

Evaluation of the association between hyperuricemia and coronary artery disease A STROBE-compliant article

Ming Lan, MD, MSCE, Bing Liu, MD, Qing He, PhD*

Abstract

The aim of the study was to assess the independent contribution of hyperuricemia to coronary artery disease (CAD) confirmed by coronary angiography (CAG), and to explore associations between serum uric acid (SUA) level and CAD.

We performed a retrospective cohort study of 5069 patients who underwent CAG. Patients were divided into groups: hyperuricemia (n=1178) versus nonhyperuricemia (n=3891) and CAD (n=3433) versus non-CAD (n=1636).

The incidence of CAD was higher in the hyperuricemia group than in the nonhyperuricemia group (71.5% vs 66.6%, P=.002). Hyperuricemia and CAD were significantly correlated in women (odds ratio = 1.509, 95% confidence interval, 1.106–2.057, P=.009). And there were trends, higher SUA quartiles were associated with higher percentage of CAD (62.3%, 68.0%, 68.9%, and 71.7% for quartiles 1, 2, 3, and 4, respectively, P<.001), and the incidence of 3-vessel disease increased (25.2%, 26.4%, 27.2%, and 31.1% for quartiles 1, 2, 3, and 4, respectively, P=.001) and that of normal vessel decreased (37.7%, 32.0%, 31.1%, and 28.3% for quartiles 1, 2, 3, and 4, respectively, P<.001) across quartiles, these trends were found in female group, but not in male group. The SUA level significantly increased as the number of diseased vessels increased (P<.001).

There was an independent correlation between hyperuricemia and CAD in women. A higher SUA level was associated with a higher incidence of 3-vessel disease in women.

Abbreviations: ANOVA = analysis of variance, ARB = angiotensin-receptor blocker, ASA = acetylsalicylic acid, BMI = body mass index, CAD = coronary artery disease, CAG = coronary angiography, CI = confidence interval, NHANES I = the First National Health and Nutrition Examination Survey, SPSS = Statistical Package for Social Sciences, SUA = serum uric acid, TC = total cholesterol, XO = xanthine oxidase.

Keywords: coronary angiography, female sex, prevalence and extent of CAD, severity of CAD, uric acid

1. Introduction

Hyperuricemia has been associated with coronary artery disease (CAD) since as far back as the 1850s, when Gertler^[1] first put forward the notion. Previous clinical investigations have demonstrated that there is a close relationship between hyperuricemia (or serum uric acid [SUA]) and CAD.^[2–10] However, whether hyperuricemia is an independent risk factor for CAD, the nature of the relationship between hyperuricemia (or SUA) and CAD is unclear.

2. Materials and methods

2.1. Study design and patient population

Since 1991, the data of patients undergoing coronary angiography (CAG) in Beijing Hospital have been recorded in the hospital

Editor: Salvatore Patanè.

This work was conducted and supported by the Department of Cardiology Beijing Hospital and Cardiac Catheterization Laboratory of Beijing Hospital.

The authors have no conflicts of interest to disclose.

Department of Cardiology, Beijing Hospital, Dongdan, Beijing, China.

^{*} Correspondence: Qing He, Department of Cardiology, Beijing Hospital, No. 1 Dahua Rd., Dongdan, Beijing, China (e-mail: address: drheqing@sina.com).

Copyright © 2018 the Author(s). Published by Wolters Kluwer Health, Inc. This is an open access article distributed under the Creative Commons Attribution License 4.0 (CCBY), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Medicine (2018) 97:44(e12926)

Received: 19 January 2018 / Accepted: 27 September 2018 http://dx.doi.org/10.1097/MD.000000000012926 database. In the present study, a retrospective analysis of this CAG registry was performed.

In total, 10,198 separate patients underwent CAG between September 1991 and February 2014. All participants were spoken with preoperatively and informed about the use of their records for research purposes. The local ethics committee waived the need for written informed consent because the data were analyzed anonymously for this retrospective cohort study based on the data stored in the hospital database. Of these patients, 5069 had a SUA level measured within 2 weeks before the day of CAG, and we excluded all patients receiving allopurinol, which reduced SUA levels. If patients had multiple SUA measurements within that period, the one closest to the time of CAG was used for this analysis. The patients were assessed before CAG, and a full clinical history was obtained, including information about age, sex, smoking habits, cardiovascular risk factors, and medical treatment. Body weight and height were measured and recorded for all patients, and body mass index (BMI) was calculated.

2.2. Definitions

Hyperuricemia was defined as >6 mg/dL ($> 360 \mu \text{mol/L}$) in women and >7 mg/dL ($>420 \mu \text{mol/L}$) in men. CAD was defined as the existence of stenosis $\geq 50\%$ in diameter in any one of the coronary arteries or major branches, as detected by CAG. Diabetes was considered present if there was a documented diagnosis requiring treatment with medication or diet, and hypertension was considered present if there was a documented history of hypertension treated with medication. Hyperlipidemia was defined as a total cholesterol (TC) value >5.2 mmol/L or if the patient was receiving relevant drug therapy.

2.3. Statistical analysis

Continuous data are expressed as mean±standard deviation or median (interquartile range), and categorical data as percentages. Analysis of variance (ANOVA) and nonparametric statistics such as the χ^2 test were used for continuous and categorical variables, respectively. Linear-by-Linear Association was used for linear trend test. Multivariate logistic regression analysis was used to assess the effects of sex, age, smoking habits, hypertension, diabetes, hyperlipidemia, BMI, serum creatinine level, hyperuricemia, and any therapies that can affect SUA (including acetylsalicylic acid [ASA], angiotensin-receptor blockers [ARBs], and diuretics) on CAD. Statistical analysis was performed using the Statistical Package for Social Sciences (SPSS) for Windows (version 16; SPSS Inc., Chicago, IL), and a 2-tailed P < .05 was considered statistically significant.

3. Results

The baseline clinical characteristics of the study population are shown in Table 1. Of the 5069 patients who had their SUA levels measured before CAG, 3397 were men (mean age 62.0 ± 12.1 years) and 1672 were women (mean age 65.5 ± 10.4 years). CAD was present in 3433 patients (67.7%).

Patients were divided into 2 groups in terms of the presence or absence of hyperuricemia. There were significant differences between patients with or without hyperuricemia in mean age $(64.23 \pm 12.25 \text{ vs } 62.78 \pm 11.43 \text{ years}, P < .001)$ and BMI (26.23 ± 3.43 vs 25.46 ± 3.28 kg/m², P < .001). Patients with hyperuricemia were more likely to have a history of hypertension (72.1%) vs 63.2%, P<.001) and hyperlipidemia (44.2% vs 40.0%, P=.011) than those without hyperuricemia. No difference in systolic blood pressure; diastolic blood pressure; and percentages of men, current smokers, former smokers, and those with diabetes mellitus was observed between the 2 groups. Patients with hyperuricemia were more likely at the time of admission to be on angiotensin-converting enzyme inhibitors (35.6% vs 32.1%, P = .031), ARBs (22.4% vs 18.4%, P = .004), β -blockers (60.3% vs 56.3%, P=.021), calcium antagonists (42.8% vs 38.5%, P = .012), and diuretics (23.9% vs 13.3%, P < .001). Significant differences were found between patients with or without hyperuricemia in terms of mean values of TC (4.68 \pm $1.07 \text{ vs } 4.55 \pm 1.07 \text{ mmol/L}, P < .001$, triglycerides (2.02 ± 1.32) vs $1.61 \pm .97$ mmol/L, P < .001), low-density lipoprotein cholesterol $(2.83 \pm .84 \text{ vs } 2.70 \pm .88 \text{ mmol/L}, P < .001)$, and highdensity lipoprotein cholesterol $(1.01 \pm .27 \text{ vs } 1.09 \pm .42 \text{ mmol})$ L, P < .001); and median value of creatinine (86.63 [interquartile range: 73.00-102.00] µmol/L vs 75.00 [interquartile range: 63.00–87.00] μmol/L, *P* < .001) (Table 1).

Using the χ^2 test, we found that the incidence of CAG was higher in the hyperuricemia group than in the nonhyperuricemia group (71.5% vs 66.6%, *P*=.002).

Multivariate logistic regression analysis was performed and adjusted for sex, age, smoking habits, hypertension, diabetes, hyperlipidemia, BMI, serum creatinine, ASA, ARBs, and diuretics. After multivariate logistic regression analysis, there was no independent correlation between hyperuricemia and CAD (odds ratio [OR]=1.129, 95% confidence interval [CI], 0.941–1.355, P=.191) among all patients. However, there was an independent correlation between hyperuricemia and CAD for women (OR=1.509, 95% CI, 1.106–2.057, P=.009) but not in men (OR=.881, 95% CI, 0.702–1.106, P=.274) (Table 2).

When patients were stratified into 4 groups according to their SUA quartiles (the SUA levels were from 81.0 to 294.0 µmol/L,

Table 1

Patients' baseline characteristics.

	Hyperuricemia					
Features	Present, n = 1178	Absent, $n = 3891$	Р			
Age, y	64.23 ± 12.25	62.78±11.43	< .001			
Sex, male, %	64.6	67.7	.054			
Current smoker, %	45.9	43.7	.171			
Former smoker, %	4.0	5.3	.174			
Hypertension, %	72.1	63.2	<.001			
Diabetes mellitus, %	25.7	26.9	.414			
Hyperlipidemia, %	44.2	40.0	.011			
BMI, kg/m ²	26.23 ± 3.43	25.46 ± 3.28	<.001			
SBP	130 (120-140)	130 (120-140)	.446			
DBP	74 (70-80)	74 (70-80)	.923			
Therapy at admission						
ACE inhibitors, %	35.6	32.1	.031			
ARB, %	22.4	18.4	.004			
Statins, %	78.9	80.4	.293			
β-blockers, %	60.3	56.3	.021			
Nitrates, %	78.9	76.8	.140			
Calcium antagonists, %	42.8	38.5	.012			
Diuretic, %	23.9	13.3	<.001			
ASA, %	96.9	97.3	.543			
Biochemistry parameters						
TC, mmol/L	4.68 ± 1.07	4.55±1.07	<.001			
TG, mmol/L	2.02±1.32	1.61 ± 0.97	<.001			
LDL-C, mmol/L	2.83 ± 0.84	2.70±0.88	<.001			
HDL-C, mmol/L	1.01 ± 0.27	1.09 ± 0.42	<.001			
Creatinine µmol/L	86.63 (73.00-102.00)	75.00 (63.00-87.00)	<.001			
Glucose, mmol/L	5.82±1.78	5.94 ± 2.06	.053			

Data are presented as median (interquartile range), mean \pm standard deviation, or percentage. ACE = angiotensin-converting enzyme, ARB = angiotensin-receptor blocker, ASA = acetylsalicylic acid, BMI = body mass index, SBP = systolic blood pressure, DBP = diastolic blood pressure, HDL-C = high-density lipoprotein cholesterol, LDL-C = low-density lipoprotein cholesterol, TC = total cholesterol, TG = total triglycerides.

from 294.4 to 350.0 µmol/L, from 350.4 to 412.0 µmol/L, and from 412.2 to 897.0 µmol/L for quartiles 1, 2, 3, and 4, respectively in men, and the SUA levels were from 80.0 to 242.0 µ mol/L, from 242.6 to 294.0 µmol/L, from 295.0 to 360.0 µmol/L, and from 360.6 to 715.0 µmol/L for quartiles 1, 2, 3, and 4, respectively in women), a significant association was found between the lower SUA quartiles and the prevalence and extent of CAD. There was a trend, higher SUA quartiles were associated with higher percentage of CAD (62.3%, 68.0%, 68.9%, and 71.7% for quartiles 1, 2, 3, and 4, respectively, P < .001) (Fig. 1). The values were significantly different as a whole, and we also found that the incidence of CAD in quartile 1 was significantly different with any one of the other quartiles, but no significant difference was found among quartiles 2, 3, and 4. In female group, this trend was found (49.3%, 55.4%, 60.0%, and 66.9% for quartiles 1, 2, 3, and 4, respectively, P < .001), and the incidence of CAD was significantly different among quartiles 1, 2, 3, and 4, except for quartiles 2 and 3. However, this trend was not found in male group (68.7%, 74.3%, 73.3%, and 74.1% for quartiles 1, 2, 3, and 4, respectively, P = .059).

All patients were divided into 4 groups according to the number of diseased coronary arteries: normal,1-vessel disease, 2-vessel disease, or 3-vessel disease. The median number of diseased vessels in quartile 1 was 1 (interquartile range: 0–3), and that of quartiles 2, 3, and 4 was 2 (interquartile range: 1–3). There was a trend that the higher SUA quartiles were associated with higher incidence of 3-vessel disease (25.2%, 26.4%, 27.2%, and 31.1% for quartiles 1, 2, 3, and 4, respectively, P=.001), and the higher

Table 2

Results of logistic regression analysis of the effects of risk factors on coronary artery disease in female and male patients separately.

Variable	β	SE	Wals	Р	Odds ratio	95% CI
Female						
Age	0.052	0.007	58.705	<.001	1.053	1.039-1.067
smoking habits	0.549	0.228	5.810	.016	1.732	1.108-2.706
Hypertension	0.451	0.139	10.449	.001	1.570	1.194-2.063
Diabetes mellitus	0.757	0.142	28.410	<.001	2.132	1.614–2.816
Hyperlipidemia	0.231	0.124	3.453	.063	1.260	0.987-1.607
BMI	-0.033	0.017	3.604	.058	0.968	0.935-1.001
Creatinine	0.011	0.004	8.107	.004	1.011	1.003-1.019
HUA	0.411	0.158	6.749	.009	1.509	1.106-2.057
ASA	-1.119	0.379	8.726	.003	0.326	0.155-0.686
ARB	0.077	0.154	0.252	.616	1.080	0.799–1.461
Diuretics	0.098	0.177	0.306	.580	1.103	0.780-1.559
Male						
Age	0.042	0.005	86.786	<.001	1.043	1.034-1.052
smoking habits	0.522	0.102	25.925	<.001	1.685	1.378-2.060
Hypertension	0.231	0.106	4.756	.029	1.260	1.024-1.552
Diabetes mellitus	0.390	0.122	10.181	.001	1.476	1.162-1.876
Hyperlipidemia	0.130	0.101	1.671	.196	1.139	0.935-1.387
BMI	0.000	0.016	0.001	.975	0.999	0.969-1.031
Creatinine	0.000	0.001	0.000	.989	1.000	0.998-1.002
HUA	-0.127	0.116	1.195	.274	0.881	0.702-1.106
ASA	-0.691	0.261	7.013	.008	0.501	0.300-0.836
ARB	-0.019	0.139	0.020	.889	0.981	0.747-1.287
Diuretics	-0.196	0.151	1.669	.196	0.822	0.611-1.106

ARB = angiotensin-receptor blocker, ASA = acetylsalicylic acid, BMI = body mass index, CI = confidence interval, Cr = creatinine, HUA = hyperuricemia, SE = standard error.

SUA quartiles were associated with lower incidence of normal vessel (37.7%, 32.0%, 31.1%, and 28.3% for quartiles 1, 2, 3, and 4, respectively, P < .001) (Fig. 2, error bars: 95% CI). This trend was not found in 1-vessel disease (18.3%, 21.6%, 21.1%, and 19.9% for quartiles 1, 2, 3, and 4, respectively, P = .407) or2-vessel disease (18.8%, 20.0%, 20.7%, and 20.6% for quartiles 1,



Figure 1. Prevalence of coronary artery disease (CAD) according to serum uric acid quartiles. After stratifying the patients into 4 groups according to their SUA quartiles, a trend was found that higher SUA quartiles were associated with higher percentage of CAD. The values were significantly different as a whole, and the incidence of CAD in quartile 1 was significantly different with any one of the other quartiles, but no significant difference was found among quartiles 2, 3, and 4.

2, 3, and 4, respectively, P = .221). And the incidence of 3-vessel in quartile 4 was significantly different as compared with those in other quartiles, but no significant difference was found among quartiles 1, 2, and 3; furthermore, the incidence of normal vessel in quartile 1 was significantly different with those of any other quartiles, and significant difference was also found between quartile 2 and 4, but no significant difference was found among other quartiles. Moreover, we have analyzed the data in men and women separately and found a trend that the higher SUA quartiles were associated with higher incidence of 3-vessel disease (15.6%, 19.8%, 22.3%, and 27.6% for quartiles 1, 2, 3, and 4, respectively, P < .001), and the higher SUA quartiles were associated with lower incidence of normal vessel (50.7%, 44.6%, 40.0%, and 33.1% for guartiles 1, 2, 3, and 4, respectively, P < .001) in women. However, this trend was not found in men. We also found that, in women, the incidence of 3vessel in quartile 4 was significantly different as compared with those in other quartiles, and significant difference was also found between quartiles 3 and 4, but no significant difference was found between quartiles 1 and 2, 2 and 3; the percentage of normal vessel disease was significantly different between any 2 of the quartiles 1, 2, 3, and 4, except for quartiles 2 and 3.

The SUA level increased significantly as the number of affected vessels increased, and there was a statistically significant difference between the groups by one-way ANOVA (P < .001; Fig. 3, error bars: 95% CI).

4. Discussion

The main findings of the present study are as follows: there was a larger number of patients with CAG in the hyperuricemia group than in the nonhyperuricemia group; after multivariate analysis, there was an independent correlation between hyperuricemia and CAD in women; there was a trend that higher SUA quartiles were associated with higher percentage of CAD in female group, but not in male group; there was another trend that patients in the higher SUA quartiles group had a higher incidence of 3-vessel disease than those in the lower SUA quartile groups, and after analyzing the data in men and women separately, we found this trend in women, but not in men; the SUA level significantly increased as the number of affected vessels increased.

SUA is the final oxidation product of purine catabolism in humans.^[11] It is formed from the breakdown of adenosine and guanine. Through the enzymatic action of xanthine oxidase (XO), the purine breakdown products, xanthine and hypoxanthine, are converted to SUA. During this reaction, molecular oxygen is reduced, and superoxide free radicals are generated. Thus, XO is responsible for forming 2 different molecules: SUA and free radicals. Oxygen free radicals are postulated to play a key role in vascular injury in cardiovascular and kidney disease.^[12] SUA acts like an antioxidant in the early stages of the atherosclerotic process and is the strongest determinant of plasma antioxidant capacity.^[13] When the SUA level increases to >6 mg/dL in women and 6.5 to 7.0 mg/dL in men, this antioxidant state is paradoxically reversed into a pro-oxidant state in the later stages of the atherosclerotic process.^[14,15] SUA has also been shown to have proliferative and proinflammatory effects on vascular smooth muscle, which can lead to hypertension and vascular disease. Finally, SUA has been also found to upregulate C-reactive protein, an active component in the inflammatory process, in human vascular cells and endothelial cells, thereby providing another potential mechanism by which SUA is directly involved in the proinflammatory and proatherogenic process.[16-18]



Figure 2. Number of vessels affected in different serum uric acid levels. The higher SUA quartiles were associated with higher incidence of 3-vessel disease, and the higher SUA quartiles were associated with lower incidence of normal vessel. And the incidence of 3-vessel in quartile 4 was significantly different as compared with those in other quartiles, but no significant difference was found among quartiles 1, 2, and 3; furthermore, the incidence of normal vessel in quartile 1 was significantly different with those of any other quartiles, and significant difference was also found between quartile 2 and 4, but no significant difference was found among other quartiles.



Figure 3. Mean serum uric acid level in groups with different numbers of vessels affected. The SUA level significantly increased as the number of affected vessels increased.

Should hyperuricemia be considered a cardiovascular risk factor? This question is a matter of controversy. Several epidemiologic studies.^[2,4,10,19] have suggested that there is an association between hyperuricemia and CAD. In our study, the incidence of CAG was higher in the hyperuricemia group than in the nonhyperuricemia group. Nevertheless, hyperuricemia is often associated with established cardiovascular risk factors. There were significant differences in mean age, BMI, and percentages of those with hypertension and hyperlipidemia between patients with or without hyperuricemia in our study (Table 1), and after multivariate logistic regression analysis, there was no independent correlation between hyperuricemia and CAD. This observation is supported by several studies,^[3,20,21] such as the study by De Luca et al who reported no significant relationship between SUA and the prevalence of CAD after correction for baseline confounding factors.

However, our study did show an independent correlation between hyperuricemia and CAD for female patients after multivariate analysis, and the higher SUA quartiles were associated with higher incidence of 3-vessel disease in women. Our finding is supported by the following results of several other studies. In the study by Culleton et al,^[22] conducted in 6763 individuals from the Framingham Heart Study, an increased risk for adverse outcome after age adjustment was found for women only. In the First National Health and Nutrition Examination Survey (NHANES I) epidemiologic follow-up studies,^[23] there was no association between hyperuricemia and CAD for men, but there was an association for women; additionally, SUA levels were predictive of mortality from all causes and from ischemic heart disease in women. In a study on a Belgian population,^[24] the data showed that the SUA level was associated with total, cardiovascular, and coronary mortality in women only. In a study from Chicago,^[25] the SUA level was associated with abnormal electrocardiograms and total mortality in women only. In the study by Kim et al,^[19] there was no significant association between hyperuricemia and CAD incidence or mortality in men, but there was an increased risk for CAD mortality in women (OR = 1.67; 95% CI, 1.30-2.04).

In light of the association between hyperuricemia and insulin resistance, the sex-specific difference in the association of SUA with CAD risk observed in our study may relate to a sex-specific difference in the effect of diabetes on CAD. In particular, diabetes has been found to confer a greater risk for CAD in women than in men. ^[26] In the NHANES analysis, ^[22] SUA was higher in women with diabetes than in women without, but no such difference was found among men with or without diabetes.

The present study showed that the prevalence of CAD increased across all SUA level quartiles, and the SUA level increased with the number of diseased vessels. These results are supported by several studies that have investigated the relation-ship between SUA and the presence of CAD.^[27–30] However, few studies have addressed the relationship between the SUA level and severity of CAD. In our study, the incidence of 3-vessel disease was higher in patients belonging to the higher SUA quartile groups than in those belonging to the lower SUA quartile groups. Duran et al ^[31] reported that patients with hyperuricemia had a larger number of diseased vessels, that the SUA level was significantly associated with the number of diseased vessels, and that SUA was an independent risk factor for multi-vessel disease. Ehsan Qureshi et al^[32] also reported that hyperuricemia was associated with higher numbers of total occlusions and critical lesions in men presenting with acute coronary syndrome. In another study, Spoon et al ^[33] demonstrated that the group with hyperuricemia had a higher incidence of 3-vessel disease than did the group without elevated SUA levels. However, the populations in these 3 studies were smaller than that in our study.

The present study has some potential limitations. First, the study population consisted of patients referred to our hospital: therefore, it does not fully represent the general population. Thus, it might contain selection biases. Second, we could not control exposure or outcome assessment; instead, we must rely on our hospital database and documented histories. When information comes from patients' recall, some documented histories might be inaccurate and subject to biases. In addition, we assessed the severity of coronary atherosclerosis by the number of diseased vessels. The SYNTAX score and Gensini score provide more detailed information about CAD rather than the number of diseased vessels. Finally, patients' genetic background was not considered in our study. Christopher et al^[34] reported that there was a significant association between carriage of the PIA2 allele and CAD for younger subjects. Iaccarino et al^[35] reported that there was a close relationship between calmodulin-dependent protein kinase 4 and endothelial nitric oxide synthase in the endothelium, which might result in endothelial dysfunction.

Our study has several important strengths. Importantly, our research included a large number of patients, which helped increase the precision of estimates while minimizing heterogeneity. Moreover, we performed sex-specific subgroup analyses of this study fully adjusting for traditional risk factors for CAD.

5. Conclusions

We found an independent association between hyperuricemia and the presence of CAD in women, and there was a trend, that a higher SUA level was associated with a higher incidence of 3vessel disease, and after analyzing the data in men and women separately, we found this trend in women, but not in men. In addition to the evaluation of conventional risk factors in daily clinical practice, measurement of the SUA level might provide significant prognostic benefits in terms of global cardiovascular risk and management of patients; further, high levels of SUA may become surrogate markers of CAD severity, especially in women.

Acknowledgments

We thank the field workers for their contribution.

Author contributions

Conceptualization: Ming Lan. Data curation: Ming Lan, Bing Liu. Formal analysis: Ming Lan. Methodology: Ming Lan. Project administration: Ming Lan, Bing Liu. Resources: Ming Lan. Software: Ming Lan. Supervision: Qing he. Visualization: Ming LAN. Writing – original draft: Ming LAN. Writing – review and editing: Ming LAN, Qing HE.

References

Gertler MM, Garn SM, Levine SM. Serum uric acid in relation to age and physique in health and in coronary heart disease. Ann Intem Med 1951;34:1421–31.

- [2] Kim SY, Guevara JP, Kim KM, et al. Hyperuricemia and coronary heart disease: a systematic review and meta-analysis. Arthritis Care Res 2010;62:170–80.
- [3] Moriarity J, Folsom A, Iribarren C, et al. Serum uric acid and risk of coronary heart disease: atherosclerosis risk in communities (ARIC) study. Ann Epidemiol 2000;10:136–43.
- [4] Bos MJ, Koudstaal PJ, Hofman A, et al. Uric acid is a risk factor for myocardial infarction and stroke: the Rotterdam Study. Stroke 2006;37:1503–7.
- [5] Meisinger C, Koenig W, Baumert J, et al. Uric acid levels are associated with all-cause and cardiovascular disease mortality independent of systemic inflammation in men from the general population: the MONICA/KORA cohort study. Arterioscler Thromb Vasc Biol 2008; 28:1186–92.
- [6] Li YH, Lin GM, Lin CL, et al. Relation of serum uric acid and body mass index to mortality in high-risk patients with established coronary artery disease: a report from the ET-CHD registry. J Cardiol 2013;62:354–60.
- [7] Wheeler JG, Juzwishin KD, Eiriksdottir G, et al. Serum uric acid and coronary heart disease in 9,458 incident cases and 155,084 controls: prospective study and meta-analysis. PLoS Med 2005;2:e76.
- [8] Brodov Y, Behar S, Boyko V, et al. Effect of the metabolic syndrome and hyperuricemia on outcome in patients with coronary artery disease (from the Bezafibrate Infarction Prevention Study). Am Cardiol 2010;106: 1717–20.
- [9] Chen J, Chuang S, Chen H, et al. Serum uric acid level as an independent risk factor for all-cause, cardiovascular, and ischemic stroke mortality: a Chinese cohort study. Arthritis Rheum 2009;61:225–32.
- [10] Chien KL, Hsu HC, Sung FC, et al. Hyperuricemia as a risk factor on cardiovascular events in Taiwan: the Chin-Shan Community Cardiovascular Cohort Study. Atherosclerosis 2005;183:147–55.
- [11] Maxwell SR, Thomason H, Sandler D, et al. Antioxidant status in patients with uncomplicated insulin-dependent and non-insulin dependent diabetes mellitus. Eur J Clin Invest 1997;27:484–90.
- [12] George J, Carr E, Davies J, et al. High-dose allopurinol improves endothelial function by profoundly reducing vascular oxidative stress and not by lowering uric acid. Circulation 2006;114:2508–16.
- [13] Naghavi M, John R, Naguib S, et al. pH Heterogeneity of human and rabbit atherosclerotic plaques; a new insight into detection of vulnerable plaque. Atherosclerosis 2002;164:27–35.
- [14] Zweier JL, Kuppusamy P, Lutty GA. Measurement of endothelial cell free radical generation: evidence for a central mechanism of free radical injury in postischemic tissues. Proc Natl Acad Sci USA 1988;85:4046–50.
- [15] Khosla UM, Zharikov S, Finch JL, et al. Hyperuricemia induces endothelial dysfunction. Kidney Int 2005;67:1739–42.
- [16] Kang DH, Park SK, Lee IK, et al. Uric acid induced C-reactive protein (CRP) expression: implication on cell proliferation and nitric oxide production in human vascular cells. J Am Soc Nephrol 2005;16: 3553–62.
- [17] Rao GN, Corson MA, Berk BC. Uric acid stimulates vascular smooth muscle cell proliferation by increasing platelet derived growth factor Achain expression. J Biol Chem 1991;266:8604–8.

- [18] Kang DH, Han L, Ouyang X, et al. Uric acid causes vascular smooth muscle cell proliferation by entering cells via a functional urate transporter. Am J Nephrol 2005;25:425–33.
- [19] Kim SY, Guevara JP, Kim KM, et al. Hyperuricemia and coronary heart disease: a systematic review and meta-analysis. Arthritis Care Res (Hoboken) 2010;62:170–80.
- [20] Deveci OS, Kabakci G, Okutucu S, et al. The association between serum uric acid level and coronary artery disease. Int J Clin Pract 2010;64:900–7.
- [21] De Luca G, G Secco F G, Santagostino F M, et al. Uric acid does not affect the prevalence and extent of coronary artery disease. Results from a prospective study. Nutr Metab Cardiovasc Dis 2012;22:426–33.
- [22] Culleton BF, Larson MG, Kannel WB, et al. Serum uric acid and risk for cardiovascular disease and death: the Framingham Heart Study. Ann Intern Med 1999;131:7–13.
- [23] Fang J, Alderman MH. Serum uric acid and cardiovascular mortality the NHANES I epidemiologic follow-up study, 1992: National Health and Nutrition Examination Survey. JAMA 2000;283:2404–10.
- [24] Aboa Eboule A, De Smet P, Dramaix M, et al. Relation between uricemia and total, cardiovascular and coronary mortality in both genders of nonselected sample of the Belgium population. Revue Epidemiol Sante Publique 2001;49:531–9.
- [25] Persky VW, Dyer AR, Idris-Soven E, et al. Uric acid: a risk factor for coronary heart disease? Circulation 1979;59:969–77.
- [26] Barrett-Connor EL, Cohn BA, Wingard DL, et al. Why is diabetes mellitus a stronger risk factor for fatal ischemic heart disease in women than in men? The Rancho Bernardo study. JAMA 1991;265:627–31.
- [27] Feig DI, Kang DH, Johnson RJ. Uric acid and cardiovascular risk. N Engl J Med 2008;359:1811–21.
- [28] Niskanen L, Laaksonen DE, Nyyssönen K, et al. Uric acid level as a risk factor for cardiovascular and all-cause mortality in middle aged men: a prospective cohort study. Arch Intern Med 2004;164:1546–51.
- [29] Niskanen L, Laaksonen DE, Lindström J, et al. Serum uric acid as a harbinger of metabolic outcome in subjects with impaired glucose tolerance: the Finnish Diabetes Prevention Study. Diabetes Care 2006;29:709–11.
- [30] Nakagawa T, Hu H, Zharikov S, et al. A causal role for uric acid in fructose-induced metabolic syndrome. Am J Physiol Renal Physiol 2006;290:F625–31.
- [31] Duran M, Kalay N, Akpek M, et al. High levels of serum uric acid predict severity of coronary artery disease in patients with acute coronary syndrome. Angiology 2012;63:448–52.
- [32] Ehsan Qureshi A, Hameed S, Noeman A. Relationship of serum uric acid level and angiographic severity of coronary artery disease in male patients with acute coronary syndrome. Pak J Med Sci 2013;29:1137–41.
- [33] Spoon DB, Lerman A, Rule AD, et al. The association of serum uric acid levels with outcomes following percutaneous coronary intervention. J Intervent Cardiol 2010;23:277–83.
- [34] Galasso G, Santulli G, Piscione F, et al. The GPIIIA PIA2 polymorphism is associated with an increased risk of cardiovascular adverse events. BMC Cardiovasc Disord 2010;10:41.
- [35] Gaetano S, Ersilia C, Daniela S, et al. CaMK4 gene deletion induces hypertension. J Am Heart Assoc Aug 2012;1:e001081.