

Spotlight on afatinib and its potential in the treatment of squamous cell lung cancer: the evidence so far

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Abstract: Compared to adenocarcinoma, fewer effective treatment options are available for advanced or metastatic squamous cell carcinoma (SCC) of the lung. Afatinib is an orally administered, irreversible EGFR antagonist. As a second-generation tyrosine kinase inhibitor, it has been applied in the treatment of patients with EGFR-mutant non-small-cell lung cancer. Recently, several clinical trials have shown that afatinib leads to a significant improvement in progression-free survival and overall survival of patients with SCC. Moving forward, afatinib should be one of the options among tyrosine kinase inhibitors, monoclonal antibodies, and cytotoxicity chemotherapy drugs for SCC.

Keywords: afatinib, squamous cell carcinoma, EGFR, tyrosine kinase inhibitor, non-small-cell lung cancer, ErbB

Introduction

Lung cancer remains the leading cause of cancer deaths for both males and females in the US, with an estimated 221,200 new cases and an estimated 158,040 deaths from the disease in 2015. Among ten leading cancer types, lung cancer ranks number one for mortality for both sexes, 28% in males and 26% in females. Despite major research efforts, overall survival (OS) remains dismally low, as only 18% of all patients with lung cancer are expected to survive 5 years after diagnosis.¹ Non-small-cell lung cancer (NSCLC) accounts for ~85% of lung tumor diagnoses. About 20%–30% of NSCLC cases are squamous cell carcinomas (SCCs).² Due to its strong association with smoking, SCC used to be the most common NSCLC subtype, though its relative incidence rate reduces as smoking behavior changes.³ For patients with early-stage disease, treatment options for SCC and other subtypes of NSCLC are very similar. Patients without metastatic mediastinal lymph nodes should go through surgical evaluation, and some should receive adjuvant chemotherapy after resection of the primary lesions.⁴ Unfortunately, many NSCLC patients succumb to metastatic disease or progressed disease after local treatment surgery or radiotherapy. In the past decade, the discovery of the so-called driver gene mutations such as the mutations of EGFR and ALK have led to some drastic improvement in personalized targeted therapy for metastatic lung adenocarcinoma.^{5–7} However, no such serviceable molecular target exists for SCC. Patients with SCC are treated with widely used platinum-based chemotherapy. Therapies recently developed for lung adenocarcinoma such as pemetrexed, bevacizumab, and EGFR tyrosine kinase inhibitors (TKIs) are unsuitable for or mostly ineffective in lung SCC.^{8–10} For these reasons, the identification of

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effective molecular target for drug therapy of SCC is a top research task.

Afatinib is a second-generation EGFR TKI, which is able to block EGFR, HER2, and HER4 kinases covalently and irreversibly.¹¹ To date, it has demonstrated properties to be developed into a hopeful therapeutic for two main diseases, NSCLC and head and neck SCC.^{12,13} In 2013, it was approved as a first-line treatment for metastatic NSCLC with common EGFR mutations.^{14,15} The purpose of this article is to focus on the role of afatinib in the therapy of SCC.

The profile of afatinib and EGFR family

Afatinib (Gilotrif[®], BIBW 2992) is an ATP-competitive anilinoquinazoline derivative harboring a reactive acrylamide group, competent for covalent binding to and irreversible blocking of EGFR, HER2, and HER4.¹⁶ The chemical name of afatinib is 2-butenamide, *N*-[4-[(3-chloro-4-fluorophenyl)amino]-7-[[[(3*S*)-tetrahydro-3-furanyl]oxy]-6-quinazoliny]-4-(dimethylamino)-, (2*E*)-, (2*Z*)-2-butenedioate(1:2), and it has a chemical structural formula of C₃₂H₃₃ClFN₅O₁₁ (Figure 1).^{17,18}

EGFRs form a subgroup of the receptor tyrosine kinase family which includes four members: EGFR (HER1/ErbB1), HER2/ErbB2, HER3/ErbB3, and HER4/ErbB4. Every EGFR family member contains an extracellular binding domain, a transmembrane region, and a cytoplasmic tyrosine kinase domain. These receptors are activated by ligand binding, and the activation stimulates several intracellular signaling pathways. Two of these, the MAPK pathway and the PI3K–AKT pathway, play very important roles in tumorigenesis.¹⁹ Activation of the MAPK and PI3K–AKT pathways leads to many downstream events, such as self-sufficient growth,

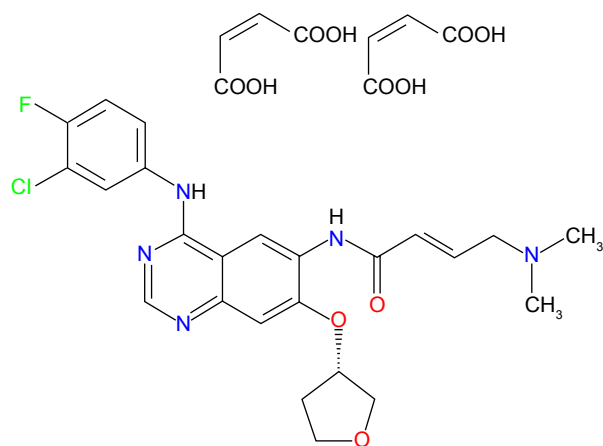


Figure 1 Afatinib chemical structure.

insensitivity to antigrowth signals, escape from apoptosis, sustained angiogenesis, metastasis, and tissue invasion. In most cases, the upregulation of cell signaling is caused by activating mutations within the coding region of the receptor that subsequently induces a ligand-independent activation of the tyrosine kinase (Figure 2).^{18,20}

Afatinib and NSCLC

In several preclinical studies, afatinib has been shown to be more effective in suppressing the tyrosine kinase activity of both wild-type and activated EGFR or HER2 mutants in cell-free kinase assays as well as in lung cancer cell lines. These afatinib-sensitive cancer cell lines contain erlotinib-resistant RTK isoforms, wild-type EGFR, L858R/T790M double mutation, or HER2 overexpression.^{21,22} These studies paved the way for Phase I studies which established the safe dosage of afatinib to be 40–50 mg per day orally for subsequent clinical trials.¹¹ The most notable clinical trials that focused on afatinib were the LUX-Lung studies 1–8, which were sponsored by Boehringer Ingelheim (Table 1).

LUX-Lung 1 was a Phase IIB/III study that compared the benefit of afatinib plus best supportive care (BSC) versus placebo plus BSC. In this study, the recruited stage IIB/IV adenocarcinoma patients all had disease progression after receiving a platinum doublet treatment first and then a first-generation TKI for at least 12 weeks. Afatinib was applied as a third-line or fourth-line therapy.²³ A total of 585 patients were enrolled, in which 141 patient tissue samples were analyzed. Although this study did not require the presence of EGFR mutations, there were 96 (68%) patients with EGFR mutations. Unfortunately, the study failed to show an OS benefit because of a higher median OS in the placebo arm. Median progression-free survival (PFS) was longer for patients with EGFR mutations treated with afatinib (3.3 months) than for those treated with placebo (1.1 months). The lack of a significant difference in OS between the two groups might have been the result of various subsequent treatments. Two hundred and fifty-seven (68%) patients in the afatinib group and 153 (79%) patients in the placebo group all underwent further treatments. However, an improved OS (5.8 months in afatinib group and 4.6 months in placebo group, hazard ratio [HR] 0.65) was shown in a post hoc analysis, in which the placebo group was controlled for no subsequent anticancer therapies.²⁴ Meanwhile, in this trial, afatinib plus BSC significantly improved cancer-related symptoms such as cough, dyspnea, fatigue, and pain, as well as physical functioning and health-related quality of life (HRQoL).²⁵

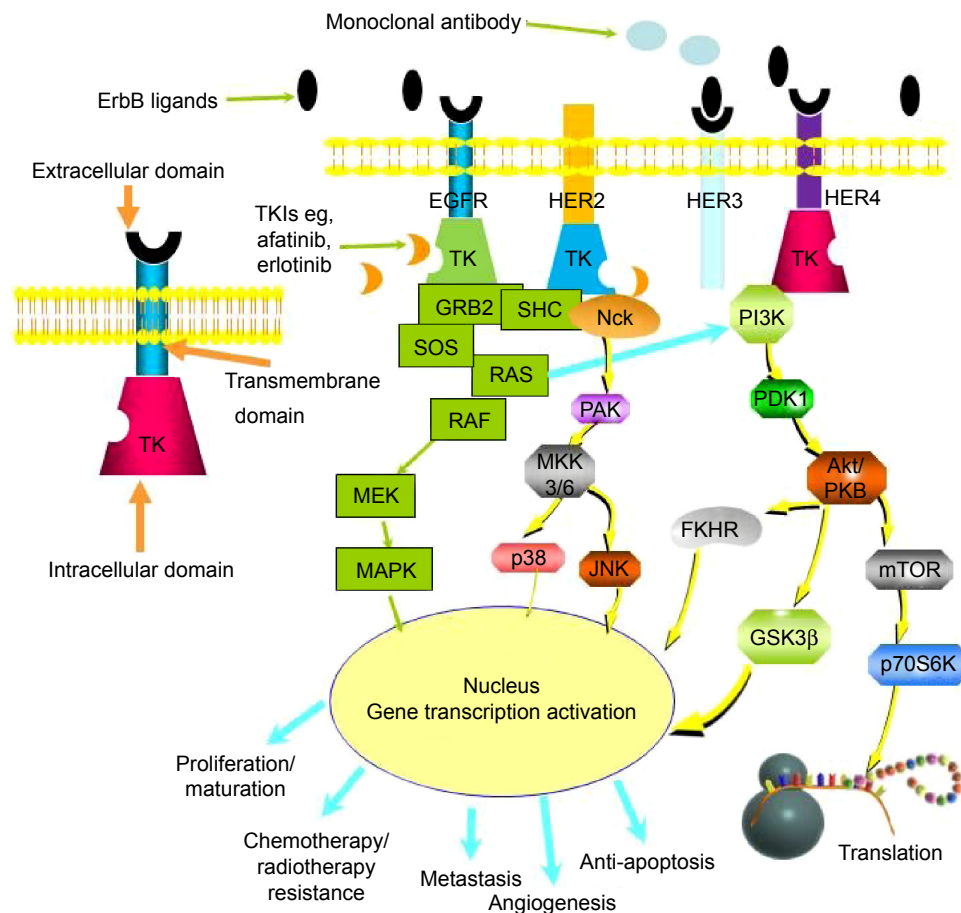


Figure 2 The EGFR family and ErbB family target network.
Abbreviation: TKI, tyrosine kinase inhibitor.

LUX-Lung 2, as a Phase II study, evaluated response rates in EGFR inhibitor-naïve patients with EGFR-mutant metastatic NSCLC in both the first-line and second-line settings. A total of 129 patients were enrolled in this study, among whom 99 received 50 mg afatinib daily and 30 received 40 mg daily. The results showed that patients harboring the two common sensitizing EGFR mutations (exon 19 deletion or L858R) demonstrated a higher response rate (66%, 70 of 106) compared to those patients with less common mutations (39%, nine of 23).¹² Although no significant difference in response rate was found between the two dosing groups (40 and 50 mg daily), the toxicities of afatinib (diarrhea and rash) were notably lower in the patients who received 40 mg daily. Because of this benefit, the dose of 40 mg per day of afatinib was chosen for subsequent Phase III studies.²⁴

LUX-Lung 3 and LUX-Lung 6 were two large randomized Phase III trials that focused on patients with EGFR-mutant advanced lung adenocarcinoma who underwent up to six cycles of standard platinum doublet chemotherapy as the first-line treatment.²⁶ Afatinib was compared with

platinum-based doublet chemotherapy as second-line treatment in 345 patients in LUX-Lung 3 and 364 patients in LUX-Lung 6. In LUX-Lung 3 study, pemetrexed/cisplatin was used as the control arm, while gemcitabine/cisplatin was used as the control arm in the LUX-Lung 6.²⁶ LUX-Lung 3 enrolled patients all over the world, and LUX-Lung 6 was performed in East Asia. LUX-Lung 3 presented an advantage of PFS of 11.1 versus 6.9 months (HR 0.58, 95% confidence interval [CI] 0.43–0.78, $P=0.001$) when afatinib was compared with the control arm. Furthermore, in patients whose cancers had common EGFR mutations (exon 19 deletion or L858R), this PFS difference was markedly greater (13.6 versus 6.9 months; HR 0.47, 95% CI 0.34–0.65, $P=0.001$). Also in LUX-Lung 6, it was reported that afatinib presented a PFS of 11.0 versus 5.6 months with the platinum doublet chemotherapy arm (HR 0.28, $P=0.0001$).^{27,28} However, both the trials failed to show a benefit of OS. A pooled analysis of LUX-Lung 3 and LUX-Lung 6, reported at the 2014 American Society of Clinical Oncology meeting, presented an OS advantage of 3 months for patients who were administered afatinib

Table 1 LUX-Lung trials

Trial	Design	Patients (n)	Histology	EGFR mutation	Line of therapy	Afatinib dose	Control arm	Results
LUX-Lung 1 ²³	Phase II/III Randomized, placebo-controlled	585	Adenocarcinoma	Not required	Third or fourth	50 mg/d	Placebo	OS: 10.8 versus 12.0 months (P=0.74)
LUX-Lung 2 ¹²	Phase II Single-arm, open-label	129	Adenocarcinoma	Positive	First or second	40 or 50 mg/d	No	ORR: 61% (two CR, 77 PR)
LUX-Lung 3 ³⁰	Phase III Randomized (2:1), open-label	345	Adenocarcinoma	Positive	First	40 mg/d	Pemetrexed + cisplatin	PFS: 11.1 versus 6.9 months (P=0.001)
LUX-Lung 4 ³¹	Phase I/II Open-label	62	Adenocarcinoma	Not required	Second or beyond	50 mg/d		PFS: 4.4 months, OS: 19 months, ORR, 8.2% (95% CI 2.7–18.1)
LUX-Lung 5 ³⁷	Phase III Randomized, open-label	1,154	Adenocarcinoma and squamous cell cancer	Not required	Third or fourth	Part A: 50 mg/d Part B: 40 mg/d + paclitaxel	Part A: none Part B: investigator's choice	PFS: 5.6 versus 2.8 months (P=0.003) (analysis of 202 patients in 2014)
LUX-Lung 6 ²⁷	Phase III Randomized, open-label	364	Adenocarcinoma	Positive	First	40 mg/d	Gemcitabine + cisplatin	PFS: 11.0 versus 5.6 months (P<0.0001)
LUX-Lung 7 ³⁵	Phase II Randomized, open-label	319	Adenocarcinoma	Positive	First	40 mg/d	Gefitinib	PFS: 11.0 versus 10.9 months (P=0.017)
LUX-Lung 8 ^{8,39}	Phase III Randomized, open-label	795	Squamous cell cancer	Not required	Second	40 mg/d	Erlotinib	PFS: 2.4 versus 1.9 months (P=0.043)

Abbreviations: OS, overall survival; ORR, objective response rate; CR, complete response; PR, partial response; PFS, progression-free survival.

compared with the chemotherapy control arm.^{17,29} In total, 631 of 709 patients with EGFR common mutations (exon 19 deletions or L858R) involved in the two studies were analyzed in the pooled analysis. A small but statistically significant increase in OS was observed in the afatinib-treated arm (27.3 versus 24.3 months in the chemotherapy arm; HR 0.81, $P=0.037$). Interestingly, afatinib treatment allowed patients with EGFR Del19 mutations to have a median OS of 31.7 months (HR 0.59, 95% CI 0.45–0.77, $P<0.001$), whereas OS was not improved for patients with EGFR L858R mutations (HR 1.25, 95% CI 0.92–1.71, $P=0.160$). Overall, in both the trials, the median OS was higher among patients with exon 19 deletion.³⁰

LUX-Lung 4 was a Phase II single-arm study, which enrolled patients with advanced lung adenocarcinoma whose disease progressed after at least 12 weeks of prior gefitinib and/or erlotinib in Japan.³¹ A total of 62 patients were recruited, and 61 were analyzed in this study. Fifty-one (82.3%) of these patients had acquired resistance to first-generation EGFR TKIs, and 45 (72.6%) had EGFR mutation in their primary lung cancer. The results showed that the median PFS was 4.4 months (95% CI 2.8–4.6); meanwhile, the median OS was 19.0 months. Five patients had a confirmed partial response according to the evaluation criteria in solid tumors (RECIST). Two patients with a secondary T790M mutation (L858R plus T790M and exon 19 deletion plus T790M) who met the resistance criteria achieved stable disease for 9 months and 1 month, respectively. This trial presented a moderate activity of afatinib in patients whose lung cancers were heavily pretreated.

LUX-Lung 5 study was a randomized Phase III trial, which assessed the benefit of afatinib in combination with chemotherapy in patients who were previously treated with chemotherapy and/or a first-generation EGFR inhibitor (gefitinib/erlotinib).³² This study was divided into two parts. In part A, all patients were initially treated with 50 mg of afatinib per day until the disease progressed. Those who received afatinib for 12 weeks or longer went into part B. Patients were randomized 2:1 into afatinib/paclitaxel combination treatment group (40 mg per day; 80 mg/m² per week) or mono-chemotherapy-alone group (chemotherapy agent per investigator's choice). In 202 patients analyzed in 2014, combination treatment arm showed an increased PFS when compared with chemotherapy-alone arm (5.6 versus 2.8 months; HR 0.60, 95% CI 0.43–0.85, $P=0.003$). The objective response rate (ORR) was also significantly higher in the combination arm (32.1% versus 13.2%, $P=0.005$). However, the OS presented a similar status in both arms

(12.2 versus 12.2 months; HR 1.00, 95% CI 0.70–1.43, $P=0.994$). Meanwhile, the afatinib-related toxicities, such as diarrhea, asthenia, and alopecia, were observed at a higher incidence in the combination therapy group. Overall, the results of this trial indicated that those cancers that progressed on TKIs treatment continue to rely on signaling through the EGFR family. Patients can probably benefit from continuous EGFR family inhibition, although further studies are needed to confirm this theory.³²

LUX-Lung 7 ([ClinicalTrials.gov](https://clinicaltrials.gov/ct2/show/study/NCT01466660) Identifier: NCT01466660) was a Phase IIB trial of afatinib versus gefitinib as a first-line treatment for EGFR mutation-positive adenocarcinoma of the lung. It involved 319 patients with advanced lung adenocarcinoma that was staged IIIB/IV and positive for common EGFR mutations (Del19/L858R). Patients were divided into two groups randomly, afatinib compared with gefitinib (given orally daily). The primary outcome measures were PFS, time to treatment failure, and OS. The secondary outcome measures were objective response, duration of disease control, tumor shrinkage, and HRQoL.³³ Recent analysis shows that regarding PFS, time to treatment failure, ORR, and duration of response, there is a slight trend in favor of afatinib.^{34,35} These results will be very important for the registration strategy for afatinib and for the selection criteria of optimal EGFR TKI as the first-line treatment for cancers with EGFR mutation.²⁴

Afatinib and SCC

In LUX-Lung 5, among the 1,154 enrolled patients, 90 (7.8%) had SCC histology and received afatinib in part A of the trial. Median PFS and ORR were 3.7 months and 6%, respectively. There were 17 (8.4%) patients meeting the criteria for part B of the trial, who were randomized (2:1) into afatinib/paclitaxel ($n=11$) or chemotherapy-alone ($n=6$) arms. The results showed that median PFS was 8.8 months in the afatinib/paclitaxel group compared with 1.9 months in the investigator's choice group (HR 0.15, 95% CI 0.03–0.62, $P=0.003$). Although a trend toward increased OS (14.9 versus 6.6 months, $P=0.433$) was observed, the number of patients involved was too few to draw any convincing conclusions.^{36,37}

Among the LUX-Lung trials, LUX-Lung 8 was the only study that focused on SCC. The trial was initiated by the observation of ErbB mutation or overexpression in lung SCC. It was a second-line, Phase III study comparing afatinib and erlotinib in patients with advanced SCC who had progressed after at least four cycles of chemotherapy with platinum doublet agents.³⁸ Patients who had prior treatment with

EGFR TKI or antibody were excluded. In total, 795 eligible patients were randomized to two arms, 398 receiving afatinib 40 mg per day and 397 receiving erlotinib 150 mg per day. The primary end point measure was PFS, and secondary end points included ORR, OS, disease control rate, HRQoL, and safety. At the time of the primary analysis (median follow-up 18.4 months), median OS was significantly higher in the afatinib arm than the erlotinib arm (7.9 [95% CI 7.2–8.7] versus 6.8 months [95% CI 5.9–7.8]; HR 0.81, 95% CI 0.69–0.95, $P=0.0077$), while median PFS was 2.6 (95% CI 2.0–2.9) versus 1.9 months (95% CI 1.9–2.1) (HR 0.81, 95% CI 0.69–0.96, $P=0.0103$) and DCR was 51% (201 of 398 patients) versus 40% (157 of 397) ($P=0.0020$). However, the percentage of patients with an objective response did not show any significant difference between the two groups (22 [6%] versus 11 [3%], $P=0.0551$). Tumor shrinkage took place in 103 (26%) of 398 patients in afatinib arm versus 90 (23%) of 397 patients in erlotinib arm. Adverse event (AE) profiles presented a similar status in each group: 224 (57%) of 392 patients in the afatinib arm versus 227 (57%) of 395 in the erlotinib arm had grade ≥ 3 AE. For example, higher incidences of treatment-related grade 3 AEs were recorded, such as diarrhea (39 [10%] for afatinib versus nine [2%] for erlotinib) and stomatitis (16 [4%] for afatinib versus none for erlotinib), whereas incidences of rash or acne were lower (23 [6%] versus 41 [10%] for erlotinib).³⁹ These results suggest that afatinib could be an optional agent for the treatment of patients with SCC of the lung. Most recently, on April 15 2016, according to the results of LUX-Lung 8, the US Food and Drug Administration (FDA) approved Gilotrif[®] (afatinib) as a new oral treatment option for patients with SCC of the lung.⁴⁰ However, some researchers are not impressed with the efficacy, as well as the toxicity, of afatinib in squamous NSCLC. Perhaps, ongoing and future studies could reveal other more effective therapies for this neoplasm, including immunotherapy.⁴¹

Discussion

Because EGFR mutations are rarely ($<5\%$) found in SCC of the lung, the inhibition of the progression of SCC tumors by TKIs may not be through mutated EGFRs.⁴² But expression levels of wild-type EGFR tend to be high in SCC.^{43,44} Previous studies of the EGFR TKI erlotinib showed improved clinical outcomes in patients with SCC, and resulted in approvals of erlotinib as the second-line and maintenance treatment. The efficacy of erlotinib in SCC population (HR 0.67, 95% CI 0.50–0.90) was at least as impressive as that in adenocarcinoma (HR 0.71, 95% CI 0.56–0.92).^{45,46}

Two studies showed that afatinib is active against advanced NSCLC in patients who lack EGFR mutations but have an increased EGFR gene copy number by amplification or polysomy.^{47,48} However, the result of a post hoc analysis of LUX-Lung 8 paints a slightly different picture.³⁹ According to the results of clinical benefit achieved with afatinib or erlotinib, a subgroup of 238 patients was selected and divided into presumed treatment benefit group (PFS >2 months; $n=144$) and treatment-refractory group (PFS ≤ 2 months; $n=94$). The percentage of patients with EGFR mutations was overall low (14 [6%]) in this study. Also, only 15 patients had EGFR amplification (6%; nine in afatinib group and six in erlotinib group). The findings implied that the improvement of survival outcomes with afatinib in this study probably was not driven by EGFR molecular aberrations. These clinical benefits might have been a consequence of afatinib's higher, wider, and stronger irreversible inhibition of ErbB.

Some studies demonstrated that the clinical efficacy of afatinib in patients without EGFR mutations may be due to the suppression of compensatory signaling through other ErbB family members. Twenty-five percent of NSCLCs express HER2, within which roughly 5% of cases have substantial overexpression and these are all SCC cases.^{49,50} HER3 overexpresses in $\sim 30\%$ of SCCs.⁵¹ In addition, a comprehensive analysis of SCCs recognized genetic aberrations in HER2 (4%) and HER3 (2%), as well as in several downstream signaling molecules of the ErbB receptors: BRAF (4%), RASA1 (4%), KRAS (3%), HRAS (3%), NF1 (11%), and in NRG1.⁵² These findings implied that afatinib inactivates multiple aberrant signaling cascades downstream of ErbB receptors possibly via its ability to inhibit receptor dimerization in SCC.⁵³

Another possible mechanism of afatinib has been shown in NSCLC cell lines H358 and H441, which lack EGFR mutations. The apoptotic effect of afatinib on cancer cells is associated with downregulation of CIP2A, upregulation of PP2A activity, and reduction in AKT phosphorylation. Afatinib downregulates CIP2A at the gene transcription level by decreasing the promoter-binding activity of Elk-1. In vivo potency of afatinib against xenograft tumors was also confirmed in nude mice NSCLC models.⁵⁴ Interestingly, ELK1 is overexpressed in SCC, and ELK1 overexpression is associated with a poor prognosis.^{55,56} Overall, targeting CIP2A is likely a potential mechanism of afatinib inhibiting SCC of the lung.

The safety of afatinib has been a potential weakness. Afatinib has almost the same toxicities as those of the first-generation EGFR TKIs, for example, gefitinib and erlotinib. Typical side effects include diarrhea, acne or rash, paronychia,

stomatitis, nausea, and decreased appetite. Among these, diarrhea was the most frequent side effect in the LUX-Lung trials, and there were 17%–22% of patients with grade 3 diarrhea.²² In the LUX-Lung 6 trial, therapy was discontinued due to treatment-related AEs in 12% of patients who received chemotherapy and 8% of patients who received afatinib.²⁷ The incidence of grade 3 diarrhea was higher than that reported with gefitinib or erlotinib in the LUX-Lung 3 and LUX-Lung 4 trials.^{26,31} It was reported that diarrhea, paronychia, and stomatitis were better with erlotinib than with afatinib; furthermore, for skin rash, no significant difference was observed in the severity or frequency.⁵⁷ The incidence of gastrointestinal and dermatological toxicity in afatinib trials seemed to be more frequent than those reported in studies with erlotinib and gefitinib.⁵⁸ However, these data mostly came from indirect comparisons except for the data from LUX-Lung 7 and LUX-Lung 8. In LUX-Lung 7, the severity and frequency of all-cause adverse effects were similar in both afatinib and gefitinib groups (158 [99%] of 160 in the afatinib arm and 159 [100%] of 159 in the gefitinib arm). Grade ≥ 3 AEs were seen in 91 (57%) in the afatinib arm and 83 (52%) in the gefitinib arm. The most common drug-related grade ≥ 3 adverse effects in patients with afatinib were diarrhea (20 [13%]), acne or rash (15 [9%]), and fatigue (9 [6%]), and in patients with gefitinib were increased alanine aminotransferase /aspartate aminotransferase (14 [9%]) and acne or rash (5 [3%]). Drug-related serious AEs were reported in 17 (11%) patients with afatinib and seven (4%) patients with gefitinib.³⁵ In LUX-Lung 8, each group had a similar percentage of patients with AEs: 390 (99%) of 392 in the afatinib arm versus 385 (97%) of 395 in the erlotinib arm. The severity of AEs (grade ≥ 3) was essentially the same in each arm (224 [57%] versus 227 [57%]). Even though 104 (27%) of 392 patients in the afatinib group versus 56 (14%) of 395 in the erlotinib group had dose reductions due to AEs, a similar number of patients discontinued treatment due to AEs (79 [20%] versus 67 [17%]).⁵⁸ These results suggested that afatinib had acceptable treatment-related toxicity. Patients could receive clinical benefit, especially if dose reduction scheme is applied.

Erlotinib and docetaxel used to be the only two approved second-line therapeutic agents for SCC of the lung.⁵⁹ Recently, several new drugs have been approved, one of which, ramucirumab (an anti-VEGFR-2 antibody), was approved by the FDA in 2014. Ramucirumab plus docetaxel has been used for treatment of NSCLC including SCC. In a sub-analysis of REVEL trial of patients with SCC, median OS was 9.5 months (range: 4.4–17.6 months) in 157 patients treated with ramucirumab plus docetaxel versus 8.2 months

(range: 3.6–14.9 months) in 171 patients treated with docetaxel alone (HR 0.88, 95% CI 0.69–1.13).⁶⁰ Furthermore, a Phase II single-arm trial was conducted, in which 117 heavily pretreated patients (two or more prior treatments) with advanced SCC of the lung were treated with nivolumab (a PD-1 checkpoint inhibitor). In this trial, 17 (14.5%) patients responded positively to the treatment (95% CI 8.7–22.2), and 26 (30%) patients had stable disease (95% CI 4.7–10.9). Compared to typical median survival of 4.0–6.5 months, the treated group had a median OS of 8.2 months (95% CI 6.1–10.9).⁶¹ A Phase III study CheckMate-017 compared second-line nivolumab (n=135) with docetaxel (n=137) in patients with SCC of the lung. This trial was completed early because it met the primary end point of median OS (9.2 versus 6.0 months; HR 0.59, 95% CI 0.44–0.79, $P < 0.001$). Supported by these data, nivolumab was approved by the FDA for treatment of patients with metastatic SCC of the lung, who progressed during or after platinum-based chemotherapy.⁶² In addition, these changes to therapy for SCC of the lung might soon be extended to the first-line setting, based on the results from the SQUIRE trial.⁶³ In this study, necitumumab (a human EGFR monoclonal antibody) was tested in combination with gemcitabine plus cisplatin, versus gemcitabine plus cisplatin alone, in patients with stage IV SCC of the lung. Median OS was significantly longer in the necitumumab combined arm than in the gemcitabine–cisplatin-alone arm (11.5 versus 9.9 months; stratified HR 0.84, 95% CI 0.74–0.96, $P = 0.01$).

Current observations indicate that we are in the promising era of seeing increasing survival improvements for a large group of SCC patients. Recent studies have suggested FGFR and PI3K–AKT as future targets and a potential opportunity for VEGFR inhibition, which collectively should improve quality of life and survival of those patients with SCC over the next decade.⁶⁴

Other endeavors to search for new treatment for SCC of the lung are underway. Among them, Lung-MAP (S1400) is unique. The Lung-MAP study is an umbrella study where every patient sample goes through a next-generation sequencing platform so that they can be placed into different specific target biomarker sub-studies. Patients are then randomized to either a targeted investigational drug treatment or a defined standard therapy. For those without a known or relevant biomarker target, there is an “unmatched” group, in which recruits receive an inhibitor of PD-L1 or chemotherapy. The Lung-MAP project brings together pharmaceutical companies, the National Cancer Institute, the FDA, and advocacy groups.^{65,66} If successful, the Lung-MAP will provide a rapid path for FDA approval of new

Table 2 Ongoing clinical trials of afatinib for tumors including SCC

Clinical trials ID	Study phase	Tumor	Patients	Treatment	Enrollment (n)	Primary outcome measures
NCT02271906	Phase II	NSCLC	Stage IA–IIB or resectable stage IIIA disease	40 mg/d for a minimum of 14 days, and until the day of surgery	20	Ability to complete treatment before surgery
NCT02145637	Phase I	NSCLC	Stage 4	Afatinib plus ruxolitinib combination	60	Set a recommended Phase II dose
NCT02020577	Phase I	Solid tumor	Advanced malignant solid tumors that are metastatic or unresectable	Afatinib once-daily plus weekly cetuximab infusion	58	Maximum tolerated dose as defined by dose-limiting toxicity
NCT01156545	Phase II	NSCLC	Stage IIIB or IV non-adenocarcinomatous non-small-cell lung cancer	Afatinib plus simvastatin versus afatinib	84	Objective response rate

Abbreviations: SCC, squamous cell carcinoma; NSCLC, non-small-cell lung cancer.

drugs in lung cancer therapy. This clinical trial approach can be extended to other tumor types and to other countries as well.⁶⁷ Furthermore, several other ongoing studies of afatinib on tumors including SCC of the lung can be found on the ClinicalTrials website (Table 2).⁶⁸

In summary, following the results of recent clinical studies, it is promising that patients with SCC will have more and more treatment options in the event that first-line therapy becomes unsuccessful. Afatinib should be one of the options among TKIs, monoclonal antibodies, and cytotoxicity chemotherapy drugs, depending on the molecular nature of the individual patient. We look forward to future evidence to support afatinib as an effective therapeutic agent targeting SCC of the lung.

Disclosure

The authors declare no conflicts of interest in this work.

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