Impact of right ventricular dyssynchrony on prognosis of patients with idiopathic pulmonary arterial hypertension

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Abstract

Idiopathic pulmonary arterial hypertension is a progressive disease with high mortality with an increasing burden of right ventricular. Right ventricular dyssynchrony was observed in idiopathic pulmonary arterial hypertension, but the association with mortality is unclear. This study aimed to investigate the impact of right ventricular dyssynchrony on the survival of idiopathic pulmonary arterial hypertension. A total of 116 patients with idiopathic pulmonary arterial hypertension were enrolled in this study. All these patients underwent comprehensive clinical evaluation. Right ventricular dyssynchrony was assessed by twodimensional speckle-tracking echocardiography. The time to peak strain (T_{peak}) of right ventricular segments were obtained. Right ventricular dyssynchrony was quantified by the standard deviation of the heart rate-corrected T_{peak} of right ventricular four segments. All patients were followed up and the primary endpoint was all cause of death. Results found patients with significant right ventricular dyssynchrony present with advanced World Health Organization functional class, worse hemodynamic status and right ventricular function. Right ventricular dyssynchrony was an independent predictive factor for the survival of idiopathic pulmonary arterial hypertension. Kaplan–Meier survival curves showed patients with right ventricular dyssynchrony had worse prognosis. In conclusion, right ventricular dyssynchrony analyzed by speckle-tracking echocardiography provided added value to hemodynamic and echocardiographic parameters in evaluating the survival of patients with idiopathic pulmonary arterial hypertension.

Keywords

right ventricle, dyssynchrony, pulmonary arterial hypertension, prognosis

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Introduction

Idiopathic pulmonary arterial hypertension (PAH) is considered as a rare, progressive and life-threatening disease with poor prognosis. Due to luminal obstruction of the distal pulmonary vasculature, pulmonary vascular resistance (PVR) and pulmonary arterial pressure are elevated, and finally leads to right ventricular (RV) failure and death.^{1–3} As described in left heart failure, RV adverse remodeling response to the increased afterload may also destroy its mechanical synchronicity. There are differences in the timing of contraction between the different myocardial segments.⁴ Recent study observed that the delayed contraction of basal and mid-RV free wall may be the main determinant of intraventricular dyssynchrony in patients with pulmonary hypertension.^{5,6} RV dyssynchrony even can be observed in patients with narrow QRS, and is strongly correlates with the extent of RV function impairment. Patients with higher RV dyssynchrony showed a more

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advanced WHO functional class (WHO-FC) and worse exercise tolerance and would predict clinical worsening in patients with PAH.^{7–9} However, the value of RV dyssynchrony to assess the mortality of idiopathic PAH has not been well defined. Therefore, we performed a study with a larger group of patients with idiopathic PAH, and extended the follow-up time to achieve their clinical outcomes to investigate correlations between RV dyssynchrony and the survival of idiopathic PAH.

Methods

Study population

This study included patients who were diagnosed as idiopathic PAH for the first time in our hospital from January 2010 to December 2014, who had underwent comprehensive clinical evaluation. Idiopathic PAH was established according to the guidelines¹⁰ by means of right heart catheterization (RHC). Other specific markers, including WHO-FC, 6-minute walking distance (6MWD) and standard transthoracic echocardiography parameters were sampled at the time of catheterization.¹¹ Patients with wide QRS (QRS \geq 120 ms), which may exert an electromechanical delay, were excluded.

Hemodynamics evaluation

RHC was performed using a standard protocol to measure the hemodynamic parameters, including the cardiac index (CI), pulmonary artery systolic pressure, pulmonary artery diastolic pressure (Pa dias), right ventricular systolic pressure, right ventricular end-diastolic pressure, mean right atrial pressure (MRAP), mixed venous oxygen saturation and pulmonary artery wedge pressure (PAWP). PVR was calculated as MPAP-PAWP, divided by cardiac output.

Standard echocardiographic evaluation

Standard transthoracic echocardiography was obtained with the Philips iE33 system, and images were analyzed offline after the procedure according to the recommendation.¹² RV end-diastolic area (RVEDA) and RV end-systolic area (RVESA) were obtained from the apical four-chamber view. RV fractional area change (RVFAC) was defined as (RVEDA–RVESA)/RVEDA × 100%. Tricuspid annular plane systolic excursion (TAPSE) was acquired by M-mode image, and the cursor was placed through the lateral tricuspid annulus, the displacement of which from the end-diastole to the end-systole was measured. Right ventricular end-systolic volume (RVESV) and right ventricular end-diastolic volume (RVEDV) were detected by threedimensional echocardiology, and right ventricular ejection fraction (RVEF) was calculated as (RVEDV–RVESV)/ RVEDV \times 100%.

A single experienced sonographer, who was blind of the clinical information of patients, performed image acquisition and analysis.

RV mechanical dyssynchrony analysis

RV mechanical dyssynchrony was analyzed by conventional two-dimensional speckle-tracking echocardiography. RV longitudinal strain was assessed in the apical four-chamber images with a frame rate of 70-80 frames/s. Automated software (CMQ, Q-lab 10.5, Philips) divided the apical four-chamber image into six standard segments (apical, middle and basal of the RV free wall and interventricular septum). Longitudinal strain curves were obtained for six RV segments (shown in Fig. 1) and time to peak-systolic strain (T_{peak}, from onset of QRS to the peak-systolic stain) of each segment was measured. As previous report and studies,^{7,9} time to peak for RV apical segments were more variable, so that we also use the four-segment RV (RV-SD4) model to calculate the synchronicity index. RV-SD4, the standard deviation (SD) of the heart rate-corrected T_{peak} of 4 mid-basal RV segments, was used for qualify RV dyssynchrony.

Endpoint and follow-up

All patients were followed up by outpatient clinic interview or telephone contact every six months from the date of referring to the hospital. The primary endpoint was all causes of mortality. Survival data were collected in a sixmonth interval.

Statistical analysis

All the analyses were performed using the Statistical Package for the Social Sciences software (SPSS, version 20.0). Continuous variables were presented as means \pm SD. Student's t-test and analysis of variance (ANOVA) were applied to compare the mean values of continuous variables, and Mann-Whitney U test for ordered variables. A Chisquared statistics test was used to assess the differences between proportions. Correlations between RV dyssynchrony and hemodynamic variables were explored using Spearman/Pearson's coefficient analysis. The prognostic value of RV dyssynchrony was tested by univariate and multivariate Cox proportional hazard regression analysis. Kaplan-Meier curves were used to illustrate the timing of endpoints during follow-up. The optimal cut-off value of RV dyssynchrony to predict mortality was determined by receiver operating characteristic (ROC) curve analysis. A *p*-value of ≤ 0.05 was considered statistically significant.



Fig. 1. Speckle-tracking strain imaging using the apical four-chamber view to assess RV dyssynchrony. The segmental (colored lines) strain curves represent the relative (percentage) shortening of the six regions of interest as a function of time (in milliseconds). The yellow dots in the segment strain curved represent the peak systolic strain of the segments. (a) A six-segment model of the right ventricle in a control subject; (b) An example of a patient with idiopathic PAH with RV-SD4 = 35 ms.

Results

Correlations of RV-SD4 with echocardiographic and hemodynamic parameters

Eleven patients were excluded because of poor image quality, and eventually 116 patients with idiopathic PAH were included in this study.

The mean age was 32 ± 10 years, and they are mainly female (75.8%). The baseline clinical, echocardiographic and hemodynamic characteristics of the study population are presented in Table 1.

Correlations between RV-SD4 with echocardiographic and hemodynamic parameters are detailed in Table 2. RV-SD4 had positive correlations with RVESV (r=0.562, p < 0.001), RVEDV (r=0.538, p < 0.001), PVR (r=0.368, p < 0.001), and negative correlations with TAPSE (r=-0.375, p < 0.001), RVFAC (r=-0.411, p < 0.001), RVEF (r=-0.349, p < 0.001) and CI (r=-0.445, p < 0.001).

Clinical characteristics based on RV dyssynchrony

All the patients were divided into three tertiles based on the RV-SD4. Characteristics of the patients in the three groups are shown in Table 3. There was a significant gradient in severity of most variables among the three groups.

Patients in the upper tertiles of RV dyssynchrony distribution experienced a more impaired WHO-FC, worse hemodynamic status and RV function. RV remodeling in the upper tertiles was also more significant, as RVEDV (165.2±63.1 vs. 108.6±40.8, 105.2±37.0 cm³, p < 0.001) and RVESV (124.9±55.7 vs. 78.6±32.5, 70.2±30.3 cm³, p < 0.001) were larger than the other groups. The plasma level of NT-proBNP of the intermediate and upper tertiles was higher than the lower tertile groups (1245.0±734.6, 1628.4±939.6 vs.1059.8±691.1 fmol/ml, p = 0.008), which means worse RV function in these patients.

Univariate and multivariate Cox proportional hazard analysis for parameters to predict mortality

The mean duration of follow-up was 41 ± 15 months. During this period, eight patients (7%) were lost, and 93% patients were followed up for at least three years or until death. There were 19 deaths (all causes) and most were died of right heart failure. The baseline clinical and hemodynamic characteristics of the deceased patients are described in Table 4. Among these patients, 18 were WHO-FC III at enrollment. Seventeen patients received PAH-specific drugs combined with conventional therapy as soon as the PAH diagnoses were confirmed. However, the other two patients only received conventional supportive therapy including diuretics, oxygen and digoxin because of financial issues. **Table 1.** The baseline clinical, echocardiographic and hemodynamiccharacteristic of the study population.

Table 2. Correlations between RV-SD4 and echocardiographic, hemodynamic parameters.

Variables	Values
Age (years)	32 ± 10
Female (n, %)	88 (75.9)
WHO-FC	
l, ll (n, %)	51 (44.0)
III (n, %)	62 (53.4)
IV (n, %)	3 (2.6)
Heart rate (beats/minute)	74 ± 12
Systolic blood pressure (mmHg)	114 ± 15
Diastolic blood pressure (mmHg)	74 ± 12
6MWD (m)	$422\pm\!82$
NT-proBNP (fmol/ml)	1306.0 ± 821.4
Echocardiographic parameters	
RVFAC (%)	29.1 ± 8.3
TAPSE (mm)	16.2 ± 3.5
LVEF (%)	65.0 ± 6.8
RVEDV (cm ³)	125.4 ± 54.8
RVESV (cm ³)	$\textbf{90.4} \pm \textbf{46.9}$
RVEF (%)	$\textbf{29.8} \pm \textbf{9.8}$
T _{peak} of basal-RVFW (ms)	$\textbf{429} \pm \textbf{70}$
T _{peak} of mid-RVFW (ms)	$\textbf{404} \pm \textbf{72}$
T _{peak} of basal-IS (ms)	414 ± 75
T _{peak} of mid-IS (ms)	396 ± 68
RV-SD4 (ms)	31 ± 23
Hemodynamic parameters	
MRAP (mmHg)	6 ± 5
MPAP (mmHg)	59 ± 18
PVR (wood units)	14.9 ± 7.5
CI (I/min/m ²)	2.7 ± 0.9
Target therapy	
Sildenafil (n, %)	70 (60.3)
Bosentan (n, %)	14 (12.1)
Ambrisentan (n, %)	6 (5.2)
Inhaled iloprost (n, %)	7 (6.1)
Calcium channel blockers (n, %)	15 (12.9)
None (n, %)	4 (3.4)

Note: Data are presented as n (%) and mean \pm SD. WHO-FC: World Health Organization functional class; 6MWD: 6-minute walking distance; LVEF: left ventricular ejection fraction; RVFAC: right ventricular fractional area change; TAPSE: tricuspid annular plane systolic excursion; RVEDV: right ventricular end-diastolic volume; RVESV: right ventricular end-systolic volume; RVEF: right ventricular ejection fraction; T_{peak}: time to peak-systolic strain; RVFW: right ventricular free wall; IS: interventricular septum; MRAP: mean right atrial pressure; MPAP: mean pulmonary arterial pressure; PVR: pulmonary vascular resistance; CI: cardiac index.

Compared with survivors, deceased patients had decreased 6MWD (386 ± 78 vs. 429 ± 82 m, p = 0.045), higher NT-proBNP (1728.0 ± 1148.6 vs. 1221.7 ± 717.8 fmol/ml, p = 0.014) and worse hemodynamics.

Univariate Cox regression analysis determined that TAPSE, RVFAC, RVEDV, RVEF, MRAP, CI, PVR and

	RV-SD4	
Variables	R	<i>p</i> -Value
Echocardiographic p	arameters	
TAPSE	-0.375	<0.001
RVESV	0.562	< 0.00 l
RVEDV	0.538	< 0.00 l
RVEF	-0.349	<0.001
LVEF	-0.230	0.018
RVFAC	-0.41 I	<0.001
Hemodynamic parar	neters	
MRAP	0.202	0.032
RVSP	0.154	0.099
RVEDP	0.213	0.022
MPAP	0.171	0.067
CI	-0.445	<0.001
PVR	0.368	<0.001

TAPSE: tricuspid annular plane systolic excursion; RVEDV: right ventricular enddiastolic volume; RVESV: right ventricular end-systolic volume; RVEF: right ventricular ejection fraction; LVEF: left ventricular ejection fraction; RVFAC: right ventricular fractional area change; MRAP: mean right atrial pressure; MPAP: mean pulmonary arterial pressure; PVR: pulmonary vascular resistance; Cl: cardiac index; RVSP: right ventricular systolic pressure; RVEDP: right ventricular end-diastolic pressure.

RV-SD4 were predictive factors for death. In multivariate Cox proportional hazard analysis, the results showed that RV-SD4 still had the ability to independently predict the mortality after adjusted by other factors (HR = 1.425, p < 0.001) (Table 5).

ROC curve analysis was performed to evaluate the utility of RV-SD4 as predictor for mortality. According to the ROC curve analysis, the cut-off value of RV-SD4 was 37.6 ms (AUC=0.812, p < 0.001), with a sensitivity of 84.2% and a specificity of 80.4%. The Kaplan–Meier survival analysis showed that patients with RV-SD4 > 37.6 ms had worse prognosis (Log-rank, p < 0.001; Fig. 2).

Reproducibility of RV-SD4

RV-SD4 was repeatedly measured in 20 randomly selected patients, and the interobserver and intraobserver variabilities are shown in Fig. 3, which was assessed by the Bland–Altman method. As a result, the reasonable reproducibility of intraventricular dyssynchrony evaluated by speckle-tracking echocardiography in this study was demonstrated.

Discussion

Idiopathic PAH is characterized by pulmonary vascular remodeling, which leads to elevated pulmonary artery

Variables	Lower tertiles $(n - 39)$	Intermediate tertiles $(n-39)$	Upper tertiles $(n - 39)$	b Valua
Variables	(11 = 57)	(1 = 37)	(11 = 38)	p-value
Age (years)	34 ± 10	31 ± 10	31 ± 11	0.402
WHO-FC				0.031
l, ll (n, %)	23 (59.0)	15 (38.5)	13 (34.2)	
III, IV (n,%)	16 (41.0)	24 (61.5)	25 (65.8)	
6MWD (m)	$\textbf{439} \pm \textbf{77}$	415 ± 82	411 ± 87	0.306
NT-proBNP (fmol/ml)	$\textbf{1059.8} \pm \textbf{691.1}$	1245.0 ± 734.6	$\textbf{1628.4} \pm \textbf{939.6}$	0.008
Echocardiographic parameters				
RVEDV (cm ³)	105.2 ± 37.0	108.6 ± 40.8	165.2 ± 63.1	<0.001
RVESV (cm ³)	$\textbf{70.2} \pm \textbf{30.3}$	$\textbf{78.6} \pm \textbf{32.5}$	124.9 ± 55.7	<0.001
RVEF (%)	$\textbf{34.6} \pm \textbf{9.4}$	$\textbf{28.0} \pm \textbf{8.5}$	$\textbf{26.3} \pm \textbf{9.6}$	<0.001
RVFAC (%)	$\textbf{33.2} \pm \textbf{9.8}$	$\textbf{29.1} \pm \textbf{7.5}$	25.0 ± 4.9	<0.001
TAPSE (mm)	17 ± 3	16 ± 3	15 ± 3	0.002
LVEF (%)	$\textbf{66.6} \pm \textbf{6.3}$	63.9±6.2	64.4±7.7	0.202
Hemodynamic parameters				
MRAP (mmHg)	5 ± 4	6 ± 5	7 ± 5	0.191
CI (I/min.m ²)	3.2 ± 1.0	$\textbf{2.7}\pm\textbf{0.6}$	2.2 ± 0.6	<0.001
MPAP (mmHg)	56 ± 18	58 ± 17	64 ± 17	0.131
PVR (wood units)	11.9±6.1	4. ±7.4	18.6 ± 7.5	<0.001

Table 3. Comparison between patients with idiopathic PAH based on RV dyssynchrony.

Note: Data are presented as n (%) and mean ± SD. WHO-FC: World Health Organization functional class; 6MWD: 6-minute walking distance; TAPSE: tricuspid annular plane systolic excursion; LVEF: left ventricular ejection fraction; RVFAC: right ventricular fractional area change; RVEDV: right ventricular end-diastolic volume; RVESV: right ventricular end-systolic volume; RVEF: right ventricular ejection fraction; MRAP: mean right atrial pressure; MPAP: mean pulmonary arterial pressure; PVR: pulmonary vascular resistance; CI: cardiac index.

Variables	Survivors (n = 97)	Non-survivors $(n = 19)$	p-Value
Age (years)	32 ± 10	31±13	0.806
Female (n, %)	78 (80.4)	10 (52.6)	<0.001
WHO-FC			<0.001
I/II (n, %)	47 (48.5)	4 (21.1)	
III/ IV (n, %)	50 (51.5)	15 (78.9)	
Heart rate (beats/minute)	74 ± 12	79 ± 11	0.035
Systolic blood pressure (mmHg)	114±14	III±19	0.469
Diastolic blood pressure (mmHg)	74 ± 12	$75\pm$ 13	0.655
6MWD (m)	$\textbf{429} \pm \textbf{82}$	386 ± 78	0.045
NT-proBNP (fmol/ml)	1221.7 ± 717.8	1728.0 \pm 1148.6	0.014
Echocardiographic parameters			
TAPSE (mm)	16.5 ± 3.5	14.6 ± 2.8	0.031
RVEDV (cm ³)	115.0 ± 47.5	175.2 ± 61.1	<0.001
RVESV (cm ³)	81.8 ± 41.8	131.4±49.3	<0.001
RVEF (%)	$\textbf{30.7} \pm \textbf{10.1}$	25.3 ± 6.1	0.027
LVEF (%)	65.4±6.9	62.9±5.9	0.182
RV-SD4 (ms)	$\textbf{25.9} \pm \textbf{20.5}$	$\textbf{54.2} \pm \textbf{22.9}$	<0.001
Hemodynamic parameters			
MRAP (mmHg)	5.0 ± 4.5	9.2 ± 4.2	<0.001
MPAP (mmHg)	57.9 ± 17.4	$\textbf{66.3} \pm \textbf{17.3}$	0.058
PVR (wood units)	13.8 ± 6.8	$\textbf{20.2} \pm \textbf{9.1}$	0.001
CI (I/min/m ²)	$\textbf{2.8}\pm\textbf{0.9}$	$\textbf{2.2}\pm\textbf{0.6}$	0.002

Table 4. Baseline demographics, and clinical and hemodynamic characteristic of the survival and deceased patients.

(continued)

Variables	Survivors (n = 97)	Non-survivors (n = 19)	p-Value
Target therapy (yes)	95 (97.9)	17 (89.4)	0.064
Sildenafil (n, %)	62 (63.9)	8 (42.1)	
Bosentan (n, %)	9 (9.3)	5 (26.3)	
Ambrisentan (n, %)	6 (6.2)	0 (0)	
Inhaled iloprost (n, %)	3 (3.1)	4 (21.1)	
Calcium channel blockers (n, %)	15 (15.4)	0 (0)	
None (n, %)	2 (2.1)	2 (10.5)	

Table I. Continued	Tabl	e 4.	Conti	nued
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Note: Data are presented as n (%) and mean \pm SD. WHO-FC: World Health Organization functional class; 6MWD: 6-minute walking distance; LVEF: left ventricular ejection fraction; RVFAC: right ventricular fractional area change; TAPSE: tricuspid annular plane systolic excursion; RVEDV: right ventricular end-diastolic volume; RVESV: right ventricular end-systolic volume; RVEF: right ventricular ejection fraction; MRAP: mean right atrial pressure; MPAP: mean pulmonary arterial pressure; PVR: pulmonary vascular resistance; CI: cardiac index.

Table 5. The results of univariate and multivariate Cox regression analysis for 116 patients with idiopathic PAH.

	Univariate Cox regression	Univariate Cox regression		Multivariate Cox regression	
Variables	Hazard ratio (95% CI)	p-Value	Hazard ratio (95% CI)	p-Value	
Echocardiographic paramete	ers				
TAPSE (mm)	0.852 (0.740-0.982)	0.026	1.066 (0.857–1.328)	0.565	
RVFAC (%)	0.932 (0.872-0.996)	0.037	0.994 (0.905-1.091)	0.893	
RVEDV (cm ³)	1.013 (1.006-1.021)	0.001	1.005 (0.994–1.016)	0.375	
RVEF (%)	0.946 (0.897-0.998)	0.043	1.025 (0.954–1.102)	0.497	
RV-SD4 (ms)	1.473 (1.237–1.755)	<0.001	1.425 (1.185–1.714)	<0.001	
Hemodynamic parameters					
MRAP (mmHg)	1.115 (1.033–1.203)	0.005	1.166 (1.058–1.286)	0.002	
MPAP (mmHg)	1.017 (0.996-1.039)	0.111	_	_	
CI (l/min.m ²)	0.208 (0.077-0.567)	0.002	1.068 (0.326-3.502)	0.913	
PVR (wood units)	1.075 (1.031–1.122)	0.001	1.005 (0.994–1.016)	0.078	

WHO-FC: World Health Organization functional class; 6MWD: 6-minute walking distance; MRAP: mean right atrial pressure; MPAP: mean pulmonary arterial pressure; PVR: pulmonary vascular resistance; CI: cardiac index. RVFAC: right ventricular fractional area change; TAPSE: tricuspid annular plane systolic excursion; RVESV: right ventricular end-systolic volume.

pressure and RV failure. RV remodeling responses to chronic pulmonary hypertension is a major cause of RV failure,^{1,2,13-15} which often includes the adaptive stage and maladaptive stage. The former is associated with more concentric remodeling and preserved systolic function, whereas the latter is characterized by more eccentric hypertrophy and worse systolic function.^{16,17} Extensive investigations concerning left ventricular dyssynchrony suggest that exploration synchronicity of the RV may be a productive approach to understand RV dysfunction in PAH. Previous studies^{18–20} suggest that RV dyssynchrony is a marker of maladaptive remodeling and more severe dysfunction. In our study, we also found patients with greater RV dilatation had more significant RV dyssynchrony and poor pump function.

In contrast to the well-studied pathophysiology of LV dyssynchrony, the underlying mechanisms of dyssynchrony

in the right ventricle remain largely unexplored. Recently, Gabrielli et al.²¹ showed that in patients with PAH iloprost inhalation induced an acute reduction in RV peak systolic strain dyssynchrony index together with a better RV performance. Iloprost inhalation has been widely used in patients with PAH and is proved to be able to improve their hemodynamics. In this study, patients with $QRS \ge 120 \text{ ms}$ were excluded, so an acute RV afterload reduction with inhaled iloprost may explain these changes in RV synchronicity. In concordance with recent study, we also showed patients with higher pulmonary arterial pressure and resistance demonstrated significant RV dyssynchrony. The differential effect of elevated pressure overload on RV regional contractility might be attributed to the uneven distribution of mechanical properties across each RV segment caused by the complex structure and the distortion imposed by RV remodeling.

Outcome prediction in patients with idiopathic PAH has been extensively studied. One consistent finding among studies is that survival in idiopathic PAH is closely related to the status of RV rather than the increased pressure overload.^{22,23} Studies about hemodynamics had demonstrated the predictive value of MRAP and CI;^{24–26} magnetic resonance imaging studies had proved the value of stroke volume and RVEF.^{23,27,28} Echocardiographic studies found TAPSE and RVFAC had the predictive value in PAH.^{29,30} Because hemodynamics assessed by RHC is invasive and magnetic resonance imaging is more expensive, echocardiography is the most common and convenient method used to evaluate RV function. RV dyssynchrony had been described by speckle-tracking echocardiography. Researches by Murata et al.³¹ and Badagliacca et al.⁹ had also discovered the prognosis value of RV dyssynchrony. However, the prior study included a heterogeneous population of PH patients in terms of etiology, which are different in the natural progress and prognosis and may affect the results. In addition, in the



Fig. 2. Kaplan–Meier survival curve for the idiopathic PAH patients with RV-SD4 $>37.6\,ms$ or RV-SD4 $<37.6\,ms.$

two studies, the endpoint was complicated. For example, hospitalization and worsening in exercise capacity were regarded as primary outcome. As we know, we reported for the first time the association between RV dyssynchrony and the mortality of idiopathic PAH. Our study emphasized that the RV dyssynchrony is a predictor of survival in patients with idiopathic PAH, and after adjusting by MRAP, CI, TAPSE and RVFAC, RV dyssynchrony could independently predict survival.

This study had several limitations. Firstly, the main limitation is the two-dimensional approach. We assessed RV synchronicity only in the apical four-chamber view. and RV free wall is not seen in its full extent. However, the apical four-chamber view mainly encompasses the lateral portion of the free wall and interventricular septum, which account for a significant part of RV function through its longitudinal shortening according to the earlier study.^{32,33} Therefore, although far from conclusive, this approach might provide a relatively accurate model to evaluate RV synchronicity. Secondly, this was an observational study and was not able to provide information about the possible pathophysiologic mechanisms that underlie dyssynchrony in the right ventricle. Different from left heart failure, dilated right ventricle could also present with dyssynchrony in the absence of right bundle branch block. As in previous researches, RV dyssynchrony partners with adverse RV remodeling and dysfunction were seen in idiopathic PAH, but it is not clear whether RV dyssynchrony is the cause of RV dysfunction or just one of its marker. The mechanisms of RV dyssynchrony and its clinical use wait testing in the forge of additional research. At last, this study involved patients from a particular center. Therefore, we cannot exclude the possibility of biased estimates for the prevalence and degree of RV dyssynchrony in idiopathic PAH. Future studies with larger patient populations from multiple centers are necessary to verify the results.



Fig. 3. Interobserver (a) and intraobserver (b) reproducibility Bland-Altman plots for the right ventricular dyssynchrony (RV-SD4).

In conclusion, RV dyssynchrony analyzed by speckletracking echocardiography provided added value to RHC and standard echocardiography in evaluating the survival of patients with idiopathic PAH.

Authors' contribution

X-LC, B-YL: Study design, statistical analysis and manuscript editing; W-CW, HW: Echocardiographic image acquisition and analysis; WL, LH, TY: Literature research and follow-up of the patients; Z-HL: Manuscript revision; J-GH, C-MX: In charge of the entire study and manuscript final version approval.

Conflict of interest

The author(s) declare that there is no conflict of interest.

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Ethical approval

This study complied with the Declaration of Helsinki and was approved by the Institutional Review Board of Fuwai Hospital (ethical approval no. 2018-1063).

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