

Effective mobilisation of peripheral blood progenitor cells with 'Dexa-BEAM' and G-CSF: Timing of harvesting and composition of the leukapheresis product

P. Dreger^{1,2}, P. Marquardt², T. Haferlach¹, S. Jacobs¹, T. Mülverstedt¹, V. Eckstein³, M. Suttorp², H. Löffler^{1,2}, W. Müller-Ruchholtz³ & N. Schmitz^{1,2}

¹Second Department of Medicine, ²Bone Marrow Transplantation Unit, and ³Institute of Immunology, University of Kiel, Germany.

Summary The mini-BEAM regimen (BCNU, etoposide, cytarabine, melphalan) and its modification 'Dexa-BEAM' are effective salvage protocols for relapsed Hodgkin's disease and non-Hodgkin's lymphoma. Since many patients with relapsed lymphoma are eligible for high-dose chemotherapy with autologous stem cell rescue, we were interested in the suitability of these second line regimens for mobilising peripheral blood progenitor cells (PBPC). The kinetics of PBPC were studied in 15 patients treated with Dexa-BEAM and granulocyte colony-stimulating factor (G-CSF). Leukocytes started to rise from $<0.5 \text{ nL}^{-1}$ on day 18 (16–22) after Dexa-BEAM, and exceeded 10 nL^{-1} on day 20 (18–28). Peripheral blood CFU-GM peaked on day 21 (19–28) and declined slowly thereafter; the median leukocyte count was 18.7 nL^{-1} (12.2–60) on the day of CFU-GM-peak. The maximum number of CFU-GM circulating in peripheral blood was inversely correlated to the duration of leukopenia after Dexa-BEAM. Measurement of CD34+ cells with the monoclonal antibody 8G12-PE (HPCA-2) predicted the number of CFU-GM precisely in both peripheral blood and leukapheresis products ($r = 0.90$ – 0.95). Two to six leukapheresis procedures yielded 6.39×10^8 mononuclear cells kg^{-1} (1.82–13.49) containing 44.4×10^4 CFU-GM kg^{-1} (2.2–213.8). Immunophenotypical analysis revealed that the percentage of CD19+ B cells was very low in all collection products (less than 1%). Nine patients were autografted with PBPC (15.4 – 213.8×10^4 CFU-GM kg^{-1}) after myeloablative chemotherapy and experienced rapid and sustained engraftment (Platelets $> 50 \text{ nL}^{-1}$ on day +13 [9–22]).

We conclude that PBPC can be mobilised effectively by Dexa-BEAM plus G-CSF. An adequate timing of PBPC collection (when the leukocyte count has exceeded 10 nL^{-1}) and evaluation of the progenitor content of the leukapheresis products with 8G12-PE will allow to minimise the number of leukaphereses.

High-dose chemotherapy with autologous cell stem rescue is increasingly being used for treatment of relapsed Hodgkin's disease (HD) or non-Hodgkin's lymphoma (NHL). Both autologous bone marrow (BM) and peripheral blood progenitor cells (PBPC) have successfully been employed for restoring haematopoiesis after myeloblastic cytotoxic therapy (Philip *et al.*, 1987; Kessinger *et al.*, 1989; Brandwein *et al.*, 1991; Hardingham *et al.*, 1993; Schmitz *et al.*, 1993). Besides the possibility of less contamination by tumour cells, the major advantage of autologous PBPC transplantation (PBPC-T) over autologous BM transplantation (ABMT) appears to be a more rapid reconstitution of marrow function (Sheridan *et al.*, 1992; To *et al.*, 1992). Since the frequency of PBPC is low in steady-state haematopoiesis (Richman *et al.*, 1976; DeLuca *et al.*, 1992), mobilisation of progenitor cells into the blood is mandatory before harvesting via leukapheresis becomes practical. Originally, this was achieved by administration of myelosuppressive drugs (cytotoxic mobilisation), resulting in considerably increased PBPC levels during the recovery phase (Richman *et al.*, 1976). Although high-dose cyclophosphamide has been preferentially used for mobilising PBPC (To *et al.*, 1989; Gianni *et al.*, 1989; Bender *et al.*, 1992), other cytotoxic drugs also are effective (Emminger *et al.*, 1990; Siena *et al.*, 1991; Teshima *et al.*, 1992). As recombinant human haematopoietic growth factors have become available for clinical application, it has been demonstrated that the PBPC pool can effectively be expanded by granulocyte colony-stimulating factor (G-CSF) and granulocyte-macrophage colony-stimulating factor (GM-CSF) (Dührsen *et al.*, 1988; Socinski *et al.*, 1988; DeLuca *et al.*, 1992). Combination with cytotoxic therapy may further improve the yield of CSF-induced PBPC mobilisation (Socinski *et al.*, 1988; Gianni *et al.*, 1989).

Most patients with relapsed or refractory lymphoma scheduled for an autologous stem cell transplant receive salvage

chemotherapy in order to debulk tumour and test its sensitivity to cytotoxic therapy. Regimens containing carmustine (BCNU), etoposide, cytarabine, and melphalan, such as the 'mini-BEAM' and the 'Dexa-BEAM' protocols, have shown quick responses in a substantial number of patients and are thus widely used in this situation (Stewart *et al.*, 1991; Chopra *et al.*, 1992; Pfreundschuh *et al.*, 1993). In order to develop an efficient and economical method for PBPC harvesting in patients with lymphoma, we were interested in the suitability of these salvage regimens for mobilising PBPC. To this end, the kinetics of PBPC were studied in 15 patients who were treated with Dexa-BEAM and G-CSF to determine the optimum timing of PBPC collection.

Patients and methods

Patients

From March 1992 to January 1993, 15 consecutive patients underwent PBPC harvest after Dexa-BEAM for treatment of relapsed or refractory HD ($n = 10$) or NHL ($n = 5$). The median age was 37 years (range 24–49). Usually, the first Dexa-BEAM cycle was used for progenitor collection. Most patients were intensively pretreated, having failed 1–4 chemotherapy regimens with or without radiotherapy. Details are given in Table I.

Treatment regimens

Fully informed consent was obtained before therapy. All patients received G-CSF ($5 \mu\text{g kg}^{-1}$ s.c.) from day 8 (d8) of the Dexa-BEAM protocol until the last day of PBPC collection. The Dexa-BEAM regimen included dexamethasone $3 \times 8 \text{ mg d1-10}$, BCNU 60 mg m^{-2} d2, etoposide 150 – 400 mg m^{-2} d4–7, cytarabine 100 mg m^{-2} q12h d4–7, and melphalan 20 mg m^{-2} d3. Total white blood count (WBC), mononuclear cells, CFU-GM, BFU-E, and CD34+ cells were analysed daily during haematopoietic recovery.

Table I Patient characteristics

UPN	Age	Sex	Disease	State	Dexa-BEAM cyce no.	Previous regimens	Previous cycles	Previous radio-therapy
P03	24y	M	HD	2nd relapse	3	3	14	+
P04	36y	M	HD	2nd relapse	1	3	9	+
P05	26y	F	HD	Refractory	1	1	5	-
P06	36y	F	HD	1st relapse	2	3	9	+
P07	45y	M	HD	3rd relapse	1	3	14	+
P08	47y	F	NHL	1st relapse	1	1	5	+
P09	25y	M	HD	2nd relapse	1	4	15	+
P12	48y	F	HD	1st relapse	1	3	12	-
P13	42y	M	NHL	Refractory	1	2	3	-
P14	48y	M	HD	Refractory	1	1	2	-
P15	37y	M	NHL	2nd relapse	1	2	13	-
P17	42y	M	NHL	1st relapse	2	3	16	-
P18	49y	M	NHL	1st CR	1	1	6	-
P19	24y	F	HD	2nd relapse	1	2	8	+
P20	25y	M	HD	Refractory	1	2	6	-
Median	37	5F/	10HD/		1	2	9	7 + /8 -
Range	24-49	10M	5NHL		1-3	1-4	3-16	

For patients proceeding to PBPCT, high-dose chemotherapy consisted of cyclophosphamide 6 g m^{-2} , etoposide 1000 mg m^{-2} and BCNU 300 mg m^{-2} (CVB) for HD, and BCNU 300 mg m^{-2} , etoposide 800 mg m^{-2} , cytarabine (1600 mg m^{-2} and melphalan 140 mg m^{-2} (BEAM) for NHL, respectively (Schmitz *et al.*, 1993). Supportive care was performed as described previously (Schmitz *et al.*, 1988).

Leukapheresis

Leukapheresis was performed with a Fenwal CS3000 blood component separator (Baxter, Munich, Germany) using a double-lumen central-venous catheter. Six to ten liters of blood were processed daily at a flow rate of 30–60 mL min^{-1} . Each leukapheresis product was cryoconserved in liquid nitrogen until the day of transplantation at a cell concentration of $5 \times 10^7 \text{ mL}^{-1}$. The patients tolerated the mobilisation and cell separation procedures well.

Preparation of cells for in vitro analysis

To evaluate the percentage of mononuclear cells (MNC), Pappenheim-stained smears from each sample of peripheral blood or the leukapheresis product were used. At least 400 cells per slide were counted. MNC were isolated by density grade centrifugation over Ficoll/Hypaque (Pharmacia, Freiburg, Germany), washed, and adjusted in supplemented Iscove's modified Dulbecco's medium (IMDM, Life Technologies, Karlsruhe, Germany).

Progenitor cell assays

CFU-GM were grown by plating 1×10^5 MNC in 0.3% agar culture medium consisting of 20% FCS and 5% human placenta-conditioned medium in supplemented IMDM. All cultures were done in triplicate. After 14 days of incubation in a humidified atmosphere of 5% CO_2 at 37°C , colonies (>40 cells) were counted. For BFU-E, MNC were plated in methylcellulose containing 30% FCS, purified human erythropoietin (Terry Fox Laboratories, Vancouver, Canada) and PHA-leukocyte-conditioned medium as supplements. The further procedure was similar to that of CFU-GM; BFU-E were counted after 14 days. Counting was performed by the same individual throughout the whole study.

Immunophenotyping

Preparation of MNC for flow cytometry has been described elsewhere (Dreger *et al.*, 1993b). In brief, cells were suspended with PE- and FITC-conjugated specific monoclonal antibodies or PE/FITC-conjugated irrelevant isotype-specific

antibodies (DAKO, Hamburg, Germany) in phosphate-buffered saline containing 0.2% sodium azide. After 30 min of incubation and fixation with 1% formaldehyde, flow cytometry was performed with a FACScan flow cytometer (Becton Dickinson, Heidelberg, Germany). The antibodies used were: 8G12-PE (HPCA-2, CD34), Leu-19-PE (CD56, both from Becton Dickinson), MT310-PE (CD4), UCHT1-FITC (CD3), DK25-FITC (CD8), HD37-FITC (CD19, all from DAKO), and QBEND10-FITC (CD34, Immunotech, Marseille, France). Absolute numbers of CD34+ cells were calculated from the total percentage of 8G12-PE brightly stained cells, employing a window that excludes virtually all background fluorescence (0.02% or less positive cells in the unspecific control). Absolute numbers of lymphocyte subpopulations were calculated from the percentage of positive cells in a lymphocyte gate which contained virtually all CD3+, CD19+ and CD56+ cell using the corresponding differential blood count.

Statistical analysis

Regression and correlation analyses were performed with LOTUS software. Spearman's rank correlation test was used for calculating the correlation between the speed of leukocyte recovery and PBPC peaks, and the amount of cellular components transplanted and time to engraftment. A *P* value of <0.05 was considered as significant.

Results

Kinetics of hematopoietic recovery and PBPC mobilisation after Dexa-BEAM

The WBC started to rise from $<0.5 \text{ nL}^{-1}$ on day 16–22 (median 18) after start of Dexa-BEAM, and exceeded 10.0 nL^{-1} on day 18–28 (median 20). Peripheral blood CFU-GM peaked on day 19–28 (median 21) and declined slowly thereafter. In no instance did the CFU-GM peak occur before the WBC had exceeded 10.0 nL^{-1} ; usually, the peak was reached 1 or 2 days after this event (Figure 1). The median WBC on the day of CFU-GM peak was 18.7 nL^{-1} (range 12.2–60). Accordingly, in the last 11 patients PBPC collection was performed after the WBC had increased to more than 10.0 nL^{-1} to avoid unnecessary leukapheresis. CFU-GM maxima also coincided with platelet recovery after Dexa-BEAM (unsustained platelet count $>50 \text{ nL}^{-1}$), but this association was less strict than that of CFU-GM and WBC (Figure 1). For further details see Table I.

The peak CFU-GM mL^{-1} blood ($0.2\text{--}44.1 \times 10^3$) was inversely correlated to the number of days to reach a WBC of

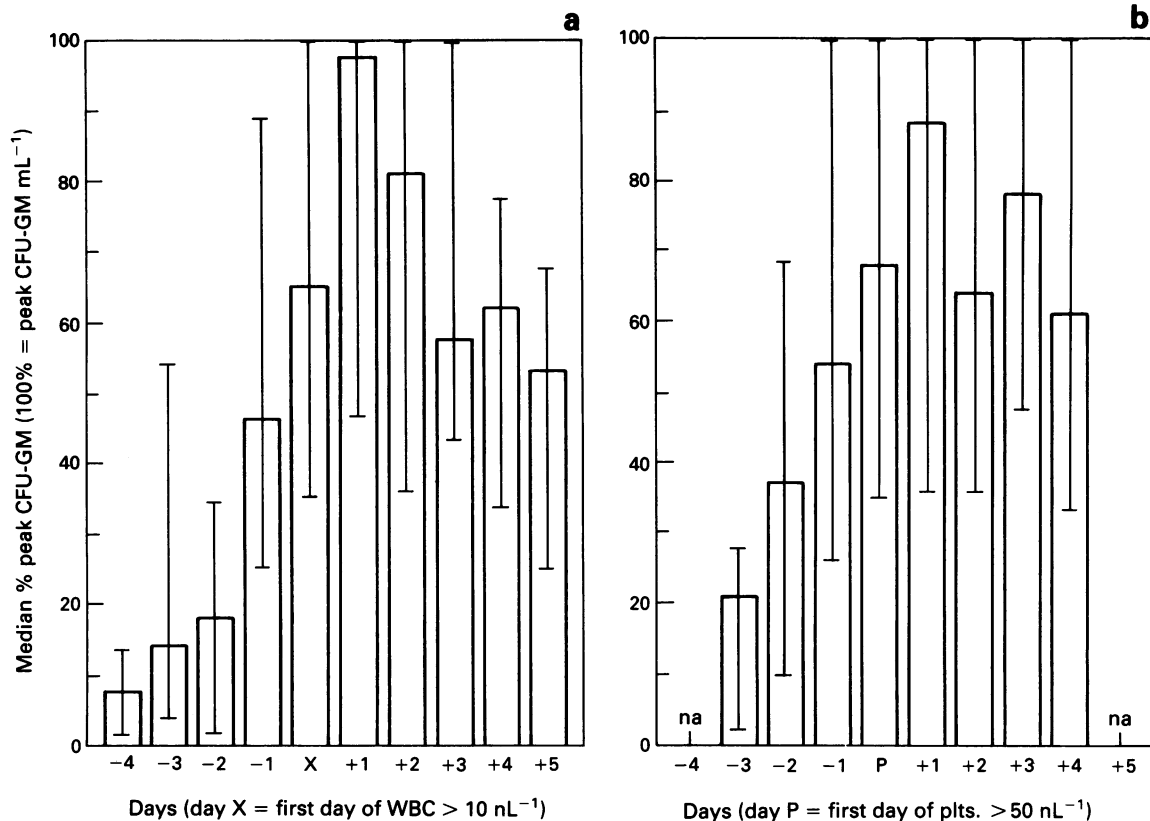


Figure 1 Kinetics of peripheral blood CFU-GM in relation to WBC **a**, and platelet recovery **b**, after Dexa-BEAM ($n = 11$). The ordinate depicts the medians of the CFU-GM percentages on the corresponding days relative to the individual CFU-GM maxima (= 100%).

> 10 nL^{-1} ($r_s = -0.68$, $P < 0.025$) and to the number of days to reach a WBC of > 20 nL^{-1} ($r_s = -0.80$, $P < 0.005$). Among the patients for whom PBPC kinetics were available, three had strikingly low numbers of peripheral blood CFU-GM (peak CFU-GM < $1 \times 10^3 mL^{-1}$); in all of them WBC recovery was slow and incomplete as indicated by the fact that a WBC of > 20 nL^{-1} was not reached in spite of continued G-CSF application (Table II). All patients with 'normal' CFU-GM values in their peripheral blood achieved a WBC of > 10 nL^{-1} within 3 weeks from the start of Dexa-BEAM and exceeded a WBC of 20 nL^{-1} 1 or 2 days later. A clear-cut relationship between PBPC maxima and the intensity of pretreatment was not evident.

CD34-positive cells

In the first three patients, labelling of CD34-positive cells was performed with QBEND10-FITC. However, as the fluorescence intensity obtained with this conjugate was found to be very low, a reliable discrimination of CD34+ cells was not possible. Thus, in all subsequent patients, CD34+ cells were also stained with 8G12-PE. This antibody, which binds to a chymopapain-resistant epitope on the CD34 molecule (Lansdorp *et al.*, 1989; Civin *et al.*, 1990), produces a bright specific fluorescence, allowing the reproducible quantitation of even very small amounts of peripheral blood CD34+ MNC (> 0.1% of gated cells). In our study, the CD34+

Table II Kinetics of PBPC mobilisation and WBC recovery after Dexa-BEAM

UPN	WBC > 0.5 nL^{-1} day	WBC > 10 nL^{-1} day	WBC > 20 nL^{-1} day	Platelets > 50 nL^{-1} day	CFU-max day	CFU max $\times 10^3 mL^{-1}$ blood	CD34 max $\times 10^3 mL^{-1}$ blood
P03	17	19	20	na ^a	na	na	na
P04	19	21	23	21	22	7.2	na
P05	na	19	na	na	na	na	na
P06	22	28	nr ^b	27	28	0.52	9.3
P07	20	23	nr	25	24	0.2	3.4
P08	17	20	21	21	21	3.19	49.5
P09	16	18	20	18	19	44.06	296.6
P12	na	na	na	na	na	na	na
P13	19	22	23	21	22	11.25	166.7
P14	18	20	21	na	na	na	na
P15	17	19	19	17	20	31.56	258
P17	17	18	19	19	19	8.59	93
P18	19	21	nr	20	24	0.5	9.1
P19	18	20	21	21	20	4.37	26.3
P20	17	19	21	20	21	8.36	42.8
Median	18	20	21	21	21	7.2	46.2
Range	16–22	18–28	19–> 28	17–27	19–28	0.2–44.06	3.4–296.6
n	13	14	13	11	11	11	10

^aNot available. ^bNot reached.

MNC populations demonstrated almost entirely low right-angle light scatter and low to intermediate forward light scatter characteristics, corresponding to the 'lymphocyte window' as defined by SIENA *et al.* (Siena *et al.*, 1989) (Figure 2).

When measured with 8G12-PE, the kinetics of peripheral blood CD34 brightly positive cells paralleled those of CFU-GM very closely ($r = 0.90$); the relation might be fitted by a linear regression line described by the equation $y = 0.084 + 0.102x$, in which x corresponds to the CD34+ cell count and y to the CFU-GM count. The slope of the regression line indicates that CFU-GM were present at 0.102 the number of CD34+ cells, or, vice versa, CD34+ cells were 9.8 times more frequent than CFU-GM. Considering each individual pair of samples, five to 20 CD34+ cells were found per one CFU-GM. The maximum percentage of CD34+ cells ranged from 0.16 to 4.21% (median 2.22%) of MNC, according to absolute numbers of $3.4\text{--}296.6 \times 10^3$ CD34+ cells per mL blood. In patient P07, who displayed the lowest numbers of PBPC, flow cytometry yielded 0.04–0.16% CD34+ cells without clear correlation to the CFU-GM counts, indicating

a limited precision of CD34+ cell quantitation when very small percentages of CD34+ cells are present. (This patient was not included in the analysis depicted in Figure 3).

Linear regression analysis of $\text{CFU-GM} \times 10^4 / \text{CD34+ cells} \times 10^5$ in the harvests of 25 leukapheresis procedures again revealed a strong correlation between these two parameters ($r = 0.95$; $y = 8.13 + 0.784x$, corresponding to 12.8 CD34+ cells per CFU-GM). The correlation between BFU-E and CD34+ cells was less striking ($r = 0.75$; $y = 2.55 + 0.255x$, corresponding to 39.2 CD34+ cells per BFU-E; Figure 3).

Composition of the leukapheresis products

Overall, 2–6 leukapheresis procedures yielded $1.82\text{--}13.49 \times 10^8$ MNC kg^{-1} (median 6.39), containing $2.2\text{--}213.8 \times 10^4$ CFU-GM kg^{-1} (median 44.4), $4.8\text{--}101.1 \times 10^4$ BFU-E kg^{-1} (median 26.8), and $0.14\text{--}4.52 \times 10^8$ lymphocytes (median 1.31, Table III). When performing an immunophenotypical analysis on the leukapheresis products of 9 patients, we found $16.2\text{--}269.7 \times 10^5$ CD34+ cells kg^{-1} (median 57), $28\text{--}345.9 \times 10^6$ CD31+ T cells kg^{-1} (median 116), 20.5--

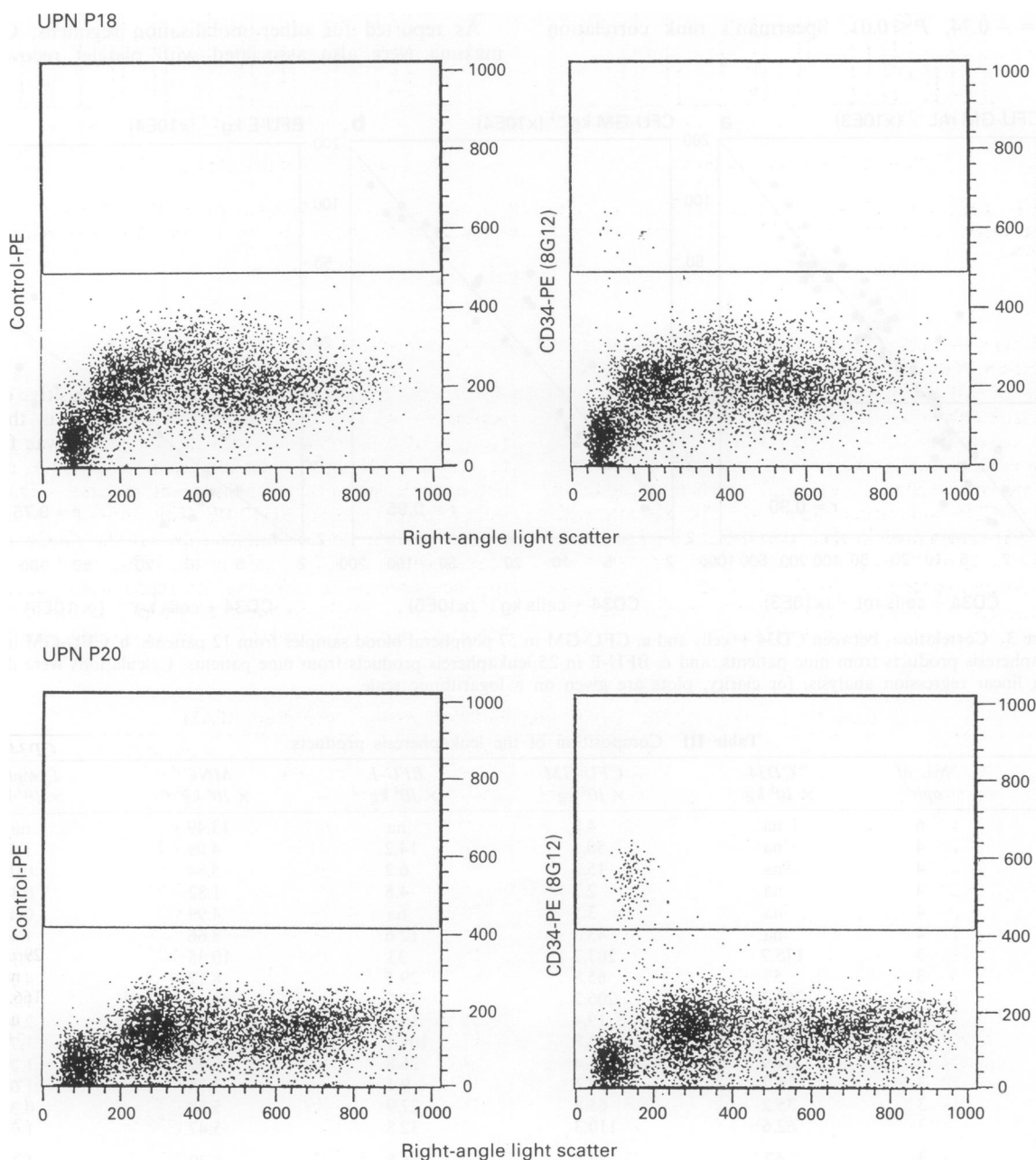


Figure 2 Flow cytometry of CD34+ cells in the peripheral blood of patients treated with DEXA-BEAM + G-CSF. Shown are examples of bivariate plots displaying right-angle scatter properties vs staining with 8G12-PE (right panels) or irrelevant mouse IgG-PE (left panels). Calculation windows include 0 vs 0.20 (UPN P18), and 0 vs 1.90% PE-positive cells (UPN P20).

251.2×10^6 CD4 + T cells kg^{-1} (median 59.7), $7.1-100.4 \times 10^6$ CD8 + T cells kg^{-1} (median 53.6), and $2.6-98 \times 10^6$ CD56 + CD3- NK cells kg^{-1} (median 23.8). The percentage of CD19 + B cells was remarkably low in all collection products (usually less than 1%), resulting in a B cell content of $0-5.9 \times 10^6$ cells kg^{-1} (median 0.7).

Engraftment after PBPC reinfusion

Nine patients have been autografted with PBPC ($15.4-213.8 \times 10^4$ CFU-GM kg^{-1}) after myeloablative chemotherapy ('CVB' or 'BEAM' regimen). All experienced rapid and sustained engraftment (neutrophils $>0.5 \text{ nL}^{-1}$ on day 8-14 [median 10], untransfused platelets $>20 \text{ nL}^{-1}$ on day 7-14 [median 10], and platelets $>50 \text{ nL}^{-1}$ on day 9-22 [median 13]) (Table IV). One patient was given a PBPC graft containing 4.8×10^4 CFU-GM kg^{-1} , and, in addition, autologous marrow containing 3.5×10^4 CFU-GM kg^{-1} . Although receiving stem cells from both sources, this patient engrafted relatively slow; in particular, the normalisation of the platelet count was delayed (platelets >50 on day +199). Overall, the amount of CFU-GM infused showed an inverse correlation to the number of days needed to achieve an unsupported platelet count of $>20 \text{ nL}^{-1}$ ($r_s = -0.73$, $P < 0.02$) or $>50 \text{ nL}^{-1}$ ($r_s = -0.74$, $P < 0.01$, Spearman's rank correlation test).

Discussion

The data presented here demonstrate that PBPC can be effectively mobilised by salvage combination chemotherapy (Dexa-BEAM) plus G-CSF. Although it has been recommended that leukapheresis after cytotoxic mobilisation should start as soon as WBC have reached 1 nL^{-1} (Gianni *et al.*, 1989; Siena *et al.*, 1989; Emminger *et al.*, 1990), and this practice has been adapted for combined cytotoxic/CSF-mediated mobilisation (Siena *et al.*, 1991; Teshima *et al.*, 1992), our experience indicates that the optimum time for harvesting PBPC after Dexa-BEAM + G-CSF is not before the WBC has increased to more than 10 nL^{-1} . If at this time leukapheresis is not possible, sufficient amounts of PBPC can still be collected on at least five subsequent days, provided the G-CSF administration is continued. The absolute numbers of PBPC present in the circulation correlated well with the speed and completeness of WBC recovery, i.e. individuals who exhibited a leukocyte count of 10 nL^{-1} relatively late and never reached 20 nL^{-1} displayed CFU-GM maxima that were 10-100 times lower than those seen in patients with a rapid WBC recovery to $>20 \text{ nL}^{-1}$. This observation matches findings obtained in cytotoxic mobilisation (Emminger *et al.*, 1990).

As reported for other mobilisation regimens, CFU-GM maxima were also associated with platelet recovery after

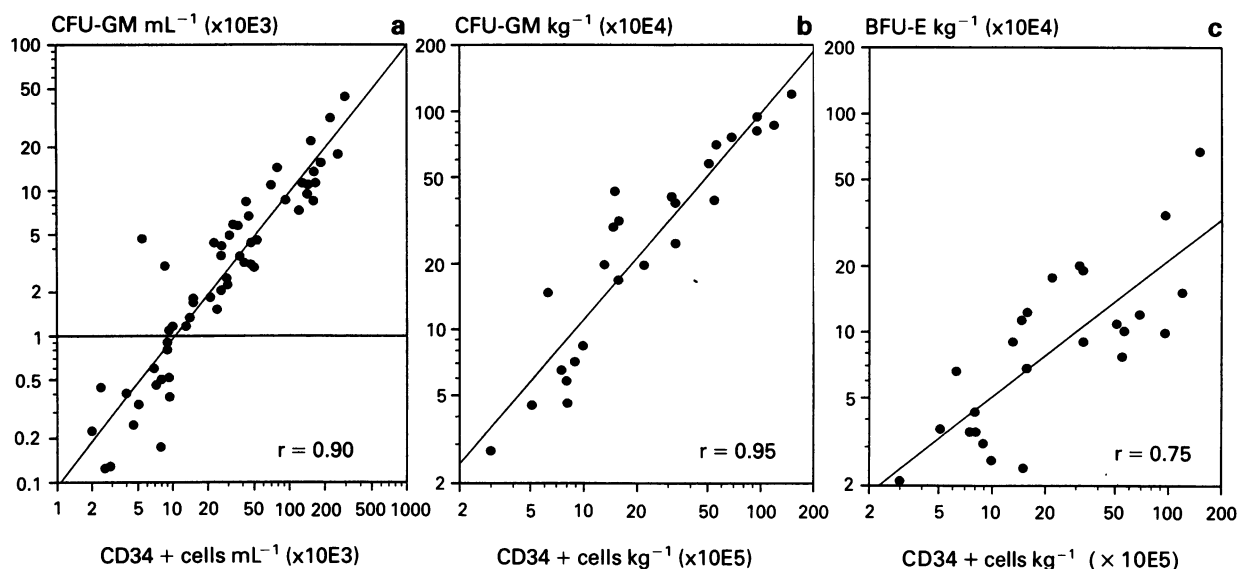


Figure 3 Correlations between CD34 + cells and a, CFU-GM in 57 peripheral blood samples from 12 patients, b, CFU-GM in 25 leukapheresis products from nine patients, and c, BFU-E in 25 leukapheresis products from nine patients. Calculations were done using linear regression analysis, for clarity, plots are given on a logarithmic scale.

Table III Composition of the leukapheresis products

UPN	No. of aph ^a	CD34 $\times 10^5 \text{ kg}^{-1}$	CFU-GM $\times 10^4 \text{ kg}^{-1}$	BFU-E $\times 10^4 \text{ kg}^{-1}$	MNC $\times 10^8 \text{ kg}^{-1}$	Lymphoc. $\times 10^8 \text{ kg}^{-1}$
P03	6	na	4.8	na	13.49	na
P04	4	na	50.5	14.2	4.09	1.51
P05	4	na	15.2	6.2	5.84	0.21
P06	4	na	2.2	4.8	1.82	0.14
P07	4	na	3.5	na	4.99	0.45
P08	4	na	43.3	12.6	8.66	1.41
P09	3	175.7	203.2	33	10.35	1.19
P12	3	57	65.8	29.5	8.17	4.52
P13	3	269.7	206.2	32.7	8.17	1.51
P14	3	24.4	19.4	10.9	7.06	2.4
P15	2	245.8	213.8	101.1	9.81	1.71
P17	2	54.9	44.4	26.8	6.39	1.2
P18	3	16.2	12	9.1	3.74	1.02
P19	3	35.2	65.8	27.9	5.58	0.31
P20	3	62.6	110.3	32.8	5.47	1.79
Median	3	57	44.4	26.8	6.39	1.31
Range	2-6	16.2-269.7	2.2-213.8	4.8-101.1	1.82-13.49	0.14-4.52
n	15	9	15	13	15	14

^aNumber of leukaphereses

Table IV Kinetics of engraftment after PBPC reinfusion

UPN	CFU-GM infused ($\times 10^4 \text{ kg}^{-1}$)	Neutrophils > 0.5 nL ⁻¹ (day)	Platelets > 20 nL ⁻¹ (day)	Platelets > 50 nL ⁻¹ (day)	Hosp. (days)
P03	4.8 ^a	+ 10	+ 20	+ 199	19
P04	50.5	+ 10	+ 12	+ 18	16
P05	15.2 ^b	+ 10	+ 10	+ 14	14
P06	22.6 ^c	+ 14	+ 14	+ 22	23
P08	43.3 ^b	+ 13	+ 10	+ 13	14
P09	203.2	+ 8	+ 8	+ 9	11
P12	65.8 ^b	+ 11	+ 10	+ 10	16
P13	206.2	+ 9	+ 10	+ 13	21
P14	19.4	+ 10	+ 11	+ 16	18
P15	213.8	+ 8	+ 7	+ 11	15
Median	46.9	10	10	13	16
Range	4.8–213.8	8–14	7–20	9–199	11–23

^aAutologous BM containing 3.52×10^4 CFU-GM kg^{-1} was administered simultaneously. ^bNo G-CSF after PBPC infusion. ^cIncluding 20.4×10^4 G-CSF-mobilised CFU-GM kg^{-1} obtained on a separate occasion.

Dexa-BEAM (Teshima *et al.*, 1992; Emminger *et al.*, 1990). However, with regard to timing of leukapheresis, the leukocyte count appears to be the more suitable indicator of PBPC expansion because WBC recovery usually becomes evident 2–3 days before the critical value (10 nL^{-1}) is reached, whereas the platelet rise often is obscured by platelet transfusions. Moreover, CFU-GM peaks were always preceded by achievement of the critical leukocyte value (10 nL^{-1}) but not of the critical platelet value (50 nL^{-1}).

While it is well documented that the addition of growth factors strongly increases the efficacy of cytotoxic PBPC mobilisation, investigations indicating the augmentation of CSF-mediated mobilisation by cytotoxic therapy are sparse. Accordingly, in our protocol the importance of Dexa-BEAM for expanding the PBPC pool is not clearly defined. However, the relevance of chemotherapy in this setting is underlined by the fact that we were not able to collect 100×10^4 CFU-GM kg^{-1} or more with 2–3 leukapheresis in a limited number of patients mobilised with G-CSF alone, although previous treatment in general was less intensive than in the cohort treated with Dexa-BEAM + G-CSF (unpublished observations). Larger patient numbers, however, are required to draw definite conclusions on this topic.

The number of CFU-GM necessary for successful trilineage engraftment has been a subject of controversy; recommended minimum CFU-GM doses range from 10×10^4 to $50 \times 10^4 \text{ kg}^{-1}$ (Siena *et al.*, 1991; Teshima *et al.*, 1992; To *et al.*, 1986; To & Juttner, 1987). This discrepancy may reflect differences in the CFU-GM assays employed, in the agents used for mobilisation, and in the underlying diseases. In our series, rapid and complete engraftment was achieved in each patient who received 10×10^4 CFU-GM kg^{-1} or more; the single patient transplanted with 4.8×10^4 CFU-GM kg^{-1} showed delayed platelet recovery in spite of simultaneous administration of autologous bone marrow. Thus, fewer than 10×10^4 CFU-GM kg^{-1} (or 20×10^5 CD34+ cells kg^{-1}) would appear insufficient to ensure complete engraftment in this setting. Altogether, engraftment after transplantation of Dexa-BEAM + G-CSF-mobilised PBPC compares favourably with the recovery of 29 historical control patients with lymphoma grafted with autologous bone marrow (platelets $> 20 \text{ nL}^{-1}$ on day 16–143 [median 25], platelets $> 50 \text{ nL}^{-1}$ on day 20–235 [median 31], manuscript in preparation).

The relationship between CD34 and CFU-GM in peripheral blood is well-acknowledged (Bender *et al.*, 1992; Siena *et al.*, 1989; Siena *et al.*, 1991; Brugger *et al.*, 1992; Matsunaga *et al.*, 1993). However, the correlation found in the present series is much stronger than in most previous studies, which reported correlations between CD34 and CFU-GM mL^{-1} ranging from $r = 0$ to $r = 0.89$ (Bender *et al.*, 1992; Siena *et al.*, 1989; Siena *et al.*, 1991; Brugger *et al.*, 1992; Matsunaga *et al.*, 1993; Janssen *et al.*, 1992; Haas *et al.*, 1992). This may have various reasons: (1) As we and others have observed (Lansdorp *et al.*, 1989), the affinity and the

degree of unspecific binding between different CD34 MoAbs and conjugates varies considerably. A less discriminating CD34 conjugate or indirect CD34 labelling may include unspecific fluorescence and thus affect the CD34/CFU-GM correlation (Brugger *et al.*, 1992; Janssen *et al.*, 1992; Haas *et al.*, 1992). On the contrary, 8G12-PE produces an intensive staining of CD34+ cells with low right-angle light scatter and low to intermediate forward light scatter characteristics, allowing a narrow gating on bright fluorescent cells that excludes unspecific fluorescence and dim CD34+ cells. Using this technique, a clear-cut identification and reproducible quantification of even small proportions of CD34+ cells is possible. Probably due to the exclusion of cells of uncertain specificity and dim CD34+ cells, the relative and absolute numbers of CD34+ cells were lower on a per mL and per CFU-GM basis in this study than in others in which an indirect CD34-labelling was employed (Siena *et al.*, 1989; Matsunaga *et al.*, 1993), but similar to the results obtained by SIENA *et al.* who used a 8G12-FITC conjugate (Siena *et al.*, 1991). (2) The fact that colony counting was performed by the same person throughout the whole study may have contributed to the strong CD34+ cell/CFU-GM correlation observed. (3) Finally, the degree of correlation between CFU-GM and CD34+ cells may depend on the method of PBPC mobilisation (Brugger *et al.*, 1992; Janssen *et al.*, 1992). Altogether, in our study, the CD34+ cell/CFU-GM ratios ranged consistently between 20:1 and 5:1, implying that a leukapheresis yield of $> 20 \times 10^5$ CD34+ cells kg^{-1} reliably predicted for a CFU-GM content of $> 10 \times 10^4 \text{ kg}^{-1}$.

When analysing the cellular components of the collection products by immunophenotyping, we found that CD19+ B cells were strongly reduced or undetectable in the PBPC grafts. This phenomenon was much more pronounced in the present series than observed after cytotoxic mobilisation with other agents (Kiesel *et al.*, 1989), and paralleled findings obtained after BM transplantation (BMT), where B cells have been reported to be virtually absent from the peripheral blood in the first few weeks after transplant (Ault *et al.*, 1985; Aotsuka *et al.*, 1991; Dreger *et al.*, 1993b). Thus, Dexa-BEAM appears to produce some kind of 'in vivo B cell depletion' of PBPC grafts. Since PBPC is used in patients with B cell NHL with BM involvement (Kessinger *et al.*, 1989; Hardingham *et al.*, 1993), this finding is of particular importance because Dexa-BEAM plus G-CSF might be employed to 'purge' autologous stem cell grafts of such patients.

The NK cell/T cell ratios in the PBPC grafts were in the range expected for normal blood and different from those seen early after BMT, where the NK cell compartment is increased (Ault *et al.*, 1985; Aotsuka *et al.*, 1991). The PBPC grafts contained a median T cell dose of $1.16 \times 10^8 \text{ kg}^{-1}$, or at least three times more T cells than an average BM graft (Mitsuyasu *et al.*, 1986). Given that T cells play a role in engraftment of allogeneic and autologous BM (Martin,

1990), the high T cell dose contaminating PBPC grafts may contribute to the fast hematopoietic recovery after PBPC. On the other hand, the high T cell content of PBPC grafts might be a major obstacle for the use of G-CSF-mobilised PBPC in the allogeneic setting (Dreger *et al.*, 1993a), where T cells are thought to represent the main carriers of graft-versus-host reactivity.

Taken together, Dexa-BEAM plus G-CSF can mobilise large amounts of PBPC that are capable of mediating rapid and sustained haematopoietic recovery after high-dose chemotherapy. The progenitor cell content of the leukapheresis produce correlates with the speed of leukocyte recovery after Dexa-BEAM and can rapidly and reliably be assayed by measurement of 8G12-PE (CD34) brightly positive cells.

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From a practical point of view, PBPC collection should start immediately after the WBC has exceeded 10.0 nL^{-1} and might be terminated as soon as more than 20×10^5 CD34+ cells are harvested. This schedule (which should apply also to patients treated with the very similar mini-BEAM protocol) will allow asservation of autologous stem cells with a minimum number of leukaphereses, minimum costs, and without causing delay in continuation of salvage chemotherapy.

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