

# Treatment With Anti-C5a Antibody Improves the Outcome of H7N9 Virus Infection in African Green Monkeys

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(See the Editorial Commentary by Ward on pages 596–7.)

**Background.** Patients infected with influenza A(H7N9) virus present with acute lung injury (ALI) that is due to severe pneumonia and systemic inflammation. It is often fatal because there are few effective treatment options. Complement activation has been implicated in the pathogenesis of virus-induced lung injury; therefore, we investigated the effect of targeted complement inhibition on ALI induced by H7N9 virus infection.

**Methods.** A novel neutralizing specific antihuman C5a antibody (IFX-1) was used. This antibody blocked the ability of C5a to induce granulocytes to express CD11b while not affecting the ability of C5b to form the membrane attack complex. African green monkeys were inoculated with H7N9 virus and treated intravenously with IFX-1.

**Results.** The virus infection led to intense ALI and systemic inflammatory response syndrome (SIRS) in association with excessive complement activation. Anti-C5a treatment in H7N9-infected monkeys substantially attenuated ALI: It markedly reduced the lung histopathological injury and decreased the lung infiltration of macrophages and neutrophils. Moreover, the treatment decreased the intensity of SIRS; the body temperature changes were minimal and the plasma levels of inflammatory mediators were markedly reduced. The treatments also significantly decreased the virus titers in the infected lungs.

**Conclusions.** Antihuman C5a antibody treatment remarkably reduced the ALI and systemic inflammation induced by H7N9 virus infection. Complement inhibition may be a promising adjunctive therapy for severe viral pneumonia.

**Keywords.** H7N9; lung injury; anti-C5a antibody; complement inhibition; African green monkey.

A novel avian influenza A(H7N9) virus emerged in China in February 2013. By November 2013, 139 people were confirmed to have had this infection; of these, 45 died ([http://www.who.int/csr/don/2013\\_11\\_06/en/](http://www.who.int/csr/don/2013_11_06/en/)

[index.html](#)). The most severe cases presented with viral pneumonia with acute lung injury (ALI) that then progressed to severe respiratory failure and acute respiratory distress syndrome (ARDS). The disease resembled the disease in patients infected with highly pathogenic avian influenza A(H5N1) virus or severe acute respiratory syndrome (SARS) virus [1, 2]. To date, therapeutic strategies that effectively treat these diseases have not been found.

Complement is one of the innate immune systems that are responsible for host defense against pathogen invasion and the clearance of potentially damaging cell debris. However, excessive complement activation may be detrimental because it can contribute to

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uncontrolled inflammatory responses and lead to tissue damage [3]. As such, complement is an interesting and promising target for the treatment of clinical diseases that are associated with excessive complement activation, such as ischemia/reperfusion injury and transplantation-related and autoimmune disorders [4–6]. Complement activation may also be a useful target for virus infection–related inflammatory syndromes such as that generated by H7N9. Supporting this are several studies that suggest that patients with severe pandemic H1N1 (pdmH1N1) virus infection exhibit complement activation that closely associates with proinflammatory mediator levels and lung injury severity [7, 8]. In addition, our previous study with a mouse model of H5N1 infection showed that the lung tissue sections and plasma samples of these infected mice had markedly elevated levels of complement activation products [9]. Thus, although complement activation is needed to clear a pathogen, this response could be excessive and could lead to inflammation and tissue injury such as ALI. Complement activation–inhibiting treatments for pathogen-associated inflammatory disorders must thus preserve the pathogen clearance function of this immune arm while inhibiting inflammation and tissue injury.

The complement activation product C5a is a potent proinflammatory polypeptide that mediates the strong proinflammatory and immunomodulatory signals in many disease models [10]. To date, many therapeutic compounds targeting C5a or its receptor C5aR have been tested in preclinical models. Some show promising therapeutic potential in transplantation, sepsis, arthritis, renal vasculitis, and cancer [11–14]. Antibody blockade of C5a or C5aR also abrogates the excessive immune responses in the mouse model of *Plasmodium berghei* ANKA infection [15]. Indeed, C5a is a particularly interesting target molecule for treating pathogen-induced inflammatory disorders because blocking it would most likely inhibit the excessive inflammatory responses while leaving membrane attack complex (MAC) formation intact.

In this study, we used the anti-C5a monoclonal antibody (mAb) IFX-1 in the African green monkey model of H7N9 virus infection to explore whether H7N9 virus–induced severe pneumonia could be treated by inhibiting C5a. Our data showed that IFX-1 treatment remarkably reduced the ALI and systemic inflammation. Complement inhibition may be a promising adjunctive therapy for severe viral pneumonia.

## MATERIALS AND METHODS

### Ethics Statement

This study and the use of human plasma from healthy individuals and zymosan-activated normal human plasma were approved by the Ethics Committee of the Beijing Institute of Microbiology and Epidemiology. All procedures complied with the Declaration of Helsinki and written consent was

obtained from all plasma donors. The ethics committee approved this consent procedure.

All procedures involving animals were approved by the Institutional Animal Care and Use Committee (IACUC) of the Beijing Institute of Microbiology and Epidemiology (IACUC Permit No. 2013–010). The study of animals was carried out in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals.

### IFX-1 Anti-C5a mAb

IFX-1, a highly potent neutralizing mAb specific for human C5a, has been developed by InflaRx GmbH (Germany) for treatment of some inflammatory diseases ([www.inflarx.com](http://www.inflarx.com)). The clinical phase 1 trial on IFX-1 (NCT01319903) demonstrated that IFX-1 was safe and well tolerated while displaying desirable pharmacokinetic and pharmacodynamic parameters. The phase 2 clinical trial on IFX-1 was registered in Europe (<https://www.clinicaltrialsregister.eu/ctr-search/trial/2013-001037-40/DE>). The material was kindly provided by InflaRx for free.

### H7N9 Virus

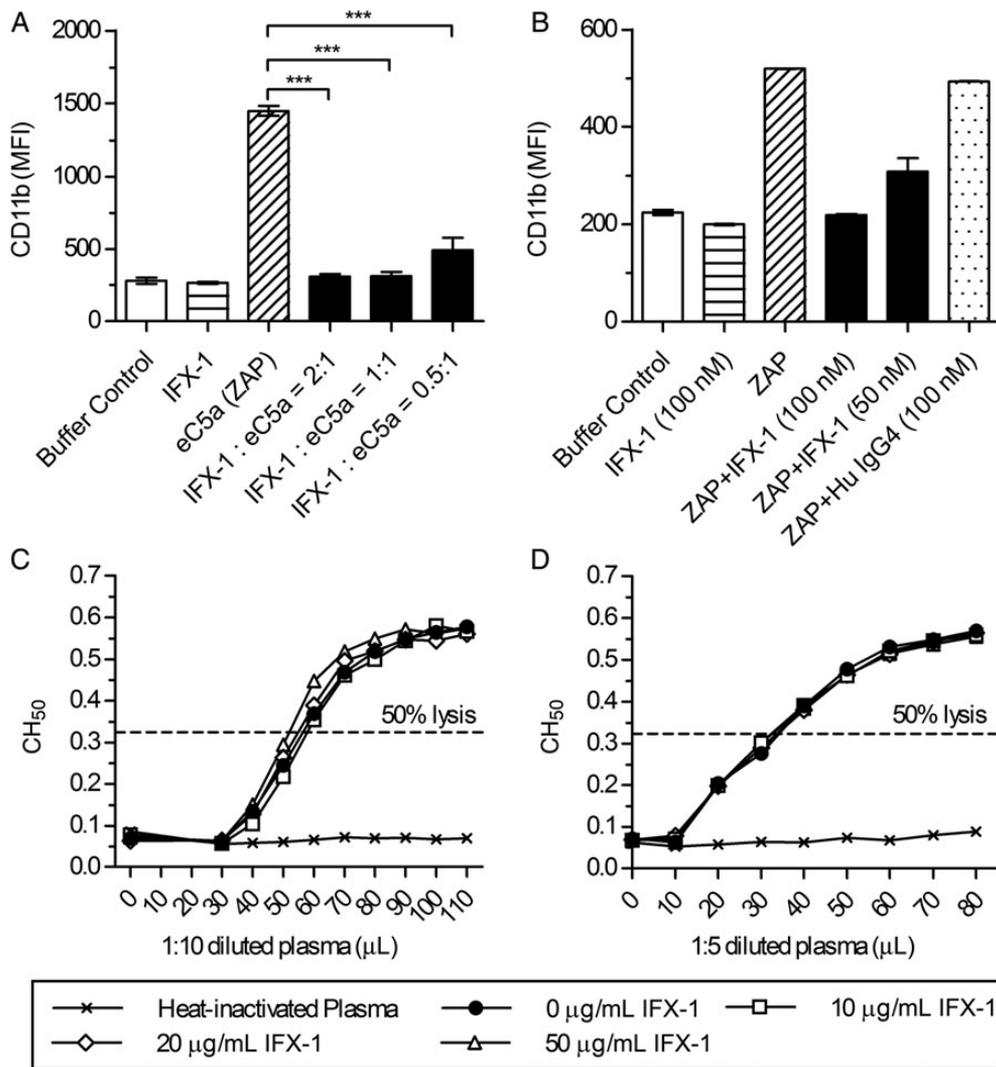
Aliquots of stocks of influenza A virus strain A/Anhui/1/2013 (H7N9) were grown in embryonated eggs. All experiments involving H7N9 virus were performed in an approved Biosafety Level 3 facility.

### Animal Infection and Treatment

Twelve 2- to 4-year-old African green monkeys were used in this study. Ten monkeys were inoculated intratracheally with  $10^6$  50% tissue culture infective dose (TCID<sub>50</sub>) of A/Anhui/1/2013 (H7N9) virus. The remaining 2 monkeys were mock-infected. Four of the 10 virus-infected monkeys were treated intravenously with 5 mg/kg of IFX-1. The remaining 6 monkeys received a sham intravenous treatment. For detailed information, see [Supplementary Materials and Methods](#).

### Assays

CD11b expression on granulocytes was analyzed by flow cytometer. Total hemolytic complement activity (CH<sub>50</sub>) was assayed by the standard method. The relative expression of C3aR, C5aR, and mannose-binding protein–associated serine protease (MASP) 2 were detected and analyzed using the  $2^{-\Delta\Delta CT}$  method [16]. Lung viral titers were determined by TCID<sub>50</sub> as described previously [17]. The inflammatory cytokine, C3a, C5a, C5b-9, and IFX-1 levels in the monkey plasma samples were measured by enzyme-linked immunosorbent assay (ELISA). The infiltration of macrophages and neutrophils was performed and assessed by immunohistochemical staining method as previously described [9]. For details on assays used in this study, see [Supplementary Materials and Methods](#).



**Figure 1.** Biological effects of IFX-1. *A*, IFX-1 blocks human C5a activity. The CD11b assay was performed by incubating human blood with zymosan-activated plasma (ZAP) and/or IFX-1. The means  $\pm$  standard error of the mean (SEM) of 3 separate experiments conducted with 5–8 donors ( $n=5$  for the buffer control and IFX-1 groups;  $n=8$  for the other groups) are shown.  $***P<.001$ , as determined by 1-way analysis of variance with Dunnett posttest. *B*, IFX-1 blocks monkey endogenous C5a (eC5a) activity. The CD11b assay was performed with monkey ZAP and blood samples from 2 monkeys. Means  $\pm$  SEM of each group are shown. *C*, IFX-1 does not interfere with the ability of human plasma to induce membrane attack complex (MAC) formation. The total hemolytic complement activity ( $CH_{50}$ ) test was performed with 8 human plasma samples and various concentrations of IFX-1. Heat-inactivated plasma served as a negative control. *D*, IFX-1 does not have an impact on the MAC-inducing activity of monkey plasma. The  $CH_{50}$  test was performed with 3 monkey plasma samples and various concentrations of IFX-1. Heat-inactivated plasma served as a negative control. Abbreviations: Hu IgG4, human IgG4 isotype control; MFI, mean fluorescence intensity.

### Statistics

Statistical analyses were performed using GraphPad Prism version 5.01. See [Supplementary Materials and Methods for more information](#).

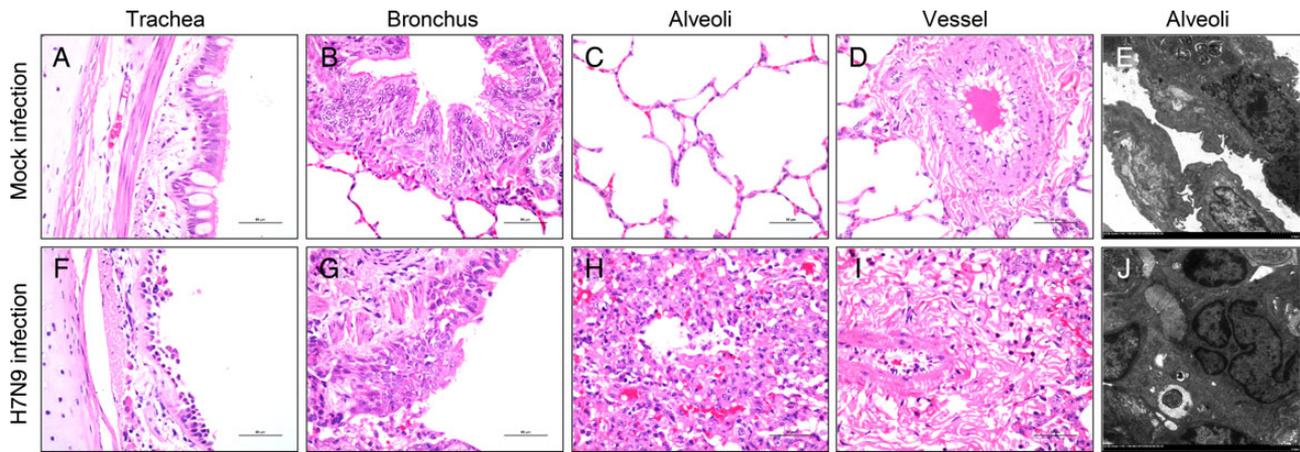
## RESULTS

### Biological Activity of IFX-1 (Anti-C5a Antibody)

The ability of IFX-1 to block C5a activity in humans was tested using the CD11b assay. IFX-1 decreased the CD11b expression

in human granulocytes by 98% when antibody:antigen (ie IFX-1: endogenous C5a [eC5a]) molar ratio of 1:1 and 2:1 were used (Figure 1A). IFX-1 at 100 nM blocked the zymosan-activated plasma (ZAP)-driven CD11b upregulation in monkey granulocytes by 100% (Figure 1B).

The ability of IFX-1 to block MAC formation in human and monkey sera was tested using the  $CH_{50}$  assay, which measures the ability of plasma to lyse antibody-primed sheep erythrocytes. Eight human plasma samples were tested with and without IFX-1 (Figure 1C). Heat-inactivated plasma (the



**Figure 2.** Histopathological respiratory damage in H7N9 virus-infected monkeys. The trachea and lungs of H7N9- and mock-infected monkeys were collected 3 days postinfection for histopathological analysis. *A–D* and *F–I*, Hematoxylin and eosin–stained trachea and lung sections (scale bars, 50  $\mu$ m). *E* and *J*, Ultrastructure of the alveoli (scale bars, 2.0  $\mu$ m).

negative control) did not induce lysis at any dilution, whereas untreated plasma potently lysed the erythrocytes. However, IFX-1 in the dose range of 0–50  $\mu$ g/mL had no influence on MAC formation. Similar data were obtained with monkey plasma (Figure 1*D*). Thus, IFX-1 potently inhibited C5a-mediated inflammatory responses in both humans and monkeys without impairing the C5b-mediated formation of MAC.

#### Histopathological Changes in H7N9 Virus-Infected Monkeys

Unlike mock-infected monkeys, the H7N9 virus-infected monkeys that were not treated with IFX-1 exhibited extensive damage to the lung 3 days after viral infection, namely, multifocal tracheal bronchadenitis (Figure 2*A* and 2*F*). The bronchus and alveoli revealed acute exudative diffuse pulmonary damage with denatured and collapsed epithelial tissues (Figure 2*B* and 2*G*) and diffused and thickened alveolar septa (Figure 2*C* and 2*H*). Moreover, the endothelial tissues in the lung were denatured and exhibited a large number of adherent inflammatory cells and damage to the basement membrane (Figure 2*D* and 2*I*). Ultrastructural analysis of the alveoli revealed degenerated pulmonary epithelial cells and damage of the blood–gas barrier (Figure 2*E* and 2*J*).

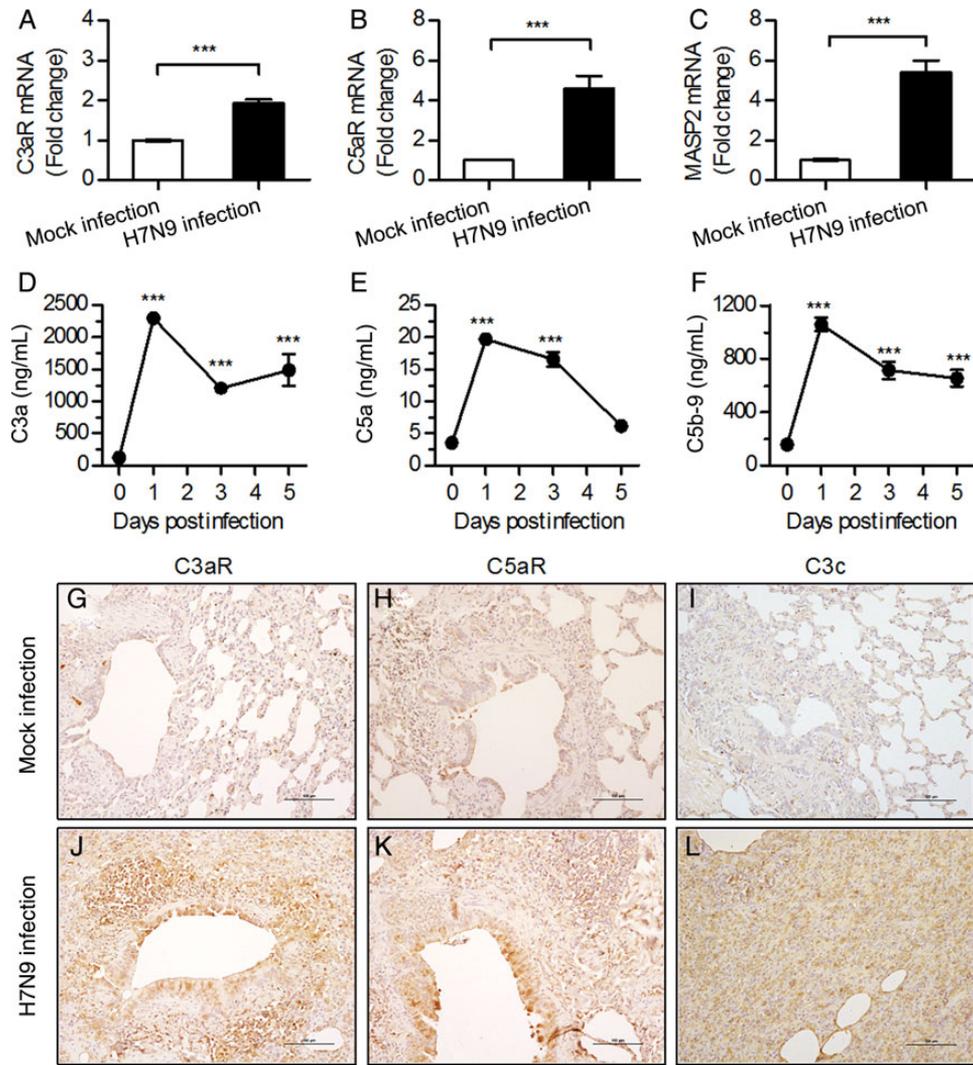
#### Complement Activation in H7N9 Virus-Infected Monkeys

The lung tissues of the H7N9 virus-infected and mock-infected monkeys that were killed on day 3 were subjected to real-time reverse transcription polymerase chain reaction analysis of C3aR, C5aR, and MASP2 expression. Indeed, all genes were significantly upregulated in the infected monkeys (Figure 3*A–C*). The plasma levels of the major complement activation products C3a, C5a, and C5b-9 rose sharply after infection. Notably, although levels of C3a and C5b-9 remained high at all time points from 1 to 5 days, the C5a level dropped after peaking at day 1 and returned to baseline at day 5 (Figure 3*D–F*).

Immunohistochemistry of the lungs on day 3 also revealed elevated protein expression of C3aR and C5aR in the lung, especially in the bronchiole epithelium and other severely inflamed lung tissues (Figure 3*G*, 3*H*, 3*J*, and 3*K*). The lungs also exhibited increased levels of C3c, which is another indicator of complement activation [18, 19] (Figure 3*I* and 3*L*). Thus, the complement system was extensively activated in both the circulation and the lungs after H7N9 infection.

#### Anti-C5a Antibody Treatment Improved the Outcome of H7N9 Virus-Infected Monkeys

To investigate the role of complement activation in the pathogenesis of H7N9 infection-induced lung injury, 2 IFX-1-treated and 3 sham-treated monkeys were sacrificed 3 days after virus inoculation. Gross pathology revealed that the lungs of the sham-treated monkeys exhibited multifocal consolidation and dark red discoloration that was particularly prevalent on the dorsal surface of the lungs (Figure 4*A*). By contrast, the lungs of the IFX-1-treated monkeys looked almost normal: there was very little dark red discoloration (Figure 4*D*). Similarly, histopathological analysis showed that by day 3, all infected sham-treated monkeys had developed some pulmonary damage with mild or multifocal bronchointerstitial pneumonia, whereas the IFX-1-treated monkeys exhibited much less lung pathology. Specifically, the sham-treated monkeys exhibited large multifocal lung lesions with desquamation of the bronchiolar epithelial cells, degeneration, and necrosis of the alveolar epithelium, interstitial edema, multifocal hemorrhage, and strong inflammatory infiltration, whereas the IFX-1-treated monkeys exhibited mild to moderate expansion of the parenchymal wall with less interstitial edema and significantly less inflammatory cell infiltration (Figure 4*B* and 4*E*). The remaining 3 sham-treated and 2 IFX-1-treated monkeys were sacrificed on day 7. The sham-treated monkeys exhibited more severe degeneration



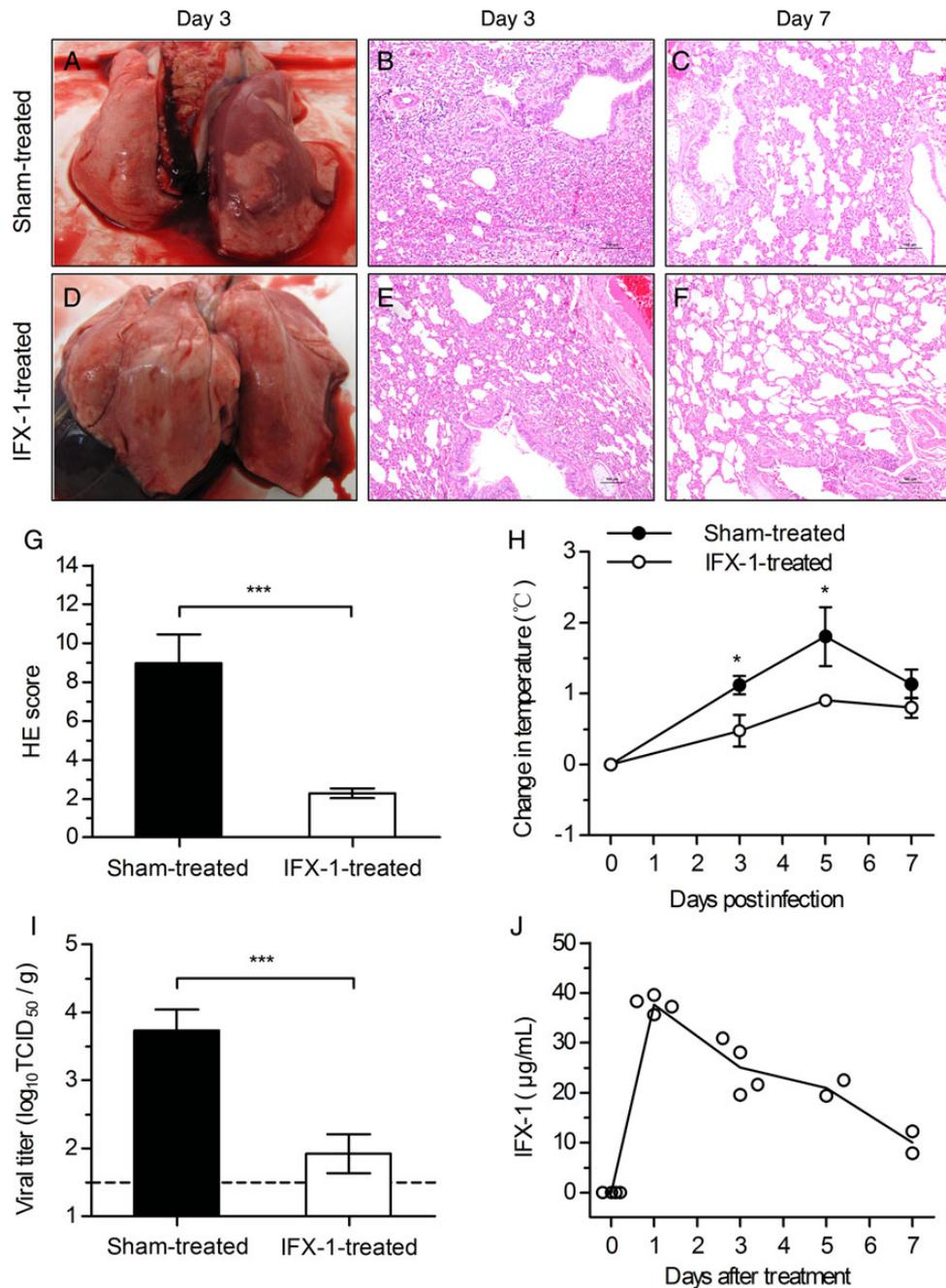
**Figure 3.** Complement activation in the lungs of H7N9 virus-infected monkeys. *A–C*, Quantitative reverse transcription polymerase chain reaction analysis of C3aR, C5aR, and MASP2 expression. Eighteen and 12 samples from the lung lobes of the infected and mock-infected monkeys on day 3 postinfection were analyzed, respectively. The data are presented as the fold-change (mean  $\pm$  standard error of the mean [SEM]) relative to the mock-infected monkey data.  $***P < .001$ , as determined by Student *t* test with Welch correction. *D–F*, Plasma concentrations of C3a, C5a, and C5b-9 in the infected and mock-infected monkeys at various time points. The quantitative enzyme-linked immunosorbent assay data are expressed as mean  $\pm$  SEM ( $n = 6$  for days 0, 1, and 3;  $n = 3$  for day 5).  $***P < .001$  vs day 0, as determined by 1-way analysis of variance with Dunnett posttest. *G–L*, Immunohistochemical analysis of C3aR, C5aR, and C3c expression in the lungs of infected and mock-infected monkeys 3 days postinfection (scale bars, 100  $\mu$ m). Abbreviation: mRNA, messenger RNA.

of bronchiolar epithelial cells and pneumocytes and interstitial edema (especially around the blood vessels) on day 7, whereas the IFX-1-treated monkeys showed only mild expansion of the parenchymal wall with less inflammatory cell infiltration, less pneumocyte degeneration, and no interstitial edema observed (Figure 4C and 4F). As previously described [20], semiquantitative histological analysis of the lungs of the IFX-1-treated and sham-treated monkeys on day 3 confirmed that IFX-1 treatment greatly attenuated lung histopathology (Figure 4G).

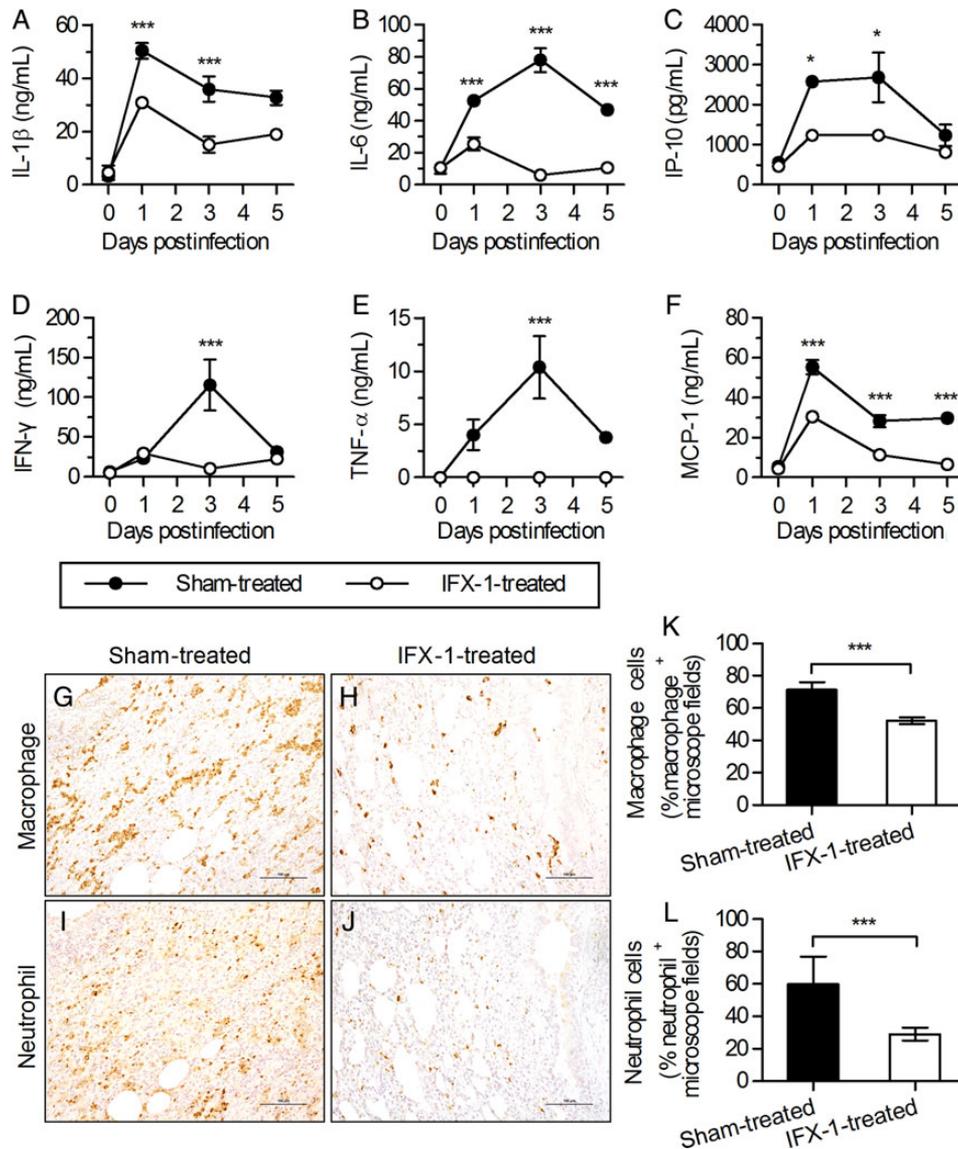
Clinical observation of the infected monkeys revealed that the sham-treated monkeys had mean body temperature

changes on days 3 and 5 of 1.1°C and 1.8°C, respectively (Figure 4H), which did not exceed 1°C ( $P < .05$ ) in the IFX-1-treated monkeys. Surprisingly, on day 3, the mean viral titers in the homogenized lung tissues of the IFX-1-treated monkeys were approximately 1.8 log lower than the titers in the sham-treated monkeys ( $P < .001$ ; Figure 4I). This indicates that lung viral replication was reduced in the IFX-1-treated monkeys.

To determine the pharmacokinetics of IFX-1 in a monkey model of H7N9 virus infection, the plasma IFX-1 levels were measured by ELISA. One day after treatment, the 4 infected



**Figure 4.** IFX-1 treatment blocks H7N9 virus infection–induced acute lung injury. *A* and *D*, Macroscopic images of the lung tissues of the sham-treated ( $n = 3$ ) and IFX-1–treated ( $n = 2$ ) infected monkeys on postinfection day 3. Representative images are shown. *B*, *C*, *E*, and *F*, Representative day 3 (*B* and *E*) and day 7 (*C* and *F*) hematoxylin and eosin (H&E)–stained lung sections of IFX-1–treated and sham-treated monkeys (scale bars, 100  $\mu\text{m}$ ). *G*, Semiquantitative histopathological analysis of the day 3 H&E–stained lung sections. The IFX-1–treated monkeys ( $n = 2$ ) had less lung damage than the untreated infected monkeys ( $n = 3$ ).  $***P < .001$ , as determined by Student *t* test with Welch correction. *H*, Change in body temperature (mean  $\pm$  standard error of the mean [SEM]) in the IFX-1–treated and sham-treated monkeys at the indicated time points after H7N9 infection. The data shown were calculated by subtracting the temperature at day 0 ( $n = 6$  for the sham-treated infected group and  $n = 4$  for the IFX-1–treated infected group at days 0 and 3 postinfection;  $n = 3$  and  $n = 2$  for these respective groups at days 5 and 7).  $*P < .05$ , as determined by 2-way analysis of variance with the Bonferroni posttest. *I*, The lung viral titer at day 3 postinfection was determined by testing homogenized samples collected from all lung lobes ( $n = 18$  from 3 sham-treated infected monkeys and  $n = 12$  from 2 IFX-1–treated infected monkeys). The data are expressed as mean  $\pm$  SEM 50% tissue culture infective dose (TCID<sub>50</sub>) per gram of lung tissue. The dotted line indicates the limit of detection.  $***P < .001$ , as determined by Student *t* test with Welch correction. *J*, IFX-1 concentrations in the plasma samples from infected and IFX-1–treated monkeys on days 0, 1, 3, 5, and 7. The circles show the concentrations of the individual monkeys. ( $n = 4$  for days 0, 1, and 3;  $n = 2$  for days 5 and 7).



**Figure 5.** IFX-1 treatment reduces the inflammatory responses in H7N9-infected monkeys. *A–F*, Quantitative enzyme-linked immunosorbent assays were performed to measure the serum concentrations of interleukin 1 beta (IL-1β), interferon inducible protein 10 (IP-10), interleukin 6 (IL-6), interferon gamma (IFN-γ), tumor necrosis factor alpha (TNF-α), and monocyte chemoattractant protein 1 (MCP-1) in IFX-1-treated and sham-treated monkeys. The mean ± standard error of the mean concentrations at the indicated time points are shown ( $n = 6$  for the sham-treated infected group and  $n = 4$  for the IFX-1-treated infected group at days 0, 1, and 3 postinfection;  $n = 3$  and  $n = 2$  for these respective groups at day 5).  $*P < .05$ ,  $***P < .001$ , as measured by 2-way analysis of variance with the Bonferroni posttest. *G–J*, Immunohistochemical analysis of macrophage and neutrophil infiltration in the lungs of infected IFX-1-treated and sham-treated monkeys on day 3. Representative images are shown. (scale bars, 100 μm). *K* and *L*, Semiquantitative analysis of the macrophage and neutrophil counts in the lungs at day 3 postinfection ( $n = 3$  for the sham-treated infected group and  $n = 2$  for the IFX-1-treated infected group).  $***P < .001$ , as determined by Student *t* test with Welch correction.

and treated monkeys had approximately 40 μg/mL of IFX-1 (Figure 4J). This dropped to approximately 25 μg/mL on day 3, at which point 2 of the monkeys were killed. At day 7, the IFX-1 levels in the remaining 2 monkeys dropped further to approximately 10 μg/mL. Thus, the treatment dose decayed relatively slowly and could potentially influence eC5a bioactivity in the monkey model of H7N9 infection.

#### Anti-C5a Antibody Treatment Reduced the Inflammatory Responses Initiated by H7N9 Virus Infection in Monkeys

To elucidate the role that complement activation played in the inflammatory responses that were initiated by H7N9 virus infection in monkeys, the levels of inflammatory cytokines and chemokines in the plasma of the IFX-1-treated and sham-treated monkeys over time were measured by ELISA

(Figure 5A–F). Levels of all of the studied inflammatory mediators were significantly elevated after infection in the sham-treated monkeys: interleukin 1 beta (IL-1 $\beta$ ), interferon inducible protein 10 (IP-10), and monocyte chemoattractant protein 1 (MCP-1) expression peaked as early as 1 day after infection, whereas interleukin 6 (IL-6), tumor necrosis factor alpha (TNF- $\alpha$ ), and interferon gamma (IFN- $\gamma$ ) expression peaked on day 3, and all declined by day 5. By contrast, the IFX-1-treated monkeys had significantly lower expression levels of these inflammatory mediators overall.

The effect of complement activation on cells, specifically the lung-infiltrating macrophages and neutrophils, was also assessed. Immunohistochemical staining of the lung tissue sections of sham-treated infected monkeys on day 3 showed markedly elevated CD68 and myeloperoxidase expression (Figure 5G and 5I). However, the IFX-1-treated monkeys had significantly fewer inflammatory infiltrating cells in the lung, especially neutrophils (Figure 5H, and 5J–L).

The data together showed that IFX-1 treatment markedly reduced the ALI and systemic inflammation induced by H7N9 viral infection.

## DISCUSSION

Most infections with influenza viruses, such as the highly pathogenic avian influenza H5N1 and pdmH1N1 viruses and the SARS coronavirus, are characterized by dysregulation of the host immune responses, as indicated by high levels of pro- or anti-inflammatory cytokines [1, 21]. Although complement plays an important role in host defense and homeostasis, its excessive or dysregulated activation can be pathogenic [3, 8, 9]. In the present study, we established a monkey model of H7N9 virus-induced ALI that greatly resembled the clinical features of H7N9 viral pneumonia in humans. The lungs and blood of the infected monkeys exhibited extensive complement activation accompanied by severe parenchymal lesions. Thus, excessive complement activation may have contributed to the lung damage observed in the infected monkeys. In support of this, anti-C5a treatment with IFX-1 in this preclinical monkey model substantially attenuated the ALI induced by the H7N9 virus. This observation also indicates that IFX-1 antibody treatment could be an effective intervention for H7N9 viral pneumonia.

The regulation of complement activation is increasingly being recognized as a promising strategy for tackling inflammatory-related diseases [22]. C1-INH, a recombinant C1 inhibitor, has effective substitution therapeutic effects in several diseases, including hereditary angioedema, myocardial infarction, and transplantation [4, 5, 23]. Eculizumab, a complement-specific mAb against C5, has been approved for paroxysmal nocturnal hemoglobinuria and atypical hemolytic uremic syndrome [24,

25]. Several other promising candidate complement modulators have also been tested in various disease models [26].

C5a is one of the main anaphylatoxins that are produced by multiple complement activation. It activates mast cells and basophils and causes their degranulation, which in turn leads to vasodilation and extravasation of fluid. It also participates in endothelial activation and influences the expression of adhesion molecules on leukocytes [27]. In addition, C5a increases the gene expression and protein synthesis of TNF- $\alpha$  and IL-1 $\beta$  in macrophages, which influences local and peripheral homeostasis [27]. Furthermore, C5a functions as an important chemotactic factor that affects leukocyte migration and induces the synthesis of other chemotactic factors. Several lines of evidence indicate that modulating complement activation by regulating C5a/C5aR or C5 could be a promising target in the treatment of inflammatory disorders [15, 28, 29].

It should be noted that to evaluate the ability of IFX-1 to block C5a activity, the CD11b assay was performed with ZAP as the source of eC5a. However, ZAP contains high concentrations of many other complement activation products, including C3a and C5b-9. The fact that IFX-1 completely blocked ZAP-induced CD11b expression on granulocytes indicates that C5a is a key driver of the granulocyte activation in this inflammatory setting. It also showed that IFX-1 could strongly inhibit eC5a in both humans and monkeys.

In clinically severe cases of H7N9 virus infection, pneumonia progresses rapidly and leads to ALI and ARDS. This situation is characterized by dysregulated inflammatory responses and higher virus replication [30–32]. Similarly, the H7N9 virus-infected monkeys in the present study presented with acute pneumonia 3 days after infection, along with significant systemic complement activation and high systemic levels of proinflammatory cytokines and chemokines. Given the important role of complement in the defense against pathogens and its upstream position in inflammatory homeostasis, our observations suggested that dysregulated complement activation contributes to unbalanced homeostasis, thereby inducing proinflammatory responses and tissue injury. Our study also showed that IFX-1 treatment markedly decreased the inflammatory responses initiated by H7N9 infection and attenuated virus-induced pneumonia. To date, promising treatments for the severe viral pneumonia caused by the SARS, H1N1, H5N1, and H7N9 viruses are lacking. Infectious systemic inflammatory response syndrome is a hallmark of these diseases; therefore, steroids have been widely used to curb the inflammation. However, follow-up studies have shown that the high doses of steroids used to treat SARS cause osteonecrosis [33]. Thus, effective therapeutic strategies that combat inflammatory responses without inducing significant side effects are needed. IFX-1 has been tested in a monkey toxicological study and in a human phase 1 trial (NCT01319903) and has demonstrated a good safety

profile that permits its use in further clinical trials. In clinics, most cases of severe influenza pneumonia have been treated with oseltamivir. Therefore, it is worthwhile to determine the potential synergistic antiviral effect of IFX-1 and oseltamivir and the possible interaction between these 2 drugs in future clinical study.

In conclusion, our study shows that (1) regulating complement activation may be an adjunctive therapeutic option for the treatment of severe pneumonia induced by H7N9 infection, and (2) this approach may significantly improve the outcome of this infection in humans, especially if it is combined with an antiviral treatment strategy.

## Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online (<http://cid.oxfordjournals.org>). Supplementary materials consist of data provided by the author that are published to benefit the reader. The posted materials are not copyedited. The contents of all supplementary data are the sole responsibility of the authors. Questions or messages regarding errors should be addressed to the author.

## Notes

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**Potential conflicts of interest.** All authors: No reported conflicts.

All authors have submitted the ICMJE Form for Disclosure of Potential Conflicts of Interest. Conflicts that the editors consider relevant to the content of the manuscript have been disclosed.

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