of PPAR $\gamma$  in the vascular endothelium of mice (ePPAR $\gamma$ <sup>-/-</sup>) results in spontaneous PH with right ventricular hypertrophy and muscularization of small distal pulmonary arteries.<sup>[17]</sup> The ePPAR $\gamma$ <sup>-/-</sup> mice exposed to chronic hypoxia (10% O<sub>2</sub>) for 3 weeks developed a similar degree of PH as wild-type control mice. However, following cessation of hypoxia, PH persisted longer in the ePPAR $\gamma$ <sup>-/-</sup> mice compared to wild-type mice exposed to hypoxia, suggesting that reduced endothelial PPAR $\gamma$  signaling is sufficient to cause mild PH and impair recovery from chronic hypoxia exposure.<sup>[17]</sup> Targeted deletion of PPAR $\gamma$  from smooth muscle (smPPAR $\gamma$ <sup>-/-</sup>) also resulted in spontaneous PH in mice.<sup>[18]</sup> Microarray analysis of bovine pulmonary artery endothelial cells following treatment with a PPAR $\gamma$  antagonist revealed alterations in the expression of numerous genes including those that might stimulate cell cycle progression and proliferation.<sup>[19]</sup> Taken together, these reports suggest that loss of PPAR $\gamma$  function in pulmonary vascular wall cells stimulates PH pathogenesis.

### PPAR $\gamma$ activation ameliorates experimental PH

Mounting experimental evidence indicates that PPAR $\gamma$  stimulation ameliorates PH development in animal models of PH. Monocrotaline (MCT)-induced PH and vascular remodeling in the rat were attenuated by treatment with the PPAR $\gamma$  ligands, pioglitazone or troglitazone.<sup>[20]</sup> Interestingly, PPAR $\gamma$  ligands also inhibited MCT-induced vascular wall thickening and staining for proliferating cell nuclear antigen, suggesting that PPAR $\gamma$  ligands suppressed cell proliferation and vascular remodeling.<sup>[20]</sup> In Wistar-Kyoto rats exposed to continuous hypobaric hypoxia for 3 weeks, treatment with rosiglitazone attenuated hypoxia-induced right ventricular hypertrophy and vascular smooth muscle cell (VSMC) proliferation, as well as pulmonary vascular collagen and elastin deposition, infiltration of c-Kit-positive cells into the adventitia, and matrix metalloproteinase-2 (MMP-2) activity. In this

study, rosiglitazone failed to attenuate hypoxia-induced increases in pulmonary artery pressure, an observation attributed to the inability of PPAR $\gamma$  ligands to modulate Rho kinase signaling, a critical mediator of pulmonary vasoconstriction.<sup>[21]</sup> Hansmann and colleagues reported that ApoE knockout mice fed high fat diets developed significant increases in right ventricular systolic pressure, pulmonary vascular remodeling and right ventricular hypertrophy and that administration of PPAR $\gamma$  ligands in this model attenuated PH.<sup>[22]</sup> An elegant series of experiments in this model provided evidence that PPAR $\gamma$  ligands attenuated PH by inhibiting platelet derived growth factor (PDGF) signaling.

Male C57Bl/6 mice exposed to chronic hypoxia (10% O<sub>2</sub>) for 3 weeks developed PH that was attenuated by treatment with the PPAR $\gamma$  agonist, rosiglitazone (10 mg/kg/day by gavage) during the final 10 days of hypoxia exposure.<sup>[15]</sup> Rosiglitazone treatment also reduced hypoxia-induced right ventricular hypertrophy and muscularization of small pulmonary arterioles. From a therapeutic perspective, this study also demonstrated that rosiglitazone could reverse the established PH by introducing rosiglitazone treatment only after animals developed PH.<sup>[15]</sup> The mechanisms of these therapeutic effects were attributed to PPAR $\gamma$ -mediated reductions in Nox4 expression, oxidative stress, and PDGF signaling in the lung. Collectively, these reports indicate that PPAR $\gamma$  ligands attenuated pulmonary vascular remodeling and hypertension caused by a variety of stimuli in experimental models. The effect of alterations in PPAR $\gamma$  expression and activation on PH in various experimental models is summarized in Table 1. These studies have begun to identify specific pathways modulated by PPAR $\gamma$  in the pathogenesis of PH. Additional evidence, reviewed below, suggests that PPAR $\gamma$  has the potential to regulate a diverse spectrum of pathways and mediators implicated in PH. The ensuing section will consider how targeting PPAR $\gamma$  can potentially modulate additional pathways fundamental to the pathogenesis of PH.

## ASPECTS OF PH PATHOGENESIS THAT ARE POTENTIALLY REGULATED BY PPAR $\gamma$

### Vascular tone in PH

Common mechanisms in the pathogenesis of PH are endothelial dysfunction, reduced endothelial production of vasodilators, and increased production of vasoconstrictors leading to vasoconstriction and increased pulmonary vascular resistance. Recent advances in PH therapeutics have sought to promote vascular function by restoring vasodilator levels. For example, circulating levels of the

**Table 1: Current evidence linking PPAR $\gamma$  and pulmonary hypertension**

Author	Year	Ref. No.	Observation
Decreased PPAR $\gamma$ expression is associated with PH			
Ameshima	2003	13	PPAR $\gamma$ expression reduced in lung tissue from PH patients
Hansmann	2008	18	Shear stress decreased PPAR $\gamma$ expression in ECV304 cells
Guignabert	2009	17	Targeted smooth muscle PPAR $\gamma$ deletion in mice caused PH
Nisbet	2010	15	Targeted endothelial PPAR $\gamma$ deletion in mice caused PH
Kim	2010	14	Hypoxia decreased PPAR $\gamma$ in HPASMC and HPAEC
PPAR $\gamma$ activation reduced PH			
Matsuda	2005	19	Hypoxia decreased lung PPAR $\gamma$ in rat model
Crossno	2007	20	MCT-induced PH in rats attenuated by PPAR $\gamma$ ligands
Hansmann	2008	22	Hypoxia-induced vascular remodeling in rats attenuated by PPAR $\gamma$ ligands
Nisbet	2010	15	High fat diet-induced PH in Apo-E deficient mice attenuated by PPAR $\gamma$ ligands
Kim	2010	14	Hypoxia-induced PH and vascular remodeling in mice attenuated by PPAR $\gamma$ ligands

vasodilator, prostacyclin, are decreased in PH,<sup>[23]</sup> and the administration of prostacyclin or its analogues represents a significant advance in PH therapy.<sup>[24]</sup> Nitric oxide (NO)-mediated vasorelaxation is also impaired in PH.<sup>[25]</sup> Phosphodiesterase type 5 inhibitors which prolong NO-mediated increases in cGMP are now employed in selected patients with PH.<sup>[24]</sup> Conversely, levels of vasoconstrictors such as endothelin-1 (ET-1) and thromboxane (TXA<sub>2</sub>) are increased in PH patients.<sup>[26]</sup> By blocking these vasoconstrictive effects, both endothelin receptor antagonists and calcium channel blockers comprise additional strategies in the current PH therapeutic armamentarium. In addition to altering vascular tone, these agents may also modulate structural changes in the pulmonary vasculature and vascular remodeling, sequelae of vascular injury and increased intraluminal pressure or flow. While the current therapies target individual mediators or mechanisms in PH pathogenesis, PPAR $\gamma$  may simultaneously modulate several of these pathways involved in PH pathogenesis as described below.

### Prostacyclin

As a critical regulator of pulmonary vascular function, the endothelial-derived mediator, prostacyclin, is a potent vasodilator that inhibits platelet aggregation and exerts anti-inflammatory, anti-thrombotic, and anti-proliferative vascular effects.<sup>[27]</sup> Overexpression of prostacyclin synthase protected mice from chronic hypoxia-induced PH, whereas prostacyclin-receptor deficient mice were sensitized to hypoxia-induced PH.<sup>[28]</sup> Prostacyclin synthase expression was reduced in the pulmonary arteries of patients with severe PH compared to normal subjects, and the vascular endothelium was found to be the major site of lung vascular prostacyclin synthase expression.<sup>[29]</sup> In patients with PH, prostacyclin derivatives decreased urinary isoprostane metabolites, an index

of oxidative stress, without altering TXA<sub>2</sub>.<sup>[30]</sup> Currently, augmenting prostacyclin levels constitutes a therapeutic strategy in PH, but the precise cellular mechanisms responsible for prostacyclin-mediated benefits remain to be defined. The classical signaling pathway activated by prostacyclin involves binding the G-protein coupled cell surface prostacyclin receptor (IP), which when activated, stimulates adenylyl cyclase and increases cellular cAMP content. However, prostacyclin and its analogues can also activate PPAR receptors including PPAR $\delta$  and PPAR $\gamma$  to mediate biological effects.<sup>[31,32]</sup> Activation of the PPAR $\gamma$  receptor with thiazolidinedione also reduced systemic vascular production of the potent vasoconstrictor, thromboxane,<sup>[33]</sup> and attenuated iNOS and Cox-2 upregulation.<sup>[34]</sup> These reports emphasize that PPAR $\gamma$  can regulate prostanoid production and that additional studies will be required to determine if PPAR $\gamma$  can regulate prostacyclin and its metabolites in the pulmonary circulation.

### Nitric oxide

In addition to prostacyclin, NO represents an additional endothelium-derived vasodilator whose bioavailability is reduced in PH.<sup>[35,36]</sup> Downregulation of the enzyme that produces nitric oxide, endothelial nitric oxide synthase (eNOS), has been described in PH in some studies,<sup>[37]</sup> whereas others report unchanged or increased levels of the enzyme. (More consistent evidence demonstrates that endothelium-derived, NO-mediated vasodilation is impaired in models of PH.) Thus, it is likely that reductions in NO bioavailability in PH are more closely related to post-translational alterations in eNOS regulation and/or enhanced NO degradation rather than reduced eNOS expression. The critical role of NO bioavailability in PH is supported by the evidence that genetic deletion of eNOS enhanced susceptibility to hypoxia-induced PH,<sup>[38]</sup>

a defect reversed by adenoviral-mediated transfection of the pulmonary vasculature with eNOS.<sup>[39]</sup> Furthermore, overexpression of eNOS attenuated hypoxia-induced PH.<sup>[40]</sup> In addition, NO inhalation improves pulmonary hemodynamics and quality of life in a subset of patients with PH,<sup>[41]</sup> and recent advances in cell-based eNOS gene transfer to the lung have demonstrated that eNOS can reverse the established PH in animal models and facilitate restoration of the pulmonary microvasculature.<sup>[42]</sup>

NO is produced constitutively in vascular endothelial cells from the amino acid, L-arginine, by the Type III, eNOS isoform. Enzyme activity is largely regulated by intracellular Ca<sup>2+</sup>, cofactor availability, and eNOS post-translational modifications including phosphorylation and interaction with other proteins such as caveolin and heat shock protein 90 (hsp90).<sup>[43]</sup> Derangements in eNOS phosphorylation and interactions between eNOS and caveolin have been reported in PH. PPAR $\gamma$  ligands can affect these post-translational pathways.<sup>[44,45]</sup> PPAR $\gamma$  increased endothelial NO release by reducing the inhibitory interaction between eNOS and caveolin, increasing interactions between eNOS and the molecular chaperone, hsp90, and enhancing phosphorylation of eNOS on serine 1177, all post-translational modifications associated with enhanced eNOS activity.<sup>[46,47]</sup> PPAR $\gamma$  agonists can increase NO bioavailability by blunting the degradation of inducible nitric oxide synthase (iNOS) and by decreasing serum levels of asymmetric dimethylarginine (ADMA), the endogenous inhibitor of NOS.<sup>[48-50]</sup>

Once produced, endothelial-derived NO reduces: 1) vascular tone,<sup>[51]</sup> 2) platelet activation and aggregation,<sup>[52]</sup> 3) stimulated vascular smooth muscle proliferation,<sup>[53]</sup> and 4) leukocyte adherence.<sup>[54]</sup> To exert these biological effects, NO must diffuse into the vascular wall where its activity may be limited by local concentrations of superoxide. Superoxide combines at diffusion-limited rates with NO, forming the potent oxidant, peroxynitrite, thereby reducing the vascular protective effects of NO and enhancing oxidative stress. Peroxynitrite also oxidizes the NOS cofactor, tetrahydrobiopterin.<sup>[55]</sup> Deficiency of tetrahydrobiopterin alters electron flow through eNOS to molecular oxygen rather than arginine, producing superoxide rather than NO, a condition referred to as eNOS uncoupling. Enhanced superoxide production in the vascular wall may, therefore, reduce NO bioavailability through multiple mechanisms. As a result, NO bioavailability can be regulated not only by the rate of NO formation, but also by the rate of NO degradation. Thus, increased superoxide generation constitutes an important mechanism of NO inactivation and endothelial dysfunction in the vascular wall. Current evidence indicates that PPAR $\gamma$  can stimulate endothelial NO release and simultaneously

reduce superoxide generation in vascular endothelial cells, suggesting that PPAR $\gamma$  ligands could enhance NO bioavailability and the vascular protective effects of NO to favorably modulate vasoconstriction and PH.<sup>[46,47]</sup>

### Endothelin-1

The potent vasoconstricting polypeptide, ET-1, has been implicated in PH pathogenesis. ET-1 receptors are upregulated in the lung in both animal models and patients with PH.<sup>[25]</sup> ET-1, as well as endothelium-derived reactive oxygen species (ROS), attenuated NO-dependent pulmonary vasodilation, following exposure to chronic hypoxia in isolated rat lungs.<sup>[56]</sup> ET-1-induced pulmonary vasoconstriction was markedly reduced by administration of Cu/Zn superoxide dismutase and was completely attenuated in gp91phox deficient mice.<sup>[57]</sup> These findings suggest that NADPH oxidase and superoxide play an important role in pulmonary vascular effects of ET-1. ET-1 receptor antagonists have been employed in patients with PH to improve functional status and other indices of PH related morbidity,<sup>[56]</sup> further suggesting that ET-1 is an important mediator of pulmonary vascular dysregulation. Emerging evidence in several disease states indicates that PPAR $\gamma$  activation attenuates ET-1 signaling. PPAR ligands inhibited ET-1 secretion by vascular endothelial cells *in vitro*.<sup>[57-60]</sup> Similarly, in non-diabetic patients with metabolic syndrome, treatment with rosiglitazone reduced several markers of vascular inflammation including plasma levels of ET-1 and improved markers of metabolic control, while lowering blood pressure and improving flow-mediated vasodilation.<sup>[61]</sup> PPAR $\gamma$  activation also reduced hypertrophy and anti-apoptotic effects caused by ET-1 in cardiac myocytes *in vitro* through altered nuclear factor of activated T cells (NFAT) signaling. Treatment with PPAR $\gamma$  ligands in several rat models of hypertension reduced ET-1 expression in cardiac and vascular tissues.<sup>[62]</sup> Collectively, these findings suggest that PPAR $\gamma$  activation can attenuate expression of ET-1 in cardiovascular tissues in response to a variety of stimuli and can attenuate ET-1-mediated signaling in selected models. Potential pathways by which PPAR $\gamma$  regulates vascular tone are illustrated in Figure 2.

### Abnormal vascular remodeling, inflammation, and cell proliferation in PH

Remodeling of the pulmonary vasculature can reduce its cross-sectional diameter and compliance, increase pulmonary vascular resistance, and contribute to sustained PH. Studies examining the molecular mechanisms underlying pulmonary vascular remodeling have implicated growth factor pathways as well as matrix remodeling in the development and progression of PH.<sup>[63]</sup> Inflammation also plays a significant role in altered pulmonary vascular function during the development

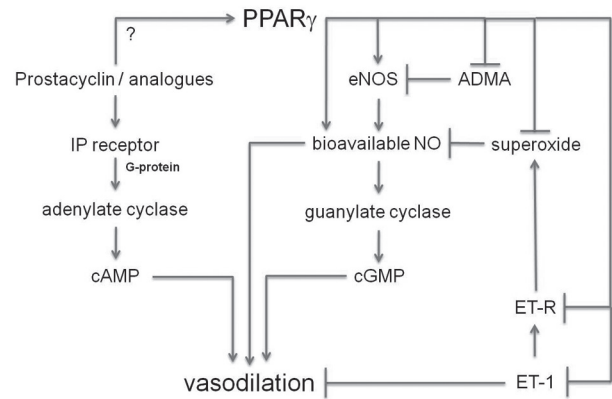
of PH.<sup>[64]</sup> Inflammatory markers are elevated in PH, and the plexiform lesions that characterize severe PH are surrounded by macrophages, T and B lymphocytes, and dendritic cells.<sup>[65]</sup> These cells may exacerbate PH by releasing growth factors, ROS and additional cytokines.<sup>[66]</sup> Chemokines such as CX3CL1, CCL5 and MCP-1 which recruit inflammatory cells are elevated in PH patients.<sup>[67-69]</sup> Therefore, agents that target the generation of these oxidative and inflammatory stimuli in the pulmonary vascular wall may reduce vascular dysfunction and attenuate the development or progression of PH. Relationships between PPAR $\gamma$  and these complex pathways implicated in PH pathogenesis are illustrated in Figure 3.

### NADPH oxidases

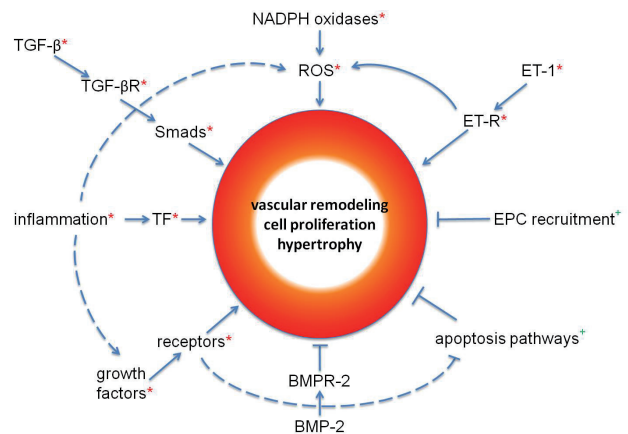
NADPH oxidases, a major source of superoxide production in the vasculature, have been implicated in PH and contribute to endothelial dysfunction and vascular cell proliferation.<sup>[70,71]</sup> Originally described in phagocytic cells, the gp91phox-based NADPH oxidase is a multicomponent, membrane-associated, enzyme that catalyzes the one electron reduction of oxygen to superoxide, using NADH or NADPH as the electron donor.<sup>[70]</sup> The classical phagocytic NADPH oxidase is composed of several components or subunits including the membrane-bound gp91phox (Nox2) and p22phox subunits as well as the cytosolic p47phox and p67phox subunits that, when stimulated, combine with the small G-protein, rac, and translocate to the membrane to activate the enzyme complex. On the other hand, in nonphagocytic cells, the catalytic moiety of NADPH oxidases is composed of one or more Nox2 homologues, Nox 1, 3, 4, 5, Duox1 or Duox2.<sup>[72]</sup> These Nox homologues associate with the membrane-bound p22phox subunit and are differentially regulated and targeted to distinct subcellular loci, suggesting that these oxidases serve unique roles in cell function. Nox1 and 3 are activated through interactions with rac and the p47phox and p67phox homologues, NOXA1 and NOXO1.

Current evidence indicates that Nox4 expression is increased in hypoxia-induced PH in the mouse and in the pulmonary vasculature of patients with PH.<sup>[15,73]</sup> Nox4 is highly expressed in vascular wall cells including smooth muscle and endothelial cells where it is constitutively active.<sup>[74]</sup> Furthermore, hypoxia increased Nox4 expression and pulmonary artery smooth muscle cell (PASMC) proliferation,<sup>[73]</sup> and Nox4 stimulated the proliferation of endothelial and smooth muscle cells.<sup>[75]</sup> Hypoxia stimulated Nox4 expression and cell proliferation in the mouse lung *in vivo* and in human pulmonary artery endothelial cell (HPAEC) and human pulmonary artery smooth muscle cell (HPASMC) *in vitro*.<sup>[15]</sup> Treatment with rosiglitazone during the last 10 days of hypoxia exposure reduced Nox4 levels and ROS production and attenuated

hypoxia-induced PH, right ventricular hypertrophy and vascular remodeling. Similarly, rosiglitazone attenuated hypoxia-induced Nox4 expression and proliferation in human PAEC and PASMC *in vitro*. Taken together, these findings suggest that NADPH oxidases are important mediators of cell proliferation and vasoconstriction in PH that can be regulated by PPAR $\gamma$  [summarized in Figure 4].



**Figure 2:** Potential pathways by which PPAR $\gamma$  regulates vascular tone. Activation of PPAR $\gamma$  potentially modulates several pathways involved in the regulation of vascular tone. In addition, prostacyclin or its analogues may activate PPAR $\gamma$ . Arrowheads at the end of lines denote stimulatory effects, whereas perpendicular lines denote inhibitory effects. (ADMA – Asymmetric dimethyl arginine; cAMP – Cyclic adenosine nucleotide monophosphate; cGMP – Cyclic guanosine nucleotide monophosphate; eNOS – Endothelial nitric oxide synthase; ET-1 – Endothelin-1; ET-R – Endothelin-1 receptor; NO – Nitric oxide; IP receptor – Prostacyclin receptor)

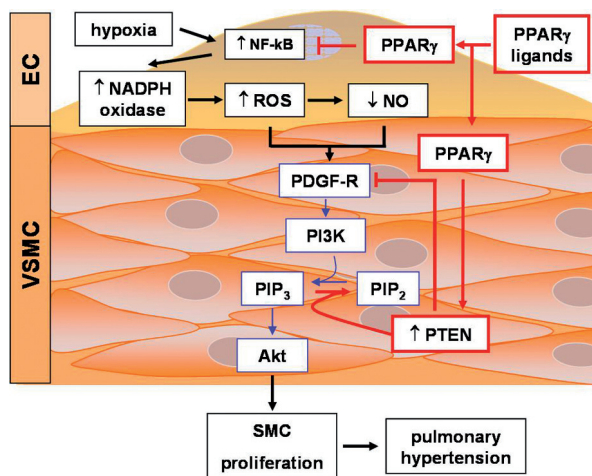


**Figure 3:** Potential pathways by which PPAR $\gamma$  regulates vascular remodeling, cell proliferation and hypertrophy in PH. PPAR $\gamma$  has the potential to regulate a complex variety of pathways that are involved in remodeling of the pulmonary vasculature during the development of PH. Arrowheads at the end of lines denote stimulatory effects, whereas perpendicular lines denote inhibitory effects. \*Pathway components that are inhibited by PPAR $\gamma$ , +pathway components that are stimulated by PPAR $\gamma$ . (BMP-2 – Bone morphogenetic protein-2; BMPR-2 – BMP-2 receptor; EPC – endothelial progenitor cell; ET-1 – Endothelin-1; ET-R – Endothelin-1 receptor; ROS – Reactive oxygen species; TF – Inflammatory transcription factors (e.g. NF- $\kappa$ B); TGF- $\beta$  – Transforming growth factor beta; TGF $\beta$ R – TGF- $\beta$  receptor)

Although increases in Nox4 mRNA levels were associated with increased Nox4 activity,<sup>[76]</sup> detailed understanding of Nox4 transcriptional regulation remains to be established. Nox4 induction has been reported in response to diverse stimuli including hypoxia in kidney and ischemia in brain.<sup>[71]</sup> In smooth muscle cells, activators of Nox4 transcription include urokinase, plasminogen activator, angiotensin II, transforming growth factor-beta 1 (TGF)- $\beta$ 1, and tumor necrosis factor (TNF)- $\alpha$ .<sup>[77]</sup> In contrast, in endothelial cells, oscillatory shear stress<sup>[78]</sup> and PPAR $\gamma$  activation<sup>[79]</sup> suppressed Nox4 mRNA levels. However, few studies have examined regulatory elements in the Nox4 promoter. Hypoxia stimulated activation of the Nox4 promoter in part through nuclear factor (NF)- $\kappa$ B-mediated signaling and enhanced p65 binding to the Nox4 promoter which increased Nox4 expression and activity.<sup>[80]</sup> Furthermore, treatment with rosiglitazone inhibited hypoxia-induced Nox4 expression and activity, proliferation, and p65–Nox4 promoter interaction.<sup>[80]</sup> HIF-1 $\alpha$  and the E2F family transcription factors also activated the Nox4 promoter although their regulation by PPAR $\gamma$  at this site has yet to be confirmed.<sup>[81]</sup> Based on evidence that Nox4 stimulates smooth muscle and endothelial cell proliferation, these findings suggest that activation of PPAR $\gamma$  can attenuate the proliferation of pulmonary vascular wall cells that may participate in the pathogenesis of PH.<sup>[82]</sup> Coupled with the ability of NADPH oxidases to attenuate NO bioavailability, Nox4, in particular, and NADPH oxidases, in general, may be an important target of PPAR $\gamma$  amelioration of PH.

## PDGF signaling

PDGF participates in PH pathogenesis. Two genes (A and



**Figure 4:** The effects of PPAR $\gamma$  activation on chronic hypoxia-induced PH and PDGF signaling. PPAR $\gamma$  activation decreases oxidative stress and hypoxic vasoconstriction by blunting hypoxia-induced increases NADPH oxidase expression and decreases in NO, respectively. PPAR $\gamma$  stimulated PTEN expression blocks PDGF-mediated vascular smooth muscle cell proliferation. Arrowheads at the end of lines denote stimulatory effects, whereas perpendicular lines denote inhibitory effects

B) produce three biologically active forms of PDGF protein (AA, AB, and BB).<sup>[83,84]</sup> These proteins activate one or more PDGF receptors ( $\alpha\alpha$ ,  $\alpha\beta$ , or  $\beta\beta$ ) to stimulate cell migration and survival. Ligand binding promotes PDGF receptor tyrosine autophosphorylation and subsequent activation of several downstream signaling pathways including Src, phosphatidylinositol 3 kinase (PI3K), phospholipase C $\gamma$ , and Ras. These signaling pathways are largely activated by recruitment of these enzymes to PDGF-R SH-2 domains. The composition of the downstream signaling pathways activated by PDGF and their integration into specific cellular responses continue to be defined.<sup>[85]</sup> Although the expression of PDGF and its receptors is limited in the vascular wall at baseline, several pathological stimuli, including alterations in blood pressure and shear stress, induce peptide and receptor expression.<sup>[84]</sup> PDGF receptor expression was increased in the lungs of patients with PH, and the PDGF receptor antagonist, imatinib, reversed MCT- or hypoxia-induced PH in rodents and improved pulmonary vascular resistance and exercise capacity in a patient with severe idiopathic PH.<sup>[86-88]</sup> PPAR $\gamma$  ligands attenuated hypoxia-induced PDGF activation in a mouse model of PH *in vivo*.<sup>[15]</sup> Coupled with reports that NO inhibits PDGF signaling and that PPAR $\gamma$  ligands inhibit PDGF-stimulated VSMC migration *in vitro*,<sup>[89-91]</sup> these studies suggest that PPAR $\gamma$  can regulate important proliferative signaling pathways in experimental PH, including those activated by PDGF.

PDGF receptor activity can also be regulated by phosphatase and tensin homologue deleted on chromosome 10 (PTEN), a dual specificity phosphatase that dephosphorylates both lipid and protein substrates.<sup>[92]</sup> PTEN catalyzes the removal of the phosphate moiety from the 3-position of the phosphatidylinositol ring, converting the second messenger, PI(3,4,5)P $_3$ , to PI(4,5)P $_2$ .<sup>[93]</sup> PTEN and PI3K thereby have opposing actions on cellular levels of PI(3,4,5)P $_3$ . PTEN also dephosphorylates the PDGF receptor. Because PDGF receptor activation mediates cell proliferation and migration in part through stimulation of PI3K, PTEN can inhibit PDGF signaling both at the receptor and through lowering of PI(3,4,5)P $_3$  levels, thereby lowering the activity of PI3K-related downstream mediators such as the protein kinase B, Akt, which mediates survival, growth, and proliferative signals by inhibiting apoptosis.

PTEN activity is regulated at the transcriptional and post-translational level. At the transcriptional level, pathological stimuli such as ischemia reduced PTEN expression and promoted hypertrophy and remodeling.<sup>[94,95]</sup> Limited evidence suggests that NF- $\kappa$ B activation may lead to suppression of PTEN expression.<sup>[96,97]</sup> On the other hand, the PTEN promoter contains two PPAR response elements, and several studies demonstrated that PPAR $\gamma$  ligands

stimulated PTEN expression.<sup>[98,99]</sup> Furthermore, PTEN overexpression reduced VSMC proliferation and migration and inhibited injury-induced vascular remodeling *in vivo*.<sup>[100,101]</sup> PTEN activity is inhibited by ROS which reversibly oxidize cysteine residues in the phosphatase active site.<sup>[102,103]</sup> In fact, NADPH oxidase-derived ROS facilitated PDGF signaling by inhibiting PTEN.<sup>[104]</sup> These reports suggested that chronic hypoxia caused sustained PI3K/Akt activation, in part, through the generation of NADPH oxidase-derived ROS that stimulated PDGF and inhibited PTEN signaling pathways. A recent report confirmed that chronic hypoxia increased PDGF receptor activation and reduced PTEN expression in the lung.<sup>[15]</sup> Furthermore, treatment with rosiglitazone attenuated hypoxia-induced PDGF receptor activation and restored PTEN levels in hypoxic mice to levels comparable to control animals. The ability of PPAR $\gamma$  ligands to simultaneously stimulate PTEN expression and lower oxidative stress-induced PTEN inactivation while attenuating PH provides a unique strategy to lower PDGF receptor phosphorylation and activation and reduce cellular PI(3,4,5)P $_3$  levels. These integrated effects may contribute to the ability of PPAR $\gamma$  to attenuate pulmonary VSMC proliferation and hypertrophy as well as vascular remodeling caused by chronic hypoxia. A hypothetical schema depicting relationships between PPAR $\gamma$ , NADPH oxidase, PDGF, and PTEN is provided in Figure 4.

## ALTERED BONE MORPHOGENETIC PROTEIN (BMP) AND TGF- $\beta$ 1 SIGNALING IN PH

BMP and TGF- $\beta$ 1 belong to the TGF beta superfamily of growth factors which are involved in multiple cellular processes including proliferation, differentiation, inflammation, and immunity.<sup>[105,106]</sup> All TGF- $\beta$  superfamily ligands are generated as inactive dimeric precursor proteins that are subsequently cleaved by proteases, activated and secreted.<sup>[105]</sup> The ligands bind to one of two types of serine/threonine kinase receptors (type I and II) causing Smad substrate recruitment, phosphorylation, transduction of intracellular signals and nuclear translocation.<sup>[106-108]</sup> Approximately 70% of patients with familial pulmonary arterial hypertension and 11–40% with idiopathic pulmonary arterial hypertension (IPAH) have germline mutations in bone morphogenetic protein receptor-2 (BMPR-2), a receptor needed for normal vascular development.<sup>[109]</sup> BMPR-2 expression is decreased in some PH cases without identified BMPR mutation.<sup>[110]</sup> In comparison to unaffected patients, IPAH patients have altered cellular growth responses to TGF- $\beta$ 1 and BMP signals which favor VSMC proliferation.<sup>[106,111]</sup> Specifically, in IPAH patients, TGF- $\beta$ 1 induces a heightened SMC

proliferative response and BMP signaling fails to confer an expected antiproliferative and proapoptotic effect.<sup>[49]</sup> TGF- $\beta$ 1 signaling is responsible for pulmonary artery remodeling in rat models as evidenced by the attenuation of SMC migration and muscularization of small pulmonary arteries that occurred upon the inhibition of the TGF- $\beta$ 1 receptor activin like kinase-5 (ALK-5).<sup>[112]</sup>

Cell culture experiments reveal that TGF- $\beta$ 1 promotes smooth muscle proliferation via an autocrine induction of PDGF and Nox4.<sup>[113]</sup> Mechanistically, Nox4-derived ROS may cause transient oxidative inactivation of counterbalancing phosphatases involved in kinase-based cell growth cascades, effectively promoting cell cycle transition and proliferation. Nox4 and TGF- $\beta$ 1 signaling are closely linked and both increase in response to hypoxia and mediate proliferation of HPASMC *in vitro*.<sup>[15,114]</sup> Specifically, TGF- $\beta$ 1 was found to be the proximal mediator of HPASMC proliferation through a cascade involving sequential signaling of phosphatidylinositol 3-kinase (PI3K) and serine/threonine kinase (Akt) phosphorylation, insulin-like growth factor binding protein-3 (IGFBP-3), and Nox 4.<sup>[114]</sup> Dominant negative mutations of the TGF- $\beta$  type II receptor ameliorated hypoxia-induced pulmonary vascular remodeling in mice, supporting the role of TGF- $\beta$ 1 in promoting PH through enhanced cellular proliferation.<sup>[115,116]</sup>

Several lines of evidence suggest that PPAR $\gamma$  activation can modulate TGF- $\beta$ 1 signaling through Smad-dependent and Smad-independent mechanisms. For example, both natural (15d-PGJ $_2$ ) and synthetic (ciglitazone and rosiglitazone) PPAR $\gamma$  ligands inhibited the profibrotic effects of TGF- $\beta$ 1 on human lung fibroblasts in a Smad-independent manner as evidenced by blunted myofibroblast differentiation and collagen I synthesis.<sup>[117]</sup> Adenoviral PPAR $\gamma$  gene overexpression similarly decreased fibroblast to myofibroblast differentiation, collagen I and III production in alkali burned mouse corneas.<sup>[118]</sup> In this study, PPAR $\gamma$  overexpression also reduced TGF- $\beta$ 1 mRNA transcription in fibroblasts, cultured macrophages, and epithelial cells. In other studies, PPAR $\gamma$  agonists prevented TGF- $\beta$ 1 induced mesangial and hepatic stellate cell activation and extracellular matrix secretion.<sup>[119,120]</sup> Finally, PPAR $\gamma$  activation inhibited TGF- $\beta$ 1-mediated Smad 3 phosphorylation and induction of connective tissue growth factor expression, a key regulator of extracellular matrix production and neointima formation following vascular injury.<sup>[121]</sup> These findings emphasize that PPAR $\gamma$  modulation of TGF- $\beta$ 1 signaling is cell type and context specific and that PPAR $\gamma$  agonists may blunt abnormal TGF- $\beta$ 1/BMP-2 signaling and resultant pulmonary vascular remodeling in PH. Additional pathways by which PPAR $\gamma$  regulates cellular proliferation and vascular remodeling are summarized in Figure 4.



## Matrix alterations

PH involves remodeling of pulmonary vessels with muscularization of nonmuscular distal arterioles, proliferation and migration of VSMC, and increased production of extracellular matrix proteins including fibronectin, collagen, and elastin.<sup>[122,123]</sup> Alterations in matrix composition may be related to increased matrix degradation resulting from an imbalance in the matrix metalloproteinases-tissue inhibitor of metalloproteinases system (MMP-TIMP) with deposition of collagen, elastin, fibronectin, and tenascin-C.<sup>[122]</sup> Inhibition of MMPs and elastase prevented the progression and actually induced regression of vascular remodeling in an experimental model of PH.<sup>[122]</sup> In addition, the elastase inhibitor, elafin, protected mice from chronic hypoxia-induced PH.<sup>[124]</sup> Recent evidence indicates that the PPAR $\gamma$  ligand, rosiglitazone, attenuated and reversed vascular remodeling in rat and mouse models of chronic hypoxia-induced PH.<sup>[15,21]</sup> Rosiglitazone decreased collagen production and elastin deposition and increased MMP-2 activity. Treatment with PPAR $\gamma$  ligands has also been associated with attenuation of matrix deposition in disorders other than PH.<sup>[125-127]</sup> Taken together, these reports suggest that therapeutic mechanisms of PPAR $\gamma$  activation in PH could involve attenuation of matrix deposition and remodeling in the pulmonary vasculature.

## Inflammation

Several lines of evidence implicate inflammation in the pathobiology of PH. Despite the heterogeneity of disease conditions that lead to PH, similar inflammatory cell types can be found in the plexiform vascular lesions in patients with IPAH and PH associated with connective tissue disease and HIV. Perivascular mononuclear cell infiltrates comprising macrophages, T and B lymphocytes, and dendritic cells are reported in patients with PH.<sup>[64,66,68]</sup> Circulating markers of inflammation are also increased in patients with PH.<sup>[128]</sup> Proinflammatory cytokines and growth factors such as IL-1, IL-6, PDGF, epidermal growth factor (EGF), and vascular endothelial growth factor (VEGF) are increased and contribute to mitogenic and chemoattractant events in the vascular wall in PH.<sup>[64]</sup> Chemokines that mediate inflammation by recruiting leukocytes, monocytes, and T cells to the vascular wall are increased in patients with PH. Chemokines, including fractalkine (CX3CL1), regulated upon activation, normal T-cell expressed and secreted (RANTES), and monocyte chemoattractant protein-1 (MCP-1), also promote pulmonary vascular remodeling in PH.<sup>[64,68]</sup> Fractalkine is directly associated with pulmonary artery SMC proliferation in MCT-induced PH in the rat,<sup>[129]</sup> and both RANTES<sup>[68]</sup> and MCP-1<sup>[130]</sup> may indirectly contribute to mitogenesis and vasoconstriction by inducing endothelin converting enzyme-1 (ECE-1) and ET-1.

The stimulation of these inflammatory pathways and their modulation by PPAR $\gamma$  likely occurs at the level of transcriptional regulation. The transcription factor, NFAT, is upregulated in the pulmonary artery walls and circulating inflammatory cells of PH patients. NFAT, a master activator of T cells, regulates the expression of many inflammatory genes. In PAH, increases in NFAT confer a proliferative and apoptosis resistant phenotype on PASMC by increasing bcl-2, mitochondrial hyperpolarization, and downregulating voltage-gated potassium channels (Kv1.5).<sup>[131]</sup> Common stimuli of PH such as hypoxia cause inflammatory responses in the pulmonary vasculature. PPAR $\gamma$  is expressed in T cells, macrophages, leukocytes, and dendritic cells, suggesting that its activation could modulate inflammation in the pulmonary vasculature that contributes to the development of PH. Studies demonstrate that PPAR $\gamma$  ligands attenuate inflammation in numerous models.<sup>[132]</sup> PPAR $\gamma$  activation reduced macrophage recruitment and inflammatory mediator production, impaired dendritic cell priming of T cells, as well as T lymphocyte proliferation and viability. PPAR $\gamma$  ligands also induced regulatory T cells which downregulate immune responses.<sup>[133,134]</sup> Current evidence indicates that these anti-inflammatory effects of PPAR $\gamma$  are mediated not through transactivation of specific target genes, rather through physical binding to other proinflammatory transcription factors such as NF- $\kappa$ B, AP-1, and STAT, leading to suppression of these proinflammatory transcriptional pathways. The precise mechanisms of these transrepression effects remain to be completely defined but may involve ligand-dependent SUMOylation of PPAR $\gamma$  which targets the receptor to corepressor complexes on the promoters of inflammatory genes preventing proteosomal degradation of the corepressors and thereby causing inhibition of inflammatory gene expression.<sup>[10]</sup>

## Apoptosis

Apoptosis is an important process whereby selected cells are programmed for death and removal.<sup>[135]</sup> Apoptosis counterbalances cell proliferation and mitotic division in a cascade of events involving caspase activation and protein cleavage, nuclear DNA fragmentation, cytoplasmic condensation, cell fragment sequestration and formation of apoptotic bodies.<sup>[136]</sup> Ineffective apoptosis contributes to the pathology of diseases including some malignancies, autoimmunity and persistent infections. Deregulated apoptosis, on the other hand, may be implicated in atherosclerosis and other cardiovascular diseases.<sup>[136]</sup> Triggers for apoptosis include, but are not limited to Fas death receptor stimulation by Fas ligand, recognition of cells with DNA damage, abnormal cellular migration and proliferation, ROS, angiotensin type 2, and BMP-2.<sup>[135]</sup>

The pulmonary artery SMCs of patients with PAH demonstrated increased tendency to proliferate and exhibited resistance to normal apoptotic signals such as bone morphogenetic protein-2 (BMP-2).<sup>[137]</sup> Accordingly, germline mutations in BMPR-2 significantly contribute to disease pathogenesis in 70% of patients with familial PAH.<sup>[109]</sup> Impaired apoptosis and proliferation of PASMC may result from increases in the apoptosis inhibitor, survivin, and the sequential occurrences: hyperpolarization of mitochondria, increased HIF-1 $\alpha$  transcription and nuclear translocation, and decreased Kv1.5 voltage-gated potassium channel expression.<sup>[131]</sup> These derangements in the regulation of apoptosis in pulmonary vascular wall cells likely contribute to the increased cell proliferation and migration characteristic of the remodeled pulmonary vasculature in PH.<sup>[135]</sup> PPAR $\gamma$  agonists promote apoptosis of proliferating VSMCs in an extracellular signal-related kinase 1/2 (ERK 1/2) - independent manner that may involve interferon regulatory factor-1 (IRF-1) or activation of the proapoptotic genes, p53 and Gadd 45.<sup>[138,139]</sup> PPAR $\gamma$  agonists also induce apoptosis in endothelial cells in a PPAR $\gamma$ -dependent manner.<sup>[140]</sup> Similarly, pulmonary artery endothelial cells derived from patients with IPAH displayed a proliferative, apoptosis-resistant phenotype associated with enhanced STAT 3 signaling, and PPAR ligands reduced STAT 3 signaling.<sup>[141,142]</sup> Taken together, these studies indicate that multiple pathways can lead to an apoptosis-resistant phenotype in pulmonary vascular wall cells during the development of PH and that PPAR $\gamma$  may counterbalance these proliferative pathways by stimulating apoptosis.

### Progenitor cell recruitment

Endothelial progenitor cells (EPCs) are bone marrow-derived cells that are mobilized into the systemic circulation in response to ischemia or vascular injury.<sup>[143]</sup> The role of EPCs in vascular repair, vascular homeostasis, and formation of new blood vessels continues to be defined.<sup>[144]</sup> Clinical trials suggest that EPCs may serve as markers of vascular dysfunction and cardiovascular disease.<sup>[145,146]</sup> Because endothelial dysfunction participates in the pathogenesis of PH, EPCs may play a role in pulmonary vascular disease.<sup>[147]</sup> The endogenous erythropoietin system recruits EPCs to the lung in experimental PH in mice.<sup>[148]</sup> Furthermore, mesenchymal stem cells overexpressing eNOS or EPCs expressing adrenomedullin attenuated MCT-induced PH in rats.<sup>[149]</sup> These reports suggest that migration of EPCs to the pulmonary vasculature during experimental PH can exert beneficial effects. PPAR $\gamma$  agonists facilitate the differentiation of angiogenic progenitor cells into EPC.<sup>[150]</sup> PPAR $\gamma$  agonists also increased the number and migratory activity of EPC in patients with type 2 diabetes and impaired endothelial function and increased EPC migratory activity and reduced EPC apoptosis in

mice.<sup>[151]</sup> Collectively, these reports suggest that PPAR $\gamma$  ligands might stimulate EPC to reduce pulmonary vascular dysfunction and reduce PH.

### Thrombosis in PH

Pulmonary artery thrombosis is a common pathologic finding occurring in 48–56% of patients with IPAH.<sup>[152,153]</sup> Thrombosis can also be found in other forms of PH associated with collagen vascular disease, HIV, portal hypertension, drugs and anorexigens. Thrombotic lesions in IPAH can be eccentric or concentric and usually occur *in situ* in peripheral muscular arteries where they form lesions that result from mural organization of thrombi.<sup>[49,153]</sup> Thrombosis is in large part due to abnormal platelet activation and endothelial dysfunction which results in coagulation and loss of counterbalancing antifibrinolytic mechanisms.<sup>[152,153]</sup> Shear stress from elevated pulmonary pressures may contribute to endothelial injury and release of mediators of coagulation.<sup>[49]</sup> Accordingly, patients with IPAH have increased serum levels of coagulation mediators including plasminogen activator inhibitor type-1 (PAI-1),<sup>[154]</sup> Von Willebrand factor (vWF),<sup>[155]</sup> fibrinopeptide A,<sup>[156]</sup> and factor VIIIc.<sup>[157]</sup> The abnormal platelet activation in PH can be attributed to increases in platelet-derived thromboxane (TXA<sub>2</sub>) and decreased levels of endothelial derived prostacyclin (PGI<sub>2</sub>) and nitric oxide synthase (eNOS).<sup>[158]</sup> Collectively, these imbalances favor coagulation and platelet aggregation which ultimately predisposes patients with PH to the development of thrombosis.

PPAR $\gamma$  agonists modulate platelets' immunoregulatory and proinflammatory functions and favorably affect vascular patency. Platelets release a variety of proinflammatory mediators and cytokines including prostaglandin E1, TGF- $\beta$ , IL-1B, PAI-1, and CD 40.<sup>[48]</sup> For example, the CD 40 ligand is a transmembrane protein expressed on stimulated CD4+ T cells and platelets,<sup>[159,160]</sup> whose expression can be reduced by PPAR $\gamma$  ligands.<sup>[48,161]</sup> CD 40 ligand is associated with platelet activation and increased risk for cardiovascular disease.<sup>[48,159,160]</sup> Upon platelet activation, the CD 40 ligand is released and promotes the expression of vasoactive, inflammatory, and thrombotic mediators including cyclooxygenase-2 (COX-2), prostaglandins, TNF- $\alpha$ , IFN- $\gamma$ , tissue factor, MMPs, selected interleukins, chemokines, and multiple adhesion molecules.<sup>[48,159-161]</sup> Thus, CD 40 receptor–ligand binding links platelet activation and vascular inflammation to hemostasis and increased risk for intravascular thrombosis. *In vitro*, thiazolidinediones decreased platelet CD 40 ligand expression and release.<sup>[159]</sup> *In vivo* experiments confirmed that diabetic mice treated with pioglitazone had decreased CD 40 expression after platelet activation.<sup>[162]</sup> These studies demonstrate that PPAR $\gamma$  agonists modulate platelet immunoregulatory and hemostatic function by attenuating CD 40 expression.

Since PPAR $\gamma$  belongs to a nuclear receptor superfamily of transcription factors, historically PPAR $\gamma$  expression was thought to be limited to nucleated cells. However, Akbiyik and colleagues reported that platelets contain PPAR $\gamma$ .<sup>[159]</sup> Given that platelets have no nucleus and express no PPAR $\gamma$  mRNA, PPAR $\gamma$  agonists may affect platelet function through non-transcriptional pathways such as modulation of intracellular signaling or platelet–protein interactions. For example, two studies reported that pioglitazone delayed the onset of iatrogenic arterial thrombosis in animal models.<sup>[163,164]</sup> The mechanisms for these PPAR $\gamma$  effects may include attenuation of platelet activation as evidenced by reductions in soluble and platelet bound P-selectin,<sup>[48,162]</sup> CD 40 ligand,<sup>[49,159]</sup> and TXA<sub>2</sub>,<sup>[49,159]</sup> or to direct effects of PPAR $\gamma$  ligands on vascular endothelium and its production of platelet regulators. PPAR $\gamma$  agonists also decreased adenosine diphosphate and arachidonic acid-induced platelet aggregation,<sup>[159,163]</sup> ATP production,<sup>[163]</sup> and increased nitric oxide-mediated activation of fibrinolysis and inhibition of coagulation.<sup>[163,165]</sup> Other proposed anti-thrombotic mechanisms involve PPAR $\gamma$ -induced increases in prostacyclin,<sup>[164]</sup> thrombomodulin,<sup>[163]</sup> as well as decreases in PAI-1 and fibrinogen.<sup>[166,167]</sup> In summary, PPAR $\gamma$  ligands likely decrease platelet activation and aggregation through direct effects on platelets and cells of the vascular wall that stimulate endothelial and platelet-derived vasodilatory mediators to maintain vascular patency and blood flow.

## CONCLUSIONS AND FUTURE DIRECTIONS

The evidence reviewed above suggests that PPAR $\gamma$  can participate in the regulation of numerous pathways implicated in PH pathogenesis. Activation of PPAR $\gamma$  can reduce vasoconstriction, vascular remodeling and inflammation, and thrombosis that contribute to the generation and progression of PH. Studies employing animal models of PH have demonstrated that tissue-targeted deletion of PPAR $\gamma$  in vascular wall cells can promote PH while activation of PPAR $\gamma$  with exogenous ligands attenuated PH or vascular remodeling in MCT- or hypoxia-induced rodent models of PH.<sup>[14,15,17,20-22]</sup> The limitations of these animal models have been recently reviewed emphasizing that the performance of pharmacological tools in the treatment of common experimental models of PH in rodents may not accurately translate to the treatment of human PAH.<sup>[168]</sup> The investigation of PPAR $\gamma$  ligands in recently reported rodent models which more closely reproduce pathological changes seen in the pulmonary arteries of patients with advanced PAH provides an experimental strategy that might circumvent some of the limitations of common existing models.<sup>[169]</sup>

Based on the findings in this review, the next step in the evaluation of PPAR $\gamma$  as a therapeutic target in PH would appear to be clinical trials employing PPAR $\gamma$  ligands in patients with PH. The abundant evidence reviewed above that PPAR $\gamma$  ligands can favorably modulate many pathological pathways and mediators involved in PH would support this position. In addition, the current availability of synthetic thiazolidinedione PPAR $\gamma$  ligands (rosiglitazone and pioglitazone) for the treatment of type 2 diabetes in the United States suggests that clinical trials could be expedited. However, recent findings surrounding potential adverse cardiovascular events in diabetic patients taking rosiglitazone emphasize the need for caution before employing this agent in PH patients with preexisting cardiopulmonary disease.<sup>[170,171]</sup> In contrast, clinical studies with pioglitazone in diabetic patients have reported a lowered risk for adverse cardiovascular endpoints.<sup>[172-175]</sup> These reports emphasize that individual PPAR $\gamma$  ligands may regulate unique patterns of gene expression that differentially modulate cell and tissue function. Thus, the therapeutic potential of strategies targeting PPAR $\gamma$  will be optimized by future studies that must determine not only the relevant molecular pathways that are altered by PPAR $\gamma$  in a ligand-specific manner, but also the cellular site of action of any ligand and its relative dependence on the PPAR $\gamma$  receptor. Evidence supporting successful therapy of PH with existing PPAR $\gamma$  ligands could also stimulate the development of novel pharmacological PPAR $\gamma$  ligands with enhanced therapeutic efficacy and/or reduced side effects.

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