Original Article

Survival in patients with glioblastoma at a first progression does not correlate with *isocitrate dehydrogenase (IDH)1* gene mutation status

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Received 19 April 2020; Editorial Decision 8 August 2020; Accepted 19 August 2020

Abstract

Backgrounds: Mutations in the *isocitrate dehydrogenase (IDH)1* gene are favourable prognostic factors in newly diagnosed diffuse gliomas, whereas it remains controversial in the recurrent glioblastoma setting.

Methods: A total of 171 patients with newly diagnosed glioblastoma, either 'primary' glioblastoma or 'secondary' glioblastoma, treated at Kyorin University Hospital or Japanese Red Cross Medical Center from 2000 to 2015 were included. Patients with confirmed *IDH1* status and O^6 -methylguanine-DNA methyltransferase promoter methylation status were retrospectively analysed for overall survival from the initial diagnosis (n = 147) and after the first progression (n = 122).

Results: *IDH1* mutation but not *IDH2* was noted in 19 of 147 patients with glioblastoma (12.9%). In patients with 'primary' glioblastoma (n = 136), median overall survival after the first progression was 13.5 and 10.5 months for mutant *IDH1* and wild-type *IDH1* glioblastoma, respectively (P = 0.747). Multivariate analysis revealed O^6 -methylguanine-DNA methyltransferase promoter methylation, and Karnofsky Performance status 60 or higher, were independent prognostic factors for better overall survival after the first progression. When 'primary' glioblastoma and 'secondary' glioblastoma were combined, median overall survival from the first progression was not significantly different between the mutant *IDH1* group (10.1 months) and wild-type *IDH1* group (10.5 months) (P = 0.559), whereas median overall survival from the initial diagnosis was significantly different (47.5 months vs.18.3 months, respectively; P = 0.035).

Conclusions: These results suggest that *IDH1* mutation may not be a prognostic factor for survival at the first progression of patients with 'primary' glioblastoma and pretreated 'secondary' glioblastoma, and further warrant investigation in prospective studies.

Key words: IDH status, glioblastoma, recurrent glioblastoma, overall survival, MGMT

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Introduction

Glioblastoma (GBM) is the most common malignant brain tumour in adults. The current standard treatment for GBM comprises maximal safe resection and administration of temozolomide (TMZ) combined with radiotherapy (RT), followed by 6–12 cycles of TMZ with or without tumour-treating fields as a maintenance therapy (1,2). Even after this standard treatment, progression occurs in almost all patients, resulting in a dismal survival outcome; median progression-free survival (PFS) and median overall survival (mOS) remain \sim 7 months and only 14–18 months, respectively (1–5). There is no established treatment method for recurrent GBM and it is an urgent task, as several ongoing clinical trials indicate.

It is well known that somatic mutations of the *isocitrate deby-drogenase* (*IDH*) 1 and 2 genes are important prognostic factors in gliomas. Parsons et al. reported that the *IDH1* mutation was associated with significantly longer OS in patients with newly diagnosed GBM (6). Yan et al. also showed a similar survival superiority in patients with *mIDH* GBM (mOS 31 months) over those with wild-type *IDH* (wt*IDH*) GBM (mOS 15 months) (P = 0.002) (7). These reports also revealed that *IDH* mutations are present in only 5–10% of 'primary' GBM (pGBM) cases, whereas *IDH* mutations are more frequently observed in cases of WHO Grade II or III gliomas which are also collectively known as lower grade glioma (LrGG)s, or in 'secondary' GBM (sGBM) cases, who were histopathologically diagnosed as GBM on relapse or progression following the initial diagnosis of LrGG (7–9).

With the revision of the WHO classification of tumours of the central nervous system (revised fourth edition) in 2016, GBM has been classified as either GBM, IDH-mutant (m*IDH* GBM) and GBM, IDH-wild type (wt*IDH* GBM). m*IDH* GBM corresponds almost exclusively to 'secondary GBM' and patients with m*IDH* GBM have significantly longer OS than those with wt*IDH* GBM which mostly corresponds to 'primary GBM' (10).

However, it remains unclear whether *IDH* gene mutation status also affects prognosis following the timepoint of progression. There are few reports that describe whether prognosis after progression of GBM is better in patients with m*IDH* GBM than those with wt*IDH* GBM. This clinical question may be an important issue, especially in the planning of clinical trials concerning recurrent GBM. In this study, we retrospectively analysed survival of the patients with GBM in our cohorts with regard to prognosis after the first progression of GBM.

Patients and methods

Patients

A total of 171 patients with pathologically confirmed GBM, who were treated at Kyorin University Hospital or Japanese Red Cross Medical Center from 2000 to 2015, were identified in our institutional database. Pathological diagnosis was reconfirmed by a pathologist at Kyorin University Hospital. Thirty-seven patients whose tumour samples were not available for *IDH1*gene mutation status were excluded. The remaining 147 patients were included in the study. As for survival analysis after progression, 25 patients were further excluded due to either lack of progression as GBM (n = 6) or inability to evaluate progression. In order to evaluate survival of the patients with pGBM, 11 patients with sGBM which had progressed from preceding LrGG albeit initial post-operative adjuvant therapy were excluded for the primary analysis (Fig. 1). The present

study was approved by the Medicine Ethics Committee of Kyorin University Faculty of Medicine, and all subjects signed a specimen preservation and gene search study form.

IDH gene mutation analyses

IDH1 gene mutation status was examined by direct sequencing using the Sanger method as previously described (8). Genomic DNA was extracted from frozen tumour specimens and a fragment of 129 bp in length spanning the catalytic domain of IDH1 containing codon 132 was amplified using IDH1-f: CGGTCTTCAGAGAAGCCATT and IDH1-r: GCAAAATCACATTATTGCCAAC as primers. A fragment of 288 bp in length spanning the catalytic domain of IDH2 containing R140 and R172 was amplified using IDH2f AGCCCATCATCTGCAAAAAC and IDH2-r CTAGGCGAG-GAGCTCCAGT as primers. GoTaq® DNA Polymerase (Promega, Madison, WI, USA) was used to perform polymerase chain reaction (PCR), and heat denaturation was performed at 95°C for 30 seconds, annealing at 56°C for 40 seconds, extension at 72°C for 50 seconds at 35 cycles (Supplementary Fig. 1A: Wildtype IDH1, Supplementary Fig. 1B: Mutated IDH1). Detection of IDH1R132H mutation by immunohistochemistry was performed with the mouse monoclonal antibody H09 (Dianova,1:25 dilution, Hamburg, Germany) (11). (Supplementary Fig. 1C: Wild-type IDH1, Supplementary Fig. 1D: Mutated IDH1).

*O*⁶-methylguanine-DNA methyltransferase promoter methylation status

Promoter methylation status analysis of O^6 -methylguanine-DNA methyltransferase (*MGMT*) gene was performed using methylation-specific PCR as described previously (12) (Supplementary Fig. 2).

Statistical analysis

PFS was measured from the date of initial surgery for GBM (GBM-PFS) or LrGG (LrGG-PFS) to the date of progression, death or otherwise the last follow-up date on which the patient was reported alive without disease progression. OS was measured from the date of initial surgery for GBM (GBM-OS) or LrGG (LrGG-OS) to the date of death, or otherwise the last follow-up date on which the patient was reported alive. In the pGBM cases, survival after first progression (Rec-pGBM-OS) was measured from the date of first progression to the date of death, or otherwise the last follow-up date on which the patient was reported alive. Rec-pGBM-OS in pGBM and sGBM-OS in sGBM were evaluated as OS after progression in the present study (Fig. 2).

The correlation between *IDH* mutation status and clinicopathological characteristics such as age, gender, extent of surgical resection, performance status (Karnofsky Performance Status; KPS), *MGMT* methylation status, adjuvant treatment after initial surgery, retreatment for first progression were evaluated using chi-squared test or Fisher's exact test. The Kaplan–Meier estimate was used for survival analysis, and univariate analysis was performed using a log-rank test with a significance level of P = 0.05 (two-tailed test). Multivariate analysis was performed by Cox proportional regression analysis, and variables included the presence or absence of *IDH* gene mutation, and variables which showed significant differences by univariate analysis. SPSS 18.0 J (SPSS, Inc., Chicago, IL, USA) software was used to perform all statistical analyses.



Figure 1. Study diagram. GBM patients (171 cases) treated at Kyorin University Hospital or Japanese Red Cross Medical Center (JRCMC) from 2000 to 2015 were retrospectively identified. Those whose *IDH1* status and clinical history were not available were excluded (24 cases). Investigated 147 patients consisted of 19 with mutated *IDH1* GBM and 128 with wild-type *IDH* GBM. Six m*IDH1* GBM patients were excluded because three patients had not shown tumour progression, whereas three patients were not evaluated in detail at progression, thus remaining 13 m*IDH1* GBM patients were investigated for survival after first progression. Nineteen wt*IDH1* GBM patients were excluded because four patients had not shown progression, whereas 15 patients were not evaluated in detail at progression, resulting in remaining 109 wt*IDH1* GBM patients being eligible for survival analysis after first progression. In the primary analysis, 11 patients with secondary GBM were excluded, and 106 patients with wt*IDH1* pGBM and five patients with m*IDH1* pGBM were eligible for survival analysis after the first progression.

Results

Patient backgrounds

Among the 147 patients, 19 (12.9%) had an *IDH1* gene mutation (m*IDH* GBM). All of these mutations were *IDH1* mutations. There was no *IDH2* mutation detected in all but 12 patients whose specimens were insufficient for conclusive judgement (data not shown). Of the remaining 128 patients with *wtIDH1* GBM, 125 accounted for pGBM (97.7%) and only three patients had sGBM (2.3%). In contrast, among the 19 patients with *mIDH1* GBM, 11 accounted for pGBM (57.9%) and eight patients had sGBM (42.1%). Therefore, the incidence of *IDH1* mutation was significantly higher in the sGBM group (P < 0.0001).

Among patients with pGBM (n = 136), the median age of those with mIDH1 was 42 years (range 25–65), which was significantly younger than those with wtIDH1 (65 years, range 16–86) (P < 0.0001). There were more patients with age younger than 50 years old (P < 0.001) and more females (P = 0.022) in the mIDH1 pGBM group. The proportion of patients who received gross total resection (GTR), patients with KPS 60 or higher on initial diagnosis, or *MGMT* promotor methylation were not significantly different between the wtIDH1 pGBM group and mIDH1 pGBM group. Nearly all patients received first-line therapy consisting of RT and chemotherapy. The combination of RT and TMZ was the mostly used regimen and was well-balanced between wtIDH and mIDH groups (Table 1). At the first progression, variable treatments were given dependent on the history of the prior therapy and conditions of the patients. Repeated surgery or RT was used infrequently, whereas chemotherapy including TMZ, bevacizumab (BEV) or nimustine was administered in most of patients (>80%) regardless of *IDH1* status. No significant differences were noted between w*tIDH1* GBM and m*IDH1* GBM group (Table 2).

Characteristics of mIDH1 GBM patients

Among the 19 patients with m*IDH1* GBM, there were 11 patients with pGBM, and eight patients with sGBM. All but one patient among the 11 patients with pGBM were initially treated with RT and concomitant TMZ. Three patients were in poor general condition with KPS 40 or lower. One of them could not receive RT nor chemotherapy due to perioperative death. Among the eight patients with sGBM, six of them had already received RT as the treatment for initial LrGG. Various treatments were given after the diagnosis of sGBM. The preceding tumours consisted of diffuse astrocytoma (WHO 2007 classification Grade II) in five patients (62.5%), gliomatosis cerebri (Grade III) in two (25%) and one anaplastic astrocytoma (AA; Grade III). The median time from initial diagnosis to the diagnosis of sGBM was 47.0 months (range 12.9–75.0) (Table 3).



Figure 2. Definitions of survival analysis. pGBM-PFS; time from initial surgery of primary GBM to the date of either first progression, death, or the final confirmed survival date in case that the date of progression cannot be determined. Rec-pGBM-OS; time from first progression of primary GBM to either death or the final survival date confirmed. pGBM-OS; time from initial surgery of primary GBM to either death or the final survival date confirmed. LrGG-PFS; time from initial surgery of glioma to the diagnosis date of secondary GBM. sGBM-OS; time from the diagnosis date of secondary GBM to either death or the final survival date confirmed. LrGG-OS; time from initial surgery of lower grade glioma to either death or the final survival date confirmed.

| Variable | Result | IDH1 mutation status | P value | |
|----------------------|-----------------------|---|--|---------|
| | | wtIDH1 GBM ($n = 125$) Number of cases (%) | m $IDH1$ GBM ($n = 11$) Number of cases (%) | |
| Age | <50y/≧50y | 19 (15.2)/106 (84.8) | 7 (63.6)/4 (36.4) | < 0.001 |
| Gender | Male/female | 73 (58.4)/52 (41.6) | 3 (27.3)/8 (72.7) | 0.022 |
| Extent of resection | GTR/non-GTR | 51 (40.8)/74 (59.2) | 6 (54.5)/5 (45.5) | 0.393 |
| KPS | ≧60/<60 | 91 (72.8)/31 (24.8%) | 7 (63.6)/4 (36.4) | 0.444 |
| | Unknown | 3 (2.4%) | 0 (0) | |
| MGMT | Met/UM | 58 (46.4)/67 (53.6) | 8 (72.7)/3 (27.3) | 0.089 |
| IDH2 mutation | Mutant/wildtype | 0/113(90.4) | 0/11(100) | |
| | Unknown | 12 (9.6) | 0 (0) | |
| First-line treatment | Received/not received | 124 (99.2)/1 (0.8) | 10 (90.9)/1 (9.1) | 0.156 |
| | Radiotherapy (RT) | 118 (94.4) | 10 (90.9) | 0.543 |
| | (RT alone) | 11 (8.9) | 0 (0) | |
| | Chemotherapy | 113 (90.4) | 10 (90.9) | 0.684 |
| | (TMZ alone) | 6 (4.8) | 0 (0) | |
| | RT + chemotherapy | 107 (85.6) | 10 (90.9) | 0.526 |
| | (RT + TMZ) | 90 (72.6) | 9 (90.0) | |
| | (RT + TMZ + BEV) | 8 (6.5) | 1 (10.0) | |
| | (RT + ACNU) | 8 (6.5) | 0 (0) | |
| | (RT + BEV) | 1 (0.8) | 0 (0) | |

GBM, glioblastoma; *IDH, isocitrate debydrogenase*; wt*IDH1* GBM, wild-type *IDH1* glioblastoma; m*IDH1* GBM, mutant *IDH1* glioblastoma; KPS, Karnofsky Performance Score; GTR, gross total resection; *MMT*, O⁶-methylguanine-DNA methyltransferase; Met, methylated; UM, unmethylated; RT, radiotherapy; ACNU, nimustine; TMZ, temozolomide; BEV, bevacizumab.

Survival analysis

The primary analysis included only the 'primary' GBM cases to avoid any potentially confounding effects by incorporating both 'primary' and 'secondary' GBMs. mOS after the first progression was 13.5 months (95% confidence interval [CI] 3.7–23.2) for patients with m*IDH1* pGBM (n = 5) and 10.5 months(95% CI 8.6–12.4) for those with wt*IDH1* pGBM (n = 106) (Fig. 3A). Although there is a potential bias due to the small number of patients with m*IDH1*

| Variable | Result | IDH1 mutation status | P value | |
|---------------------|------------------------------|---|---|-------|
| | | w <i>tIDH1</i> GBM (<i>n</i> = 125) Number of cases (%) | mIDH1 GBM ($n = 11$) Number of cases (%) | |
| First progression | Progression/progression-free | 106 (84.8)/4 (3.2) | 5 (45.4)/3 (27.3) | 0.053 |
| | Censored | 15 (12.0) | 3 (27.3) | |
| Treatment for first | Received/not received | 71 (67.0)/35 (33.0) | 5 (100)/0 | 0.177 |
| progression | Surgery | 18 (25.4) 2 (40.0) | | 0.396 |
| | Re-radiotherapy (RT) | 27 (21.6) | 0 (0.0) | |
| | (Re-RT alone) | 11 (45.5) | 0 (0.0) | |
| | Chemotherapy | 60 (84.5) | 5 (100) | 0.447 |
| | (TMZ) | 18 (25.4)* | 3 (60.0) | |
| | (BEV) | 14 (19.7)* | 0 (0.0) | |
| | (Platinum-based) | 11 (15.5) | 0 (0.0) | |
| | (ACNU-based) | 6 (8.5) | 1 (20.0) 0 (0.0) | |
| | (ddTMZ) | 4 (5.6) | | |
| | (BEV + ACNU) | 3 (4.2) | 1 (20.0) | |
| | (Others) | 4 (5.6) | 0 (0.0) | |

Table 2. Treatment for the first progression of primary GBM according to IDH1 mutation status

ddTMZ, dose-dense temozolomide.

*Containing a case treated by BEV combined with TMZ.

pGBM, no statistically significant difference in OS by the *IDH1* mutation status was observed (P = 0.747). Also, there was no significant difference in OS from the initial diagnosis of pGBM between wt*IDH1* GBM (n = 125, 18.3 months, 95% CI 15.0–21.5) and m*IDH1* GBM (n = 11, 36.4 months, 95% CI 10.6–62.2) (P = 0.224) (Fig. 3B; pGBM-OS by *IDH1* mutation status). However, when patients whose initial KPS was <60, including three out of 11 patients with m*IDH1* pGBM, were excluded, there was significant difference in mOS from the initial diagnosis between patients with wt*IDH1* pGBM (20.8 months, 95% CI 17.1–24.5) and those with m*IDH* pGBM (82.9 months, 95% CI not determined) (P = 0.039).

In addition, we evaluated survival in patients with both 'primary' and 'secondary' GBM as an ancillary analysis. OS after the first progression by IDH1 status was also similar irrespective of IDH1 status. mOS after the first progression in pGBM (Rec-pGBM-OS) or OS after the time of GBM diagnosis in sGBM (sGBM-OS) was 10.1 months (95% CI 4.4-15.7) in patients with mIDH1 and 10.5 months (95% CI 8.9–12.1) in those with wtIDH1 (P = 0.559) (Fig. 3C). Similarly, survival from the first progression was almost equivalent between patients with pGBM (mostly wtIDH1; mOS 10.5 months, 95% CI 8.7-12.3) and sGBM (mostly mIDH1; mOS 10.1 months, 95% CI 5.7-14.4; P = 0.478), and mOS of mIDH1 sGBM was only 9.2 m (95% CI 5.0-13.4). In contrast, survival from initial onset of primary GBM and LrGG (pGBM-OS/LrGG-OS) was different by IDH1 mutation status. mOS of mIDH1 patients [47.5 months, 95% CI 36.0-59.0] was significant longer than that of wtIDH1 patients (18.3 months, 95% CI 15.1-21.6; P = 0.035) (Fig. 3D).

Prognostic factors associated with survival

We also examined relationships between survival and other prognostic factors including methylation status of *MGMT*, age, extent of resection and KPS. By univariate analyses, there was a significant difference in OS from initial diagnosis of pGBM between the *MGMT* methylated group (27.9 months, 95% CI 24.6–31.2) and the unmethylated group (15.5 months, 95% CI 13.7–17.3) (Fig. 3E; P < 0.0001). Regarding survival following first progression (RecpGBM-OS), a significant difference was observed as well (*MGMT* methylated group, 16.0 months, 95% CI 9.2–22.7; unmethylated group, 9.2 months, 95% CI 7.8–10.6) (Fig. 3F; P < 0.001). KPS 60 or higher was significantly associated with better survival from initial diagnosis (P = 0.004) and first progression (P < 0.0001) (Fig. 3G). Extent of resection at the initial surgery was a significant prognostic factor only for OS from initial diagnosis (P < 0.001). Young age (<50 years old) was not associated with better survival.

By multivariate analyses using Cox regression analysis (Table 4A and B), *IDH1* mutation status was not a significant prognostic factor for OS both from initial diagnosis of pGBM (pGBM-OS) and from first progression of pGBM (Rec-pGBM-OS). *MGMT* promoter methylation status, GTR and KPS (all P < 0.001) were found to be independent prognostic factors for newly diagnosed GBM (Table 4A), whereas only *MGMT* status (P = 0.019) and KPS at progression (P < 0.001) were independently associated with favourable OS after first progression (Rec-pGBM-OS) (Table 4B).

Discussion

The present study shows that in patients with recurrent GBM, *IDH1* mutation status was not significantly associated with OS from the first progression. This result suggests that the better prognostic property derived from *IDH1* mutation in newly diagnosed settings (7) does not translate into outcomes in recurrent settings for GBMs. It might also reflect malignant progression with acquisition of additional highly aggressive alterations that could override the survival benefit of *IDH1* mutation for the initial gliomas.

A subanalysis for prognostic factors in the randomized phase II BELOB trial, exploring a potential benefit of an anti-angiogenic monoclonal antibody, BEV, when added to an alkylating agent, lomustine (CCNU), in patients with recurrent GBM, identified seven *IDH1* mutations out of 114 patients (6.1%). Univariate analysis highlighted that *IDH1* mutation status was a factor which significantly correlated with OS (P = 0.04). However, multivariate analysis revealed no statistically significant impact of *IDH1* mutation on

| agnc | sis MGM1 status | r Initial KPS | Age | Sex | Diagnosis for LrGG | EOR for LrGG | K1 I01 LrGG (Gy) | therapy for LrGG | PFS (m) | for GBM | GBM (Gy) | therapy for GBM | PFS (m) | I reatment at the time of second progression | Rec- pGBM-OS sGBM- OS (m) | / pGBM-OS | OS(m) | |
|------|--------------------|------------------|-----|-----|-----------------------|--------------------|------------------------|------------------------|---------|------------|-------------|--------------------|------------|--|------------------------------------|-----------|-------|----------|
| | Met | 20 | 51 | М | | | | | | U | 60 | TMZ | 12.9 | 1 | 1 | 12.9 | 12.9 | Censored |
| | Met | 40 | 38 | F | | | | | | IJ | 60 | TMZ | 5.8 | TMZ | 3.8 | 9.5 | 9.5 | Dead |
| | Met | 70 | 31 | F | | | | | | Z | 60 | TMZ | 25.7 | no pro. | I | 25.7 | 25.7 | Alive |
| | Met | 70 | 51 | Μ | | | | | | Z | 60 | T + BEV | 13.4 | TMZ, ICE | 5.5 | 18.8 | 18.8 | Dead |
| _ | Met | 80 | 31 | Н | | | | | | Z | 60 | TMZ | 6.9 | А | 15 | 27.5 | 27.5 | Alive |
| _ | Met | 90 | 51 | Н | | | | | | Z | 60 | TMZ | 28.3 | no pro. | I | 28.3 | 28.3 | Alive |
| - | Met | 100 | 25 | ц | | | | | | IJ | 60 | TMZ | 29.9 | no pro. | I | 29.9 | 29.9 | Alive |
| Ţ | Met | 100 | 49 | ц | | | | | | IJ | 60 | TMZ | 69.4 | TMZ, BEV, CK | 13.5 | 82.9 | 82.9 | Dead |
| Ţ | NM | 10 | 34 | Μ | | | | | | Z | I | I | 0.5 | I | I | 0.5 | 0.5 | Dead |
| Ţ | NM | 60 | 65 | ц | | | | | | IJ | 60 | TMZ | 10.5 | I | I | 10.5 | 10.5 | Dead |
| - | NM | 90 | 42 | ц | | | | | | IJ | 60 | TMZ | 13.3 | A + BEV, CK, ITK | 23.2 | 36.5 | 36.5 | Dead |
| | Met | 30 | 65 | н | GC | Z | ı | PAV | 46.1 | Z | I | TMZ | 2.4 | I | 2.4 | 48.5 | 2.4 | Dead |
| | Met | 70 | 28 | н | GC | Z | 50 | TMZ | 52.1 | IJ | I | CE | 9.2 | CE, BEV | 9.2 | 60.3 | 9.2 | Dead |
| | Met | 70 | 52 | Ν | DA | Z | 56 | I | 75.0 | Z | I | T + BEV | 8.6 | SRT, BEV | 15.9 | 90.9 | 15.9 | Dead |
| | Met | 90 | 23 | Μ | DA | Z | I | I | 12.9 | Z | 60 | PAV | 2 | PAV, TMZ | 10.1 | 22.9 | 10.1 | Dead |
| | Met | 90 | 35 | н | AA | Z | 60 | AE | 48.4 | D | I | TMZ | 8.1 | TMZ, CE | 11.9 | 60.4 | 11.9 | Dead |
| _ | Met | 90 | 38 | Ц | DA | Z | 54 | I | 34.2 | Z | I | TMZ | 1.4 | TMZ, ICE | 7.1 | 41.4 | 7.1 | Dead |
| _ | MU | 70 | 34 | Ч | DA | IJ | 54 | I | 41.2 | Z | I | ZMZ | 4.3 | I | 6.3 | 47.6 | 6.3 | Dead |
| | NM | 70 | 42 | Μ | DA | Z | 60 | А | 65.5 | Z | I | TMZ | 7.3 | BEV, ICE, A | 19.4 | 84.9 | 19.4 | Dead |

Table 3. Characteristics, treatment and outcome in patients with m/DH1 glioblastoma



Figure 3. Kaplan–Meier plots of survival analysis for 147 patients with glioblastoma. (A) OS from the first progression of primary GBM (Rec-pGBM-OS) by *IDH1* mutation status. (B) OS from initial diagnosis of primary GBM (pGBM-OS) by *IDH1* mutation status. (C) OS from first progression of primary GBM or diagnosis of secondary GBM (Rec-pGBM OS/sGBM-OS) by *IDH1* mutation status. (D) OS from initial diagnosis of glioma (OS from initial diagnosis of primary GBM or initial diagnosis of primary GBM or initial diagnosis lower grade glioma; pGBM-OS/LrGG-OS) by *IDH1* mutation status. (E) OS from initial diagnosis of GBM (pGBM-OS) by *MGMT* status. (F) OS from first progression of primary GBM (Rec-pGBM-OS) by *MGMT* status. (F) OS from first progression of primary GBM (Rec-pGBM-OS) by *MGMT* status. (G) OS from first progression of pGBM (Rec-GBM-OS) by KPS score of under 60 or 60 or greater.

| Parameter | | Parameter | Standard | P value | Hazard ratio | 9 | 5% CI |
|----------------------|-----------------------------|-----------|----------|---------|--------------|-------|-------|
| | | estimated | enor | | | | |
| A. pGBM (pGBM-OS) | | | | | | | |
| IDH1 | wtIDH1 vs. mIDH1 | 0.105 | 0.453 | 0.817 | 1.111 | 0.457 | 2.702 |
| MGMT | Methylated vs. unmethylated | -1.010 | 0.2 | < 0.001 | 0.364 | 0.227 | 0.586 |
| Age | <50y vs. ≧50y | 0.379 | 0.290 | 0.192 | 1.461 | 0.827 | 2.581 |
| EOR | GTR vs. non-GTR | 0.844 | 0.239 | < 0.001 | 2.326 | 1.455 | 3.719 |
| KPS | <60 vs. ≧60 | 0.821 | 0.229 | < 0.001 | 2.272 | 1.450 | 3.560 |
| B. Recurrent pGBM (F | Rec-pGBM-OS) | | | | | | |
| IDH1 | wtIDH1 vs. mIDH1 | -0.137 | 0.606 | 0.821 | 0.872 | 0.266 | 2.859 |
| MGMT | methylated vs. unmethylated | -0.617 | 0.263 | 0.019 | 0.539 | 0.322 | 0.903 |
| Age at recurrence | <50y vs. ≧50y | -0.356 | 0.401 | 0.375 | 0.701 | 0.319 | 1.537 |
| KPS at recurrence | <60 vs. ≧60 | 1.132 | 0.287 | < 0.001 | 3.101 | 1.768 | 5.438 |

Table 4. Multivariate analysis of factors associated with overall survival for pGBM (pGBM-OS) and recurrent pGBM (Rec-pGBM-OS)

EOR, extent of resection; wt, wild-type; m, mutant; CI, confidence interval.

OS (P = 0.144), besides other favourable prognostic factors (13). There are no other studies that evaluated prognostic effects of *IDH1* mutation in recurrent primary GBMs with a greater number of mt*IDH1* GBMs.

In the present study, multivariate analysis revealed that KPS at progression and *MGMT* methylation status were independent prognostic factors for OS after the first progression, while age at progression, and *IDH1* status were not associated with outcome (Table 4B). Both high KPS and *MGMT* promoter methylation are well-established prognosticators for better survival of

GBM patients (14,15), and were identified as significant independent prognostic factors for OS in the newly diagnosed setting as well (Table 4A and B). Notably, *MGMT* promoter was methylated in 4/5 (80%) mIDH1 pGBMs, suggesting that mIDH1 GBM patients were further enriched with a prognostically favourable population in addition to *IDH1* mutation. As we had not explored other molecular alteration profiles including *CDKN2A/B* deletion, *EGFR* gene amplification, mutations of the *PTEN* gene and the *TERT* promoter, there remains a possibility that mIDH GBMs analysed in the present study carried these alterations at a higher incidence potentially leading to aggressive behaviour, despite having better prognostic factors.

In addition to the primary analysis on survival after progression with only pGBMs, we further investigated the mixed cohort of pGBM and sGBM as an ancillary analysis to see if the poor outcome after progression of pGBM could be observed for GBM in general. In the mixed cohort of pGBM and sGBM, mOS from the first progression was not statistically different between mIDH1 and wtIDH GBMs. OS from the diagnosis of 'secondary' GBMs (sGBM-OS), mostly pretreated with adjuvant therapy, was also unfavourable (10.1 months, n = 11), albeit most of them harboured mIDH1. It was almost same as the survival time from the first recurrence for 'primary GBM' (RecpGBM-OS). These results suggest that the better prognostic property derived from IDH1 mutation in newly diagnosed settings (7) does not translate into outcomes in recurrent settings for GBMs, perhaps due at least partially to malignant progression with acquisition of additional highly aggressive alterations that could override the survival benefit of IDH1 mutation for the initial gliomas. Along this line, Ohno et al. reported that time from initial diagnosis of glioma to sGBM diagnosis was significantly longer for mIDH sGBM than for wtIDH sGBM (50.1 vs.13.4 months), but there was no difference in mOS from the sGBM diagnosis between mIDH sGBM and wtIDH sGBM (6.75 vs. 6.8 months) (16). Mandel et al. also showed that there was no significant difference in OS from either the first progression of pGBM, or from the timepoint of diagnosis of progressed GBM from sGBM between mIDH1 (9.6 months) and wtIDH1 (8.7 months) groups (17).

Given that IDH1 mutations have consistently been associated with better prognosis in adult patients with newly diagnosed diffuse gliomas WHO grades II-IV (GBM) (6,7, 18-21), it would be expected to see a similar tendency in the present study cohort. Along this line, there was also a trend towards better survival from the initial diagnosis in patients with mIDH1 pGBM (n = 11; 36.4 months; 95% CI: 10.6-62.2) compared with those with wtIDH1 pGBM (*n* = 125: 18.3 months, 95% CI 15.0–21.5), although not reaching statistical significance (P = 0.224). The non-significance might be due to the inclusion of patients with poor initial performance status in the mIDH1 group with a small patient number (n = 11); one patient (Table 3, Case 9) immediately died post-operatively without any adjuvant therapies, and another (Table 3, Case 2) had relatively early tumour progression (Table 3). When the patients with KPS <60 who might do worse regardless of the molecular status were excluded from both groups, there was a significant difference in OS from the initial diagnosis between mIDH1 and wtIDH1 pGBM patients (82.9 vs. 20.8 months; P = 0.039). Indeed, as shown in Table 4, multivariate analysis showed that KPS (60 or higher vs. <60) was an independent strong prognostic factor in the newly diagnosed setting.

Limitations of this study include that this is a retrospective analysis and allowed a long inclusion period encompassing 16 years since 2000, which was partly due to the rarity of *IDH1* mutations in GBM (22). In the 122 eligible patients collected throughout this period, there were only 13 m*IDH1* GBMs identified, which rendered low statistical power. In addition, TMZ and BEV were approved in Japan for GBM in 2006 and 2013, respectively, during this period resulting in a variety of upfront treatment regimens used among patients dependent on their treated era, especially for the initial LrGG treatment in those with 'secondary' m*IDH1* GBM (Table 3). With regard to the treatment for recurrent GBM, patients were also treated heterogeneously with either TMZ, BEV, nimustine or platinum derivatives, with or without salvage RT. To overcome these limitations, it is necessary to perform a large-scale prospective trial for recurrent pGBM including the m*IDH* subset with uniform treatment methods. However, it might be difficult to plan such a study in the future since the cIMPACT NOW update 5 has recently advocated a new term 'astrocytoma, IDH-mutant, grade 4' for the *IDH* mutated glioma carrying GBM features, distinct from 'GBM, IDH-mutant', to be incorporated in the next revision of WHO brain tumour criteria (23).

In conclusions, although *IDH1* mutation has consistently been demonstrated as a prognosticator for better survival in patients with diffuse gliomas including GBM, it may not be the case for recurrent GBMs that have progressed after initial treatments including TMZ and RT. OS of the patients with *mIDH1* GBM after the first progression from the 'primary' GBM as well as from preceding LrGG was similar to that of those with *wtIDH1*, despite a higher proportion of methylated *MGMT* in *mIDH1* GBM. Since this is a retrospective, single institutional study with heterogeneous patient backgrounds, it is important to evaluate a larger number of recurrent *mIDH1* 'primary' GBM population for survival after the first progression in prospective trials to confirm the impact of *IDH* status.

Supplementary data

Supplementary data can be found at *Japanese Journal of Clinical* Oncology online.

Acknowledgements

This work was supported in part by grant from Japan Agency for Medical Research and Development (AMED) (17824890 to M.N.). We thank Prof. Junji Shibahara for review of pathological diagnosis, Dr Ichiro Suzuki, the former Director of Department of Neurosurgery, the Japanese Red Cross Medical Center, for supporting research opportunity of Y.T., and all the members and staffs of Department of Neurosurgery, Kyorin University Faculty of Medicine for kind assistance.

Conflict of interest statement

Keiichi Kobayashi received honoraria from Daiichi-Sankyo and UCB Japan. Kuniaki Saito received honoraria from Daiichi-Sankyo and Eisai. Yoshiaki Shiokawa received research funding from Eisai, Chugai, Ono, MSD, Nippon Kayaku, Daiichi Sankyo/UCB Japan, AbbVie, Toray Industries, Mitsubishi Tanabe Pharma, Takeda, Shionogi Pharma, Otsuka, Pfizer, Astellas Pharma, Tsumura & Co. and Sanofi. Motoo Nagane has served as an advisor for and received honoraria from Novocure, Chugai, Ono, Daiichi Sankyo, AbbVie, Dainippon Sumitomo, RIEMSER, Bristol-Myers-Squibb, received research grants and honoraria from Eisai, Chugai, Ono, MSD, Nippon Kayaku, Daiichi Sankyo/UCB Japan, AbbVie, Otsuka, received research grants from Toray Industries, Mitsubishi Tanabe Pharma, Takeda, Shionogi Pharma, Pfizer, Astellas Pharma, Tsumura & Co. and Sanofi.

The remaining authors declare no potential conflicts of interest.

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