DOI: 10.1002/lio2.695

ORIGINAL RESEARCH

Quantifying smoking exposure, genomic correlates, and related risk of treatment failure in p16+ squamous cell carcinoma of the oropharynx

Travis Schrank MD, PhD^{1,2} | William Weir PhD¹ | Asim Lal¹ | Lee Landess¹ | Nicholas Lenze¹ | Trevor Hackman MD¹

¹Department of Otolaryngology—Head and Neck Surgery, University of North Carolina, Chapel Hill, North Carolina, USA

²Lineberger Comprehensive Cancer Center— Head and Neck Surgery, University of North Carolina, Chapel Hill, North Carolina, USA

Correspondence

Travis Schrank, MD, PhD, Department of Otolaryngology—Head and Neck Surgery, University of North Carolina, 170 Manning Drive, Chapel Hill, NC 27599, USA. Email: travis_schrank@med.unc.edu

Funding information

AAO_HNS Translational Innovator Award to T.S.; National Cancer Institute, Grant/Award Number: T32CA009156

Abstract

Objectives: HPV-associated (p16+) squamous cell carcinoma of the oropharynx (OPSCC) has improved survival as compared to HPV-negative, smoking-associated disease. Intermediate outcomes have been noted in patients with p16+ tumors and smoking exposure. However, the extent of smoking exposure required for outcomes to decrease has not been delineated due to low failure rates and poor availability of quantitative tobacco smoke exposure data. Our primary objective is to characterize the dose-dependent relationship between recurrence-free survival (RFS) and tobacco smoke exposure in p16+ OPSCC and secondarily correlate tobacco smoke exposure with genomic alterations.

Methods: Single institution chart review was performed of patients diagnosed with p16+ OPSCC from 2003 to 2015. Patients were excluded if staging, treatment details, recurrence status, or smoking exposure in pack-years were not available. Two hundred and forty-four patients were included.

Results: Patients with 25 pack-years or greater smoking history exhibited a dosedependent decrease in RFS compared to never smokers. This was robust to multivariate analysis for including staging and demographic factors. Forty-three patients with available targeted tumor sequencing data were identified. A strong trend was observed for increased C to A transversion mutations above 25 pack-years, which are known to be associated with exposure to tobacco smoke. Similarly, the proportion of COSMIC Signature 4 mutations were also found to be more common in patients with more than 25 pack-years of smoking exposure.

Conclusion: Evidence-based smoking exposure thresholds are needed to define inclusion criteria for trials of de-escalation therapy for p16+ OPSCC. Patients with smoking exposure greater than 20 pack-years have increased risk of recurrence and a distinct pattern of genomic alterations. Further studies are needed to delineate the potential consequences of mild smoking exposure. Smoking-

This is an open access article under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs License, which permits use and distribution in any medium, provided the original work is properly cited, the use is non-commercial and no modifications or adaptations are made. © 2021 The Authors. *Laryngoscope Investigative Otolaryngology* published by Wiley Periodicals LLC on behalf of The Triological Society. related mutational signatures may hold potential for biomarker development in p16+ OPSCC.

Level of Evidence: 2B

KEYWORDS

HPV, oropharyngeal squamous cell carcinoma, outcomes, smoking exposure

1 | INTRODUCTION

Human papilloma virus (HPV)-associated squamous cell carcinoma of the oropharynx (OPSCC) is well known to be a distinct biological and clinical entity from smoking-associated HPV-negative disease. P16 immunohis-tochemistry is the standard of care biomarker used to assess OPSCC HPV status. The prognostic differences are stark between p16– (smoking-associated) and p16+ (HPV-associated) disease. Accordingly, p16+ OPSCC has recently been given a distinct staging system.¹ Based on the favorable outcomes of these patients, our center as well as several others have undertaken clinical trials of de-intensified chemoradiotherapy for p16+ OPSCC patients in effort to limit morbidity while preserving favorable outcomes with decreased morbidity.²

However, there is increasing recognition that risk factors for OPSCC are not binary.⁶ Some studies have reported that a maiority of p16+ patients have some degree of smoking exposure.⁵ Several studies have linked tobacco smoke exposure to poor oncologic outcomes in p16+ OPSCC.⁷⁻⁹ Current trials of de-intensified therapy for p16+OPSCC have mostly used smoking exposure cutoffs of <10 packvears or greater than 5 years of abstinence.^{2,3} Although these cut-offs are reasonable, they are not evidence based. Therefore, further research is needed to validate appropriate thresholds. The effect of cumulative smoking exposure as a prognostic and predictive biomarker has been defined for other cancers^{10,11} and although there is evidence that overall-survival is decreased in p16+ OPSCC patients with tobacco use,¹²⁻¹⁵ there is scant only data examining smoking as a continuous variable or recurrence-free survival (RFS). To allow safe expansion of treatment de-intensification, more data are needed in order to robustly stratify p16+ OPSCC into low and high-risk groups.

Examining a cohort of 102 p16+ OPSCC patients, Maxwell et al demonstrated a clear increase in the risk of recurrence for current as compared to never smokers, as well as strong trends for worse outcomes for former smokers.¹² Smoking exposure of greater than 10 pack-years was associated with worse prognosis in retrospective analysis of OPSCC patients p16+ and p16- included in RTOG 9003 and 0129.¹⁶ In the same publication, the authors also demonstrated an association with smoking during therapy and tobacco smoke exposure level which persisted in multivariate analysis included p16 status.¹³ O'Sullivan et al demonstrated decreased overall survival for p16+ OPSCC patients (n = 189) with greater than 10 pack-years, but only a trend toward decreased RFS.¹⁴ Lassen et al demonstrated in the MARCH-HPV project that former or current smokers with p16+ OPSCC treated with radiation had worse progression-free survival

and decreased overall-survival at 10 years, although no smoking quantification was available.¹⁶

Additionally, several studies suggest an interaction between tobacco smoke exposure and other HPV-driven disease states. Feng et al have demonstrated increased rates of not only cervical HPV infection, but also cervical intraepithelial neoplasia grade 2.¹⁷ In another report, among females positive for cervical HPV infection, current smokers were found to have increased cervical HPV viral load as compared to nonsmoking or past smokers.¹⁸

Therefore, considering the mounting evidence that smoking both fundamentally modifies HPV biology and alters clinical outcomes in p16+ OPSCC, a key goal in the field is to quantify relevant tobacco smoke exposure levels in p16+ OPSCC. Unfortunately, quantitative smoking exposure data is lacking in many large outcomes databases such as SEER and NCDB. As such, the level of smoke exposure level that is required to alter the risk of adverse outcomes in p16+ OPSCC remains a poorly studied yet key issue in head and neck cancer biology and clinical practice. Although it is clear that smoke exposure is a risk factor for p16+ OPSCC patients, the biological origin of this effect remains unknown.

To address these gaps in knowledge, we have retrospectively analyzed a cohort of patients with p16+ OPSCC at a single institution with the primary endpoint of RFS as a function of smoking exposure in pack-years. As an adjunct to this analysis, we have analyzed next generation sequencing data which was available for a small subset of these patients. We believe that an analysis of how the degree of smoking exposure affects RFS as well as related mutational signatures will provide a crucial piece of evidence for designing guidelines for treatment de-intensification as well as help elucidate the biology of HPV-driven OPSCC.

2 | MATERIALS AND METHODS

2.1 | Patients and inclusion criteria

Study design was a retrospective chart review at a single high-volume institution. Upon attainment of appropriate IRB approval for chart review, all available documented cases of oropharyngeal squamous cell carcinoma were extracted from our institutional medical record system in the period between January 1, 2003 to December 31, 2015. Inclusion criteria were patients with squamous cell carcinoma of the anatomic oropharynx, with tumors demonstrating over-expression of p16 by immunohistochemistry. Patients with p16+

1378 Laryngoscope Investigative Otolaryngology-

	Non-smoker	Ever smoker	
	n = 76	n = 168	P value
Age (mean [SD])	55.51 (10.16)	57.11 (9.29)	.229
Male (%)	65 (85.5)	143 (85.1)	1
Race (%)			.47
Black	8 (10.5)	14 (8.3)	
White	67 (88.2)	147 (87.5)	
Other	1 (1.3)	2 (1.2)	
Unknown	0 (0.0)	5 (3.0)	
T-stage (%)			.78
Tis	0 (0.0)	1 (0.6)	
T1-2	51 (67.1)	114 (67.9)	
T3-4b	25 (32.9)	53 (31.5)	
N-stage (%)			.16
0	9 (11.8)	20 (11.9)	
1	13 (17.1)	13 (7.7)	
2a-c	48 (63.2)	116 (69.0)	
3	6 (7.9)	19 (11.3)	
M0 (%)	76 (100.0)	164 (97.6)	.42
Treatment strategy (%)			.63
Chemo-radiation	52 (68.4)	102 (60.7)	
Radiation therapy	3 (3.9)	12 (7.1)	
Surgery alone	2 (2.6)	12 (7.1)	
Surgery with adjuvant treatment	10 (13.2)	25 (14.9)	
Induction chemo., chemo-radiation	5 (6.6)	9 (5.4)	
Induction chemo., surgery	4 (5.3)	8 (4.8)	
Documented recurrence (%)	0.12 (0.33)	0.19 (0.39)	.17
Pack-years smoking (mean [SD])	0 (0.0)	27.27 (22.24)	
Clinical trial participation (%)			.03
Yes	33 (43.4)	45 (26.8)	
No	13 (17.1)	45 (26.8)	
Unknown	30 (39.5)	78 (46.4)	

TABLE 1Clinical and demographicpatient factors

Note: Patients were stratified by history of smoking exposure. Staging variables are reported according to AJCC7.

OPSCC were identified out of the cases discussed at our institutions multidisciplinary head and neck tumor conference during the study period. Patients were excluded if smoking exposure in pack-years was not documented. Patients were also excluded if diagnosis date, staging information, follow-up time, and disease status during follow-up period were not documented. Although treatment paradigms were evolving over the course of the study, all patients received treatment with intent to cure locoregional disease. A total of 244 patients were identified who met criteria for inclusion.

2.2 | Statistical methods

All statistical analyses were performed using the R project v3.5.3. Standard descriptive statistics were reported for demographic variables, chi-squared test was used for categorical variables and *t*-test for continuous variables, unless other specified. Survival data were displayed with the Kaplan-Meier method and analyzed with the log-rank test. Patients were stratified by multiple thresholds of smoking exposure in total pack-years. Patients with smoking exposure level above a given threshold were compared to those with no history of smoking.

2.3 | Next generation sequencing and analyses

The UNC-Seq targeted sequencing platform provides genomic DNA sequencing of approximately 550 human genes in fixed or frozen cancer tissue and matched germline DNA from consenting local patients. Available UNC-Seq data from the trial LCCC1108: *Development of a*



FIGURE 1 RFS among p16+ OPSCC patients by smoking exposure level. (A) Hazard ratio of patients with smoking exposure above the threshold given by x-axis (ie, exposure is greater than or equal to (>=) than this threshold, or strictly greater than (>) zero) as compared to non-smoking patients (ie, *exposure equals 0*). Error bars represent the 95% confidence interval. All subgroups of patients with 25 pack-years or greater were found to have significantly decreased RFS. (B) Kaplan-Meier plots showing survival as stratified by smoking exposure groups. The symbol "*" indicates a significant decrease in RFS (log-rank test, P < .05)

Tumor Molecular Analyses Program and Its Use to Support Treatment Decisions were queried to identify available molecular data from patient in the above-described clinical cohort. Forty-three patients were identified with available sequencing data from both the tumor and matched normal (blood).

2.4 | Bioinformatics

Sequencing data were routed through an automated pipeline managed by the Lineberger Bioinformatics Core. The mutation calling workflow used paired tumor and normal libraries to detect somatic single nucleotide variations, large and small indels. Raw sequence was aligned using the BWA-mem algorithm and refined using an in-house Assembly Based ReAlignment process to allow for accurate alignment of complex sequence variation.

Variant effects were derived using the Variant Effect Predictor software.¹⁹ Copy number calls were generated with the SynthEx algorithm using the tumor sequencing data and a library of 200 unmatched normal samples sequenced with the same technique.²⁰ A conservative approach was taken. Thirty replicates varying parameter k (number of nearest neighbor) were done per-tumor and the model with the fewest deviations from the expected copy number of 2 was selected. Sex chromosomes were excluded.

Tumor mutational burden was approximated by reporting the total number of high-quality variants (Phred quality score > = 30) per tumor. Tumor copy number alteration burden was estimated by the number of distinct copy-altered genomic segments as determined by the SynthEx pipeline.²⁰ Tumor genomic heterogeneity was estimated

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TABLE 2	Univariate and	multivariate ((.ox regres	sion analysis
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	HR	95% CI	P value
Univariate			
>25 pack-years	2.56	1.08-5.96	.03
Multivariate			
>25 pack-years	2.53	1.03-6.2	.042
Male sex	0.46	0.15-1.4	.16
Black race	1.15	0.25-5.3	.85
T-stage III-IV	1.72	0.7-4.1	.21
N-stage I-III	0.65	0.21-2.0	.44

Note: Non-smokers are compared to those with greater than 25 packyears exposure.

by taking the median absolute deviation (MAD) of the variant allele frequency of all high-quality mutations (presented as 100 times the MAD for clarity).²¹ We used the R packages *MAFtools* and *deconstructSigs* to perform mutational analysis based on C to A single nucleotide polymorphisms and COSMIC signatures.^{22,23}

3 | RESULTS

Sixty-nine percent of patients in our p16+ OPSCC cohort reported some level of smoking exposure. Patient demographics are summarized in Table 1. Stage at presentation and treatment strategies selected were similar between patients with and without smoking

Laryngoscope 1380 nvestigative Otolaryngology

(A)

Number or Value per Tumor

125-

100-

75

50-

25

0-

Mutations

0.6

0.4

0.2

0.0

7159491

low



Signature.

۲

7459101

7359141

high

7259101

Tob. exposure group

0.6

0.4

0.2

0.0

7159491

7259101

73591441

7450141

FIGURE 3 COSMIC Signatures of p16+ OPSCC tumors by smoking exposure level. (A) Proportion of COSMIC signature 4 (associated with tobacco exposure) related mutations (y-axis) as identified by R package deconstructSigs package, as a function of smoking exposure. X-axis represents sliding cut-off separating samples into "high" and "low" categories. (B) COSMIC signature 5 (mutagenic mechanism unknown) vs smoking exposure. Boxplots-box represents IQR and whiskers include data within 1.5 (IQR)

exposure. Considering our institution has been involved in deintensification trials for OPSCC, it is expected that a majority of patients involved in these trials were in the no smoking exposure group. All de-intensification studies at our institution have excluded patients with high levels of smoking exposure. There were no recurrences in patients involved in clinical trials who did not have any tobacco smoke exposure.

Examination of Kaplan-Meier curves revealed an incremental decrease in RFS with increasing cigarette smoke exposure (Figure 1B). RFS hazard ratio estimates of smoking exposure greater than the indicated amount are shown in Figure 1A, demonstrating a strong correlation with decreasing RFS and smoking above 20 pack-years (P = .003, Spearman). The association of >25 pack-years of smoking to

decreased RFS was found to be robust to multivariate analysis including known prognostic factors including male sex, black race, clinical node positivity, and advanced T-stage (see Table 2).

No level of smoking exposure was found to be statistically significant for decreased RFS when adding clinical trial participation to the model. This is likely due to patient selection bias leading to very-good outcomes for non-smoking patients enrolled in clinical trials, as well as the fact that trial participation is highly confounded with selection for low tobacco smoke exposure. In the 45 patient, non-smoking clinical trial subgroup no recurrences were observed. Furthermore, the correlation between increasing hazard-ratio of recurrence remained highly correlated above 20 pack-years after removing all clinical trial participants from the analysis (P = .003, Spearman).

In a subset of patients (n = 43), available next generation sequencing data from the UNCseq program was analyzed for genomic factors associated with smoking exposure. These sequenced tumors were all documented to be HPV+ by the presence of sequencing reads mapping to the HPV+ viral genome. There were no differences in specific SNP or structural variants between patients with and without smoking exposure above 25 pack-years (data not shown). We also examined tumor mutational burden, burden of copy-number alterations, and a gross estimate of intra-tumor genomic heterogeneity (median-absolute deviation of the tumor variant allele frequencies) none of which were found to be different when comparing tumors from patients with or without smoking exposure above or below 25 pack years (see Figure 2A).

We also examined the percentage of C to A transversion mutations which have been associated with mucosal exposure to tobacco smoke.²⁴ Although differences were not statistically significant, a strong trend was seen toward more C to A mutation in tumors with smoking exposure above 25 pack-years. Interestingly, this followed a dose-dependent pattern above 25 pack-years, similar to the survival result (see Figure 2B). To more broadly include any mutation types associated with tobacco smoke exposure, we examined the COSMIC signature 4 (associated with tobacco-related mutagenesis) and found a corresponding dose-dependent increase in the signature strength with greater smoking exposure (Figure 3A), which was statistically significant difference (t-test) starting at an exposure level of 25 packyears.²³ We found the reverse trend for COSMIC signature 5 (Figure 3B) for which the origin is unclear, is thought to be influenced by an interaction between smoking and age.²³

4 | DISCUSSION

Considering the clinical importance of risk stratifying HPV+ OPSCC patients for treatment planning and the lack of quantitative smoking annotation in most large cancer outcomes data repositories (including NCDB and SEER), there is therefore a gap to be filled by single center studies. Our results demonstrate a dose-dependent worsening of RFS above 25 pack-years of smoking exposure in p16+ OPSCC. In addition, there was a trend toward worse RFS in patients with any smoke exposure as compared to never-smokers, although this did not achieve significance. Larger prospective studies are needed to better control for treatment strategy and determine more precisely the minimum level of smoking exposure which is clinically relevant. However, based on these results, patients with greater than 20 pack-years are certainly at some significant increased risk of poor outcome and should probably not be considered as candidates for de-escalation therapy. Our findings are highly consistent with Mirghani et al who also studied a cohort of p16+ OPSCC patients.⁵ Their cohort was 56% smokers with 24% having greater than 20 pack-years of smoking exposure.⁵ More than 20 pack-years was high associated with poor survival.⁵

There is a large and robust literature describing the biochemical effects of smoking at the molecular level, particularly as it relates to carcinogenesis. Tumors arising in smoking individuals tend to have a higher total levels of somatic mutations²² as well as indels and copy

number rearrangements.²⁵ It has also been shown across a range of cohorts that smoking results in DNA methylation changes that persist for decades²⁴ and may contribute to certain tumorigenesis processes.^{26,27} More recently, tumors from individuals with a smoking history have been shown to have an increased level of C to A transversions, consistent with nucleotide excision repair of bulky DNA adducts.²⁴ We found a similar trend of increased C to A transversions in the subset of our patients with tumor sequencing data available. Interestingly, this trend closely mirrored the survival data, increasing in a dose-dependent fashion above 20 pack-years. A positive, graduated relationship between smoking and mutational signature was also recently demonstrated in lung adenocarcinoma.²⁸ These results provides initial evidence that these tumors may be genetically distinct as compared to those from non-smoking patients. However, the otherwise similarity of genomic features of HPV+ tumors from smokers and non-smokers raises the question of whether biological factors intrinsic to the tumor or extrinsic (tumor immune interactions) may be more important for determining treatment outcome. Indeed, tumor immune infiltrate characteristics are known to be prognostic in p16+ OPSCC.

Early success of de-intensification trials for p16+ OPSCC have been encouraging. For example, Chera et al report 100% 3-year cause-specific survival and locoregional control in a study of deintensified chemo-radiation consisting of 60 Gray to high-risk regions and 54 Gray to sub-clinical regions with 30 mg/m² Cisplatin weekly.² Additionally, they report 0% rate of feeding tube dependence at 1 year. Garden et al has also reported retrospectively on patients treated at a single center with less than 10 pack-years of smoking exposure, de-intensified to radiation alone, and report 2 and 5 year progression-free survival rates of 90% and 80%, respectively. However, evidence also supports the need for to be careful patient selection prior to de-intensification. For example, Cheraghlou et al reviewed the NCDB and found decreased survival of patients with AJCC8 stage II HPV+ OPSCC treated with a single modality.²⁰

The present study is limited by its retrospective nature, inclusion of heterogeneous treatment protocols, clinical trial enrollment, and somewhat limited size. However, the demonstration of a dosedependent relationship between smoking exposure above 20 packyears and RFS is a key finding which may contribute to robust and safe patient selection criteria for de-intensification in the future. Larger studies are needed to examine the effects of low-level smoking exposure where changes in clinical outcome measures are also small. Hopefully, the field will continue to work toward molecular biomarkers which may more clearly risk stratify patients and allow optimal treatment selection based on mechanistic insight.

5 | CONCLUSION

Evidence-based smoking exposure thresholds are needed to define inclusion criteria for further trials of de-escalation therapy for p16+ OPSCC patients. Patients with p16+ tumors and smoking exposure greater than 20 pack-years have increased risk of recurrence. Mutational signature analysis may hold potential for biomarker of smoking exposure in p16+ OPSCC. Further studies are needed to delineate the potential consequences of smoking exposure of <20 pack-years.

CONFLICT OF INTEREST

The authors declare that they have no potential conflict of interest.

ORCID

 Travis Schrank
 https://orcid.org/0000-0002-8297-3329

 William Weir
 https://orcid.org/0000-0002-7159-1990

 Nicholas Lenze
 https://orcid.org/0000-0002-2126-6663

 Trevor Hackman
 https://orcid.org/0000-0001-9330-2398

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How to cite this article: Schrank T, Weir W, Lal A, Landess L, Lenze N, Hackman T. Quantifying smoking exposure, genomic correlates, and related risk of treatment failure in p16+ squamous cell carcinoma of the oropharynx. *Laryngoscope Investigative Otolaryngology*. 2021;6(6):1376-1382. doi:10.1002/lio2.695