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## Original Article

# Application of novel Ni(II) complex and ZrO<sub>2</sub> nanoparticle as mediators for electrocatalytic determination of N-acetylcysteine in drug samples

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## ABSTRACT

The electrooxidation of N-acetylcysteine (N-AC) was studied by a novel Ni(II) complex modified ZrO<sub>2</sub> nanoparticle carbon paste electrode [Ni(II)/ZrO<sub>2</sub>/NPs/CPE] using voltammetric methods. The results showed that Ni(II)/ZrO<sub>2</sub>/NPs/CPE had high electrocatalytic activity for the electrooxidation of N-AC in aqueous buffer solution (pH = 7.0). The electrocatalytic oxidation peak currents increase linearly with N-AC concentrations over the concentration ranges of 0.05–600 μM using square wave voltammetric methods. The detection limit for N-AC was equal to 0.009 μM. The catalytic reaction rate constant,  $k_h$ , was calculated ( $7.01 \times 10^2 \text{ M}^{-1} \text{ s}^{-1}$ ) using the chronoamperometry method. Finally, Ni(II)/ZrO<sub>2</sub>/NPs/CPE was also examined as an ultrasensitive electrochemical sensor for the determination of N-AC in real samples such as tablet and urine.

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## 1. Introduction

N-Acetylcysteine (N-AC) comes from the amino acid L-cysteine, which has many uses as medicine. N-AC is suggested to counteract paracetamol and CO poisoning and is also used for chest pain, bile duct blockage in infants, amyotrophic lateral sclerosis, Alzheimer's disease, allergic reactions to the antiepileptic drug phenytoin, and eye infection (keratoconjunctivitis). N-AC is a building block for antioxidants [1]. N-AC overdose can be harmful because of its side effects such as diarrhea, upset stomach, skin rash, and fatigue

[2]. A variety of analytical methods have been suggested for determination of N-AC in real samples such as spectrophotometry [3–6], chromatography [7–9], flow injection [10], fluorimetry [11], and electrochemical methods [12,13]. Compared to other analytical methods, electrochemical techniques are proposed for pharmaceutical, biological, and environmental detection owing to their fast response, low cost, good selectivity, and high sensitivity [14–25].

Room temperature ionic liquids are salt liquids at room temperature with special properties such as high conductivity, nonvolatility, large electrochemical potential window,

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chemical stability, low vapor pressure, and good thermal stability [26–30]. Room temperature ionic liquids are good binders and a suitable mediator for modification of electrochemical sensor in voltammetric and amperometric analysis [31–36].

Nano-based materials represent a new era for the development of novel modified sensors because of their unique properties such as good electrical conductivity [37–40]. Nano-based materials, especially metal-based nanoparticles (NPs), have been successfully used as modifiers to obtain very low detection limits in electrochemical sensors [41–43].

In the present work, we investigated the synthesis and application of a new Ni(II) complex, [NiII(L)(MeIm)], where H<sub>2</sub>L is (E)-2-(5-bromo-2-hydroxybenzylideneamino)phenol and MeIm is N-methyl imidazole, as a novel mediator for the electrocatalytic determination of N-AC using voltammetric methods. Ni(II)/ZrO<sub>2</sub>/NPs/CPE is ultrasensitive in the detection of N-AC in real samples. To the best of our knowledge, this study is the first to report on the application of [NiII(L)(MeIm)] as an electrocatalyst in the voltammetric determination of biological or pharmaceutical samples.

## 2. Experimental

### 2.1. Chemicals and instrumentation

N-AC, zirconium(IV) chloride, and phosphoric acid were purchased from Sigma-Aldrich. Graphite powders, sodium hydroxide, and paraffin oil, were purchased from Merck (Germany). Phosphate-buffered saline solutions (0.1M) with different pH values were used for the pH optimization study.

X-ray powder diffraction studies were carried out using an STOE diffractometer with Cu–K $\alpha$  radiation ( $\lambda = 1.54 \text{ \AA}$ ). Voltammetric investigation was performed in an electroanalytical system, Autolab PGSTAT 12, potentiostat/galvanostat connected to a three-electrode cell, Metrohm Model 663 VA stand linked with a computer (Pentium IV), and with Autolab software. The system was run on a PC using GPES and FRA 4.9 software.

### 2.2. Synthesis of [Ni<sup>II</sup>(L)(MeIm)]

In a typical experiment, a solution of 0.146 g (0.5 mmol) of (E)-2-(5-bromo-2-hydroxybenzylideneamino)phenol (H<sub>2</sub>L) in 10 mL methanol was placed in a round bottom two-necked flask equipped with a magnetic stirrer, a dropping funnel, and a reflux condenser. This solution was heated, and then a solution of Ni(OAc)<sub>2</sub>·4H<sub>2</sub>O (0.5 mmol) in 10 mL methanol was added dropwise from the dropping funnel. The reaction mixture immediately turned bright red. Then, a few drops of N-methyl imidazole (MeIm) was slowly added to the solution. The reaction mixture was stirred and heated at a gentle reflux for a further 3 hours. The single crystals suitable for X-ray data collection were obtained by slow evaporation of the methanol solution after 4 days. The crystals were filtered off, washed with a small amount of cold methanol, and dried under vacuum. Yield: 70%. Red color crystals. Mol. wt.: 430.90. Anal. Calcd. for C<sub>17</sub>H<sub>14</sub>BrN<sub>3</sub>NiO<sub>2</sub>: C, 47.38; H, 3.27; N, 9.75. Found: C, 47.22; H, 3.18; N, 9.70%. Fourier transform-infrared:  $\nu_{\text{max}}$  (cm<sup>-1</sup>) (KBr): 1596 (C=N), 1095 (ClO<sub>4</sub>). UV–Vis:  $\lambda_{\text{max}}$  (nm) ( $\epsilon$ , M<sup>-1</sup> cm<sup>-1</sup>) (CH<sub>3</sub>CN): 261 (70,000), 325 (25,000), 444 (35,000). <sup>1</sup>H

nuclear magnetic resonance: 8.03(s, 1H), 7.65 (s, 1H), 7.54 (dd, 1H), 7.48 (d, 1H), 7.23 (dd, 1H), 7.07 (d, 1H), 7.04 (t, 1H), 6.84 (t, 1H), 6.82 (s, 1H), 6.75 (dd, 1H), 6.55 (d, 1H). The synthetic procedure for the preparation of the complex is shown in Figure 1.

### 2.3. Synthesis of ZrO<sub>2</sub>/NPs

To synthesize the ZrO<sub>2</sub>/NPs, in a typical experiment, a 0.5M aqueous solution of zirconium (IV) chloride and a 2.5M aqueous solution of sodium hydroxide were prepared in distilled water. Under continuous stirring, the beaker containing sodium hydroxide solution was heated at a temperature of about 35°C. The zirconium (IV) chloride solution was added dropwise to the heated solution under high-speed stirring. The precipitated Zr hydroxide was cleaned with deionized water and ethanol, then calcined at 800°C for 1.5 hours.

### 2.4. Preparation of real samples

Ten N-AC tablets were grinded. Then, the tablet solution was prepared by dissolving a suitable amount of the powder in 100 mL water by ultrasonication. Then, 0.1 mL of the solution was diluted with the buffer solution (pH 7.0) in a 10-mL volumetric flask. The N-AC content was analyzed by the proposed method using the standard addition method. The human urine samples were analyzed after 2 hours of their sampling, except when stated otherwise. The prepared samples were taken from humans and were used for measurements after they were centrifuged (2500 rpm, room temperature) and diluted four times with phosphate-buffered saline without any further pretreatment. Pharmaceutical and water sample were prepared without any revision.

### 2.5. Preparation of voltammetric sensor

A 5.0% (w/w) Ni(II) complex spiked graphite and ZrO<sub>2</sub>/NPs powders was made by dissolving the given quantity of Ni(II) complex in diethyl ether and hand mixing with 90.0% (w/w) of graphite powder and 5.0% (w/w) ZrO<sub>2</sub>/NPs with a mortar and pestle. The solvent was evaporated by stirring, and mixture of ZrO<sub>2</sub>/NPs, ZrO<sub>2</sub>/NPs spiked carbon powder plus paraffin oil was blended by hand mixing. The resulting paste was inserted in the bottom of a glass tube. The electrical connection was implemented by a copper wire lead fitted into a glass tube.

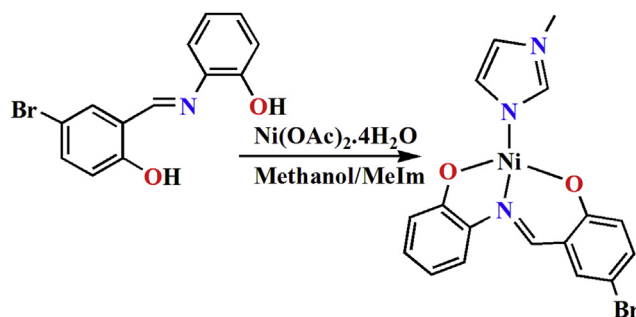


Figure 1 – Synthetic procedure for the preparation of complex.

### 3. Results and discussion

#### 3.1. $ZrO_2$ nanopowder and electrode surface characterization

The X-ray powder diffraction (XRD) patterns of the  $ZrO_2$ /NPs are shown in Figure 2A. X-ray diffraction studies confirmed that the synthesized materials were  $ZrO_2$  in tetragonal form [44]. The synthesized  $ZrO_2$ /NPs diameter was calculated using the Debye–Scherrer equation:

$$D = K\lambda/(\beta \cos\theta), \quad (1)$$

where  $\lambda$  is the wavelength ( $\lambda = 1.542 \text{ \AA}$ ) ( $CuK\alpha$ ),  $\beta$  is the full width at half-maximum of the line, and  $\theta$  is the diffraction angle. The average particle size of the sample was found to be 20 nm. The morphology of the as-grown nanostructures was characterized by scanning electron microscopy (SEM) methods. A typical SEM image of the  $ZrO_2$  nanopowder is shown in Figure 2B. The results confirmed the synthesis of  $ZrO_2$  nanopowder.

The SEM images of carbon paste electrode and Ni(II)/ $ZrO_2$ /NPs/CPE are shown in Figures 2C and 2D, respectively. As can be seen, Ni(II) and  $ZrO_2$ /NPs disperse at a surface of graphite layers.

#### 3.2. Voltammetric investigation

The electrochemical behavior of  $[Ni^{II}(L)(MeIm)]$  was studied using cyclic voltammetry at the surface of Ni(II)/ $ZrO_2$ /NPs/CPE (Figure 3). The obtained data showed reproducible, well-defined, anodic and cathodic peaks with  $E_{pa}$ ,  $E_{pc}$ , and  $E^0$

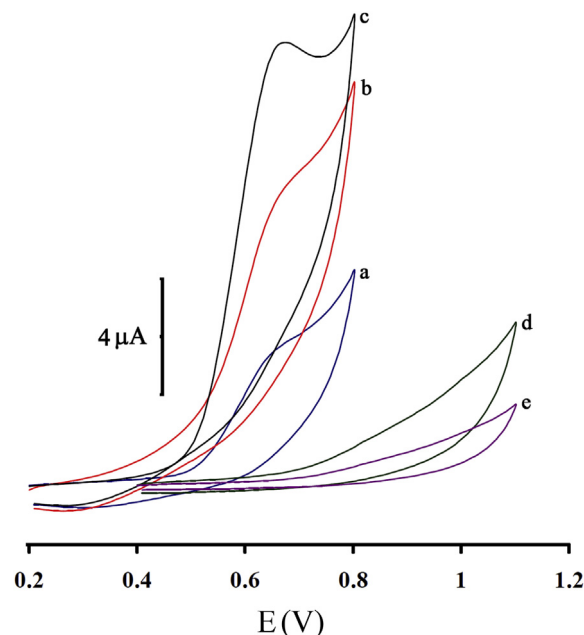


Figure 3 – Cyclic voltammograms of (a) 0.1M PBS at Ni(II)/ $ZrO_2$ /NPs/CPE; (b) 0.1M PBS plus 400.0 $\mu$ M N-AC at Ni(II)/CPE; (c) 0.1M PBS plus 400.0 $\mu$ M N-AC at Ni(II)/ $ZrO_2$ /NPs/CPE, and (d) 0.1M PBS plus 400.0 $\mu$ M N-AC at  $ZrO_2$ /NPs/CPE.

Conditions: scan rate of 20  $mV s^{-1}$  and pH 7.0.

CPE = carbon paste electrode; N-AC = N-acetylcysteine; NP = nanoparticle; PBS = phosphate-buffered saline.

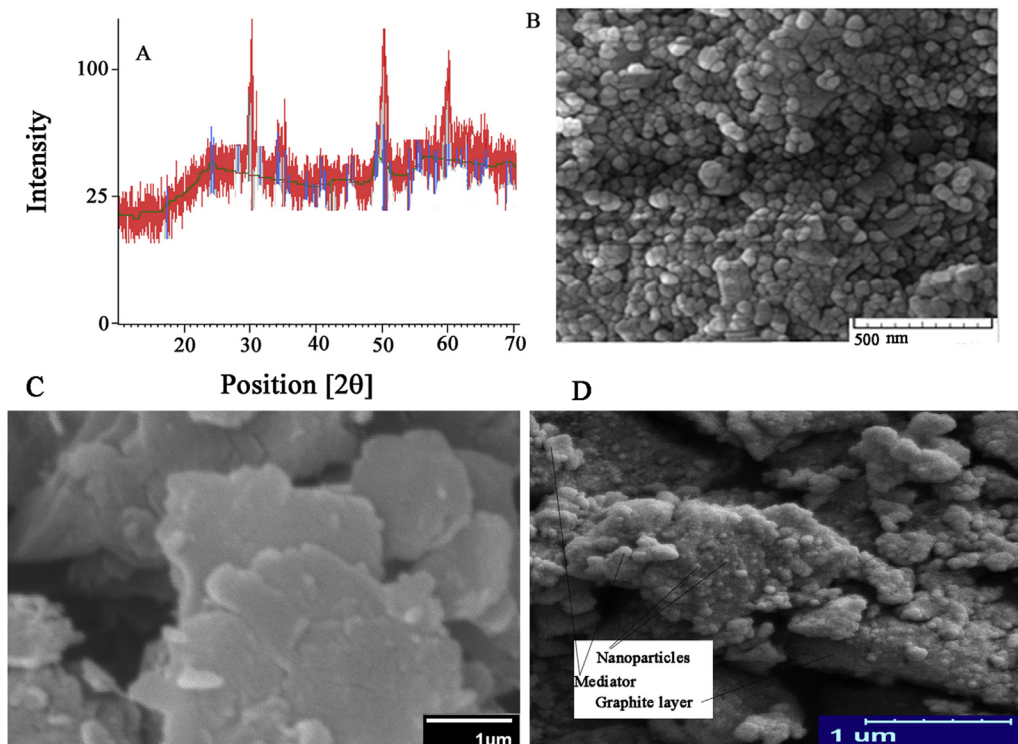


Figure 2 – (A) XRD patterns of as-synthesized  $ZrO_2$ /NPs. (B) SEM image of as-synthesized  $ZrO_2$ /NPs. (C) SEM image of carbon paste electrode. (D) SEM image of Ni(II)/ $ZrO_2$ /NPs/CPE. CPE = carbon paste electrode; NP = nanoparticle; SEM = scanning electron microscopy; XRD = X-ray diffraction.

values of 0.64, 0.35, and 0.495 V versus Ag/AgCl/KCl<sub>sat</sub>, respectively. The observed peak separation potential,  $\Delta E_p = (E_{pa} - E_{pc})$  of 290 mV, was greater than the value of 59/n mV expected for a reversible system, suggesting that the redox couple of Ni(II)/Ni(III) in the Ni(II)/ZrO<sub>2</sub>/NPs/CPE has a quasi-reversible behavior in an aqueous medium.

The effect of the potential scan rate ( $\nu$ ) on electrochemical properties of the Ni(II)/ZrO<sub>2</sub>/NPs/CPE was also studied by cyclic voltammetry (Figure S1, insert; Supplementary information data). Plots of the anodic peak currents ( $I_p$ ) was linearly dependent on the scan rate at the range of 5–500 mV/s (Figure S1), indicating that the redox process of Ni(II) complex at the Ni(II)/ZrO<sub>2</sub>/NPs/CPE has a diffusionless nature.

Figure 3 depicts the cyclic voltammetric responses from the electrocatalytic oxidation of 400  $\mu$ M N-AC at Ni(II)/ZrO<sub>2</sub>/NPs/CPE (curve c), at Ni(II)/CPE (curve b), at ZrO<sub>2</sub>/NPs/CPE (curve d), and at CPE (curve e). As can be seen, the oxidation peak potential for N-AC at Ni(II)/ZrO<sub>2</sub>/NPs/CPE (curve c) and at Ni(II)/CPE (curve b) was about 650 mV, whereas it was about 850 mV at ZrO<sub>2</sub>/NPs/CPE (curve d). At the unmodified CPE, the peak potential of N-AC was about 880 mV (curve e). From these results, it was concluded that the best electrocatalytic effect (Figure 4) for N-AC oxidation was the one observed at Ni(II)/ZrO<sub>2</sub>/NPs/CPE (curve c).

Figure S2 (Supplementary information data) shows the effect of scan rate on electrocatalytic oxidation of N-AC at a

surface of Ni(II)/ZrO<sub>2</sub>/NPs/CPE. As can be seen, good linear relationship between the peak current ( $I_{pa}$ ) and square root of scan rate ( $\nu^{1/2}$ ) were calculated, which indicated a diffusion-controlled electrochemical process.

The Tafel plot was used to obtain information about the rate-determining step (Figure S3; Supplementary information data) in oxidation of N-AC at a surface of Ni(II)/ZrO<sub>2</sub>/NPs/CPE. The slope of the Tafel plot was equal to  $2.3RT/n(1 - \alpha)F$ , which reached 0.1814 V/decade and 0.1523 V/decade for scan rates 6.0 mV s<sup>-1</sup> and 14 mV s<sup>-1</sup>, respectively. So, we obtained the mean value of 0.64.

Double potential step chronoamperometry was used for the determination of the diffusion coefficient GSH. Figure S4A (Supplementary information data) shows the current–time curves of Ni(II)/ZrO<sub>2</sub>/NPs/CPE by setting the electrode potential at 200 mV (first step) and 800 mV (second step) for 300  $\mu$ M and 500  $\mu$ M of N-AC. As can be seen, there is not any net anodic current corresponding to the oxidation of the Ni(II) complex in the presence of N-AC. Also, the forward and backward potential step chronoamperometry for the Ni(II) complex in the absence of N-AC shows a symmetrical chronoamperogram with an equal charge consumed for the reduction and oxidation of the Ni(II) complex at the surface of CPE (Figure S4D, a; Supplementary information data). By contrast, in the presence of N-AC, the charge value associated with forward chronoamperometry is significantly greater than that observed for backward chronoamperometry (Figure S4D,

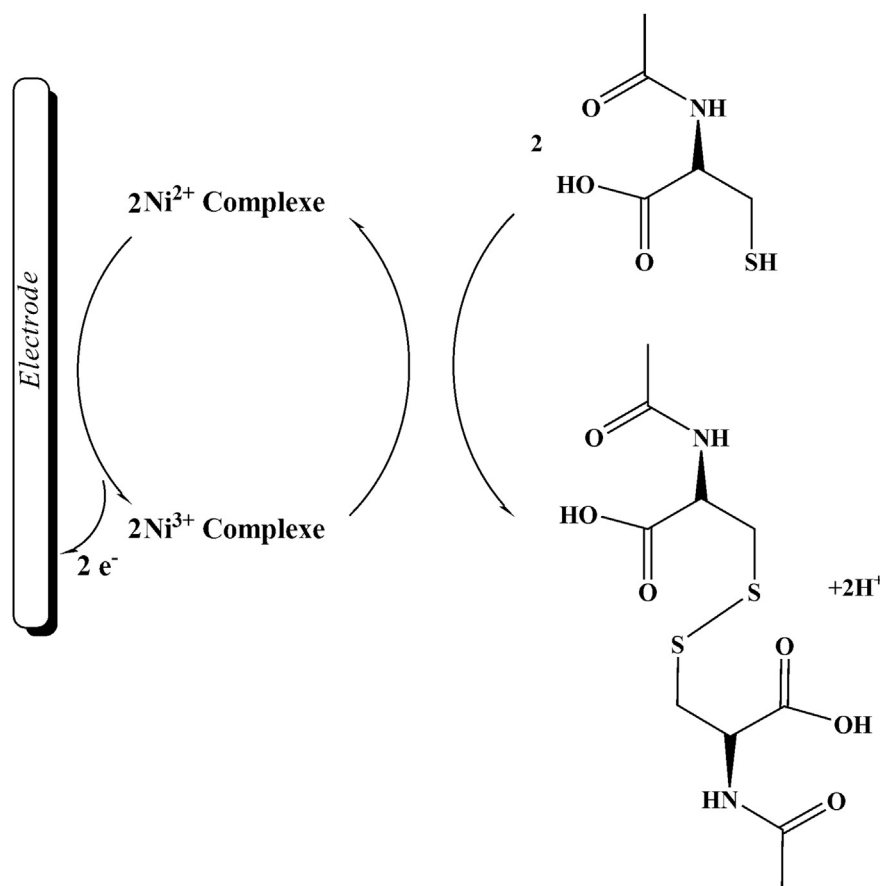


Figure 4 – Proposed response mechanism of the sensor based on Ni(II)/ZrO<sub>2</sub>/NPs, for the catalytic electrooxidation of N-AC. N-AC = N-acetylcysteine; NP = nanoparticle.

b'–c'; Supplementary information data). The slope of the linear region of Cottrell's plot can be used to estimate the diffusion coefficient of N-AC (Figure S4B; Supplementary information data). The mean value of  $D$  for N-AC was found to be  $2.97 \times 10^{-5} \text{ cm}^2 \text{ s}^{-1}$ .

The rate constant for the chemical reaction between N-AC and redox sites in Ni(II)/ZrO<sub>2</sub>/NPs/CPE,  $k_h$ , can be evaluated by chronoamperometry according to the method described by Galus [45]. From the values of the slopes an, average value of  $k_h$  was found to be  $k_h = 7.01 \times 10^2 \text{ M}^{-1} \text{ s}^{-1}$  (Figure S4C; Supplementary information data). The value of  $k_h$  explains as well as the sharp feature of the catalytic peak observed for catalytic oxidation of N-AC at the surface of Ni(II)/ZrO<sub>2</sub>/NPs/CPE.

### 3.3. Dynamic range and limit of detection

Square wave voltammetry was used to determine N-AC (Figure 5, insert). The plot of the peak current versus N-AC concentration was linear for 0.05–600 μM of N-AC (Figure 5).

The lower detection limit,  $C_m$ , was obtained by using the equation  $C_m = 3s_b/m$ , where  $s_b$  is the standard deviation of the blank response (μA) and  $m$  is the slope of the calibration plot. The data analysis presents the value of lower limit detection of N-AC to be 0.009 μM.

### 3.4. Interference studies

The influence of various substances as potential interference compounds on the determination of N-AC under the optimum conditions with 20.0 μM N-AC at pH 7.0 was studied. The tolerance limit was defined as the maximum concentration of the interfering substance that caused an error of less than 5% for the determination of N-AC. The results are given in Table 1 and show that the peak current of N-AC is not significantly

affected by all conventional cations, anions, and organic substances.

### 3.5. Real sample analysis

The practical application of Ni(II)/ZrO<sub>2</sub>/NPs/CPE was tested by measuring the concentrations of N-AC in tablet and urine samples. The standard addition technique was used for the determination of N-AC, and obtained data were compared with other published sensors [46]. The results obtained for the real samples are summarized in Table 2. These experiments demonstrated the ability of Ni(II)/ZrO<sub>2</sub>/NPs/CPE for determination of N-AC with high electrocatalytic effect and good reproducibility.

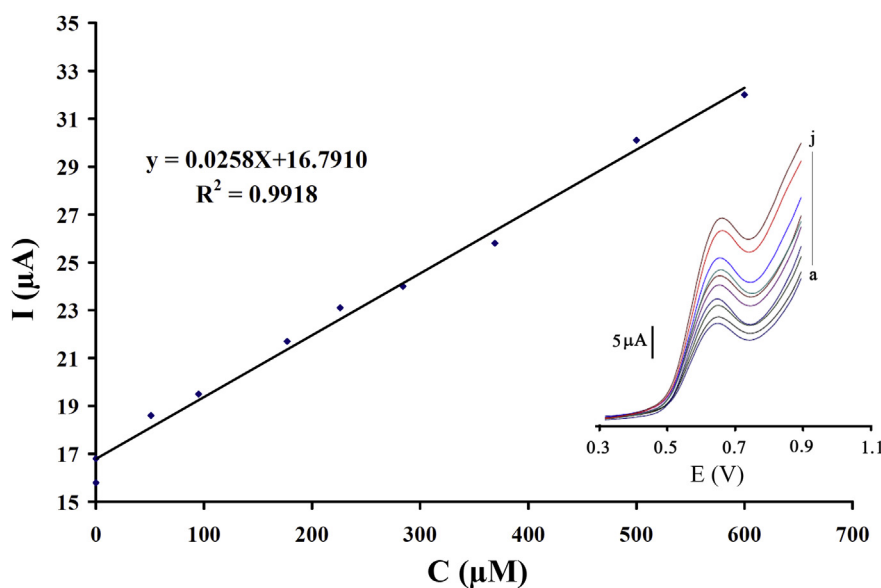
### 3.6. Stability and reproducibility

The reproducibility and stability of Ni(II)/ZrO<sub>2</sub>/NPs/CPE was studied by measurements of 10.0 μM N-AC. We detected 1.5% relative standard deviation (RSD%) for seven successive analysis. Meanwhile, the repeatability of the Ni(II)/ZrO<sub>2</sub>/NPs/CPE was checked using seven different electrodes. The results

**Table 1 – Interference study for the determination of 20.0 μM N-acetylcysteine (N-AC).**

Species	Tolerance limits ( $W_{\text{Substance}}/W_{\text{N-AC}}$ )
Glucose, sucrose, glycine, methionine, alanine, Glutamic acid and Isolucin	1000
Ascorbic acid, <sup>a</sup> NO <sub>3</sub> <sup>-</sup> , SO <sub>4</sub> <sup>2-</sup> , Zn <sup>2+</sup> , Li <sup>+</sup>	500
Starch	Saturation

<sup>a</sup> Ascorbic acid interference can be minimize using ascorbic oxidase.



**Figure 5 – The plots of the electrocatalytic peak current as a function of N-AC concentration. Inset shows the SWVs of Ni(II)/ZrO<sub>2</sub>/NPs/CPE in 0.1M PBS (pH 7.0) containing different concentrations of N-AC. From inner to outer correspond to 0 μM, 0.05 μM, 50 μM, 95 μM, 177 μM, 225 μM, 2850 μM, 370 μM, 500 μM, and 600 μM of N-AC. CPE = carbon paste electrode; N-AC = N-acetylcysteine; NP = nanoparticle; PBS = phosphate-buffered saline; SWV = square wave voltammetry.**

**Table 2 – Determination of N-acetylcysteine (N-AC) in real samples at pH 7.0 (n = 3).**

Sample	Added ( $\mu\text{M}$ )	Expected ( $\mu\text{M}$ )	N-AC found ( $\mu\text{M}$ )	Published method ( $\mu\text{M}$ )	$F_{\text{ex}}$	$F_{\text{tab}}$	$t_{\text{ex}}$	$t_{\text{tab}}$ (95%)
Tablet	—	10.00	$9.85 \pm 0.63$	$10.35 \pm 0.73$	8.5	19.0	1.8	3.8
	5.00	15.00	$15.45 \pm 0.73$	$15.65 \pm 0.86$	10.5	19.0	2.8	3.8
Urine	—	—	<limit of detection	<limit of detection	—	—	—	—
	20.00	20.00	$20.85 \pm 0.93$	$21.05 \pm 1.11$	13.8	19.0	3.1	3.8
Pharmaceutical serum	30.00	30.00	$29.55 \pm 0.85$	$30.65 \pm 0.95$	11.5	19.0	2.9	3.8
	—	—	<limit of detection	<limit of detection	—	—	—	—
Water sample	10.00	10.00	$10.45 \pm 0.53$	$9.83 \pm 0.71$	8.1	19.0	1.2	3.8
	—	—	<limit of detection	<limit of detection	—	—	—	—
	50.00	50.00	$50.87 \pm 0.93$	$50.93 \pm 1.03$	12.1	19.0	3.4	3.8

showed an RSD% of 2.9%. Furthermore, the stability of Ni(II)/ZrO<sub>2</sub>/NPs/CPE was examined by storing the electrode in the laboratory. Then, the Ni(II)/ZrO<sub>2</sub>/NPs/CPE was used for the analysis of 10.0 $\mu\text{M}$  N-AC using square wave voltammetry. We detected 97% of its initial response after 20 days and 93% of its initial response after 45 days.

#### 4. Conclusion

An ultrasensitive and novel electrochemical sensor was developed for the determination of N-AC. The novel mediator, [Ni<sup>II</sup>(L)(MeIm)] complex, showed excellent electrocatalytic effects on the oxidation of N-AC. The catalytic peak current obtained by square wave voltammetric was linearly dependent on the N-AC concentrations and the lower quantitation of 0.009 $\mu\text{M}$ . The Ni(II)/ZrO<sub>2</sub>/NPs/CPE has good selectivity, and is a simple and highly sensitive sensor for the square wave voltammetric determination of N-AC in some real samples such as tablets and urine.

#### Conflict of interest

All of the authors declare that they have no conflict(s) of interest.

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#### Appendix A. Supplementary data

Supplementary data related to this article can be found at <http://dx.doi.org/10.1016/j.jfda.2017.01.003>.

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