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Evaluation of efficacy of chemotherapy for mucinous carcinoma: a surveillance, epidemiology, and end results cohort study

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Abstract

Background: In this study, we investigated the impact of chemotherapy on breast cancerspecific survival (BCSS) in patients with mucinous carcinoma using the surveillance, epidemiology, and end results (*SEER*) database.

Methods: A large-scale *SEER*-based retrospective analysis was conducted; 13,329 patients with mucinous carcinoma from 1994 to 2014 were identified. Clinicopathological characteristics were compared using the chi-square test. BCSS curves were generated using the Kaplan–Meier method. The prognostic significance of all demographic and clinicopathological characteristics and treatment patterns were calculated using univariate and multivariate regression analyses.

Results: Mucinous carcinoma was demonstrated to be less aggressive than invasive ductal carcinoma and predicted a better prognosis in the Kaplan–Meier analysis (hazard ratios = 0.336, 95% confidence interval: 0.308–0.368, p < 0.001). Univariate and multivariate analyses revealed that chemotherapy did not provide any additional benefit for patients with mucinous carcinoma. Predictors for receiving chemotherapy were younger age, estrogen receptor-negative, progesterone receptor-negative, and human epidermal growth factor receptor 2-positive status, higher grade, larger tumor size, lymph node involvement, radiation receptor (HR) and lymph node (LN) status, patients did not benefit from chemotherapy. **Conclusion:** Our study showed that patients with HR+/LN– mucinous carcinoma did not benefit from chemotherapy and that chemotherapy could not improve the survival of all subtypes of mucinous carcinoma based on large-scale *SEER* data. These results support that patients with mucinous carcinoma could be exempt from chemotherapy. Additional research is needed to further evaluate the impact of adjuvant treatments, particularly in patients with favorable histology.

Keywords: chemotherapy, mucinous carcinoma, prognosis, SEER database

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Introduction

Breast cancer is recognized as the leading cause of death in women worldwide. Breast cancer is a heterogeneous disease and its heterogeneity can be observed at multiple levels, from classical histopathological characterizations to modern molecular classifications.¹ In order to better classify different breast cancer subtypes and develop more specific and individualized therapies, histological type has long been recognized as an important indicator of prognosis. According to the latest version of the World Health Organization classification,² breast cancer can be categorized into 21 distinct histological types based on cell morphology, growth, and architecture patterns. The most common histological type is invasive ductal carcinoma (IDC), and other special types account for up to one-quarter of all breast cancers, including mucinous carcinoma. Correspondence to: **Qifeng Yang** Department of Breast Surgery, Qilu Hospital of Shandong University, Ji'nan, Shandong 250012, China

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Mucinous carcinoma is a special histological type of breast cancer, and its incidence rate fluctuates between 1% and 6% of all primary breast cancers.³⁻⁹ Consequently, there are scant populationbased descriptive data, and the low incidence rate has impeded the implementation of large-scale prospective studies. Treatment guidelines for systematic and regional control of mucinous carcinoma were mostly extrapolated from data based on IDC. However, IDC has different features from mucinous carcinoma,10 which has a significant level of mucin production, with mucin generally accounting for at least 50% of the tumor composition. Mucinous carcinoma usually occurs in elderly postmenopausal women and is characterized by favorable characteristics, including a higher expression of hormone receptor (HR), lower expression of human epidermal growth factor receptor 2 (HER2),¹¹⁻¹⁵ lower incidence of lymph node metastasis, and better differentiation.^{5,16} Patients with mucinous carcinoma have better prognoses than IDC patients in the majority of studies, and the 10-year overall survival rate has been reported to be over 80%.17-19 However, other studies reported that the long-term survival curves of mucinous carcinoma were almost identical to those of IDC, or there was no survival difference between mucinous carcinoma and IDC even after adjusting for clinicopathological factors.5,15,20,21

Breast cancer can be classified by HR status, specifically estrogen receptor (ER) and progestogen receptor (PR) status, and HER2 status. In clinical practice, endocrine treatment is a cornerstone for HR+ patients, and chemotherapy is the only choice for triple-negative breast cancer patients. However, we should be aware that these parameters and molecular subtypes are mostly based on gene expression profiling and high-throughput sequencing of IDC of no special type and did not include uncommon subtypes. Weigelt et al.9 reported that each type of breast cancer fell in one molecular subtype only, suggesting a high homogeneity at the transcriptome level of each special type. This finding could be further applied at the genomic level, and similar patterns of copy number variations could be detected in samples of the same special type.8,9 Moreover, some special types, such as adenoid cystic carcinoma,²² are classified as triple-negative and basal-like breast cancer, but they have good prognoses in practice. These results imply that unnecessary treatments may erroneously be recommended to patients with good prognoses when the histology is not taken into account.¹ San Antonio Breast Cancer Symposium suggested that endocrine therapy should be considered first in patients with HR-positive disease, such as mucinous carcinoma, because its more favorable molecular factors may make it less sensitive to chemotherapy.²¹ However, there are limited available data on the outcomes of patients with mucinous carcinoma receiving chemotherapy.

The objective of this study was to compare the demographic and clinicopathological characteristics and treatment patterns of mucinous carcinoma and IDC, evaluate the significance of available prognostic factors for patients with mucinous carcinoma, and to appraise the outcomes of patients receiving chemotherapy in a retrospective analysis of the *SEER* database.

Materials and methods

Ethics statement

Our study was approved by the independent ethics committee/institutional Review Board of Qilu Hospital of Shandong University (IRB #KYLL-2016-350). The data released by the *SEER* database do not require informed consent from patients since breast cancer is a reportable disease in the United States.

Patient selection and data processing

We used SEER*Stat version 8.3.2 to generate a case-listing file. We included 463,112 patients who met the following criteria: female sex, year of diagnosis from 1994 to 2014, age at diagnosis >20 years old, breast cancer as the first and only malignant cancer diagnosis, diagnosis not from autopsy, patients without distant metastasis at diagnosis, pathologically confirmed as IDC (ICD-O-3 8500/3) or mucinous carcinoma (ICD-O-3 8480/3). Among these patients, 13,329 were diagnosed with mucinous carcinoma and 449,783 were diagnosed with IDC.

Demographic characteristics included age at diagnosis, race, marital status, and insurance status. Age at diagnosis was treated as a categorical variable and classified into three groups: 20–49 years, 50–69 years, and 70+ years. Tumor characteristics included histological grade; tumor size; lymph node (LN) status; ER, PR, and HER2 status; and breast subtype.

Statistical analysis

Clinicopathological characteristics were compared between IDC and mucinous carcinoma using Pearson's chi-square test. Breast cancerspecific survival (BCSS) was calculated from the date of diagnosis to the date of death from breast cancer. Survival curves were generated using the Kaplan–Meier method, and the log-rank test was used to evaluate differences in survival between groups. Univariate and multivariate Cox proportional hazard models were applied to estimate the association of covariates with BCSS and calculate the hazard ratios and 95% confidence intervals (CIs).

In order to account for the differences in baseline characteristics between groups, we performed 1:1 propensity score matching (PSM) between mucinous carcinoma and IDC patients using the following predetermined factors: age at diagnosis; race; marital status; insurance status; grade; tumor size; lymph node status; ER, PR and HER2 status; breast subtype; surgery type; radiation; and chemotherapy treatment.

When the two-sided p value was less than 0.05, the difference was considered statistically significant. Analyses were performed using SPSS version 18.0 (IBM SPSS Statistics, Chicago, IL, USA).

Results

Demographics and clinical characteristics of the study population

There were 13,329 patients with mucinous carcinoma and 449,783 with IDC meeting the inclusion criteria of our study.

The demographic, clinicopathological, and treatment characteristics are summarized and compared between the two cohorts in Table 1.

Kaplan–Meier plots (Figure 1A) showed that patients with mucinous carcinoma had significantly better BCSS than IDC patients. To rule out the influence of demographic and clinical characteristic discrepancies between IDC and mucinous carcinoma, a 1:1 (mucinous carcinoma:IDC) matched case–control analysis was carried out (N=24,578) and the results confirmed mucinous carcinoma to be a favorable histology (Figure 1B). Further univariate and multivariate analyses (Supplemental material Table S1 online) also indicated that patients with mucinous carcinoma had better prognoses than patients with IDC.

Regarding prognostic factors for patients with mucinous carcinoma, univariate and multivariate analysis results are shown in Table 2. Old age, African-American race, grade III and T2–T4, positive LN status, no radiation, receiving chemotherapy, and negative ER and PR status were significantly associated with worse prognosis. It is worth noting that receiving chemotherapy was predictive of poor outcomes (univariate, hazard ratio=1.88, 95% CI: 1.532–2.307, p < 0.001; multivariate, hazard ratio=1.348, 95% CI: 1.03–1.763, p = 0.029), which led us to consider the necessity of chemotherapy in patients with mucinous carcinoma.

Predictive factors for receiving chemotherapy among patients with mucinous carcinoma

Mucinous carcinoma has long been recognized as a histological subtype with a favorable prognosis. The effect of chemotherapy on patients with mucinous carcinoma and the optimal population of patients with mucinous carcinoma to receive chemotherapy remains under discussion. The differences in clinicopathological variables between the chemotherapy and no/unknown chemotherapy groups are shown in Table 3. Patients receiving chemotherapy tended to be younger, with larger, higher grade, HR-/HER2+ tumors with lymph node involvement. Regarding treatment patterns, patients receiving chemotherapy were more likely to undergo mastectomy and radiotherapy. Multivariate analysis revealed that vounger age, African-American race, higher grade, larger tumor size, lymph node involvement, negative PR status, triple negative subtype, and receiving mastectomy and radiation were independently associated with chemotherapy administration (Supplemental Table S2).

Influence of chemotherapy on the prognoses of specific mucinous carcinoma subgroups

A detailed comparison of clinicopathological and demographic characteristics according to different chemotherapy administration status was conducted in the HR+/LN+, HR+/LN, HR-/LN+, and HR-/LN- subgroups of patients (Supplemental Table S3). According to the National Comprehensive Cancer Network (NCCN) guidelines (version 1.2018) for patients
 Table 1. Clinicopathological and demographic characteristics of breast cancer patients diagnosed with IDC or mucinous carcinoma.

Risk factor	Histology		Total	p value
	MBC n (%)	IDC n (%)	_	
Age, years				< 0.001
20-49	2127 (16.0)	121,430 (27.0)	123,557 (26.7)	
50–69	5052 (37.9)	219,730 (48.9)	224,782 (48.5)	
70+	6150 (46.1)	108,623 (24.2)	114,773 (24.8)	
Race				< 0.001
Caucasian	10,588 (79.4)	361,666 (80.4)	372,254 (80.4)	
African-American	1219 (9.1)	45,736 (10.2)	46,955 (10.1)	
Other ^a	1456 (10.9)	40,172 (8.9)	41,628 (9.0)	
Unknown	66 (0.5)	2209 (0.5)	2275 (0.5)	
Marital status				< 0.001
Not married ^b	6360 (47.7)	173,820 (38.6)	180,180 (38.9)	
Married	6430 (48.2)	259,073 (57.6)	265,503 (57.3)	
Unknown	539 (4.0)	16,890 (3.8)	17,429 (3.8)	
Insurance status				< 0.001
No	78 (0.6)	3804 (0.8)	3882 (0.8)	
Yes	5721 (42.9)	224,197 (49.8)	229,918 (49.6)	
Unknown	7530 (56.5)	221,782 (49.3)	229,312 (49.5)	
Grade				< 0.001
I	6528 (49.0)	82,346 (18.3)	88,874 (19.2)	
II	3804 (28.5)	178,311 (39.6)	182,115 (39.3)	
III	519 (3.9)	168,812 (37.5)	169,331 (36.6)	
IV	48 (0.4)	5028 (1.1)	5076 (1.1)	
Unknown	2430 (18.2)	15,286 (3.4)	17,716 (3.8)	
Tumor size				< 0.001
T1	9238 (69.3)	286,767 (63.8)	296,005 (63.9)	
T2	3396 (25.5)	133,958 (29.8)	137,354 (29.7)	
Т3	521 (3.9)	18,542 (4.1)	19,063 (4.1)	
Τ4	174 (1.3)	10,516 (2.3)	10,690 (2.3)	
LN status				< 0.001
Negative	12,062 (90.5)	301,416 (67)	313,478 (67.7)	
Positive	1267 (9.5)	148,367 (33.0)	149,634 (32.3)	

Table 1. (Continued)

Risk factor	Histology		Total	<i>p</i> value
	MBC n (%)	IDC n (%)		
Surgery type				< 0.001
Breast conserving surgery	8045 (60.4)	244,959 (54.5)	253,004 (54.6)	
Mastectomy	4050 (30.4)	167,654 (37.3)	171,704 (37.1)	
Unknown	1234 (9.3)	37,170 (8.3)	38,404 (8.3)	
Radiation				< 0.001
No	6698 (50.3)	210,534 (46.8)	217,232 (46.9)	
Yes	6631 (49.7)	239,249 (53.2)	245,880 (53.1)	
Chemotherapy				< 0.001
No/unknown	11,493 (86.2)	254,664 (56.6)	266,157 (57.5)	
Yes	1836 (13.8)	195,119 (43.4)	196,955 (42.5)	
ER status				< 0.001
Negative	304 (2.3)	94,850 (21.1)	95,154 (20.5)	
Positive	11,815 (88.6)	324,183 (72.1)	335,998 (72.6)	
Borderline	13 (0.1)	791 (0.2)	804 (0.2)	
Unknown	1197 (9.0)	29,959 (6.7)	31,156 (6.7)	
PR status				< 0.001
Negative	1426(10.7)	135,910(30.2)	137,336(29.7)	
Positive	10,415 (78.1)	277,517 (61.7)	287,932 (62.2)	
Borderline	70 (0.5)	2074 (0.5)	2144 (0.5)	
Unknown	1418 (10.6)	34,282 (7.6)	35,700 (7.7)	
HER2 status				< 0.001
Negative	3337 (25.0)	118,018 (26.2)	121,355 (26.2)	
Positive	185 (1.4)	23,982 (5.3)	24,167 (5.2)	
Borderline	60 (0.5)	3275 (0.7)	3335 (0.7)	
Unknown	9747 (73.1)	304,508 (67.7)	314,255 (67.9)	
Breast subtype				< 0.001
Triple negative	13 (0.1)	18,292 (4.1)	18,305 (4.0)	
HER2-/HR+	3319 (24.9)	99,587 (22.1)	102,906 (22.2)	
HER2+/HR-	19 (0.1)	7324 (1.6)	7343 (1.6)	
HER2+/HR+	166 (1.2)	16,616 (3.7)	16,782 (3.6)	
Unknown	9812 (73.6)	307,964 (68.5)	317,776 (68.6)	

^aIncluding American Indian/Alaskan native and Asian/Pacific Islander. ^bIncluding single, divorced, widowed, separated, unmarried, or domestic partner. ER, estrogen receptor; HER2, human epidermal growth factor receptor 2; HR, hormone receptor; IDC, invasive ductal carcinoma; LN, lymph node; MBC, mucinous breast cancer; PR, progestogen receptor.

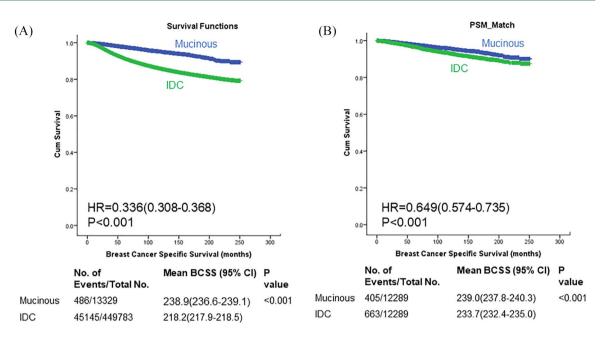


Figure 1. Comparison of breast cancer-specific survival (BCSS) between mucinous carcinoma and invasive ductal carcinoma (IDC) using the log-rank test based on all patients from the SEER database (A) and after 1:1 propensity score matching (B).

CI, confidence interval; HR, hazard ratio.

Risk factors	Univariate		Multivariate	
	Hazard ratio	p value	Hazard ratio	p value
Age, years		< 0.001		< 0.001
20-49	Reference		Reference	
50-69	0.769 (0.581–1.018)	0.067	0.992 (0.744–1.323)	0.957
70+	1.686 (1.309–2.171)	< 0.001	2.147 (1.61–2.864)	< 0.001
Race		< 0.001		0.005
Caucasian	Reference		Reference	
African-American	1.678 (1.29–2.183)	< 0.001	1.11 (0.843–1.462)	0.455
Other ^a	0.545 (0.378–0.786)	0.001	0.536 (0.371–0.775)	0.001
Unknown	1.42 (0.456–4.422)	0.545	1.481 (0.472–4.651)	0.501
Marital status		< 0.001		0.001
Not married ^b	Reference		Reference	
Married	0.516 (0.428-0.623)	< 0.001	0.69 (0.567–0.839)	< 0.001
Unknown	0.832 (0.523–1.323)	0.437	0.728 (0.456–1.165)	0.186

Table 2. Univariate and multivariate analysis of breast cancer-specific survival predictors in patients with mucinous carcinoma using Cox proportional hazard model.

Table 2. (Continued)

Risk factors	Univariate		Multivariate	
	Hazard ratio	p value	Hazard ratio	p value
Insurance status		0.015		-
No	Reference		-	
Yes	0.794 (0.11–5.718)	0.819	-	-
Unknown	1.18 (0.165–8.419)	0.869	-	-
Grade		< 0.001		0.001
I	Reference		Reference	
II	1.498 (1.201–1.868)	< 0.001	1.228 (0.982–1.536)	0.072
III	3.935 (2.903–5.335)	< 0.001	2.023 (1.463–2.798)	< 0.001
IV	1.661 (0.53–5.203)	0.384	1.112 (0.352–3.513)	0.857
Unknown	1.269 (0.997–1.615)	0.052	1.168 (0.917–1.488)	0.208
Tumor size		< 0.001		< 0.001
Τ1	Reference		Reference	
T2	2.532 (2.07–3.096)	< 0.001	1.944 (1.574–2.402)	< 0.001
Т3	6.168 (4.593–8.283)	< 0.001	3.99 (2.91–5.472)	< 0.001
Τ4	16.174 (11.72–22.32)	< 0.001	6.966 (4.839–10.028)	< 0.001
LN status		< 0.001		<0.001
Negative	Reference		Reference	
Positive	3.858 (3.167–4.699)	< 0.001	2.15 (1.692–2.731)	<0.001
Surgery type		< 0.001		-
Breast conserving surgery	Reference		_	
Mastectomy	2.379 (1.946–2.908)	< 0.001	-	-
Unknown	1.883 (1.452–2.442)	<0.001	-	-
Radiation		< 0.001		< 0.001
No	Reference		Reference	
Yes	0.527 (0.439–0.633)	< 0.001	0.647 (0.534–0.783)	< 0.001
Chemotherapy		< 0.001		0.029
No/unknown	Reference		Reference	
Yes	1.88 (1.532–2.307)	<0.001	1.348 (1.03–1.763)	0.029

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Risk factors	Univariate	Univariate		Multivariate	
	Hazard ratio	p value	Hazard ratio	p value	
ER status		< 0.001		-	
Negative	Reference		-		
Positive	0.383 (0.265–0.552)	< 0.001	-	-	
Borderline	1.762 (0.538–5.767)	0.349	-	-	
Unknown	0.572 (0.376–0.868)	0.009	-	-	
PR status		< 0.001		<0.001	
Negative	Reference		Reference		
Positive	0.529 (0.418-0.67)	< 0.001	0.604 (0.475–0.767)	<0.001	
Borderline	2.026 (1.054–3.896)	0.034	1.471 (0.741–2.918)	0.27	
Unknown	0.815 (0.606-1.096)	0.176	0.861 (0.637–1.165)	0.332	

Table 2. (Continued)

Denotes insignificant effect in prediction of breast cancer-specific survival by multivariate analysis.
 ^aIncluding American Indian/Alaskan native and Asian/Pacific Islander.
 ^bIncluding single, divorced, widowed, separated, unmarried or domestic partner.

ER, estrogen receptor; LN, lymph node; MBC, mucinous breast cancer; PR, progestogen receptor.

Table 3. The association between different chemotherapy administration status and patients' demographics and clinicopathological characteristics.

	MBC			p value	
	Total N=13,329	No/unknown chemotherapy n=11,493	Chemotherapy n=1836		
Age, years				<0.001	
20-49	2127 (16)	1290 (11.2)	837 (45.6)		
50-69	5052 (37.9)	4223 (36.7)	829 (45.2)		
70+	6150 (46.1)	5980 (52)	170 (9.3)		
Race				< 0.001	
Caucasian	10,588 (79.4)	9271 (80.7)	1317 (71.7)		
African-American	1219 (9.1)	983 (8.6)	236 (12.9)		
Other ^a	1456 (10.9)	1182 (10.3)	274 (14.9)		
Unknown	66 (0.5)	57 (0.5)	9 (0.5)		
Marital status				< 0.001	
Not married ^b	6360 (47.7)	5635 (49)	725 (39.5)		
Married	6430 (48.2)	5380 (46.8)	1050 (57.2)		
Unknown	539 (4)	478 (4.2)	61 (3.3)		

Table 3. (Continued)

	МВС			<i>p</i> value
	Total N=13,329	No/unknown chemotherapy n=11,493	Chemotherapy n=1836	
Insurance status				< 0.001
No	78 (0.6)	59 (0.5)	19 (1)	
Yes	5721 (42.9)	4973 (43.3)	748 (40.7)	
Unknown	7530 (56.5)	6461 (56.2)	1069 (58.2)	
Grade				< 0.001
I	6528 (49)	5915 (51.5)	613 (33.4)	
II	3804 (28.5)	3074 (26.7)	730 (39.8)	
III	519 (3.9)	313 (2.7)	206 (11.2)	
IV	48 (0.4)	35 (0.3)	13 (0.7)	
Unknown	2430 (18.2)	2156 (18.8)	274 (14.9)	
Tumor size				< 0.001
T1	9238 (69.3)	8473 (73.7)	765 (41.7)	
T2	3396 (25.5)	2614 (22.7)	782 (42.6)	
Т3	521 (3.9)	308 (2.7)	213 (11.6)	
T4	174 (1.3)	98 (0.9)	76 (4.1)	
LN status				< 0.001
Negative	12,062 (90.5)	10,932 (95.1)	1130 (61.5)	
Positive	1267 (9.5)	561 (4.9)	706 (38.5)	
Surgery type				< 0.001
Breast conserving surgery	8045 (60.4)	7142 (62.1)	903 (49.2)	
Mastectomy	4050 (30.4)	3238 (28.2)	812 (44.2)	
Unknown	1234 (9.3)	1113 (9.7)	121 (6.6)	
Radiation				< 0.001
No	6698 (50.3)	5982 (52)	716 (39)	
Yes	6631 (49.7)	5511 (48)	1120 (61)	
ER status				<0.001
Negative	304 (2.3)	202 (1.8)	102 (5.6)	
Positive	11,815 (88.6)	10,188 (88.6)	1627 (88.6)	
Borderline	13 (0.1)	11 (0.1)	2 (0.1)	
Unknown	1197 (9)	1092 (9.5)	105 (5.7)	

Table 3. (Continued)

	MBC	MBC		
	Total N = 13,329	No/unknown chemotherapy n=11,493	Chemotherapy n=1836	
PR status				
Negative	1426 (10.7)	1090 (9.5)	336 (18.3)	< 0.001
Positive	10,415 (78.1)	9069 (78.9)	1346 (73.3)	
Borderline	70 (0.5)	54 (0.5)	16 (0.9)	
Unknown	1418 (10.6)	1280 (11.1)	138 (7.5)	
HER2 status				< 0.001
Negative	3337 (25)	3004 (26.1)	333 (18.1)	
Positive	185 (1.4)	76 (0.7)	109 (5.9)	
Borderline	60 (0.5)	45 (0.4)	15 (0.8)	
Unknown	9747 (73.1)	8368 (72.8)	1379 (75.1)	
Breast subtype				< 0.001
Triple negative	13 (0.1)	7 (0.1)	6 (0.3)	
HER2-/HR+	3319 (24.9)	2992 (26)	327 (17.8)	
HER2+/HR-	9812 (73.6)	8418 (73.2)	1394 (75.9)	
HER2+/HR+	19 (0.1)	5 (0)	14 (0.8)	
Unknown	166 (1.2)	71 (0.6)	95 (5.2)	

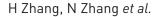
^aIncluding American-Indian/Alaskan native and Asian/Pacific Islander.

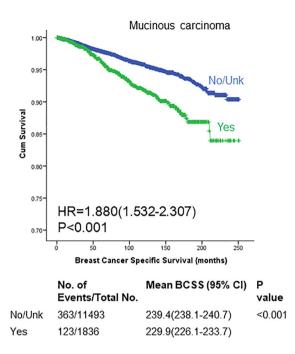
^bIncluding single, divorced, widowed, separated, unmarried or domestic partner.

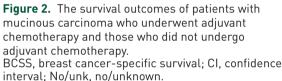
ER, estrogen receptor; HER2, human epidermal growth factor receptor 2; LN, lymph node; MBC, mucinous breast cancer; PR, progestogen receptor.

with mucinous carcinoma, those diagnosed with HR-/LN+ and HR-/LN- were supposed to receive chemotherapy, and HR+/LN+ to consider chemotherapy.

The median follow-up time for patients with mucinous carcinoma of chemotherapy and no/ unknown chemotherapy groups were 94 and 78 months, respectively. The 5-year BCSS rate for patients with mucinous carcinoma who underwent adjuvant chemotherapy was 96.5%, compared with 97.9% for those who did not undergo adjuvant chemotherapy (p < 0.001) (Figure 2). Stratifying the population according to the above NCCN criteria, we found that the 5-year BCSS rates for HR+/LN+, HR-/LN+, and HR-/ LN- patients with mucinous carcinoma who underwent adjuvant chemotherapy were 99.2%, 71.4%, and 88.6%, respectively, compared with 99.3%, 82.5%, and 93.9% for those who did not undergo adjuvant chemotherapy. Chemotherapy did not improve the prognosis of BCSS either in HR+/LN+ (p=0.568; Figure 3A), HR-/LN+ (p=0.141; Figure 3B), or HR-/LN- subgroup (p=0.701; Figure 3C). However, for the HR-/ LN+ and HR-/LN- subgroups, the results were probably not reliable due to the small sample size and need further studies to demonstrate. Subsequent analysis of the subgroup of HR+/ LN- patients, who did not need chemotherapy according to the NCCN guidelines, showed that the 5-year survival rate was 99.3% in the







chemotherapy group, compared with 98.4% in (p = 0.398).the non-chemotherapy group Kaplan-Meier analysis revealed that chemotherapy could not improve BCSS, but had the tendency to endanger survival (Figure 3D). Considering that some results we found were contradictory to the NCCN guidelines, we carried out a 1:1 matched case-control analysis. The 5-year survival rates were 95.8%, 88.9%, and 99.4% for patients undergoing chemotherapy, compared with 93.9%, 100%, and 98.8% for those who did not undergo chemotherapy. Chemotherapy did not improve the BCSS after PSM in the HR+/LN+, HR-/LN-, or HR+/LN- subgroups (Figure 4). However, for the HR-/LN+ subgroups, PSM was not practicable due to its small sample size. All the aforementioned results are summarized in Figure 5.

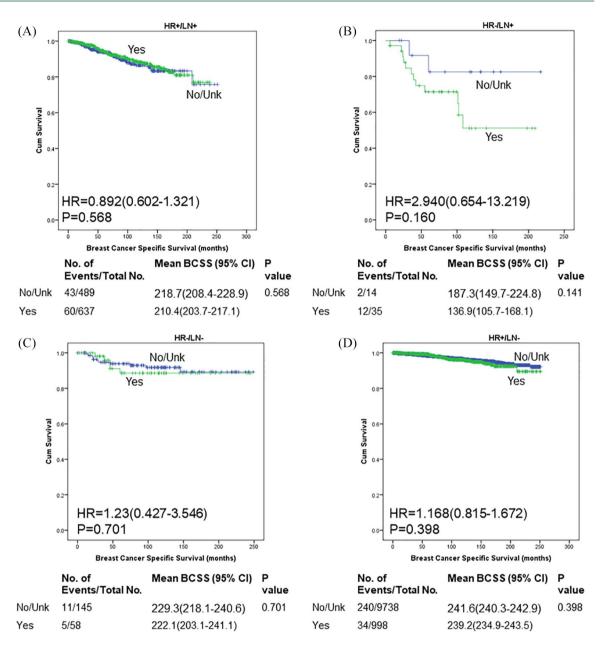
Discussion

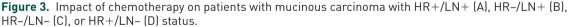
Mucinous carcinoma is a unique type of neoplasm of the breast which is morphologically distinct from IDC. Previous studies have reported that mucinous carcinoma accounts for only 1-6%of all primary breast cancers; therefore, it is

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difficult to identify a sufficient number of patients, considering the rarity of mucinous carcinoma in the general population. In this study, we retrospectively investigated the demographic, clinicopathological, and prognostic features of mucinous carcinoma based on the SEER database. Consistent with previous studies,²³⁻²⁵ our findings indicated that mucinous carcinoma had more favorable clinicopathological characteristics than IDC, such as well-differentiated histological grade, smaller tumor size, less LN involvement, higher proportion of HR positivity, less HER2 overexpression, and the HR+/HER2- subtype was more common. Both uni- and multivariate analysis confirmed that patients with mucinous carcinoma had better BCSS than those with IDC. Cao et al.21 performed a relatively large retrospective analysis in Chinese women and confirmed that pure mucinous carcinoma showed less aggressive behavior, was rarely associated with LN involvement, and had better prognosis than IDC. Fu et al.26 also revealed that early stage patients with mucinous carcinoma had a better prognosis than patients with IDC, even after adjusting for demographic and clinicopathological characteristics. We conducted a 1:1 mucinous carcinoma:IDC PSM analysis to ensure that the outcome discrepancies did not result from an incongruous demographic or clinicopathological baseline, and the results remained the same. This further validated that the mucinous carcinoma subtype has a favorable prognosis.

As discussed above and as previous studies indicate, the majority of mucinous carcinoma tumors had higher expression of ER and PR, and lower expression of HER2, which are characteristics of luminal A and luminal B molecular subtypes. The currently recommended treatment for patients with luminal A breast cancer is endocrine therapy,27 and whether to add cytotoxic chemotherapy to endocrine therapy remains under debate. In the decision-making regarding the addition of chemotherapy, clinical factors, including tumor size, grade, age, Ki67, and nodal status, are most influential, apart from genomic gene expression. In the case of mucinous carcinoma, our findings indicate that patients receiving chemotherapy tended to be younger; African-American; with larger, higher grade, and triple negative tumors; nodal involvement; and treated with mastectomy and radiation. Tumor size²⁸ has been questioned by several studies because the size measurement generally included the extracellular mucinous component, which





BCSS, breast cancer-specific survival; CI, confidence interval; HR, hormone receptor; LN, lymph node; No/ unk, no/unknown.

may overestimate the actual size of the tumor. However, Elledge *et al.* demonstrated that tumor size remained an independent prognostic factor of disease-free survival (DFS) after multivariate analysis.⁵ LN involvement^{5,6,29} was recognized as an important prognostic factor when making clinical decisions^{21,30,31} and as an indicator for chemotherapy. For luminal A and luminal B breast cancer, a significant reduction in the use of chemotherapy was observed in nodal negative patients from 2001 to 2008. This reduction might be associated with the consideration that the concomitant risk of life-threatening toxicities and physical, mental, and financial stress of chemotherapy outweighed the potential gain in overall survival or DFS. Several studies, including BRENDA (breast cancer care under evidence-based guidelines),²⁷ IBCSG (International Breast Cancer Study Group) IX Trial,³² NSABP B20,³³ and several meta-analyses,³⁴ revealed strong evidence that there were no additional benefits from chemotherapy over endocrine

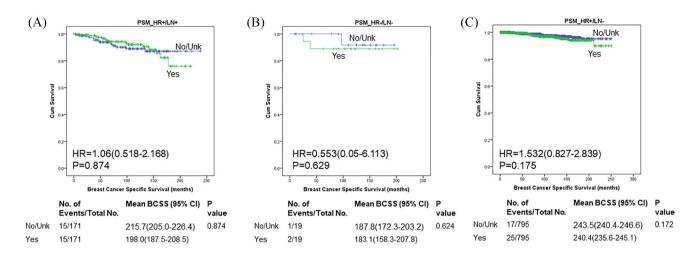


Figure 4. Impact of chemotherapy on patients with mucinous carcinoma with HR+/LN+ (A), HR-/LN- (B), or HR+/LN- (C) status after 1:1 matching.

BCSS, breast cancer-specific survival; CI, confidence interval; HR, hormone receptor; LN, lymph node; No/unk, no/unknown; PSM, propensity score matching.

Node Not recommend chemotherapy/No benefit on BCSS negative ER-positive and/or PR-positive Node Consider adjuvant chemotherapy/ No benefit on BCSS positive Histology: ER-positive Mucinous Follow appropriate and/or pathway above PR-positive ER-negative Repeat and determination of ER/PR status PR-negative Node Consider adjuvant chemotherapy/ No negative benefit on BCSS ER-negative and PR-negative Node Adjuvant chemotherapy/ No benefit on positive BCSS, need further research to demonstrate

Figure 5. Summary of the effect of chemotherapy on patients with mucinous carcinoma classified by hormone receptor and lymph node status and presenting the difference compared with the NCCN guidelines for favorable histologies.

BCSS, breast cancer-specific survival; ER, estrogen receptor; NCCN, National Comprehensive Cancer Network; PR, progestogen receptor.

therapy alone. However, for node-positive patients, the recommendations diverged. The BRENDA study found no clinical benefits for chemotherapy in addition to endocrine therapy. In contrast, Albain *et al.*³⁵ showed in clinical trial SWOG 8814 for postmenopausal, node-positive luminal A breast cancer that adjuvant

chemotherapy plus tamoxifen improved DFS over that with tamoxifen treatment alone. Specifically, for patients with mucinous carcinoma, the NCCN guidelines recommend that patients with HR-/LN+ receive chemotherapy and with HR+/LN+ consider chemotherapy, while our results revealed that regardless of

NCCN/SEER-based

whether HR+/LN+ or HR-/LN+, patients did not benefit from chemotherapy. It is also worth noting that receiving chemotherapy would worsen the prognosis of patients with mucinous carcinoma in multivariate analysis, although previous results only proved that the prognostic value of adjuvant chemotherapy no longer existed after multivariate Cox analysis.⁵ Some studies claimed that adjuvant systematic therapy could not provide the expected benefit for patients with mucinous carcinoma because the favorable outcomes of mucinous carcinoma were mainly related to its intrinsic biological characteristics.⁵ Moreover, the St. Gallen guidelines did not recommend chemotherapy administration in ER+ patients, especially when the tumor is highly responsive to endocrine therapy and has a low probability of recurrence.36 Tseng et al. reported that adjuvant endocrine therapy was adequate for patients with a positive HR status.36,37 Our findings also showed that chemotherapy is not beneficial for HR+ subgroups with respect to BCSS. For HR- patients, Fu et al.²⁶ indicated that it is not feasible to guide clinical practice according to ER and PR status because the sample size of HR- patients was too small.

The 21-gene and/or 70-gene scores were demonstrated to be effective in clearly identifying premenopausal patients with luminal tumors who might be exempt from chemotherapy. Since the gene expression assays' results were not available in the SEER database, we currently cannot evaluate the effect of gene expression analyses in the decision to administer chemotherapy for patients with mucinous carcinoma in this study. However, before the 21-gene and/or 70-gene signatures, many genomic and transcriptomic profiling approaches have been applied to identify signatures associated with prognosis, and they have demonstrated that some special histological types of breast cancer, including mucinous carcinomas, are more than mere architectural patterns, but are also distinct entities at the molecular level.9,38-43 Furthermore, the morphological difference between endocrine and mucinous B carcinomas cannot be explained by the patterns of the transcriptomic profiles.9,40 On the other hand, several studies have raised the concern that genomic assessment might overestimate the risk of recurrence. In the NSABP B20 trial,³³ of patients with node-negative and luminal A breast cancer who were retrospectively analyzed using Oncotype Dx and defined as being at a "genomic" high risk of relapse but only received tamoxifen therapy alone,

60.5% remained⁴⁰ recurrence-free at 10 years. The SWOG S8814 trial³⁵ reported analogous results in node-positive breast cancer patients. Taken together, gene expression analysis and ensuing enhancement in hazard assessment provided advanced tools for identifying active micrometastatic disease. However, more developed tools and large, direct randomized comparisons of chemoendocrine therapy *versus* endocrine therapy alone were desperately needed to help identify the optimal population to receive chemotherapy and make more self-tailored treatment plans.

Our study had several limitations. First, due to the uncertainties regarding data completeness of the SEER program, the sensitivity of SEER data to identify chemotherapy receipt specifically for breast cancer was moderate (68.6%) in comparison with SEER-Medicare data.44 Therefore, further analysis augmenting SEER data with other data sources (e.g. SEER-Medicare, National Cancer Database) may add credibility to the results and is needed in the future. Second, the rarity of mucinous carcinoma renders this study a retrospective study, which may cause the potential ensuing bias. Third, we failed to differentiate the subtypes of mucinous carcinoma, such as pure and mixed mucinous carcinoma. However, pure and mixed mucinous carcinoma displayed similar patterns of genetic aberrations in unsupervised clustering analysis,⁴⁵ which may not exert a significant effect on our results. Last, SEER database lacks information on Ki-67 status, targeted therapy and hormonotherapy, which was therefore not included in our analysis. The incorporation of these variables would help determine their effects in multivariate regression analysis, and derive more precise effect of chemotherapy on outcomes, which are needed in the future. Despite these limitations, our study further advanced the knowledge of demographics, prognosis, and therapeutic patterns of patients with mucinous carcinoma. To the best of our knowledge, this study is the first to investigate the effect of chemotherapy on survival outcomes in specific subgroups of patients with mucinous carcinoma.

As far as we know, this study was the first to investigate the effect of chemotherapy on patients with mucinous carcinoma according to the classification of NCCN guidelines based on a largescale retrospective analysis of the SEER database. Our results support the NCCN recommendations that HR+/LN- patients do not benefit from chemotherapy. We also found that HR+/LN+, HR-/LN+, and HR-/LN- patients did not benefit from chemotherapy, which needs to be examined in a larger sample size to confirm in the future.

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Conflict of interest statement

The authors declare that there is no conflict of interest.

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Supplemental material

Supplemental material for this article is available online.

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