# Case Reports in **Oncology**

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### **Complete Response after Short-Term Sorafenib Treatment in a Patient with Lymph Node Metastasis of Hepatocellular Carcinoma**

Hajime Mizukami<sup>a</sup> Tatehiro Kagawa<sup>a</sup> Yoshitaka Arase<sup>a</sup> Fumio Nakahara<sup>a</sup> Kota Tsuruya<sup>a</sup> Kazuya Anzai<sup>a</sup> Shunji Hirose<sup>a</sup> Koichi Shiraishi<sup>a</sup> Masako Shomura<sup>c</sup> Jun Koizumi<sup>b</sup> Kosuke Tobita<sup>d</sup> Tetsuya Mine<sup>a</sup>

Departments of <sup>a</sup>Gastroenterology and <sup>b</sup>Radiology, Tokai University School of Medicine, and <sup>c</sup>Department of Nursing, Tokai University School of Health Sciences, Isehara, and <sup>d</sup>Department of Surgery, Tokai University Hachioji Hospital, Hachioji, Japan

### **Key Words**

Sorafenib  $\cdot$  Hepatocellular carcinoma  $\cdot$  Complete response  $\cdot$  Lymph node  $\cdot$  Recurrence  $\cdot$  Hand-foot skin reaction

### Abstract

A 60-year-old man received interferon/ribavirin combination therapy for chronic hepatitis C in 2002 and achieved sustained virological response. In 2008, a hepatocellular carcinoma (HCC) with a diameter of 60 mm appeared and surgical resection was performed. In March 2011, the patient was referred to our hospital because of portal lymph node swelling. Abdominal ultrasonography, dynamic CT and dynamic MRI did not show any tumors in the liver, but revealed portal lymph node swelling (18 × 11 mm). Taking the elevation of serum des-γ-carboxy prothrombin and alpha-fetoprotein levels, including the lectin-bound type, into consideration, we made the diagnosis of HCC metastasis to the portal lymph node. We started sorafenib therapy at a dose of 800 mg/day, but discontinued it after 11 days due to grade 3 hand-foot skin reaction and rash. In spite of treatment termination, portal lymph node swelling levels normalized. We considered that our patient achieved complete response to sorafenib according to the Response Evaluation Criteria in Solid Tumors (RECIST). The patient maintains remission up to June 2012, more than 1 year after the discontinuation of sorafenib therapy. Sorafenib could be a good option for unresectable or recurrent HCC.

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### Introduction

Large clinical trials have shown that sorafenib prolongs median survival and time to disease progression in patients with advanced hepatocellular carcinoma (HCC) [1, 2]. However, no patients achieved complete response in these studies. Even after sorafenib was launched onto the market, cases achieving complete response are extremely rare. We report herein a case of complete response induced by short-term sorafenib treatment against lymph node metastasis of HCC.

### **Case Report**

A 60-year-old man received interferon/ribavirin combination therapy for chronic hepatitis C in 2002 and achieved sustained virological response (SVR). In 2008, a hepatic tumor with a diameter of 60 mm appeared and a dynamic CT scan suggested HCC. The patient received surgical resection and the pathology revealed moderately differentiated HCC. Surrounding liver histology revealed F1-stage chronic hepatitis. The elevated serum des- $\gamma$ -carboxy prothrombin (DCP) level (1,097 mAU/ml) normalized after surgery. Serum alpha-fetoprotein (AFP) levels were normal throughout the procedure.

After surgery, our patient was followed up at a local clinic. In March 2011, when he was 69 years old, he was referred to our hospital because of portal lymph node swelling. Physical examination was unremarkable except for an abdominal surgical scar. Apart from a mild elevation in alkaline phosphatase and glucose levels, the hematological and biochemical laboratory data were also normal. Serum levels of DCP (65 mAU/ml) and AFP (25.1 ng/ml) were slightly elevated (<u>fig. 1</u>). The lectin-bound AFP level was also increased up to 22.8%, indicating recurrence of HCC.

Abdominal ultrasonography, dynamic CT, and dynamic MRI did not show any tumors in the liver. However, these examinations revealed portal lymph node swelling (18 × 11 mm) (fig. 2a). Based upon the diagnosis of HCC metastasis to the portal lymph node, we started sorafenib therapy at a dose of 800 mg/day. After 11 days, we discontinued sorafenib due to grade 3 hand-foot skin reaction and rash (fig. 3). In spite of treatment termination, portal lymph node swelling disappeared (fig. 2b) and the serum DCP and AFP levels normalized (fig. 1). We considered that our patient achieved complete response to sorafenib according to the RECIST [3]. The patient maintains remission up to June 2012, more than 1 year after the discontinuation of sorafenib therapy.

### Discussion

Although pathological examination had not been performed, we made the diagnosis of HCC metastasis to portal lymph node for the following reasons. First, serum markers specific to HCC including DCP, AFP and lectin-bound AFP increased, and second, these markers then decreased to the normal range along with the shrinkage of the enlarged lymph node after sorafenib therapy.

Large clinical trials have demonstrated that sorafenib prolongs median survival and the time to disease progression in patients with advanced HCC [1, 2]. However, very few patients (2–3.2%) achieved a RECIST-based partial response and no patients at all achieved a complete response in these studies. Even after sorafenib was launched onto the market, very few cases with complete response have been reported [4–12].

The patient reported here progressed to HCC 6 years after having achieved SVR to interferon/ribavirin treatment. Achieving SVR is associated with a reduced risk of HCC. The relative risk for HCC is 0.06 in patients with SVR compared with untreated controls

[13]. Although the risk is considerably reduced, HCC can occur even after achieving SVR like our case.

Our patient required discontinuation of sorafenib treatment after 11 days due to grade 3 hand-foot skin reaction and rash. Dose reduction due to hand-foot skin reaction was reported in 5-11.4% of the patients [1, 2]. Our patient achieved complete response after only 11 days of treatment. Even advanced HCC could rapidly regress after a few weeks of sorafenib treatment [14].

To our knowledge, this is the first case report in which HCC metastasis to a lymph node disappeared with sorafenib treatment. Sorafenib could be a good option for unresectable or recurrent HCC.



Fig. 1. Change in serum levels of DCP and AFP.



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Fig. 2. Contast-enhanced CT scans showing portal lymph node swelling (arrow) before sorafenib treatment (**a**) and 3 months after discontinuation of treatment (**b**).



Fig. 3. Hand-foot skin reaction and rash.



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