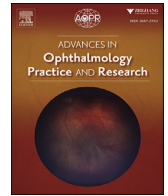




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Review

Advances in swept-source optical coherence tomography and optical coherence tomography angiography

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ABSTRACT

Background: The fast development of swept-source optical coherence tomography (SS-OCT) and swept-source optical coherence tomography angiography (SS-OCTA) enables both anterior and posterior imaging of the eye. These techniques have evolved from a research tool to an essential clinical imaging modality.**Main text:** The longer wavelength and faster speed of SS-OCT and SS-OCTA facilitate better visualization of structure and vasculature below pigmented tissue with a larger field of view of the posterior segment and 360-degree visualization of the anterior segment. In the past 10 years, algorithms dealing with OCT and OCTA data also vastly improved the image quality and enabled the automated quantification of OCT- and OCTA-derived metrics. This technology has enriched our current understanding of healthy and diseased eyes. Even though the high cost of the systems currently limited the widespread use of SS-OCT and SS-OCTA at the first beginning, the gap between research and clinic practice got obviously shortened in the past few years.**Conclusions:** SS-OCT and SS-OCTA will continue to evolve rapidly, contributing to a paradigm shift toward more widespread adoption of new imaging technology in clinical practice.

1. Introduction

Optical Coherence Tomography (OCT) was originally introduced in 1991 and has been used for in vivo imaging of retina.¹ It enables noninvasive imaging of the retina and anterior segment. It is widely used to identify and monitor pathologic changes related to different diseases such as cornea thickness, anterior chamber depth, intraretinal fluid, subretinal fluid, and exudation. From time-domain OCT (TD-OCT) with 400 A-scans per second to spectral-domain OCT (SD-OCT) with 20,000–40,000 A-scans per second, significant improvement in image resolution, the field of view (FOV), and decreased motion artifact has largely broadened the clinical acceptance and utility of OCT. The high speed of SD-OCT also enables the development of OCT angiography (OCTA) based on the difference in backscattering of light from the back of the eye on different repeated scans in the same location.² In 2010, Fujimoto et al. demonstrated ultrahigh speed swept-source OCT (SS-OCT) imaging using a short-cavity swept laser at 100,000–400,000 A-scans per second.³ The high speed and the long wavelength (~1050 nm) of SS-OCT allow very

high spatial resolution, even larger FOV, improved tissue penetration, and superior sensitivity roll-off performance.

This article reviews the recent development in using SS-OCT/SS-OCTA for the noninvasive assessment of different ocular structures in health and disease.

2. Principles of SS-OCT and SS-OCTA

Unlike TD-OCT, which scans axially through an optical delay line, Fourier-domain OCT (FD-OCT) records each spectral component from the interference spectrum and then performs Fourier transform on the interference spectrum to reconstruct the information in the depth direction of the sample.^{4,5} According to the different detection methods, the FD-OCT can be further divided into SD-OCT and swept-source OCT (SS-OCT).⁶ The main structure of SS-OCT is illustrated in Fig. 1. Unlike SD-OCT, which has a low-coherence light source and an interference spectrum obtained by spectral splitting, SS-OCT generally uses a broadband swept source whose light source wavelength varies with time. The

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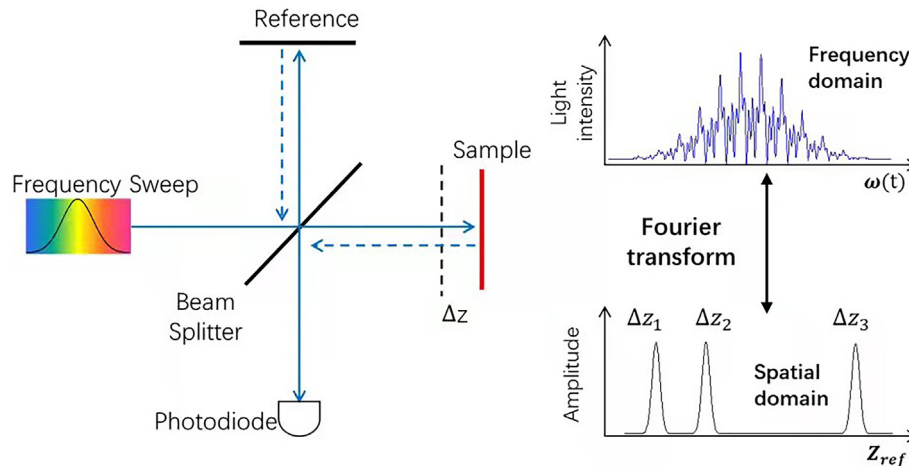


Fig. 1. The structure and data process of a typical SS-OCT system.

interference signals of the backscattered light of the sample and reference arm at different times correspond to different spectral components. A high-speed single-point detector is used to detect the interference spectrum in a time-sharing way. The reflectance distribution at different depths of the sample can be obtained by performing the Fourier transform of the interference spectrum. The procedure of time-sharing detection and Fast Fourier Transform (FFT) performed on interference spectrum is equivalent to time-modulating the wavenumber of the light source. Although additional optimization is required to maintain phase stability, SS-OCT has better sensitivity attenuation characteristics and greater scalability in imaging speed and range than SD-OCT.³ The imaging speed of SS-OCT is mainly determined by the sweep frequency of the swept source. With the development of high-speed swept-frequency light source technology, SS-OCT can currently achieve a line scan rate of 9.4 MHz with a high signal-to-noise ratio (SNR).⁷

The SS-OCT imaging system has the advantages such as fast scanning rate, wide scanning range, narrow linewidth, and high output power. In a prototype SS-OCT system with a wavelength of 1050-nm and an A-scan rate of 400 kHz reported by Fujimoto's group, a vertical-cavity surface-emitting laser (VCSEL) light source was integrated into a commercial ophthalmic surgical microscope, enabling wide-field intraoperative viewing in the posterior and anterior eye.⁸

The advantages of SS-OCT bring benefits to OCT angiography (SS-OCTA), thus enabling noninvasive and depth-resolved imaging of the retinal and choroidal microvasculature. Compared with fluorescein angiography (FA) and other invasive imaging methods based on exogenous fluorescent dyes, the basic principle of SS-OCTA technology is the analysis of motion contrast between red blood cells (RBCs) and surrounding static tissues in blood flow.⁹ The motion contrast can be explained by a random vector model, which assumes that each pixel of the OCT image is the sum of several randomly distributed scattering particles with a sub-pixel size. For dynamic blood flow regions, the spatial distribution of scattered particles exhibits time-varying characteristics due to the motion of RBCs; thus, the summed signal has a time-varying amplitude and phase; in contrast, the scattered particles in the static tissue region are relatively stable, and the summed signal does not change with time. The different time-varying characteristics of dynamic and static signals constitute the endogenous motion contrast of blood flow.

To quantify the motion contrast, OCTA technology usually requires repeated scans in the same spatial position during data collection to facilitate the analysis of signal changes over time. Up to now, several OCTA algorithms (such as variance, differential, decorrelation, and maximum likelihood estimation) have been proposed to estimate the motion magnitude of red blood cells (RBCs) utilizing different components of OCT signals (e.g., amplitude, phase, or complex).^{10–12} Among

them, the complex-based method contains both amplitude and phase components from OCT signals, providing superior vascular contrast and plentiful microvascular information. In addition, the decorrelation method calculates the differences between repeated tomograms, which is insusceptible to the interference caused by the overall intensity changes of the light source. Combining the above advantages, the complex-decorrelation technique provided superior vascular contrast and derived the calculation of the cross-decorrelation coefficient for complex OCT signals:

$$D(z, x) = 1 - \frac{\left| \sum_{p=0}^{P-1} \sum_{q=0}^{Q-1} A_n(z + p, x + q) A_{n+1}^*(z + p, x + q) \right|}{\sqrt{\sum_{p=0}^{P-1} \sum_{q=0}^{Q-1} [A_n(z + p, x + q)]^2} \sqrt{\sum_{p=0}^{P-1} \sum_{q=0}^{Q-1} [A_{n+1}(z + p, x + q)]^2}}$$

where $A_n(z, x)$ and $A_{n+1}(z, x)$ are paired complex-valued B-frames collected at the same location. n is the repeated frame index, and $*$ means the complex conjugate. P and Q are the window sizes in the Z and X directions, respectively. p and q are the corresponding indexes of pixels within the decorrelation window.

However, the measured motion contrast is not solely dependent on the dynamics of RBCs, but is also influenced by the intensity of the scattering signal and the random noise, i.e., local SNR. Particularly, due to the normalization operation in the decorrelation calculation, random noise induces severe decorrelation artifacts and hinders the visibility of the vasculature. An intensity mask was generated with a global intensity threshold to directly exclude the regions without sufficient SNR,¹³ which is much more straightforward but also excludes the possible flow signals in the low-SNR regions.

The recently proposed ID-OCTA is a promising algorithm based on a universal asymptotic linear relation between inverse SNR (iSNR) and complex decorrelation (ID) and serves as an SNR-adaptive classifier of motion contrast.¹⁴ In this algorithm, the distribution boundary line D_c of static signals in blood flow is defined as follows:

$$D_c = \left(1 + 3 \sqrt{\frac{G}{N}} \right) iSNR$$

where G is the coefficient of variance (CoV) parameter and is approximately equal to 1.5. N is the spatiotemporal kernel size in the decorrelation calculation. After excluding all signals with an iSNR value greater than the boundary line D_c , the remaining components are the endogenous OCTA signals. This algorithm removes noise decorrelation artifacts in the low SNR area caused by the normalization operation in the decorrelation calculation, thus providing clear blood vessel shapes and boundaries in the angiograms. The ID-OCTA method has been applied in

vascular morphology quantification, hemodynamics, intraoperative OCTA, and other aspects.^{15–17}

The decorrelation value in SS-OCTA has a monotonous relationship with the movement rate of RBCs in the blood, which can be used to further quantify hemodynamic parameters such as flow velocity.¹⁸ The dynamic measurement range (the slowest and fastest measurable velocity) is vital for decorrelation-based flow rate quantification. Fujimoto's group reported a variable interscan time analysis (VISTA) method, which combines measurements from different time intervals to obtain a larger velocity measurement range (compared to a single time interval).¹⁹ However, the velocity measured using the VISTA method is relative velocity. Thus far, there has been no absolute OCTA-based velocity measurement algorithm for ocular use. Using a model-based statistical method of eigendecomposition (ED) analysis of the complex OCT signals obtained with the OCTA scanning protocol, Wang's group proposed a practical approach to statistically estimate the mean capillary flow velocity of mouse brain.²⁰ Even though the relationship between the mean frequency measured by the ED-based algorithm and the actual flow speed still needs to be further systematically investigated, it provides the opportunity to quantify capillary blood flow in vivo. By introducing the concepts of capillary transit time heterogeneity and capillary mean transit time, OCTA velocimetry has proved helpful in imaging microcirculatory dynamics in animal models, enabling a more comprehensive understanding of hemodynamic-metabolic coupling.²¹ Combining this algorithm with SS-OCTA data will provide more information about microcirculation in various tissues of the body, including the retina.

3. SS-OCT and SS-OCTA for the anterior segment

Anterior segment SS-OCT has been used for the visualization and measurement of the tear film, conjunctiva, individual layer of the cornea, anterior chamber angle (ACA), iris, lens, horizontal extraocular muscle, and sclera^{22–26} (Fig. 2). Compared with SD-OCT, the longer-wavelength light source of SS-OCT allows for high-contrast images of the entire anterior chamber until the posterior surface of the lens. It can also serve as a tool to measure the axial length (AL) of the human eye (IOLMaster 700, Carl Zeiss Meditec AG, Jena, Germany). The high speed of SS-OCT enables ultrafast acquisition of numerous longitudinal and transverse scans to create three-dimensional views, such as a 360-degree evaluation of the ACA. Using SS-OCT scans, objective measurements of inflammatory cells and aqueous flare can be achieved, providing a comprehensive assessment of anterior chamber inflammation.²⁷ ANTERION (Heidelberg Engineering, Heidelberg, Germany) and CASIAII (Tomey, Nagoya, Japan) are two commercially-available widely used SS-OCT systems specially designed for the anterior segment. These two instruments had built-in software for the measurement of anterior segment structures. It can be used to access clinically relevant parameters such as corneal topography, corneal topography, anterior segment analysis, biometry,

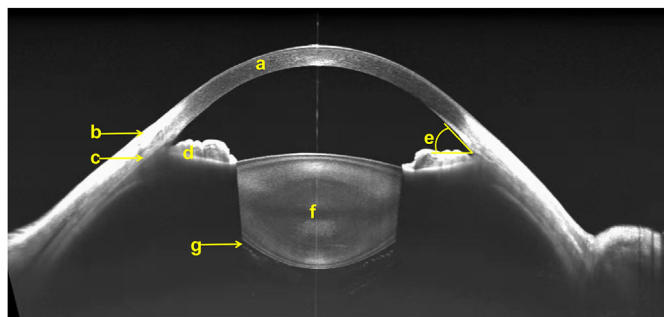


Fig. 2. A 24-mm SS-OCT B-scan (Yalkaid YG-100K, TowardPi Medical Technology, Beijing, China) showing the structure of the anterior segment, including cornea (a), conjunctive (b), sclera (c), iris (d), anterior chamber angle (e), lens (f) and Berger's space (g).

and calculation of intraocular lens (IOL) power. Even though the measurements of some anterior structures obtained with different SS-OCT devices were highly repeatable and reproducible, numerical agreement is inadequate for their interchangeable use in clinical practice.²⁸

3.1. SS-OCT and cornea

SD-OCT seems sufficient for the clinical evaluation of many corneal diseases. However, SS-OCT is still able to provide more valuable information. SS-OCT can diagnose keratoconus with high accuracy.²⁹ Using the equation derived from SS-OCT parameters is a promising method for predicting visual function in patients with keratoconus.³⁰ For patients undergoing corneal transplantation or patients with Fuchs endothelial corneal dystrophy, SS-OCT provided more reliable and repeatable anterior segment evaluations when compared with the Scheimpflug system.^{31,32} SS-OCT is also a sensitive tool in detecting early graft detachment after Descemet membrane endothelial keratoplasty.³³ One study showed that SS-OCT might be used as a potential non-contact device for corneal thickness assessment during laser in situ keratomileus. However, OCT tends to underestimate stromal bed thickness (SBT) compared with ultrasound pachymetry, and these measurements may not be used interchangeably.³⁴ Although SS-OCT provided reproducible measurements of corneal thickness and epithelial thickness in normal eyes with a strong correlation to SD-OCT, both technologies are not interchangeable when the main thickness parameters are used to diagnose early keratoconus or calculate the expected residual SBT before corneal refractive surgery.³⁵

3.2. SS-OCT and lens

Some SS-OCT devices provide the visualization of the whole crystalline lens, showing utility for in vivo imaging of lens sutures, age-related changes of the lens, cataract quantification, and density documentation.^{36–38} Lens measurements using this technology have been shown to be highly reproducible.³⁹ The SS-OCT enables whole-eye length imaging and high-precision, non-contact ocular biometry to calculate IOL power. The correlations between crystalline lens tilt and IOL tilt using whole-eye scanning indicate that preoperative tilt determination using SS-OCT could help predict postoperative IOL tilt, assist in IOL (toric) power calculations, and potentially improve visual outcomes.⁴⁰ An SS-OCT study showed that the magnitude of crystalline lens tilt decreased with increasing AL. While the variability in the tilt orientation increased with increasing AL, the direction of tilt was predominantly toward the upper outer quadrant in both eyes.⁴¹ Excellent agreement was established between the measurements provided by the new optical biometer based on SS-OCT and the optical biometer using Scheimpflug imaging.⁴² Higher AL values were measured by SS-OCT than ultrasound.⁴³

3.3. SS-OCT and anterior chamber angle

Imaging the ocular anterior chamber with SS-OCT has further enhanced our understanding of the risk factors and mechanisms involved in angle-closure diseases. The higher scan speed and deeper tissue penetration ability of SS-OCT enable imaging of the entire anterior chamber in one frame. Moreover, the qualitative and quantitative assessment of the ACA, iris, and lens can be accomplished with a single scan.^{44–46} The three-dimensional and 360-degree analysis feature of SS-OCT enables quantification of the amount of circumferential irido-trabecular contact (ITC), which has the potential to provide objective information about the extent of circumferential angle closure.^{47,48}

Apart from the established risk factors for angle closure, such as shallower anterior chamber depth, shorter AL, thicker and anteriorly placed lens, female sex, and older age,^{49,50} several novel SS-OCT imaging biomarkers have been identified as risk factors for developing angle closure, including smaller anterior chamber width, area, and volume, thicker iris with greater curvature, and increased lens vault.^{51–53} The

overall diagnostic performance of SS-OCT in detecting gonioscopic-defined angle closure was better than that reported for TD-OCT. The semiautomatic assessment of ITC from SS-OCT images is time-saving, with a similar diagnostic performance as the manual assessment.⁴⁸ Interestingly, SS-OCT tends to classify more angle closure than gonioscopy.^{47,54,55} More disagreement between these two modalities was seen when the anterior chamber depth was around 2.4 mm.⁵⁶ Baskaran et al. found that angle closure on SS-OCT at baseline tended to develop more gonioscopic angle closures at four years. It is, therefore, important for clinicians to consider close monitoring of patients with evidence of angle closure on SS-OCT, even if the angles appear open on gonioscopy.⁵⁷

Peripheral anterior synechia (PAS) represents the anterior adhesion between the peripheral iris and the anterior chamber angle, traditionally determined by indentation gonioscopy. The multiple high-resolution, cross-sectional images of the angle can be captured within seconds, facilitating the examination and measurement of PAS.^{58–60} Based on SS-OCT findings, researchers have demonstrated that phacoemulsification (PE) plus goniosynechialysis surgery resulted in a more significant reduction of ITC and the extent of PAS than PE alone in eyes with primary angle closure glaucoma and cataract.⁶¹

3.4. SS-OCTA and anterior segment

OCTA has been used to image pterygium, conjunctiva vessels, ocular surface tumors, normal iris vasculature, and iris neovascularization.^{62,63} Most reported works in the literature were performed with SD-OCTA. The high cost of SS-OCTA has limited widespread commercial and clinical acceptance of this method in anterior segments to date. The main application of the SS-OCTA system for anterior segments is imaging the iris. Compared with SD-OCTA, the longer wavelength of SS-OCTA provides superior visualization of thicker tissue and better delineates iris vessels in normally pigmented irides.⁶⁴ SS-OCTA was used to diagnose and follow iris cysts. Iris cysts did not have intrinsic vascularity on the SS-OCTA images. It has been shown that pigment epithelial cysts generally remain stable without treatment. However, iris stromal cysts frequently require surgical intervention.⁶⁵ SS-OCTA can successfully image vasculature within moderately pigmented and non-pigmented iris melanocytic tumors.⁶³ Using SS-OCTA, Mastropasqua's group showed a uniform reduction in the iris vessel network one month after scleral buckle surgery, supporting the clinical use of SS-OCTA to identify early iris perfusion changes as potential predictive biomarkers of vascular disorders.⁶⁶

4. SS-OCT for vitreous

As mentioned before, SS-OCT has enabled a more extensive imaging range and lower sensitivity roll-off than SD-OCT.³ It provided better views of vitreous structures such as posterior precortical vitreous pockets (PPVPs), Cloquet's canal, posterior cortical vitreous, posterior hyaloid, and vitreous opacities of healthy eyes and eyes with different etiologies.⁶⁷

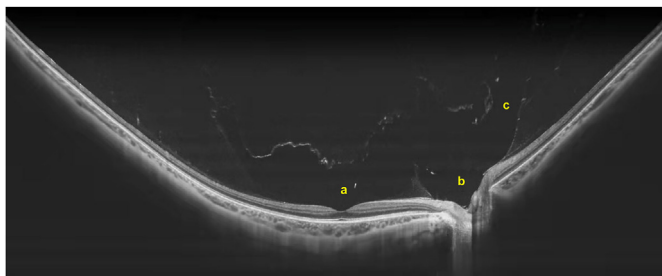


Fig. 3. A 24-mm SS-OCT B-scan (BM-400K BMizar, TowardPi Medical Technology, Beijing, China) of the right eye of a 23-year-old emmetropic female showing PPVP (a), Martegiani cavity (b), and Cloquet's canal (c) of the vitreous.

(Fig. 3).

In 2013, SS-OCT with a 12-mm scan length visualized the entire structure of the PPVP for the first time.⁶⁸ Later, using a prototype SS-OCT, the normal vitreous architecture with widefield 3D-OCT was imaged.⁶⁷ In this study, researchers found that compared to high-dynamic-range and standard OCT logarithmic scale display, the vitreous window display provides the highest sensitivity for posterior vitreous and vitreoretinal interface analysis. By imaging the vitreous of children aged between 3 and 11 years using SS-OCT, Li et al. showed that PPVPs could be noticed as early as three years old. With aging, they gradually enlarged and evolved into small boat-shaped spaces, as seen in adults. The channels connecting the PPVPs and Cloquet's canal began to form after age five.⁶⁹ Another SS-OCT study using en face analysis to visualize the posterior vitreous also confirmed that PPVPs and Cloquet's canal are not connected in younger patients but in older patients.⁷⁰ Compared with normal eyes, eyes with high myopia may have larger PPVPs.⁷¹

Historically, most observations of posterior vitreous detachment (PVD) were made using by biomicroscopy and ultrasound. Compared to these two conventional imaging modalities, SS-OCT may be a more sensitive modality for detecting PVD in patients with clear media.⁷² The detection of PVD using OCT has been limited to the macular region. The development of SS-OCT enables the visualization of PVD beyond the macular. Moreover, in a study comparing 6 mm and 16.5 mm OCT images in the same eye, seven eyes were categorized as having no PVD on 6 mm OCT. However, these were upgraded to partial PVD on 16.5 mm OCT,⁷³ meaning that longer scans are needed for fully evaluating PVD. A study using 25-mm to 36-mm SS-OCT images montaged from three SS-OCT images demonstrated that PVD first appeared in the third decade of life.⁷⁴ Another study found that partial PVD may occur as early as five years old.⁷⁵ Compared with the normal population, people with high myopia develop partial PVD around the macula and complete PVDs at younger ages.⁷¹ In eyes without fundus diseases, more than 40% of eyes at their PVD initiation are associated with vitreoschisis. As for location, PVD is first noted primarily in the paramacular-peripheral region and ultimately extends to fovea.⁷⁴ A newer SS-OCT device can obtain up to 23-mm of widefield B-scan images in a single acquisition. Using this widefield SS-OCT to quantitatively evaluate the PVD stage in healthy subjects, researchers found that age was significantly positively correlated with the overall PVD stage.⁷⁶ Furthermore, the PVD stages of the bilateral eyes were highly consistent in 183 subjects (85.5%). Moreover, PVD progression occurs significantly faster in female eyes than in male eyes at 60 years of age or older, suggesting that the macular pathologic features associated with PVD occur younger in women.

5. SS-OCT and SS-OCTA for the posterior segment

The most common application of SS-OCT and SS-OCTA is imaging the posterior segment and retinal-choroidal diseases, including diabetic retinopathy (DR), retinal artery/vein occlusion (ROV/RAO), age-related macular degeneration (AMD), polypoidal choroidal vasculopathy (PCV), central serous chorioretinopathy (CSCR), macular telangiectasia type 2 (MacTel2), myopia, uveitis, and others. They provide detailed qualitative and quantitative information on structure and vasculature, which is valuable for diagnosing and monitoring diseases.

5.1. Normal retina and retinal vasculature

A normal database of retinal thickness measurement using SS-OCT was established and was different from the SD-OCT devices for the same subject.^{77,78} Clinicians should be careful when comparing retinal structural measurements across different OCT devices. With SS-OCT, the retinal thickness map or en face analysis of the retina structure was no longer limited to the macula. The development of SS-OCTA has been beneficial for understanding normal retinal vasculature in a way that has not been possible before.

SS-OCTA enables retinal vasculature visualization beyond the

macula. To date, the largest FOV obtained with a single capture is 24×20 mm (Fig. 4). Wide-field SS-OCTA improved clinical applications for the retina. The reproducibility and repeatability for measuring certain microvasculature features using wide-field SS-OCTA are excellent in normal eyes and can be used to quantify microvascular changes over time.⁷⁹ High interocular correlation in the fovea avascular zone (FAZ) area and perimeter, moderate correlation in fractal dimension and vessel diameter index, and poor correlation in vessel density were observed in normal healthy subjects.⁸⁰ Normative data of SS-OCTA for retinal vasculature densities (VDs) and the FAZ area are not as many as SD-OCTA. To the best of our knowledge, the largest SS-OCTA normative database of retinal microvasculature was generated from 346 healthy subjects.⁸¹ In healthy eyes, the macular VD presented with a wide range of variations, which is positively correlated with foveal retina thickness and choroidal thickness (CT), but negatively correlated with age and no correlation with AL or sex. These findings were confirmed by a similar study.⁸² In contrast, one study reported that AL was negatively correlated with superficial parafoveal VD after correction for magnification induced by eye elongation.⁸³ Central retinal thickness and retinal VD were found to be negatively associated with FAZ.⁸⁴ Still, more researches needs to be done to investigate the repeatability of wide-field SS-OCTA in diseased eyes.

5.2. Normal choroid

The longer wavelengths of SS-OCT and SS-OCTA enable better penetration into the choroid, a breakthrough for understanding the choroid metrics of healthy and diseased eyes. Compared with being able to visualize 93% of scleral-choroidal junctions using enhanced depth imaging (EDI) SD-OCT,⁸⁵ SS-OCT allowed 100% clear visualization of the scleral-choroidal junction.⁸⁶ Therefore, the reproducibility and repeatability of CT measurements using SS-OCT are excellent.⁸⁷ The higher imaging speed of SS-OCT enables a larger FOV and denser A-scan, which makes wide-field CT maps possible. Many commercially available SS-OCT devices have built-in software to automatically generate CT maps (Fig. 5). Even though considerable variation was seen on CT maps of normal eyes, the thickest choroidal was most often located in the superior-temporal hemifields.⁸⁸ Interestingly, mean CT measurements in the right eyes were significantly thicker than in the left eyes in a healthy population.⁸⁹ A normal 95% limits of signed interocular differences and absolute interocular differences in mean CT were established, which could be used as a reference for physiological asymmetry. Besides CT, many other interesting features of the choroid were investigated using SS-OCT or OCTA, including but not limited to choroidal vessel volume (CVV), choroidal stroma volume (CSV), choroid vascularity index (CVI),

and the choroidal stroma-to-vessel volume ratio (CSVV). By using a fully automated SS-OCT algorithm, Wang's group found that CT, CVV, and CSV decrease with age, and the CVI and CSVV remain constant with age.⁹⁰ The development of powerful algorithms will largely facilitate future studies into the choroid change in both ocular and systemic diseases.

SS-OCTA provided high-quality choriocapillaris (CC) images.^{91,92} In these images, white pixels represent flow and black pixels represent areas of signal deficits where the flow is either absent or below the detection threshold, called "CC flow voids" and recently renamed as "CC signal voids". By studying 164 healthy subjects with normal eyes ranging in age from 20s to 80s using SS-OCTA, Zheng et al. found that the flow deficits (FDs) increased with age across the central 5 mm of the macula in normal people, and the greatest increase was found in the central 1 mm region of the macula.⁹³ The correlation of FDs with distance from the fovea and age has been confirmed by many other studies.^{94,95} Even though CC imaged by commercially available SS-OCTA instruments has been accepted by many researchers, it still cannot provide images that can resemble histology and resolve individual capillaries under the posterior pole. The reason is that current commercial SS-OCTA systems only have 15- to 25- μ m transverse resolution, which is similar to the averaged intercapillary distance of CC (10–25 μ m). Encouragingly, by introducing a prototype research SS-OCT system with a large beam size of 3.50 mm, Wang's group successfully demonstrated a clearer CC lobular capillary network.⁹⁶ The authors also point out that a small beam size could provide comparable quantification results for both morphometric parameters and CC inter-vascular spacing, indicating that the current commercial OCTA systems might still be applicable to providing useful information relevant to clinical measurements.

5.3. SS-OCT and SS-OCTA for DR

The advance of SS-OCTA provides a much larger scan area with a single scan (12×12 mm and 24×20 mm) or montage technique (15×15 mm, 18×18 mm, and 31×27 mm). Wide-field SS-OCTA is able to capture all clinically relevant features of DR, including microaneurysms (MAs), non-perfusion areas (NPAs), intraretinal microvascular abnormalities (IRMAs), and neovascularization (NV) (Fig. 6). It also gives simultaneous OCT B-scans to detect diabetic macular edema. As the pathologic features of DR, such as NPA and NV, are often outside of the macula, wide-field SS-OCTA is particularly important for the diagnosis and management of DR.⁹⁷ The noninvasive feature of SS-OCTA enables longitudinal imaging of NV to monitor NV progression or regression.⁹⁸ The first definitive demonstration of IRMAs evolving into NV was recorded using longitudinal wide-field SS-OCTA.⁹⁹ Most importantly, the detection rate of IRMAs and NV was superior to the ultrawide-field color

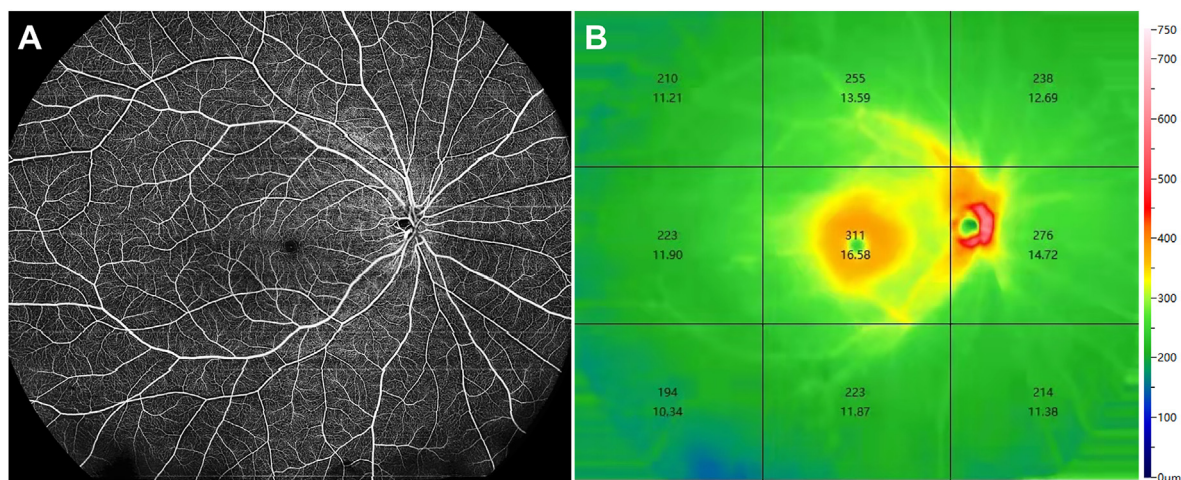


Fig. 4. Retina vessels (A) and retina thickness map (B) of the right eye of a 35-year-old emmetropic male using 24×20 mm wide-field SS-OCTA (BM-400K BMizar, TowardPi Medical Technology, Beijing, China).

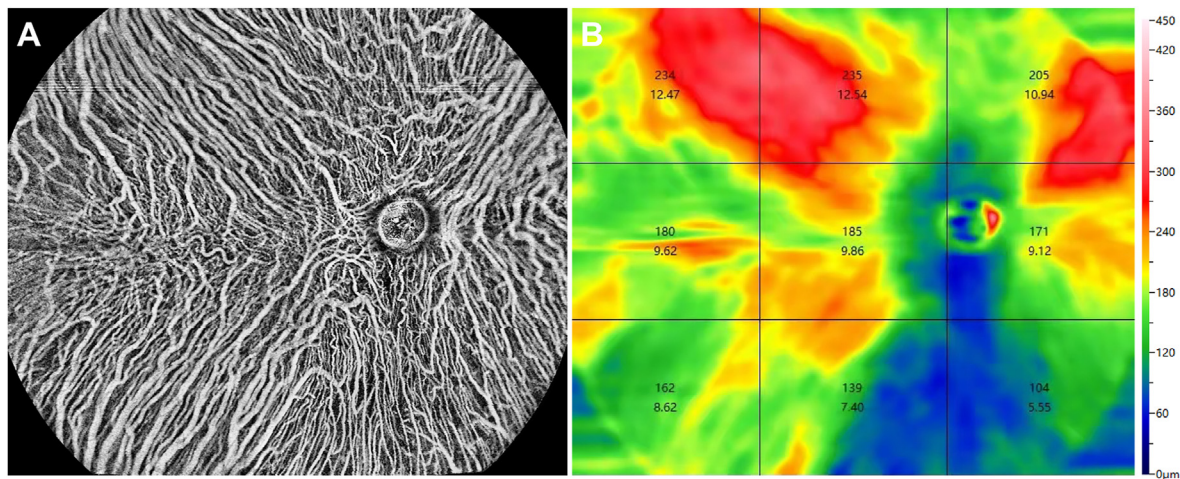


Fig. 5. Choroidal vessels (A) and choroidal thickness map (B) of the right eye of the same normal subject as Fig. 4 using 24×20 mm wide-field SS-OCTA (BM-400K BMizar, TowardPi Medical Technology, Beijing, China).

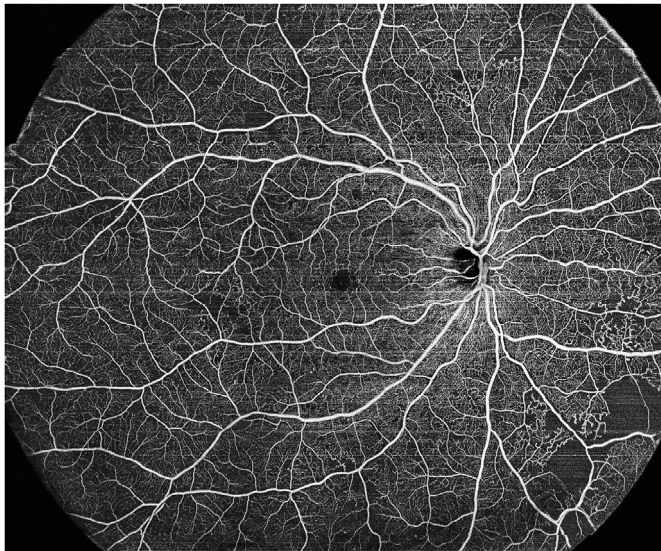


Fig. 6. The superficial vascular complex slab of the right eye of a non-proliferative diabetic retinopathy patient using wide-field SS-OCTA (BM-400K BMizar, TowardPi Medical Technology, Beijing, China).

fundus and comparable with ultrawide-field FA (UWF-FA).¹⁰⁰ The detection rate of NPAs was higher with wide-field SS-OCTA than with UWF-FA in eyes with DR after three anti-vascular endothelial growth factor (VEGF) injections.¹⁰¹ Even though some previous studies showed lower sensitivity of SS-OCTA in the detection of MAs than FA,^{102,103} a recent study suggested that the detection rates of MAs were comparable with UWF-FA images.¹⁰⁰ Furthermore, when comparing wide-field SS-OCTA plus UWF color fundus photograph with UWF-FA, the detection rates of MAs, IRMAs, NV, and NPAs were identical. There was a strong agreement between SS-OCTA and FA in evaluating the size of the FAZ. Progression of the FAZ size of both superficial and deep capillary plexus correlated with the DR stage.^{104,105} Wide-field SS-OCTA also provides additional information about the relationship of NV with the vitreous and can be used to monitor the changes in traction before and after vitrectomy. The presence of extensive and protruded NV was associated with vitreous hemorrhage in patients with PDR.¹⁰⁶ A separate group demonstrated the ability of wide-field SS-OCTA imaging to characterize vitreoretinal traction, retinal ischemia, and NV-hyaloid

relationships in diabetic traction retinal detachment and to monitor changes in these parameters before and after pars plana vitrectomy.¹⁰⁷

Using VISTA, relative flow speed in the microvascular changes of different stages of DR was analyzed.¹⁰⁸ In general, increased disease severity was associated with a globally slower flow speed, particularly in the area around the FAZ. MAs, IRMAs, and NV appeared to originate from areas of relatively slow blood flow speed. MAs showed slower flow, IRMAs showed turbulent, intermediate to slow flow, and venous beading and looping presented relatively high flow speed that tapered progressively. A relatively slower flow speed was found in NV with a venous origin, whereas a relatively faster flow speed was found in NV with an arterial origin.

5.4. SS-OCT and SS-OCTA for RAO and RVO

FA is still the gold standard for evaluating RAO. Few studies on the applications of SS-OCTA in RAO have been reported. The main application of SS-OCT and SS-OCTA in retinal vascular occlusion is on RVO (Fig. 7), which is the second-most common retinal vascular disorder after DR.¹⁰⁹

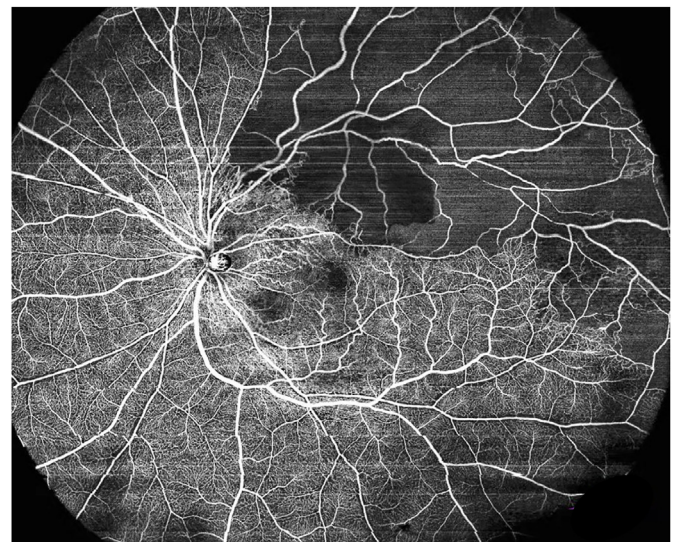


Fig. 7. The superficial vascular complex slab of the left eye of a branch retinal vein occlusion patient using 24×20 mm wide-field SS-OCTA (BM-400K BMizar, TowardPi Medical Technology, Beijing, China).

In patients with branching RVO (BRVO), a correlation was found between NPAs on FA and honeycomb-like structure on en face SS-OCT due to retinal edema was found.¹¹⁰ The dark area on the en face SS-OCT corresponding to retinal thinning can be used to delineate NPAs.¹¹¹ Increased macular thickness, disrupted retinal outer layers, and disorganization of retinal inner layers seen on SS-OCT are significant predictors of poor visual outcomes.¹¹² With greater accuracy, SS-OCTA was used to evaluate the perfusion status of retinal vessels qualitatively and quantitatively. A case report of BRVO demonstrated that SS-OCTA was superior to FA in detecting NPAs and delineating them with higher resolution and in detecting microvascular abnormalities and FAZ area.¹¹³ Most conventional SS-OCT or SS-OCTA with 12×12 mm FOV cannot be used to evaluate peripheral retinal abnormalities, such as NPAs and neovascularization of RVO. The newer wide-field SS-OCTA devices overcome this shortcoming and can be used to evaluate RVO with peripheral retinal abnormalities with comparable accuracy compared with FA.^{114,115} It can be used to differentiate between ischemic and non-ischemic RVO.¹¹⁶

5.5. SS-OCT and SS-OCTA for AMD

SS-OCT and SS-OCTA provide sufficient information for monitoring both nonexudative and exudative AMD. Large and soft drusen are distinguishing features of AMD. The algorithm based on SS-OCTA for the quantitative assessment of drusen area and volume measurement was validated against the SD-OCT algorithm and was shown to be highly reproducible.¹¹⁷ Wide-field en face SS-OCT images covering arcades were able to identify reticular pseudodrusen (RPD) as good as conventional multimodal imaging, including color fundus photographs, fundus infra-red images, and fundus autofluorescence.¹¹⁸ En face SS-OCT imaging is also useful for detecting and monitoring of calcified drusen.¹¹⁹ Using a slab located beneath the retinal pigment epithelium (RPE), geographic atrophy (GA) (also known as complete retinal pigment epithelium and outer retinal atrophy, cRORA¹²⁰), and nascent GA (also known as incomplete retinal pigment epithelium and outer retinal atrophy, iRORA¹²¹) can be well visualized and measured. Compared with intact RPE, the area where RPE is attenuated or absent appears bright on the sub-RPE slab with segmentation boundaries positioned 64 and 400 μ m below Bruch's membrane.¹²² Using en face SS-OCT, Rosenfeld's group found that persistent hypertransmission defects with a greatest linear dimension equal to and above 250 μ m can serve as an early stand-alone OCT biomarker for the future formation of GA.¹²³ What's more, the accurate detection of persistent hypertransmission defects on en face OCT images by graders demonstrates the feasibility of using this OCT biomarker to identify disease progression in eyes with nonexudative AMD.¹²⁴ The study of CC and GA is of great interest. It is already known that CC alterations in the area of GA and beyond the GA margin are based on histology findings. SS-OCTA was also able to detect the same finding.^{19,125} The VISTA method suggested that the observed CC flow alterations in the border of GA and under nascent GA predominantly corresponded to flow impairment rather than complete CC atrophy.¹²⁶ Using SS-OCTA, the global CC FD was found to correlate with the enlargements rate of GA.¹²⁷ However, there is still no consistency regarding the visualization of CC in patients with GA, and whether they truly represent the absence of flow or merely reduced flow.¹²⁸ These findings still need to be further elucidated.

With SS-OCTA, different types of macular neovascularization (MNV) can be classified. Compared with SD-OCTA, SS-OCTA provides better visualization and more accurate quantification of MNV size with high repeatability across different scan patterns^{129–131} (Fig. 8). Using SS-OCTA, researchers discovered subclinical (also known as quiescent) type 1 and type 3 MNV.¹³² In patients with intermediate AMD or GA secondary to nonexudative AMD in one eye and exudative AMD in the fellow eye, the risk of exudation was 15.2 times greater for eyes with subclinical MNV detected by SS-OCTA compared with eyes without subclinical MNV.¹³² The 24-month risk of exudation was 13.6 times for

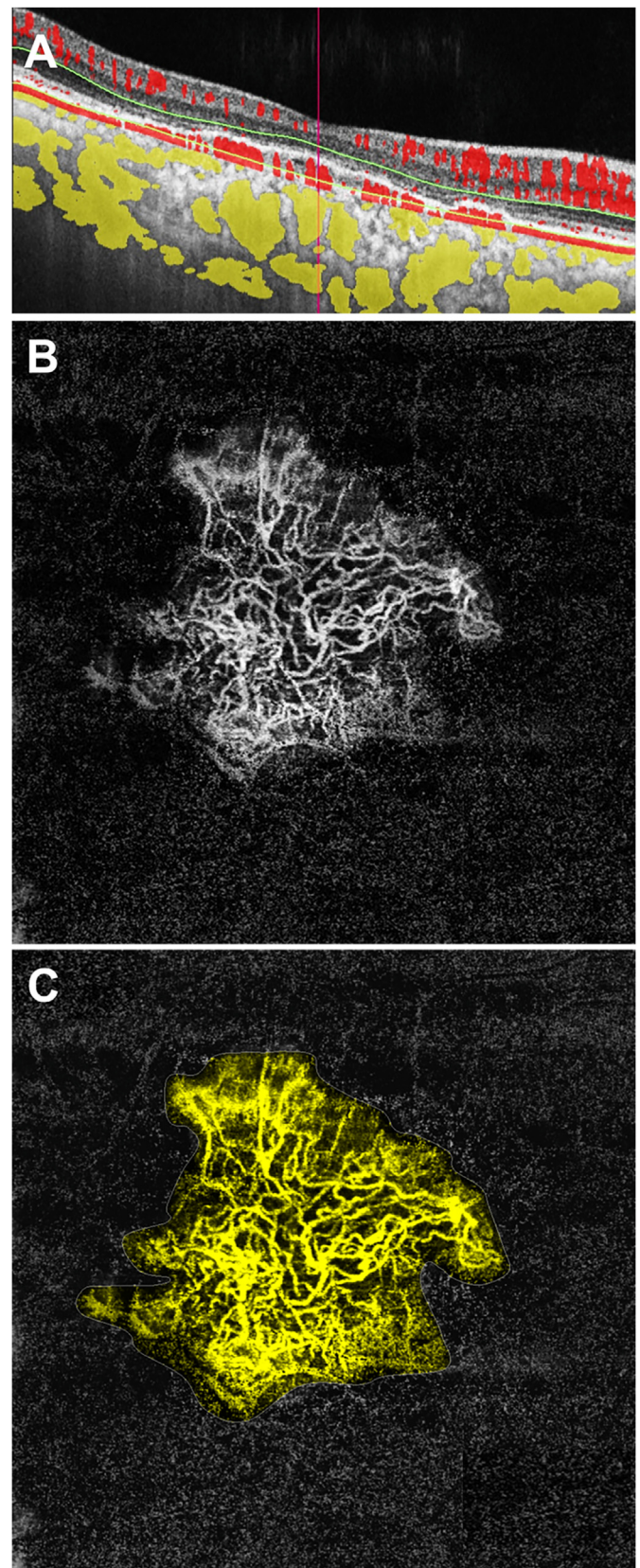


Fig. 8. The color-coded B-scan (A), outer retina slab (B) and automated flow area quantification (C) of an age-related macular degeneration patient with type 1 macular neovascularization using 6×6 mm SS-OCTA (BM-400K BMizar, TowardPi Medical Technology, Beijing, China).

the same group of patients.¹³³ Using an automated algorithm, the size and vascularity of MNV can be measured, which helps evaluate the response of MNV to treatment.¹³⁴

PCV is considered a subtype of neovascular AMD, which is more commonly observed in Asian populations. PCV is believed to represent a form of type 1 neovascularization associated with an abnormal branching vascular network (BVN) and aneurysmal dilations referred to as polyps.¹³⁵ Indocyanine green angiography (ICGA) is the current gold standard for PCV diagnosis.¹³⁶ Kim et al. performed SS-OCTA on 31 eyes of 30 patients with treatment-naïve PCV based on ICGA. They found that SS-OCTA was comparable to ICGA for the diagnosis of treatment-naïve PCV.¹³⁷ In addition, SS-OCTA might be better than ICGA in correctly identifying both polypoidal lesions and BVN in treatment-naïve PCV. Bo et al. noticed that previously described polypoidal lesions might appear as tangled vascular structures associated with BVN or type 2 MNV on SS-OCTA in eyes with PCV.¹³⁸ The same research group later found that the clusters of tangled vessels in PCV can evolve into typical type 1 MNV after anti-VEGF treatment.¹³⁹ For nonexudative PCV patients under treatment, both growth of BVN and progression of polypoidal lesions, including new appearance, enlargement, and reappearance of polypoidal lesions, were found to be characteristics associated with exudative recurrences.¹⁴⁰ Choroid is known to play an important role in the pathology of PCV. Focal or diffuse increases in CT, along with attenuation of the inner choroid, have also been widely documented by SS-OCT.¹⁴¹ In treatment-naïve eyes with PCV, the decreases in pigment epithelial detachment (PED) volumes were correlated with the decrease in mean CT and the increase in CVI,¹⁴² which provides a novel clue in the understanding of PCV.

5.6. SS-OCT and SS-OCTA for CSCR

SS-OCT provides great convenience in studying choroidal changes in CSCR. The en face SS-OCT images demonstrated that choroidal vascular areas were larger in the diseased and fellow eyes of CSCR patients than in age-matched normal controls.¹⁴³ According to a retrospective study, dilated vessels were seen at the level of Haller's layer in most cases of acute and chronic CSCR.¹⁴⁴ Interestingly, the vessels presented with focal dilation in eyes with acute CSCR, and the vessels presented with diffuse dilation in eyes with chronic CSCR. Above these dilated vessels at Haller's layer, attenuation of the inner choroidal layers was observed. Notably, all dilated choroidal vessels seen on en face SS-OCT images coincided with hyperpermeable lesions seen on the ICGA.

SS-OCTA also provides advantages when imaging eyes with chronic CSCR complicated by choroidal neovascularization (CNV).¹⁴⁵ In chronic CSCR, SS-OCTA had a sensitivity of 88% and a specificity of 100% to detect CNV, compared with conventional FA or ICGA.¹⁴⁶ In contrast, another study found that compared with OCTA, the FA was unable to characterize CNV in CSCR (with a very low sensitivity and moderate specificity), as none of the specific dye leakage patterns on FA correlated with CNV seen on OCTA, limiting its usefulness and accuracy in detecting CNV in these eyes.¹⁴⁷ When the overlapping of fluorescein leaking on FA influences the visualization of CNV, SS-OCTA is indispensable.¹⁴⁸ Xu's group also demonstrated the ability of SS-OCTA to qualitatively and quantitatively evaluate CNV in chronic CSCR complicated by flat irregular PED.¹⁴⁹ They found that half-dose PDT had favorable effects on chronic CSCR with CNV. Even though the mean area of CNV was larger at the 6-month follow-up, no signs of activity, such as subretinal fluid, were noticed. The authors suspected that the larger size of CNV after PDT might play a compensatory role in the macular. However, further research is required.

5.7. SS-OCT and SS-OCTA for MacTel2

MacTel2 is a primary neurodegenerative disease, with vascular changes limited to the macular. Therefore, SD-OCTA is sufficient for the diagnosis and monitoring MacTel2.¹⁵⁰ To date, only one study on

MacTel2 has been published using SS-OCTA. The authors not only described the temporal microvascular changes around fovea correlating with FA leakage, but also demonstrated the superior ability of SS-OCTA in detecting sub-retinal neovascularization in proliferative MacTel2 compared with FA.¹⁵¹ Using SS-OCT, studies about choroid change in MacTel2 have been conducted. Kumar et al. found significantly thicker choroids in MacTel2 patients compared to age-matched and gender-matched controls.¹⁵² However, they failed to consider AL, the main influencing factor of CT. After adjusting for age and AL, there were no statistically significant differences in CT, CVC, and CVD when comparing eyes with MacTel2 to controls.¹⁵³

5.8. SS-OCT and SS-OCTA for high myopia

High myopia is defined as a refractive error exceeding -6.0 diopters and/or AL longer than 26 mm, with characteristic degenerative changes in the sclera, retina, optic nerve, Bruch's membrane, RPE and choroid.¹⁵⁴ The larger FOV and deeper scanning window overcome the difficulty of imaging the posterior pole of the PM generated by the posterior staphyloma (Fig. 9). According to an observational cross-sectional study of 262 eyes of 139 pathologic myopia patients, SS-OCT was able to visualize the entire layer of the choroid and sclera.¹⁵⁵ By investigating the choroid and CC in anisomyopes using SS-OCT and SS-OCTA, Wu et al. found choroidal vascularity and CC blood perfusion were lower in the more myopic eyes of anisomyopic adults and these changes were correlated with the severity of myopia and choroidal thinning, suggesting that choroidal blood flow is disturbed in myopia eyes.¹⁵⁶ Wang's group found that ocular magnification significantly affects retinal vessels' quantification results and CC in myopic eyes.¹⁵⁷ They recommended correcting the magnification effect before quantifying the OCTA parameters in future studies. CNV is a common complication of myopia. Using SS-OCTA, the flow pattern and perforating vessels of CNV in myopia can be clearly delineated.¹⁵⁸

5.9. SS-OCT and SS-OCTA for posterior uveitis

SS-OCT and SS-OCTA have been used to evaluate the structural and vascular changes in many types of posterior uveitis. They can also serve as an important noninvasive tool in assessing treatment responses. In the acute phase of sympathetic ophthalmia, thicker choroid and increased CVI were noticed based on SS-OCT imaging.¹⁵⁹ By assessing structural CT change after systemic corticosteroid therapy in Vogt-Koyanagi-Harada (VKH), significantly increased CT in the area with pretreatment CT of less than 100 μm and significantly decreased CT in the area with pretreatment CT of more than 300 μm were noticed, indicating choroidal remodeling.¹⁶⁰ Inflammatory CNV (iCNV) is a common complication of posterior uveitis. The presence of leaking of conventional dye-based angiography makes the diagnosis of iCNV challenging. OCTA is a useful tool for differentiating iCNV from other inflammatory lesions with high sensitivity and specificity.¹⁶¹ Subretinal hyperreflective material in quiescent posterior uveitis imaging by SS-OCT and SS-OCTA may act as a useful biomarker to monitor activity and response to therapy in eyes with iCNV.¹⁶² SS-OCTA was able to show outer photoreceptor disruption and sparing of the CC in multiple evanescent white dot syndrome (MEWDS).¹⁶³ In another MEWDS patient complicated with an atypical inflammatory subfoveal PED, a focal area of attenuated CC was noticed under the PED on SS-OCTA images. With the development of an automated quantification algorithm for CC lesion size in posterior uveitis patients, the disease activity would be monitored objectively.¹⁶⁴ It should be noticed that both SS-OCT and SS-OCTA lack information about leakage. However, by comparing the SS-OCTA images and FA in retinal vasculitis patients, researchers found retinal vascular leakage/staining on FA corresponded to increased perivascular retinal thickness on SS-OCTA.¹⁶⁵ Further studies are required to confirm whether SS-OCTA may serve as a semiquantitative alternative to FA in diagnosing and monitoring the response to treatment in uveitis patients presenting with

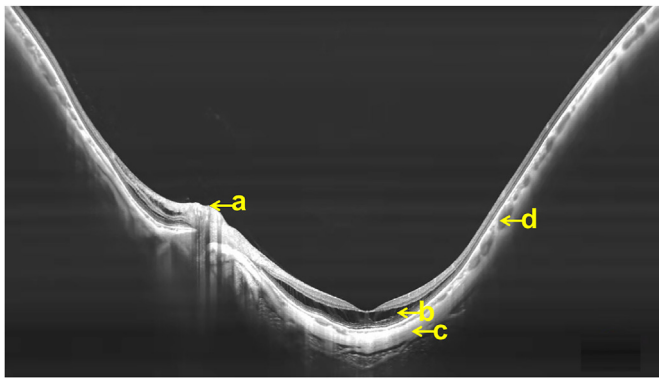


Fig. 9. A 24 mm SS-OCT B-scan of the left eye of a high myopia patient with posterior staphyloma and retinoschisis. (a) optic nerve, (b) retinoschisis in the macula, (c) sclera and (d) choroid. (BM-400K BMizar, TowardPi Medical Technology, Beijing, China).

retinal leakage or staining.

5.10. SS-OCT and SS-OCTA for optic nerve

SS-OCT is able to detect different aspects of the lamina cribrosa, including the anterior lamina cribrosa curvature, anterior lamina cribrosa depth, anterior lamina cribrosa insertions, laminar thickness, focal lamina cribrosa defects, and lamina cribrosa microarchitecture.¹⁶⁶ Compared with SD-OCT, SS-OCT did not show a higher detection rate of deep optic nerve structures. However, a larger area anterior surface of the lamina cribrosa was visible on SS-OCT.¹⁶⁷ In contrast, SS-OCT enabled calculation of optic nerve head drusen volume for all eyes, compared with SD-OCT fully visualizing the anterior and posterior drusen borders of no patient.¹⁶⁸ Using 3D-reconstructions and co-registered high-definition en face images extracted from a single densely sampled SS-OCT dataset, different patterns of optic disc pits were visualized in patients for the first time.¹⁶⁹ In preperimetric and early glaucoma, the retinal nerve fiber layer thickness map obtained from wide-field SS-OCT showed comparable sensitivity for distinguishing them from healthy eyes with conventional SD-OCT.¹⁷⁰

6. Conclusions

The application of SS-OCT and SS-OCTA is not limited to this review. This system has been used in surgical retina area like macular hole, epiretinal membrane, and rhegmatogenous retinal detachment, as well as in investigating retina or choroid changes of systemic diseases. There is no doubt that this technology improves our understanding of ocular diseases and changes the clinical process. The data analysis function is built in most commercially available SS-OCT/SS-OCTA devices and keeps updating all the time. Together with new technology like artificial intelligence, new devices will continue to change our clinical practice.

Study approval

Not Applicable.

Author contributions

FZ, XD, and QZ wrote and revised the manuscript. JH, PY, and SL edited and revised the manuscript. PL, JZ, and XF supervised the whole manuscript drafting. All authors reviewed the results and approved the final version of the manuscript.

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Declaration of competing interest

Jian Zhou is an employee of TowardPi (Beijing) Medical Technology Ltd, Shanghai, China. No conflicting relationship exists for other authors.

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Abbreviations

SS-OCT	swept-source optical coherence tomography
SS-OCTA	swept-source optical coherence tomography angiography
FOV	field of view
FFT	Fast Fourier Transform
SNR	signal-to-noise ratio
VCSEL	vertical-cavity surface-emitting laser
ID-OCTA	inverse SNR and complex decorrelation OCTA
VISTA	variable interscan time analysis
ACA	anterior chamber angle
AL	axial length
IOL	intraocular lens
SBT	stromal bed thickness
ITC	iridotrabecular contact
PAS	peripheral anterior synechia
PPVPs	posterior precortical vitreous pockets
PVD	posterior vitreous detachment
DR	diabetic retinopathy
ROV/RAO	retinal artery/vein occlusion
AMD	age-related macular degeneration
PCV	polypoidal choroidal vasculopathy
CSCR	central serous chorioretinopathy
MacTel2	macular telangiectasia type 2
FAZ	fovea avascular zone
VDS	vasculature densities
CT	choroidal thickness
EDI	enhanced depth imaging
CVV	choroidal vessel volume
CSV	choroidal stroma volume
CVI	choroid vascularity index
CSVR	choroidal stroma-to-vessel volume ratio
CC	choriocapillaris
FDs	flow deficits
MAs	microaneurysms
NPAs	non-perfusion areas
IRMAs	intraretinal microvascular abnormalities
NV	neovascularization
UWF	ultrawide-field
RPD	reticular pseudodrusen
RPE	retinal pigment epithelium
GA	geographic atrophy
MNV	macular neovascularization
BVN	branching vascular network
ICGA	Indocyanine green angiography
CNV	choroidal neovascularization
PED	pigment epithelial detachment

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