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When should iron supplementation in dialysis patients be avoided. minimized or withdrawn?

Abstract

Parenteral iron is used to restore the body's iron pool before and during erythropoiesis-stimulating agent (ESA) therapy; together these agents form the backbone of anemia management in end-stage renal disease (ESRD) patients undergoing hemodialysis. ESRD patients receiving chronic intravenous iron products, which exceed their blood loss are exposed to an increased risk of positive iron balance. Measurement of the liver iron concentration (LIC) reflects total body iron stores in patients with secondary hemosiderosis and genetic hemochromatosis. Recent studies of LIC in hemodialysis patients, measured by quantitative MRI and magnetic susceptometry, have demonstrated a high risk of iron overload in dialysis patients treated with IV iron products at doses advocated by current anemia management guidelines for dialysis patients. Liver iron overload causes increased production of hepcidin and elevated plasma levels, which can activate macrophages of atherosclerotic plaques. This mechanism may explain the results of 3 long-term epidemiological studies which showed the association of excessive IV iron doses with increased risk of cardiovascular morbidity and mortality among hemodialysis patients. A more physiological approach of iron therapy in ESRD is needed. Peritoneal dialysis patients, hemodialysis patients infected with hepatitis C virus, and hemodialysis patients with ferritin above 1000 µg/L without a concomitant inflammatory state, all require specific and cautious iron management. Two recent studies have shown that most hemodialysis patients will benefit from lower maintenance IV iron dosages; their results are applicable to American hemodialysis patients. Novel pharmacometric and economic approaches to iron therapy and anemia management are emerging which are designed to lessen the potential side effects of excessive IV iron while maintaining hemoglobin stability without an increase in ESA dosing.

1 | INTRODUCTION AND GENERAL REMARKS

Partial correction of anemia with routine use of recombinant erythropoiesis-stimulating agents (ESA) over the past three decades has deeply improved quality of life in most end-stage renal disease (ESRD) patients, reducing the need for blood transfusions and anemia-related morbidities.¹⁻³ ESA use frequently leads to functional iron deficiency (termed iron-restricted anemia), due to massive transfer of stored iron to erythroid progenitor cells and inadequate iron mobilization from repleted stores (related to high levels of hepcidin), together with true iron deficiency due to blood loss related to the hemodialysis procedure, uremic enteropathy and blood sampling.¹⁻³ True iron deficiency is thus a major clinical concern, giving rise to ESA resistance, impaired cellular function and aggravated cardiac insufficiency which is frequently encountered in this setting.^{4,5}

Intravenous (IV) iron is typically administered during dialysis sessions,^{6,7} with almost all ESA-treated hemodialysis patients receiving parenteral iron to restore the body iron pool before and during ESA therapy. Iron therapy is considered, with ESA, as the mainstay of anemia treatment in ESRD.^{2,3} Iron metabolism is a closed system, critically regulated by hepcidin without any excretory mechanisms for excess iron. As a result, iron levels in ESRD patients chronically treated with IV iron products may exceed their ongoing blood losses, exposing them to an increased risk of positive iron balance.^{3,8,9} These twin risks of iron deficiency and iron overload must be closely monitored.³ Iron overload was considered exceptional in the ESA era, but is now recognized as a potential clinical issue.³ In the last two decades, the use of IV iron products in ESRD patients has risen dramatically in the US and Europe, with a parallel increase in ferritin levels.^{10,11}

The liver is the main iron storage site, and liver iron concentration (LIC) gives an accurate picture of total body iron stores in patients with secondary hemosiderosis (thalassemia major, sickle cell disease) and genetic hemochromatosis.^{3,9} In the last decade, major progress has been made in noninvasive LIC measurements using radiological techniques to replace liver biopsies for diagnosing and monitoring iron overload disorders.^{12,13} Methods include application of superconducting quantum interference devices (SQUID), quantitative computed tomography and magnetic resonance imaging (MRI).¹⁴ MRI is now the preferred technique, due to its reproducibility, sensitivity, availability and the ability to scan multiple organs (liver, spleen, heart, pancreas) in the same session.¹³ There are 3 MRI modalities for liver iron assays: the signal-intensity ratio with the Rennes algorithm, R2 relaxometry, and R2* relaxometry, published in 2004 to 2005 and rigorously validated in cohorts of patients with secondary hemosiderosis, genetic hemochromatosis and hepatic disorders requiring liver biopsy for biochemical iron assay.¹⁵⁻¹⁷ A recent pilot study in hemodialysis patients showed, using liver histology (Perls staining), that determination of liver iron based on signal-intensity ratio MRI with the Rennes algorithm, accurately identifies iron load.¹⁸

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Recent LIC studies using quantitative MRI in hemodialysis patients, as well as the overlooked SOUID study performed 13 years ago, have demonstrated a high risk of iron overload in dialysis patients treated with IV iron products at doses advocated by current anemia management guidelines for dialysis patients.¹⁹⁻²² Moreover, liver iron overload resulted in increased production and elevation of plasma hepcidin levels.^{21,22} By activating macrophages, elevated hepcidin can cause atherosclerotic plaque instability and increase the risk of ischemic cardiovascular complications.²³ High hepcidin-25 levels were recently linked to cardiovascular events in dialysis patients,²⁴ pointing to its role as a mediator of cardiovascular morbidity encountered in patients with iatrogenic iron overload.^{3,23,24} This detrimental effect induced by liver iron overload may explain the results of the 3 long-term epidemiological studies (including the DOPPS study of 32 435 hemodialysis patients followed for a median of 1.7 years in 12 industrialized countries) demonstrating the association of excessive IV iron doses with increased risk of cardiovascular morbidity and mortality among hemodialysis patients.²⁵⁻²⁷

Taking into account the lack of availability of MRI in many countries and the costs for ESRD patients in others (eg, USA, Israel), data from published studies with these new research tools were extrapolated in this article into current practices (eg, mg of IV iron infused per month and levels of iron biomarkers for follow-up such as ferritin and transferrin saturation); my goal is to help physicians to manage anemia and protect patients from potential harm while minimizing the cost of anemia treatment. A number of specific scenarios are addressed.

2 | IV IRON PRODUCTS AS SECOND-LINE TREATMENT IN PERITONEAL DIALYSIS PATIENTS

Iron metabolism differs markedly between patients undergoing peritoneal dialysis (PD) and hemodialysis (HD). Peritoneal dialysis has fewer sources of iron deficiency, including blood loss directly related to the hemodialysis technique and occult gastrointestinal tract bleeding aggravated by anticoagulation of hemodialysis circuits.^{3,6} This lower need for iron store replenishment explains the more conservative strategy advocated for PD patients in current guidelines, with a ferritin target of >100 μ g/L and oral iron for first-line therapy.²⁸⁻³¹ Moreover, IV iron is not recommended by the KDIGO guideline and ERBP statement as an ESA-sparing agent for peritoneal dialysis patients, contrary to HD patients, but is reserved for peritoneal dialysis patients who do not tolerate or who respond poorly to oral iron, or who have high iron requirements.³⁰⁻³²

Two recent French publications shed light on this. One presents data from the French Registry of Peritoneal Dialysis (RDPLF) on anemia management,³³ reporting 568 PD patients between 2010 and 2017. Mean patient age was 71 years and mean peritoneal dialysis duration was 13 months; 42% of patients were women and 40% had diabetes mellitus. Overall, 72% of patients were treated with ESA, 23% received oral iron products and only 11% were treated with IV iron. Mean hemoglobin was close to 12 g/dL, and median CRP was ~5 mg/L. Ferritin

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levels increased to 270 μ g/L in 2013 and stabilized at 200 μ g/L in 2017. Transferrin saturation was between 23% and 25% from 2010 to 2017. In line with these epidemiological data, a recent prospective observational study measured LIC using signal-intensity ratio MRI (with Rennes algorithm), in a cohort of 32 peritoneal dialysis patients in the greater Paris area. In contrast to hemodialysis patients, LIC was normal in most peritoneal dialysis patients, with few patients having liver iron overload, which was mostly mild.³⁴

Taking into consideration the efficacy and safety of the strategy of anemia management advocated by current guidelines, IV iron products should remain as second-line treatment in peritoneal dialysis.

3 | IRON PRODUCTS SHOULD BE USED WITH CAUTION IN DIALYSIS HEPATITIS C PATIENTS

John Daugirdas recently stated "Another potential risk of loading the liver with iron has to do with the course of chronic hepatitis. Both iron-loading and chronic viral infection increase the risk of liver fibrosis".³⁵ Overall, 80% of hepatitis C (HCV) viremic patients progress to chronic hepatitis, 20% of whom will develop cirrhosis; HCV infection is currently one of the most common causes of liver transplantation in developed countries.³⁶ According to the DOPPS study, the prevalence of HCV infection among dialysis patients between 2012 and 2015 in North America, Europe and Japan was 8.7%, and nosocomial HCV spread in hemodialysis facilities was still occurring.³⁷ HCV-infected dialysis patients have an increased risk of mortality from liver disease (HR 4.4; 95% CI: 3.14-6.15).³⁷

Increased hepatic tissue iron plays a deleterious role in the course of HCV evolution, favoring development of fibrosis, cirrhosis and cancer.³⁸ Mild or moderate liver iron deposits are common in liver biopsies of patients with chronic HCV and are associated with the severity of liver disease (higher histological inflammatory activity score). These iron deposits were shown to decrease significantly with interferon.³⁹ The reduction of excess liver and body iron stores by phlebotomy also potentiated the effects of interferon (amelioration of histologic lesions) and improved the course of HCV in patients who could not receive interferon.⁴⁰⁻⁴² Similarly, elevated liver tissue iron (mild or moderate) is encountered in about 40%-50% of patients with chronic hepatitis B infection (HBV) and with nonalcoholic steatohepatitis (NASH) and has also been linked to the severity of these 2 latter liver diseases (higher activity scores and fibrosis).^{43,44} In gerbils, iron induced liver fibrosis by increasing TGF- β expression and collagen,⁴⁵ and when applied (as FeSO₄) to cultured human hepatocytes (non-neoplastic PH5CH8 cells) it enhanced HCV replication about ten-fold.46

Both HCV and HBV have been recognized as powerful liver carcinogens, causing about 75% of all cases of hepatocellular carcinoma (HCC).⁴⁷ In HCV infections, HCC develops almost exclusively in livers with cirrhosis or established fibrosis. Dual HBV and HCV infections in cirrhotic patients dramatically increase the risk of HCC with an odds ratio of 165 vs 17 and 23 for HCV and HBV infection alone WILEY-

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respectively.⁴⁷ The relative risk of HCC in patients with genetic hemochromatosis and cirrhosis is thought to be up to a 20-fold increase.⁴⁸ Patients with thalassemia and those with African iron overload are also at a 10-fold greater risk of HCC.⁴⁸ Besides iron overload disorders, other nonviral factors have been linked to HCC, namely alcohol, tobacco, aflatoxin, schistosomiasis, diabetes and obesity, and some liver diseases.⁴⁸ Transgenic C57BL/6 mice expressing HCV polyprotein and fed an iron-rich diet had an increased liver iron content and hepatocyte proliferation and 50% developed hepatic tumors at 12 months, including HCC.⁴⁹ At the molecular level, iron can induce liver carcinogenesis by promoting cyclin D1 gene expression in hepatocytes (cyclin D1 is involved in the G1 phase of the cell cycle).⁵⁰ The pathophysiological role of iron in liver carcinogenesis is shown by the beneficial impact of phlebotomy on the risk of HCC in HCV infection; in 2 Japanese studies, the incidence of liver cancer in HCV-infected patients not responsive to interferon-ribavirin therapy was reduced four-fold by phlebotomy after 8-10 years of observation.^{51,52}

Importantly, there is a residual risk of liver cancer in HCVinfected patients even after being cured with antiviral drugs. A recent meta-analysis of 30 retrospective observational studies (31 528 patients followed for 2.5 to 14.4 years) showed a significant reduction in the risk of HCC in HCV-infected patients with a sustained response to antiviral therapy (HR 0.24, 95% CI: 0.18-0.31) but not its disappearance.⁵³ Therefore, routine life-long screening for HCC with twice-yearly ultrasonography is warranted even in virologically healed HCV patients.⁴⁷ There is a scarcity of data on the use of IV iron in HCV hemodialysis patients. Two studies (including 89 and 66 patients defined by positive serology associated with liver enzyme abnormalities) have suggested that parenteral iron therapy given per current guidelines can contribute to hepatocellular injury in these patients as evidenced by the increase in transaminase levels after 3 months of treatment.^{54,55}

Most hepatologists avoid iron therapy (oral and parenteral) in HCV-infected patients without kidney disease with the goal of avoiding a rise in viral replication, aggravation of histological lesions, and HCC development.⁵⁶ However, in ESRD patients it is impossible to withhold iron supplementation due to recurrent blood loss which invariably results in depletion of iron stores and severe iron deficiency.^{6,38} Thus, iron replacement should be used cautiously with careful monitoring in HCV-infected ESRD patients.³⁸ It was recently proposed to use in this setting the minimalist Japanese strategy applying to iron therapy.^{38,57,58}

The Japanese Society for Dialysis, out of concern for iron overload, proposed as early as 2011 that minimal IV iron (up to 650 mg in the induction phase) be given to hemodialysis patients and only in cases of true iron deficiency (ferritin < 100 μ g/L), and also warned against maintenance IV iron therapy.⁵⁷ This careful strategy of iron repletion allowed adequate hemoglobin levels with low ferritin, moderate transferrin saturation without any detrimental effect on survival and was again advocated this year for Japanese dialysis populations.⁵⁸⁻⁶⁰

Taking into account the lower body surface area of Japanese patients, the proposed dose of iron for repletion (600 mg) should be adapted to around 800 mg in European patients and 1000 mg in US

patients.³⁸ A recent French study designed to determine the accuracy of biomarkers of iron metabolism in dialysis patients on parenteral iron therapy may offer physicians further insight.⁶¹ It combined guantitative MRI (Rennes signal-intensity ratio) with data-mining and classical statistical analysis, in 212 hemodialysis patients free of overt inflammation and malnutrition (and treated for anemia per current guidelines) to identify the accurate target values for biological markers of iron metabolism. Among the biological markers, only serum ferritin showed a strong correlation with LIC and logistical analyses correctly classified patients as having normal liver iron stores (LIC \leq 50 µmol/g) or elevated stores (LIC > 50 µmol/g).⁶⁰ Serum ferritin was the iron biomarker with the best discriminatory capacity in ROC curve analysis (AUC: 0.77); the optimal serum ferritin cutoff was 162 μ g/L for LIC > 50 μ mol/g (mild iron overload; sensitivity 67%; specificity 77%; diagnostic accuracy 69%).⁶¹ Thus, an upper target of 150 µg/L ferritin in HCV-ESRD patients would greatly minimize the risk of increased liver iron load with potential harmful consequences. This careful iron strategy may also apply to HBV and NASH patients who share the same risks of liver iron overload.

Conversely, this minimalist strategy is not advocated for patients with advanced liver disease where ferritin is intrinsically high and where portal hypertension leads to large blood losses related to esophageal varices and portal gastritis.

4 | STOPPING IV IRON IN HEAVILY OVERLOADED HEMODIALYSIS PATIENTS (FERRITIN > 1000 μG/L AND NO INFLAMMATORY SYNDROME)

The increased use of IV iron products in ESRD in the last decade translates into an increase in ferritin levels, reaching a mean value close to 850 μ g/L in American patients (DOPPS monitor April 2018) and from 400 to 600 μ g/L in Europe.^{2,10,11,62} Thus, heavily overloaded hemodialysis patients (ferritin chronically above 1000 μ g/L without concomitant inflammatory syndrome) can be encountered, especially in the USA. A recent Israeli study focused on iron overload in this subset of hemodialysis patients with serum ferritin levels above 1000 μ g/L.²¹ Relaxometry R2*-MRI was used to measure liver and spleen iron content and pancreatic and cardiac iron deposits were evaluated in 21 hemodialysis patients, giving a median ferritin level of 2220 μ g/L (range: 1220-6820). Hepatic siderosis was present in 90% of patients and spleen involvement in 95%.

Pancreatic involvement was evaluated in the 8 most motivated patients and was present in 3 cases (37%). The presence of iron deposits in the pancreas (in a third of investigated patients) mean these patients fulfill the criteria recently proposed as radiological surrogates of iron toxicity in dialysis patients (eg, visceral iron deposits external to the liver, in the heart and/or pancreas) by a panel of specialists at an international advisory board meeting, sponsored by Vifor Fresenius Medical Care Renal Pharma, a pharmaceutical firm which manufactures several iron replacement therapies.⁶³ Iron deposits in the pancreas predict iron cardiomyopathy in thalassemia

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and act as an early warning system for cardiac iron-loading in thalassemic patients;⁶⁴ moreover, pancreatic iron deposits are also predictive for diabetes mellitus in various iron overload disorders.⁶⁴⁻⁶⁶ None of the 21 dialysis patients had an abnormal cardiac R2*/T2* but the small number of patients studied makes it difficult to draw definitive conclusions about the risk of cardiac iron deposits in this high-ferritin subset of dialysis patients.

Of note, iron-overloaded dialysis patients have exhibited ESA hyporesponsiveness, as have patients with iron deficiency.⁶⁷ Similarly patients with low-risk myelodysplastic syndrome with iron overload have a defect in erythropoiesis related to iron adverse effects on erythroid precursors (inhibition of burst-forming unit colony formation and erythroblast differentiation) which benefit from iron chelation.⁶⁸ Finally, some of these heavily iron-overloaded dialysis patients can paradoxically exhibit functional iron deficiency (iron-restricted anemia) which could classically be overcome by IV iron as demonstrated by the DRIVE-trial performed in patients with ferritin levels between 500 and 1200 μ g/L.⁶⁹

In light of recent knowledge, it seems wise in this latter setting to use ascorbic acid which mobilizes sequestered iron for erythropoiesis, and to stop IV iron products in all cases of ferritin above 1000 μ g/L without concomitant inflammatory syndrome.^{67,70} It has been shown that iron therapy withdrawal for a year with ESA continuation strongly improved iron metabolism biomarkers without any detrimental effect on erythropoiesis in this subset of iron-overloaded hemodialysis patients.²¹

5 | BENEFITS OF MAINTENANCE IV IRON THERAPY < 250 MG/MONTH IN HEMODIALYSIS PATIENTS, WITHOUT LOSS OF EFFICACY ON HEMOGLOBIN OR INCREASED ESA REQUIREMENT

Two recent publications highlight the possibility of drastically reducing the amount of iron infused for maintenance therapy without a detrimental effect on hemoglobin levels or ESA cost.^{71,72} In light of recent literature, a team at the Nancy academic hospital in France performed a proof of concept study, changing their iron maintenance strategy over a period of 8 months, and greatly reducing infused iron in 45 stable hemodialysis patients.⁷¹ Their former strategy targeted a transferrin saturation between 30% and 50% irrespective of serum ferritin. With the new strategy, IV iron was only administered if transferrin saturation was below 20% and ferritin below 200 µg/L. Routine ESA practices were unchanged with a hemoglobin target between 10 and 12 g/dL; ESA (methoxy-polyethylene glycol-epoetin-beta) was administered monthly,⁷¹ and the dose was corrected by 25% as necessary and discontinued temporarily if hemoglobin was over 13 g/dL.⁷¹

Over the 6 months of follow-up, the mean monthly iron dose declined from 310 mg to 97 mg (P = .0003)(Figure 1), mean serum ferritin decreased from 948 ± 1056 to 571 ± 424 µg/L (P = .0001) and transferrin saturation decreased from 42% ± 22 to 33% ± 14 (P = .01) (Figure 2). Most importantly, hemoglobin levels remained stable throughout the study (11.1 g/dL ± 1.05 vs 11.0 g/dL ± 1.2, P = .54) as did the ESA dosage (126 µg/28 days ± 92 vs 108 µg/ 28 days ± 113, P = .07) (Figure 2).

The authors concluded that a stable hemoglobin level can be maintained using usual ESA doses combined with IV iron doses adapted to transferrin saturation and serum ferritin thresholds lower than those used in routine clinical dialysis practice, reducing the risk of iron overload. It is very likely that most of these patients were liver iron-overloaded as evidenced by the study of Castillo et al, analyzing 47 hemodialysis patients with ferritin above 500 µg/L which found increased liver content at MRI in 91% of the patients.⁷² Taking into account current levels of ferritin in US patients (~850 µg/L) and in the French study (947 µg/L), the Nancy strategy minimizing maintenance iron warrants consideration in the USA.

These results are in line with the recent DOPPS study devoted to the effectiveness of iron dosing for anemia management.⁷³ This prospective study analyzed 9 471 hemodialysis patients from 11 countries between 2009 and 2011, for associations of IV iron dose

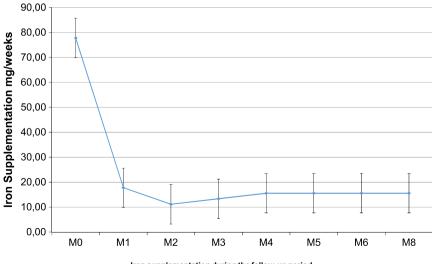


FIGURE 1 Evolution of iron supplementation during the follow-up of 45 patients in the Nancy study, *Reproduced* from Peters N.O., Jay N., Cridlig J., Rostoker G., Frimat L. Targets for adapting intravenous iron dose in hemodialysis: a proof of concept study. BMC Nephrology 2017;18:97 [Color figure can be viewed at wileyonlinelibrary.com]



Iron supplementation during the follow-up period

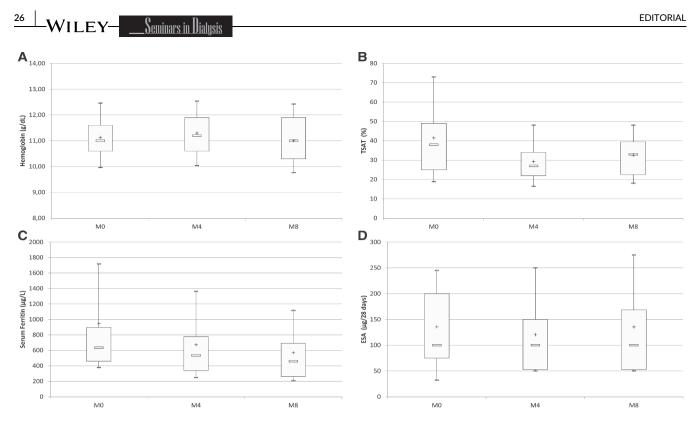


FIGURE 2 Box and whisker plots showing the change in hemoglobin levels and biochemical indicators of iron status and ESA doses during the follow-up of 45 hemodialysis patients in the Nancy study. A, Hemoglobin levels during the follow-up period (p = .54). B, TSAT during the follow-up (p = .01). C, Serum ferritin during the follow-up (p = .0001). D, Change in prescribed ESA doses during the follow-up (p = .07). Limits of boxes are 1st quartile (*lower limit*) and 3rd quartile (*upper limit*), with + and – being the mean and median values, respectively. Ends of whiskers indicate 1st decile (*lower end*) and 9th decile (*upper end*). M: Month. *Reproduced from Peters N.O., Jay N., Cridlig J., Rostoker G., Frimat L. Targets for adapting intravenous iron dose in hemodialysis: a proof of concept study. BMC Nephrology 2017;18:97*

(3-month average, categorized as 0, <300, ≥300 mg/month) with 3month changes in hemoglobin, transferrin saturation, ferritin, and ESA dose. Thirty percent of patients received no IV iron over 3 months, 40% received <300 mg/month, and 30% received ≥300 mg/month. Interestingly, IV iron dose distributions in North America (58% of the sample) were identical to those in Europe, Australia and New Zealand (42% of the sample). The most common doses were 100 mg/month (in patients with IV iron < 300 mg/ month) and 400 mg/month (in patients with IV iron ≥300 mg/month). Most patients (73%) remained in the same IV iron dose category during the 3 months of the study, and 66% remained in the same IV iron dose category for the following 9 months.⁷³ Age, sex and comorbidities were similar in the different IV iron categories. Absolute ESA dose changes, ferritin and transferrin saturation changes were all minimal (near zero) with IV iron < 300 mg/month, compared to no iron (0 mg/month) or larger doses of IV iron (≥300 mg/month).

This study also provided estimates of the magnitude of different IV iron dosing on hemoglobin in current dialysis practices: 0.18 g/dL for iron doses < 300 mg/month compared to no iron and 0.13 g/dL for iron doses > 300 mg/month compared to iron doses < 300 mg/ month. The authors concluded that IV iron dosing <300 mg/month, commonly seen with a maintenance dosing of 100-200 mg/month, may be a more effective therapeutic approach to support hemoglobin stability than the higher IV iron doses (300-400 mg/month) often given in the USA and many European countries.

This DOPPS-advocated dose of maintenance IV iron of 100-200 mg/month will also promote safety since it is lower than the toxic iron doses associated in recent epidemiological studies with increased mortality in hemodialysis patients eg, >200 mg/month in Japan (albeit where body surface area is lower than in Europe and USA)²⁶ and 300 mg/month in the DOPPS study published in 2015.²⁷ The recommended dosage is also lower than the 250 mg/month associated with iron overload in hepatic MRIs shown in a French study published in 2014 in 199 hemodialysis patients analyzed with tree-learning analysis.⁷⁴

6 | CONCLUSIONS

Two years ago, Steven Fishbane, in an elegant and premonitory review on the balance of risks and benefit of iron therapy for anemia management, warned of the difficulty of justifying ferritin values above 500 μ g/L in most dialysis patients.²

It appears today that in addition to specific populations which require cautious iron management (peritoneal dialysis, HCV-infected, and ferritin above 1000 μ g/L without concomitant inflammation patients), most hemodialysis patients in the Western world may benefit from lower maintenance IV iron dosage (after adequate replenishment of iron stores as advocated by the labels) as recently shown by the Nancy proof of concept study⁷¹ and

the DOPPS researchers in an international epidemiological analysis. 73

Most importantly, these 2 latter studies can be applied to USA hemodialysis patients. Thus, new pharmacometric and economic approaches to iron therapy and anemia management are clearly emerging with the aim of lessening the potential side effects of excessive IV iron with the ability to maintain hemoglobin stability without the concerns and costs of higher ESA doses.

CONFLICTS OF INTEREST

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