Vaccination Guidelines for Patients With Immune-Mediated Disorders on Immunosuppressive Therapies

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Canadian Dermatology Association



Association

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Abstract

Background: Patients with immune-mediated diseases on immunosuppressive therapies have more infectious episodes than healthy individuals, yet vaccination practices by physicians for this patient population remain suboptimal.

Objectives: To evaluate the safety and efficacy of vaccines in individuals exposed to immunosuppressive therapies and provide evidence-based clinical practice recommendations.

Methods: A literature search for vaccination safety and efficacy in patients on immunosuppressive therapies (2009-2017) was conducted. Results were assessed using the Grading of Recommendation, Assessment, Development, and Evaluation system.

Results: Several immunosuppressive therapies attenuate vaccine response. Thus, vaccines should be administered before treatment whenever feasible. Inactivated vaccines can be administered without treatment discontinuation. Similarly, evidence suggests that the live zoster vaccine is safe and effective while on select immunosuppressive therapy, although use of the subunit vaccine is preferred. Caution regarding other live vaccines is warranted. Drug pharmacokinetics, duration of vaccine-induced viremia, and immune response kinetics should be considered to determine appropriate timing of vaccination and treatment (re)initiation. Infants exposed to immunosuppressive therapies through breastmilk can usually be immunized according to local guidelines. Intrauterine exposure to immunosuppressive agents is not a contraindication for inactivated vaccines. Live attenuated vaccines scheduled for infants and children ≥ 12 months of age, including measles, mumps, rubella, and varicella, can be safely administered as sufficient time has elapsed for drug clearance.

Conclusions: Immunosuppressive agents may attenuate vaccine responses, but protective benefit is generally maintained. While these recommendations are evidence based, they do not replace clinical judgment, and decisions regarding vaccination must carefully assess the risks, benefits, and circumstances of individual patients.

Keywords

vaccination, immunosuppression, immune-mediated disease

Immunosuppressive treatments dysregulate immunity and increase the risk of infections and associated morbidity and mortality.¹⁻⁴ While immunization significantly mitigates these risks, vaccination rates in patients with immune-mediated diseases (IMDs) treated with immunosuppressants remain suboptimal, primarily due to the absence of physician recommendations.⁵⁻⁷ The reticence of physicians to vaccinate these patients may reflect the challenges of weighing the quality of protection achieved while on immunosuppressive treatment with the perceived risks of disease aggravation and vaccine-induced adverse events (AEs). This underscores the importance of improving physician awareness and the need for comprehensive guidelines for

the management of this patient population. This publication aims to critically evaluate evidence regarding the safety and efficacy of vaccinating individuals exposed to immunosuppressive therapies and provide evidence-based clinical practice recommendations.

Current knowledge of the safety and efficacy of vaccination in this setting is mainly derived from nonrandomized trials and observational studies using postimmunization antibody titres to vaccine antigens as surrogate markers of protection. Although it may be argued that this measure imperfectly reflects the magnitude and quality of the immune response, it is the best-characterized and most routinely used correlate of protective immunity for commercially available vaccines.⁸⁻¹⁴ As most vaccines mediate protection through humoral responses that block infection, viremia, or bacteremia,¹⁵ postimmunization serological titres and functional antibody characteristics are valuable indications of vaccine efficacy.

Methods

A multidisciplinary committee comprising gastroenterologists (J.K.M., A.B., B.B., A.H.S.), dermatologists (K.A.P., M.G., R.B., V.H.), rheumatologists (B.H., J.E.P., J.W., S.J.), and infectious disease specialists with expertise in vaccinology (D.K., D.C.V.) was assembled to develop guidelines on the practical management of patients considering vaccination while on immunosuppressive therapies. Synapse Medical Communications performed literature searches in accordance to the Grading of Recommendation, Assessment, Development, and Evaluation (GRADE) system across multiple databases (Embase, MEDLINE, PubMed).¹⁶ Major search terms included vaccination, rheumatoid arthritis (RA), inflammatory bowel disease (IBD), psoriatic arthritis (PsA), psoriasis (PsO), autoimmune disease, and concepts of interest such as specific vaccines, disease-modifying antirheumatic drugs (DMARDs), glucocorticoids, and biologic agents. The literature search identified clinical trials, metaanalyses, systematic reviews, observational studies, case series, and existing guidelines published from 2009 to 2017. Reference lists were manually searched to identify relevant articles and included based on the committee's discretion. Published studies were reviewed by the committee and assessed for content and GRADE evidence levels.¹⁶ The quality of evidence was rated as "high" (indicating that further research is unlikely to change the confidence in the estimate of effect), "moderate" (implying that further research is likely to have an impact on the confidence in the estimate of effect), "low" (suggesting that further research is likely to have a strong impact on the confidence in the estimate of effect), or "very low" (meaning that any estimate of effect is very uncertain).

The Steering Committee (K.A.P. [chair], J.K.M., D.K., B.H.) developed the initial statements, which underwent 2 rounds of revisions according to feedback received from all authors. All 14 members voted on a web-based platform to determine the level of agreement for each statement using a 5-point scale (strongly agree, agree, neutral, disagree, strongly disagree). Statements achieving \geq 75% agreement were included in the guidelines. Of the 15 statements considered, 2 statements were rejected (see Appendix 1, available online).

The strength of a recommendation was evaluated according to GRADE and rated as "strong" when desirable consequences clearly outweighed undesirable consequences, "conditional" when desirable consequences probably outweighed undesirable consequences, or "weak" when the balance between desirable and undesirable consequences was closely balanced or uncertain. Clinical practice recommendations are listed in Table 1.

Good Clinical Practice Statement

Statement 1: In patients newly diagnosed with immunemediated diseases, we recommend that immunization status be assessed and age- and condition-appropriate vaccines be administered prior to initiation of immunosuppressive treatment.

GRADE: Strong recommendation; moderate-level evidence

Vote: 64.3% strongly agree, 28.6% agree, 7.1% neutral

Evidence Summary

Studies in patients with type 1 diabetes, celiac disease, and IBD showed that individuals with these IMDs who are not

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Table I. Recommendation Statements.

Statement I: In patients newly diagnosed with immune-mediated diseases, we recommend that immunization status be assessed and age- and condition-appropriate vaccines be administered prior to initiation of immunosuppressive treatment.

Strong recommendation; moderate-level evidence.

Inactivated vaccines

Statement 2a: To optimize the immunogenicity of inactivated vaccines in treatment-naive patients with immune-mediated conditions, we suggest that immunization be performed at least 2 weeks prior to initiation of immunosuppressive therapy, whenever possible. *Conditional recommendation; moderate-level evidence.*

Statement 2b: Among patients with immune-mediated diseases currently receiving immunosuppression, we recommend that immunosuppressive treatment not be interrupted for administration of inactivated vaccine.

Strong recommendation; moderate-level evidence.

Statement 2c: In patients with immune-mediated diseases treated with rituximab who require optimal vaccine immunogenicity, we recommend that immunization be deferred to \geq 5 months after the last dose and at least 4 weeks prior to the subsequent dose of rituximab.

Strong recommendation; low-level evidence.

Live attenuated vaccines: Herpes zoster

Statement 3a: To optimize the immunogenicity of the live attenuated herpes zoster vaccine in treatment-naive patients with immunemediated conditions, we suggest immunization be performed at least 2 to 4 weeks prior to initiation of immunosuppressive therapy. *Conditional recommendation; moderate-level evidence.*

Statement 3b: In patients with immune-mediated diseases on immunosuppressive agents, the live attenuated herpes zoster vaccine can be safely administered to patients at risk, but the subunit vaccine is the preferred alternative. Individual situations should be assessed for patients treated with a combination of immunosuppressive drugs, if the live vaccine is being considered.

Strong recommendation; moderate-level evidence.

Other live attenuated vaccines

Statement 4a: In treatment-naive patients with immune-mediated diseases who are vaccinated with live attenuated vaccines, we recommend that the duration of viremia following immunization be considered when determining the optimal time to initiate immunosuppressive therapy.

Strong recommendation; very low-level evidence.

Statement 4b: In patients with immune-mediated diseases who interrupt immunosuppressive treatment prior to vaccination, we recommend that the duration of viremia following immunization be considered when determining the optimal time to reinitiate immunosuppressive therapy.

Strong recommendation; very low-level evidence.

Statement 4c: In patients with immune-mediated diseases on immunosuppressive agents, we suggest that live attenuated vaccines be administered when individual benefits outweigh the perceived risks.

Conditional recommendation; low-level evidence.

Statement 4d: In situations where patient safety is a paramount concern and the clinical situation allows, we suggest that immunosuppressive treatment be interrupted for a duration based on drug pharmacokinetics prior to immunization with live vaccines. *Conditional recommendation; low-level evidence.*

Vaccination of infants with early exposure to immunosuppressive agents

Statement 5a: In infants exposed to immunosuppressive agents in utero during the third trimester, we recommend that inactivated vaccines be administered according to the local immunization schedule.

Strong recommendation; very low-level evidence.

Statement 5b: In infants exposed to immunosuppressive agents in utero during the third trimester, we recommend that the MMR and varicella vaccines be administered according to the local immunization schedule.

Strong recommendation; low-level evidence.

Statement 5c: In infants breastfed by mothers on immunosuppressive regimens, we recommend that inactivated and live attenuated vaccines be administered according to the local immunization schedule without delay. Strong recommendation; very low-level evidence.

Abbreviation: MMR, measles, mumps, rubella.

treated with immunosuppressive agents generally have comparable serologic responses to vaccination as healthy individuals.¹⁷⁻²⁰ As several DMARDs and biologic agents interfere with the immune response to vaccines (Figure 1, Figure 2, Table 2, and Table 3), it is imperative to assess the patient's immunization history at diagnosis and administer age- and disease-appropriate vaccines according to local guidelines prior to treatment initiation to optimize efficacy. Concerns regarding the risk of disease exacerbation are unfounded as studies have shown that immunization did not generally cause clinically significant worsening of underlying IMDs (Tables 2 and 3). Indeed, a meta-analysis evaluating the impact of influenza and pneumococcal vaccination in systemic lupus erythematosus (SLE) demonstrated that immunization had no significant effect on the SLE disease activity index (SLEDAI) score.²¹ While some studies reported

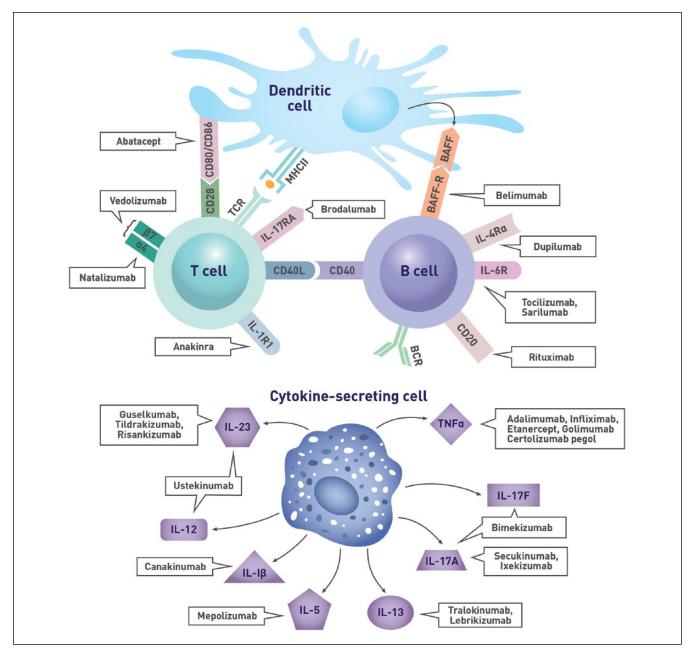


Figure 1. Immunological targets of biologic agents.

increased joint pain following the administration of pneumococcal or influenza vaccines to patients with RA, spondyloarthritis (SpA), or PsA,^{22,23} these symptoms were transient and self-resolving.

Biologics

Biologics may impede optimal immune responses to certain vaccines (Table 2). For example, patients with IBD receiving tumour necrosis factor α inhibitors (TNFi) tended to have attenuated humoral responses to influenza, pneumococcal, and hepatitis A virus (HAV) vaccines.^{18,24-30} A meta-analysis

of 9 studies (n = 728) revealed that patients with IBD on TNFi monotherapy had a significantly lower probability of achieving adequate immune responses to routine vaccinations, including those against hepatitis B virus (HBV), HAV, influenza, and pneumococcus, compared with untreated patients (odds ratio [OR], 0.32; 95% confidence interval [CI], 0.21-0.49; P < .001).³¹

Rituximab (RTX)–based B-cell depletion therapy also lowered antibody titres and seroprotection rates in response to influenza vaccines compared with DMARDs and/or prednisone.³²⁻³⁵ In addition, RTX treatment was often associated with failure to attain protective antibody titres against all

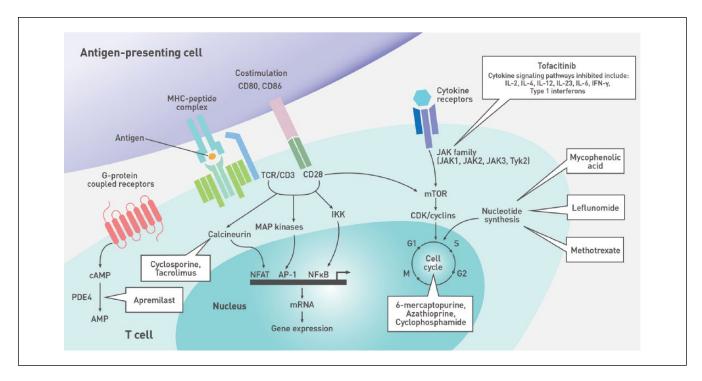


Figure 2. Immune pathways targeted by nonbiologic disease-modifying antirheumatic drugs.

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Vaccine	Biologic Agent	Patient Population	Efficacy	Safety
Inactivated and subu	init vaccines			
Cholera (oral)	Vedolizumab	Healthy individuals	No significant difference in seroconversion rates but diminished the magnitude of antibody titre increase ¹³¹	Well tolerated ¹³¹
Hepatitis A	TNFi (pooled)	RA	Diminished humoral response compared to healthy individuals, but 86% of patients achieved seroprotection with 2 vaccine doses ¹³²	Well tolerated and did not result in exacerbation of disease activity ¹³²
		IBD	Diminished humoral response to the vaccine ²⁸	NA
Hepatitis B	Infliximab	IBD	Reduced humoral response to the vaccine ¹³³	NA
	TNFi (pooled)	SpA	Diminished humoral response to the vaccine ¹³⁴	NA
	~ <i>,</i> ,	IBD	Humoral response unaffected by TNFi treatment; however, patients with IBD generally had lower responses than healthy controls regardless of treatment ¹³⁵	NA
	Vedolizumab	Healthy individuals	No significant difference ¹³¹	Well tolerated ¹³¹
Influenza	Abatacept	RA	Results are variable but may reduce humoral response to the vaccine ^{136,137}	Well tolerated ^{136,137}
	Adalimumab	RA	No significant effect ¹³⁸	Well tolerated ¹³⁸
	Belimumab	SLE	Lower fold-increase in titres for some influenza strains compared with controls ¹³⁹	NA
	Certolizumab pegol	RA	No significant effect ⁴⁵	Well tolerated ⁴⁵
	Infliximab	RA	No significant effect ¹⁴⁰	Well tolerated and did not exacerbate disease activity ¹⁴⁰
		IBD	Diminished humoral response ^{141,142}	Well tolerated, without incidence of serious adverse events 141,142
	Rituximab	RA	Cellular responses maintained but diminished humoral response to the vaccine ³²⁻³⁶	Well tolerated ³²⁻³⁴
	Secukinumab	Healthy individuals	No significant effect among individuals who received a single secukinumab dose ¹⁴³	Well tolerated ¹⁴³
	Tocilizumab	RA	No significant effect ^{43,144}	Well tolerated and did not result in exacerbation of disease activity ^{43,144}

(continued)

Table 2. (continued)

Vaccine	Biologic Agent	Patient Population	Efficacy	Safety
	TNFi (pooled)	RA, PsO, PsA, SpA, and other immune- mediated diseases	Results are variable but may result in suppression of humoral response to the vaccine ^{44,46,58,145-147} TNFi monoclonal antibodies such as infliximab and adalimumab may have a greater suppressive effect than etanercept ⁵⁸	Generally well tolerated ^{44,58} May trigger short-lasting PsA exacerbation following vaccination ²² Higher incidence of mild, systemic reactions such as fever, arthralgia, and nasal congestion in TNFi- treated patients ⁵⁸
		IBD	Diminished humoral response to the vaccine ^{24,26,29}	Well tolerated ²⁶
Neisseria meningitidis	Secukinumab	Healthy individuals	No significant effect among individuals who received a single secukinumab dose ¹⁴³	Well tolerated ¹⁴³
Pneumococcal (polysaccharide	Abatacept	RA	Results are variable but may reduce humoral response to the polysaccharide and conjugate vaccines ^{137,148,149}	Well tolerated ^{137,148,149}
or conjugate)	Adalimumab	RA	No significant effect on the immunogenicity of the polysaccharide vaccine ¹³⁸	Well tolerated ¹³⁸
	Certolizumab pegol	RA	No significant effect on the pneumococcal polysaccharide vaccine ⁴⁵	Well tolerated ⁴⁵
	Etanercept	RA	May reduce humoral response to the conjugate vaccine ¹⁵⁰	Well tolerated ¹⁵⁰
	Infliximab	RA	No significant effect on immunogenicity of the polysaccharide vaccine ¹⁵¹	NA
		IBD	Reduced humoral response to the polysaccharide vaccine ²⁷	Well tolerated ²⁷
	Golimumab	RA	Reduced fold-increase in vaccine-specific IgG titres in response to the polysaccharide vaccine but maintained opsonophagocytic function ¹⁵²	Well tolerated ¹⁵²
	Rituximab	RA	Diminished humoral response to the polysaccharide and conjugate vaccines ^{37,148,153}	Well tolerated ^{148,153}
	Tocilizumab	RA	No significant effect on the immunogenicity of the polysaccharide or conjugate vaccines ^{51,144,148,154}	Well tolerated ^{51,144,148,154}
	TNFi (pooled)	RA, SpA	No significant effect on the immunogenicity of the polysaccharide and conjugate vaccines ^{23,37,47}	Well tolerated, but some patients treated with methotrexate or TNFi reported a transient worsening of joint pain 1 week after vaccination ²
		IBD	Diminished humoral response to the polysaccharide and conjugate vaccines ^{18,25,27,30}	Well tolerated ^{25,27}
	Ustekinumab	PsO	No significant effect on the immunogenicity of the polysaccharide vaccine ¹⁵⁵	Higher incidence of mild injection site reactions in ustekinumab-treated patients but otherwise well tolerated ¹⁵⁵
Tetanus	Abatacept	Type I diabetes	Achieved protective titres but diminished the magnitude of recall humoral response compared to controls ¹⁵⁶	NA
	Rituximab	RA	Recall response not significantly affected ¹⁵³	Well tolerated ¹⁵³
	Tocilizumab	RA	No significant effect on recall humoral response to tetanus toxoid ¹⁵⁴	Well tolerated ¹⁵⁴
	Ustekinumab	PsO	No significant difference ¹⁵⁵	Higher incidence of mild injection site reactions bu otherwise well tolerated ¹⁵⁵
	TNFi (pooled)	IBD	TNFi monotherapy had no significant effect on the immunogenicity of booster vaccination ¹⁵⁷	Well tolerated, without incidence of disease flares ¹⁵⁷
Pertussis	TNFi (pooled)	IBD	TNFi monotherapy had no significant effect on the immunogenicity of booster vaccination ¹⁵⁷	Well tolerated, without incidence of disease flares ¹⁵⁷
ive attenuated vaccin	ies			
Herpes zoster	TNFi (pooled)	RA, PsA, PsO, AS, IBD	Vaccination effectively protected patients from disease ⁷⁴	Vaccination was not associated with short-term increase in herpes zoster risk ⁷⁴
Measles, mumps, rubella	Etanercept	JIA	No significant effect on humoral response to vaccination; insignificant trend toward lower cellular response ⁸⁰	Well tolerated and did not cause disease exacerbation ⁸⁰
	Vedolizumab	IBD	Single case report of a patient achieving a positive measles antibody index following revaccination ¹⁵⁸	No adverse effect observed ¹⁵⁸
Yellow fever	Infliximab	RA	Similar response rates following revaccination in infliximab- treated patients with RA and controls; trend toward lower titres in patients, but analysis limited by small study numbers ⁸¹	No adverse effect observed ⁸¹

Abbreviations: AS, ankylosing spondylitis; IBD, inflammatory bowel disease; IgG, immunoglobulin G; JIA, juvenile idiopathic arthritis; NA, not available; PsA, psoriatic arthritis; PsO, psoriasis; RA, rheumatoid arthritis; SLE, systemic lupus erythematosus; SpA, spondyloarthritis; TNFi, tumour necrosis factor α inhibitor.

influenza strains contained within the vaccine.^{32,34,36} Similarly, a meta-analysis demonstrated the negative impact of RTX on pneumococcal vaccine response rates, with RTX-treated patients with RA (n = 88) having significantly poorer responses to both the 6B (OR, 0.25; 95% CI, 0.11-0.58; P = .001) and 23F (OR, 0.21; 95% CI, 0.04-1.05; P = .06) serotypes compared with controls.³⁷

Nonbiologic Agents

Corticosteroids and many DMARDs negatively affect vaccine immunogenicity (Table 3). For example, treatment with prednisone-equivalent doses $\ge 10 \text{ mg/d}$ diminished humoral responses to influenza vaccines in patients with SLE.^{38,39} A meta-analysis of 15 studies demonstrated that, compared with healthy individuals, corticosteroid

/accine	Drug	Patient Population	Efficacy	Safety
nactivated and subuni	it vaccines			
Hepatitis A	Methotrexate	RA	Reduced humoral response to the vaccine among patients treated with a mean dose of 15 mg/wk ¹³²	NA
Hepatitis B	Corticosteroids	IBD	Reduced humoral response among patients who received ≥2 vaccine doses while on corticosteroid therapy ¹⁵⁹	NA
	Thiopurines	IBD	Reduced humoral response to the vaccine ¹³³	NA
laemophilus influenzae type b	Thiopurines	IBD	No significant effect ¹⁶⁰	Vaccination did not exacerbate disease activity ¹⁶⁰
Human papillomavirus	Antimalarials	SLE	No significant effect ¹⁶¹	Well tolerated and did not result in exacerbation of disease activity ¹⁶¹
	Calcineurin inhibitors	SLE	No significant effect, but study limited by small sample size ¹⁶¹	Well tolerated and did not result in exacerbation of disease activity ¹⁶¹
	Corticosteroids	SLE	No significant effect among patients receiving a mean prednisolone dose of 4.8 mg/d ¹⁶¹	Well tolerated and did not result in exacerbation of disease activity ¹⁶¹
	Mycophenolate	SLE	Mycophenolate mofetil dose inversely correlated with vaccine-specific antibody titres for some serotypes following vaccination ¹⁶¹	Well tolerated ¹⁶¹
	Thiopurines	SLE	No significant effect ¹⁶¹	Well tolerated and did not result in exacerbation of disease activity ¹⁶¹
Influenza	Anti-malarials	RA, SpA, SLE	No significant effect ^{38,46,162}	Well tolerated and did not result in
			May restore influenza vaccine immunogenicity in patients with SLE receiving prednisone or other immune- suppressive therapy ³⁸	exacerbation of disease activity ^{46,162}
	Calcineurin inhibitors	Solid organ transplant	Variable effect on vaccine immunogenicity but may reduce humoral response ¹⁶³⁻¹⁶⁷	Well tolerated without impact on allograft function ^{163,166,167}
	Corticosteroids	RA, SpA, IBD, Sjögren syndrome	No significant effect, ^{44,45,142,168,169} particularly at mean prednisone-equivalent doses ≤10 mg/d ^{44,45,169}	Well tolerated ^{38,44,142,168,169} Increased incidence of disease flares and ris
		SLE	Reduced seroconversion rates observed, $^{36.40}$ particularly at prednisone-equivalent doses \ge 10 mg/d^{38.39}	in autoantibody titres among patients wit SLE with low response to the vaccine ³⁹
	Leflunomide	RA, PsA, AS, SLE	Reduced humoral response to vaccine compared to healthy controls ^{46,168}	Well tolerated and did not exacerbate disease activity ^{46,168}
	Methotrexate	RA, SpA	Reduced humoral response to the vaccine (mean dose in studies: 16-20 mg/wk) ⁴⁴⁻⁴⁶	Well tolerated ^{43,44,46}
	Mycophenolate	Solid organ transplant	Reduced humoral response to the vaccine ^{166,167,170-174}	Well tolerated without incidence of allogra rejection ^{166,167,170-172,174}
	Sulfasalazine	RA, SpA, other inflammatory diseases	No significant effect ¹⁶²	Well tolerated ¹⁶²
	Thiopurines	Sjögren syndrome	No significant effect ¹⁶⁹	Well tolerated and did not result in
		SLE Wegener granulomatosis	Reduced seroconversion and seroprotection rates ^{40,175} No significant effect ¹⁷⁶	exacerbation of disease activity ^{40,169,175,176}
		IBD	Reduced humoral response to HINI ¹⁴²	NA
	Tofacitinib	RA	Diminished humoral responses in patients treated with methotrexate + tofacitinib combination therapy but not in those treated with tofacitinib alone or	NA
Pneumococcal	Calcineurin	Solid organ transplant	methotrexate alone ⁵⁰ May diminish humoral response to some pneumococcal	Well tolerated without incidence of allogra
(polysaccharide or conjugate)	inhibitors	RA	serotypes in the polysaccharide vaccine ¹⁶³ No significant effect on the immunogenicity of the	rejection ¹⁶³
,,,,,	Corticosteroids	RA, SpA, and various	polysaccharide vaccine ⁴⁹ No significant effect on the immunogenicity of conjugate	Well tolerated without incidence of disease
	Controsteroids	inflammatory conditions	and polysaccharide vaccines, ^{23,45,47,138,154} particularly at mean prednisone-equivalent doses <20 mg/d ^{23,45,47,138} Prednisone-equivalent doses ≥20 mg/d tended to result	exacerbation ^{23,138,177}
			in poor serologic response to polysaccharide vaccine ¹⁷⁷	22 (0.5)
	Methotrexate	RA	Reduced humoral response to the conjugate and polysaccharide vaccines ^{23,45,47-52}	Well tolerated, ^{23,49,51} but some patients treated with methotrexate reported a transient worsening of joint pain 1 week after vaccination ²³
	Mycophenolate	Solid organ transplant	Reduced recall humoral response to the vaccine ¹⁷⁸	NA
	Thiopurines	IBD	No significant effect ²⁷	Well tolerated ²⁷
	Tofacitinib	RA	Diminished humoral response among patients on combination therapy with tofacitinib + methotrexate ⁵⁰	NA
Tetanus	Calcineurin inhibitors	Chronic uveitis	No significant effect, but study limited by small sample size ¹⁷⁹	NA
	Mycophenolate	Solid organ transplant	Reduced recall humoral response to the vaccine ¹⁷⁸	NA
	Sulfasalazine	Healthy individuals	Diminished fold-increase in antibody titres following booster vaccination ¹⁸⁰	NA

Table 3.	Safety and Efficacy of	Vaccination in Patients on Nonbiologic DMARDs and Corticosteroids.
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Table 3. (continued)

Vaccine	Drug	Patient Population	Efficacy	Safety
Live attenuated vacci	nes			
Cholera (oral)	Antimalarials	Healthy individuals	Coadministration of chloroquine and live cholera vaccine reduced seroconversion rates ¹⁸¹	Well tolerated ¹⁸¹
Herpes zoster	Corticosteroids	RA, PsO, PsA, AS, IBD, various inflammatory conditions	Immunogenic and effectively protected vaccinated patients from disease for up to 2 years ^{74,182}	Vaccine was well tolerated with no incidence of vaccine-related varicella ^{75,182} However, I study reported a 3-fold increased HZ risk in patients on immune- suppressive therapy ⁷⁵
	Methotrexate	RA	No significant effect among patients receiving 15-25 mg/ wk ⁷²	Generally well tolerated, but I patient without existing immunity developed cutaneous dissemination of the vaccine strain 16 days after vaccination (2 days after initiating tofacitinib treatment) ⁷²
	Thiopurines	IBD	Low-dose thiopurine treatment blunted the cellular and humoral response to vaccine ¹⁸³	Well tolerated and did not result in disease exacerbation ¹⁸³
	Tofacitinib	RA	No significant effect among patients on background methotrexate vaccinated 2-3 weeks prior to starting tofacitinib treatment ⁷²	Generally well tolerated, but I patient without existing immunity developed cutaneous dissemination of the vaccine strain 16 days after vaccination (2 days after initiating tofacitinib treatment) ⁷²
Measles, mumps, rubella	Methotrexate	JIA	Nonsignificant trend toward reduced humoral and cellular recall responses among patients on a mean dose of ≤ 12 mg/m ² body surface area ⁸⁰	No disease exacerbation, need for increased treatment doses, or severe adverse events resulting from vaccination ^{76,80}
Typhoid + cholera (oral)	Antimalarials	Healthy Individuals	No significant effect ¹⁸¹	Well tolerated ¹⁸¹
Yellow fever	Calcineurin inhibitors	Solid organ transplant	NA	Well tolerated, but study limited by small sample size ⁷⁹
	Corticosteroids	RA and other inflammatory conditions	No significant effect on seroprotection rates among patients receiving a median prednisone-equivalent dose of 7 mg/d ⁷⁸	Vaccination did not result in serious adverse events; however, the frequency of moderate to severe local reactions was 8-fold higher among corticosteroid- treated patients compared with healthy adults ⁷⁸
	Methotrexate	RA, PsO, scleroderma, PsA	Methotrexate doses ranging from 10-30 mg/wk did not significantly affect humoral response as measured by plaque reduction neutralization test ⁸²	Well tolerated ⁸²

Abbreviations: AS, ankylosing spondylitis; HZ, herpes zoster; IBD, inflammatory bowel disease; JIA, juvenile idiopathic arthritis; NA, not available; PsA, psoriatic arthritis; PsO, psoriasis; RA, rheumatoid arthritis; SLE, systemic lupus erythematosus; SpA, spondyloarthritis.

treatment lowered the probability of seroconversion in patients with SLE, with relative risk ratios (RRs) of 0.66 (95% CI, 0.53-0.82), 0.49 (95% CI, 0.26-0.91), and 0.51 (95% CI, 0.24-1.09) for influenza H1N1, H3N2, and B, respectively.⁴⁰ Similarly, methotrexate (MTX) suppressed humoral responses to both influenza41-46 and pneumococcal vaccines.^{23,45,47-52} In 1 study, patients with RA without preexisting influenza or Streptococcus pneumoniae immunity receiving either placebo (n = 36) or placebo + MTX (n = 78; mean MTX dose of 17.2 mg/wk) were immunized with the influenza and 23-valent pneumococcal polysaccharide (PPSV23) vaccines.⁴⁵ Four weeks after vaccination, the placebo group achieved an influenza vaccine response rate of 84.6% (95% CI, 70.7%-98.5%) vs 50.9% (95% CI, 37.9%-63.9%) for the placebo + MTX group. Likewise, 89.3% (95% CI, 77.8%-100.0%) of placebo-treated patients achieved ≥2-fold antibody titre increases to ≥ 3 of 6 pneumococcal antigens tested compared with only 50.0% (95% CI, 37.3%-62.7%) of MTXtreated patients. The suppressive effect of MTX was further exemplified in studies by Park et al,^{41,42} which

showed that patients with RA on MTX had a poorer vaccine response to the seasonal influenza vaccine than those in whom treatment was withheld for 2 weeks before and after vaccination and those who discontinued treatment for 2 to 4 weeks after vaccination.

Inactivated Vaccines

Statement 2a: To optimize the immunogenicity of inactivated vaccines in treatment-naive patients with immunemediated conditions, we suggest that immunization be performed at least 2 weeks prior to initiation of immunosuppressive therapy, whenever possible.

GRADE: Conditional recommendation; moderate-level evidence

Vote: 71.4% strongly agree, 28.6% agree

Evidence Summary

To optimize efficacy, the length of time required to develop robust immune responses to administered vaccines should

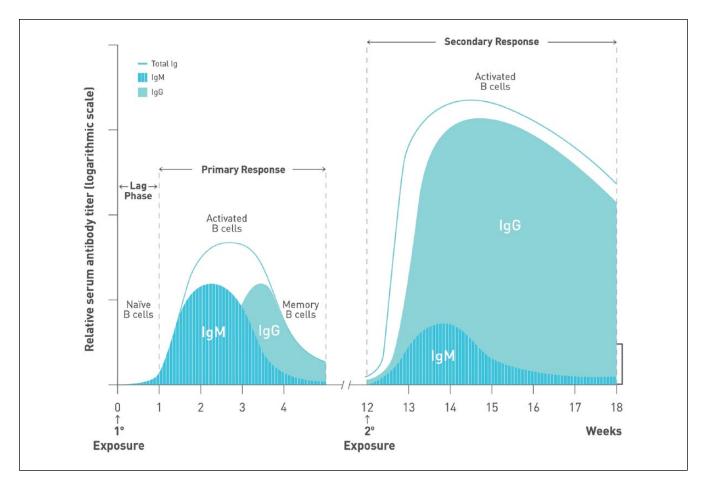


Figure 3. Kinetics of antibody response following immunization. The kinetics of B-cell activation and antibody (immunoglobulin M [lgM], immunoglobulin G [lgG]) production during primary and secondary responses to antigen are depicted. The primary response is characterized by a short lag phase lasting approximately I week, followed by the production of low-affinity IgM. IgG becomes detectable within 10 to 14 days after antigen exposure. Conversely, secondary responses reactivate memory B cells, resulting in quicker responses and higher IgG titres than those observed during a primary response.

be considered (Figures 3 and 4). Booster immunizations reactivate immune memory and induce high vaccine-specific IgG titres as quickly as 7 days after vaccination.⁵³⁻⁵⁵ In contrast, humoral responses to primary vaccination are characterized by the initial production of antigen-specific, low-affinity immunoglobulin M (IgM) antibodies after a lag phase lasting up to a week postimmunization.^{55,56} Higher affinity and avidity immunoglobulin G (IgG) antibodies eventually become detectable in the blood within 10 to 14 days⁵⁷ and may take up to 4 to 6 weeks to achieve maximum levels.^{53,56} It is therefore ideal to defer immunosuppressive treatment for \geq 2 weeks after vaccination to allow sufficient time to develop a robust and protective humoral response.

One study demonstrated the benefit of deferring treatment following vaccination. In this study, humoral response to the seasonal influenza vaccine was compared between MTX-treated patients with RA who stayed on treatment and those who withheld treatment for 2 weeks postvaccination.⁴¹ Patients who discontinued treatment for 2 weeks postvaccination had a significantly higher rate of satisfactory response to all 4 influenza antigens contained within the vaccine compared with those who stayed on MTX (46% vs 22%; P < .001). Similarly, another study compared the humoral response of patients with RA who continued MTX or withheld treatment for 2 weeks before and after vaccination or 4 weeks after vaccination.⁴² Compared to patients who remained on treatment, those who discontinued MTX for 2 weeks before and after vaccination (31.5% vs 51%; P = .044) or 4 weeks postvaccination (31.5% vs 46.2%; P = .121) tended to have greater response rates to all 3 influenza vaccine antigens.

Statement 2b: Among patients with immune-mediated diseases currently receiving immunosuppression, we recommend that immunosuppressive treatment not be interrupted for administration of inactivated vaccines.

GRADE: Strong recommendation; moderate-level evidence

Vote: 28.6% strongly agree, 64.3% agree, 7.1% neutral

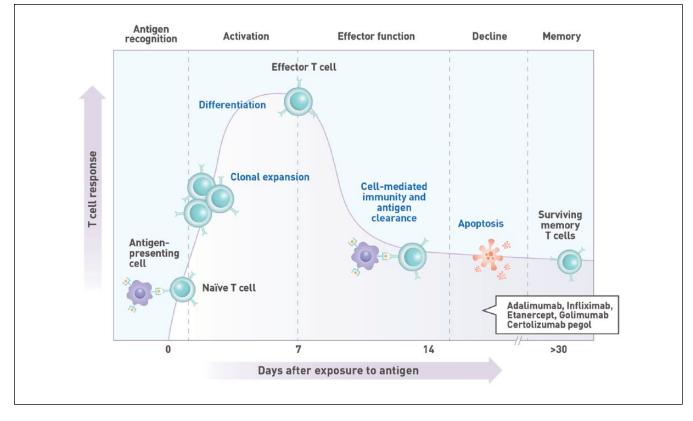


Figure 4. Kinetics of T-cell response. T-cell activation is initiated by the recognition of antigenic peptides displayed on the surface of antigen-presenting cells in the draining lymph nodes. This results in the clonal expansion of the activated T cell and the acquisition of effector cell function within approximately I week of antigen exposure. Cellular immunity plays a vital role in the clearance of intracellular pathogens and the development of robust T-cell–dependent humoral immune responses.

Evidence Summary

Treatment with immunosuppressive agents should not affect the decision to administer inactivated vaccines to patients with IMDs. While vaccine antigenicity may be attenuated compared with healthy individuals, humoral response is not abolished and significant increases in antigen-specific antibody titres, often reaching protective levels, are generally achieved. In a study by Adler et al,44 DMARD-treated patients (n = 28) with RA, SpA, vasculitis, or connective tissue disease (CTD) achieved lower fold-increases in vaccine-specific antibody titres than healthy controls (n = 40)after receiving the influenza A/H1N1 vaccine (7.7 vs 13.3). Despite this, 79% of patients still achieved seroprotective titres \geq 1:40. While the seroprotection rate in DMARDtreated patients is reduced compared with healthy individuals (98%), the majority still benefitted from vaccination despite the negative effect of immunosuppressive treatment on vaccine immunogenicity.

Several studies established the safety and tolerability of inactivated vaccines in patients with IMDs on immunosuppressive therapies (Tables 2 and 3). No serious vaccinerelated AEs have been reported, although differences in the incidence of mild AEs have been observed. One such study noted higher rates of mild systemic reactions such as fever (8.3% vs 0.9%; P = .01), arthralgia (12.5% vs 4.3%; P = .03), and nasal congestion (13.3% vs 4.3%; P = .014) among patients treated with TNFi compared with healthy controls after receiving the A/H1N1 vaccine.⁵⁸

In patients receiving intermittent treatment in whom optimal vaccine immunogenicity is desired and the clinical situation allows, vaccination can be given at the nadir of immunosuppression. For immunosuppressive agents given as a bolus at intervals exceeding 4 weeks, such as infliximab (IFX) or cyclophosphamide, it is suggested that the vaccine be administered midcycle or 2 weeks prior to the next dose. Alternatively, immunosuppressive therapy may be temporarily discontinued prior to vaccination. The length of treatment discontinuation should take drug pharmacokinetics (Tables 4 and 5) and dosage into consideration.

Studies in RA have demonstrated that discontinuing MTX treatment until 2 weeks after immunization with the seasonal influenza vaccine increases vaccine response without increasing the risk of flares compared to those who stayed on treatment.⁴¹ However, flares tended to be more common among patients who received a 4-week MTX treatment break around the time of vaccination.⁴² Therefore, while a washout period before vaccine administration may improve the

Family	Biologic	lsotype	Target	Half-Life	Status
TNF inhibitors	Adalimumab	human IgGI	ΤΝFα	10-20 days ¹⁸⁴	Approved
	Etanercept	IgG1 Fc domain + TNF receptor extracellular ligand-binding domain	ΤΝΓα, LΤα (ΤΝΓβ)	4.2 days ¹⁸⁵	Approved
	Certolizumab pegol	Humanized Fab' conjugated to polyethylene glycol	ΤΝΓα	14 days ¹⁸⁶	Approved
	Golimumab	Human IgG1 K	ΤΝFα	11-12 days ¹⁸⁷	Approved
	Infliximab	Chimeric IgGI ĸ	ΤΝFα	, 7.7-14.7 days ¹⁸⁸	Approved
Interleukin	Dupilumab	Human IgG4	IL-4Rα	NA ^{189,a}	Approved
inhibitors	Mepolizumab	Humanized IgG1 ĸ	IL-5	16-22 days ¹⁹⁰	Approved
	Tocilizumab	Humanized IgG1 ĸ	IL-6R	11-13 days ¹⁹¹	Approved
	Sarilumab	Human lgGI	sIL-6R α , mIL-6R α	Initial: 8-10 days Terminal: 2-4 days ¹⁹²	Approved
	Anakinra	IL-1 receptor antagonist	IL-IRI	4-6 hours ¹⁹³	Approved
	Canakinumab	Human IgGI κ	IL-Iβ	26 days ¹⁹⁴	Approved
	Tralokinumab	Human IgG4	IL-13	17.7 days ¹⁹⁵	In development
	Lebrikizumab	Humanized IgG4	IL-13	25 days ¹⁹⁶	In development
	Secukinumab	Human IgGI κ	IL-17A	27 days ¹⁹⁷	Approved
	lxekizumab	Humanized IgG4	IL-17A	13 days ¹⁹⁸	Approved
	Bimekizumab	Humanized IgGI	IL-17A, IL-17F	17-22 days ¹⁹⁹	In development
	Brodalumab	Human IgG2κ	IL-17RA	NA ^{200,b}	Approved
	Ustekinumab	Human IgGI	IL-12, IL-23	15-32 days ²⁰¹	Approved
	Guselkumab	Human IgG1λ	IL-23	15-18 days ²⁰²	Approved
	Risankizumab	Human IgGI	IL-23	20-28 days ²⁰³	In development
	Tildrakizumab	Humanized lgG1κ	IL-23	24.5 days ²⁰⁴	In development
	Nemolizumab	Humanized IgG2	IL-31RA	12.6-16.5 days ²⁰⁵	In development
B-cell inhibitor	Rituximab	Chimeric IgG1 ĸ	CD20	20.8 days ⁵⁹	Approved
	Belimumab	Human IgG1λ	BAFF (BLyS)	12.5-19.4 days ²⁰⁶	Approved
Integrin blockers	Vedolizumab	Humanized IgG1	α4β7	25 days ²⁰⁷	Approved
-	Natalizumab	Humanized IgG4κ	α4	9.6-11.1 days ²⁰⁸	Approved
Costimulatory modulator	Abatacept	CTLA-4 extracellular domain + modified IgG1 Fc domain	CD80, CD86	13.1-16.7 days ²⁰⁹	Approved

Table 4. Pharmacokinetic Half-Lives of Biologic Agents.

Abbreviations: BAFF, B-cell–activating factor; BLyS, B-lymphocyte stimulator; CD, cluster of differentiation; CTLA-4, cytotoxic T-lymphocyte–associated protein 4; Fab', fragment antibody binding; Fc, fragment constant; IgG, immunoglobulin G; IL, interleukin; IL-IRI, interleukin I receptor I; IL-I7RA, interleukin I7 receptor A; LT, lymphotoxin; mIL-6R α , membrane-bound IL-6 receptor α ; NA, not available; sIL-6R α , soluble IL-6 receptor α ; TNF, tumour necrosis factor.

^aAs dupilumab has a distinct target-mediated phase and the instantaneous half-life decreases over time to values close to zero, its terminal half-life cannot be calculated or used for any practical purposes.

^bExpected be similar to endogenous IgG.

patient's immune response to the vaccine, clinicians should use their judgement to evaluate the risks vs benefits of treatment disruption.

Statement 2c: In patients with immune-mediated diseases treated with rituximab who require optimal vaccine immunogenicity, we recommend that immunization be deferred to ≥ 5 months after the last dose and at least 4 weeks prior to the subsequent dose of rituximab.

GRADE: Strong recommendation; low-level evidence Vote: 14.3% strongly agree, 78.6% agree, 7.1% disagree

Evidence Summary

RTX pharmacokinetics does not directly correlate with B-cell reconstitution following treatment. Despite having a

half-life of approximately 21 days,⁵⁹ 1 study showed that B-cell reconstitution occurred after a mean of 8 months from the last RTX dose (n = 24; range of 5-13 months).⁶⁰ In line with this finding, patients immunized with the trivalent influenza vaccine >5 months after RTX infusion (n = 13) exhibited greater fold-increases in antibody titres for influenza H1N1 (2.1 vs 1.1; P = .02), H3N2 (1.7 vs 1.3; P= .23), and B (3.6 vs 1.6; P = .01) than patients vaccinated ≤ 5 months (n = 16) after their last RTX dose.³⁴ Similarly, another study reported that patients with RA vaccinated 6 to 10 months after their last RTX infusion (n = 12) exhibited modestly restored IgG responses and significant increases in antibody titres for the H3N2 and H1N1 vaccine strains compared with those vaccinated 4 to 8 weeks after RTX treatment (n = 11).^{33,35}

Family	Drug	Half-Life
JAK family kinase inhibitor	Tofacitinib	3 hours ²¹⁰
Folate antagonist	Methotrexate	<30 mg/m ² : 3-10 hours ²¹¹ ≥30 mg/m ² : 8-15 hours ²¹¹
Calcineurin inhibitor	Tacrolimus	35 hours ²¹²
	Cyclosporine	18 hours ²¹³
Alkylating agent	Cyclophosphamide	7 hours ²¹⁴
Antimalarials	Chloroquine	40 days ²¹⁵
	Hydroxychloroquine	50 days ²¹⁶
Purine analog	6-Mercaptopurine	1.5 hours ^{217,a}
°	Azathioprine	5 hours ^{218,b}
Sulfa drug	Sulfasalazine	6-8 hours ²¹⁹
Inosine monophosphate	Mycophenolate mofetil	17.9 hours for MPA ²²⁰
dehydrogenase inhibitor	Mycophenolate sodium	11.7 hours for MPA
, -	<i>,</i> , ,	15.7 hours for MPAG metabolite ²²¹
Glucocorticoid	Prednisolone	2-4 hours ²²²
Phosphodiesterase-4 inhibitor	Apremilast	8.9-9.7 hours ²²³
lsoxazole	Leflunomide	14 days ²²⁴

Table 5. Pharmacokinetic Half-Lives of Nonbiologic DMARDs.

Abbreviations: JAK, Janus kinase; MPA, mycophenolic acid; MPAG, mycophenolic acid glucuronide.

^aActive metabolites have longer half-lives.

^bFor azathioprine's sulfur-containing metabolites.

For most IMDs, RTX is typically administered at most every 6 months, unless clinical evaluation indicates a need for alternative dosing (in RA, RTX is administered every 6 to >12 months, depending on response duration).⁶¹ Therefore, to allow for a degree of B-cell reconstitution, as well as provide sufficient time to mount an adaptive immune response to the vaccine, it is recommended that inactivated vaccines be given at least 5 months following the last RTX dose and approximately 1 month prior to subsequent B-cell depleting therapy. When feasible, titres assessing seroconversion should be considered.

Live Attenuated Herpes Zoster Vaccine

The live attenuated herpes zoster (HZ) vaccine is indicated for adults \geq 50 years of age to prevent HZ and postherpetic neuralgia. It contains the Oka varicella-zoster virus strain (VZV), which is present at higher viral titres (19400 plaqueforming units [pfu]/dose) than that used for the primary prevention of chickenpox (1350 pfu/dose).^{62,63} Among those with previous exposure and immunologic memory to VZV, the vaccine mitigates disease risk by boosting the anti-VZV adaptive immune responses.

Typically, live vaccines are more immunogenic than their inactivated counterparts due to their ability to mimic natural infection and effectively activate the humoral and cellular arms of the immune system.⁵³ However, the HZ subunit vaccine (HZ/su) recently approved in Canada and the United States may actually provide a more effective alternative to the live attenuated vaccine. In 2 phase 3 clinical trials (ZOE-50, ZOE-70), the HZ/su vaccine efficacy over a mean

follow-up of 3.7 years was 97.2% (95% CI, 93.7-99.0; P < .001) in individuals aged \geq 50 years and was 91.3% (95% CI, 86.8-94.5; P < .001) in those aged \geq 70 years.^{64,65} These rates were greater than the 51.3% reduction in HZ incidence observed in individuals \geq 60 years immunized with the live attenuated vaccine in the Shingles Prevention Study.⁶⁶ Furthermore, the subunit vaccine had an efficacy of 88.8% (95% CI, 68.7-97.1; P < .001) against postherpetic neuralgia in individuals \geq 70 years old. In the Shingles Prevention Study, efficacy against postherpetic neuralgia was 66.8% in the same age group vaccinated with the live attenuated vaccine.^{64,66} To date, however, there are no studies directly comparing the 2 vaccines. There are also no published efficacy data on the use of the subunit vaccine in cohorts with IMDs.

As the adjuvant, $AS01_{B}$, is a component of the HZ/su vaccine, there has been some anecdotal concern regarding the risk of autoimmune/inflammatory syndrome induced by adjuvants (ASIA). However, pooled data from the clinical trials have shown no significant differences in the incidence of IMDs up to a year postvaccination between individuals receiving HZ/su (90/14 645; 0.6%) and those receiving placebo (105/14 660; 0.7%).⁶⁷ In addition, a subgroup analysis of patients with a history of IMD showed comparable incidences of possible postvaccination disease exacerbation in the HZ/su (27/983; 2.8%) and placebo (27/960; 2.8%) groups, suggesting that the vaccine is likely safe in this patient population.⁶⁷

Due to its safety and efficacy, the Centers for Disease Control and Prevention (CDC) now recommends the use of the HZ/su vaccine over the live attenuated version.⁶⁸ However, should the live vaccine be considered, the following statements aim to address concerns regarding its use in patients with IMDs on immunosuppressive therapies.

Statement 3a: To optimize the immunogenicity of the live attenuated herpes zoster vaccine in treatment-naive patients with immune-mediated conditions, we suggest immunization be performed at least 2 to 4 weeks prior to initiation of immunosuppressive therapy.

GRADE: Conditional recommendation; moderate-level evidence

Vote: 21.4% strongly agree, 78.6% agree

Evidence Summary

The live attenuated HZ vaccine should ideally be administered prior to initiation of immunosuppressive therapy. Some guidelines recommend HZ vaccination 3 to 4 weeks prior to starting therapy,^{69,70} likely due to evidence demonstrating the presence of the vaccine virus strain up to 4 weeks after vaccination.⁷¹ Further prospectively designed studies are needed; however, evidence from 1 study suggests that HZ vaccination is safe and effective when administered as early as 2 weeks before treatment initiation.72 HZ vaccine immunogenicity was assessed in patients with RA on MTX (15-25 mg/ wk) who received to facitinib (n = 55) or placebo (n = 57) 2 to 3 weeks postvaccination.⁷² Six weeks after immunization, the fold-increase in VZV-specific IgG titres (2.11 vs 1.74) and number of VZV-specific T cells (1.50 vs 1.29) were comparable between the tofacitinib and placebo groups, respectively, suggesting that tofacitinib did not interfere with humoral or cellular immune responses to the vaccine. Immunization was generally safe, with only a single case of cutaneous dissemination of the vaccine strain observed in a patient without preexisting VZV immunity.⁷²

Statement 3b: In patients with immune-mediated diseases on immunosuppressive agents, the live attenuated herpes zoster vaccine can be safely administered to patients at risk, but the subunit vaccine is the preferred alternative. Individual situations should be assessed for patients treated with a combination of immunosuppressive drugs, if the live vaccine is being considered.

GRADE: Strong recommendation; moderate-level evidence

Vote: 64.3% strongly agree, 21.4% agree, 14.3% neutral

Evidence Summary

According to the CDC, treatment with low-dose MTX (≤ 0.4 mg/kg/wk), azathioprine (≤ 3.0 mg/kg/d), 6-mercaptopurine (≤ 1.5 mg/kg/d), short-term steroid therapy lasting <2 weeks, or prednisone-equivalent doses <20 mg/d is not sufficiently immunosuppressive to preclude the use of live vaccines.⁷³ Conversely, treatment discontinuation lasting 1 or 3 months before live vaccine administration is recommended for patients on high-dose systemic steroid therapy lasting >2 weeks or immunomodulatory biologics, respectively.⁷³ Data,

like those expected from the VERVE trial (NCT02538757) assessing the outcomes of HZ vaccination in TNFi users, are required to accurately assess the risks in specific patient populations. In the interim, retrospective analyses provided insights into the risks and benefits of HZ vaccination in patients with IMDs receiving immunosuppressive therapies.

A retrospective cohort study demonstrated the safety and efficacy of the HZ vaccine in patients ≥ 60 years with RA, PsA, ankylosing spondylitis (AS), PsO, or IBD treated with biologics (TNFi, abatacept, or RTX), DMARDs, and/or oral glucocorticoids (n = 463541).⁷⁴ During the 42-day window in which infection risk with the vaccine strain is greatest, none of the patients exposed to biologics (n = 633) developed varicella or HZ. Furthermore, vaccination lowered the HZ incidence over a 2-year median follow-up in biologictreated, vaccinated patients (incidence ratio [IR], 8.5; 95% CI, 5.1-14.4) vs unvaccinated patients (IR, 16.0; 95% CI, 15.2-16.8). Among the 551 patients on TNFi, the IR of HZ in vaccinated patients was 8.5 (95% CI, 4.8-15.0) vs 15.9 (95% CI, 15.1-16.8) for those unvaccinated. Similarly, among immunized DMARD- and glucocorticoid-treated patients, the IRs were 7.0 (95% CI, 4.7-10.3) and 10.3 (95% CI, 6.7-15.8), respectively, vs 13.6 (95% CI, 13.1-14.2) and 17.2 (95% CI, 16.5-17.9) for their respective unvaccinated counterparts.74

Notably, 1 study reported that patients with IMDs on immunosuppressive therapy at the time of HZ vaccination (n = 4826) were at greater risk of HZ 42 days postvaccination (OR, 2.99; 95% CI, 1.58-5.70) than those who discontinued immunosuppressive treatment >30 days before vaccination (n = 9728).⁷⁵ However, it is important to note that no cases of disseminated VZV from the vaccine strain were observed, and latent zoster virus reactivation was speculated to be the probable cause.

Taken together, studies on the use of the live attenuated HZ vaccine on patients with IMDs on immunosuppressive therapies suggest that it is generally safe and well tolerated. It is important to note that most patients receiving the HZ vaccine would have had previous VZV exposure and immunity, which decreases the risk of disseminated disease from the vaccine strain even in individuals on immunosuppressive treatment. However, caution may be warranted in patients without preexisting immunity to the virus. Serologic testing for VZV prior to immunization with the live attenuated vaccine should be considered.

Other Live Vaccines

Statement 4a: In treatment-naive patients with immunemediated diseases who are vaccinated with live attenuated vaccines, we recommend that the duration of viremia following immunization be considered when determining the optimal time to initiate immunosuppressive therapy.

GRADE: Strong recommendation; very low-level evidence

Vaccine	Length of Viremia	
Varicella (Oka strain)	The vaccine strain could not be isolated up to 14 days postvaccination in children, ²²⁵ but 1 study detected the vaccine strain by PCR up to 5 weeks after immunization in 5 of 166 (3%) asymptomatic children given the varicella vaccine. ²²⁶	
Herpes zoster (Oka strain)	Varicella zoster virus DNA can be detected by PCR analysis in 16% (11/67) of individuals 2 weeks postvaccination ²²⁷ and up to 4 weeks in 6% (2/36) of individuals >60 years old. ⁷¹	
Yellow fever	Viremia after primary immunization wanes within 7 days postimmunization ²²⁸ and is generally cleared within 2 weeks of vaccination. ²²⁹	
Measles	The vaccine strain has not been isolated from human blood after immunization of healthy children, ²³⁰ but a study on macaques has shown the persistence of the Schwarz vaccine strain 7 to 9 days postvaccination. ²³¹	
Mumps	There is a low risk of viremia with the mumps vaccine strains; however, the incidence of aseptic meningitis occurring 2 to 3 weeks after vaccination suggests that the potential is maintained in some vaccine strains. The frequency of vaccine-associated aseptic meningitis varies from approximately 1 in 1.8 million doses for the Jeryl Lynn strain to as high as 1 in 336 for the Urabe AM9 strain. ²³²	
Rubella	Viremia was documented 7 to 21 days postvaccination in some adults receiving the primary vaccination but not in children. ²³³	
Live polio (type 2 Sabin)	In adults, free virus is present in the serum between 2 and 5 days after vaccine administration, with antibody-bound virus being present up to 8 days after vaccination. ²³⁴ In children aged ≤17 months, free virus can be detected up to 8 days after vaccination. ²³⁵	

Table 6. Length of Viremia Following Vaccination With Live Attenuated Vaccines.

Abbreviation: PCR, polymerase chain reaction.

Vote: 21.4% strongly agree, 71.4% agree, 7.1% neutral **Statement 4b:** In patients with immune-mediated diseases who interrupt immunosuppressive treatment prior to vaccination, we recommend that the duration of viremia following immunization be considered when determining the optimal time to reinitiate immunosuppressive therapy.

GRADE: Strong recommendation; very low-level evidence

Vote: 21.4% strongly agree, 57.1% agree, 21.4% neutral

Evidence Summary

While there is currently no evidence regarding the optimal time to initiate immunosuppressive therapies after immunization with live attenuated vaccines, it is intuitive that risks would be mitigated if treatment is initiated after vaccineinduced viremia clears, whenever the clinical situation allows. Table 6 lists data regarding the length of viremia resulting from commercially available live vaccines.

Statement 4c: In patients with immune-mediated diseases on immunosuppressive agents, we suggest that live attenuated vaccines be administered when individual benefits outweigh the perceived risks.

GRADE: Conditional recommendation; low-level evidence

Vote: 14.3% strongly agree, 64.3% agree, 14.3% neutral, 7.1% disagree

Evidence Summary

The use of yellow fever (YF); measles, mumps, and rubella (MMR); and oral typhoid vaccines in patients on immunosuppressive therapy has not been extensively examined. While further investigation is necessary, small observational studies provided insights into the safety and efficacy of live vaccines in this patient population.⁷⁶⁻⁸² Recall humoral and cellular responses to MMR in children with juvenile idiopathic arthritis (JIA) treated with etanercept + MTX (mean dose of 12 mg/m² body surface area [BSA] once weekly [QW]) (n = 5) or low-dose MTX alone (mean dose of 9 mg/m² BSA QW; n = 5) were not significantly different from healthy children (n = 22).⁸⁰ Moreover, the MMR vaccine was demonstrated to be safe for patients with JIA, with no reports of aggravated disease activity, increased medication use, or severe AEs following vaccination.^{76,80}

Primary or secondary YF vaccination also induced protective serologic responses in the majority of IFX-treated patients with RA (94% [16/17]),⁸¹ and adults with chronic inflammatory conditions receiving systemic corticosteroid therapy for a median of 10 months (100% [20/20 patients examined]; prednisone-equivalent dose: 5-20 mg/d).⁷⁸ In addition, patients with IMDs on MTX (n = 11), prednisolone (n = 1), leflunomide (n = 1), or etanercept (n = 2) achieved postvaccination neutralizing antibody titres comparable to healthy controls.⁸² In all studies, the YF vaccine was administered without adverse sequelae, although patients in 1 study experienced a higher frequency of transient local reactions (RR, 8.0; 95% CI, 1.4-45.9), including erythema, tenderness, and pain compared with healthy individuals.⁷⁸

A systematic review by Croce et al⁸³ noted that of the 253 YF vaccine doses administered to patients with IMDs or solid organ transplants, only 1 case of vaccine-related infection was reported. The fatal case of vaccine-associated viscero-tropic disease occurred in a patient with SLE and RA treated with dexamethasone and possibly MTX.⁸³ While the patient was given a vaccine from a lot associated with >20 times the

risk of viscerotropic disease,⁸³ it is possible that the underlying autoimmunity and immunosuppressive treatment may have also contributed to the fatal outcome. Therefore, prudent assessment of the risks and benefits of vaccination in each individual patient is necessary to prevent potentially deleterious consequences. Whenever possible, physicians should assess the patient's risk of YF exposure and vaccinate accordingly prior to initiation of immunosuppressive regimens.

Statement 4d: In situations where patient safety is a paramount concern and the clinical situation allows, we suggest that immunosuppressive treatment be interrupted for a duration based on drug pharmacokinetics prior to immunization with live vaccines.

GRADE: Conditional recommendation; low-level evidence

Vote: 28.6% strongly agree, 64.3% agree, 7.1% neutral

Evidence Summary

There is evidence to suggest that live vaccines may be safely given to patients with IMDs treated with immunosuppressive agents. However, due to factors such as advanced age, disease severity, comorbidities, and potent immunosuppressive medications, some patients may be at greater risk of AEs or disseminated infection after receiving live attenuated vaccines. For instance, the risk of developing YF vaccine-associated viscerotropic disease increases with age, with elderly individuals having a 5000-fold increased incidence (0.05%) compared to children (0.00001%).84 In situations where patient safety is of paramount concern and the decision is made to interrupt immunosuppressive therapy prior to immunization, the duration of the treatment break prior to vaccine administration should ideally take drug pharmacokinetics into consideration (Tables 4 and 5) to minimize the interference of immunosuppressive agents on vaccine response and their potential effect on risk of disseminated infection.

Vaccination of Infants With Early Exposure to Immunosuppressive Agents

Statement 5a: In infants exposed to immunosuppressive agents in utero during the third trimester, we recommend that inactivated vaccines be administered according to the local immunization schedule.

GRADE: Strong recommendation; very low-level evidence

Vote: 57.1% strongly agree, 42.9% agree

Evidence Summary

Biologics

Serological responses to routine childhood vaccinations in infants exposed to TNFi up to the third trimester (final dose at 17-39 weeks' gestation) were described in 3 observational studies and 1 case report.⁸⁵⁻⁸⁸ Adequate and protective responses to tetanus, pneumococcal, and diphtheria vaccines were generally achieved, although some variability in *Haemophilus influenzae* type b (Hib) vaccine immunogenicity was observed.^{85,88} Furthermore, routine childhood vaccinations were well tolerated, resulting in no safety concerns or severe AEs.⁸⁵⁻⁹¹

More recently, data from the Pregnancy in Inflammatory Bowel Disease and Neonatal Outcomes (PIANO) registry comparing vaccine responses in infants born of mothers who were exposed to biologic therapies (IFX, adalimumab, vedolizumab, certolizumab pegol, golimumab, natalizumab, or ustekinumab) vs those unexposed during gestation revealed no significant differences in seroprotection rates to the Hib (21/38 [71%] vs 4/8 [50%]; P = .41) and tetanus toxoid vaccines (33/41 [80%] vs 6/8 [75%]; P = .66) between the 2 groups.⁹²

Three case reports examined the efficacy of routine childhood immunizations such as tetanus, diphtheria, and HBV among infants exposed to RTX up to the third trimester (last RTX dose at 30-34 weeks' gestation).⁹³⁻⁹⁵ Despite all infants exhibiting low⁹⁴ or undetectable^{93,95} B-cell counts at birth, protective antibody levels were generally achieved following vaccination without serious AEs.

DMARDs and Glucocorticoids

Two case-control studies examined HBV vaccine immunogenicity among infants born to mothers treated with dexamethasone, thiopurines, or cyclosporine for autoimmunity or CTD during pregnancy.^{96,97} Despite exposure to immunosuppressive drugs in utero, these infants achieved protective antibody titres and exhibited comparable IgG serum levels, lymphocyte counts, and other immune parameters to unexposed infants. Importantly, vaccination with inactivated vaccines was demonstrated to be safe. In a study involving 30 infants exposed to thiopurines due to maternal IBD during gestation, diphtheria, tetanus, pertussis, inactivated polio, Hib, and pneumococcal conjugate vaccines were safely administered without serious AEs or complications.⁹⁸

Exposure to higher doses of immunosuppressive agents in the solid organ transplant setting did not significantly affect the immune response to childhood vaccinations.⁹⁹ Of the 17 infants born to renal transplant recipient mothers treated with thiopurines, tacrolimus, prednisone, and/or cyclosporine during pregnancy, 82% exhibited B-cell numbers lower than the 10th percentile of normal Brazilian values (280/mm³) while 29.4% exhibited abnormalities in other lymphocyte populations at birth. Despite this, primary immunization with Hib, pneumococcal, and tetanus vaccines was safely administered and resulted in protective antibody titres that were comparable to those of infants unexposed to immunosuppressive agents in utero. **Statement 5b:** In infants exposed to immunosuppressive agents in utero during the third trimester, we recommend that the MMR and varicella vaccines be administered according to the local immunization schedule.

GRADE: Strong recommendation; low-level evidence Vote: 42.9% strongly agree, 57.1% agree

Evidence Summary

Live attenuated MMR and varicella vaccines are indicated for children 12 to 15 months of age.^{100,101} At this time, <1%of the initial biologic agent levels should be present in the infant based on the known half-life of 30 to 52.5 days of maternally derived IgG antibodies.¹⁰²⁻¹⁰⁴ In the case of in utero RTX exposure, continued presence of the biologic agent in the infant was shown to delay B-cell development in some cases. However, circulating CD20⁺ B-cell numbers were shown to normalize 3 to 6 months after birth, possibly suggesting integrity to adequately respond to vaccines given at later time points.^{93,94,105} In fact, studies demonstrated that infants exposed to either TNFi or RTX in utero achieved protective antibody levels without complications upon completion of the MMR vaccine regimen.^{85,90,93,95}

Similarly, nonbiologic immunomodulatory agents with relatively long half-lives such as leflunomide (14 days) and antimalarials (40-50 days) are expected to be cleared or present in minute concentrations that are unlikely to negatively affect the immunogenicity or safety of vaccines given ≥ 12 months after birth.

Statement 5c: In infants breastfed by mothers on immunosuppressive regimens, we recommend that inactivated and live attenuated vaccines be administered according to the local immunization schedule without delay.

GRADE: Strong recommendation; very low-level evidence

Vote: 35.7% strongly agree, 57.1% agree, 7.1% neutral

Evidence Summary

Biologic Agents

Due to the inefficient transfer of IgG antibodies across the mammary epithelium, only low levels of IgG-based biologics are typically found in breastmilk.^{87,106-112} Any antibodies ingested by the infant are not taken up by the intact intestinal mucosa¹¹³ and are subject to degradation by proteolytic enzymes in the stomach and intestine.^{113,114} Consequently, breastfeeding while being treated with Ig-based biologics poses little to no risk of infant drug exposure, as evidenced by the continuous decline in serum levels of biologics acquired through gestational exposure in breastfed infants.^{87,110,115} For this reason, infants breastfed by mothers on biologic therapy should receive routine immunizations without delay according to local immunization guidelines.

Table 7.	Exposure of Infants t	o Immunosuppressive Agents
Through I	Breastmilk.	

Drug	Estimated Infant Exposure
Chloroquine	0.55% ^{119,a}
Hydroxychloroquine	2% ^{118,b}
Tacrolimus	0.3% ^{123,b}
Cyclosporine	0.2%-1.1% ^{236,b}
Prednisolone	0.1% ^{120,a}
Azathioprine	6-MP metabolite: <0.09% ^{121,b}
Sulfasalazine	5.9% ^{119,a}
Methotrexate	NA ^{122,c}

Abbreviations: 6-MP, 6-mercaptopurine; NA, not available.

^aPercent of maternal dose ingested.

^bInfant drug exposure corrected for maternal and infant body weight (weight-adjusted dose).

 $^{\rm c}\textsc{Expected}$ to result in minimal exposure of infant to methotrexate due to the low milk/plasma ratio (0.08) observed.

Of note, subtherapeutic IFX levels were observed in an infant exposed to the drug solely through breastfeeding.¹¹² Five days after maternal infusion with IFX, the biologic agent was detected in the infant (1700 ng/mL), despite being only partially breastfed. No AEs were observed in the child, and the level present in the infant's serum is below the therapeutic range and not expected to interfere with the safety or efficacy of childhood immunizations. However, the mechanism of infant absorption of the biologic in this case is unclear, and further investigation may be warranted.

Nonbiologic Agents

Hydrocortisones, antimalarials, azathioprine metabolites, sulfasalazine, MTX, cyclosporine, and tacrolimus have been detected in breastmilk at concentrations lower than maternal serum levels.¹¹⁶⁻¹²⁴ At these levels, the weight-adjusted exposure of the breastfed infant is estimated to be minimal (Table 7)¹²⁵ and would likely have little effect on vaccine immunogenicity and efficacy. However, live attenuated vaccines should be administered with caution to infants breastfed by mothers on cyclophosphamide as cases of neutropenia and hematopoiesis suppression were documented in infants exposed to this agent through breastmilk.^{126,127}

Discussion

Consensus Level

These guidelines present recommendations on general immunization practices for patients with IMDs treated with immunosuppressive therapies, as well as infants exposed to such agents during the third trimester of pregnancy or through breastfeeding. Consensus was reached on 13 statements, with 2 statements being rejected (Appendix 1).

Comparison With Other Guidelines

In contrast to the recommendations in this publication, several guidelines, including those from the National Advisory Committee on Immunization (NACI), Advisory Committee Immunization Practices, American College of on Gastroenterology, and European Crohn's and Colitis Organization, have suggested waiting at least 3 to 4 weeks after immunization with live vaccines prior to commencing immunosuppressive therapy.^{69,70,73,128} In addition, the 2014 NACI guidelines recommended that the live HZ vaccine not be given to individuals receiving high-dose corticosteroids or immune-suppressing medications, unless treatment has been discontinued for a period of 3 days to up to 1 year prior to vaccination, depending on the medication.¹²⁸

However, in individuals with prior exposure and immunity to VZV, the live attenuated HZ vaccine acts as a booster immunization, which elicits a secondary immune response with faster kinetics than primary vaccination. Studies on tofacitinib in patients with RA demonstrated that treatment initiation within 2 weeks of vaccination did not compromise the safety or efficacy of the vaccine.⁷² Furthermore, data from retrospective studies suggest that vaccination even while on immunomodulatory biologics (TNFi, abatacept, or RTX), DMARDs, and glucocorticoids is safe and effective,⁷⁴ potentially eliminating the need for long wait times between vaccination and treatment initiation. Presented with this evidence, the committee deemed the live attenuated HZ vaccine to be relatively safe for individuals with preexisting immunity to varicella, even in those on certain immunosuppressive treatments. In treatment-naive patients, deferring the initiation of immunosuppressive therapy 2 to 4 weeks postvaccination should be sufficient to mount an effective adaptive response to the vaccine.

While this manuscript was being prepared for publication, the NACI released the 2018 recommendations on the use of HZ vaccines, which state that the HZ/su vaccine, not the live attenuated vaccine, may be considered for immunocompromised adults aged \geq 50 years.¹²⁹ This echoes the CDC recommendation that the subunit vaccine be considered over the live attenuated vaccine for immunocompetent adults \geq 50 years of age or those anticipating immunosuppression.⁶⁸ Aligned with the NACI and CDC guidelines, this publication preferentially recommends considering the subunit vaccine for patients with IMDs on immunosuppressive regimens until further data are available.

With regards to vaccinating patients on RTX, the Public Health Agency of Canada recommends that treatment be discontinued 6 to 12 months prior to vaccination with live or inactivated vaccines,¹³⁰ whereas a minimum washout period of 5 months preimmunization is recommended in this publication. While longer washout periods would be ideal and allow B-cell numbers to rebound following B-cell depletion therapy, extended treatment cessation is not always feasible if disease control is to be maintained. Thus, in patients requiring RTX infusion every 6 months, the

committee determined that immunizing patients 5 months following the last RTX dose and at least 4 weeks prior to the subsequent dose would allow for a degree of B-cell reconstitution and sufficient time to mount an adaptive immune response to the vaccine.

Limitations

While these guidelines were developed according to the best evidence available to date, the body of evidence regarding the safety and efficacy of vaccination among individuals receiving immunosuppressive therapy for IMDs remains incomplete. Large-scale clinical trials assessing the effectiveness of vaccines in this patient population have not been performed, and data regarding the safety and efficacy of immunization for patients on recently approved drugs and biologic agents are currently lacking. Furthermore, antibody thresholds may be an imperfect surrogate for vaccineinduced protection, and the lack of more accurate measures of vaccine efficacy may hinder our complete understanding of how immunosuppressive drugs and biological agents affect the immunological response to immunization.

Conclusions

The use of immunomodulatory biologics, DMARDs, and glucocorticoids may result in attenuation but not abolishment of the immune response to vaccines. The risks and benefits of immunization should be weighed to determine patient eligibility and appropriate timing of vaccine administration relative to immunosuppressive therapy.

While specialists endorse the importance of giving ageand disease-appropriate vaccines to patients with IMDs, primary care physicians (PCPs) are often tasked with carrying out immunizations in these patients. To ensure that necessary vaccines are given and patients receive consistent care across health care providers, communication between specialists and PCPs is imperative. Should the need arise, these guidelines may serve to inform not only specialists but also family physicians and other health care providers on issues regarding the safety and efficacy of vaccines in patients with IMDs on immunosuppressive therapies.

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