### A Novel c.100C > G Mutation in the FST Gene and Its **Relation With the Reproductive Traits of Awassi Ewes**

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ABSTRACT: Reproductive traits are affected by many factors, including ovarian function, hormones, and genetics. Genetic polymorphisms of candidate genes are associated with reproductive traits. Several candidate genes are associated with economic traits, including the follistatin (FST) gene. Thus, this study aimed to evaluate whether the genetic variations in the FST gene are associated with the reproductive traits in Awassi ewes. The genomic DNA was extracted from 109 twin ewes and 123 single-progeny ewes. Therefore, 4 sequence fragments from the FST gene were amplified using polymerase chain reaction (PCR) (exon 2/240, exon 3/268, exon 4/254, and exon 5/266 bp, respectively). For a 254 bp amplicon, 3 genotypes were identified: CC, CG, and GG. Sequencing revealed a novel mutation in CG genotypes c.100C > G. The statistical analysis of c.100C > G showed an association with reproductive characteristics. Ewes carrying the c.100C > G had significantly ( $P \le .01$ ) lower litter sizes, twinning rates, lambing rates, and more days to lambing compared with CG and CC genotypes. Logistic regression analysis confirmed that the c.100C > G single-nucleotide polymorphism (SNP) is responsible for decreasing litter size. According to these results, the variant c.100C > G negatively affects the traits of interest and is associated with lower reproductive traits in Awassi sheep. As a result of this study, ewes carrying the c.100C > G SNP have lower litter size and are less prolific.

KEYWORDS: Follistatin, litter size, polymorphism, ovary, sheep

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### Introduction

Reproductive traits play a significant role in sheep productivity.<sup>1,2</sup> Genetics and the environment influence reproductive traits. Sheep reproductive traits are regulated predominantly by genetic factors.<sup>3-5</sup> Among the candidate genes associated with reproduction in livestock, follistatin (FST) is located on chromosome 7 of caprine, chromosome 20 of cattle, and chromosome 16 of sheep, which is composed of 6 exons.<sup>6,7</sup> This gene encodes FST protein, is a monomeric glycoprotein (31-39kD), that binds receptors on cysteine-rich cells and microenvironments.8 It is expressed widely in the ovary, skin, and skeletal muscle.<sup>6</sup> The primary function of FST is to bind and neutralize activin through its binding properties.9,10 Since FST binds to activin, it inhibits follicle-stimulating hormone (FSH) secretion by blocking its receptor (Act-RII) from combining with it.8,11 Through suppressing FSH secretion from the anterior pituitary, FST controls granulosa cell differentiation, follicular growth, atresia, and luteinization processes.<sup>12</sup> In livestock species, FST variations affect sheep productivity.<sup>13</sup> According to the findings of Ma et al,<sup>6</sup> 2 single-nucleotide polymorphisms (SNPs) (Chr 16. 25 633 662 A>G; Chr 16. 25 633 569T>C) are associated with traits associated with wool quality in Chinese Merino sheep. In White Leghorn and Aseel chickens, haplogroups KF921968.1, KF921969.1, MK455102, and MK45510 are associated significantly with growth traits (P < .05).<sup>10</sup> Recently,

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a study by Zhu et al<sup>7</sup> revealed that SNP\_chr7-65652612, located at the 3' untranslated regions (3' UTR ) of FST-like-4, significantly relating to litter size in Dazu black goats of the first and second parity. However, the relationship between FST variants and reproductive traits in Awassi sheep has not been investigated.

The Awassi breed is dominant mainly in Middle Eastern countries.<sup>14</sup> Despite their ability to cope with harsh conditions in unfavorable situations,<sup>15</sup> Awassi sheep have been reported to be less prolific than Karakul and Assaf sheep in the Middle East.<sup>16</sup> Most breeders in the Middle East are concerned about Awassi sheep's low reproductive performance, which drives efforts to improve their reproductive quality. The FST gene may be useful in improving breeding efficiency in Awassi sheep. Therefore, this study examined possible associations between FST polymorphisms and reproductive traits in Awassi sheep by examining polymorphisms within its coding regions.

### **Materials and Methods**

### Animal

The study was conducted between July 2021 and April 2022 at Al-Qasim Green University according to international guidelines (Agri, No. 015,7, 20). The study included 232 ewes of 3 to 4 years of age that were sexually mature and multiparous. The



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PRIMER CODE	LOCUS	SEQUENCE (5'-3')	BINDING COORDINATE		AMPLICON LENGTH (BP)	ANNEALING TEMPERATURE	
			START	STOP		(°C)	
FST,exo2-F	Exon 2	AGCCCTACCTTTACACGGGA	25761558	25761577	240	61.0	
FST,exo2-R		CGGCTCACTTGCCTACCTC	25761797	25761779			
FST,exo3-F	Exon 3	GGGTCTACCTCAAGCAGAAGG	25760867	25760887	268	61.0	
FST,exo3-R		GAAACGTGTGAGAACGTGGAC	25761134	25761114			
FST,exo4-F	Exon 4	TCCTTCCTCAATCCAGAATACCT	25760339	25760361	254	59.8	
FST,exo4-R		TCAGAGACCTGTCGGGATGT	25760592	25760573			
FST,exo5-F	Exon 5	ACGGCAGCAAGGTTAGAAGT	25759453	25759472	266	58.6	
FST,exo5-R		TCCTAGAAGCAAAGTCCTGTGA	25759718	25759697			

Table 1. The oligonucleotide primer sets designed for the amplification of the ovine *FST* gene. The symbols "F" and "R" refer to forward and reverse primers, respectively. The design was based on the ovine NCBI Reference Sequence NC\_056069.1.

Abbreviation: NCBI, National Center for Biotechnology Information.

ewes were classified as 123 singletons and 109 twins according to their reproductive history, weighing 40 to 60 kg. Therefore, 2 stations-Babylon and Karbala-were randomly selected for the ewes. In the studied flocks, 10 to 12 rams were randomly allocated to mate with about 20 to 25 ewes per ram, with male identification recorded. Veterinarians confirmed the rams' health and demonstrated their fertile status, as they previously produced offspring. A record of lambing dates and litter sizes was kept from 160 to 200 days after the ram was introduced. All animals were fed individually and kept in similar nutrition conditions. The animals were fed daily a concentrated diet composed of 59% barley, 40% bran, and 1% salt in proportion to their body weight of 2.5%. However, 3 kg alfalfa and 1 kg of straw were also fed to each animal. All animals had access to fresh water at all times. Several reproductive traits were recorded at the breeding stations, including twinning rate, lambing rate, days to lambing, survival rate, and litter size.

### DNA and polymerase chain reaction

Genetic analysis was performed by collecting blood from the sheep's jugular vein. Rapid salting-out method was used for the extraction of genomic DNA.<sup>17</sup> NCBI Primer-BLAST<sup>18</sup> was used to amplify the *FST* genetic sequence for all 232 animals. Polymerase chain reaction (PCR) experiments were performed with Bioneer PreMix (50 µM deoxynucleotide triphosphates [dNTPs], 10, 30, and 1.5 mM Tris-HCl, KCl, and MgCl<sub>2</sub>, respectively, and 1 U Top DNA polymerase). The optimal PCR amplification conditions were determined using a thermal gradient device (Eppendorf, Germany) (Table 1). The PCR reaction was performed at 94°C for 4 minutes, then 30 cycles (30 seconds each) of 94°C, annealing, and 72°C were conducted.<sup>19</sup> A Chemidoc Gel Imager (Bio-Rad, USA) was used to image agarose gel images of PCR products electrophoresed on agarose gels (2%).<sup>20</sup>

### Single-strand conformation polymorphism

A genotype-based analysis was performed using the methodology described in Al-Thuwaini et al.<sup>21</sup> Denaturing loading buffers were added equally to each PCR amplicons (95% formamide, 0.05% xylene cyanol, and 20 mM EDTA, pH 8). A PCR amplicon was denatured for 7 minutes, then placed on wet ice and stored for 10 minutes. Samples were loaded in a 0.5 TBE buffer in polyacrylamide gels with a neutral denaturant. Following this step, the gels were electrophoresed at room temperature for 4 hours with 200 mA and 100 V. According to Byun et al<sup>22</sup> protocol, gels were stained using the rapid staining protocol.

### DNA sequencing

Sequence laboratories (Macrogen, Geumcheon-gu, Korea) performed downstream reactions on all 232 animals once single-strand conformation polymorphism (SSCP) bands were detected on polyacrylamide gels. A sequence of the *FST* gene was obtained from the NCBI (https://www.ncbi.nlm.nih.gov). DNA polymorphisms within genotypes were visualized and edited with SnapGene Viewer 4.0.4 and BioEdit 7.1 (DNASTAR, Madison). To determine the novelty of observable variants, Ensembl genome browser 96 was used (https:// asia.ensembl.org/index.html).

### Statistical analysis

A genotype and allele frequency analysis was performed using PopGen32, version 1.31.<sup>23</sup> The Hardy–Weinberg equilibrium (HWE) was calculated, and the polymorphism information content (PIC) was determined according to Botstein et al.<sup>24</sup> Genotype associations were analyzed using IBM SPSS 23.0 (NY, USA) as follows



**Figure 1.** A schematic diagram for the *FST* gene-based PCR-SSCP-sequencing strategy within Awassi ewes. (A) PCR design of 4 PCR specific primers pairs for the amplification of 240, 268, 254, and 266 bp in exons 2, 3, 4 and 5, respectively. (B) PCR-SSCP genotyping, in which only exon 4 showed 3 genotypes, homozygous and heterozygous. (C) DNA sequencing electropherograms of the detected genotypes, in which 1 SNP, c.100C > G, was detected in the exon 4 in the heterozygous CG genotype. (D) SNP bioinformatics analysis of the observed silent p.205Tyr=SNP in the *FST* gene. PCR indicates polymerase chain reaction; SNP, single-nucleotide polymorphism; SSCP, single-strand conformation polymorphism.

$$Y_{ijk} = \mu + G_i + P_j + e_{ijk}$$

where  $Y_{ijk}$  are phenotypic traits,  $\mu$  is mean,  $G_i$  is the fixed effect of *i*th genotypes (*i*=CC, CG, GG),  $P_j$  is the fixed effect of *j*th parity (*j*=1, 2, 3), and  $e_{ijk}$  is random residual error. Statistical significance was determined at .05 with the Tukey–Kramer test. A chi-square test was conducted on 2 reproductive traits: lambing rate and birth type. The *FST* polymorphisms and litter size were analyzed using logistic regression. Model results in the preliminary analysis did not show any effect on interactions, lambing season, and age, so these were excluded from the calculation.

#### Results

# Genotyping of FST gene, sequencing analysis, and genetic diversity

Overall, 4 *FST* gene coding regions corresponding to 240, 268, 254, and 266 bp were screened with PCR designs (Figure 1A). Electrophoresis showed monomorphic migration of all PCR-SSCP patterns containing amplicons covering exons 2, 3, and 5. A 254-bp amplicon designed for exon 4 showed 3 different PCR-SSCP patterns (Figure 1B). Sequencing reactions showed that only one of the SSCP variants contained the

c.100C > G SNP, confirming the exon 4 heterogeneity. As a result of this nucleic acid substitution, CC, CG, and GG were assigned to the detected SSCP variants with homozygous C/C and G/G patterns, and the heterozygous C/G patterns found in the PCR-amplified products (Figure 1C). According to SNP bioinformatics analysis, the silent SNP p.205Tyr=had negative influences on the FST protein (Figure 1D).

Genetic diversity analysis of *FST* revealed that CC genotype dominated the study population with a frequency of 0.48 (n=111). The frequency of GG genotype was 0.35 (n=82), followed by 0.17 (n=39) for CG genotype. Based on PIC results (0.25 < PIC < 0.50), this study showed moderate polymorphism levels at the c.100C > G locus. Compared with HWE, a chi-square test indicated distinct differences ( $P \le .05$ ) in the *FST* polymorphisms (Table 2).

# Association analysis of FST gene with reproductive traits

In the association analysis between p.205Tyr=SNP locus and reproductive traits, CC genotype ewes, and CG and GG genotype ewes did not differ significantly ( $P \ge .05$ ) concerning survival rate. Meanwhile, at the same p.205Tyr=SNP locus,

#### Table 2. Genetic diversity of the FST gene in Awassi ewes detected by PCR-SSCP.

OBSERVED GENOTYPES			GENOT	GENOTYPE FREQUENCIES			ALLELE FREQUENCIES		HE	NE	PIC	χ²
СС	CG	GG	CC	CG	GG	С	G					
n=111	n=39	n=82	0.48	0.17	0.35	0.56	0.44	0.16	0.49	1.96	0.37	101.26

All chi-square tests have 2 degrees of freedom and within the significance level  $P \le .05$ .

Abbreviations: χ<sup>2</sup>, chi-square; *He*, expected heterozygosity; *Ho*, observed heterozygosity; n, number of individuals; *Ne*, effective allele frequency; PCR, polymerase chain reaction; PIC, polymorphism information content; SSCP, single-strand conformation polymorphism.

**Table 3.** The association between *FST* genetic polymorphism at locus c.100C > G and reproductive performance in Awassi ewes. (A) Reproductive performance for each genotype is shown. (B) Logistic regression analysis of *FST* genotypes and litter size in Awassi ewes is shown.

A/GENOTYPES	PROGENY TYPE (%)		LAMBING RATE (%)	DAYS TO LAMBING	SURVIVAL RATE %	
	SINGLETON	TWIN		(LSM ± <i>SE</i> )		
ТТ	28 (28.87)	69 (71.13)	94	$159 \pm 11.9^{\text{a}}$	164 (98.79)	
тс	34 (64.15)	19 (35.84)	86	$170 \pm 12.3^{a,b}$	70 (97.22)	
СС	61 (74.39)	21 (25.60)	82	$178 \pm 14.6^{\text{b}}$	100 (97.08)	
P-value	.001	.001	.02	.01	.23	
B/GENOTYPES	LITTER SIZE	LOGISTIC REGRESSIC	N ANALYSIS			
	$(LSM \pm SE)$	β	ODDS RATIO (95% CI)	P-VALUE		
ТТ	$1.71\pm0.10^{a}$	1.00	Reference	_		
тс	$1.35\pm0.03^{a,b}$	-1.48	1.77 (1.11-4.63)	.001		
CC	$1.26\pm0.12^{\text{b}}$	-1.96	2.15 (1.40-6.51)	.001		

The *P*-value with statistical significance is indicated in bold numbers. Twinning rate (is the propensity to have more twin litters per 100 ewes at the same average lambing percentage). Number of days to lambing (number of days between the joining of rams until the subsequent lambing).

Survival rates of the lambs (the numbers of dead lambs were determined until weaning). Litter size (the number of lambs born per ewe lambing).

Abbreviations: CI, confidence interval; LSM  $\pm$  SE, least square means  $\pm$  standard error;  $\beta$ , regression coefficients.

<sup>a,b</sup>Significant differences in means represent by differences in the same column within each classification.

individuals with CC genotype had statistically higher ( $P \le .01$ ) litter size, twinning ratio, lambing rate, and fewer days to lambing than individuals with CG and GG genotypes (Table 3). The logistic regression analysis provided further insight into the relationship between p.205Tyr= SNP and litter size. Ewes with the CC genotype had 1.65 lambs per animal compared with CG and GG genotypes. In this case, p.205Tyr=SNP adversely affected these traits.

#### Discussion

# Polymorphism of FST gene and SNP bioinformatics

Molecular genotyping and genetic diversity analyses revealed polymorphisms in exon 4 of the *FST* gene in Awassi sheep. In livestock, *FST* gene variations have been investigated in several studies. According to Ma et al,<sup>6</sup> sequencing analysis of Chinese Merino sheep (Junken type) identified 7 SNPs in the *FST* gene. Dushyanth et al<sup>10</sup> reported polymorphisms in the *FST*  gene coding region (exons 2 and 5) of native American (Aseel) and white leghorn chickens. The SNaPshot software is used by Zhu et al<sup>7</sup> to detect 26 SNPs and 1 deletion in UTRs from 186 Dazu black goats. However, there is a lack of literature on *FST* polymorphism and Awassi sheep. Accordingly, this study will provide genotypic details and new associations applicable to selecting sheep for marker-assisted selection, enabling future programs to measure functional traits more effectively.

Concerning SNP bioinformatics, the results revealed that silent mutation p.205Tyr=SNP negatively affected reproductive traits. This situation could be explained by the fact that silent mutations have previously been shown to be involved in biological processes.<sup>25</sup> Although silent mutations do not change amino acids, they can interfere with RNA splicing, affecting protein production negatively. Furthermore, it can alter regulatory sequences and lower gene expression.<sup>26</sup> According to Manning and Cooper,<sup>27</sup> silent variants can influence RNA synthesis and translation initiation. Changes in RNA secondary structures can affect many functions of the genome, including protein folding, accessibility of RNA to functional sites, and alternative splicing.<sup>28</sup> However, silent SNPs have been rarely reported to affect phenotypic traits in the literature.

### Association analysis of the FST genotypes with reproductive traits of Awassi ewes

There was a highly significant ( $P \leq .01$ ) association between the SNP and reproductive traits in those ewes with the p.205Tyr=SNP had higher litter size, twinning ratio, lambing rate, and fewer days to lambing than ewes with CG and GG genotypes. Mammalian FST controls steroidogenesis, oocyte development, and follicular cell division and differentiation.<sup>29</sup> A previous study by Lee et al<sup>30</sup> suggested that FST derived from the oocyte is crucial for determining the competence of oocytes in cattle by speeding up their development into blastocysts. Based on O'Connell et al,<sup>31</sup> activins and FST facilitate luteinization and conceptus implantation by interfering with multiple reproductive processes. Activin-FST influences the production of gonadotropin receptors and steroid hormones, which are responsible for the differentiation and growth of antral follicles.<sup>32</sup> FST, activin, and inhibin interact with autocrine/paracrine to regulate anterior pituitary FSH secretion.<sup>33</sup> Activin internalization and degradation are inhibited by FST, decreasing their bioavailability and preventing FSH secretion.<sup>34</sup> High levels of FSH and luteinizing hormone (LH) affect ovarian follicle development and maturation, resulting in increased litter size.35,36 In Dazu black goats, FST polymorphisms are associated with litter sizes.7 Despite this, there has been little study of the relationship between FST variants and reproductive traits in livestock, and little is known about FST polymorphisms and their impact on sheep reproduction. As a result of these results, FST appears to be a promising candidate gene for sheep marker selection.

### Conclusions

There was an association between genotype variations of the *FST* gene and reproduction in Awassi sheep. Animals of the CC genotype had higher twinning rates, higher lambing rates, and shorter days to lambing than animals of the CG and GG genotypes. These traits are adversely affected by the silent variant p.205Tyr=SNP. Identifying genetic polymorphisms in the *FST* gene can be recommended to improve sheep reproductive performance using a marker-assisted selection program.

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### **Author Contributions**

All authors contributed equally.

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