ORIGINAL PAPER

The antibiotic resistance profles of *Pseudomonas aeruginosa* **in the Asia Cornea Society Infectious Keratitis Study**

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Received: 4 February 2024 / Accepted: 29 July 2024 © The Author(s) 2024

Abstract

Purpose To describe the prevalence and antibiotic resistance profles of *Pseudomonas aeruginosa* isolated from the Asia Cornea Society Infectious Keratitis Study (ACSIKS).

Methods All bacterial isolates from ACSIKS underwent repeat microbiological identifcation in a central repository in Singapore. Minimum inhibitory concentration (MIC) determination was conducted

Supplementary Information The online version contains supplementary material available at [https://doi.](https://doi.org/10.1007/s10792-024-03270-y) [org/10.1007/s10792-024-03270-y](https://doi.org/10.1007/s10792-024-03270-y).

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Published online: 31 August 2024

for isolates of *P. aeruginosa* against thirteen antibiotics from 6 diferent classes, and categorized based on Clinical Laboratory Standard Institutes' reference ranges. The percentage rates of resistance (non-susceptibility) to each antibiotic included isolates of both intermediate and complete resistance. Multi-drug resistance (MDR) was defned as non-susceptibility to at least one agent in three or more antimicrobial classes.

Results Of the 1493 unique bacterial specimens obtained from ACSIKS, 319 isolates were of *P. aeruginosa.* The majority of isolates were from centers in India (n=118, 37%), Singapore (n=90, 28.2%),

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Hong Kong $(n=31, 9.7\%)$ and Thailand $(n=30,$ 9.4%). The cumulative antibiotic resistance rate was the greatest for polymyxin B (100%), ciprofoxacin (17.6%) and moxifoxacin (16.9%), and lowest for cefepime (11.6%) and amikacin (13.5%). Isolates from India demonstrated the highest antibiotic resistance rates of all the centers, and included moxifoxacin (47.5%) and ciprofoxacin (39.8%). Forty-eight of the 59 MDR isolates also originated from India. Antibiotic resistance rates were signifcantly lower in the other ACSIKS centers, and were typically less than 10%.

Conclusions The antibiotic resistance profles of *P. aeruginosa* varied between diferent countries. While it was low for most countries, substantial antibiotic resistance and a signifcant number of multi-drug resistant isolates were noted in the centers from India.

Keywords *Pseudomonas aeruginosa* · Antibacterial agents · Anti-infective agents · Prevalence · Keratitis · Drug resistance, multiple · Cornea

Introduction

The multi-national, multi-center Asia Cornea Society Infectious Keratitis Study (ACSIKS) established a comparative baseline description of the risk factors, microbiology, and outcomes of infectious keratitis in developed and developing Asian countries [[1](#page-8-0), [2](#page-8-1)]. Amongst its objectives was to provide local data on the common pathogens for infection in these countries. The observational study isolated more than 2800 unique microorganisms, of which the most commonly isolated bacterial pathogen was *Pseudomonas aeruginosa* [\[1](#page-8-0)]*.*

P. aeruginosa is an opportunistic gram-negative organism that is a common cause of infectious keratitis worldwide [[3–](#page-8-2)[5\]](#page-8-3). Infectious keratitis from *P. aeruginosa* is strongly linked with contact lens use [\[2](#page-8-1), [4](#page-8-4)], but it can also be associated with ophthalmic surgery, ocular trauma, and eyes with poor ocular surface

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health [\[4](#page-8-4)]. The virulence of *P. aeruginosa* can result in severe, progressive infection that rapidly leads to cornea melting, perforation and loss of the eye, unless immediate and efective antibiotic treatment is instituted. The increasing number of reports of multidrug resistant (MDR) strains of *P. aeruginosa* is thus a great cause for concern [[6–](#page-9-0)[8\]](#page-9-1).

At the conclusion of the ACSIKS observational study, all bacterial and fungal isolates cultured from study participants were stored in deep freeze and sent to central repositories in Singapore and India for repeat identifcation and analysis. This paper outlines the antibiotic resistance profles of isolates of *P. aeruginosa* analyzed in this laboratory study.

Methods and materials

ACSIKS Phase 1 study design and methodology

The ACSIKS study design and methodology has been previously published [\[1](#page-8-0)] and will be summarized here. ACSIKS Phase 1 was a multi-center, prospective observational study of infectious keratitis presenting to study centers in eight countries (India, China, Japan, South Korea, Taiwan, Thailand, the Philippines and Singapore). Each center recruited all cases of infectious keratitis presenting over 12 months and each study patient was observed for 6 months. Phase 1 enrolled 6563 patients between 1 April 2012 and 31 March 2014. The observational study was later expanded, with 3 additional study sites in Hong Kong (where 331 patients were recruited from 21 Nov 2014 to 18 March 2016) and one site in northern India (where an additional 482 patients were enrolled from 1 April 2017 to 30 April 2019). Most sites were dedicated ophthalmology institutes or ophthalmology departments in major hospitals providing tertiary-level ophthalmic care (Appendix 1: ACSIKS Group; Supplemental Material).

During ACSIKS Phase 1, corneal scrapings and/or corneal biopsies were routinely collected to identify the causative organism for the infection, regardless of lesion size and severity. The only exception was for suspected viral infections, as these are typically diagnosed clinically, and identifcation of viruses (through cell cultures or polymerase chain reaction testing) was not available at every study centers. All specimens were incubated according to a standardized set of conditions (Appendix 2: ACSIKS Phase 1

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Standard Microbiological Investigations and Incubation Conditions; Supplemental Material).

All fungal and bacterial organisms isolated from study patients were sub-cultured and transferred into Microbank vials (Pro-Lab Diagnostics, Round Rock, TX, USA) for storage in dedicated ultra-low deep freezers $(-80 \degree C)$ at each study center. At least two samples of each isolate were kept, so that by the end of the study each center would retain one sample for their own research, while the second sample would be sent to the central repositories located in Singapore and India for ACSIKS Phase 2.

ACSIKS Phase 2 methodology

ACSIKS Phase 2 is an on-going microbiological initiative to study isolates obtained from ACSIKS Phase 1. All bacterial isolates were sent to the central repository in Singapore, where they were re-identifed and had their antibiotic resistance patterns re-evaluated. Similarly, all fungal isolates have been sent to the central repository in India for similar studies.

Between 2015 and 2019, the Diagnostic Bacteriology Laboratory of the Department of Microbiology in the Singapore General Hospital subcultured all bacterial isolates from the Microbank vials onto Trypticase soy agar with 5% sheep blood, and incubated them at 35°C. Identifcation was then performed using Matrix Assisted Laser Desorption Ionization—Time of Flight (MALDI-ToF), utilizing the MALDI Biotyper (Bruker Daltonics, Bremen, Germany). Additional tests (eg biochemical sugar tests) were done where necessary.

Bacterial isolates were then provided to the Singapore Eye Research Institute for minimum inhibitory concentration (MIC) determination. MIC was determined using the broth microdilution method procedures as per Clinical Laboratory Standard Institutes (CLSI) guidelines. Each glycerol bead from the Microbank vials was isolated and cultures were grown on Tryptic soy agar plates overnight at 35°C. Selected colonies were picked from the overnight growth of bacterial culture, suspended in demineralized water and vigorously vortexed to obtain a homogenous suspension. The turbidity of suspension was adjusted to 0.5 McFarland standard and the precise turbidity confrmed by Nephelometer (Sensititre, Cat. #YV3011, Thermo Fisher Scientifc, MA, USA). Fifty microlitres was aliquoted from the adjusted 0.5 McFarland bacterial suspension and subsequently added to the Cation Adjusted Mueller

Hinton Broth to a final concentration of $10⁵ - 10⁶$ CFU/ mL. Fifty microlitres of inoculation broth were transferred accurately into a customized 96-well plate [(Sensititre, Cat. #YSGCML1F, Thermo Fisher Scientifc, MA, USA) plate panel: CML1FASC]. All the 96-well plates were labelled, sealed accordingly and incubated at 35 °C for 24 h. The plates were loaded on to the Sensititre Vizion Plate reader (Thermo Fisher Scientifc, MA, USA) for reading. All the growths appeared as turbidity or as deposit of cells at the bottom of a well. Positive growths were read frst before proceeding to read the MIC results. Test results were considered to be invalid if the plate showed more than single skipped wells or if mixed cultures were detected on the plates. All the samples were analysed using the SWIN Software System (Sensititre, Cat. #YSW100COMP, Thermo Fisher Scientifc, MA, USA).

A total of 13 representative antibiotics from 6 different classes were used for this study on *P. aeruginosa* (Table [1\)](#page-3-0). The customized plates for *P. aeruginosa* were designed based on the recommended CLSI reference ranges. This study used *P. aeruginosa* ATCC 27853 and *P. aeruginosa* ATCC 9027 strains as the quality control for every batch conducted. These strains achieved MIC within the reference ranges (Table [1](#page-3-0)) and all the tested *P. aeruginosa* isolates were categorized as susceptible, intermediate or resistant as recommended by the current CLSI standards [[9](#page-9-2)]. A notable diference between previous CLSI guidelines [\[10\]](#page-9-3) (which the ACSIKS observational study referenced for susceptibility testing) and the current version is the removal of the "susceptible" category from polymyxin B, such that the antibiotic is deemed to have only intermediate or full resistance against *P. aeruginosa*. Furthermore, as moxifoxacin and besifoxacin do not have MIC reference ranges listed in the CLSI guidelines, clinical isolates with an MIC that was more than or equal to four times the MIC of the quality control strains were characterised as resistant, following the work of Mei et al. [[11](#page-9-4)].

In accordance with previously-published guidelines, isolates that were categorized with either intermediate or full resistance were considered to be resistant (non-susceptible) to the antibiotic tested [\[12](#page-9-5)]. Similarly, multidrug resistance (MDR) was defned as non-susceptibility to at least one agent, in three or more antimicrobial categories. Extensive drug resistance (XDR) was defned as non-susceptibility to at least one agent in all but two or fewer antimicrobial categories (i.e. bacterial isolates remain susceptible to only one or two categories), and

Antibiotic	Minimum inhibitory concentration breakpoints (μg/mL) and interpreta- tion criteria		
		Susceptible Intermediate Resistant	
Amikacin	≤ 16	32	≥ 64
Besifloxacin ^a	\leq 2	NA	≥ 8
Cefepime	≤ 8	16	\geq 32
Ceftazidime	≤ 8	16	\geq 32
Ciprofloxacin	≤ 0.5	1	\geq 2
Gatifloxacin	\leq 2	4	≥ 8
Gentamicin	\leq 4	8	≥ 16
Imipenem	\leq 2	4	≥ 8
Levofloxacin	\leq 1	2	\geq 4
Moxifloxacin ^a	\leq 2	NA	≥ 8
Piperacillin/Tazobac- tam	$\leq 16/4$	32/4-64/4	\geq 128/4
Polymyxin B	NA	\leq 2	\geq 4
Tobramycin	\leq 4	8	≥ 16

Table 1 Antibiotic susceptibility reference ranges for *Pseudomonas aeruginosa*

a Clinical Laboratory Standard Institutes breakpoints are unavailable for besifoxacin and moxifoxacin. Clinical isolates with a minimum inhibitory concentration of more than or equal to four times the minimum inhibitory breakpoint of the quality control strains were characterised as resistant, following the work of Mei et al. [\[11\]](#page-9-4)

pan drug resistance (PDR) was defned as non-susceptibility to all agents in all antimicrobial categories (i.e. no agents tested as susceptible for that organism).

Ethics

This study adhered to the tenets of the Declaration of Helsinki. Institutional Review Board review was waived for this study as only bacterial isolates with no patient identifers were provided for this laboratory study.

Results

A total of 1493 unique bacterial specimens were identifed; the majority of specimens (80.2%) were from India (n=606, 40.6%), Hong Kong (n=232,15.5%), Singapore $(n=185, 12.4\%)$ and Japan $(n=175,$ 11.7%) (Table [2\)](#page-3-1).

Furthermore, 321 isolates of *Pseudomonas* species were confrmed, of which 319 isolates were of *P.* **Table 2** Number of bacterial isolates in the Asia Cornea Society Infectious Keratitis Study, analyzed by country

aeruginosa, one of *Pseudomonas putida*, and one of *Pseudomonas otitis*.

Cumulative antibiotic resistance rates for *Pseudomonas aeruginosa*

While isolates of *P. aeruginosa* were received from all the study centers in ACSIKS, the majority of these isolates were from centers in India $(n=118, 37.0\%),$ Singapore (n=90, 28.2%), Hong Kong (n=31, 9.7%) and Thailand ($n=30$, 9.4%) (Table [3\)](#page-4-0).

The cumulative antibiotic susceptibility results are presented in Fig. [1](#page-4-1). Of the 319 isolates tested, resistance rates were highest for polymyxin B (100%), ciprofloxacin (17.6%) and moxifoxacin (16.9%), while rates were lowest for cefepime (11.6%) and amikacin (13.5%) (Table [4\)](#page-5-0). In the class of fuoroquinolone antibiotics, the resistance rates ranged between 15.4% (besifoxacin and levofoxacin) and 17.6% (ciprofoxacin).

Multidrug resistance was noted in 59 isolates of *P. aeruginosa*; 48 isolates were from India, 4 from Singapore, 2 from Thailand, and 1 each from China, Japan, Korea, the Philippines and Taiwan. Of these, 31 isolates were found to have extensive drug resistance, and 3 were found to have pan-resistance to all the antibiotics tested.

Antibiotic resistance rates by selected countries

Further analysis of the antibiotic resistance rates was conducted for countries and territories with a total of

Table 3 Number of isolates of *Pseudomonas aeruginosa* in the Asia Cornea Society Infectious Keratitis Study*,* analyzed by country

Country	n	%
India	118	37.0
Singapore	90	28.2
Hong Kong	31	9.7
Thailand	30	9.4
Taiwan	19	6.0
Philippines	12	3.8
South Korea	9	2.8
Japan	6	1.9
China	4	1.3
Total	319	100.0

30 or more isolates of *P. aeruginosa*, namely India, Thailand, Hong Kong and Singapore.

Isolates from India were noted to have the highest antibiotic resistance rates of all the ACSIKS study centers (Table [5](#page-5-1)). Of note was that resistance to the fuoroquinolones was common, such as moxifoxacin (47.5%) , ciprofloxacin (39.8%) and besifioxacin/gatifloxacin/levofloxacin (all at 38.1%). In fact, resistance rates to all the antibiotics tested was 30% or greater. Furthermore, 48 of the 59 MDR isolates of *P. aeruginosa* (and all isolates with XDR and PDR) originated from the centers in India.

Conversely, antibiotic resistance rates in Thailand (Table [6\)](#page-6-0) and Singapore (Table [7\)](#page-6-1) were generally less than 7–8%, with the exception of polymyxin B. Sporadic resistance was seen in the fuoroquinolones, and the antipseudomonal cephalosporins, carbapenems and penicillins. There were 2 MDR isolates from Thailand and 4 MDR isolates from Singapore. All isolates from these two countries were susceptible to the aminoglycosides tested.

Isolates from Hong Kong (Table [8](#page-7-0)) were susceptible to all the antibiotics tested, with the exception of polymyxin B and a single isolate with intermediate resistance to gatifoxacin. None of the isolates from Hong Kong had multidrug resistance.

Discussion

Over the course of ACSIKS Phase 1, more than 7300 subjects with infectious keratitis were recruited, making this one of the largest prospective observational

Fig. 1 Cumulative antibiotic resistance profle of 319 isolates of *Pseudomonas aeruginosa* in ACSIKS Phase 2 [%]

Table 4 Cumulative antibiotic resistance profle of isolates of *Pseudomonas aeruginosa* (n=319)

* NA: not applicable

Table 5 Antibiotic resistance profle of isolates of Pseudomo *aeruginosa* from Ind $(n=118)$

* NA: not applicable

studies on infectious keratitis ever conducted in Asia. Outside of India and China, bacterial infections are the predominant cause for infectious keratitis, and our Phase 2 results confrm *P. aeruginosa* to be the most common bacterial pathogen isolated.

MIC testing revealed that the cumulative antibiotic resistance of *P aeruginosa* ranged between 11.6 and 17.6% for the antibiotics tested (with the exception of 100% non-susceptibility to polymyxin B with current CLSI guidelines). Among the fuoroquinolones with well-defined CLSI breakpoints, ciprofloxacin resistance was slightly higher than levofoxacin and gatifoxacin. Comparing our isolates with those in the ARMOR study $[5]$ $[5]$, MIC₉₀ values for the fluoroquinolones were 4 to 32 times higher in our study. These are all of concern, as topical fuoroquinolones have become the antibiotics of choice for the treatment of infectious keratitis, due to their broad spectrum of activity, low toxicity, and wide-spread commercial availability [\[13](#page-9-6), [14](#page-9-7)]. Previous randomized controlled trials have also demonstrated the efficacy of fuoroquinolone monotherapy to the use of broadspectrum fortifed antibiotics [\[15](#page-9-8)[–18](#page-9-9)]. The fourth generation fuoroquinolones (such as moxifoxacin

Table 6 Antibiotic resistance profle of isolates of *Pseudomonas aeruginosa* from Thailand

 $(n=30)$

NA: not applicable

Table 7 Antibiotic resistance profle of isolates of *Pseudomonas aeruginosa* from Singapore $(n=90)$

NA: not applicable

and besifoxacin) target both DNA gyrase and topoisomerase IV in bacteria, and at the time that these antibiotics were introduced, it was believed that they would be at lesser risk of encountering antibiotic resistance since two mutations rather than one would be required to develop resistance [\[19](#page-9-10)]. However, studies would soon emerge from South India that documented high MIC levels for moxifoxacin in *P. aeruginosa* and *Nocardia* spp, [\[20](#page-9-11)] as well as a sharp increase in the percentage of *P. aeruginosa* isolates that were resistant to moxifoxacin between 2007 and 2009 [[21\]](#page-9-12). The resistance results from ACSIKS (with isolates gathered from 2012 to 2019) demonstrates

that resistance to moxifoxacin continues to be present in India, and to a lesser extent in other countries.

Ciprofoxacin remains a reasonable choice for the targeted treatment of susceptible *P. aeruginosa*. However, gatifoxacin and levofoxacin have increased coverage against gram positive bacteria, making them suitable broad-spectrum antibiotics for the empiric treatment of bacterial keratitis. Levofoxacin is also the fuoroquinolone with the highest concentration (1.5%) available in a commercially-prepared eye drop; it has greater bioavailability and intraocular penetration [[22,](#page-9-13) [23](#page-9-14)] compared to existing fuoroquinolone eye drops, and this may further increase its

Table 8 Antibiotic resistance profle of isolates of *Pseudomonas aeruginosa* from Hong Kong $(n=31)$

NA: not applicable

potency given that fuoroquinolones are concentration-dependent agents. Experimental studies have even suggested that levofoxacin 1.5% may be efective against resistant strains of *P. aeruginosa*, [[24,](#page-9-15) [25\]](#page-9-16) although further clinical studies will be needed to clarify this.

Beyond fuoroquinolone resistance, ACSIKS Phase 2 has also identifed multiple MDR and even PDR isolates of *P. aeruginosa*. Antibiotic drug resistance is an increasing concern globally [\[12](#page-9-5), [26](#page-9-17)], and emergence of MDR bacteria has afected all disciplines in medicine, including ophthalmology. Drug resistant bacterial keratitis may render frst or second line antibiotics inefective, and ophthalmologists may have little choice but to use more toxic and/or more expensive antibiotics to treat these cornea infections. Resistant infections can also lead to prolonged treatment, or result in treatment failure with complications such as cornea perforation and endophthalmitis [\[6](#page-9-0), [7](#page-9-18)]. *P. aeruginosa* is part of the ESKAPE group of pathogens commonly associated with increases in antimicrobial resistance [\[27](#page-9-19)]. It has also been identifed by the World Health Organization as one of the top three "priority 1" pathogens urgently requiring development of new antibiotics for efective treatment of infection [[28\]](#page-9-20).

The centers in India had isolates with the highest antibiotic resistance rates of all the ACSIKS study centers (more than 30% on average), and also contributed the majority of the MDR isolates from the Phase 1 study. Outside of India, antibiotic resistance was typically 10% or less in the other ACSIKS centers. A survey of global antibiotic resistance performed prior to 2008 noted the higher incidence of resistance to ciprofoxacin in *P. aeruginosa* isolates from India (greater than 20%), as compared to other countries such as Australia and North America [\[29](#page-9-21)]. Similarly, the ARMOR studies in the USA demonstrated low and stable levels of antibiotic resistance in *P. aeruginosa* isolates from ocular and cornea samples between 2009 and 2019 [\[5](#page-8-3)]. Possible reasons for this increasing antibiotic resistance in India include the misuse or overuse of antibiotics [\[26](#page-9-17)]. Indian regulation of antibiotic prescription is weak and medications can be sold over the counter without prescription, which encourages widespread misuse [\[30](#page-9-22)]. Counterfeit and substandard antibiotics have also been reported [\[30](#page-9-22)]. Extensive use of antibiotics in agriculture (prevalent in India, but also in countries such as the United States), is also contributing to antibiotic resistance in environmental bacteria, which may in turn result in more virulent infections in humans [[26\]](#page-9-17).

We acknowledge the potential limitations to this study. Firstly, given the wide diferences between Asian countries in terms of population demographics, economic development and access to healthcare, bacterial specimens isolated by the individual ACSIKS study centers may not be representative of the entire country. Secondly, the ASCIKS study centers are tertiary eyecare referral centers, thus infections encountered are possibly more severe and there may be an over-representation of drug resistant isolates of *P.*

aeruginosa. Thirdly, there is also a wide variation in the number of *P. aeruginosa* isolates contributed by each country, with a large percentage of drug-resistant samples from India. The cumulative resistance rates described here will need to be interpreted with this in mind, although it this does refect the realworld situation of infectious keratitis in Asia. Finally, the use of systemic break points for the interpretation of bacterial resistance of ocular isolates may not be absolute, as topical antibiotics may result in higher concentrations on the ocular surface and so resistance rates may actually be lower in clinical practice. This may be particularly relevant to polymyxin B, as the antibiotic is now deemed to have only intermediate or full resistance against *P. aeruginosa*; and moxifoxacin and besifoxacin, for which there were no established MIC ranges in the CLSI guidelines for susceptibility. Nonetheless, in the absence of eye-specifc criteria, the adoption of systemic break points for ocular isolates remains a useful standard for comparison of bacterial resistance rates across countries and centers. In spite of these limitations, it is hoped that the data presented here will serve as a baseline for describing and understanding the antibiotic resistance profles of *P. aeruginosa* in this region, and help ophthalmologists in making informed and prudent antibiotic choices in the management of infectious keratitis.

Author contributions All authors contributed to the study conception and design. Material preparation, data collection and analysis were performed by WBK, RL, MHP and DTHT. The frst draft of the manuscript was written by WBK and all authors commented on previous versions of the manuscript. All authors read and approved the fnal manuscript.

Funding The original Asia Cornea Society Infectious Keratitis Study was funded by the following organizations: Asia Cornea Foundation, Singapore; Alcon, TX, USA; Allergan, Ireland; Bausch & Lomb, NY, USA; Santen Pharmaceutical, Japan; Project Orbis, NY, USA. None of the sponsors or funding organizations had a role in this study's design; in the collection, analysis and interpretation of data; in the writing of the report; nor in the decision to submit the article for publication.

Data availability The data that support the fndings of this study are available from the authors but restrictions apply to the availability of these data, which was supplied by the Asia Cornea Society. The data are available upon reasonable request with written permission by the Asia Cornea Society.

Declarations

Confict of interest Wei-Boon Khor has received honorarium by Santen Pharmaceuticals for presentations; and received support by the Asia Cornea Society for meetings. Jodhbir S. Mehta and Donald TH Tan are co-inventors of the EndoGlide, and have fnancial interests in the device (AngioTech, Reading, Pennsylvania, USA/Network Medical Products, North Yorkshire, UK). Ai Ling Tan has received honorarium for lectures from the Singapore Association of Pharmaceutical Industries. The following authors have no relevant fnancial or non-fnancial interests to disclose.: Rajamani Lakshminarayanan, Venkatesh Prajna, Prashant Garg, Namrata Sharma, Alvin Young, Panida Goseyarakwong, Vilavun Puangsricharern, Mercy Halleluyah Periayah, Roger Beuerman.

Ethical approval This study adhered to the tenets of the Declaration of Helsinki. Ethics review was waived for this study by the SingHealth Institutional Review Board as only bacterial isolates with no patient identifers were provided for this laboratory study.

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