

## [ PICTURES IN CLINICAL MEDICINE ]

## Musculoskeletal Ultrasound Manifestation of Osteoarthropathy in EMO Syndrome

Shin-ya Kawashiri 1,2, Remi Sumiyoshi 2 and Atsushi Kawakami 2

Key words: EMO syndrome, Graves' disease, musculoskeletal ultrasound, osteoarthropathy

(Intern Med 61: 273-274, 2022)

(DOI: 10.2169/internalmedicine.7106-21)



Picture 1.



Picture 3.

EMO syndrome is a rare condition seen in <1% of patients with Graves' disease. It is defined as a triad of exophthalmos, pretibial myxedema, and osteoarthropathy (1, 2). We herein report a case of EMO syndrome in which musculoskeletal ultrasound (MSUS) was useful for the diagnosis of osteoarthropathy. A 54-year-old woman had a 1-year history of hand stiffness. She had been diagnosed with ophthalmopathy associated with Graves' disease 6



Picture 2.



Picture 4.

years earlier (TSAb 3,674% TRAb 32.9 IU/L). A physical examination revealed clubbed fingers and pretibial non-pitting edema. X-ray showed brushed periosteal hypertrophy on the metacarpal and metatarsal bones (Picture 1, 2). MSUS showed irregular bone prominence (Picture 3, 4) and

Received: January 20, 2021; Accepted: May 25, 2021; Advance Publication by J-STAGE: July 30, 2021

Correspondence to Dr. Shin-ya Kawashiri, shin-ya@hotmail.co.jp

<sup>&</sup>lt;sup>1</sup>Departments of Community Medicine, Nagasaki University Graduate School of Biomedical Sciences, Japan and <sup>2</sup>Departments of Immunology and Rheumatology, Nagasaki University Graduate School of Biomedical Sciences, Japan

local subcutaneous hypertrophy of the left lower leg, which was proven to be myxedema by a histopathologic examination. It is not easy to detect periosteal hypertrophy on X-ray. Since MSUS has a high spatial resolution and little direction dependence, periosteal hypertrophy can be easily detected using this modality.

The authors state that they have no Conflict of Interest (COI).

## References

- Anderson CK, Miller OF 3rd. Triad of exophthalmos, pretibial myxedema, and acropachy in a patient with Graves' disease. J Am Acad Dermatol 48: 970-972, 2003.
- Senel E, Güleç AT. Euthyroid pretibial myxedema and EMO syndrome. Acta Dermatovenerol Alp Pannonica Adriat 18: 21-23, 2009.

The Internal Medicine is an Open Access journal distributed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License. To view the details of this license, please visit (https://creativecommons.org/licenses/by-nc-nd/4.0/).

© 2022 The Japanese Society of Internal Medicine *Intern Med 61: 273-274, 2022*