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# Research Article

# The Role of Marine Organic Extract in Bone Regeneration: A Pilot Study

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Novel biomaterials capable of accelerating the healing process of skeletal tissues are urgently needed in dentistry. The present in vivo study assessed the osteoconductive and osteoinductive properties of experimental biphasic bioceramics (HA-TCP) modified or not by a nacre extract (marine organic extract, MOE) in a sheep model. Fabrication of MOE involved mixing ground nacre (0.05 g, particle sizes < 0.1 mm) with glacial ethanoic acid (5 mL, pH 7) for 72 hours using external magnetic stirring (25°C). Nonreactive carriers (sterile polythene tubes; 3/animal, radius: 2.5 mm, length: 10.0 mm) pertaining to the control (empty) or experimental groups (HA-TCP or MOE-modified HA-TCP) were implanted intramuscularly into the abdominal segment of the torso in sheep (n = 8, age: 2 years, weight: 45 kg). Euthanization of animals was performed at 3 and 6 months after surgery. Tissues harvested were subjected to macroscopic and radiographic assessments. Specimens were then stained for histological analysis. Both control and experimental animals were capable of inducing the neoformation of fibrous connective tissue at both time points where superior amounts of tissue formation and mineralization were detected for experimental groups (unaltered (at 3 and 6 mos) and MOE-modified HA-TCP (at 3 mos)). Histological results, however, revealed that mature bone formation was only observed for specimens fabricated with MOE-modified HA-TCP in a time-dependent manner. The present study has successfully demonstrated the in vivo utility of experimental biphasic bioceramics modified by MOE in an ectopic grafting sheep model. Promising osteoconductive and osteoinductive properties must be further developed and confirmed by subsequent research.

#### 1. Introduction

It is estimated that billions of dollars are spent every year all over the world for the placement of bone defect repairs [1, 2]. In this critical context, it becomes obvious that novel implantable biomaterials capable of accelerating the natural healing of skeletal tissues are urgently needed. Important scientific and technological breakthroughs in cellular

biology, in situ engineering of tissues and biomaterials development [3, 4], have resulted in the attainment of novel materials and surgical techniques that, combined, are capable of promoting in situ growth of bone tissues while displaying unprecedented levels of control and selectivity. According to previous reports [5, 6], there are many shortcomings associated with the utilization of homografts and xenografts that include limited bioavailability, tissue

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rejection, viral or prion contamination, and the necessity for the utilization of immunosuppressant drugs [7, 8].

Autografts are typically regarded as the gold standard for bone repair because of their high levels of histocompatibility and the presence of a 3-dimensional porous matrix containing essential osteoconductive components (i.e., bone morphogenic proteins, growth factors, osteoprogenitor cells) [9]. These types of grafts involve harvesting bone (i.e., iliac, mandibular ramus, chin) and expensive surgical procedures and have been previously correlated with surgical problems such as morbidity of the donor site, cicatrix, hemorrhage, inflammation, bacterial contamination, and chronic pain [9-12]. Synthetic bone substitutes (also known as alloplastic bone repairs) are commonly utilized as alternatives to autografts because they are readily available and they eliminate the need for a donor site [13]. Despite these promising properties, previous studies have demonstrated that alloplastic materials, such as bioceramics and synthetic hydroxyapatites, are not able to repair critical-sized calvarial defects in animal models (rabbit and rat) [13, 14]. Extensive research efforts to overcome previously cited limitations resulted in the attainment of novel biocompatible organobiomaterials such as natural hydroxyapatite (HA) [15, 16],  $\beta$ -tricalcium phosphate (TCP) [17], and low-temperature apatites (LTA) [18]. More recently, our laboratory has reported a pilot study describing the in vivo bone repair utility of demineralized bone matrix (DBM) modified by an experimental nacre extract (MOE) in a sheep ectopic model [19]. The findings reported therein have indicated that, under the experimental conditions tested, materials investigated were not associated with significant osteoinductive and osteogenic functionalities. Therefore, the objective of the present controlled and randomized in vivo study was to determine the in vivo osteogenic functionalities of unaltered or MOE-modified biphasic bioceramics in a sheep model using a comprehensive assessment approach based on macroscopic, radiographic, and histological analyses.

# 2. Materials and Methods

2.1. Institutional Animal Care and Use Committee. The Animal Use Ethics Committee of the Positivo University reviewed and approved the execution of the present randomized and controlled in vivo study (approval # CEUA 80/11).

2.2. Nacre Extract (MOE) Preparation. Our laboratory has previously reported the methodology used for the fabrication of the experimental MOE used in the present study [19]. A local seafood supplier provided frozen Perna perna (brown) mussels. After being thawed, mussels were washed (30 sec each) under copious irrigation with fresh water (25°C) and were air-dried for no less than 24 hours. Mussels' shells were then reduced into a fine powder using a pestle for bone (Kopp, Paraná, Brazil) and a Teflon planetary grinding jar (AMEF, São Paulo, Brazil). Pulverized particles of nacre (0.05 g) were then mixed with glacial ethanoic acid (1 M, pH 7.0, 5 mL, 25°C) using external magnetic stirring for 72 hours (Tongtuo, Hayward, USA). Experimental MOE was then

centrifuged at 4,000 rpm (15 min, MPW-350R, MPW Med. Instruments, Warsaw, Poland) and the supernatant was carefully aspirated using a calibrated pipette.

2.3. Approach. Female sheep  $(n = 8, 2 \text{ yrs. of age}, \approx 45 \text{ kg})$ Table 1) were triaged and selected to participate in the present controlled and randomized in vivo study. Animals were then randomized to each experimental group using the Research Randomizer freeware (V4.0, Social Psychology Network, Pennsylvania, USA) available online (http://www. randomizer.org). Nonreactive carriers (3/animal; radius: 2.5 mm, length: 10.0 mm) containing GenPhos HA-TCP (unaltered or modified by 40 µL of MOE) were then implanted intramuscularly at each animal's torso abdominal segment. Empty sterile nonreactive carriers served as the control (groups 1 and 4, sham). Animals of each experimental group (euthanized either 3 or 6 months) received 3 tubes (either empty or containing unaltered MOE-modified HA-TCP) as shown in Table 1. The model reported (intramuscular implantation) was selected based on its capabilities to provide environments that are mechanically unstable [20] while assessing the biocompatibility and regeneration properties of implantable organo-biomaterials [21]. The materials reported in the present study were also investigated for their osteoconductive and osteoinductive properties in critical size defects (sheep mandible). However, those results will be reported in a subsequent manuscript.

2.4. Surgical Procedures. Sheep were identified with earrings following common practices typically used in animal breeding. The present study was conducted with the approval of the Animal Care Committee and followed the guidelines established by European Community for the handling, care, and utilization of experimental animals (DE 86/609/CEE) [22]. Animals fasted for solid food (24 hours) and water (8 hours) prior to surgery. Preanesthesia medications (acepromazine [Acepran 1%; 0.55 mg/kg, Vetnil, Brazil] and ketamine [Dopalen; 20 mg/kg, Vetbrands, Brazil]) were intramuscularly provided to the animals. Sodium thiopental (Thiopentax, 5 mg/kg, Brazil) was used intravenously to induce animals to anesthesia. A mixture of oxygen and isoflurane (Biochimico, 3 L/min, Brazil) vaporization was used to maintain animals' sedation. Other transoperative procedures included the intramuscular injection drugs with anti-inflammatory and antibiotic actions such as Ketoprofen 10% (Biopharma Quimica e Farmaceutica Ltda, Brazil; 3 mg/kg) and Enrofloxacin 10% (Chemitec Agro-Veterinária, Brazil; 2.5 mg/kg). Surgical sites (length 20.0 cm) were located 3.0 cm cranially to the sacral promontory and 6.0 cm laterally to the vertebral column (either right or left, randomly assigned). Povidone-iodine (Rioquímica, Brazil) was used to disinfect surgical sites after trichotomy procedures in preparation for incisional procedures. Separate incisions (n = 3, 3.0 cm/incision, 4.0 cm aside) were performed on the epidermis and dermis to allow access to the muscular fascia (Longissimus dorsi) region. Individual intramuscular incisions (1.0 cm/each) were performed perpendicularly to the vertebral column to allow

TABLE 1: Experimental conditions: sham empty tube; MOE marine
organic extract; GenPhos HA-TCP®.

Groups	Туре	Monitoring time	Biomaterial
1 2	Control Experimental	3 months	Sham GenPhos HA-TCP®
3	Experimental		GenPhos HA- TCP® + MOE
4	Control	6 months	Sham
5	Experimental		GenPhos HA-TCP®
6	Experimental		GenPhos HA- TCP® + MOE

access for the placement of nonreactive carriers containing the materials investigated within the muscular tissue. Vicryl 5-0 absorbable (Ethicon, Brazil) was used for the deep suture of the muscle and fascia using the interrupted technique. Nonabsorbable nylon 5-0 (Shalon Fios Cirúrgicos Ltda, Brazil) was used for the suture of the external dermis using a continuous technique. Anti-inflammatory and antibiotic drugs (Ketoprofen 10% [3 mg/kg] and Enrofloxacin 10% [2.5 mg/kg], respectively) were intramuscularly administered to animals 3 and 5 days after surgery.

2.5. Euthanization and Fixation Procedures. Euthanization of animals was performed (at 3 or 6 months) using a previously published protocol [19]. Sodium thiopental IV (8 mg/Kg, Thiopentax, Brazil) and potassium chloride (20 mL, 19.1%, Brazil) were intramuscularly administered to allow the removal of specimens (each nonreactive carrier displayed roughly 1.0 cm of encircling tissues). Specimens were fixed in neutral buffered formalin (10%, at 4°C; Sigma-Aldrich, Brazil). Subsequently, specimens were immersed for 48 hours in formaldehyde (10%) prior to the comprehensive analyses (digital images, radiographic and histologic) performed in the present study.

2.6. Digital Image Assessment. Histology-ready specimens were then assessed for their macroscopic features using a semiprofessional digital camera (Canon Tli, 105 mm macro lens, Oita, Japan) and digital image analysis software (ImageJ, available online at http://imagej.nih.gov/ij/).

2.7. X-Ray Assessment. Specimens were individually assessed for radiopacity through a conventional exam (0.005 mSv, 0.3 seconds) performed with traditional X-ray equipment (Spectro 70x, Dabi Atlante, São Paulo, Brazil) connected to a digital sensor (RVG 5100, Kodak Company, USA).

2.8. Histology Assessment. Trichloroacetic acid 5% (TCA; 25°C) was used (for 40 days) to demineralize the specimens. Specimens were inserted into blocks of paraffin and were serially sliced ( $6 \mu \text{m/slice}$ ) in their longitudinal plane, as commonly reported in histological studies. Individual slices were treated with hematoxylin and eosin (HE) and Masson's

trichrome (MT). An optical microscope (BX 41, Olympus Optical Company, Tokyo, Japan) coupled with a digital camera (Canon Tli, Oita, Japan) was then used to image stained slices. Digital images were then processed by a single and previously trained operator using Photoshop CS4 (Adobe Systems Inc., California, USA) and ImageJ (Freeware, available at http://imagej.nih.gov/ij/).

2.9. Statistical Analysis. Mean values from the macroscopic (horizontal cross-section), radiographic (radiopacity levels), and microscopic assessments (mature bone areas) were analyzed for normality using the Shapiro–Wilk test. Since a normal distribution was observed, results obtained were then statistically analyzed using Student's *t*-test to compare the efficacy of the investigated interventions among selected areas. Summary statistical analyses in the present study were performed using the Statistical Package for Social Science® (SPSS, V24.0, IBM) with a confidence level of 95%.

#### 3. Results

The results of the macroscopic analysis, at 3 and 6 months, were reported in the present study in terms of representative digital images (Figures 1(a), 1(e), 2(a), 2(e), 2(i), and 2(m)) and horizontal scale bars (in terms of mm, ImageJ).

Images reported have indicated that all materials investigated were capable of promoting the growth of bonelike tissues. Specimens pertaining to either the control (1 and 4) or experimental (2, 3, and 5) groups were associated with the lowest (horizontal cross-section: 0.5 mm) and highest (horizontal cross-section: 5.0 mm) amounts of fibrotic or bone-like tissues, respectively. Specimens of experimental group 6 (GenPhos, HA-TCP + MOE, 6 mos) displayed intermediate levels of tissue growth when compared to the remaining groups investigated. The radiographic assessment (radiopaque areas) resulted in means of  $0.219 \pm 0.037$  in 2 for groups 1 and 4, and  $0.695 \pm 0.005$  in 2 for groups 2, 3, 5, and 6 (Figures 1(b), 1(f), 2(b), 2(f), 2(j), and 2(n)) where it is possible to observe that specimens pertaining to control groups (1 and 4) displayed the lowest radiopacity levels among all groups tested (p = 0.034). Histological results (at 3 and 6 mos) are displayed in Figures (1(c), 1(d), 1(g), 1(h), 2(c), 2(d), 2(g), 2(h), 2(k), 2(l), 2(o), and 2(p)). Figures 1(d) and 1(h) have shown that specimens of the control groups (either 1 or 4) were capable of promoting the growth of thin tissues that were organized as parallel bundles of loosely arranged connective fibers interspersed with blood vessels. Figures 2(d) and 2(h) illustrate the results (at 3 and 6 mos) of experimental groups containing unaltered GenPhos HA-TCP particles. In both images, it is possible to observe the presence of dense fibers, blood vessels, and unreacted HA-TCP particles. Figures 2(l) and 2(p) show the results (at 3 and 6 mos) for MOE-modified GenPhos HA-TCP. It is possible to observe in Figure 2(1) the presence of mature bone (MB), osteoclasts (OC), and osteoblasts (OB) between particles of MOE-modified GenPhos HA-TCP. Figure 2(p) illustrates the presence of neovascularization (NV) and endosteal cells (ED) within MB at six months.

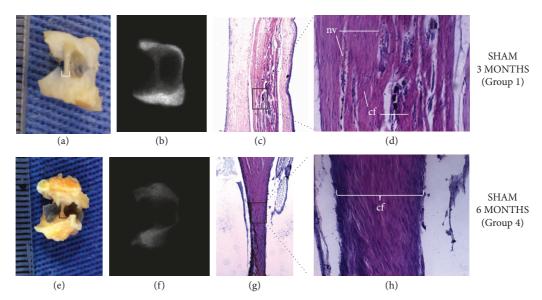


FIGURE 1: Macroscopic aspect (a, e), radiographic sections (b, f), and histological sections (c, d, g, h) with negative control or sham (tube without biomaterial). Microscopic appearance (HE, original 200x) demonstrating neovascularization (nv) and connective tissue fibers (cf).

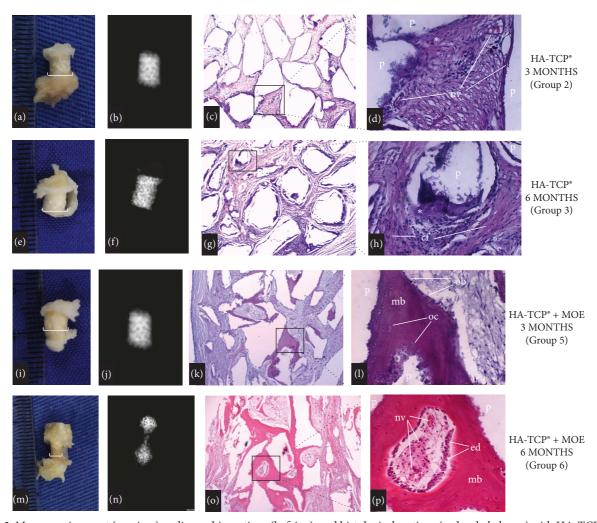


FIGURE 2: Macroscopic aspect (a, e, i, m), radiographic sections (b, f, j, n), and histological sections (c, d, g, h, k, l, o, p) with HA-TCP® with and without marine organic extract. Microscopic appearance (HE, original 200x) demonstrating particle (p) of HA-TCP, osteoid (\*), neovascularization (nv), connective tissue fibers (cf), mature bone (mb), osteoclast (oc), osteoblast (ob), endosteal (ed). MOE marine organic extract.

## 4. Discussion

The present controlled and randomized in vivo study had the objective of comprehensively characterizing the osteoconductive and osteoinductive functionalities of unaltered or MOE-modified GenPhos HA-TCP as materials to promote the guided deposition of bone tissues. The animal model used in the present study was selected because it provides physiological and biochemical environments that, comparable to those observed in humans [23], are rapid and efficient and have been correlated with high levels of sensitivity [22] while displaying unrivaled ability to indicate the occurrence of foreign-body giant cells reactions [24].

The reason for the selection of nonreactive polymer carriers was based on results reported previously by our group [19, 25], where intramuscular implantation of tubes (identical composition and similar surgical conditions) did not generate any type of allergic or inflammatory reactions in sheep models. Figures 1(a)-1(h) illustrate the macroscopic, radiographic, and histological results for specimens pertaining to the control groups (1 and 4). Comparing the results shown in Figures 1(a) and 1(e) at 3 and 6 mos, respectively, it was possible to observe the formation of tissues displaying macroscopic features (such as color and texture) resembling those of mineralized tissues. It was also possible to observe that similar (p > 0.05) amounts of tissues were formed independently of the monitoring time considered (either at 3 or 6 mos). The results from the radiographic analysis shown in Figures 1(b), 1(f), 2(b), 2(f), 2(j), and 2(n) have indicated that neoformed tissues were associated with radiopacity levels that were maintained in a biomaterial presence-dependent manner. The histological results presented in Figures 1(c), 1(d), 1(g), and 1(h) have indicated the presence of cells typically associated with acute inflammation processes (such as lymphocytes and macrophages), which is considered an expected local tissue reaction in response to the implantation of tubes, and, therefore, are in good agreement with a previously published report [26]. The presence of inflammatory cells related to chronic processes, allergy, or foreign-body reactions (such as leukocytes) was not observed at neither 3 nor 6 mos, thereby further corroborating the rationale for the selection of polymer-based nonreactive carriers for the testing of the implantable organo-biomaterials investigated in the present study.

The utilization of MOE as a promoter of bone growth was supported by this material's proven biocompatibility, low antigenicity properties, and growth factors' concentration (e.g., bone morphogenic-like proteins) that are considered adequate for human utilization [27, 28]. Previous studies investigating the efficacy of bone-growth factors have demonstrated the presence of a positive and strong correlation between the occurrence of adverse effects (undesired heterotopic ossification and life-threatening inflammatory reactions) and concentrations of bone-growth factors (such as BMP, BMP-2, or rhBMP-2) [29–31]. A recent in vivo study investigating the utility of bioceramics (HA-TCP) modified or not by adipose stem cells, in an experimental canine model using dogs, has indicated based on previous scientific

evidence [32] that hydroxyapatite and HA-TCP display promising osteoconductive and osteoinductive properties that were shown to trigger the repair of damaged and degenerated tissues in a contact-dependent manner [33].

The macroscopic results presented in Figures 2(a), 2(e), 2(i), and 2(m) suggest that, with the exception of group 6 (MOE-modified HA-TCP at 6 mos.), all remaining experimental groups were capable of inducing the growth of large quantities of tissues with macroscopic features that were very similar to those found in bone. The results of the radiographic analysis reported similar radiopacity levels for all the experimental groups 2, 3, 5, and 6. And although in group 6 the radiopacity area had a different morphology, the total area was similar. This difference can be explained by the histological aspects shown in this group. The results of the histological analysis reported (Figures 2(c), 2(d), 2(g), 2(h), 2(k), 2(l), 2(o), and 2(p)) have indicated that specimens pertaining to groups 2 and 5 (unaltered HA-TCP at 3 and 6 mos.) displayed the presence of similar quantities of neoformed fibro-vascular tissues and osteoid-like cells among the HA-TCP, but the formation of mature bone could be observed only when MOE was associated (groups 3 and 6), shown to display significant higher amounts of mature bone among HA-TCP particles at 6 months (p = 0.0003). The results reported in Figure 2(1) have also indicated the presence of bone remodeling cells (such as osteoclasts and osteoblasts). In Figure 2(p) it is possible to observe that specimens pertaining to experimental group 6 (MOE-modified HA-TCP at 6 mos) promoted the formation of larger amounts of mature and layered vascularized bone tissues with endosteal-coated spinal cavity formation, and the presence of peripherally aligned osteoblast cells and living osteocytes, which are characteristics typically found in compact bone tissues. These findings suggest that MOEmodified experimental materials displayed promising osteoinductive properties that, under the conditions and limitations of the present study, were considered of fundamental importance for the formation of new bone. Several studies have reported similar results [34-39], thereby corroborating the findings of the present study.

A study investigating the in vitro biomineralization of human osteoblasts has demonstrated that nacre is capable of attracting and activating osteoblasts [40], thereby suggesting that similar regulatory mechanisms [41] and biomineralization systems may exist in both vertebrates and mollusks [42]. Another sheep model study, investigating the interface between bone and nacre chronic implants, observed direct binding between bone and nacre implants, wherein a layer of progenitor cells was contacting, in a direct manner, the implant's surface without the presence of a fibrous intervening layer [43]. Duplat et al. [44], while investigating the in vitro osteoclasticdriven degradation of nacre (Pinctada oyster), have demonstrated that nacre can also modulate the differentiation of stem cells into osteoclasts that were able to resorb the material, and can be used to partially explain the results presented in Figures 2(m)–2(p) where specimens pertaining to experimental group 6 (MOE-modified HA-TCP at 6 mos) were associated with the lowest amount of tissue formation inside of the nonreactive carriers (at 6 mos).

## 5. Conclusions

The present study has successfully reported the experimental association of biphasic bioceramics modified by a marine organic extract from nacre. The comprehensive assessment approach used, suggests that experimental materials investigated (MOE-modified HA-TCP) displayed promising in vivo osteoconductive and osteoinductive functionalities in an ectopic sheep model. It is anticipated that after complete development and characterization, experimental materials reported will display active osteogenic properties. The utilization of these materials is expected to be translated into shorter healing times, materials able to heal criticalsized defects, decreased bone repair costs, and patients displaying improved quality of life. Despite the promising results reported, additional research is necessary to further develop the functionalities described and to confirm the findings of the present study.

## **Data Availability**

The datasets generated and analyzed during the current study are available from the corresponding author on reasonable request.

#### **Conflicts of Interest**

The authors of the present work declare that no financial or nonfinancial conflicts of interest are associated with this publication.

#### **Authors' Contributions**

João C. Zielak conceptualized the study, analyzed the data, wrote the original draft, and was responsible for funding acquisition. Ivana Vendramini, Paola Fernanda Cotait de Lucas Corso, Leonardo Luiz Muller, and Viviane Rozeira Crivellaro were responsible for the conduction of the experiment, data acquisition, data entry, and formal data analysis. Sharukh S. Khajotia, Fernando Luiz Esteban Florez, Rafaela Scariot, Mohammed Elsalanty, Tatiana Miranda Deliberador, and Carmen Lucia Mueller Storrer have contributed to the conceptualization of the study, critically discussed the results, and written and edited the manuscript. All authors have critically reviewed and approved the manuscript for publication.

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