

# Appropriate Treatment for Bloodstream Infections Due to Carbapenem-Resistant *Klebsiella pneumoniae* and *Escherichia coli*: A Nationwide Multicenter Study in Taiwan

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**Background.** In a multicenter study from Taiwan, we aimed to investigate the outcome of patients who received different antimicrobial therapy in carbapenem-resistant Enterobacteriaceae bloodstream infections and proposed a new definition for tige-cycline use.

*Methods.* Patients from 16 hospitals in Taiwan who received appropriate therapy for bloodstream infections due to carbapenem-resistant *Klebsiella pneumoniae* and *Escherichia coli* were enrolled in the study between January 2012 and June 2015. We used a cox proportional regression model for multivariate analysis to identify independent risk factors of 14-day mortality. Tigecycline was defined as appropriate when the isolates had a minimum inhibitory concentration (MIC)  $\leq$  0.5 mg/L, and we investigated whether tigecycline was associated with mortality among patients with monotherapy.

**Results.** Sixty-four cases with carbapenem-resistant *K* pneumoniae (n = 50) and *E* coli (n = 14) bloodstream infections were analyzed. Of the 64 isolates, 17 (26.6%) had genes that encoded carbapenemases. The 14-day mortality of these cases was 31.3%. In the multivariate analysis, Charlson Comorbidity Index (hazard ratio [HR], 1.21; 95% confidence interval [CI], 1.03–1.42; *P* = .022) and colistin monotherapy (HR, 5.57; 95% CI, 2.13–14.61; *P* < .001) were independently associated with 14-day mortality. Among the 55 patients with monotherapy, the 14-day mortality was 30.9% (n = 17). Tigecycline use was not associated with mortality in the multivariate analysis.

**Conclusions.** Tigecycline monotherapy was a choice if the strains exhibited MIC  $\leq 0.5$  mg/L, and colistin monotherapy was not suitable. Our findings can initiate additional clinical studies regarding the efficacy of tigecycline in carbapenem-resistant Enterobacteriaceae infections.

Keywords. antimicrobial therapy; bloodstream infection; carbapenem; Enterobacteriaceae; tigecycline.

The rapid spread of carbapenem-resistant (nonsusceptible) Enterobacteriaceae has become a great challenge for physicians [1-3]. Clinical studies have demonstrated a high mortality rate among patients with carbapenem-resistant Enterobacteriaceae infection [1-3]. An optimal antimicrobial regimen is important in the treatment of carbapenem-resistant Enterobacteriaceae

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infection. Tigecycline and colistin are considered as a last-resort treatment for these infections [1–3].

In previous studies of carbapenem-resistant Enterobacteriaceae bloodstream infections [4-14], an appropriate antimicrobial regimen was defined as at least 1 in vitro active agent according to breakpoints established by the Clinical and Laboratory Standards Institute (CLSI) [15] or the European Committee on Antimicrobial Susceptibility Testing (EUCAST) [16]. However, the CLSI did not issue interpretative criteria for tigecycline susceptibility. The EUCAST recommends tigecycline susceptibility breakpoints in Enterobacteriaceae of susceptible minimum inhibitory concentration (MIC)  $\leq$ 1 mg/L and resistant MIC >2 mg/L [16]. In addition, most of the studies used the interpretative criteria from the US Food and Drug Administration (FDA) for tigecycline (susceptible, MIC  $\leq 2$  mg/L; intermediate, MIC = 4 mg/L; resistant, MIC >4 mg/L) [17]. Therefore, defining an appropriate therapy with

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tigecycline against Enterobacteriaceae is challenging. Moreover, the steady-state maximal serum concentrations of tigecycline (0.6 mg/L) [18] were lower than the current breakpoints proposed by the EUCAST or FDA. However, the issue of low serum concentration had not been addressed in the above-mentioned studies [4–14], and the efficacy of tigecycline in the treatment of bacteremia is also debated in the literature [19].

In this multicenter study, we investigated the independent risk factors for mortality among patients with bloodstream infections caused by carbapenem-resistant *Klebsiella pneumoniae* and *Escherichia coli*. We proposed a new definition of appropriate antimicrobial therapy with tigecycline in these infections. We aimed to investigate the impact of different regimens of antimicrobial therapy, especially tigecycline, on mortality in patients who received appropriate therapy in these infections.

# **MATERIALS AND METHODS**

# **Study Setting and Patients**

Patients with at least 1 positive blood culture were defined as having bloodstream infections. Bloodstream infections caused by carbapenem-resistant K pneumoniae and E coli were identified from 16 hospitals (12 medical centers and 4 regional hospitals [Supplementary Data]) in Taiwan between January 1, 2012 and June 30, 2015. Carbapenem resistance was defined as nonsusceptibility to imipenem or meropenem (MIC  $\geq 2$  mg/L) based on the interpretative criteria from CLSI published in 2012 [15]. Only the first episode of bloodstream infections was included for each patient. The clinical data were retrospectively collected, and patients aged <20 years, polymicrobial infections, and those with incomplete medical records were excluded. Patients who did not receive at least 48 hours of at least 1 appropriate antibiotic were also excluded. The detailed information of appropriate therapy is described under the following section. The study protocol was approved by the institutional review board of each participating hospital.

# **Microbiologic Methods**

Carbapenem-resistant *K pneumoniae* and *E coli* isolates were collected from blood culture in the microbiological laboratories of each participating hospitals. The isolates were sent to the National Health Research Institutes (Miaoli, Taiwan) and were stored at  $-70^{\circ}$ C in 10% glycerol Luria-Bertani medium before analysis. Bacterial identification was performed by a VITEK 2 automated system (bioMérieux, Marcy l'Etoile, France). Minimum inhibitory concentrations were determined by broth microdilution (Sensititre; Trek Diagnostic Systems, Cleveland, OH) for all antibiotics except tigecycline. The MICs for tigecycline were determined using the Etest (bioMérieux) on Mueller-Hinton medium. The results were interpreted according to the breakpoints published by CLSI, except those

to breakpoints established by EUCAST, and tigecycline was interpreted according to breakpoints established by the FDA. Carbapenem-resistant *K pneumoniae* and *E coli* isolates were screened for carbapenemase genes, plasmid-borne AmpClike genes, and extended-spectrum  $\beta$ -lactamases (ESBL) genes using polymerase chain reaction detection as described previously [20–23]. Bacterial outer membrane proteins (OMPs) were isolated, and the OMP profiles (OmpK35 and OmpK36 for *K pneumoniae*, and OmpC and OmpF for *E coli*) were identified by sodium dodecyl sulfate polyacrylamide gel electrophoresis followed by coomassie blue staining (Bio-Rad). *Klebsiella pneumoniae* American Type Culture Collection (ATCC) 13883 and *E coli* ATCC25922 were used as the control strains [24, 25].

for colistin and tigecycline. Colistin was interpreted according

# Definitions

The probable source of bloodstream infections, including pneumonia, urinary tract infection, surgical site infection, intra-abdominal infection, catheter-related infection, or primary bacteremia, was determined on the basis of microbiological results and physicians' findings. The definition of healthcareassociated infection was described previously [26]. Severity of illness at the time of onset of infection was assessed by the Acute Physiology and Chronic Health Evaluation II (APACHE II) score. Appropriate antimicrobial therapy, including carbapenems, in patients enrolled in this study was defined as treatment with at least 1 agent to which the isolate was susceptible in vitro according to EUCAST breakpoints [16]. For tigecycline, target values of area under curve/MIC ≥6.96 have been reported to be predictive of clinical response [27]. The steady-state maximal serum concentration of tigecycline was 0.6 mg/L [28]. To achieve the target values with a standard dose (100-mg loading dose followed by 50 mg twice daily), >90% probability of target attainment could be expected at tigecycline MIC ≤0.5 mg/L [28]. Therefore, we defined appropriate antimicrobial therapy with tigecycline when the strains exhibited MIC ≤0.5 mg/L. Appropriate antimicrobial therapy with colistin was defined as an isolate being susceptible in vitro according to the EUCAST breakpoint (MIC  $\leq 2$  mg/L) [16]. Antimicrobial therapy in these patients usually varied, making it hard to classify them to a specific regimen; therefore, patients were assigned to a regimen only if it was initiated during the first 5 days after the sampling of blood culture and maintained for at least 48 hours [29]. Appropriate combination therapy was defined as 2 or more appropriate antibiotics administrated simultaneously for >48 hours.

# **Predictors of Mortality and Treatment Regimens**

The primary outcome was death within 14 days from the onset of bloodstream infection. Risk factors for mortality in patients with bloodstream infections due to carbapenem-resistant *K pneumoniae* and *E coli* were investigated by comparing clinical variables of survivor and nonsurvivor subgroups.

# Table 1. Characteristics of Patients With Carbapenem-Resistant Klebsiella pneumoniae and Escherichia coli Bloodstream Infections<sup>a</sup>

	Total	14-Day Survivors	14-Day Nonsurvivors	
Variables	(n = 64)	(n = 44)	(n = 20)	Р
Demographics				
Age, years, median (IQR)	71 (61–77)	72 (62–77)	67 (60–80)	.875
Male sex	39 (60.9)	26 (59.1)	13 (65.0)	.653
Nosocomial-acquired infection	62 (96.9)	42 (95.5)	20 (100)	1.000
Healthcare-associated infection	2 (3.1)	2 (4.5)	0 (0.0)	1.000
ICU-acquired isolate	30 (46.9)	19 (43.2)	11 (55.0)	.380
Previous hospitalization <sup>b</sup>	32 (50)	20 (45.5)	12 (60.0)	.281
Microbiology				
K pneumoniae	50 (78.1)	34 (77.3)	16 (80.0)	.807
E coli	14 (21.9)	10 (22.7)	4 (20.0)	.807
Carbapenemase	17 (26.6)	12 (27.3)	5 (25.0)	.849
Clinical Syndrome				
Pneumonia	19 (29.7)	11 (25.0)	8 (40.0)	.223
Urinary tract infection	3 (4.7)	3 (6.8)	0 (0.0)	.546
Intra-abdominal infection	19 (29.7)	11 (25.0)	8 (40.0)	.223
Catheter-associated infection	5 (7.8)	3 (6.8)	2 (10.0)	.644
Skin and soft tissue infection	3 (4.7)	1 (2.3)	2 (10.0)	.214
Primary bacteremia	15 (23.4)	15 (34.1)	0 (0.0)	.003
Comorbidities				
Diabetes mellitus	21 (32.8)	14 (31.8)	7 (35.0)	.802
Chronic obstructive pulmonary disease	6 (9.4)	4 (9.1)	2 (10.0)	1.000
Chronic respiratory failure with mechanical ventilator	17 (26.6)	9 (20.5)	8 (40.0)	.101
Congestive heart failure	12 (18.8)	10 (22.7)	2 (10.0)	.227
Cerebrovascular disease	14 (21.9)	10 (22.7)	4 (20.0)	.807
Chronic kidney disease <sup>c</sup>	20 (31.3)	13 (30.2)	7 (36.8)	.608
Liver cirrhosis	7 (10.9)	4 (9.1)	3 (15.0)	.668
Malignancy	26 (40.6)	14 (31.8)	12 (60.0)	.033
Immunocompromised state <sup>d</sup>	12 (18.8)	8 (18.2)	4 (20.0)	.863
Previous surgery <sup>e</sup>	24 (37.5)	17 (38.6)	7 (35.0)	.781
Charlson Comorbidity Index, median (IQR)	4 (2-7)	4 (2-7)	6 (2–8)	.173
Invasive Procedures 7 Days Preceding Onset of infection				
Indwelled central venous catheter	35 (54.7)	26 (59.1)	9 (45.0)	.294
Indwelled urinary catheter	33 (51.6)	23 (52.3)	10 (50.0)	.866
Surgical drainage	13 (20.3)	7 (15.9)	6 (30.0)	.194
Mechanically ventilated	29 (45.3)	18 (40.9)	11 (55.0)	.294
Renal replacement therapy	16 (25.0)	10 (22.7)	6 (30.0)	.533
Severity of Illness				
Septic shock	13 (20.3)	7 (15.9)	6 (30.0)	.194
APACHE II score, median (IQR)	25 (17–30)	23 (17–28)	28 (18–34)	.048
Therapy				
Monotherapy, No. (%)	55 (85.9)	38 (86.4)	17 (85.0)	.884
Colistin monotherapy	21 (32.8)	9 (20.5)	12 (60.0)	.002
Tigecycline monotherapy	11 (17.2)	9 (20.5)	2 (10.0)	.304
Other monotherapy	23 (35.9)	20 (45.5)	3 (15.0)	.019
Combination therapy, No. (%)	9 (14.1)	6 (13.6)	3 (15.0)	.884

Abbreviations: APACHE, Acute Physiology and Chronic Health Evaluation; HIV, human immunodeficiency virus; ICU, intensive care unit; IQR, interquartile range. <sup>a</sup>Data are expressed as number (%) unless specified otherwise.

<sup>b</sup>Within 3 months preceding onset of infection.

<sup>c</sup>Chronic kidney disease stage 4 and stage 5.

<sup>d</sup>Use of steroid dose equivalent to >20 mg of prednisolone or immunosuppressants 30 days preceding onset of infection, patients as transplantation recipient, or patients with HIV infection.

The therapeutic regimens for patients with carbapenem-resistant K pneumoniae and E coli bloodstream infections were selected at the discretion of the attending physicians. There was no standard hospital guideline for antimicrobial therapy in carbapenem-resistant *K pneumoniae* and *E coli* infections. The recommended total daily dose of colistin was usually 9 million IU given in 2 or 3 divided dosages, and for tigecycline the total daily dose was 100 administered in 2 divided dosages. Usual doses of carbapenems were used: 500 mg for imipenem every 6 hours, 500 mg for doripenem, and 1 gram for meropenem every 8 hours. Dosages were adjusted to creatinine clearance when indicated.

# **Statistical Analysis**

Categorical variables were evaluated with the  $\chi^2$  or 2-tailed Fisher's exact test. Continuous variables were compared with the Student *t* test (for normally distributed variables) or the Mann-Whitney *U* test (for nonnormally distributed variables). We used cox proportional regression model to identify independent predictors of mortality. All biologically plausible variables with *P* < .20 in univariate testing were incorporated into the model using a backward approach. Hazard ratio (HR) and 95% confidence interval (CI) were calculated. Two-tailed tests were used to determine statistical significance and *P* < .05 was considered significant. Sensitivity analysis was performed as well among patients who received monotherapy only. All statistical analyses were performed using SPSS, version 17 (SPSS Inc., Chicago, IL).

# RESULTS

#### Characteristics of Patients With Carbapenem-Resistant Klebsiella pneumoniae and Escherichia coli Bloodstream Infections

A total of 125 cases with bloodstream infections caused by carbapenem-resistant *K* pneumoniae and *E* coli were identified during the study period. Sixty-one cases were excluded because of polymicrobial infection (n = 39), mortality within 48 hours (n = 14), or inappropriate therapy (n = 8). Finally, 64 cases were analyzed in this study. *Klebsiella pneumoniae* accounted for the majority of infections (n = 50, 78.1%). The demographic and clinical characteristics of the patients are shown in Table 1. The ages of the patients ranged from 20 to 94 years, with a median age of 71 years, and 39 patients were male. The 14-day mortality rate was 31.3% and the overall in-hospital mortality rate was 53.1%.

# Microbiological Characteristics of Carbapenem-Resistant *Klebsiella* pneumoniae and Escherichia coli Isolates

Of the 64 isolates, 17 (26.6%) had genes that encoded carbapenemases, including *K pneumoniae* carbapenemase (KPC)-2 (n = 11), imipenemase (IMP)-8 (n = 1), Verona integron-encoded metallo- $\beta$ -lactamase (VIM)-1 (n = 2), oxacillinase (OXA)-48 (n = 1), New Delhi metallo- $\beta$ -lactamase (NDM)-1 (n = 1), and 1 with both KPC-2 and IMP-8. Almost all the carbapenemase-producing strains were *K pneumoniae*, and only 1 *E coli* with carbapenemase (NDM-1) was identified. Other noncarbapenemase-producing strains had genes that encoded plasmid-borne AmpC/ESBL and the loss of outer membrane porins (Supplementary Data). All of the strains were resistant to ceftriaxone or ceftazidime. The MIC of tigecycline was  $\geq$ 0.5 mg/L for 46 (71.9%), 1–2 mg/L for 16 (25%), and >2 mg/L for 2 (3.1%). The MIC of imipenem or meropenem was  $\geq$ 8 mg/L for 48 (75%) isolates and 4 mg/L for 9 isolates (6.3%).

#### **Risk Factors for 14-Day Mortality**

Table 2 showed the risk factors for 14-day mortality among patients with carbapenem-resistant *K pneumoniae* and *E coli* bloodstream infections. Chronic respiratory failure with mechanical ventilator, malignancy, Charlson Comorbidity Index, surgical drain, septic shock, APACHE II score, colistin monotherapy, and monotherapy other than colistin or tige-cycline were incorporated into multivariate cox regression. Combination therapy was not associated with 14-day survival in the univariate analysis. In multivariate analysis, Charlson Comorbidity Index (HR, 1.21; 95% CI, 1.03–1.42; *P* = .022) and colistin monotherapy (HR, 5.57; 95% CI, 2.13–14.61; *P* < .001) were independently associated with 14-day mortality.

We further evaluated the risk factors for 28-day mortality among the 64 patients. The result was similar to that in the

Table 2. Cox Proportional Hazards Regression Analysis of Predictors Associated With 14-Day Mortality of Patients With Carbapenem-Resistant Klebsiella pneumoniae and Escherichia coli Bloodstream Infections<sup>a</sup>

	Univariate Analysis		Multivariable Analysis	
Variables	HR (95% CI)	P	HR (95% CI)	P
Chronic respiratory failure with mechanical ventilator	2.14 (0.87–5.24)	.096		
Malignancy	2.29 (0.94-5.62)	.069		
Charlson Comorbidity Index	1.11 (0.96–1.29)	.147	1.21 (1.03-1.42)	.022
Surgical drain	1.93 (0.74–5.02)	.180		
Septic shock	2.08 (0.80-5.42)	.134		
APACHE II score	1.07 (1.01–1.13)	.024		
Colistin monotherapy	4.05 (1.65–9.96)	.002	5.57 (2.13-14.61)	<.001
Other monotherapy	0.25 (0.07-0.86)	.028		

Abbreviations: APACHE, Acute Physiology and Chronic Health Evaluation: Cl. confidence interval: HR, hazard ratio: ICU, intensive care unit.

<sup>a</sup>All biologically relevant variables with P < .20 in the univariate cox proportional regression analysis were included in the multivariate analysis.

Table 3.	Detailed Antimicrobial Thera	py of Patients With Carba	penem-Resistant Klebsiella	pneumoniae and Escherichia d	<i>oli</i> Bloodstream Infections <sup>a</sup>
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Antimicrobial Regimens	n (%)	14-Day Mortality, n (%)
Monotherapy	55	17/55 (30.9)
Colistin	21 (38.2)	12/21 (57.1)
Tigecycline	11 (20.0)	2/11 (18.2)
Aminoglycoside <sup>b</sup>	7 (12.7)	0/7 (0)
Cefepime	6 (10.9)	1/6 (16.7)
Carbapenem <sup>c</sup>	5 (9.1)	1/5 (20.0)
Fluoroquinolone <sup>d</sup>	4 (7.3)	1/4 (25.0)
Piperacillin + tazobactam	1 (1.8)	0/1 (0)
Combination therapy	9	3/9 (33.3)
Aminoglycoside+ carbapenem	1 (11.1)	0/1 (0)
Aminoglycoside + tigecycline	1 (11.1)	0/1 (0)
Colistin + carbapenem	2 (22.2)	1/2 (50)
Colistin + tigecycline	2 (22.2)	1/2 (50)
Colistin + tigecycline + carbapenem	1 (11.1)	0/1 (0)
Colistin + tigecycline + aminoglycoside	1 (11.1)	0/1 (0)
Tigecycline + carbapenem	1 (11.1)	1/1 (100)

<sup>a</sup>Data are presented as number (%) unless specified otherwise.

<sup>b</sup>Amikacin or gentamicin.

<sup>c</sup>Group 2 carbapenem (imipenem, meropenem, or doripenem).

<sup>d</sup>Ciprofloxacin or levofloxacin.

analysis for 14-day mortality. Charlson Comorbidity Index (HR, 1.21; 95% CI, 1.04–1.40; P = .011) and colistin monotherapy (HR, 5.31; 95% CI, 2.24–12.6; P < .001) were still independently associated with 28-day mortality.

# Monotherapy With Tigecycline in Carbapenem-Resistant *Klebsiella pneumoniae* and *Escherichia* Bloodstream Infections

Table 3 showed detailed antimicrobial regimens among the 64 patients. We compared the 14-day mortality among the 64 patients who received different antimicrobial regimen (Figure 1). Most of the cases (n = 55) in the current study received monotherapy. Colistin monotherapy was associated with a higher mortality than that in tigecycline monotherapy (57.1% versus 18.2%, P = .035) and monotherapy other than colistin or tigecycline (57.1% versus 13.0%, P = .002). No mortality difference was noted among other regimen comparison. We defined

appropriate therapy with tigecycline when the strains exhibited MIC  $\leq 0.5 \text{ mg/L}$  in the current study. We further compared the 11 patients with tigecycline monotherapy and those with other monotherapy (n = 44). The clinical characteristics and 14-day mortality were not different significantly between these 2 groups (Table 4). Figure 2 showed no significant difference in mortality between the 2 groups in the survival curve (log-rank test, P = .392). Among the 55 patients with monotherapy, the 14-day mortality was 30.9% (n = 17). Tigecycline was not associated with survival benefit independently in the multivariate cox regression model (data not shown).

# DISCUSSION

In this study, we investigated patients with bloodstream infections caused by carbapenem-resistant *K pnuemoniae* 





# Table 4. Comparison Between Patients Treated With Tigecycline Monotherapy and Non-Tigecycline Monotherapy<sup>a</sup>

Variables	Tigecycline Monotherapy (n = 11)	Non-Tigecycline Monotherapy (n = 44)	P
Demographics			
Age, years, median (IQR)	67 (56–77)	72 (63–77.75)	.335
Male sex	8 (72.7)	26 (59.1)	.405
Nosocomial-acquired infection	11 (100)	43 (97.7)	1.000
Healthcare-associated infection	0 (0.0)	1 (2.3)	1.000
ICU-acquired isolate	4 (36.4)	23 (52.3)	.345
Previous hospitalization <sup>b</sup>	4 (36.4)	24 (54.5)	.281
Microbiology			
Klebsiella pneumoniae	9 (81.8)	35 (79.5)	.866
Escherichia coli	2 (18.2)	9 (20.5)	.866
Carbapenemase-producing strains	3 (27.3)	13 (29.5)	.882
Clinical Syndrome			
Pneumonia	5 (45.5)	11 (25.0)	.182
Urinary tract infection	0 (0.0)	2 (4.5)	1.000
Intra-abdominal infection	3 (27.3)	13 (29.5)	.882
Catheter-associated infection	0 (0.0)	5 (11.4)	.571
Skin and soft tissue infection	0 (0.0)	2 (4.5)	1.000
Primary bacteremia	3 (27.3)	11 (25.0)	.877
Comorbidities			
Diabetes mellitus	3 (27.3)	13 (29.5)	.882
Chronic obstructive pulmonary disease	2 (18.2)	3 (6.8)	.259
Chronic respiratory failure with mechanical ventilator	2 (18.2)	11 (25.0)	.634
Congestive heart failure	2 (18.2)	7 (15.9)	.855
Cerebrovascular disease	5 (45.5)	5 (11.4)	.009
Chronic kidney disease <sup>c</sup>	4 (36.4)	13 (29.5)	.662
Liver cirrhosis	1 (9.1)	6 (13.6)	.686
Malignancy	3 (27.3)	19 (43.2)	.335
Immunocompromised state <sup>d</sup>	3 (27.3)	8 (18.2)	.500
Previous surgery <sup>e</sup>	4 (36.4)	19 (43.2)	.682
Charlson Comorbidity Index, median (IQR)	6 (3–12)	7 (3–9)	.135
Invasive Procedures 7 Days Preceding Onset of Infection			
Indwelled central venous catheter	6 (54.5)	24 (54.5)	1.000
Indwelled urinary catheter	6 (54.5)	23 (52.3)	.893
Surgical drainage	3 (27.3)	9 (20.5)	.624
Mechanically ventilated	3 (27.3)	22 (50.0)	.176
Renal replacement therapy	4 (36.4)	9 (20.5)	.267
Severity of Illness			
Septic shock	2 (18.2)	8 (18.2)	1.000
APACHE II score, median (IQR)	22 (17–30)	25.5 (16.25–28.75)	.758
14-day mortality	2 (18.2)	15 (34.1)	.307

Abbreviations: APACHE, Acute Physiology and Chronic Health Evaluation; HIV, human immunodeficiency virus; ICU, intensive care unit; IQR, interquartile range.

<sup>a</sup>Data are expressed as number (%) unless specified otherwise.

<sup>b</sup>Within 3 months preceding onset of infection.

°Chronic kidney disease stage 4 and stage 5.

<sup>d</sup>Use of steroid dose equivalent to >20 mg of prednisolone or immunosuppressants 30 days preceding onset of infection, patients as transplantation recipient, or patients with HIV infection. <sup>a</sup>Within 30 days preceding onset of infection.

and *E coli* who received appropriate antimicrobial therapy. We proposed a new definition of appropriate antimicrobial therapy with tigecycline. We found that colistin monotherapy and Charlson Comorbidity Index were the independent predictors for 14-day mortality. Tigecycline monotherapy was not associated with a higher mortality among patients with monotherapy.

In Taiwan, the major mechanism for carbapenem-resistant Enterobacteriaceae was not mediated by carbapenemase until 2015 [20–23]. We included both carbapenemase-producing and noncarbapenemase-producing strains in this study, aiming to generalize our findings in the real-life practice. Many microbiology laboratories do not perform the molecular detection of carbapenemase routinely, and the physicians usually treat these



**Figure 2.** Kaplan-Meier survival curve of patients treated with monotherapy. The survival of tigecycline monotherapy (solid line) was not significantly different from that in non-tigecycline monotherapy (dotted line) (log-rank test; P = .392).

infections according to the MICs interpreted by the CLSI or EUCAST. Therefore, the current study is able to help physicians manage bloodstream infections caused by carbapenem-resistant *K pnuemoniae* and *E coli* according to the MICs, regardless of the mechanisms of carbapenem resistance.

Most studies regarding treatment for carbapenem-resistant Enterobacteriaceae bloodstream infections [4-10, 12-14] defined appropriate use of tigecycline according to the FDA criteria (susceptibile, MIC  $\leq 2$  mg/L). Tumbarello et al [11] used EUCAST criteria to define the appropriate use of tigecycline (susceptibile, MIC  $\leq 1$  mg/L) in KPC-producing K pneumoniae bacteremia. We defined tigecycline use in bloodstream infection as appropriate only when the isolates exhibited MIC  $\leq$ 0.5 mg/L, based on previous pharmacodynamics study [27, 28]. With tigecycline MIC ≤0.5 mg/L, a >90% probability of target attainment could be expected, and the cumulative fraction of response was 82.0%, based on previous pharmacokinetics and EUCAST wild-type MIC distributions of K pneumoniae [28]. Tigecycline is considered as a potent therapeutic option for carbapenem-resistant Enterobacteriaceae infections [30], but the efficacy of tigecycline cannot be clearly defined because a suitable definition of appropriate therapy is lacking. One recent meta-analysis showed that the efficacy of tigecycline in treating carbapenem-resistant Enterobacteriaceae infections is similar to that of other antibiotics [31], but the issue of suboptimal concentrations of tigecycline was still not discussed [31]. In the literature, cases treated with tigecycline monotherapy in bloodstream infections due to carbapenem-resistant K pneumoniae are limited. The current study first adopted a new definition of appropriate tigecycline in bloodstream infections caused by carbapenem-resistant K pneumoniae and E coli taking into account the low serum level of tigecycline. Our study found that tigecycline monotherapy was not associated with 14-day mortality if the strains exhibited MIC  $\leq$ 0.5 mg/L. Our results provided some insight into tigecycline treatment in carbapenem-resistant Enterobacteriaceae bacteraemia and might initiate additional prospective studies to solidify the findings.

In this study, we found that colistin monotherapy was independently associated with poor outcome. We cannot demonstrate whether colistin-based combination therapy is better, because of the limited number of cases with combination therapy in our analysis. One recent study conducted by de Oliveira et al [32] demonstrated that polymyxins was associated with a higher risk of mortality in KPC-producing Enterobacteriaceae infections, and dosage was the major concern. The dosing guidance of cilistin is necessary because of the extensive interpatient variability in pharmacokinetics [33]. One recent study proposed clinician-friendly dosing algorithms and suggested that monotherapy with intravenous colistin may be suboptimal [33]. In our study, the difficulty in selecting an optimal dose in bloodstream infections may be the reason for the low efficacy of colistin. We also identified that the Charlson Comorbidity Index influenced the outcome, which emphasized the role of host factors in combating carbapenem-resistant bacteria.

One major limitation of this study was that clinical data were obtained retrospectively from medical records. Several missing variables, such as source control, might have had potential effects on outcome. An additional limitation was the limited number of cases, especially patients with combination therapy, which precluded further analysis. Finally, the limited cases treated with tigecycline monotherapy was another limitation of this analysis. Nevertheless, our study provided the first new definition of appropriate tigecycline monotherapy in these serious infections.

# CONCLUSIONS

In conclusion, we used a new definition of appropriate antimicrobial therapy with tigecycline in the treatment of bloodstream infections caused by carbapenem-resistant *K* pneumoniae and *E* coli. Our findings suggested that tigecycline monotherapy therapy was an appropriate choice if the strains exhibited MIC  $\leq$ 0.5 mg/L, and colistin monotherapy is not suitable. In the era of limited new drugs, our findings can initiate additional clinical studies regarding the efficacy of tigecycline in carbapenem-resistant Enterobacteriaceae infections.

#### **Supplementary Data**

Supplementary materials are available at *Open Forum Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

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