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Structure and function of the human apoptotic scramblase Xkr4

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32 **Abstract**

33 Phosphatidylserine externalization on the surface of dying cells is a key signal for their recognition
34 and clearance by macrophages and is mediated by members of the X-Kell related (Xkr) protein
35 family. Defective Xkr-mediated scrambling impairs clearance, leading to inflammation. It was
36 proposed that activation of the Xkr4 apoptotic scramblase requires caspase cleavage, followed by
37 dimerization and ligand binding. Here, using a combination of biochemical approaches we show
38 that purified monomeric, full-length human Xkr4 (hXkr4) scrambles lipids. CryoEM imaging
39 shows that hXkr4 adopts a novel conformation, where three conserved acidic residues create an
40 electronegative surface embedded in the membrane. Molecular dynamics simulations show this
41 conformation induces membrane thinning, which could promote scrambling. Thinning is ablated
42 or reduced in conditions where scrambling is abolished or reduced. Our work provides insights
43 into the molecular mechanisms of hXkr4 scrambling and suggests the ability to thin membranes
44 might be a general property of active scramblases.

45 Introduction

46 In resting eukaryotic cells, the composition of the plasma membrane (PM) leaflets is [1-3]. The
47 outer leaflet is primarily composed of phosphatidylcholine (PC) and sphingomyelin (SM) whereas
48 the inner leaflet contains the negatively charged lipid phosphatidylserine (PS),
49 phosphatidylethanolamine (PE), and phosphatidylinositols (PI's, PIP's) [1-3]. This asymmetry is
50 generated by the activity of flippases and floppases, ATP-driven and lipid-specific pumps that
51 respectively belong to the P-type ATPase and ABC transporter superfamilies and is essential for
52 cellular homeostasis and membrane integrity. Phospholipid scramblases catalyze the rapid, non-
53 specific, and bi-directional translocation of phospholipids between the two leaflets. At the PM,
54 activation of scramblases causes loss of compositional asymmetry and results in the externalization
55 of the signaling PE and PS lipids on the cell surface, which is a key trigger in multiple
56 physiological processes, such as blood coagulation, membrane fusion or repair, and apoptosis [1-
57 4].

58 Apoptosis is a highly organized and tightly regulated process where the activation of
59 caspases leads to morphological changes of cells such as shrinkage, DNA fragmentation, blebbing,
60 PS externalization, and cell death[5-7]. Apoptotic cells and their released fragments are identified
61 and cleared by macrophages via dedicated PS receptors in a process called efferocytosis [8, 9].
62 Failure of efferocytosis, which can be caused by impaired PS externalization, leads to necrosis,
63 where the release of intracellular components incites inflammatory and immunogenic reactions,
64 which can lead to autoimmune responses or other pathological states [10-12].

65 The family of X Kell-related (Xkr) membrane proteins are evolutionarily conserved from
66 nematodes to humans, and the human genome encodes for 9 homologues, Xkr1-9 [13]. Three
67 human homologues, Xkr4, Xkr8, and Xkr9, and CED-8 from the nematode *Caenorhabditis*
68 *elegans* were shown to mediate apoptotic scrambling in cells [14, 15]. Mutations and/or deletion
69 of Xkr genes contribute to autoimmune disorders, such as systemic lupus erythematosus, favor
70 inflammation, asthma, and lung cancer [16-21], further highlighting their importance in human
71 physiology. Consistent with their broad physiological importance, the localization of Xkrs is
72 variable: whereas Xkr8 is ubiquitously expressed, Xkr9 is predominantly expressed in the
73 intestine, and Xkr4 localizes to the brain, nervous system, and eyes [14, 15, 22]. Mutations in Xkr4
74 affect cerebellar development [23], and have been implicated in neurological disorders such as
75 Attention-Deficit/Hyperactivity Disorder (ADHD) [24] and substance abuse [25].

76 During apoptosis, the effector caspases, Casp3 in mammalian cells and CED-3 in *C.*
77 *elegans* [7], cleave Xkr scramblases at a C- (in Xkr4, -8 and -9) [14, 15] or N-terminal site (in
78 CED-8) [14, 26] to activate them and enable scrambling (Fig. 1 Supp. 1a). In Xkr8, constitutive,
79 caspase independent scrambling is enabled by phosphorylation at three C-terminal residues [27],
80 suggesting that cleavage is not strictly required for activation. It has been proposed that, following
81 activation, Xkr4 and -8 oligomerize to scramble lipids [22, 28] (Fig. 1 Supp. 1b). Additionally, it
82 has been suggested that Xkr4 activation also requires binding of a peptide from the nuclear DNA
83 repair protein XRCC4 [22] and of extracellular Ca^{2+} [29]. However, full length or processed Xkr8
84 and -9 purify as monomers, and no scrambling activity was detected on their reconstitution in
85 proteoliposomes [30, 31]. Further, the Xkr1 homologue, which lacks a caspase recognition site
86 [15], functions in complex with VPS13 [32-34], and scrambles lipids when purified and
87 reconstituted in liposomes [35].

88 The architecture of Xkr proteins was revealed by the recent cryoEM structures of detergent
89 solubilized Xkr9 from *Rattus norvegicus* (rXkr9, PDBID: 7P14) [31] and of human Xkr8 (hXkr8,
90 PDBID: 8XEJ) in complex with its ancillary subunit Basigin in detergent micelles and nanodiscs
91 [30, 36]. Both structures were determined with the aid of antibodies to facilitate cryoEM imaging.
92 We will use the hXkr8 as our reference since this homologue has been functionally characterized
93 in greater detail, and the structures are very similar ($C\alpha$ r.m.s.d. ~ 1.38 Å). The Xkrs are comprised
94 of 8 transmembrane helices (TM1-8) and 3 reentrant helices (IH1-3) arranged in two internal
95 repeats of 4 TM helices and 1 hairpin (termed ND and CD, Fig. 1 Supp. 1c). Two hydrophobic,
96 lipid filled, cavities, termed C1 and C2, are formed at the interface between the ND and CD repeats
97 (Fig. 1 Supp. 1d, e) [30, 31]. The C1 cavity is constricted at the intracellular side by TM2, IH3 and
98 by the C-terminal helix (Fig. 1 Supp. 1d). The C2 cavity, located on the opposite side of the protein,
99 is hydrophobic and shallow (Fig. 1 Supp. 1e). The TM1 and TM3 in the ND contain several
100 conserved polar and charged residues (Fig. 1 Supp. 1f). It has been proposed that upon activation
101 of hXkr8, the TM1 and TM3 separate exposing these hydrophilic residues to the membrane core
102 so that they could form a stairway for the lipid headgroups to move between leaflets [30], in a
103 mechanism reminiscent of the credit card model of scrambling [37]. However, in the hXkr8 and
104 rXkr9 cryoEM structures, these residues are isolated from the membrane by the close juxtaposition
105 of TM1 and TM2s (Fig. 1 Supp. 1f) and cannot directly interact with lipids. No conformational
106 rearrangements were seen in caspase processed rXkr9, besides the lack of the cleaved C-terminal

107 helix [31], suggesting the known Xkr conformation might represent an inactive state. These
108 residues were also shown to play a role in scrambling by hXkr4 [29]. However, their proposed role
109 was to form a Ca²⁺ binding site whose occupancy prevents dynamic rearrangements of the TM1
110 and TM3 helices of the ND repeat, a process inferred to facilitate scrambling [29].

111

112 To gain insights into the basis of apoptotic scrambling by an active Xkr protein, we purified
113 and functionally reconstituted the human Xkr4 (hXkr4) and CED-8 from *C. elegans*, which
114 mediate apoptotic scrambling in cells [14, 15]. Both purified proteins mediate lipid scrambling
115 when reconstituted in proteoliposomes, with properties that are modulated by physico-chemical
116 properties of the membranes, such as thickness and rigidity, as expected for scramblases [38, 39].
117 Unexpectedly, we found that full-length hXkr4 and CED-8 scramble lipids and a construct
118 corresponding to the N-terminally processed CED-8 is also active with properties similar to those
119 of the wildtype protein. Using lipid vesicle native mass spectrometry (nMS) [40, 41] we show that
120 full length hXkr4 is a monomer in liposomes and binds to the acidic phospholipids PS and PIP2.
121 Thus, neither caspase cleavage nor oligomerization is required for function. We used cryoEM to
122 determine the structure of hXkr4 alone and found that this active scramblase adopts a novel
123 conformation, where the occlusion of the C1 cavity is relieved by a rotation of the ND and CD
124 repeats. The ND also undergoes internal rearrangements which result in opening of a vestibule to
125 the extracellular solution and in an altered electrostatic profile at the protein-membrane interface.
126 Molecular dynamics (MD) simulations show that hXkr4 in the cryoEM conformation distorts and
127 thins the membrane at the ND vestibule. This membrane thinning is more pronounced in lipid
128 compositions where scrambling activity is favored, and is not seen in simulations of an AlphaFold2
129 [42] model of hXkr4 in an hXkr8-like conformation with a closed C1 cavity and ND vestibule. In
130 silico mutagenesis experiments support the notion that the charged stairway residues in the ND
131 vestibule play a role in scrambling. Our results reveal a novel conformation of the Xkr4 apoptotic
132 scramblase and provide insight into their scrambling mechanism.

133

134 **Results**

135 **Full length hXkr4 scrambles lipids**

136 To test whether Xkr proteins are scramblases we sought to purify and functionally reconstitute
137 them in proteoliposomes. A screen of GFP-tagged family members using fluorescence size

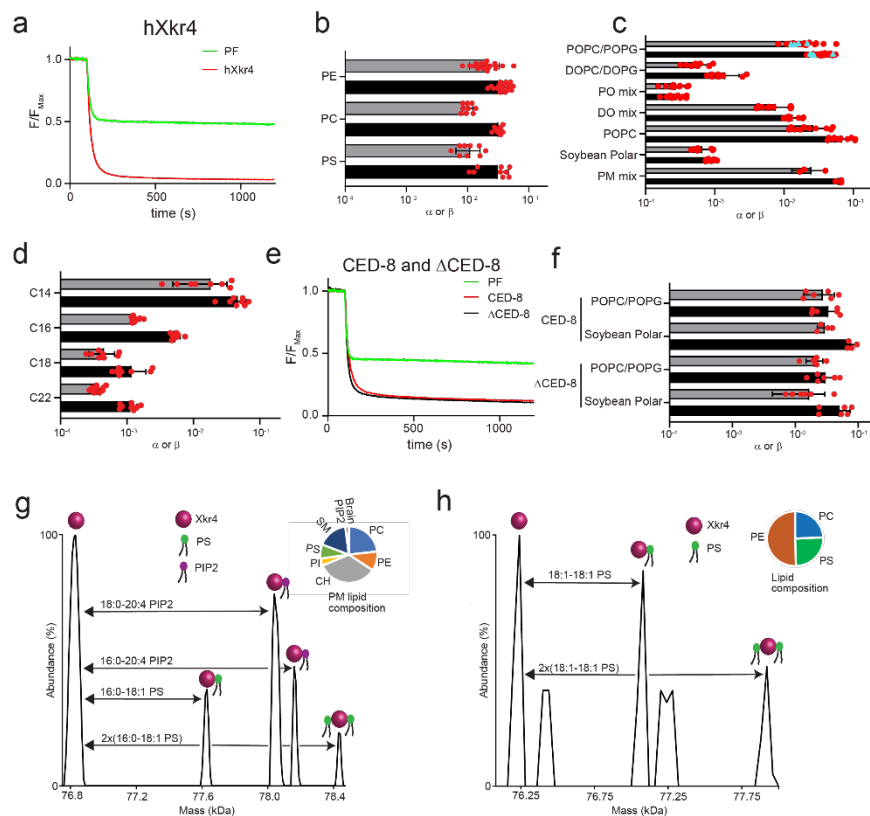
138 exclusion chromatography (FSEC) [43, 44] identified human Xkr4 (hXkr4, MW ~71kDa) as a
139 promising candidate (Fig. 1 Supp. 2a). hXkr4 mediates apoptotic scrambling in cells [15, 22, 29]
140 and has a C-terminal caspase cleavage site distal from the membrane (Fig. 1 Supp. 1a). On a
141 calibrated size exclusion chromatography column, purified full length hXkr4 in 0.05% (w/v)
142 dodecyl- β -D-maltoside (DDM)- 0.01% (w/v) cholesteryl hemisuccinate (CHS) and 0.001% lauryl
143 maltose neopentyl glycol (LMNG)- 0.0001% CHS elutes with a main peak at an elution volume
144 consistent with a monomer (Fig. 2 Supp. 1a). We used a well-characterized *in vitro* assay [45, 46]
145 to determine whether hXkr4 is a lipid scramblase (Fig. 1 Supp. 2b). Briefly, proteoliposomes
146 reconstituted with trace amounts of acyl-chain labeled NBD-phospholipids (NBD-PLs) are treated
147 with the membrane-impermeant, reducing agent dithionite which can access and irreversibly
148 reduce only NBD fluorophores in the extraliposomal leaflet (Fig. 1 Supp. 2b). Therefore, in
149 protein-free liposomes (Fig. 1a, Fig. 1 Supp. 2c) or in proteoliposomes with a non-scramblase
150 protein, such as the CLC-ec1 exchanger (Fig. 1 Supp. 2d), only ~50% reduction in fluorescence is
151 seen. In proteoliposomes containing an active scramblase a more pronounced fluorescence loss is
152 observed as inner leaflet labeled lipids are scrambled to the outer leaflet (Fig. 1 Supp. 2b) [45, 46].
153 We reconstituted hXkr4 in proteoliposomes formed from a 7:3 mixture of 1-Palmitoyl-2-oleoyl-
154 sn-glycero-3-phosphocholine/ 1-Palmitoyl-2-oleoyl-sn-glycero-3-[6 phospho-rac-(1-glycerol)]
155 (POPC/POPG). Addition of dithionite leads to a pronounced fluorescence loss which reaches ~75-
156 80% at steady state (Fig. 1a) with macroscopic scrambling rate constants of $\sim 3.9 \times 10^{-2} \text{ s}^{-1}$ (Fig. 1b-
157 c), which are comparable to those of the nhTMEM16 and afTMEM16 scramblases in the presence
158 of Ca^{2+} [45, 47]. Similar results were obtained using a BSA back-extraction assay [48] (Fig. 1
159 Supp. 2e, f), indicating that reconstituted hXkr4 does not allow entry of dithionite into the
160 liposomes by mediating ion transport or by destabilizing the membrane. Thus, purified full-length
161 hXkr4 is a lipid scramblase.

162

163 **Caspase cleavage is not required for the *in vitro* activity of Xkr4 and CED-8**

164 To investigate the role of caspase cleavage in scrambling mediated by purified Xkr proteins we
165 incubated hXkr4 with purified CASP3 [49]. However, the processed protein was unstable and
166 could not be functionally reconstituted. Similarly, expression of a construct corresponding to the
167 caspase processed hXkr4 (residues 1-564) was insufficient for functional analyses. To circumvent
168 these limitations, we purified full-length CED-8, the *C. elegans* Xkr homologue, and Δ CED-8

169 which lacks the first 21 N-terminal residues and corresponds to the caspase processed construct
 170 [14, 26]. Reconstitution of full-length CED-8 and of Δ CED-8 in liposomes formed from soybean
 171 polar, or POPC/POPG lipids shows both constructs are active scramblases with similar scrambling
 172 rate constants ($\sim 4 \times 10^{-2} \text{ s}^{-1}$) in both lipid compositions (Fig. 1e, f), which are comparable to those
 173 of hXkr4 (Fig. 1c). These results show that caspase cleavage is not required for the *in vitro*
 174 scrambling activity of hXkr4 and CED-8. While surprising, these findings are consistent with
 175 reports showing that purified full-length Xkr1 also scrambles lipids [35] and that Xkr8 can mediate
 176 caspase-independent scrambling in cells [27].
 177



178

179 **Figure 1 Characterization of hXkr4 and CED-8 in proteoliposomes.** a) Representative traces of the dithionite
 180 induced fluorescence decay in the scrambling assay for protein free liposomes (green) and hXkr4 (red) reconstituted
 181 in 7:3 POPC:POPG mixed membranes. b) Forward (α) and reverse (β) scrambling rate constants of hXkr4 reconstituted
 182 in 7:3 POPC:POPG mixed membranes doped with NBD-labeled PE, PC, or PS lipids. c-d) Forward (α) and reverse
 183 (β) scrambling rate constants of hXkr4 reconstituted in membranes with different composition (c) or with fixed 7 PC:
 184 3 PG headgroup and different acyl chain length (d). e) Representative traces of the dithionite induced fluorescence
 185 decay in the scrambling assay for protein free liposomes (green), CED-8 (red), and Δ CED-8 (black) reconstituted in
 186 7:3 POPC:POPG mixed membranes. f) Forward (α) and reverse (β) scrambling rate constants of CED-8 and Δ CED-
 187 8 in liposomes formed from 7:3 POPC:POPG or Soybean Polar lipids. Bars in panels (b, c, d, f) are averages for α
 188 (α) and β (β) ($N \geq 3$), error bars are S. Dev., and red circles are values from individual repeats. g-h) g)
 189 Deconvoluted mass plot obtained from nMS analysis of hXkr4 from PM-mimicking liposomes (g) or from 2:1:1

190 DOPE:DOPC:DOPS (DO mix) liposomes. The relative lipid composition is given in the pie charts (insets) and in
191 Supplementary Table 1.
192

193 **Modulation of hXkr4 scrambling activity by membrane properties**

194 The activity of many scramblases, such as the TMEM16s and GPCRs, is characterized by poor
195 selectivity for the headgroups of the transported lipids and by a sensitivity to changes in membrane
196 properties [38, 39, 45, 47, 48, 50-52]. Therefore, we tested whether hXkr4 shares these
197 characteristics. We found that it scrambles tail-labeled PE, PC and PS lipids with similar rate
198 constants (Fig. 1b, Fig. 1 Supp. 2c), indicative of poor headgroup selectivity. Then we measured
199 its scrambling rate constants in liposomes formed from the following membrane compositions:
200 100% POPC, two simple headgroup mixtures, 7:3 PC:PG and 2:1:1 PE:PC:PS lipids with DO or
201 PO acyl tails (referred to as DO-mix and PO-mix), a complex mixture mimicking the composition
202 of the plasma membrane (referred to as PM-like) [40, 41] (Supplementary Table 1), and soybean
203 polar lipid extract (Fig. 1c, Fig. 1 Supp. 2c). hXkr4 activity is maximal in pure POPC, 7:3
204 POPC:POPG or PM-like liposomes ($\alpha, \beta \sim 3.2-7.0 \times 10^{-2} \text{ s}^{-1}$), is intermediate in vesicles formed from
205 DO-mix and 7 DOPC: 3 DOPG ($\alpha, \beta \sim 1-10 \times 10^{-3} \text{ s}^{-1}$), and is nearly ablated in Soybean polar and
206 PO-mix lipids ($\alpha, \beta < 10^{-3} \text{ s}^{-1}$) (Fig. 1c). Next, we tested how changes in membrane thickness from
207 ~ 32 to $\sim 41 \text{ \AA}$ [38] affect hXkr4 scrambling by systematically changing the acyl chain length, from
208 14 to 22 carbons (C14 to C22), of the 7:3 PC:PG mix. We found that scrambling is maximal in
209 C14 lipids, slightly slower in C16 lipids, and is reduced ~ 30 -fold in the C18 and C22 lipids (Fig.
210 1d, Fig. 1 Supp. 2c). Thus, like other scramblases, hXkr4 does not select among transported lipid
211 headgroups, is impaired in thicker membranes, and by POPE-containing membranes that facilitate
212 the formation of liquid-ordered domains. These results show that membrane composition is a
213 critical regulator of hXkr4 function, but that no specific effects can be ascribed to lipid acyl chain
214 saturation or headgroup composition. These functional properties closely mirror those of
215 TMEM16 scramblases [38, 47, 48].

216

217 **Monomeric hXkr4 is a functional scramblase**

218 Our experiments show that hXkr4 purifies as a monomer (Fig. 1 Supp. 2a, Fig. 2 Supp. 1a) and is
219 an active scramblase (Fig. 1a-d). To test whether active hXkr4 adopts a different oligomeric state
220 in membranes, as recently proposed [22, 28], we employed the recently developed lipid vesicle
221 native mass spectrometry (nMS) approach [40, 41] to determine the mass of hXkr4 reconstituted

222 in PM-like or DO-mix liposomes, where the protein is active (Fig. 1c) (Supplementary Table 1).
223 In both lipid compositions the major peak in the spectra corresponds to the mass of full-length
224 monomeric Xkr4 (Fig. 1g, h). Interestingly, in both cases we detect multiple peaks with MW shifts
225 matching those of 1 or 2 bound PS lipids (Fig. 1g, h). Further, in PM-like liposomes we also
226 observe two additional peaks indicating that the two major brain PIP2 species, 18:0-20:4 and 16:0-
227 20:4 PIP2, can also bind to purified hXkr4 (Fig. 1g). In neither case a peak corresponding to higher
228 order oligomers was visible. Therefore, monomeric hXkr4 is a functional scramblase.

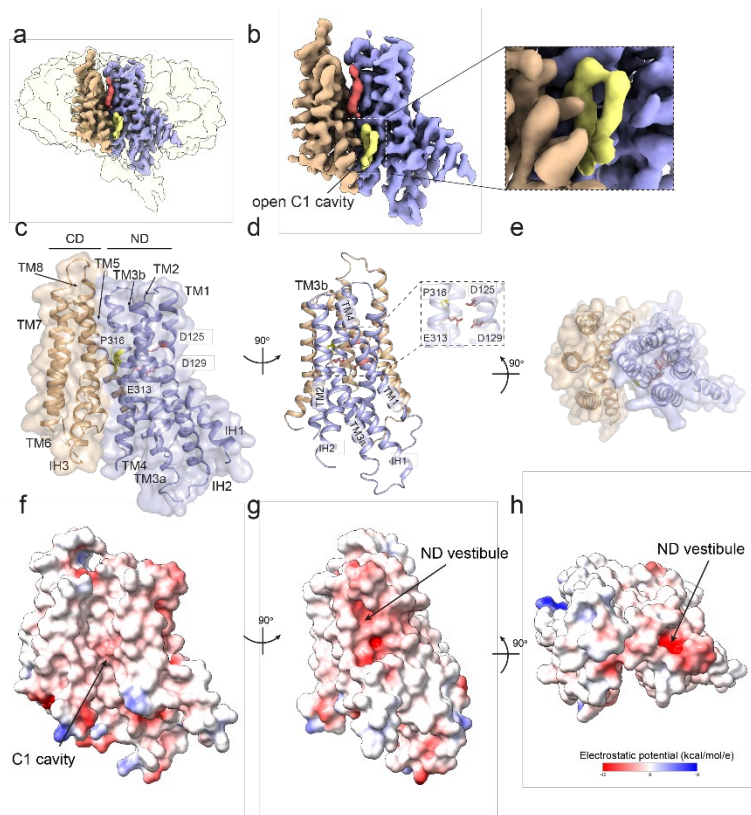
229

230 **CryoEM structure of hXkr4**

231 We used cryoEM imaging to understand the structural basis of scrambling by the purified and
232 active monomeric hXkr4 scramblase. We chose to image the protein alone, to avoid potential
233 conformational biasing from binding of antibodies. Initial imaging experiments of hXkr4
234 solubilized in DDM-CHS were unsuccessful, likely reflecting the small size of the protein (~71
235 kDa) and the presence of excess empty micelles that lower the protein signal. Inspired by recent
236 work on the GAT1 transporter [53], we imaged hXkr4 solubilized in the low CMC detergent
237 LMNG-CHS at sub-CMC nominal concentration to minimize the number of empty micelles. We
238 collected ~25,000 micrographs from regions with thin ice (majority with 15-40 nm thickness) (Fig.
239 2 Supp. 1). Extensive data processing in cryoSPARC [54] resulted in a sharpened map with an
240 average resolution of 3.72 Å (Fig. 2a, b, Fig. 2 Supp. 1c-f, Table 1) and enabled building of the
241 atomic model for the transmembrane region of hXkr4 (Fig. 2c-e, Fig. 2 Supp. 1i). Density for the
242 cytosolic N- and C-termini is poor, suggesting these regions are flexible and dynamic in the cytosol
243 (Fig. 2a, Fig. 2 Supp. 1h). The overall fold of hXkr4 resembles that of hXkr8 and rXkr9, with 8
244 TM helices (TM1-8) and 3 short intramembrane helices (IH1-3) (Fig. 2c). The ND and CD repeats
245 are related by pseudo-2-fold symmetry, and respectively consist of TMs 1-4, IH1, and IH2, and
246 TMs 5-8 and IH3 (Fig. 2c). The TM3 helix is broken around P316 into two short helices, TM3a
247 and TM3b, connected by a short intramembrane loop which contains the negatively charged side
248 chain of E313 (Fig. 2c-e).

249 In our structure, TM2 is separated from IH3 so that the C1 cavity is wide-open to the
250 hydrocarbon core of the bilayer (Fig. 2a-c, Fig. 2 Supp. 2a), suggesting it can accommodate lipids.
251 Indeed, a non-protein density with lipid-like features with two connected tails is visible in its
252 intracellular vestibule (Fig. 2b, inset). We also observe a weak elongated density in the

253 extracellular region of this cavity (Fig. 2b), in the same region where a lipid was observed in the
254 Xkr8 and 9 structures (Fig. 1 Supp. 1d) [30, 31]. The interior of the opened C1 cavity is
255 hydrophobic and lined by the TM2, 3, 4, and 6 helices (Fig. 2c, f). The C2 cavity is shallow,
256 exposed to the membrane, and hydrophobic (Fig. 2 Supp. 2b). Interestingly, there is a deep
257 vestibule within the ND repeat that is directly exposed to the extracellular solution with the
258 negatively charged residues D125, D129, and E313 at its deepest point (Fig. 2d-e, h). These
259 residues correspond to the stairway residues identified in hXkr8 [30] (Fig. 1 Supp. 1f). Although
260 these residues are not directly exposed to the bilayer, the membrane-exposed portion of ND
261 vestibule is strongly electronegative (Fig. 2g). Since purified hXkr4 is a functional and monomeric
262 scramblase, we hypothesize this conformation corresponds to a scrambling-competent state of the
263 protein.



264

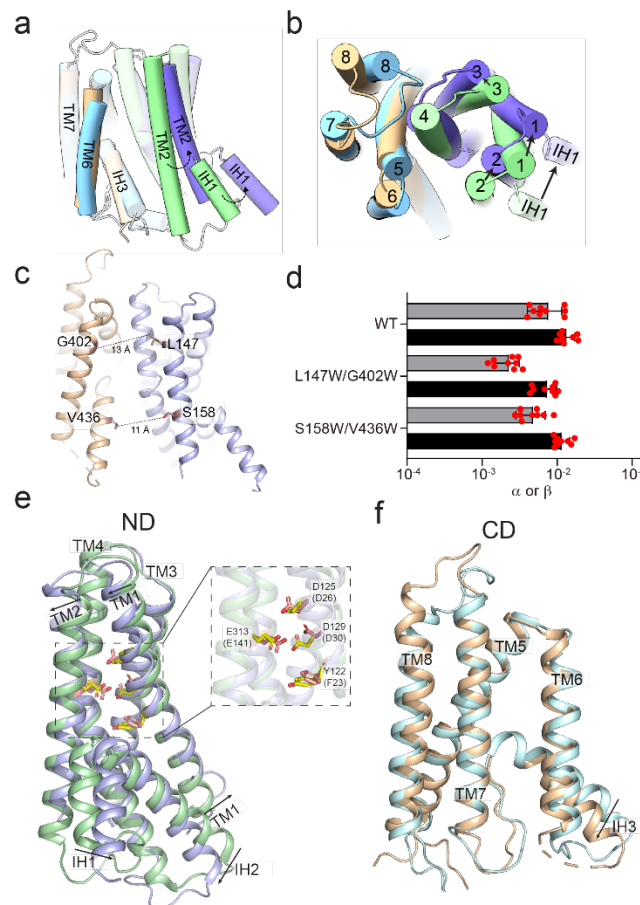
265 **Figure 2 Structure of hXkr4.** (a-b) CryoEM density of hXkr4 in LMNG-CHS detergent micelles. The ND repeat is
266 colored in pale blue, the CD repeat in wheat. Associated lipid-like densities are shown in yellow (inner leaflet) and
267 red (outer leaflet). Inset shows a close-up view of the lipid-like density in the C1 cavity. c-e) The structure of hXkr4
268 viewed from the plane of the membrane (c), from the side of the ND repeat (d), and from the extracellular solution
269 (e). The protein is shown in ribbon representation with the ND repeat in pale blue, the CD repeat in wheat, the charged
270 stairway residues (D125, D129, and E313 in pink) and P316 (in yellow) are shown in stick representation. The
271 transparent surface representation of the protein is shown in (c) and (e). f-h) Electrostatic potential plotted on the
272 surface of hXkr4 from the same views as in (c-e).

273

274 The present hXkr4 conformation presents notable differences from that adopted by hXkr8 and
275 rXkr9 [30, 31]. The major rearrangement is a rotation of the ND and CD internal repeats which
276 results in the opening of the C1 cavity (Fig. 3a, b). An alignment of hXkr4 to hXkr8 on their
277 respective CD's shows that the ND of hXkr4 is rotated relative to that of hXkr8 (Fig. 3a). This
278 movement displaces the TM2 helix in the ND from the IH3 in the CD relieving the constriction
279 that occludes the C1 cavity at its intracellular vestibule in hXkr8 (Fig. 3a). In hXkr8, this vestibule
280 is occupied by the short C-terminal helix which interacts with the cytosolic portions of TM2, TM3
281 and TM4 from the ND repeat and of TM5, IH3, and TM7 from the CD (Fig. 3 Supp. 1a). In
282 contrast, the weak density for the C-terminus in our hXkr4 map indicates this region is dynamic
283 and in the cytosolic milieu (Fig. 2 Supp1h). However, the hydrophobic character of the opened C1
284 cavity interior renders it poorly suited to serve as a scrambling pathway for the hydrophilic lipid
285 headgroups (Fig. 2f). Indeed, the density for lipids observed in this region suggest they are
286 perpendicular to the membrane plane, suggesting the bilayer is unperturbed in this region (Fig. 1
287 Supp. 1d, Fig. 2b, inset). This is unlike the pronounced membrane thinning and severely tilted lipid
288 orientations that enable scrambling by the TMEM16s [38, 47]. To investigate whether the C1
289 cavity is the scrambling pathway we introduced two bulky tryptophan side chains at two heights
290 within the membrane: one demarcated at L147 on TM2 and G402 on TM6, and at S158 on TM2
291 and V436 on IH3. If the C1 cavity serves as the lipid pathway, then we expect that the constrictions
292 caused by the bulky Trp side chains should impair lipid scrambling. We found that both double
293 mutants, L147W G402W and S158W V436W, have WT-like activity when reconstituted in DO-
294 mix vesicles (Fig. 3d), suggesting that the C1 cavity is unlikely to serve as the lipid pathway.

295
296 The second major difference in the hXkr4 conformation is that the ND (Fig. 3e), but not the CD,
297 undergoes significant internal rearrangements (Fig. 3f). An alignment of the individual internal
298 repeats of hXkr4 and -8 shows the C α r.m.s.d. of the ND's is ~ 1.9 Å and of the CD's is ~ 0.9 Å
299 (Fig. 3e, f). The difference in the ND's is due to a tilting of the TM1 helix around Y122, a
300 reorientation of TM2, and a lateral displacement of the IH1 and IH2 helices (Fig. 3e). These
301 rearrangements are enabled by the reduction in the interaction surface between the ND and CD
302 repeats. To quantify this change, we used AlphaFold2 [42] to generate a model of hXkr4, hXkr4 $^{\alpha}$,
303 in an Xkr-8 like conformation with a closed C1 cavity (C α r.m.s.d. ~ 1.8 Å to Xkr8) (Fig. 3 Supp.
304 1c). When the C1 cavity is closed, the inter-repeat surface is primarily mediated by TM3 and TM4,

305 with minor contributions from TM1 and TM2 (Fig. 3 Supp. 1d-e). When the C1 cavity opens, the
306 TM2 and TM3a helices lose their interactions with the CD repeat (Fig. 3 Supp. 1d, f; Supp. Movie
307 1), allowing their rearrangements. In Xkr8 the ND repeat vestibule is closed to the extracellular
308 solution and to the membrane, so that the electrostatic profile of the ND is nearly neutral (Fig. 3
309 Supp. 1b). Thus, the slight rearrangements in the TM1 and TM2 helices affect the electrostatic
310 profile of the ND vestibule which is determined by the charged stairway residues (Fig. 2f-h, Fig.
311 3 Supp. 1b; Supp. Movie 2). Indeed, whereas the position of D125 (D26 in Xkr8) and E313 (E141
312 in Xkr8) is similar in the two structures, the rearrangement in TM1 displaces the side chain of
313 D129 (D30 in Xkr8) so that it is closer to the membrane interface (Fig. 3e inset). These residues
314 are conserved between hXkr4 (Fig. 2d) and Xkr8 (Fig. 1 Supp. 1e) and are important for lipid
315 scrambling by the latter [30]. Therefore, we hypothesize that the rearrangements in the ND repeat
316 which alter their exposure to the membrane might underlie the activity of hXkr4.
317



318

319 **Figure 3 Structural changes in Xkr4. a-b)** The cryoEM structures of hXkr4 and hXkr8 (PDBID: 8XEJ), shown in
320 cylindrical cartoon representations, are aligned on their respective CD domains (wheat for hXkr4 and cyan for hXkr8).

321 The pseudo-symmetry axis (dashed vertical line, panel a) and angle of rotation of the ND of hXkr4 (pale blue) relative
322 to the ND of hXkr8 (pale green) is viewed from the plane of the membrane (a) or from the extracellular solution (b).
323 The C-terminal helix of hXkr8 is colored in pink. c) The distance between the C α atoms (maroon spheres) of L147
324 and S158 on TM2 and of G402W on TM6 and V436 on IH3 is shown (dashed lines). d) Forward (α) and reverse (β)
325 scrambling rate constants of WT, L147W/G402W, S158W/V436W hXkr4 reconstituted in DO-Mix liposomes. Bars
326 are averages for α (black) and β (gray) ($N \geq 3$), error bars are S. Dev., and red circles are values from individual
327 repeats. e-f) Alignment of the ND (e) and CD (f) repeats of hXkr4. Colors as in (a-b). Arrows denote direction of
328 movement of the helices from hXkr8 to hXkr4. The charged residues in the ND of hXkr4 (hXkr8), D125 (D26), D129
329 (D30), E313 (E141), and Y122 (F23) are shown in stick representation and colored in yellow CPK (hXkr4) or pink
330 CPK (hXkr8). Inset of (e) shows a close-up view of these residues.
331

332 **Hydration and membrane thinning by the active hXkr4 conformation**

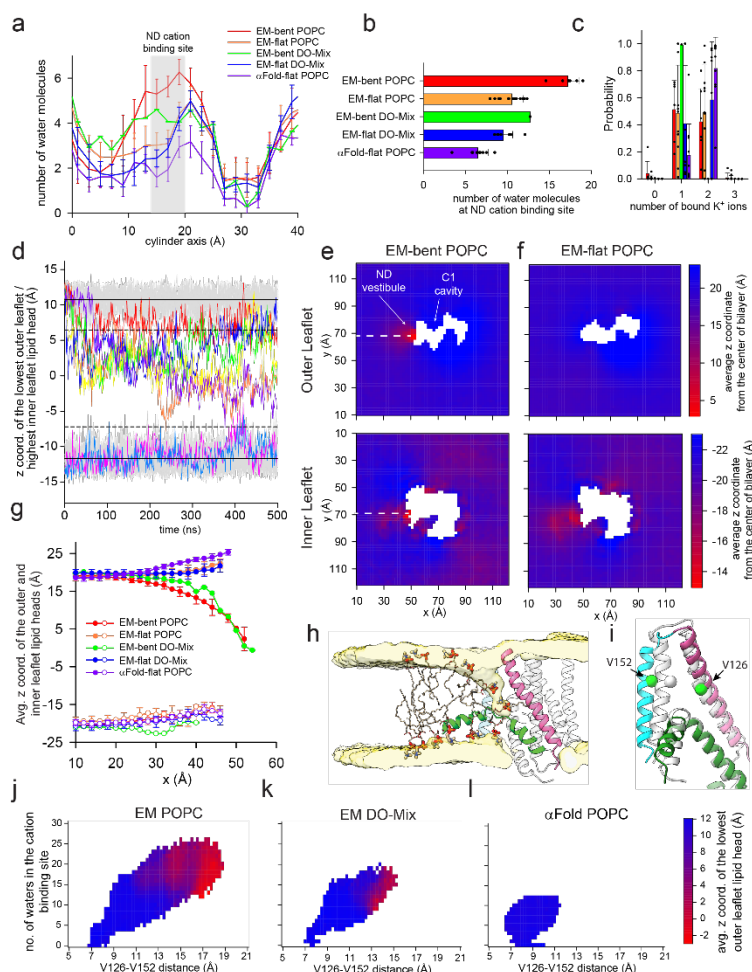
333 We used molecular dynamics (MD) simulations to investigate how hXkr4 interacts with the
334 membrane lipids. To mimic our experimental conditions, we simulated hXkr4 in 100 mM KCl and
335 using two membrane compositions: 100% POPC lipids, where the protein is maximally active, and
336 DO-mixed membranes, in which the protein is moderately active (Fig. 1C). For each system
337 considered we quantitatively analyzed 10 independent replicas of 500 ns long trajectories and
338 examined dynamic rearrangements in the protein, the protein-lipid interface, ion binding, and
339 hydration state (Fig. 4, Supplementary Table 2). For WT hXkr4 in POPC membranes we ran 10
340 replicas using GROMACS and 10 using AMBER, with no significant differences (Fig. 4 Supp.
341 1a-e). Therefore, we considered 20 total replicas for this condition.

342 Since membrane deformation and thinning are important for lipid flip-flop by other
343 scramblases [38, 39, 47, 55-62], we inspected whether the membrane near the C1 cavity or around
344 other regions of the cryoEM conformation of hXkr4 is perturbed in our simulations. In no
345 trajectories we observe membrane deformation or water penetration near the hydrophobic C1
346 cavity (Fig. 4e-f, Fig. 4 Supp. 1a), consistent with the idea that this region is not the lipid
347 scrambling pathway. In contrast, the open ND vestibule becomes hydrated within the first 20 ns
348 and remains such throughout all trajectories (Fig. 4a, b, Fig. 4 Supp. 1f). We also observe that one
349 or two K⁺ ions spontaneously enter the vestibule from the extracellular solution and interact with
350 the negatively charged side chains of D125, D129, and E313 (Fig. 4c, Fig. 4 Supp. 1a). The
351 residency time of individual K⁺ ions within the vestibule is low and ions frequently exchange
352 between the extracellular milieu and the vestibule, suggesting that K⁺ binding is not stable.
353 Notably, this region was proposed to serve as a Ca²⁺ binding site in Xkr4 [29], suggesting ion
354 binding might be mainly driven by the negative electrostatic profile of this region (see below).

355 In 6 of 20 trajectories in POPC membranes we observe that outer leaflet (OL) lipids
356 spontaneously rearrange near the ND vestibule (bent OL trajectories) (Fig. 4d-h), so that their

357 headgroup approach the membrane-exposed charged stairway residues via the widened TM1-TM2
358 fenestration (Fig. 4h). In this region, lipids adopt tilted poses relative to the membrane plane, in
359 some cases becoming nearly parallel to it (Fig. 4h). Finally, we also rarely observe a more modest
360 deformation of the inner leaflet (IL) at the ND vestibule (in 2 of 20 trajectories), near the short
361 intramembrane helical turn formed by IH1 and IH2 (Fig. 4d-h). In all cases the thinning
362 deformation remains relatively local to the ND vestibule (Fig. 4e). Thus, near the ND vestibule
363 there is a pronounced local thinning of the membrane, with the lipid headgroups from the outer
364 and inner leaflets coming within ~ 15 Å of each other (Fig. 4h). In DO mix bilayers, where hXkr4
365 has intermediate activity (Fig. 1c), we observe membrane thinning only in 1 of 10 trajectories (Fig.
366 4 Supp. 1g). Besides the difference in frequency of membrane bending, the trajectories in DO mix
367 bilayers closely resemble the corresponding ones in POPC membranes in terms of vestibule
368 hydration (Fig. 4a, b), average K^+ occupancy (Fig. 4c), and extent of membrane bending in the OL
369 and IL (Fig. 4g), indicating that membrane composition primarily affects the frequency of these
370 membrane thinning events. A steric constriction defined by the IH1, IH2 and TM2 helices (Fig.
371 4h) prevents the lipid headgroups from freely moving between leaflets, suggesting additional
372 rearrangements might be needed to allow scrambling. Notably, membrane bending correlates with
373 the hydration state of the ND vestibule near the location of the charged stairway residues D125,
374 D129, and E313: in the 6 bent OL trajectories this region is occupied by ~ 16 water molecules,
375 while in the remaining 14 flat OL trajectories the average water occupancy is ~ 10 (Fig. 4a, b). In
376 contrast, there is no difference in the K^+ occupancy of the ND vestibule between the flat and bent
377 OL trajectories (Fig. 4c). Thus, membrane thinning correlates with hydration of the ND vestibule.
378 Our simulations show that rearrangements of the TM1 and TM2 helices underlie these different
379 hydration states. Specifically, in POPC and DO mix trajectories we see that more pronounced
380 membrane bending and hydration correlate with widening of the membrane fenestration into the
381 ND vestibule, quantified by the distance between V126 on TM1 and V152 on TM2 (Fig. 4i-k, l),
382 ~ 8 and ~ 9 Å in the starting conformations of hXkr4 and hXkr4^a simulations. When the two helices
383 remain near the starting positions, the membrane is flat, and the vestibule is poorly hydrated (Fig.
384 4j-k). In contrast, as the helices become progressively more separated the membrane becomes
385 more bent and the vestibule is more hydrated (Fig. 4j-k). These results suggest that dynamic
386 openings of the ND vestibule promote its increased hydration and membrane thinning.

387



388

389 **Figure 4 Hydration, ion binding and membrane thinning by hXkr4.** a) The average number of water molecules
 390 along the cylindrical axis along the ND vestibule (Fig. 4 Supp. 1a) for trajectories of cryoEM hXkr4 where the
 391 membrane bends (EM-bent) or where it remains flat (EM-flat), in POPC lipids (EM-bent POPC, red, n=6; EM-flat
 392 POPC, orange, n=14), or in DO-Mix membranes (EM-bent DO-Mix, green, n=1; EM-flat DO-Mix, blue, n=9), and
 393 of α Fold model hXkr4 in POPC (α Fold-flat POPC, purple, n=10). See Methods for details. The region of the cation
 394 site in the ND vestibule (near D125, D129, and E313, $16 \text{ \AA} < h < 20 \text{ \AA}$) is colored in gray. (b-c) The average total number
 395 of water molecules in the ND cation site (b) and the probability distribution of the number of K^+ ions in the ND cation
 396 site (c) for the same trajectory groups as in (a). Filled black circles in (b-c) represent values from individual trajectories.
 397 Error bars in (a-c) are the St.Dev. of the values from individual trajectories. For EM-bent DO-Mix n=1, as we observe
 398 membrane bending only in 1 trajectory, so no error is reported. (d) Time evolution of the z coordinate of the
 399 phosphorous atom in the lowest/highest outer/inner leaflet lipid headgroup of individual trajectories of EM-flat POPC
 400 (gray) and EM-bent POPC (colored). Solid and dotted lines represent the Avg. and Avg.+ or - $3 \times$ St.Dev of the z
 401 coordinate for IL and OL, respectively. (e-f) Two-dimensional (2D) plot of the average z coordinate of the
 402 phosphorous atoms in the outer (top panel) and inner (bottom panel) leaflet lipid headgroups on the x-y plane of the
 403 simulation box, calculated from EM-bent POPC (e) or EM-flat POPC (f) trajectories. Individual pixels are colored
 404 from red to blue by the average z coordinate displacement. (g) Cross-section of the 2D plot calculated along the white
 405 dotted lines in (e-f) for the outer (filled circles) and inner (empty circles) leaflets. Data is Mean \pm St.Dev. (h)
 406 Representative snapshot from a EM-bent POPC trajectory. hXkr4 is shown in cartoon representation with TM1 (pink),
 407 TM2 (cyan), and IH1 (green), TM3-8 are in light gray. The average lipid head density of the outer and inner leaflets
 408 is shown in surface representation (light yellow). Representative lipid molecules are shown in stick, headgroup atoms
 409 in thicker sticks. (i) Superposition of the TM1, TM2, and IH1 from the cryoEM (light gray) and representative MD
 410 frame (colored as in h). $C\alpha$ atoms of V126 in TM1 and V152 in TM2 are shown as sphere (green). (j-l) The average z
 411 coordinate of the phosphorous atom of the headgroups from the lowest outer leaflet lipid (colored from is plotted as a
 412 function of the V126-V152 $C\alpha$ distance (x axis) and of the number of water molecules in the cation site in the ND

413 vestibule (y axis) for trajectories for cryoEM hXkr4 in POPC (j) or DO-Mix membranes (j) or for α Fold hXkr4 POPC
414 (l).
415

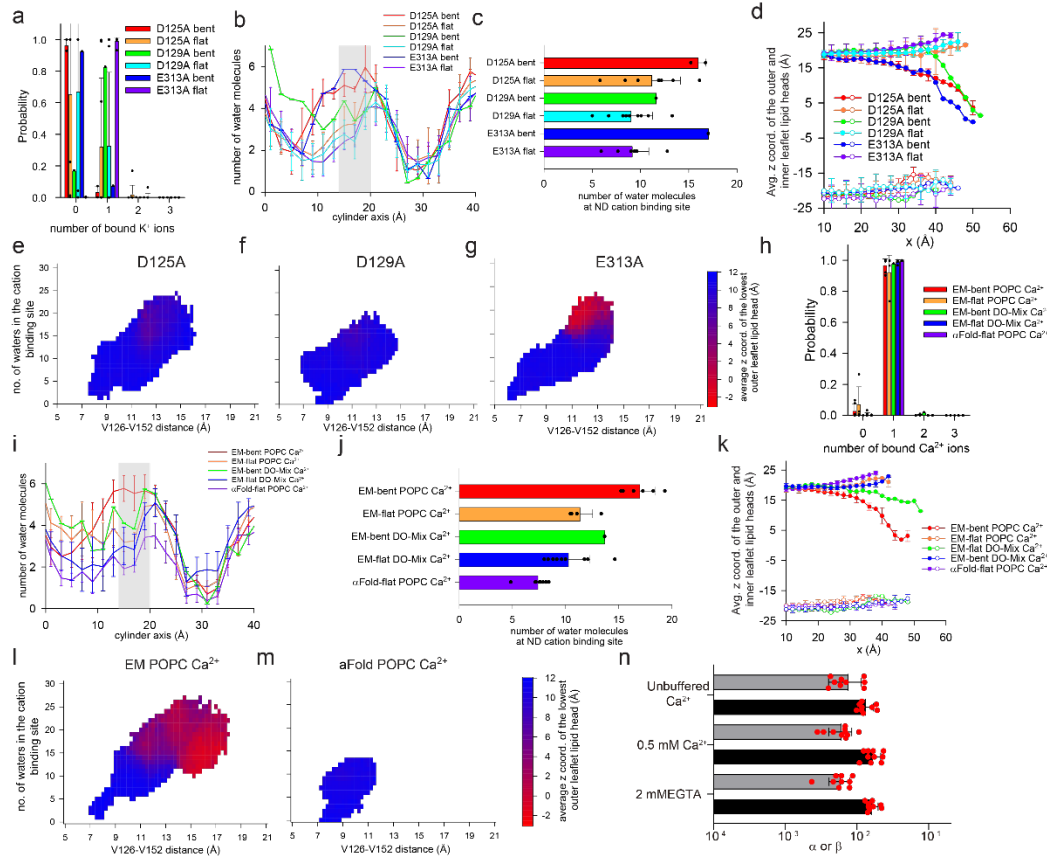
416 To test whether the increased dynamics of TM1 and TM2 are enabled by the cryoEM
417 conformation of Xkr4 we simulated hXkr4 ^{α} in 100 mM KCl and POPC membranes, conditions in
418 which membrane bending occurs more frequently for the cryoEM conformation. In the hXkr4 ^{α}
419 trajectories the probability of double K⁺ occupancy of the ND vestibule is increased compared to
420 that of the hXkr4 cryoEM conformation (Fig. 4c). In contrast, the water occupancy of the ND
421 vestibule is reduced to ~6 molecules (Fig. 4a, b), and we never observe bending of the OL (Fig. 4
422 Supp. 1h). Strikingly, the TM1 and TM2 helices in hXkr4 ^{α} are non-dynamic, as they sample only
423 limited deviations from their original conformation (Fig. 4l). These observations are consistent
424 with the lack of membrane thinning by Xkr8 reconstituted in nanodiscs [36]. Thus, the cryoEM
425 conformation of the active hXkr4 scramblase allows the TM1 and TM2 helices to dynamically
426 sample states with more open ND vestibule fenestration which in turn enable membrane thinning.
427 The frequency and extent of membrane thinning in our simulations correlates with the degree of
428 activity of the protein: thinning is most frequent in conditions of maximal scrambling activity
429 (hXkr4 cryoEM conformation in POPC), is intermediate in conditions of medium activity (hXkr4
430 cryoEM conformation in DO-mix lipids), and not detected in conditions where the protein is
431 inactive (hXkr4 ^{α} , in a Xkr8-like conformation) (Fig. 4, Fig. 4 Supp. 1h). These observations
432 suggest that that the membrane thinning facilitated by the exposure of the charged residues in ND
433 vestibule is mechanistically related to lipid scrambling by hXkr4.

434

435 **Role of charged residues in membrane thinning and lipid scrambling**

436 We tested this hypothesis by generating three single charge-neutralizing mutants, D125A, D129A,
437 and E313A via in silico mutagenesis and simulating each construct in POPC membranes and 100
438 mM KCl in 10 replicas of 500 ns. In all mutants we observed lower K⁺ occupancy of the vestibule
439 (Fig. 5a), consistent with the reduction in negative charge of the vestibule due to the mutation. The
440 frequency of membrane bending is slightly reduced in the trajectories of the three mutants: it
441 occurs in 2 of 10 trajectories of D125A, and in 1 of 10 for D129A and E313A (Fig. 5 Supp. 1a).
442 The trajectories with flat or bent membranes were very similar to the corresponding ones of the
443 WT protein in terms of vestibule hydration (Fig. 5b, c), membrane thinning (Fig. 5d), and sampling
444 of the conformational space (Fig. 5e). These findings suggest that the overall electrostatic profile

445 of the ND vestibule facilitates membrane thinning. We attempted to express and purify the three
 446 mutants of hXkr4, however their expression levels were too low for functional reconstitution.
 447 Importantly, these residues correspond to the stairway mutants that are critical for scrambling by
 448 hXkr8 in cells [30], supporting the idea these charged side chains play a key role in enabling Xkr
 449 scrambling.



450
 451 **Figure 5 Role of charged stairway residues and Ca²⁺ binding to hXkr4.** a-g) Probability distribution of the number
 452 of K⁺ ions in the ND cation site (a), distribution of water molecules in the ND repeat vestibule (b), total number of
 453 water molecules in the ND cation site (c), average z coordinate of the phosphorous atom of the lower/highest lipid
 454 headgroup from the outer/inner leaflet in MD trajectories of hXkr4 D125A bent (red), D125A flat (orange), D129A
 455 bent (green), D129A flat (cyan), E313 bent (blue), or E313 flat (purple) in POPC membranes (d). (e-g) the average z
 456 coordinate of the phosphorous atom of the headgroups from the lowest outer leaflet lipid (colored from is plotted as a
 457 function of the V126-V152 C α distance (x axis) and of the number of water molecules in the cation site in the ND
 458 vestibule (y axis) for trajectories for D125A (e), D129A (f), and E313A (g). (h-m) same plots as in (a-g) but for
 459 simulations of hXkr4 in cryoEM and α Fold conformations in POPC membranes and in the presence of Ca²⁺. n)
 460 Forward (α) and reverse (β) scrambling rate constants of hXkr4 reconstituted in DO-Mix liposomes in unbuffered Ca²⁺
 461 (~10 μ M), 2 mM EGTA (<10 nM Ca²⁺), and 0.5 mM Ca²⁺. Data in all panels is Mean \pm St.Dev.

464 Cation binding to the opened vestibule

465 Recently, Ca²⁺ was proposed to bind to hXkr4 [29] in a location near where we observe
 466 spontaneous K⁺ binding in the ND vestibule (Fig. 4e, f). We investigated Ca²⁺ binding in 10

467 independent 500 ns long simulation trajectories of the cryoEM conformation of hXkr4 in POPC
468 or DO mixed membranes and of hXkr4^α in POPC bilayers. We replaced the 100 mM KCl with
469 100 mM CaCl₂, to compare identical concentrations of the two cations. In all trajectories a single
470 Ca²⁺ enters the vestibule within the first 50 ns and remains stably bound throughout (Fig. 5h, Fig.
471 5 Supp. 1d). Unlike for K⁺, the site is occupied by a single Ca²⁺ ion (Fig. 5h). In the presence of
472 Ca²⁺, membrane thinning near the open vestibule is more frequent in POPC membranes (7 of 10
473 trajectories) than in DO-mix bilayers (1 of 10) (Fig. 5 Supp. 1e,f), and when it occurs its extent is
474 comparable to that seen in the presence of K⁺ (Fig. 5l). Furthermore, in the Ca²⁺ simulations,
475 membrane thinning correlates with increased hydration of the ND vestibule (Fig. 5i,j) and with the
476 increased dynamic separation of the TM1-TM2 helices (Fig. 5l, Fig 5 Supp. 1h). Finally,
477 membrane thinning is absent in the Ca²⁺ simulations of hXkr4^α (Fig. 5k, m, Fig. 5 Supp. 1g).
478 Consistently, in these trajectories the vestibule remains poorly hydrated (Fig. 5i,j), and the TM1-
479 TM2 distance remains short (Fig. 5m). These results suggest that the ND vestibule can bind K⁺
480 and Ca²⁺, and that both ions exert similar effects on membrane thinning, hydration, and dynamics.
481 The main difference is that Ca²⁺ binding is more stable (Fig. 5 Supp. 5d), and it promotes more
482 frequent membrane bending (Fig. 5 Supp. 5e).

483 To determine whether Ca²⁺ functionally modulates scrambling by purified hXkr4, we
484 performed the in vitro scrambling assay in 2 mM EGTA to buffer free Ca²⁺ <10 nM [48], with 0.5
485 mM Ca²⁺, and in unbuffered conditions, where the free Ca²⁺ concentration is ~10 μM [48]. Our
486 results show that a ~50,000-fold change in the free Ca²⁺ concentration has no measurable effect
487 on the scrambling rate constants (Fig. 5n, Fig. 5 Supp. 1i), indicating that Ca²⁺ is not a required
488 activator for scrambling by hXkr4, at least in the presence of 300 mM K⁺. We note that although
489 in our simulations Ca²⁺ promotes more frequent membrane thinning than K⁺ and has high
490 occupancy for the ND vestibule cation site, these effects likely reflect the high Ca²⁺ concentrations
491 used in our simulations to enhance the frequency of spontaneous ion binding. Further, in our
492 experiments the K⁺ concentration is ~600-fold higher than that of Ca²⁺. Thus, the lack of functional
493 modulation by Ca²⁺ likely reflects that during our scrambling assays the ND vestibule cation site
494 is occupied by K⁺ which can also facilitate membrane thinning. Together, these results suggest
495 that the ND vestibule forms a site that can bind both mono- and divalent cations.

496

497 **Discussion**

498 The Xkr apoptotic scramblases, the human Xkr4, -8, and -9 and the nematode CED-8 [14, 15],
499 play a key role in the recognition and clearance of apoptotic cells by macrophages. However, the
500 mechanisms underlying their activity and regulation remain poorly understood. The current
501 proposal is that Xkr activation entails cleavage of their N- or C-termini by effector caspases [14,
502 15], which induces oligomerization [22, 27, 29] and causes a conformational rearrangement that
503 exposes the charged stairway residues in the ND repeat [30] (Fig. 1 Supp1b). However, the activity
504 of Xkr scramblases is also regulated via unknown mechanisms by cellular factors, such as
505 phosphorylation [27], binding of Ca^{2+} and of a peptide from the nuclear protein XRCC4 [22, 29],
506 or by their integration into complexes with bulk lipid transport proteins [32, 35]. Further, Xkr8
507 and Xkr9 purify as monomers, and neither shows evidence of oligomerization or of conformational
508 changes following caspase processing [30, 31, 36], suggesting their structures represent inactive
509 states.

510 Here, we show that two purified apoptotic Xkr scramblases, hXkr4 and CED-8, scramble
511 lipids when reconstituted in liposomes. Their activity does not require caspase processing; rather,
512 both full-length proteins are active (Fig. 1) and, in the case of CED-8, a construct mimicking
513 caspase processing does not have increased activity (Fig. 1). Further, our results show that hXkr4
514 purifies as a monomer (Fig. 1 Supp. 1a), does not form higher order oligomers when reconstituted
515 in proteoliposomes where it is active as a scramblase (Fig. 1g-h), and its activity is not dependent
516 on Ca^{2+} binding (Fig. 5). Thus, neither caspase cleavage nor oligomerization or divalent binding
517 are required for hXkr4 activation. These conclusions contrast with reports indicating that the
518 activation of hXkr4 requires caspase cleavage, dimerization, as well as binding of Ca^{2+} and of the
519 XRCC4 peptide [22, 29]. While we do not have a definitive explanation for this discrepancy, we
520 speculate that in the complex context of a cell hXkr4 could be inhibited by yet unknown partners,
521 either proteins or lipids, that are lost during purification. Their dissociation could be facilitated by
522 caspase cleavage and/or by the binding of Ca^{2+} and of the XRCC4 peptide, rationalizing the results
523 of the cell-based measurements. Nonetheless, our results show that the minimal functional unit of
524 hXkr4 is the full-length, monomeric, protein and that caspase processing or Ca^{2+} binding are not
525 required for its activity.

526 In our structure of full-length hXkr4 we observe significant rearrangements compared to
527 the conformations of Xkr8 and -9. The two internal repeats, ND and CD, undergo a rotation around
528 the two-fold axis of symmetry of the protein which results in the opening of the large and

529 hydrophobic transmembrane C1 cavity to the bilayer core. In the Xkr8 and Xkr9 structures, this
530 cavity is closed by the interactions of TM2 and TM3 with IH3 (Fig. 3) and plugged by the short
531 C-terminal helix. While the opened C1 cavity is sufficiently wide to harbor lipids, and indeed we
532 observe a lipid-like density in this region, its hydrophobic nature renders it poorly suited to
533 accommodate hydrophilic lipid headgroups, and thus serve as a scrambling pathway. Indeed, our
534 functional experiments and MD simulations show that the C1 cavity does not play a functional
535 role in lipid scrambling by hXkr4 (Fig. 3, 4, and Fig 4. Suppl a).

536 In our structure, the rotation of the ND and CD repeats breaks the inter-repeat interactions
537 between TM2 and TM3 in the ND and IH3 in the CD (Fig. 3 Supp. 1d-g; Supp. Movie 1). This
538 disengagement allows the ND repeat to rearrange so that the vestibule, formed by TM1, TM2, and
539 TM3 and harbors the negatively charged stairway residues (Fig. 2c-d), opens to the extracellular
540 solution and its electrostatic profile becomes pronouncedly electronegative (Fig. 2f-h).
541 Importantly, the TM2 helix has now space to move as it is directly exposed to the membrane.
542 Indeed, in our MD simulations of cryoEM hXkr4 the TM2 helix is dynamic and samples
543 conformations where it moves away from TM1 as the ND vestibule becomes hydrated and
544 occupied by cations (Fig. 4). These rearrangements open a membrane-exposed fenestration of the
545 ND vestibule and are associated with a pronounced thinning of the membrane in this region (Fig.
546 4), which might facilitate scrambling. Notably, these dynamics and accompanying membrane
547 thinning are absent in our α Fold2 model of hXkr4, as the tight packing of TM2 against the IH3 of
548 the CD repeat prevents movements and are dampened in DO-mixed membranes where scrambling
549 is reduced (Fig. 4l). Finally, in the conformation with a closed C1 cavity and ND repeat (adopted
550 by Xkr8, Xkr9, and hXkr4^o) the TM2 helix forms extensive inter-repeat interactions with the IH3
551 and with the C-terminal helix in the CD (Fig. 3 Supp. 1d-f), and these proteins are inactive. Thus,
552 the rearrangement of the ND and CD repeats in the hXkr4 structure enable dynamic
553 rearrangements and hydration of the ND vestibule, which promote membrane thinning. It is likely
554 that additional rearrangements in the ND are needed to enable scrambling, compared to those seen
555 in the cryoEM conformation. Although our MD simulations show membrane thinning, they do not
556 capture full lipid scrambling events, as the IH1-IH2 hairpin and TM2 form a constriction that
557 prevents the full translocation of the lipid headgroups (Fig. 4h). More extensive sampling is likely
558 needed to capture the full extent of the rearrangements needed for scrambling.

559

560 Previous work on TMEM16 proteins established that the key structural feature of lipid
561 scramblases is the presence of a hydrophilic groove that locally thins and distorts the membrane
562 [38, 39, 47, 60-62]. Rearrangements of this groove between open and closed conformations
563 modulate the scrambling activity. Our present findings, together with the structures of Xkr8 and -
564 9, suggest that the Xkr scramblases function according to a similar paradigm, with the ND
565 vestibule serving a role reminiscent of the TMEM16 groove. In the inactive Xkr conformation
566 (Xkr8, -9, and the Alphafold model of Xkr4) the ND vestibule is poorly hydrated, non-dynamic,
567 and the charged stairway residues are buried. This conformation is stabilized by interactions of the
568 C-terminal helix with TM1, TM3 and IH3, which are removed upon caspase processing,
569 facilitating activation. In hXkr4, the C-terminus is longer than in Xkr8 and -9, and the caspase
570 cleavage site is more distal from the membrane (Fig. 1 Supp. 1a), suggesting a different mode of
571 regulation. Indeed, in our structure the C-terminus of Xkr4 does not form tight interactions with
572 the transmembrane region of the protein and is poorly resolved (Fig. 2a), indicating it is dynamic.
573 In the active Xkr4 conformation, the ND and CD repeats have separated, and the TM2 is not
574 constrained in position by the inter-repeat interactions (Supp. Movie 1). This, together with the
575 ensuing increased hydration, allows the ND vestibule to become dynamic and sample
576 conformations where the TM1 and TM2 helices become more separated. This leads to an increased
577 electronegative profile of the region, which promotes membrane thinning. Our data suggests that
578 in Xkr4 the charged residues in the ND vestibule reshape the membrane in its vicinity even though
579 they remain buried within the protein. This is unlike what is seen in the TMEM16s where the open
580 hydrophilic groove is directly exposed to the membrane core [38, 39, 47, 52, 55, 61]. We
581 hypothesize that the electric field created by these charged residues can reshape the membrane,
582 even though these side chains remain buried, as it is less dampened in the low dielectric
583 environment of the bilayer core than it would be in water (Fig. 4). In support of our hypothesis,
584 we note that charge-neutralizing mutations of these residues in hXkr4 reduces the frequency of
585 membrane thinning in our simulations (Fig. 5a-g), and equivalent mutations severely impair
586 scrambling by Xkr8 in cells [30].

587

588 In summary, we showed that monomeric, full-length hXkr4 is an active phospholipid scramblase
589 and that its activity is regulated by membrane properties, in a manner reminiscent of TMEM16
590 scramblases [38, 39, 47]. The reduced inter-repeat interface of the hXkr4 conformation allows the

591 ND vestibule to become hydrated and dynamically rearrange to induce membrane thinning. [38,
592 39, 47, 60, 62]. While more work is needed to elucidate the precise mechanisms of Xkr4 regulation
593 by caspase processing and ligand binding, our results suggest that the unusual architecture of
594 hXkr4, with several acidic residues buried within the ND repeat, promotes membrane thinning
595 which might facilitate lipid scrambling. Thus, the ability to thin membranes might be a key
596 mechanistic feature shared by structurally unrelated scramblases.

597

598

599

600 **Methods**

601 **Expression and purification of human Xkr4**

602 Full length human Xk-related protein 4 (hXkr4) was cloned into a modified pBacMam vector with
603 a C-terminal TEV cleavage site followed by FLAG-6xHis tag [44]. Recombinant hXkr4 protein
604 was expressed in HEK-293F suspension cells following baculovirus mediated mammalian cell
605 expression system [44]. 100 ml of P2 generation of viruses were used to infect 1 L of HEK-293F
606 suspension cells (cell density 2.5-3 million/ml) and the cells were kept in a 37 °C incubator shaker
607 for 24 hours with 5% CO₂ and 110 rpm speed. After 24 hours 10 mM Na-butyrate was added, and
608 the cells were stored in 30 °C incubator shaker for 48 hours with 5% CO₂ and 110 rpm speed.
609 After 72 hours of infection, the cell pellet was collected by centrifugation at 2500 rpm.
610 Cell pellets were resuspended in a lysis buffer containing 300 mM NaCl, 1 mM tris(2-
611 carboxyethyl)phosphine (TCEP), 50 mM HEPES, pH 7.4, protease inhibitor cocktail and trace
612 amounts of DNase. The resuspended cells were sonicated briefly, and the cell debris were
613 discarded by centrifuging at 13000 rpm at 4 °C for 20 minutes. The resulting supernatant was then
614 subjected to high-speed ultracentrifugation at 40000 rpm for 1 hour at 4 °C to isolate membrane
615 fractions. Isolated membrane fractions were homogenized and later solubilized in solubilization/
616 extraction buffer containing 300 mM NaCl, 1 mM TCEP, 50 mM HEPES, pH 7.4, protease
617 inhibitor cocktail, 2% (w/v) n-Dodecyl-D-Maltoside (DDM) or Lauryl Maltose Neopentyl Glycol
618 (LMNG) and 0.4% (w/v) Cholesteryl HemiSuccinate CHS. The solubilization step was carried out
619 at 4 °C for 2-3 hours with continuous stirring or rotation. The insoluble fractions were discarded
620 by centrifugation at 13000 rpm for 20 minutes. The soluble supernatant was incubated with Flag
621 resin for 2 hours at 4 °C with continuous rotation and were collected on an affinity column by
622 gravity flow. The collected beads were washed with 20 column volumes of wash buffer containing
623 200 mM NaCl, 1 mM TCEP, 50 mM HEPES, pH7.4, 0.05% DDM- 0.01% CHS or 0.001% (w/v)
624 LMNG-0.0001% (w/v) CHS. The protein was eluted by adding (500 µg/ml) Flag peptide. The
625 eluted fractions were concentrated using a concentrator with MW cut-off 100 kDa and were
626 subjected size exclusion chromatography on a Superose 6 column using SEC buffer containing
627 150 mM NaCl, 1 mM TCEP, 20 mM HEPES, pH7.4, and 0.05% DDM-0.01% CHS or 0.00075%
628 LMNG-0.000075% CHS. Xkr4 used for native mass spectrometry (nMS) was expressed in GnTI-
629 cells to reduce glycosylation. The protein was purified following as described above but using
630 0.02% (w/v) DDM-0.004% (w/v) CHS in elution and the following size exclusion chromatography.

631

632 **Expression and purification of CED-8**

633 The full length CED-8 from *C. elegans* was cloned into a modified pFastBac vector with a C-
634 terminal TEV cleavage site followed by GFP-FLAG-6xHis tag. Protein was expressed in High
635 Five cells following baculovirus mediated insect cell expression system [63, 64]. 10-20 ml of P2
636 generation of viruses were used to infect 1 L of Hi5 suspension cells (cell density 1.5-2 million/ml)
637 and the cells were kept in a 27 °C incubator shaker for 72 hours with 110 rpm speed. After 72
638 hours the cell pellet was collected by centrifugation. Cell pellets were resuspended in a lysis buffer
639 containing 50 mM HEPES pH 7.4, 300 mM NaCl, 1 mM TCEP and protease inhibitor cocktail
640 (Roche) and trace amount of DNase. The resuspended cells were sonicated briefly, and the cell
641 debris were discarded by centrifuging at 13000 rpm at 4 °C for 20 minutes. The resulting
642 supernatant was then subjected to high-speed ultracentrifugation at 40,000 rpm for 1 hour at 4 °C
643 to isolate membrane fractions. Isolated membrane fractions were homogenized and solubilized in
644 a buffer containing 300mM NaCl, 50 mM HEPES, pH 7.4, 1 mM TCEP, protease inhibitor
645 cocktail, 2% DDM, and 0.4% CHS. The solubilization step was carried out in 4 °C for 2-3 hours
646 with continuous stirring or rotation. The insoluble fractions were discarded by centrifugation at
647 13000 rpm for 20 minutes. The soluble supernatant was incubated with Flag resin for 2 hours at 4
648 °C with continuous rotation and were collected on an affinity column by gravity flow. The
649 collected beads were then washed with 20 column volumes of wash buffer containing 200 mM
650 NaCl, 50 mM HEPES, pH7.4, 1mM TCEP, 0.05% DDM, 0.01%CHS. The protein was isolated
651 after incubating the Flag resins overnight with 5ml of wash buffer and TEV protease at 4 °C. The
652 resulted fractions were then subjected to a nickel-his affinity column to remove TEV protease. The
653 eluted fractions were concentrated using a concentrator with MW cut-off 50 kDa and were
654 subjected size exclusion chromatography on a superose 6 column using SEC buffer containing 150
655 mM NaCl, 20 mM HEPES, pH7.4, 1 mM TCEP and 0.05% DDM-0.01% CHS. The Δ CED-8
656 construct, corresponding to residues 22-420 of CED-8, was expressed and purified following the
657 same protocol.

658

659 **Liposome reconstitution**

660 Liposomes were prepared as described [48] using the following lipid compositions: a 7:3 mixture
661 of 1-palmitoyl-2-oleoyl-glycero-3-phosphocholine (POPC, 16:0-18:1) and 1-Palmitoyl-2-oleoyl-

662 sn-glycero-3-[phospho-rac-(1-glycerol)] (POPG 16:0-18:1) (POPC:POPG); a 7:3 mixture of 1,2-
663 dioleoyl-sn-glycero-3-phosphocholine (DOPC, 18:1), 2-dioleoyl-sn-glycero-3-phosphoglycerol
664 (DOPG, 18:1); (DOPC:DOPG); a 2:1:1 mixture of 1,2-Dioleoyl-sn-glycero-3-
665 phosphoethanolamine (DOPE 18:1/18:1 PE), DOPC, and 1,2-dioleoyl-sn-glycero-3-phospho-L-
666 serine (DOPS 18:1 PS) (DOPE:DOPC:DOPS); a 2:1:1 mixture of 1-palmitoyl-2-oleoyl-sn-
667 glycero-3-phosphoethanolamine (POPE 16:0-18:1 PE), POPC, and 1-palmitoyl-2-oleoyl-sn-
668 glycero-3-phospho-L-serine (POPS 16:0-18:1 PS) (POPE:POPC:POPG), and soybean polar lipid.
669 Chain length experiments were carried out using a 7:3 PC:PG lipid headgroup background and the
670 following acyl chains [38]: a mixture of 50% 1,2-dimyristoyl-sn-glycero-3-phosphocholine
671 (DMPC, 14:0) and 1,2-dimyristoyl-sn-glycero-3-phospho-(1'-rac-glycerol) (DMPG, 14:0) with
672 50% POPC:POPG (C14 membrane); DOPC:DOPG (C18 membrane); 1,2-dieicosenoyl-sn-
673 glycero-3-phosphocholine (20:1 PC), 1,2-dieicosenoyl-sn-glycero-3-(1'-rac-glycerol) (20:1 PG)
674 (C20 membrane); 1,2-dierucoyl-sn-glycero-3-phosphocholine (DEPC, 22:1) and 1,2-
675 dierucoyl-phosphatidylglycerol (DEPG, 22:1) (C22 membrane). Lipids were dissolved in chloroform,
676 including 0.4% w/w tail labeled 1,2-dipalmitoyl-sn-glycero-3-phosphoethanolamine-N-(7-nitro-
677 2-1,3-benzoxadiazol-4-yl) (NBD-PE), were dried under N₂ gas. The resulting lipid film was
678 washed with pentane, dried under N₂ gas, and resuspended at 20 mg/ml (for soybean polar 10
679 mg/ml) in buffer containing 300 mM KCl, 50 mM HEPES pH 7.4 with 35 mM 3-[(3-
680 cholamidopropyl) dimethylammonio]-1-propanesulfonate (CHAPS). The mixture was sonicated
681 until clear. Protein was subsequently added at a concentration of 5 µg protein/mg lipids. Detergent
682 removal was carried out by using Bio-Beads SM-2 (Bio-Rad) with rotation at 4 °C. For all
683 mixtures, except for one containing POPE, 5 exchanges of 200 mg ml⁻¹ Bio-Beads were used. For
684 the POPE mixture, 4 exchanges of 150 mg ml⁻¹ Bio-Beads were performed. Calcium or EGTA
685 were introduced using sonicate, freeze-thaw cycles. The liposomes were extruded 21 times through
686 a 400-nm membrane before use.

687

688 **In vitro scrambling assay**

689 In vitro scrambling assay was performed as described [45]. Liposomes were extruded 21 times
690 through a 400 nm membrane prior to use. 20 µl of liposome were then added to a final volume of
691 2 mL of buffer containing 300 mM KCl, 50 mM HEPES pH 7.4. The fluorescence intensity of the
692 NBD (excitation-470 nm emission-530 nm) was monitored over time with mixing using a PTI

693 spectrophotometer. After 100 seconds, sodium dithionite was introduced at a final concentration
694 of 40 mM. Data acquisition was done using the FelixGX 4.1.0 software at a sampling rate of 3 Hz.

695

696 **Quantification of scrambling assay**

697 Quantification of the scrambling assay and determining the scrambling rate constants were done
698 as described [45]. In brief, the fluorescence decay time course was fit to the following equation

$$699 F_{tot}(t) = f_0(L_i^{PF} + (1 - L_i^{PF})e^{-\gamma t}) + \frac{(1-f_0)}{D(\alpha+\beta)} \{ \alpha(\lambda_2 + \gamma)(\lambda_1 + \alpha + \beta)e^{\lambda_1 t} + \lambda_1\beta(\lambda_2 + \alpha + \beta + \gamma)e^{\lambda_2 t} \}$$

$$700 \quad (1)$$

701 Where

$$702 \quad \lambda_1 = -\frac{(\alpha+\beta+\gamma) - \sqrt{(\alpha+\beta+\gamma)^2 - 4\alpha\gamma}}{2} \quad \lambda_2 = -\frac{(\alpha+\beta+\gamma) + \sqrt{(\alpha+\beta+\gamma)^2 - 4\alpha\gamma}}{2}$$

$$703 \quad D = (\lambda_1 + \alpha)(\lambda_2 + \beta + \gamma) - \alpha\beta$$

704 and $F_{tot}(t)$ is the total fluorescence at time t , L_i^{PF} is the fraction of NBD-labeled lipids in the inner
705 leaflet of protein free liposomes, where γ is the rate constant of dithionite reduction, f_0 is the
706 fraction of protein-free liposomes in the sample, α and β are respectively the forward and backward
707 scrambling rate constants. The free parameters of the fit are f_0 , α and β while L_i^{PF} and γ are
708 experimentally determined from experiments on protein-free liposomes. In protein-free vesicles a
709 very slow fluorescence decay is visible, likely reflecting a slow leakage of dithionite into the
710 vesicles or the spontaneous flipping of the NBD-labeled lipids. A linear fit was used to estimate
711 that the rate of this process is $L = (5.4 \pm 1.6)10^{-5} \text{ s}^{-1}$ [45]. For Xkr4 functional data in the PM-like
712 condition, f_0 was set to free to reflect the low reconstitution efficiency with this lipid composition.
713 In the case of C18 and C22 lipids when the reconstitution efficiency was as high as that in C14, f_0
714 from C14 was used for data analysis. Data was analyzed using the custom program Ana (available
715 at <http://users.ge.ibf.cnr.it/pusch/>) and Prism 7.0 (GraphPad, San Diego, CA) or SigmaPlot 10.0
716 (SYSTAT Software).

717

718 **Sample preparation and optimization**

719 To freeze grids, the monomeric hXkr4 peak fractions were concentrated to 3.5-4 mg/ml
720 immediately after SEC using a concentrator with MW cut-off 100 kDa. Grids were prepared as
721 follows: 3.5 μL of hXkr4 (4 mg/mL) were applied to a glow-discharged Quantifoil (Au 1.2/1.3
722 200 mesh) grid, incubated for 3 seconds at 100% humidity and 4 $^\circ\text{C}$, blotted for 3 seconds with a
723 blot force -4 and plunge frozen in liquid ethane using a Vitribot Mark IV (FEI). Images were

724 acquired on a 300 kV Titan Krios microscope (Thermo Scientific) equipped with a K3 direct
725 detection camera (Gatan) at NYU Langone Health's cryo-Electron Microscopy Laboratory.

726

727 **Preparation of nMS ready proteoliposomes and downstream nMS experiments**

728 We used our previously developed protocol for preparing nMS-ready proteoliposomes [40, 41].
729 Briefly purified Xkr4 was reconstituted in PM-like and DOM-mix liposomes using a Sephadex
730 G50 column. The Sephadex G-50 powder was dissolved in ammonium acetate buffer and
731 sonicated in a water bath for 5 min. This suspension was then swelled overnight while being
732 degassed under a vacuum. On the day of the experiment, the Sephadex column was prepared by
733 filling an empty column packed with the pre-swollen Sephadex gel. Separately, dried lipid film
734 was resuspended in ammonium acetate buffer (200 mM ammonium acetate, 2 mM DTT). Then,
735 the solution was sonicated for 15 min in a bath sonicator, and 10 freeze-thaw cycles were
736 performed (liquid nitrogen was used for freezing, and a water bath set at 50 °C was used for
737 thawing). Then the appropriate detergent was added, to a final concentration of 2× CMC (critical
738 micelle concentration). This solution was then kept on ice for 30 min. After a 30-minute
739 incubation, the desired amount of protein in 2× CMC detergent was added, and the mixture was
740 incubated on ice for 2 h. This sample was placed on the prepared column and separated through
741 gel filtration to collect the proteoliposome fraction. All liposomes were prepared using 1%
742 fluorescent lipid to conveniently track the elution of the liposomes. To achieve stable electrospray
743 ionization, in-house nano-emitter capillaries were used with the Q Exactive UHMR (Thermo
744 Fisher Scientific). These nano-emitter capillaries were created by pulling borosilicate glass
745 capillaries (O.D – 1.2mm, I.D – 0.69mm, length – 10cm, Sutter Instruments) using a
746 Flaming/Brown micropipette puller (Model P-1000, Sutter Instruments). A platinum wire was
747 used for all nMS electrospray. For the nMS of proteins from lipid vesicles, the prepared
748 proteoliposomes were used to fill the nano-emitter capillary, which was installed into the
749 Nanospray Flex ion source (Thermo Fisher Scientific). The MS parameters were optimized for
750 each sample. The spray voltage ranged between 0.9 – 1.2 kV, the resolving power of the MS was
751 in the range between 3K – 6K, the ultrahigh vacuum pressure was in the range of $5.51e^{-10}$ to $6.68e^{-10}$
752 mbar, and the in-source trapping range was between -50V and -250V. The HCD voltage was
753 optimized for each sample ranging between 0 to 200V. All the mass spectra were visualized and
754 analyzed with the Freestyle (ThermoFisher Scientific) software. UniDec [65] was used for the final

755 mass calculation and assembled into figures using Adobe illustrator.

756

757 **Data acquisition and processing**

758 Micrographs were acquired on a Titan Krios microscope (Thermo Scientific) with a K3 direct
759 electron detector (Gatan) at NYU Langone Health's cryo-Electron Microscopy Laboratory. Images
760 were collected with a total exposure time of 2s, total dose of 58.28 e⁻/Å², and a defocus range of
761 0.5 μm to 2.5 μm. Very stringent data collection and processing criteria were used: only
762 micrographs from regions with ice thinner than 70 nm (majority had 15-40 nm thickness) were
763 imaged and only those with contrast transfer function (CTF) estimates <4.0 Å were used during
764 processing [66]. Motion correction, CTF estimation, automated particle picking, and extraction
765 was carried out in *Warp* [67]. Frames were aligned using Motioncorr2 1.4 under control of Appion
766 [68]. Dose weighting was applied according to the dose calibrated in Legimon [69]. Images were
767 tiled into 7x5 regions for optimal alignment. Global and local B-factors were 500 Å² and 100
768 Å² respectively. The super-resolution images were Fourier binned by 2 to the physical pixel size
769 of 0.825 Å during the alignment. Image quality was monitored by calculating on-the-fly CTF
770 fitting using CTFFIND4 [66]. Aligned and dose weighted images were imported into *Warp* [67].
771 Particles were picked using an expected particle size of 150 Å and a box size of 320 pixels. Local
772 CTF was estimated in *Warp* [67] by tiling images into 7x5 pieces. Image stacks were directly
773 imported into cryoSPARC v3 [54] for processing.

774 A total of ~5.5 million particles selected by *Warp*[67] were imported to cryoSPARC and were
775 subjected to extensive 2D classification (>20 rounds) until clear, distinguishable density for the
776 transmembrane domain was visible. Following the 2D classifications, ab initio reconstructions
777 were conducted for more than 8 times with gradually decreasing the maximum resolution from 12
778 to 4 Å [54]. The resulting model comprising of 357,599 particles was used for heterogeneous
779 refinement while a non-protein like density, most likely an empty detergent micelle, was used as
780 a decoy class. For heterogeneous refinement, the particles from the second round of selected 2D
781 classes were chosen (total particles 4,973,462). After more than 20 rounds of heterogeneous
782 refinement coupled with several iterations of non-uniform refinements, ~450k particles were
783 selected for a final non-uniform refinement with low pass filter 6 Å ultimately yielded the final
784 model[70-73]. A final resolution of 3.67 Å was determined using the gold-standard Fourier shell
785 correlation (FSC)= 0.143 criterion using cryoSPARC (Fig. 2 Supp. 1f). This map was of sufficient

786 quality to permit building of an atomic model for the TM region of hXkr4.

787

788 **Model building**

789 An initial model was generated by Swiss-Model using human Xkr8 (PDB: 7DCE) as the reference.
790 The generated model was then fit into the cryo-EM density model in UCSF Chimera 1.16. The
791 model was refined against density maps using Phenix 1.20 real space refinements with secondary
792 structure restraints and no NCS constraints. The refinements were done for multiple iterations
793 followed by manual curation in WinCOOT 0.9.8. MolProbity was used to estimate the geometric
794 restrains, clash score, and Ramachandran outliers.

795

796 **Data availability**

797 Human Xkr4 model and corresponding maps have been deposited to the Electron Microscopy Data
798 Bank (EMDB) and PDB. The depositions include final map, along with sharpened maps, and FSC
799 curve. The EMDB accession code is EMD-44744 and the PDB one is 9BOJ.

800

801 **Molecular dynamics simulation**

802 The simulation systems as listed in Supplementary Table 2 were constructed using either one of
803 two different protein models, which are 1) the cryoEM models of hXkr4 of this work (residues
804 106–167 and 249–516), referred here as to “EM”, and 3) the hXkr4 model (“ α Fold”) generated
805 by AlphaFold2 [42] Jupyter notebook in ColabFold ver. 1.5.5 at Google colaboratory [74]
806 (<https://colab.research.google.com/github/sokrypton/ColabFold/blob/main/AlphaFold2.ipynb>),
807 using full protein sequence of hXkr4 (Uniport ID: Q5GH76). Seven missing residues in EM (I367
808 and E420–I425) were rebuilt using modeller ver. 10.4 [75]. Another 81 missing residues in the
809 cytoplasmic loop between TM2 and IH1 helices (V168–C248), forming an unstructured coil in
810 α Fold, were excluded in our simulations. The N- and C-terminal residues of the whole protein
811 (R106 and N516) and the missing gap (S249 and F167) were capped with NH_3^+ and COO^- groups,
812 respectively. Truncated sidechains of other residues were rebuilt by psfgen tool in VMD software
813 version 1.9.3[76]. Both EM and α Fold simulation systems were built using the residues 106–167
814 and 249–516. Starting from EM, either D125, D129, or E313 was substituted to Ala in the mutant
815 systems. Default protonation state was used in all other ionizable residues. All simulation systems
816 were constructed using membrane builder tool of the CHARMM-GUI website

817 (<http://www.charmm-gui.org/>)[77], where the protein as a monomer was embedded in a lipid
818 membrane consisting of either 100% POPC (“POPC”) or 50% DOPE:25% DOPC:25% DOPS
819 mixture (“DO-Mix”), solvated with ~44,000 water molecules. Either 100 mM of KCl (~80 K⁺ and
820 ~80 Cl⁻) or CaCl₂ (~80 Ca²⁺ and ~160 Cl⁻) were added in the solution space. All systems started
821 with all ions >25 Å away from D125, D129, and E313. The Ca²⁺ concentration in the simulation
822 was set to be much higher than its physiological range of the extracellular Ca²⁺ concentration, 1~3
823 mM, in order to accelerate Ca²⁺ binding from the solution. Each system contains ~210,000 atoms
824 in total. The details of the system components in all simulation setups are listed in Supplementary
825 Table 2. The simulation box was set to be orthorhombic with periodic boundaries applied at x-y-z
826 axes and dimensions of 140 Å × 140 Å × 110 Å. CHARMM36 force field[78] was employed for
827 the protein, lipids, K⁺, Cl⁻, and TIP3P water model[79]. Ca²⁺ was treated by the multi-site Ca²⁺
828 model [80], which better reproduces the binding energy between Ca²⁺ and the carboxyl groups of
829 Asp and Glu, and solvation energy and structure of the coordinated water molecules, than Ca²⁺
830 model in the conventional CHARMM forcefield. The equilibration and production simulations for
831 10 replicas from each of the systems #1,3–6 in Supplementary Table 2 were performed with
832 Gromacs package ver. 2022.3[81], and 10 replicas from each of the systems #1, 7–9 with Amber
833 ver. 22 [82]. All replicas were generated by assigning initial velocities at 300 K using different
834 random seed at the beginning of the equilibration step. The position restraints on protein and lipid
835 were gradually released during 50 ns equilibration run, followed by 500 ns production run for each
836 replica with time step of 2 fs with constant pressure of 1 atm and temperature of 300 K. The system
837 coordinates of the production run were recorded every 100 ps, leading to 5000 frames per each
838 production run. All other simulation setup details were taken from our previous work [82]. All
839 replicas in each of the systems #1, 2, 5-9 are divided into two subgroups as listed in the column
840 “Subgroups” in Supplementary Table 2, depending on whether the outer leaflet lipid is bent or
841 remains flat during the production run of each replica. The outer leaflet lipid remains flat in all
842 replicas in the systems #3 and 4. The system #1 is divided into four subgroups with different
843 criteria, as listed in the column “Subgroups2”, depending on the outer leaflet lipid bending and the
844 choice of MD software to generate the trajectories.

845

846 **Alignment of the MD trajectories for analysis**

847 The trajectories of all replicas of all systems were aligned with all alpha carbons of hXkr4 using
848 the coordinates at $t = 0$ of the equilibration run as a reference. The alignment was performed using
849 Gromacs tool (gmx trjconv). After alignment with hXkr4, the average z coordinate of all
850 phosphorus atoms in the phosphate groups of all lipid heads in both outer and inner leaflets, which
851 is defined as the z center of the bilayer (z_{center}), was calculated from the production run trajectories
852 of all replicas of the subgroups with the outer leaflet flat in Supplementary Table 2, then the whole
853 system coordinates in the production run trajectories were shifted in the z direction by $-z_{center}$ in
854 the later trajectory analysis.

855

856 **Trajectory of bending of the outer and inner leaflet lipids**

857 An individual lipid molecule was determined to belong to outer (inner) leaflet if the z coordinate
858 of its phosphorus atom at $t = 0$ of the equilibration run was higher (lower) than the $-z_{center}$. The
859 assignments of the outer and inner leaflet for individual lipid molecules were kept fixed throughout
860 the whole production run trajectories, regardless of their positions after $t = 0$. The outer leaflet
861 remained flat in the equilibration runs in all systems. The average and standard deviation of the
862 lowest (highest) z coordinates among all phosphorous atoms was calculated for outer (inner) leaflet
863 lipids. Each replica was assigned into the “bent” subgroup, when the lowest z coordinates among
864 all phosphorous atoms of all outer leaflet lipids remained lower than the average by more than
865 three times of the standard deviation from the average, continuously for longer than 10 ns,
866 otherwise assigned into the “flat” subgroup, as defined in the column “Subgroup” in
867 Supplementary Table 2.

868

869 **Binding of cation at the cation binding site**

870 Either K^+ or Ca^{2+} was determined to be bound at the cation binding site, when the ion was located
871 within 6 Å from carboxyl carbons of either D125, D129, or E313 sidechains. The number of bound
872 cations was calculated every MD frame in all replicas.

873

874 **The two-dimensional (2D) distribution of the outer and inner lipid heads on the x-y plane**

875 The average z coordinate of phosphorous atoms of either outer or inner leaflets was calculated at
876 $2 \text{ \AA} \times 2 \text{ \AA}$ square grids spanned in the range of $10 \text{ \AA} < x < 120 \text{ \AA}$ and $10 \text{ \AA} < y < 120 \text{ \AA}$ on the x -
877 y plane of the simulation box. The average z coordinate of each grid was scaled by color from red

878 to blue, as the z coordinate changes from $z = 3$ to 23 \AA for the outer leaflet, and $z = -23$ to -13 \AA
879 for the inner leaflet. The color scales in the plots of the outer and inner leaflets were set to change
880 in the opposite direction, so that the color on the grid turns red, as the lipid head in both outer and
881 inner leaflets is bent towards z_{center} . The plot was made using the grid squares where the number
882 of phosphorus atoms was non-zero in more than 0.4 % of the MD frames of each replica. This
883 threshold value was chosen to exclude grid squares with poor sampling of lipid occupancy due to
884 the rough protein-lipid boundary [83]. In grid squares with lower than 0.4% occupancy the
885 standard deviation of z was greater than 3 \AA . A one-dimensional (1D) cross-section of 2D plot
886 was obtained from $x = 10 \text{ \AA}$ to 55 \AA , while y is fixed at $y = 68 \text{ \AA}$ for the outer leaflet, and $y = 70$
887 \AA for inner leaflet. The fixed y values in the 1D plots were chosen where the difference of the
888 average z coordinates between $x = 10 \text{ \AA}$ and 55 \AA was the greatest over all y .

889

890 **Water occupancy profile along the TM1-TM2-IH1 groove**

891 A cylinder was defined at the groove between TM1, TM2, and IH1 helices (See Fig. 4 Supp1a),
892 with radius of 8 \AA , where the cylinder axis (h) was defined as a vector connecting from the
893 midpoint A of the positions of three alpha carbons of Y137, R142, and I324, located at the
894 extracellular side of TM1, TM2, and TM3 helices respectively (the midpoint A was set to be the
895 origin of the cylinder axis, $h = 0 \text{ \AA}$), to the midpoint B of the positions of three alpha carbons of
896 Y122, G155, L264 of TM1, TM2, and IH1 helices respectively, which are located near a short
897 loop between IH1 and IH2 ($h = 22.2 \text{ \AA}$). Then, the cylinder was extended in both directions
898 between $h = -18 \text{ \AA}$ and 68 \AA , where the cylinder reached the extra- and intracellular solution
899 space, respectively. Then, the cylinder was divided into 2 \AA -thick slice along its axis between $h =$
900 -18 \AA and 68 \AA , and the average number of water oxygen atoms within each slice was calculated
901 from the production run trajectories using VMD software ver. 1.9.3[76]. The VMD scripts for
902 analyzing the trajectories of the outer (inner) leaflet lipid and water occupancy in the cylinder are
903 available at dx.doi.org/10.6084/m9.figshare.25892728. The ND vestibule around D125, D129, and
904 E313 was defined as $h = 16 \sim 20 \text{ \AA}$ of the cylinder, as shown in Fig. 4 Supp1a.

905

906 **Outer leaflet bending as a function of opening of the TM1-TM2 groove and hydration at the** 907 **ND vestibule**

908 Three variables, which are 1) the distance between alpha carbons of V126 in TM1 and V152 in
909 TM2 helices, 2) the number of water molecules at the ND vestibule around D125, D129, and E313,
910 and 3) the z coordinate of the lowest outer leaflet head, were calculated at every MD frame. The
911 variables #1 and 2 were set as the horizontal and vertical axes in the 2D plot, which were divided
912 in grids with the size of $0.25 \text{ \AA} \times 1$ in the range of $4.75 \text{ \AA} < x < 21.0 \text{ \AA}$ and $0 \text{ \AA} < y < 30 \text{ \AA}$. The
913 variable #3 was averaged for each grid and for all replicas of each system. Each grid was colored
914 in scale from red to blue, as the variable #3 changes from $z = -3$ to 12 \AA .

915

916

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933

934 **Author contributions**

935 S.C., Z.F., S.L., and A.A. designed the experiments; R.B. performed initial expression screening;
936 S.C. expressed and purified proteins, performed initial functional characterization and determined
937 hXkr4 structure; Z.F. performed functional experiments and analyzed the data; S.L. and O.E.A.
938 performed MD simulations; S.L. designed and carried out analysis of MD simulations; G.K.
939 contributed resources; K.G. and A.P. designed and carried out M.S. experiments; A.A. oversaw
940 project and wrote the initial draft of the manuscript. All authors edited the manuscript.

941

942 **Data availability**

943 The data that support this study are available from the corresponding author upon request. All
944 models and associated cryoEM maps have been deposited into the Electron Microscopy Data Bank
945 (EMDBID: EMD-44744) and the Protein Data Bank (PDBID: 9BOJ). The depositions include
946 final maps, unsharpened maps, local refined maps, and associated FSC curves. Scripts for analysis
947 of MD trajectories are available at dx.doi.org/10.6084/m9.figshare.25892728.

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	Human Xkr4 (EMDB-44744) (PDB 9BOJ)
Data collection and processing	
Magnification	105000
Voltage (kV)	300
Electron exposure (e-/Å ²)	58.28
Defocus range (µm)	0.9-2.6
Pixel size (Å)	0.825
Symmetry imposed	C1
Initial particle images (no.)	5,540,840
Final particle images (no.)	446,787
Map resolution (Å)	3.72
FSC threshold	0.143
Map resolution range (Å)	3.0-4.6
Refinement	
Initial model used (PDB code)	N/A
Model resolution (Å)	3.7
FSC threshold	0.143
Model resolution range (Å)	3.1-3.9
Map sharpening <i>B</i> factor (Å ²)	-150
Model composition	
Non-hydrogen atoms	2551
Protein residues	321
Ligands	0
<i>B</i> factors (Å ²)	
Protein	55.42/118.27/78.48(min/max/mean)
Ligand	N/A
R.m.s. deviations	
Bond lengths (Å)	0.002
Bond angles (°)	0.442
Validation	
MolProbity score	2.06
Clashscore	4.20
Poor rotamers (%)	3.57
Ramachandran plot	
Favored (%)	93.33
Allowed (%)	6.67
Disallowed (%)	0

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Table 1. Cryo-EM data collection, refinement, and validation statistics

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